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of the Week**
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Ronceverte Food Truck Festival announces music and vendor lineup

By Chelsea Blair

The Ronceverte Food Truck Festival will return in September, with a selection of food trucks and area vendors set up on Edgar Avenue. The last Food Truck Festival in May was, once again, a success, bringing crowds out to the River City for both the music and the food.

The event will kick off on Friday, Sept. 13, with Terrence Zimmerman performing live at 7 p.m., during the Ronceverte Community Market.

Beginning at 10 a.m. on Saturday, Sept. 14, food truck vendors including Bandit BBQ, Fairway Fork, Greenbrier Dairy LLC Cow Licks, Little Jimmy's Italian Ice, Smash Pots, Smashed Lemonade, The Kettle Wagon, and the Twisted Chef, will be set up along Edgar Avenue. Music performances that day will be DJ Missy Gee from 1 to 4 p.m., Distant Light at 5 p.m., Allan Dale Sizemore and the Lost Souls at 6:30, and Bicycle at 8 p.m.

Along with tasty food, spectators can enjoy face paintings, a bounce house, and shopping with local vendors, including Eternalinks Permanent Jewelry, Greenbrier Valley Dyes, Heavenlymadecrafts, Kiwanis Club of Greenbrier Valley, Mick's Media Jewelry, Mountain Mystique, Nicartistic, Primitive Goods, River&Earth Creations, Studio Kelsie, Sugar Bears, and Tracey's Sugar Shack.

The festival will occur rain or shine. Come out and support your local business, as well as craft vendors and musicians while having a fantastic time. For more information on the festival check out the "Ronceverte Food Truck Festival" on Facebook and Instagram.

Lewisburg named one of 10 Best Small Towns in West Virginia

By Sarah Richardson

Lewisburg has once again made it into Travel + Leisure magazine, this time in a piece titled "10 Best Small Towns in West Virginia, According to Locals," published on Aug. 17. The other towns named, in order, are Capon Bridge, Wheeling, Moundsville, Harpers Ferry, Buckhannon, Richwood, Thomas and Davis, Fayetteville, and Charles Town. Lewisburg came in as number four on the list, with mentions of the State Fairgrounds and local breweries attributing to the city's popularity.

Also this week, Lewisburg made it to round two of voting in Blue Ridge Outdoors' 2024 Top Adventure Towns contest. Winners will be featured both online and in the November issue of Blue Ridge Outdoors. Visit <https://tinyurl.com/4n67xcfd> to vote for Lewisburg in round two, which runs through Aug. 25.

Parade of Lights to return for 2024

The annual Parade of Lights will be held in Fairlea on Wednesday, September 11. Sponsored by the Greenbrier County Fire and Emergency Responder's Association, this parade was created to honor the first responders and others who lost their lives on September 11, 2001, in the World Trade Center attacks.

The lineup begins at 5:30 p.m. at the Midway of the State Fairgrounds with a show and tell of emergency vehicles and equipment, as well as a landing of the HealthNet helicopter. Afterwards, a ceremony will be held from 6:30 to 7:20 p.m. with a candlelight vigil at the Cecil H. Underwood Building. The parade will leave the



Parade of Lights begins in Fairlea

fairgrounds at 7:40 p.m., and will go past McDonalds on Rt. 219, through Fairlea to Lowe's in Lewisburg, circles back through Fairlea, and will end at the Fairgrounds.

Koepka defeats Rahm in playoff, Smash wins team title

By LIV golf staff

Smash GC Captain Brooks Koepka extended his LIV Golf record by winning LIV Golf Greenbrier for his fifth individual title. For the third time, he won via playoff. But his victory Sunday at The Old White course was a bit more special, given the opponent.

Koepka beat Legion XIII Captain Jon Rahm on the first playoff hole with par in a thrilling finish. It's the first time the two have dueled since Rahm joined LIV Golf in the offseason, and it was reminiscent of the final round at the 2023 Masters - only with a different outcome.



John Catlin sprays Brooks Koepka of Smash GC with champagne in celebration on the 18th green. (Photo by Jon Ferrey/LIV Golf)

Koepka has now won five of the 31 LIV Golf regular-season tournaments that he's played. No other player has won more than three times. He said Sunday's win was his favorite. See "LIV Golf" Page 2

Justice Family says sale of The Greenbrier is 'averted,' no mention of employee health care payments yet

By Stephen Baldwin
RealWV
www.therealwv.com
In a statement sent

to RealWV by Cam Huffman of The Greenbrier on Thursday morning, the Justice Companies announced that they have reached a deal to repay a delinquent lien to Beltway Capital (also known as McCormick).

The lien was the subject of an auction planned for Aug. 27 on the steps of the Greenbrier County Courthouse. Beltway had intended to foreclose on the lien and sell the famed resort to the highest bidder.

The Justices filed two motions earlier this week to delay the sale, with a hearing before Judge Bob Richardson scheduled for tomorrow. That hearing will not occur.

The statement says, "The Justice family... has reached an agreement with Beltway Capital. Under the agreement, Beltway Capital will receive a

specific amount to be paid in full by Oct. 24, 2024, which Justice has already secured. Beltway reserves its rights if justice family fails to perform."

Asked for further comment, the Justice spokesperson said he had no additional information. RealWV also reached out to Beltway's legal counsel for confirmation of the deal but it was not immediately returned.

The Justice statement did not mention unpaid employee health care premiums. As we reported on Monday, The Greenbrier received notice that employee health care would end next week if unpaid bills were not remitted in a timely manner. Coverage was set to end the same day as the auction, which now appears to be off.

"The Greenbrier Hotel Corporation is four

months delinquent in its contributions to the Health Fund, owing approximately \$2.4 million in delinquent contributions with an additional \$1.2 million in contributions currently, or soon to be due and owing," says a letter from Ronald Richman, attorney with Schulte Roth & Zabel LLP representing the Amalgamated National Health Fund, addressed to The Greenbrier Hotel.

The letter further stated, "The Greenbrier's Delinquent Contributions include contributions that were deducted from employees' pay but not remitted to the Health Fund."

A request for comment to employee representatives was not immediately returned this morning.

Stay tuned to RealWV for developments as this story unfolds.

Permits available for 2024 Ginseng Season on Monongahela National Forest

Monongahela National Forest will begin selling ginseng permits for the 2024 harvest season on Monday, Aug. 26. In addition to following all state laws, a Forest Service permit is required to dig ginseng on National Forest System lands.

You can purchase a permit at the ranger stations in Parsons, Petersburg, Richwood, Bartow, Marlinton or White Sulphur Springs, or the Supervisor's Office in Elkins, Monday to Friday from 8 a.m. to 4 p.m.

Monongahela National Forest ginseng permits cost \$20 each. A separate permit is required for each district on the Forest. This year, you may only buy one permit per district at a time. Each permit allows you to collect up to 95 plants from one ranger district during the West Virginia ginseng season. See "Ginseng Permits" Page 2

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www.mountainmessenger.com
Inside This Week

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GHS to hold events for 250th anniversary of Camp Union

The Greenbrier Historical Society is recruiting members and other history buffs. Your attendance is requested to commemorate the 250th anniversary of Camp Union in Lewisburg on Sept. 28 and 29.

There will be an exhibit and Living History at our Barracks property, E. Randolph and N. Jefferson Streets (adjacent to Montwell Commons), on Sept. 28 from 10 a.m. to 4 p.m. and Sept. 29 from 10 a.m. to noon.

Dunmore's War & Camp Union will be hosting an exhibit opening and numerous Living History Interpreters, including Native Americans, 18th century surveyors, militia, fife, and drum musicians. Alan Gutches, Director of Fort Pitt Museum, will hold the keynote address on Logan's Lament and Indigenous/settler relations in Dunmore's War, at Carnegie Hall on Sunday, Sept. 29, 2 p.m. Exhibit viewing and reception to follow at North House Museum, 814

Washington Street W.

