

# News Messenger

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Wednesday, March 15, 2023

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## Glencoe Mansion, Museum to host Radford City Public Schools art show

FOR THE love OF

RADFORD CITY PUBLIC SCHOOLS  
**student art show**

GLENCOE MANSION MUSEUM & GALLERY



RHS senior Evan Woinski's artwork will be on display at Glencoe Mansion's show "For the Love of Art," March 18 through April 30.



PHOTOS COURTESY OF GLENCOE MANSION  
RHS sophomores Evie Grim and Julianna Bishop are among the schools' students whose art will be featured at Glencoe Mansion's show "For the Love of Art."

"For the Love of Art," an exhibit featuring the artwork of students from the Radford City Public Schools, will be on display at Glencoe Mansion, Museum, & Gallery from March 18 through April 30.

Glencoe Mansion, Museum & Gallery will present a new art show, "For the Love of Art," featuring the artworks of students from Radford City Public Schools from Saturday, March 18, through Sunday, April 30.

An opening reception will be held on March 18 from 11 a.m. to 2 p.m.

The show will feature the works of students from third through twelfth grade, representing three Radford City schools. The works of these young artists were created in the classroom where the students learned about a variety of art movements, styles, and mediums.

Works from Belle Heth Elementary School were created under the direction of Michelle Saunders and Ashley Dunbar. Kristy Bryant directed the work of students from Dalton Intermediate School. Working with the students from Radford High School was Savannah Leeman.

The student artists of Radford High School have

gained various honors for their artwork including exhibition at the Radford University Tyler Gallery as well as awards in the Regional Scholastic Art competition. Under Savannah Leeman, students have worked on various projects using a variety of media.

Museum Director Scott Gardner said, "We are so excited to once again partner with Radford City Public Schools to showcase the dynamic artwork of Radford's youngest citizens." Gallery coordinator Lauri Murphy said, "As a student, to have your artwork on public display is so special, and we at Glencoe are thrilled to be able to showcase their hard work and offer this show to our community."

Glencoe Mansion is free to visit and is open Wednesday through Saturday from 10 a.m. to 4 p.m. and Sunday from 1 p.m. to 4 p.m.

-Submitted by Scott Gardner, Glencoe Museum Executive Director

### Couch appointed Montgomery County Circuit Court Clerk



MONTGOMERY COUNTY CIRCUIT COURT CLERK'S OFFICE

On March 1, Tiffany Couch was appointed Montgomery County Circuit Court Clerk for the remainder of Erica W. Conner's term.



COURTESY OF BETA SIGMA PHI  
Molly Maddra, left, of The Women's Resource Center of the New River Valley in Radford, receives recently donated pillows from Libby Pettigrew on behalf of Christiansburg's Alpha Mu Master Chapter of Beta Sigma Phi.

### Beta Sigma Phi supports Women's Resource Center of the NRV

### For a successful vegetable garden, spend money wisely and plant at the right time

Home vegetable gardeners know that the cost of materials for raised beds, plants, soil, and fertilizer can add up quickly, but how much of an investment is necessary to grow a successful garden?

Planning, planting at the correct times, and making strategic spending choices are key to growing a successful garden on a budget, says Shawn Jadrnick, a Roanoke Virginia Cooperative Extension agent.

Raised beds, which usually consist of a wood or metal frame filled with soil, are a popular choice for home vegetable gardeners. A cheaper option than constructing a frame with purchased materials is to build a mounded raised bed by

See Garden, page 4

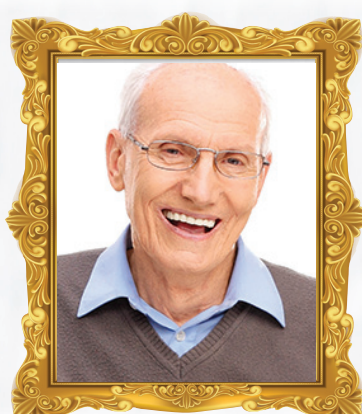


PHOTO BY SHAWN JADRNIC, VA. COOPERATIVE EXTENSION  
Woven poly raised beds (left) and composite raised beds (right).



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# UPCOMING EVENTS

## Wednesday, March 15:

**Library Board of Trustees meeting**  
The Montgomery-Floyd Regional Library Board of Trustees will meet at the Christiansburg Library in the community room from 7 to 9 p.m.

## Thursday, March 16:

**Radford Photo Club meeting**  
At the Radford Public Library at 6 p.m. The program for March is the final session on street photography led by Adi Ben Senior. The February session included an assignment to take 50 black and white photos at three locations and narrow the shots to three to present to the class. The agenda for March will include discussion of upcoming shows and other future events. The Radford Photo Club is made up of professional and amateur photographers from throughout the New River Valley. Meetings, events, and outings are open to the public.

**Sensory experiences for adults**  
The Blacksburg Library announces a new program for adults that explores a variety of sensory stations in a comfortable setting, hosted by the Developmental, Cognitive, and Intellectual Disabilities Committee. Attendees can participate in two different sessions at 2:30 p.m. and/or 6 p.m. Assistive devices are welcome, and participants can explore a variety of sensory stations designed to engage the senses. The library is also offering the chance to win a Bluetooth sensory light. The winner will be announced the day after the programs. Fidget toys will also be available for attendees to take home, while supplies last. The program is open to adults of all abilities and is free. For more information, contact Alyssa Carpenter at [acarpenter@mfrl.org](mailto:acarpenter@mfrl.org) or call (540) 382-6969 ext. 211.

**Young writers club**  
At the Radford Public Library from 4 to 5 p.m. This is a gently guided writer's club for kids. Together, the group will work on responding to writing prompts, will have some quiet writing time, and will have the opportunity to share work. The program is geared toward 8-to -12-year-olds. Contact Morgan for more information at [morgan.esterhuizen@radfordva.gov](mailto:morgan.esterhuizen@radfordva.gov). Children are urged to bring their favorite writing materials.

**Community quilting bee**  
At the Blacksburg Library; 10 a.m. to noon. This weekly quilting and sewing group will offer some lively conversation. Participants should bring their own supplies.

**Meadowbrook quilters**  
At the Meadowbrook Library; 6:30 to 8 p.m. in the studio room of the Meadowbrook Center. All age groups and skill levels are encouraged to participate in this informal gathering of individuals who love quilting or who want to learn the craft.

## Saturday, March 18:

Free tax assistance with NRCA

At the Christiansburg Library; 1 to 4 p.m. Volunteers will provide free income tax preparation assistance through the Volunteer Income Tax Assistance program and NRCA. Income limits may apply. Walk-ins only. For more information visit <https://newrivercommunityaction.org/vita> or call 540-320-3217.

## Tuesday, March 21:

**Virtual author talk with Chef Jernard A. Wells**  
Hosted by the Radford Public Library; 4 to 5 p.m. Participants will chat with celebrity chef Jernard Wells about his newest cookbook, "Southern Inspired," which includes more than 100 dishes as Chef Wells puts it "from My American Table to Yours." Register at <https://library.org/radfordlibrary/24832>

## Thursday, March 23:

**Get buggy at the library**  
At the Radford Public Library; noon to 1 p.m. The library is celebrating award-winning author Sue Fliess's upcoming visit with a program all about bugs. Staff will be handing out copies of "The Bug Book" to attendees while supplies last. Entomology is the study of insects, and students from the Virginia Tech Entomology Department will be on hand to talk about all things buggy and maybe bring a creepy crawly or two.

