



Shinnston's 2021 Annual Turkey Trot To Be Live & Virtual This Thanksgiving

By: HEIDI SYPOLT
News and Journal Staff Writer

and the state of West Virginia through the historic Jackson's Mill State 4-H Camp in Jane Lew, WV. This camp was the first statewide 4-H camp in the nation, and continues to serve thousands of 4-H'ers every summer. More information about this camp and its history is available at <https://jacksonsmill.wvu.edu>.

In the past several years, over a thousand competitors ranging in age from 2 years through adulthood have participated in the Turkey Trot's friendly competition



At 7:00 am on Thanksgiving morning, hundreds of runners and walkers will gather in Shinnston where a festival-like atmosphere reigns with snacks, drinks, face painting, prizes, and giveaways.

each year. However, last year brought the challenge of competing within the Covid-19 health guidelines and a new opportunity to

participate virtually. This resulted in a decrease in the number of participants, but widened the range

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RCB To Host Annual Holiday Craft Show

By DAWN HENSIL
News and Journal Staff Writer

Robert C. Byrd High School, located in Clarksburg, will again be holding their 8th annual Holiday Craft Show on Saturday, November 13, 2021, from 10am-4 pm. Bridgette Barker is the director of this event which is sponsored by the Robert C. Byrd High School band. There are over 60 vendors slated to participate in the craft show. Also, there are plans for raffles, 50/50, and concessions. Parking for this event

will be free and will include handicapped accessible entrances.

This highly anticipated event can be a jump start on your holiday gift shopping. Delays in shipping this year could mean packages won't make it here for Christmas morning and this is a wonderful opportunity for folks to get out and find special 'one-of-a-kind' gifts for family and friends, and at the same time, avoid these lengthy shipping delays. You never know, you just may find something for yourself as well!

Entrepreneurs Begin New Up & Coming Clothing Line in Enterprise, West Virginia

By SHEILA MCLAUGHLIN
News and Journal Staff Writer

From their home in Enterprise, West Virginia, Amanda Stevens and fiancé Kyle Thompson have begun a trendy new clothing line. The pair founded

A&K Clothing just this past February and have seen an enormous response after shifting from online only sales to visiting local craft shows and vendor markets. "Our business blew up after attending the Buckhannon Barbeque Bash. Show casing our product in person to

the community was a total game changer," said Amanda. "It really helped us to fine tune what products buyers were interested in."

A&K Clothing offers a handful of different custom bleach and screen-printed products created by hand through

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First Baptist Church To Hold Annual Community Thanksgiving Dinner

By DAWN HENSIL
News and Journal Staff Writer

First Baptist Church in Shinnston will be providing its annual Community Dinner on Thanksgiving Day at the Lighthouse on Rebecca Street in order to give

the Shinnston and Lumberport area communities an opportunity to enjoy a traditional turkey dinner. Pastor Kevin Nuzum will be supervising the event. Unfortunately, due to COVID-19, there will

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Home Style Holds Grand Re-Opening & Ribbon Cutting at Their New Location



A ceremonious ribbon cutting was held at Home Style's new location on 604 Pike St. Pictured from left to right is Shinnston Mayor Pat Kovalck, J. W. Sayers, Home Style Owner Amanda Sayers, City Manager Chad Edwards and City Councilman Rodney Strait.

By SHEILA MCLAUGHLIN
News and Journal Staff Writer

Last weekend, on November 5th, Home Style owner Amanda Sayers, along with her staff, hosted a ribbon cutting and grand re-opening event at their new 5,000 square foot building at 604 Pike Street in downtown Shinnston. Faithful customers who have been patiently waiting for the 'big day', showed up in a 'big way' to show support.

During the grand opening, their annual Christmas Open House was showcased.

The event featured "Key to Adam", a beautiful string musical ensemble consisting of one violinist and one guitarist that entertained customers who eagerly began to shop immediately following the ceremony.

Established in 2009, Home Style, a local boutique

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Tommy "Franco" Thomas



Building Amazing Cities

By JIM HUNT
author, speaker, consultant

Many years ago, I was driving through Summit Park, just outside of Clarksburg and saw a guy jogging along the road. As he ran, he was throwing punches and moving side to side. As I got closer, I recognized that it was Tommy Thomas. He was running alone and had worked up quite a sweat. He waved as I passed, and I waved back. As I drove away, I watched him in the rear-view mirror and marveled at his dedication, to be on a lonely road, running alone. He was not well known at the time and boxing was not that popular of a sport in our area.

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Cat Tales



Clarabelle and Charlie Attend the Veterans Parade

Clarabelle and Charlie celebrate this day, 11-11, It is Veterans Day in Almost Heaven! “Come on Charlie Rose, let’s go to town, There is a grand parade about to come round.”

“Go wake up Sam and do not forget Cali, They won’t want to miss this patriot rally. Bring along your flag and some fireworks too, Everyone will honor the Red, White, and Blue.

“One thing that we must always remember, Is the sacrifice of every military member. The women and men that protect us each day, Serve this great land in such a brave way!”

“Some have traveled to faraway places, Today we will see their honorable faces. Many veterans will be throughout Pike Street, When the parade passes by, we must come to our feet.”

Hail! to these fine soldiers, sailors and airmen, Strike up the band! And the fire trucks siren! This November day is not the norm, It belongs to our friends in uniform.

The kittens watch as the parade passes by, For many in the crowd, a tear in their eye. From Clarabelle, Charlie Rose, with rest of the crew, Salute to all Veterans, Americans so true.

November is Pancreatic Cancer Awareness Month... Remember to Wear Purple!

In October each year, we are surrounded by the color pink and pink ribbons for Breast Cancer Awareness. The pink ribbon has brought about increased awareness for breast cancer and early screening. However, there is no early screening for pancreatic cancer. November is Pancreatic Cancer Awareness Month and the color is purple.

I’ve been advocating for pancreatic cancer awareness since October 2007. I can even tell you the exact day, October 4, 2007, the day that my younger brother passed away from pancreatic cancer. Until he was diagnosed just 18 months earlier, basically all I knew about cancer was the pink ribbon, because cancer didn’t apply to me or my family.

When someone says to me, “I don’t know anyone with pancreatic cancer,” I say, “Until March 2006, I didn’t either.” You never know when pancreatic cancer will affect your family; it sure caught our family by surprise, and our lives have never been the same.