All events are free thanks to these generous sponsors: Greenbrier Historical Society, Greenbrier County Commission, City of Lewisburg, Carnegie Hall, Greenbrier County CVB, WV Humanities Council, General Lewis Inn, and Montwell Commons.

Visit the Greenbrier Historical Society Facebook page and website for more information, <https://greenbrierhistorical.org>.

Farmland Protection Boards accepting applications

Greenbrier, Monroe, and Pocahontas Counties are accepting applications for their Conservation Easement programs.

The Farmland Protection Boards are accepting applications for the FY25 funding cycle. Selections will be based on ranking criteria within each county, and then across the state. Selections are based on available funding within each county.

Applications must be received by Sept. 20 to be considered for the FY25 funding cycle. Applications can be obtained from your local NRCS office and via e-mail: amy@saddlebackservices.org.

Please mail the completed application and supporting documents to Farmland Protection, PO Box 574, Union, WV 24983. You may also return your application via email to amy@saddlebackservices.org.

If you would like an application mailed to you or if you would like to schedule a meeting to review the application and learn more about the program, please contact Amy Moloney, Executive Director at 304-667-4877.



Children's Crisis and Referral Line offers mental health resources

As children in West Virginia head back to school, mental health is a top concern for parents and educators. The beginning of a new school year is a time when many children feel increased anxiety, and many teachers notice behavioral issues. According to the American Psychological Association, one in six children between the age of 3 and 17 in the United States experience a mental health disorder each year. These disorders can significantly impact a child's life, including their academic performance, social relationships, and overall well-being.

In West Virginia, the Children's Crisis and Referral Line offers 24/7 access to trained professionals who can locate resources for those concerned about

their child's mental health. They refer to community-based support and treatment. They can arrange an intervention from a Children's Mobile Crisis Team if a child is in severe distress. Ann Hammond, Program Director for the line, says many parents and social service professionals are unaware of the array of services the line can offer. She said, "We often hear from people who have spent a lot of time searching for resources for children, not realizing that with one call, we can connect them with several resources."

If you are concerned about your child's mental health, call or text 1-844-HELP-4WV or chat online at HELP4WV.com.

Ginseng Permits

Continued from Front Page

season, Sept. 1 through Nov. 30. You can purchase an additional permit for the same district after you return each completed permit, as supplies allow.

Ginseng plants must have three or more prongs and have produced fruit this year to be legal for harvest. When harvesting, plant the fruit on-site and then keep the rest of the plant intact. Harvest no more than 24 plants per day and have no more than 24 plants in your posses-

sion while on national forest land.

For more information about state laws concerning ginseng harvest, refer to <https://wvforestry.com/laws-regulations/ginseng/>.

For more information about Monongahela National Forest ginseng permits, visit <https://www.fs.usda.gov/detail/mnf/passes-permits/forestproducts/?cid=FSEPRD597459>.

LIV Golf

Continued from Front Page

"I think this one just meant a little bit more, for the last few years playing Jon and obviously he got the better of me at Augusta," Koepka said. "I just wanted to beat him. He played phenomenal today. The way he finished down the stretch was pretty clutch, and it was fun to watch him this week."

Koepka's Smash team also claimed the team title, tying a LIV Golf record with a 53 under total counting score to beat Ripper GC by three shots. Koepka and Jason Kokrak led the team with 7-under 63s, with Talor Gooch shooting 69. Reserve player John Catlin, filling in for Graeme McDowell, shot a 67.

Rahm rallied past Koepka to win the Masters last year and was hoping to claim his second consecutive LIV Golf title, having won in England three weeks ago. He entered the final round with a two-shot lead, but Koepka caught him after six holes.

From there, the two went back-and-forth while others joined the fray, including 51-year-old Richard Bland, who briefly had the outright lead after an eagle at the 12th hole.

Koepka made three straight birdies on his back nine and led by two shots with three to play. But Rahm caught him with birdies at 16 and 17.

They both parred the 157-yard par-3 18th, and then played the hole again in the playoff. Koepka's tee shot left him with a 25-foot birdie putt while Rahm found the back bunker, leaving him with an awkward lie on the short side. He

blasted out to 23 feet past the pin. But after Koepka missed his birdie attempt, Rahm could not save par.

"We've gone head-to-head a few times, and it's always a fun one for the spectators," said a disappointed Rahm. "It's fun for us and obviously more fun for whoever wins, but it always seems to come down the stretch. Last time I had a putt to win it on 18, and this time he was the one that ended up winning."

Rahm did have a significant accomplishment despite coming up short, as he overtook Torque GC Captain Joaquin Niemann in season-long points. Those two will battle it out for the 2024 Individual Championship next month at LIV Golf Chicago, while Koepka has an outside shot at the bonus-paying third place.

"There's still obviously a lot of good things to think about," Rahm said. "But right now it hurts more than anything."

As for Koepka, there's nothing he can do now about a disappointing major season, but he has a chance to finish 2024 with more champagne celebrations, especially if his Smash team can claim the Team Championship in Dallas.

"This year has not been very good," Koepka said. "It's nice to kind of try to end it on a high note. Obviously, we've got two events left, so we'll see what we can do."

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THE MOUNTAIN MESSENGER

AWANA resumes at First Baptist of Fairlea

First Baptist Church of Fairlea is happy to announce another AWANA year continues Wednesday, Sept. 4, at 6:45 p.m. AWANA, which stands for "Approved Workers Are Not Ashamed" (2 Timothy 2:15), is a free program for children age three (if potty-trained) through 5th grade, enabling churches and parents to teach their children to know, love, and serve Jesus Christ. This program is open to the community, and all are welcome to join! AWANA is held each Wednesday from 6:45 to 8:15 p.m., with doors opening at 6:30 p.m.

The unique design of the AWANA program allows children to sign up at any

time throughout the school year. However, join us as soon as possible to begin making friends and be a part of the fun! A typical AWANA evening includes not only Bible lessons and verse memorization, but also games, mission projects, special themed

nights, pledges, snacks, and an AWANA awards store.

For more information, call the church at 304-645-3533, or if possible, preregister AWANA children online at www.fbc-fairlea.com. Hope to see you Sept. 4!



Gov. Justice announces Revenue Secretary and State Auditor certify 4% income tax reduction, file with state tax office

Gov. Jim Justice announced recently that Revenue Secretary Larry Pack and State Auditor JB McCuskey inked a letter certifying a 4% reduction in West Virginia's personal income tax. The certification has been filed with the State Tax Division and will take effect Jan. 1, 2025.

The Department of Revenue and State Auditor's Office collaborated to verify the accuracy of Fiscal Year 2024 tax collections, culminating in today's formal agreement.

Gov. Justice announced the reduction in July after state revenue collections exceeded inflation, as stipulated in House Bill 2526, which he signed in 2023. This marks the second consecutive year West Virginia has reduced its personal income tax rate,

moving closer to eliminating it entirely.

"It only makes sense that as West Virginia thrives, our people thrive and deserve a share of that prosperity," Gov. Justice said. "We have so much to be proud of, but there's more work ahead. While it won't happen during my time as your Governor, our state is on a pathway to eliminating its personal income tax - so, let's keep the ball rolling in the same direction. We all know, at the end of the day, getting rid of the personal income tax will bring more goodness and more people to our beautiful state. Keep it up, West Virginia."

"West Virginia continues to shine, and as we foster an environment for economic growth, the hardworking people of this state will share in that suc-

cess," Secretary Pack said. "As the state prospers, our citizens deserve to keep more money in their pockets. This milestone reflects our commitment to making West Virginia the best place to work, live, and raise a family. Today is yet another proud moment for West Virginia, and we should all be excited about the bright future ahead."