## Saturday, March 25:

**Spring children's consignment sale**  
Blacksburg United Methodist Church will hold its spring children's consignment sale from 9 a.m. to 1:30 p.m. in the Whisner Building at the Church Street campus, accessed through the rear entrance at Lee and Penn Streets. Families will be able to get great deals on seasonal kids' clothes and shoes, toys, books, baby gear, sports equipment, maternity clothing and more. Many items are like-new (some even brand-new). Some items will be half-price between 12:30 and 1:30 p.m. Cash or checks only. No card or electronic payments.

## Monday, March 27:

**Radford City Council meeting**  
The Radford City Council will hold its regularly scheduled meeting at 7 p.m. in the council chambers at the Radford Municipal Building, 10 Robertson St., Radford.

**Montgomery County Board of Supervisors meeting**  
The Montgomery County Board of Supervisors will meet with a closed session beginning at 6 p.m. if needed, and an open session beginning at 7:15 p.m. Citizens are invited to attend and are encouraged to speak at each meeting about their concerns. All regular meetings of the Board of Supervisors are rebroadcast on Montgomery County Comcast and Shentel Channels 190 daily.

**Book Tasting: Juvenile chapter books**  
At the Radford Public Library; 5 to 6 p.m. in the Rock n' Read Diner at RPL as the library hosts its first-ever book tasting event. At a book tasting, students "taste" or sample a selection of books chosen ahead of time. Students can rotate among tables to sample the books and can make notes about the ones that interested them. Tables of middle grade books will be set up with all books pulled from the J-Fiction and J-Nonfiction sections of the library.

Council will meet in regular session at 6:30 p.m. in the Roger E. Hedgepeth Chambers of the Blacksburg Municipal Building, 300 S. Main St. These meetings are open to the public and are televised live on WTOB Channel 2.

**Christiansburg Town Council meeting**  
The Christiansburg Town Council will meet at 7 p.m. in the council chambers of the Christiansburg Town Hall (100 E. Main Street). The public is welcome and is encouraged to attend, with a citizen hearing time reserved at each meeting for residents to bring any matters they desire before the council.

## Wednesday, March 29:

**Radford budget presentation**  
In the city council chambers at 5:30 p.m., Radford City staff will present the proposed 2023-24 fiscal year budget to members of the Radford City Council and the public.

## Wednesday, April 5:

**Coping Techniques for Caregivers**  
Commonwealth Senior Living at Radford will host a seminar titled "Coping Techniques for Caregivers." The seminar will discuss ways to care for a senior loved one while also caring for yourself.

## Wednesday, April 12:

**Coping Techniques for Caregivers**  
Commonwealth Senior Living at Christiansburg will be hosting a second session of a seminar titled "Coping Techniques for Caregivers." The seminar will discuss ways to care for a senior loved one while also caring for yourself.

## Thursday, April 13:

**River City Quilt Guild**  
The River City Quilt Guild will meet at 9:30 a.m. at Grove United Methodist Church, 1020 Tyler Ave., Radford. The guild welcomes all skill levels of quilters. For more information, call Anna Handy, 540 320 7791.

**New River Valley Chapter of Virginia Master Naturalists**  
At Radford Library; 6 to 7:30 p.m. Participants can come learn more about becoming a Virginia Master Naturalist and the training program that starts in August 2023.

## Ongoing:

**Lifeguard training**  
The Christiansburg Aquatic Center is hiring high school students ages 16 and above for the summer season. A lifeguard training course is mandatory to be hired and will be held March 17- 19. If students are hired, the training class is free. Enroll at [www.cacpool.com](http://www.cacpool.com).

**Cap and Gown drive**  
The Town of Blacksburg Sustainability Office is partnering with Blacksburg High School and Sustainable Blacksburg to encourage re-use of previous years' graduate gear for the 2023 senior class. Gowns (blue only - from 2018 and later), caps, stoles, and cords are accepted. Donations can be made between 8:30 a.m. and 2:30 p.m., Monday through Friday at the main entrance of Blacksburg High School. Donors may dry-clean materials if needed, but this is not required. For more information, contact the Town of Blacksburg Sustainability Office at 540-443-1617 or [sustainability@blacksburg.gov](mailto:sustainability@blacksburg.gov).

**Blacksburg 2023 citizens institute**  
The Town of Blacksburg will present a citizens institute beginning April 6 from 6 to 8 p.m. The institute offers the chance to meet town staff and learn more about how Blacksburg's government functions. Participants must be 18 years of age or older, and residents of the Town of Blacksburg. To register, call the Community Relations Office at 540-443-1090 or email [cro@blacksburg.gov](mailto:cro@blacksburg.gov).

**Free GED Classes**  
New River Community College is offering free GED classes at the Meadowbrook Library every Tuesday and Thursday evening from 5 to 8 p.m. The classes end on Thursday, May 11. For more information or to sign up, call the Meadowbrook Library at 540-268-1964.



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## Tuesday, March 28:

**Blacksburg Town Council meeting**  
The Blacksburg town

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## OBITUARIES

## Feiertag, Howard

Howard Feiertag, hospitality and tourism management icon, longstanding faculty member, and namesake of the Howard Feiertag Department of Hospitality and Tourism Management in the Virginia Tech Pamplin College of Business, passed away March 3.

Feiertag's esteemed career included over six decades of professional and academic experience in meetings and convention bureau management, hotel operations, food and beverage, and hotel marketing and sales.

"For over three decades, Howard Feiertag was instrumental in advancing Virginia Tech's world-class hospitality and tourism management educational ecosystem," said Roberta "Robin" Russell, interim dean of the Pamplin College of Business. "Howard was an extraordinary industry leader, educator, mentor, philanthropist, and champion for all hospitality professionals. His enduring impact will be felt by generations to come."

Feiertag was born and raised in Brooklyn, New York, the youngest of 10 children. A World War II

and Korean War veteran, he earned a bachelor's degree at Michigan State University. His hospitality career kicked off when he was recruited by the chamber of commerce in Charlotte as the city's first convention bureau manager. He would go on to become the first



city convention bureau manager in Orlando.

A short time later, Feiertag became director of sales for a real estate company with hotel holdings in Charlotte. He went on to become director of sales for Roanoke-based American Motor Inns, Inc., and serve in leadership roles, including senior vice president for operations, at Servico, a hotel management company in West Palm Beach, Florida.

Feiertag was recruited to join the Virginia

Tech faculty in 1989, and he taught courses in hospitality sales and meeting management. In pursuit of academic excellence, he brought coursework to life by fostering connections among students, faculty, and industry professionals. He was committed to delivering student experiential learning opportunities and integrating hospitality and tourism experts into the classroom.

For nearly 30 years, Feiertag partnered with hotels throughout the commonwealth to provide students with direct experience in new business prospecting. Integrated within hotel operations for multiple days, students received coaching from hotel employees and used real-life leads to engage with potential clients.

Feiertag's commitment to academic excellence will continue to be felt through his philanthropy. In recognition of a generous contribution by Feiertag, the hospitality and tourism management department was renamed the Howard Feiertag Department of Hospitality and Tourism Management in 2018.

## White, Douglas Alan

With great sadness, the family announces the death of Douglas Alan White, 50, of Blacksburg, on March 5, 2023.

He was predeceased by his father, Charles Earnest White.

Doug was found at home, resting peacefully, having passed away in his sleep. He was a devoted father, uncle, brother, son, and friend who lived and loved passionately and fought for what he believed in. He dared to be a squeaky wheel, a thorn in the side, and a beacon of hope for those struggling in darkness. Doug was invested in his community; working alongside concerned citizens and the city council to make his hometown and loved ones safe.

everything he had to the table. He was a hard worker, a brilliant contractor, and a fixer of anything. His creative



talents can be seen in many interior and exterior spaces from the Blacksburg area to Richmond.

