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City of Radford to host latest concert in summer series today, Aug. 20

The City of Radford is hosting the latest performance of a summer concert series today, Aug. 20, at Glencoe Mansion, Museum, and Gallery featuring Stars Go Dim, a national contemporary Christian group, as the main attraction and Kindred as the opening act.

Stars Go Dim was formed by Chris Cleveland in 2007 and has garnered multiple No. 1 radio smash hits such as “You Are Loved” and “Yes He Does.” Cleveland has toured the world, written, and played with many of the biggest artists in Christian music in the last 15 years, including: Lauren Daigle, For King & Country, Bethel Music, and Maverick City. His newest project, *Grace In The Wilderness*, was released this past spring, and the first single, “Yes He Does,” was a

#1 radio hit.

Opening for Stars Go Dim is the unique uncle-niece duo of Dustin Chapman and Ryleigh Madison, collectively performing as Kindred. Out of Whiteville, N.C., they have been dubbed “old souls” as they incorporate traditional and contemporary country and gospel into their sound.

They have traveled all around the Southeast with their uplifting sound. Chapman was a contestant on Season 19 of *American Idol*, and Madison was a semi-finalist on the 20th season of *American Idol*.

The gates will open at 6:00 p.m., and the concert will begin at 7:00 p.m. Admission is \$5.00 per person, and children under 12 are free. Food trucks will be available.



SUBMITTED PHOTO

Two arrested after fight at Walmart involving drawn gun

Monday, Aug. 15, at approximately 7:04 p.m., officers from the Christiansburg Police Department, assisted by deputies from the Montgomery County Sheriff’s Office, responded to a report of a fight at the Christiansburg Walmart.

Initial callers reported at least one person with a gun. At the scene, officers located four involved parties, two adults and two juveniles. The altercation began as a domestic argument, and one juvenile did draw a firearm during the dispute, but no shots were fired, and no one was injured.

Officers recovered the weapon involved in the altercation and a second weapon from a vehicle belonging to one of the involved parties. As a result of the investigation, one adult, Misty Dawn Osborne, age 41, of Christiansburg, was arrested for obstruction of justice. She was released on an unsecured bond.

One juvenile was also detained and was referred to the Juvenile Court Services Unit for charges of carrying a concealed weapon, brandishing a firearm, possessing a firearm under the age of 18, and domestic assault.

Officials of the Town of Christiansburg issued a statement thanking the community members who acted quickly to call in the disturbance, the Christiansburg officers for their rapid, professional response, and their colleagues at the Montgomery County Sheriff’s Office who were able to contain the situation before it escalated further. The official statement also thanked the Blacksburg Police Department for covering other calls in the Town of Christiansburg while the town’s officers responded to the incident at Walmart.

Study: Average Virginian would give up three years of his life to keep eating fast food

According to a recent 3,222-person survey conducted in Virginia by DrugGenius.com, a provider of evidence-based information about prescription medications, the average Virginian would rather give up three years of his life than quit eating fast food.

Sixty percent of those surveyed said they would rather give up alcohol than fast food.

One in five of those surveyed indicated they believe a burrito has the greatest health benefits.

Those who responded to

the survey also said the last time they did any aerobic exercises was three months ago.

These responses were provided despite studies having proven that overconsumption of ultraprocessed food such as fast food and skimping on exercise have adverse health complications leading to lower life expectancies. In fact, a recent study revealed that eating junk food contributes to cognitive decline.

Fifty-one percent of Virginians responding to the DrugGenius.com survey

admitted they flat-out ignore the frequent studies that warn of the health risk of eating too much fast food. In response to the survey’s hypothetical question as to how many years of their lives Virginians would be willing to forgo if it meant they could continue to eat unhealthily, the final results revealed that the average Virginian would give up three years of his life to continue eating fast food.

The results revealed that the average Virginian would give up 3 years of their life to continue eating fast food! In fact, 51% also admitted that they flat-out ignore

frequent studies that warn of the health risks of eating too much fast-food.

When these figures were analyzed in each state, the places in which people were willing to forgo the greatest number of years to keep eating unhealthy food were Hawaii, Montana, and North Dakota. People in these states would give up a whopping 12 years of their life to maintain their unhealthy diet. Comparatively, these figures were lowest in Alaska, Colorado, Maine, and Mississippi, where the

See Study, page 4

TimelyCare offers VT students fast, free mental health counseling and wellness resources anytime, anywhere



ILLUSTRATION BY ZACH MARTIN FOR VIRGINIA TECH

TimelyCare, a virtual health service for students, offers quick access to mental health counseling and wellness resources.

By Sandy Broughton

Even before it officially launched on Aug. 12, students were registering for TimelyCare, a virtual health service that is the latest addition to Virginia Tech’s mental health and wellness resources.

TimelyCare is offered to students at no cost. The health service is an addition — not a replacement — to the many mental health support structures in place at Virginia Tech.

“We know that mental health is a critical component of overall well-being,” said Frances Keene, interim vice president for Student Affairs. “TimelyCare services complement our existing mental health services and educational programming by giving students a robust and flexible way to use technology to seek

out support 24/7. Mental health support needs are unique to each student, and by providing a variety of resources, we hope to encourage students to seek the support that best fits their needs.”

“We are hopeful that this resource will be well received by students,” said Ellie Sturgis, director of the Thomas E. Cook Counseling Center. “It provides an option for almost immediate contact with a clinician if they have issues they would like to discuss, regardless of the time of day or night or the location of the student or the device they are using.”

TimelyCare at Virginia Tech offers three services for students.

TalkNow connects a student with a counselor to address problems before

See TimelyCare, page 4

Historical costume descriptors bridge gap between past and present

By Elise Monsour Puckett

The boldest decade in fashion history was arguably the 1980s. Iconic parachute pants, shoulder pads, windbreakers, acid wash jeans, dramatic earrings, spandex leggings — all full of flair, eye-straining colors and patterns. As time changes, so do clothes and the words we use to describe them.

Virginia Tech fashion experts and computer scientists have teamed up to create a common language to describe clothing items in the university’s Oris Glisson Historic Costume and Textile Collection that range from centuries old to present day thanks to the University Libraries Collaborative Research Grant for Humanities and Social Sciences. Two Virginia Tech student positions were funded through this grant, allowing them

to redescribe the garments, identify new terms, and perform quality control of the descriptions.

The objective is to compare language from the past with new language that we use today to describe costume artifacts across different time periods. The Oris Glisson Historic Costume and Textile Collection will be digitized and made available to the public, increasing accessibility and access. There are over 5,000 artifacts in the collection, making this a long-term project. The team has described and digitized approximately 200 items so far.

The collection consists of men’s, women’s, and children’s garments of all types, including evening wear, nightgowns, undergarments, and a rare 1840s wedding dress. There are accessories such as jewelry, glasses,



PHOTO BY CHASE PARKER FOR VIRGINIA TECH

The Oris Glisson Historic Costume and Textile Collection offers a glimpse into fashion trends of the past.

scarves, and unique hats. Additionally, the team has created a “world closet” that contains items such as kimonos, Chinese skirts, and Korean handbags. The collection’s oldest artifact is a Peruvian burial garment fragment from

1180, although most of the garments date between 1840 and 2010.

So just how does the team go about creating the common language?

See Costume, page 4

UPCOMING EVENTS

Saturday, Aug. 20:

EastMont Tomato Festival

At the Meadowbrook Public Library; 10 a.m. This festival has music, food, contests, children's activities, and more. Presented by EastMont Community Foundation.

Magic show with Mark Fuller at the tomato festival

At the Meadowbrook Public Library at 11:15 a.m. Magician Mark Fuller will amaze and dazzle in the Meadowbrook Courtyard at the Tomato Festival. Sponsored by the Meadowbrook Public Library.

Tomato sidewalk obstacle course

At the Meadowbrook Public Library at 10 a.m. Take on the challenge of a sidewalk tomato-themed obstacle course at this year's tomato festival. Participants can enter for a chance to win a prize.

Monday, Aug. 22:

Crafternoon for adults only

At the Radford Public Library; 1 to 2 p.m. Participants can bring their supplies and knit, crochet, and/or needlepoint at the library. Some crafting supplies will be provided, including supplies to make a blanket to donate to the Linus Project. All crafters are welcome from painting to writing, knitting, and more.

