

Annual Parade of Lights Event set for September 11

By Sarah Richardson

The eighth annual Parade of Lights is scheduled for Monday, Sept. 11, the 22nd anniversary of the September 11, 2001, terrorist attacks. The parade, which honors those lost in the attacks, and emergency responders across the Greenbrier Valley, brings out a huge number of vehicles from throughout the county to the grounds of the State Fair of West Virginia.

Organizer Jeffrey Doss said that the event will begin at 5:30 p.m. on the midway of the fairgrounds, where there will be a show and tell of emergency equipment. This includes emergency vehicles and other equipment, and the landing of the HealthNet helicopter. There will also be the Greenbrier County Sheriff's Department Kids' ID Trailer on site.

While there isn't an exact start time to the parade, each year it sets off from the fairgrounds at dusk so those watching can see the lights on the vehicles shine. The parade route leaves the fairgrounds on Rt. 219, passes by McDonald's, goes through Fairlea to Lowe's, and circles back through Fairlea to end at the starting point. After the parade a candlelight vigil is held at the Cecil H. Underwood Building.

This event is sponsored by the Greenbrier County Fire and Emergency Responder's Association.

Carnegie Hall's **Volunteer Orientation** scheduled

Carnegie Hall is recruiting volunteers for its 2023-2024 season and will conduct two volunteer orientations and training sessions on Thursday, Sept. 21. The first session will take place from 10:30 a.m. to 12 p.m. and the second session will take place from

Trainees will learn all aspects of volunteering at Carnegie, as well as take a tour and learn more about the Hall. Volunteering is fun and a great opportunity to meet new people while making an impact on Carnegie Hall's ability to continue providing quality programming. The training is mandatory if you would like to usher for performances.

During last season over 180 volunteers logged more than 2600 hours at Carnegie Hall by volunteering as ushers, ticket-takers, administration assistants, poster distributors, archivists, Kids' College helpers, exhibit assistants, special events assistants, and committee members. By volunteering, you help keep the arts and education thriving at Carnegie Hall.

For more information and orientation sign-up, please contact Volunteer Coordinator, Teri Hartford, at 304-645-7917, volunteer@carnegiehallwv.org, visit www.carnegiehallwv.org/support/volunteer, or stop by 611 Church Street in Lewisburg.

Hanna Farmstead opens ticket sales for 2023 season

By Sarah Richardson

The Hanna Farmstead has announced that their online ticket sales are now live for the 2023 season! Open Friday through Sunday, Sept. 15 through Oct. 29, the Hanna Farmstead offers pick-your-own pumpkins and gourds, pre-picked pumpkins and gourds, wagon rides, two corn mazes, pick-your-own flowers, concessions, a farm store, pumpkin paintball, and more at their farm site in Pickaway.

With 21 days available to visit the farm this year, they have made season passes available for purchase online. The pass pays for itself in five visits, if you'd like to spread out your fall fun. Visit thehannafarmstead.com for more information and to purchase tickets. Concessions available at the farm include their everpopular pumpkin donuts, deep-fried oreos, apple fritters, burgers, chicken nuggets, and a



Hanna Farmstead offers pick-your-own pumpkins and gourds

Greenbrier Valley Airport embarks on vital Runway Rehabilitation Project

Greenbrier Valley Airport, a pivotal hub for regional transportation and economic development, is unwavering in its commitment to enhancing passenger safety and infrastructure. In pursuit of this overarching mission, the airport is pleased to announce the commencement of a strategically planned Runway Rehabilitation Project.

Scheduled Night and Full Runway Closures:

From Sept. 12 to Sept. 16, the airport will undergo temporary night closures to facilitate critical project preparations. Following this phase, from Sept. 17 to Sept. 23, Greenbrier Valley Airport will experience a full runway closure as part of an extensive and comprehensive renovation initiative.

Prioritizing Passenger Safety:

Airport authorities fully recognize the potential inconvenience these closures may pose to travelers and aviation enthusiasts. We extend our deepest gratitude for your understanding and support as we invest in the air-

See "Airport Rehabiltation"____



Artrageous

Carnegie Hall's 40th Season begins with Artrageous September 29

Carnegie Hall kicks off its 40th Anniversary Season on Thursday, Sept. 29, at 7 p.m. with the electrifying art and music circus known as Artrageous.

Guests are invited to come early for the free Mainstage Lounge Preshow Reception from 6 to 6:45 p.m. in the See "Artrageous"__ Page 3

Visit us at www.mountain messenger.com **Inside This Week** Number of Sections: 1

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WV communities map path for opioid settlement funds

By Nadia Ramlagan for WVNS

This week, Gov. Jim Justice announced five new appointments to the West Virginia First Foundation, the private foundation responsible for the statewide distribution of opioid settlement funds.

Advocates are calling for the money to be used for medication for addiction treatment and harm reduction services - such as needle exchanges, naloxone, and overdose prevention centers.

Mary Newlyn, executive director of the West Virginia Hope in Action Alliance, said expanding housing and wraparound support services for people who use drugs and people with drug-related convictions, would help stabilize communities and families.

She pointed out most substance-use disorder funding is not funneled toward those types of supports.

"Once a person has reached a state of sobriety, they need community support and access to the healthy coping techniques they obtained during treatment," Newlyn explained. "These communities are built in transitional and recovery housing."

According to the Office of Drug Control Policy there were at least 1,300 drug overdose deaths in West Virginia in 2020, a 51% increase compared to 2019. This year, there have been more than 5,000 reported EMS responses for suspected overdoses.

Tricia Christensen, director of policy for the nonprofit Community Education Group, said states should be thinking creatively about how to best use the funding to help stem the tide of substance abuse. She pointed to mental health resources, youth prevention programs and community programs focused on forging a life

"How do we invest in our communities to really think about opportunities for kids as they're growing older?" Christensen asked. "Opportunities for those kids' parents now,

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See "Opioid Settlement Funds"_ Page 3

Greenbrier Valley Fitness South moves to new location



Lt. Colonel Dwight Bundy (US Army), owner of GVF

By Stephen Baldwin, RealWV

After buying Greenbrier Valley Fitness (GVF) in 2012, Lt. Colonel Dwight Bundy (US Army) has been on a mission to improve physical fitness in the Greenbrier Valley. He and his wife, Reagan, own and operate two gym locations. Dwight and Reagan both grew up in the Greenbrier Valley and want to see the area thrive.

"Fitness can change lives," Dwight says. "Our vision for this immediate area around our new location is for it to be a health and wellness campus."

GVF North is located near the interstate in Lewisburg, beside the Fairfield Inn. "It's busy there all the time," Dwight shares. "We recently completely renovated the fitness studio, have a power-lifting area, a huge TRX area. It's nice, but it can get crowded."

So Dwight decided to take a leap of faith and expand GVF South to a different location in a new building. "It's much larger here," he says of the new spot. "Much more room for everyone. And people seem to really like it so far."

The new GVF South location is beside Nova Jiu Jitsu, adjacent to Trac-

tor Supply at the top of Ronceverte Hill. Dwight bought the building and oversaw extensive renovations to turn it into the kind of gym he wanted with optimal use of space.

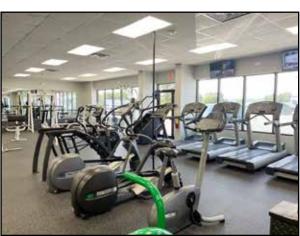
"We have crossfit on one side, free weights and equipment on the other side, and in between there's locker rooms and a large turf area for speed agility, sleds, drills, youname-it," he describes. They officially opened

the doors several weeks ago. Feedback has been positive from gym members so far. "But we need more space already," he confides. Fortunately, Lt. Col. Bundy has a plan.

"This is Phase 1," he tells RealWV. "Phase 2 is an additional building for weights, classes, and more. Then Phase 3 is a basketball court with a track for winter walking/running."

Dwight also plans to offer a mega-membership with their next door neighbors, Nova Jiu Jitsu, as part of their vision to make the area a mecca for health and wellness. "You'll be able to join GVF and Nova at a discounted rate," Dwight

Students can also join the GVF South sports performance program and be



Greenbrier Fitness South moves to new location

dropped off at the door after school for training. Dwight offers, "We want to be a positive influence for kids."

GVF is already a positive influence on the community, and that will only grow with time as their plans unfold. "We'll be getting more equipment in the coming months and starting some new things."

Mark your calendars now for Saturday, October 7, when GVF South will host "West Virginia's Strongest." It's a strongman event hosted by Dan Caraway. Competitors will be able to qualify for nationals by competing in this regional event.

Membership at GVT is open. You can choose from two packages. Crossfit costs \$80/month per person. It includes gym memberships at the North and South locations plus unlimited classes and coaching for crossfit. Regular

memberships cost \$45/ month per person. They include full gym memberships at both locations.

GVT South is open 5 a.m. - 7 p.m. Monday-Friday and 8 a.m. to 1 p.m. on Saturday. Extended hours are possible in the future. GVT North is available via 24/7 access.

For more information, call GVT South at 681-318-3340. Visit them online at https://greenbriervalleyfitness.com/ or find them on Facebook.

PICK OF THE LITTER



VIOLET
Violet is a
female lab mix
and weighs 82
pounds

BUDDY

Buddy is an eight-year-old male domestic shorthair



These and other animals are available at the Greenbrier Humane Society, located at 151 Holiday Lane off of Rt. 60 West in Lewisburg. They are closed Sunday and Monday, and are open from 11 a.m. through 5 p.m. Tuesday through Saturday.

Their cat adoption fee is \$65 and covers spay/neuter surgery, first kitty vaccinations, rabies vaccine, de-worming, toe nail trim and flea treatment.

Their dog adoption fee is \$85 and covers spay/neuter surgery, first dog vaccinations, rabies vaccine, de-worming, toe nail trim, flea bath and flea treatment.