Doug is survived by his three sons, Sterling, Hayden, and Riley White; his ex-wife April Walsh; his mother, Linda Seigfried; his two brothers and sister

and their families: Chris and Mitzi White with children Allison, Jason and Spencer, Beth (Uma) White with children Milo and Elvin Nicholson and their father Dan Nicholson, and Than and Yara White with children Karis and Emmy.

A celebration of life will be held on April 10, 2023, from 1 to 4 p.m. at The Cellar in Blacksburg. The family welcomes all of Doug's friends and loved ones to join in the celebration. RSVP to the event through the following link: [<https://www.eventbrite.com/e/celebration-of-life-for-doug-white-tickets-577778359627>] Password: DougWhite

## Saunders, Rev. Nancy Wyatt

The Reverend Nancy Wyatt Saunders, 89, passed away Monday, March 6, 2023.

She was welcomed Home by a host of family, friends, and her Savior Jesus. With origins in the Martinsville/Henry County, Va., area, she was born in Preston on Oct. 15, 1933, to James Lawson and Francis Florence 'Fannie' R. Wyatt.

She married the Rev. Dr. John R. Saunders on Dec. 20, 1952.

She graduated from Spencer-Penn High School and received undergraduate degrees from Johnson University and Radford University. She also received a Master of Arts degree from Mercer University.

While the family was living in Radford, her

husband pastored First Christian Church (Unity Christian Church) on Tyler Avenue. While the family was living in Poplar Bluff, Mo., her



husband pastored New Life Christian Church.

In 1979, she accepted the pastorate at First Christian Church of Doniphan, Mo. She also pastored Lordstown Christian Church of

Lordstown, Ohio, and First Christian Church of Gainesville, Ga., serving as co-senior pastor alongside her husband.

Surviving are her children, Brian E. Saunders (Cindy), Sarah (Saunders) Allred (Bill), and Eric M. Saunders (Monica); nine grandchildren, and six great-grandchildren.

Arrangements include a memorial service at her last place of residence, Atherton Place in Marietta, Ga. Her remains will be interred next to her husband at the Pleasant Grove Christian Church Cemetery in Martinsville, Va.

Memorials may be made to Johnson University (7900 Johnson Dr., Knoxville, TN, 37998, specify the John R. and Nancy W. Saunders Scholarship Fund).

## McCardle, Donna Claire Hart

Donna Claire Hart McCardle was born in Chillicothe, Ohio, on January 3, 1927, to the late Stanley Burton Hart and Dulcie Bridenbaugh Hart.

She was preceded in death by two brothers, William Stanley Hart and Roger L. Hart and his wife Jean; a sister, Beverly Lou Hart Rihl; sons Stephen Hugh McCardle and

Timothy Mark McCardle; and her husband of 58-and-a-half years, Dr. Hugh J. McCardle.

She is survived by sons David J. McCardle and Michael C. McCardle; sister Janice Hart Scott of Columbus, Ohio; daughters-in-law, Karen McCardle and Leigh McCardle; grandchildren Emily McCardle Wong, Jamie McCardle, and

Ryan McCardle; and a special grandson, Mario Wong; and many other relatives and friends.

Per her request, no services will be held.

In lieu of flowers, please consider donations to the local Fire and EMS departments.

The McCardle family is in the care of Mullins Funeral Home & Crematory in Radford.

## Price, Donald Garry

Heaven gained a special angel on Monday night, March 13 when Donald Garry Price died surrounded by his close family and pastor and wife.

He was preceded in death by his parents, Vance and Ellen Smith

Price, and his daughter, Jennifer Lea. He is survived by his wife of 51 years, Lois Price; his son, Jason C. Price and his wife, Nyoka Price; his grandson, Atlas Price, and his sister, Idea Sturgill. He was also survived by special friends Harvey

Waddell and Jerry Long, and a host of cousins, nieces, nephews, friends, and family.

The family offers a special thank-you to Good Samaritan. Services were held, Saturday, March 11, 2023, at Blacksburg First Wesleyan Church.

## Myers, Roger Livingston

Roger Livingston Myers, 77, of Newport, died Friday, March 10, 2023 at his home.

He was born in Christiansburg on March 17, 1945, to the late Manuel Livingston and Sylvia Katherine Price Myers. He was also preceded in death by his sister, Diane Katherine Myers Williams.

He is survived by his love of his life, Sharon Myers; daughters Holly (Kerry) Pennington, Heidi Myers, and Kelly Buford; grandsons Elijah McCoy, David McCoy, Mason Buford, and Grant Buford; sisters Regina (Joe) Berardi, Carolyn (Jack) Kanis, and Jude (Norm) Kitchen; and many nieces and nephews.

A memorial service will be conducted Friday, March 17, 2023, at 2 p.m. in the McCoy Funeral Home Chapel with the Pastor, Robert Stockburger officiating. The family will receive friends from 1 to 2 p.m. prior to the service at McCoy Funeral Home, 150 Country Club Dr. SW, Blacksburg.

## Whitlock, Diane Wells

Diane Wells Whitlock, 70, of Christiansburg, died Tuesday, March 7, 2023.

She was born in Montgomery County on Sept. 19, 1952, to the late Denver Ellis and Izola Velta Cox Wells.

Diane is survived by her daughters, Heather (Steve), and Sarah (Mykl); a brother, Denny Wells (Judy); grandchildren Adara, Judah, and Liam; niece Kayla and her children, Austin and Landon;

and nephew Matthew (Brittney) and his children, Walker and Heidi.

Graveside services were conducted on Friday, March 10, 2023, at Sunset Cemetery in Christiansburg.

## Daylight saving time change can create driver fatigue and hazards on the road, says expert



PEXELS

Virginia Tech Transportation Institute (VTTI) expert Matt Camden warns that the switch to Daylight Saving Time increases the chances of driver fatigue.

As most Americans pushed their clocks forward for daylight saving time at 2 a.m. Sunday morning, it's also a time for commuters that can translate to more driver fatigue and hazards on the road, says Virginia Tech Transportation Institute (VTTI) expert Matt Camden.

Camden says that any time change can exacerbate drowsiness and Americans' bodies may need a few days to adjust accordingly.

He offers the following advice for drivers to avoid fatigue.

1. Avoid driving during rush hour and from 2 to 4 a.m.

Crash risk increases during rush hours and from 2 to 4 a.m. Driving between 2 and 4 a.m. is particularly dangerous because a person's circadian rhythm is at its lowest during this timeframe. And when a driver is already sleep-deprived, the desire to

sleep during the circadian low is even greater.

2. Get a full night's sleep.

Drivers should try to sleep at least seven to eight hours to avoid drowsiness. However, one night's rest may not be enough for someone who has experienced several sleepless nights. In those cases, the driver will need several days of restful sleep to compensate for the sleep debt.

3. Pay attention to signs of drowsy driving.

Signs of drowsy driving include slow eyelid closures, yawning, gentle swaying of the head, seat fidgeting, difficulty staying in your lane, difficulty maintaining speed, and delayed reactions.

4. Be aware of other factors impacting drowsy driving.

Situations that increase drowsiness are driving alone, monotonous road conditions, such as long straightaways with limited

changes in the environment, long drives, and extended periods of heavy traffic.

About Camden:

Matt Camden is a senior research associate and program leader of the Research to Practice & Outreach Program in VTTI's Division of Freight, Transit, and Heavy Vehicle Safety. He's an expert in occupational driving safety with 14 years of experience solving complex challenges to improve vehicle and driver safety.

Camden specializes in light-vehicle and heavy-vehicle fleet safety with an emphasis on developing and evaluating behavioral safety programs and advanced vehicle technologies to improve driver performance. His research portfolio includes the evaluation of advanced vehicle safety systems, organizational safety culture, driver distraction and fatigue, driver training, and driver impairment.