Noise alerts

The university and surrounding community may experience elevated levels of noise emanating from the Graduate Life Center Lawn, Squires Plaza, and Squires Parking Lot accompanying GobblerNights outdoor activities from 7:30 to 11 p.m.

Tuesday, Aug. 23:

American Red Cross blood drive

At the Christiansburg Library; 12:30 p.m. Walk-ins welcome or donors may sign up at <https://www.redcrossblood.org/give.html/donation-time>.

Magical cooking with Dave - Facebook Live

At the Radford Public Library; 2 to 2:15 p.m. A magical Facebook Live episode of Cooking with Dave in preparation for the Literacy Volunteers of the New River Valley's TriWizard Tri-Mile Race. Find out more on lvnr.org.

Wednesday, Aug. 24:


Sustainable Blacksburg Lunch and Learn: Electric cars

At the Blacksburg Library at noon. Dave Ropper will talk about electric cars with topics such as driving distance, maintenance, and charging the battery. Stay for the show-and-share of actual Teslas in the wild. The presentation will be both in-person and virtual.

Thursday, Aug. 25:

MEDICAL | DENTAL | BEHAVIORAL HEALTH

Long term neighbor. Great new provider.



Community Health Center of the New River Valley welcomes Jean R. Duetsch, MSN, CPNP-PC, IBCLC.

Jean is passionate about pediatric health and served as a nurse lactation consultant before becoming a nurse practitioner. She believes healthcare providers should prioritize listening, educating, and providing respectful, family-centered solutions and support.

Duetsch received her Master of Science in Nursing from Old Dominion University in 2021 and will receive her Doctor of Nursing Practice in May of 2023. She also holds degrees from the University of Delaware School of Nursing and William & Mary. She is licensed as a Nurse Practitioner, Registered Nurse, Certified Pediatric Nurse Practitioner – Primary Care, and International Board-Certified Lactation.

Jean R. Duetsch, MSN, CPNP-PC, IBCLC


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Like us on Facebook at www.facebook.com/NRVCHC/

chcnrv.org

Community Health Center accepts patients with or without insurance.

Film Screening: "On the Basis of Sex"

At the Blacksburg Library at 6 p.m. This is a free screening of Ruth Bader Ginsburg's biopic "On the Basis of Sex" to commemorate Women's Equality Day.

Radford Photo Club meeting

Adi Ben Senior of Radford will present his photo exhibit "The Human Side of Trees," at the Radford Photo Club's meeting at 6 p.m. at the Radford Public Library. The meeting is open to the public. Trees are one of Ben Senior's most well-known subjects in a lifetime of photo projects. In 2016, he was asked to participate in a fundraising exhibit for the Syrian refugees who were coming to Europe. His photos of trees represent humans and their moments in life.

Saturday, Aug. 27:

Inflate-a-Fest noise on drillfield

The Virginia Tech campus and surrounding community may experience elevated levels of noise emanating from the drillfield area from Inflate-A-Fest from 5 to 8 p.m.

Monday, Aug. 29:

Crafternoon for adults only

At the Radford Public Library; 1 to 2 p.m. Participants can bring their supplies and knit, crochet, and/or needlepoint at the library! Some crafting supplies will be provided.

Tuesday, Aug. 30:

Teen Book Club

At the Blacksburg Library at 4 p.m. Every month the teen book club gets together to discuss a new book. To be discussed this month is "Last Night at the Telegraph Club" by Melinda Lo.

Science fiction and fantasy book club

At the Blacksburg Library; 6:30 p.m. To be discussed is "The Paper Menagerie" by Ken Lui. Call 540-552-8246 to reserve a copy.

Fri., Sept. 23 and Sat., Sept. 24:

RHS Class of 1972 reunion

Radford High School's 1972 Class of Champions will hold its 50th Year Reunion on Sept. 23 and Sept. 24. Festivities include a tailgate at the King Center Friday, Sept. 23 and attendance at the football game. A social is planned for Saturday, Sept. 24, at Preston's at the River Course. The committee is looking for "Lost" classmates. Any class member who hasn't received the reunion information can contact reunion committee members Jenny Doud and Marti Hale. jennydoud@gmail.com and Martihale@yahoo.com.

Ongoing:

Montgomery-Christiansburg Citizens Academy Registration now open

Registration for the 2022 Montgomery-Christiansburg Citizens Academy is now open. Citizens Academy provides a hands-on experience for participants, covering a wide variety of local government functions ranging from fire and rescue to libraries, animal care and public works. Classes are Wednesday evenings from 6 to 8 p.m., beginning Sept. 7 and ending Oct. 26.

Jessie Peterman Memorial Library upcoming schedule

Saturday, Aug. 27

The Meadow at Home from 2 to 3 p.m. Ian Caton will be on hand to relate how to design, install, and care for native perennial wildflower meadows.

Tuesday, Aug. 30

Spanish reading time. Open to Spanish speakers and those who would like to learn more Spanish. Native Spanish speaker Tara Orlando will read Spanish language stories and engage in exploration of the Spanish language.

Tuesday, Aug. 30, Sept. 6, Sept. 13, Sept. 20, Sept. 27

A certified peer recovery specialist from the 401 Peer Center will lead a group meeting at the library Tuesdays at 3:00 p.m. Certified peer recovery specialists are trained to offer support to individuals who are dealing with substance use disorder and/or mental health challenges. These meetings will provide a safe, non-judgmental space that will promote overall wellness. Sign-up is not necessary.

Friday, Sept. 2

The American Red Cross will be at the library for a blood drive from 1:30 to 5:30 p.m. Free T-shirts will be available.

Saturday, Sept. 3

Author talk from 12:30 to 1:30 p.m. with Raquel McCloud, who has the unique experience of being an adoptee, a birth mother, and an adoptive mother. She has written two children's books on the subject: "Tell Me My Story: What Does Adoption Mean" and "The ABC's of Adoption." She will read from her books and talk about her experiences.

Saturday, Sept. 3

2 to 4 p.m. Watch a classic tale of true love and high adventure with this 1980s pirate film. Dress up as a pirate or a princess, bring a blanket, and the library will supply the popcorn.

www.montcova.com

Christiansburg Kiwanis to present 49th edition of Wilderness Trail Festival

Ed McMinn
Editor, News Messenger

The Kiwanis Club of Christiansburg will celebrate the 49th edition of its Wilderness Trail Festival on Sept. 17 from 9 a.m. to 4 p.m. in downtown Christiansburg.

Vendors will be stationed on Main Street from town hall to Burger King.

The event will include the usual local arts and crafts vendors, craft demonstrations, an enhanced children's area, a community stage, an emergency services location, great food all day, classic cars, raffles, a silent auction, and more.

Vendors who have not already applied need to get their applications in soon while space is still available.

The children's area will be located in front of Atlantic Union Bank, will be sponsored by Infinity, and will include inflatables, face painting, Chuckles the Clown, and first responder vehicles. There will be no charge to participate.

The Home Improvement Row will return this year and will be located on West Main Street near Burger King. It will be available to anyone involved in the home improvement line of business.

The live crafters in the

heritage and skills area will be located on West Main Street in front of the Dollar General Store. This area will include a blacksmith, a wood turner, a basket weaver, hand crafted leather, a corn shuck chair bottomer, and a beekeeper and preservationist.

The community stage, sponsored by Shentel, will be in the medical parking lot at

the intersection of West Main Street and South Hickok Street with performances beginning at 9:30 a.m. and ending at 3:30.

Performers will include Westover Ballet, the CHS Chamber Ensemble, All 4 Him, Dale Buckner, Kempo Karate, and Appalachian Aftershock.

Twelve food court

vendors will be preparing and cooking fresh food. The food court will be located on North Franklin Street near the Main and Franklin intersection and will extend to the front of the post office and Montgomery Museum.

In past years, the Wilderness Trail Festival has drawn from 7,500 to 10,000 attendees from all over Virginia and

neighboring states.

All proceeds from this event benefit the youth-focused programs of the Kiwanis Club of Christiansburg. The club assumed operation of the festival from the Montgomery County Chamber of Commerce in 2009.

