

Funding progress continues for Greenbrier Valley Family Activity Center

By Sarah Richardson

At the latest White Sulphur City Council meeting, councilmembers and public attendees heard an exciting update from Greenbrier Valley Family Activity Center Boardmember Warren May on the ongoing efforts to bring the Center to a reality.

The Center, which was first presented to council in late 2021, will be installed at Dick Gunnoe Memorial Park, and will boast a new indoor gym with an aerobics area, a large multipurpose space for games of volleyball or pickleball, a second floor running track, game room, classrooms for community programs, office areas, a dining area, lobby, kitchen, lockers, outdoor concession stand, and outdoor storage for the sports fields. It will have space for basketball, softball, soccer, volleyball, tennis, batting cages, a running track, table games, and bicycling. It will also have a lobby space for afterschool programs, educational classes provided by WVSOM, community health training, and more.

The new facility will be located between the parking lot at Dick Gunnoe Memorial Park and the football field, which will be bumped away from the parking lot to make room for the new building. The 25,000+ square foot structure isn't the only addition to the park, however. Plans are underway for outdoor basketball courts, a new playground, outdoor pickleball courts, an accessible fishing trail off of the jogging path, an outdoor deck and activity area, and a new bicycle obstacle course located between Greenbrier Avenue and Howards Creek.

The GVFAC is a collaboration between the City of White Sulphur Springs, a passionate volunteer board, and the Greenbrier Valley Community Foundation, together with support from the West Virginia School of Osteopathic Medicine. Their vision is "to create a modern investment in the health of our community encompassing mind, body, and spirit," with a goal to "make the Greenbrier Valley the healthiest community in West Virginia" and attract new residents and businesses to the area.

May reviewed the details of the GVFAC Commission with councilmembers, and clarified that the Center will be ultimately owned by the City of White Sulphur Springs. May explained that an LLC was established so the GVFAC Commission can raise private funds for the project, and to oversee the construction, development, and the operating program for the Center. This means



This digital rendering of the Greenbrier Valley Family Activity Center was originally presented to council in 2021, and with strong fundraising underway, the Center could soon be looking at a construction start date.



that there has been no cost to the City of White Sulphur for the work completed thus far, and that it will be able to operate independently without any financial dedication from the City.

"We have the goal to ultimately deliver to the City what will be a finished product of about \$3.5 million - debt free. This whole project will be paid for," announced May. "I'm proud to report that commitments from just 20 individuals at this stage of the game - we See "Family Activity Center"_ Page 3

This proposed rendering of Dick Gunnoe Memorial Park shows the location of the GVFAC and the park facilities surrounding it.

Greenbrier County Commission busy with spate of grant requests, broadband project

By Adam Pack

The Greenbrier County Commission met for their regularly scheduled meeting on Tuesday, Feb. 28, and discussed grant appli-

Visit us at www.mountain messenger.com Inside This Week Number of Sections: 1

GENERAL

Briefly 3
Classified 6
For the Record 3
Obituaries 5
Opinion 4
THE PERSON AND A TRACK PARTY.
ENTERTAINMENT
ENTERTAINMENT Steppin' Out 11
Steppin' Out 11
Steppin' Out 11 Sudoku Puzzle 9



cations with local services and organizations.

Jordan Clendenin, representing the County Department of Homeland Security and Emergency Services Management's 911 division, approached the commission first to request the approval of a contract drafted between the department and Motorola for VESTA 911 Analytics and Managed Service. "Frontier stopped supporting the 911 system in 2021 for us, and we have been without support for our 911 hardware since then," explained Clendenin. "We've recently negotiated this contract with Motorola, which will be on a month by month basis, and will total \$43,196.76." Greenbrier County Emergency Management Services also made a grant request to the Commission. Paula Brown was on hand to discuss the department's request for an Emergency Management Performance (EMPG) Grant, stating that it would pay for wages and benefits paid out in 2021 totaling over \$37,000. She said the department is only eligible for 50 percent of the grant amount, which usually awards them around \$65,000. The Commission approved both requests unanimously.

Greenbrier County Sheriff Bruce Sloan then addressed the Commission to request approval of a grant agreement for DUI overtime with the WV Commission on Drunk Driving Prevention. "People may be familiar with the sobriety checkpoints that the state police set up; this commission approves funds for them to do that, and does for law enforcement organizations of state, municipal, and county level offices throughout the state of West Virginia," said Sloan. The grant, totaling \$5,000, has been utilized before and was approved by the committee.

Laura Legg from the Greenbrier County Day Report Center was also onhand to discuss her request as well. Legg was presented the request for approval for two grants; a West Virginia Treatment Supervision Grant and a Community Corrections Grant through the Department of Justice. The first grant totals \$83,500 and covers the cost of a case manager, a therapist, and allows \$1,300 for supplies for those two individuals in their position, according to Legg. She moved onto the second of the two grants, the Community Corrections grant, which would total \$285,000 and covers the remainder of the employees at the center that are not covered by the first grant and totals \$250,000. Of those funds, \$10,000 would be used for fuel and maintenance

on the vehicles. "We use those vehicles to transport clients during the year," said Legg. "We typically request only \$260,000, but this year we are asking for an extra \$35,000 for a new vehicle. We're down from

See "County Commission" — Page 2

Online sales to begin for Chocolate Festival tickets

Tickets for the isburg Chocoon sale Monat 8 a.m. Prewill be availthrough a vided by the Chocolate Fespage. The tickets for pickup at Will C 15th annual Lewlate Festival go day, Mar. 6. sale tickets able online link pro-Lewisburg tival Facebook will be available

for pickup at Will Call from 10 a.m. to 3 p.m. on the day of the festival, Saturday, Apr. 8. The festival runs from 11 a.m. to 3 p.m.

Also, pre registration is now open for the annual HospiceCare Chocolate Chase 5K/10K, which is held the morning of the festival at 9 a.m. in downtown Lewisburg. All proceeds to benefit HospiceCare's Lewisburg Office and The Peyton Hospice House. Visit https://tinyurl.com/4kphcrd7 to register.

The 2023 Lewisburg Chocolate Festival benefits the United Way of Greenbrier Valley and is a collaboration between the Lewisburg Downtown Business Association, the Greenbrier Valley Convention and Visitors Bureau, the City of Lewisburg, City National Bank, and Greenbrier Valley Theatre. and Stephen McBride has

been the society's Journal

editor for two years. Kim

also serves on the Mem-

bership Committee and

recently was a vital part

of the Planning Commit-

McBrides named History Heroes

On Feb. 23, at the Culture Center in Charleston, Dr. Kim Arbogast Mc-Bride and Dr. W. Stephen McBride, archaeologists, were named History Heroes by the Division of Arts, Culture and History, Randall Reid-Smith, Curator. Nominated by the Greenbrier Historical Society, the McBrides were recognized for having contributed significantly to the knowledge of frontier forts and other sites in West Virginia through their leadership of multiple archaeological excavations.

They are long time members of the Greenbrier Historical Society and donated their professional expertise to the work at the Blue Sulphur Springs Pavilion which

Dr. Kim McBride (left) and Dr. Stephen Mc-Bride, as they examine the foundation of the Blue Sulphur Springs Pavilion in 2020.

County Commission

GHS owns. In addition. tee for the Stellar Evening Kim McBride has been a Fundraiser member of the Board of The award was an-Directors for five years

nounced by the Director of Archives and History, Aaron Parsons, and presented by Curator Randall Reid-Smith and Thomas Bailey, chair of the WV Archives and History Commission.



Continued from Front Page

four vehicles to two, and once to twice a week we take people to rehab centers in Logan County. One of our vehicles has around 150,000 miles, and can only be used for local use right now. It is my hope that we can get the extra \$35,000 for a new vehicle." The commission also approved both of these requests for the Day Report Center.

In other news, the Commission approved Draw Request #4 pertaining to the Greenbrier County Broadband Area Project. The request pertains specifically to the Quinwood Tower project to bring broadband to the Sam Black Area. The request included two invoices for planning and technical services from Thompson & Litton, one in the amount of \$1,215 and another \$1,785, making a total of \$3,000. The Commission also received the final payment from The Greenbrier County Convention and Visitors Bureau on their loan from the Commission. Originally granted to the bureau to help advertise and rebuild the area after the 2016 floods, the final \$90,000 came in, and thus the Commission declared their promissory note fulfilled.

The Commission also, on the advice of counsel, approved the settlement with additional respondents and the execution of Subdivision Settlement Participation Form and Election and Release documents in regard to the National Opioid litigation. Also on advice of counsel the Commission approved the appointments of Al Emch and Kaitlyn Tierney as Fiduciary Commissioners to replace J. Michael Anderson and Steve Hunter.

The Greenbrier County Commission will meet again on Tuesday, Mar. 7, at 10 a.m. in the Greenbrier County offices in the basement of the courthouse. The public is encouraged to attend. Interested parties should call 304-647-6689 ahead, as times and dates are subject to change.



Delegate Mike Honaker (left); Dr. W. Stephen McBride; Dr. Kim Arbogast McBride; and Thomas Bailey, chair of the WV Archives and History Commission, at the presentation of their History Hero certificates.



PICK OF THE LITTER **METADIL** Metadil is a fiveyear-old male

Great Pyrenees

and weighs 90

pounds. NANA Nana is a



10-year-old female

domestic shorthair These and other animals are available at the Greenbrier Humane Society, located at 151 Holiday Lane off of Rt. 60 West in Lewisburg. They are closed Sunday and Monday, and are open from 11 a.m. through 5

p.m. Tuesday through Saturday. Their cat adoption fee is \$65 and covers spay/neuter surgery, first kitty vaccinations, rabies vaccine, de-worming, toe nail trim and flea treatment.

Their dog adoption fee is \$85 and covers spay/neuter surgery, first dog vaccinations, rabies vaccine, de-worming, toe nail trim, flea bath and flea treatment.

Call 304-645-4775 for more information.

They also offer donation-based spay/neuter vouchers, and clinics are filled on a first-come, first-served basis. They use a lot of vets in the area but the clinics fill up fast! Fill out an application to help prevent animal overpopulation! Call 304-645-4775 for more information.

DON'T SHOP • ADOPT!

WHAT'S IN A NAME? EVERYTHING.

CAMC welcomes Greenbrier Valley Medical Center!

Charleston Area Medical Center is investing in your community because quality health care begins at home. At CAMC Greenbrier Valley Medical Center, you can expect to receive excellent care backed by southern West Virginia's leading health care provider. Should you need specialty care that's not available here, we have you covered with access to highly trained doctors, the latest technology, and the most advanced treatments in a wide range of specialties, including cardiovascular surgery, neurosurgery, neurology, oncology, pediatric specialties, robotic surgery, bariatric surgery, gastroenterology and kidney transplant.

Whether you're new to CAMC or you already know us, we look forward to this new beginning for health care in your community!



CAMC Memorial Hospital | CAMC General Hospital | CAMC Women and Children's Hospital CAMC Teays Valley Hospital | CAMC Greenbrier Valley Medical Center

Williamsburg Shooting Match

The next Williamsburg Shooting Match will be held on Saturday, Mar. 4 at the Williamsburg Community Building, 6571 Shoestring Trail, Williamsburg. Match start at 7 p.m., but food concessions open at 6 p.m. Match will be eight rounds, 12-gauge guns only. First seven rounds are \$2 per shot, eighth round 50/50 at \$6 per shot. Shooters must compete in the first seven rounds in order to compete in the eighth round. 50/50 splatter match is \$1 per chance between rounds. Cash prizes will be awarded. You do not need to be a shooter to win! Delicious hot food and refreshments will be available starting at 6 p.m. Families are welcomed, you don't have to shoot to come get a meal! Proceeds will benefit Williamsburg Community service projects. Sponsored by a joint effort of the Williamsburg Community Action and the Williamsburg Ruritans. For more information and directions visit website www.williamsburgwv.com, or contact Bill Jarvis at 304-645-3690.

Soup Luncheon in Williamsburg

Come share with the Williamsburg Flying Falcons 4-H a soup and sandwich luncheon. There will be a variety of homemade soups including chili, chicken noodle, vegetable, broccoli cheese and others, along with a peanut butter or grilled cheese sandwich. You may choose from a variety of homemade desserts and a drink on Sunday, Mar. 5. The lunch will be from 11 a.m. to 2 p.m. at the Williamsburg Community Building. The cost is \$5 for adults and \$3 for children under 12. The proceeds will help send club members to camp and on their annual club trip. Call 304-645-6867 with questions. The Williamsburg Community Building is located at 6571 Shoestring Trail, Williamsburg.

Democratic Executive Committee

will hold their next meeting on Mar. 8 at 5:30 p.m. at the Better Homes and Gardens Real Estate office in downtown Lewisburg. Folks interested in promoting Democratic values are welcome to attend.

Corned beef and Cabbage Dinner

Join us for a Corned beef and Cabbage Dinner featuring Williamsburg's famous cornpone. The dinner will benefit the Williamsburg Food Pantry and will be held on Mar. 11 from 2 to 6 p.m. at the Williamsburg Community Center. The menu includes corned beef, cabbage, potatoes, carrots, rolls or cornpone, a variety of desserts, and drinks. The cost is \$12 for adults and \$6 for children under 6 years of age. Call 304-392-5537 with questions. This event is sponsored by the Williamsburg Food Pantry.

American Heritage Music Hall, Inc.

located at 496 Island Park, Ronceverte, is open to the public, all welcome, handicap accessible. Listeners and tourists welcome. Admission \$7 Tuesday nights, \$10 Saturday - Audience provides food. Doors open at 7 p.m. Jam & Dance every Tuesday 7 to 10 p.m. Craft & Vendor Show - Friday, Mar. 17 from 2 to 6 p.m. and Saturday, Mar. 18 from 9 a.m. to 5 p.m. Dance - Mar. 25 features Walter & Richard Country Pride 7 to 10:30 p.m. The Music Hall is available for weddings and parties. For more information call the Music Hall at 304-645-4667; Bill Evans at 304-392-6079; Grace Poe at 304-992-5852.

Morrisey's Mobile Office sets March stops

Public Meetings

Rainelle Town Council

meetings are held every second and fourth Monday of each month at 7 p.m. at Rainelle City Hall. The public is invited to attend.

Gbr. Co. Farmland Protection Board

meets on the fourth Thursday of each month at 10:30 a.m. at 804 Industrial Drive, Suite 5, in Maxwelton. The public is invited to attend. Call 304-520-3221 for more information.

