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Christiansburg

Saturday, October 7, 2023

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Board of Visitors approves one-time tuition and fee rebate, compensation program



GRAPHIC COURTESY OF VT

During a special session held online Wednesday, the Virginia Tech Board of Visitors voted to authorize a one-time tuition and fee rebate and to approve a two percent compensation program effective Dec. 10.

These actions follow the approval of the amended state budget signed into law by Gov. Glenn Youngkin on Sept. 14.

In February, the 2023 General Assembly session adjourned passing only amendments to the budget, none of which impacted higher education. In April, the board approved tuition and fee rates for 2023-24 understanding that future state budget actions could create the need to modify tuition and fee rates.

The General Assembly reached agreement on full amendments to the budget last month, which were

amended budget includes an additional 2 percent mid-year compensation program increase as well as new operating support

for Virginia Tech.
"Now that the final impact of the state budget on major revenue and cost changes are known to us, the university was able to develop and recommend one-time tuition and fee rebates for the current academic year," said Executive Vice President and Chief Operating Officer Amy Sebring on Wednesday. "The final state budget was very supportive of higher education and our state employee workforce, and university leadership and the board felt it was important to focus the state's additional investment in Virginia Tech directly on our faculty, staff, and students. subsequently approved The actions taken today by Youngkin. The fulfill the promise we

made to our community in April."

All full-time regular session students will receive a one-time \$275 rebate of their tuition payment. Part-time students will receive a \$15 per credit hour rebate.

In addition, full-time students will receive a one-time \$20 rebate of their comprehensive fee payment. Students who live on campus or who have purchased a meal plan will receive a \$19 to \$32 room and board rebate depending on which room and board plan they have.

This financial relief will be applied in spring 2024. Students enrolled for only a portion of the year will receive prorated relief.

Effective Dec. eligible Virginia Tech salaried faculty and staff will receive a two percent

See **Program**, page 4



East children, Stella (11), Elsie (9), Vayda (6), and Oakley (4), enjoy a fun soccer

Christiansburg Huckleberry Trail Park provides entertainment and exercise for all ages

Lori Graham

Contributing writer

CHRISTIANSBURG Christiansburg Huckleberry Trail Park, located at 300 Peppers Ferry Rd. and just past the Uptown Christiansburg mall, is a 50-acre all-inclusive park packed with fun for all ages.

Designed for best practices for play and recreation, the playground equipment, obstacle course, dog park, mindfulness relaxation area, splash pad, picnic pavilions, restroom facilities, and multipurpose playing fields invite local and visiting families and individuals to exercise or just relax in the outdoor environment.

Christiansburg recreational sports are one attraction for the park, as local children can have practices and play games on the multipurpose fields.

"It's a large, inclusive park with a

lot of amenities and well landscaped," Bobbie Moulton of Christiansburg said. Moulton's son plays recreation

football at the park. "There are lots of walking spaces, and the turf is nice," Moulton said. "Some

basketball courts would be a welcomed The park also provides a place for homeschooled children to play

or meet up with other families for community interaction and socialization opportunities.
"We really enjoy it because, where we homeschool, we can come here any

time during the day and let the kids play and be outside and enjoy the nice weather. The facilities are really, really nice," Sarah East said. "They really like the obstacle course, and they love this soccer game."

See Park, page 4



PHOTO COURTESY OF SINKLAND FARMS

The Sinkland Farms pumpkin patch has thousands of pumpkins for visitors to choose

Sinkland Farms Pumpkin Festival now underway

Acres of pumpkins, gourds, squash, and sunflowers are ready to escort families near and far into everyone's favorite season.

The annual Pumpkin Festival, now in its 32nd year, is the premiere local destination for fall festivities unlike anywhere else. The traditional fall harvest brings out the best of farm life during this not-to-miss event.

There is something for everyone. Take a hayride to the pumpkin patch to pick out your own "great" pumpkin, make your way through a five-acre corn maze or visit the farm animals. There will also be horseback trail rides, pony rides, a huge kid's zone with giant slides, games, a kidfriendly zip, a barrel train ride, plus a new 150-foot-long Super Mega Ride-n-Slide, Jumper Pad, and Spider

Enjoy local live music and A-Capella groups while sipping craft beer and wine on the terrace. Watch pig racing, and savor delights from visiting food trucks. There will be many artists and crafters ready to entice you with hand-crafted goods. For a sweet treat, enjoy hand-dipped ice cream and, of course, Sinkland's extra special kettle korn. The Cottage Shoppe will be stocked full of seasonal treats and

The HokieBird, the Virginia Tech Corps of Cadets marching band, the Highty-Tighties, and many more entertainers will be making special appearances.

The Pumpkin Festival began Sept. 30 and runs five weekends plus a Wine Festival on the sixth weekend, Nov. 4-5. It is open on Saturdays and Sundays, 10 a.m. - 5 p.m.

Remaining dates include: October 7 and 8 – Amateur Dog

Show with prizes October 28 – Super Hero Costume

October 29 - Gearheads for a Cause Car Show will sponsor a Trunk

& Treat event and a Kids Halloween Costume Contest October 29 – Hokie Spirit Day with the Highty Tighties VT Regimental

Band, VT Spirit Squad, and Hokie November 4/5 – Wine Festival with

all the Pumpkin Festival Activities Sinkland Farms has been voted the

See Pumpkin Festival, page 6

Drake announces departure from Mont. Co. Public Schools

Lori Graham

Contributing writer

Brenda Drake, Director of Communications for MCPS and Clerk of the Board, will be leaving the Montgomery County

Parents, staff and students recall receiving phone calls with many announcements updates over the years from Drake, especially

during the pandemic. Today I announce my departure from MCPS," said Drake. "For more than 13 years, staff and families in MCPS have welcomed me into their homes to deliver good and not so good news. Sometimes my calls were treated with a smile and other times families let me know that five snow days in a row is too many snow days."

Drake said her position has not yet been filled. More information will be shared as the hiring process moves forward.

Staffing updates on positions needed to be filled showed progress

but with some shortages in custodian staff, special education, and classified staff.

According MCPS-MCEA Representation Election for the Administrative Personnel Bargaining Unit, a secret ballot vote of 53 eligible voters showed results of 17 personnel who cast a ballot, representing 32.1%. Of these 17 ballots cast, 12 voted yes on the question of if they would like to be represented for purposes of collective bargaining by the Montgomery County Education Association (MCEA). An election conducted administrative personnel. The results were certified by MCPS counsel, VEA, and BallotPoint Election Services, according to the

MCPS Board members Jamie Bond and Dana Partin voted against certification of MCEA as the exclusive representation for the collective bargaining initiative.

MCPS Board agenda.

Bond also addressed

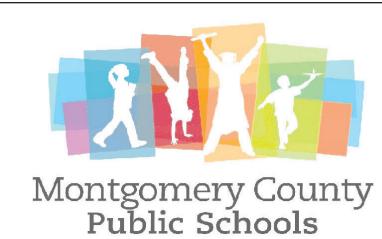
concerns to the board on the need for regular updates to the community associated with the cost of the collective bargaining

agreement. "I had asked what our expense to this point was and I would kind of like that to get on the schedule with whatever is convenient. It doesn't have to be every month, but I would like for the public to know the cost of being affiliated with doing that venture," Bond said. "This is something that is a really cost to the

division." Board Chair Mark Cherbaka said, "I'm fine bringing that up for a topic under new business

to discuss next time." Superintendent Dr. Bernard Bragen updated the board during the meeting as well on a partnership and grant with Blacksburg Rotary and MCPS, which works improve reading proficiency in the district. The first school to receive this support was Prices

See **Drake**, page 6



GRAPHIC COURTESY OF MCPS

Kiwanis Club of Christiansburg provides gift cards to **Montgomery County Schools**

As part of its continuing program of providing support to local schools that have students needing clothing and/or supplies, the Kiwanis Club of Christiansburg recently delivered Walmart gift cards to Montgomery Central School and Christiansburg High

The cards, in the amount of \$550(\$500 from the Kiwanis Club and \$50 from Walmart), are delivered to schools that have a zero or low balance on their cards and have requested additional funds. This program was started several years ago for the seven schools in Christiansburg, and cards are replenished by the club as needed. Before this program was introduced, often teachers and staff members would personally pay for the needed items that the children could not afford.

The cards were delivered by Ernie Wade, a Kiwanis member. Receiving the cards for Montgomery Central were Mike Stanley, Principal, and Anne Lawson, Counselor. For Christiansburg High, Shane Guynn, Principal, was presented with the cards.

Kiwanis is a global organization of members, clubs, and partners who are dedicated to changing the world, one child at a time. The Kiwanis Club of Christiansburg has provided services to the local community since its charter was granted in 1949.

Submitted by the Kiwanis Club of Christiansburg



Stanley and Anne Lawson, Counselor, receive a gift card from Kiwanis Club member Ernie Wade.



Montgomery Central Principal Mike Christiansburg High Principal Shane Guynn receives a gift card for school needs from Ernie Wade, Kiwanis Club member.

ONLINE AUCTION

Ends Thursday, October 26th at 4 PM Wooded Tract of Land for Sale in Christiansburg VA **TBD Mud Pike Rd., Christiansburg, VA 24073**

Bid Now at VAAuctionPro.com



Check out this great opportunity to own a large tract of land just outside the Town of Christiansburg in Montgomery County. This +/- 5.13 acre property features public utilities and a newly completed survey. It has over 485' of frontage on Mud Pike Rd. The tract is mostly wooded. A1 zoning gives property multiple potential uses.