"For nearly a decade, West Virginia Republicans have championed tax, legal and regulatory reform, also accountability and transparency," Auditor McCuskey said. "In that time, we have seen historic levels of economic development, job creation and prosperity. We know there is still work to be done, however, to ensure every child in West Virginia receives an education, and

See "Income Tax" Page 3

PICK OF THE LITTER



FRANK

Frank is a four-year-old German Shepherd mix and weighs 52 pounds.



WANDA

Wanda is a five-month-old female domestic shorthair

These and other animals are available at the Greenbrier Humane Society, located at 151 Holiday Lane off of Rt. 60 West in Lewisburg. They are closed Sunday and Monday, and are open from 11 a.m. through 5 p.m. Tuesday through Saturday.

Their cat adoption fee is \$65 and covers spay/neuter surgery, first kitty vaccinations, rabies vaccine, de-worming, toe nail trim and flea treatment.

Their dog adoption fee is \$85 and covers spay/neuter surgery, first dog vaccinations, rabies vaccine, de-worming, toe nail trim, flea bath and flea treatment.

Call 304-645-4775 for more information.

They also offer donation-based spay/neuter vouchers, and clinics are filled on a first-come, first-served basis. They use a lot of vets in the area but the clinics fill up fast! Fill out an application to help prevent animal overpopulation! Call 304-645-4775 for more information.

DON'T SHOP • ADOPT!

Solar Holler announces major deadline in advance of FirstEnergy Solar Net-metering policy changes

This week, West Virginia's largest and most experienced homegrown solar installer, Solar Holler, announced that the window for some West Virginia homeowners and businesses to commit to solar and guarantee a full one-to-one net-metering rate is quickly closing. The official deadline for new solar energy customers in Potomac Edison and MonPower territories to submit an interconnection application under the current net-metering rules is Dec. 31, 2024.

According to Solar Holler, their installation backlog is filling up fast and in order to meet that deadline, customers will need to get in the queue by signing a contract by Oct. 31, 2024. The company expects their backlog to continue to grow in the coming months as customers attempt to lock in the full benefits of solar. A new policy that reduces those financial benefits by about 30% for MonPower and Potomac Edison customers will take effect next year.

This announcement comes after the WV Public Service Commission ruled on a months-long solar net-metering policy debate that played out earlier this year.

According to Solar Holler Founder and President, Dan Conant, "The annual and lifetime savings that we deliver homeowners through solar are substantial. And, while we ultimately succeeded in protecting a big chunk of that value for future customers, the reality is that it'll be less for MonPower and Potomac Edison customers who go solar after this year."

The net-metering debate stemmed from a tariff filed last July by FirstEnergy, owner of MonPower and Potomac Edison. That filing asked the WV PSC to cut the value of solar in half for their residential customers. Solar Holler and other stakeholders quickly intervened in the case and eventually struck a deal that establishes a level of fairness previously unprecedented in the US solar industry. It also provided one last opportunity for homeowners to transition to solar and be grandfathered into full one-to-one net-metering rates for the next 25 years. That opportunity, however, expires at the end of 2024.

"If you're a FirstEnergy customer interested in maxi-

mizing your solar investment, you need to beat this rule change," said Conant.

Residential projects with an interconnection application filed by Dec. 31, 2024, will have until Dec. 31, 2025, to be fully installed and still qualify for full one-to-one net-metering. Commercial customers will have until June 30, 2026, to complete installation under the current rules. Currently, customers of other utility providers in the state will continue to qualify for one-to-one net-metering.

Solar Holler is bringing the next generation of energy production to our ancient mountains and strengthening our communities with union employment. Solar Holler relentlessly pursues innovative approaches that bring solar within reach of all Appalachians, starting with low-interest financing options with no upfront cost. Solar Holler has helped dozens of businesses, nonprofits, and churches, and thousands of homes go solar across West Virginia, southern Ohio, western Virginia, and eastern Kentucky.

This Week in West Virginia History

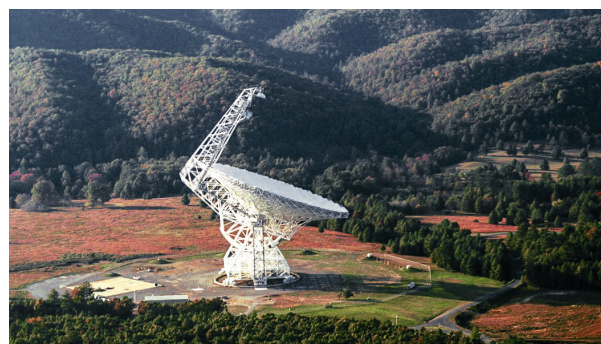
The following events happened on these dates in West Virginia history. To read more, go to e-WV: The West Virginia Encyclopedia at www.wvencyclopedia.org.

Aug. 25, 1903: Soprano Susanne Fisher was born in Sutton. Fisher was the first West Virginian to sing at the Metropolitan Opera.



Aug. 25, 1921: Miners began to arrive at Blair Mountain near the border of Logan and Boone counties. Sheriff Don Chafin, a hated symbol of anti-unionism in southern West Virginia, met them with a combined force of deputies, mine guards, civilian volunteers and others.

Aug. 25, 2000: The Robert C. Byrd Green Bank Telescope was dedicated. It is the world's largest fully steerable radio telescope.

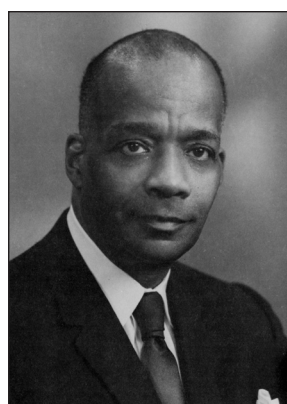


Aug. 26, 1863: Union and Confederate forces collided in what became known as the Battle of White Sulphur Springs. The next morning, with ammunition nearly depleted, Union General William Averell retreated to his base without accomplishing any of his objectives.

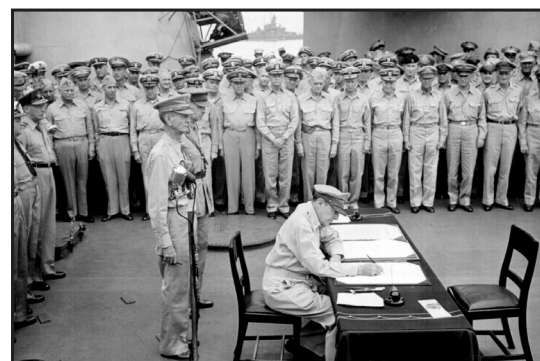
Aug. 26, 1918: Mathematician Katherine Johnson was born in White Sulphur Springs. For 33 years, Johnson worked for NASA, making calculations for manned space flights, including the Apollo 11 moon landing. In 2015, she received the Presidential Medal of Freedom.



Aug. 27, 1902: Mary McClain was born Mary Smith in Huntington. McClain was a blues legend who performed at Carnegie Hall, the White House, the Apollo Theatre, and the Cotton Club.

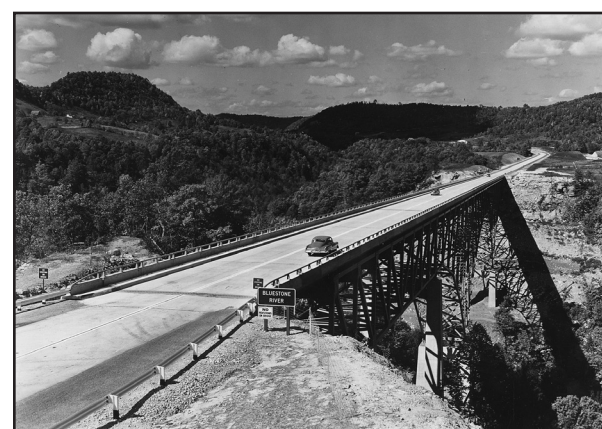


Aug. 28, 1900: Harrison H. Ferrell, Jr. was born in Chicago. Known as "the Dean" to generations of students, he was professor of German, 1928-66, at West Virginia State College (now University) and served as dean and in other capacities from 1930 until 1970.