Just this year, pancreatic cancer claimed the lives of illusionist Siegfried Fischbauer, former WVU and Florida State Football Coach Bobby Bowden, and actor Willie Garson (who was only 57). This type of cancer also claimed the life of actor Patrick Swayze, Supreme Court Justice Ruth Bader Ginsburg, Apple Founder Steve Jobs, and the “Queen of Soul,” Aretha Franklin. “Star Trek: Deep Space Nine” actress Kitty Swink is a thirteen-year survivor of pancreatic cancer.

While overall cancer incidence and cancer death

rates are declining, the incidence of pancreatic cancer and death rate for pancreatic cancer patients has been increasing. By the end of 2021, an estimated 60,400 Americans will have been diagnosed with pancreatic cancer in the United States, and more than 48,220 people will have died. Pancreatic cancer has surpassed breast cancer and is now the third leading cause of cancer related-death. Each day, 166 people are diagnosed with this terrible disease!

November is Pancreatic Cancer Awareness Month, and it would be great if we could see just half the purple in November than that of pink in October. Specifically, Thursday, November 18 is World Pancreatic Cancer Day sponsored by the World Pancreatic Cancer Coalition. Everyone can join in, just by wearing purple. Let’s turn the world purple for just one day!

Since I have been volunteering for the Pancreatic Cancer Action Network, the 5-year survival rate has risen from 6 percent to 10 percent. This is not nearly enough! We must all work together with our elected officials to increase federal funding for pancreatic cancer research. This starts by raising awareness – even if it’s just wearing purple for just one day! I’m asking everyone who reads this to learn more about pancreatic cancer: go to www.pancan.org and remember, wear purple on Thursday, November 18!

Annette Fetty-Santilli
Community Advocate for West Virginia
Pancreatic Cancer Action Network

Super Crossword

ACROSS

1 John, James or Judas

8 GI show sponsor

11 13-digit publishing ID

15 Just barely

19 Taking place in cyberspace

20 Give a very bad review of

21 Piddling

22 Papa’s mate

23 For a very long time

25 Experts

26 Body part over the eyes

27 Bakery units

28 Brand of fat replacer

30 Arouse the interest of

32 Auntie — (pretzel bakery chain)

33 Good-fortune symbols

35 Here, in Cannes

37 Beards on barley

38 State, in Cannes

39 Cruel ruler in “Alice in Wonderland”

46 High-ranking clergyman

49 Terrifying dino

50 With no muss or fuss

51 Nintendo consoles

53 CNN anchor Burnett

54 Dots on sea maps

56 Torah temple

57 Car ding

58 “— a vacation!”

59 Volkswagen sedan model

61 Aspire to high goals

64 Seek the love of

66 100%

67 Thumbs-up vote

68 Their passengers stand in baskets

76 Skewered meat dishes

81 Old family name in violinmaking

82 “Dies —” (Latin hymn)

83 Castro of Cuba

85 Monte —

86 Nada

87 Round hammer part

88 Conical shelters

90 Bog grass

91 Enchants

93 Pursue impossible dreams

96 One-named singer who was a muse for Andy Warhol

97 Subpar grades

98 Historic start?

99 Get ringers and leaners

105 Topic to debate

110 In a disturbed way

111 Gem often on a string

112 Goddess of wisdom

113 Think (over)

114 Offers

116 Cereal associated with seven key words in this puzzle

118 Tablet

119 Composer Charles

120 LAX info

121 Icy treat

122 Stick around

123 Big top, e.g.

124 — Moines River

125 Old Greek harp players

DOWN

1 Home of St. Teresa

2 Attach, as a boutonniere

3 Financial adviser Suze

4 Fend (off)

5 Listens to a broadcast

6 Deposits

7 “Slippery” tree

8 Samoan island where Robert Louis Stevenson died

9 More lucid

10 Getting a regular paycheck

11 Small demon

12 Tiny letter flourishes

13 Bucking ride

14 People cuddling up

15 Having mixed feelings

16 Place to set one’s sights

17 Illicit affair

18 1920s U.S. veep Charles

24 Hugs, in a letter

29 Salamander

31 Memorizing process

33 Military flutes

34 Part of Q&A

36 Swindle

39 Swab brand

40 Celestial bear

41 Sinuous swimmers

42 Previous spouses

43 Gag reaction

44 Needle case

45 Men-only

46 Succinct

47 Arena part

48 Finales

52 Acct. accrual

55 Horror film sequel of 2005

57 Del Rio of old Hollywood

58 Sci-fi writer Asimov

60 Blue Jays, on a scoreboard

62 Andy Capp’s missus

63 “Eww, mice!”

65 Some theater awards

68 Mental fog

69 Boding sign

70 Fast Italian whirling dance

71 How a nation with nukes is armed

72 Consist of

73 Cavalry weapons

74 Neck back

75 Bringer of a legal action

77 Catty remark

78 Nabisco bite

79 Erupted

80 Grassy turfs

84 Vaults

87 Put a ban on

88 Like grads’ caps

89 Titled man

92 Folkie Phil

94 Dickens’ Uriah

95 Nor’s partner

97 “All for Love” playwright John

99 Oil rig parts

100 Native Alaskan

101 Drab hue

102 Terre —

103 Killer whales

104 Wapiti

106 Ventriloquist Lewis

107 Kosovo inhabitants

108 Not fulfilled, as a goal

109 The Far and the Near?

112 Suffering a flu symptom

115 Old JFK jet

117 Big initials in fashion

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Find the Super Crossword Answers on Page 6!

“Dinner” cont. from page 1

be no dine-in service; however, curbside pickup of meals will be available between 11am and 12pm on Thanksgiving Day, and delivery of meals will begin at 10:30 am. Should anyone wish to receive a meal, they must contact First Baptist Church by noon on the 24th of November at 304-592-0232 between 10am and 2pm.

Last year, the church provided a record number of meals to the community and expects to provide even more this year. Anybody that wants to make a donation to help with the purchasing of items for these meals, please feel free to contact

the church. Local residents appreciate the efforts of the Pastor and his staff, and the service that First Baptist Church has provided and continues to provide to local families.

Also, the First Baptist Church held its annual Fall Fest last weekend on November 7th at the Lighthouse. This has become an annual event that is free and has been embraced by the surrounding areas. There were various carnival-style games and activities as well as face painting and snacks provided per Covid regulations.

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N&J Briefs

FROM AROUND HARRISON COUNTY

"Briefs" is a calendar of events listing provided free of charge to churches and non-profit organizations. Items will be published one time only and will be listed in the order in which they occur. Please submit your 'briefs' two weeks prior to the event (if possible) by 4 PM on Friday. Fax your information to 304-592-0603 or send via e-mail to newsandjournal@yahoo.com.