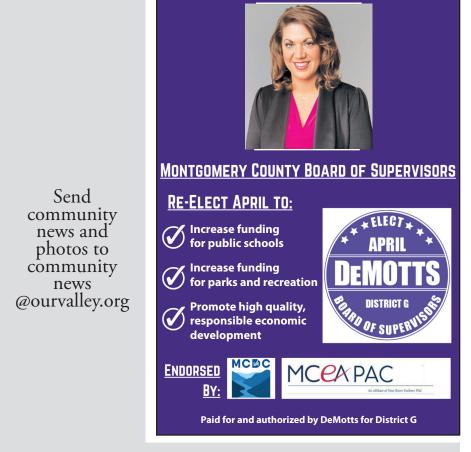
Terms - 10% Buyer's Premium will be added to final high bid to arrive at contract price. Earnest Money Deposit of \$5,000 required on day of sale. Close on or before December 11th, 2023. Subject to seller confirmation. Property sold as is, where is with any and all faults. Buyer is expected to complete their own due diligence placing a bid. Please note that during the last two minutes of bidding, if a new bid is placed, the clock is automatically extended an additional two minutes. Be sure to register to bid early to ensure you receive notifications regarding any changes to the Auction, Bidder Packet and/or Pre-Auction offers received. Download Bidder Information Pack for complete terms and conditions, purchase contract and maps at VAAuctionPro.com.

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UPCOMING EVENTS

Saturday, Oct. 7:

www.ourvalley.org

National Solar Event at Warm Hearth Village

At the Warm Hearth Village Center, 2387 Warm Hearth Dr.; 11 a.m. – 3 p.m. Organized by village residents in cooperation with Sustainable Blacksburg. Showcase of solar technologies, home energy efficiency improvements and electric powered vehicles, bikes, trikes and scooters. Practical applications and advice in solar technology. Learn how you can save money and help the environment at the same time. Exhibitors include local solar installers, homeowners, energy efficiency evaluation and building experts, electric vehicle owners and community organizations working to encourage the use of these technologies. In addition to exhibitors at the WHV Village Center, a home will also be on the tour and attendees will be able to see solar panels, battery electric vehicle (BEV) charger and energy monitoring system as well as plans for energy storage.

Grownup Board Game Club

At the Radford Public Library; 2 - 4:30 p.m. Bring a friend, bring a game, or just bring yourself! Come play board games with us at the library. You can pick a game from our collection or bring something from home and teach us how to play!

Sunday, Oct. 8:

Fire Prevention Week Open House

Fire Prevention Week is October 8 – 14, 2023. Join the Blacksburg Volunteer Fire Department for an Open House on October 8 from 1 – 4pm. See fire trucks and equipment displays and learn about fire safety and prevention. This Open House will be held at Fire Station #3, located at 407 Hubbard St., Blacksburg.

Monday, Oct. 9:

Radford City Council meeting

The Radford City Council will hold its regularly scheduled meeting at 7 p.m. in council chambers at the Radford Municipal Building, 10 Robertson St., Radford. See the agenda at www.radfordva.gov.

Montgomery County Board of Supervisors meeting Public meetings are the second and fourth Monday

of each month at the Montgomery County Government Center, 755 Roanoke St. in Christiansburg. Closed

sessions begin at 6 p.m. if needed. Open sessions begin at 7:15 p.m. Citizens are invited to attend and allowed to speak at each meeting. All regular meetings of the Board of Supervisors are rebroadcast on Montgomery County Comcast and Shentel Channels 190 daily.

Tuesday, Oct. 10:

Blacksburg Town Council meeting

The council meets in regular session the second and fourth Tuesdays of each month at 6:30 p.m. in the Roger E. Hedgepeth Chambers of the Blacksburg Municipal Building, 300 S. Main St. These meetings are open to the public and televised live on WTOB

Christiansburg Town Council

Regular Town Council meetings are held on the second and fourth Tuesday of each month beginning at 7 p.m. in the Council Chambers of Town Hall (100 E. Main Street). The public is welcome and encouraged to attend, with a citizen hearing time reserved at each meeting for residents to bring any matter they desire before the entire council.

Radford City School Board

The Radford City School Board will convene for its regular meeting at 6 p.m., to be held at the School Administration Building, 1612 Wadsworth St. The agenda for the meeting can be viewed at www.rcps.org.

Wednesday, Oct. 11:

CommUNITY Yoga for Self-Care for Adults

At the Radford Public Library; 5:45- 6:45 p.m. Join Kelly McCoy of The Whole You for an all-level yoga class for adults. Learn poses to help strengthen and lengthen your muscles as well as some breathing and mediation techniques to help calm the nervous system. This class is free to the public and is funded by grant money through the Virginia Department of Health.

Saturday, Oct. 14:

Radford Highlanders Festival

On the campus of Radford University, Moffett Quad; 9 a.m. - 5 p.m. Live music, food and craft vendors,

heavy Scottish games and much more.

Tuesday, Oct. 17:

Central Business Committee Meetina

The Christiansburg Central Business District Committee will meet at 5:30 p.m. in the Administrative Conference Room of Christiansburg Town Hall.

Thursday, Oct. 19:

Blood Drive

The New River Health District will be hosting a blood drive on in the Community Room at the Montgomery Co. Health Department from 10 a.m.- 2 p.m. We have set a goal of having 20 donors for the day and need your assistance. Donors of all blood types are urgently needed now to ensure patients at hospitals across the country continue to receive critical medical care. Each donor for this drive will receive a \$15 Amazon gift card as a thank you for your donation. Register at www.redcrossblood.

Sons of Confederate Veterans

The Sons of Confederate Veterans, Stuart Horse Artillery Camp 1784 will meet at 7 p.m. at Aly's Family Italian Restaurant, 3204 Riner Rd. Members of the United Daughters of the Confederacy (UDC) are also invited to this meeting. For further information, please call 540-320-4315 or 540-239-9864.

On-going:

Blacksburg Farmers Market

Hours now through October: Wednesdays 2 – 6 p.m. and Saturdays 8 a.m. - 2 p.m. Located at Market Square Park, on the corner of Roanoke Street and Draper Road in downtown Blacksburg. Features growers of locally grown produce and meats, alongside artisans of baked goods, prepared foods, cheese, handmade crafts, and

Christiansburg Farmers Market

ourvalley.org

Thursdays; 3 - 7 p.m. Located in the Recreation Center parking lot. Features local farmers and vendors. Seasonal produce, plants, fresh baked goods, crafts, fresh flowers, handmade jewelry and more. Items for

See **Events**, page 6



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NOTICE OF PUBLIC HEARING OF THE MONTGOMERY COUNTY **PLANNING** COMMISSION

Pursuant to the provisions of Section 15.2-2204 & 15.2-2285 of the Code of Virginia of 1950, as amended, the Montgomery County Planning Commission hereby gives notice of a public hearing to be held on October 11. 2023 at 7:00 p.m. in the County Government Center, 755 Roanoke St., Christiansburg, Virginia, in order to hear citizen comments regarding the

Planning Commission's intention to act on the following request: A request by Shah Development, LLC (Agent: Foresight Design Services) to amend

the proffered conditions and approved concept plan of he rezoning of the Preserve at Walnut Springs Major Subdivision, originally approved by the Board of Supervisors on

Legals -County

March 11, 2019. The proposed amendments would allow for the construction of singlefamily attached dwellings (townhomes) and multifamily residential dwellings (apartments) in an area of the development previously approved for the construction of multi-family residential dwellings (apartments) only The proposed amendments also increase the maximum allowed number of singlefamily attached dwellings (townhomes) in the development from onehundred fifty-four (154) units to two hundred nine (209) units and decrease the maximum allowed number of multi-family residential dwellings (apartments) from one hundred eight (108) units to eighty-four (84) units. The proposed amendments would maintain the previously approved overall density of 2.185 units per acre. The property is located off of Price's Fork Road (State Route 685),

approximately 0.34 miles

west of the intersection of

Stratford View Drive (State

Legals -County

Route 1145). The property is further identified as Tax Map Numbers 052-A-32 52-1-20, 52-A4A, and 52-A-1A (Parcel IDs: 017474, 160511, 280553, and 280550), totaling 124.665 acres, currently zoned Planned Unit Development - Residential (PUD-RES) in the Price's Fork Magisterial District. The property lies in an area designated as Village Expansion in the 2025 Montgomery County Comprehensive Plan, and is further identified as LowDensity Residential in the Price's Fork Village Plan. Copies of the proposed plans, applications, ordinances or amendments may be examined at the Department of Planning and GIS Services County Government Center, 755 Roanoke St., Suite 2A, Christiansburg, Monday through Friday between the hours of 8:30 a.m. and 5:00 p.m. or at http://www.montgomerycou ntyva.gov/pendingapplicatio <u>ADVERTISE!</u>

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NOTICE OF PUBLIC HEARING OF THE MONTGOMERY COUNTY **BOARD OF SUPERVISORS**

Pursuant to the provisions of Section 15.2-2204; 15.2-2285 of the Code of Virginia of 1950, as

amended, the Montgomery County Board of Supervisors hereby gives notice of a public hearing to be held on October 10. 2023 at 7:00 p.m. in the County Government Center,

755 Roanoke St., Christiansburg, Virginia, in order to hear citizen comments regarding the Board of Supervisors' intention to act on the following Resolution: A resolution adopting the 'Transportation Matters"

master transportation plan County of Montgomery, Virginia to replace the existing transportation chapter of the 2025 Montgomery County Comprehensive Plan. The

