





Food For Thought

By Leigh Currey Merrifield

Editor

# Our Words Make An Impact

There are weeks that I experience difficulty filling this space with the right words. Sometimes I may lean toward a little humor, and other times the subject may be somewhat more serious. But, at ALL times, I try to feed readers’ minds with something they can mull over and think about.

Someone once said that to speak of “mere words” is much like speaking of “mere dynamite”. That’s how powerful our words can be and that’s why it is important to choose them wisely. What you say can speak volumes about your character and can give a pretty good indication of who you are as a person. They carry enormous weight ... more than we sometimes think they do. What you say may impact people for a long time, either giving them the courage to press on or a reason to give up. Choose wisely what escapes your mouth!

A gentleman once recalled that his family moved to another state in the middle of the school year when he was 13. Junior High can be an awkward time, and the move made it even more difficult for him. He remembered walking into the school cafeteria for the first time all my himself and noticing that the other students had the luxury of established friendships. Cliques were already defined and he was a lone soul. He slid into the nearest open seat and everyone at the table

gave him the once-over and snickered. He was embarrassed, and when one kid finally broke the ice about what a big nose he had, he was even more mortified. He pretended that the comment didn’t bother him, but it did ... and every day from that point forward, he felt self-conscious about his defining feature. In later years, as an adult, he admitted that it took him 20 years to forget that incident!

Never underestimate the power of your words. Even when your words are complimentary and not critical, they don’t have to be used to the extreme. They don’t have to be flowery words that gush like a geyser. For example, sometimes just a simple “Thank you for your service” to a veteran ... a simple “I appreciate what you do” to a firefighter ... a mere “I know you can do this” to a struggling student ... or a modest “What a good idea” to a friend or co-worker will suffice. Always remember that no matter how hard someone’s shell may appear to be, everyone needs a little encouragement ... everyone can use a kind word ... everyone wants to be valued. Who among us doesn’t at one time or another need reassurance, encouragement and a confidence boost?

Our words always have the potential to build someone up or bring them down. But it’s important to think

before we speak. When someone experiences a major setback or disappointment, for example, be careful not to dismiss their pain or frustration. Show some empathy but don’t use this as a time to lecture them about what they could or should have done differently.

Some people, however, leave words unspoken ... and that can be just as hurtful! Try not to be the boss who never acknowledges, affirms or praises your employees’ performance but never hesitates to bring up their mistakes. A compliment offered periodically can make a big difference and even encourage them to be even more industrious!

I’m sure you’ve often heard the expression “Actions speak louder than words”, and that may be true in some instances. But don’t underestimate the power of words. An encouraging word to someone who is down can lift them up and help them make it through a difficult day; likewise, an unsupportive word spoken to someone who is down may be all it takes to quench their spirit and convince them to give up. Saying the right thing at the right time is like the Red Bull drink for the soul, giving someone the energy to hang in there. Taste your words before you spit them out!

This week’s dessert: “Handle your words carefully, for they have more power than atom bombs.” ~ Pearl Strachan Hurd

## This Week In West Virginia History

The following events happened on these dates in West Virginia history. To read more, go to *e-WV: The West Virginia Encyclopedia* at [www.wvencyclopedia.org](http://www.wvencyclopedia.org).

**Aug. 26, 1863:** Union and Confederate forces collided in what became known as the Battle of White Sulphur Springs. The next morning, with ammunition nearly depleted, Union Gen. William Averell decided to retreat to his base without accomplishing any of his objectives.

**Aug. 26, 1918:** Mathematician Katherine Johnson was born in White Sulphur Springs. For 33 years, Johnson worked for NASA doing calculations for manned space flight, including the Apollo 11 moon landing. In 2015, she received the Presidential Medal of Freedom.

**Aug. 27, 1902:** Mary McClain was born Mary Smith in Huntington. McClain was a blues legend who performed at Carnegie Hall, the White House, the Apollo Theatre, and the Cotton

Club.

**Aug. 28, 1900:** Harrison H. Ferrell Jr. was born in Chicago. Known as “the Dean” to generations of students, he was professor of German, 1928–66, at West Virginia State College (now University) and served as dean and in other capacities from 1930 until 1970.

**Aug. 29, 1952:** A groundbreaking ceremony was held in Mercer County to mark the beginning of construction of the West Virginia Turnpike. Initially, most of the turnpike was just two lanes because officials believed revenues would be too low to finance four lanes.

**Aug. 30, 1862:** Confederate raiders under the command of General Albert G. Jenkins attacked and occupied Buckhannon, where they captured 20 prisoners and 5,000 stands of small arms.

**Aug. 31, 1945:** The USS *West Virginia* led American battleships into Tokyo Bay two

days before the formal surrender of Japan on September 2, 1945.

**Sept. 1, 1777:** Fort Henry, located at what is now Wheeling, was attacked by Indians for the first time. Nearly half the militia were lured outside the post and killed.

**Sept. 1, 1907:** Walter Phillips Reuther was born to German immigrant parents in Wheeling. Reuther was a founder of the modern labor movement and a long-time president of the United Auto Workers.

**Sept. 1, 1921:** By this date during the Battle of Blair Mountain, miners had captured half of the 25-mile mountain ridge and were ready to descend upon Logan. President Warren Harding placed the strike zone under martial law, and ordered federal troops and a squadron of bomber aircraft into the state.

*e-WV: The West Virginia Encyclopedia* is a project of the West Virginia Humanities

Super Crossword

GAME TIME

ACROSS

1 Ford dud

6 Like a poetic lament

13 Reggae land

20 Mucho

21 Sailing event

22 Warded off

23 Game in which groups of items are named

25 Game utilizing five dice

26 Liver spread

27 Part of TGIF

28 "That's show —!"

30 Singer Elliot

31 Game of bluffing and trivia

35 Enraged

36 Tax doc. pro

38 Filled cookies

39 Autumn mo.

40 Game involving picking fruit from trees

45 Boomers' children

46 Seal herd

47 Part of TGIF

48 Glimpse

49 Atop, in poetry

50 Game having a cross-shaped playing area

53 Suggest

55 Catch sight of

59 Big arteries

61 Sports squad

62 Writer

Calvino

63 Mensa figs.

65 Brunch, e.g.

67 TV host Kelly

70 Game containing 100 tiles

72 Apt word for this puzzle's theme, found by using the three letters that appear nowhere else in this entire puzzle's grid

73 Game based on jumping and capturing

75 Burn a little

76 Eclectic mix

78 Greek vowel

79 Certain eye surgery

80 Notified

82 Dogs' jinglers

86 Glues

87 Indianan, informally

90 Game featuring war negotiation

93 Pt. of PLO

94 Male buds

96 Zodiac cat

97 "Six-pack"

98 Mass seats

102 Game whose players try to get rid of all their cards

105 Taoism's Lao- —

106 "The land of cotton"

107 Acorn tree

108 Lean- — (simple huts)

109 Game entailing sinking vessels

111 Actor Scott

114 Lead-in to propyl

115 — Lanka

116 — Spumante

117 Game with an unmatched penalty card

120 Game using rebounding automatons, as originally named

126 Painter's mixing board

127 Geronimo's people

128 Slur over

129 Veers

130 Toy terriers, for short

131 Launder of cosmetics

DOWN

1 High trains

2 Medico

3 Office gizmo

4 — Unidos de América

5 Espresso quaffs

6 Blunder

7 Lower limb

8 Vain person

9 Country star

10 Inflammation suffix

11 Polished off

12 North African city citadel

13 Rap star married to Beyoncé

14 Film director DuVernay

15 "Doesn't excite me"

16 Elaborately decorated auto

17 Chichén — (Mayan ruins)

18 OK grades

19 Citrus drinks

24 Suffix with profit

29 Sacred cow

31 Be a puglist

32 "— you in?"

33 Portal

34 "T.N.T." band

35 Center

36 Chuckle

37 Black tea

40 User of a certain weeding tool

41 Perp nabber

42 Most spacious

43 With

52-Down, retort to "No you're not!"

44 Mined matter

46 Stipend, say

47 Prefix with thermal

50 "No —!" ("Sure!")

51 Owns

52 See 43-Down

54 Arctic coats

55 Frisbee, e.g.

56 Mark permanently

57 Bay Area city

58 Light cigars

60 Faith faction

63 Sick

64 Brit. monarch beginning in '52

66 "Caught ya!"

68 — -dieu (kneeler)

69 Inquires

71 "Boleró" star

74 Pottery need

77 Strange

78 "— Beso"

81 Tripoli is its capital

83 Is inclined

84 Imitates

85 Day- — colors

86 Mac rivals

87 Ad —

88 NHL's Bobby

89 French "king"

91 Sail holder

92 Help do bad

95 Mil. figures

98 Small guns

99 Demonstrate

100 Nintendo system

101 Autumn mo.

103 Fast car, e.g.

104 "Yippee!"

105 Meditative martial art

106 One-named singer of the 1994 hit "You Gotta Be"

109 Baseball great Lou

110 Nero's lang.

111 Conks

112 — unto itself

113 Sit in neutral

114 — of March

115 Mark permanently

118 Safari truck, in brief

119 Suffix with Wisconsin

121 NYSE event

122 Bray starter

123 Letter #19

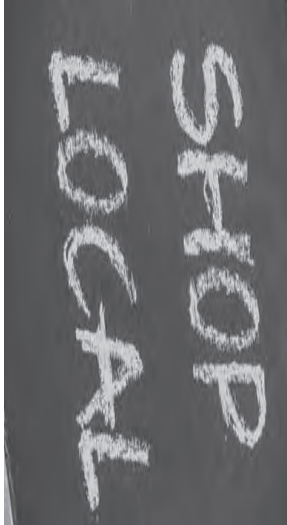
124 Lyrical poem

125 Letter #20

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	
20					21							22							
23					24							25							
		26						27			28	29			30				
31	32					33	34			35				36	37				
38						39				40				41			42	43	44
45					46				47			48					49		
				50					51			52		53		54			
55	56	57	58					59				60		61					
62						63	64				65		66			67		68	69
70						71				72			73			74			
75					76			77			78				79				
		80		81			82		83	84	85			86					
87	88					89		90				91	92						
93				94			95		96			97				98	99	100	101
102			103					104				105			106				
			107				108				109			110					
111	112	113				114				115				116					
117				118	119				120	121			122	123				124	125
126								127							128				
129								130							131				

©2021 King Features Syndicate, Inc. All rights reserved.

Find the Super Crossword Answers on Page 8!



Council. For more information contact the West Virginia Humanities Council, 1310 Kanawha Blvd. E., Charleston, WV 25301; (304) 346-8500; or visit *e-WV* at [www.wvencyclopedia.org](http://www.wvencyclopedia.org).

LeafFilter

GUTTER PROTECTION

BACKED BY A YEAR-ROUND CLOG-FREE GUARANTEE

EXCLUSIVE LIMITED TIME OFFER!

15% OFF

YOUR ENTIRE PURCHASE

10% OFF

SENIORS & MILITARY!

+ 5% OFF

TO THE FIRST 50 CALLERS ONLY!

WE INSTALL YEAR-ROUND!

FINANCING THAT FITS YOUR BUDGET!\*

Promo Code: 285

\*Subject to credit approval. Call for details.

