News Messenger

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Saturday, November 13, 2021

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USPS 016-490

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Ninth Annual Hugs and Buds honors Montgomery, Radford veterans

Erlene Barber of Gates Florist provided a demonstration on Wednesday, Nov. 9, to four Retired and Senior Volunteer Program (RSVP) volunteers on flow-er arranging. Afterwards, RSVP Volunteers Beverly Bridges, Rosemary Jones, Sarah Carter, and Annette Calhoun made seventy flower arrangements for veterans throughout Montgomery County and Radford, especially those who are residing in local nursing and assisted living homes. RSVP Volunteers Rosemary Jones, Ronald "Chub" Flanary, local vet-

eran Raymond Lyons, Jr., and Shirley Mullins then delivered the completed arrangements. In addition, Virginia Flanary, Glenda Caldwell, and Dottie Williams crafted handmade Veterans Day cards for local veterans.

See **Hugs & Buds**, page 4



Montgomery County Supervisor Sherri Blevins and Mandy Hayes, coordinator of the Retired and Senior Volunteer Program (RSVP) for Montgomery County, present RSVP volunteer and veteran Raymond Lyons, Jr., with a patriotic flower arrangement.

VT veterinarian: COVID vaccinations for pets still not recommended

As COVID-19 vaccinations and boosters reach a wider segment of the human population, experts at the Virginia-Maryland College of Veterinary Medicine say they're still not recommending vaccinations for pets.

"To date, I think we have only confirmed a single case of a pet infected with COVID-19 in this area, and that was from a household with an infected human, so it appears to be a fairly unlikely scenario," said Mark Freeman, a clinical assistant professor in Community Practice at Virginia Tech.

According to the U.S. Food and Drug Administration (FDA), a very small number of pets around the world have been reported to be infected with the virus that causes COVID-19, mostly after having contact with people with the virus. Based on the information available to date, the risk of animals spreading CO-VID-19 to people is conidered to be low.

"Most dogs and cats are exposed to other strains of coronavirus when they are puppies or kittens, so they already have some natural immunity, although it may not always be cross-protec-



With only a single case in the area of a pet infected with COVID-19, Virginia Tech veterinarian and assistant professor Mark Freeman is among the experts who say they are still not recommending vaccinations for pets.

tive," said Freeman. "We have tested several animals that had some clinical signs that would be expected with coronavirus and that also came from households where there was a human infected, but to my knowledge all the tests in pets have been negative."

Pets that do have sympoms usually have a mild illness that can be taken care of at home. Freeman recommends that pet owners who think their pet is sick with the virus or who are concerned about their pet's health should talk to

"As this virus continues to mutate, we may find that it could be more likely to infect pets, at which point we may be more likely to consider vaccination to prevent further spread, especially between pets and humans," Freeman said.

Dr. Mark D. Freeman is a clinical assistant professor of community practice in the Department of Small Animal Clinical Sciences at the Virginia-Maryland College of Veterinary Medicine at Virginia Tech.

VDOT installs new digital message signs along Interstate 81

SALEM - The Virginia Department of Transportation has installed and activated 30 new digital message signs along Interstate 81. The signs are part of the I-81 Corridor Improvement Program (CIP) to improve safety, increase reliability, and foster economic growth along the 325-mile I-81 corridor.

The electronic display boards, also known as changeable message signs, offer motorists vital information about traffic incidents, congestion, work zones, and inclement weather.

"This is proven technology that helps travelers make informed decisions before they hit the road or helps them alter their plans if conditions change," said VDOT Commissioner Stephen C. Brich.

*Incidents are responsible for much of the congestion on this interstate," said Dave Covington, I-81 Program Delivery Director. "The digital message signs are a cost-effective way to help drivers avoid some of those backups."

Twenty-one of the new digital message signs are located on the interstate between mile marker 72 in Wythe County and mile marker 321 in Frederick County. Another nine signs are on roadways approaching I-81, offering information that can help motorists decide whether to

merge onto the interstate. VDOT's network of traffic operations centers provide messages for the message boards and continuously update them in real time.

The I-81 CIP originated from public input and a 2018 data-driven study. The \$2 billion plan of focused improvements was approved in December 2018 by the Commonwealth Transportation Board. In 2019 the general assembly approved funding and Governor Ralph Northam signed it into law. Information on I-81 CIP, including interactive maps and timelines and details about upcoming and current projects is on the Improve81.org website.

The digital message sign project is part of I-81 CIP operational improvements that include additional traffic cameras, flashing curve-warning signs, VDOT's Towing and Recovery Incentive Program, and expanded safety service patrol coverage. Dozens of arterial route improvements are currently underway and are scheduled for completion by 2023.

In March 2020 the Commonealth Transportation Board awarded a \$6,999,464.84 contract for the digital message signs project to Richardson-Wayland Electrical Co. LLC of Roanoke. The project was completed on Oct. 28, 2021.

Cadets chosen to highlight the colors at Duke game

First-year cadets Andy Gaines, Abigail Sneska, and Lucas Surdam will receive the flags at today's football game (Saturday, Nov. 13) against Duke, the last home game of the season.

The Virginia Tech Corps of Cadets and the Virginia Tech football team continue their proud partnership to highlight the colors during the pre-game ceremony at every football

Three football players, chosen because of their performance in the last game or at practice, carry the American flag, the state flag, and the team's spirit flag and lead the team onto the field. They deliver the flags to cadets at the south end of the field.

The cadets, selected based on their performance in the corps, render honor to the flags and carry them off the field. At home games, three first-year cadets are selected, and one or two upper-class cadets travel with the team and

receive the flags at away games.

Gaines is in Army ROTC and is majoring in business in the Pamplin College of Business. He was selected for being prepared and enthusiastic for each day and for checking up on his classmates and ensuring his unit's morale is high.

Sneska is in the Citizen-Leader Track program and is majoring in engineering in the College of Engineering. She constantly works to better herself in academics, the corps, and physical fitness, going so far as to create study groups with her peers so that they can best prepare for upcoming exams.

Surdam is in Air Force ROTC and is majoring in business in the Pamplin College of Business. He was chosen for maintaining a motivated and positive attitude, being a role model, and volunteering with any opportunity he's given.



(Left to right) First-year cadets Lucas Surdam, Andy Gaines, and Abigail Sneska have been

selected to highlight the colors at today's Duke football game.

Discussions and resolutions adopted at latest Board of Visitors meeting reflect a full agenda



On Sunday, members of the Virginia Tech Board of Visitors toured the Blacksburg campus, led by Hokie Ambassadors. Preston White (left) greeted Hokie Ambassador Maddie Tchong. Photo by Christina Franusich for Virginia Tech.

At their fall meeting, members of the Virginia Tech Board of Visitors covered a wide range of topics and issues consistent with a university holding a normal, pre-pandemic term.

Among the topics addressed, board members received a design preview of a new capital construction project that will enhance accessibility, mobility, and safety within the Blacksburg campus's North Academic District. The construction of two freestanding eleva-

tors and supporting structures will

enable a more accessible route to and from the Perry Street region, across a corridor that navigates multiple elevations and building locations, including Bishop-Favrao Hall, Cowgill Hall, Derring Hall, and Johnston Student Center.

In addition, the board approved a resolution to increase student meal plan costs for the spring semester. The increase was necessitated by workforce shortage issues that the university addressed with a

See Agenda, page 2

UPCOMING EVENTS

Sunday, Nov. 14:

Chess Club

At the Blacksburg Library at 3 p.m. Kids and teens ages 8 and up are welcome to come sharpen their chess skills. Supplies will be provided. All skill levels

Monday, Nov. 15:

Crafternoon at the Radford Public

The library staff presents an afternoon of crafting from 1 to 2:30 p.m. Participants may bring their current project and share it with the group. The library will offer a variety of collections from books to databases to help with finding just the right craft. Some supplies will be available for take-home. Adult coloring supplies and coloring books will be available. Needle projects and other indoor crafts are encouraged. Adults only.

Pokémon Club

At the Christiansburg Library at 4:30 p.m. Pokémon fans can bring their DS or Pokémon cards and get ready to battle, trade, and make new friends. All ages.

Graphic Novel Book Club: "Lighter than My Shadow"

At the Blacksburg Library at 6 p.m. The novel of the month to be discussed in November is "Lighter than My Shadow" by Katie Green.

Tuesday, Nov. 16:

Board Game Night at the Radford Library

At 6:30 p.m. Participants may bring their favorite board game or play one of the library's games. All ages are welcome to this family friendly board game night.

Sci-Fi and Fantasy Book Club: "Pi-

At 6:30 p.m. at the Blacksburg Library. To be discussed is "Piranesi" by Susanna Clarke. Call ahead to reserve a

Wednesday, Nov. 17:

Hahn Horticulture Garden In-Person Learn at Lunch

"Ramps" with Pabitra Aryal from noon to 1 p.m. Aryal is a Ph.D. candidate in the College of Agriculture and Life Sciences' School of Plant and Environmental Sciences who is researching the onion's cousin by growing ramps from seeds and bulbs to study the germination time of the plant. This is a free event, and no registration is needed.VT requires face masks in public spaces, so everyone will need to wear a mask at this

event. Parking passes will be provided to attendees.

Computer Basics: Library Databases

At the Meadowbrook Public Library at 10:30 a.m. This course will cover accessing and utilizing library databases from computers, smartphones, and tablets. Databases include the library digital collections, genealogy and research, career resources, resources for kids, and

Sustainable Blacksburg Lunch & Learn: Food Waste

'The Surprising Cost of Food Waste and What We Can Do about It" is the theme of this lunch-and-learn at the Blacksburg Library at noon. Consumers waste about 40% of food produced in the US every year. Kas Church, the assistant director of Virginia Tech's Food Access Initiatives, will discuss the Campus Kitchen at Virginia Tech (CKVT). Since its founding in 2015, CKVT has diverted over 240,000 pounds of food from campus dining centers to local food access partners. https://sustainableblacksburgva.org/.

Loops Group with New River Art

At the Blacksburg Library at 2 p.m. Participants may bring their latest project every Wednesday from 2:00 to 4:00 p.m. and join the group for a knit and

Art Club

At the Christiansburg Library at 2 p.m. The club will explore the art of Lubaina Himid and recreate one of her most famous paintings, "The Carpet." Registration is required. For ages 6 and

Teen Book Club: "The Song of Achil-

Virtual/Online at 4 p.m. Each month, the teen book club reads a different book and then meets on the last Wednesday of every month to chat about it. This month the club is reading "The Song of Achilles" by Madeline Miller. The club is meeting both in person and online. Email mroach@mfrl.org for the link to participate virtually or for more informa-

Talking About Books Nonfiction; "Gulp" by Mary Roach

At the Christiansburg Library at 11 a.m. This month "Gulp" by Mary Roach will be discussed. The group will meet in person and virtually.

Thursday, Nov. 18:

Talking about Books

To be discussed is "Crying in H Mart" by Michelle Zauner at the Meadowbrook Public Library, at 11 a.m. Call (540) 268-1964 for more information or to reserve a copy.

Kids' Candle Making

At the Christiansburg Library at 4:30 p.m. Kids of all ages are invited to make candles at the library.

Pokemon Snap Event

At the Blacksburg Library at 5 p.m. Participants are invited to take a tour and snap some Pokémon pics. Journey to the newly discovered Lental Region. Snap some amazing photos of Pokémon on 30 courses, including six that were just added. Upon completing the tour, participants may then choose a picture to print and decorate as a memento of the journey. All ages are welcome. Contact sstauffer@mfrl.org with questions.