Legals -Montgomer\ County

"Transportation Matters" plan provides recommendations to improve transportation infrastructure increase safety, expand public transportation options, and strengthen funding applications for transportation projects throughout the unincorporated areas of Montgomery County. Copies of the "Transportation Matters" plan may be examined at the Department of Planning

GIS Services, County Government Center, 755 Roanoke St., Suite 2A. Christiansburg, Monday through Friday between the hours of 8:30 a.m. and 5:00 p.m. or at http://www.montgomerycou ntyva.gov/pendingapplicatio

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NOTICE OF PUBLIC HEARING OF THE MONTGOMERY COUNTY **PLANNING COMMISSION**

Pursuant to the provisions of Section 15.2-2204 & 15.2-2285 of the Code of Virginia of 1950, as amended, the Montgomery County Planning Commission hereby gives notice of a public hearing to be held on October 11, 2023 at 7:00 p.m. in the County Government Center, 755 Roanoke St., Christiansburg, Virginia, in

order to hear citizen comments regarding the Planning Commission's intention to act on the following Special Use Permit request: A request by Harvey Morris & Susan R. Cochran for a

Special Use Permit (SUP) allow a Contractor's Storage

Yard within the A-1, Agricultural Zoning District. The property is located at the end of Rustic Trail (Private Rd) which

Legals -County

intersects with Peppers Ferry Road (St. Rt. 114). The property is further identified as Tax Map 076-1 8 (Parcel ID: 018773), 37.220 acres, zoned Agricultural (A-1) in the Riner Magisterial District. The property currently lies in an area designated as Rural in the 2025 Comprehensive Plan. Copies of the proposed plans, applications, ordinances or amendments may be examined at the Department of Planning and GIS Services, County Government Center, 755 Roanoke St., Suite 2A, Christiansburg, Monday through Friday between the hours of 8:30 a m, and 5:00 p.m. or at http://www.montgomerycou ntyva.gov/pendingapplicatio



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Not all viruses are harmful, says Virginia Tech expert

During the COVID-19 pandemic, people became well aware that viruses can be extremely harmful. But can viruses also be helpful? Bryan Hsu aims to find out by studying

viruses that infect bacteria in the bellies of Bryan Hsu (at far right) and his team are

breaking new ground in their research on the role of viruses in the gut microbiome of mammals.An assistant professor of biological sciences, Hsu was the recipient of a five-year \$1.9 million Maximizing Investigators' Research Award from the National Institute of General Medical Sciences to develop a model to test the role of these lytic bacteriophages, or phages as they are commonly called, in

See **Viruses**, page 7



Bryan Hsu (at far right) and his team are breaking new ground in their research on the role of viruses in the gut microbiome of mammals.

Park from page 1



Christiansburg Trail Park offers amenities such as restroom facilities and picnic areas to visiting families and individuals.



GRAPHIC COURTESY OF CHRISTIANSBURG PARKS AND REC

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The News Messenger is a newspaper of, by and for the people of Montgomery County. We encourage letters from our readers on topics of general interest to the community and responses to our articles and columns. Letters must be signed and have a telephone number where you can be reached for verification. All letters will be verified before publication. We reserve the right to deny publication of any letter and edit letters for length, content and

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The soccer pad is an electronic, interactive game that children can play by kicking the ball into a square that lights up in different colors. To score points, children have to hit the appropriate color that matches up with the colored triangles while still defending their own "Here, it is very good for kids of all ages; big kids,

little kids," East said. "They also have a thing where you can race and do a 40-yard dash and it times you and tells you how fast you ran.' The mom of four girls shares that the splash pad is

a lot of fun for kids as well but encourages parents to remember to bring extra clothes because children love to get wet.

The water for the splash pad is not circulated producing fresh, clean water for children to run and splash through. The water facility is cleaned with ecofriendly solutions according to conveniently located fact sheets found on the fence line near the splash pad. Additional information about the cleaning and maintenance of the attraction is also provided on the

The park hosts special events for the community and visitors to the area as well.

On Oct. 28, the Christiansburg Recreation Department will be hosting Getting Scary on the Huckleberry with a trunk or treat event, 5K race, games, activities, and of course, candy. The Recreation department encourages everyone to come dressed in a favorite costume with the event kicking off at 9 a.m. with trick or treating and the kids' fun run/walk. The 5k will follow immediately after the fun run. The kids run is free for ages 10 and under, and the 5K is \$30 for ages 9 and older.

A bonus for race participants will be pumpkin

On Nov. 5, 2-5:30 p.m., the Huckleberry Fall Hat Tournament 2023 will take place. It is an ultimate Frisbee competition. The event is free, and participants should bring cleats, a dark and a white shirt, and water. Registration can be found on the Christiansburg Parks and Recreation Facebook page.



Play equipment allows children of all ages to find something appropriate to their level of ability.

Program from page 1

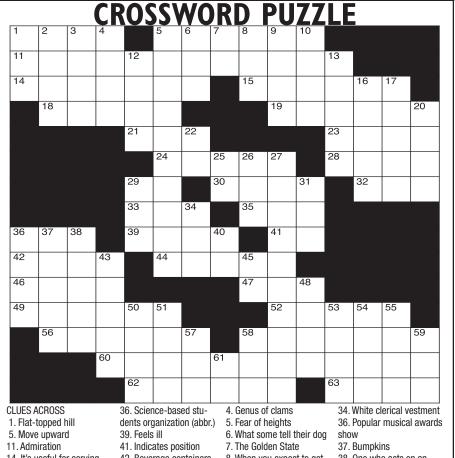
salary increase. The university also will advance the graduate assistant stipend scale by two percent. These increases are in addition to the five percent compensation program approved by the board in June.

Specific to Virginia Tech, the amended state budget includes \$9.2 million of ongoing general fund support for affordable access to support inflation, student support services, programs for workforce needs, and to minimize student costs. In addition, the budget included \$3.1 million of ongoing General Fund support for student financial aid to provide needbased undergraduate financial aid to reduce the amount of tuition revenue used for financial aid. These new resources help support the university's cost of the compensation

increase and make possible the onetime tuition rebate approved by the board today.

The next full Virginia Tech Board of Visitors meeting will be held Nov. 5-6 in Blacksburg. More information on the Virginia Tech Board of Visitors may be found

Virginia Tech



- 14. It's useful for serving food 15. Kidnap
- 18. One of the Greek Muses 19. A type of media 21. Sunscreen rating 23. Former Michigan coach
- Brady 24. German town devastated 56. They help you drink
- 28. Gasteyer and Ortiz are two
- 29. Leave 30. Forearm bone

32. Very fast airplane

33. Helps little firms

Defunct economic

- 42. Beverage containers
- 44. Assists 46. Science accreditation organization (abbr.)
- 47. Purpose 49. Group of elected
- officials 52. Hebrew prophet
- 58. Lawmaker 60. Charitable
- 62. Doctrines 63. Footwear

1. Where wrestlers work

CLUES DOWN

2. Dueling sword

- 8. When you expect to get
- there 9. Pointed ends 10. Extinct flightless bird
- 12. Feeds 13. Nape of neck 16. Descendant
- 17. Small boats found in Turkey 20. To avoid the risk of 22. Athlete with no contract

27. Feeling of anxiety

29. Young girls group

- (abbr.) 25. 13th letter of the Greek alphabet 26. Brew
- 38. One who acts on an-
- other's behalf 40. Direction 43. Look at with fixed eyes
- 45. One who helps professors (abbr.) 48. A large number of 50. Type of powder
- 51. Large jug 53. __ Christian Anderson. children's author
- 54. American state 55. Muslim inhabitant of the Philippines 57. Witness

58. Landscapers lay it

59. Type of bread

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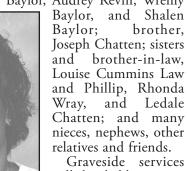
Baylor, Fannie Belle Chatten

Fannie Belle Chatten Baylor, 79, Kylie Baylor, Audrey Revin, Wrenly Radford, passed away Baylor, and Shalen of Radford, passed away

Tuesday, Oct. 3, 2023. retired from Virginia Tech where she was a kitchen manager, and a member of First Baptist Church on Rock Road. She was preceded in death by her parents, Allie and Hattie Chatten; husband, Donald Lee Baylor, Sr.; brother, Allie

Man Chatten, Jr.; and sisters, Diane Chatten and Syrthra Chatten.

Those left to cherish her memory are her sons and daughter-in-law, Donald Lee, Jr. and Linda Baylor, and Datoma Baylor; grandchildren Donald Lee Baylor III, Brittany Dawn-Leigh Breckenridge, Deion Lattrell Baylor, Samira Baylor, and Selena Baylor; great grandchildren



will be held at 2:30 p.m. Thursday, Oct. 12, 2023, at Roselawn Memorial Gardens in Christiansburg with Rev. Hiawatha Spragins and Deacon

brother,

James Baylor officiating. In lieu of flowers, please consider a donation to Radford Health and

The Baylor family cares for the Mullins Funeral Home & Crematory in Radford.

Send community news and photos to communitynews@ourvalley.org

Caldwell, Thelma Robinson

Thelma Robinson Caldwell, 94, passed away at her home Aug. 10, 2023 after a long battle with cancer. There will be a Celebration Blacksburg.

of Life Oct. 21, 2023 at 1 p.m. to honor her. The celebration will be at the Robinson Cemetery in

McCoy, Terry Wayne

Terry Wayne McCoy, 72, passed home where their family learned the away peacefully at home Oct. 1, 2023, after a courageous two-year battle with a rare form of kidney cancer.