Call 304-645-4775 for more information.

They also offer donation-based spay/neuter vouchers, and clinics are filled on a first-come, first-served basis. They use a lot of vets in the area but the clinics fill up fast! Fill out an application to help prevent animal overpopulation! Call 304-645-4775 for more information.

DON'T SHOP • ADOPT!

Resources announced for Fire Departments across West Virginia

Earlier this month, U.S. Senator Shelley Moore Capito (R-WV), a member of the Senate Homeland Security Appropriations Subcommittee, announced funding from the Federal Emergency Management Agency (FEMA) for 27 fire departments and two city governments across West Virginia. The grants were awarded through FEMA's Assistance to Firefighters Grant (AFG) program and will support local fire departments and first responders.

"Our dedicated local fire departments and first responders keep West Virginia communities safe," Senator Capito said. "In order for these brave men and women to effectively do their job, they need the equipment and training to be best prepared for life and death situations. These

resources will help provide them with the tools and expertise required to save lives and I am proud to have helped secure this support."

Area awards include:

- \$522,716.26 to White Sulphur Springs Emergency Medical Services, Inc.
- \$262,323.80 to the Frankford Volunteer Fire Department
- \$256,000 to the Marlinton Fire Department
 \$174,126.19 to the Union Community
- Volunteer Fire Department
 \$121,076.19 to the Clintonville Fire
- Department
- \$110,263.80 to the Quinwood Volunteer Fire Department.

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THANK YOU FOR READING THE MOUNTAIN MESSENGER

More than 420,000 total transactions completed on WV Turnpike during Labor Day weekend

More than 420,000 total transactions were made on the West Virginia Turnpike during the Labor Day holiday weekend from Friday, Sept. 1 to Monday, Sept. 4.

The 422,544 total transactions among the three toll plazas on the Turnpike were

The 422,544 total transactions among the three toll plazas on the Turnpike were right in line with estimates.

"Operations ran as expected as traffic numbers were what we thought they would

be," said Jeff Miller, executive director of the West Virginia Parkways Authority. "Peak travel times were Friday late morning and continued late into evening. Saturday and Sunday were relaxed compared to Friday and Monday. Peak travel times on Monday started earlier in the day and lasted throughout late afternoon and early evening." On Friday, 142,647 transactions were made, compared to 93,896 on Saturday, Sept.

On Friday, 142,647 transactions were made, compared to 93,896 on Saturday, Sept. 2. On Sunday, Sept. 3, 76,082 transactions were completed. On Labor Day, 109,919 transactions were completed.

"I'm proud of all of the operations that contributed," said Miller. "We're ensuring the safety of the patrons on the Turnpike. A lot of our men and women do not get the luxury of enjoying the holiday at home with loved ones. We are proud of them and the work they did."



Briefly

American Heritage Music Hall, Inc.

located at 496 Island Park, Ronceverte, is open to the public, all welcome, handicap accessible. Listeners and tourists welcome. Admission \$7 Tuesday nights, \$10 Saturday - Audience provides food. Doors open at 7 p.m. Jam & Dance every Tuesday 7 to 10 p.m. Craft & Vendor Show Friday, Sept. 8 from 2 to 7 p.m. and Saturday, Sept. 9 from 6 a.m. to 6 p.m. Dance Sept. 23 features Buckeye Creek Band 7 to **10:30 p.m.** The Music Hall is available for weddings and parties. For more information call the Music Hall at 304-645-4667; Bill Evans at 304-392-6079; Grace Poe at 304-992-5852.

Season Opener Williamsburg Shooting Match

The season opener for the Williamsburg Shooting Match will be Sept. 16. The Shooting Match will begin at 7 p.m. Match will be eight rounds, 12-gauge guns only. Full choke, .660 inch minimum. Screw in chokes must be from a recognized supplier (patented) and extend no more than three inches beyond original barrel. Barrel length 34" maximum. First Seven rounds are \$2 per shot, eighth round 50/50 at \$6 per shot. Shooters must compete in the first 7 rounds in order to compete in the eighth round. 50/50 splatter match is \$1 per chance between rounds - Cash prizes will be awarded. You do not need to be a shooter to win! Come early, come hungry! Delicious hot food and refreshments will be available starting at 6 p.m. Families welcomed. You don't have to shoot to come get a meal! The match will be held at the Community Building 6571 Shoestring, Trail, Williamsburg, WV. We hope to see you all there. This event is sponsored by a joint effort of the Williamsburg Community Action and the Williamsburg Ruritans. For more information and directions visit our website at www.williamsburgwv.com, or call Bill Jarvis at 304-645-3690.

Hanna Farmstead

ContinuedfromFrontPage

full slate of café drinks including lattes, frappes, cold brew, Italian sodas, and more.

The farm is located at 1211 Hillsdale Road in Pickaway. Directions from downtown Lewisburg: Travel Route 60 towards Caldwell for 3.4 miles and turn right onto Monroe Draft Road. In 5.8 miles turn left onto Seneca Trail South. Travel Seneca Trail S. (219 south) for 7.4 miles and then turn left onto Hillsdale Road. In 1.2 miles turn left into the parking lot.

Airport Rehabilitation Cont. from Front Page

port's long-term sustainability and safety. Rest assured that safety remains our paramount concern, and these renovations are a vital component in upholding the highest standards of air travel safety.

Traveler Information and Support:

During these necessary closures, we kindly request that all travelers plan their itineraries accordingly. We strongly recommend verifying any potential schedule adjustments or alternative arrangements with your respective flights. Greenbrier Valley Airport is actively collaborating with Contour Airlines to minimize disruptions and ensure passengers receive the most up-to-date information.

For more information and updates on the Runway Rehabilitation Project, please visit our website at mylwb. com or contact the Airport Director at 304-645-3961

Sobriety Checkpoint scheduled in Rainelle

The West Virginia State Police will conduct a sobriety checkpoint at Rt. 60 (Kanawha Ave.) between Maple and Chestnut Street, in the Rainelle area of Greenbrier County on Friday, Sept. 15 into Saturday, Sept. 16. The checkpoint will be in operation between 8 p.m. Friday and 2 a.m. Saturday. The purpose of the checkpoint is to detect and deter impaired drivers, as well as to educate the public about the dangers of driving an automobile while impaired by alcohol and/or drugs.

The State Police urge the motoring public to assist law enforcement agencies in their efforts to stop driving under the influence incidents by reporting impaired drivers.



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Medical Assistant

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Artrageous

Continued from Front Page

Board Room located adjacent to the Hamilton Auditorium. A cash bar and snacks are available.

Artrageous is a troupe of multi-talented live performance artists, world-class singers, and recording artists, highly trained dancers, and audience motivators, and veteran musicians hailing from the high desert of New Mexico. Their high energy performance is a combination of all arts on one stage, combined with humor and interaction in a frenzy of movement and color.

Artrageous has a passion for all things art and community, and they bring their message of the arts being an integral and valuable part of human existence to the stage, leaving their audience of all ages singing, dancing, and clapping along.

The group has been fortunate to perform for theatregoers and celebrities alike and their artworks are in private and public galleries around the world.

During the performance, the audience is immersed in the world of Artrageous and become participants in the show, not merely watchers. For the brave audience members, they are invited to join the troupe on stage for special numbers featuring their creativity. For the milder audience members, the Artrageous vocalists will instruct vocal parts as they sing along and use their souvenir finger lights to create a light show.

Artists, using hands, brushes, and other objects, create visual art pieces making lines and shapes on giant canvas' while the audience is intrigued to guess what each painting will become. Lines and brush strokes become portraits of famous icons in a matter of moments. All the while, live musicians are performing popular musical styles from pop to country to Artrageous original music with Artrageous' powerful vocalists creating smooth

The Artrageous dancers incorporate dance moves that the audience learned before the show and the audience can't help but dance in the aisles and at their seats. The troupe incorporates their street theatre roots and introduces the ancient art of life-size puppetry as their puppet Howard takes the audience on an imaginative dream through a world of blacklight where masterpiece paintings are created by a team of artists as the painting seems to appear out of thin air. The audience is in awe as they see floating people and paintings appear in Howard's blacklight world.

The grand finale integrates live music, vocalists, and a trio of art creations leaving the audience on their feet dancing, singing, and clapping along.

At the end of the performance, the entire audience is invited on stage to interact with the exclusive, created just for them, Live Arts Installation. The audience can view the artworks created during the presentation and enjoy a completely unique view of the show. The audience has a chance to meet the troupe and take photos as they walk through the gallery of live art.

Tickets to the performance start at \$30/adult and \$10/ child, and discounts are available for Carnegie Hall members, students, senior citizens, and military.

Carnegie Hall also offers new Family Pricing. Bring the family and save. Pricing starts with one discounted adult ticket (\$30) and one free child ticket. Each additional adult is only \$15, and each additional child is only

To purchase tickets, call Carnegie Hall Box Office at 304-645-7917, visit www.carnegiehallwv.org, or stop by at 611 Church Street, Lewisburg. Carnegie Hall Box Office is open Monday through Saturday, 9 a.m. until 5

Carnegie Hall WV is a nonprofit organization supported by individual contributions, grants, and fundraising efforts such as TOOT and The Carnegie Hall Gala. The Hall is located at 611 Church Street, Lewisburg. For more information, please call 304-645-7917 or visit www.carnegiehallwv.org.

Suits

In Re: The Marriage of: Joseph Wayne Smith and Crystal Dawn Atwell

In Re: The Marriage of: Stephanie Lynn Collins and Charles Byron Collins In Re: The Marriage of: Laura Leeann Sims and Scott

Allen Sims, II

In Re: The Marriage of: Tyler R. Jones and Julie Ann Jones

Greenbrier County Magistrate Court Convictions

Christina Mae Giese, Arbovale, shoplifting - 2nd, NCP, fine \$100 Colby Tyler Pishner, Summersville, underage con-

sumption. GP, fine \$75

Matthew Shean Brigman, Rupert, leash law viola-

tion, NCP, fine \$20

Allen D. Sears, Lewisburg, reckless driving, NCP, fine \$100, jail 5 days - suspended and placed on 12 months unsupervised probation

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Public Meetings

Rainelle Town Council

meetings are held every second and fourth Monday of each month at 7 p.m. at Rainelle City Hall. The public is invited to attend.