Lewisburg Parks Commission

will meet Tuesday, Mar. 7, at 7 p.m. in the Paul R. Cooley Chamber at City Hall, 942 Washington Street, West. On the agenda:

- Field lights Hollowell and Dorie Miller
- Hollowell Little League field rental
- Hollowell Senior field rental
- Hollowell Softball field rental
- Dorie Miller Softball field rental
- Special event field use application fee
- Project updates
- Communication from members
- Approval of Minutes Nov. 1, 2022

Family Activity Center

Continued from Front Page

haven't gone on broad base with our fundraising campaign - we stand now north of 75 percent of the total commitment in hand with commitments made."

He said there are also efforts underway to secure state and federal grants, with the West Virginia Osteopathic School assisting in the grant application process. He detailed that the GVFAC Commission will not be able to access any City funds and will be solely reliant from the monies held by the Greenbrier Community Foundation. Ongoing operation funds will be provided by variety of sources including rental fees, facility utilization by groups and teams for classes and other events, monthly memberships, tournament fees, and fundraising events held by the GVFAC. He noted that monthly dues can place a burden on area families, so they are looking to provide a scholarship program to help cut costs for those who qualify.

"The whole thought behind the Family Activity Center, and those that have rallied to the cause, is an ongoing mission- our guiding light- to improve the health and wellness of kids and families in this community, in the Greenbrier Valley," said May. "We have been completely stunned by the outpouring so far."

"There is no question in my mind, with all that is going on in White Sulphur Springs, and all that is happening on Main Street, this is just one more reason that somebody might decide to live here. It's badly needed, the timing is perfect to pull it off with all the energy, and it's really grown since the flood," said GVFAC representative Tom Crabtree in 2021.

WVSOM Director of Community Outreach Julian Levine and WVSOM Vice President for Community Engagement and Development Drema Mace Hill were also present at the 2021 meeting, and said that WVSOM was excited to be involved with the center.

Levine said, "[WVSOM] is excited to be here both in the long haul and in the short term." He explained that the school plans to get feedback from the community about programs that would benefit the White Sulphur area, and WVSOM will work with the community's needs.

"The goal of the project is to make White Sulphur Springs and Greenbrier County the healthiest community in West Virginia," said Crabtree. "Now that's a tall order, but we have a really great group of people." "We are thrilled to think that we can have this facility right here in White Sulphur Springs, to enhance the view and the vision and the growth, and the downright peace that comes with knowing there is something that helps the kids and families of this community," said May.

Greenbrier County Magistrate Court Convictions

Patrick Hall, White Sulphur Springs, domestic battery, NCP, fine \$100, jail 120 days - unsupervised probation 12 days

Daniel P. Sapp, Salem, VA, disorderly conduct, NCP, fine \$100

Jason Samuel Toney, Ronceverte, failure to appear, NCP, jail 5 days

Dudley Allen Walton, Lewisburg, domestic assault, NCP, jail 6 months - suspended, Day Report 5 months Donna Rae Richmond, Rupert, no seatbelt, GP, fine \$25 Savanna Renee Gill, Frankford, distracted driving - cell phone, NCP, fine \$100

Adam Lee Huffman, Lewisburg, seatbelt, NCP, fine \$25 Gregory R. Loffer, Pittsburgh, PA, speeding, GP, fine \$10 Charles Lester Clay, Alderson, driving impaired, NCP, fine \$100, jail 5 days - suspended and placed on 9 months unsupervised probation

Anthony D. Cassano, Charlotte, NC, speeding, GP, fine \$10

Alexandria R. Diehl, Louisville, KY, speeding, GP, fine \$10

Trevor Jacob Mayhew, Ronceverte, 1) driving suspended, NCP, fine \$100; 2) no proof of insurance, fine \$200 Cody Allen Linthicum, White Sulphur Springs, discorderly conduct, NCP, fine \$25

Candidates file for WSS Municipal Election

Interested participants have filed their candidacies for the role of Mayor of White Sulphur Springs, the City Recorder, and several seats on City Council which are on the ballot for the upcoming Municipal Election.

Candidates for Mayor (one seat) include George "Mac" McIntire, Erin Lovell, and Kathy Glover.

Candidates for Recorder (one seat) are Penny Fioravante and Mark Gillespie.

Candidates for City Council (five seats) are Ryan Lockhart, incumbent Audrey Van Buren, Jennifer Andrews, Nancy Marshall, incumbent George "GP" Parker, Thomas Taylor, Theodore Humphreys, and Melanie Argyrakis.

The Municipal Election will be held on June 13.

City of Lewisburg Notice: **Construction for public** sewer extension project

Construction on the public sewer extension projects to serve the Rolling Hills subdivision and part of the Brush Road area will be start in March of 2023. The project is expected to last 14 months.

Traffic control as required by WV Department of Highways will be followed. Construction in Rolling Hills will occur throughout the entire subdivision, including the entrance to the Rolling Subdivision on US Rt. 219.

The construction zone on the Brush Road project will run from the intersection of Brush Road and Stonehouse Road to the property located at 1785 Brush Road and will include the subdivisions located off of Brush Road up to the end point.

Please direct any questions to Lisa Bennett, general manager, Greenbrier Public Service District No. 1 at 304-645-6632 or Criss Haynes, project consulting engineer, at 304-667-9507.

West Virginia Attorney General Patrick Morrisey announced a representative from his office will meet with central and southeastern West Virginia residents in March to discuss consumer-related issues and answer any potential questions.

Justin Arvon, a consumer outreach and compliance specialist with the office, will host the events as scheduled below:

• Mar. 14: 11:30 a.m. to 12:30 p.m. at Wendy's, 38232 Midland Trail E., Caldwell

• Mar. 23: 11:30 a.m. to 12:30 p.m. at Marlinton Town Hall, 709 2nd Avenue, Marlinton

For information on additional requirements specific to any location, attendees should contact Justin Arvon at 304-590-6462. In case of inclement weather, please call ahead.

Suits

- In Re: The Marriage of: Rachel Messer Morgan and Christopher Lee Morgan
- In Re: The Marriage of: Slayter Lowell Tuckwiller and Taylor Ward
- In Re: The Marriage of: John Warren Gilkeson and Brittany Rae Gilkeson

Marriages

Harold Franklin Bailes, Quinwood to Jessica Rachelle Bradley, Quinwood Bryce Alexander Akins, Lewisburg Velia Ileen Trevino, Lewisburg

For the Record

Deeds

John K. McCaffery to Ron T. Brown and Catherine G. Brown, 6.0 Acres, Meadow Bluff District

Linda P. Hunter to John Wallace and Rebecca Wallace, Lot No. 22, The Highlands Addition, White Sulphur District

James McFerrin to Ashley McFerrin, 20,000 Sq. Ft., Falling Springs District

Monte C. Vaughan and Marvin K. Vaughan to Claude E. Blevins, III and Suzanna M. Blevins, Lot No. 26, Lilly Park Addition, Town of Rainelle, Meadow Bluff Dist. Carol Elaine Warren to Lori Gledhill and David Gledhill, 1.48 Acres, Fort Spring District

David Taylor to James Walker and Alicia Walker, Lot No. 125, Bowman Realty Company's East Rainelle Subdivision, Meadow Bluff District



e-mail news stories to news@mountainmessenger.com

Mountain Messenger

The Weekend Newspaper for the Greenbrier Valley

LOCALLY OWNED AND OPERATED SINCE 1985

Strengthening Community and Promoting Diversity in the Greenbrier Valley

Mountain Messenger's **Properties & Lifestyles**

Our high-gloss, magazine style featuring area real estate PUBLISHED MONTHLY .

www.mountainmessenger.com

The most extensive website dedicated to the Greenbrier Valley

How to Contact Us:

Phone	(304) 647-5724
Fax	(304) 647-5767
Mail	P.O. Box 429, Lewisburg, WV 24901
Address	860 Court Street, N., Lewisburg
Web page	mountainmessenger.com
E-mail	ads@mountainmessenger.com

Office Hours

9 a.m. to 5 p.m. Monday -Friday

Subscriber Services

<u>Editorial:</u>

We accept submissions for the following categories:

- ARTS & ENTERTAINMENT
- CHURCH NEWS
- CLUB NEWS
- FARM NEWS
- GUEST EDITORIALS
- GUEST COMMENTARY • LETTERS TO THE EDITOR

We accept black & white and color photos to accompany news items or to showcase the region.

Advertising Opportunities Corrections: We want to correct errors

- CLASSIFIED
- DISPLAY ADS • LEGAL NOTICES
- REAL ESTATE REVIEW

Contact Circulation for:

- CHANGE OF ADDRESS
 DELIVERY PROBLEMS
- RENEWALS
- SUBSCRIPTION PAYMENTS



we have published. Please

contact us to request cor-

 SPORTS NEWS STORY IDEAS

rections

YOUTH ACTIVITIES

PRESS RELEASES

• MILITARY NEWS

NEWS STORIES

OBITUARIES

<u>Photos:</u>

Nature's Way By Karen Cohen

Corny Ideas

Have you ever grown corn? We have for many years. Yes, you do need a bit of extra space for corn but it is doable even for small gardens. Last year, we planted two crops, one early summer, a stand about 10 feet long by 4 feet wide, and then a second crop midsummer, same size. Of course, the bigger your space, the more corn you can grow.

First we soak the corn seeds for a few hours, not overnight because they may get too mushy. Then we space the seeds about 8-1/2 inches from one another and start making rows. I drop in one or two seeds per hole. Corn pollinates typically by wind, so keeping a corn stand together in one space helps pollination. Insects also carry pollen from one tassel to another. If you really want to be sure of pollination, you can lend a helping hand. That requires taking off one tassel and wiping it along the silky tassel of the neighboring stalk. You can also cross pollinate if you want to experiment.

Here is the U.S., sweet corn is what we crave on our plates for summertime enjoyment. Corn generally ripens all at the same time, about 60-90 days after planting directly in the ground. Usually it doesn't like to be started in seedling trays because it doesn't transplant well, but if you are careful and use peat pots you can bury corn seedlings directly into your prepared ground without disturbing the corn's roots that are young and forming. This year, I will be starting corn in my hoop house to get an earlier start.

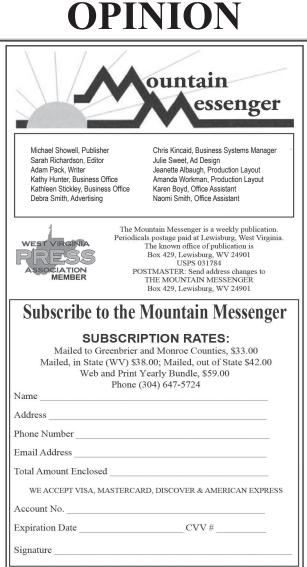
Corn takes about two to three weeks to germinate. It needs soil temps of about 50 degrees or more. Warmer soils will give quicker germination rates. First we cover our prepared corn space with black plastic in the spring or even the previous winter to kill down weeds and also help heat up the soil under the plastic when the sun comes out. Some folks like planting veggies into the black plastic by making holes to drop seeds or plants. My preference is pulling out the black plastic at planting time, covering the ground with mature compost and then popping seeds directly into the ground. I use a simple 12" stick for my spacing in either direction, just keep it moving along 12 inches as I go. Plant each seed about 2 inches deep and tamp down with some loose soil for good contact.

Once you drop your seeds, the small task is to keep out the birds that may pull out the fresh seedlings. Row cover is an easy fix, drape it over your space and use some bricks or rocks to keep it from blowing away. I wait till the corn plants grow about 3 inches or so and then safely remove the row cover. My garden is also fenced to keep out critters including my cats and dog.

We get so much rain here in West Virginia so additional watering is seldom required. I really prefer my garden to "come up" on its own. I believe it strengthens the plants. But a good measure of one inch of water per week for any new plant is ideal. Dehydration can stress out plants. If watering is needed, apply it with a soaker hose or hang water the soil, not the whole corn stalk.

Some corn can produce two ears, maybe even three.

WVDEP coordinating with state and local agencies to investigate dust issue in Eastern Panhandle



The Mountain Messenger Box 429, Lewisburg, WV 24901 Visit us at http://www.mountainmessenger.com

Usually I will remove lower ears that may shoot out of the stalks. That allows all the plant's energy to concentrate on bigger ears forming at the top of the plant. Eating freshly picked corn, believe it or not, can be even more satisfying than eating boiled corn on the cob. When we were market growers in New Jersey, we harvested in the pre-dawn hours to get the batches to our clients just in time for opening hours, 8 a.m. The corn was still full of sweetness and juiciness if we offered a raw sample quickly after harvesting. If you haven't tried raw sweet corn right out of the garden, please do!

A great companion plant with corn is climbing beans of any kind. Drop a bean seed alongside an emerging corn seed and let nature take its course. The beans will climb right up the stalk for support. It makes your garden more efficient and you can easily pull out any weeds by hand in small plots.

Last year I planted a dwarf variety of sweet corn, called Blue Jade Dwarf corn. Look around for other varieties of dwarf corn to experiment with. This particular corn is gorgeous because just as it ripens, it begins to turn purple-blue. It gets a bit starchy while still sweet and is delicious raw or cooked. We love grilling corn on the cob without shucking them. You can soak them a bit in a bucket of water for 10 minutes, wrap each ear in foil and place directly on a hot grill. Cook for about 20-30 minutes till the corn kernels are tender. Some burn areas add to the taste. Chef Bobby Flay likes to fold down the corn's husks, strip away the silk by hand, and then put the leaves back in place. Soak in salted water for 10 minutes and then grill with the cover closed for 15 min-

Letter to the Editor Senator Deeds voted to keep off-road vehicles out of State Forests Dear Editor:

Watoga State Park and Droop Mountain Battlefield State Park along with Calvin Price State Forest became West Virginia's first International Dark Sky Parks. These special places join an elite group of communities, parks, reserves, sanctuaries, and planned developments that have met the program's rigorous standards. The name Watoga actually comes from the Cherokee word for "starry waters." Since their dark sky designation in 2021, these public lands have drawn amateur and professional astronomers and photographers who enjoy the quiet and clear skies.

But the peace and tranquility we get from these remote parks and forests are in jeopardy, as are our other state parks and forests throughout the state. The Senate Outdoor Recreation Committee was considering provisions that would open our state forests, such as nearby Cal Price, and possibly other state lands to off-road vehicles.

With off-roading would come all the noise, mud, dust, and damages to our streams and habitats, not to mention disruption of the peaceful nature and dark skies that these areas offer. Anyone who values the peace and serenity offered by our state public lands in the Nature's Mountain Playground - looking up at the night sky in wonder, listening to the birds and wind rustling the leaves - should thank our Senator Deeds who serves on the Senate Outdoor Recreation Committee and voted to keep off-road vehicles out of special places like Calvin Price, Watoga, and Droop.

