



**The Fabulous  
Baker Sisters**

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**A Look Back**  
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\$1.00

# Mountain Messenger

Vol. XL, No. 10

The Weekend Newspaper for the Greenbrier Valley - Lewisburg, West Virginia

March 11, 2023



## Lewisburg named Best Small Town Food Scene, also featured in Southern Living

Last Friday, it was announced that Lewisburg had been named the Best Small Town Food Scene for 2023 by USA Today as part of their 10 Best: Reader's Choice Awards. Lewisburg competed against other small towns like Abingdon, VA (second place), Fredericksburg, TX (fifth place), and Bar Harbor, ME (tenth place), to nab the title.

The final 10 nominees were submitted by a panel of experts, with readers voting a maximum of one time per day for their favorite small town.

The day after this announcement, Southern Living magazine published a piece on Lewisburg titled "The Best Things to Do in Lewisburg, West Virginia." The article states, "This cozy, quirky town is full of exciting surprises," and went on to detail Lewisburg's variety of local shopping and eateries, as well as the festivals and events held in town.

To read the piece, visit [www.southernliving.com/lewisburg-wv-7099123](http://www.southernliving.com/lewisburg-wv-7099123)



Greenbrier West's Preslee Treadway, No. 22, puts up a

shot as Webster County's Allie Key, No. 11, and Sydney

Baird, No. 23, defend. (WVPress Photo/Courtesy of Mister

Bee Potato Chips)

## Ronceverte City Council hears expert opinion on dilapidated buildings, discusses option for new city motto

By Adam Pack

The Ronceverte City Council met for their regularly scheduled meeting

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### ENTERTAINMENT

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on Monday, Mar. 6, at 7 p.m. at the new City Hall building on Edgar Avenue. Ray Still, a certified building inspector, was on hand to discuss the work he's currently done and his outlook on the state of Ronceverte's number of dilapidated buildings.

Still briefed the city on what it is he does, and emphasized that his "one and only concern" comes down to safety. "The whole reason for all of what I do with inspecting buildings is to determine whether or not they are sound or unsound, or more importantly, whether or not they pose a public safety issue," Still said.

Still determined that there are buildings in town which do pose a public safety hazard and urged the City to begin the

process of finding grant funding to deal with condemned structures. "I really want to explore all legal options for a property that's dangerous, but if I have to mark a building as unsafe then the city is financially and legally obligated to take some action."

The top two solutions for cities struggling to grow, according to Stills, involve getting rid of condemned buildings and working on zoning.

"Zoning: every city that has trouble with growth and trouble with degradation of structures has little to no zoning, and has not passed the International Property Maintenance Code. Ronceverte wants to move up, but the zoning desperately needs to be redone and the city has not yet adopted the IPMC." The city agreed to begin meeting with Stills later this week and hopes to alleviate these issues

and make Ronceverte more attractive for development and growth.

The city then discussed two updates to funding sources for the police department. The Ronceverte Police Department is requesting an increase in citation fees from \$15 to \$25, and a request to increase the fee for a police report from \$20 to \$30 per report. The former increase, regarding citations fees, is an inflation based raise to help with police equipment funding. The Police Equipment and Training fund, an ESCROW account used only for the purchase of vehicles, firearms, ammunition, uniforms, radios, other equipment and training, is the final destination for funds acquired through the payment of fully adjudicated fees. The latter request is based on the

See "Ronceverte" — Page 2

## Shortest Saint Patrick's Day Parade returns

The annual

Shortest Saint Pat-

ricks Day Parade

will be returning

to Lewisburg this

Friday, Mar. 17 to

celebrate the St.

Patrick's Day holi-

day. The parade

route stretches

from Amy's Mar-

ket at Montwell Com-

mons to Hill and Holler,

also at Montwell Com-

mons. The parade line-

up begins at 6 p.m. at

Amy's Market.

Following the parade will be a St. Patrick's

Day celebration at Hill and Holler from 3 to 9

p.m. with live traditional Celtic music from Pat-

rick O'Flaherty.

This year the Grand Marshals for the parade

will be Paul and Mary Lindquist. Paul and Mary

have made Lewisburg their permanent home

since returning in 2004 to continue the resto-

ration of Mary's childhood home, Montwell.

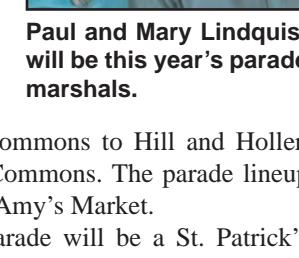
They donated five acres of their property towards the

development of what is known today as Mont-

well Commons. They are both active members

of the Greenbrier Historical Society.

See "St. Patrick's Day Parade" — Page 2



Paul and Mary Lindquist

will be this year's parade

marshals.



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**Ronceverte**

Continued from Front Page

fact that it takes a considerable number of manhours to generate reports. Police reports are generated as part of vehicular accidents as well as all criminal investigations and or arrests, and on responses by officers to citizen reported crimes. The cost would be incurred by individuals and or insurance companies. Insurance companies require them after car accidents to determine payment, and individuals will occasionally request them after reporting a crime. Funds accrued from report fees go to the department's general funds and help to pay payroll as well other expenses. The increases were both approved by the council.

Next, Jorge Rodriguez-Stanley addressed the council to propose a set of potential new mottos for the town of Ronceverte. The new motto, part of the city's ongoing rebrand, would hopefully "push us into our next chapter" according to Rodriguez-Stanley. The new mottos proposed before the council were: "The only Ronceverte," "Go with the Flow," and "Along the River." The council briefly discussed the three mottos, as well as the potential of opening the decision up to the public in some fashion. Without reaching a final decision, and agreeing to discuss it further, the council thanked Rodriguez-Stanley for all his recent work on helping market the town.

The city then moved to filling committee vacancies left by the retirement of former council member Kathy King. King was a member of the Mural Committee, and the council voted unanimously to appoint newly elected councilman Mark Trent to fill her seat. After the appointment of Trent to the committee, the council briefly discussed the status of the committee's upcoming projects. They were previously planning to place a typographic spelling of Ronceverte on the concrete retaining wall next to the amphitheater, but have decided to place that mural design on the side of the new city hall building, and to place a far more simplified mural on the retaining wall. The new mural position would be better, as any mural in such close proximity to the river would need to be touched up frequently, councilwoman and Mural Committee member Tanya Hazelwood explained.