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Friday  
March 24  
9am - 5pm

Saturday  
March 25  
9am - 4pm



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## Manns, Caroline Regina Lewis

Caroline Regina Lewis Manns, 84, went to be with her Lord on Tuesday, March 7, 2023 at her home in New River.

She was a member of First Missionary Baptist Church and was a graduate of the Christiansburg Institute. Caroline retired as a nursing assistant from St. Alban's Hospital where she worked for more than 20 years.

She was preceded in death by her parents, Ray and Regina Lewis; daughters Dawn and Christine; brothers Ray

Whitfield, Rodney, James "Waldeck", and Leander Lewis; and sisters Valerie Morton, Eliza Charleton, and Christine Wright.

Survivors include her husband of 65 years, Charles Manns, Sr.; daughter Charlene Horne; sons Charles, Manns, Jr., and Donald Manns; nine grandchildren and nine great-grandchildren; brothers Walter (Sandy) Lewis, Anthony Lewis, and Courtney (Terri) Lewis; sisters Laverne Brown; and a host of nieces, nephews, and other relatives and friends.

The family received friends on Monday, March 13, 2023, at First Missionary Baptist Church in New River. Funeral services followed with the Rev. Montie Brown officiating. Interment followed in New River Cemetery.

In lieu of flowers, the family requests that donations be made to METAvivor- Metastatic Breast Cancer Awareness, Research and Support.

The Manns family is in the care of Mullins Funeral Home & Crematory in Radford.

# Garden from page 1

piling soil into a mound that can be covered with a weed barrier such as mulch or plastic.

“Wooden or metal raised beds are not necessary,” Jadrnicek said. “You can build a raised bed with mounded soil. If your site is well-drained, raised beds are not even necessary. You can plant right in the ground.”

For new gardeners or those wishing to expand by creating a new bed, Jadrnicek recommends preparing the location for a new bed by using a light-excluding tarp to kill turfgrass.

“You need a UV-resistant tarp or landscape fabric to cover the area, then you can pin down the edges with staples or use weight bags filled with rocks or sand to keep the material in place,” Jadrnicek said. “In winter, it can take five weeks to kill everything underneath, but in the summer when it is hot, you can kill everything in a week depending on the vegetation growing underneath.”

When they’re actively growing during the summer, perennial weeds like wiregrass may take six weeks or longer to completely kill.

After tarping, the soil is usually loose from increased earthworm activity as the sod or vegetation decomposes, so tilling the area may not be necessary. If your soil test indicates you need to change the pH by adding lime or Sulphur, or if you need phosphorus, those materials should be mixed into the soil to make them effective.

Purchasing expensive bagged soil or other amendments may not be necessary either. To determine what amendments your soil needs, get a soil test by contacting your local Virginia Cooperative Extension office.

“It almost always helps to bring in compost or good quality bagged soil to increase organic matter, but may not be necessary, especially if you’re on a budget,” said Jadrnicek. “If you think of a large farm, they don’t bring in soil amendments on that scale. Even a quarter inch of compost makes a big difference.”

Good-quality seeds do make a difference, especially for gardeners who want to save money and labor by avoiding disease problems.

“A lot of people want to grow heirlooms, which can be susceptible to pest and disease problems that make them less likely to succeed,” Jadrnicek said. “Hybrid varieties can have disease and pest-resistant genetics and can produce a higher yield.”

Finally, good irrigation is critical for success in the vegetable garden, according to Jadrnicek.

“Irrigation can make a big difference in yields,” he said. “Giving the plants the right amount of water by hand can take a lot of time, and growers hand-watering typically don’t give enough. If you do not water enough, you are not going to maximize yields, and if a plant is stressed by lack of water, you are going to have more pest/disease problems.”

“If you must prioritize, spend your money on an automated drip-irrigation system rather than a raised bed. Irrigation will make gardening much easier and much more productive. If you’ve got to choose, spend on irrigation and good quality seeds,” Jadrnicek said.

—Written by Devon Johnson

# Financial Focus: Don’t let fear drive investment decisions

In the past year, we’ve seen some big swings in the financial markets. This volatility may make you feel as if you have little control over your investment success. But the truth is, you do have more control than you might think — as long as you don’t let fear guide your decisions.

Investment-related fear can manifest itself in a few different ways:

**Fear of loss** — Some investors may emphasize avoiding losses more than achieving gains. Consequently, they might build portfolios they consider very low in risk, possibly containing a high percentage of certificates of deposit (CDs) and U.S. Treasury securities. Yet, a highly conservative approach carries its own risk — the risk of not achieving enough growth to stay ahead of inflation, much less meet long-term goals such as a comfortable retirement.

To reach these goals, you’ll want to construct a diversified portfolio containing different types of assets and investments — each of which may perform differently at different

times. Your objective shouldn’t be to avoid all risk — which is impossible — but to create an investment strategy that accommodates your personal risk tolerance and time horizon.

**Fear of missing out** — You’re probably familiar with the term “herd mentality,” the idea that people will follow the lead of others for fear of missing out on something. This behavior is responsible for fads or the sudden emergence of “hot” products, and it’s also relevant to investing. In fact, herd mentality may contribute to sharp jumps in the financial markets as investors drive up prices by buying stocks to avoid being left behind. And the same may be true in reverse — when the market starts dropping, skittish investors may accelerate the decline by selling stocks so they, too, can get out before it’s too late. Buying or selling investments should be considered as needed to help advance your long-term financial strategy — not in response to what others are doing.

**Fear of the unknown** — Some investors fall victim to “familiarity bias,” the tendency to invest only in what they know, such as local or domestic companies. But this behavior can lead to under-diversified portfolios. If your portfolio is dominated by just a few investments, and these investments are fairly similar to each other, you could experience some

losses when the inevitable market downturn occurs. To help reduce the impact of market volatility, it’s a good idea to spread your investment dollars across large and small companies in a range of industries and geographical regions.

And that’s just on the equities side. It’s also wise to consider further diversifying your portfolio by owning bonds and government securities. (Keep in mind, though, that diversification can’t guarantee profits or protect against all losses.)

**Fear of admitting failure** — Some individuals don’t like to admit when they’ve been wrong about something, and they may continue the same failed activities, hoping for eventual success. This behavior can be costly in the investment arena. Sometimes, a particular investment, or even an investment strategy, just doesn’t work out, but an investor is determined to stick with it — even if it ultimately means considerable financial loss. Don’t let this happen to you. If it becomes apparent you need to change your investment approach, move on to something better.

Fear can hold you back in many walks of life, but don’t let it keep you from making appropriate investment moves.

This article was written by Edward Jones Member SIPC and submitted by local Edward Jones financial advisor Meghan Kuczmarek (540) 552-1241.

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The News Messenger is a newspaper of, by and for the people of Montgomery County. We encourage letters from our readers on topics of general interest to the community and responses to our articles and columns. Letters must be signed and have a telephone number where you can be reached for verification. All letters will be verified before publication. We reserve the right to deny publication of any letter and edit letters for length, content and style.

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The News Messenger (USPS 016-490) is published twice a week for \$45 a year in Montgomery County, \$54 elsewhere in Virginia, and \$58 out of state by Virginia Media Inc., P.O. Box 429, Lewisburg, WV 24901. Periodical postage paid at Christiansburg, VA. POSTMASTER: Send address changes to NEWS MESSENGER 1633 W. Main St., Salem, VA 24153.

# Virginia gas prices jump back up

Average gasoline prices in Virginia rose by 10.9 cents per gallon in the last week, averaging \$3.25/per gallon as of Monday, March 13, according to GasBuddy’s survey of 4,081 stations in Virginia.