Aug. 31, 1945: The USS West Virginia led American battleships into Tokyo Bay two days before the formal surrender of Japan on September 2, 1945.

Aug. 30, 1862: Confederate raiders under the command of General Albert G. Jenkins attacked and occupied Buckhannon, where they captured 20 prisoners and 5,000 stands of small arms.



Aug. 29, 1952: A groundbreaking ceremony was held in Mercer County to mark the beginning of construction of the West Virginia Turnpike. Initially, most of the turnpike was just two lanes because officials believed revenues would be too low to finance four lanes.

OBITUARIES

Katherine Isabell Cook



Katherine Isabell Cook, 95 of Anthony passed away Monday, August 19, 2024, at her home. Born April 12, 1929, in Frankford, she was the daughter of the late Charles Lacy and Bertha Elizabeth Adwell Yates. Katherine was a longtime member of the Anthony Baptist Church.

In addition to her parents, she was preceded in death by her husband, Tedd S. Cooke, daughter, Karen Pritt, brothers, Billy and Nelson Yates, sisters, Helen Campbell, Hilda Sel-domridge, Bertha Snedegar and Margaret Hamrick.

Survivors include her son, Walter Cooke, brother, Junior Yates (Carol), several nieces and nephews.

Funeral service will be at 1 p.m., Thursday, Au-

gust 22, at the Morgan Funeral Home Chapel with Pastor Lloyd Camp officiating. Visitation will be one hour prior to the service. Burial will follow the service in the Lewis Chapel Cemetery. The family would like to thank HospiceCare for the wonderful care provided.

Online guestbook can be signed at www.morganfh.net. Arrangements by Morgan Funeral Home, Lewisburg, WV.

Betty Jane Roach



Betty Jane Roach, 83, of Lewisburg, passed away Monday, August 19, 2024, at the Lewisburg Health-care Center. Born April 14, 1941, Betty was the daughter of the late Estil and Julia Terry Brant.

Betty was a homemaker and a member of the Lewisburg Baptist Church. In addition to her parents, she was preceded in death by her loving husband, Raymond Richard Roach, daughter, Tammy Cheryl Roach Sprouse, siblings, Edith Brant, Alice Alderman, Gladys Davis Janet Osborne, Nellie Markham, Anna Mae Napier, Billy, Oather, Gary, Paul, and Kenny Brant.

Survivors include her son, Randy Roach, sister, Aggie Thomas (Kenny), granddaughter, Amanda Mosley (Chris), great-grandson, Samuel Mosley, and several nieces and nephews.

Funeral service will be held at 12 noon, Friday, August 23, at the Morgan Funeral Home, Lewisburg, with Pastor Jonathan Comer officiating. Visitation will be one hour prior to the service, Friday, at the funeral home. Burial will follow the service in the Rosewood Cemetery.

Online guestbook can be signed at www.morganfh.net. Arrangements by Morgan Funeral Home, Lewisburg, WV.

OPINION

Commentary

Use of obesity medications should be decided by doctors and patients

The Centers for Disease Control and Prevention refers to obesity as "a serious, common and costly chronic disease." Treatment of a serious disease with an FDA approved medication should not be optional for insurance companies to cover.

Obesity is a disease that impacts much more than a person's weight. It is a disease that affects two in five adults in the U.S. and accounted for nearly \$173 billion in medical expenditures in 2019.

In 2022, the CDC reported that all U.S. states and territories had an obesity prevalence higher than 20%. Sadly, West Virginia was one of three states in the country that had an obesity prevalence of 40% or greater, with West Virginia having the highest adult obesity rate in the U.S.

This condition puts patients at risk for numerous other serious health conditions, including heart disease and stroke, high blood pressure, pre-diabetes and Type 2 diabetes, sleep apnea, some cancers, osteoarthritis, liver disease, depression and gout.

Many of these diseases are ranked in the CDC's top 10 causes of death in the U.S. Treating obesity before a patient develops any of its associated diseases will save lives.

Use of the medication will ultimately decrease health care expenditures related

to not only obesity, but the diverse group of conditions and health complications associated with obesity.

Currently, many insurances cover these medications only if a patient develops Type 2 diabetes. Physicians have a chance of preventing Type 2 diabetes only if these medications are used as indicated by their FDA approval.

Modifications to a patient's lifestyle by changing diet and increasing exercise are adjuvant therapies that should be implemented in the treatment plan of many diseases. Discussion of proper diet and exercise routines should also be discussed during well visits to prevent disease.

The correct medication is also essential in treating disease and preventing further complications from a disease. Obesity should not be the exception. These medications will not be the right fit for everyone who suffers from obesity, but whether they should be incorporated into a treatment plan should be determined in shared medical decision-making between a doctor and their patient, not by an insurance company.

Lauren Miller, D.O.

WVSOM

Director of Clinical Sciences Faculty Affairs

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Club & Church

Family Refuge Center awarded grant from The Starbucks Foundation

The Neighborhood Grant recognizes the community impact the organization has in Greenbrier, Mercer, Monroe, and Pocahontas Counties

As part of The Starbucks Foundation's Neighborhood Grants program, Family Refuge Center was selected to receive a \$1,000 grant. This grant award is thanks to a nomination from a local anonymous Starbucks employee, who recognized the work of Family Refuge Center. FRC's mission is to end physical, sexual, and emotional abuse in families in much of southern West Virginia. Through this unique program, The Starbucks Foundation invites Starbucks partners to nominate a local organization in their community. Since 2019, more than 13,000 grants have been awarded to local organizations, amounting to more than \$20 million. The 2024 recipients were selected among 33,000 nominations submitted by Starbucks partners earlier this year.

Family Refuge Center is a comprehensive domestic violence and sexual assault facility that operates from five locations in three counties. Services include a 24-hour hotline, temporary shelter, empowerment counseling, legal advocacy and court accompaniment, assistance and advocacy with community resources, information, and referrals, prevention education, support groups, adult basic education and vocational planning, children's advocacy, groups and activities, summer day camp, as well as parent education and support.

The Starbucks Foundation's Neighborhood Grants programs support grassroots, community-led nonprofit organizations through catalytic investments in the form of grants. Neighborhood Grants also help build sustained local impact and inspire increased partner (employee) engagement with nonprofit organizations that



The Family Refuge Center has received a \$1,000 check from The Starbucks Foundation.

work in their communities.

"Our partners know their communities best and have shared great insights about the organizations helping to uplift others in their neighborhoods, from supporting youth and families to fighting hunger and promoting environmental stewardship," said Alicia Vermaele, executive director of The Starbucks Foundation. "Through our latest round of Neighborhood Grants, we're proud to support local organizations nominated by Starbucks partners who strengthen our communities."

The Starbucks Foundation:

The Starbucks Foundation strengthens humanity by transforming lives worldwide, focusing on enabling community resiliency and prosperity and uplifting communities affected by disaster. Established in 1997, The Starbucks Foundation is a Section 501(c)(3) charitable organization under U.S law.

Carnegie Hall now accepting teaching proposals for 2024 fall classes and workshops

Would you like to be a part of the vibrant arts community here in the Greenbrier Valley? Carnegie Hall is seeking instructors for its Fall 2024 Classes and Workshops. Anyone interested in teaching an arts-related class or workshop is invited to submit a proposal.

Classes are taught at Carnegie Hall and run from September through December. Carnegie Hall has facilities for teaching music, dance, cooking, weaving, clay, photography, art, and more. Classes can be open to young people, adults, or both. New instructors with unique class offerings are being sought for this community education program. Pay is based on the number of students who enroll in each class.