The city went over old business, as well, beginning with an update from Anthony Brown of the Thrasher

## **WVDOH awards contracts for Greenbrier County parks projects**

The West Virginia Division of Highways (WVDOH) announced recently that Tempo Construction LLC was awarded contracts to work on two parks projects in Greenbrier County. The contracts are from a bid letting conducted on Tuesday, Feb. 14.

Tempo Construction LLC was awarded a contract for \$591,075.31 to build a hiking and biking trail and a pedestrian bridge across Howards Creek in White Sulphur Springs. The city of White Sulphur Springs was awarded a Transportation Alternatives grant through the WVDOH to fund the project.

Tempo Construction LLC was also awarded a contract for \$143,250.50 to build an approximately 20-car gravel parking lot for the Greenbrier River Trail. The Greenbrier River Trail Association was awarded a Recreational Trails Program grant through the WVDOH to fund the project.

Several factors are considered before awarding a bid, including whether a bid falls above or below the WVDOH Engineer's Estimate and by what percentage. In cases where a bid is above the Engineer's Estimate, WVDOH must consider the project need, repercussions of not awarding the project, additional funding sources, and whether sufficient reasons exist for the differences in estimates. Most projects are reviewed, analyzed, and awarded within a week of the bid letting, but the process can take longer.

When the Division of Highways has a project that is determined to be best constructed by a contractor, it is processed through the bid letting system. A letting is a scheduled opportunity for contractors to review and bid on several construction projects at one time. Lettings are held either once or twice per month and conducted through the Bid Express System online at [www.bidx.com](http://www.bidx.com) and handled through the Contract Administration Division. Contractors need to subscribe to Bid Express before bids can be accepted on any project.

As the date and time approach the deadline of the letting, contractors are expected to place their bids, with complete documentation as necessary. Shortly after the letting, the respective bids are reviewed. All bids are evaluated thoroughly for competitiveness and deemed acceptable through guidelines as approved by policy, reviewed, and approved by the FHWA. Award of the contracts is made based on the recommendation by our Awards Committee based on the results of that evaluation and approval by the Commissioner. Projects are typically awarded to the lowest bidder with all proper documentation in place.

## **St. Patrick's Day Parade**

Group on the upcoming manhole cover replacement project. Brown informed the council that Thrasher would like to map the city to get better and more accurate markings before replacing manholes in the town. Brown explained that this project has taken quite a while due to the fact that Dunn began the project, but in the process Thrasher acquired Dunn and is now ready to finish the project.

The city also approved the request for approval of evidentiary materials from the Community Development Block Grant for work on the fourth phase of the city's water line upgrade, as well a letter of understanding with Region 4 Planning and Development office. The letter of understanding simply acknowledges that Region 4 will administer the city's water upgrade on upcoming work.

Bob Hazelwood was also on hand to inform the city council about a potential windfall. There are still roughly \$64,000 held in contributions made by Ronceverte from American Rescue Plan funds for projects over the last 18 months. These funds, held in accounts with Region 4 Planning and Development, who administered the projects, can be returned to the city upon submission of invoices and an application of reimbursement. One item in particular, a new meter on the pump station, was brought up, but the council is looking forward to utilizing those funds in the future. Mayor Deena Pack afforded Hazelwood a great deal of praise, saying that she and the council were "so grateful for you and the work you do to help find us funds, or figure out how to find more materials; you've been such a big help to the city."

## **Senate Health and Human Resources Committee looks at tracking OTC medicines and 'benefit cliffs' impact on the direct care workforce**

**By Autumn Shelton  
WV Press Association**

The Senate Health and Human Resources Committee moved along four bills on Tuesday, including one to continue tracking over-the-counter cold and flu medicine purchases, and advanced a committee resolution to determine the impact that "benefit cliffs" have on the direct care workforce.

The first bill advanced, HB 3077, originally introduced by lead sponsor Del. Heather Tully, R-Nicholas, would repeal a section of state code which sets an expiration date on use of the multi-state real time tracking system.

As explained during the meeting, this system is an electronic logging system used by pharmacies and members of law enforcement to track purchases of over-the-counter cold and flu medication used to make methamphetamine. The system is provided at no-cost to the state by the National Association of Drug Diversion Investigators, and will expire on June 30, 2023, if the bill is not adopted.

Following the committee's passage, the bill will now go before the full Senate for further consideration.

Next, the committee advanced HB 3306, first introduced by Del. Amy Summers, R-Taylor.

This bill, along with a strike-and-insert amendment, would change the organizational structure of the WV DHHR's Office of Drug Control Policy.

It would create a sober living facility and recovery residence task force consisting of the executive director of the state's Prosecuting Attorneys In-

stitute, the secretary of the Department of Homeland Security, the West Virginia Attorney General, the West Virginia Alliance for Recovery Residences, the state health officer, the commissioner for the Bureau of Behavioral Health and the state inspector general.

The task force would be responsible for reviewing laws as they relate to sober living homes and recovery residences and would be required to make yearly recommendations on these facilities to the Legislative Oversight Committee on Health and Human Resources Accountability.

The bill also states that the director of the Office of Drug Control Policy may be appointed by the governor, instead of the DHHR secretary, with Senate consent, and it provides that the director will report to the governor and work in cooperation with the officers of the Bureau for Public Health and the

Senate Health and Human Resources Committee.

HB 3306 would also create a fund to pay for hospital services, and it would lessen the time to submit certain data, like fatal drug overdoses, to a centralized database from 72-hours to 24-hours after a provider responds to an incident.

This bill, as amended, will now go before the full Senate.

Next, the committee advanced HB 2016, also lead-sponsored by Del. Summers, which provides that a child placement agency or residential treatment facility may disclose confidential information to other agencies or facilities "when making referrals or providing services on behalf of the child."

As explained by counsel, a strike-and-insert amendment "moves part of the bill to separate code sections for consistency and clarity." It also includes a "provision that

relates to providing copies of vital records to child placement agencies" and a provision that "refers to court hearing notices provided to those agencies."

"The strike and insert also removes the reference to requiring access to hospital records in addition to making technical changes," counsel stated.

There being no discussion, the bill will now go before the full Senate for possible approval.

The last bill advanced by the committee, HB 3191, requires state health facilities, including state mental health facilities, to be licensed as hospitals.