Parking and admission to the event and the children's area are all free.



SUBMITTED PHOTO

Twelve food court vendors will be on hand for the 2022 edition of the Wilderness Trail Festival on September 17.

Dispensers keep school milk cold, cut back on carton waste

Cartons aren't the only way to deliver nutritious milk to growing students.

Milk dispensers—like soda machines but for milk—have the potential to decrease school milk waste.

Milk cartons make up about 50% of school trash volume, and students waste 30% of all milk in cartons, according to milk dispenser supplier Hubert. Schools that use a milk dispenser and washable cups can decrease packaging waste associated with school milk.

But that's not the only benefit to milk dispensers. "Replacing cartons with milk dispensers helps students drink more milk, filling critical nutrition gaps while also putting the school on a more environmentally sustainable path," said Roseann Liberatore, registered dietitian and manager of youth wellness in Virginia for The Dairy Alliance. "Students expect choices and products that taste great. Milk dispensers allow students to serve themselves and keep the milk colder than cartons, improving milk's taste."

In Virginia, The Dairy Alliance and the Virginia State Dairywomen's Association have supported the use of milk dispensers in schools through grant programs that help cover the cost of equipment.

"The milk dispenser grant program is a great opportunity to promote increased milk consumption and reduce food and packaging waste at the same time," noted Tony Banks, senior assistant director of agriculture, development and innovation for Virginia Farm Bureau Federation. "Dairy farmers are eager for schools to consistently serve milk at its proper temperature, as it's been shown to improve consumption."

After Bluestone Elementary School in Harrisonburg introduced milk dispensers, it experienced a 91% reduction in packaging waste and a 52% increase in milk consumption, according to an internal study conducted at the school. It also eliminated the 39,000 milk cartons it had been providing students yearly.

Before schools had to shut down during the pandemic, Liberatore said Prince Edward County schools, an elementary school in Harrisonburg and four elementary schools in Lynchburg were using the milk dispensers. Prince Edward has since started using its milk dispensers again, and the schools in Harrisonburg and Lynchburg are hoping to restart in the new school year.

King George and Louisa County high schools are slated to have milk dispensers in use this school year, and Northumberland County has them installed in its high school, with plans to expand to middle school this year.

According to Liberatore, milk is the leading source of calcium, potassium and vitamin D that children ages 2-18 are often lacking.



SUBMITTED PHOTO

Record giving sets stage for future achievements at VT

By Albert Raboteau and Brian Snell

Hokie Nation has set a new mark for philanthropic impact on Virginia Tech's students, faculty, and programs.

Alumni, friends, parents, employees, and students combined to make nearly \$268.5 million in new gifts and commitments during the 2021-22 fiscal year that ran from July 1, 2021, through June 30, 2022.

The all-time-record show of generosity was a tremendous increase — 34 percent — from the \$200.3 million given in fiscal year 2020-21.

"Hokie Nation's generosity is remarkable, inspiring, and empowers our vision for the university's future," said Virginia Tech President

Tim Sands. "Philanthropy is essential for recruiting and retaining world-class faculty and extraordinary staff. Support from alumni and friends also helps ensure that talented students from all the communities we serve have access to a life-changing educational experience at Virginia Tech. Thank you to everyone who stepped forward to make a difference."

Along with the record total in new gifts and commitments, the 2021-22 fiscal year saw the largest single gift ever made by a Virginia Tech graduate, \$35 million from Norris Mitchell '58 and his wife, Wendy Mitchell, to name a new College of Engineering building. A record amount, nearly \$78.6 million in new gifts and commitments, was raised for the engineering college overall. The fiscal year also saw

the undergraduate alumni giving percentage reach 22 percent, doubling the rate from the end of the fiscal year 2015-16 and achieving an ambitious goal set by Sands in fall 2016 in his first State of the University Address.

Other notable examples of philanthropy in the past fiscal year included \$12.5 million toward quantum research and education from leading global aerospace and defense company Northrop Grumman and nearly \$49.6 million given to athletics, which was an increase of more than 70 percent from athletics donations the previous fiscal year. Athletics announced a \$400 million fundraising initiative called "Reach for Excellence" in 2021 and by April of this year, announced it had raised over \$200 million toward that goal.

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Legals - Montgomery County

NOTICE

NOTICE IS HEREBY GIVEN, pursuant to § 15.2-3107 of the Code of Virginia, 1950, as amended, that on August 23, 2022, at 7:00 P.M. in the Christiansburg Town Hall, 3rd Floor Council Chambers, 100 East Main Street, Christiansburg, Virginia, the Town Council of Christiansburg, Virginia ("the Town") shall hold a public hearing on the Town's intent to approve a proposed Boundary Line Adjustment Agreement between the Town of Christiansburg and County of Montgomery and will thereafter consider for passage a resolution approving the Agreement. The Agreement is authorized by § 15.2-3106 et seq. of the Code of Virginia, 1950, as amended, and provides that the boundary line between the Town of Christiansburg and the unincorporated area of the County of Montgomery will be changed by moving approximately 5.57 acres from the incorporated Town of Christiansburg boundary into the unincorporated area of the County of Montgomery. The proposed boundary adjustment area is located on the northeast boundary of the Town of Christiansburg and the unincorporated area of the County of Montgomery adjacent to Houchins Road and includes a 3.743-acre

Legals - Montgomery County

portion of Tax Parcel 500 – (8) – 13A (Parcel ID 014196) and a 1.827-acre portion of Tax Parcel 80 – (A) – 46 (Parcel ID 018437), shown more particularly on the plat entitled "Exhibit Sketch Showing the Boundary Line Adjustment Between The Town of Christiansburg & Montgomery County, Virginia", prepared by Foresight Design Services, Identified as FDS Job No. 3246, dated July 26, 2022. True copies of the proposed Boundary Line Adjustment Agreement are on file and may be viewed at the office of the Town Manager, Christiansburg Town Hall, 100 East Main Street, Christiansburg, Virginia 24073. Copies of the Agreement will also be available at the public hearing. The public is invited to attend the public hearing and comment on the Agreement.

Randy Wingfield
Town Manager

miscellaneous

Part Time Newspaper Production Help

Salem Times Register has openings for afternoon/evening shift work- inserting, labeling and bundling newspapers for delivery. No experience necessary. Hours may vary. Will train. \$11 per hour. Contact Lynn Hurst, General Manager, Salem-Times Register (540)389-9355 or email lhurst@ourvalley.org

BAG

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Costume from page 1

Dina Smith-Glaviana, director of the Oris Glisson Historic Costume and Textile Collection, oversees the artifacts and the students who redescrives them. They examine them, identify other terms that might be more general, and pull language from the International Council of Museums terminology for costumes. Next, they create the new descriptions to put into their new metadata schema, Costume Core, which means building on existing standards to create a consistent way to catalog and code historic clothing.

During a typical shift, the students find the list of artifacts to digitize, pull one of those garments from the collection, lay it down carefully on tissue paper, and examine it from top to bottom. Looking at the garment, they research and choose

the most relevant terms to describe it. Students also input missing information such as donor name and write a very thick description of the garment.

"I've trained my students to be meticulous and look through an encyclopedia of textiles to make sure they're identifying the right type of fabric or fabric structure," said Smith-Glaviana. "They also use the Fairchild's 'Dictionary of Fashion,' which has illustrations of things such as collars, sleeves, skirt types, and much more. The pictures help them find the most relevant term, and it's a good system to use for people who are not familiar with all of the costume terminology."

"I'm a perfectionist, and it's crucial to the project that all of the details are there," said Smith-Glaviana.

TimelyCare from page 1

they snowball. It provides students with immediate care when they experience stress or anxiety and need someone to talk to in the moment.

Scheduled counseling allows students to make

appointments with counselors licensed in Virginia with a limit of 12 scheduled counseling appointments per academic year.

Health coaching provides information and guided sessions on well-being topics such as dealing with conflict, time management, exercise, sleep, nutrition, and mindfulness.

"It is important to us to provide students with choices in the type of counselor they would prefer, whether it is a particular identity, affiliation, or specialty," said Chris Wise, assistant vice president for Student Affairs. "TimelyCare gives students options for choosing counselors they identify with or who share similar life experiences."