BRIDGEPORT LIBRARY

Bridgeport library is open to the public. Also, readers can access the library's catalog by reserving books on their website at www.youseemore.com/bridgeport and may pick up books on the following days and times: M-W-F 12:00pm-8:00 pm and Tues. & Thurs. 12:00pm-5:00pm. Personnel will be available to answer questions, and the library's digital resources will continue to be available. ☐☐• Contact Amy at the library at 304-842-8248 for information.

LOWE PUBLIC LIBRARY

The Lowe Public Library has resumed its regular hours to the general public: Monday 11:30 am – 7:00 pm and Tuesday- Friday 11:30 am – 6 pm, CLOSED on Saturdays. Curbside service will still be available to those who request it by calling 304-592-1700. The library is disinfected routinely throughout the day (also, immediately after children visit).

ST. ANN'S CHRISTMAS BAKE SALE

St Ann's Catholic Church, 610 Pike St., Shinnston is now taking orders thru December 3 for their Christmas bake sale occurring on December 11. Pita piata, nut rolls, peanut butter balls & Holiday cookie trays (different sizes available). To place an order call 304-584-4376, 304-677-0799, 304-592-2243, 304-592-0665, or 304-203-8905 (also 304-841-1487 for cookie trays).

HOLY TRINITY SERBIAN ORTHODOX LITURGY

Holy Trinity Serbian Orthodox Mission, 408 Morgantown Ave, Fairmont, Liturgy schedule is as follows: Saturday, Nov. 13th at 10 am and Saturday, Nov. 27th at 10 am. Fr. Sasha Nedich (724) 966-7428 or holyliturgyserborthwv.org

MONONGALIA COUNTY BEEKEEPERS MEETING

The Monongalia County Beekeepers have a meeting at Mylan Park in the new Monongalia County Extension Service and 4-H Center on the first Tuesday of every month; however, meetings have been cancelled until further notice due to COVID-19. Please contact Debbie Martin for more information at 304-367-9488 or debbiez7@yahoo.com. We look forward to helping you start your beekeeping journey and will help you every step of the way!

HOPE, INC. DOMESTIC VIOLENCE SUPPORT GROUP

Hope, Inc., a task force - support group on growing free from domestic violence, will meet on Thursdays at noon at Koupal Towers, 916 West Pike Street in Clarksburg. For more information, call 304-624-9835 or email asniderhope@yahoo.com.

KIDDING AROUND YOGA

Kidding Around Yoga is being held every Thursday at 6p.m. at the Progressive Women's Association/Uptown Event Center, 305 Washington Ave., Clarksburg. These yoga classes are free. So, bring your kids ages 2 to 12 to Kidding Around Yoga every Thursday. For more information, please call 304-624-6881. Certified instructor Erica Perry.

CELEBRATE RECOVERY

A Christ-centered 12-step program for any hurt, habit or hang-up meets every Friday at 6:00 p.m. at Horizons Church in Lost Creek with COVID capacity. Offers childcare (birth to 4 yrs.) and The Landing for older teens. For more information, call 304-745-5090.

NARCONON DRUG & ALCOHOL REHABILITATION AND EDUCATION

Since the outbreak of Covid 19 in the US, both addiction and alcohol use are on the rise. Alcohol sales showed a tremendous increase as on line alcohol sales skyrocketed. Learn more about alcohol addiction and what can be done by visiting:

<https://www.narcononnewliferetreat.org/blog/signs-that-alcohol-use-is-getting-dangerous.html>

ADDICTION SCREENINGS - Narconon can help you take steps to help those suffering from alcoholism. Call today for free screenings or referrals. 1-800-431-1754

"Turkey Trot" cont. from page 1

to include the entire continental United States, even from as far away as California. Thankfully this year, the Turkey Trot can be completed both in person and virtually. Virtual participants can run or walk at any time and from any location. Their race times are not officially recorded and they participate more for a sense of comradery. Race packets and tee shirts will be mailed to virtual racers only.

The 2021 Turkey Trot has also brought a new sponsor, Healthy Harrison, on board. This coalition has a vision to "measurably improve the health and wellness of the citizens of Harrison County" categorized around five health pillars of Move, Mind, Eat, Connect and Purpose. According to their Facebook page, Healthy Harrison, their vision is "to measurably improve the health and wellness of the citizens in Harrison County. They hope to "motivate, educate and inspire the community to begin taking micro-steps towards a healthier lifestyle". More information about this sponsor is also available at healthyharrison.org. A complete list of all Turkey Trot sponsors is available online and is

also printed on the back of each tee shirt. Registration for the Turkey Trot has already begun and can be completed online at ShinnstonTurkeyTrot.com up until Monday, November 22nd. While online registration is encouraged, runners can still register Monday, November 22nd through Wednesday, November 24th at Jimmy's Diner at 1121 Hood Ave. in Shinnston. Pre-registered, in-person participants can pick up their tee shirts and goody bags at Jimmy's Diner on Tuesday and Wednesday evenings from 5-8 pm. Last minute participants can still register even on Thursday morning near the starting line. To be guaranteed a tee shirt, participants should register by Monday, October 25th. The entry fee is \$20 until the morning of the race; however, on Thanksgiving morning, the fee will increase to \$25.

Those taking part in the Turkey Trot begin to gather around 7:00 am near the starting line in the parking lot of United Central Industrial Supply, 345 South Pike Street, where a festival-like atmosphere reigns with snacks, drinks, face painting,

prizes, giveaways and an appearance by Santa Claus. All of these events are free to public alike. Music is provided by three different DJ's set up along the race route, to motivate everyone to keep the pace and finish the race.

Promptly at 8:50 am, the Gobble Wobble (100-yard dash) for children in age groups 2-4 years, 5-7 years and 8-10 years begins. Each child participating will receive a goodie bag. Following the Gobble Wobble, the adult 5K (3.1 mile) race begins exactly at 9:00 am. There are two routes for the 5K run/walk allowing everyone the opportunity to finish. If the entrant can complete the 5K in 45 minutes or less, then the route up Pike Street (Route 19) is the option. If the route cannot be finished in 45 minutes, then participants are encouraged to use the route along the Rail Trail. Both routes begin on Pike Street and continue through town, where at the end of the bridge, the participants using the Rail Trail will turn left and join the Rail Trail beneath the bridge and the other participants will continue on Route 19

across the bridge and to the entrance of Big Elm Elementary. The top 3 fastest men and women race finishers will each receive a medal and a gift certificate from an area business. Medals will also be awarded to the top 3 finishers in each of nine age brackets, giving all ages an even incentive and chance to succeed. Team competition is also encouraged with a Turkey Cup trophy filled with prizes from area businesses being awarded to the biggest team. Prizes for Funniest Team Name and Most Original Team Name, among others, are awarded as well.