CALL US TODAY FOR A FREE ESTIMATE

1-844-295-2840

Mon-Thurs: 8am-11pm, Fri-Sat: 8am-5pm, Sun: 2pm-8pm EST

\*For those who qualify. One coupon per household. No obligation estimate valid for 1 year. \*\*Offer valid at time of estimate only. \*The leading consumer reporting agency conducted a 16 month outdoor test of gutter guards in 2010 and recognized LeafFilter as the #1 rated professionally installed gutter guard system in America.\* Manufactured in Plainwell, Michigan and processed at LMT Mercer Group in Ohio. See Representative for full warranty details. CSLB# 1035795 DOPL #10783658-5501 License# 7656 License# 50145 License# 41354 License# 95338 License# 128344 License# 218294 WAUBH 603 233 977 License# 2102212986 License# 2106212946 License# 2205132153A License# LEAFFNW822P2 License# WV056912 License# WC-29998-H17 Nassau HIC License# H01057000 Registration# 176447 Registration# HIC0649905 Registration# C127229 Registration# C127230 Registration# 366920918 Registration# PC6475 Registration# IR731804 Registration# 13VH09953900 Registration# PA069383 Suffolk HIC License# 52229-H License# 2705169445 License# 262000022 License# 262000403 License# 0086990 Registration# H-19114



# N&J Briefs

**FROM AROUND HARRISON COUNTY**

*“Briefs” is a calendar of events listing provided free of charge to churches and non-profit organizations. Items will be published one time only and will be listed in the order in which they occur. Please submit your ‘briefs’ two weeks prior to the event (if possible) by 4 PM on Friday. Fax your information to 304-592-0603 or send via e-mail to newsandjournal@yahoo.com.*

**BRIDGEPORT LIBRARY**

Bridgeport library open to the public. Also, readers can access the library’s catalog by reserving books on their website at [www.youseemore.com/bridgeport](http://www.youseemore.com/bridgeport) and may pick up books on the following days and times: M-W-F 12:00pm-8:00 pm and Tues. & Thurs. 12:00pm-5:00pm. Personnel will be available to answer questions, and the library’s digital resources will continue to be available. • Contact Amy at the library at 304-842-8248 for information.

**LOWE PUBLIC LIBRARY**

The Lowe Public Library has resumed its regular hours to the general public: Monday 11:30 am – 7:00 pm and Tuesday- Friday 11:30 am – 6 pm, CLOSED on Saturdays. Curbside service will still be available to those who request it by calling 304-592-1700. The library is disinfected routinely throughout the day (also, immediately after children visit).

**BRIDGEPORT LIBRARY USED BOOK SALE**

Used Book Sale at Bridgeport Public Library, 1200 Johnson Avenue, Bridgeport. Hallway sale \$3.00 per bag or \$.25 each August 26,27,30,31, & Sept 1,2,3. Call 304-842-8248 for additional information.

**WV HERITAGE CRAFTS USED BOOK SALE**

Call 304-266-2680 to register. Used book sale also August 26,27,30,31, & Sept 1,2,3. Call 304-842-8248 for additional information.

**MONONGALIA COUNTY BEEKEEPERS MEETING**

The Monongalia County Beekeepers have a meeting at Mylan Park in the new Monongalia County Extension Service and 4-H Center on the first Tuesday of every month; however, meetings have been cancelled until further notice due to COVID-19. Please contact Debbie Martin for more information at 304-367-9488 or [debbee7@yahoo.com](mailto:debbee7@yahoo.com) We look forward to helping you start your beekeeping journey and will help you every step of the way!

**HOPE, INC. DOMESTIC VIOLENCE SUPPORT GROUP**

Hope, Inc., a task force - support group on growing free from domestic violence, will meet on Thursdays at noon at Koupal Towers, 916 West Pike Street in Clarksburg. For more information, call 304-624-9835 or email [asniderhope@yahoo.com](mailto:asniderhope@yahoo.com).

**KIDDING AROUND YOGA**

Kidding Around Yoga is being held every Thursday at 6p.m. at the Progressive Women’s Association/Uptown Event Center, 305 Washington Ave., Clarksburg. These yoga classes are free. So, bring your kids ages 2 to 12 to Kidding Around Yoga every Thursday. For more information, please call 304-624-6881. Certified instructor Erica Perry.

**CELEBRATE RECOVERY**

A Christ-centered 12-step program for any hurt, habit or hang-up meets every Friday at 6:00 p.m. at Horizons Church in Lost Creek with COVID capacity. Offers childcare (birth to 4 yrs.) and The Landing for older teens. For more information, call 304-745-5090.

If you advertised with us,  
your ad would be

➔ **HERE!**

**STAY FOCUSED**  
on Your Goals



**Stay informed  
Get involved**

Public notice through  
legal advertising

## “WVIHF Prepares For ‘In-Person’ Festival” cont. from p.1

the street and keep an accurate count, so moving to Jackson Square was the option chosen. This move is a temporary one for this year, but we are trying to make the best of a tough situation.”

Terango added that he knew there would be much skepticism about this move as announcements of festival plans were made in phases, but after people had an opportunity to digest moving the festival location, he says they began to talk it up, realizing that during this troubled time, people have had to adjust to *many* changes in their lives. This is just another one of those adjustments!

“I think folks are so ready to get out and see people and celebrate at our festival, they are overlooking the necessary changes we have had to make. And Jackson Square *does* have some perks. This venue is already under roof and that will save on production costs for us as well as leave our entertainers, equipment for lighting and sound, etc. better protected in the event of rain. But this move will allow us to still be able to have a regular three-day festival on Labor Day Weekend with nearly all of our regular activities. It will still be a ‘celebration’ and offer attendees that same opportunity to be social,” he added.

This year’s 43<sup>rd</sup> annual West Virginia Italian Heritage Festival

will begin on Friday, Sept. 3<sup>rd</sup> at noon with the coronation of the beautiful Regina Maria XLIII, Clarksburg native Marissa Maria Bailey at the Jackson Square pavilion. This will be followed by a lot of local entertainment throughout the remainder of the day including the WVIHF Dancers, Showcase Singers, Victoria Mazzi, Mary Frances Beto Smith, and Benjamin DeFazio to name a few.

At 8 p.m. on Friday, singer, songwriter, and recording artist John Angotti will return to his hometown of Clarksburg to perform. Angotti has played across the globe and at Carnegie Hall for a sold-out performance, but he is anxiously looking forward to returning home for the WVIHF.

Angotti, who now resides in Tennessee, stated, “One of the hardest things to do is to leave your hometown because it is a part of who you are. But I am very grateful for the opportunity to play this year’s festival and help unite the community on the main essentials – food, family, and faith.”

Terango remarked that the popular local group AMICI will close the activities each day of this year’s three-day festival! He added that people will also be delighted to know that the Festival Parade WILL be held this year on Saturday as well.

“The parade route will move down Pike Street instead of Main

St. though. We’ll have vendors on the sidewalk that will move and then put things back in place following the parade. This was another necessary change, and with the Courthouse annex construction going on, this will be less confusing to keep things in this area,” he added.

Once again, there will be a lot of local entertainment featured throughout Saturday, some who performed on Friday with the addition of a former Regina Maria Chelsea (Boyles) Reyburn. And Saturday evening’s headlining entertainment at 8 p.m. will be ‘STAYIN’ ALIVE: One Night of the Bee Gees’. STAYIN” ALIVE always offers its audiences the songs and sights of a full Bee Gees’ play list and there is sure to be a lot of ‘dancin’ in the streets’ of Clarksburg during their performance as this tribute band brings to life again the popular music of the three Gibb brothers whose harmonies rocked the music world for a couple of decades!

As always, the final day of the festival will begin at 10 a.m. with an Outdoor Catholic Mass from the Jackson Square pavilion. Following the service, entertainment will continue with the Allegro Dance Company, Tony Starkey and Brandon LeRoy & Marissa Bailey. Sunday’s headliner, John Lloyd Young, will perform at 3:30 p.m. Young was the

original Frankie Valli in Broadway’s Tony Award-winning Best Musical as well as the film adaptation of *Jersey Boys*. So if you loved the many tunes from the 60s and 70s that made Frankie Valli & The Four Seasons internationally popular, you’ll want to be at Jackson Square that afternoon!

Terango concluded, “When we began our planning for this year’s festival, there were still uncertainties and many variables about where the pandemic would be as Labor Day weekend more closely approached. In the interest of safety, we feel we made the right decision for everyone’s well-being. Now with the COVID variants and numbers rising once again, we feel that this move was a good one. We’re still going to celebrate our full three-day festival with free entertainment and we hope that everyone is ready for the excitement that it brings!”

The stage will be on the top level of the Jackson Square pavilion and parking lot. Other vendors and booths will be located on the lower level and on the street as well. Attendees will be free to roam on the lower level and on the street. If you don’t want to stand for the entertainment, attendees may feel free to bring lawn chairs. Prepare to celebrate on Labor Day Weekend in Clarksburg!

# This Is Where...

## You Can Take Steps Toward Healthier, Beautiful Skin.



Laser technology can treat various types of skin and cosmetic conditions safely to achieve a fresh and younger appearance. With an extensive collection of state-of-the-art lasers, be assured you will be provided with an advanced solution tailored to your desired results. Non-invasive laser treatments deliver results with less downtime to accommodate today’s busy lifestyle with renewed skin and confidence.

- Scarring
- Birthmarks
- Brown Spots
- Age Spots and Sun Damage
- Rosacea
- Broken Capillaries and Blood Vessels
- Tattoo Removal

**To determine if you are a candidate for laser treatment, please call 304-624-7200 to schedule a consultation.**



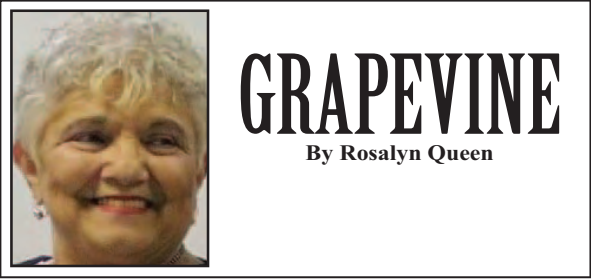
**Sheri Farasat, MD**  
Board-Certified Dermatologist  
120 Medical Park Drive, Suite 200, Bridgeport, WV 26330  
[uhcdermatology.com](http://uhcdermatology.com)



**UNITED HOSPITAL CENTER**  
We’re Part of Something Great | [uhcwv.org](http://uhcwv.org)



# Make Your Plans Now To Attend The Italian Festival



## GRAPEVINE

By Rosalyn Queen

Last Saturday, I attended a memorial service for Rose Mazza Vallelonga. Since she lived her entire life in East View, it was only right that the service be held at the East View Community Center. Although we were not really blood relatives, it just seemed that we were family. The closeness came from living next door and from sharing every part of our family. She was my sister’s Godmother, her sister was my Godmother, and her husband was my son’s Godfather. Brenda and my sister, Cathy, were as close as any two sisters could be and still are living next door to each other.

Hostesses for the event were her daughter, Brenda Tacey and her sons, Paul and Steve. There were many friends and neighbors who attended throughout the afternoon, but it was especially great to see all the nieces and nephews who came from Michigan and Ohio. All the memories we shared were so positive and no one really knew all she did for everyone. May she rest in peace.

You all may have to help me settle this little problem I seem to have developed. This week, I had plans to go away for four days on a mini vacation. But with the sudden spike in COVID, I decided it best to stay home. Since the trouble with my eye, I have not been able to read much, but decided I would get a few

books to take with me to fill in the time. I called the Bridgeport Library and they got three books ready for me. Most of my readers know that Danielle Steele is my favorite author but recently, I have been reading a lot of Kristin Hannah. The librarian recommended The Great Alone and sent it to me. After I had read the first half, I started feeling as though I had read it before... it started feeling as though I knew what was going to happen. But there was not enough of this feeling to make me put it down. Now the strange part is that at the end I felt I knew what was going to happen but not how. Now the question to you is, what happened?

She also sent me Winter Garden by Hannah and I enjoyed it also. Most of her books have strong women characters and the struggles they face in life.

I urge you all to attend the Italian Festival. The board is certainly trying to present a modified festival and still observing the COVID guidelines. Speaking of COVID, I realize we must all be careful because I think it has come back. If you have not been vaccinated, please rethink getting the shot, it will be better for your health and for those you come in contact with.

My tomato plant is like the Energizer Bunny -it just keeps giving and giving. I look forward to getting up in the morning, getting my coffee and sitting on my patio enjoying a hand full of my grape tomatoes; they are so sweet.