Greenbrier Co. Farmland Protection Board

meets on the fourth Thursday of each month at 10:30 a.m. at 804 Industrial Drive, Suite 5, in Maxwelton. The public is invited to attend. Call 304-520-3221 for more information.

Renick Town Council

will meet Monday, Sept. 11 at 7 p.m. at Renick Town Hall for their regular monthly meeting: Agenda items include:

- · Community comments Approval of minutes
- Financial reports
- Old business
- New business: first reading of ordinance setting forth the rates, fees and charges for service to customers of the water system of the town of Renick, first reading of Ordinance No. 11 - Section 1- an ordinance to increase the rates, fees, and charges for service to customers

of the water system of the town of Renick, committee

Historic Landmarks Commission

will meet Monday, Sept. 11, at 5 p.m. to hear the following applications:

Comments from the public

reports, and other.

- Josh Adamo, Quoin Stone Properties, 1067 Washington Street East - paint column
- Thomas and Jane Hill, 1459 Washington Street East remove existing chimney on the back addition & replace with glass framed & copper roofed cupola
- Virginian Land Company, 900 Washington St. exterior
- Ben Long, 491 Church St., driveway construction
- Jill McIntyre, Aggies, 971 Jefferson St. East new metal roof, exterior paint, soffit and fascia repair
- Don Joint, 472 Lafayette St. materials to be approved for exterior renovations
- John Wilson, 1023 Washington Street East exterior
- Approval of minutes, August 14, 2023
 - Communications from Commission members
- Communications from the Zoning Officer

The next Historic Landmark Commission meeting will be held Monday, Oct. 16, with a deadline of Wednesday,

Opioid Settlement Funds

Continued from Front Page

to the healthy coping techniques they obtained during treatment," Newlyn explained. "These communities are built in transitional and recovery housing." According to the Office of Drug Control Policy there

were at least 1,300 drug overdose deaths in West Virginia in 2020, a 51% increase compared to 2019. This year, there have been more than 5,000 reported EMS responses for suspected overdoses. Tricia Christensen, director of policy for the nonprof-

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Out of Control By Karen Cohen

Invasive species of plants are non-natives that come from other parts of the world, usually by boat. They don't always adapt to their new homes but when they do, they can become invasive. That means they cannot be easily controlled. One such plant is called Chinese Lantern. It showed up in my garden this year, perhaps a bird flying overhead dropped some seeds. I have five Chinese Lantern bushes. I first thought they were attractive, resembling tomatillo plants, but not edible. The small papery pods look like tiny Chinese lanterns and have a small fruit inside. Their origins are Asia, Southern Europe, Southern Asia and Japan. After reading more about them, I decided they were definite "invaders" that didn't have enough positives to remain in my garden. And if I didn't take steps to eradicate them completely, they would continue to come back in bigger numbers each year spreading by dropped seeds.

Invasive plants are self-sowing, spread easily and quickly, and are often hard to eradicate. The Chinese Lantern is a perennial plant that spreads as quickly as mint does. They are best grown in pots to contain their spreading habit. The leaves and unripe fruit are poisonous to animals and humans. The tiny fruit encased in the "lantern" will ripen and then is considered edible. Right about now the lanterns turn bright orange and you will see them used in fall flower arrangements. But honestly, why would a plant that is toxic be saved and brought into your home at all?

Kudzu is another highly invasive plant. If you haven't seen it, you must not have traveled south into Georgia. It is rampant there and can grow up to a foot every day. It is called the vine that ate the South but it also grows in West Virginia and north to New Jersey. Kudzu is a perennial vine that climbs up trees, electrical wires and poles; nothing stops it from latching on and expanding quickly. The Soil Conservation Service in the 30's mistakenly used it for erosion control and it soon became a problem. It puts out so many leaves on the ever growing vines that they rapidly engulf and smother bushes and trees. With the sunlight being blocked even mature trees eventually die. Kudzu prefers mild winters and dry seasons when its roots go deep.

To rid an area of Kudzu, cattle and goats can help control the spread by eating it, it is not poisonous. Cutting the vines at the base is recommended before it starts its daily spread and herbicides are most effective in killing it. Identify it by noting the leaves which are alternate and trifoliate (three leaves) and have hairy undersides. If you see it in your yard, eliminate it as soon as possible and keep vigilant for its return since it spreads underground on roots.

Then there is multiflora rose, another prolific spreader and listed as one of our state's noxious weeds. Again, it started back in the 30's as a plant to control road erosion. The best way to eradicate it is to mow it down to the ground 3-6 times during its growing season, year after year until it stops. It is filled with thorns on woody branches so gloves are needed to remove the cuttings. If that method fails, digging it out by the roots with a backhoe can be effective. It has small white flowers that give off a wonderful rose smell and deer, chipmunks, skunks and coyotes love to nibble on it.

When I grew up in New Jersey, we had a huge burning bush in the backyard. It turned blazing orange/red every fall and was gorgeous. It has been used commonly in landscaping around homes. Now research alerts me that it has become invasive in West Virginia. Massachusetts and New Hampshire prohibit the sale of this bush. Note also that the berries and leaves are toxic to animals and humans. The dense bush will crowd out native species if left to spread by roots and berries.

Other invasives to be watchful for are Amur honeysuckle and Morrow's honeysuckle, autumn olive also called silverberry, and princess tree, all aggressive invasives. For a full list of WV top invasive plants, please go online to: https://wvdnr.gov/plants-animals/ exotic-and-invasive-species/top-invasive-plants/

(Karen Cohen is a nature lover, avid explorer, and writes weekly gardening journals. Please email your tips and comments to: natureswaykaren@gmail.com)

Five activities around the state to add to your fall bucket list

By Dakota Baker

West Virginia Ribfest in Charleston

Sept. 14-17, Free

The 23rd annual Ribfest consists of live music, six national rib vendors, a kids zone with amusements rides, and a beer garden for patrons 21 years of age or older.

Fall Festival at Twin Falls

Sept. 23, Free

The Fall Festivals at Twin Falls has lots of fun activities for the whole family. Some of the activities you can expect are live music, a lumberjack competition, hayrides, arts and craft vendors, and a car show.

Mountain Heritage Arts and Crafts Festival at Jefferson County

Sept. 28-30, Price Varies

Enjoy a weekend filled with art from approximately 180 artisans and craft persons, live bluegrass music, and wine from the local vineyards. Advance tickets are \$8.50 (under

13 free). Tickets purchased at the gate are \$10. Ticket prices include parking, music entertainment, children's craft workshops and wine tasting for patrons 21 years of age and older. No Refunds on Ticket Purchases. Tickets can be purchased at https://www.mhacfestival.org/tickets

Apple Butter Festival in Berkley Springs

The 48th annual Apple Butter Festival will consist of over 150 vendors, live entertainment and contests, the Apple Butter Parade, and a Beer Garden. You can enjoy all this and more while the smell of cooking Apple Butter fills the streets.

Balloons Over Morgantown

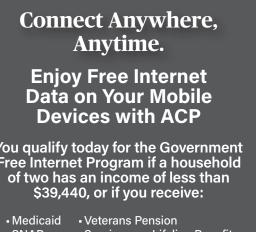
Oct. 12-15, Free

A hot air balloon event where 12-18 balloons come to fly over the West Virginia hills. Event consists of a NightGlow light up night and five balloon flights over the weekend (weather permitting).

Capito secures resources to support health care programs

U.S. Senator Shelley Moore Capito (R-WV), a member of the Senate Appropriations Committee, today announced funding from the U.S. Department of Health and Human Services (HHS), as well as the U.S. Environmental Protection Agency (EPA) and the National Science Foundation (NSF), to support several health care programs, opioid response and Drug Free Community (DFC) programs, and research projects at West Virginia University (WVU) and West Virginia State University (WVSU).

HHS FUNDING: Senator Capito, Ranking Member of the Senate Appropriations Subcommittee on Labor, Health and Human Services, Education, and Related Agencies (Labor-HHS), secured funding for the West Virginia Department of Health and Human Resources (DHHR) and several local health care providers from HHS to help support maternal, infant, rural, and addiction health services in the Mountain State.



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"From making sure every West Virginia mother has care available for herself and her children, to fighting the scourge of opioids, to making quality health services available throughout the Mountain State, I am proud to have secured vital resources for dozens of our communities. Support like this will help meet the needs of our residents so that they can live up to their full potential and lead healthy lives," Ranking Member Capito said.

Area Individual HHS awards include:

- \$1,000,000 in HHS funding to the West Virginia School of Osteopathic Medicine, Inc. (Lewisburg, WV) to support the Rural Communities Opioid Response - Medication Assisted Treatment (MAT) Program.
- \$28,431 in HHS funding to the Monroe County Health Department (Union, WV) to support HHS's Bridge Access Program in West Virginia. • \$25,883 in HHS funding to Rainelle Medical Cen-
- ter, Inc. (Rainelle, WV) to support HHS's Bridge Access Program in West Virginia.
- \$17,420 in HHS funding to Community Health Systems, Inc. (Beckley, WV) to support HHS's Bridge Access Program in West Virginia.





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Answer

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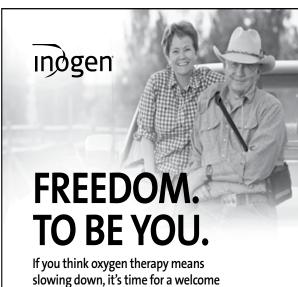
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BITUARIES

Davis William Friedman



Davis William Friedman was born Feb. 18, 1942 in Charleston, WV.