With Thanksgiving being a popular family holiday and many people gathering from outlying areas, this event brings a wonderful opportunity for residents, former residents and friends to gather and participate in a fun and family friendly event before the hustle and bustle of the winter holidays begin. Many folks who have moved away use this as a sort of homecoming to reconnect and catch up with old friends and schoolmates. So, consider this your official invitation to come and join the festivities this Thanksgiving morning.

"Clothing Line" cont. from page 1

a multi-step process, depending on the purchaser's requested order. The company's biggest seller, their sublimation tops, goes through a rigorous process beginning with a sublimation print. Amanda purchases her prints from another small business owner, showing support for local entrepreneurs. The item then goes through a commercial press and is then placed

on a form. To achieve the highly sought-after bleach effect, Amanda custom sprays a bleach design on the item, then neutralizes it with peroxide once the desired color tone is achieved. The process no doubt is one of artistic flare. Custom t-shirts, long sleeved shirts, hoodies, and custom dye products are among those that can be purchased. Their product list also

includes home-made "car freshies".

In the coming 2022 year, Amanda and Kyle are hopeful to bring brick and mortar to their business as they have outgrown their home base accommodations.

In lieu of the approaching holiday season, A&K Clothing is a great option when searching for the perfect gift for your friends and loved ones. Those interested

in placing an order may contact Amanda Stevens through Facebook at: [fb.me/akclothingest2021](https://www.facebook.com/akclothingest2021) or by email: AKClothingest2021@gmail.com

Cutline: Pictured is an example of one of the highly sought-after custom t-shirts A & K Clothing offers.

"Re-Opening" cont. from page 1



Throughout the spacious new building, customers will find that Home Style features beautiful Christmas displays (as seen pictured) as well as many farmhouse chic vignettes and merchandise.

featuring urban chic and farmhouse décor and clothing, was purchased by Amanda Sayers.

"We just knew from the beginning that

I was going to take over regardless, it just happened a little sooner than we had anticipated" stated former store manager Amanda Sayers. Her

journey with Home Style began in 2016. Ms. Sayers had initially been hired to work only one day a week to help coordinate events. A year or so later, she accepted the position of store manager and as of October 2020, she officially became Home Style's new owner.

"We literally could not have completed this move without our staff." commented Ms. Sayers. "A week ago, we were just packing up the old store and moving."

"Beverly Bell is my right hand. She takes care of all the things I don't have time to do. She keeps me on track one hundred percent. Then I have Lisa Gallager, she takes care of all my bookkeeping and is part of my paint team and helps in the store. We also have Tammy Suarez, she's been

with us before and just came back to start working in the shop and be part of our paint team again."

The store has several exciting dates planned. The boutique will participate in Shinnston's "Small Business Saturday" on November the 27th. Also, another customer favorite, Urban Market pop up shop, will be returning in December.

Amanda and her staff also formally announced on Friday the launching of their new business in conjunction with Home Style. "Your Style"- an upscale consignment store, will feature consignment, vintage and new, at the far end of the newly established Home Style location.

The home décor and more boutique is open Monday through Saturday 10am to 5pm and Wednesdays 10am to 6pm.

STAY FOCUSED
on Your Goals

It's Time Again... Order Your Pita Piatas From The PWA



GRAPEVINE

By Rosalyn Queen

What is the most asked question this time of year? Well, most certainly it is, 'what do you want for Christmas', or it could be, 'what do you need'... and I would venture to say it is nothing. But I have a suggestion that will fulfill every person's wish on your list.

The PWA will be making Pita Piata on November 29 & 30 - you can call 304-624-6881 to reserve your pita. We will be making the pitas on those dates and they will be ready for pick up on the following day. Due to the generosity of Fiesta in Flatwoods, each pita will be placed on a seven-inch Fiesta plate and wrapped in cellophane, tied with a Holiday ribbon. Keep several of these handy for gifts for those you may have forgotten about and for everyone in your family.

A little secret that will make these the best in the area is that we will be using honey straight from a local farm. The pitas will be selling for \$10.00 apiece. No more of those boxes of candy for your staff - surprise them with this Italian delicacy. Do not miss out on this limited offer.

Please help our YWPA with their Christmas stockings for Veterans. Call 304-624-6881 to reserve a stocking to fill; they will appreciate your help.

The pandemic (if it continues) will make hermits out of us all. The PWA is trying to offer an alternative to help us make it through the winter. On November 17th, our regular monthly meeting will be a luncheon with a holiday menu. Please feel free to bring a friend. If you are working, we will be glad to excuse in an hour. To observe pandemic

restrictions, we will have spaced seating. Call the Center to make a reservation so we will know how much to prepare. It will be great to socialize with your PWA friends.

We are going to try again!! On Sunday, December 12th at 4:00 pm we will have our Holiday meeting during which we will install officers and observe our 100th anniversary. This will be a great way to welcome in the season and we are planning a great holiday dinner which will be prepared by JJ Madia. We also hope to have a few other businesses who may be observing their own 100th anniversary to come celebrate with us. Sponsors for our anniversary dinner are Davis Funeral Home, the family of Diane Urcheck and Laura Goff Davis.

I hope you will be the lucky one to win a Christmas wreath with over \$500.00 worth of gift cards on it. Raffle tickets are \$1.00 apiece and will be raffled on December 12th. We will also be raffling off the red, white and black quilt - tickets for it are six for five dollars.

Look for us at the Clarksburg Christmas parade. We will be participating in the holiday activities, so come get into the spirit with us. It is time to get out of this pandemic rut and welcome in the holiday season. Also, it is now time to pay your PWA dues.

There is so much that could be said about the late Tommy Thomas and most of it has already been said. There are many memories but one I will always have is of Tommy and Susan on their wedding day. How happy they were and how that smile lit up the church. My condolences to Susan and the family.

The PWA Food Bank is still in operation as is the YWPA Homeless Food Cabinet. We can use donations at any time. Have your organization donate a can of food at your next meeting.

Gear up for the cold weather for it is on its way. Take care, stay healthy, and until next week, "Now You Have Heard It Through the Grapevine."

The Truth About Hospice Care

By: HEIDI SYPOLT

News and Journal Staff Writer

For most people, end-of-life decisions can be full of misconceptions. Hospice is one example of available assistance that is often misunderstood. Common misconceptions include: hospice enrollment means the patient is facing imminent death, choosing hospice means the patient loses control of their medical decisions or can be denied medical care, and that hospice cannot serve patients in nursing home care facilities.