Please send in your proposals to teach during

the Fall 2024 Classes and Workshops. The deadline for proposals is August 30. If you would like to discuss possibilities or ideas about a class, please call Harmony Flora at 304-645-7917 or email education@carnegiehallwv.org. The proposal form is available online at carnegiehallwv.org/classes-and-workshops or by email to education@carnegiehallwv.org.

Carnegie Hall is a nonprofit organization supported by individual contributions, grants, and fundraising efforts such as TOOT and The Carnegie Hall Gala. The Hall is located at 611 Church Street, Lewisburg. For more information please call 304-645-7917 or visit www.carnegiehallwv.org.



The deadline for Fall 2024 Classes and Workshops proposals is Aug. 30.

Committee on Aging presents Certificate of Appreciation



Pictured is GCCA Site Supervisor Jeannie Hanna presenting a Certificate of Appreciation to Randy Smith who performed for the seniors at the Fairlea site of the Greenbrier County Committee on Aging. Randy plays with The Midland Trail Band as the lead guitarist and singer. He and several other performers are scheduled for August. All seniors are invited to attend these activities, located on Taylor Lane in Fairlea. Call 304-645-1978 for more information.



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Church Bulletin

Community Pentecostal Holiness Church Homecoming

Community Pentecostal Holiness Church on Brush Road in Lewisburg, will have their annual Homecoming on Sunday, Sept. 8 at 11 a.m. We will have special singing. Singers will be 3:16 Crossroads which consist of Johnny Shores, Bob Neff, and Jeff Bryant. Everyone is welcome to this special service.

St. Charles Borromeo Church

The World Famous St. Charles Borromeo Spaghetti Dinner will be served on Sunday, Oct. 6, from 4 to 6 p.m. at St. Charles Borromeo Church, 40798 Midland Trail E., White Sulphur Springs, WV 24986. Adult \$15, Children (under 12) \$5. Dinner includes spaghetti, salad, bread, dessert, and a drink. Spaghetti with meat sauce or vegetarian options available. Dine in or Take out. 50/50 Raffle. For ticket reservations call the church office at 304-536-1813. Tickets will also be sold at the door.

Reunions

GEHS Class of 1969 55th Reunion

The first graduating class of Greenbrier East High School is holding a 55th Reunion picnic on Sept. 14, 2024. There is no cost to attend. In order to have an idea of how many to expect, classmates are asked to reply to the email address below.

When: September 14, 2024

Where: Organ Cave Community Center
2262 Seneca Trail South, Ronceverte, WV 24970

Details: Gather at 11 a.m. - Picnic at 1 p.m.

Dress - casual

Water & soft drinks provided - Venue does not allow alcoholic beverages

Bring a covered dish or other food item to share

RSVP: If you plan to attend, send an email to gehs69reunion@gmail.com including the name of the class member and number of attendees (1 or 2).



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Dear Recycle Lady,

A Look Back

Dear Recycle Lady,
I read that ocean waves and tides are being explored as a way to generate clean energy. Is this true?

Love the Ocean
Dear Love the Ocean,
According to sciencefocus.com, it is true. Ocean waves are more predictable than wind and they are a huge store of untapped energy. Companies are now exploring how to harness this energy of ocean waves and tides and use it to generate clean, renewable electricity. A Scottish company, Pelamis Wave Power, is one of the companies that is exploring the use of 750kW wave-power machines (P2s) to generate energy on three of six UK off shore sites. Since Atlantic Ocean waves have an average potential energy of 40kW per day, 65 P2 machines could power up to 33,000 homes a year using the energy generated. As fto.com says, "It's Mother Nature's way of saying, I've got the energy; let's make it work!"

Dear Recycle Lady,
Can empty amber-colored prescription bottles be recycled? What can I do with left over pills?

Reader Who Recycles
Dear Reader Who Recycles,
Good question. Prescription medicine bottles are made of #5 polypropylene plastics and are generally not recyclable and not biodegradable. Before you throw these bottles in the trash, be sure to black out your personal information to protect your identity. Fortunately, there is some good news about these non-recyclable bottles. According to GoodRxHealth.com, environmentally conscious groups are working on alternative bottles for prescriptions. Tikum Olam Makers are working on a promising alternative that is 100% compostable and biodegradable and ECOvials has another promising alternative that is plant-based.

The best way to dispose of unused pills is to take them to a local pharmacy (CVS and GMAP) for proper disposal. They can also be put in a small ziplock bag and taken to the Greenbrier County Courthouse. If none of these options are avail-

able, put the pills in a bag with coffee grounds, dirt or kitty litter, seal it and put it in the trash. According to Recycle Nation's How to Recycle Medicine Bottles, left over or unused pills should not be flushed down the toilet as even the best sewage treatment plants will not remove all prescription medications from the water before it is discharged into rivers and streams. Drugs can affect fish and other wildlife, and they will eventually make their way back into human consumption.

Dear Recycle Lady,
Can used aluminum pie pans be recycled?

Baker & Recycler
Dear Baker & Recycler,
No, unfortunately, aluminum pie pans and aluminum foil can no longer be recycled at the Recycling Center. However, Boggs in Caldwell accepts aluminum pans and foils for recycling and will pay four cents a pound for them. As with all recyclables, be sure the pans and foil are clean and dry. Food contaminates not only aluminum, but also all types of recyclables.

Good News:
Quebec, which borders the Atlantic Ocean on the east and the Arctic on the north, is boosting marine protected areas with a \$4.4 million investment! This will help enhance marine biodiversity in its protected areas and its home to diverse marine species including beluga whales and blue whales. (fto.com)

Have questions about recycling, or interesting information about recycling? Send questions or requests Recyclelady7@gmail.com. Dear Recycle Lady is sponsored jointly by the Greenbrier Recycling Center and Greenworks Recycling.



Sources: Greenbrier Independent, U. S. Naval Observatory, Western Union, Morse Telegraph Club. Photo from Wikimedia.

By William "Skip" Deegans
In the 1800s, clocks and watches might run fast or slow and have to be reset. As railroad travel became more prevalent, knowing the correct time was important to avoid missing a train. For military purposes, the synchronization of clocks was critically important. To that end, the United States Naval Observatory in Washington, D. C. started the Observatory Time Service and began sending a time signal by telegraph to the Office of the Navy. Later, at 11:50 each day, the Western Union Telegraph Company suspended regular work and exactly at noon, the Naval Observatory sent a synchronizing signal to all Western Union offices east of the Rockies.

In 1866, after self-winding clocks were developed, Western Union in cooperation with the Self Winding Clock Company began to rent clocks (shown in the photograph) for \$1 a month.

Western Union would send a signal by telegraph that electronically stimulated the clock to set the correct time. In 1915, Western Union set a master clock in Ronceverte each hour, and it in turn set additional clocks at the Court House, Old Stone Church, Lewisburg Female Institute, J. M. Wilkerson & Co.'s jewelry store, Moomau's drug store, Greenbrier Presbytery Military School, Lewisburg Drug Store, and the Limestone Telephone office.

Once telephones became commonplace, telephone operators would kindly provide callers the time. Today, many people rely on cellular telephones for the time. The Naval Observatory continues to provide an important service. For iPhones, Apple uses a network of time servers that synchronize time with the Naval Observatory. iPhones are provided the correct time once every 24 hours.

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2	4	6	9	1	8	3	7	5
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9	5	4	7	2	6	8	1	3
3	6	8	5	4	1	9	2	7

SCRAMBLERS

solution

1. Bungle; 2. Height;
3. Annoy; 4. Clothes

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School

Greenbrier Valley Theatre holds after school drama classes

GVT offers 11 weeks of after school programming

The temperatures are slowly starting to dip, the State Fair of West Virginia has officially wrapped up, and summer is quickly coming to a close. Soon school will be back in session, much to the students' dismay. After that final bell rings and school is dismissed, send your kids to Greenbrier Valley Theatre's (GVT) drama classes. These classes, beginning on Sept. 9 and running through Nov. 20, are open to students ages four through 18. Theatre classes provide opportunities for students to learn life skills through play, including empathy, public speaking, critical thinking, effective problem solving, collaboration and imagination, and much more in a safe and supportive environment. All skill levels are

welcome.