Saturday, Nov. 20:

Creative Writing Group

At the Meadowbrook Public Library at 11 a.m. In person or on Go-To-Meeting for support, feedback, and writing tips. Email mupthegrove@mfrl.org or call 540-268-1964 for more information. Participants do not need a Go-To-Meeting account to join.

Caturday

At the Christiansburg Library at noon. Sign up at the front desk for a 15-minute slot to read to a cat from the Montgomery County Animal Care and Adoption Center to practice reading and to socialize shelter cats. All ages. Email shodges@ mfrl.org for more information.

Edible Pumpkin Patch Craft

At the Blacksburg Library at 2 p.m. Create an edible pumpkin patch with graham crackers, Oreos, and more. All ages are welcome and all supplies are provided, but registration is required.

Teen DND

At the Blacksburg Library at 2 p.m. Teens. Dungeons. Dragons.

Throughout November:

Donate old sneakers

The RADical Change Commission and GotSneakers are promoting healthy communities with creative recycling. This sneaker drive fundraiser keeps sneakers out of landfills and reduces toxic chemicals released into the air and the soil. All sneakers from the drive will be recirculated to people who want quality, reusable footwear at affordable prices or repurposed into new surfaces such as playgrounds and tracks. Donors are asked to please wash their old sneakers before dropping them off at either of the following two locations: 1) Unity Christian Church, 400 Tyler Ave. (corner of Tyler and Clement) in Radford, Monday through Thursday from 8 a.m. until 4 p.m., and Friday from 8 a.m. until 2:30 p.m. The bin is located at the office door facing Moe's Southwest Grill, and 2) The Shelter, 1205 Downey St., Radford. The bin is located on the front porch. Sneakers may be dropped off at this location any time day or night. Sneakers will be collected through Nov. 30.

Help the Veterans with Your Dona-

All the month of November, at the Meadowbrook Public Library, a collection point for items needed at the VA Medical Center in Salem. Bring your donations of the following items to the library during November: deodorant, denture adhesive, 3 in 1 body wash/ shampoo/conditioner, body toothpaste, nail clippers, sweatpants, sweatshirts, t-shirts (size M, L, XL), and new baseball caps.

No brush collections in November

Christiansburg public works crews will not be collecting brush this month due to equipment failure. Brush collection will resume in December once repairs are completed.

Ongoing:

Second annual Radford holiday display contest

The Radford Chamber of Commerce's second annual holiday display contest is underway as Radford businesses and residents are urged to come up with their best window or home displays. The entry fee is \$25, and the entry deadline is Nov. 30 with decorations required to be up by Dec. 10. Public voting will then take place from Dec. 10 through Dec. 22.

Passports at the Radford Public Library

The Radford Public Library is a passport acceptance office. Call (540) 731-3621 to set up an appointment time. Those planning overseas travel should get their passports as early as possible, because the current waiting period can be up to 18 weeks.

"Paper Alchemy" exhibit

On display in the gallery in the Covington Center at Radford University. This is an exhibition of jewelry and other objects made from Thurmanite®, a material invented by James Thurman, an artist who teaches at the University of North Texas. Thurmanite is a unique composite material made of layers of recycled paper bonded together with an environmentally friendly plant-based resin. "Paper Alchemy" is a dynamic demonstration of the artists' range of inventive problemsolving and creativity.

EARLY DEADLINES FOR THANKSGIVING PAPER

There will be early deadlines for the Nov. 24 issue because of Thanksgiving. Please send your news items, photos and church

news by Thursday, November 18 at noon to community news@ourvalley.org. Send ads by **Thursday**, November 18 at noon to advertise@ourvalley. org. You may also drop off news items and ads at our offices at 1633 W. Main Street, Salem, VA 24153.

> The offices of the News Messenger and Radford News Journal will be closed on Thursday, Nov. 25 for Thanksgiving.

Agenda from page 1

market alignment for rates of pay necessary to attract and retain dining services workers needed to maintain current operations and service quality.

The board also approved a resolution to establish an administrative and professional faculty representative to the board of visitors, effective immediately. Currently, representatives from the faculty, staff, and student body meet regularly with the board. Moving forward, the president of the Administrative and Professional Faculty Senate will be invited to sit with the board in open session and, when recognized by the Rector of the Board, to speak on matters in which they may be able to contribute.

Board members received a proposal to reorganize the Department of Animal and Poultry Sciences and the Department of Dairy Science and establish a School of Animal Sciences within the College of Agriculture and Life Sciences. The proposed change, pending approval from the State Council of Higher Education in Virginia, would establish one academic unit responsible for the oversight of animal sciences programming in the college.

The new school would facilitate efficient management of animal science related programs; ensure collaborations in animal and life science research, education, and extension across the university; and elevate the profile of the college's animal science programs and research.

At Sunday's informa-

tion session, board members received reports on the Innovation Campus, progress toward goals presented in the university's strategic plan, and an update on undergraduate and graduate student enrollments and financial aid support. During the two-day meeting, board members also received reports on campus sustainability efforts, the university's new National Security Institute, campus security and crime statistics, and student financial

aid resources The board also approved resolutions honoring six emeritus faculty members and appointing nine faculty members to

endowed fellowships. The next full Virginia Tech Board of Visitors meeting will be held April 3-4, 2022 in Blacksburg.

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Send community news and photos to communitynews

@ourvalley.org

YMCA at VT announces entertainment schedule for craft, book fair through Nov. 14

YMCA at Virginia Tech's craft and book fair will feature a full schedule of entertainment Saturday and Sunday, Nov. 13 and 14, at the Christiansburg Recreation Center.

The schedule for today, Nov. 13, is as follows:

10:45 a.m. Hindi Story

11a.m. Spanish Story

11:30 a.m. Story Time with Joell, as reading out loud is one of her favorite things to do. This is an interactive time, and all ages are welcome as she brings books of silliness and endearment to life.

Noon Dance Tech 1 p.m. Sapphire Ball-

2 p.m. Radia Lu, an American teenage singer who sings adult contemporary music, including both pop and indie songs. Her singing usually incorporates her Chinese and Asian culture heritage. She has performed numerous times to celebrate Lunar New

Years and mid-autumn fes-

3:15 p.m. Russian Story

4 p.m. Blacksburg High School Singing Group 5 p.m. Little Leapers.

The Y's entertainment schedule for Sunday, Nov. 14, is as follows:

1 p.m. Radia Lu

2 p.m. Simple Gifts of the Blue Ridge. The members of Simple Gifts are Charles Bostian, Jack Webster, Carolyn Smith, and Marya Katz, who together sing and play hammered dulcimers, guitars, flute, bass, and percussion. Simple Gifts performs traditional American, British, and Irish folk music with some world music and original compositions thrown in. Their repertoire ranges from train songs to contemporary favorites and love songs. Included original compositions.

3 p.m. American Roots.



also are Appalachian fid- Simple Gifts of the Blue Ridge, pictured above, will perform Sunday, Nov. 14, at 2 p.m. at the YMCA at Virginia dle tunes, early American Tech's craft and book fair. With Charles Bostian on hammered dulcimer and bass; Marya Katz on hammered hymns, Irish tunes, and dulcimer, guitar, percussion, and vocals; Ann Marie Conner on flute and percussion; and Jack Webster on vocals. guitar, kazoo, and bass, Simple Gifts offers traditional and traditional-sounding folk music with a little New Age



Meet Frankie. She hasn't lived at the Animal Care and Adoption Center for very long and she is ready to head home. Frankie is a sweet, fun, playful younger dog who enjoys interacting with people and rolling around in the grass. She knows how to sit and will happily do so for a delicious doggie treat.



Percy is a favorite at the ACAC. He is a sweet boy who enjoys attention and affection. He's a good conversationalist, too. When visitors come near his cat condo at the center, he will gladly chat with them to see if they are his purrfect match.

Piano superstar Conrad Tao performs an illuminating recital featuring a Moss commission

Piano superstar and composer Conrad Tao will perform at the Moss Arts Center on Friday, Nov. 19, at 7:30 p.m.

The performance will be held in the center's Anne and Ellen Fife Theatre, located within the Street and Davis Performance Hall at 190 Alumni Mall.

Called a musician of "probing intellect and open-hearted vision" by The New York Times, Tao has amassed a steady stream of awards and critical acclaim for his perforcompositions, mances, and recordings. The former prodigy received the prestigious Avery Fisher Career Grant and was named a Gilmore Young Artist — an honor awarded every two years highlighting the most promising American pianists.

As a composer, he was the recipient of a 2019 New York Dance and Performance Bessie Award for "Outstanding Sound Design/Music Composition" for his work on "More Forever," his collaboration with dancer and choreographer Caleb Teicher.

Tao recently appeared with the Los Angeles Philharmonic, the Cleveland Orchestra, the New York Philharmonic, and the Boston Symphony, and was the focus of a series of concerts and interviews



Gates," Bach's "Chromatic Fantasy and Fugue," Jason Eckardt's "Antennaria plantaginifolia, Pussytoes," Robert Schumann's "Kinderszenen," Fred Hersch's "Pastorale" (dedicated to Schumann), and Beethoven's Piano Sonata in A-flat Major, op. 110. The evening will also include "Keyed In," a new work by Tao commissioned in part by the Moss Arts Center.

Symphony, performing Beethoven's Piano Concerto, no. 4 with Hannu Lintu and Andrew Norman's "Suspend" with Sakari Oramo live on television. After his debut with the Boston Symphony at Tanglewood, his return date was canceled due to COVID. Instead, he was invited to give a streamed recital in the "Great Performers" series, where he played works by Felipe Lara, Ruth Crawford

with the Finnish Radio

Seeger, Tania León, David Lang, and Beethoven.

Master class for VT music students

Tao will demonstrate his approach to piano instruction during a master class for Virginia Tech music students on Thursday, Nov. 18, at 2 p.m. Held in the center's Anne and Ellen Fife Theatre, the event is free and open to the public. Online registration is

Tao will also meet with

Virginia Tech music stu-

dents for a discussion about performance, composition, and life as a touring musician. Ticket information

Tickets for the performance are \$20-45 for the general public and \$10 for Virginia Tech students. Tickets can be purchased online; at the Moss Arts Center's box office, 10 a.m. to 5 p.m. Wednesday through Friday, and 10 a.m. to 4 p.m. Saturday; or by calling 540-231-5300

during box office hours.

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WalletHub ranks Virginia as seventh most charitable state

'Tis the season for giving, and the personal finance website WalletHub ranked Virginia as the seventh most charitable state in the country in a survey released Monday.

The website points out, though, that the latest World Giving Index shows that the United States is falling behind, dropping to 19th place among the most generous countries after years at the top of the list. However, U.S. donors in 2020 still gave more than \$471 billion to charity, with 69% of the funds coming directly from individuals, according to the National Philanthropic Trust.

Americans do more than just reach in their pockets to help others, though. They also contribute their time — and plenty of it. Over 77 million people volunteer in the U.S., serving a combined total of 6.9 billion hours per year, the equivalent of \$167 billion of service.

While the COVID-19 pandemic may have disrupted some volunteer opportunities last year and this year, it hasn't stopped people from giving, WalletHub says. In fact, last year's total giving was actually 5.1% more than in 2019.