Enrolling in hospice does not mean that the patient's demise is imminent. Hospice is a means of assuring that the patient has the comfort of living and dying in the most positive environment possible, surrounded by caring, compassionate and competent caregivers with a passion for them in this phase of their lives. Hospice aides and nurses are advocates who help the patient attain and maintain their personal health care goals. Do Not Resuscitate (DNR) or palliative care is not the only option for taking advantage of Hospice services. There are other choices available to the patient and these should be discussed with the patient and the hospice service when considering enrollment.

Diagnostic testing, including radiology and laboratory tests, physician or ER visits, and treatment for both acute and chronic conditions are continued as the patient, family doctor, and Hospice physician work together to maintain or improve the patient's quality of life. Health decisions are not made unilaterally by hospice as the patient, caregiver and family members all contribute to the process.

Most nursing facilities welcome Hospice assistance. Hospice aides assist with bathing, dressing, personal, hair and oral care as well as changing bedding, assisting with feeding and other tasks. Hospice nurses coordinate care between the patient, family doctor, hospice physician and nursing home staff. This includes managing over the counter and prescription medications, keeping anyone involved informed of any changes in medications or care measures, helping facilitate comfort measures, monitoring the patient's vital signs, handling patient's health complaints and advocating for the patient during any situation where any party involved experiences conflict in their opinions of the patient's care. When necessary, a registered nurse can visit the patient at home or in a nursing facility 24 hours a day/7 days a week. They also provide education and explanation for nursing facility staff about necessary actions needed for the patient's care. Chaplains and social workers are also available for patient's spiritual needs and counseling.

When it does become necessary to begin end-of-life measures, hospice coordinates the patient's wishes with the necessary pain and anxiety medications, provides a peaceful, comfortable environment for the patient by maintaining familiar routines, keeping favorite items available such as blankets, soothing music and religious symbols. Emotional and spiritual support are available for both the patient and their family members.

Hospice offers chaplain, counseling and respite services to caregivers. Up to 5 days a month are available for caregivers to rest, relax, and recuperate while the patient is fully cared for. There are also services available after the patient passes including assistance in navigating necessary funeral arrangements and grief counseling.

This phase of life is difficult. Gathering information and making educated decisions ahead of time makes a difference. Amedysis Hospice was a blessing for my family. Assistance for this article was provided by their clinical director, Amanda.

"Thomas" cont. from p. 1

It was the time of Muhammad Ali, Sonny Liston and Joe Frazier. Few would have bet that a young fellow from Harrison County could ever stand toe to toe with any of the world's best boxers. As Tommy Thomas continued his lonely quest, most felt it was just a pipe dream and that he would soon be working at a glass plant or coal mine. But little by little, Tommy's fame began to rise. Gary Bowden was doing the sports at WBOY-TV and did several features on this up-and-coming boxer from Clarksburg, West Virginia. I remember he was the West Virginia Heavyweight champion and then had traveled to Alaska and became the Alaska Heavyweight champion.

Occasionally, there would be some grainy footage of a fight with Tommy knocking out

some journeyman boxer, and his record kept growing. He fought several of the "big-name" fighters of the time, including Michael Dokes, Jimmy Young and Pierre Coetzer. On some of the broadcasts, it was noted that he resembled the famous Pittsburgh Steeler running back, Franco Harris and announcers started calling him Tommy "Franco" Thomas. I remember seeing several of Tommy's fights and he was an imposing figure in the ring. He was relentless and was constantly moving towards his opponent, launching punch after punch.

Like every boxer, there came an end to his career and Tommy was no exception. He became a policeman for the City of Shinnston and eventually came to Clarksburg. I remember

Tommy joining the force in Clarksburg and wondered if he could adjust from the fame of being a well-known boxer to working as a police officer. He quietly went to work as a policeman, and I would often see him in City Hall. He would greet me with a big smile and stick out his huge hand to shake mine. We sometimes would talk about how he enjoyed working with kids and after a few years with the force, he became the DARE officer, working with hundreds of kids each year, warning them about the dangers of using drugs.

Few of the young kids knew that the friendly police officer working with them had traveled the world and stood in the center of the boxing ring with thousands looking on. He was humble like that. His goal was seeing if he

could impact their young lives and help them avoid the scourge of drug abuse. He started the Tommy Thomas Boxing Club in the old Morgan School building and worked hard getting funding to pass on his skills of the sport he loved.

When I got word of Tommy's passing, my mind went to that young man, jogging along the road in Summit Park. He lived his dreams and succeeded in nearly everything he attempted. He left a legacy of service to his community that will be reflected in the lives of thousands of young people for decades to come. Tommy "Franco" Thomas was an Amazing man and he will be missed by his family and his community for years to come.

Dine & Donate in November!

Several local restaurants have partnered with the United Way again this year to help support many vital organizations in Harrison and Doddridge counties.

Let them know you are proudly supporting the United Way by visiting the following restaurants:

Mr. Taco - Every Friday in November-All Day

Policano's - Nov. 9- All Day

Honey Baked Ham - Nov. 22 through Dec. 31

(On select hams and turkeys) Tell them you are supporting the United Way.

Social 4 A Cause at

Mountain State Brewing Co - Nov. 18 at 5:30pm (Collecting wrapping paper, bows, gift tags, gently worn or new sneakers (adult sizes) and new toys to make some kiddos' Christmas a little brighter!).

Support the amazing work and the 18 partner organizations through the 2022 fundraising campaign. You can help the United Way reach their goal of \$750,000 by visiting their website at www.unitedwayhdc.org or text UNITEDHDC to 304-624-6337 to make your gift today.

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HCSCC SPOTLIGHT

Featuring news from the Harrison County Senior Citizen Center

Senior Center Members Participate In 2021 North Central Walk to End Alzheimer's



WBOY's Snowbird kicked off the 2021 North Central Walk to End Alzheimer's on October 10, 2021. Several board members and staff served on the North Central Walk to End Alzheimer's Committee. HCSCC had a Senior Center team, Marshville Satellite had a team, and East View Satellite had a team in the walk.

Flu Shot Clinic Held



The Bridgeport Walgreens provided a Flu Shot Clinic at the Senior Center on October 19, 2021. Pictured is Fern Oset receiving her flu shot from Caitlin McGuire, Pharmacy Technician/Certified Immunization Specialist and Bryce Adams, Walgreen's Pharmacist.

HCSC Celebrates Halloween Week



The Harrison County Senior Center celebrated Halloween week with costumes and daily drawings. Any senior wearing a Halloween themed item or the color orange qualified for a daily ticket for the drawings. Pictured is Margaret Davis dressed as the Devil and Beth Fitzgerald and Crystal Pumphrey as Spider Woman and a Convict.