"We are excited to welcome students back to GVT classes," said Education Director Dorothy Jo Oberfoell. "These classes are a great experience for anyone who is interested in theatre or simply looking to try something new."

Classes are held between Monday through Wednesday, with an official schedule able to be found on the organization's website. For more information and to register your child, visit the theatre's website: www.gvtheatre.org or call the box office at 304-645-3838. Classes are \$90 per semester or \$170 if paying for both Fall and Spring classes. Sibling discounts and need-based

scholarships are available, but forms are due at least one week prior to classes beginning.

Now in its 57th season, Greenbrier Valley Theatre, The State Professional Theatre of West Virginia is a mainstay and theatre destination located in Lewisburg, WV. The arts organization has been further recognized as a "West Virginia Jewel of the Hills," awarded the Living the Dream Service Organization Honor Roll by The Martin Luther King, Jr. Holiday Commission, and is a multi-year recipient of Non-Profit Business of the Year. GVT boasts a robust series of year-round programming and educational offers with the goal to enlighten, enrich, and enliven throughout the region.

Sports

Greenbrier East High School Golfer of the Week

Name: Isaac Hutchison
 Grade: Sophomore
 G.P.A.: 4.0
 Parents: Sue and Neil Hutchison
 Hometown: Lewisburg
 Favorite Golfer(s): Scottie Scheffler and Bryson DeChambeau
 Favorite Quote: "Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go." - Joshua 1:9
 Began Golfing: "At age six for fun and began competing at age eight."
 Why he plays Golf: "It's my passion and it is what



Isaac Hutchison

I want to do in my future; whether I go professional or teach."

Coach's Comments: "Isaac has helped lead our team to a 3-0 record. He also happened to be The Medalist (Top Golfer of ALL Teams) for each event. Speaking of team, Isaac is a true team player. 'Hutch' puts the team first in his thoughts and his actions. He is an outstanding student in academics and on the golf course. Bottom line: Isaac Hutchison is a GREAT person!"

Miluk Golf Humor: My high school golf coach told me: "The problem that I have is that I stand too close to the ball... after I hit it!" Ha!

Super Crossword

ENDING IN FIVE DIGITS

- | | | | | | |
|--|---|---|---|---------------------------------------|------------------------------------|
| ACROSS | 47 —'wester | 98 Dismissive facial reaction | DOWN | 37 Mr. Flintstone | 88 Ancient Dead Sea region |
| 1 Big name in health insurance | 48 Fish feature | 100 One — (long odds) | 1 Underground vaults | 40 Feed the kitty | 89 Takes care of |
| 6 2010 Apple debut | 50 Prefix with botany | 102 Delta rival, once | 2 Afrique's Côte d'— | 41 Chuckling with glee | 90 Punta del — |
| 10 Love to excess, with "on" | 51 Dean of Truman's Cabinet | 106 Gallic pal | 3 Attach using paste | 42 Big burden | 92 San Antonio hoopster |
| 14 "Get lost!" | 54 Agreed-upon time | 107 Spread on "Bonanza" | 4 Fish-fowl link | 43 Civil wrong | 93 "Insecure" co-star Rae |
| 19 Park for mobile campers | 57 Hitter Gehrig | 111 End-of-workweek cry | 5 Devoured | 44 Ratify | 99 Dog pests |
| 20 Reuben offerer | 58 African land | 114 Formulas of belief | 6 "Let It Go" singer | 48 Royal decree | 100 Part of the conspiracy |
| 21 "Bejabbers!" | 60 Phonies | 116 LA-to-IL dir. | 7 Italian beer brand | 49 Writing fluid | 101 Diet-friendly, maybe |
| 22 Sycophant | 61 Pre-U queue | 117 "Kitchy-kitchy- —!" | 8 British beer | 51 Swiss peaks | 103 Turkey's capital |
| 23 Welcome words to a job applicant | 62 Liberalism | 118 Appliance that cooks batter | 9 Pulled off | 52 "Neat!" | 104 Like sacred images |
| 25 House badly in need of repairs | 67 Low-key "Hey!" | 120 In advance ... or where nine key words in this puzzle might appear | 10 Disobeys | 53 Luau | 105 — Scholar |
| 27 Bake-off dish | 70 Ram hard | 126 Sheik, e.g. | 11 "Darby — and the Little People" | 55 Departing for | 107 French for "fathers" |
| 28 Yoko of art | 71 Winter hrs. in D.C. | 127 One of the Osmonds | 12 Levied | 56 Potent coffee | 108 Bad smells |
| 29 Floor layers | 72 Haifa citizens | 128 Smelting waste | 13 Broadway singer Linda | 59 Language akin to Thai | 109 Uppity types |
| 30 Active Sicilian volcano | 76 "Doggone it!" | 129 Deputy: Abbr. | 14 "Disco" cartoon guy | 63 "— bad boy!" | 110 — Lingus |
| 31 Tampa Bay Rays' stadium | 77 Additional plateful | 130 "Doggone it!" | 15 Manage, as a problem | 64 Bronze metal | 111 Having length and width |
| 36 Org. for some ex-GIs | 79 Lupino of "High Sierra" | 131 1998 Apple debuts | 16 Engrossed | 65 West Yorkshire city | 112 See 125-Across |
| 38 Tijuana Mr. | 81 Trifled (with) | | 17 City in Yemen | 66 Key near F1 | 113 "In case it's true ..." |
| 39 Makeup of Hawaii | 84 Purposes | | 18 Gore Vidal's Breckinridge | 68 Mineo of film | 115 Poet Dove |
| 40 Yellow-orange fruit | 85 D.C. ballplayer | | 24 Ad — | 69 Month no. 9 | 119 Part of UNLV |
| 44 Bed for sushi | 86 Certain role-playing game organizer | | 26 Reply to an invite | 72 SSNs, e.g. | 120 Watering hole |
| | 91 Gives, as duties | | 29 Traffic snarl | 73 Paper bundle | 121 Notable period of time |
| | 94 Spanish national hero | | 32 Skin opening | 74 — instant (very quickly) | 122 Former big record co. |
| | 95 Part of ENT | | 33 Pupil locale | 75 Some NCOs | 123 Easter entree |
| | 96 Ar-tee linkup | | 34 Really rail at | 77 Scorch | |
| | 97 Dandy dudes | | 35 Dud | 78 Baby's bottle | |
| | | | | 79 Notion, to Luc | |
| | | | | 80 "— noted" | |
| | | | | 82 "The — lama, he's a priest" | |
| | | | | 83 Sumac of song | |
| | | | | 87 World's tallest creatures | |

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Err
BELGUN

Stature
THIGHE

Upset
NAYON

Attire
SLOTECH

TODAY'S WORD:

"I forget, Johnson, are we paying you by the hour or by the _____?"

HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.

Differences: 1. Apron bow is missing. 2. Faucet is different. 3. Water drop from dish is moved. 4. Cabinet is wider. 5. Doormat is moved. 6. Glove is longer.

Weekly SUDOKU

by Linda Thistle

	7	5		9			8	
		3			2	7		
4			6					1
8			3					6
	4				8			5
		7		6		1	9	
		1	8			4		
9				2				3
	6		5		1		2	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆

◆ Moderate ◆◆ Challenging
 ◆◆◆ HOO BOY!

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1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18		
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118					119											122	123		
124							125					126							
128												130							131

PUZZLE ANSWERS PAGE 7

Business

WV Hive offering extensive business CO.STARTERS core training starting Sept. 12

Those interested in starting or expanding an existing business are encouraged to sign up

The West Virginia Hive is offering 10 discounted CO.STARTERS Core extensive business training sessions between Sept. 12 and Nov. 14. Cost of the 10-week hybrid training is \$75 per person (discounted from \$500), thanks to the WV Hive.