In the spirit of inspiring altruism, WalletHub determined the most charitable of the 50 states by comparing them across 19 key indicators of charitable behavior. Those 19 metrics were further divided by WalletHub into two dimensions: volunteering and service and charitable

In the volunteering and service dimension, the metrics used to determine the rankings of the nation's most charitable states were the volunteer rate, the volunteer retention rate, the volunteer hours per capita, the presence or absence of a com-

munity service requirement for high school graduation, the share of the population that does favors for neighbors, the amount of money people would lend their neighbors in need, the share of the population collecting and distributing food, the share of the population collection and distributing clothes, the share of the population fundraising or selling items to raise money, and the share of the state's residents who supply transportation for people.

In the charitable giving dimension, the metrics Wallet Hub used to determine its charitable rankings were the share of income donated, the share of the population donating time, the share of the population donating money, public charities per capita, 4-star charities per capita, charity regulations, the extent of Google search interest for "charitable donations," Feeding America food banks per capita, and the share of sheltered

The six states ranking ahead of Virginia in terms of charitable giving were 1) Utah 2) Maryland 3) Minnesota 4) Oregon 5) North Dakota and Penn-

Financial Focus: Financial moves for women business owners

If you're a woman who owns a business, you may have some challenges not shared by your male peers, but you also have several opportunities to help improve your financial future.

You may already be taking some or all the right steps, but here are some ideas to be sure you're considering and revisiting as your business grows:

Refresh your network. Are you involved in networking with other women business owners? Many of them may have insights into the issues women face in the business world as well as suggestions about lending programs and businessfriendly banks. You may also enjoy passing along your lessons learned to others.

Review your business structure. İf you go into business as a sole proprietor, you'll have to report your business income on your personal income tax return. If you incorporate or form a limited liability company (LLC), you can protect your personal assets - such as your house and your investments - from creditors because these assets will be separated from your business assets and debts. You might also consider other, more complex entities, known as C and S corporations. There's no single "correct" business structure and the most appropriate one for you may change over time, so, in choosing one that's right for your needs, you'll want to consult with your tax and legal advisors.

Do an insurance checkup. To protect yourself and your business, you may want to review your insurance to make sure you have the right kinds and amount of coverage. General liability insurance can be appropriate for sole proprietors, if you've established an LLC, or you've incorporated your business. If you provide some type of professional service (i.e., legal, accounting, engineering and so on), you might need professional liability insurance. And no matter what business you own, you might want to add disability insurance to replace some of the income you'd lose if you were injured or became ill.

Consider all your retirement options. If you've got your own business, you're solely responsible for funding your retirement. Fortunately, as a business owner, you've got several attractive options, including an "owner-only" 401(k), a SEP-IRA and a SIMPLE IRA. In deciding which plan is right for you, you'll need to consider several factors, including the number of employees, if any, and the nature of your business. However, all these plans are relatively easy to set up and administer and offer potential tax benefits. And even though you've got plenty to do already, you should make the time to establish or review your own retirement plan because eventually you'll need all the resources you can accumulate to enjoy life as

a former business owner. You can also find valu-

able information on programs for women business owners by visiting the Small Business Administration's website at www.sba.gov and searching for "women-owned businesses."

Running your own business can be challenging, but by making some positive financial moves and getting the support you need, you can also find business ownership to be highly rewarding, personally and professionally.

Submitted by Meghan Kuczmarski, Edward Jones Financial Advisor, 540-552-1241.

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New round of USDA funding to provide pandemic relief to Virginia farmers



Through Nov. 22, the U.S. Department of Agriculture is accepting applications for a new round of funding to

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4. Dekagram 7. Underwater ship

10. 6th Jewish month

12. __ lang syne, good old days

14. European money 15. Remover of an apple's

18. Bleats

19. "1836 siege" of U.S. 20. Inquiries

22. Bottled gas

23. Dutch painter Gerrit

32. Bone cavities

25. An invasion or hostile

attack

58. Pitcher Hershiser 59. Pronouncements 60. Dodge truck model 61. A coniferous tree

34. Turtle carapace Wash or flow against

40. Cross a threshold 41. Pitch symbol

42. About lizards 45. Treat with contempt

48. Million barrels per day (abbr.) 49. Place to sleep

17. The content of cognition 51. Harsh criticism or disapproval 54. Wipe out recorded

31. South American Indiana 62. Ludicrously false statment 24. Chancellor Von Bismarck

63. Lyric poem

7. Cyclic information 56. Pesetas

8. Fiddler crabs passengers

6. Jubilant delight

antelopes

CLUES DOWN

1. Mexican wattle & daub hut

4. Rum and lime or lemon juice 37. Counterfoil

2. __ Green: playwright

3. Building for autos

26. RCO group of atoms

9. Vehicle carrying many 11. Dream sleep

13. Afghan Persian language 16. Gnawing small mammal

18. B1 deficiency disease 21. Not out

5. Two spiral-horned African 38. Kept cattle together 39. Computer screen material 43. Ancient calculator 44. Cuddle

34. A story

35. Surmounted

36. Cloisonned

46. District nurse 47. Employee stock ownership plan

30. Instances of disease

50. Distributed game cards 52. Murres genus 53. Tear apart violently

55. Umbrella support 56. Athlete who plays for pay 57. Small amount

help farmers and other segments of Virginia's agricultural sector recoup losses associated with the pandemic. Farmers, farmers marers markets. kets and other small-scale Applicants may request grants between \$1,500 and agricultural facilities negatively impacted by the CO-

> culture funding. Through Nov. 22, USDA is accepting applications for the Pandemic Response and Safety Grant Program, which aims to help small businesses in the agricultural sector recoup costs associat-

VID-19 pandemic now can

apply for a new round of

U.S. Department of Agri-

ed with pandemic response. Approximately million will be available to small-scale crop producers, other select producers, meat and other processing facilities, distributors, and farm-

\$20,000, and funds will be issued for pandemic-related costs incurred between Jan. 27, 2020, and Dec. 31, 2021. Cost sharing and matching funds are not required under program guidelines.

"Throughout the pandemic, Virginia producers, processing facilities, and farmers markets took important steps to keep their businesses moving and keep employees and customers safe," said Elijah Griles, Virginia Farm Bureau Federation commodity specialist.

"The PRS grant program

provides an opportunity for those businesses to offset some of the expenses that were incurred by implementing safety protocols, or by pivoting their marketing strategies to successfully nav-

igate the pandemic" Griles

PRS funding can be used to cover costs associated with workplace safety, market pivots, retrofitting facilities, transportation of workers and goods, worker housing, and medical services provided to workers.

Full program details, eligibility requirements and an online application can be accessed through the PRS web

Hugs & Buds from page 1



After RSVP volunteers assembled seventy flower arrangements for veterans in Montgomery and Radford, (left to right) volunteers Ronald "Chub" Flanary, veteran Raymond Lyons, Jr., Rosemary Jones, Shirley Mullins, and Montgomery County Supervisor Sherri Blevins delivered the arrangements Wednesday in time for **Veterans Day.**

Owells, Martha Adams Heinline

Martha Adams Heinline Owells, 99, of Radford, passed away Monday, Nov. 1, 2021, just three months short of her 100th birthday.

She was a longtime member of Grove United Methodist Church. Martha was an avid gardener and loved spending time in her lawn and garden. She also crocheted and made dozens of lovely,

cherished, handmade items for her friends and family over the years, many times taking months of work.

She enjoyed taking family trips to the beach in South Carolina and spending cooler months in Florida with her husband. Martha was preceded in death by her parents, James and Iris Heinline; and her husband, Horace Eugene Ow-

Survivors include her son, Thomas



Owells of Mission, Kan.; grandchildren and their chelle Owells and Julie bout with cancer. and Patrick Joyce of Kansas; great-grandchildren Nashville, Jim spent a Everly and Kaison Ow- majority of his life in ells, and Owen and Ben California and Arizona, Joyce; and many other moving just a few years relatives and friends.

friends from 10 a.m. until 20, 2021, at Grove Unit-

in Sunrise Burial Park in Radford.

to your local hospice.

Shrader, Carl James

Carl James Shrader, 66, of Christiansburg, passed away on Monday, Nov. 8, 2021, at his home.

He was born in West Virginia on Jan. 26, 1955, to the late Earl and Opal Bowers Shrader. He was preceded in death by his brother, Ray Shrader; his father-in-law, Ira Smith, Ir.; and his brother-in-law, Randy Waldron. He is survived by his wife, Rhonda

Smith Shrader; children Serena Fultonberger and her husband, Eric, and Mark Price; grandchildren Sawyer, Olivia, Blake, Tristan, and Connor; sisters and brothers-in-law, Betty and Lenny Ferrell



and Maggie and Benny Mullins; brother and sister-in-law Earl and Pam Shrader: mother-in-law Joan Smith; sisters-in-law and brothers-in-law, Lisa Waldron, Janet and Steve Wood, and Theresa and Michael Lawrence; as well as numerous nieces and nephews.

A funeral service was held on Friday, Nov. 12, 2021, at Mt. Mission

Church with Pastor Michael Lawrence officiating. Entombment followed at Roselawn Memorial Gardens, Christiansburg. The family received friends prior to the service at the church.

Weddle, Katie Marie

Katie Marie Weddle, 85, of Blacksburg, went home Sunday, Nov. 7, 2021.

She was born in Montgomery County on Aug. 15, 1936, to the late Henry John and Clara "Bell" Graham. She was preceded in death by her ĥusband, Richard Carlton Weddle, Sr.; and her sons, Rickey Lonza Cobler and Samuel Lee Dunn. She is survived by her

sons and daughter-in-law, Gairy and Doreen Dunn and Bernard Cobler; her daughter and son-in-law, Bonnie and



Kenneth Terry; 17 grandchildren; and numerous great-grandchildren.

Funeral services were held Thursday, Nov. 11, 2021, in the McCoy Funeral Home Chapel with Pastor Andrew Dunn officiating. Burial followed at Evergreen Burial Park in Roanoke. The family received friends Wednesday evening at McCoy Funeral Home, Blacksburg.

In lieu of flowers, please make donations to Midway Baptist Church, 3909 Northfork Road, Elliston, VA 24087.

Carter, David Bruce (Chunk)

David Bruce (Chunk) Carter, 64, of Blacksburg, died Monday, Nov. 8,

He was born in Christiansburg on Nov. 21, 1956, to the late Sylvester Thomas and Edith Bolt Carter. He was preceded in death by his brothers, Jeff Carter, Ken Carter, and Jackie Carter; and a sister, Debra Sue Duty.

He owned and operated heavy equipment all over, especially in the New River Valley. He is survived by his brothers and sister-in-law, Neil Carter, Jerry and Kathy Carter, and Tommy Carter; a sister, Lois Covey; numerous nieces and nephews; and special friends, Bobby Dove and Stuart White.

A funeral service will be held today, Saturday, Nov. 13, 2021, at 11 a.m. in the McCoy Funeral Home Chapel with the Rev. Jimmie Lee Price officiating. Interment will follow at North Fork Baptist Church Cemetery in Blacksburg. The family will receive friends from 10 to 11 a.m. prior to the service at McCoy Funeral Home.

Cyrus, Teresa Warden

Teresa Warden Cyrus, 68, of Radford, went home to be with the Lord and her mom on Tuesday, Nov. 9, 2021, following a short illness.

She was preceded in death by her parents, George Thomas James Warden, Sr., and Flora Edna McGuire Warden.