Prices in Virginia are 0.8 cents per gallon higher than a month ago but are still 98.4 cents per gallon lower than a year ago. The national average price of diesel fell 4.1 cents per gallon last week and stands at \$4.30 per gallon.

According to GasBuddy price reports, the cheapest station in Virginia was priced at \$2.92 per gallon Monday, March 13, while the most expensive was \$3.99 per gallon, a difference of \$1.07/g.

The national average price of gasoline rose eight cents per gallon per last week, averaging \$3.44 per gallon Monday, March 13. The national average is up 7.1 cents per gallon from a month ago and stands 87.7 cents per gallon lower than a year ago, according to GasBuddy data compiled from more than 11 million weekly price reports covering over 150,000 gas stations across the country.

“With the transition to more expensive summer gasoline

underway coast to coast, wholesale gasoline prices continue to inch up at a rate typical for this time of year, reflected in the national average rising for the second straight week,” said Patrick De Haan, head of petroleum analysis at GasBuddy. “While oil prices edged slightly lower on weaker outlooks for economic growth, continued refinery maintenance and the higher cost of seasonal blends of fuel are offsetting oil’s decline.” According to De Haan, “The price of diesel, however, continues to slowly decline as we see consumption for diesel lighten up. The best news for both gasoline and diesel prices is how significant a drop we’ve seen from year-ago levels, with more disinflation to come in the weeks ahead, even as gas prices are likely to inch up.”

GasBuddy is the authoritative voice for gas prices and the only source for station-level data. GasBuddy’s survey updates 288 times every day from the most diverse list of sources covering nearly 150,000 stations nationwide, the most comprehensive and up-to-date data in the country. GasBuddy data is accessible at <http://prices.GasBuddy.com>.

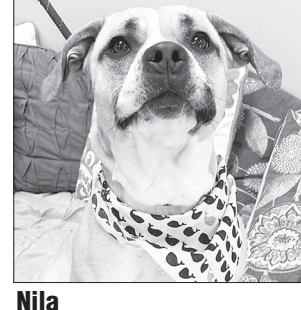
# PETS OF THE WEEK

—Submitted by Jennifer Tatum Harris, Public Information Director, Animal Care and Adoption Center



Samantha

Samantha is a friendly and adventurous girl with so much love to give. She gladly shares it with every person she meets. If your family is ready for love, come meet her at the Animal Care and Adoption Center.



Nila

Nila is a sweet and playful girl. While she can be a bit shy when you first meet her, with some treats or her favorite squeaky toy she quickly becomes your best friend. If Nila sounds perfect for your home, come meet her at the Animal Care and Adoption Center.

# CROSSWORD PUZZLE

1	2	3	4	5	6	7	8	9	10	11	12	13
14				15						16		
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			49							51		
52	53	54					55			56		59
60									62	63		
64										66		
67										69		

- CLUES ACROSS
- Type of footwear
  - Studies a lot all at once
  - Adventure story
  - Hundred thousand
  - Former U.S. Vice President
  - Ruler
  - Indian city
  - Similar
  - Ship as cargo
  - Volcanic craters
  - Boxing’s “GOAT”
  - Bullfighting maneuvers
  - London soccer team
  - Score perfectly
  - No (Scottish)
  - SoCal hoops team (abbr.)
  - Woman (French)
  - Unwanted attic “decor”
  - Peter Griffin’s daughter
  - Broad, shallow crater
  - Large instruments
  - Low bank or reef
  - and Venzetti
  - Oil group
  - Father
  - Aggressive men
  - Pairs well with green
  - Travelers need it
  - Digital audiotape
  - Midway between northeast and east
  - Chemistry descriptor
  - S. China seaport
  - Sound unit
  - Heavy cavalry sword
  - Thick piece of something
  - Spa town in Austria
  - Boyfriend
  - Norse personification of old age
  - Type of box
  - Tie together
  - Fiber from the coconut
  - Chicago mayor
  - Old English letters
  - CLUES DOWN
  - Type of sauce
  - Pattern of notes
  - Plant with long seedpods
  - Map out
  - Numbers cruncher
  - Make a mental connection
  - Italian tenor
  - N. America’s highest mountain peak
  - Witness
  - Arabic given name
  - Music awards
  - “The Immoralist” author
  - Area units
  - Units of loudness
  - Political action committee
  - Tie together
  - Bar bill
  - Witch
  - A theatrical performer
  - 2-door car
  - and flowed
  - Paper-\_\_, art medium
  - City in Georgia
  - Irregular
  - College sports conference
  - Angry
  - Partner to cheese
  - S. American mammal
  - Self-immolation by fire rituals
  - Split pulses
  - Disfigure
  - Cow noise
  - Erase
  - Chadik language
  - Reward for doing well
  - Paid TV
  - Millisecond
  - Other
  - Colombian city
  - Necklace part
  - Every one of two or more people
  - Regrets
  - They come after “A”
  - Horse noise

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# Marketplace



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Radford News Journal

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### Auctions

**STORAGE AUCTION**  
**Salem Storage**  
736 Roanoke Street Salem, Va. 24153  
March 30, 2023 at 11:30 AM  
Salem Storage will conduct a public sale of merchandise to collect liens from the following delinquent building. Owner: Christie Key Unit 73. Cash Only We reserve the right to refuse bids.

### Lost & Found

**ISO: Looking for family or friends of Edward Shanklin,** formerly from Radford, VA. His mother's name was Ruth, sisters name Barbara, previously married to Deuncan family. I am in possession of documents and photos that belong with his family. Contact Steve: after 5pm. Cell 540-246-2963 Home 540-298-8054 Collect calls will be accepted.

### Legals - City of Salem

#### NOTICE OF SUBSTITUTE TRUSTEE SALE

321 South Market Street, Salem, VA 24153. By virtue of the power and authority contained in a Deed of Trust dated May 18, 2015 and recorded at Instrument Number 150001592 in the Clerk's Office for the City of Salem Virginia Circuit Court, Virginia, securing a loan which was originally \$57,400.00. The appointed SUBSTITUTE TRUSTEE, Commonwealth Trustees, LLC will offer for sale at public auction at the front steps for the Circuit Court for the City of Salem located at 2 E Calhoun Street, Salem, VA 24153-7933. April 11, 2023 at 10:00 AM improved real property, with an abbreviated legal description of the following described property, to wit: ALL THAT CERTAIN LOT OR PARCEL OF LAND LYING AND BEING IN THE CITY OF SALEM, VIRGINIA, AND BEING MORE PARTICULARLY DESCRIBED AS FOLLOWS: BEGINNING AT A POINT, WHICH POINT IS ON THE WESTERLY SIDE OF SOUTH MARKET STREET, SAID POINT BEING 137.5 FEET FROM THE POINT OF INTERSECTION OF SECOND STREET AND SOUTH MARKET STREET; THENCE S. 78 DEGREES 00'00" W. 84.00 FEET TO A POINT; THENCE, N. 12 DEGREES 00'00" W. 37.50 FEET TO A POINT; thence N. 78 DEGREES 00'00" E. 84.00 FEET TO A POINT; THENCE S. 12 DEGREES 00'00" E. 37.50 FEET TO THE PLACE OF BEGINNING, AND CONTAINING 0.723 ACRE AS IS MORE SPECIFICALLY SHOWN ON THAT CERTAIN PLAT OF SURVEY PREPARED FOR ANTOINE B. STALLINGS BY ROBERT S. LANG, LAND SURVEYOR AND BALZER AND ASSOCIATES, SAID PLAT BEING DATED APRIL 2, 1990. AND as more fully described in the