During the meeting, Sen. Patricia Rucker, R-Jefferson, asked for clarification, especially concerning state mental health facility licensure.

Counsel responded that should the bill pass, Mildred Mitchell-Bateman Hospital in Huntington See "Tracking OTC"

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## **PICK OF THE LITTER**



**BABY**

Baby is an eight-year-old female hound mix and weighs 60 pounds.

**JASPER**

Jasper is a nine-year-old male domestic shorthair

These and other animals are available at the Greenbrier Humane Society, located at 151 Holiday Lane off of Rt. 60 West in Lewisburg. They are closed Sunday and Monday, and are open from 11 a.m. through 5 p.m. Tuesday through Saturday.

Their cat adoption fee is \$65 and covers spay/neuter surgery, first kitty vaccinations, rabies vaccine, de-worming, toe nail trim and flea treatment.

Their dog adoption fee is \$85 and covers spay/neuter surgery, first dog vaccinations, rabies vaccine, de-worming, toe nail trim, flea bath and flea treatment.

Call 304-645-4775 for more information.

They also offer donation-based spay/neuter vouchers, and clinics are filled on a first-come, first-served basis. They use a lot of vets in the area but the clinics fill up fast! Fill out an application to help prevent animal overpopulation! Call 304-645-4775 for more information.

**DON'T SHOP • ADOPT!**



Patrick O'Flaherty (front right) is pictured here leading the 2019 Shortest St. Patrick's Day Parade down Washington Street, which was the route in years past.



# OPINION

## Nature's Way

By Karen Cohen

### To Veg or Not to Veg

I'm talking about your garden. When is it best to get those veggie seeds and plants into the ground? Is it too early? Do you want to veg inside a bit more? Usually this time of year we are seeing snow, not 74 degrees as it was last week. Now I notice the robins every morning tweeting away to one another. The daffodils are in bloom. The forsythia are next to pop. Looks like spring has sprung, but a little voice keeps telling me, not so fast sister.

The farmers' almanac predicted a "soggy, shivery spring ahead." Well they got the soggy part right. We've had so much rain. But looking into the future weeks, temps at night will drop, as they usually do this time of year. And then there's Phil's predictions. You know, our chubby groundhog weather forecaster, Phil. On February 2 he predicted six more weeks of winter. Six weeks would take us to mid March. That's the "normal" time I put pea seeds into the ground. But this year, I put them in mid February. So far no sign of a pea shoot coming out of the ground. Mid March, I will replant my peas and if the whole lot of them survive and grow, well, I'll be rich in peas. Thankfully, freezing is simple and quick for peas.

My cabbages and bok choy are going in the ground this weekend. They should make it through even if the temps get a bit frosty at night. Daytime temperatures zoom up to the 50's midday and I am staying optimistic. Getting a jump on growing season is always just a fantasy of mine but this time, it may be for real. Time will tell.

I love making cabbage rolls, so easy, so juicy, and so good for you. My simple recipe uses tempeh but you can use the traditional ground beef. Harvesting cabbages is way off, I know, but save this recipe for that one large cabbage head you pluck out of your garden and tenderly carry it back to the house for cooking.

#### Cabbage Rolls

1 Onion, minced  
1 Carrot, minced  
1 tbsp cooking sherry  
2 tbsp red wine  
1 tsp liquid aminos or tamari  
1 cup cooked rice  
2 tbsp dill, fresh or dried  
1 green cabbage  
*For the sauce:*  
28 oz crushed tomatoes  
1/4 tsp cayenne pepper  
1-2 cloves minced garlic  
Ground pepper and salt to taste

Sauté your onion and carrots in the sherry and wine liquid till they are tender. Then add your crumbled tempeh or ground beef. Stir well and add everything else except the sauce ingredients. Tear off the cabbage leaves one by one and steam each one quickly over a pot of boiling water, remove and lay each one on a paper towel as you layer them and allow them to cool a bit.

Here's the fun part: take one large leaf, spread it out and then add a dollop of your cooked tempeh or

cooked meat mixture in the middle and roll it up like a cigar. Place them alongside one another in a baking dish. Meanwhile, prepare the sauce ingredients over a low heat for 10 minutes. Once your cabbage leaves are

Michael Showell, Publisher  
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Naomi Smith, Office Assistant

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stuffed and lined up, pour your sauce mixture over the cabbages and then bake for about 45 minutes in a 350-degree oven. If you like more sauce, serve it on the side. So good!

Even though red tomato sauce tastes so good with cabbage, as plants they are not compatible. Cabbage does not like to grow near tomatoes, beans, peppers or strawberries. That is true for all the brassica family, such as broccoli, kale and cauliflower. Cabbages do like to be planted about 20 inches apart so they can grow big and require about six to eight hours of sunlight.

We use compost tea or fish emulsion applied every two weeks for fertilizing and make sure they get about 1 inch of water weekly. Depending on the variety, cabbage can take 4-6 months to grow to maturity. Always apply water at the base of your plant, never water the entire cabbage. That can cause mildew and rot.

I use my saved eggshells as a slug deterrent by crushing them into a fine powder and then encircling each cabbage plant with a dressing of the crushed shells. Slugs do not like to walk over scratching surfaces. Be sure to examine the undersides of your cabbage leaves often. That's where you may find insect eggs or worms. I drop those into a bucket of soapy water as I go along.

I may take one more week to veg and finish that book I am reading, and then I veg OUT in my garden!

(Karen Cohen is an organic veggie grower, nature lover, seed saver, and avid explorer. If you are interested in exchanging seeds, please email [natureswaykaren@gmail.com](mailto:natureswaykaren@gmail.com) for dates and details. Happy gardening!)

## Commentary

### Over \$17M announced for Wildlife Conservation, Outdoor Access in WV

U.S. Senator Shelley Moore Capito (R-WV), Ranking Member of the Senate Environment and Public Works Committee and a member of the Senate Appropriations Committee, has announced \$17,424,327 from the U.S. Fish and Wildlife Service to support the habitat and conservation of fish and wildlife in West Virginia, and increase access to outdoor opportunities for people across the state.

"West Virginia is truly 'wild and wonderful,' and it is important that we take steps now to maintain that trademark for generations to come. It is also important that our outdoorsmen and outdoorswomen maintain access to our public lands, and that their proud culture and traditions are carried on. I'm pleased to announce this funding today, and will continue to advocate for the resources we need to preserve the aspects of our state that make it so special," Ranking Member Capito said.