Be sure to keep your basil pinched back. As it starts to seed, take the bloom back. My basil looks like a miniature tree. If I take care of it, I will have fresh basil late into the year.

Take care, be safe from COVID and until next week, “Now You Have Heard It Through the Grapevine.”

# Rest In Peace Joe Galloway!



## Pine Bluff News

By Pat Matheny

Saturday, I walked across the road to attend my little buddy Colton Eugene’s 11th Birthday Party. His mom, Julia, had everything organized and under control. He had a blast playing with the other kids and as always, present-wise, he made out like a bandit (Atta boy!).

In the evening, neighbor Kevin brought over a dozen roastin’ ears of fresh corn from his garden. We sat on the patio for about an hour discussing the world in general. He said that the early morning storm blew down a lot of corn stalks, so there will be more coming my way if I needed any.

Sunday, Lee came by to hang out with the old man. We decided to get something to eat at the FOP Restaurant in Nutter Fort. It was a rainy day, so I agreed that we take his truck (Didn’t want to get the Ranger dirty). Upon arriving at our destination, the parking lot was full and there were eight people standing outside with umbrellas...ain’t no way! So, we headed to the Parkette Restaurant on old Bridgeport Hill... they have nice pepper shakers.

After three doctor appointments last week, I felt odd this week because I didn’t have any. But, no worries, I have two scheduled for next week. I forgot to mention that last week while at the VA hospital, I ran into Susie’s Uncle Buck (Denzil) of New Martinsville. He is a younger brother to Susie’s Dad, the late Junior Burl Godfrey. I bumped into him as I was exiting the elevator on the way to another

appointment. With our masks on, he recognized me first...had to be the nose and ears. His wife Lonell accompanied him, but she was sitting in the entrance lobby waiting and I didn’t get to see her. It’s always great talking with Buck; he reminds me so much of my late father-in-law. We were planning on meeting later to eat somewhere, but I got tangled up with my appointment and didn’t get out in time - that was a bummer.

Wednesday, it was sad to hear of the passing of war correspondent Joe Galloway. Most of you won’t recognize the name, but he was a Vietnam Veteran’s greatest friend (Brother). He was a war correspondent (Non-combatant) for UPI during the conflict and co-wrote the book ‘We Were Soldiers Once... and Young’, with retired U.S. Army Lt. Gen. Hal Moore. It was later made into the movie, We Were Soldiers. The movie recounted his and Moore’s experience during a Nov. 1965 battle with the North Vietnamese in the Ia Drang Valley. This battle happened 300 miles north of me while I was there.

Joe was decorated with a Bronze Star Medal with V for rescuing wounded soldiers under fire during the Ia Drang battle. He is the only civilian awarded a medal of valor by the U.S. Army for actions in combat during the Vietnam War. Over the years, he had been the main speaker at many major Veterans events and was involved in many projects for different Vietnam Veterans Organizations. I never personally met Joe, but my Thunderbird brother, Don Roof, did while working the Vietnam Memorial Wall on Memorial Day weekend a few years ago. I have pictures of them together... RIP Joe.

Until next time, have a great week and remember our Veterans.

Ace

# Heroic Flag Donated To United Hospital Center



The Heroic Flag is displayed at the main entrance foyer to UHC. Each flag takes 20 hours of work to complete. On the back of each work of art is a simple message from Liberti, “Thank you for your service.” Pictured left: Sharon Montgomery, president of the Auxiliary to UHC; Ashley Bugby, RN, CCU; Kelsey Miller, RN, 4N; Sharon Mitchell, RN, nurse manager of 4N and 7N; Caleb Frame, RN, 7N; and Sharon Huffman, volunteer of the Auxiliary to UHC.

A special American Referred to as the *Heroic Flag*, it is the creation of 16-year-old Lorenzo Liberti of Florida. Liberti and his family selected one hospital impacted by COVID-19 in each state to receive a piece

of his handcrafted patriotic art. When it was West Virginia’s turn, they chose UHC.

The idea of giving back first occurred to Liberti in January 2019, when he went with his church to feed the homeless and where he also met a veteran in need. This life changing experience opened his eyes and heart.

After much praying and struggling to figure out what he could do, Liberti’s prayers were answered. He discovered a DIY project that he wanted to try. His dad helped him get the right tools and materials. After a few attempts and some modifications, Liberti completed his first rustic American flag—*Heroic Flag*.

He works after school, on weekends,

and during what little spare time he has to complete the flags. He enlists the help of his mother and sister, as they both enjoy painting.

“Lorenzo is an inspiration to all of the employees at UHC,” said Denise Steffich, volunteer coordinator to the Auxiliary to UHC. “We are honored to display his art, as it is a constant reminder of the good that exists.”

To learn more or inquire about getting a flag of your own, visit [www.heroicflags.com](http://www.heroicflags.com).



## “Don’t Wait”

cont. from p. 1

city and still served on the city council, which seemed fascinating to this group of mainly twenty somethings. The group was quite diverse, with a teacher from Canada, an Ivy League graduate, a Korean-American girl, and a variety of other backgrounds and interests. After a delicious dinner, we headed out to explore Krakow.

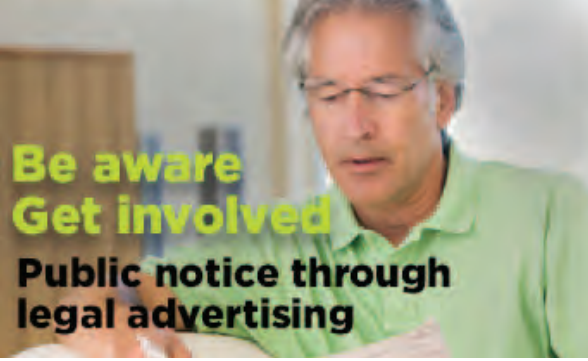
Krakow is a beautiful, historic city with a huge city square, filled with street performers and flower vendors. We visited a jazz club, which was about three floors below street level, in what could be described as catacombs, with smoke from the cigars and cigarettes creating a somewhat eerie feeling. The music was great and we laughed and enjoyed the first night of our two-week adventure.

A short bus ride and we headed to Wroclaw, a city on the Oder River that was once a part of the Kingdom of Hungary, the Kingdom of Bohemia, the Kingdom of Germany, before becoming part of Poland again after World War II. We stayed in a family motel and it proved the perfect home base for our work crew. We had a home cooked breakfast each morning and a hardy meal each night. We took a small van to the worksite each day and they would pack us a nice lunch.

We were building four-unit flats that were fairly small but were a big improvement for the families that were going to live there. We got to meet the families and they brought their children to the worksite on several occasions to check out their new homes. The smiles on their faces made our efforts worthwhile and we got to play Frisbee in the vacant lot during an evening cookout.

I realized recently that those kids are now grown and probably have kids of their own. As I get older and time seems to race by, I am reminded to not wait for the perfect time to do something that you want to do. Do it! The longer you wait, the more things can get in the way of your dream. I made life-long friends on that trip and still communicate with many of the team members that I met. I also know that several families in Poland benefited from that two-week adventure and hopefully were able to prosper and have a better life.

Life is full of Amazing opportunities! Don’t wait; time marches on.



Casey's of Shinnston



**PIZZA SPECIAL**  
**Every Thursday**  
**6-8 PM**  
**12" Pizza with**  
**salad &**  
**beverage**  
**... just \$10**

AUTO • HOME • BUSINESS • LIFE • FARM

KYLE JOHNSON

INSURANCE AGENCY

403 South Pike St. • Shinnston, WV 26431

304-592-3710

AUTO • HOME • BUSINESS • LIFE • FARM

SHINNSTON

MCDONALD'S



**With this Coupon receive a FREE Medium Fry with any sandwich purchase**

**Expires 9-02-21**

One per customer per visit – not to be used with any other offer, discount or within an EVM purchase. Valid at the Shinnston McDonald's only. Cash value 1/20 of 1 cent LwC. Must present this coupon prior to ordering.





# Museum Hosts Members Of Community’s ‘First Family’

**By DEBRA HERNDON**  
*Museum Director*  
On August 6<sup>th</sup> and 7<sup>th</sup>, the City of Shinnston saw a reunion of its “First Family”, the Shinns. The Bice-Ferguson Memorial Museum saw about 20

Shinn visits during this time and the Shinns also enjoyed visiting the Levi Shinn House, the cemetery, a pizza party at the Gillum House and their reunion celebration at the park.  
In preparation for the visit, many articles (most penned by Jack

Sandy Anderson) and many book excerpts were placed in binders for their perusal. These items will remain available for anyone interested in the beginnings of the town.  
Levi Shinn came to this area in the early to mid-1770’s. The Shinns

were Quakers and their faith forbid bloodshed, so it is likely that the family was seeking a pleasant place to live, but somewhere further from the conflict of the Revolutionary War than their native New Jersey. Levi must have found our area a good place as

members of his family, including brothers Jonathon and Clement, followed him here. This area was part of Virginia at the time and anyone who built a house before

1778 was given 400 acres of land. The Levi Shinn Log House was known to exist in 1778 and Levi became owner of a good deal of land.

Continued on Page 10

## SEPTEMBER IS Library Card Sign-Up Month!



**By DEBORAH STARKEY**  
*Library Director*

There’s nowhere to go but up with a library card to discover the adventures it can take you on. Travel anywhere, meet new people through

characters in books without leaving home. Learn a new language, relax and escape through music and videos, access technology resources and other sources to pursue your passions and dreams. Explore history, cultures, places,

Continued on Page 10

## SPD Submits Report Of July Activities

Shinnston Police Chief Jon Harbert shares his monthly report of the Department’s detailed activity during the month of July, 2021.

CITATIONS:

Hazardous	18
Non-Hazardous	52
Accident	0
Warning	89
Parking	1

ARRESTS:

Felony	2
Misdemeanor	30
Shoplifting	0
DUI	0
Domestic	3

REPORTS:

SPD 101	41
Accident	1
Juvenile Petition	0

OTHER:

Alarm Response	16
Premise Exams	742
Investigations	131
K-9 Deployments	14

Total Calls for Service	209
Totals for ALL Calls	1,349

## Garden Club Reports On July Meeting

The Shinnston Garden Club met July 22nd for a luncheon meeting at Jimmy’s Diner. Dorothy Rota welcomed those present and led the Pledge to the Flag. Vice-President Wanda Ashcraft gave devotions and Joyce Miker asked for a blessing on the food.  
Those ill and in need of prayer were noted. Secretary Letha Stutler read the minutes of the previous meeting. Treasurer’s report was given by Debra Herndon. Herndon also reported on a

Continued on Page 8

## SVFD Details Its July Response Log

Shinnston Volunteer Fire Department Chief Dylan Oliveto reports the breakdown of 82 calls answered by SVFD volunteers during the month of July.

- 41 Medical Emergencies
- 13 Service calls
- 3 Vehicular accidents
- 18 Fire Alarm Activation
- 1 Car Fires
- 4 Other Fire Types
- 2 Structure Fires
- 82 Total Call Volume

Ten House volunteers perform with pride and are dedicated to serving the residents of Shinnston and those within their service area. Their objective is to preserve life and property and promote public safety in a professional manner.

SVFD’s monthly call log is offered to keep the public informed of the department’s monthly activities.

## Woman’s Club Yard Sale Benefits Clubhouse

The Woman’s Club of Shinnston held a yard sale August 6th and 7th at its Clubhouse on Bridge Street and to benefit its upkeep. The Woman’s Club owns and maintains this facility so that individuals and organizations in the area have a facility that can be rented for group gatherings. Rentals have been affected by the pandemic and the yard sale proceeds were to help in maintaining the building.

We thank those who

participated by donating items, moving items, pricing, manning the sale, and those who came and bought. Watch for another sale in the spring!