He had one brother, Charles Frederick Friedman, Jr. His parents were Margaret Ruth Davis and Charles Frederick Friedman, Sr.

Davis was married to Janet Sutton Friedman and Ellen Morgan Friedman.

He is survived by children, Lisa Ruth Carter (Sandy Carter), Robert Brown Friedman, Wells Owen Friedman (Wendy Friedman) and Elizabeth Ellen Richmond (James Richmond); grandchildren, Samantha Friedman, Logan Friedman, Layla Ide Friedman, Daniel Friedman (deceased), Kaylin Carter Good (Nathan Good), Emily Carter, Mackinzie Smith Carter, Hallee Richmond, Sallee Richmond, Lindsey Richmond, Journey Richmond, Jack Richmond, Cole Richmond and Jay Richmond; great-grandchildren, Aury (Samantha's), Carter Good, Addalyn Good, Lydia Good, Hayden Good (Kaylin and Nathan's) and Evan Michael Parker (Sallee Richmond and Jake Parker). He also loved Ellen's children, Rachel (and Kevin) Carr, Danny (and Lora) Morgan and Ginnie (and

He passed away at the Peyton Hospice House on Thursday, Aug. 24, 2023, due to a long debilitating disease.

Brad).

He was loved and will be missed by his family. A private family gathering was held at Elizabeth Chapel in Organ Cave, WV.

Any terms of endearment you would like to share can be made by donating to the Peyton Hospice House, 1265 Maplewood Avenue, Lewisburg, WV 24901 or The Greenbrier County Library, 152 Robert W. McCormick Drive, Lewisburg, WV 24901.

Wallace & Wallace Funeral Home in Lewisburg is in charge of arrangements. Please send online condolences by visiting www.WallaceandWallace-FH.com.

Lahoma Lynn Oney

Frankford-Lahoma Lynn Oney, 55, passed away Thursday, Aug. 31, 2023 at CAMC Greenbrier Valley Medical Center in Fairlea.

Born June 10, 1968 at Ronceverte, she was a daughter of the late Joseph Luther Lowe and Rachel Elizabeth Christian Lowe.

Other than her parents, she was preceded in death by a brother, Scotty Lowe; and sisters, Debra Stanley and Cindy Wykle.

She was a homemaker.

Surviving are her husband, Stephen Lee Oney; daughters, Valerie Lynn Winals (Tony) of Charmco, Nicole French (Jeffery) of Princeton, WV, and Elizabeth Rose Oney of Fairlea; grandchildren, Christopher Lee Oney, Breanna Winals, Joseph Avona Oney, Gage Mace, John David Mace, River Mace and Aaiahya Dunbar; brother, Kenny Lowe of White Sulphur Springs. Also surviving are several nieces and nephews.

There was a graveside service on Tuesday, Sept. 5, at Oney Cemetery on Boone Mountain Road near Frankford.

Wallace & Wallace Funeral Home in Lewisburg is in charge of arrangements. Please send online condolences by visiting www.WallaceandWallace-FH.com.

Maxwell Ray Bostic



White Sulphur Springs-Maxwell Ray Bostic, 84, passed away Thursday, Aug. 31, 2023 at Peyton Hospice House in Fairlea.

He was born July 2, 1939 in White Sulphur Springs, the son of the late Jesse L. and Naomi Vance Bostic.

Maxwell had retired the Greenbrier County Board of Education after 33 years; he too had worked with CSX and Johnny Justice's sawmill. He was an avid hunter, WVU fan and best buddy to his son and grandson.

Other than his parents he was preceded in death by daughter-in-law, Stacy Bostic; his sister, Juanita Bryant and husband Paul; brothers, Divus Bostic and Cody Bostic and wife JoAnn; and brothers-inlaw, Mike Weikle and Ralph Wickline.

Those left to cherish his memory are his wife of 58 years, Barbara Webb Bostic; son, Maxwell Ray Bostic "JR" of White Sulphur Springs; grandson, Maxwell Ray Bostic III "Max"; step-grandchildren, Emily Fortney and husband Jordan and Thomas Dalton and wife Brittany; great-grandchildren, Palmer Fortney, Lawson Fortney, Hudson Fortney and Jackson Dalton; sisters, Beatrice Weikle (husband Michael deceased), Joyce Wickline (husband Ralph deceased) and Rosemary Hoke and husband Carlos all of White Sulphur Springs; brother, Burless Bostic and wife Barbara of Maxwelton; sister-in-law, Lois June Bostic (husband Divus deceased) of White Sulphur Springs; special mention of niece, Jennifer Bryant and several other nieces and nephews. Maxwell's funeral ser-

vices were held on Monday, Sept. 4, at the Wallace & Wallace Funeral Home in White Sulphur Springs where Pastor Bobby McClintic officiated. Interment followed in Rosewood Cemetery in Lewisburg. The family received their family and friends at the funeral home before the service.

Wallace & Wallace Funeral Home in White Sulphur Springs is in charge of arrangements. Please send online condolences by visiting www.WallaceandWallaceFH.com.

Bertha Erma **Adkins Kirby**



Pickaway-Bertha Erma Adkins Kirby, 82, formerly of Alderson, passed away Monday, Sept. 4, 2023 at CAMC Greenbrier Valley Medical Center in Fairlea following a short illness.

Born Feb. 9, 1941 at Meadow Bridge, she was the daughter of the late Herbert Wilson and Willie Snow Bragg Adkins.

In addition to her parents, she was preceded in death by her husband, James Franklin Kirby, Sr.; son, Jesse Kirby; brother, Luther Adkins; and sister,

Sadie Adkins. Mrs. Kirby was a retired certified nursing assistant having worked County Summers Continuous Care Hilldale. She was also the co-owner and operator of several businesses in Alderson over the years. She attended the Bellview School at Wolf Creek, WV, and was a member of the Broad Run Baptist Church Wolf Creek. Mrs. Kirby enjoyed bowling, playing cards, reading, and coloring, but above all, she loved to spend time with her family. She was a wonderful mother, grandmother, and great-

grandmother. Survivors include one son, James Franklin Kirby, Jr. and wife, Candi, of Alderson; two daughters, Bertha Erma Mann of Pickaway, and Barbara Ellen Persinger husband, Jack, of Sinks Grove; two brothers, Raymond E. Adkins and wife, Ann, of Liberty, MO, and James J. Adkins and wife, Myrna, of Alderson; six grandchildren, Misty Kirby, Jamie Barb, Briton Kirby, Chase Kirby, Paige Persinger, and Jessica Carver; nine greatgrandchildren, Cheyenne Barb, Cherokee Barb, Chevelle Barb, Lucious Barb, Jasper Persinger, Amilah Carver, Bradley Carver, Ciara Harmon, and Brianna Deskins; and several nieces and nephews.

Funeral services will be held Sunday, Sept. 10, at 3 p.m. at the Lobban Funeral Home Chapel in Alderson Pastor Anthony with

Carter officiating. Burial will follow in the Fletcher Addition of the Alderson Cemetery at Alderson. Friends may call Sunday, Sept. 10, 2023 from 1 to 3 p.m. at the Lobban Funeral Home in Alderson.

Family and friends will serve as pallbearers.

Online condolences and memories may be shared with the Kirby family at www.lobbanfh.com.

Arrangements Lobban Funeral Home, Alderson, WV.

Thomas James Highlander



Alderson-Thomas James Highlander, 56, passed away on Monday, Sept. 4, 2023, at home in Williamson, GA, surrounded by family after a strong three-year battle with cancer.

Born May 5, 1967, in Clifton, VA, he was the son of the late Lyle "Coco" Highlander and Betty Smithson Highlander.

Mr. Highlander grew up as a member of the Johnson Memorial United Methodist Church in Alderson, WV. In school, he ran track and played on the basketball and baseball teams. Mr. Highlander graduated from Greenbrier East High School in 1985 and later graduated from West Virginia University in 1990 with a bachelor's degree in Physical Education. He worked as a Sales Manager with Schwan's Company for many years. He was an avid fan of the West Virginia Mountaineers Sports teams. Mr. Highlander also enjoyed spending time at the softball fields watching his daughter play, running, painting, and being with his family.

Survivors include his wife of 25 years, Maria Ortiz Highlander of Williamson, GA; three daughters, Yldamarie Turner and her husband, Daniel, of Locust Grove, GA, and Elizabeth Highlander and Addison Highlander of Williamson, GA; granddaughters, Evelyn Turner and Elaine Turner of Locust Grove, GA; brother, Jeffrey Highlander of Alderson; mother, Betty Smithson Highlander of Alderson; several cousins; and several nieces and one nephew.

Funeral services will be Sunday, Sept. 10, at 1:30 p.m. at the Johnson Memorial United Methodist Church, Alderson, with Pastor, Jeffrey Kanode, officiating. Burial will follow in the Alderson Cemetery, Alderson, WV. Friends may call on Sat-

urday, Sept. 9, from 6 to 8 p.m. at the Lobban Funeral Home, Alderson. Serving as pallbearers will be Jeffrey Highlander, Greg Holliday, Neil McClung, John Johnson, Micheal Presock, and Bill Strealy. In the words of Tom

Highlander, "Be a lion, not a sheep. Lions don't liam Eugene Hughes. take crap from people"

He was raised in Lewisburg and attended pub-

County, graduating from

Highlander family at www. lobban.fh.com.

Laura Catherine Withrow



Springs-Laura Catherine "Cathy" Withrow, 61, went home to be with the Lord on Tuesday, Sept. 5, 2023 from CAMC Memorial Division in Charleston after an extended illness. Born Mar. 28, 1962 in

Ronceverte, she was a daughter of the late Gilbert Ray Winals and the late Rebecca Ann Duncan Cathy was of the Chris-

tian faith and enjoyed making numerous arts & crafts. Her favorite past time was watching TV with her husband by her

In addition to her parents, she was preceded in death by her stepfather, Thomas Duncan; daughter, Fannie Ferrell; two sisters, Lila Noreen Carlson and Teresa Kincannon; and a nephew, Jefferson Lorenzo Williams.