November Is National Family Caregivers Month

November is recognized as National Family Caregivers Month, a monthlong tribute to recognize those individuals providing caregiving support to a family member or a loved one.

Northwestern Medicine's website at www.nm.org reports that there are more than 40 million unpaid caregivers in the United States. Roughly 10 million of them are millennials born between 1981 and 1996.

Whether it's a friend or co-worker, chances are you know someone who is trying to juggle their personal responsibilities while taking care of a loved one.

Northwestern Medicine makes the following suggestions of ways to show appreciation to caregivers:

1. Offer a helping hand. An act of kindness can go a long way.
2. Provide a homemade meal. Prepare some freezer-friendly dinners, or shop and package fresh ingredients in a box for fuss-free

meals. 3. Encourage self-care. Encourage the caregiver in your life to take a break and address their own health needs, too.

4. Be there to listen. Take them out for coffee and ask how they are doing, which can help them sift through their feelings.

5. Write a note. Share your gratitude with heartfelt words.

6. Invite them to outings. Continue to include them and invite them to gatherings so they know you are thinking of them — even if they are unable to attend.

7. Offer to help them with research resources to guide future decision-making. You can also encourage your friend to join a caregiver support group.

Your support of a caregiver may reduce their depression, anxiety, and stress. This will enable them to provide care longer which can avoid or delay the need for costly institutional care.

Harrison County Senior Center To Participate In Clarksburg's Winterfest

Harrison County Senior Center will participate in Clarksburg's Winterfest's Parade on Friday, December 3, 2021, and Winterfest activities on Saturday, December 4, 2021. The senior center café will be open from 11 a.m. to 3 p.m. as a warming station with coffee, hot chocolate, and wassail. The Book Club will be selling baked goods and used books

as a fundraiser. The Ceramics Class members will have items for sale that are perfect for Holiday gifts.

For more information about Winterfest Activities and vendor opportunities, please call Clarksburg Visitors Bureau at 304.622.2157, or by email at tyoke@exploreclarksburg.com.

Caregivers Needed For HCSCC In-Home Services Program - Training Provided

HCSCC is looking for in-home caregivers to assist Harrison County seniors to remain in their homes with light assistance. Caregivers assist with personal care, light housekeeping, meal preparation, grocery/errand shopping,

and laundry. Caregivers do not provide medical care and must have reliable transportation to and from clients. Call the center for more information. (304) 623-6795.

ANNOUNCEMENTS

Harrison County Senior Citizens Center, Inc. continues to provide FREE COVID TESTING M-F, 8:30 am – 3:30 pm. No appointment is necessary. Call 304-623-6795 to let us know that you are at our large garage door in Traders Ave. (alley) for a COVID test. If possible, call ahead

and give us an estimated time of when you will arrive. **Thanksgiving Holiday Schedule – No Covid Testing on November 24, 25, or 26, 2021.**

The new membership permanent cards have arrived. Members with a satellite affiliation, please contact

your satellite president to obtain your card. Members without a satellite affiliation, please contact the Center to request printing of your card and advise us when you will come to the center to pay your \$10 dues and pick up your card. The new cards are permanent membership cards. Dues

will be collected yearly to maintain a valid card.

Notice: Harrison County Senior Center will be closed on November 11 (Veterans Day), and November 25-26, 2021 (Thanksgiving Holiday).

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Email: director@harrisoncountyseniorcenter.org

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In Home Services now hiring caregivers with reliable transportation. Training provided after background check. Call or email for more info.

Harmony Valley

An Independent Living Community for Seniors 55+ in a beautiful country setting located on Sun Valley Road off Rt. 50 West of Clarksburg. One & Two Bedroom Apartments Available. All Utilities Including Cable TV Provided; Major Appliances Furnished.
Call (304) 622-6711 or (304) 677-6800

Getting Set For Postseason Play!



The Bottom Line

By Bill Nestor
Sports Editor

Bridgeport, Lincoln, and Robert C. Byrd will represent Harrison County in playoff action this week after picking up key wins in the last week of the regular season. They join Big 10 Conference teams North Marion, Grafton, and Fairmont Senior in second season play.

Bridgeport completed an undefeated regular season with a 38-7 win over Lincoln. The Cougars scored first, capitalizing on an early Indian miscue. Coby Gorby scooped up a Bridgeport fumble and went 80 yards for a touchdown. Kicker Liam Gallegher tacked on the extra point to provide the home team with a 7-0 second quarter lead. The first quarter was dominated by defense and when Gorby made the big play, the Lincoln faithful were on their feet.

The Indians would respond with a Cam Cole seven-yard scoring scamper. Taylor Thomas would add the first of five extra points to the affair. Aiden Paulsen found pay dirt from seven yards out and Thomas connected on a 31-yard field goal to give the Tribe a 17-7 lead.

Cole would account for two of Bridgeport's three second half scores. The first was on a four-yard run, the latter was a pass to Nathan Lhotsky on a 39-yard scoring strike. Landyn Reppert also added a 10-yard scoring run in the win.

Reppert led all rushers with 181 yards on 15 carries while Cole accounted for 175 yards of total offense. Cole rushed for 125 yards on 19 attempts and connected with Lhotsky twice for 50 yards.

The Cougars were paced by signal caller Nick Kellar. Kellar was 6 of 19 for 73 yards. Wes Heldreth caught four balls for 36 yards and John Lopez had a pair of receptions for 37 yards.

It was a battle of two of the best squads in the area. The Tribe finished 10-0 while Lincoln put up an impressive 8-2 mark. Both squads earned the right to host opening round playoff games.

The Flying Eagles garnered a 57-6 win over Philip Barbour in "Colt Country". Robert C. Byrd scored on all seven drives of the first half to take a 49-0 halftime lead. Jeremiah King had six first half rushes, scoring on five of them on runs of 41, 6, 43, 25, and 71 yards respectively. Quarterback, Nick George had 120 all-

purpose yards in the lockup. George ran for 75 yards on 4 attempts and connected with Nathaniel Junkins on a 45-yard scoring strike. In the last two games, the Flying Eagles have outscored their opponents 98-6 in preparation for the postseason. They have also earned the opportunity to host a playoff game in the opening round. King paced Robert C. Byrd with 211 yards on six carries, moving his season total to 1,681 yards.

In Morgantown, the Mountaineers suffered a disappointing 24-3 setback to Oklahoma State. It was unseasonably warm (mid 50's) but WVU's offense was ice cold. After scoring a field goal on their opening drive, the 'Eers would score no more. The 11-play drive that covered 67 yards resulting in three points had the just over 50,000 fans excited about what the remainder of the game would bring. All that they received was 24 consecutive points by the Cowboys.