The Woman’s Club of Shinnston has been very active through the years, helping with and sponsoring programs, activities and contests to promote community involvement and personal growth. The Club will celebrate 100 years of service in 2022.

Continued on Page 9

## American Legion Post 31 Donates To City’s Backpack Giveaway



Shinnston Community Development Coordinator Anthony Tate (pictured center) accepts a donation of 20 backpacks and \$300 from American Legion Post 31 Commander Bruce Grimes (rt.). Also pictured (left) is Post 31 3rd Vice Commander Clifford Shingleton. The City’s backpack giveaway program was held at Ferguson-Memorial Park on August 14th. Backpacks that were not dispersed that day will be divided among Lumberport Elementary, Big Elm Elementary, and Lincoln Middle School so that the remainder of the backpacks can be offered to children in need as school resumes at the end of the month.

## A Final Lap At Shinnston Pool

While the Shinnston Pool is still open on weekdays, it will be closing soon as the new school year begins. HOWEVER, there is one last weekend opportunity to enjoy a ‘splash’ at the pool on Labor Day weekend. The Shinnston Pool WILL BE OPEN for its last weekend this year on Sept. 3rd, 4th, and 5th. Come and take advantage of these ‘final fun days’ at the Shinnston Pool!



**ACE**  
The helpful place.

(304) 371-3512  
1428 S. Pike St., Shinnston

*Perine Funeral Home*

**304-592-5925**

1348 S. Pike Street, Shinnston, WV

*Timothy E. Perine - L.L.C./Owner*  
*Adam T. Perine - Funeral Director/General Manager*  
*Patrick A. Kovalek - Licensed Director*

**“Family Owned & Operated”**



**SHINNSTON PLUMBING COMPANY**

*“Your Duct Cleaning Professionals”*

**Phone: 592-2010 Fax: 592-2022**

West Virginia Contractor #WV001271

*“Cold weather is coming! Don’t forget your heating system!”*

**Dorsey**  
*Funeral Home*



**LOUIE MALE**  
Owner/Licensee - In Charge  
Locally owned and operated.  
701 South Pike Street, Shinnston, WV 26431

**Office: 304-592-1358**  
**Fax: 304-592-2571**

AUTO • HOME • BUSINESS • LIFE • FARM

**KYLE JOHNSON**

INSURANCE AGENCY

403 South Pike St. • Shinnston, WV 26431  
304-592-3710


AUTO • HOME • BUSINESS • LIFE • FARM

**SDA**

A WV ONTRAC COMMUNITY

*Promoting the business prosperity & economic welfare of Shinnston*

*The City of Shinnston*



*Council meets at 7:00pm on the second and last Mondays.*

*Join Us On Facebook!*



# Football Is King In The Mountain State!



## The Bottom Line

By Bill Nestor  
*Sports Editor*

It has been a long summer. High temps and humidity have coupled with a lack of sporting events to make for a long summer break. Finally, there is something for area sports fans to get excited about as tomorrow marks the start of a new high school football season.

In Shinnston, excitement surrounds veteran Head Coach Rob Hawkins and his team. A 40-man roster that includes a truckload of returning juniors and seniors along with 14 returning starters has Cougar fans chomping at the bit for their home opener. Braxton County comes to Stydahr Field to tangle with Hawkins and company. Junior, Nick Kellar is set to take over the reins of the offense and Hawkins is happy with his efforts this preseason. The Cougars will lean heavily on the running

game that will be led once again by the junior tandem of Levi Moore and Antwan Hilliard.

Lincoln is coming off of a 4-4 mark from a year ago and is looking to make the playoff scene in 2021. The defensive unit will be another strength this season and if it plays up to expectation, look for big things from the Cougars. Hawkins has the advantage of a bye week before travelling to Grafton and Nicholas County before returning home to face rival, North Marion.

In Clarksburg, Robert C. Byrd has reloaded and is looking for some payback after having the opportunity to play for a Class AA title which was taken away by COVID. Head Coach Josh Gorrell has the luxury of having Jeremiah King back for his senior season. King is already the schools all time leading rusher

and could make a push to be the state of West Virginia's top rusher of all time.

The already strong offensive line was bolstered by the addition of Wyatt Minor. Minor (6'6, 305 lbs.), a transfer from Bridgeport, is a Division I prospect and a game-changer for the Flying Eagles. Robert C. Byrd will open up on the road at Keyser. Three of the first games are lengthy road trips for the Flying Eagles. After the visit to the Golden Tornado territory, and a home tilt with Elkins, trips to Greenbrier East and Preston await.

Bridgeport has a new head coach in Tyler Phares. Phares is very familiar with the Indian program and especially with senior signal caller, Cam Cole. Bridgeport is big and strong up front and will rely heavily on the rushing attack to get the job done. A season opener at Buckhannon Upshur will serve as a tune up before the Tribe hosts Morgantown in week #2 action.

Liberty is looking to overcome COVID-19 issues that arose in a mid-August scrimmage with Lewis County. The Mountaineers had four positive players and several others that were close contacts impeding the preseason process. Headman A.J. Harman has had to hustle in preparation for the opener at home against Elkins. It is the first of four straight home lock-ups for the Mountaineers.

In Lost Creek, Brett Hathaway inherits the South Harrison program. The first-year head coach knows a thing or two about exceptional running backs (he was one at Bridgeport) and he knows that he has one in junior, Jacob Haddix. Haddix will spearhead the Hawks offensive attack. South Harrison opens with a trip to Doddridge County and will host Liberty in week two at Gary Barnette Stadium.

That will do it for now. Until next week...take care and God Bless!



## Tee It Up!

By Bill Nestor  
*Sports Editor*

This edition of Tee It Up focuses on the Tygart Lake Golf Course located just outside of Grafton. This 18-hole championship course offers multiple tees that ensures a fun and challenging round for golfers of all skill levels.

The design and detail are what set this tract apart. The layout allows golfers to settle in on the front side before tightening up the screws on the back. The targets off of the tees narrows on holes 11 and 12 (handicap #3 and 1 respectively). It's risk vs reward on both holes and the same goes for hole 14 where aggressive tee shots bring a low score into play. Hole 7 is the signature hole, a par 3 that requires a tee shot over water that surrounds the front and right side of the green.

The detail is provided by the staff both in the club house and on the course. Their efforts are a difference maker that makes Tygart Lake a must play. From tee to green, the course is in impeccable shape including the rough and bunkers. The rough is penalizing but fair, the bunkers are strategically placed and add protection to the lightning-fast greens, and the water (which comes into play on several holes) provide the teeth to this tract.

After your round, enjoy a beverage at the 19th hole. It possesses a feel like Cheers and it owns an atmosphere that is second to none.

Tygart Lake Golf Course is a golf trip that is definitely worth making.a

## The Most Magical Place On Earth



## From The World Of Parks & Recreation

By Doug Comer

People who work as Administrators in education have such a small window of opportunities when they can get away for a brief vacation. The kind where you can shut off the phone, grab a drink of choice and really enjoy the world of relaxation. For someone who helps operate a summer parks program, moonlights as the golf professional giving lessons and running tournaments, they too have a rough time to squeeze in a little "R & R". But, for this family, it happened and we went all out for a couple days of fun.

Disney World means so much to our family. My parents took me there when I was a little kid right when it opened, Jeovanna has been there quite a few times as well. Most importantly, two things happened that I am thankful for while visiting – getting engaged and being there for my two boys and my nephew as they visited the park for the first time.

You see, through a youngster's eyes it is one of the best places to be. Instead of seeing Mickey and the clan on the television, they get to hug and interact with those characters in real life. It is a wonderful experience on so many levels for a child of any age to see Main Street Disney once you enter. Who am I kidding, I get goosebumps when we first enter the park. It is a wonderful place to be.

There are many families that really embrace the activities and the themes that follow. People wearing matching shirts of some Disney quote or photo. There are families celebrating birthdays or having reunions and I tell you, it makes sense if you can pull it off. My wife and I both love the opportunity to provide a vacation like this when we need it most.

There is some stress for us when it comes to planning a trip like this. It is really tough for a person like my wife to let it go and just relax for a few days and it goes that way for me too. In our positions, there are many times where we are needed to answer a question or to help someone in any way. It goes with the responsibilities we have and we have worked along it.

But, all that happens up to the day we leave means nothing when you get to see a young kid enter the park and sees the characters and that smile of his makes it all worth it. Disney seems to make you smile a little wider and put a little gleam in your eye. It is one of the greatest places on Earth and the enjoyment of seeing someone soak it in makes the trip so worthwhile.

From the It's a Small World ride to the Goofy rollercoaster, Costa was all in it for the long haul. He was a real trooper and fell in love with all the rides and attractions. He defeated Zurg on the Buzz Lightyear ride and was worried about Donald Duck flying through the wall during the Magic 3D Mickey experience. I am so happy we got a moment to spend a little family time in an almost impossible schedule. We are a Disney family and we cannot wait to get out there and do it again.

## Hall Of Fame Coach Roger Harring Passes Away



Harring's 261 victories currently rank him 20th all-time among all divisions in college football history.

Coach Roger Harring, a 2005 College Football Hall of Fame inductee who headed the program at the University of Wisconsin-La Crosse from 1969-1999 with an astounding .771 winning percentage,

passed away August 12. He was 88.

"Coach Roger Harring made an indelible mark on college football in Wisconsin and nationwide, winning three national championships," said

NFF Chairman Archie Manning. "He stands among the greatest college coaches in history, and we are forever grateful for his contributions to the game and the impact he had on the countless

young men he mentored during his career. We are deeply saddened by his passing, and our thoughts and prayers are with his family and friends."

During his 31-year tenure, Harring guided the Eagles to heights the school had never before seen, compiling an overall record of 261-75-7 and three national championships. The first crown came in 1985 when the Eagles played in NAIA. The second followed in 1992 after UWL had moved to the NCAA Division III, making the Eagles the first school in college football to win an NAIA title and an NCAA III

**Continued on page 8**

## West Virginia's Waterfalls Worth A Visit



CATHEDRAL FALLS

Don't go chasing waterfalls—or do. Summer is here. Add these waterfalls to your West Virginia bucket list this year for a splashy way to explore Almost Heaven.

**DOUGLAS FALLS:** Douglas Falls is a hidden gem located

just outside Thomas on the North Fork of the Blackwater River. The water cascades into an emerald-hued lagoon and laps against rust-stained boulders. Plan a trip to visit, and find the falls by traveling on Douglas Road from

**Continued on page 9**

## Alabama, Clemson, Oklahoma, Ohio State Top 2021 Preseason Rankings

Defending national champion Alabama dominated the preseason poll with 35 of 52 first-place votes. Clemson was second in the poll voting, 66 points behind Alabama, with other perennial powerhouses Oklahoma and Ohio State following in that order.

Georgia, the only team to receive first-place votes other than the top four, was No.

5, followed by Texas A&M, Iowa State, Notre Dame, North Carolina and Cincinnati as the top 10 vote-getters. The Bearcats were the only non-Power Five team in the poll.

If the opening poll is reflective of what will happen at the conclusion of the 2021 season, then college football will see more of the same from recent

**Continued on page 8**



**Dorsey** Funeral Home

LOUIE MALE,  
Owner/Licensee-In Charge  
701 South Pike Street, Shinnston, WV 26431  
Office: 304-592-2500-Fax: 304-592-2571



**Harmer Funeral Home**

Shinnston, WV · 592-2500  
www.harmerfuneralhome.com  
Jay D. Harmer, LIC,  
Jacob A. Harmer, Licensed Funeral Director



**Perine Funeral Home**

Call 592-5925 • 1348 S. Pike St. Shinnston  
Adam T. Perine - LIC  
Patrick A. Kovalck - Licensed Director

**KAREN SUE REXROAD**  
Karen Sue Rexroad, 76, of the Cambria Community of Lumberport, WV passed away Monday, August 9, 2021 at United Hospital Center. She was born in Clarksburg on May 22, 1945, daughter of the late Allie Margaret Miller.