Mary Legg, Senior Business Advisor at the WV Hive, said those interested in starting or expanding an existing business would gain the most from this program.

Participants should register for the CO.STARTERS Core training series: <https://www.eventbrite.com/e/wv-hive-costarters-core-training-fall-2024-tickets-995352073847>

Legg said the first and last Thursday sessions (Sept. 12 and Nov. 14) are in person, and the other eight are virtual. Each session will be held from 8:30 to 11:30 a.m. at the WV Hive Business Hub in Beckley at 205 South Kanawha Street. She said the workshops will help participants work together to explore their ideas through the CO.STARTERS Core

business modeling canvas, learn how to refine their models through meaningful customer feedback, and define next steps.

Other crucial needs faced by new entrepreneurs will also be addressed:

-September 12 -IN PERSON (Business Hub) - Kick-off Event - Session 1: Knowing Yourself - Introduction, Assumptions, Working Styles, Team Building, Obstacles

-September 19 - VIRTUAL - Session 2: Knowing Your Customer - Customer, Problem, Alternatives, Idea Testing

-September 26 - VIRTUAL - Session 3: Finding the Right Solution - Solution, Benefit, Advantage, Starting Small, Brand Identity

-October 3- VIRTUAL - Session 4: Getting the Relationship Right - Marketing & Message; Getting, Keeping & Growing Customers

-October 10 - VIRTUAL - Session 5: Building Blocks - Distribution, Revenue, Typical Offering, Price

-October 17 - VIRTUAL - Session 6: Structures &

Systems - Legal & Accounting Considerations

-October 24 - VIRTUAL - Session 7: Discovering the Bottom Line - Startup & Ongoing Needs, Fixed & Variable Costs, Break-Even Point

-October 31 - VIRTUAL - Session 8: Financial Modeling - Break-Even Point, Sales Projections, Cash Flow, Raising Capital

-November 7 - VIRTUAL - Session 9: Planning for Growth - Growth Plans, Goal Setting, Celebration Prep

-November 14 - IN-PERSON - Session 10: Celebration - Participants are recognized, and the group celebrates their achievements.

Judy Moore, deputy director of the NRGRDA and executive director of the WV Hive, said, "The WV Hive offers comprehensive free business advising and technical assistance to help entrepreneurs take their business ideas from concept to reality. We have assisted hundreds of new start-ups in all 13 southern West Virginia counties we serve, and the added benefits of CO.STARTERS Core training are significant."

Gov. Justice announces Revenue Secretary and State Auditor certify 4% income tax reduction, file with state tax office

Gov. Jim Justice announced that Revenue Secretary Larry Pack and State Auditor JB McCuskey inked a letter certifying a 4% reduction in West Virginia's personal income tax. The certification has been filed with the State Tax Division and will take effect January 1, 2025.

The Department of Revenue and State Auditor's Office collaborated to verify the accuracy of Fiscal Year 2024 tax collections, culminating in today's formal agreement.

Gov. Justice announced the reduction in July after state revenue collections exceeded inflation, as stipulated in House Bill 2526, which he signed in 2023.

This marks the second consecutive year West Virginia has reduced its personal income tax rate, moving closer to eliminating it entirely.

"It only makes sense that as West Virginia thrives, our people thrive and deserve a share of that prosperity," Gov. Justice said. "We have so much to be proud of, but there's more work ahead. While it won't happen during my time as your Governor, our state is on a pathway to eliminating its personal income tax—so, let's keep the ball rolling in the same direction. We all know, at the end of the day, getting rid of the personal income tax will bring more goodness and more people to our beautiful state. Keep it up, West Virginia."

"West Virginia continues to shine, and as we foster an environment for economic growth, the hardworking people of this state will share in that success," Secretary Pack said. "As the state prospers, our citizens deserve to keep more money in their pockets. This milestone reflects our commitment to making West Virginia the best place to work, live, and raise a family. Today is yet another proud moment for

West Virginia, and we should all be excited about the bright future ahead."

"For nearly a decade, West Virginia Republicans have championed tax, legal and regulatory reform, also accountability and transparency," Auditor McCuskey said. "In that time, we have seen historic levels of economic development, job creation and prosperity. We know there is still work to be done, however, to ensure every child in West Virginia receives an education, and every citizen has access to clean water, good roads, the Internet and essential services for a better life. Today, we are proud of the outstanding work done, over the last decade, to allow us to return nearly a hundred million taxpayer dollars back to the hard-working people of West Virginia."

In July, Gov. Justice requested the West Virginia Legislature consider an additional 5% personal income tax cut in an upcoming special session. To date, Gov. Justice and the West Virginia Legislature have delivered over \$1 billion in tax cuts to the people of West Virginia. More information is available on the West Virginia State Tax Department's website.

LEGAL

Public Hearing

The City of Lewisburg Planning Commission
Thursday, September 12, 2024
7:00 p.m.

Paul Cooley Council Chambers

942 Washington Street, Lewisburg, WV 24901

The City of Lewisburg Planning Commission will meet on Thursday, September 12, 2024, at 7:00 p.m. in the Paul R. Cooley Council Chambers, to hear the following applications.

Agenda:

1. Call to Order
2. Approval of the July 2024 Minutes
3. Comments from the public
4. Public Hearing, minor subdivision Nathan Hersman, 3014 Jefferson Street North
5. Public Hearing, minor subdivision Montani Semper Liberi, 3120 Jefferson Street N
6. Public Hearing, rezoning Montani Semper Liberi, 3120 Jefferson Street N
7. Comment from the Commissioners
8. Comments from the Planning and Zoning Officer
9. Adjournment

The next scheduled meeting of the Lewisburg Planning Commission will be held on Thursday, October 3, 2024, at 7:00 p.m.

LEGAL

State of West Virginia

Department of Environmental Protection

Division of Mining and Reclamation

PUBLIC NOTICE OF BLASTING OPERATIONS

Notice is hereby given that Princess Polly Anna & JCT Enterprises, LLC, P.O. Box 207, Lewisburg 24901, (304) 667-3776, S300212 situated in Meadow Bluff District of Greenbrier County, approximately 2.75 miles southeast of Quinwood will be conducting blasting activities in accordance with all State and Federal Laws and as approved by the Department of Environmental Protection.

Blasting activities will occur Monday through Saturday from "sunrise to sunset." No blasting shall be conducted on Sunday. Blasting is to commence on 9/2/24 and continue through 9/2/25.

Ten minutes prior to and immediately after each blast, all access to the specific area will be safeguarded from unauthorized entry. The warning signal prior to each blast shall be from an air horn audible to at least one-half mile from the blast. The warning will be given three (3) minutes prior to detonation and will consist of three (3) short blasts of five (5) seconds duration with five (5) seconds between each blast. The all-clear signal shall be one long blast from an air horn, of twenty (20) seconds duration.

Blasting shall be conducted in such a way so as to prevent adverse impacts to the public or the environment.

Blasting activities will not be conducted at times other than those announced in the blasting schedule except in the event of an emergency situation where rain, lightning, or other atmospheric conditions, or operator or public safety requires unscheduled detonations.