## Commentary

### PSC files complaint at FERC against PJM Interconnection

The Public Service Commission (PSC) of West Virginia filed a complaint at the Federal Energy Regulatory Commission (FERC) against PJM Interconnection for failing to comply with its Tariffs and denying the PSC access to observe Member Liaison Committee meetings with PJM's Board of Managers. PJM is a regional transmission organization for the regional grid, which includes 13 states and the District of Columbia. It administers the wholesale electric markets and conducts regional transmission planning.

"PJM's refusal to allow the PSC access to discussions with the PJM Board that can be observed by electricity producers, transmission companies and other market participants is wrong," said PSC Chairman Charlotte Lane. These discussions allow market participants that stand to gain from PJM Board decisions to advocate for particular market designs and rules that may not be in the best interest of West Virginia. "This compromises the PSC's ability to understand the full range of underlying factors and special interests driving PJM decisions so that it can be fully armed to protect the West Virginia electric customers in grid decisions, as well as in decisions we make in regulating West Virginia electric utilities," said Lane.

While a state regulatory Commission is not a market participant, the PSC became an ex officio, nonvoting member of PJM for the purpose of attending these meetings. The PJM complaint explains why it believes that the PJM rules, as well as FERC rulings on transparency, specifically require that even ex officio, nonvoting members of PJM must be allowed to observe the Member Liaison Committee meetings with the PJM Board. The PSC contends that by denying the PSC access to these meetings with the PJM Board and other members, PJM is violating its FERC-approved Tariff, which contains the rules PJM is obliged by FERC to follow.

PJM-related costs, which affect power supply and transmission costs, comprise about two-thirds of a West Virginian's electric bill. PJM's action in denying the PSC access to the information discussed in these closed door meetings compromises the PSC's ability to act in the interests of West Virginia.

"We are disappointed that PJM has required the PSC to take this extraordinary step in filing a complaint to access information needed to protect West Virginia electric customers," Lane said.



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# GREENBRIER VALLEY ADVERTISER

## ESTATE SALE

**ESTATE SALE:** Brick House Antiques Estate Sale Begins March 10th. This in-home sale is a treasure trove of collectibles, kitchen, Christmas, homegoods and furnishings! Sale begins Friday, March 10th, 9am to 5pm, March 11th, 9am to 5pm, and March 12th, 1pm to 4pm. Address is 297 Silo Lane, Lewisburg. For more information call 304-645-4082 or visit estate-sales.net for pictures.

## WANT TO BUY

**WANT TO BUY:** 1940 up to 1954 Cheverlet, 2 door car to restore. Call 540-395-2083.

## HELP WANTED

**HELP WANTED:** Hiring full-time employees. For more information, contact Cutting Edge Lawn Care, 304-772-3609

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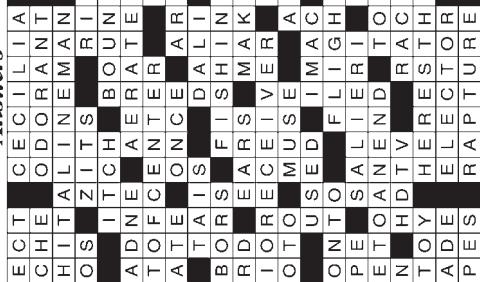
solution  
1. Glance 2. Routine;  
3. Spiral; 4. Strain  
Today's Word  
**SPOILING**

## Weekly SUDOKU

### Answer

6	2	4	8	7	5	1	3	9
1	5	7	6	3	9	8	2	4
3	8	9	1	4	2	5	6	7
4	1	2	9	6	3	7	8	5
9	7	8	5	2	1	6	4	3
5	6	3	4	8	7	9	1	2
2	9	5	3	1	6	4	7	8
7	4	6	2	9	8	3	5	1
8	3	1	7	5	4	2	9	6

### Super Crossword



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- Heart, lung and brain care
- Emergency care tips
- The path to new medicine development
- Social determinants of health

Mini-Med School is free for registered participants.  
Lunch will be provided.

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Self-Care • Awareness • Prevention

## MINI-MED SCHOOL

Osteopathic medical students share knowledge and skills with community members.

9:30 a.m. to 2:30 p.m.

Monday, March 27

West Virginia School of Osteopathic Medicine's Clinical Evaluation Center

### TOPICS:

### TO REGISTER:

Contact Georgette Morton  
304.647.6422  
[gmorton@osteowvsom.edu](mailto:gmorton@osteowvsom.edu)

Registration deadline is March 21.







**Obituary****Brenda May****Barnes-Clark cont.**

people and experience different cultures. During her travels and life adventures as a career soldier's wife she worked as a waitress, Homes Magazine regional advertising and distribution manager, newspaper advertising executive, car saleswoman, nanny, elder caregiver, boat club time share salesperson, debt counselor, assistant mortgage broker, life and health insurance salesperson, circus bill-poster, private cook and house manager for several large estates, motorhome factory-to-dealership delivery driver, textbook broker, tour guide, shuttle bus and limo driver, Red Cross volunteer, and a teacher's assistant in a school for troubled children in Sarasota, FL.

In 2000 Brenda and her husband moved from Big Pine Key, FL to Alderson where Brenda rekindled her love of writing stories for children. In 2015 they moved to Lewisburg where Brenda began writing in earnest winning prizes at the annual West Virginia Writer's Conference and a fourth place in a Writer's Digest Magazine contest.

Giving person that she was, Brenda donated her body to the West Virginia School of Osteopathic Medicine Human Gift

Registry in Lewisburg.

Brenda's family wants to thank the special nurses and care givers of Hospice Care of Lewisburg who provided Brenda and her family with great kind and compassionate care and guidance.

Brenda's family will host a memorial service for her at Wallace & Wallace Funeral Home, 884 Jefferson Street North, Lewisburg, WV 24901 on Sunday, Mar. 19 at 2 p.m.

A Zoom connection will be set-up for distant family and friends who are unable to attend in person. Attendees will be encouraged to relate their personal remembrances of her. Lite refreshments will

**Continued from Page 5**

be served.