> Louanne Fatora Greenbrier River Watershed Association

Commentary

Gov. Justice announces agreement on largest tax cut in state history

Gov. Jim Justice issued the following statement this week:

"I am extremely happy that after weeks of negotiations with all parties we've been able to reach a deal with the House and Senate that will be the largest tax cut in West Virginia history," Gov. Justice said. "This deal returns over \$750 million to hardworking West Virginians through a major cut to our personal income tax, rebate of the car tax, a 50% rebate of the property tax on machinery and inventory to small businesses, and tax credits to West Virginia Veterans. It also puts us on a pathway toward the complete elimination of our personal income tax. It's a win-win for all West Virginians and I couldn't be more pleased with the outcome.

"I applaud the House and Senate for all their hard work. I am hopeful that both bodies pass it quickly, so that we can all celebrate its signing together very soon."

OPED piece submission guidelines:

To submit an OPED piece to the *Mountain Messenger* it must comply with the following rules:

1) OPED pieces may contain constructive criticisms, thoughts, or observations, which we publish

No shelter in place advisories have been issued

The West Virginia Department of Environmental Protection (WVDEP) is working with state and local agencies to investigate large amounts of dust across multiple counties in West Virginia's Eastern Panhandle.

The WVDEP received reports late Thursday night about the dust and mobilized inspectors to the area to collect samples and identify potential sources. No obvious sources have been identified at this time.

No shelter in place advisories have been issued for this area.

"We have staff on site who are coordinating with our state and local partners to identify the material and any potential causes," said WVDEP Division of Air Quality Director Laura Crowder.

The WVDEP is working with the Berkeley County Office of Emergency Services and the state Department of Agriculture to collect additional samples and have them analyzed.

Samples will also be taken to the West Virginia Geological and Economic Survey in Morgantown to determine if the cause of the dust is related to recent dust storms in the Midwest.

The West Virginia Department of Agriculture, West Virginia Division of Emergency Management Division (WVEMD) and the Berkeley County Sheriff's Office are also investigating the situation.

Arts & Rec. grant applications now available

Effective Mar. 1, the Greenbrier County Arts & Recreation Grant Applications may be picked up at the County Commission office in the Greenbrier County Courthouse, or downloaded at www.greenbriercounty. net or by calling the Greenbrier County Commission office at 304-647-6689. Applications are due no later than close of business Wednesday, Apr. 14, at 4 p.m.

Uses of the Greenbrier County Occupancy Tax Arts & Recreation Funds must be in compliance with WV State Code §7-18-14. Grants are awarded under the guidance and recommendations of the Greenbrier County Commission.

utes. Serve with herbed butter or BBQ butter!

Try growing corn, it does require some space but it is so rewarding and tastes so much better than store bought.

(Karen Cohen is an organic grower, seed saver, and avid explorer. A local seed exchange event is coming up for those interested in details please email: natureswaykaren@gmail.com)

Commentary WV Poison Center celebrates National Poison Prevention Week

The West Virginia Poison Center (WVPC) joins with poison centers and poison prevention partners across the country in celebrating National Poison Prevention Week Mar. 19 through Mar. 25. Since 1962, the President of the United States has proclaimed the third week of March as National Poison Prevention Week to raise awareness about the dangers of poisonings and how to prevent them.

The West Virginia Poison Center has medical experts available 24 hours a day, seven days a week to help those with poisoning emergencies or questions.

The WVPC can answer questions about:

- · Accidental poisonings of children and adults
- Drug overdoses
- Bites and stings
- · Reactions to drugs and chemicals
- · Potential poisonings from plants and mushrooms
- Poisonings from drugs of abuse

In addition to the public, health care professionals rely on the West Virginia Poison Center experts to assist in poisoning exposures. In fact, about 25% of calls come from health care providers.

Remember: fast, free, individualized, expert help is only a phone call away. 1-800-222-1222.

About the West Virginia Poison Center:

The West Virginia Poison Center provides comprehensive emergency poison information, prevention and educational resources to West Virginians 24 hours a day, seven days a week, 365 days a year. The WVPC is staffed by nurses, pharmacists and physicians with special training in treatment of poisonings. Located in Charleston, WV, the WVPC is a part of the West Virginia University-Charleston Division. Toll-free: 1-800-222-1222. Website:www.wvpoisoncenter.org on an individually approved basis.

2) No name-calling, hate speech, or other derogatory language is permitted. We do not publish letters containing "bashing," personal attacks, and the like. However, we do appreciate mindful concerns, assessments, and thoughts.

3) All letters must be signed by the author and include the city in which they reside.

Please note all submissions are subject to individual editorial approval. Please do not mail or hand-deliver letters, email news@mountainmessenger.com



and receive much more!

State & National News

14 additional newspapers in WV & VA



Over 40 editors, reporters & writers

BITUARIES

Darrin Wyatt Hoke



White Sulphur Springs -Darrin Wvatt Hoke, 48. passed away Thursday, Feb. 23, 2023, at CAMC -Memorial, Charleston.

Born Jan. 14, 1975, in Union, he was the son of Sharon Emily Hoke and Albert Fury.

Darrin worked for over 20 years at The Greenbrier. He loved traveling to different places, especially the beach. Darrin also enjoyed riding motorcycles, fishing, kayaking, and four-wheeling with his friends.

He was preceded in death by his stepfather, Donald Clark; maternal grandparents, Etta and Edward Hoke and his paternal grandfather, Elmer Fury.

Including his parents, he is survived by his paternal grandmother, Betty Fury; and several aunts, uncles, cousins and friends.

It was Darrin's wish to be cremated. There will be no service.

Online guestbook may be signed at www.morganfh.net. Arrangements by Morgan Funeral Home, Lewisburg, WV.

Huthan C. Chavis



White Sulphur Springs -Huthan C. Chavis, 92, went home to be with Jesus Wednesday, Feb. 22, 2023, at his home in White Sulphur Springs

the service at the church. In lieu of flowers, donations may be made to Wallace & Wallace Funeral Chapel.

Wallace & Wallace Funeral Home in White Sulphur Springs is in charge of arrangements. Please send online condolences by visiting www.WallaceandWallaceFH.com

Robert G. Davis 1931-2023



White Sulphur Springs -Robert G. "Bob" Davis, 91, went home to meet his Lord and Savior on Friday, Feb. 10, 2023. He was reunited with the love of his life, Patty, who awaited him in Heaven Bob passed peacefully with his daughters by his side, on the mountain that he loved and called home. Bob was born Oct. 13,

1931, in Spencer, WV. He was a pharmacist, graduating from West Virginia University School of Pharmacy in 1953. A veteran of the US Army, Bob used his training as a pharmacist in service of his country during the Korean War. Upon his return from service, he was employed at Cook Pharmacy in Charleston, WV. This is where Bob met and married Patricia Ann Isaac. They moved to White Sulphur Springs and opened and operated the White Sulphur Pharmacy & Fireside Gift Center for 25 years. His second career was with the WV Board of Pharmacy, where he served as an Inspector and oversaw administration of Pharmacy State Board Certification Exams for 13 years.

Bob was a member of

United Methodist Church in White Sulphur Springs, on Saturday, Mar. 11 at 11 a.m., with visitation beginning at 10 a.m.

The family asks for consideration of a donation to Emmanuel United Methodist Church Scholarship Fund.

Wallace & Wallace Funeral Home in White Sulphur Springs is in charge of arrangements. Please send online condolences by visiting www.WallaceandWallaceFH.com

Wayne Terry Holliday

Richlands-Wayne Terry Holliday, 72, passed away Thursday, Feb. 23, 2023, at the White Sulphur Springs Care Center. Born June 15, 1950, in Ronceverte, he was the son of the late James Ivan and Mildred Rose Burns Holliday.

In addition to his parents he was preceded in death by his wife, Patricia Holliday; and a son, Josh Holliday.

Survivors include two sons, Kevin Holliday (Nancy) and Tim Holliday all of Caldwell; daughter, Tara Boggs (Roger) of Glace, WV; nine grandchildren, and 18 greatgrandchildren.

Memorial service will be at 3 p.m. on Monday, Mar. 6, at the Morgan Funeral Home Chapel, Lewisburg, with Pastor Vince Deeds officiating. Burial will be in the Wallace Memorial Cemetery, Clintonville, WV.

Online guestbook may be signed at www.morganfh.net. Arrangements by Morgan Funeral Home, Lewisburg, WV.

William K. Patterson



dletown, CT, and was raised and attended school in Cocoa Beach, FL. In 1977 she moved to WV where she remained for the rest of her life. She raised two children and established a homestead on Miller Mountain with her former husband Joseph Roczniak, also of Lewisburg. Although she loved the mountains, she always considered Florida to be her home and traveled back and forth extensively to be with family.

She was very proud of her Florida ancestry and loved to tell stories about her family, Swedish immigrants, who were among the first settlers in Sanford, FL. Her great-grandfather, Nels Stenstrom established the first dairy farm in central Florida in 1877, and scouted land for General Henry Sanford to establish citrus groves along the St. Johns River.

Cara was a preschool teacher at Ronceverte Presbyterian Church for many years where she was affectionately known as "Mrs. R." Her love for children continued after her teaching years with roles at the Children's Home Society of WV, the Girl Scouts, and with her two grandsons, Moses and Sebastian. Cara provided many years of love and generous support to her family both near and far.

Over the past several years, Cara took it upon herself to keep the roads along Rt. 60 in the Richlands community clean. Despite being partially disabled from a back injury, she managed to collect over 4,000 pounds of litter for the Department of Highways and was awarded numerous volunteer awards from the WV Adopt-A-Highway program.

Cara was an adventurous antique collector and dealer for many years in the Lewisburg area. She always enjoyed her flea market family where she made many lasting friendships throughout the years. side

She was also an avid gardener and plant enthusiast, and kept her yard in impeccable condition, interests that she instilled into her two children.

Working up until the day she was hospitalized, Cara was fiercely independent. She had a wonderful sense of humor and a huge heart.

She is survived by her son Jacob Roczniak, his wife Julie, and their son Sebastian of Princeton, Massachusetts, and her daughter Jessica Roczniak-Grist, her husband Paul, and their son Thomas Moses of Lewisburg. She is also survived by brother, David Czajka and wife Tracy of Merritt Island, FL; and sisters, Mary Kay Odio, Beth Clack and husband Lomar of Satellite Beach, FL, and Jackie Golden of Brevard, NC.

She was preceded in death by her brother Peter Czajka, sister Nancy Czajka, bother-in-law Cesar Odio, and her parents Edward Peter Czajka and Ruth Adelaide (Stenstrom) Czajka.

The family will receive visitors for a memorial reception on Saturday, Mar. 11, 5 to 8 p.m. in the Old Stone Room at Carnegie Hall in Lewisburg. There will be a family Mass preceding the reception at St. Charles Catholic Church in White Sulphur Springs.

In lieu of flowers please keep the earth clean and the animals fed.

Donations may be made in Cara's honor and sent to the Greenbrier County Humane Society or a wildlife charity of your choice.

Wallace & Wallace Funeral Home in Lewisburg is in charge of arrangements. Please send online condolences by visiting www.WallaceandWallace-FH.com

Seldon McClintic Fuller

Frankford-Seldon Mc-Clintic "Heavy" Fuller, 93, passed away Wednesday, Mar. 1, 2023, at his home with family by his

Seldon was born Dec. 30, 1929, in Frankford, the son of the late John Camp Fuller and Trudie Allen Auldridge Fuller.

He was a member of Frankford United Methodist Church. Seldon was educated through the 4th grade at Mount Vernon School where he had to walk 11/2 miles to school, he graduated from Frankford High School. Seldon was a 50-year member of Lewisburg Elks and served as Chaplain for 20 vears.

In 1958 he married Annie Estelle Legg and was happily married until Annie's death on Apr. 25, 2021.

After graduating from school, he took on several odd jobs until 1954 when he was called to work at Appalachian Tire and retiring as shop foreman with 40 years of service in 1994.

Other than his parents and his wife, he was preceded in death by his daughter, Cynthia Louise Fuller and his son, George A. Fuller; sister, Glenna Lloyd; and brothers, Leonard and Luther Fuller;

Surviving are his grandchildren, Hannah Fuller and Aaron Fuller; sisters, Thelma Smith, Mary Kidd and Alice Coff; along with several nieces, nephews, and great-nieces and nephews.

Funeral services for Heavy will be on Sunday, Mar. 5, at 2 p.m. at Wallace & Wallace Funeral Home in Lewisburg with Rev. Phil Hickman, Rev. Pete Scott and Rev. David Fuller officiating. Interment will follow in Rosewood Cemetery.

The family will receive family and friends from 6 until 8 p.m. on Saturday, Mar. 4, 2023 at the funeral home.

Wallace & Wallace Funeral Home in Lewisburg is in charge of arrangements. Please send online condolences by visiting www.WallaceandWallace-FH.com

He was born Nov. 21, 1930, in Pembroke, NC, a son of the late Benjamin Franklin Chavis and Dovie Locklear Chavis.

Huthan was a retired carpenter and a member of White Sulphur Springs Pentecostal Holiness Church.

In addition to his parents, he was preceded in death by a daughter, Carolyn Wolfe; son, Larry Taylor, three sisters and four brothers.

He is survived by the love of his life of 55 years, Teresa Trent Chavis; his children, Jimmy (Becky) Buettner, of Middle River, MD, John (Gloria) Chavis of Rosedale, MD, Grady (Sherry) Chavis of Joppa, MD, Abbygale Hunt of White Sulphur Springs, Robert (Beth) Taylor of White Sulphur Springs, Sharon Howard of Raleigh, NC, Jerry Taylor of Lumberton, NC, and John (Tammy) Taylor of Lumberton, NC; son-in-law, Charlie Wolfe of Jacobus, PA; special niece, Maggie Smith of Fuquay-Varina, NC; several grandchildren, great-grandchildren and nieces and nephews.

Funeral service was held on Monday, Feb. 27, at White Sulphur Springs Holiness Pentecostal Church, where Pastors Gene Sizemore and Pastor Lowell O'Dell officiated. Burial followed in Alvon United Methodist Church Cemetery. Visitation was one hour prior to

Emmanuel United Methodist Church in White Sulphur Springs where he served on the Board of Trustees, Administration Council, and the Scholarship Fund Committee.

Bob was preceded in death by his parents, Glen and Ava Davis, as well as his beloved wife, Patricia, of 53 years.