Survivors include her husband of 24 years, Bobby Lewis Cyrus; daughters and sons-in-law Megan and Matt Gardner, Leslie Cyrus and Scott Frazier, and Tabitha Cyrus; grandchildren Braxton, Roman, Cooper, and Aaliyah; great-

granddaughters Brooklyn and Bristol; sisters and brother-in-law, Debbie and Kenneth Albert and Barbara Hamon; brother and sister-in-law Thomas, Jr., and Rhonda Warden; and numerous nieces and nephews and other relatives and friends.

The family will receive friends from 5 until 7 p.m. today, Saturday, Nov. 13, 2021, at the Mullins Funeral Home in

Radford. Services will be private. The Cyrus family is in the care of Mullins Funeral Home and Crematory in Radford.

Irby, Cordelia Marie

Cordelia Marie Irby, 55, of Radford, passed away at home, surrounded by loved ones, on Thursday, Nov. 4, 2021, after suffering from a heart attack in early October.

She is survived by her sons, Alan, Scott, and K.J; grandchildren Devon, Cyrus, Taylor, and Zachary, and many

others who love her and wish her well on "the next part of her journey."

In accordance with Marie's wishes, a small service will be held for immediate family members only. The family asks that in lieu of flowers donations be made to the American Heart Association.

Poole, James "Jim"

James passed away peacefully on spouses, Michael and Mi- Nov. 7, 2021, after a brief

Born just ago to Blacksburg to be The family will receive closer to family. Jim was an incredible

11 a.m. on Saturday, Nov. athlete, playing both basketball and baseball for

ed Methodist Church. Funeral services San Diego State University. He was will begin at 11 a.m. with the Rev. Jan honored to have his baseball jersey Angle officiating. Interment will follow retired as one of the top pitchers in school history. Following graduation, In lieu of flowers, consider donations he went on to participate as a member of the winning USA basketball team Condolences and memories may be for the 1955 Pan American Games, shared with the family at www.mullins- earning a gold medal. He followed that funeralhome.com. The Owells Family as a member of the All-Air Force Volis in the care of Mullins Funeral Home leyball Team in 1957, during his time serving in the Air Force competing in the Armed Forces Sports.

Jim became a world-class, international badminton champion and one of the most decorated players in USA Badminton history. He was the number-one ranked singles player and number-one ranked doubles player (with partner Don Paup) throughout the 1960s and mid-1970s. His 65 United States championships are the most for any badminton player, and his record of winning his first in 1958 and his last in 1979, a span of 21 years, remains the longest of any player in USA badminton history.

Jim won numerous European and Canadian titles and was the world champion in the over-55 age group in 1987. His most cherished victory was winning the Malaysia Open in 1961 as he was the first victor from a non-Asian country. He remains the only American player to win this elite tour-

He also played for the US National Team (Thomas Cup) from 1958-1976 (even coaching several teams), traveling all over the world. In 1970 he was



elected into the USA Badminton Hall of Fame now known as the Walk of Fame.

As his badminton career was winding down, his football officiating career was reaching its pinnacle as he worked for 20 years on the field for the National Football League (1975-1995), including officiating Super Bowl XXI (1987) and Super Bowl XXVII (1994). After retir-

as a supervisor in New York City before returning full-time to Sun Lakes, Ariz., where he continued to be an NFL trainer and then an observer for the Arizona Cardinal games for many more years. During his retirement years in Arizona, Jim became a scratch golfer and won a couple of club championships. Professionally, Jim was a college

ing from the field, Jim worked briefly

professor for over 30 years at Cal State University, Northridge, and Cal State University, Dominguez Hills.

Jim met his wife of 53 years, Sue, during his time in the Air Force. Jim and Sue loved traveling and spending time with their family. Sadly, Sue passed away in 2013. Jim is survived by daughters Kelly (Mark) and Lisa (Jeff) and son Jon (Kathleen); seven grandchildren, Melissa (Matt), Kristin, Carly (Geoff), Kenny, Ricky, Kyle, and McKayla; and one great-grandchild Wyatt. The family would like to thank Dr.

Robert Solomon, the staff at Medi-Home Health (most notably Jacqui, Alecia, Matthew, and Chaplin Mike), and the staff and ownership of English Meadows Blacksburg for their care and concern for Jim.

The family will receive visitors celebrating Jim's life from 3 to 4 p.m. on Sunday, Nov. 14, 2021, at McCoy Funeral Home, 150 Country Club Dr. S.W., Blacksburg. In lieu of flowers, donations may be made to the American Cancer Society.

Worrell, Melissa Joann

Melissa Joann Worrell, 44, of Barren Springs, passed away peacefully on Tuesday, Nov. 9, 2021. She was well known for her love for animals, her contagious laugh and smile, and her love for everyone.

She was preceded in death by her parents, William "Joe" and Freda Hodge; a daughter April Worrell; brothers Wil-

niece Tiffaney Roseberry; and her mother and father-in-law, Melvin and Hazel



She is survived by her husband, Melvin die" Worrell of Barren Springs; sisters Dreama (Steve) Johnston of Barren Springs, Terri Proffit of Pulaski, and Jenny (Mike) Oliver of Atkins, Va.; a brother, Russell "Dale" (Betty) Hodge of Speedwell; and many nieces and nephews.

liam Jeffrey Hodge and Roger Hodge; a a later date. The Worrell family is in the care of Mullins Funeral Home & Crematory in Radford.



Send community news and photos to communitynews@ourvalley.org

With motorcycle deaths up from 2020, DMV urges caution for motorcyclists this fall

Virginia's crisp fall weather and colorful scenic routes are calling motorcyclists to take a ride. In light of recent roadway trends, the Virginia Department of Motor Vehicles (DMV) is reminding all motorcyclists and motorists to use cau-

As of Nov. 4, 95 motorcyclists have died in crashes on Virginia roadways, a 17% increase compared to the same date last year. In fact, more motorcyclists have already died in crashes this year than all of last year (87 motorcyclist fatalities in 2020).

Not only do motorcyclists and motorists share the road, but they also share the responsibility of taking proper precautions to keep the roads safe for everyone.

"By combining safe riding practices and safe driving practices on Virginia's roadways, together, we can prevent crashes and significantly reduce the number of motorcyclists killed each year," said DMV Commissioner Richard D. Holcomb, the Governor's Highway Safety Repre-

Motorcyclists are considered vulnerable road users due to the size of their vehicles, and motorcycles lack a considerable amount of protection compared to larger vehicles on the

In a continued effort to decrease traffic fatalities, DMV offers these safety tips for motorcyclists and motorists on the roads this fall:

Motorcycles or other smaller vehicles may appear farther away than they actually are, so take an extra moment to look before changing lanes, pulling into traffic, and turning at intersections.

Avoid distracted driving. The use of a cellphone or any handheld communications device while driving is illegal in Virginia. Remember, distracted driving is impaired driving, and impaired driving is always preventable.

Always maintain a safe following distance. Motorists and motorcyclists should practice keeping at least three seconds between themselves and the vehicle or motorcycle ahead.

Safety gear such as seat belts, helmets, and protective gear should always be properly utilized whenever operating a vehicle or a motorcycle.

Use caution and slow down when riding through intersections. Failure to notice the presence of a motorcycle is one of the leading causes of vehicle and motorcycle collisions.

DMV offers a Virginia Rider Training Program for both new and experienced riders.

Courses are taught by certified motorcycle safety instructors and provide the opportunity to learn new techniques and practice skills in a controlled, safe environment. Classes are offered at community colleges and other locations throughout the state. Not only does taking a motorcycle safety course help bike riders prepare for their motorcycle endorsement, but it also may qualify them for a discount on their motorcycle insurance.



As of the first week of November, 95 motorcyclists have died in crashes on Virginia's highways, more than died

ANGLICAN CATHOLIC

St. Peter the Apostle Anglican Church, 230 W. First St., Christiansburg, VA. Fr Peter Geromel OHI Th.M., Vicar, Fr. Alex Darby, 540-382-0432/540-270-9166. "Associate", Sundays: 8:00 am & 10:00 am Holy Eucharist followed by Christian Education and refreshments. Holy Communion most Thursdays at 12Noon, other Holy Days as announced. Traditional services use the 1928 Book of Common Prayer and 1940 Hymnal. Handicapped accessible. All are welcome. Come worship with us! Website: www.stpetersacc.org. Follow us on Facebook

St. Philip's Anglican Church, 306 Progress Street, NE, Blacksburg, Virginia 24060, (540) 552-1771, www.stphilipsblacksburg.org. Reverend Fr. Wade Miller, Priest. Eucharist Sundays at 11am and Wednesday's at 12pm.

St. Thomas Anglican Church - located at 4910 Hubert Rd, NW Roanoke, Va. Traditional Liturgical Lenten Services, Sunday at 10:30 am. Call (540) 589-1299 or visit www.sttofc.org for midweek masses and events. (In Roanoke, go E on Hershberger, L on Hubert to 4910).

BAPTIST

First Baptist Church on 3rd Ave., 215 Third Ave. at the corner with Downey St. We are committed to personal spiritual growth and to providing leadership in community ministry. We celebrate the dignity and worth of all persons, created in the image of God. Sunday Bible Study Groups - 9:45, Sunday Worship -11:00. Website: www.fbcradford.org, 540-639-4419. Worship is broadcast live on JOY radio, 93.1 FM and 890 AM.

Trinity Community Church, 1505 N. Franklin Street, C'burg. John Altizer, Lead Pastor, Brian Cockram, Associate Pastor, 382-8121. Worship at 10:45 a.m., Outreach Ministries - 6:00p.m. Wednesday, Growth Groups - 5:00p.m. Sunday, Youth and Children's Ministry - 5:00p.m. Sunday, www.trinitycburg.org

CHURCH OF CHRIST

Blacksburg Church of Christ, 315 Eakin St., 552-1331. Sun. Bible Classes 9:30 a.m., Sun. Worship 10:30 a.m. & 6 p.m., Wed. Bible classes, 7 p.m., Outreach Minister Curt Seright, Community Minister Tom Gilliam, Dean Meadows, Campus Minister.

Faith Christian Church of Christ, 305 3rd Street, Christiansburg, David Rhudy, Minister, 382-4628, Sunday School 10 am; Worship 11 am; Evening Worship 6:30 pm; Wednesday night Bible Study for Women and Men 6:30 pm. We welcome you to any and all of our ser-

CHURCH OF GOD

New Hope Church of God, 1404 Mud Pike Rd., C'Burg. Rev. T. Michael Bond, pastor, 731-3178. Sun. School 10 a.m., Worship 10:50 a.m., 6 p.m. Thurs., 7:00 p.m.

West Radford Church of God, 1824 West Main Street, Radford, VA 24141, Sunday 10:00A.M. Morning Worship-School-11:00A.M., Children's Church 11:00A.M. Sunday Evening – 6:00P.M., Wednesday Night 7:00P.M., Pastor Danny Newman, Church Office – 540-639-6562 or 804- 921-0828.

CHURCH OF THE BRETHREN

Christiansburg Church of the Brethren, 310 South Franklin Street. Pastor: Paul J. Stover Jr. 540-797-5015. Sunday School 10 a.m.; Morning Worship 11 a.m.; Bible Study 10:30 a.m. Tuesdays. Website: www.christiansburgcob. org. A loving family, fueled by the Holy Spirit, grounded in God's Word, and delivering Jesus forgiveness and love to all people. Come as you are... you are welcomed!