Survivors include her loving husband, Daniel "Danny" Withrow; daughters, Cheryl Ferrell (Josh), and Shelbi Bryant Withrow (J.R. Bryant); sons, Chuck Ferrell (Cora), Derrick Ferrell, tin Withrow (Sam) and Todd Withrow (Rachael); grandchildren, Aliester Ferrell, Scarlett Ferrell, Rylee Bryant-Withrow, Bryant-Withrow, Kylee Mathew Bryant-Withrow and Paisley Cornell; two sisters, Grace Harris (John) and Sara Duncan (Paul); nieces, Emily Harris, Alexis Mayle, and Chrystal Walters; nephews, Kenny Williams, Jr., Isaac Ray Mayle, Eli Duncan and Caleb Walters. Also surviving is an aunt, Charlotte "Louise" King.

Funeral service will be at 2 p.m. Saturday, Sept. 9, at Wallace & Wallace Funeral Home in Lewisburg, with Pastor Ray Propps officiating. Burial will follow in Greenbrier Memorial Gardens in Lewisburg.

A visitation will be one hour prior to the services at the funeral home on Saturday.

Wallace & Wallace Funeral Home in Lewisburg is in charge of arrangements. Please send online condolences by visiting www.WallaceandWallace-FH.com.

Mark Anthony Hughes

Conway, SC-Mark Anthony "Hugo" Hughes, 62, passed away Saturday, Aug. 26, 2023 at Roper St. Francis Hospital, Charleston, SC, after a short illness.

Born June 3, 1961 in Lewisburg, he was the son of the late Gertrude Hughes Hastings and Wil-

lic schools in Greenbrier

Greenbrier East High School in 1979. After graduation, he attended Concord College and then enlisted in the United States Army.

After moving to South Carolina, Mark began work at Herald's Office Supply and also worked in various construction jobs. He was so funny and never met a stranger. He was the life of the party wherever he went. Friends and family members loved to crack jokes and give him a hard time, which he took lovingly, and he gave it back. He had a nickname for everyone.

In addition to his parents, he was preceded in death by his stepfather, Sidney "Charlie" Hastings; sister-in-law, Robin Hughes, and nephew; Percy "Andy" Morgan. He leaves to celebrate

his life: son, Dr. Mark Anthony Hugo Hughes, Jr. of Lakeland, FL and daughter, Alexandra Lee-Ann Hughes, of Lewisburg; brothers, Darrewll (Toni) Hughes of Lewisburg; Michael Hughes and Derek Hughes, both of Myrtle Beach, SC; and Jeffrey Hughes (Kim) of Charlotte, NC; nieces, Angela Hughes, Tonya Gleaton, Alexis Barfield, and Brooklynn Hughes; nephews, Darrewll Hughes, Jr. (Desiree), Logan Hughes (Lee-Ann), Matthew Walker, Justin Hughes, and Brayden Hughes; great nieces, Kayla Gleaton, Lyric (Cole) Davis, Shaylen Hughes, Sunsarae Hughes, Sheridan Hughes, Samara Hughes, and Teagan Hughes; great nephews; Trysten Hughes, Lucas Hughes, and Nakai Hughes, and his best

and Shawn Stanley. A memorial service will be held on Saturday, Sept. 9, at Morgan Funeral Home, Lewisburg. Family will receive visitors beginning at 1 p.m. with the memorial service beginning at 2 p.m. Pastor Kathie Holland and Minister Toni Hughes will be presiding

friends, Riddick Skipper

Jeffrey Allen



Lewisburg-Jeffrey Allen Loudermilk, 69, passed away Friday, Sept. 1, 2023, at the Peyton Hospice House, Lewisburg, WV.

Born Oct. 4, 1953, in Ronceverte, he was the son of Wanda Marie Williams Loudermilk and the late George Allen Loudermilk.

Jeffrey worked as a groundskeeper and equipment operator at The Greenbrier.

In addition to his father, he was preceded in death by a grandson, Tyler Loudermilk.

Including his mother, he is survived by a son, Eli Loudermilk (Sarah) of White Sulphur Springs; daughters, Missy Stutler (Troy) of White Sulphur Springs and Arcena Atwell of Lewisburg; grandchildren, Bradley, Conner, Stevie, Randy, Crystal, Anna, Chelsea, Angel

and Shane; great-grand-

Page 9

See "Obits" ___

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7:00pm **Special Calf Sale**

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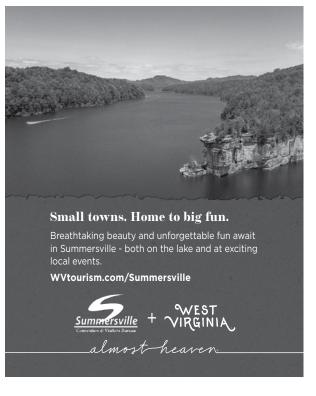
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schedule. Interested candidates can send a resume to the attention of Lisa Redden, Human Resources at

lredden@rmchealth.org. EOE



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For more information or to apply, email Kristi Atha-Rader at karader@rmchealth.org and/or Lisa Redden, Director of Human Resources at lredden@ rmchealth.org.

EOE



(FQHC).

176 Medical Center Drive Rainelle, WV 25962 304-438-6188 Mon.-Fri. 8 AM -6 PM

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EMPLOYMENT OPPORTUNITY LICSW, LCSW & LGSW Rainelle Medical Center has a full-time position

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Please send resumes to the attention of Laura Eagle, Director of Behavioral Health: leagle@ rmchealth.org.

Dear Recycle Lady

Dear Recycle Lady,

Why must labels be removed from aluminum cat food cans, but not steel

Like My Cats

Dear Like My Cats,

The reason labels are removed from aluminum cans and not steel cans is that aluminum cans and steel cans are recvcled differently. Steel cans are processed with an intense high heat that takes care of the labels, whereas aluminum cans are processed at a much lower heat that doesn't destroy the labels. Since the labels are paper, there are good reasons for removing them from both steel cans and aluminum cans. Paper labels can be recycled with magazines or, as one reader suggested, they can be collected and used to start the fire going in a grill. One word of caution, however; only paper labels should be used to start the fire and not the personalized custom plastic labels that are sometimes seen on cans or plastic bottles. Plastic is highly flammable as it is made with oil and gas, and burning it releases harmful gases and fumes into the environment. Interestingly, labels are beginning to be seen printed directly onto metal cans. These, of course, can be recycled on the cans whether they are aluminum or steel!

Dear Recycle Lady,

Last week you said reusing used black plastic flowerpots for starting next year's plants was a great example of a circular economy. What is a circular economy?

Going in Circles

Dear Going in Circles,

A circular economy, or CE, is an economic system that encourages the reuse and regeneration of materials or products, in a sustainable, eco-friendly way. A model of production and consumption, it involves sharing, leasing, reusing, repairing, refurbishing, and recycling existing materials and products. Keeping materials, products, and services in circulation as long as possible is the goal and is attained by redesigning materials, products, and services to be less resource intensive, reducing material use, and recapturing waste as a resource for manufacturing. CE is a system where materials never become waste and nature is regenerated. According to Wikipedia, CE aims to tackle global challenges such as climate change, biodiversity loss, waste, and pollution by emphasizing the design-



based implementation of the three basic principles of the Circular Economy

Dear Recycle Lady,

I read somewhere that a group of young people won a climate lawsuit. Where did this happen?

Kudos to the Kids

Dear Kudos to the Kids,

One such lawsuit by young people occurred in the state of Montana. A group of 16 youths ages 2 to 19 argued that their rights to a healthy environment had been violated and that the state wasn't doing enough to fight climate change. According to This Week Junior, the young people wanted to get rid of a provision in Montana law that prohibited the state from considering climate change when approving energy and mining projects involving fossil fuels like oil, gas, and coal." Not only was this the first case led by young people, it was the first constitutional climate case in US history to go to trial, thus setting a precedent for future cases. Several other states, including Connecticut, Iowa, and Maine are considering similar constitutional climate protections.

Good News: Over 3 million miles of dental floss, a single-use plastic product that cannot be recycled or composted, is used yearly by flossers in North America. Since dental floss is non-biodegradable, it ends up in our landfills, waterways, and pollutes the environment. Next time you need new floss, please consider purchasing one of the available brands of eco-friendly floss that are compostable and/or biodegradable.

Have questions about recycling, or interesting information about recycling? Send questions or requests to recyclelady@greenbrier-swa.com. Dear Recycle Lady is sponsored jointly by the Greenbrier Recycling Center and Greenworks Recycling.



By William "Skip" Deegans

In the spring of 1956, President Eisenhower convened a meeting of the Prime Minister of Canada and the President of Mexico at The Greenbrier. Called the Summit of the Americas, the conference was something of a subterfuge.

Eisenhower rode from Washington, DC to White Sulphur Springs on Walter Tuohy's private executive Pullman rail car. Tuohy was the president of the Chesapeake & Ohio Railway (C&O) that owned The Greenbrier. In 1951, the C&O converted a Pullman car into a business car for Tuohy at C&O's Huntington Locomotive Shop. The interior was designed by Dorothy Draper, The Greenbrier's interior decorator, and it was named Chessie 29 after the C&O's kitten mascot.

As Eisenhower traveled to White Sulphur Springs, the Secret Service and railroad investigators were trying to determine if there had been a plot to poison the President while he was on Chessie 29. Before the car was pulled to Washington it was inspected in Huntington. While the car was in Huntington three visitors became ill after drinking ginger ale that was on board. Two of the three had to be hospitalized. The opened bottles had been thrown away, but the remaining bottles were sent to two labs for analyses. Evidently, no poison was detected, and it was thought the ginger ale was well past its safe shelf life. The President made light of the episode and said, "I haven't drunk pop in years."