He is survived by his two daughters and sonsin-law, Cheryl and Stuart Smith of Winston-Salem, NC, and Roberta and Chris Rodocker of Pittsburgh, PA; four grandchildren, Nathan and Samuel Smith and Sarah and Lewis Rodocker. His surviving extended family includes sisters-in-law and brotherin law, Joanna Isaac of Elkton, FL, and Martha and Rick Grandstaff of South Charleston; as well as a niece and nephews. Bob is also survived by his loyal companion, his English Setter, Jeb.

A true Mountaineer, Bob was an ardent nature lover and conservationist. He was rarely happier than when he was wandering West Virginia's fields, forest glades, brooks, and streams searching for his much-loved brook trout, and listening for the gobble of a wild turkey. He enjoyed sharing his knowledge and love of fly fishing with his grandchildren and the younger generation.

A memorial service will be held at Emmanuel

William K. Patterson, an avid fisherman and hunter, departed this life on Saturday, Feb. 25, 2023, after a long illness.

Services will be held on Sunday, Mar. 12 at Wallace & Wallace, 884 Jefferson Street N, Lewisburg, WV 24901. (If using a GPS, insert the address 884 Jefferson Street North, Lewisburg, WV 24901 to arrive at the correct location.)

A service to celebrate Kenney's life will begin at 2 p.m. Visitation begins one hour prior to the service.

Please send online condolences by visiting www. WallaceandWallaceFH. com

Cara Ann Roczniak



Lewisburg-Cara Ann (Czajka) Roczniak, 70, formerly of Cocoa Beach, FL, died after complications from a brief illness at CAMC in Charleston on Wednesday, Feb. 22, 2023

Cara was born in Mid-

Obituary Policy

- · Obituaries should be received within 30 days of death.
- The deceased should be a current or former resident of the newspaper coverage area, or
- have family members who have lived or are living in this area.
- · Obituaries are accepted from funeral homes or funeral directors.

· Obituaries may be edited to conform to the newspaper standards and deadlines. As a courtesy to our readers and the community, there is no charge for obituaries that meet the aforementioned guidelines.



Chapel Seating For 400 Comfortably Well Lit Parking Lot With 125 Spaces

12 Reserved For Those With Exceptionalities Wheelchair Accessible -

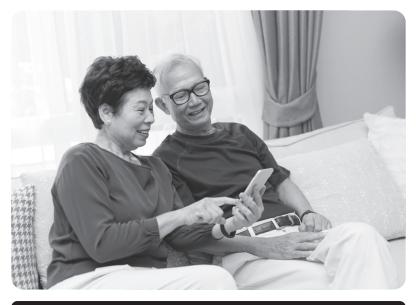
Modern Technology Headstones, Markers and Memorials



252 Montvue Drive, Lewisburg, WV 24901 304-645-1851



Take the guesswork out of senior care, call a Caring Family Advisor today.



(855) 935-2903

HELP WANTED

HELP WANTED: Hiring full-time employees. For more information, contact Cutting Edge Lawn Care, 304-772-3609

HELP WANTED

HELP WANTED: Dutch Haus is hiring full-time/ part-time cooks. Must be at least 18 years of age. Food handlers card required. Apply at 368 Brush Road, Lewisburg

FOR RENT

NO WAITING LIST

One Bedroom, Section 8 Apts.

Elderly 62+

Handicapped or Disabled,

Regardless of Age.

All Utilities Included.

On Site Laundry Facilitates.

Apply At

Hinton House Apts.

495 Stokes Drive.

Office Hours M-F 8-4.

304-466-5299

NOTICE

NOTICE: Use Happy Jack Skin Balm on cats & dogs to relieve scratching from hot spots, fleas, and grass allergies without steroids! At Tractor Sup-

ply (www.amazon.com)

WANT TO BUY

WANT TO BUY: 1940 up to 1954 Chervorlet, 2 door car to restore. Call 540-395-2083.

ESTATE SALE

ESTATE SALE: Brick House Antiques Estate Sale Begins March 10th. This in-home sale is a treasure trove of collectibles, kitchen, Christmas, homegoods and furnishings! Sale begins Friday, March 10th, 9am to 5pm, March 11th, 9am to 5pm, and March 12th, 1pm to 4pm. Address is 297 Silo Lane, Lewisburg. For more information call 304-645-4082 or visit estatesales.net for pictures.

(Ė Living The Good Life After Retirement Activity Rooms Potluck Dinners Bingo Cookouts Live Bands Church Services Parties Social Areas Country Living With City Conveniences All common areas have been remodeled and redecorated. We welcome you to stop by and see all of the improvements that have been made. One bedroom apartments for the elderly,

near elderly and handicapped. HUD approved. Non-assisted living. Rent based on income. A staff member is on call 24/7 for emergencies. To request an application call 304-645-1308

Monday - Friday 8:00 am - 3:00 pm

LEWISBURG MANOR Independent Living 344 Court St., Lewisburg, WV 24901

Weekly SUDOKU

Answer 8 7 6 3 2 5 9 4

Quick Essentials

GREENBRIER VALLEY

3344 Houfnaggle Road Lewisburg, WV 24901 • 304-645-1304

FOUR SIZES TO CHOOSE FROM:

5' x 10' – \$40/mo.	10' x 15' – \$70/mo.
10' x 10' – \$60/mo.	10' x 20' – \$80/mo.

Greenbrier Valley Fitness Studio Classes Silver Gentle Sneakers Yoga Come join us for class! Free with Yoga HIIT Fit membership! Strength **Heavy Bag** Dance Training & Tone Boxing

(SOUTH) 3942 Davis Stuart Rd. Suite 4 ,Ronceverte, WV • 681-318-3341 (NORTH) 213 Coleman Drive, Lewisburg, WV • 304-645-4000



Slurry Pavers, Inc. is now accepting applications for CDL Drivers, Mechanics, Equipment Operators, and General Laborers for the upcoming construction season. All positions include great starting pay and a full benefit package including health, dental, life, and 401(k). Apply in person at the Elk River Inn at 295 Main Street in Clay on Saturday, March 11th between 9:00 AM and 5:00 PM or call 1-800-449-3662 for more information. A valid driver's license is preferred and may be required for some positions. Weekly travel is required.

Slurry Pavers, Inc. is an Equal Opportunity /Affirmative Action Employer EEO/M/F/Disabled/Vet Employer & a Drug-Free Workplace. www.slurrypavers.com

Super Crossword



CAREER OPPORTUNITIES

Aviagen Turkeys operates over 20 farms and two hatcheries in the Greenbrier Valley. The company provides jobs for over 80 people in the community and there is a range of career opportunities available.

POSITIONS AVAILABLE

 MECHANIC FARM MANAGERS CREW MEMBERS LAB ASSISTANT

BENEFITS

Health Insurance - 401 K Retirement Paid Time Off - Holiday Pay - Service Awards **Employee Referral Program**

Go To Our Online Job Application Website At: http://www.aviagenturkeys.us/careers

Or, Contact Us At 304-793-2680, ext. 247 31186 Midland Trail East, Lewisburg, WV 24901





8	7	6	3	2	5	9	4	1
4	3	9	6	1	8	2	5	7
2	1	5	4	9	7	3	6	8
7	6	8	2	5	3	4	1	9
3	9	4	1	8	6	5	7	2
1	5	2	9	7	4	6	8	3
6	8	7	5	3	2	1	9	4
9	4	3	8	6	1	7	2	5
5	2	1	7	4	9	8	3	6



by Ryan A. Berenz

Answers

- 1. Bud Collins.
- 2. "Pong."
- 3. Bucknell University.

4. James Naismith's original rules of basketball.

5. Bernard Hinault.

- 6. Fausto Carmona.
- 7. Johnny Unitas.



SCRAMBLERS

solution

- 1. Snort 2. Swale;
- 3. Dodge; 4. Poach

Today's Word

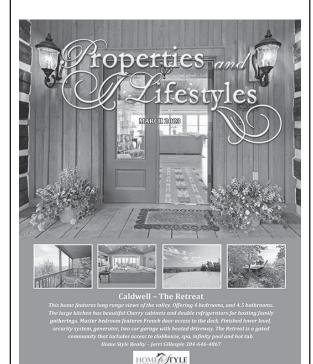
WATCHDOG

We're so Lucky to have Subscribers

like you!



To Advertise In Our Monthly Real Estate Guide, Call Debra Smith 304-647-5724.







Dear Recycle Lady, For curbside pickup of

recyclables, I put aluminum cans in the red recycle bags and plastic bottles in the yellow recycle bags. What do I use for other recyclables, such as newspapers, magazines, office paper and steel cans, that I put out for curbside pickup?

Beginning Recycler Dear Beginning Recycler,

Thanks for using the red and yellow bags. Newspapers, magazines, office paper, and steel cans all need to be bagged separately as they all go in separate bins at the Recycle Center. Most any bag can be used, except a black bag, as black bags will be picked up for trash. Newspapers can be bundled and tied with heavy string. When recycling newspapers or office paper (including junk mail), be sure to take out the glossy slicks as they will contaminate recycled newspapers or office paper. They go in the magazine bin. It is also a good idea to put recycling bags in a separate location from trash, perhaps on the other side of the driveway. If you need red bags (aluminum cans) or yellow bags (plastics) for curbside pickup, they can be picked up at Open Doors, which is directly across the street from the Lewisburg Post Office. There is a blue-grey bin outside the office containing these bags. Take what you need. Curbside pickup is available free for Lewisburg City residents who have a contract with Greenbrier Valley Solid Waste for trash pickup.

Dear Recycle Lady,

What are Fair Trade products? Fair is Important

Dear Fair is Important,

Fair-Trade, sometimes written fairtrade, Fair Trade, or Fairtrade, began as a global movement to assist workers and farmers in developing countries to get access to export markets and to receive a fair price for their products. Fair-Trade products all have agreed-upon standards that have been independently certified. To be certified as a Fair-Trade USA product, a company must make products to the highest standards, provide sustainable livelihoods, and provide safe working conditions for workers and farmers. They also must provide for people taking care of the animals. The first Fair-Trade USA dairy company was Chobani. The Fair-Trade America label was created in 2019 and has seen a 46%increase in Fair-Trade awareness in the U.S. According to www.fairtradeamerica.org, nearly 2 million farmers and workers, in 100+ countries, make 30,000+ products that carry the Fair-Trade trademark.

Dear Recycle Lady,

Every afternoon I take my dog for a walk, and I have been using the black plastic dog waste bags provided by the City of Lewisburg. Are there any environmentally friendly alternatives for these plastic bags?

Dog Walker

Dear Dog Walker,

Walks are good for both you and your dog. And using doggie waste bags makes them even better as you are leaving no waste for others to deal with. Today, there are quite a few choices for environmentally friendly dog waste bags. There are vegetable-

based bags, corn and plant starch bags, paper-based bags made of wood pulp, compostable bags, and biodegradable bags. Check out www.treehugger.com/ best-compostable-poopbags-5188712 for excellent information on doggie waste bags. Keep in mind that biodegradable is mostly meaningless as it is a marketing term and that compostable, in this case, means compostable in a commercial facility, not in a home composter. However, the biodegradable bags will decompose in the landfill. Putting dog waste in home composters risks adding parasites and germs that are harmful to humans and other animals as home composters generally do not have sufficient heat to kill off pathogens.

Good News: Coral reefs, sometimes called "the rainforests of the sea," are unique ecosystems with huge benefits. The largest coral reef in the world, the Great Barrier Reef, in Australia has garnered a lot of attention as conservation measures have increased to protect

Have questions about recycling, or interesting information about recycling? Send questions or requests to recyclelady@ greenbrier-swa.com. Dear Recycle Lady is sponsored jointly by the Greenbrier Recycling Center and Greenworks Recycling.





By William "Skip" Deegans

Until the 1980s, the caboose was an iconic feature of the American railroad. Typically red, it was the last car on a train. Equipped with bunks, a heating and cooking stove, ice chest, table and seats, it was a car where the crew could work, cook, eat and sleep. The word caboose may stem from the Dutch word kabuis or the French word camboose, both of which referred to a small cabin on a sailing ship. Introduced on American railroads in the 1830s, cabooses were first built of wood and later steel.

The most important purpose of the caboose was to provide safety for the train. Assigned to the caboose were the conductor and brakeman. Among their tasks was watching the cars in front of them. To help view the train, a cupola was added to the caboose (see photo) and later some had bay windows on the side. The conductor and brakeman were on the lookout for, among other concerns, overheated axle bearings called hot boxes. Seeing smoke or flames coming from the wheels, the caboose's crew could alert the train's engineer to take remedial action. Preliminary reports indicate the recent Norfolk Southern train derailment in East Palestine, Ohio, was likely caused by an overheated bearing.

Contending they could use electronic devices to ensure the safety of trains and no longer needed a caboose, the railroads successfully lobbied the Reagan administration to eliminate them in 1982. The United Transportation Union (UTU) opposed the move and claimed cabooses and their crew were vital to the safety of trains "especially when today's freights averaging 70 cars stretching almost a mile." The train that derailed in East Palestine consisted of 151 cars and was 1.76 miles long. According to the Federal Railroad Administration, there are more than 1,000 derailments annually.

Photo: Courtesy of the Greenbrier Historical Society, George Collins Collection. Sources: Chicago Tribune, Los Angeles Times, The Pittsburgh Press, NBC, www. trainconductorhq.com.

West Virginia Statewide Classified Network

Featured in WVPA Newspapers Across West Virginia

CAREER

TRAIN ONLINE TO DO MEDICAL BILLING! Become a Medical Office Professional online at CTI! Get Trained, Certified & ready to work in months! Call 877-635-0244. The Mission, Program Information and Tuition is located at CareerTechnical.edu/consumer-information. (M-F 8am-6pm ET)

for 350 plus procedures. Real dental in- No payments for 18 months! Lifetime surance - NOT just a discount plan. Do warranty & professional installs. Senior not wait! Call now! Get your FREE Den- & Military Discounts available. Call: tal Information Kit with all the details! 844-601-2044 www.dental50plus. 1-855-405-3412 com/press #6258

INTERNET/TV

AT&T INTERNET. Starting at \$40/

Mutual Insurance Company. Coverage little as ONE DAY! Affordable prices -

UPDATE YOUR HOME with Beautiful New Blinds & Shades. FREE in-home estimates make it convenient to shop from home. Professional installation. Top quality - Made in the USA. Call for free consultation: 877-802-8381. Ask about our specials!