She is survived by her husband of 59 years, Glenn O. Rexroad Jr. Also surviving are her children Jeffrey Rexroad and his wife Becky of Lumberport, Kevin L. Rexroad of Clarksburg, James E. Rexroad and wife Sue of Wheeling, and Ashley Muzzy and spouse Jeremy of Cambria Community. She is also survived by one sister, Marilyn Seese of Bridgeport; and several nieces, nephews, grandchildren, and great grandchildren.

There will be no viewing or services. In honor of Karen’s request, cremation will take place. A celebration of Karen’s life will be held at a later date.

We wish to thank the staff of the Critical Care Unit of United Hospital Center for the wonderful care they gave her. Online memories and condolences may be shared at Harmerfuneralhome.com

**HELEN GLADYS HARDEN**



Helen Gladys Harden, age 84, went home to be with the Lord on August 16, 2021. She was born on October 9, 1936 in Harrison County WV to the late Herbert and Thelma Buckhannon.

She was preceded in death by her older brother Alvin Buckhannon, her first husband Burnie Jay Fry, and her second husband James Harden.

Helen is survived by her sisters Nancy (John) Lindsey, Jeannie Boyles, and Penny (Randy) Willis, and her brother Carl Buckhannon. She is also survived by her seven children. David (Debra) Harden, Sharyl (Chet) Thompson, Tracie Harbarger, Burnie Fry, Donald Fry, Jeffrey Fry, and Michael (Stephanie) Harden; her 15 grandkids; 33 great-grandkids, and 3 great-great grandkids.

She enjoyed baking and was the head baker at Foodland for over 20 years. She was known for her talent of baking wedding cakes. Helen enjoyed watching the birds through her kitchen window while drinking her morning coffee, but what she enjoyed the most was being surrounded by her family.

A funeral service was held on Thursday,

August 19, 2021 at Harmer Funeral Home. Interment followed at the West Virginia National Cemetery, Grafton. Memorial donations can be made in support of Military Veterans.

Online memories and condolences may be shared at Harmerfuneralhome.com

**ARTHUR JUNIOR JENKINS**

Arthur Junior Jenkins, 63, of Salem, WV passed away on Saturday, August 14, 2021 at the Salem Center. He was born May 28, 1958 in Clarksburg, the son of the late Arthur P and Dormay Bassell Jenkins.

Arthur worked for Dan Thompson for many years. He enjoyed spending time with his family. He truly enjoyed fishing, hunting, camping, and being outdoors. Arthur had fun going to Karaoke at the Crystal Lounge and at other gatherings and was a talented singer.

Arthur is survived by five siblings, Mary Parsons and Tommy, Connie Bassell, and George Jenkins, all of Clarksburg, Marsha Jenkins, Fairmont, and Robert Jenkins, Anmoore; as well as several nieces and nephews.

Davis Funeral Home and Onsite Crematory handled the cremation arrangements for the Jenkins Family. Online condolences can be made on Davis FuneralHome WV.com.

**JODIE ELAINE TINNEY**

Jodie Elaine Tinney, 49, of Clarksburg passed away on Monday, August 16, 2021at United Hospital Center. She was born on October 8, 1971 in Clarksburg, the daughter of the late Charles and Wilma Joann “Ross” Tinney. Jodie enjoyed music and car rides, but most of all she loved blazing marijuana as often as possible. One of her favorite things to do was watching her favorite show, Jerry Springer. She will be greatly missed by many.

Jodie is survived by her children, Dekota Murphy, Clarksburg and Robert Lee Littles, III, Elkins; grandson, Kaysen Murphy; siblings, Deann SuttnerandBrendaMyers, both of Florida, and Frank Tinney, Virginia; her Aunt Maim; one cousin, Karen Flemming; as well has her special friend, Shelley Arcuri, and her beloved dog, Zeb.

In addition to her parents, Jodie was preceded in death by Donna Elder and Shawna Hardman.

As per her wishes, Jodie will be cremated. In lieu of flowers, donations can be made to Jodie’s memorial fund in order to support the family. There will be a Celebration of Life Wake in Jodie’s honor at a later date. Davis Funeral Home and Onsite Crematory

handled the cremation arrangements for the Tinney Family. Online condolences can be made on Jodie’s memorial page at www.Davisfuneralhome wv.com.

**WILLIAM JOHN MEREDITH**



William John “Johnny” Meredith, 73, of Clarksburg went home to be with the Lord August 17, 2021. He was born on January 29, 1948 in Bristol, WV, the son of the late John Lafayette and Maxine June (McIntyre) Meredith.

John was a long-time member of the Masonic Lodge in Shinnston Masonic Lodge #24. He was a wonderful inspiring family man who enjoyed horseback riding, hunting, fishing, and running his excavator. John was a hard worker and an adoring husband, father, papa, and friend.

John is survived by his loving wife, Cheryl Lynn (Devericks) Meredith, at home; daughter, Amy E. Lucas and husband Mitchell of Salem; two stepsons, Shawn Wayne Shingleton and fiancé Tabitha Scott of Spelter and Christopher Alan Shingleton and Amanda Hannon of Clarksburg; grandchildren, Chase, Chris, Andrew, Kyler, and Lakota; brother, Mark Meredith of Salem; mother-in-law, Frances Lorena Swentzel; cousins, Jimmy and Mary Ann Shaver, Clarice Shaver, Joe Delong, Larry Meredith, Linda Kay Bladen, Debbie Englander; and numerous nieces and nephews.

In addition to his parents, he was preceded in death by his father-in-law, E. Wayne Devericks and sister-in-law, Pam Meredith.

A funeral service was held on Monday, August 23, 2021 at Davis Funeral Home with Pastor Sherman Goodwin officiating. Interment followed at Floral Hills Memorial Garden. Online condolences can be made on John’s memorial page at www.DavisFuneralHome WV.com.

**NORMA JANE (GRAY) DAVIS**

Norma Jane (Gray) Davis, 62, of Anmoore, passed away on Tuesday, August 17, 2021 at United Hospital Center in Bridgeport. She was born on March 15, 1959 in West Union, the daughter of the late Arthur Carl and Elsie Adella Richards Gray.

Norma graduated from Roosevelt Wilson High School in Nutter Fort. She then obtained her Associate Degree in Nursing from Fairmont State. She would

eventually marry the late Steven Lynn Davis while he was serving in the Navy. Norma worked as a nurse at United Hospital Center for many years. She enjoyed playing Bingo and crochet. She loved her grandbabies and her favorite thing was to spend time with them as often as possible.

Norma is survived by children, Maggie Everitt and Donald, Charlotte Hall, MD and Michael Alan Davis and fiancé, Celeste Wolfe; siblings Mary Gray, Bridgeport, Barbara Hanlon, Bridgetown, OH, and Patirica Hanlon and Gerald “Jerry”, New Palastine, IN; seven grandchildren, Liam, Lynndon, Lydia, and Logan Everitt, and Noa, Emma, and Ava Davis; as well as several nieces and nephews.

A funeral service was held on Tuesday, August 24, 2021 at Davis Funeral Home with Dr. Lou Ortenzio officiating. Interment followed at Floral Hills Memorial Gardens. Online condolences can be made on DavisFuneral Home WV.com.

### ANNETTA ROSE VASQUEZ

A very bright shining light, Annetta Rose Vasquez, 84, of Bridgeport, passed away Tuesday morning, August 17, 2021, in the United Hospital Center. She was born in Clarksburg on July 5, 1937, a daughter of the late John H. and Katherine L.A. (Tiano) Brunetti.

She is survived by her husband of 45 years, Jess Vasquez.

Also surviving are two sons, Chuck Malcomb of Bridgeport and Wesley Malcomb of Clarksburg; her granddaughter, Danielle Malcomb and a grandson Shawn Malcomb, both of Florida; a brother, Tucker Brunetti of Bridgeport; a sister, Jennifer Schellenberg of Clarksburg; her Aunt Sandra Whitehair of Clarksburg; her step-brother, Regis Ellis of Clarksburg; and several nieces, nephews, cousins, and her dog, Jack.

Annetta was a graduate of Victory High School, Class of 1955, and then attended WVU. She was a member of All Saints Catholic Church.

She loved flowers, loved to read, and loved animals. But most of all, she loved her family.

She was a very loving and fiercely loyal and protective mother and grandmother who was true blue to the end.

The family would like to especially thank the UHC Cardiology nurses and the UHC Staff of Oncology. She loved you all!

A Mass of Christian Burial was held on Saturday, August 21, 2021, with Father Walt Jagela as Celebrant. Interment followed in Holy Cross Cemetery.

**Out Of The Past**

*Memorable Photographs from around Harrison County.*



**A familiar face at G.C. Murphy’s for many years, Sue (Bice) Livingston (1930-2020).** *Photo courtesy of Bobby Bice.*

Burnside Funeral Home, Bridgeport

**PASTOR JIM DAVIS**



On August 17, 2021, Pastor Jim Davis, 75 of Bridgeport, entered his heavenly home that he sang and preached about for over 26 years greeted by angels and in the arms of Jesus. Jim was born April 16, 1946 in Clarksburg a son of the late Golden and Alice Elizabeth Davis.

Jim is survived by his wife Cynthia Flynn Davis whom he married in 1992.

He is also survived by seven children, Jimmy Davis and his wife Julie of Sycamore Road, Clarksburg, Kim Spellman and her husband Randy of Bridgeport, Tim Davis and his wife Anissa of Mt. Clare, Tammy Owens

and her husband Tim of Sycamore, Clarksburg, April Randolph of Bridgeport, John Oswald and his wife Magen of Palm Harbor, FL, and Ryan Oswald and his wife Mallorie of Point Marion, PA. His 15 grandchildren include Ashley Davis, Brandi Callahan, Kody Spellman, Ally Spellman, Brianna Owens, Shianna Owens, Hunter Owens, Aaron Randolph, Jack Oswald, Ben Oswald, Jaden Oswald, Sophia Oswald, Dylan Davis, Bradley Davis and Serenity Davis. He was also blessed with six great-grandchildren, Kenzie, Maddie, Maisie, Mya, Lilly and Oaklynn.

His family also includes his brothers, Roger Davis and his wife Karen of Sycamore, Gary Davis of Nutter Fort; his sister Arlene Wolf of Sycamore and many nieces and nephews.

In addition to his parents, Jim was

preceded in death by a brother, Scott Davis, a grandson, Derrek Davis and his grandparents Revy and Neva Smith.

Pastor Jim with vision and anointing from the Lord, began the Gospel Barn Church out on the Brushy Fork area in September 1992. Along beside him was his brother, Roger Davis, that inspired the name of Christian Endeavors Ministry. Roger and Pastor Jim began playing music together at the age of 16. They, along with Sissy Hebb, Janice Jenkins, Scott Davis, Jimmy Lucas, and Karen Davis brought the Southern Gospel music to the church and the area that changed and transformed lives. Pastor Jim brought a light to the community of Stonecoal with the beautiful presence and power of God, drawing many people to the country church on fire with God’s word.

Special thanks to Grace, Stuart and Dee for taking such good care of Jim.

The funeral service will be held on Sunday, August 22, 2021 at the Gospel Barn Church, Stonecoal Road with Pastor Scott Davis and Pastor George Jenkins presiding. Interment followed at Trinity Cemetery on Brushy Fork Road.