### Legals - City of Salem

aforsaid Deed of Trust. TERMS OF SALE: The property will be sold "AS IS," WITHOUT REPRESENTATION OR WARRANTY OF ANY KIND AND SUBJECT TO conditions, restrictions, reservations, easements, rights of way, and all other matters of record taking priority over the Deed of Trust to be announced at the time of sale. A deposit of \$20,000 or 10% of the sale price, whichever is lower, will be required at the time of sale, in the form of certified check, cashier's check or money order by the purchaser. The balance of the purchase price, with interest at the rate contained in the Deed of Trust Note from the date of sale to the date said funds are received in the office of the SUBSTITUTE TRUSTEE, will be due within fifteen (15) days of sale. In the event of default by the successful bidder, the entire deposit shall be forfeited and applied to the costs and expenses of sale and Substitute Trustees fee. All other public charges or assessments, including water/sewer charges, whether incurred prior to or after the sale, and all other costs incident to settlement to be paid by the purchaser. In the event taxes, any other public charges have been advanced, a credit will be due to the seller, to be adjusted from the date of sale at the time of settlement. Purchaser agrees to pay the seller's attorneys at settlement, a fee of \$470.00 for review of the settlement documents. Additional terms will be announced at the time of sale and the successful bidder will be required to execute and deliver to the Substitute Trustees a memorandum or contract of the sale at the conclusion of bidding. FOR INFORMATION CONTACT Rosenberg & Associates, LLC (Attorney for the Secured Party) 4340 East West Highway, Suite 600 Bethesda, MD 20814 301-907-8000 www.rosenberg-assoc.com

### NOTICE OF PUBLIC HEARING

Notice is hereby given to all interested persons that the Board of Zoning Appeals of the City of Salem, Virginia will hold a public hearing, in accordance with the provisions of Sections 15.2-2204 and 15.2-2309 of the 1950 Code of Virginia, as amended, on March 23, 2023, at 4:00 p.m. in the Council Chambers of City Hall, 114 North Broad Street, in the City of Salem, Virginia, to consider the following applications.

Request of the City of Salem, property owner, and Roanoke County, project administrator, for a variance from Section 106-226.7 of the Code of the City of Salem, to allow construction of the greenway trail, extending from the existing trail on Salem City owned property (Tax Map # 178-4-1) near Kingsmill Drive to the Roanoke County owned property (Parcel ID # 056.01-01-17.00-0000) near Riverside Nursery. Section 106-226.7(A) states that no new construction shall be permitted, except where the effect of such development on flood heights is fully offset.

Request of the City of Salem, property owner, for a variance from Section 106-226.7 of the Code of the City of Salem, to allow the bridge widening of Apperson Drive Bridge along with incidental greenway trail work on and near the 1600 block East Riverside Drive (Tax Map # 259-2-1). Section 106-226.7(A) states that no new construction shall be permitted, except where the effect of such development on flood heights is fully offset.

At this hearing, all parties in interest will be given an opportunity to be heard, present evidence, and show cause why such requests should or should not be granted. For additional information, contact the Office of the Zoning Administrator, 21 South Bruffey Street, Salem, Virginia (Phone 3753032).

THE BOARD OF ZONING APPEALS OF THE CITY

### Legals - City of Salem

OF SALEM  
BY: Mary Ellen H. Wines, CZA, CFM  
Zoning Administrator

### Notice

is hereby given to all interested persons that the Council of the City of Salem, at its regular meeting on Monday, March 27, 2023, at 6:30 p.m., in the Council Chambers of City Hall, 114 N. Broad Street, in the City of Salem, Virginia, will hold a public hearing, pursuant to Sections 15.2-2204 and 15.2-2285 of the Code of Virginia, as amended, to consider approval of the following requests relative to the CODE OF THE CITY OF SALEM, VIRGINIA:  
1. Consider the request of Michael O. Garst and Alan L. Garst, property owners, for rezoning the property located at 907 Florida Street (Tax Map # 185-5-9) from HBD Highway Business District to RSF Residential Single Family.  
2. Consider the request of Daniel N Suggs Excavating & Grading, Inc., property owner, and AM Transportation of Roanoke, LLC, contract purchaser, for the issuance of a Special Exception Permit to allow a truck parking facility on the property located at 2730 West Main Street, (Tax Map # 174-5-1).

Copies of the proposed plans, ordinances or amendments may be examined in the Office of Community Development, 21 South Bruffey Street, Salem, Virginia. At said hearing, parties in interest and citizens shall have an opportunity to be heard relative to the said requests.

THE COUNCIL OF THE CITY OF SALEM, VIRGINIA  
BY: H. Robert Light  
Clerk of Council

### Legals - Montgomery County

#### TRUSTEE SALE OF 1801 4th Street, Radford, VA 24141

In execution of the Deed of Trust dated March 20, 2006, in the original principal amount of \$124,019.00, modified to the amount of \$108,447.79 as Inst. 1600936, in the Clerk's Office of the Circuit Court for the City of Radford, Virginia, default having occurred in the payment of the indebtedness thereby secured and at the request of the holder of the note, the undersigned, as Substitute Trustees, any of whom may act, will sell at public auction at the front entrance of the Circuit Court for the City of Radford on March 29, 2023, at 11:30 a.m., the property located at the above address and described as Lot 8, Section 13, Plan D, as shown in Deed Book 42, page 7, County of Roanoke. TERMS: CASH. PROPERTY SOLD AS IS WITH SPECIAL WARRANTY OF TITLE. A deposit of \$9,000.00 or 10% of the successful bid amount (whichever is lower) will be required immediately of the successful bidder, in cashier's check or certified funds only payable to or signed over to "DOLANREID PLLC, TRUSTEE", balance due within 15 days from date of sale. No personal checks accepted. Sale is subject to post sale confirmation and audit of the status of the loan including, but not limited to, determination of whether the borrower filed for and obtained bankruptcy protection, entered into any repayment agreement, reinstated or paid off the loan prior to the sale. In any such event, or if trustee is unable to complete the sale, or if it is set aside or not fully completed for any reason except purchaser's default, the sale shall be null and void, and the purchaser's sole remedy, in law or equity, shall be the return of the deposit without interest. Upon purchaser's default, the deposit shall be forfeited and the property resold at the risk and costs of the defaulting purchaser. Sale is subject to all prior liens, easements, restrictions, covenants, reservations and conditions, if any, of

### Legals - Montgomery County

record, as well as inchoate liens and any other matters which would be disclosed by an accurate survey or inspection of the premises. Real estate taxes will be adjusted to the date of sale. All costs of conveyance, deed, examination of title, recording charges, grantor's tax and possession will be at the expense of the purchaser. All risks of casualty immediately pass to the successful bidder. Time is of the essence. Winning bidder must sign a memorandum of sale immediately upon completion of sale. Additional terms may be announced at the time of sale. Trustee's affidavit and a copy of the notice of sale available at the foreclosure sale. The opening bid is not announced until the sale. Current sale status available at dolanreid.com/foreclosure-sales. THIS IS A COMMUNICATION FROM A DEBT COLLECTOR. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. For Information Contact: DolanReid PLLC and G. Benny Moore, Substitute Trustee(s) 12610 Patrick Henry Dr., Ste. C, Newport News, VA 23602; (757) 320-0255

### Legals - Town of Vinton

#### INVITATION FOR BIDS

#### The Town of Vinton is accepting SEALED BIDS

from interested landscaping contractors to perform mowing, general landscaping and snow removal services for the Vinton War Memorial. The term of the mowing contract shall be for one year, with the option to renew for an additional four (4) one-year term. Sealed bids must be submitted to the Vinton War Memorial, C/O Chasty Barbour, 814 E. Washington Ave, Vinton, VA 24179, on or before Monday, April 3, 2023, at 3 p.m. Bids must contain the Bidder's company name and address, and be signed by the appropriate company representative. No bids will be accepted after said time and date. Bid opening will occur after 3 p.m. at the Vinton War Memorial, 814 East Washington Ave, Vinton, VA. Bid information can be acquired by contacting the Town Manager at (540) 343-1508. The Town of Vinton reserves the right to reject any and all bids. The Town also reserves the right to award an individual or company who is not the low bidder if in its judgment, it would be in the best interest of the Town to do so.