He was preceded in death by his father, Bryce J. McCoy, and his mother, Frances A. McGhee.

Terry wore many hats in his family. His most important and beloved

hat was as half of the team that he and his wife of 53 years, Brenda, made. They often finished each other's sentences and you rarely saw one without the other. Together, they provided a loving and supportive

value of honesty, hard work, and being open to new things. He was Dad to his son, Travis and daughter, Tracy, and their spouses, Tammy and Andy. He was Gramps to his four grandchildren, Carmen and Sarah McCoy, and Jack and

Drew Johnson. His

immediate also knew him as Mr. Goodwrench, as there was never a problem he couldn't resolve. He was brother to Danny and wife, Sandra McCoy, and brother-in-law to Debbie and husband, Cliff Farlow. He was a

See **Obituaries**, page 6

ANGLICAN CATHOLIC

St. Philip's Anglican Church, 306 Progress Street, NE, Blacksburg, Virginia 24060, (540) 552-1771, www.stphilipsblacksburg.org. Reverend Fr. Wade Miller, Priest. Eucharist Sunday's at 11am and Wednesday's at 12pm.

St. Thomas Anglican Church- located at 4910 Hubert Rd, NW Roanoke, Va. Traditional Liturgical Lenten Services, Sunday at 10:30 am. Call (540) 589-1299 or visit www.sttofc.org for midweek masses and events. (In Roanoke, go E on Hershberger, L on Hubert to 4910).

BAPTIST

First Baptist Church, 555 West Rock Road, Radford, 639-3873. Rev. Corwin C. Casey, Pastor. Worship with us: 9:45 a.m.; Sunday School: 10:45 a.m.; Praise and Worship: 11:00 a.m. Morning Worship Service; Therefore, my beloved brethren, be ye stedfast, unmoveable, always abounding in the work of the Lord, forasmuch as ye know that your labour is not in vain in the Lord. 1 Corinthians 15:58.

First Baptist Church on 3rd Ave., 215 Third Ave at the corner with Downey St. We nurture meaningful connections to God and others through worship, spiritual growth, and community ministry. We celebrate the dignity and worth of all persons, created in the image of God. Sunday Bible Study Groups - 9:45, Sunday Worship - 11:00. Website: fbcradford.org 540-639-4419. Worship is inperson and live-streamed on Facebook and on our YouTube channel: First Baptist Church Radford. Trinity Community Church, 1505 N. Franklin Street, C'burg. John Altizer, Lead Pastor, Brian Cockram, Associate Pastor, 382-8121. Worship at 10:45 a.m., Outreach Ministries - 6:00p.m. Wednesday, Growth Groups - 5:00p.m. Sunday, Youth and Children's Ministry - 5:00p.m. Sunday, www.trinitycburg.org

CHURCH OF CHRIST

Blacksburg Church of Christ, 315 Eakin St., 552-1331. Sun. Bible Classes 9:30 a.m., Sun. Worship 10:30 a.m. & 6 p.m., Wed. Bible classes, 7 p.m., Outreach Minister Curt Seright, Dean Meadows, Campus Minister.

CHURCH OF GOD

Childress Church of God, 4187 Piney Woods Rd., C'Burg. 381-3693. Sun. School 10 a.m.; Worship 11 a.m. & Wed. 7 p.m.

New Hope Church of God, 1404 Mud Pike Rd., C'Burg. Rev. T. Michael Bond, pastor, 731-3178. Sun. School 10 a.m., Worship 10:50 a.m., 6 p.m. Thurs., 7:00 p.m.

Street, Radford, VA 24141, Sunday School -10:00A.M. Morning Worship – 11:00A.M., Children's Church 11:00A.M. Sunday Evening - 6:00P.M., Wednesday Night - 7:00P.M., Pastor Danny Newman, Church Office – 540-639-6562 or 804-921-0828

CHURCH OF GOD IN CHRIST

Radford Church of God in Christ, 206 Russell Ave., Radford. Supt. Ronald A. Watson, Sr.; Elder, 639- 5948. Sun. School 9 a.m.; Prayer 11:30 a.m.; Worship 6 p.m.

(DOC - DISCIPLES OF CHRIST)

Snowville Christian Church, 5436 Lead Mine Rd., Hiwassee, VA 24347, Pastor: Jerry King, www.SnowvilleChristianChurch.com (and Facebook), Office: 540-633-3761, Email: office@SnowvilleChristianChurch.com, Sunday Worship Service: 11:00 a.m., Sunday School: 10:00 a.m., Thursday Bible Study: 6:00 p.m., We are: "Inspiring hope, helping people grow their faith, and sharing God's love with others!"

EPISCOPAL

Grace Episcopal Church, 210 Fourth Street Radford. Welcoming and accepting, we have been a part of the Radford community for more than 130 years. ALL ARE WELCOME. Grace offers an 8:00am Contemplative Eucharist and a 10:30am Eucharist with organ music and a choir, with refreshments served afterwards. The 10:30am service is also available on YouTube for those unable to leave their house. Find us on Facebook and www.graceradford.org.

LUTHERAN

Christ Lutheran Church, 201 Harvey St. Sunday worship with communion at 10am; fellowship & snacks at 11am. All are welcome. Upcoming events and fellowship opportunities (Senior Brunch, Faith & Film, Rough Draught, etc.) detailed in weekly email and on website: clcrad-



Almighty God

Read Genesis 40:1 through 41:57

Joseph spent two years in a dungeon after interpreting the dreams of Pharaoh's cupbearer. Joseph had asked this man to mention him to the king upon being reinstated, but, as each day dragged on, no communication came from the Pharaoh. When Pharaoh had a dream and told it to all his wise men, no one could interpret it. The cupbearer finally remembered Joseph and told Pharaoh about him.

So Pharaoh sent for Joseph, and he was quickly brought from the dungeon. When he had shaved and changed his clothes, he came before Pharaoh (Genesis Joseph was going to be taken into the presence of the nation's highest ruler. His first order of business was to make himself presentable. His prison clothing and his haggard appearance were hardly appropriate to stand before royalty. Joseph prepared to see the king, honoring the authority and majesty of Pharaoh.

We have the privilege of an audience at any time with our King, Jesus Christ. May we never forget His majesty or approach Him with less than honor and adoration.

Thought for Today: Consider the majesty of God.

Quicklook: Genesis 41:1-14

If your church is not listed and if you are interested, call Wendi Craig at 276-340-2445 or email at advertise@mainstreetnewspapers.com

ford.org. 540-639-2671.

West Radford Church of God, 1824 West Main Our Saviour Lutheran Church ELCA, 1845 Cambria St NE, Christiansburg. Worship each Sunday at 10 am, in person and online at https://www.youtube.com/channel/UCMsB-gbyjmV5ce9mr43dbCw. Please visit our website at www.oslc-cburg.org and our Facebook page at https://www.facebook.com/oslcchristiansburg to learn more about us. Little Free Pantry and Little Free Library located in our parking lot. Pastor Joshua L. Copeland; church office 540-382-2223.

St. Michael Lutheran Church, 2308 Merrimac Road, Blacksburg, VA 24060. Worship service each Sunday at 10 AM, Sunday School 9 AM. We are a community of God's people where people gather for worship, learning and service. Visitors and new members are always WELCOME! Google comments: "Wonderful, welcoming congregation...A place where all are truly welcome... Nice, friendly, competent staff." You will like our minister, The Rev. Michelle L. Stramiello. Her previous service was as Family Faith Formation Director at Cross and Crown Lutheran Church, Indianapolis, IN, Pastor of St Matthew Lutheran Church, Paducah, KY, and Hospice Chaplain in Largo, Fl. St. Michael started and administers Micah's Backpack which has great community impact, Micah's Soup for Seniors, Micah's Garden, Closet, and Mini Pantry. Also, partnering with Rainbow Riders and Total Action for Progress, we opened open the first Early Childhood Head Start in our community (6 weeks to age 3), and have numerous other programs including a Justice & Mercy Fund providing assistance for those needing emergency assistance with critical bills. Further St. Michael sponsors an awesome Scouting program of Boy & Girl Scout Troops, Venture Scouts for older youth, and a new Cub Pack for girls & boys kindergarten - 5th grade. Directions: From Price's Fork Road, turn onto Merrimac Road and St. Michael is 3/10ths of a mile down on the left. For more information about any of our activities: Phone 540 951-8951.

Email hope@stmlc.us or visit our Website www.st-mi-

chael-lutheran-church.org

PENTECOSTAL HOLINESS Merrimac Pentecostal Holiness Church, Rev. Larry Christopher (540) 552-7194. l.christopher 695@comcast. net. Sunday school at 10 a.m. and morning worship is 11 a.m. Evening service at 6 p.m. and Wednesday at 7 p.m. Compassion Church, 1820 Second Street, Radford, 639-6287, Our music is passionate, our worship is real, and Pastor Chandler Jones brings relevant messages for everyone at any place on their journey, Sunday Worship Experience at 9:30 AM & 11:00 AM, Wednesday Family Night at 7 PM, Children Ministry provided for all services. Our vision is to see all Saved. Freed. Restored. Fulfilled. Find us on facebook and Instagram

Walton Pentecostal Holiness Church, 4003 Morning Glory Rd., off Walton Rd. on Rt. 114. 731-1755. Lee Sarver, pastor. Sun. School 9:30 a.m., Worship 10:30 a.m. & 6: p.m., Wed., 7p.m.