The Mountaineers went into the match-up riding a two-game win streak...they went home empty handed. The loss dropped them to 4-5 and they need to win two out of their last three to become bowl eligible. Only Kansas State (away), Texas (home), and Kansas (away) stand in the way of a bowl appearance. The old saying "two out of three ain't bad" is exactly what WVU needs to go bowling. That will do it for now. Until next week...take care and God Bless!



From The World Of Parks & Recreation

By Doug Comer

Youth Sports Programs Back at the HCPR

Sometimes you have to get back to basics. Just like a baseball player in a batting slump, a golfer who has the shanks or even a basketball player who has been shooting bricks all day. While many of our programs are not geared to make you the next Mike Trout, Tiger Woods or even Steph Curry, you have to learn the basics to begin the process of being a successful athlete.

Traditionally, during the winter months we have basketball for young players in the area. While we do not compete with Jerry West, Travel or any other competitive organized league, we try to get the kids under 8-years old. We show them the basics and let them have a fun, non-competitive game of playing the sport. Director Mike Book, who has been a coach, ref and probably a water boy, talks about the importance of the league.

"With COVID-19, we struggled on not having a season and it was the first in many years where we did not have one. Many of the kids you see playing in high school today probably went through one of our programs we offer throughout the year. My son played when I coached and it was a wonderful experience teaching the kids the game of basketball in hopes of them continuing at the next level."

From the rumor mill, Book was a pretty good baller in his days at Shinnston High School. Every so often, I would hear about his skills from those he played against. And I am sure that having him as a coach would be of great value to the kids he helped while in that capacity.

Now, the ball has been passed to Jack Cann, the recreation specialist for the parks department. He has been challenged to bring the program

back to where it once was prior to the virus stoppage. The program needs a revamping and we just need to give Cann the proper tools to make it great. Book has high hopes for him as he explains.

"We need to really open up the box and find ways to maximize participation for the league. We will start the league in January and finish at the end of March. It is going to take everyone to make this work. Scheduling practices, games and clinics is the focus from here to sign ups. Then we need to get the inventory together of what is needed from referee shirts to basketballs. If we can present a great package with lots to offer for the kids, then it will be a success."

Our part-time help has been a blessing for us this summer and fall. From the summer program to the small projects along the way, it has been nothing but exceptional in the eyes of management. Luckily, we have many of the kids who played high school sports and even at the collegiate level. Our job is to expose the kids to the game of basketball and they will be a key part in making this program work.

Again, the program is open to all kids between the ages of 5-to-8 years of age. There will be two age categories (5-to-6 and 7-to-8) and the kids will learn the basic fundamentals of basketball in hopes of continuing to play the game as far as they want to play.

For more information, please contact Jack Cann at the Recreation Complex.



It's that time once again to acknowledge the efforts of Harrison County's student athletes. Each week a panel will take a look at the information collected to make the best choices possible. They will review the performances of the athletes from the six schools (Bridgeport, Liberty, Lincoln, Notre Dame, Robert C. Byrd, and South Harrison) in our county.

The Shinnston News and Harrison County Journal's Athletes of the Week Award is an avenue that is used to promote the youth of our county, while bringing attention to their athletic accomplishments.

This past week's winners are Bridgeport's Alexa Martin and South Harrison's Jacob Maddix and Noah Burnside.

Indian volleyball player, Alexa Martin helped her team to the state tournament. Martin had 28 kills, 13 digs, five blocks, two assists and two aces in the regional win over John Marshall.

Hawk running backs Jacob Haddix and Noah Burnside propelled their squad to a 36-24 win over Tucker County last Friday. Haddix picked up 103 rushing yards on 21 carries. He also scored on a 34-yard run. Burnside gained 74 yards on 20 attempts. He also garnered four touchdown runs in the affair.

Congratulations to Bridgeport's Alexa Martin and South Harrison's Jacob Haddix and Noah Burnside for being named the Shinnston News and Harrison County Journal's Athletes of the Week!

Local Communities Mourn Loss of Boxing Legend Tommy Thomas

Harrison County has suffered the loss of a legend this past week... Tommy Franklin "Tommy" Thomas, 67, of Clarksburg passed away on Sunday, October 31, 2021. He was born in Clarksburg on June 8, 1954, a son of the late Charles and Rosa Abraham Thomas. He is survived by his wife of 28 years, Susan Fittro Thomas, whom he married on December 5, 1992.

Also surviving are one daughter, Desiree Nichole Thomas of Atlanta, GA; one brother, Charles J. "Jerry" Thomas and his wife Sally of Clarksburg; and two sisters, Sylvia "Kookie" Thomas of Bridgeport and Sharon

M. Thomas King and her husband Eugene of Quiet Dell.

Tommy was a graduate of Victory High School class of 1972 and a 1985 graduate of the 58th basic training class of the State Police Academy. He was employed by the Shinnston Police Department from 1984 through 1990 and the Clarksburg Police Department from 1990 through 2009 where he also became the DARE officer in 1996. In 2003, Tommy was recognized by the Clarksburg Police Department for his dedication to the DARE program, and in 2005 he was named officer of the month, also by the Clarksburg
Continued on page 7

Answers

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 LOAVES OLEAN INTRIGUE
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ROBERT LEE STANTON, SR.



Robert Lee Stanton, Sr., 83, of Hepzibah, passed away on Wednesday, November 3, 2021 at his home surrounded by family. He was born November 20, 1937 in Hepzibah a son of the late, Mark F. and Dona Pearl Hutson Stanton.

On December 23, 1966, Robert married the love of his life, Alberta "Elva" Brace Stanton. She preceded him in death on December 26, 2005.

He is survived by his daughters, Dawn Mechelle Smith and her husband Jimmie of Hepzibah and Michelle Lynn Tichnell and her husband Steven of Lumberport; his grandchildren, Chris Stanton, Jessica Harrouff Cousino and husband Brian, William Harrouff and fiance' Ashley Cole, Robert Lee "Peanut" Stanton III, Ryan Tichnell and Kelsey Stanton; his great-grandchildren, Dylan and Haley Harrouff and Noah and Sarah Cousino; his brother, Mark "Frances" Stanton and his wife, Beulah of Hopewell, OH; and his sister, Thelma Jean Kohr and her husband, Jerry of Riverdale, MD.