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G&E Virginia Premium Assured Heifer/Cow Sale. March 25th, 2023, 12:00 noon. G&E Test Center Gretna, VA. Call George Winn at 434-489-4458.

### SERVICES

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# YMCA at VT celebrates Women's Day

On Wednesday March 8, International Women's Day, The YMCA at Virginia Tech hosted its third celebration to recognize the creative force of four local women who are contributing to the well-being of our community and the world through their service and leadership in the field of innovation and technology.

An instructor, mentor and consultant for domestic and international businesses, entrepreneurs and university students Lisa Garcia leads a dynamic career where she started off in journalism and is now the director of RAMP – the Regional Accelerator and Mentoring Program based in Roanoke, VA.

She is also vice president of entrepreneurial development of Verge, RAMP's parent organization which manages an alliance of technology-oriented entities including the Roanoke Blacksburg Technology Council. Garcia also serves on Innovate's Leadership Council, and taught at VT's College of Engineering and Pamplin College of Business working with students on product development, leadership, research, and ideation. She has helped to grow local nonprofits including the Community Foundation of the New River Valley, the Dialogue on Race in Montgomery County, the NRV TimeBank, and is a member of the Town of Blacksburg's Recreation Advisory Board.

A young leader whose life took many twists and turns before settling in Blacksburg as a Computer Science and Engineering student at Virginia Tech, Ayda Haydarpour was propelled to the world stage as a member of the Afghan Girls Robotic team also known as the Afghan Dreamers. The team developed an affordable and lightweight ventilator

to help treat patients diagnosed with COVID-19 in Afghanistan. She was also Team Afghanistan's captain at First Global 2021 where the team won the Judges Award competing against 177 other countries.

Haydarpour believes strongly in the importance of giving voice to Afghan girls who have been denied their fundamental human right in education. She founded the student organization Education For All at Virginia Tech, which aims to give Afghan women and girls free access to education and resources so they can advance their academic, professional, and personal goals.

A leader, mentor and dedicated educator Veronica Spradlin is a Blacksburg High School teacher who is passionate about STEM education. Spradlin was involved with the National Association of Women in Construction and ran the Mentoring a Girl in Construction camp for several years. She facilitated a new course for Unmanned Aircraft for Montgomery County Public Schools. The first drone class was held in the Fall of 2019. In 2022, she served on a state Department of Education board to develop a statewide curriculum for the Introduction to Unmanned Aircraft Systems course. This course is now taught statewide.

In 2020 she joined the Blacksburg Volunteer Rescue Squad and became a Nationally Registered Advanced Emergency Medical Technician and a certified CPR/AED/First Aid trainer. Spradlin uses her love and passion for education, mixed with her new training in emergency medicine, to help the community by offering CPR/AED/First Aid training.


Bianna Posadas is Assistant Professor at the School of Plant and Environmental Sciences at Virginia Tech. She is also a fellow with the Center For Food Systems and Community Transformation and is affiliated with the Center for Advanced Innovation in Agriculture. Her research is focused on the intersection of agriculture, technology, and user-centered design. When she completed her PhD at the University of Florida, she was the first Latina to earn her doctoral degree from the department of Computer and Information Science and Engineering.

In addition to addressing usability and accessibility of precision agriculture technologies, she is studying how to best utilize big data in agriculture while also protecting the privacy and security rights of the growers. Posadas is involved in technology policy work as a Media Democracy Fund PhD fellow. She volunteers as a mentor through Vine Corps where she advises high school students on their college applications. She also coordinates the yearly Hispanics in Computing meeting at the Tapia conference.

During the event, the YMCA at VT also celebrated Women's History Month with a presentation on the life and achievements of Barbara Michelsen, who served as the Executive Director 1987-1997. A portrait of Barbara by Joni Pienkowski was presented to the Y and will be displayed in the YMCA Lancaster House.

On Sunday, March 19, the YMCA at Virginia Tech will host its first annual Women's Health Day at the Y Center, 1000 N Main St. from 2 to 4:30 p.m..

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# MONTGOMERY SPORTS

## As #1 seed, Lady Hokies hosted NCAA Tournament first round in Blacksburg

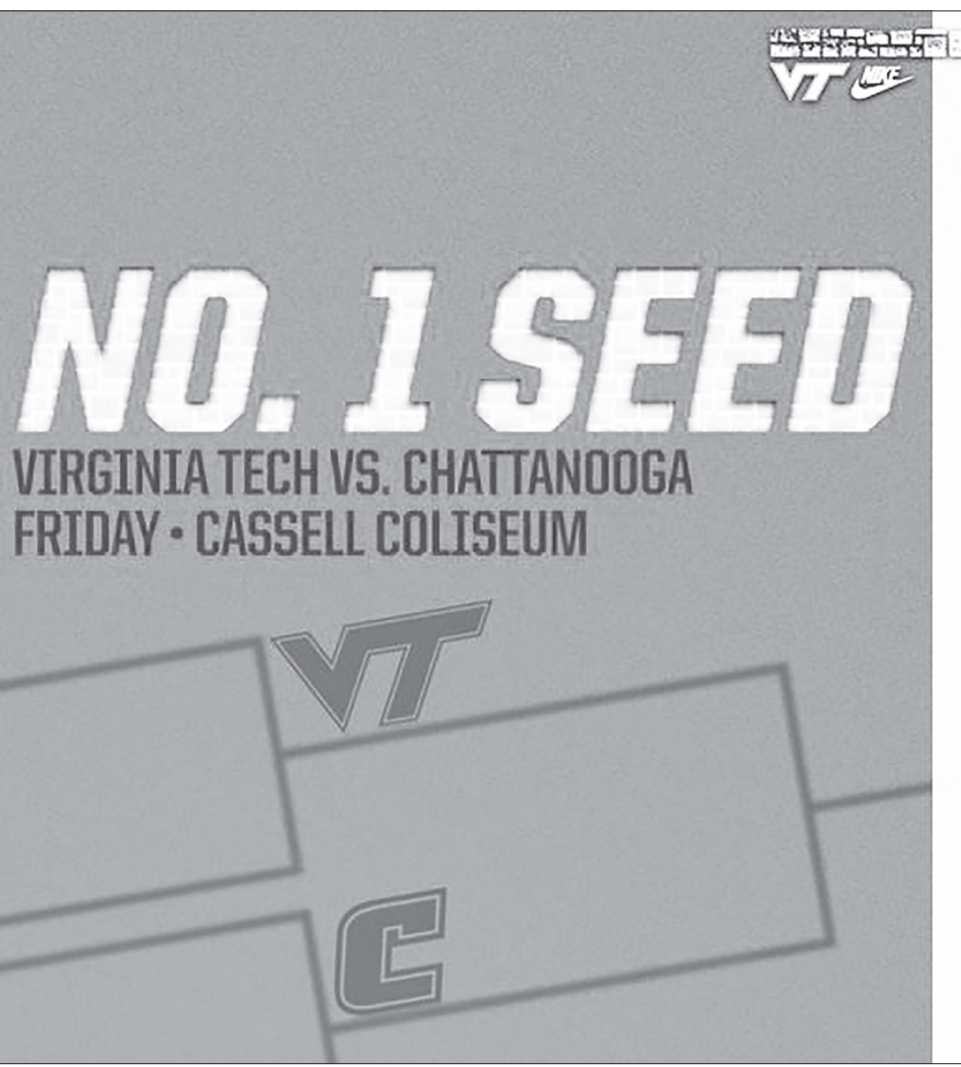


PHOTO COURTESY OF VT ATHLETICS

Virginia Tech's Lady Hokies have earned a historic No.-1 seed in the 2023 NCAA Tournament.