TimelyCare accommodates more than 250 languages and offers translation services. The service also is Americans-with-Disabilities-Act accessible through the app. Students can connect to TimelyCare through a phone, computer, or tablet, and they can choose phone or video sessions. Another benefit is that students can access TimelyCare when they are home for holidays or away from campus for internships, regardless of their location in the United States. TalkNow is available internationally with a U.S.-based phone number or virtual private network.

And TimelyCare is fast.

"When a student is in distress, it is important for them to be able to access services as quickly as possible because mental health conditions can impair academic performance significantly," said Sturgis. "When a student has to wait a few days or weeks to initiate services, the distress often increases and problems can intensify. If an individual is able to talk over a situation quickly, they can often reduce this escalation."

Nationwide, the need for mental health counseling services on university campuses continues to increase with the demand for services at Virginia Tech growing by 8 to 10 percent in a typical year.

"The quality of our counselors at Virginia Tech is extremely good; however, the demand for appointments continues to challenge us and it is difficult to hire enough counselors to keep up with that demand," said Wise. "With a 24/7, 365-day virtual health service in addition to our in person offerings, we believe this will help us alleviate the backlog for appointments."

"We suggest all students download the TimelyCare app and register now, so that in a time of need, they will not have to go through the registration process."

News Messenger

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The News Messenger is a newspaper of, by and for the people of Montgomery County. We encourage letters from our readers on topics of general interest to the community and responses to our articles and columns. Letters must be signed and have a telephone number where you can be reached for verification. All letters will be verified before publication. We reserve the right to deny publication of any letter and edit letters for length, content and style.

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Study from page 1

average persons would forgo 'just' 2 years of their lives to keep making these unhealthy dietary choices.

Another study by the Northeast Regional Center for Rural Development found that American communities with a higher volume of fast-food restaurants have a shorter life expectancy, and research from The University of Michigan discovered that eating a hotdog costs an individual 36 minutes of his life, and a chicken wing can claim three minutes and 30 seconds.

The good news, however, is that it's also possible to add years onto a life span by making more nutritious dietary choices and implementing healthier lifestyle habits. Snacking on a handful of nuts and seeds can prolong a life by 26 minutes, and a serving of salmon can add 16 minutes, according to these studies.

The hard truth, however, is that when it comes to choosing between a hotdog and a handful of nuts, many Americans still opt for the

hotdog, even knowing it could take years off their lives.

A rather alarming discovery of DrugGenius.com's survey is that 27 percent of those surveyed believe - wrongly, of course - that moderate consumption of fast food has health benefits. And when asked what kind of fast food they believe has the greatest health benefits, 20% of those surveyed thought it was tacos or burritos (perhaps it's the shredded lettuce garnish?); 8% believed it to be burgers and fries (potatoes are a vegetable, right?); 11% thought it was cheesy, processed meat-topped pizza, and 8% thought a bucket of fried chicken wings had the most health benefits. Overwhelmingly, 45% of those surveyed thought a foot-long sandwich had the most health benefits, maybe because some are loaded with healthful, fresh vegetables and served on whole wheat bread.

One in three respondents also said they were more likely to take health supplements as opposed to doing physical exercise to stay healthy. This perhaps correlates with another of DrugGenius.com's survey findings, that the average person has not taken part in any aerobic exercise for at least three months.

Responding to the survey, DrugGenius.com's Stacie Detmer said, "It may seem like an impossible task to change up your lifestyle and dietary habits; however, once you begin making healthier substitutions and choices in one or two areas, it can also help you learn more about the nutritional information and components of different food sources. Although it's less-than-likely that you'll be able to completely change your habits overnight, learning more about this kind of information can help you make healthier choices overall, potentially adding years onto your life if managed effectively."

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55						56				57		
58						59				60		
61						62				63		

CLUES ACROSS

- 1. Hyrax
- 4. Considerateness
- 8. Expressed pleasure
- 13. 1896 Ethiopian battle
- 15. Hawaiian dance
- 16. Khaki colors
- 17. Southern soldiers
- 18. Musician Clapton
- 19. 58703 ND
- 20. Letterman's hometown
- 23. Fr. Riviera resort
- 24. Wrath
- 25. Put up with something
- 27. Divertimento
- 32. Comportment
- 33. Toward the mouth
- 34. Take in marriage
- 35. Composer of Rule Britannia
- 36. Central parts of fruits
- 38. Ice hockey goal
- 39. Lair
- 40. A citizen of Denmark
- 41. Algeria's 2nd largest city
- 42. Buildings
- 44. Extensive landed property
- 46. Bravo! Bravo! Bravo!
- 47. Cereal grass
- 48. Gives you instant spikulet brisiles
- 48. Gives you instant long locks
- 55. Umbrian industrial city
- 56. Cheremis language
- 57. Wm. the Conqueror's burial city
- 58. Beach (French)
- 59. 7th Hindu month
- 60. Tightly curled hairstyle
- 61. Niches

CLUES DOWN

- 1. Persian dialect
- 2. Yemen port & gulf
- 3. Switchboard (abbr.)
- 4. From that place
- 5. Invisible emanations
- 6. Shear
- 7. Mexican tortilla dish
- 8. Highly regarded
- 9. Said of a city that "rose up"
- 10. Turkish district
- 11. Of a very dark black
- 12. Fall back time
- 14. Inanely foolish
- 21. Furnish with help
- 22. Former Italian monetary units
- 25. Made public by radio or television
- 26. Aka sesame
- 27. Skin infections
- 28. Before
- 29. Being cognizant of
- 30. Ballet dancer impressionist
- 31. Eve's garden
- 32. Produced
- 36. Hiding place for storage
- 37. A single unit
- 38. Napoleon's birthplace
- 40. Daily journals
- 43. Hanging threads edging
- 44. A canvas canopy
- 45. Central nervous system
- 47. Nest of an eagle
- 48. Assist
- 49. Father of Araethyrea
- 50. Yuletide
- 51. A piece of work
- 52. Clods
- 53. St. Phillip, Patron of Rome
- 54. Arrogant & annoying person
- 55. Yearly tonnage (abbr.)

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OBITUARIES

Donnelly, Ann Parsell

Ann Parsell Donnelly, 83, passed away Saturday, Aug. 13, 2022, with her loving family by her side.

Ann was born Aug. 24, 1938, in McComas, W.Va., to Stella and Thomas Parsell.

She graduated from Pembroke High School in 1956 and Radford Community Hospital Lab School in 1958.

She was married to Johnny Donnelly for 62 years, tying the knot on June 5, 1960, in Pembroke.

Ann worked at Vet Science and the Anaerobe Lab at Virginia Tech for many years and was known by her colleagues for her sense of humor and boundless energy.

She was an active member of Fairlawn Presbyterian Church and served as organist and choir director until her retirement.

Ann loved cooking, baking, music, and spending time with her family.



She is survived by her husband, John Donnelly; her children, Dina (David) Yauger, John (Melody) Donnelly, and Tim Donnelly; her grandchildren, Laura (Aaron) Horowitz, Mattie (Nathan) Williams, William Yauger, and Grayson Donnelly; her great-grandchildren, Beckett and Cohen Williams; and lifelong friend Shirley Roby.

She will be remembered for her laughter, her gentleness, and her love of life.

A private memorial service to celebrate her life will be held in September for family and friends.

In lieu of flowers, Ann would be honored if donations in her memory were made to the Fairlawn Presbyterian Church.

The Donnelly family is in the care of Mullins Funeral Home & Crematory in Radford.

Dowdy, Joshua Michael

Joshua Michael Dowdy, 33, of Christiansburg, died Sunday, Aug. 14, 2022, at Roanoke Memorial Hospital.

He was born in Radford on March 13, 1989. He was preceded in death by his sister, Ashley Dowdy; an uncle, Gary Dowdy; and his grandfather, Bobby Dowdy.

He is survived by his mother, Sheri Leach; his fiancé Dean Keith; his father, Mike and his stepmother, Kathy Dowdy; a stepsister, Casey Keith



and her children, Aubrey and Wyatt and Nanny Patt; granny Irene Dowdy; stepsisters, Brandy Weseloh and Christina Dunlap; and nephews Mason, Max, and Maddox Price.