In lieu of flowers, Brenda left instructions to ask well-wishers to send a donation to the Mountaineer Food Bank serving Greenbrier and surrounding counties. Donations can be made online at [www.MountaineerFood-Bank.org](http://www.MountaineerFood-Bank.org), by postal mail to 484 Enterprise Drive, Gassaway WV 26624, or by telephone at 304-364-5518.

Wallace & Wallace Funeral Home in Lewisburg (304-645-2060) is overseeing all arrangements. Condolences and remembrances may be posted on their website at: [www.WallaceandWallaceFH.com](http://www.WallaceandWallaceFH.com).



Caring.com's trusted Family Advisors help match seniors with the right senior living solution for their needs.



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## R&R SHOWS GUN SHOW LEWISBURG, WV WV STATE FAIRGROUNDS MAR. 11 & 12, 2023

SATURDAY 9 AM - 5 PM

SUNDAY 9 AM - 3 PM

ADMISSION \$6 PERSON

12 AND UNDER FREE WITH PAYING ADULT

2-DAY PASS \$10

AVAILABLE IF PAID ON SATURDAY

### INFORMATION OR RESERVATIONS:

[WWW.RANDRGUNSHOWS.COM](http://WWW.RANDRGUNSHOWS.COM)

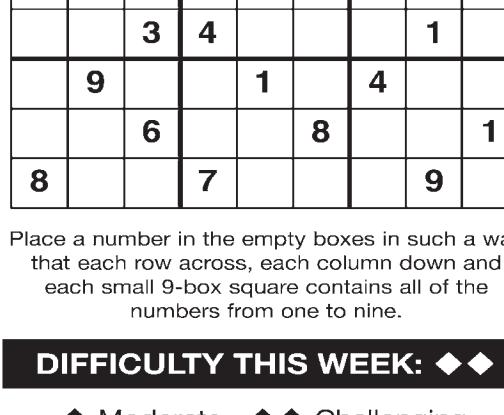
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## Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

**DIFFICULTY THIS WEEK: ◆◆◆**

◆ Moderate ◆◆ Challenging

◆◆◆ HOO BOY!

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## HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Leg is moved. 2. Pocketbook is missing. 3. Sign

## ACROSS

- 1 Imperfection  
7 1970 Simon & Garfunkel hit  
14 "— Lot" (Stephen King novel)  
20 Geronimo's tribe  
21 Scenting compound  
22 Push forward  
23 Footballer from a major Kansas city?  
25 Dwell (in)  
26 Corp. VIPs  
27 Pimples  
28 "The — of the Ancient Mariner"  
30 Fashion designer Tahari  
31 Actor Brynner  
32 Strong urge  
33 Footballer ejected from a nightclub?  
36 She helped Theseus  
39 Impaired fizz to  
41 Critical  
42 Not on a footballer's right?  
44 For the most part  
46 Aristocrat's home

## 47 Formerly

- 48 Liberal —  
50 Mai — (rum drinks)  
52 Salvador the surrealist  
54 Hard hitter, biblically  
60 Ship shelters  
64 Footballer with a rod and reel?  
67 PC-sent greeting  
68 Hearing things  
70 Fast shark  
71 Bamboozles  
72 Footballer working as a sound technician?  
75 Matching pullover and cardigan  
77 Old Chrysler  
78 Think meditatively  
79 "Uh, pardon me..."  
80 Like Goodwill goods  
82 Apple variety  
85 Humiliated  
90 Expand, as a house  
95 Footballer on a plane trip?  
97 Thin pancake  
98 Envious composer in "Amadeus"

## 101 Iterate

- 102 Visit a footballer?  
104 Labor  
106 Young fellow  
107 Flush (with)  
108 Sony Bravia or Sharp Aquos  
109 Pool hall item  
110 Piece of office furniture  
112 Plaything for Fido or Fluffy  
114 Declaration when a footballer arrives?  
119 Angry speech  
120 One casting a ballot  
121 Urge on  
122 Makes a sly verbal attack  
123 Ecstasy  
124 Feds, e.g.  
125 Matching pullover and cardigan  
127 Old Chrysler  
128 Think meditatively  
129 "Uh, pardon me..."  
130 Like Goodwill goods  
132 Apple variety  
135 Humiliated  
136 Expand, as a house  
137 Thin pancake  
138 Envious composer in "Amadeus"

## 103 Self-indulgent binge

- 13 When typical workdays start  
14 Skating place  
15 Quick escape  
16 Stuck going nowhere  
17 Remove hair from, as one's legs  
18 Like doctors' practices  
19 In an aerodynamic way  
20 Early Mexican  
21 '80s Golden Arches burger  
22 Bulldogs' school  
23 Scared (of)  
24 Kennel club classifications  
25 Rowing need  
26 TiVo device  
27 — minimum  
28 Connect-the-points puzzle  
29 Abbr. limiting a list

- 30 "It's finally clear"  
31 Woeful cry  
32 Relatives of xylophones  
33 Clickable screen image  
34 Some ring wins, for short  
35 Sommer of "A Shot in the Dark"  
36 Take it easy  
37 Remove hair from, as one's legs  
38 Like doctors' practices  
39 In an aerodynamic way  
40 Early Mexican  
41 '80s Golden Arches burger  
42 Bulldogs' school  
43 Scared (of)  
44 Kennel club classifications  
45 Rowing need  
46 TiVo device  
47 Connect-the-points puzzle  
48 Abbr. limiting a list

- 49 Skating place  
50 "It's finally clear"  
51 Woeful cry  
52 Relatives of xylophones  
53 Clickable screen image  
54 Some ring wins, for short  
55 Sommer of "A Shot in the Dark"  
56 Remove hair from, as one's legs  
57 Like doctors' practices  
58 Clickable screen image  
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114 Kennel club classifications  
115 Rowing need  
116 TiVo device  
117 Connect-the-points puzzle  
118 Abbr. limiting a list

## Super Crossword

OFF THE GRID



# SCHOOL

## Butler places first at Math Field Day



Greenbrier West Middle School student Ben Butler, seventh grade, placed first in the Regional Math Field Day earlier this month. He will now advance to the State Math Field Day event.

## Teach for America Appalachia approved by BOE

The West Virginia Board of Education (WVBE) approved the application for the approval of Teach for America Appalachia (TFAA) to provide a teacher certification program in West Virginia. The program is among the four approved under the West Virginia Department of Education's (WVDE) Option 3 Pathway.