YOU por RECYCLING

Fourth Way Properties

Check out available properties at 4thwayproperties.com

FOR RENT MONTHLY FURNISHED ROOMS

SUNSET TERRACE MOTEL 106 POMERY CIRCLE, LEWISBURG Furnished room with small refrigerator, microwave TV, WiFi, and coin operated laundry room. Pet friendly, quarter mile from downtown Lewisburg, local shops and restaurants. All utilities included plus security deposit. Check out our website 4thwayproperties.com for pictures and details.



518 LINDEN AVENUE ALDERSON

One bedroom one bath apartment. Beautiful large rooms with high ceilings and hard wood floors. Across the street from the Greenbrier River and Monroe Ave walking bridge. Pet friendly with additional deposit.



Call Terry or Isela @ (304) 647-8943

SE HABLA ESPAÑOL Email us at FourthWayProperties@yahoo.com

HEALTH/MEDICAL

CARING FOR AN AGING LOVED ONE? Wondering about options like senior-living communities and in-home care? Caring.com's Family Advisors are here to help take the guesswork out of senior care for you and your family. Call for your FREE, no-obligation consultation: 1-855-935-2903

LOOKING FOR ASSISTED LIVING, memory care, or independent living? A Place for Mom simplifies the process of finding senior living at no cost to your family. Call 1-888-918-8270 today!

STROKE AND CARDIOVASCULAR DISEASE are leading causes of death, according to the American Heart Association. Screenings can provide peace of mind or early detection! Contact Life Line Screening to schedule your screening. Special offer - 5 screenings for just \$149. Call 1-855-915-3562

DON'T LET THE STAIRS LIMIT YOUR MOBILITY! Discover the ideal solution for anyone who struggles on the stairs, is concerned about a fall or wants to regain access to their entire home. Call AmeriGlide today! 1-844-592-5113

PORTABLE OXYGEN CONCENTRAT-OR May Be Covered by Medicare! Reclaim independence and mobility with the compact design and longlasting battery of Inogen One. Free information kit! Call 833-274-3943

UP TO \$15,000.00 OF GUARANTEED LIFE INSURANCE! No medical exam or health questions. Cash to help pay funeral and other final expenses. Call Physicians Life Insurance Company-888-217-5559 or visit www.Life55plus. info/wv

month w/12-mo agmt. Includes 1 TB of data per month. Get More For Your High-Speed Internet Thing. Ask us how to bundle and SAVE! Geo & svc SAFE STEP. NORTH AMERICA'S #1 restrictions apply. Call us today 1-844-358-7158.

4G LTE HOME INTERNET Now Available! Get GotW3 with lightning fast speeds plus take your service with you when you travel! As low as \$109.99/mo! 833-586-1598

DIRECTV STREAM - The Best of Live & On-Demand On All Your Favorite Screens. CHOICE Package, \$84.99/ mo for 12 months. Stream on 20 devices in your home at once. HBO PREPARE FOR POWER OUTAGES Max included for 3 mos (w/CHOICE Package or higher.) No annual contract. no hidden fees! Some restrictions apply. Call IVS 1-855-656-0296

DISH NETWORK. \$64.99 for 190 Channels! Blazing Fast Internet, \$19.99/mo. (where available.) Switch & Get a FREE \$100 Visa Gift Card. FREE Voice Remote. FREE HD DVR. FREE Streaming on ALL Devices. Call today! 1-855-736-4350

EARTHLINK HIGH SPEED INTER-NET. As Low As \$49.95/month (for the first 3 months.) Reliable High Speed Fiber Optic Technology. Stream Videos, Music and More! Call Earthlink Today 1-866-305-7264

HUGHESNET SATELLITE INTERNET - 25mbps starting at \$49.99/mo! Get More Data FREE Off-Peak Data. FAST download speeds. WiFi built in! FREE Standard Installation for lease customers! Limited Time, Call 1-877-567-2866

MISCELLANEOUS

WALK-IN TUB. Comprehensive lifetime warranty. Top-of-the-line installation and service. Now featuring our FREE shower package and \$1600 Off for a limited time! Call today! Financing available. Call Safe Step 1-844-803-1282

HANDS ON THE RIVER MASSAGE, Geraldine Gardner, LMT, 3422 Pennsylvania Ave., Charleston, WV. Call (304) 541-9139 for an appointment.

TODAY with a GENERAC home standby generator \$0 Money Down + Low Monthly Payment Options Request a FREE Quote. Call now before the next power outage: 1-844-901-2301

THE GENERAC PWRCELL, a solar plus battery storage system. SAVE money, reduce your reliance on the grid, prepare for power outages and power your home. Full installation services available. \$0 Down Financing Option. Request a FREE, no obligation, quote today. Call 1-833-310-1895

ELIMINATE GUTTER CLEANING FOR-EVER! LeafFilter, the most advanced debris-blocking gutter protection. Schedule a FREE LeafFilter estimate today. 15% off Entire Purchase. 10% Senior & Military Discounts. Call 1-844-295-2840

WESLEY FINANCIAL GROUP, LLC TIMESHARE CANCELLATION EX-PERTS Over \$50,000,000 in timeshare debt and fees cancelled in 2019. Get free informational package and learn how to get rid of your timeshare! Free consultations. Over 450 positive re-

WEST VIRGINIA ASSOCIATION • SERVICES • FOUNDATION

Or WVPA at 1-800-235-6881 or Visit www.wvpress.org

Place YOUR statewide ad today any of three easy ways:

Call classifieds at this Newspaper



LEGAL

(2021-S-00000004 - Greenbrier County - CAMPSITE LLC)

To: AMANDA TREVIO WHITE, DONALD RYAN LINTON, DONNA F. LINTON, LEAH QUICK, ADMINISTRATRIX STEPHEN LINTON, or heirs at law, devisees, creditors, representatives, successors, assigns, all known heirs, guardians, conservators, fiduciaries, administrators, lienholders, co-owners, other parties having an undivided interest in the delinquent property, and other parties that may have any interest in the subject property.

DISTRICT WHITE SULPHUR CORP **MAP** 11 **PARCEL** 0202 0000 You will take notice that CAMPSITE LLC, the purchaser of the tax lien(s) on the following real estate, Certificate of Sale: 2021-S-00000004, P/O LT 20 GREATER GRETNA GREEN ADD 65X90 GBR AVE, located in WHITE SULPHUR CORP, which was returned delinquent in the name of LINTON STEPHEN L ET UX, and for which the tax lien(s) thereon was sold by the sheriff of Greenbrier County at the sale for the delinquent taxes made on the 17th day of November, 2021, has requested that you be notified that a deed for such real estate will be made to him or her on or after April 23, 2023, as provided by law, unless before that day you redeem such real estate. The amount you will have to pay on the last day, April 22, 2023, will be as follows:

2025, will be as follows.			
Amount equal to the taxes and charges due on the date of the sale, with interest,	\$	707.50	
to April 22, 2023.			
Amount of subsequent years' taxes paid on the property, since the sale, with	\$	566.34	
interest to April 22, 2023.			
Amount paid for the Title Examination and preparation of the list to be served	\$	1,026.54	
and for preparation and service of notice with interest from January 1, 2022,			
following the sheriff's sale to April 22, 2023.			
Amount paid for other statutory costs with interest from following the sheriff's sale	\$	87.14	
to April 22, 2023.			
Total Amount Payable to Sheriff - cashier check, money order or certified check	\$	2,387.52	
must be made payable to the The Honorable Bruce Sloan, Sheriff and Treasurer			
of Greenbrier County.			
Cost of Certification of Redemption - cashier check, money order or certified check	\$	35.00	
must be made payable to the The Honorable John B. McCuskey, State Auditor.			
You may redeem at any time before April 22, 2023, by paying the above	ve tot	al	
less any unearned interest.			
Return this letter and both certified funds to the			
WV State Auditor's Office,			
County Collections Division			
1900 Kanawha Boulevard East, Building 1, Room W-114			
Charleston, West Virginia 25305			

Questions please call 1-888-509-6568 option 2

LEGAL

(2021-S-00000030 - Greenbrier County - MYRON VAUGHAN)

To: CHRISTOPHER JENNINGS BROWN, TEDDY LEE BROWN, ESTATE OF PATRICIA BROWN, or heirs at law, devisees, creditors, representatives, successors, assigns, all known heirs, guardians, conservators, fiduciaries, administrators, lienholders, co-owners, other parties having an undivided interest in the delinquent property, and other parties that may have any interest in the subject property. DISTRICT ANTHONY CREEK MAP 28P PARCEL 0014 0002

You will take notice that MYRON VAUGHAN, the purchaser of the tax lien(s) on the following real estate, Certificate of Sale: 2021-S-00000030, 0.06 AC RESIDUE OF PCL 14 3RD AVE SEE SURVEY WITH, located in ANTHONY CREEK, which was returned delinquent in the name of BROWN PATRICIA ESTATE, and for which the tax lien(s) thereon was sold by the sheriff of Greenbrier County at the sale for the delinquent taxes made on the 17th day of November, 2021, has requested that you be notified that a deed for such real estate will be made to him or her on or after April 24, 2023, as provided by law, unless before that day you redeem such real estate. The amount you will have to pay on the last day, April 23, 2023, will be as follows:

Amount equal to the taxes and charges due on the date of the sale, with interest,	\$	102.77
to April 23, 2023.		
Amount of subsequent years' taxes paid on the property, since the sale, with	\$	8.42
interest to April 23, 2023.		
Amount paid for the Title Examination and preparation of the list to be served	\$	1,052.04
and for preparation and service of notice with interest from January 1, 2022,		/
following the sheriff's sale to April 23, 2023.		
Amount paid for other statutory costs with interest from following the sheriff's sale	\$	130.71
to April 23, 2023.		
Total Amount Payable to Sheriff - cashier check, money order or certified check	\$	1,293.94
must be made payable to the The Honorable Bruce Sloan, Sheriff and Treasurer		,
of Greenbrier County.		
Cost of Certification of Redemption - cashier check, money order or certified check	\$	35.00
must be made payable to the The Honorable John B. McCuskey, State Auditor .	+	
You may redeem at any time before April 23, 2023, by paying the abo	ve tot	al
less any unearned interest.		
Return this letter and both certified funds to the		
WV State Auditor's Office,		
County Collections Division		

1900 Kanawha Boulevard East, Building 1, Room W-114 Charleston, West Virginia 25305

Questions please call 1-888-509-6568 option 2



LEGAL

ADVERTISEMENT

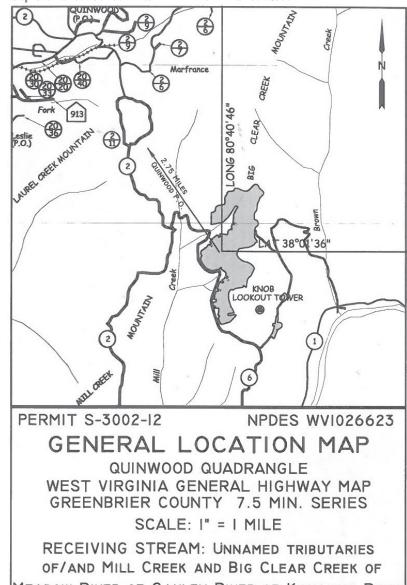
Notice is hereby given that PRINCESS POLLY ANNA & JCT ENTERPRISES, LLC, PO BOX 207, LEWISBURG WV 24901 has a permit on file with the Department of Environmental Protection (DEP) for the surface mining of approximately 287.26 acres and has submitted an application to the DEP, 1159 Nick Rahall Greenway, Fayetteville, WV 25840, for renewal of Article 3 Permit Number S300212 to operate a surface, auger and highwall mine and haulroad in the Sewell and splits there of, Castle and Hughes Ferry seam of coal.

The operation is discharging into unnamed tributaries of/and Mill Creek and Big Clear Creek of Meadow River of Gauley River of Kanawha River and is located 2.75 miles southeast of Quinwood in Meadow Bluff District of Greenbrier County, Longitude 80° 40' 46" and Latitude 38° 1' 36" (Coordinates from USGS Topographic Map).

Surface of the area associated herewi	th is owned by:
NAME	ADDRESS
Frederick J. Taylor	915 Clay Street, Rupert, WV 25984
Frank Spencer	106 Nicholas Ave, Rainelle, WV 25962
Weyerhaeuser Company	PO Box 89, Fairfield, ME 04937
Big Mountain McKenzie LLC	1013 Elm Crest Ct, Morgantown, WV 26508
Merry Gordon III & William	65 Oakwood Road, Huntington, WV 25701
*and the mineral associated herewith	is owned by:
NAME	ADDRESS
Highland Mineral Resources, LLC	876 North Jefferson Street, Lewisburg, WV 24901
Frederick J. Taylor	915 Clay Street, Rupert, WV 25984
*and the mineral within 100 feet of th	he permit area is owned by:
NAME	ADDRESS
Orndorff Nolan Wayne Orndorff	595 Fullsweep E, Hardeeville, SC 29927
Jeffrey & Bruce	
Highland Mineral Resources, LLC	876 North Jefferson Street, Lewisburg, WV 24901
Surface of the area within 100 feet of	f the permit area is owned by:
NAME	ADDRESS
Johnathon Fisher	PO Box 405, Rupert, WV 25984
Weyerhaeuser Company	PO Box 89, Fairfield, ME 04937
Frederick J. Taylor	915 Clay Street, Rupert, WV 25984
Harold McClung	c/o Crystal Deitz, HC 71 Box 137B, Crawley, WV 24931
Orndorff Nolan Wayne Orndorff	595 Fullsweep E, Hardeeville, SC 29927
Jeffrey & Bruce	
James Allen Facemire	c/o Sheila K Facemire, 2911 Firefly Lane, Albany, GA 31721
Mount Zion Cemetery Trustees	c/o Ronnie McClung, 143 Maple Drive, Rupert, WV 25984
Turley Joseph C III Revocable Trust	PO Box 10818, Blacksburg, VA 24062

Written comments and/or requests for an informal conference of the permit renewal application shall identify the applicant and application number and will be received by the Permit Supervisor at the DEP address above until April 3, 2023, or thirty (30) days from the date of final publication. A copy of the application will be available for review until April 3, 2023, or thirty (30) days from the date of final publication in the DEP Regional Office located at the address above and is available at:

http://apps.dep.wv.gov/WebApp/ dep/Search/ePermitting/ePermittingApplicationSearchPage.cfm The above link can be accessed from a computer at all West Virginia public libraries. Permit Number: S300212 DEP Telephone Number: 304-574-4465



Sunday, March 12

MEADOW RIVER OF GAULEY RIVER OF KANAWHA RIVER

GUARANTEED Life Insurance up to \$15,000.00

Modified Whole Life Insurance from Physicians Life Insurance Company

- Cash to help pay funeral or other final expenses
- Guaranteed acceptance ages 45 to 85*
- No medical exam, no health questions

Call for FREE Information

1-888-217-5559 or go to life55plus.info/wv

You'll also get a FREE Final Wishes Planner!