The summit either hid or was tangential to another purpose for Eisenhower's visit to The Greenbrier. At this visit, Eisenhower and Tuohy conferred on developing a safe haven at The Greenbrier in the advent of a nuclear attack. The safe haven, a massive underground facility, later became known as the "bunker." Eisenhower was familiar with the The Greenbrier as he had visited the resort twice as an Army General when

it had been converted into a medical facility during World War II, and he and his wife celebrated their wedding anniversary there after the war. This clandestine meeting between Eisenhower and Tuohy was not known for many years until records were declassified.

Eisenhower was only one of many government officials and celebrities that traveled to The Greenbrier aboard Chessie 29. Other notable passengers include the Prince and Princess (Grace Kelly) of Monaco who were guests at the resort in 1963. The famed Chessie 29 has been acquired by the C&O Historical Society in Clifton Forge, and a campaign is underway to have it restored. To generate funds for the restoration, the C&O Historical Society has teamed with West Virginian's Base Camp Printing Co. to sell a limited number of hand printed posters of Chessie 29. Posters may be ordered by contacting the society at

cohs@cohs.org or at 540-862-2210. Sources: The Charleston Gazette-Mail, Beckley Post-Herald, Raleigh Register, *C&O Historical Society.*

Photos Courtesy of The Greenbrier and *C&O Historical Society.*

Poster Courtesy of C&O Historical So-



Monongahela **National Forest hosts** annual Cranberry **Shindig September 24**

Everyone is invited to the annual Cranberry Shindig Sunday, Sept. 24, 11 a.m. to 4 p.m., at the Cranberry Mountain Nature Center on Monongahela National Forest. Bring the whole family to enjoy a day of mountain music, square dancing, artisans and fall

This year the event will feature Cranberry Mountain old-time square dancing. Anyone can participate, no matter the skill level. Starting at 1:30 p.m., long-time caller and dancer Lou Maiuri will provide dancing instruction while music will be provided by Juanita Fireball and the Continental Drifters. Demonstrations include blacksmithing, pottery, spinning wheel demonstrations, traditional dancing, wood turning, apple cider press and more. Artisans will display and sell their wares, and food will be available for purchase. This year's Shindig also features music by the Bing Brothers and Jake Krack.

Be sure to visit the Nature Center exhibits and sales area stocked with field guides, outdoor gear, books and souvenirs.

Enjoy these special scenic places while you are in the area:

- · Cranberry Glades is especially beautiful during the fall when cotton grass is blooming, and plants and trees are displaying their fall colors.
- · View three cascading waterfalls from the boardwalk at the Falls of Hills Creek.
- Take a scenic fall drive on the Highland Scenic Highway. Complement your Highland Scenic Highway drive with an audio tour.

The Nature Center is located 16 miles west of Marlinton and 23 miles east of Richwood at the intersection of Rt. 39/55 and Rt. 150 (Highland Scenic Highway). For more information call the Cranberry Mountain Nature Center at 304-653-4826. The Nature Center is open Thursday through Monday, 9 a.m. to 4:30 p.m. through Oct. 13, closed Tuesday and

Wednesday. For more information about Monongahela National Forest visit https://www.fs.usda.gov/mnf or https:// www.facebook.com/MonongahelaNF.

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Greenbrier Historical Society awarded \$25,000 grant for FirstEnergy for historic building renovation



Members of GHS accepted a \$25,000 grant from First Energy.

The Greenbrier Historical Society (GHS) is thrilled to announce that it has been awarded a generous grant of \$25,000 from FirstEnergy to support the renovation of the historic 1834 Supreme Court of Appeals of Virginia Law Library & Study Building. The grant was presented to GHS President Janice Cooley and Vice President Al Emch by Gary Jack, Senior Corporate Counsel at FirstEnergy, in a ceremony held on

The Greenbrier Historical Society acquired the landmark 1834 Supreme Court of Appeals of Virginia Law Library & Study Building in August 2022. The acquisition marked a significant milestone in the society's mission to safeguard the

Aug. 31, 2023.

historical architecture and stories of the region. With the help of the \$25,000 grant from First-Energy, GHS aims to breathe new life into this iconic structure through thoughtful restoration and renovation efforts.

The grant underscores

FirstEnergy's commitment to supporting local communities and historical preservation. Gary Jack, Senior Corporate Counsel at FirstEnergy, expressed his enthusiasm for the partnership: "We are proud to contribute to the revitalization of this historically significant building and support the Greenbrier Historical Society's ongoing dedication to preserving our shared heritage. First-Energy believes in the power of collaboration to create lasting posi-

Janice Cooley, President of the Greenbrier Historical Society, expressed gratitude the grant, stating, "The generous support from FirstEnergy will make a tremendous difference in our efforts to restore the 1834 Supreme Court of Appeals of Virginia Law Library & Study Building. This building holds a special place in the heart of our community, and its restoration will enable us to continue sharing the stories of our past

will bring."

with future generations." The restoration project is set to include a meticulous approach to preserving the building's architectural integrity while also incorporating modern amenities to ensure its functional use for educational and community events. By revitalizing this historic structure, GHS aims to create a vibrant space that fosters cultural enrichment and celebrates the region's history.

Al Emch, Vice President of the Greenbrical significance."

torical Society embarks on this ambitious renoonly preserving a physical landmark but also safeguarding the stories, memories, and traditions that have shaped the Greenbrier Valley for generations. The partnership with FirstEnergy exemplifies the potential that collaborative efforts can have in revitalizing historical treasures for the benefit of current and future generations.

For more information historical.org.

Greenbrier East High School Golfer of the Week



Name: Nathan Dolin Grade: Sophomore G.P.A.: 3.0

Parents: Michael and Teresa Dolin Hometown: Lewisburg

Favorite Golfer: Scottie Scheffler Favorite Quote: "Success in golf depends less on strength of body than strength of mind and character." — Arnold Palmer

Began Golfing: "When I was in diapers."

Why he plays Golf: "It's a fun sport and it's always fun to learn."

Coaches Comments: WOW! Nate has really improved... and it was no accident. He continuously practices and devotes the time and effort that it takes to reach new goals. Nate shot a 43 at the Greenbrier Course finishing as our #2 player. His score helped us beat Shady Spring as we continue to stay undefeated. Nate understands the importance of a winner's mindset. (See his quote.) He will only do as well as he Believes. We believe in him!

Miluk Golf Humor: "I don't say my golf game is bad, but if I grew tomatoes, they'd come up sliced."

NATIONAL DATA

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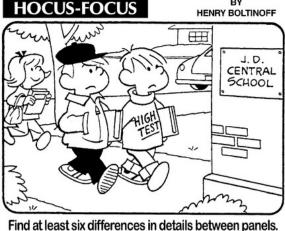
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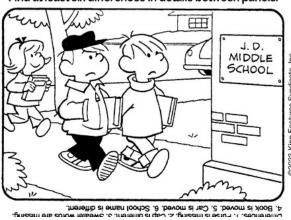
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SCRAMBLERS TRIPAY JETCORP GROWEL REGION





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Super Crossword

- legislators (or the theme of this puzzle?) 117 Arrived by
- plane

106 Some

- 118 Opera legend Pavarotti
- 119 Make a comment
- 120 Response to "You'd never do that!'
- 121 III-fated NASA
- mission of 1967
- 75 Printing goofs 122 And others,
 - to Ovid **123** Dwelt
 - 124 Round bread
 - of India **125** Subj. for
 - some immigrants
 - 126 Passable

DOWN

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- 2 Human face's
- **33** 2013 Grammy
 - - 35 Lieu
- winner for "Rovals"
- 34 Dunne of

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- 58 Scrub nurses' sites, in brief
- 18 Coffee holder 61 Be hammy
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 - emblem - Mountain (Vermont
 - ski resort) 67 Two fives 68 - Mary-
 - mount University
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- 110 Cocooned insect 111 Son of Seth 112 Head, in Haiti 113 Classroom Apple, often
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Weekly **SUDOKU** by Linda Thistle

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Place a number in the empty boxes in such a way that each row across, each column down and

each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆

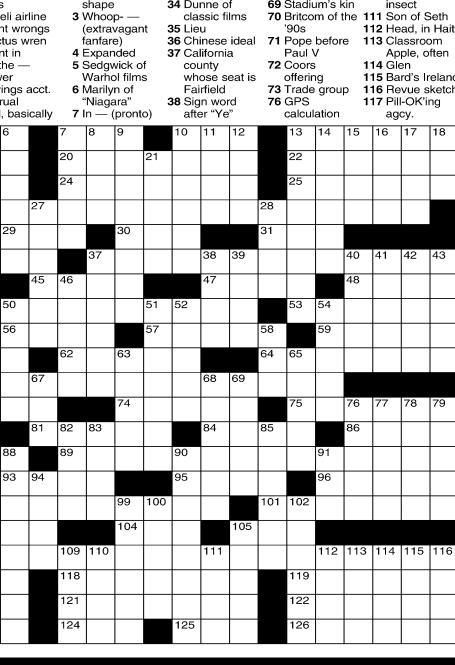
♦ Moderate ♦ ♦ Challenging

♦ ♦ ♦ HOO BOY!

© 2023 King Features Synd., Inc.

er Historical Society, added, "The grant from FirstEnergy is a pivotal step toward realizing our vision for this building. We are excited to work closely with the community, local artisans, and tive impacts, and we are historians to ensure that excited to see the transthe renovation captures formation that this grant the essence of its histori-As the Greenbrier Hisvation project, it is not

about the Greenbrier Historical Society and its preservation initiatives, please visit greenbrier-



Old Time Revival



There will be a revival at Mt. Vernon UMC beginning Sept. 10th.