In addition to his parents and wife, Robert was preceded in death by his infant daughter, Tammy Lynn Stanton; his son, Robert Lee Stanton, Jr.; as well as his brother, Edward "Joe" Stanton and his wife Barbara.

Robert served our country in the U.S. Army. He was employed by Scott Ladd and Weather-All warehouses. He retired as a Pinkerton Security Agent at Anchor-Hocking Glass in Clarksburg. Robert was a member and trustee of the Wilsonburg Baptist Church. He enjoyed collecting comic books

and feeding birds. He also liked to go shopping, take walks and any other reason to get him out and about.

The family would like to thank WVU Hospice for their excellent care and compassion.

A funeral service was held at Perine Funeral Home on Monday, November 8, 2021 with Rev. Greg Blevins officiating. Interment followed at the Shinnston Memorial Cemetery. Online condolences and memories can be shared with the family at www.perinefunerals.com

ROBERT M. GAYDOS

We are sad to announce that on September 28, 2021 we had to say goodbye to Robert M. Gaydos of Export, Pennsylvania, born in Shinnston, West Virginia. Family and friends can light a candle as a loving gesture for their loved one.

He was predeceased by his parents, Paul Gaydos and Helen Gaydos and his cousin, Marlene of Romney, WV.

He is survived by his wife Deloris; his sons, Mark (Jill) and Michael (Linda); his grandchildren, Lindsae and Andrew (Sara); his great grandchildren, Cameron and Jacob; and his cousins, Ronnie Orosz and Margie Jackson of Shinnston, WV.

A celebration of his life was held on Saturday, October 16, 2021 at 1808 Golden Mile Hwy, Pittsburg, PA.

Memorial donations may be made to the Monroeville Animal Shelter payable to the Monroeville Foundation, 2700 Monroeville Blvd., Monroeville, PA 15146 or Action for Animals, P.O. Box 814, Latrobe, PA 15650.

REV. BARTLETT J. WHEELER

Rev. Bartlett J. Wheeler, 77, of Shinnston passed away on Thursday, October 28, 2021 at UHC surrounded by family. Bartlett was born January 5, 1944 in Derry, NH, son of the late Bernard L Wheeler and Cyrilla O. (Bartlett)

Wheeler.

He is survived by his children, Kenneth B. Wheeler, Sr. of Shinnston, WV, John W. Wheeler of Cranberry Township, PA, Geoffrey N. Wheeler and wife Kathi of Preston, MD, and Wesley F. Wheeler and wife Shannon of Warner-Robbins, GA; his grandchildren, Richard, Vaughn, Christian, Christina, Joshua, Gabriella, Kenneth B. Jr., Nathan Young, Bryan, Elizabeth, David, and Finnian. He is survived also by his brother, Lewis B. Wheeler, who resides in Woodland, ME.

Bartlett was called into ministry as a member of the Church of the Nazarene at a young age. He enlisted in the U.S. Air Force one week after graduating from Pinkerton Academy in New Jersey, he met Priscilla M. Nichols, in September of 1963, whom he married on September 19, 1964.

In July of 1969, Bartlett and Priscilla were approached by Dr. Kenneth Pearsall, the District Superintendent of the New England District of the Church of the Nazarene. Dr. Pearsall encouraged him to complete his studies and prepare for ministry. Bartlett and Priscilla followed the original calling to ministry and went to Eastern Nazarene College. While continuing his education, they were assigned to the Bethany Church of the Nazarene in Rumford, RI, where they served until 1972. Other assignments included Ogdensburg and Watkins Glen, NY, as well as Norwalk and Bergholz, OH, before moving to Parkville, MD in 1987.

Bartlett became an FBI employee in 1989 and moved with the CJIS (Criminal Justice Information Services) Division to West Virginia in 1994, until he retired from there in 2006. He served as pastor of the West Chapel Church of

Out Of The Past

Memorable Photographs from around Harrison County.



A 1946 interior view of the former Methodist Episcopal Church (now known as 1st UMC) at the corner of Pike and Rebecca Streets. Razed in Oct 1972 and replaced w/current building. Photo courtesy of Bobby Bice.

the Nazarene in Reader, WV from 1995 to 2006. Then, he accepted an assignment in Union City, PA, where he served until January of 2009. After that, he moved back to Shinnston, WV and assumed leadership of the Crossroads Church of the Nazarene congregation in New Martinsville, WV until November of 2015, when he officially retired from being a pastor.

Friends will be received at the Harmer Funeral Home, 300 Pike St, Shinnston on Friday November 12 from 2-8 pm and Saturday November 13, from 11 am-1 pm. A funeral service will be held at the funeral home on Saturday, November 13 at 1:00 PM with fellow pastors, J. Kevin Dennis, Kristopher Powell, and Richard Settles officiating. Interment will be held at a later date at the Forrest Hill Cemetery in East Derry, N.H.

Cards and well wishes may be sent to the family home. Donations to West Virginia Nazarene Camp may be made in lieu of flowers, made out to West Virginia North District COTN, P.O. Box 2029, Fairmont, WV, 26555.

Online memories and condolences may be shared at HarmerFuneralHome.com

"Thomas" cont. from p. 6

Police Department. He retired with 19 years of service. He also served as crossing guard at the Adamston Elementary School and Washington Irving Middle School following his retirement.

Tommy was presented with many additional awards during his lifetime of service to the community. In 1999, he was named Citizen of the Month by the Shinnston News and Harrison County Journal, and in 2001 he was named Citizen of the Year by the Clarksburg Exponent. In 2007, Tommy received the Frank Loria Lifetime Dedication Award by the Clarksburg Columbian Club; Elks Citizen of the Year for the Central District 2008-2009; in 2010 he was named Honorary Irish Legend by the Harrison County Catholic Schools; and he was presented with the FBI Director's Community Leadership Award, also in 2010.

Kids were Tommy's passion, and in the late 1900's, Tommy started the Tommy Thomas Boxing Club to help the youth of the area. He touched hundreds of lives through his boxing



Thomas was the West Virginia Heavyweight Boxing Champion from 1979-1986. He fought 56 times as an amateur, winning 46 times before moving to the professional ranks. During his pro career, he had 42 bouts winning 34 of which 21 were knockouts. Also, during this time, he rose to the number 6 ranked heavyweight in the world.

gym. The family would like to express their gratitude to all the staff at Bridgeport Health Care Center for their excellent care.

Memorial contributions can be made to the Harrison County Elks Lodge #2875, c/o Drug Awareness Program, P. O. Box 12, Anmoore, WV 26323; or to the North Central WV Parkinson's Support Group, Ms. Tracey Robertson, Treasurer, 107 C-Anna Square, Fairmont, WV 26554.



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