Burnside Funeral Home, Bridgeport

**CLARA FLORENCE URSO BELCASTRO**



Clara Florence Urso Belcastro, 92 of Bridgeport, WV passed away at her home surrounded by her loved ones on Tuesday, August 17, 2021. She was born

**Continued on Page 10**



# “Roger Harring Passes Away” cont. from p.6

title. The program added another NCAA III title in 1995. Harring’s 261 victories currently rank him 20th all-time among all divisions in college football history and tie him for fifth among NCAA Division III coaches. The 261 victories are also the most in Wisconsin Intercollegiate Athletic Conference (WIAC) history. Twenty-five times in his 31 years, Harring’s

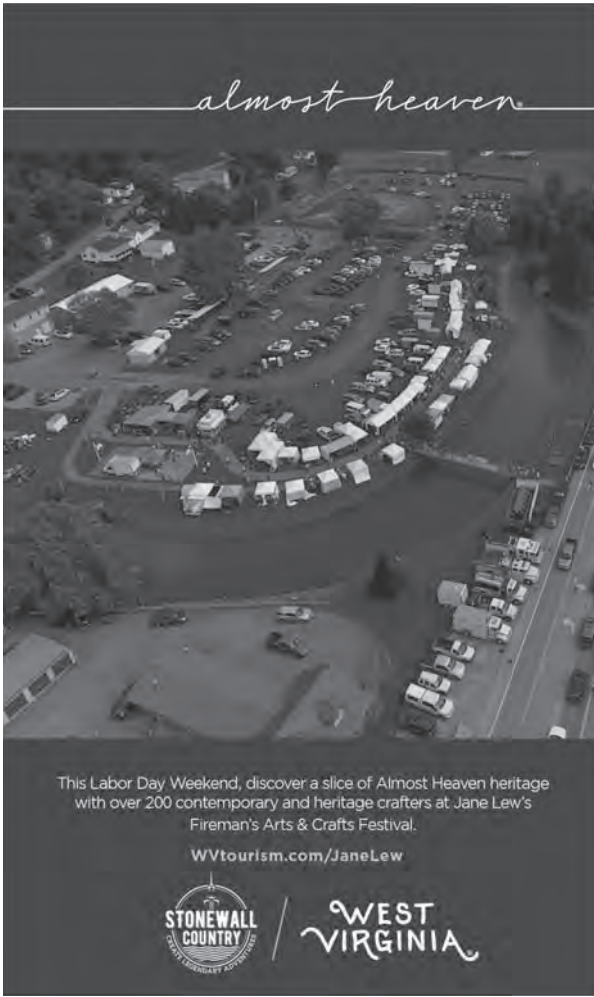
teams finished first or second in their conference, including 15 conference titles and 14 national playoff appearances, compiling an overall 23-11 playoff record. In 1992 and 1995 he was chosen as the national Chevrolet Division III Coach of the Year, and the American Football Coaches Association (AFCA) named him the Division III Coach of the Year in 1995. Seven times, he was named

conference Coach of the Year. Thirty-six UWL players were drafted or signed by a professional team under Harring. A total of 19 NAIA Division II All-America honors were earned, including nine First Team selections. Nine Associated Press Little All-America First Team honors were earned under Harring as well as four Football Gazette First Team selections. In addition to the

College Football Hall of Fame, he has been enshrined in the WIAC, NAIA District, Wisconsin Football Coaches’ Association, and the Wisconsin Rapids High School halls of fame. He was named to ESPN’s list of the 150 greatest coaches in college football’s 150-year history in December 2019. The Roger Harring Stadium at Veterans Memorial Field Sports Complex has also been named in his honor at ULM.

# “Rankings” cont. from p. 6

seasons. Alabama, Clemson and Ohio State have accounted for 11 of the 14 spots in the seven CFP National Championships. And Oklahoma has made three semifinal game appearances during that stretch. In the 2021 preseason poll, the SEC led all conferences with five teams and was followed by the ACC with three teams. The Big Ten, Big 12 and Pac-12 had two teams each, the American one and Independents one.



# “Citizen of the Month” cont. from p. 1

of events. We have a lot to offer in the areas of the arts and music, but there is always room for more.” This is home to the Yoke family. She and her husband raised their sons Blair and Neil here, and her husband was the principal architect for WYK Associates for many years. Dolores worked as an unemployment claims adjuster when she first moved to the area with her husband, Bill Yoke, Jr., who grew up in Clarksburg. “Bill was just starting his architectural career, so I couldn’t just stay home,” she said. “I even sold real estate for five years and worked as a Community Greeter, a position that spanned three decades off and on, connecting with many residents when they first moved into the area. As a Community Greeter, I welcomed newcomers and people could ask me anything,” she said, adding, “I would tell people where the hospital was located or where to dispose an American flag. I brought information from 50 to 60 local businesses and was a resource of information to many.” She later went on to work as the office manager for WYK & Associates until her retirement in 2013. She has always had an interest in the arts and worked with the Arts Center in the 1980s when it was located at the current site of Hardees

Restaurant on Joyce Street in Clarksburg. You can tell during the course of the conversation with Dolores that one of the activities or events that she truly misses is the Community Concert Series. “As a member of the Cultural Foundation, I called upon hundreds of people each year regarding subscription renewals for the series,” she stated. “This was truly a wonderful event and was held at the Rose Garden Theatre (now, the Robinson Grand).” Dolores fondly recalls a time that she worked with the late Cecil B. Highland, Jr. in an effort to raise \$8,000 through the Cultural Foundation in order to transport the Steinway piano in the Waldomore to New York City for repairs. “Times were different then and we worked hard to raise the needed funds and the Keeley family generously transported the piano for us,” she said. She will be the first to tell you how important the arts are to the community but also to young people as well. “We are extremely thankful to those who know or knew the importance of these events and support the many concerts, educational activities and art shows. I am thankful for the likes of Barbara Highland, who upon her death, left an endowment so that our citizens and youth can learn to appreciate the

arts,” she stated. For those who know Dolores Yoke on a personal level, they would not be surprised to hear her say that she gets stressed talking about herself. She is a humble person who proudly says, “I love sharing thoughts on our blessed community and how we live here. The one word that seems to summarize my life is collaboration,” she continued. This is a word that fits her to a tee. She truly enjoys pulling organizations and citizens from all walks of life together to work on projects for the benefit of the common good. “When I first moved to this area, I had an interest in serving people and that has only grown over the years,” Dolores said. “I joined the League for Service early on and it served to spawn my interest into other areas as well. I have been on the board and/or an officer of the Sacred Heart Children’s Fund for many years, a volunteer foundation that accepts funds and grants requests to benefit the children of Harrison County. We have a board of directors that meets four times a year and a corporate board that meets once a year, but this has been a rough year for meetings because it is hard to interact via Zoom and actually talk through the various projects.” Several days a week, Dolores can be found working at the Mustard

Seed, a food and clothing pantry on East Pike Street in Clarksburg. “The pandemic changed how we operate but we continue to provide 500 plus family units a month with food and necessities,” she said. “I can’t thank our two area Food Lion stores and World Vision in Philippi enough for all that they supply, in addition to the contributions from the public.” As a longtime member of Immaculate Conception Catholic Church, Dolores also serves as a Eucharistic Minister and a member of the funeral choir. “This is just another instance of where we have not gotten back together due to the pandemic, but hopefully soon,” she added. This is just a smattering of the work Dolores has done in and for the Harrison County area. Among her proudest accomplishments are the installation of the first Blue Star Memorial Highway marker in Harrison County, creation of the League for Service scholarships in 1978, serving as chairman of the Small Business Division of United Way’s 1975 campaign, serving as a member of the Harrison County Solid Waste Authority Board from 1997 to 2007, and representing Harrison County on the WV Humanities Council from 2011 to 2017.

Answers

E	D	S	E	L		E	L	E	G	I	A	C		J	A	M	A	I	C	A				
L	O	T	S	A		R	E	G	A	T	T	A		A	V	E	R	T	E	D				
S	C	A	T	T	E	R	G	O	R	I	E	S		Y	A	H	T	Z	E	E				
			P	A	T	E		I	T	S		B	I	Z		C	A	S	S					
B	A	L	D	E	R	D	A	S	H		M	A	D		C	P	A							
O	R	E	O	S		O	C	T		H	I	H	O	C	H	E	R	R	Y	O				
X	E	R	S		P	O	D		G	O	D		L	O	O	K		O	E	R				
									P	A	R	C	H	E	E	S	I	P	R	O	P	O	S	E
D	E	S	C	R	Y				A	O	R	T	A	S		T	E	A	M					
I	T	A	L	O		I	Q	S					M	E	A	L		R	I	P	A			
S	C	R	A	B	B	L	E		F	U	N		C	H	E	C	K	E	R	S				
C	H	A	R		O	L	I	O					E	T	A		L	A	S	I	K			
			T	O	L	D		I	D	T	A	G	S		P	A	S	T	E	S				
H	O	O	S	I	E	R		D	I	P	L	O	M	A	C	Y								
O	R	G		B	R	O	S		L	E	O		A	B	S		P	E	W	S				
C	R	A	Z	Y	E	I	G	H	T	S		T	S	E		D	I	X	I	E				
			O	A	K		T	O	S		B	A	T	T	L	E	S	H	I	P				
B	A	I	O			I	S	O		S	R	I		A	S	T	I							
O	L	D	M	A	I	D			R	I	C	O	C	H	E	T	R	O	B	O	T			
P	A	L	E	T	T	E			A	P	A	C	H	E	S		E	L	I	D	E			
S	W	E	R	V	E	S			Y	O	R	K	I	E	S		E	S	T	E	E			

**West Virginia Statewide Classified Network**  
*Featured in WVPA Newspapers Across West Virginia*

**HELP OUT**  
DONATE YOUR CAR TO KIDS: Your donation helps fund the search for missing children. Accepting Trucks, Motorcycles & RV's too! Fast Free Pickup -Running or Not -24 Hour Response -Maximum Tax Donation -Call (888) 515-3814  
DONATE YOUR CAR TO UNITED BREAST CANCER FOUNDATION! Your donation helps education, prevention & support programs. FAST FREE PICKUP - 24 HR RESPONSE - TAX DEDUCTION 1-888-981-8027  
**HEALTH/MEDICAL**  
DON'T LET THE STAIRS LIMIT YOUR MOBILITY! Discover the ideal solution for anyone who struggles on the stairs, WI is concerned about a fall or wants to regain access to their entire home. Call AmeriGlide today! 1-844-592-5113  
PORTABLE OXYGEN CONCENTRATOR May Be Covered by Medicare! Reclaim independence and mobility with the compact design and long-lasting battery of Inogen One. Free information kit! Call 833-274-3943  
UP TO \$15,000.00 OF GUARANTEED Life Insurance! No medical exam or health questions. Cash to help pay funeral and other final expenses Call Physicians Life Insurance Company- 888-217-5559 or visit www.Life50plus.info/wv  
DENTAL INSURANCE from Physicians Mutual Insurance Company. Coverage for 350 plus procedures. Real dental insurance - NOT just a discount plan. Do not wait! Call now! Get your FREE Dental Information Kit with all the details! 1-855-405-3412 www.dental50plus.com/press #6258  
APPLYING FOR SOCIAL SECURITY DISABILITY or Appealing a Denied Claim? Call Bill Gordon & Assoc. Our case managers simplify the process & work hard to help with your case. Call 1-844-448-0317 FREE Consultation. Local Attorneys Nationwide (Mail: 2420 N St NW, Washington DC. Office: Broadward Co. FL (TXNM Bar))  
**INTERNET/TV**  
4G LTE HOME INTERNET Now Available! Get GoW3 with lightning fast speeds plus take your service with you when you travel! As low as \$109.99/mo! 833-586-1598  
AT&T Internet. Starting at \$40/month w/12-mo agmt. Includes 1 TB of data per month. Get More For Your High-Speed Internet Thing. Ask us how to bundle and SAVE! Go & see restrictions apply. Call us today 1-844-358-7158.  
AT&T TV - The Best of Live & On-Demand On All Your Favorite Screens. CHOICE Package: \$64.99/mo plus taxes for 12months. Premium Channels at No Charge for One Year! Anytime, anywhere. Some restrictions apply. WI is 24-mo. agmt. TV price higher in 2nd year. Regional Sports Fee up to \$8.49/mo, is extra & applies. Call IVS 1-855-656-0296  
DIRECTV - Watch your favorite live sports, news and entertainment anywhere. More top premium channels than DISH. Restrictions apply. Call IVS 1-844-373-2749  
DIRECTV NOW. No Satellite Needed. \$40/month. 65 Channels. Stream Breaking News, Live Events, Sports & On Demand Titles. No Annual Contract. No 12-month commitment. CALL 1-855-767-6028  
DISH Network. \$64.99 for 190 Channels! Blazing Fast Internet. \$19.99/mo. (where available.) Switch & Get a FREE \$100 Visa Gift Card. FREE Voice Remote. FREE HD DVR. FREE Streaming on ALL Devices. Call today! 1-855-736-4350  
EARTHLINK HIGH SPEED INTERNET. As Low As \$49.95/month (for the first 3 months.) Reliable High Speed Fiber Optic Technology. Stream Videos, Music and More! Call Earthlink Today 1-866-305-7264  
HUGHESNET SATELLITE INTERNET - 25Mbps starting at \$49.99/mo! Get More Data FREE Off-Peak Data. FAST download speeds. WiFi built in! FREE Standard Installation for lease