The Virginia Tech women's basketball team earned a No. 1 seed in the upcoming NCAA Tournament, the selection committee announced Sunday night, the highest seed the program has ever received for the tournament.

The Hokies began their run on Friday against Chattanooga. USC and South Dakota State will also take part in the opening weekend in Blacksburg. Tech is in the Seattle Regional 3.

First- and second-round games will take place in Cassell Coliseum, and ticket information has already been released.

Tech (27-4) won the ACC Tournament last week by defeating Miami, Duke, and Louisville in consecutive days at Greensboro Coliseum to lift the trophy for the first time since joining the conference in 2004.

This is the program's 12th appearance in "The Big Dance" and the third in a row under the leadership of head coach Kenny Brooks. Tech's overall record in the competition is 9-11 and the Hokies' last appearance in the tournament was the second weekend of 1999, which also was Tech's only appearance in the Sweet

Sixteen.

A semifinalist for the Naismith Women's College Coach of the Year, Brooks is making his ninth appearance in the competition where his record is 2-8.

One of the hottest teams in America, the Hokies have won 11 straight games since Jan. 26, a stretch that included five ranked opponents, four road games, and three games at a neutral site.

The Hokies are led by two-time ACC Player of the Year Elizabeth Kitley, now the program's all-time leading scorer. For the season, she averaged 18.6 points per game, 10.5 rebounds per game, and 2.2 blocks per game while shooting 56.3% from the field. The senior center also earned All-Defensive honors and won the Kay Yow Scholar Athlete of the Year Award for a second consecutive season.

At point guard is junior Georgia Amoore, the ACC Tournament MVP and First Team All-ACC member. She scored 21.6 points per game in Greensboro and set an ACC Tournament record with 14 3-pointers made.

Tech's third all-conference performer is forward

Taylor Soule who was named to the ACC's Second Team, the fourth all-conference honor of her career. This season she averaged 11.3 points and 5.7 rebounds per game.

The Hokies set numerous program records this season, including winning 14 ACC games for the first time, securing a top-four seed in the ACC Tournament for the first time and defeating six ranked opponents. Tech went 14-1 at home and 8-1 in league games for the second straight season.

Southern Conference Champion Chattanooga (20-12) is back on the dance floor for the 16th time, the first since 2016. The Mocs thwarted a season-sweep by Wofford, taking down the Terriers 63-53 at Harrah's Cherokee Center in Asheville last Sunday.

SoCon Tournament Most Outstanding Player Raven Thompson led the way with 19 points and nine rebounds. Yazz Wazeerud-Din added 16 points with Addie Grace Porter chipping in 13 points and a game-high 10 rebounds. Helen Matthews led the Terriers with a game-high 25 points.

— Staff Reports

## John Marshall overwhelms Radford 91-34 for state title

**Marty Gordon**  
NRVsports@ourvalley.org

Radford High School's boys basketball team ran into a buzzsaw Saturday in the Class 2 championship, losing in a 91-34 rout to John Marshall, which was ranked number one in the country and undefeated this season, beating almost everyone by 40 to 50 points.

The Saturday matchup was no contest after the first six minutes of the game. After the game, Radford Coach Rick Cormany was outspoken about his team's opponent. He admitted they were a great team,

He told reporters changes need to be made. "This is not

right," he said. JM is a public school, located in downtown Richmond, and it holds an ace in the hole. JM's Coach, Ty White, is the director for the VA AAU basketball program in Richmond. Their roster is dotted with some of the best talent from those all-stars.

Cormany admitted he told his son, who is a member of this year's basketball team, they had no chance of winning.

"Nobody wants to get their head kicked in every time they step out on the floor, and in 2A, 3A, 4A, anybody who plays this group is going to get their head kicked in," the coach said. JM is located in

downtown Richmond, which meant the championship game was a home game. The school has won three titles in the past five years.

Last year, JM was 22-4 and beat Radford for the trophy 82-42. In 2019-20, JM downed Gate City for another championship.

Cormany said the true purity of a high school championship is being taken away when Virginia High School League (VHSL) does not try to control the effect of an AAU connection.

This is nothing new, as fans in Class 3 have questioned the addition of Liberty Christian Academy in the VHSL ranks despite the fact they are a private school.

## RU men accept bid to College Basketball Invitational (CBI) tournament

**Marty Gordon**  
NRVsports@ourvalley.org

The Radford University men have accepted a bid to the College Basketball Invitational (CBI) in Daytona Beach, Fla., March 18-22 and were seeded tenth in the 16-team field.

The tournament will mean the return of head coach Darris Nichols to the sidelines after this month's suspension following his arrest on charges of drunk driving.

This marks the third time in program history that Radford has participated in the CBI, joining the teams from the 2013-14 and 2014-15 seasons. In 2014, the Highlanders defeated

Oregon State, 95-92, on its home floor before falling at Old Dominion in the quarterfinals.

The following year, Radford made quick work of Delaware State and then was knocked out of the tournament by Vermont.

Radford enters the tournament with a 19-14 record this season, including a 12-6 mark in Big-South play that clinched the No.-3 seed in the Big South Championships. The Highlanders defeated Winthrop in the quarterfinals but fell on a last-second shot against Campbell in the semifinals.

Redshirt junior guard DaQuan Smith earned Second Team All-Big South

honors while junior guard Bryan Antoine was given an Honorable Mention nod, and freshman guard Kenyon Giles made the Big South All-Freshman team.

The Discount Tire CBI, which has been around since 2008, is a single-elimination, fully bracketed men's basketball postseason tournament featuring 16 teams from across the country. The field will consist of teams not selected for the NCAA Tournament or the NIT.

The opening and quarterfinal rounds will be broadcast on FloHoops (paid subscription required) with the semifinals and championship game slated to be broadcast on ESPN2.

## Virginia Tech men to play in National Invitational Tournament

**Marty Gordon**  
NRVsports@ourvalley.org

North Carolina said no to playing in the National Invitational Tournament while Clemson said yes. The Carolina snub opened up a slot for Virginia Tech in the event for a game against Cincinnati today, Wednesday, March 15.

The 32-team field was revealed Sunday night on ESPN.

The Hokies (19-14) will be competing in the NIT for the 14th time in program history. The game will tip at 9 p.m. EDT and will be televised on ESPN2. The winner will advance to play the Rutgers-Hofstra winner

on March 18 or 19 at the site of the higher seed.

Tech and Cincinnati will square off for the 31st time, but the first time since 1991. The Hokies have an 18-12 advantage in the all-time series.

Tech has compiled a 25-11 record in the tournament, which the Hokies have won twice (1973 and 1995).

The Hokies will be competing in the NIT for the first time since 2016 when they went 1-1. That season, Tech was the No. 3 seed and opened with an 86-81 overtime victory over Princeton in Blacksburg before falling 80-77 to No.-2 seed BYU in Provo, Utah.

Played every year since 1938 – except in 2020 – the NIT has been known for games being played on college campuses in the opening rounds instead of a neutral site

with the semifinal and final round being held at Madison Square Garden in New York City. Some changes will be made this year in the tournament, including a new final-round site.

The first three rounds of the tournament will remain on campus sites, but the semifinal and final will no longer be held in New York City. This year, the NIT Final Four will be played at Orleans Arena in Las Vegas.

— Staff reports

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