TFAA will support candidates with coursework at no cost to successfully pursue a non-transferable provisional professional teaching certificate in the state. Partnering with counties, TFAA will also provide a variety of training, virtual and in-person practicum experiences and mentoring in order to fill areas of critical need.

The Option 3 Pathway allows individuals who possess a bachelor's degree from a regionally accredited institution of higher education and an overall 2.5 grade point average (GPA) (or qualifying GPA exemption of the West Virginia Testing Directory) to complete coursework pursuant to §18A-3-2(a)(1)(C) for receiving a Professional Teaching Certificate. American Board, iTeach and Teach Now are also approved providers under this pathway, and additional information is available on the TeachWV website.

While TFAA is a national program, West Virginia's plan will be similar to the Kentucky model that has been in place since 2011. The Bluegrass State reports a success rate of approximately 85% with candidates fulfilling a two-year commitment to their placement counties. The goal is for teachers to remain in their initial schools beyond that commitment.

Teacher candidates will hold a bachelor's or master's degree and may begin to apply for the TFAA program on the national website, teachforamerica.org.

"Approval of the Teach for America Appalachia program allows us to open another option to address this critical need in our state," said WVBE Member Debra Sullivan. "Recruiting idealistic young people to our state for this purpose represents a huge investment. We hope they will acculturate into our communities and fall in love with teaching in West Virginia."

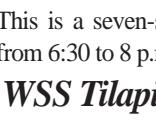
The WVBE also received updates on the Department's Ready, Read, Write, West Virginia literacy initiative. The WVDE continues to expand supports and resources including introductory instructional videos for educators on the five pillars of the Science of Reading plus writing. This approach focuses on phonics to effectively teach decoding skills to all students.

Additionally, through a partnership with the Early Learning Technical Assistance Center (EL-TAC) at Marshall University, specialists provide localized training and assistance to help teachers implement strategies outlined in the initiative.

The WVDE will also launch an advertising campaign to promote the importance of literacy through a program offered by the West Virginia Broadcaster's Association. The television and radio spots will air on stations across the state beginning in early March. To learn more about Ready, Read, Write, West Virginia visit the WVDE website.

## CLUB & CHURCH

## Church Bulletin



### Women's ministry to hold spring Bible study

The women's ministry of the First Baptist Church of Fairlea invites ladies of all ages to join them in their spring Bible study. This is a seven-session study, meeting on Monday evenings from 6:30 to 8 p.m. starting Mar. 6.

### WSS Tilapia Dinners continue for Lenten Season

The traditional Lenten fried or baked tilapia dinners, served in the White Sulphur Springs Community Center behind Emanuel United Methodist Church downtown, began Feb. 24 and will continue each Friday through Mar. 31 from 4 p.m. to 7 p.m. The meal consists of tilapia, scalloped potatoes, cole slaw, hard rolls, and your choice of drinks and desserts.

"We held the price down as much as we could, considering inflation," notes Andrew Wrzosek of Waitesville, grand knight of the Greenbrier Valley Council 8689 Knights of Columbus, the sponsoring organization.

Eat in or to-go dinners are available at \$15 for adults, \$8 for children 12 and under, and under 5 years old are free. "We are offering an extra piece of tilapia for an additional \$5," he added. "This is the first time we have offered eat in dinners since the Lenten season in 2020, offering take out only for past two years and we are pleased to offer these methods of service once again."

Proceeds from the dinners go to the community, youth, church, and service projects of the Greenbrier Valley Council which consists of members from Pocahontas, Greenbrier, Monroe, and eastern Fayette counties.

The most recent major project was purchasing and distributing 96 new children's winter coats in the four county area, in

cooperation with the Family Resource Network of Pocahontas County; the Wellspring of Meadow River Country, Family Resource Network of Monroe County; Alderson Elementary School, Smoot Elementary School, White Sulphur Springs Elementary School, and gently used winter wear through Wellspring, Family Resource Network of Monroe County; Lewisburg/Fairlea Food Pantry; and the Donald Davis Memorial Toy Fund of Summers and western Greenbrier County.

For further information and directions to the dinners, telephone the office of the Catholic Churches of the Greenbrier Valley 304-536-1813 or Knights of Columbus 304-645-1373.

### New Growth Group at Rhema Christian Center

It turns out, giving up your "right" to be offended can be one of the most freeing, healthy, simplifying, relaxing, refreshing, stress-relieving, encouraging things you can do. It's a radical, provocative idea that - We're not entitled to get offended or stay angry. The idea of our own "righteous anger" is a myth.

In the Unoffendable study you will learn these ideas of immeasurable value:

- A concrete, practical way to live life with less stress
- How to adjust your expectations to fit human nature
- Replace perpetual anger with refreshing humility and gratitude

This study seeks to lift religious burdens allowing us to experience the joy of gratitude, perhaps for the first time, every day of our lives.

Join Judy Tucker and Terri Beavers for an in-depth study and discussion of Brant Hansen's book Unoffendable Thursdays at Rhema Christian Center from 6 to 7:30 p.m. beginning Mar. 30. For more information and to register please visit therhemalife.com or call the church office at 304-645-6999.



### A saint by any other name

St. Patrick's Day is a wildly popular holiday. Though the holiday honors the life of the patron saint of Ireland and has become a way for people from all backgrounds to celebrate Irish culture, celebrants may be surprised to learn that St. Patrick was not only not Irish, he also was not named "Patrick." Historians believe Ireland's patron saint was born Maewyn Succat, but changed his name to "Patricius" upon becoming a priest after he escaped from slavery. Celebrants of St. Patrick's Day also may be surprised to learn that St. Patrick was never formally canonized, as he lived prior to the adoption of the current laws governing canonization in the Catholic Church. That said, St. Patrick is still venerated as a saint in various Christian churches, including the Catholic Church and the Eastern Orthodox Church.

# STEPPIN' OUT

## Smooth Ambler Second Stage Series continues with The Fabulous Baker Sisters

Carnegie Hall's Smooth Ambler Second Stage Series presents The Fabulous Baker Sisters on Thursday, Mar. 30, at 7:30 p.m. in the Old Stone Room. The pair will share stories, memories and monologues that reflect their distinctly silly view of the world. Guests are invited to come early for a Preshow Reception from 6:30 to 7:15 p.m. The Second Stage Series is sponsored by Smooth Ambler.