The old rough sawn tabernacle at Mt. Vernon United Methodist Church will be the revival site for the Alderson United Methodist Charge. The Alderson Charge is comprised of Johnson Memorial, Grace, and Mt. Vernon United Methodist churches.

The old tabernacle was constructed during the depression of the 1930's to provide seating for huge crowds during summer revival services. Each summer the tabernacle provided space for services until the mid 1950's when services were discontinued. In the early 1980's maintenance was performed and annual revival services were started again. A few years ago theft of the benches that were used as pews prevented the continued use of the structure. The acquisition of some used pews has enabled the Old Tabernacle to continue as a site for proclaiming God's word.

This year's revival will begin at 7 p.m. each night on Sept. 10th, 11th, and 12th.

The speaker on Sept. 10th will be Paula McCoy with Ben Hersman providing Special music. Pastor Joey Morgan will speak on Sept. 11th and Pastor Morgan will also provide music. On Sept. 12th Pastor Kathie Holland will bring the message with Shannon Vance providing special music.

Please join the congregations of the churches on the Alderson Charge in rededicating the old Tabernacle for the service of God.

Pie and Ice Cream Supper

There will be a Pie and Ice Cream Supper at Mount Vernon United Methodist Church on Saturday, Sept. 9th at 5 p.m. The church is located between Fort Spring and Sinks Grove on Mt. Vernon Road.

The menu will consist of pork barbecue, hot dogs, various side dishes, several types of desserts, including pie and ice cream. Proceeds will be used for the church ministries. Excess food items, including pies, will be auctioned after the meal.

Open Mic Night in Alderson



Toni and Howard Ogden (Photo Marcia Sutherland)

Alderson Main Street's "Open Mic at the Depot" continues to attract additional musicians and audience members. A hot Labor Day weekend evening on Saturday, Sept. 2 drew 17 musicians and 30 audience members to the historic Alderson Train Depot for an evening of fun and fellowship. Eddie Johns, a regular who is locally known for his John Prine interpretations, performed as well as acted as "guest emcee," keeping everything

When asked why the event seems so popular, organizer Marcia Sutherland said, "I think it's because the audience is so appreciative of every performer, and the musicians really support each other."

running smoothly.



Eddie Johns (Photo Marcia Suther-

It doesn't hurt that the venue is unique; performers and audience are surrounded by antique baggage carts, train memorabilia, original artwork, and instruments hanging on the walls. Even the occasional train that rolls through town and forces a pause to the performance is part of the ambiance. Anybody know a train song?

The last Open Mic at the Depot for the 2023 season will be held on Oct. 7 from 6 to 9 p.m., following the 2nd Annual Alderson Fall Festival on the Bridge from 10 a.m. to 3 p.m.

For more information on Open Mic at the Depot, look at Alderson Main Street's Facebook page or contact Don Sutherland at donsutherland2003@yahoo.com.

LEGAL

(2021-S-00000006 - Greenbrier County - ETHEL MARVINE ONEY)

To: PATRICIA MURPHY, EDNA MILLER, TERRY LOWE, ROBIN BAILEY, MELISSA LOWE, DREMA OSBORNE, VELMA LOWE, VELMA LOWE, JERRY LOWE, JERRY LOWE, SHERIFF OF GREENBRIER COUNTY, or heirs at law, devisees, creditors, representatives, successors, assigns, all known heirs, guardians, conservators, fiduciaries, administrators, lienholders, co-owners, other parties having an undivided interest in the delinquent property, and other parties that may have any interest in the subject property.

DISTRICT MEADOW BLUFF MAP 48E PARCEL 0043 0000

You will take notice that ETHEL MARVINE ONEY, the purchaser of the tax lien(s) on the following real estate, Certificate of Sale: 2021-S-00000006, LOT 23, BLK 8 (ROACH), located in MEADOW BLUFF, which was returned delinquent in the name of LOWE VELMA & JERRY, and for which the tax lien(s) thereon was sold by the sheriff of Greenbrier County at the sale for the delinquent taxes made on the 17th day of November, 2021, has requested that you be notified that a deed for such real estate will be made to him or her on or after October 18, 2023, as provided by law, unless before that day you redeem such real estate. The amount you will have to pay on the last day, October 17, 2023, will be as follows:

Amount equal to the taxes and charges due on the date of the sale, with interest, 104.81

Amount of subsequent years' taxes paid on the property, since the sale, with interest to October 17, 2023.

Amount paid for the Title Examination and preparation of the list to be served and for preparation and service of notice with interest from January 1, 2022, following the sheriff's sale to October 17, 2023. Amount paid for other statutory costs with interest from following the sheriff's sale 734.27

to October 17, 2023. Total Amount Payable to Sheriff - cashier check, money order or certified check 2,088.77

must be made payable to the The Honorable Bruce Sloan, Sheriff and Treasurer

of Greenbrier County. Cost of Certification of Redemption - cashier check, money order or certified check

must be made payable to the The Honorable John B. McCuskey, State Auditor. You may redeem at any time before October 17, 2023, by paying the above total

less any unearned interest. Return this letter and both certified funds to the WV State Auditor's Office. **County Collections Division** 1900 Kanawha Boulevard East, Building 1, Room W-114 Charleston, West Virginia 25305 Questions please call 1-888-509-6568 option 2

Obituaries

children, Noah, Isaac and Summer; and a friend like a brother, Delmas Morgan of Lewisburg.

Visitation was on Tuesday evening, Sept. 5, at the Morgan Funeral Home Chapel, Lewisburg, WV. It was Jeffrey's wish to be cremated following the visitation.

Online guestbook may be signed at www.morganfh.net. Arrangements by Morgan Funeral Home, Lewisburg, WV.

Shirley Lenora Hess Elmore



Ronceverte-Shirley Lenora Hess Elmore, 86, passed away Wednesday, Aug. 30, 2023, at the Lewisburg Healthcare Center.

Born Dec. 6, 1936, in the Richlands, she was the daughter of the late Ballard Preston and Lula Susan Hanson Hess.

Shirley was a member of Ronceverte Baptist Church where she held various positions through the years. She and her late husband, Charles Benton Elmore, owned and operated Elmore's Farm Supply for 20 years. Shirley was selfless, caring, thoughtful, humorous, loving, kindhearted, devoted, gentle and generous. She was a prayer warrior and lover of southern gospel music.

In addition to her parents and husband, Shirley was preceded in death by her brothers, John and Ray Hess and sisters, Mary Cothran, Lib Howard, and Virginia Hess.

Survivors include a son, Doug Elmore (Karen) of Ronceverte; daughter, Susie Anderson of Ronceverte; grandchildren, Ben and Hannah; and several nieces, nephews, and many friends.

Funeral service was on Sunday, Sept. 3, at the Morgan Funeral Home Chapel, Lewisburg, where

Pastor Andy Howdock officiated. Visitation was Sunday before the service at the funeral home. Burial followed the service in the Wallace Memorial Cemetery, Clintonville, WV.

In lieu of flowers, the family asks donations of sympathy be made to the Peyton Hospice House, 1265 Maplewood Avenue, Lewisburg, WV 24901.

Online guestbook maybe signed at www.morganfh.net. Arrangements by Morgan Funeral Home, Lewisburg, WV.

Thomas LaFon



Ronceverte-Thomas "Tom" LaFon, 86, went to be with the Lord on Sunday, Sept. 3, 2023, at home surrounded by family. A short illness may have caused his death, but Tom ultimately passed away of a broken heart after losing his beloved wife of 65 years, Edith Alta La-

Tom was born Feb. 28, 1937, in Organ Cave to the late Leonard and Kathleen Wood LaFon.

Tom attended school in White Sulphur, Springs, Organ Cave and Ronceverte. With less than perfect school attendance, Tom decided he would try his luck at The Greenbrier working in the horse stables. From there Tom spent many years working on construction, building not only houses but also bridges. In 1971 Tom started working for United Parcel Service (UPS) and retired from there after 25 years of service. Tom enjoyed his many years of retirement keeping up the farm and spending time with his wife and family.

Throughout life Tom gave back to the community by helping friends and family with any odd job that was asked of him. Tom also spent a great amount of time helping build the McLean Church shelter with his great

friend and neighbor, Harold Howard.

Tom left this world as a loving father, grandfather, and great-grandfather and will be missed by all.

Tom was proceeded in death by his wife, Edith Masters LaFon; his parents, Leonard and Kathleen Wood LaFon; brother, Wesley "Eddie" LaFon; sister, Marie LaFon Brooks; brother, James "Jimmy" LaFon; sister-in-law, Rose Weikle LaFon; and bothers-inlaw, Olan Daugherty, and James Brooks.

Those left to forever honor his life are his sons, Robert LaFon (Sandy), and Roger LaFon; daugh-Peggy Fletcher ters, (Jimmy), and Crystal Cox (Barry); grandchildren, Jason Judy (Sandy), Justin Fletcher (Jamie) Carson Cox, and Cara Slaughter (Deiland); great-grandson, Wesley Thomas Fletcher; brothers, Jack LaFon and Wayne LaFon; sisters-inlaw, Jean Masters Knight, Rachel Dunbar Drehr, and Nancy Bostic LaFon; and many nieces, nephews,

and cousins. Funeral service will be at 1 p.m., Friday, Sept. 8, at the Morgan Funeral Home Chapel, Lewisburg, with Pastor Gary Baker and Pastor John Groves officiating. Visitation was held Thursday evening, Sept. 7, at the funeral home. Keeping Tom's wish, he will be cremated following the service and interred with his wife in

In lieu of flowers, the family suggests donations of sympathy be made to the Peyton Hospice House, 1265 Maplewood Avenue, Lewisburg, WV 24901 or to McLean Church, 344 Masters Road, Ronceverte, WV 24970.

the McLean Cemetery.