ECKANKAR

Eckankar, the Path of Spiritual Freedom, is located at 1420 3rd St. SW, Roanoke, VA 24016. However, due to COVID-19, the Light & Sound Services and other ECK programs are currently available online through Zoom. Visit www.eck-va.org for program listings, www.

Montgomery County WORSHIP DIRECTORY

SPREAD THE WORD

Read John 12:1 through 13:38

A large banner on the semitrailer in the church parking lot announced, "Food Giveaway on Saturday." Sharon saw the banner as she drove by on her way to work. Just five years earlier, as a single mother of two, she had received two bags of groceries from the same church. This gift enabled her to get through a tough time after her husband deserted her. More importantly, it opened her heart to the message of Christ.

Now a growing Christian, Sharon takes time to tell others about the church's food giveaway and about the greatest gift of all:

The crowd that was with him when he called Lazarus from the tomb and raised him from the dead continued to spread the word (John 12:17).

Those who saw Jesus raise Lazarus from the dead just couldn't keep quiet. They kept talking about the miracle and generating interest in those who heard. The story of how Jesus has touched one person's life has the power to touch other people's lives

Prayer Suggestion: Jesus, help me to spread the word about You boldly today.

Quicklook: John 12:17-19

If your church is not listed and if you are interested, call Randy Thompson at 540-389-9355 or email at advertise@ourvalley.org

meetup.com/Roanoke-Spiritual-Experiences-Group, or call 540-353-5365 and leave a message. We will return your call. Also visit www.eckankar.org for more information about how the teachings of Eckankar lead you to spiritual freedom.

EPISCOPAL

Grace Episcopal Church, 210 4th Street, Radford, 639-3494. A friendly, mission-oriented spiritual community sharing the Word of God. ALL ARE WELCOME. In person and live-streamed services 10:30AM Sundays. Holy Eucharist twice a month. Morning Prayer twice a month. Fellowship and refreshments follow services. Find us on Facebook: Grace Episcopal Church and www.graceradford.

LUTHERAN

Luther Memorial Lutheran Church ELCA, 600 Prices Fork Rd, Blacksburg. Weekly Online Worship at www.lmlc.org. We are a Reconciling in Christ congregation that welcomes and affirms all people just as they are. For information on Bible studies and Wednesday Vespers, email luthermemorialblacksburg@gmail.com, or contact the church office, (540) 951-1000. Rev. Monica Weber, pastor.

MULTI-CULTURAL NON-DENOMINATIONAL Christian Growth Center, 1850

Electic Way, Christiansburg, VA 24073 (beside Hubbell Lighting). Sunday Worship: 9:30am Prayer, 10:00am Service *Nursery Available. Lead Pastor: Todd Hallinan. Founding Pastor: Rob Sowell. Mission: Sow, Grow, & Go Sow Faith! Grow in Righteousness! Go into all the world in the authority of the believer! 540-382-2908.

PENTECOSTAL HOLINESS **Merrimac Pentecostal Holiness** Church, Rev. Richard Hall (540)

pastorhall29@gmail. 552-7194. com. Sunday School at 10 a.m. and morning worship is 11 a.m. Evening service at 6 p.m. and Wednes-

day at 7 p.m.

Compassion Church, 1820 Second Street, Radford, 639-6287, Our music is passionate, our worship is real, and Pastor Chandler Jones brings relevant messages for everyone at any place on their journey, Sunday Worship Experience at 9:30 AM & 11:00 AM, Wednesday Family Night at 7 PM, Children Ministry provided for all services. Our vision is to see all Saved. Freed. Restored. Fulfilled. Find us on facebook and Instagram

Walton **Pentecostal Holiness** Church, 4003 Morning Glory Rd., off Walton Rd. on Rt. 114. 731-1755. Lee Sarver, pastor. Sun. School 9:30 a.m., Worship 10:30 a.m. & 6: p.m., Wed., 7 p.m.

UNITED METHODIST United Methodist Asbury **Church**, 500 Stuart Street, Christiansburg. 540-382-0743. Rev. Dr. Patricia Jones. Sunday School. 9:45 a.m., Sunday Worship, 11:00 a.m. All are welcome.

Central United Methodist Church, 803 Wadsworth Street, Radford. 639-3529. 8:30 a.m. Sunday Services: 8:30am (interpreter provided); 9:45am Sunday School (interpreter provided); and 11:00a.m. Wednesday Bible Study: 6:30p.m. Child care is provided. www.centralmethodistchurch.com.

United Paul Methodist Church, 220 W. Main St., C'Burg. Rev. Mike Derflinger (540) 382-2410. Sunday Worship 10 a.m., Sunday School 9 a.m. Live streaming Sunday Service - www.twitch.tv/stpaulumc Wesley Memorial United Methodist Church, 350 Stafford Drive, Christiansburg, VA 24073, Sunday School 10am, Sunday Worship Service 11am.

WESLEYAN

Christ Wesleyan Church, 525 Harkrader Street, Christiansburg. Public Worship service at 11:00 AM. Sunday School for adults -10:00 AM. Pastor: Gale Janofski 574-306-7682. Website: christwesleyanchurch.org

Virginia Tech housekeeping tackles flu through thorough cleaning and disinfecting, strong teamwork

Slowing the spread of seasonal flu, COVID-19, and other viruses through rigorous cleaning and disinfecting of high-touch surfaces remains a priority for the Division of Campus Planning, Infrastructure, and Facilities' housekeeping team.

Flu viruses spread mainly from person to person when people with influenza cough, sneeze, or touch things that others touch. High-touch surfaces - such as countertops, desks, and door handles - should be cleaned and disinfected frequently and effectively.

Virginia Tech, through the use of onestep disinfectant cleaning chemicals and an increase in high-touch surface cleaning frequencies, the housekeeping team is working hard to reduce the spread of the seasonal flu and COVID-19.

"It takes a great deal of collaboration among our housekeeping teams and members of the university community to reduce the potential impact of flu across campus," said Mike Mulhare, assistant vice president for emergency

management. "Good hand hygiene is one of the most important steps that can be utilized to protect oneself. Wash your hands frequently with soap and water for at least 20 seconds. If soap and water are unavailable, use hand sanitizer that is conveniently located throughout campus."

There are three types of cleaning processes: cleaning, sanitizing, and disinfecting.

Cleaning removes visible objects from a surface. It can remove germs from the surface, but it won't kill

Sanitizing reduces the number of pathogens on a surface and kills nearly all Disinfecting kills bacte-

ria, germs, and fungi. The

difference between sanitizers and disinfectants is that the latter is proven to kill At Virginia Tech, the housekeeping team uses a

two-in-one chemical that

both cleans and disinfects

to quickly remove dirt and kill germs on surfaces. "By utilizing a one-step disinfectant cleaner, our housekeeping team is able

to be more productive and clean more surfaces more frequently," said Greg Canaday, associate director for facilities.

Dwell time

A critical factor for ensuring proper surface disinfecting is being mindful of the dwell time of the chosen chemical.

Dwell time is the amount of time the chemical sits wet upon a surface before drying. If the full dwell time isn't reached, potential bacteria, germs, or viruses have not been killed.

"Our housekeeping team is aware of the importance of making sure surfaces contain enough chemical to remain wet for the necessary dwell time," said Canaday. For the multi-disin-

fectant used at Virginia Tech, the dwell time is one minute. But for many household cleaners, it can be longer. "Check the recommended dwell time on the product you're using at home. Apply enough chemical that the surface remains wet for the necessary dwell time," said Canaday.

Dwell times vary among household cleaning products and brands. For example, Lysol disinfecting wipes require a dwell time of four minutes to fully disinfect (and kill potential flu viruses) a surface.

An established strategy: Cleaning to reduce the spread of illness at Virginia

The cleaning and disinfecting processes implemented by the Division Campus Planning, Infrastructure, and Facilities' housekeeping team to mitigate the spread of CO-VID-19 was actually established a year prior to the onset of the pandemic.

In 2018, the division disease control plan designed to deliver best-inclass disinfecting practices, training, and comprehensive mitigation plans.

Our infectious disease control plan has enabled our housekeeping team to be prepared and agile in helping to prevent the surface spread of outbreaks of the seasonal flu, H1N1, through frequent hand and COVID-19 in our university facilities. This strategy, coupled with our

PHOTO BY SARAH MYERS FOR VIRGINIA TECH

A member of the housekeeping team sanitizes the Human and Agricultural Sciences Building. Virginia Tech housekeeping tackles flu through thorough cleaning and disinfecting and strong teamwork.

employees' dedication to best-in-class service, has propelled our housekeeping team to be an exemplary model for mitigating the spread of infectious diseases," said Canaday. This strategy was fleshed

initiated a new infectious out further in the university's COVID-19 operational plans.

Effective measures for preventing the spread of the seasonal flu include:

Receiving a flu vaccine. Wearing a face covering when indoors in public settings and on public trans-

Practicing good hygiene washing, covering coughs and sneezes, and more.

Staying home when feel-

ing under the weather.

Following social distancing protocols and cleaning and disinfecting surfaces on an ongoing basis. Effective measures for preventing the spread of the seasonal flu include:

Wearing a face covering when indoors in public settings and on public transportation; Practicing good hygiene

Receiving a flu vaccine;

through frequent hand washing, covering coughs and sneezes, and more; Staying home when feel-

ing under the weather; Following social distanc-

ing protocols; and Cleaning and disinfect-

ing surfaces on an ongoing

VT child study expert: Children facing increased difficulties returning to in-person school

Although research data on the current school year is incomplete, a Virginia Tech child psychologist points to significant increases in anxiety, depression, irritability, and aggression in children.

"We have definitely seen a huge increase in referrals for assessments for academic and social-emotional concerns in children and adolescents in our community," said Rosanna Breaux, assistant professor of psychology and director of the Child Study Center at Virginia "This reflects research suggesting that about a third of children have worse emotional health during the pandemic and articles suggesting increased rates of disruptive behavior and anxiety since the start of school in fall 2021."

Studies indicate that 140,000 U.S. children and adolescents have lost a parent or grandparent caregiver during the pandemic. Many are experiencing grief in addition to the chronic stressor of the pandemic.

"Data suggest that around 20 percent of youth are experiencing moderate to clinical levels of psychological trauma symptoms," said Breaux. "Such trauma and chronic stress is linked to a range of negative mental health outcomes spanning anxiety to withdrawal to

Despite these difficulties being reported, there isn't peer reviewed research studies out yet to support these difficulties or experiences this school year. Professor Breaux anticipates data in the coming months that should provide schools and families with insight into how best to intervene.

Until that time, Breaux en-

courages families to help meet their children where they are at.

We should not be focused on where they should be for their grade level, but instead recognize that they have missed something and as a family work together - ideally with their teachers - to help support them in learning what they missed due to the gaps and disruptions in their schooling from the prior year and a half," Breaux said.



THE FINCASTLE HERALD

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SALEM TIMES REGISTER

News Messenger

RADFORD News Journal

For Sale - Misc

FOR SALE Unprinted end rolls of

newsprint. Great for packing & shipping, moving & storage and for art projects. Various sizes available. Stop by the Salem Times-Register 1633 West Main St. or call (540)389-9355 for details.