6236 *Ages may vary by state. Guaranteed for one of these life insurance policies. Benefits reduced first two years. Insurance Policy L770 (ID: L770ID; OK: L770OK; TN: L770TN).

FOR ALL YOUR LEGAL ADVERTISING NEEDS, EMAIL LEGALADS@MOUNTAINMEDIANEWS.COM

> OR CALL 304-647-5724

www.mountainmessenger.com	11	те меекепи гарег	FOI THE Greenblie	r valley - March 4, 2		essenger - J
	 The media center at the U.S. Open Tennis tournament is named in honor of what flamboyantly dressed journal- ist and sportscaster? What 1972 arcade video game from Atari was based on table tennis? 	3. Bucky the Bison is the official mascot of what Patriot League university's athletic programs?4. What document sold for	d c es,		what name before his visa from the Dominican Republic was discovered to be fraudulent in 2012? 7. According to Abe Simpson (voice	laneta) Simpso ircut yo
		C		*^~~~~	d to	RCHBEARERS
	ACROSS 1 Bell sounds 6 Headwear for the slopes 12 Dinner, e.g. 16 Truckload 19 Politico Palin 20 14th-century sculptor Andrea 21 Impala, e.g. 23 Pairs figure skater who won 10	 46 Fabled man? 50 Confounded 51 Tiny division of a min. 52 First female figure skater to land a triple axel in competition [1998] 56 Sportscaster Bob 59 Nearly dried- 	 84 Phoenix Suns point guard who was the 2005 and 2006 NBA MVP [2010] 86 Not on time 88 Pope's crown 92 Trial excuse 93 1950s-'60s champion decathlete [1984] 	Korean airline 125 Twinkie filling 126 Suffix with Japan 127 Award for Mel Brooks 128 Hankered 129 Braga of film DOWN 1 Sorority letter 2 Musical gift	 32 Little children 33 Thing at the end of a foot 35 To no — (in vain) 38 Reduced by 39 "Botch-—" (1952 hit) 43 "Notorious" screenwriter Ben 44 Ex-Rocket Ming 45 Without 	 81 Back of a 45 82 Suffix with prank or mob 83 Ordinal suffix 85 Scottish port on the North Sea 87 Sternward 89 Concerning 90 Muddy up 91 Diarist Frank 93 Skedaddled 94 Voicer of
" and you call yourself a	consecutive world titles [2014]	up sea 61 Shot glass 62 Uninteresting 65 Prefix with	96 Here, in Paris99 Icelandic literary saga101 Some jazz	3 Meyers of TV 4 Sri — 5 Wrap over	instrumental backup 47 Stay a while	Olaf in "Frozen" 95 Award for
SCRAMBLERS Unscramble the letters within each rectangle to form four ordinary words. Then	25 Frozen cube producer	athlete 66 Imitator	combos 102 Solder metal	the shoulders 6 Financial	48 Large bay window	Mel Brooks 96 Not outdoors
rearrange the boxed letters to form the mystery word, which will complete the gag!	26 Figure skater Michelle	67 Opponent 68 Peace activist	103 Alpine	backer 7 Joke around	49 Porker	97 Brings about
STORN	27 "Hack My	Yoko	Canada's	8 Lacks entity	52 Artist Chagall 53 Some horror	100 Nov. follower
^{вод} WEALS	Life" channel 29 Pooh creator	69 What this puzzle's	female athlete of the	9 What fur is 10 Per —	film helpers 54 Mortise insert	104 251, to Ovid 105 Matzo's lack
Avoid GEDDO	30 Stimulus for a	featured	20th century	(by the year)	55 Maine city	106 Arrive at
Pilfer	reaction 34 "The	athletes did in the years	[2010] 108 Salad endive	11 Flawlessly 12 — tai	57 Singer Gwen 58 Jogging gait	107 Wipe clean 109 Baldwin and
CHAPO	Greatest"	indicated	111 Go places	13 Slept in tents	60 Actress Tara	Waugh
TODAY'S WORD	boxer [1996] 36 Spanish gold	74 "As I see it," to texters	112 Monte — 115 Physically fit	14 Top players 15 Helping	62 Radar spots 63 Ceiling	110 Back in style 113 "You ain't —!"
	37 Alley Oop's	75 O'er and o'er	116 All by oneself	theorem	64 Make up for	("Amen!")
	airlfriend	76 Stared at	119 Hookov	16 Writer Alice	66 — nitrito	11/ Put act

girlfriend

abbr.

41 Barrett of

42 Australian

40 "Please reply"

Pink Floyd

sprinter who

76 Stared at

77 NHLer Bobby

79 It's hit in a

fiesta

surprise ..."

81 Lavish dance

118 Hockey

player voted

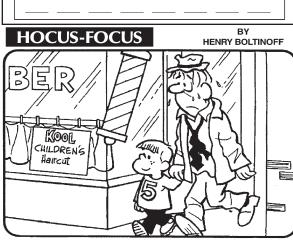
male athlete

of the 20th

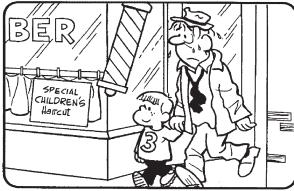
century

[2010]

Canada's



Find at least six differences in details between panels.



Differences: 1. Sign is different. 2. Drape is shorter. 3. Pole stripes are reversed. 4. Number is different. 5. Hat is moved. 6. Tie is shorter.

Weekly SUDOKU

by Linda Thistle

8				2				1
		9			8	2		
	1		4				6	
	6				3	4		
3			1				7	
		2		7		6		3
		7	5				9	
	4			6				5
5					9	8		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦ ♦ ♦

Moderate
 Challenging
 HOO BOY!

© 2023 King Features Synd., Inc.

i	specia in the meters	400	8 [00	Sm	o in Ioke" rsona		1 23 \		shield ensatic	on (28 VC 30 — 31 "I s	-Cola	à	80	Direc	er Bob ctor ernay	12	22 Sir	hek nging umac	
1	2	3	4	5		6	7	8	9	10	11		12	13	14	15		16	17	18
19						20					$\left \right $		21			$\left \right $	22			
23					24	-	\square				$\left \right $		25			$\left \right $				
			26					27	$\left \right $		+	28		29		$\left \right $			<u> </u>	$\left \right $
30	31	32	-	\square		-	33			34	+		35	-	$\left \right $	+	$\left \right $		-	$\left \right $
36		$\left \right $			37	-	+	38	39		40							41		$\left \right $
42		\vdash	43	44	 	-	+	-	\vdash	45	-		46	$\left \right $	47	48	49			
50		$\left \right $					51			\vdash		52	-			+		53	54	55
			56	$\left \right $	57	58	-			59	60	l	-		61	+	-		-	$\left \right $
62	63	64	-		65	-	+		66	-	+			67	I	+		68		+
69	+	+	+	70	4	-	+	71	┥	-	+	-	72	 	-	+	73	4	-	$\left \right $
74		$\left \right $		75	-			76	\vdash	\vdash	+		77				78		-	$\left \right $
79	-	-	80	4	-		81	4	<u> </u>	-		82	4	-	+	83	 			
84		-	+			85	4			86	87	4	-			88	-	89	90	91
			92	\vdash	-	-	\vdash		93	–	\vdash	-	\vdash	94	95	┞	+	-	├	+
96	97	98				99	+	100			101		-	+				102		-
103	+	\vdash	104	105	106	4	+	\vdash	├──	107			108	\vdash	\vdash	109	110	4	├	┝
111		+						112				114		115	+	+	+			
116		\vdash	+	_	–	–	117		118	–	+	-	119		+	\vdash	+	120	121	12
123		<u> </u>	+						124					+		125	+			-
126		<u> </u>		127	<u> </u>	<u> </u>	<u> </u>		124	–	<u> </u>	<u> </u>	-	-		129		-	_	\vdash
120				161					120							120				

16 Writer Alice

17 Not in private

18 Water nymph

В. —

22 Placed

24 Like a —

sunshine

66 — nitrite

(vasodilator)

67 Game similar

to baccarat

70 Ritz or Hilton

72 Social circle

71 "You bet!"

114 Put — act

119 Arizona-to-

120 Buddhist

sect

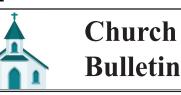
121 Chiang -

117 Uninteresting

Kansas dir.

PUZZLE ANSWERS PAGE 6

CLUB & CHURCH RCBC wraps up Denim Day donations



Women's ministry to hold spring Bible study

The women's ministry of the First Baptist Church of Fairlea invites ladies of all ages to join them in their spring Bible study. This is a seven-session study, meeting on Monday evenings from 6:30 to 8 p.m. starting Mar. 6.

WSS Tilapia Dinners continue for Lenten Season

The traditional Lenten fried or baked tilapia dinners, served in the White Sulphur Springs Community Center behind Emanuel United Methodist Church downtown, began Feb. 24 and will continue each Friday through Mar. 31 from 4 p.m. to 7 p.m. The meal consists of tilapia, scalloped potatoes, cole slaw, hard rolls, and your choice of drinks and desserts.

"We held the price down as much as we could, considering inflation," notes Andrew Wrzosek of Waitesville, grand knight of the Greenbrier Valley Council 8689 Knights of Columbus, the sponsoring organization.

Eat in or to-go dinners are available at \$15 for adults, \$8 for children 12 and under, and under 5 years old are free. "We are offering an extra piece of tilapia for an additional \$5," he added. "This is the first time we have offered eat in dinners since the Lenten season in 2020, offering take out only for past two years and we are pleased to offer these methods of service once again."

Proceeds from the dinners go to the community, youth, church, and service projects of the Greenbrier Valley Council which consists of members from Pocahontas, Greenbrier, Monroe, and eastern Fayette counties.

The most recent major project was purchasing and distributing 96 new children's winter coats in the four county area, in cooperation with the Family Resource Network of Pocahontas County; the Wellspring of Meadow River Country, Family Resource Network of Monroe County; Alderson Elementary School, Smoot Elementary School, White Sulphur Springs Elementary School, and gently used winter wear through Wellspring, Family Resource Network of Monroe County; Lewisburg/Fairlea Food Pantry; and the Donald Davis Memorial Toy Fund of Summers and western Greenbrier County.

For further information and directions to the dinners, telephone the office of the Catholic Churches of the Greenbrier Valley 304-536-1813 or Knights of Columbus 304-645-1373.

fundraiser where the Robert C. Byrd Clinic (RCBC) team has the chance to break the dress code policy if they donate \$2 to a local charity each Friday. Every year, we all vote to decide which charity receives these funds. Over the past few weeks, we have focused on some of these local organizations who do so much for those in need.

"Denim Day" is a

For our final week, we are putting the spotlight on WV Kids Cancer Crusaders. This organization was created as a collaborative group of individuals, medical professionals, and organizations who promote awareness, support, education, and a unified voice in support of those children who are fighting cancer. They believe no one should fight this battle alone.

Robert C. Byrd Clinic thanks you for the service you provide for WV families who are waging a battle against cancer. We are proud to be able to help in any way we



Accepting the check on behalf of the Greenbrier Humane Society are Merida Doss, executive director (left); Administrative Assistants Sarah Wiley and Nikita Honaker; and Millie!

can! To discover more about this non-profit organization, please go to wvkidscc.org.

Last week, they put the spotlight on the Greenbrier Humane Society. The mission of this nonprofit is to protect animals from neglect/ abuse and exploitation, to advocate for their interest and welfare, and to inspire awareness and compassion for all living things. They provide services such as a spay/ neuter program, adoption, lost & found, and educational programs with area schools!

Robert C. Byrd Clinic thanks the Greenbrier Humane Society for the service they provide for the animals in our community and are excited to be able to help in any way we can!



Carnegie Classics Series continues March 18



Barbara Nissman/Montclaire String Quartet

Carnegie Hall's Classics Series is a three-concert series hosted by Steinway "Legend" and Lewisburg resident Barbara Nissman, designed to introduce classical music and Carnegie Hall to new audiences, as well as inspire and entertain current classical music enthusiasts.

The first concert, A Valentine Concert - More Music to Love!, on Feb. 11 was performed to a packed house in the Hamilton Auditorium. The Series continues with Gershwin Meets Brahms! on Saturday, Mar. 18, at 7:30 p.m. The concert will feature Nissman who will be joined by her friends from The Montclaire Quartet. The program opens with Gershwin's beautiful Lullaby for string quartet and continues with Nissman at the piano introducing some of her favorite pieces by Brahms, concluding with a rousing performance of the Brahms Piano Quintet performed by Nissman and the Montclaire. You won't want to miss this exciting program!

The Montclaire String Quartet is celebrating over 30 seasons as West Virginia's premier string quartet. The quartet has previously served as Artists-in-Residence at West Virginia State University and the West Virginia Symphony.

Barbara Nissman is an internationally renowned concert pianist and since 1989 has been a West Virginian "by choice," residing on a farm in Greenbrier County. Inducted into the inaugural class of Steinway Legends chosen from more than a century of Steinway Artists, Nissman is regarded as one of the world's great concert pianists. With a mission to bring her passion and joy to audiences around the world, Nissman continues to inspire and uplift people through her music. In 2014 she formed her own record label, Three Oranges Recordings, that now includes a discography of over 30 recordings with many more projected for the future. In 2017 the Three Oranges Foundation was established to further its mission of making classical music accessible to a wider audience and to promote Barbara's various educational projects including a series of educational video master classes.

For more information on Barbara Nissman please visit www.barbaranissman.com.

Carnegie Classics Series final concert of spring 2023 will be Schubert Goes Fishing! on Saturday, May 13.

Tickets are \$20. Thanks to the Benedum Foundation, adults over 50 years of age have the option of purchasing two tickets to an individual performance for the price of one. Students 18 years of age and younger receive free admission. For more information or to purchase tickets, visit www.carnegiehallwv.org, call 304-645-7917, or stop by 611 Church Street, Lewisburg.

The Carnegie Classics Series is made possible with support from the James F.B. Peyton Fund, with additional funding by Eugene and Annie Jeffus. Carnegie Hall WV is a nonprofit organization supported by individual contributions, grants, and fundraising efforts such as TOOT and The Carnegie Hall Gala. This engagement of Gershwin meets Brahms! is made possible with support from the National Endowment for the Arts and the West Virginia Division of Culture and History, with approval from the West Virginia Commission on the Arts.