PRESBYTERIAN

Join us at The Presbyterian Church of Radford, 201 4th Street, at the corner of 4th & Randolph. Sunday School is at 10:00 a.m. and Sunday Service 11:00a.m. Our Interim Minister is Steve Willis. Phone 540-639-2585, Email pcofradford@gmail.com, Website www. peradford.org. We are called to share the love of Christ in this community and beyond.

UNITED METHODIST

Asbury United Methodist Church, 500 Stuart Street, Christiansburg. 540-382- 0743. Rev. Ryan Schaeffer. Sunday School, 10:15 a.m., Sunday Worship, 11:30 a.m., Wednesday Bible Study 7pm, alternating month's with Schaeffer Memorial Baptist Church, Senior Bible Study Thursday, 10:30 a.m. All are welcome. Central Church, 803 Wadsworth Street, Radford. 639-

3529. 8:30 a.m. Sunday Services: 8:30am; 9:45am Sunday School; and 11:00a.m. Child care is provided. www. centralmethodistchurch.com.

St. Paul United Methodist Church, 220 W. Main St., C'Burg. Rev. Moonsup "Paul" Song (540) 382-2410. Sunday Worship 10am, Sunday School 9am. Live streaming Sunday Service - www.twitch.tv/stpaulumc.com



Eat your vegetables to protect your brain

Alzheimer's disease is a progressive neurodegenerative disease estimated to affect 6 million Americans and 33 million people worldwide. Large numbers of those affected have not yet been diagnosed.

A new study published in the Journal of Alzheimer's Disease by a Virginia Tech Carilion School of Medicine faculty member shows that brain levels of dietary lutein, zeaxanthin, lycopene, and vitamin E in those with Alzheimer's disease are half those in normal brains. Higher dietary levels of lutein and zeaxanthin have been strongly linked to better cognitive functions and lower risk for dementia or Alzheimer's disease.

Carotenoids and the healthy brain Because normal brain functions and response to misfolded proteins constantly generate reactive oxidizing molecules, the brain is vulnerable to cumulative oxidative damage, which can be prevented by antioxidants supplied by a healthy diet. Carotenoids are powerful antioxidants that are commonly found in colorful plants. Lutein is especially abundant in kale and spinach, and zeaxanthin is highest in corn and orange peppers.

Dorey and Neal E. Craft, of Craft Technologies in Wilson, North Carolina, first reported that the brain selectively accumulated carotenoids such as lutein, zeaxanthin, and betacryptoxanthin in 2004. Since then, researchers around the world have demonstrated better cognition in those with higher levels of lutein and zeaxanthin in their macular pigment and lower risk for dementia in those with highest levels of lutein and zeaxanthin in their diet or accumulated in their macular pigment.

The Rush University Memory and Aging Project followed the diet and cognitive performance of more than 1,000 participants living in Chicago for more than a decade, assessing their intake of carotenoids, and found that those following the MIND diet - consuming higher levels of antioxidant-rich fruits, nuts, vegetables, and fish, and lower levels of meat and sweets - had reduced risk for Alzheimer's disease diagnosis, higher cognitive performance before death, and less Alzheimer's diseaserelated brain pathology. Moreover, those with the highest intake of total carotenoids or lutein/zeaxanthin over a decade had 50 percent lower risk for Alzheimer's disease.

Correlation between carotenoids and brain protection

Although studies had strongly implicated the possibility that carotenoids may protect the brain against damage contributing to Alzheimer's disease, there has been no evidence that brain carotenoids correlated with the disease. The Dorey-Craft report in the June issue of the Journal of Alzheimer's Disease has filled that gap.

In a study of carotenoids in brains with and without Alzheimer's disease brain pathology, the Dorey-Craft team demonstrated that brains

See Vegetables, page 7

Obituaries from page 5

caring and well-respected friend to held for family and friends before extended family, classmates, and the service, 1-2 p.m.

over 40 years of dedicated service. He served in the National Guard for 11 years where he retired with the rank of Staff Sergeant. He was also a member of Dublin United Methodist Church. He loved to travel, an exciting NASCAR race, a good book, and tackling any kind of home project with

A service of celebration of Terry's life will be held at Dublin United Methodist Church Saturday, Oct. 7, at 2 p.m. Visitation will be

The family would like to thank Terry was a proud retiree of friends, extended family, Blue Volvo Trucks North America with Ridge Cancer Center, Carilion Clinic Home Care, and associated medical teams for their unwavering support during the past two years. Special gratitude to Dr. Michael McCormack and the oncology department at Atrium Health Wake Forest Baptist in Winston Salem, N.C. In lieu of flowers, the family suggests donations be made to Dublin United Methodist Church at PO Box 577, Dublin, VA 24084.

The McCoy family is in the care of Mullins Funeral Home & Crematory in Radford.

Osborne, Jeffrey Wayne

Jeffrey Wayne Osborne, 81, of

Radford, passed away Sunday, Oct. 1, 2023. He retired

the Radford Army Ammunitions Plant. He was preceded in death by his parents, John and Eudora Osborne; sister, Janice Snell; and nephew, Brian Jones.

Survivors include his wife, Peggy DeHart

Osborne; daughters, Belinda Davis (George), and Wendy Osborne (William Weaver); son, Greg Osborne (Melissa); seven grandchildren; 10 great grandchildren; and many other relatives and friends.



Special thanks to caregiver and granddaughter, Majesta Osborne, for her continued care until the end.

The family will receive friends 11 a.m. - 12 p.m. on Saturday, Oct. 7, 2023, at Bain Chapel Pentecostal Holiness Church. Memorial services will follow with Pastor Jordan Myers officiating.

In lieu of flowers, please consider donations to the Wounded Warrior

The Osborne family is in the care of Mullins Funeral Home & Crematory in Radford.

Wilson, Joan Ethel

Joan Ethel Wilson, 89, of Dublin, passed away Tuesday, Oct. 3, 2023. She was a member of the Bethel Assembly of God in Sycamore, Ill. and attended Heritage Church in Dublin. She retired from NIU after 15 years of service and was a professional dog groomer. Joan was preceded in death by her parents, Revs. Charles G. Friedley and Lillian G. Friedley; her husband, Vernon Douglas Wilson; and sister, Betty

Elliot. Survivors include her daughters,

April Johnson (Nathan), and Cynthia Wilson; son, Mike Wilson (Judy); grandchildren, Tawnya, Joshua, Jonathon, Justin, and Zachery; four great grandchildren; sister, Lillian Hyre; and many other relatives and friends.

The family will receive friends 5 - 7 p.m. Monday, Oct. 9, 2023, at the Mullins Funeral Home in

Radford. Funeral services will begin at 7 p.m.

The Wilson family is in the

care of Mullins Funeral Home in Radford.

Free Solar open house and electric vehicle showcase at Warm Hearth Village

Warm Hearth Village retirement community and the Sustainable Blacksburg nonprofit community organization supporting a event and home solar demonstration as part of the American Solar Energy Society's National Solar Tour on Saturday, Oct. 7, 10 a.m.- 2 p.m., at the WHV Village Center, 2387 Warm Hearth Dr., Blacksburg. The event will showcase

technologies, home energy efficiency analysis and passive solar home design, as well as electric powered vehicles, bikes, trikes and personal mobility devices. Exhibitors include local solar installers, homeowners, energy efficiency evaluation and building experts, electric vehicle owners and community organizations working to encourage the use of these technologies. Attendees can also learn about how the Inflation Reduction Act can help fund part of renewable energy projects.

Bill Baker, the primary organizer for the event, was the first WHV resident to install solar panels on his home in 2015. Since then, 15 of his neighbors have gone solar such that 30% of homes in the neighborhood now have solar panels. Baker's 31 panels

provide most of his home's electricity needs and he estimates that through energy savings and renewable energy credits he will recover his investment within 10 years. In addition, more homebuyers are recognizing the value of solar panels to reduce their energy costs. Baker and other WHV residents also appreciate being able to reduce their carbon footprint as a legacy for the next generation.

In addition to the exhibitors at the WHV Village Center, Baker's home will also be on the

tour and attendees will be able to see his solar panels, battery electric vehicle (BEV) charger and energy monitoring system as well as plans for energy storage. Light refreshments and a water bottle refill station will also be available at Baker's

Although other homes in Warm Hearth Village will not be available for touring, many other solar arrays are visible in the community and homes with solar will have identifying markers on that day.

Exhibitors planning to be at the open house include Baseline Solar, Citizens Climate Lobby, Shelter Alternatives, Solar Connexion, Solar Holler, Solar United Neighbors, Sustainable Blacksburg, Warm Hearth Village Solar Owners, and more to come.

Submitted by Sustainable Blacksburg

Events from page 3

purchase vary week-to-week. Check our Facebook page for details about weekly themes, prizes, vendors, and live music.