Although the sisters, Margaret Baker and Barbara Baker Elliott, have lived in the Greenbrier Valley for more than 30 years, they grew up in Smithfield, North Carolina, as UKs (Undertaker's Kids), which explains a lot. Bummed about having a master's in theater but working as a waitress, Margaret succumbed to a real job writing for kiddie television in North Carolina. She then chucked that aside, ran off and joined an alternative theater company. The Road Company, based in Johnson City, Tennessee, produced original plays based on improvisation while traveling in a van held together by duct tape. Upon drifting to Philadelphia to study Yankee ways Margaret stumbled upon a career in writing and performing one-woman comedy. After moving to Pocahontas County, she spent 18 years directing the Pocahontas County Drama Workshop.

Barbara started out as a writer in higher education, public television, and banking before she, too, moved to West Virginia, where her first job was as PR/Education Director at Carnegie Hall. Since then, she has worked almost everywhere in the Greenbrier Valley. She writes a regular humor column for The Greenbrier Valley Quarterly. In 2018 she compiled a decade's worth of columns into a book, *The Accidental Mountaineer*, published by Havenbrook Media with illustrations by Sally Cooper.

For the Carnegie Hall performance, Margaret will bring back some favorite characters from her one-woman shows, including a K-Mart employee touting some questionable must-have specials and a wronged woman who shares some artsy, craftsy therapy tips. Her monologues will cover topics including a funeral business that has gone green, a disaster involving slime, an ode to poisonous gases for the young at heart, and help for those who are vulnerable to man spam scams.

Barbara will share some favorite essays from her book and column. They include an exposé of insanity in the beverage industry, a defense of pimento cheese purity, an adolescent quest for perfect hair, angst at being a baby boomer in a millennial world, and the risky business of competitive chili cooking.

Tickets are \$15 and may be purchased by visiting [www.carnegiehallwv.org](http://www.carnegiehallwv.org), calling 304-645-7917, or stopping by 611 Church Street, Lewisburg. The Preshow Reception is free. A cash bar and snacks will be available.



**The Fabulous Baker Sisters with Barbara Baker Elliott on the left and Margaret Baker on the right.**

## Second Annual Spring Craft and Vendor Show fundraiser set

The American Heritage Music Hall will hold their second annual Spring Craft and Vendor Show fundraiser on Friday, Mar. 17, and Saturday, Mar. 18 at the Music Hall in Ronceverte. The event will run from 2 to 6 p.m. on Friday and 9 a.m. to 5 p.m. on Saturday.

A great place to find spring and Easter décor, the show will feature a variety of local crafters and vendors, including:

Helen Dosier (Asbury), Kay Shafer (Lewisburg), Millie Arbaugh (Asbury), Lynelle Braught and Dinah Rhodes of Dry Creek Farm (WSS), Kimberly Baker (Ronceverte), Hope Ridgeway (WSS), Karen Campbell (Ronceverte), Ronceverte River Festival, Tina Fox (Lewisburg), Jill Highlander (Alderson), Bonnie Mitchell with Glendoras Soap (Lewisburg).

There will be hourly door prize drawings and an Easter Basket raffle where all proceeds will benefit the Music Hall. Food concessions will also be available. The music hall is a nonprofit organization that needs support from the community.

The American Heritage Music Hall is open to the public every Tuesday

night for a jam session where local musicians get together and play music from 7 to 10 p.m. Doors open at 6 p.m. A potluck meal is served, so just bring your favorite covered dish and come on down to the music hall and enjoy the evening for a \$7 cover charge.

The fourth Saturday of every month a live band is on stage to provide music for dancing, or just to sit back and enjoy. Saturday hours are from 7 to 10:30 p.m. with a \$10 cover charge for the evening. Bring your favorite covered dish and enjoy a potluck meal. Doors open at 6 p.m.

All ages are welcome to Music Hall events. The Hall is a non-smoking and non-alcoholic facility and is handicap accessible.

We hope to see you at the American Heritage Music Hall for the second

annual Spring Craft Vendor Show. Shop, eat, and enjoy the while supporting the Music Hall and the local crafters and vendors.

presented by High Rocks in partnership with Berea College,

March 18 — May 13, 2023

### Maple Magic

Saturday, March 18th, 9 a.m. - 11 a.m.  
at Fort Warwick, Green Bank

*Learn how this sweet mountain treat is made during Mountain State Maple Days!*

### Trout to Table

Saturday, March 25th,  
11 a.m. - 1 p.m. OR 3 p.m. - 5 p.m.  
Knapps Creek Trout Lodge, Marlinton

*Learn to prepare and cook freshly caught trout! Limited slots available – please call to register for this free event.*

### Ramp up at High Rocks

Saturday, April 1st, 3 p.m. - 5 p.m.  
at the High Rocks Lodge, Hillsboro

*Join High Rocks and learn how to identify, sustainable harvest, and prepare this mountain delicacy!*

### Value Added Products: Ramp Salt and Ramp Pesto

Saturday, April 8th, 3 p.m. - 5 p.m. at the High Rocks Lodge, Hillsboro

*Join us at High Rocks to sample local products and get a glimpse behind the scenes of turning locally grown and harvested materials into marketable finished products!*

### Seed to Skillet

Thursday, April 13th, 5:30 p.m. - 7:30 p.m.  
at Ruby Grow Farm, Hillsboro

*Tour our Ruby Grow high tunnel and learn about growing your own food! Please call to register for this free event.*

### Morel Mushroom Workshop

Friday, April 15th, 3 p.m. - 5 p.m.  
at the High Rocks Lodge, Hillsboro

*Join us for an afternoon of food, fellowship, and fun as we go for a walk through the forest and share tips on identifying morel mushrooms.*

### PEPPERONI ROLLS: food of our people

Friday, April 21st, 5:30 p.m. - 7:30 p.m. at The Hub, Lewisburg

*Learn how to make this delicious West Virginia specialty from scratch!*

### Appalachian Apple Baking

Friday, April 28th, 5:30 p.m. - 7:30 p.m.  
at the Hub, Lewisburg

*Join us at the Hub in Lewisburg for an afternoon of baking with apples, Appalachian style!*

### CAMPFIRE COOKING

Saturday, May 6th, 3 p.m. - 5 p.m.  
at the High Rocks Lodge, Hillsboro

*Gather around the campfire! Share tips and tricks and set yourself up for success when planning a campfire meal! And of course, eat!*

### Innoculating Mushrooms

Saturday, May 13th, 3 p.m. - 5 p.m.  
at the High Rocks Lodge, Hillsboro

*"Plant" your own shiitakes and learn how to grow edible mushrooms on a log!*







High Rocks' mission is to educate, inspire, and empower young people in West Virginia.