Funeral services were conducted Thursday, Aug. 18, 2022, in the McCoy Funeral Home Chapel, with pastor John Hopkins officiating. The family received friends at McCoy Funeral Home prior to the service.

www.montcova.com

See Obituaries, page 6

ANGLICAN CATHOLIC

St. Peter the Apostle Anglican Church, 230 W. First St., Christiansburg, VA. Fr Peter Geromel OHI Th.M., Vicar. Fr. Alex Darby, "Associate", 540-382-0432/540-270-9166. Sundays: 8:00 am & 10:00 am Holy Eucharist followed by Christian Education and refreshments. Holy Communion most Thursdays at 12Noon, other Holy Days as announced. Traditional services use the 1928 Book of Common Prayer and 1940 Hymnal. Handicapped accessible. All are welcome. Come worship with us! Website: www.stpetersacc.org. Follow us on Facebook

St. Philip's Anglican Church, 306 Progress Street, NE, Blacksburg, Virginia 24060, (540) 552-1771, www.stphilipsblacksburg.org. Reverend Fr. Wade Miller, Priest. Eucharist Sundays at 11am and Wednesday's at 12pm.

St. Thomas Anglican Church - located at 4910 Hubert Rd, NW Roanoke, Va. Traditional Liturgical Lenten Services, Sunday at 10:30 am. Call (540) 589-1299 or visit www.sttofc.org for midweek masses and events. (In Roanoke, go E on Hershberger, L on Hubert to 4910).

BAPTIST

First Baptist Church on 3rd Ave., 215 Third Ave at the corner with Downey St. We nurture meaningful connections to God and others through worship, spiritual growth, and community ministry. We celebrate the dignity and worth of all persons, created in the image of God. Sunday Bible Study Groups - 9:45, Sunday Worship - 11:00. Website: fbcradford.org 540-639-4419. Worship is in-person and live-streamed on Facebook and on our YouTube channel: First Baptist Church Radford.

Trinity Community Church, 1505 N. Franklin Street, C'burg. John Altizer, Lead Pastor, Brian Cockram, Associate Pastor, 382-8121. Worship at 10:45 a.m., Outreach Ministries - 6:00p.m. Wednesday, Growth Groups - 5:00p.m. Sunday, Youth and Children's Ministry - 5:00p.m. Sunday, www.trinitycburg.org

CHURCH OF CHRIST

Blacksburg Church of Christ, 315 Eakin St., 552-1331. Sun. Bible Classes 9:30 a.m., Sun. Worship 10:30 a.m. & 6 p.m., Wed. Bible classes, 7 p.m., Outreach Minister Curt Seright, Community Minister Tom Gilliam, Dean Meadows, Campus Minister.

Faith Christian Church of Christ, 305 3rd Street, Christiansburg, David Rhudy, Minister, 382-4628, Sunday School 10 am; Worship 11 am; Evening Worship 6:30 pm; Wednesday night Bible Study for Women and Men 6:30 pm. We welcome you to any and all of our services.

CHURCH OF GOD

New Hope Church of God, 1404 Mud Pike Rd., C'burg. Rev. T. Michael Bond, pastor, 731-3178. Sun. School 10 a.m., Worship 10:50 a.m., 6 p.m. Thurs., 7:00 p.m.

West Radford Church of God, 1824 West Main Street, Radford, VA 24141, Sunday School- 10:00A.M. Morning Worship- 11:00A.M., Children's Church 11:00A.M. Sunday Evening - 6:00P.M., Wednesday Night - 7:00P.M., Pastor Danny Newman, Church Office - 540-639-6562 or 804- 921-0828.

CHURCH OF THE BRETHREN

Christiansburg Church of the Brethren, 310 South Franklin Street. Pastor: Hal Sonafrank, 1-336-583-4822. Sunday School 10 a.m.; Morning Worship 11 a.m.; Bible Study 10:30 a.m. Tuesdays. Website: www.christiansburgcob.org. A loving family, fueled by the Holy Spirit, grounded in God's Word, and delivering Jesus forgiveness and love to all people. Come as you are... you are welcomed!

(DOC - DISCIPLES OF CHRIST)

Snowville Christian Church, 5436 Lead Mine Rd., Hiwassee, VA 24347, Pastor: Jerry King, Website: www.SnowvilleChristianChurch.com (and Facebook), Office: 540-633-3761, Email: office@SnowvilleChristianChurch.com, Sunday Worship Service: 11:00 a.m., Sunday School: 10:00 a.m., Thursday Bible Study: 6:00 p.m., We are: "Inspiring hope, helping people grow their faith, and sharing God's love with others!"

ECKANKAR

Eckankar, the Path of Spiritual Freedom, is located at 1420 3rd St. SW, Roanoke, VA 24016. However, due to COVID-19, the Light & Sound Services and other ECK programs are currently available online through Zoom. Visit www.eck-va.org for program listings, www.meetup.com/Roanoke-Spiritual-Experiences-Group, or call 540-353-5365 and leave a message. We will return your call. Also visit www.eckankar.org for more information about how the teachings of Eckankar lead you to spiritual freedom.

EPISCOPAL

Grace Episcopal Church, 210 4th Street, Radford, 639-3494. A friendly, mission-oriented spiritual community sharing the Word of God. ALL ARE WELCOME. In person and live-streamed services 10:30AM Sundays. Holy Eucharist twice a month. Morning Prayer twice a month. Fellowship and refreshments follow services. Find us on Facebook: Grace Episcopal Church and www.graceradford.org.

LUTHERAN

Luther Memorial Lutheran Church ELCA, 600 Prices

Montgomery County

WORSHIP DIRECTORY

Peace in the Chaos

Read Luke 21:1 through 22:71

Do we ever look at our world and ask, "What happened?"

The moral climate seems to have plunged. Sin is rampant. Nuclear war threatens. A bad economy has become the new way of life. And what's with all these record-breaking natural disasters?

It's easy to wonder if the end of world is near and become so afraid that we panic.

"When you hear of wars and uprisings, do not be frightened. These things must happen first, but the end will not come right away" (Luke 21:9).

Many times through the past two thousand years, people have panicked over the state of the world. Jesus had a word for them and for us: "Do not be frightened."

The world may change, but God is still in control.

Bad times can bring good results. As society disintegrates people tend to turn to God, and revival can occur. Challenges even make believers depend on God more. Our survival plan should be to prepare ourselves spiritually for whatever God brings—in good times or bad.

Challenge for Today: Think of a way to point people to Jesus when they express their fears about the future.

Quicklook: Luke 21:5-18

If your church is not listed and if you are interested, call Randy Thompson at 540-389-9355 or email at advertise@ourvalley.org

Fork Rd, Blacksburg. Weekly Online Worship at www.lmlc.org. We are a Reconciling in Christ congregation that welcomes and affirms all people just as they are. For information on Bible studies and Wednesday Vespers, email luthermemorialblacksburg@gmail.com, or contact the church office, (540) 951-1000. Rev. Monica Weber, pastor.

Our Saviour Lutheran Church ELCA, 1845 Cambria St NE, Christiansburg. Worship each Sunday at 10 am, in person and online at <https://www.youtube.com/channel/UCMsB-gbyjmV5ce9mr43dbCw>. Please visit our website at www.oslcburg.org and our Facebook page at <https://www.facebook.com/oslchristiansburg> to learn more about us. Little Free Pantry and Little Free Library located in our parking lot. Pastor Joshua L. Copeland; church office 540-382-2223.