Radford Farmers Market

Held on the grounds of Glencoe Mansion, Museum and Galley, located just off West Main Street, 9 a.m. - 1 p.m. each Saturday until October 14. Features produce, plants, baked goods, artisans, fresh squeezed lemonade, eggs, meats, cheeses and

Free GED classes

New River Community College is offering free GED at the Meadowbrook Library every Monday and Tuesday through Tuesday, Dec. 12. For more information or to sign up please call the Library at 540-268-

NRV Master Gardener Assoc. accepting grant applications for 2024

NRV Master Gardener Assoc., a volunteer organization of the Virginia Cooperative Extension, is accepting grant applications for 2024 gardening projects. Grants awarded based on merit to educational, care-giving or community organization seeking to educate, involve, and/or improve quality of life through a gardening-related project. Organizations in the counties of Floyd, Giles, Pulaski and Montgomery (and towns within), and the City of Radford, are eligible. Applications must be electronically received (if emailed) or postmarked (if mailed through the USPS) by Oct. 15, 2023. Extra pages may be used for plan images/ illustrations. For more information and to submit your project application, contact Carol Trutt: nrvmastergardenerassoc@gmail.com email is preferred or mail to Carol Trutt: 95 N Surry Circle, Christiansburg, VA

Drake from page 1

Fork Elementary School. Rotary club members would also participate in the program by doing activities like reading with students.

"Today was the first day," Bragen said. "We went to visit over at Prices Fork, it was really an exciting place. The adults were really enthusiastic to be there. I'm happy to report that the first Rotarian that we saw there was Mrs. Gunin Kiran, former board member."

According to Bragen, the program will continue for about six more weeks in the fall and will occur in the spring as well.

October Seniors of the Month were recognized at the Montgomery County Public School Board meeting. They are:

Aidan Ehan Doyle from Auburn High School, Blacksburg High School student Isabella Rose Prevette, Ariya Patel for Christiansburg High School, and Eastern Montgomery School, Ayden Monroe Gravley.

Blacksburg Lion's Club was present in recognition of their donation and support in providing swim lessons to all second grade

students in the County. John Byers, III was present to receive the

"We've been doing this for several years, as many of you know, and it's been a really a blessing that we've had the resources to do it," Byers said. "We park cars beside the football stadium at Tech and its not a lot of fun and we miss doing things with our grandkids and picking up trash for 400 cars and things like that, but it's put us in a position that we got this as long as you guys want to keep doing

the swim program."

Pumpkin Festival from page 1



PHOTO COURTESY OF SINKLAND FARMS

Live music is part of the fun at the Sinkland Farms during the annual Pumpkin Festival, now underway. Best Pumpkin Patch in Virginia, the Sinkland Farms Pumpkin Festival!

Best Farm to Visit, a Most Unique Festival, a Virginia Top 10 Epic Wedding Venue, and Best Special Event Venue for parties, reunions, dances, and corporate events. Celebrate your family tradition at the

For more information and to purchase tickets: sinklandfarms.com.

Sinkland Farms



Radford University to host eclipse event

RADFORD - On Saturday, Oct. 14, from 10 a.m.- 4 p.m., the public is invited to join the Radford University Physics department in the Center for the Sciences (the building with the RU Planetarium) for a day of free science activities centered on the partial annular eclipse happening on that day. The event

will be held rain or shine.

"We will have eclipse-themed planetarium shows on the hour, and we will have our regular partners including the neighboring Museum of

the Earth Sciences, along with multiple departments in the Artis College of Science and Technology," the department announced. "There will be activities for all ages, and especially ones geared towards kids. Everyone is invited to join us for all, or part of this time."

There will be a limited supply of eclipse glasses to give away (weather

Radford News Journal staff report

Viruses from page 4

the mammalian gut.

"We think there is some kind of role of phages in the gut, and it is really hard to study because everything is linked," said Hsu, also a faculty affiliate of the Center for Emerging Zoonotic and Arthropod-borne Pathogens. "Normally phages and bacteria are intrinsically linked because you have this constant infection process, and it's really hard to separate the phage particles and bacterial cells."

Many organisms living inside the human body contribute to a healthy gut microbiome, one of which is a virome – a community of phages. These phages are viruses that invade bacterial cells. There are two types: lytic phages that replicate and kill the bacteria cell and temperate phages that hide within it. These phages only infect bacterial cells, but scientists know little more about their actual role in the human gut.

Hsu and his team of researchers in the College of Science plan to remove lytic phages without affecting the bacteria inside a mammalian gut. This has been done in a culture dish but it has not been

done inside a mammal.

"We will not only deplete the viral community, but also replenish it to see if it comes back, to see if we can reconstitute the phage community," said Hsu. "There have been a lot of correlations between the gut biome and disease. You see different compositions of viruses so there are hints that there is a relationship there, or there's some kind of health impact. But how it happens is an open question."

Gut microbiomes are generally specific to individual mammals, but when mice are housed together, sharing a cage and bedding contributes to similar microbiomes. Hsu's team will work with two groups of such mice. One group will go through phage depletion protocol and then will be given phages extracted from another group via fecal transplants.

"Real-world application would be fecal virome transplants, just like fecal microbiota transplants except with just the phage part," said Hsu.

Fecal microbiota transplantations are the delivery of a healthy human donor stool to another person via enema, colonoscopy, or capsule. They are generally given for debilitating gastrointestinal infections, such as recurrent Clostridioides difficile infection, but the procedure isn't perfect. Bacteria with antibiotic resistant qualities or pathogenic bacteria can be accidentally transplanted.

"Usually screens are supposed to catch this, but sometimes they don't," Hsu said.

Hsu pointed to one small study in which the bacteria from the stool transplant was filtered out, yet the fecal microbiota transplants were still successful in treating recurrent Clostridioides difficile infection. While the results are only suggestive, they point to the possibility that bacteria are not the only important component in a healthy gut microbiome.

Hsu believes that phages could have played a role in those successful outcomes, as well as other outcomes, by having a positive impact on the overall bacterial

Phages may also help with the growing number of drug-resistant bacteria. In an experimental treatment in 2016 at the University of California, San Diego, doctors successfully used phages to treat a patient with organ failure from an antibiotic resistant bacteria.

Research using these phages to fight drug-resistant bacteria is expanding, but the big picture, the actual role of the phages in the mammalian gut, is still not well known.

"There's no good model to study it, and that's what I propose to do," Hsu

Jenise L. Jacques for Virginia Tech

Vegetables from page 6

with Alzheimer's neuropathology have significantly lower levels of lutein, zeaxanthin, and lycopene and tocopherols. Concentrations of lycopene, zeaxanthin, and retinol were half those found in age-matched brains with no Alzheimer's disease pathology.

Diagnosing and limiting future Alzheimer's disease

This new evidence of selective carotenoid and tocopherol deficiencies in the brains of subjects with Alzheimer's disease adds further support to the growing evidence that a greater dietary intake of carotenoids may slow cognitive decline prior to -

and possibly following — a diagnosis with Alzheimer's disease.

Research also has shown that the retina selectively accumulates lutein and zeaxanthin from the diet, forming visible yellow macular pigment that enhances vision and protects photoreceptors. By noninvasively measuring patients' macular pigment optical density, researchers can estimate the concentration of lutein and zeaxanthin in the brain.

Josh Meyer for Virginia Tech

Send community news and photos to communitynews @ourvalley.org

Toast the year's standout vintage during Virginia Wine Month

RICHMOND— October is Virginia Wine Month, and winemakers predicting memorable vintage worthy of celebration.

Now in its 35th year, Virginia Wine Month honors the commonwealth's everevolving wine sector. With about 300 wineries and 4,000 acres of grapes grown in the state, the economic impact of Virginia wine was estimated at \$1.73 billion in 2019—a 27% increase from 2015, according to the Virginia Wine Board.

Wine enthusiasts should have a bountiful selection to celebrate with this year, according to Mizuho Nita, grape pathology specialist for Virginia Tech's School of Plant and Environmental Sciences.

With little and "extremely dry conditions" across the state, Nita said, most vineyards are not experiencing significant losses from rain-driven diseases like downy mildew.

"People are harvesting early cultivars right now quite a bit, especially in Northern Virginia. Their harvest started maybe two weeks ahead of a typical year," Nita said.

And drier conditions are ideal for producing complex, high-quality wines, according to Mike Albers, part-owner of Delfosse Vineyards and Winery in Nelson County, a 2023 Virginia Governor's Cup winner.

Delfosse received a 2023 Governor's Cup award for its 2021 Hawk Screaming Meritage—a estate-grown red blend that "ages beautifully," Albers said.

"We let the fruit express itself," he explained. "That's the beautiful thing about Virginia wines—Mother Nature gives us something different every year." Albers added that

grape growers love drought. "The vine stress concentrates more on the fruit, and it ripens sooner and gives it great chemistry for wines." After a slow start and

early budding during the cooler spring, Albers said area grape growers are diligently preparing for a promising harvest. "As long as the weather

cooperates with us over the next four to six weeks and it stays dry, we are anticipating a standout vintage this year," he said. "Beautiful, lovely and

delicious grapes" are growing in abundance in Loudoun County as another Governor's Cup winner, 868 Estate Vineyards, anticipates its second consecutive record-breaking harvest.

"Our vineyards have been really prolific with high-quality grapes these past two years, and it's a magic thing when both conditions are met in the same year," said owner Nancy Deliso.

In 2020, the winery's 2017 Vidal Blanc Passito was the first wine fully

grown and made in Loudoun County to win a Virginia Governor's Cup award.

With 21 acres of 14 different varietals, 868 Estate continues to experiment with new handcrafted creations, including a cooperative wine developed by eight area vineyards that will make its debut this fall.

"Virginia wine gets better and better every year," Deliso said. "It's wonderful that you can have not only a wonderful and very personal experience at a Virginia winery, but also really excellent wine."

Deliso encourages Virginians to explore their local wineries, connect with owners and winemakers, and take advantage of the various Virginia Wine Month

"It's an opportunity to stock up on wine for the holidays," she noted. "Come visit us, take wine home, and support the industry by drinking really good local wine throughout the year."