Help Wanted -General

Part Time Newspaper **Production Help**

The Salem TimesRegister has openings for afternoon/evening shift work inserting, labeling and bundling newspapers for delivery. No experience necessary. Hours may vary. Will train. \$7.50 per hour. Contact Lynn Hurst, General Manager, Salem-Times Register (540)389-9355 or email Ihurst@ourvalley.org

General Information

NOTICE FOR REQUEST FOR **PROPOSALS** The City of Radford is

soliciting proposals from qualified firms or agencies to supply and/or perform Operation Services for Radford Public Transportation System. All proposals shall be for the complete management, maintenance and the operation of Deviated/Fixed Route Transit services. The awarded Contractor shall begin operation services on July 1, 2022 The complete Request for Proposals (RFP) package is available on the City's website at

www.radfordva.gov or

General Information

www.radfordva.gov or Written proposals must be received no later than 4:00 PM local prevailing time on December 10, 2021 IN THE OFFICE OF THE CITY MANAGER at 10 Robertson Street, Radford, Virginia 24141, for consideration. PROPOSALS MUST BE SEALED IN AN **ENVELOPE CLEARLY** MARKED "RADFORD TRANSIT SERVICE **OPERATOR** PROPOSAL", RFP# 2021-2208-Transit. ALONG WITH THE NAME OF FIRM, ADDRESS AND PRIMARY CONTACT PERSON. Proposers are required to submit all items listed in the Request for Proposals, including acknowledgement of all addendums

Legals - City of Radford TRUSTEE'S SALE

OF 1013 CHESLEY ST, RADFORD, VA 24141.

In execution of a certain Deed of Trust dated September 7, 2007, in the original principal amount of \$144,500.00 recorded in the Clerk's Office, Circuit Court for Radford City, Virginia as Instrument No. 200701434 The undersigned Substitute Trustee will offer for sale at public auction in the front of the Circuit Court building for the City of Radford, 619 Second St., W., Radford, VA on December 13, 2021, at 1:30 PM, the property described in said Deed of Trust, located at the above address, and more particularly described as follows: ALL THAT **CERTAIN LOT OR** PARCEL OF LAND TOGETHER WITH THE

Legals - City of Radford

EASEMENTS AND APPURTENANCES THEREUNTO BELONGING, OR IN ANYWISE APPERTAINING THERETO, SITUATE, LYING AND BEING IN THE WEST WARD OF THE CITY OF RADFORD, VIRGINIA, MORE **PARTICULARLY** DESIGNATED AND DESCRIBED AS FOLLOWS, TO-WIT: LOT NO. 35 AS SHOWN ON A CERTAIN PLAT ENTITLED, "PLAT OF SECTION 2, FOREST PARK, RADFORD, VIRGINIA" PREPARED BY DAVID DICK AND HARRY A. AND SURVEYORS, CITY OF RADFORD. 1, PAGE 70; SUBJECT, NEVERTHELESS, TO EASEMENTS AND SET **COVENANTS AND** CONDITIONS APPLICABLE TO SAID

WALL, CIVIL ENGINEERS DATED AUGUST 30, 1965, AND OF RECORD IN THE CLERK'S OFFICE OF THE CIRCUIT COURT OF THE VIRGINIA. IN PLAT BOOK BACK LINES AS SHOWN ON SAID MAP, AND ANY AND ALL RESTRICTIONS, SUBDIVISION OF RECORD IN THE ABOVE MENTIONED CLERK'S OFFICE IN DEED BOOK 83, AT PAGE 26. TERMS OF SALE: ALL CASH. A bidder's deposit of ten percent (10%) of the sale price or ten percent (10%) of the original principal balance of the subject Deed of Trust, whichever is lower. in the form of cash or certified funds payable to the Substitute Trustee must be present at the time of the sale. The balance of the purchase price will be due within fifteen (15) days of sale, otherwise Purchaser's deposit may be forfeited to Trustee. Time is of the essence. If the sale is set

aside for any reason, the

Purchaser at the sale shall

be entitled to a return of the

deposit paid. The Purchaser

Legals - City of

Radford may, if provided by the terms of the Trustee's Memorandum of Foreclosure Sale, be entitled to a \$50 cancellation fee from the Substitute Trustee, but shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. A form copy of the Trustee's memorandum of foreclosure sale and contract to purchase real property is available for viewing at www.bwwsales.com. **BIDDERS ARE STRONGLY ENCOURAGED TO WEAR** A COVER OVER BOTH NOSE AND MOUTH AND PRACTICE SOCIAL DISTANCING AT THE AUCTION. Additional terms, if any, to be announced at the sale and the Purchaser may be given the option to execute the contract of sale electronically. This is a communication from a debt collector and any information obtained will be used for that purpose. The sale is subject to seller confirmation. Substitute Trustee: Equity Trustees, LLC, 8100 Three Chopt Road, Suite 240, Richmond, VA 23229. For more information contact: BWW Law Group, LLC, attorneys for Equity Trustees, LLC, 6003 Executive Blvd, Suite 101, Rockville, MD 20852, 301-961-6555, website: VA-347528-1.

Legals -Montgomery County

TRUSTEE'S SALE

OF 2983

30, 2006, in the original

REESEDALE RD, **ELLISTON, VA** 24087. In execution of a certain Deed of Trust dated June

Legals -

Montgomery

County principal amount of \$75,000.00 recorded in the Clerk's Office, Circuit Court for Montgomery County, Virginia as Instrument No. 06007373. The undersigned Substitute Trustee will offer for sale at public auction in the front of the Circuit Court building for Montgomery County, 55 East Main Street, Christiansburg, Virginia on December 13, 2021, at 3:00 PM, the property described in said Deed of Trust, located at the above address, and more particularly described as follows: ALL THAT CERTAIN TRACT OR PARCEL OF LAND, WITH THE IMPROVEMENTS THEREON AND **APPURTENANCES THEREUNTO** BELONGING, SITUATE, LYING AND BEING IN MONTGOMERY COUNTY, VIRGINIA, AND MORE **PARTICULARLY DESCRIBED AS** FOLLOWS, TO WIT: **BEGINNING AT A POINT** ON THE NORTH SIDE OF VIRGINIA SECONDARY ROUTE NO. 622, WHICH POINT OF BEGINNING IS 556.15 FEET WESTERLY FROM THE W. J. CHERRY PROPERTY AND APPROXIMATELY 700 FEET WEST OF VIRGINIA SECONDARY ROUTE 713; THENCE ALONG THE NORTH SIDE OF VIRGINIA **SECONDARY ROUTE 622** AS ESTABLISHED BY THE DEDICATION OF A 10° STRIP FOR ROAD PURPOSES BY DEED OF RECORD IN THE CLERK'S OFFICE OF THE CIRCUIT COURT OF MONTGOMERY COUNTY, VIRGINIA, IN DEED BOOK 385, PAGE 313, WITH A

CURVE TO THE LEFT

1547.27 FEET, WHOSE

DEG. 32` 02" W., AN ARC

DISTANCE OF 65.0 FEET

CHORD BEARS S. 88

TO A POINT; THENCE

WHOSE RADIUS IS

Legals -Montgomery County

CONTINUING WITH THE NORTH SIDE OF ROUTE 622 S. 87 DEG. 19` 49" W. 110.0 FEET TO A POINT; THENCE WITH A NEW **DIVISION LINE THROUGH** THE PROPERTY OF WILLIAM R. YAGLE, ET AL, N. 2 DEG. 40` 11" W 548.61 FEET TO A POINT ON LINE OF KYLE AKERS; THENCE WITH THE **AKERS PROPERTY S. 62** DEG. 31` 51" E. 230.0 FEET TO A POINT; THENCE WITH ANOTHER NEW DIVISION LINE THROUGH THE PROPERTY OF WILLIAM R. YAGLE, ET AL, S. 0 DEG. 28` 54" W. 435.15 FEET TO THE POINT OF BEGINNING, AND **CONTAINING 2.124** ACRES; AND BEING MORE PARTICULARLY DESCRIBED AS SHOWN ON THAT PLAT OF SURVEY MADE BY T.P PARKER & SON, **ENGINEERS AND** SURVEYORS, DATED JUNE 2, 1977, A COPY OF WHICH IS RECORDED IN THE AFORESAID CLERK'S OFFICE IN DEED BOOK 385, PAGE 317. TERMS OF SALE: ALL CASH. A bidder's deposit of ten percent (10%) of the sale price or ten percent (10%) of the original principal balance of the subject Deed of Trust, whichever is lower, in the form of cash or certified funds payable to the Substitute Trustee must be present at the time of the sale. The balance of the purchase price will be due within fifteen (15) days of sale, otherwise Purchaser's deposit may be forfeited to Trustee. Time is of the essence. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled to a return of the deposit paid. The Purchaser may, if provided by the

terms of the Trustee's

Memorandum of

Legals -Montgomery

County

Foreclosure Sale, be entitled to a \$50 cancellation fee from the Substitute Trustee, but shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. A form copy of the Trustee's memorandum of foreclosure sale and contract to purchase real property is available for viewing at www.bwwsales.com **BIDDERS ARE STRONGLY ENCOURAGED TO WEAR** A COVER OVER BOTH NOSE AND MOUTH AND PRACTICE SOCIAL DISTANCING AT THE AUCTION. Additional terms, if any, to be announced at the sale and the Purchaser may be given the option to execute the contract of sale electronically. This is a communication from a debt collector and any information obtained will be used for that purpose. The sale is subject to seller confirmation. Substitute Trustee: Equity Trustees, LLC, 8100 Three Chopt Road, Suite 240, Richmond, VA 23229. For more information contact: BWW Law Group, LLC. attorneys for Equity Trustees, LLC, 6003 Executive Blvd, Suite 101, Rockville, MD 20852 301-961-6555, website: www.bwwsales.com VA-352043-1.



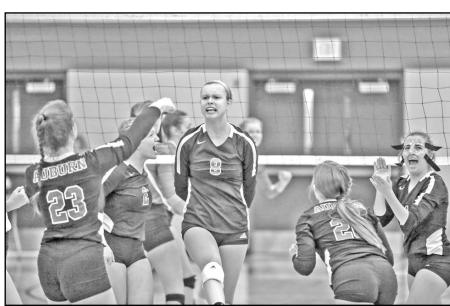
IN THE CLASSIFIEDS! To place your ad, call 389-9355

Montgomery Sports

Unbeaten Auburn volleyball wins Region 1C



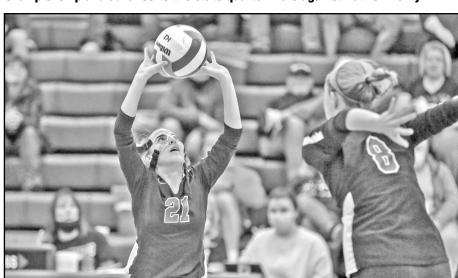
The undefeated Auburn High School Eagles are the 2021 Region 1C volleyball champions. Pictured (front row, left to right) are Anna McGuire, Sara Albert, Stacy Lewis, Charity Spencer and Madison Ketterer; (back row, left to right) Head Coach Sherry Millirons, Briel Underwood, Avery Zuckerwar, Emma Vance, Kelsey Groseclose, Allyson Martin, Kenzie Swicegood, Haley Hollins, Kaitlyn Lytton, Madeline Lavergne, and Assistant Coach Ben Kratz.



Allyson Martin had 22 kills, one ace, and 10 digs as Auburn remained unbeaten by defeating Narrows in straight sets 25-13, 25-6, 25-13 to win the Region 1C championship and advance to the state quarterfinals against Patrick Henry.