customers! Limited Time, Call 1-877-567-2866  
**MISCELLANEOUS**  
THINKING ABOUT INSTALLING A NEW SHOWER? American Standard makes it easy. FREE design consultation. Enjoy your shower again! Call 1-833-385-1415 today to see how you can save \$1,000 on installation, or visit www.newshowerdeal.com/wvps  
HANDS ON THE RIVER MESSAGE, Geraldine Gardner, LMT, 3422 Pennsylvania Ave., Charleston, WV. Call (304) 541-9139 for an appointment.  
INVENTORS - FREE INFORMATION PACKAGE Have your product idea developed affordably by the Research & Development pros and presented to manufacturers. Call 1-877-685-0564 for a Free Idea Starter Guide. Submit your idea for a free consultation.  
GENERAC Standby Generators provide backup power during utility power outages, so your home and family stay safe and comfortable. Free 7-year extended warranty (\$695 value!). Request a free quote today! Call for additional terms and conditions. 1-844-901-2301  
THE GENERAC PWCELL, a solar plus battery storage system. SAVE money, reduce your reliance on the grid, prepare for power outages and power your home. Full installation services available. \$0 Down Financing Option. Request a FREE, no obligation, quote today. Call 1-833-310-1895  
BECOME A PUBLISHED AUTHOR. We want to Read Your Book! Dorrance Publishing-Trusted by Authors Since 1920! Book manuscript submissions being reviewed. Comprehensive Services: Consultation, Production, Promotion and Distribution Call for Your Free Author's Guide 1-833-675-6435 or visit http://dorranceinfo.com/WV  
ELIMINATE GUTTER CLEANING FOREVER! LeafFilter, the most advanced debris-blocking gutter protection. Schedule a FREE LeafFilter estimate today. 15% off Entire Purchase. 10% Senior & Military Discounts. Call 1-844-295-2840

Place YOUR statewide ad today any of three easy ways:

Call classifieds at this Newspaper

Or WVPA at 1-800-235-6881 or Visit [www.wvpress.org](http://www.wvpress.org)

AMERICAN - AMERICAN - AMERICAN

# “Plans For Frontier Days Announced” cont. from p.1

earlier start on next year’s Frontier Days. I’ll be working on getting a carnival well in advance for 2022. These arrangements really need to be made a year in advance, and

with plans to include a carnival next year, we’ll likely be moving all activities back to the downtown area. Perhaps by that time, we’ll have a new stage in place on the greenspace with a

roof overhead so that will eliminate the worry of sound equipment being unprotected for our entertainers,” Tate concluded. Frontier Days 2021 is still an opportunity

to gather with friends and neighbors in the outdoors for some end-of-summer-season enjoyment.

# “Garden Club” cont. from p. 5

Finance Committee meeting with the Club’s Financial Advisor which occurred on July 14th. As a result of that meeting, the Finance Committee recommended several changes to the group’s investment portfolio. The Club voted on these changes and the recommendation was passed unanimously. Debby Starkey presented a project

she is involved with to provide foster children with some personal items as they transition to foster care. The Club provided a donation to the project. Joyce Miker reported on a book project that several of the members had personally contributed to. Jon Olson, who works with the City of Shinnston, provided an update on the

Community Garden and he also joined the Garden Club. The Club voted to have some work done on landscaping around the welcoming signs. Those present, not previously mentioned were: Judy Asel, Margie Jackson, Juanita and Pam Pumphrey, Chad Edwards, and guests Francis Figler and Dianne Snyder.

SUBSCRIBE

to gain unlimited digital access to the

The Shinnston & Harrison County News & Journal

Only \$2.50 a month!

PLUS 14 local papers in your region!

Shinnston City Council Re-elected  
Manager's Contract At Feb. 8 Meeting

www.shinnstonnews.com



# Good Health Guide

## Embracing Uncertainty & Finding Resilience



*Words of Wellness*

**By Jill Fratto**  
Life and Health Coach  
jillfratto@gmail.com  
www.mindbodysuccessacademy.com  
Twitter: @JillFrattoCoach

I try to keep this article light and fun, while still sharing knowledge and strategies that can help you with health and wellbeing - encompassing mind, body, and spirit. Today as I write this, my state of being is more somber. I am a positive person overall and I have

come through adverse times in my life with humility, integrity, and knowledge. I always say that I love all of life - the ups and the downs. In the ups, we celebrate; in the downs, we learn. Today I am struggling a bit, yet reminding myself of the truths that always lead me back to

light. I hear people refer to the phrase “an eye for an eye and a tooth for a tooth”. Right now our world makes me think of those words. I interpret that phrase as, “if you lose an eye, I lose an eye” because we are all connected. Gandhi said “an eye for an eye only makes the world blind.” Today, I mourn for my fellow humans - women most of all, in Afghanistan. I stand with my brothers and sisters in Haiti who lack food, shelter, and

hope. I also cry with my family, friends, and neighbors who are going through difficult times. Our world feels heavy right now, but I look to the tools that keep me resilient for hope. I believe that widespread grief and despair is contagious and lowers the vibration of the planet, so I spread joy instead. I smile and share love wherever I can. I believe that being grateful is the highest state of emotion and vibration. I am thankful

beyond measure to have a job, a house, food, family, community, and love. I believe that humans are good and that our acts of violence and judgement are a call for love. I remind myself of that when I encounter hate, ignorance, or misdeeds against others. I believe that what we do makes a difference. Each small act of kindness, truth, or integrity matters. I recognize others for these things and try to live up to this in my

daily life. Life is hard and every day is different. As a small community, in a small state, in a small world, we can make a difference by looking out for one another, suspending judgment, and giving love on both our best and worst days. For what we put out, we will also receive. Sending love to all of you during these challenging and difficult times. In yoga, we say “Namaste” - the light in me recognizes and salutes the light in you.

## UHC’s Cardiac Rehabilitation Program Recertified By Industry Leader



**ANGELINA R. DAVIS EP, MS,**  
**Cardiac and Pulmonary Rehab Manager at United Hospital Center**

United Hospital Center (UHC) proudly received recertification of its Cardiac Rehabilitation program by the American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR). UHC was recognized for its commitment to improving the quality of life by enhancing standards of care. This is the eighth consecutive time since 2000 that UHC’s Cardiac Rehab program has received accreditation and the UHC Pulmonary Rehab program has been certified since 2001. “Patients who are referred to UHC can feel confident in receiving specialized,

pulmonary disease [COPD], respiratory symptoms,) recover faster and improve their quality of life. Both programs include exercise, education, counseling, and support for patients and their families. UHC’s Cardiac and Pulmonary Rehabilitation programs participated in an application process that requires extensive documentation of the program’s practices. AACVPR Program Certification is the only peer-review accreditation process designed to review individual programs for adherence to standards and guidelines developed and published by AACVPR and other professional societies. Each program is reviewed by the AACVPR Program Certification Committee and Certification is

awarded by the AACVPR Board of Directors. A A C V P R - certified programs

are recognized as leaders in the field of cardiovascular and pulmonary rehabilitation because

they offer the most advanced practices available. AACVPR Program Certification is valid for three years.

## Donation To UHC Intended To Make Pediatric Patients Happy!



**Pictured left is Sharon Mitchell, RN, nurse manager of Pediatrics at United Hospital Center (UHC), accepting a toy donation of individually wrapped Happy Meal® toys from Lauren Williams of Fairmont. The McDonald’s Happy Meal® celebrated its 40th anniversary in 2019. Williams has been collecting Happy Meal® toys for more than five years, with the intent of making a donation to pediatric patients at UHC.**



**MONONGAHELA VALLEY ASSOCIATION OF HEALTH CENTERS**

As we progress towards flu season, it is important to realize the need for vaccination-especially to the vulnerable age groups. This includes any child 6 months and older as well as the elderly over 65 and anyone who is immunocompromised. Some simple tips to help prevent the spread of the influenza virus beyond vaccinating include covering your cough or sneeze appropriately and proper hand washing. In addition, if you feel ill, you should stay home and avoid contact with other individuals to prevent the spread of infection. If you have not received your influenza vaccine for this flu season, please contact MVA in Shinnston today so you can get immunized.

**Krista Flesher, FNP-BC**

**1 Columbia Road • Shinnston, WV 26431 • 304.592.1040**





**MOUNTAIN STATE PHYSICAL THERAPY**

*“Making West Virginia better ... one patient at a time.”*

**We specialize in the rehabilitation of orthopedic, sports or work-related injuries.**

***Mountain State Physical Therapy is ready to get you back on your feet!***

**\* Clarksburg 304-622-4600**  
**\* Shinnston 304-592-5041**  
**\* Weston 304-269-5554**

*Treating patients for over 15 years!*

## “Waterfalls Worth A Visit”

Thomas to Rail Falls Road. Drive about a mile on this dirt road until you reach a bridge, then travel the rest of the well-worn route on foot. The area offers great shooting opportunities for shutterbugs. Walk a bit downstream from the falls to snap a frame-worthy picture looking back toward them. The trip to Douglas Falls also offers a history lesson. Alongside its route, Rail Falls Road has several old coke ovens used to convert freshly mined coal to industrial

coke in the old days. The rocks along the river and below the falls are stained from acid mine drainage upstream. Water quality has improved since the last mine in the area was closed in the 1950s. **TWIN FALLS:** Twin Falls boasts arguably some of the best waterfalls in the state of West Virginia. The two waterfalls known as Foley Falls and Black Fork Falls make their plunge in Wyoming County. A short one-mile hike on the Falls Trail Loop will get you

right to them. **ELAKALA FALLS:** This is Blackwater Falls’ little—but equally beautiful—sister falls. Located near Davis and Blackwater Falls, it’s an easy trip when you’re in the area. You can hike behind [Blackwater Falls State Park](#) Lodge to get up close and personal, or see the beauty from across the gorge from the Pendleton Point overlook. **VALLEY FALLS:** Located just outside of Fairmont, this cascade spanning Glady Creek of the Tygart Valley River

cont. from p.6

is wide rather than high. Visitors enjoy picturesque views from the riverside bank—or if you dare, climb atop a nearby boulder. **CATHEDRAL FALLS:** Looking for an easy West Virginia waterfall to visit? Head to Cathedral Falls in Gauley Bridge. This waterfall is viewable from your car, although you’ll want a closer look once you get there. Don’t forget your camera. This is one of the highest falls in West Virginia and is totally Instagram-worthy.

## “In This Together” cont. from p.5

that we play a big role in helping to turn this trend around. Every problem has a solution. It is only a matter of finding that solution. By sharing our ideas statewide and figuring out what works well, we will make great strides

in the coming years. It seems like a negative cliché to say we can only go up from here. But up is where we should always be looking - in good and bad times alike. Reaching for the stars is not just a dream, but an obtainable goal.