Virginians can explore winning wineries from the 2023 Virginia Governor's Cup Competition along the 2023 Gold Medal Wine Trail. For more information or to find a list of wineries near you, visit the Virginia Wine website at virginiawine.

Submitted by Farm Bureau Virginia

Ingles Castle and Glencoe Mansion to host Haunted Tour of Radford

RADFORD - Have you ever wondered what secrets, hauntings and local legends are swirling

Join us for Myths, Mysteries, and Spirits: A Haunted Tour of Radford to hear the inside stories of what may be lurking in the shadows of the community.

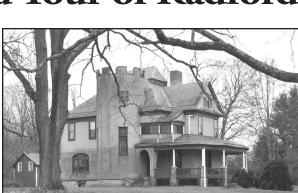
Hosted by Ingles Castle and Glencoe Mansion, there will be four Haunted Tours the evening of Oct.

Come hear about the Victorian Age and the death ways of the era. Explore beliefs about death and dying, as well as how the living continued to honor and remember those that had departed, during the 19th century. Join former history instructor B. Scott Crawford on this macabre journey through a fascinating period.

Guests will then board the "Ghoul Bus" to explore the local legends surrounding some of Radford's most storied sites. The experience concludes with a visit to the opulent and eerie "Ingles Castle" where a spooky cast of characters will guide individuals through the home. At the Castle, guests will meet face to face with the infamous "Lady in the Mirror."

Tour times begin at 5:15 p.m., 6:15 p.m., 7:15 p.m., and 8:15 p.m. Each tour lasts approximately one hour and 30 minutes. Tickets are required and space is limited, so act now to secure your spot. Tickets are \$30. Purchase tickets online now at www. inglescastle.com (with additional processing fee).

Due to site limitations,



La Rivere (Ingles Castle) will be one of the stops on the upcoming haunted tour of Radford, set for Oct. 14.

the tour requires climbing stairs and walking reasonable

Submitted by Hauntea

Tour of Radford organizers For more information, please visit www.inglescastle.

AUCTION SALE!

OCTOBER 21, 2023 STARTS AT 10:00 A.M.

Bins available for auction are subject to change due to customer payment prior to sale.

PACK IT IN II

3822 BOB WHITE BLVD NEWBERN ROAD, PULASKI, VIRGINIA PHONE: (540) 980-4739 Storage Bins:

79, 95, 13, 190, 44, 170, 131, 165, 96, 110, 62, 123, 114, 140, 159

IMMEDIATELY FOLLOWING:

RADFORD STORAGE

112 DUNCAN LANE, RADFORD, VIRGINIA PHONE: (540) 633-1516 Storage Bins: 24, 178, B28, A32, 16, 198, 119, 143, 61/82, 91, 140, 156, A35, A38, 279, 5, B30, 155, 58/85

IMMEDIATELY FOLLOWING... PACK IT IN 502 EAST MAIN STREET, RADFORD, VIRGINIA PHONE: (540) 639-9075 Storage Bins:

101, 11, 112, 123, 151, 152, 162, 23, 62

ALL WILL BE AUCTIONED AND SOLD BY BIN ONLY, ACCORDING TO CODE SEC. 8.7-210 (PROPERTY BEING SOLD TO COVER **DELINQUENT STORAGE PAYMENTS).**

Montgomery Sports

Blacksburg High sets new Hall of Fame class

Blacksburg High School has announced its Athletic Hall of Fame Class of 2023.

Inductees include:

Stuart Dowling - Class of 2001

85-1-1 team record while a member of

BHS Soccer Team 1998, 1999, 2000 State, Region, and District Champions, 2001 State runner-up,

Region, and District Champions 2001 Timesland (Roanoke Times) POY, AA State POY, Region POY, District POY as well as 1st Team Timesland, All-State,

Region, and District 2001 VHSL All-Star Game MVP 2001 Scholar All-America by NSCAA 2000 AA Co-State POY, Region POY,

Region, and District 1999 1st Team All-District, Honorable Mention All-Region

District POY as well as 1st team All-State,

2000 Honorable Mention All-District in

Played one season at Division I Lehigh

Stuart lives in Belmont, N.C. with his wife Whitney and their three children, Hampton (6), Watson (6), and Evan (4).

Travis Eschenmann – Girls Soccer Coach 2008-2022 Coach Eschenmann served as the Girls

Soccer Varsity Head Coach from 2008-2022, winning three state titles in 2014, 2015, and 2016. Career varsity record is 248-40-11 (85%)

through his 14 varsity seasons and reached the VHSL Final Four in 11 of those seasons (did not compete in 2020 due to COVID). Coach Eschenmann and his teams set numerous VHSL records for girls soccer

including: Most Consecutive Wins: 45 over three seasons (2014 -2016)

Most Consecutive Unbeaten Games: 78 ver four seasons (2014 – 2017)

Most Shutouts in a Season: 20

Lowest Goals Against average in a season: Currently stands as the 2nd highest

winning coach in all of VHSL Girls Soccer. River Ridge District Coach of the Year (2010, 2011, 2012, and co-COY in 2013,

Conference 32 Coach of the Year (2014,

2015, 2016, 2017)

Region IV Coach of the Year (2011 and Region 3A West Coach of the Year (2014,

2015, 2016)

Region 3D Coach of the Year (2022)

All Timesland Coach of the Year (2010, 2011 and 2013, 2014, 2015 and 2016). Selected to coach in the 2011, 2012, 2013, 2014, 2015, 2016 and 2017 VSCHA

In addition to his high school career, Coach Eschenmann has actively served as a volunteer across the local soccer community

Served as a Head Coach for the NRU U9 and U10 Boys Academy

in multiple capacities including:

Served as a New River United coach for various age groups such as the 2004 Boys, U-18 and U-13 Girls teams Served as a member of the New River

United Board of Directors for 8 years Served as certified referee for the VHSL,

USSF and PIAA Served as a member of the women's soccer committee of the VHSCA Legislative

Council, Executive Committee for the

VSCA and a former VHSCA 3A All State Classification Chair for Girls Soccer Coach Eschenmann stepped down from the Blacksburg High School Girls Soccer program in 2022 as the second highest winning coach of all time in VHSL Girls

Soccer Coach. He and his wife, Megan Eschenmann, are enjoying watching their three sons, Wyatt, Ethan and Carter on the Geremy Alvarez Patel- Class of 1991

Four-year varsity letterman girls basketball

Two-year varsity letterman girls track 1988, 1989, 1990 All District, All Region,

All State honors 1990 led the girls basketball team to the

State Championship game 1991 All District, All Region, All State

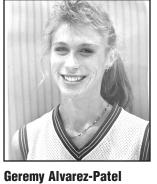
player of the year 1991 All- Timesland Female Athlete of

1991 selected to the 10-member AAU team for the state of Virginia

1991 won the 1600 in the All-American

1991 won the state championship for the 1600 and the 1600 m relay

Helped lead the track team to the State



Championship





1989, 1990, 1991 received the academic excellence award

1991 received a Blacksburg sports club, Outstanding Senior award for Basketball and Track

Average 20 points and 17.1 rebounds per 1991 led the Virginia High School

Coaches Association All-Star team to victory Earned a full D1 scholarship for basketball to Boston University

Geremy currently lives in Northern Virginia with husband Kash and their seven children and teaches elementary school. Joey Phillips – Class of 2008

11 BHS varsity letters (3x Football, 4x Wrestling, 4x Baseball)

Team Captain (Football 2007, Wrestling 2007 & 2008, Baseball 2008)

Two time All District (Football) Two time All District second baseman

(Baseball)

1st Team All Region and 1st Team All State second baseman (2008)

1st Team All-Timesland second baseman 1st All-Time BHS in career hits, RBIs,

and doubles; 2nd All-Time career runs scored Two Time District Champion – 189

(wrestling) 2008 Regional Champion & 3rd Place

State – 189 LBs (wrestling) 10 Time winner of individual tournaments

171 LBs & 189 LBs (wrestling) Two-time regional tournament medalist

2nd team All-Timesland - 189 LBs (wrestling)

125 career wins (wrestling) Five-year member Virginia Tech Football

(2008/09- Fall 2012/13) Two-year starter at Fullback & 2x ACC

champion; Virginia Tech football Team Captain & Strength and

Conditioning Athlete of the Year (2012) Five-time bowl game participant

PHOTOS COURTESY OF BHS **Travis Eschenmann** All ACC Academic Team (2011, 2012) Semi Finalist: 2012 NFF William

Campbell Trophy Excalibur Strength and Conditioning

Award Winner Lawrence White award winner (2012) Four-time Athletic Directors Honor Roll

BS with Honors (2012); MA with Honors (2013) Phillips lives in Raleigh, N.C. with his

wife Lauren DeCarlo and daughter Luisa Grace and is a director of technology in the recruiting industry.

Samuel Wheeler - Class of 2003 Three-year letterman in football while

playing running back, wide receiver, linebacker, tight end and also punted Senior year rushed over 300 yards, caught

14 passes for 293 yards and four touchdowns Targeted three times with two touchdowns in a game his senior year Recorded 103 tackles senior year

All-District Honors all three years playing **BHS** Football Ranked 30th player in State by TSL

Ranked 33rd player in State by Roanoke Ranked 69th All Mid-Atlantic Team by

Tom Lemming's Prep Football Report All-Atlantic Region selection for defensive linemen by PrepStar.com

Ranked 24th Prep School Player in the nation by Rivals.com

Played linebacker, fullback and tight end for Hargrave Military Academy Prep School

Four-year letterman in Basketball and Earned All-District, Region and State

Averaged 16.8 points and 8.7 rebounds Recorded 31 rebounds in a game Senior

year against Patrick Henry.