The Eagles celebrate after their three-set sweep for the Region 1C championship.



Anna McGuire had 36 assists, five aces, and six digs in Auburn's region championship victory over Narrows.

Virginia Tech prepares for Senior Day football game vs. Duke

After a two-game ACC road trip, Virginia Tech football returns to Lane Stadium today, Nov. 13, for its last home game of the 2021 season when it hosts Duke at 3:30 p.m. on the ACC Network.

Virginia Tech Athletics will honor its 2021 VT Sports Hall of Fame class at halftime of today's game. This year's class includes three football players: Xavier Adibi, Tyronne Drakeford and Macho Harris.

The Hokies (4-5, 2-3 ACC) and the Blue Devils (3-6, 0-5 ACC) met last season at Wallace Wade Stadium and returned to Blacksburg after earning a 38-31 victory. Quarterback Braxton Burmeister threw for 163 yards with a 12-yard touchdown while rushing for 43 yards and two scores in the win. Running back Khalil Herbert carried the ball 19 times for 207 yards and two touchdowns. Defensive ends Amaré Barno and Emmanuel Belmar combined for five sacks for -35 yards and Barno forced a fumble in the game.

In last week's contest at Boston College, running back Malachi Thomas led the team in rushing with 13 carries for 70 yards. Wide receiver Tayvion Robinson led the receiving game with four receptions for 44 yards, including a 22-yard catch.

With 104 career receptions, Robinson now ranks 12th on Tech's career receptions list and needs two more receptions to pass Marcus Da-

vis for 11th place. Linebacker Dax Hollifield and safety Tae Daley tied for the team lead in tackles against the Eagles with 10, and both also recorded a tackle for loss. Safety Nasir Peoples, the team's tackles leader, upped his season total to 72 (42 solo) after recording nine tackles Saturday. Cornerback Dorian Strong recorded his first interception of the season against the Eagles, the second of his

Meanwhile, Duke lost 54-29 at home to Pitt. The Blue Devils are the lone ACC team without a conference win in 2021, owning an 0-5 mark in ACC play this season. Duke quarterback Gunnar Holmberg completed 16 of 23 passes for 174 yards with a 32-yard touchdown before exiting the game in the second quarter with an injury. Running back Mataeo Durant, who ranks second in the ACC with an average of 118 rushing yards per game, rushed 24 times for 89 yards in the loss to the Panthers. Linebacker Shaka Heyward led the team in tackles with nine, including 2.5 tackles for loss and a sack.

GAMEDAY INFOR-

Saturday, Nov. 13 at 3:30 p.m. at Lane Stadium vs.

123 across 20 seasons.

TV Broadcast

On the ACC Network

Analyst: Mark Herzlich Sideline: Jalyn Johnson

Play-by-Play: Jon Laaser Analyst: Mike Burnop

VIRGINIA

GAME NOTES with 38 penalties. VT's 321 ries. penalty yards are sixth in the

with 59 penalties.

Duke (3-6, 0-5 ACC).

Duke's head coach is David Cutcliffe in his 14th season with a record of 77-94 and a career record of 121-

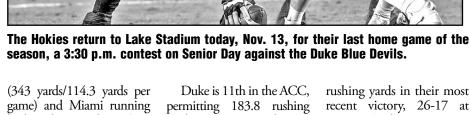
Virginia Tech leads in the series 18-10.

Play-by-Play: Chris Cot-

Local Radio Virginia Tech Sports Net-

Sideline: Wes McElroy back Jaylan Knighton (325 TECH yards/108.3 yards per game).

chi Thomas has posted 59 three touchdowns. The only 2001. ACC players who can top Thomas's three-game yardterback Malik Cunningham on the season.



Thomas posted his first Virginia Tech is tied for career 100-yard rushing seventh among FBS pro- game against Syracuse on grams and is tied for fourth Oct. 23 with 151 yards and among Power Five teams three touchdowns on 21 car-

He followed that up with a 103-yard effort at Georgia Duke is 10th in the ACC Tech on Oct. 30, making him the first VT true fresh-Over the past three man with back-to-back 100games, VT true fresh- yard rushing games since man running back Mala- running back Kevin Jones posted three straight from carries for 324 yards with Nov. 10, 2001 to Dec. 1,

Prior to the Syracuse game, Thomas had accumuage tally are Louisville quar- lated 11 carries for 48 yards

Duke is 11th in the ACC, permitting 183.8 rushing yards per game on the season, but has relinquished only 148 yards per game and two rushing touchdowns in five conference games.

Virginia Tech owns a 13-3 record against teams from the state of North Carolina under Fuente: 5-1 vs. UNC, 4-1 vs. Duke, 2-0 vs. East Carolina, 1-0 vs. NC State, and 1-1 vs. Wake Forest.

Tech owns a combined 37-10 all-time record in ACC play against teams from the state of North Carolina: 15-3 vs. Duke, 13-4 vs. UNC, 5-1 vs. NC State and 4-2 vs. Wake Forest.

The Hokies racked up season highs with 491 yards of total offense and 237

rushing yards in their most recent victory, 26-17 at Georgia Tech on Oct. 30. Tech has posted 200-yard rushing games in two of its last three outings, owning 659 ground yards (219.7 yards per game over that span.

The Hokies are 27-20 in ACC play under head coach Justin Fuente.

Duke is 1-14 in conference games since the start of the 2020 season, including 10 straight losses.

That lone win was a 38-24 defeat of Syracuse on Oct. 10, 2010.

The Hokies hit the road again next week when they travel to Miami before closing out the regular season at Virginia on Nov. 27.

Radford, Christiansburg pair headed for college baseball

Marty Gordon Contributing writer

Radford's Nate Wesley and Christiansburg's Nate Hall will continue their baseball careers in college. Wesley has committed to Bluefield State College in Bluefield, W.Va., while Hall is headed to Concord University in Athens,

Bluefield Coach Drew Bailey is familiar to this area as he graduated from Christiansburg High School, an incentive for Wesley to head to Bluefield. He plans to major in sports management.

This past season, Wesley hit four home runs at Radford and another three in summer travel ball. Bluefield plans to use him at third base This past high school season and travel season, I thought I had a great season at the plate," Wesley said. "My goal on the diamond is to become a better player and hopefully be able to make it farther one day.

Bluefield State's athletic teams, known as the Big Blue, compete in NCAA's Division II as a member of the United States Collegiate Athletic Association. They were a member of the West Virginia Intercollegiate Athletic Conference until the conference's dissolution and then went independent until being granted membership into

Bailey took over the program on Jan. 18 and hit the ground running, signing 25 players in the first three months. In the 2020-21 season, the Big Blue finished 15-12

overall, marking the first winning season in school history.

Hall is one of four Christiansburg players who have signed with the Concord University Mountain Lions, a Division II school, in the past two years.

At Concord, Hall will join two former teammates in MJ Hunter and Ty Dunkleman and with former Auburn outfielder Keith Reed. Current CHS teammate Dawson Gragg also recently committed to Concord.

"I chose Concord because they are a very successful program and will help me become a better ball player," Hall said. "The coaches want the best for the players; they made me feel at home, and the

campus is great." Hall recorded one win and two

saves in 18 innings as a pitcher his final season with a 3.23 earned run average that included 28 strikeouts and only five walks.

In the spring, Hall had the highest strike percentage on the Blue Demons' team and opposing hitters managed to hit only .250 against him.

This summer for the NRV Tigers, Hall pitched 20 innings with 14 hits allowed, 26 strikeouts, and a 1.83 ERA. His fast ball topped out at 89 miles per hour.

At Concord, he is expected to

take a bigger role as a starter. His coach at Christiansburg, Dale Nelson, said Concord is getting a fantastic young man in Nate Hall. "He has a great frame, a huge

upside and will continue to get

stronger once he gets there," Nel-

son said. "I expect Nate to have a big role for their pitching staff in the next few years."

Hall plans to study exercise science/physical therapy.

"It's going to be a great time playing with some of my old high school teammates. I can't wait to play with them again," Hall said.

Concord University is a public university with a current enrollment of 1,875, and is an NCAA Division II school in athletics as a member of the Mountain East Conference.

This past year, the Concord University baseball team lost the Mountain East Conference Championship series to West Virginia State and finished the season at 18-23.

Mutts, N'Guessan lead Virginia Tech in blowout of Maine

BLACKSBURG -- Justyn Mutts scored 15 points, David N'Guessan added 15 off the bench, and Virginia Tech beat Maine 82-47 Tuesday in the season opener for both squads.

N'Guessan didn't miss a shot in seven attempts on his way to a career high.

The Hokies rushed to a 19-7 lead with 12:41 to play before intermission and never trailed. Virginia Tech led 46-22 at the break, shooting 58 percent (19 for 33). Eight Virginia Tech players entered the scoring column in the first

Nahiem Alleyne added 13 points for the Hokies, who finished with 53 percent shooting (35 for 66) overall.

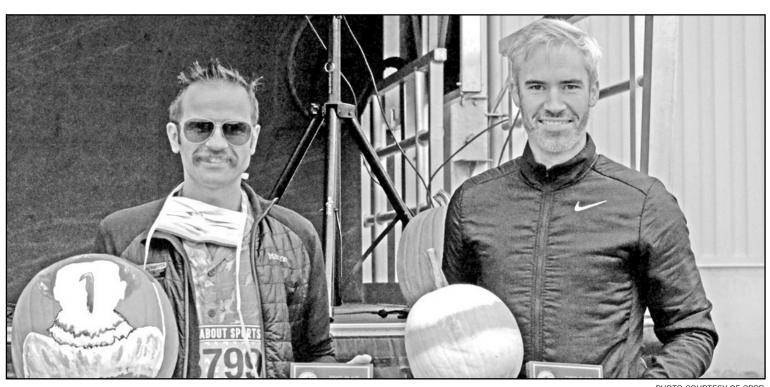
Kristians Feierbergs and Byron Ireland each scored nine points off the bench for Maine.

Virginia Tech is 2-0 all-time against the Black Bears. The other victory occurred on Nov. 11, 2016, an 80-67 decision, which also served as a season



A fired-up David N'Guessan scored 15 points off the bench to help lead the Hokies to an 82-47 defeat of the Maine Black Bears in Tuesday's season opener.

Getting Scary on the Huckleberry 5K results, Oct. 30



Daniel Kolasa (left) was the overall winner of the Getting Scary on the Huckleberry 5K, sponsored by the Christiansburg Recreation Department and the Christiansburg High School cross-country team. Leon Harding (right) finished second.

Daniel Kolasa, 19:02; 2) Lucas Holland, 3) Leon Harding, 4) Jason Wall, 5) Violet Wall, 6) Mariah Reed, 7) Glen McGuire, 8) Addison Mecom, 9) Patriot Fentress, 10) Grace Ballard, 11) Zoiee Williams, 12) Moneer Rifai, 13) Keely Semtier, 14) James Sloan, 15) Brady Ankrum, 16) Jillian Wiersema, 17) Kelsey Frey, 18) Jimmy Holland, 19) Nicole Stumpf, 20) Lisa Frey, 21) Grace Webb, 22) Chris Webb, 23) Krissy Pieczynski, 24) Meghan Guinee, 25) Ben Lienemann, 26) Noah Trombly, 27) Reece Carver, 28) Seth Dunfee, 29) Clayton Morgan, 30) Kim Trombly, 31) Ethan Brunk, 32) Jacob Roupe, 33) Scott Roupe, 34) Ahmad Al-Husseeini, 35) Heidi Brunk, 36) Gretchen Merix, 37) Shannon Patrick, 38) Amanda James, 39) Ava Leslie, 40) Danielle Williams.