Carnegie Hall Calendar of Events

Spring 2023 Classes & Workshops: Carnegie Hall offers learning opportunities starting in February and continuing through May. Classes and workshops include woodturning, hand crafting tea pots and mugs, sausage making, salt-rising bread making, soap making, making Appalachian Medicinals, guided ceramic projects for all ages, painting, drawing, printmaking, basket weaving, fiber arts, craft jewelry, and leather craft. To register or for more information visit carnegiehallwv.org.

Friday, Mar. 10: Mainstage Lounge - Join Carnegie Hall for Chatham County Line Mainstage Lounge preshow reception in the Board Room from 6:30 to 7:15 p.m., Friday, Mar. 10. Free admission. Cash bar and snacks available.

Friday, Mar. 10: Chatham County Line -Mainstage Performance on Friday, Mar. 10, at 7:30 p.m. featuring Chatham County Line. Americana staple of the North Carolina music scene for over two decades. Tickets start at \$23.

Saturday, Mar. 18: Preshow Lounge - Join Carnegie Hall for a Carnegie Classics Preshow Reception in the Board Room on Saturday, Mar. 18, at 6:30 p.m. Free admission. Cash bar and snacks available.

Saturday, Mar. 18: Gershwin Meets Brahms! - The Carnegie Classics Series presents-Gershwin Meets Brahms! featuring Barbara Nissman with The Montclaire String Quartet on Saturday, Mar. 18, at 7:30 p.m. Join Carnegie Hall for more of Barbara's favorites as she showcases the music of Gershwin and Brahms.Individual performance tickets are \$20. Buy One Get One Free available for patrons 50

years of age and older. Students 18 years old and younger are admitted free but must reserve a ticket. Call for discounted/free tickets or more information.

Thursday, Mar. 30: Second Stage Lounge -Join Carnegie Hall for the Smooth Ambler Second Stage Lounge The Fabulous Baker Sisters Return preshow reception in the Old Stone Room at 6:30 p.m., Thursday, Mar. 30. Free admission. Cash bar available.

Thursday, Mar. 30: The Fabulous Baker Sisters Return - The Smooth Ambler Second Stage Series presents The Fabulous Baker Sisters Return on Thursday, March 30, at 7:30 p.m. Join Carnegie Hall in the Old Stone Roomas The Fabulous Baker Sisters Return for a night new and classic funny stories, memories, and monologues. Tickets are \$15.

Rotating Galleries:

Old Stone Room Gallery - 29th Annual Creative Youth Art Exhibit. Awards ceremony and reception Mar. 6, at 6 p.m.

Museum Gallery -Works by Trish Tuckwiller. Runs through Mar. 31. Lobby Gallery -Works by Kathy Talley. Runs through Mar. 31.

Permanent Exhibit:

Arts from the Ashes: The History of Carnegie Hall - The exhibit features memorabilia, photographs, artifacts and more of Carnegie Hall since its construction in 1901. Located on the second floor. Free admission

Carnegie Hall is open Monday - Friday, 10 a.m. to 4 p.m. For more information, please visit carnegiehallwv.org, call 304-645-7917, or stop by 611 Church Street, Lewisburg.

Steppin' Out

Chatham County Line to perform March 10



Chatham County Line

Carnegie Hall's Mainstage Performance Series continues with Chatham County Line Friday, Mar. 10, at 7:30 p.m. Guests are invited to come early for the free Mainstage Lounge Preshow Reception from 6:30 to 7:15 p.m. in the Board Room. A cash bar and snacks are available.

Chatham County Line has been a staple of the North Carolina music scene for over two decades. Embracing the heart-worn songwriting and rough-hewn voice of leader Dave Wilson the band has graced stages all across the U.S. as well as Europe, Scandinavia, Ireland and the United Kingdom. With eight studio albums of original material to pull from, CCL has a sound all their own and a live show to match. Songwriter, guitarist and vocalist Dave Wilson pulls tunes out of an ether that is inspired by a shelf bending collection of vinyl records from the 1920's to the 2020's. One listen to their all covers release "Sharing the Covers" from 2019 will give you an idea of those inspirations, with songs from the likes of Wilco and Beck shared with those of John Lennon, Tom Petty and John Hartford.

With the recording of 2020s Yep Roc Records release Strange Fascination the band decided to push their sound a little bit more into the modern world and embrace the use of drums both in studio and onstage. "We've had drums on several albums, most notably Wildwood, and our audience always responded well to those tunes" says Dave Wilson. John Teer who rotates from Mandolin to Fiddle all while singing soaring harmony adds "We've done an Electric Holiday Tour for the past 12 years that features an expanded group of musicians on the stage so we're no stranger to a backbeat."

With 20 years behind and clear skies ahead, look for Dave Wilson (acoustic & electric guitars, harmonica), John Teer (mandolin, fiddle), and Greg Readling (standup bass, pedal steel) as well as North Carolina staple Dan Hall on drums to keep traveling the highways, byways and airways to share their special canon of songs with the world.

Tickets start at \$23, and discounts are available for Carnegie Hall members, students, senior citizens, and military. To purchase tickets, call Carnegie Hall Box Office at 304-645-7917, visit www.carnegiehallwv.org, or stop by at 611 Church Street, Lewisburg. Carnegie Hall Box Office is open Monday through Friday, 10 a.m. until 4 p.m.

This engagement of Chatham County Line is made possible with support from the National Endowment for the Arts and the WV Division of Culture and History, with approval from the WV Commission on the Arts.

Additional Concerts announced for State Fair

State Fair Officials are excited to announce the addition of Whiskey Myers, Zach Williams and Riley Green to the 2023 State Fair of West Virginia Concert Lineup.

Zach Williams will take the stage Wednesday, Aug. 16, at 8 p.m., while Riley Green will perform Thursday, Aug. 17, at 8 p.m. Whiskey Myers will appear at the State Fair of West Virginia on Friday, Aug. 18, at 8 p.m. Tickets for each show will go on sale Friday, Mar. 3, at 10 a.m.

"We are thrilled with the additions of Whiskey Myers,

you'll also see it in his unfiltered storytelling - how he went from a tiny town to international stardom, selling out shows, toppling charts, and collaborating with the likes of Dolly Parton. Along the way, he battled addiction, anxiety and insecurity, coming out on the other side with a whole lot to say.

Riley Green

Born in Jacksonville. Alabama. Riley Green was raised on the sounds of traditional Country, Bluegrass, and Southern Gospel music. He learned the spirit of songwriting and performing at a young age while spending time with his grandfather, Bufford Green, who ran the Golden Saw Music Hall. Riley shared the stage with him and other men of his generation, laying a foundation for the songs he'd craft in the years to come. His fulllength debut album DIFFERENT 'ROUND HERE was released in 2019 via BMLG Records and has produced GOLD-certified No. 1 hit "There Was This Girl" and GOLD-certified single "I Wish Grandpa's Never Died" - a song People praised "might take him to a whole new stratosphere." and one he shares co-writing credits posthumously alongside his two grandfathers. Highlighting his Southern roots and relatability, he co-wrote each track offering a perspective Rolling Stone describes as "Drinks-in-the-air Nineties country at an Alabama vs. Auburn tailgate." Named ACM's New Artist of the Year, Green just announced his next EP, "IF IT WASN'T FOR TRUCKS" will be released Sept. 11. Nominated for Best New Country Artist at the iHeart-Radio Music Awards, he was also voted as one of CRS' 2020 New Faces and was named MusicRow's Breakout Artist of the Year at their Country Breakout Awards. Green was also selected as a CMT "Listen Up Artist" and one of MusicRow's 2019 "Next Big Things." After 2019 on Brad Paisley's 2019 WORLD TOUR, his own GET THAT MAN A BEER TOUR and Jon Pardi's HEARTACHE MEDICATION TOUR he kicked off 2020 on Jason Aldean's WE BACK TOUR through the spring. For more information visit RileyGreenMusic. com



Carnegie Hall's Winter Art exhibits refresh for March



Trish Tuckwiller Exhibit in the Museum Gallery

Carnegie Hall's Winter Exhibits change for March. Trish Tuckwiller will open a new exhibit in the Museum Gallery and the Old Stone Room will become the home of the Creative Youth Art Exhibit. The Auditorium Lobby Gallery will remain to feature basket weaver Kathy Talley's exhibit Appalachian Baskets. A Meet the Artist reception will take place on Friday, Mar. 3, at 5:30 p.m. in the Museum Gallery for the Trish Tuckwiller Exhibit. Her new show features several new pieces of art. Refreshments will be served. The Creative Youth Art Exhibit is an annual juried art show that features the talent and imagination of Greenbrier County students in grade 4-12. Children from public, private, and home schools submit their work for this juried art exhibit. The Exhibit will open Monday, Mar. 6 with an Awards Ceremony and reception for all participating students and families and will run through the end of the month. The exhibits are free and open to the public, Monday through Friday, 10 a.m. to 4 p.m. For more information, please visit carnegiehallwv.org, call 304-645-7917, or stop by the Hall at 611 Church Street, Lewisburg.

Zach Williams and Riley Green to the 2023 Concert Series," State Fair CEO Kelly Collins stated. "Routing for the artists featured in this year's lineup truly worked in our favor, and we cannot wait for the 98th Annual State Fair of West Virginia."

Tickets will only be available via ETIX at http://statefairofwv.com/entertainment/ or by calling 1-800-514-ETIX (3849) Monday through Friday 9 a.m. to 6 p.m., or Saturday from 9 a.m. to 5 p.m. Tickets will not be sold at the State Fair Box Office until later this spring.

The 98th Annual State Fair of West Virginia is slated for Aug. 10-19, 2023.

Whiskey Myers

Genre-bending band Whiskey Myers have played more than 3,000 live shows to ever-increasing crowd sizes since their emergence in 2007. Their self-produced fifth studio album, WHISKEY MYERS, out now on the band's own Wiggy Thump Records, debuted at No. 1 on both the Country and Americana/Folk sales charts, at No. 2 on the Rock chart and No. 6 on the all-genre Billboard 200 chart. The self-titled project follows their previous album, Mud, which reached No. 1 on the iTunes Country chart with single "Stone" hitting Top 10 all-genre. In total, Whiskey Myers have sold more than 1.2 million albums and amassed over 1.5 billion streams while earning three RIAA Gold certifications. USA Today describes the band led by frontman Cody Cannon as "a riff-heavy blend of Southern rock and gritty country that has earned comparisons to the Allman Brothers Band and Led Zeppelin," with Rolling Stone noting "it's the seminal combination of twang and crunchy rock & roll guitars that hits a perfect sweet spot." The band known for their high-energy live show and unique sound has also earned sync success with features (and an appearance) in Paramount Network's hit show "Yellowstone" as well as the Renee-Zellweger-led Netflix series "What/If," the Angellina Jolie film "Those Who Wish Me Dead" and the hit CBS series "SEAL Team." For more information, visit www.whiskeymyers.com and follow on social media @WhiskeyMyers

Zach Williams

Music is supposed to feel "lived-in," not unlike a favorite old jacket or a first car. At least, that's what multplatinum, two-time GRAMMY Award-winning Arkansas-born and Nashville-based maverick Zach Williams would say. Through a fusion of southern rock spirit and country soul, Zack creates music with an exterior which is worn down in the best way, but all heart underneath rough guitar riffs and gravelly vocals.

You'll not only hear his journey in the music, but

For full artist bios, visit www.statefairofwv.com



Whiskey Meyers



STEPPIN' OUT

Carnegie Hall and Greenbrier Historical Society present renowned Poet Nikki Giovanni



Nikki Giovanni

As part of Carnegie Hall's Appalachian Heritage Lecture Series, Carnegie Hall and Greenbrier Historical Society, with additional support from the Lewisburg Literary Festival and A New Chapter Bookstore, present Affrilachian: Selected Readings by Nikki Giovanni on Sunday, Mar. 19, at 3 p.m. Giovanni is an awardwinning poet, author, civil rights activist, and has even been named as one of Oprah Winfrey's 25 "Living Legends."She will also be available following the lecture, as guests are invited to the North House Museum'sTavern & Parlorfor a "Book Signing/Meet the Author" reception.

Poet Nikki Giovanni

was born in Knoxville. Tennessee, on June 7, 1943, and grew up in Cincinnati, Ohio. She graduated with a degree in history from Fisk University. A world-renowned poet and one of the foremost authors of the Black Arts Movement, her notable books of poetry are Black Judgment (1968) and Those Who Ride the Night Winds (1983), which were influenced by her participation in the Black Arts Movement and Black Power movement in the 1960s.

Giovanni has published numerous collections of poetry - from her first selfpublished volume, Black Feeling Black Talk (1968), to New York Times best seller Bicycles: Love Poems (2009). She has written several works of nonfiction and children's literature and made multiple recordings, including the Emmy-award nominated The Nikki Giovanni Poetry Collection (2004). Her most recent publications include Make Me Rain: Poems & Prose

(2020); Chasing Utopia: A Hybrid (2013); and, as editor, The 100 Best African American Poems (2010). She has published more than two dozen volumes of poetry, essays, and edited anthologies and 11 illustrated children's books, including Rosa, an awardwinning biography of Rosa Parks.

Giovanni has received numerous awards, including the 2022 Ruth Lilly Poetry Prize, the inaugural Rosa L. Parks Woman of Courage Award, the American Book Award, the Langston Hughes Award, the Virginia Governor's Award for the Arts, the Emily Couric Leadership Award, a Literary Excellence Award. She is a seven-time recipient of the NAACP Image Award. Her autobiography, Gemini, was a finalist for the 1973 National Book Award. In 2004, her album, The Nikki Giovanni Poetry Collection, was a Grammy finalist for Best Spoken Word Album.

Giovanni's work ex-

plores race, gender, sexuality, and the African American family. Her poetry was political and worked to uplift the black experience in the arts and as part of the Black Arts Movement. Giovanni also dedicated herself to uplifting other Black writers, especially Black women writers, such as by editing and publishing Night Comes Softly (1970), an anthology of poetry written by Black women. She also advocates for the right to vote worldwide and supports the right of incarcerated people to vote. She continues to write poetry and recently made headlines for penning a poem titled "Vote" on the importance of vot-

Giovanni has taught at many universities, including Rutgers, Ohio State, and Queens College, City University of New York. She was on the faculty at Virginia Tech since 1987, where she was a University Distinguished Professor. Following the Virginia

ing.

Tech shooting in 2007, she delivered a chant-poem at a memorial for the shoot-ing victims.