Member of 2002 VHSL Basketball State Championship Runner-Up Team

See **HOF**, page 10

Hokies celebrate another outstanding class

the recruiting trail, the Virginia Tech baseball team has placed for the third consecutive year among Collegiate Baseball Newspaper's top 50 incoming recruiting classes, per the outlet's fall assessment of the Hokies' 2024 newcomers.

Led by head coach John Szefc and recruiting coordinator Kurt Elbin, Virginia Tech ranks No. 45 overall in Collegiate Baseball's recruiting class rankings. Under Szefc and Elbin, the Hokies have appeared annually in the

2021, peaking at No. 25 in September 2022.

Collegiate Baseball bases their annual evaluation of recruiting classes on newcomers who enroll at schools during the fall and not those who had initially signed letters of intent or turned

professional.

Tech's 2024 squad is highlighted by the addition of two D1Baseball Top 130 Impact Transfers: fourth-year senior utility player Eddie Micheletti Jr. (No. 74, George

Praised for its excellence on outlet's offseason listing since Washington) and fifth-year Parliament (Rutgers), David graduate outfielder Ben Watson (No. 107, Elizabethtown). Both Micheletti and Watson led their former programs in batting average last season - .384 and .483, respectively – with Watson collecting 2023 Landmark Conference Player of the Year honors (NCAA Division III).

On the mound, the Hokies added many new faces to their pitching staff, including NCAA Division I transfers Jordan Little (East Carolina), Carson Ohl (Grand Canyon), Wyatt Shoemaker (Pennsylvania) and Jordan Vera (Mississippi). Among true freshmen, Tech's

commitment to recruiting the Commonwealth of Virginia stood tall as more than half the Hokies' rookie class hails from inside the state.

Virginia Tech's 2024 recruiting class restocks the program after the Hokies produced five MLB signees during the course of the offseason, including four who were taken during the 2023 MLB Draft.

glimpse of the 2024 Virginia Tech baseball team on Friday, Oct. 13, when the Hokies host Georgetown during a fall exhibition game at English Field at Atlantic Union Bank Park. A start time will be announced during the coming days while entry into the ballpark is free (general admission seating for

Virginia Tech Athletics

Local athletes shine at invitational cross-country meet



Eastern Montgomery's Aija McHone placed fourth in the Mustangs' Invitational (22:01.74).



news @ourvalley.org



Eastern Montgomery's Spencer Sisson placed second in the Mustangs' home invitational meet at Camp Alta Mons (17:51.69).



Eastern Montgomery's Nick Smith runs near the front of the field at the start of the East Mont Invitational on Wednesday. Smith would place 13th with a time of 18:51.11.



Christiansburg teammates Summer Hamlin (left) and Riley Larimer placed third and eighth overall at the Eastern Montgomery Invitational.

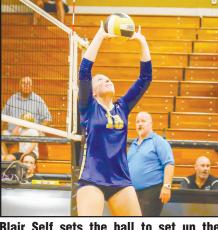
Christiansburg downs Radford in volleyball



Ela Shepherd digs to keep the point alive against Radford. Christiansburg took the 25-16, 27-25, 22-25 and 25-14 win. Shepherd finished the contest with 23 assists, 13 kills and four blocks.



Reese Hall bumps the ball to a Christiansburg teammate in Monday's



Blair Self sets the ball to set up the Christiansburg attack. She had 21 assists and 10 digs.



PHOTOS BY BRYANT ALTIZER **Christiansburg Katy Hoover spikes the** ball against the Bobcats.

HOF

Member of Coach Beamer's eight consecutive 10-win seasons (2005-

Member of Coach Beamer's 23 consecutive bowl game appearances (2005-2009)

2008 John Mackey Watch list for college football's best Tight Ends. Member of team that

won 3 regular season ACC championships at Virginia Tech Earned Bachelor

Housing and Resource Management at Virginia (2010)Tech Master of Business from

of Science in Apparel,

University of Phoenix (2015)Wheeler lives Fredericksburg, with wife

Mollie Wheeler, two sons,

four-year-old Maclaren

and two-year-old Beauden

and manages data centers across the U.S. and in The group will be honored Friday, Oct. 13 at the Blacksburg vs. Pulaski football game at

Bill Brown Stadium.

Blacksburg High School



Samuel Wheeler





(540) 951-8102 860 University City Blvd, Blacksburg Mon-Sat 11am-5pm | Closed Sunday

ONLINE AUCTION

Ends Thursday, October 26th at 3 PM Recreational Lots for Sale on the Little River TBD Laurel Ridge Mill Rd., Riner, VA 24149

Bid Now at VAAuctionPro.com



OFFERING #1







OFFERING #3

OFFERING #4

Discover the perfect blend of nature and tranquility in these 4 tracts of land that are being sold at auction. Located in a prime location near Floyd, Riner, Christiansburg, Blacksburg, and Radford VA, these properties offer the best of both worlds, the serenity of wooded land and a riverfront haven with easy access to the essential amenities.

OFFERING #1 – +/- 6.015 ac

This 6.015 acre cleared lot would be a prime building spot, especially for a recreational getaway. Property has been perked and awaits your new home! It features 600+ ft of frontage on the Little River. With easy access to the river, you can enjoy all the kayaking, fishing, and swimming you wish! Property also has +/- 735 ft of frontage on Laurel Ridge Mill Rd.

OFFERING #2 – +/- 5.44 ac

This 5.44 acre cleared lot would be a prime building spot. Property has been perked and awaits your new home or recreational getaway! It features 500+ ft of frontage on the Little River. With easy access to the river, you can enjoy all the kayaking, fishing, and swimming you wish! It also has +/- 507 ft of frontage on Laurel Ridge Mill Rd.

OFFERING #3 - +/- 17.727 ac

This 17.727 ac property boasts abundant woodland, which creates a serene and private environment. There are several building spots and the surrounding views of the countryside are unbeatable! Property would be ideal for the construction of your new home.

OFFERING #4 – +/- 17.614 ac This 17.614 ac property boasts abundant woodland, which creates a serene

and private environment. There is a small creek meandering throughout the property. The woodland ensures privacy and seclusion. Property holds several building spots and the surrounding views of the countryside are unbeatable! Property would be ideal for the construction of your new home. There is over +/- 771 ft of frontage on Laurel Ridge Mill Rd. **Terms:** 10% Buyer's Premium will be added to final high bid to arrive at contract

price. Earnest Money Deposit of \$10,000 per offering required on the day of the sale. Close on or before November 27th, 2023. Subject to seller confirmation. Property sold as is, where is with any and all faults. Buyer is expected to complete their own due diligence. Tracts are being offered individually and if bidder wishes to purchase multiple tracts, bidder will need to be the high/ winning bidder on both offerings. Please note that during the last two minutes of bidding, if a new bid is placed, the clock is automatically extended an additional two minutes. Be sure to register to bid early to ensure you receive notifications regarding any changes to the Auction, Bidder Packet, and/or Pre-Auction offers received. Download Bidder Information Pack for complete terms and conditions, property information, purchase contract and maps at VAAuctionPro.com.

CONTACT – Auctioneer Matt Gallimore at 540-239-2585 or email gallimore.matt@gmail.com. You can also contact Realtor Booie DeHart at 276-952-5061 or email booied@yahoo.com

102 S. Locust Street, Floyd, VA 24091 (540) 745-2005 VAAuctionPro.com Lic# 2907004059



Blue Ridge Land & Auction Co., Inc.

ONLINE AUCTION

Ends Wednesday, October 18th @ 3 PM Wooded Land for Sale at Auction in Blacksburg VA 4262 & 4180 Pandapas Pond Rd., Blacksburg, VA 24060

Bid Now at VAAuctionPro.com





sderekrountree4mcsbdistricte.com derekrountree4districte@amail.com Paid for by S. Derek Rountree for MCSB Distric

OFFERING #1

OFFERING #2

Discover an exceptional real estate opportunity! We present 2 distinct tracts of land available for purchase through online auction. The properties are located along Route 460 between Blacksburg and Pembroke VA. Whether you are seeking a commercial venture or recreational escape, these properties have it all!

OFFERING #1 - +/- 35 acres This offering boasts a generous 35 acres of all wooded land. Property provides a canvas for your vision and great visibility from Route 460. This spacious tract offers versatility for various land uses, from commercial development to recreational activities. Its proximity to the bustling community of Blacksburg makes it an enticing choice for businesses looking to be near Virginia Tech.

OFFERING #2 - +/- 52.5 acres

This offering boasts a remarkable 52.5 acre parcel of mostly wooded land. There is a small cleared section that fronts on Pandapas Pond Rd. Property has great visibility from Route 460. The wooded acreage provides privacy and tranquil environment. It adjoins the Jefferson National Forest. The property features a well, which provides suitability for various purposes, including potential commercial development or a secluded recreational retreat. There is a cellular tower on this offering. Refer to survey in Bidder Packet for exact location on easement to cell tower.

CONTACT – Auctioneer Matt Gallimore at 540-239-2585 or email gallimore.matt@gmail.com. You can also contact Realtor Booie DeHart at 276-952-5061 or email booied@yahoo.com

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