St. Michael Lutheran Church, 2308 Merrimac Road, Blacksburg, VA 24060. Worship service each Sunday at 10 AM, Sunday School 9 AM. We are a community of God's people where people gather for worship, learning and service. Visitors and new members are always WELCOME! Google comments: "Wonderful, welcoming congregation...A place where all are truly welcome... Nice, friendly, competent staff." You will like our minister, The Rev. Michelle L. Stramiello. Her previous service was as Family Faith Formation Director at Cross and Crown Lutheran Church, Indianapolis, IN, Pastor of St Matthew Lutheran Church, Paducah, KY, and Hospice Chaplain in Largo, Fl. St. Michael started and administers Micah's Backpack which has great community impact, Micah's Soup for Seniors, Micah's Garden, Closet, and Mini Pantry. Also,

partnering with Rainbow Riders and Total Action for Progress, we opened open the first Early Childhood Head Start in our community (6 weeks to age 3), and have numerous other programs including a Justice & Mercy Fund providing assistance for those needing emergency assistance with critical bills. Further St. Michael sponsors an awesome Scouting program of Boy & Girl Scout Troops, Venture Scouts for older youth, and a new Cub Pack for girls & boys kindergarten - 5th grade. Directions: From Price's Fork Road, turn onto Merrimac Road and St. Michael is 3/10ths of a mile down on the left. For more information about any of our activities: Phone 540 951-8951. Email hope@stmhc.us or visit our Website www.st-michael-lutheran-church.org

MULTI-CULTURAL

NON-DENOMINATIONAL

Christian Growth Center, 1850 Electric Way, Christiansburg, VA 24073 (beside Hubbell Lighting). Sunday Worship: 9:30am Prayer, 10:00am Service *Nursery Available. Lead Pastor: Todd Hallinan. Founding Pastor: Rob Sowell. Mission: Sow, Grow, & Go Sow Faith! Grow in Righteousness! Go into all the world in the authority of the believer! 540-382-2908.

PENTECOSTAL HOLINESS

Merrimac Pentecostal Holiness Church, Rev. Richard Hall (540) 552-7194. pastorhall29@gmail.com. Sunday School at 10 a.m. and morning worship is 11 a.m. Evening service at 6 p.m. and Wednesday at 7 p.m.

Compassion Church, 1820 Second Street, Radford, 639-6287, Our music is passionate, our worship is real, and Pastor Chandler Jones brings relevant messages for everyone at any place on their journey,

Sunday Worship Experience at 9:30 AM & 11:00 AM, Wednesday Family Night at 7 PM, Children Ministry provided for all services. Our vision is to see all Saved. Freed. Restored. Fulfilled. Find us on facebook and Instagram

Walton Pentecostal Holiness Church, 4003 Morning Glory Rd., off Walton Rd. on Rt. 114. 731-1755. Lee Sarver, pastor. Sun. School 9:30 a.m., Worship 10:30 a.m. & 6: p.m., Wed., 7 p.m.

UNITED METHODIST

Asbury United Methodist Church, 500 Stuart Street, Christiansburg. 540-382-0743. Rev. Dr. Patricia Jones. Sunday School, 9:45 a.m., Sunday Worship, 11:00 a.m. All are welcome.

Central United Methodist Church, 803 Wadsworth Street, Radford. 639-3529. 8:30 a.m. Sunday Services: 8:30am (interpreter provided); 9:45am Sunday School (interpreter provided); and 11:00a.m. Wednesday Bible Study: 6:30p.m. Child care is provided. www.centralmethodist-church.com.

St. Paul United Methodist Church, 220 W. Main St., C'burg. Rev. Mike Derflinger (540) 382-2410. Sunday Worship 10 a.m., Sunday School 9 a.m. Live streaming Sunday Service - www.twitch.tv/stpaulumc
Wesley Memorial United Methodist Church, 350 Stafford Drive, Christiansburg, VA 24073, Sunday School 10am, Sunday Worship Service 11am.

WESLEYAN

Christ Wesleyan Church, 525 Harkrader Street, Christiansburg. Public Worship service at 11:00 AM. Sunday School for adults - 10:00 AM. Pastor: Gale Janofski 540-510-0952. The building is totally handicapped accessible. Website: christ-wesleyanchurch.org

Obituaries from page 5

Gibson, Doris Ann Semones

Doris Ann Semones Gibson, 90, cousins Dr. Wallace and Emogene of Christiansburg, passed away Monday, Aug. 15, 2022.



Doris worked in the banking industry for 45 years having been employed with First and Merchants National Bank, United Virginia Bank, Crestar Bank, SunTrust Bank, and Carter Bank and Trust.

She was preceded in death by her parents, Leonard and Libbie Semones; and her loving husband of 69 years, Bill Gibson.

Survivors include her godson, Anthony Price II; special friends Tony and Sherry Price and Michael Mantz;

Wallace and Emogene Huff; four-legged love "Mike Einstein Gibson"; and many other relatives and friends.

A graveside service was held on Friday, Aug. 19, 2022, at the Pleasant Hill Cemetery in Willis with Pastor Diana White officiating.

In lieu of flowers, donations can be made to the First Baptist Church in Radford, 215 Third Ave., Radford, VA 24141.

The Gibson family is in the care of Mullins Funeral Home and Crematory in Radford.

Grubb, Jean Elizabeth

Jean Elizabeth Grubb, 71, passed away Friday, Aug. 12, 2022, at her home in Radford.



She was a U. S. Navy veteran.

Per her request, her body was donated to the Virginia State Anatomical Board.

Services will be private.

In lieu of flowers,

Jean would be honored if donations in her memory were made to

Carilion Hospice at <https://carilionfoundation.org/hospice>.

The Grubb family is in the care of Mullins Funeral Home and Crematory in Radford.

Barbara Ann Thompson Helms

Barbara Ann Thompson Helms, Helms, Sr., and a granddaughter, a longtime resident of Annapolis and Severna Park, Md., died on Monday, August 15, 2022.



She was born on July 30, 1936, in Christiansburg to the late Lottie Thompson. She retired from the Annapolis location of Macy's following a 37-year career.

Barbara was a longtime member of Cambria Baptist Church in Christiansburg. In addition to her mother, she was preceded in death by her husband, James Curtis

Helms, Sr., and a granddaughter, Erica Lynn Helms.

She is survived by two children, James (Sherry Fox) Curtis Helms, Jr., of Englewood, Colo., and Debra (Craig) Helms Engler of Arnold, Md.; three grandchildren, James Curtis Helms III, Christopher James Engler, and Samantha

Mae Simmons; and five great-grandchildren. Arrangements for Barbara are private. Online guestbook registration is available at KalasFuneralHomes.com

Wurzburger, Davy Lee

Davy Lee Wurzburger, 67, of Blacksburg, formerly of Fairlawn, passed away on Tuesday, Aug. 16, 2022.

He was preceded in death by his parents, Charles Wilson and Mary Lou Wurzburger; daughter Tabitha Lynn Wurzburger; and his brother, Gil C. Wurzburger.

Survivors include his daughter and son-in-law, Christy and Brian Dishon; grandchildren Nathan S. Dishon, Silas Eugene Stigger, and

Javonte Xavier "Peanut" Jackson; brother and sister-in-law, C.W. Wurzburger, Jr., and Julie; sister-in-law Judy Wurzburger; and special friend, Barbara.

The family would like to thank the nurses and staff at Heritage Hall in Blacksburg for the loving care they provided Davy.

Services will be held at a later date.

The Wurzburger family is in the care of Mullins Funeral Home and Crematory in Radford.

Meredith, Barney

Barney Meredith of Riner at the age of 80 went to be with the Lord on Aug. 12, 2022.



He was at home surrounded by his family.

Barney was one of five children, born and raised on his parents' dairy farm in Snowville. He never lost his love and passion for his old homeplace and a way of life that only a dairy farmer's child really knows.

He married young to the love of his life, Charlotte, in 1960.

Barney attended Virginia Tech, majoring in dairy science and graduating in 1964. Upon graduation, He went to work for the Valley of Virginia Milk Cooperative (Shenandoah's Pride), where he would impact this organization for 36 years before transitioning and ending his career with Dean Foods in 2007.

Nothing was more important to Barney than his family. He was an amazing husband, father, brother, grandfather, and great-grandfather. His love was unconditional, and he cherished every moment he had with all of his family.

Barney is survived by his wife of 61 years, Charlotte Meredith; one son, Kevin Meredith (Maren), of Snowville; one daughter, Tracy Butenhoff (Andy) of Greenville, S.C.; one brother, Ernie Meredith (Nydia); two sisters, Janet Dishon (Conley) and Gay Meredith; eight grandchildren, Austen Meredith, Pearl Akers, Berkeley Meredith, Oliver Meredith, Wyatt Meredith, Meredith Butenhoff, Cole Butenhoff, and Sydney Butenhoff; and two great-grandchildren, Barrett Akers, and Bowen Akers.