Doors to the Hamilton Auditorium will open at 2 p.m. The lecture begins at 3 p.m. Following the lecture, the North House Museum will host a "Book Signing/Meet the Author" reception. Nikki Giovanni will be available for book signings and to chat. A New Chapter now has selected works by Nikki Giovanni available at its location (922 Washington Street East, Lewisburg.) A selection of Nikki Giovanni's work will also be available for purchase at the reception.

Tickets start at \$20 and includes the lecture and reception. To purchase tickets, call Carnegie Hall Box Office at 304-645-7917, visit www.carnegiehallwv.org, or stop by at 611 Church Street, Lewisburg. Carnegie Hall Box Office is open Monday through Friday, 10 a.m. until 4 p.m.

GEHS InvenTeam named State Winner in National Samsung Solve for Tomorrow STEM competition



The Greenbrier East High School team, led by Pre-Engineering Instructor Kevin Warfield (left), includes the following student members: Abby Warfield, Olivia Warfield, Delaney Hamrick, Kendra Culyer, Cam Little, Cole Snyder, Gabe Dowdy, Nate Smith, and Sam Totten. The Greenbrier East High School InvenTeam has been named one of 50 State Winners in the 13th Annual Samsung Solve for Tomorrow competition, receiving a \$12,000 prize package. Solve for Tomorrow is a national competition that challenges U.S. public school students in grade 6-12 to explore the role science, technology, engineering, and math (STEM) can play in solving some of the most significant issues in their local communities.

SCHOOL

The competition engages students in active, hands-on learning applied to real-world problems - making STEM more tangible. State Winners participating in this year's competition have entered their game-changing ideas to tackle environmental sustainability, school safety, water conservation, health, and more.

The GEHS team will invent a cave rescue device to address the local issue of lost spelunkers and cannot find their way out of caves in Greenbrier County. Currently, no quick

methods exist to mark clear paths to guide spelunkers back out of the caves they are exploring. The GEHS team's solution to this problem is a device that acts as a digital trail of breadcrumbs so spelunkers can find their way out or rescuers can find them.
Pre-engineering instructor Kevin Warfield states, "Most lost spelunker incidents arise due to lack of preparation and cave knowledge. We believe we can create a technological solution to prevent cavers from getting lost and help facilitate their safe return to the surface. Our team has discovered that low-frequency radio signals work best when establishing a deep underground connection. These frequencies are detectable above ground. Transmitters are also used for cave rescues as they generate and transmit electromagnetic waves that carry messages to the surface. However, the transponders do not transmit between 9 - 15 miles above the ground. We hope to implement that technology at shorter distances underground to develop our tracking system."
In the next phase of the competition, the field of 50 gets narrowed to 10 National Finalists who will pitch their project to judges during an in-person event in May. Judges will name three teams as National Winners to receive a prize package worth \$100,000. Seven other National Finalists each receive a \$50,000 prize package. In addition, one of the 50 State Winners will be honored as a Sustainability Innovation Award Winner. Additionally, the public will be invited to vote online for one Community Choice Winner, and Samsung employees will name one team as this year's Employee Choice Winner.



Dr. Drema Hill (right) receives the Health Care Hall of Fame award at a Charleston reception held by West Virginia Executive magazine.

WVSOM vice president joins Health Care Hall of Fame

A vice president of the West Virginia School of Osteopathic Medicine (WVSOM) now has one more honor to add to her growing list of accolades.

Drema Hill, Ph.D., MSP, the school's vice president for

BUSINESS

community engagement and development, was inducted into West Virginia Executive magazine's Health Care Hall of Fame on Feb. 21 during a Charleston, WV, reception.

The annual Health Care Hall of Fame recognizes individuals who go above and beyond in West Virginia's health care industry and supporting industries.

Hill said she is grateful for the recognition;"I appreciate this acknowledgment of my long career in public health," she said. "This occasion has caused me to reflect on the past 42 years since I started in health care as a case aide. It has been an interesting learning experience, and I wouldn't trade it for any other career. I'm where I'm supposed to be, doing what I love most."

Greenbrier Valley Board of Realtors Feed the Need Program grants wishes



Abby Spangler (front) and Josiah Spangler (rear) both co-Directors and soon to be directors of the Wellspring of Greenbrier Inc., stand with Robert Bittinger (right).

Robert Bittinger Jr., Chairman of the GV-BOR's Feed the Need Program, said that at each year-end meeting with all the Food Pantry Directors he asks if any director or pantry has a needed "wish item." In the year 2022

there were three of these wish items.

On Thursday, Feb. 23, Bittinger followed the Lowe's delivery team to Wellspring of Greenbrier Inc. to deliver a new GE flat top range/oven, then to the First Baptist Church of Rainelle Food Pantry to deliver a new Whirlpool deep chest freezer, and lastly to Greenbrier Community Services Williamsburg Pantry to deliver another new Whirlpool deep chest freezer.

Bittinger said he is so

proud to be a small part of something this big, and noted, "It's a true honor to represent our Board and all of its very generous members and affiliates. It's amazing to see so many members and affiliates volunteer their time and donate monetarily to our community program. It's through their generosity that enables us to help those in need in our communities. And, these food pantry directors and volunteers are true heroes in our communities!"



Director of the First Baptist Church of Rainelle Food Pantry Ann Thomas (right), volunteer Linda Trickett (middle), and Bittinger.

www.mountainmessenger.com



Many couples now eschew the classic three-tiered white cake in favor of a dessert that garners instant attention. Whether the cake is brightly colored or hand-painted, a towering architectural marvel or shimmering in metallics, couples are opting to make a statement with their confections. Apart from clever cake-toppers, here are ways to stand apart when dessert is served.

According to the Perfect Wedding Guide, a rising trend in cakes is to cover a white or naked cake with translucent glaze tinted in the couple's wedding colors. This artistic expression can be especially stunning in boho-chic weddings.

Statement tiers also are popular. The cake may be traditional in nearly every way, but couples then set the cake apart by featuring an elaborate design or a different hue in one tier.

Martha Stewart Weddings advises that more than just color can be used to make a statement. Lifelike sugar flowers can really set cakes apart. Guests may not be sure if they can consume all aspects of some cakes. But delicate sugar flowers taste as good as they look.

Hand-painted tiles on a cake are another way to add panache. A bride and groom may be inspired by a European vacation or the stained-glass effects of religious windows and want to add that feel to the tiers of the cake.

Sometimes a statement comes by way of texture. Even an all-white cake can be dressed up with interesting textural effects. Ruffles, lace, embossing, and 3-D rosettes are different textural components that can be incorporated in cake designs.

Couples also may want to tell their unique stories with cake. Individual tiers designed to reflect various milestone moments from the couple's relationship can be quite engaging.

Capitalizing on the trend of edgier weddings, couples may opt for darker hues on their cakes (even a black tier) or nontraditional geometric shapes to the cake itself or its design elements.

Statement cakes can really say something about the couple getting married. Much like other wedding elements, cakes provide a window into the minds of happy couples.

Tips to help master your wedding guest list



will host on their wedding day will affect which venue they book and how much food and beverages they'll need to satisfy guests. Couples who hope to stay within budget can consider these tips as they try to build a guest list that won't break the bank.

Accept input. Parents may no longer foot the entire bill for their children's weddings, but couples who are accepting some financial help from parents must also accept Mom's and Dad's input regarding the guest list. Even if parents' desired guests do not ultimately make the cut, it's best to respect their wishes and consider who they want to invite. Couples who are financing their own weddings without outside help need not feel beholden to invite anyone who does not meet their invitation criteria.

Couples can have fun making preliminary guest lists without considering their budgets. A preliminary list can serve as a solid starting point, and couples may even realize that their list is within budget. Once the preliminary lists have been created, couples can categorize guests (i.e., distant cousins, coworkers, etc.) and then work together to determine if any categories can be eliminated from the invitation list. For example, couples who

while others might have limited guest lists to local friends and family. When taking this approach, couples can speak to friends about how they approached handling people who were surprised that they were not on the final list of invitees.

Throw a less formal party down the road. A less expensive backyard barbecue within weeks of tying the knot can serve as a less costly alternative to a large wedding reception. Couples who take this approach can keep their wedding day guest lists to a minimum, but invite everyone they hope to see to a post-wedding day backyard barbecue or pot luck picnic so they can celebrate with everyone they love. Curating a wedding day guest list is no small task. However, couples can try various approaches to keep a guest list more manageable.

Weddings are such momentous occasions that it's no wonder couples want to share their big days with as many people as possible. Though a wedding where all friends, family members and acquaintances are in attendance may be a dream scenario, reality often calls for a more carefully curated guest list.

Data from The Wedding Report indicates that the average cost of a wedding is slightly more than \$20,000, though that figure could be substantially higher, or even lower, depending on where couples tie the knot. Both The Wedding Report and The Knot report that a wedding venue and catering make up a significant percentage of the overall cost of a wedding, with some figures indicating that these expenses account for around 65 percent of the final price tag. The number of guests couples

Make a preliminary list without regard to budget.

may be going over budget with their guest lists can each agree to remove distant cousins from their prospective invitees.

Seek advice. Many couples face difficult decisions regarding their wedding day guest lists, so it can be helpful to speak to a recently married friend or relative to see how they handled paring down their guest lists. Some might have done it by category,



the Tile



Though couples can plan wedding ceremonies and receptions how they see fit, many weddings are steeped in tradition, some of which may be more subtle than others. One longstanding wedding tradition revolves around a bride's attire. Historians differ regarding the origins of the bridal veil, but some trace this tradition all the way back to Ancient Greece.

Others suggest bridal veils were first popularized within the Roman Empire by people who believed that the veil protected the bride from evil spirits as she walked down the aisle. Traditions surrounding bridal veils even differ within various faiths, so the veil may signify one thing at a Jewish wedding and something entirely different at a Christian ceremony.

Veils also have long been seen by some as symbolic of purity. Despite their long-held position in wedding lore and tradition, veils are no longer seen as a must-have. Nor are brides who choose to wear a veil beholden to having it cover their face as they walk down the aisle.

In fact, many modern brides now flip their veils over their head as they walk down the aisle en route to saying, "I do." Regardless of how brides who opt for veils choose to wear them, there's no denying the enduring popularity of this tradition.





Novel gifts for bridesmaids

Brides- and groomsto-be select people who are near and dear to their hearts to be special parts of their momentous days. So the chance to participate in a friend's or family member's wedding is a great honor.

man Wilessenger prese

A wedding party plays a key role in both the ceremony and reception. Participants do everything from helping couples make decisions to addressing invitations to providing emotional support. As so much is asked of the wedding party (particularly the maid/matron of honor and bridesmaids) it's customary to bestow gifts on those people who devoted so much time and effort to the wedding. These potential bridesmaid gifts can serve as a thoughtful and unique to way to thank bridesmaids for all that they've done. Photo books: Gift the bridesmaids with photo books of carefully curated photographs taken throughout the wedding planning experience. Pepper the books with other photos, such as images of you with the bridesmaids at fun moments throughout your lives together.

Portrait wine or champagne glasses: Beverage glasses customized with the bridesmaids' likenesses painted or printed onto them make for great gifts. Bridesmaids will enjoy sipping their favorite drinks in special glasses for years to come.Personalized phone cases: Who doesn't rely on their mobile phones these days? Treat your bridesmaids to something special with colorful phone cases with their names embossed or printed on the outsides.

Wellness or spa gift card: After all of the running around for the wedding, bridesmaids may need a little extra pampering. Gift cards to a local spa can fit the bill.

Birthstone jewelry: Necklaces, rings or earrings become that much more special when theyÕre customized to the recipients. Purchase jewelry with your bridesmaids' birthstones so they'll be as unique as each woman.

bracelets: Friendship Gift each bridesmaid with beaded friendship bracelets that features all of the ladies' initials. Be sure to keep one for yourself, and you all can enjoy nights on the town showcasing your special bracelets.

Monogrammed robes or purses: A customized pocketbook, robe or another item bridesmaids will use every day can make for an extra-special item that will serve as a daily reminder of how much you appreciate them.

Bridesmaid gifts are a great way for brides to thank their bridesmaids for all that they've done to make a couple's wedding day special.

wedding related jitters

Nerves are to be expected when getting married. It is exciting to be engaged and realize you have met that special someone with whom you want to share the rest of your life. But anxiety may creep in as the big day draws closer.

A lot of planning goes into a wedding, and often the pressure that comes with trying to create the perfect day can over shadow feelings of love and excitement. That is when wedding jitters may crop up. Couples must recognize they're not alone if they feel a little uneasy as their wedding day draws closer. However, there are ways you can address and tame jitters both before and during the wedding.

rounded by family and friends who will help you roll with the punches, whether that's a torn hemline or a missing buffet item. Guests are here to celebrate you, not pass judgment. Discuss large changes to come

Some couples feel jittery because they haven't spoken about all of the changes ahead. These can include relocation, merg ing of finances and whether or not children are in your future, among other things. Stress can be tamed if you take a break from wedding planning and discuss these important topics.



Step away from wedding-related tasks

Chances are you have spent months with the wedding on your brain. In fact, it likely has consumed your daily life. Take a day or two to do something unrelated to the wedding, whether you're alone, with friends or with your future spouse. Attend a fun event, go out to dinner, queue up several movies for a night in, or take a small trip. Keep wedding details out of the picture while you're enjoying yourself.

Forget about being perfect

Wedding jitters often stem from being nervous about everything going to plan. You may put undue pressure on yourself to ensure everything is perfect. But perfection is impossible, and the sooner you accept that a thing or two will likely not work out, the less stressed you may feel. You'll be surLearn relaxation techniques

Learning to relax is important when dealing with anxiety. There are many different relaxation techniques to explore. Some include meditation, yoga, deep-tissue massage, exercise, or immersing yourself in a peaceful spot outdoors. Some people turn to reading or other hobbies to relax. Do not look to alcohol or medication as an outlet to alleviate stress.

Talk to someone

If anxiety about the wedding is eating you up, consider speaking with a professional therapist or even a close friend or family member. Sometimes a new perspective is all you need to calm the jitters.

Nervousness when planning a wedding is understandable. However, couples can take steps to tame jitters so they enjoy all that goes into tying the knot.



China Settings, Serving Bowls and Platters Crystal Cake Stands, Vases and Goblets Linen Napkins, Tablecloths and Shams Sterling Cake Servers, Trays, and Flatware Vintage Bracelets, Necklaces, and Lockets

We have a gift your bride will treasure for a lifetime.

BRICK HOUSE ANTIQUES 1066 Washington Street East Lewisburg, WV 24901 304.645.4082



Tents, Tables, Chairs & More For Your Wedding





377 Main Street, White Sulphur Springs • 304.536.1881 www.gillespiesflowers.com • www.gillespiesflowers.net for online ordering