Online guestbook may be signed at www.morganfh.net. Arrangements by Morgan Funeral Home, Lewisburg, WV.



Fall Craft and Vendor Show fundraiser for American Heritage Music Hall upcoming

The third annual Fall Craft and Vendor Show will be held at the American Heritage Music Hall in Ronceverte at Island Park on Friday, Sept. 8 from 2 to 6 p.m. and Saturday, Sept. 9, from 9 a.m. to 5 p.m.

Local crafters and vendors will be in attendance with their goods for the community to come in and enjoy shopping. Food concessions will also be available, so come on

1,238.38

35.00

down and enjoy a day of shopping and support the local crafters and vendors and the American Heritage Music Hall. This is a fundraiser

for the American Heritage Music Hall which is a nonprofit organization. The music hall has been in operation since 2006. The music hall has been through some tough times, with the flood of 2016 being one of them. Thanks to Bill Evans and

LEGAL

IN THE CIRCUIT COURT OF GREENBRIER COUNTY, WEST VIRGINIA CHANGE OF NAME FROM

Richard Dotson to Richard Johnston Civil Action No. LEGAL NOTICE OF PUBLICATION CHANGE OF NAME

Order of Publication Circuit Court of Greenbrier County, West Virginia

Notice is hereby given that on the 31st day of October, 2023, at 3:30 o'clock p.m., or as soon thereafter as the matter may be heard. Petitioner Richard Dotson will apply by Petition to the Circuit Court of Greenbrier County, West Virginia, for the entry of an order by said Court changing Petitioner's name from Richard Dotson to Richard Johnston, at which time and place any interested party may appear and be heard, if they so desire. Further, said hearing may be rescheduled without further notice or publication. A copy of said Petition can be obtained from the undersigned Clerk at his office.

Entered by the Clerk of said Court this 5th day of September 2023

Janue Baker By: Ba Chereboro

Deputy Circuit Clerk

others at the music hall they cleaned things up and moved on. In 2020 COV-ID took a hit on the music hall and had it closed for a few months, but it has bounced back with the support of the community.

The American Heritage Music Hall is a family-oriented facility which welcomes all ages to attend. No smoking or alcoholic beverages allowed.

Tuesday night is jam session night, where local musicians are on stage playing music and singing from 7 to 10 p.m. with a \$7 cover charge. A potluck meal is served so bring your special covered dish and come and enjoy. Doors open at 6 p.m. The fourth Saturday of

every month a band will be featured on stage to provide great listening music and dancing starting at 7 p.m. with a \$10 cover charge. This musical event also offers a potluck meal, with doors opening at 6 p.m.

STEPPIN' OUT

Gov't Mule headlines Healing **Appalachia September 22**



Photo Credit David Simchock

Renowned GRAMMYnominated quartet Gov't Mule - led by GRAM-MY Award-winning vocalist, songwriter, guitar legend, and producer Warren Haynes - is coming to Lewisburg on Friday, Sept. 22 to headline Healing Appalachia at the West Virginia Fairgrounds amidst their own fall headlining tour supporting Gov't Mule's new studio album, Peace...Like A River, released this June.

Peace...Like A River (Fantasy Records), the band's 12th studio album and follow-up to Gov't Mule's chart-topping, Grammy-nominated blues album, Heavy Load Blues, includes the stirring radio single "Dreaming Out Loud" featuring Ivan Neville and Ruthie Foster. For

the track, Haynes wove together inspirational quotes from Dr. Martin Luther King Jr., Robert and John Kennedy, and the late civil rights leader and U.S. Representative John Lewis. Elsewhere on Peace... Like A River is the soaring and heartfelt "Same As It Ever Was" and the epic, single Beatles-inspired "Made My Peace." The 12-song rock collection, hailed as "perfection" and "captivating," also features guest appearances from Billy Bob Thornton, who adds his distinctive vocals to "The River Only Flows One Way," rising soul artist Celisse on "Just Across The River," and Billy F Gibbons, whose trademark vocals underscore the tasty ZZ Top textures that inform

the humor-infused "Shake Our Way Out." In addition to various vinyl options, Peace...Like A River is also available with a Deluxe Edition (on CD only) that includes five additional tracks.

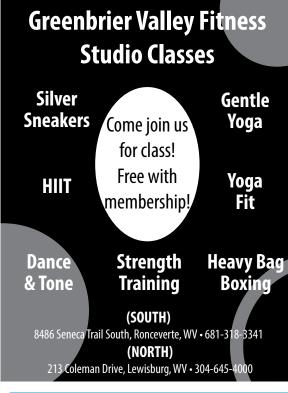
Peace...Like A River was recorded during the same sessions as Heavy Load Blues at The Power Station New England with co-producer John Paterno (Elvis Costello, Bonnie Raitt, Los Lobos) alongside Haynes. The albums, however, were created in different rooms, with no shared gear or instruments, keeping the two concurrent projects with their own unique identity and character. The tracks on Peace...Like A River explore the many sides of Gov't Mule and bring to-

gether all the qualities that have earned the four-piece the beloved stature they enjoy today. Thematically, the new album explores the seismic changes the world has gone through over the past few years. Influenced both in his songwriting and playing by what Haynes calls "the golden era of rock, soul, jazz and blues," Gov't Mule combines the best and most enduring qualities from all those musical strains to create a timeless piece of art on Peace... Like A River that could have easily come out in the 1970s.

Gov't Mule - Warren Haynes [guitar, vocals], Matt Abts [drums], Danny Louis [keyboards, guitar, and backing vocals], and Kevin Scott [bass] - is on the road all year in support of Peace...Like A River bringing their acclaimed live show across the world. In addition to their own headlining shows, including their recently wrapped summer Dark Side of the Mule Tour, the band is appearing at various stops of Willie Nelson's Outlaw Music Festival Tour. Following the North American fall leg of the Peace... Like A River World Tour stopping throughout the U.S. and Canada, Gov't Mule will head over to Europe for an 11-date run in November.



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WVSOM helps Beckley clinic aid patients in opioid recovery through acupuncture technique



Dr. Lidel performs accupunture on patients.

Patients in recovery from opioid use disorder have an additional treatment option at a Beckley clinic, as a result of training provided at the West Virginia School of Osteopathic Medicine (WVSOM).

The school's Center for Rural and Community Health (CRCH) is sponsoring the use of the National Acupuncture Detoxification Association (NADA) protocol at Revive Healthcare, a medication-assisted treatment clinic based at Beckley Area Medical Clinic.

The NADA protocol is a form of acupuncture in which small needles are placed into five pressure points on the exterior of the ear. The technique is used alongside other treatments to reduce cravings for opioids and minimize withdrawal symptoms. It can also be beneficial in easing symptoms of posttraumatic stress disorder and improving sleep, among other uses.

Samantha Lidel, a behavioral health therapist with Revive Healthcare, received training in administering the NADA protocol in 2019 during an educational session at WVSOM. She was sub-

sequently certified by the

national organization and the West Virginia Board of Acupuncture. Lidel said that since she began offering the NADA protocol in May, patients in recovery have shown increased compliance with attendance and treatment.

"Historically, many of our patients just come in when it's convenient for them," she said. "But since I've been offering NADA, I've seen that more of them are showing up for appointments, and they're noticing the benefits. Some of them are having fewer drug cravings or have cut back on smoking cigarettes, and they're having less anxiety, less stress, less depression. Auricular acupuncture is helping our patients make real progress in their recovery."

Lidel has provided the protocol to 285 patients from nine West Virginia counties as of mid-August. She pointed out that it's vital for behavioral health professionals to have a variety of methods to choose from in helping patients battle opioid use disorder.

"West Virginia has been one of the states hardest hit by the opioid epidemic, and we need deployable

goal is to offer a technique that people may have never thought about for individuals where medication is not enough. It's just an extra tool to use."

She emphasized that the use of the NADA protocol is voluntary on behalf of patients and that it's performed in conjunction with talk therapy.

"Some patients use NADA in every appointment because it makes them feel relaxed and calm. Some people struggle with talking about past trauma or relapse - they can be hard subjects - and the acupuncture relaxes them enough to feel comfortable to open up about these issues," Lidel said.

Auricular therapies have existed for thousands of years. In modern times, clinical trials dating to 1958 have shown the effectiveness of auricular acupuncture. The NADA protocol was developed in the 1970s, and currently more than 25,000 people have been trained in the technique worldwide, according to the National Acupuncture Detoxifica-

tion Association. WVSOM is sponsoring the use of the protocol ussolutions to help our popuing funds from the State lation," Lidel said. "My Opioid Response Grant through the West Virginia Department of Health and Human Resources' Bureau Behavioral Health. Jenna Hinkle, director of education for WVSOM's CRCH, coordinates the grant for the school and said she is pleased that the response to the treatment has been positive.

"Samantha's work has been extremely well received, and participants are loving it. Some of them are actually calling in and wanting to come more often," Hinkle said.

She said she ultimately would like to see the protocol used beyond therapeutic settings, allowing it to

benefit as many people as possible.

"Our goal remains to continue establishing partnerships and locations to offer this protocol to the community," recovery Hinkle said. "We would love to have the same thing offered in a community setting so that anybody recovering from opioid use disorder can receive this treatment even if they're not patients at a specific clinic."

Deborah Schmidt, D.O., a WVSOM faculty member who helped bring NADA protocol training to southern West Virginia and who oversaw the session

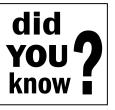
in which Lidel was trained, praised Lidel's incorporation of the technique into patients' treatments.

"I'm thrilled that Samantha has been able to put the training provided to her through the State Opioid Response Grant to good use in augmenting the care her patients receive. Hopefully, other frontline workers in recovery programs will be trained in this simple yet effective protocol so that we can help patients handle the stress of their daily lives during recovery. Everyone could use some stress reduction," Schmidt said.

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