As Barney was a faithful member of Snowville Christian Church, a special memorial service will be held there on Saturday, Sept. 10, at 11 a.m. It will be followed by a celebration of life on the banks of the Little River a few miles away.

In lieu of flowers, the family requests contributions be made to the Alzheimer's Foundation of America. <https://alzfdn.org/support-us/donate/>.

The Meredith family is in the care of Mullins Funeral Home and Crematory in Radford.

Vest, Lee Roy

Lee Roy Vest, 82, of Pilot, died Sunday, Aug. 14, 2022, at his home.



He was born in Check on May 17, 1940, to the late Roy Allen and Alice McNeil Vest. He was preceded in death by two brothers, R.B. Vest and L.C. Vest.

He is survived by his loving wife of 62 years, Carroll Burress Vest; daughters Neva Mannon (Richard), Lesa Miller (John), and Angela Dickerson (Danny Booth); granddaughters Chrissy Miller-King and Michelle

Miller; great-grandchildren, Trey King, Matthew Giarla, Ronin Lynch, Lydia Lynch, and Jayden Miller; sisters Vera Clower, Marie Wimmer, Kaula Dowdy, and Clara Southern; as well as numerous nieces and nephews; and a special nephew, Sidney Clower.

A graveside service was held on Wednesday, Aug. 17, 2022, at Roselawn Memorial Gardens, Christiansburg, with the Rev. Mike Vest officiating.

Weddle, Barbara J. Dove

Barbara J. Dove Weddle, 64, of Blacksburg, died at Roanoke Memorial Hospital on Aug. 14, 2022. She was born in Radford on May 5, 1958, to the late Marshall Jackson Dove, Sr., and Betty Mack Davis Dove.



She is survived by brothers Jack Dove and wife, Melani, and Roger Dove; sisters Vickie Linkous and her husband, Bobby,

and Shirley Dove; special friends Bob and Joni Pienkowski; and many other friends, nieces and nephews.

The family sends a special thank-you to Ross and Mike at McCoy's Funeral Home for their kindness and compassion. A private service will be held at a later date.

Virginia Tech Dining Services serves swells of summer guests

By Shannon Atkins

Though a smaller student population means most Virginia Tech dining centers are closed during summer, those that remain open experience their highest waves of traffic all year. Surges of conference guests plus shifting staff schedules demand increased coordination and flexibility to maintain Dining Services' renowned food and service when the heat is on.

"Dietrick Hall and Au Bon Pain in Squires [Student Center] are the only dining centers open for summer

operation," said Kelvin Bergsten, assistant manager of Dietrick. With its eight shops and all-you-care-to-eat service, D2 at Dietrick Hall sees the most dramatic increase in summer service. "In addition to summer school students, we had more than 6,000 attendees from over 60 conferences eating at D2 this summer," said Bergsten.

Clear communication is crucial to effectively plan service for such large groups.

Dietrick Operations Manager Charlene Mitchell said, "We meet weekly with

Conference and Guest Services to confirm the conference numbers and dining schedules. If necessary, we plan to have the larger groups come in at intervals."

Matching the pace of customers to seating and service capacity is essential to a good dining experience.

"D2 can serve 500 to 600 people every half-hour with moderate lines, great service, and hot, fresh food," Bergsten said. "Guests will self-regulate over time, but before their schedules settle, a thousand guests at once can test the facility."

This summer's overlapping groups brought over 1,400 customers to each breakfast one week. The D2 team responded by extending hours and engaging with guests and conference leaders.

While the facility opens half an hour earlier for summer groups, during its busiest week, D2 staff added more seating and opened a full hour earlier to accommodate the tight timelines of conference participants. When the earlier opening time still saw long lines, the team actively managed the flows in and out of the dining area.

"With those kinds of numbers, we have managers at the door to determine if we need to open another register or regulate entry," said Matt Hoag, assistant manager. "We radio managers in the dining area to ensure we have seats available."

LEGAL NOTICE OF PUBLIC HEARING OF THE TOWN OF CHRISTIANSBURG PLANNING COMMISSION

The Town of Christiansburg Planning Commission will hold a Public Hearing on Monday, August 29, 2022, at 7:00 PM in the Council Chambers of the Christiansburg Town Hall, 100 E. Main Street, Christiansburg, Virginia 24073, pursuant to Sections 15.2-2204 and 15.2-2285 of the Code of Virginia, as amended. The purpose of the public hearing is to receive public comments concerning:

- A. Rezoning request by **Marjorie Ann Rhudy, Property Owner, and RWW 34 LLC, Contract Purchaser**, to rezone the property located at 1200 Buffalo Drive NW, Tax Parcel 556 - ((A)) - 84; Parcel ID 111028, 4.901 acres from Agricultural District A and General Business District B-3 to Multiple-Family Residential District R-3 with proffered conditions, in order to allow 49 Townhouse units. The property is designated as Residential on the Future Land Use Map of the 2013 Christiansburg Comprehensive Plan.
- B. Conditional Use Permit request by **Loy/Mary Burch II LLC, Property Owner, and Ron Frank Jr., Lessee**, to allow a Public Billiard Parlor and Poolroom on the property located at 3165 North Franklin Street, Tax Parcels 406-4-28, 406-4-29, 406-4-30, 406-4-31, 406-4-32, 406-4-33, 406-4-54, 406-4-55, 406-4-56, 406-4-57, 406-4-58, being portions of Parcel ID 000437; 406-4-24, 406-4-25, 406-4-26, 406-4-27, being all of Parcel ID 000439; and Tax Parcels 406-4-17, 406-4-18, 406-4-19, 406-4-20, 406-4-21, 406-4-22, 406-4-23, being all of Parcel ID 000440; zoned General Business District B-3. The property is designated as Business/Commercial on the Future Land Use Map of the 2013 Christiansburg Comprehensive Plan.
- C. Conditional Use Permit request by **Cole/Burch Properties LLC, Property Owner, and Donnie Tignor, Lessee**, to allow a Contractor's Equipment Storage Yard on the property located on the northeast corner of the intersection of Simmons Road SE and Alma Street SE (unopened), and southeast of 2095 and 2091 Roanoke Street; Tax Parcels 529-1-17, being a portion of Parcel ID 007704; and Tax Parcels 529-1-18 and 529-1-19, being all of Parcel ID 014069; zoned General Business District B-3. The property is designated as Mixed Use with Buffer (Residential/Business) on the Future Land Use Map of the 2013 Christiansburg Comprehensive Plan.

Town Hall will be open and available to receive public comment in-person at the time of this Public Hearing. A copy of the application, the Town's Zoning Map, Zoning Ordinance, and Future Land Use Map may be viewed in the Planning Department Office, 100 E. Main Street, Christiansburg, VA 24073 during normal office hours of 8:00 a.m. - 5:00 p.m. Monday through Friday. Contact Benjamin Tripp, Planning Director, at (540) 382-6128 ext. 1120 or by email at btripp@christiansburg.org with any questions or if you require reasonable accommodations.



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MONTGOMERY SPORTS



Kyle Dudley took Late Model Stock Car Race #2 Saturday at Motor Mile.



Ray Sowers won the Super Street action during a race filled night at Motor Mile Speedway near Radford.

Lancaster collects bounty at Motor Mile

The past Saturday night at Motor Mile Speedway featured races 3 and 4 for the "Six Pack Series" of Late Model races. At the beginning of the season, Motor Mile announced that if the same driver won all six races in the series, he would receive a \$10,000 bonus.

All eyes were on Mike Looney, who had won the first two races back at the beginning of the season and who was the leader in points, wins, and just about any other metric available for measuring success. If he won on this night, he would advance to the championship in the series on Aug. 20.

But some 10 other drivers had other plans, including his rival and the only other winner this season, Kyle Dudley. In the first 50-lap feature, Dudley and Looney worked their way to the front at least until Looney got into Dudley, causing them both to spin out of contention.

Their aggressive driving and subsequent accident allowed the third-place car driven by hometown favorite and racing legend Derrick Lancaster to move to the front and fight off a strong challenge from Bryan Reedy for the win that brought with it a \$2,000 bonus "bounty"

for winning and beating the track champion.

Lancaster was racing in only his second weekend since his fiery crash in the Arca series in Talladega just over a year ago. Reedy settled for second, and Dudley wound up in third place.