VT softball welcomes seven to 2022 class

The Virginia Tech softball team has added seven players to its 2022 class. Hailing from five different states, the Hokies look to increase the talent in Blacksburg to continue building on their national success.

This class has a little of everything. It's a very athletic class but the two things that stand out are power hitting and power pitching," said softball head coach Pete D'Amour. "These young ladies hit over 200 home runs total throughout their high school careers, and the two pitchers have the ability to throw the ball in the upper 60's on a consistent basis.

"I'm confident this crew can come and fit in with our program right away," the head coach said. "I'd like to thank Mike Lewis for his efforts in securing this class and the new Hokies and their families for joining our program."

Kylie Aldridge

N.C./ Fayetteville, Creek High Gray's School/Catcher

A four-year letter winner out, Aldridge joins the Hokies after a standout high school career. She batted .700 during the 2021 season with 28 hits, 31 RBIs and six home runs. She led her team to the 3A Eastern Finals and was named the 2021 3A East State Player of the Year, the 2021 Conference Player of the Year, the NCASA District 4 Player of the Year, the 910 Preps Female Athlete of the Year, and the High School OT Female State Player of the Year.

Aldridge also was twice named First Team All-Conference, AllShe was further named an Extra Innings High All-American School and earned a spot on the Extra Innings 18U All-Summer Team.

Aldridge chose Virginia Tech over the University of North Carolina Wilmington, Winthrop University, North Carolina A&T State University, and Virginia Wesleyan University.

Megan Furr

Centreville, Va./Westfield High School/Out-

Furr signs with the Hokies after earning four letters in high school. She was named First-Team All-Conference in 2018 and 2020 (2019 season missed due to COVID19) and First-Team All-Region. During her last high school season, Furr had 21 hits, including four doubles, Xplosion, Furr had 10 and 32 RBIs. She put up and Miami (Ohio). a .525 batting average with a .552 on-base percentage.

Furr chose Virginia Newport University.

Lyndsey Grein Mokena,

School/Pitcher

which she helped lead RBIs and a .513 average. her team to a secondplace finish at the state championship with a High School/Pitcher season in which she had ond Team All-State and League (WPIAL) softball champi-



one triple, and a home Suburban Conference Red Player run. She had 16 RBIs, a of the Year honors. She was also 1.105 slugging percent- named the team MVP, All-Area, age, and a 1.758 OPS. and the Herald News Player of As a member of the VA the Year.

Grein chose Virginia Tech over doubles, 10 home runs, UCLA, Ohio State, Penn State,

Emma Jackson

Chincoteague, coteague High School/Outfield

Over her high school career Tech over Canisius Col- at Chincoteague, Jackson was a lege and Christopher two-time First Team All-District honoree as well as the 2021 Player of the Year. Through 25 games at Ill./Lin- Chincoteague, she posted a .580 coln-Way Central High average with seven home runs and four RBIs. She is also closing in Grein joins the Hok- on 100 home runs in her career. ies as a four-year starter As a member of Starz Gold, Jackin high school during son hit 29 home runs with 85

Payton List Beaver, Penn./Beaver Area

Adding more depth in the cir-292 strikeouts and had cle, List joins Virginia Tech as a a .420 batting average high school state champion. She with 11 home runs. As a led her team to a Western Pennjunior, Grein earned Sec- sylvania Interscholastic Athletic onship with a 21-0 record in the circle and a 0.64 ERA. List posted 233 strikeouts in 120 innings and had a .409 batting average with 23 RBIs and five home runs. She is a two-time All-Section honoree, the Beaver County Times Female Athlete of the Year and 4A Softball Player of the Year, the Post-Gazette Softball Player of the Year, and the Pennsylvania Interscholastic Athletic Association State Player of the Year. As a member of the Williamsburg Stars, List went 18-0 in the circle with 144 strikeouts in 84 innings. At the plate, she recorded a 1.465 OPS with a .476 average with 12 home runs and 51 RBIs.

List chose Virginia Tech over Pitt, James Madison, N.C. State, Coastal Carolina, and Robert Morris University.

Trinity Martin

Lynchburg, Va./Halifax County High School/Outfield

Trinity Martin joins the Hokies after a four-year career at Halifax County High where she was named First Team All-District and First Team All-Region after post-

ing a .652 batting average over 23

at bats. She hit four home runs with 15 RBIs over nine games, finishing with an on-base percentage of .724 and a slugging percentage of 1.217. As a key player for the Williamsburg Stars Gold, Martin had a batting average of .429 with four home runs and 25 RBIs. She also stole 16 bases.

Martin chose Virginia Tech over Virginia, Miami (Ohio) and Radford University.

Teagan Thrunk

Point Pleasant, N.J./Point Pleasant Borough High School/

Ranked the 58th best player in the 2022 signing class, Teagan Thrunk joins the Hokies after a four-year varsity starter at shortstop, Thrunk held a .520 batting average this past season and was voted the best softball player in New Jersey by MaxPreps. As a five-year player with the N.J. Intensity, Thrunk held a .440 batting average during her time with the team.

Thrunk chose Virginia Tech over Stanford, Syracuse, Georgetown, Colgate, Delaware, and Holy Cross.

NRV pool team finishes 17th in Vegas world championships

A team from the New River Valley ventured to the American Poolplayers Association 9-ball World Championships

this past week in Las Vegas and finished 17th out of 64 teams.

burg's Bull & Bones Brewhaus & Grill its home base. Pic-Known as the "Blind Squirtured (front row, left to right) rels," the group calls Blacksare Brittany Hiltonsmith,

Michael Walker, and Amber Young, (back row, left to right) Ben Hiltonsmith, Derek Radford, Sara Tympanick, and straight year the team participated in the Vegas champion-



Former Eastern Montgomery baseball standout commits to Bristol's King University

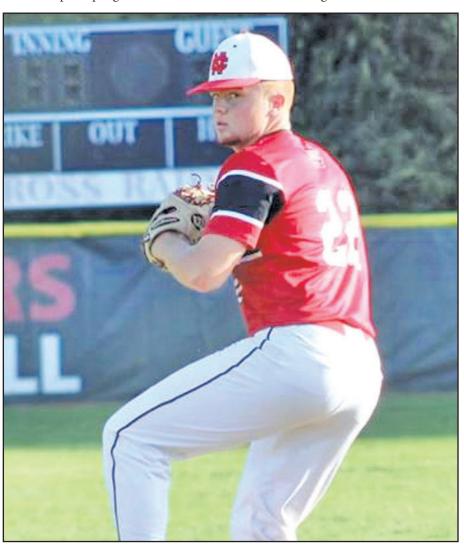
John Timothy "JT" Foster, a Shawsville resident and former Eastern Montgomery baseball star, transferred to North Cross School in 2020 as a junior and has committed to play college baseball for King Úniversity in Bristol, Tenn..

He primarily played first base this past spring and

also pitched and was a key member of the North Cross offense, batting .441 with 30 hits and 31 RBI's.

"I'm pretty sure I speak for everyone in our program when I say we are excited about this upcoming spring season, and JT's a big reason for that excitement," said Raiders head baseball coach

Eric Lawrence. "He has a competitive intensity on the field," Lawrence said, "that is a pure joy to watch, but yet keeps us smiling during our games and practices, too. I'm definitely looking forward to JT's senior season with us, and I know he'll be a big asset to King University's pro-



Shawsville resident and former Eastern Montgomery High School baseball star John Timothy "JT" Foster, a member of the North Cross School Class of 2022 in Roanoke, has committed to play college baseball at King University in Bristol, Tenn.



Chicago Bulls to retire jersey of former RU basketball star

On Sunday, Nov. 28, at the Radford-Eastern Kentucky basketball game at the Dedmon Center, the Chicago Bulls will retire the jersey of former Radford University basketball star Javonte Green.

Green will make the trip to the New River Valley and be in atten-

dance for the 4:30 p.m. game. A member of the Radford program from 2011-15, Green ranks first in program history for career games played (133) and career steals (243) and ranks second for career points scored (1,911), career field goals made (701), and career rebounds (1,064).

The Petersburg, Va., native was an All-Big South Conference selection in each of his four years as a Highlander and was named Big South Defensive Player of the Year in 2014-

After earning a bachelor's degree from Radford University, Green went on to play professionally overseas with stops in Spain, Italy, and Germany before becoming the first player in RU program history to sign a contract with an NBA organization. In 2019, he signed a two-year deal with the Boston Celtics. During the 2020-21 season, he was traded to the Chicago Bulls, re-signed with them in the summer of 2021, and became a fan favorite in the Windy City with his energy, his defense, and his electrifying slam dunks.

Remember: **December 7:** Pearl Harbor Day **★ January 6:** U.S. Capitol Day PAID ADVERTISEMENT



(Wrapped for Free) 860 University City Blvd, Blacksburg Mon - Sat 11:00am-4pm

(540) 951-8102

Always free and convenient parking

CROSSWORD ANSWERS

The following is a list Henry, Montgomery, Patforecasted highway rick, Pulaski, and Roanoke projects that may impact counties.

traffic traveling in the 12-county Salem Trans- MONT portation District this COUNTY MONTGOMERY week. Work schedules and I-81 NORTHBOUND construction project time- AT EXIT 105 NEW RIVlines are always subject ER BRIDGE REPLACEto change and weather MENT IN MONTdependent. The Salem GOMERY **COUNTY** District covers Bedford, - Lane and shoulder clo-Botetourt, Carroll, Craig, sures may be in place near Floyd, Franklin, Giles, exit 105. Lane closure may be in effect during the week from 8 p.m. to 7 a.m. Shoulder closures may be in effect at any time during the week. Slow rolls may be performed on I-81 in the north and southbound lanes from mile marker 104 to 106 from 9 p.m. to 5 a.m. Speed limit

is reduced to 60 miles per

hour in the work zone.

Shoulder closures will re-

main in place though the

duration of the project.

Project completion is estimated by June 2022.

Right lane closures may be in place on I-81 northbound between mile markers 104-105 during nighttime hours, 7 p.m. to 5 a.m. the following morning.

SLOW ROLLS: Slow rolls may be utilized periodically on both the northbound and southbound lanes from mile marker 98-109 for structural steel deliveries and setting beams. I-81 BRIDGE RE-

PLACEMENT AT EXIT 114 IN MONTGOM-ERY COUNTY - The bridge replacement of the two Interstate 81 bridges over Route 8, northbound and southbound, is underway. Drivers can expect alternating lane and

shoulder closures, north-

bound and southbound,

T road watch Nov. 10 from mile marker 114 to 115. Exit 114 ramp shoulder closures will be ongoing from 8 a.m. to 4 p.m. Speed limit is reduced to 60 mph in the work zone. Route 8 will have alternating northbound and southbound shoulder and lane closures, day or night, as needed between the I-81 on and off ramps. A temporary traffic signal will direct traffic on Route 8 throughout the duration of the project. Access to all properties will be maintained during construction. Estimated completion is fall 2021. Alternating lane clo-

sures may be in place for milling and paving on I-81 southbound during nighttime hours, 9 p.m. to 6 a.m. the next morning. Expect lane closures on Route 8 between the on and off ramps of I-81.