## DINING & entertainment guide

### Dutch Haus Restaurant

Lewisburg Elks Country Club at 368 Brush Rd., Lewisburg

#### WEEKEND SPECIAL

### Chicken Marsala

Served over Rice Pilaf with Vegetable, Salad & Bread.

Open For Breakfast Saturday & Sunday 8:30-11:00

Mon - Fri 11 am-9 pm, Sat & Sun 8:30 am-9 pm • 304.645.2723

### Lenten Fried or Baked

### TILAPIA DINNERS!

March 10, 17, 24, 31

### White Sulphur Springs

#### Community Center

Behind Emmanuel United Methodist Church

One block south of Main St. in center of the city

*Tilapia, Scalloped Potatoes, Cole Slaw, Hard Rolls, Desserts, Drinks*

4:00P.M. - 7:00P.M.

Adults \$15 Children Under 12 \$8

Children 5 or Younger FREE

Extra Piece of Tilapia \$5

*For the benefit of the community, youth, church, service projects of the Greenbrier Valley Council Knights of Columbus in cooperation with The Schoolhouse Hotel.*

*Same Menu! Same Great Culinary Staff!*

*Lots Of Great Volunteer Workers*

# BEST for LESS STOREWIDE SALE

**Now Through March 18th | Hurry in for Best Selection!**

Up to 60 Months Free Financing! See Store for Details and Minimums.

Free Delivery of Bedding over \$699

Free Disposal of Old Bedding with Purchase of Bedding over \$699

Free Cords and Hoses on Appliances

Save up to an additional \$500 with rebates on GE, Whirlpool, Maytag, Kitchen Aid, Frigidaire and Samsung

We Service What We Sell! - Nobody Takes Care Of You Like WE Do!  
Let us introduce you to “The Five Washing Wonders”

We have five washers in stock and ready for immediate delivery. All \$599 or less!



**Amana 3.5 Cu. Ft. Top Load Washer**  
with dual action agitator and porcelain tub  
**Matching 6.5 cu. ft. Dryer** **NOW \$477**

**Whirlpool 3.8 Cu. Ft. Top Load Washer**  
with soaking cycles, 360° wash agitator & stainless steel tub  
**NOW \$599\***

**Hotpoint 3.8 Cu. Ft. Top Load Washer**  
with heavy duty agitator & stainless steel tub  
**Matching 6.2 cu. ft. Dryer** **NOW \$549**

**Whirlpool 3.9 Cu. Ft. Top Load Washer**  
with soaking cycles, impeller wash system w/ stainless steel tub  
**Matching 7.0 cu. ft. Dryer** **NOW \$599**

**Whirlpool 4.5 Cu. Ft. Top Load Agitator Washer**  
with built-in water faucet and stainless steel tub  
**NOW \$599\***

**Whirlpool 7.0 Cu. Ft. Moisture Sensitive Electric Dryer**  
**NOW \$599**

When you purchase the Whirlpool Pair Save an additional \$75 with a factory rebate that would be \$1,125 for the pair\*

## Kitchen Appliances



**Midea 18.7 Cu. Ft. Bottom Mount White Refrigerator**  
**WAS \$949** **NOW \$699**



**Danby 8.5 Cu. Ft. Upright Freezer**  
**WAS \$499** **NOW \$399**



**Danby 10 Cu. Ft. Top Mount Refrigerator**  
with glass shelves  
**WAS \$799** **NOW \$399**

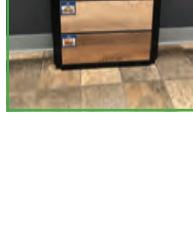


**Whirlpool 21 Cu. Ft. Counter Depth Side by Side Refrigerator**  
with fingerprint resistant Stainless Steel  
**WAS \$2,099** **NOW \$1,599**

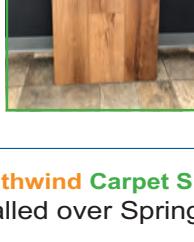


**Frigidaire 5.3 Cu. Ft. Stainless Steel Smooth Top Electric Range**  
**WAS \$900** **NOW \$699**

## Flooring



**Essentials Rigid Waterproof Vinyl Plank Flooring**  
with attached pad  
34.94 Sq. Ft. Per Carton  
**WAS \$5.49 Sq. Ft.** **NOW \$2.49 Sq. Ft.**



**Santa Monica Rigid Waterproof Vinyl Plank**  
with a 4-sided painted micro-beveled edge  
**WAS \$5.99 Sq. Ft.** **NOW \$2.99 Sq. Ft.**



**Sterlington Rev Wood**  
plus wet protect waterproof wood with lifetime all pet warranty  
**WAS \$6.99 Sq. Ft.** **NOW \$3.99 Sq. Ft.**



**Southwind Carpet SP301**  
installed over Spring Pad  
3 Colors To Choose From  
**NOW \$1.99 Sq. Ft.**



**Mohawk Revive Carpet**  
installed over Spring Pad  
24 Colors To Choose From  
**NOW \$2.44 Sq. Ft.**

## SOFAS & RECLINERS



**Best Home Furnishings “Leva” 92” Reclining Sofa**  
is the perfect combination of modern and cozy  
**REGULAR \$1,899.99** **NOW \$1,088**  
Matching Recliner  
**REGULAR \$999** **NOW \$588**



**Best Home Furnishings Your Choice Conen or Romulus Rocker Recliner**  
**WAS \$799** **NOW \$399**  
**SAVE \$400**



**England 6 Piece Reclining Sectional**  
2 Colors To Choose From  
**Manual Recliners**  
**REGULAR \$5,799** **NOW \$2,999**  
**Power Recliners**  
**REGULAR \$6,199** **NOW \$3,199**



### Bedroom Suite

**Martin-Svenson “Monterey” Casual 2-tone Bedroom Suite**  
includes Dresser, Mirror, Chest, Queen Bed with Wood Rails and One Night Stand  
**REGULAR \$4,099** **NOW \$1,999**

# TRI-COUNTY Furniture

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