In the second Late Model race, Looney and Dudley were side by side racing again for the lead. This time, Dudley made contact in the turns as payback for the previous race, spinning out Looney, and went on to win race 2. Looney settled for second with Lancaster third.

The Sportsman Division also had a pair of races, 30 laps each, with race 1 winner Richard



Richard Caldwell won his first ever Sportsman Division race Saturday at Motor Mile Speedway.

Caldwell claiming his first-ever win at Motor Mile, followed by Jacob Porter and Brad Foy. Track champion and current points leader Karl Budzevski won the second race, followed by

Jamie Sweeney and Tam Topham.

Other winners included Johnathan Hall for the Mod-4's, Ray Sowers for the Super Streets. Scooter Hollandsworth for the

U-cars, and William Hale for the Pure-4's.

While the \$10,000 bonus is off the table, a good deal of bonus money is still up for grabs for winning races 5 and 6 of the series.

FROM THE SIDELINES

By Marty Gordon



After retiring from the army as a major, Gene Morrell's newspaper career spanned some 30 years. He died Friday, Aug. 12.

Remembering a former newspaper editor

Every now and then, you have to experience a bit of reality. This newspaper has undergone many changes over the past 20 years, and I have been a part of a lot of them.

Another person was Gene Morrell, who held a number of different roles over the years. He adjusted well when the papers combined and formed the Montgomery County News. Then came the additions of the Blacksburg Sun and the Sentinel. Both

were closed down and shuttered.

Later came the decision to change a daily afternoon paper to a tri-weekly, then to a bi-weekly.

The ownership changed several times, and I left four and then came back three. Gene stayed on during most of those times before leaving the paper and becoming an analyst for the Virginia Employment Commission.

I mention all of this because he passed away this past week at his Floyd County home.

I remember him as a quiet individual who had a talent for copywriting. No matter what other editors and other owners threw at us, he handled it well.

He was there in the early years before I joined the papers, making a difference from behind a desk. Gene spent his time covering local government and crime. He even took it in stride when he became a straight-up copy reader.

But he always had that talent for making us young writers sound better.

I never told him, but I gained a lot of experience from watching him, and I always respected what he was doing.

He will be missed in the local newspaper world.

He was a graduate of East Tennessee State University with bachelor's degrees in history and journalism and a master's degree in history.

Another little known fact about Gene was his service to the military. He was a Vietnam War Veteran who served with the 25th Infantry Division and retired from the Army Reserve with the rank of major after 21 years of service.

One of his secrets included being the author of "Heroes Among Us: World War II Veterans of Montgomery County and Radford, Virginia."

He was a journalist with more than 30 years of experience as

reporter and editor with the News Messenger and Southwest Times.

He is survived by his wife, Mozelle Duncan Morrell; daughter and son-in-law, Angela M. and Rocky Huff; granddaughter Jana Huff and her fiancé, Guy Smith; and grandson Shane Huff, all of Indian Valley; sisters Mary Morrell and Charlotte M. Roe of Piney Flats, Tenn.; sisters-in-law and brother-in-law Brenda D. and Allen Cox of Radford, and Nadean D. Jarels of Christiansburg; and nieces and nephews Jackie Ferguson, Tim Roe, Matthew Hensley, Cassie Hensley, Dustin Roe, Melissa Werner, Lynn Reed, Kayla Piediscalzo, and Jameson Jarels.

Funeral services were held Tuesday at the Mayberry Funeral Home Chapel. Interment followed in the Phillips-Kessler (Indian Creek) Cemetery with full military rites by the Army National Guard.

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Virginia Tech football celebrates annual Fan Day



Virginia Tech first-year head coach Brent Pry smiles as he interacts with a young Hokie fan during Sunday's Fan Day at Tech's indoor practice facility.



New River Valley products Cole Beck (left) and P.J. Prioleau sit together at the wide receiver table as they took part in Virginia Tech's Fan Day Sunday.



Virginia Tech safeties coach Pierson Prioleau signs a Hokie helmet during Sunday's Fan Day.



Blacksburg's Brian Crist, Virginia Tech's senior football analyst, poses with parents David and Faye Crist during the Hokies' Fan Day.

Hokie preview: Examining the contenders among running backs

Virginia Tech's backfield in 2023 may feature one workhorse or a stable of talented, productive backs under the direction of running backs coach Stu Holt and offensive coordinator Tyler Bowen.

At ACC Kickoff, head coach Brent Pry indicated that he had not determined which system he prefers but he is looking for production in the running game. Where might that come from? Jalen

Holston, Malachi Thomas, and Keshawn King are names that come to mind. A sixth-year senior, Holston rushed for 199 yards and five touchdowns on 52 carries a season ago and also registered a receiving touchdown while often serving on the Hokies' special teams units.

Thomas is back for his sophomore season after his breakout game against Syracuse last fall. Against the Orange, he rushed for 151 yards and three touchdowns. The Hartwell, Ga., native finished his rookie season with 440 yards rushing on 93 carries. Meanwhile, King recorded 29 carries for 117 yards and a touchdown a season ago, showing flashes of the speed and productivity he demonstrated as a freshman in 2019.

Holt will have some tough decisions to make, but the good



With so many talented backs, a room by committee may be the way it shakes out in Blacksburg this season, but Malachi Thomas seems to be a man on a mission.

news is he will have a contingent of experienced student-athletes to select from as camp continues. Redshirt freshman Chance Black and highly-regarded true freshman Bryce Duke are on campus and are also in the mix. Black has yet to rush the ball during his time with the maroon and orange but showed some speed in Tech's kick return game in the latter portions of the 2021 season.

NOTES
- Virginia Tech ran for 2,408 total yards in 2021 but will have to replace its top two rushers in Raheem Blackshear and Braxton Burmeister.
- Holston has produced 1,070 all-purpose yards with nine touchdowns during his Tech career so far.
- Thomas is the Hokies' leading returning ball carrier from 2021 with 93 attempts.

POSITION OUTLOOK
The flexibility of having three members of the backfield returning will be a nice luxury for Pry and company to have when they decide who will earn the majority of reps. Holston has the experience, Thomas has the explosiveness, and King has the speed. How many runners the coaching staff plans to use in the backfield regularly, though, remains to be seen.

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RU basketball tickets go on sale

Season tickets for the 2022-23 Radford Men's and Women's Basketball season are on sale now at radfordtickets.com. To order tickets today, call 540-831-7889 or visit radfordtickets.com.

Renewal information has been sent to the 2021-22 basketball season ticket holders, but fans can renew online at any time, reserve by phone, or visit the ticket office in the Dedmon Center during normal business hours to make purchases and secure their preferred seat. Following the renewal deadline, preferred seating locations will be reserved on a first-come, first-served basis and cannot be guaranteed.

Men's basketball season tickets start as low as \$75 for general admission. Fans looking for the same seat each game are being offered reserved chairback tickets for \$130.00. Young alumni season tickets for Radford students who graduated between 2018-22 and current Radford faculty and staff season tickets are also available at a discounted rate. Call the Radford Ticket Office for more details.

A general admission family plan for \$150 includes four general admission tickets to every men's game.

Youth season tickets for men's basketball start as low as \$30 for general admission and \$75 for a reserved chairback ticket.

Women's basketball season tickets start as low as \$50 for reserved chairback tickets. Young alumni and current Radford faculty and staff can purchase women's basketball tickets at a discounted price of \$40.

Fans 18 or younger are admitted into all regular-season home women's basketball games for free in the general admission sections.

For Highlander fans who are interested in purchasing both men's and women's basketball tickets, the university offers combination season tickets that start as low as \$100. A reserved chairback option for combo season tickets are \$160.00 for both sports.

Current Radford faculty and staff can now sign up for payroll deductions by calling the Radford Athletics Ticket Office at 540-831-7889 or emailing tickets@radford.edu. Faculty/staff can purchase packages and divide the total cost into equal payments.

Highlander Club members receive additional benefits such as priority seating, hospitality access, parking privileges, and invitations to special events. For more information on giving levels and benefits, contact the Athletic Advancement Office via email at thehighlanderclub@radford.edu or by phone at 540-831-7667.

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