## “Woman’s Club” cont. from p.5

The next meeting will be September 20th at 6:00 p.m. at the Clubhouse. The Clubhouse will also be the site of the District Fall Convention on

September 25th. If you have an interest in becoming a member, please contact President Debra Herndon at 304-677-6650 or contact any club member.



# “New Owners Of Blennerhassett Hotel Have Plans” cont. from p.1

Shinnston! His mother was the former Betty Moore, and Lee says that he fondly recalls spending lots of time in Shinnston visiting family members when he was younger.

Shortly after Waldeck and Rector purchased the hotel from the Sam Ross family in the fall of 2019 with plans to make it a ‘premiere destination’, along came the pandemic and thus, travel and hotel stays declined tremendously! Since the kitchen and dining room had already been updated, they have kept those areas at their existing status; however, they did begin to renovate some of the rooms, which is still a work in progress.

A member of Historic Hotels of America, the Blennerhassett Hotel is listed on the National Register of Historic Places, and so the new co-owners must follow some guidelines when it comes to updating the structure but have every intention of maintaining its historic legacy. Their plans do include, however, some new ideas to accommodate those who are looking for a unique experience! Waldeck says their goal is to add another star to the hotel’s rating, leading it to become West Virginia’s second most well-known hotel! “With a dedicated staff and a team consisting of professionals, we can make this happen,” he stated.

Rector noted that the Blennerhassett Hotel is one of very few boutique hotels that still exists! He further explained why ‘boutique hotels’ are so unique.

“A boutique hotel has certain characteristics; it is typically smaller in size as compared to a hotel that is part of a chain. The Blennerhassett, for example, offers 86 rooms, and this creates a more intimate atmosphere with more personalized service. A boutique hotel is independently owned, and in our case, both Wayne and I live very nearby and are actively involved with what is going on. And, whatever a boutique hotel’s design, even the smallest details are given attention. An example of that at the Blennerhassett is that this stately hotel is more than a century old and many of its antique and historical items are still prominent ... for instance, some of its chandeliers that originally came from the Loew’s Theatre in New York City. Also, boutique hotels truly place a lot of emphasis on serving their guests to the utmost. These are just a few things that set us apart and make a stay at the Blennerhassett Hotel a totally enjoyable experience,” Rector commented.

The Blennerhassett Hotel has not been overlooked by some important guests in its past. To name just a couple, John F. Kennedy was a guest in 1960 during his presidential campaign, and the room he occupied has become one of the hotel’s ‘signature’ rooms. Hillary Clinton was also an overnight guest there when she ran against Barack Obama in the 2008 presidential primary.

But what about this stately hotel’s present and its future? Co-owner Wayne Waldeck, with his experience in the restaurant business, is pleased that the hotel’s restaurant will feature made-to-order food with nothing pre-prepared. The menus may even be created by some visiting guest chefs ... and both fine and casual dining will be available. The hotel also boasts an outdoor English garden patio for dining, and live musical entertainment will be a weekend feature!

As for co-owner Lee Eric Rector, he also has some special plans. He is working on incorporating spa services within the hotel. “This will include, for example, offering facials and massages in-room for our guests or by appointment,” Rector said. It will be a world-class spa upon its completion and may become ‘home’ to Lee’s Studio!”

He added, “We are trying some different activities and getting involved in local events. We have already partnered with the United Way to host a ‘Festival of Trees’ that included over 80 trees that were sponsored by different local businesses last November. People had the opportunity to purchase them at auction prior to the holidays. During the fair weather months, we will host picnics on summer holidays, and we intend to have ‘Women’s Weekends’ – a getaway for the ladies! We want to try some new and unique ideas to draw interest from some new visitors to our area and bring guests to the Blennerhassett.”

While the new co-owners may have a vision to incorporate some creative new activities at their boutique hotel in Parkersburg, the hotel will still be available as a venue for banquets, weddings, parties, conferences, etc. Its attention to service, its historic elegance, and its unmistakable charm are only a few of its many amenities.

Rector is a believer in West Virginia having a lot to offer. He noted that as COVID restrictions began to lift and short trips picked up again, he was amazed at how many guest visitors they had that came from a three-hour radius.

“We are right in the downtown Parkersburg area and just two blocks from the dock where visitors can board the paddleboat that will take them to a small island in the Ohio River to visit the Blennerhassett Island Historical State Park. It is just a 20-minute sternwheeler ride and carries about 40,000 visitors each year to visit the Park’s mansion and museum. While on the island, horse-drawn carriage rides are also offered from May through late October. It would be an exceptional weekend getaway, providing a look at another era of our history,” Rector continued.

The Blennerhassett Hotel’s new co-owners did not want this stately piece of history to be torn down only to become a parking lot! They revere its history and want to share it with tourists, business travelers, families, and visitors of all kinds. They appreciate the hotel’s past but at the same time, they are passionate about guiding its future!

# “Museum Hosts Members Of Community’s ‘First Family’ ” cont. from p.5

Imagine being the first people here. Levi and his family built the house with logs and stone from the land and it still stands today. Levi built a grist mill, which county records show as having existed in 1785. The machinery that made these mills operate were made of wood, with the exception of the stones which crushed the grain. Imagine what time, labor and skill it must have taken to construct such a thing! Other settlers came to the area and established homes within walking distance of the mill and eventually the cluster of people and their homes became a village.

The town itself was laid out in 1815 by Jonathon’s sons, Asa and Levi. Levi was a name used over and over again by the family and one of the visitors to the museum was a modern-day Levi Shinn.

When the City of Harrison County petitioned for incorporation in 1915, two Shinns were involved in the presentation of the petition. Anyone wanting more information on the Shinns is invited to the Bice-Ferguson Memorial Museum Thursday through Saturday from 9 am to 1 pm or by appointment.

# “Obituaries” cont. from p.7

on March 10, 1929, in Morgantown, WV, the daughter of the late Salvatore and Rosina Romano Urso.

She was preceded in death by her loving husband of 56 years, on January 2, 2014, Joseph Belcastro, whom she wed on Thanksgiving Day, November 27, 1957.

She is survived by three daughters, Anna Marie Holmes, and husband Robert F. of Aiken SC, Rosemary L. Lamm and her husband Stephen T. of Washington, PA, and Teresa J. Martin and her husband Stephen W. of Morgantown. She was blessed with 6 grandchildren, Robert A. Holmes (Jamie) of Aiken, SC, Andrew F. Holmes of Aiken, SC, Stephen M. Lamm (Katelyn) of McMurray, PA, Shawn J. Lamm (Allison) of Washington, PA, Maleea J. Martin of Morgantown, and Marissa A. Martin of Morgantown; 3 great grandsons, Austin Lamm, Aaron Lamm and Jackson Lamm. Also, she is survived by her sister-in-law Shirley Urso, several nieces, and nephews.

She was preceded in death by her brother, Tony S. Urso, sister-in-law Teresa Belcastro Ventura, brother-in-law John Ventura, sister-in-law Emma Portaro Belcastro, brother-in-law Patsy Belcastro, sister-in-law, Rosa Ventura Belcastro, and brother-in-law Samuel Belcastro.

Clara was a graduate of Morgantown High School. After graduation, she worked at Wilkins Motor and then went on to work at WVU in the controller’s office. She moved to Bridgeport after marriage. She was a spiritual lady and devoted to her Catholic faith throughout her life. She was a member of All Saints Catholic Church where she attended mass and sang in the choir. She was a devoted wife, mother, sister, Mamaw and Gigi. Her days as a Mamaw and Gigi were special and fulfilling. She greatly enjoyed reading, cooking/baking, and spending time with family. Her kind, positive, loving heart and unselfish nature will truly be missed by many.

The family is deeply grateful for the care, support and love provided from all her caregivers that spent time with her.

Condolences may be expressed to the Belcastro family at Burnsidefuneralhome.com.

Memorial donations may be made to All Saints Catholic Church at 317 E. Main St. Bridgeport WV 26330 or to Amedisys Hospice 67 Casino Drive 102 Anmoore, WV 26323.

A Mass of Christian Burial was celebrated at All Saints Catholic Church on Monday, August 23, 2021, with Father Walt Jagela as Celebrant.

Interment followed at Bridgeport Cemetery.

# “Library Card Sign-Up Month” cont. from p. 5

people and much more! All you need is a library card. Apply for a new library card now and get a picture with Louie the Llama – our new mascot!

Since 1987, Library Card Sign-up month has been held each September to mark the beginning of the school year. During the month, the American Library Association and libraries across the country work together in a national effort to ensure every child signs up for their own library card.

Summer reading has been a success this year! We would like to thank everyone who helped and businesses that contributed to the library program. The generosity of Sacred Heart Children’s makes it possible every year to purchase new books and any extras needed for the program. The library also received coupons from McDonalds, Chick-fil-a and Gibby’s Ice Cream.

Our Summer Reading programs included:

Reading to a Dog - Rebecca Ashcraft & Bindi

What’s All the Buzz About - Staff

Turtles are TERRIFIC! - Hannah Adkins

Humane Society (Shinnston)

WV History – Staff

Police Chief Jon Harbert & Bear

Bice Ferguson Museum - Debra Herndon, Director

provided the children with a tour and a wealth of information.

Our Summer Reading Program ended on August 25<sup>th</sup> with pizza, prizes, and awards!

New books available for check-out at this time include: “The Children’s Blizzard” by Melanie Benjamin; “His Accidental Amish Family” by Rachel Good; “Before I Saw You” by Emily Houghton; “The Morgans” by William Johnstone; “Notorious” by Diana Palmer; “The Forty-Niners” by Charlie Steel; “Family Reunion” by Nancy Thayer; “Very Sincerely” by Kerry Winfrey -- all large print. Other fiction:

AT&Ttv

Best of Live TV & On Demand

No annual contract required



Stream Friends exclusively on HBO Max.

Our Exclusive Streaming Device sold separately.

CHOICE + Package

\$84.99/mo + tax

See below for details.

✓ The price you see is the price you pay. No hidden fees.

✓ NOW get unlimited hours of Cloud DVR recordings for \$10/mo.\*

✓ Stream on 20 devices at once in your home—including your TVs, tablets, smartphones and other connected devices.†

\*Data connection req'd. Recording expires after 90 days. In a series recording, max 30 episodes stored (total deleted first which may be less than 90 days). Rec'd apply. †HBO recommends a minimum internet speed of 8Mbps per stream for optimal viewing. AT 20.4GB. Streams must be for the same home network and a compatible router is required. Certain channels are excluded. Limit 1 concurrent use of same HBO Max. Restrictions apply. See atctv.com/choice for details.

HBO MAX

Get HBO Max™ included for one year with CHOICE™ or above.

Subject to change. With CHOICE™ or 15 HBO Max™ Package (incl. 15 HBO Max™). HBO Max adds movies after 12 months at then prevailing rate (currently \$14.99/mo.), unless you change or cancel. Rec'd you to select offer.

Access HBO Max only through HBO Max app or browser.com. HBO Max also includes HBO channels and HBO On Demand on AT&T TV. Data rates may vary for app download/usage. New approved residential customers only, excluding DIRECTV and iVerve TV customers. Add'l fees and restrictions apply.

Call your AT&T Dealer today!

tv Support Holdings LLC

(855) 656-0296



AT&T Preferred Dealer

Not available in all areas. Streaming req'd. In a series recording, max 30 episodes stored (total deleted first which may be less than 90 days). Rec'd apply. †HBO recommends a minimum internet speed of 8Mbps per stream for optimal viewing. AT 20.4GB. Streams must be for the same home network and a compatible router is required. Certain channels are excluded. Limit 1 concurrent use of same HBO Max. Restrictions apply. See atctv.com/choice for details.

Access HBO Max only through HBO Max app or browser.com. HBO Max also includes HBO channels and HBO On Demand on AT&T TV. Data rates may vary for app download/usage. New approved residential customers only, excluding DIRECTV and iVerve TV customers. Add'l fees and restrictions apply.