Watch Out for Next Month's HASHTAG WEST VIRGINIA

Look for it in stands and in The Mountain Messenger

VISIT US ONLINE AT
WWW.MOUNTAINMESSENGER.COM

LEGAL

WEST VIRGINIA DEPARTMENT OF TRANSPORTATION

Division of Highways

NOTICE TO CONTRACTORS

Bids will be received electronically by the West Virginia Department of Transportation, Division of Highways through the Bid Express Bidding Service (www.bidx.com) and by sealed proposals (only when prequalification is waived) being received at its office in Building 5, Room 843, 1900 Kanawha Boulevard East, Charleston, West Virginia until September 10, 2024 at 10:00 AM (Eastern Standard Time). The bids will be downloaded and/or opened and read publicly thereafter for the constructions of the following project(s):

Call Contract	State Project	Federal Project	Description
035 2023130010	S313-011/00-0.54 00	HWI-0011(198)D	CLEAN AND PAINT STRUCTURE KEENE MEMORIAL BRIDGE Termini: 0.52 mi E of US 219 - 0.56 E of US 219 COUNTY: GREENBRIER

BRIDGE: 0002 CONCRETE ON ROLLED I BEAM
SPAN(S): 4 **STRUCTURE STEEL:**
DBE GOAL: 8% OF CONTRACT BID AMOUNT. BIDDER MUST PROVIDE WRITTEN ASSURANCE OF MEETING GOAL ON FORM IN PROPOSAL.

REMARKS:

Proposals will be received from prequalified and West Virginia licensed contractors only except that on Federal-Aid Projects a contractor's license is not required at time of bid, but will be required before work can begin. Registration is required with the Department of Administration, Division of Purchasing, in accordance with Chapter 5A, Article 3, Section 12 of the West Virginia Code. All contractors submitting bids on project(s) must include one of the following forms properly executed with each proposal: Proposal Guaranty Bond, Cashier's Check, or Certified Check for \$500.00 or 5% of the total bid, whichever is greater.

The West Virginia Department of Transportation, Division of Highways reserves the right to defer, delay or postpone the date for receiving and publicly opening proposals for any project designated in this advertisement, without the necessity of renewing such advertisement. The deferment, delay, postponement, and the date that proposals will be received and publicly opened will be available on www.bidx.com.

The West Virginia Department of Transportation, Division of Highways hereby notifies all bidders that it will affirmatively ensure that in any contract entered into pursuant to this advertisement, minority business enterprises will be afforded full opportunity to submit bids in response to this invitation and will not be discriminated against on the grounds of race, color, religion, sex or national origin in consideration for an award.

FOR SALE BY OWNER



3 bedroom, 2 bathroom home in Frankford on 0.75 acre lot.
15 minutes to Lewisburg, less than 10 minutes to the Greenbrier River Trail, and seconds away from Frankford Elementary School

- | | |
|--|---|
| -City water | -High-speed internet |
| -Central A/C and heat (propane) | -Storage shed with power |
| -Large wooden front porch and concrete back patio | -Stainless steel appliances in kitchen |
| -Vaulted ceilings in living room and main bedroom | -New septic tank and drainfield installed in 2020 |
| -New windows installed throughout in 2017 | -Located on dead end, state-maintained road with no HOA |
| -En suite bathroom off of main bedroom with walk-in closet | |

Priced at \$250,000

Call or text 304-647-0032
to schedule a showing!

Entertainment Calendar

August 23-September 1

Friday, August 23

Community Market, Edgar Ave, Ronceverte, 5-7 p.m.
 Western Greenbrier Farmer's Market, Main St, Rainelle, 3:30-6 p.m.
 The Goonies, The Lewis Theatre, Lewisburg, 7 p.m.

Saturday, August 24

Introduction to Culinary Herbs, Primitive Goods, Ronceverte, 4:30-5:30 p.m.
 Pocahontas County Farmers Market, Discovery Junction, Marlinton, 9 a.m. - 1 p.m.
 Courthouse Farmer's Market, Robert C. Byrd parking lot, Lewisburg, 8 a.m.-12 p.m.
 Patrick O'Flaherty, Hawk Knob Cidery, Lewisburg, 6-9 p.m.
 Wildwood live, GVBC, Maxwelton, 6 p.m.

Sunday, August 25

Marketfest at Sunset Farm, Alderson, 9 a.m. - 3 p.m.
 Flea Market, Pence Springs, 8 a.m.
 Untrained Professionals live, Hawk Knob Cidery, Lewisburg, 12 p.m.

Monday, August 26

Paint & Sip: Jar of Fireflies, Stuart's Smokehouse and Seafood, 6 p.m.
 American Legion Post 69 Meeting, Downtown Lewisburg, every 4th Monday, 7 p.m. all Veterans welcome

Tuesday, August 27

Farmers Market, Alderson, 3 p.m. - 6 p.m.
 Farmer's Market, Mountain Table, 4-7 p.m.
 Paint & Sip: Highland Cow, Sportsman Tavern, Ronceverte, 6 p.m.

Wednesday, August 28

Pocahontas County Farmers Market, Green Bank Fire Department, 2:30 p.m. - 5:30 p.m.
 Trivia Night, GVBC, Maxwelton, 7 p.m.

Thursday, August 29

White Sulphur Springs Farmer's Market, Main Street, 3 p.m. - 6 p.m.

Friday, August 30

Community Market, Edgar Ave, Ronceverte, 5-7 p.m.
 Greenbrier Valley Theatre Presents: Million Dollar Quartet, Lewisburg, 7:30 p.m.

Saturday, August 31

Pocahontas County Farmers Market, Discovery Junction, Marlinton, 9 a.m. - 1 p.m.
 Festival of the Rivers, Temple Street City Park, Hinton, 12-9 p.m.
 Greenbrier Valley Theatre Presents: Million Dollar Quartet, Lewisburg, 2:30 p.m. and 7:30 p.m.
 WV Sunflower Festival, Sunset Berry Farm, Alderson, 10 a.m.-5 p.m.
 Courthouse Farmer's Market, Robert C. Byrd parking lot, Lewisburg, 8 a.m.-12 p.m.
 Fall Decor and More, Old Gap Mills Country Store, 10 a.m.
 Nothing Noble live, GVBC, Maxwelton, 7 p.m.
 Town of Marlinton Community Yard Sale, 8 a.m.

Sunday, September 1

Flea Market, Pence Springs, 8 a.m. to 1 p.m.
 Marketfest at Sunset Farm, Alderson, 9 a.m. - 3 p.m.
 WV Jazz Orchestra, Country Roads Beer Co., WSS, 5 p.m.

To submit information to Mountain Messenger's Entertainment Calendar, email news@mountainmessenger.com. Information should be submitted two weeks in advance.

REAL ESTATE AUCTION

Thursday, September 12th at Noon

Registration & Inspection Begin at 11:00PM

168 Woodcrest Road, Fayetteville, WV

**Fayetteville
 Property
 4 Homes &
 2 Acre Tract
 MUST LOOK!**



Newly Named New River Gorge National River is a PRIME Tourist Area in West Virginia & for Airbnb Hosts. These are the properties guests LOVE! Just Minutes from Many Attractions, Restaurants & Scenic Views.

Join us Thursday, September 12th at Noon for an Incredible Opportunity to Own 1 Home or 4 Homes on Nearly 8 Acres of Land in Fayetteville. This Property is Conveniently Located near Hawks Nest, New River Gorge & is in a PRIME Quiet Country Setting. Properties Will Be Offered Separately and Together. JOIN US LIVE OR BID ONLINE!



**Questions?
 Please call
 Taylor Ramsey, Agent
 (304)-552-5201**

RE Terms: 10% down payment made day of auction w/balance due at closing w/in 60 days.
 10% BP. Additional Terms on Website

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August 31
 September 1
 10a.m.-4p.m.
 daily

Saturday Music

11 a.m. ~ Mudhole Control
 2 p.m. ~ Shawn Owen

Sunday Music

11 a.m.~ Nate Seldomridge
 2 p.m. ~ Richard Hefner & Black Mountain Bluegrass



Art Activities & Demos

Wood Turning ~ Mixed Media ~ Blacksmithing ~ Forest Bathing ~ Sidewalk Art ~ Bubble Art ~ Alcohol Marker Art ~ Flower Pounding

Location: Bush Settlement area of Watoga State Park, near the old horse stables

Live Music, Tasty Food,
 Art Workshops, Handmade Artisan Vendors

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Email To: legalads@mountainmedianews.com