Apr. 28, 2022 - May 4 2022 Editorial Page Pg. 2 Briefs Pg. 3 GoodHealth.....Pg.5 Sports Pg. 6 Obituaries Pg. 7 Community Pg. 9

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Historic Red Barn torn down



Despite some public outcry, city officials demolished the historic Red Barn in Salem earlier this month to make room for park activities. Courtesy photo.

By Sarah Hayes Staff Writer

Onlookers watched as the historic Salem Red Barn, also known "Greenbrier Billy Davis Barn" was torn down April 13.

By Sarah Hayes

budget and discussed

among other items.

by a short work session.

Staff Writer

During

City officials announced over a year ago that the Red Barn within the city park would be torn down to make room for updates and additions. Since that time, as stated by Salem resident and

Council corrects budget,

discusses abandoned home

April 19, Shinnston City an error, according to \$1.96 million budget.

over a damaged home, \$8,000 in tax increment NAJ LLC, the owner

members

Council corrected an Shinnston City Manager

City Council held a Shinnston does not have on

After council council members agreed

special meeting at 7 p.m. a TIF district although in

at the Woman's Club on there is one at Charles a

Bridge Street, followed Pointe in Bridgeport.

error in the 2022-2023 Chad Edwards.

the proposed lawsuit inaccurately

former city council Annette member, Grimmette Gibson, "It has been a hot topic."

Children attended summer camps at the Red Barn. Weddings and birthday parties, Easter Egg hunts, and dance classes were held there. The "Greenbrier Billy Davis Barn," named for a Revolutionary War veteran, has been part of Salem's history since 1899 when it first served as a barn for the Salem Industrial Home for Girls to use for gardening.

Gibson played a role in starting the nonprofit organization, ACTS, Actions of Compassion Transforming Salem, about three ago. ACTS started by feeding the homeless has since expanded to include beautification projects throughout Salem.

Gibson said she Continued on Page 3.

approved to move that allotment

During

Charles

Shinnston. NAJ,

Charleston-based

estate holdings

owns

Continued on Page 3.

session,

The budget had discussed the planned

the work

Council

Street

the

the 2022-2023 budget into a contingency fund

last month, the state instead and approved a

included lawsuit

financing (TIF) revenue; of a neglected property

meetings auditor's office found finalized version of the

Assistant principal named Citizen of the Month

Boggess builds self-esteem in youth

The Shinnston News & Harrison County Journal has named Pat Boggess as Citizen of the Month, a recognition sponsored by Dorsey Funeral Home in Shinnston locally owned and operated.



A lifelong resident of Shinnston, Citizen of the Month Pat Boggess joins his wife Whitney, daughter Giada and dog Kiki on the steps of the former Shinnston High School. Courtesy photo.

By Erin Beck Editor

A Shinnston native who tries to focus on half the battle." the bright side of life, Assistant Principal Pat Boggess often works with kids who are struggling.

Sometimes with students he knows They the last thing on their minds. But the position is still a dream job for the optimistic Boggess, who took the job at the start of the 2021-2022

school year.

"I don't hate to get up in the morning to go to work," he said. "I like and lifelong resident what I do. I think that's

By letting kids know Lincoln High School he cares, he watches them develop more hopeful outlooks as

"You may see some he students that really don't serves in the role have great self-esteem," disciplinarian. he said. "They might not Sometimes, he works have had that guidance. don't really have rough home lives believe in themselves schoolwork is as much as they should.

And once they start seeing some of that success, whether it's in academics, athletics, family, ... once they start seeing that, that kind of boosts them up a little bit, boosts their spirits. They can see there's some light at the end of the tunnel."

Boggess graduated from Lincoln High School in 1997. Some of the students roaming the halls of his school are children of his former classmates.

Continued on Page 3.



Building Amazing Cities

By JIM HUNT author, speaker, consultant

Washington Irving Middle School student places in writers contest

Edwards said business,



By Erin Beck Editor

Mary Calvert, an eighth-grade student at Washington Irving Middle School, among three Harrison County students who placed third in their categories in the 2022 West Virginia Young Writers Contest.

Those included Calvert, who wrote "A Star Filled Story;" Caroline Ashcom, a fifth-grade Simpson student Elementary who wrote "Lucid;" and Brynn

student at Norwood Elementary School, wrote Shapeshifter."

competition, The which began in 1984 and aims to celebrate student writing, divided categories. Third and fourth-grade students competed against each other, as did fifth and students sixth graders, as well as seventh and eighth graders.

The names of those students who placed, along with their stories, were provided by Jenna Williams, curriculum Sickles, a fourth-grade coordinator at Harrison

County county coordinator for the contest.

The Shinnston News Harrison County featuring Journal is Harrison County's placing stories. Brynn's story was featured on April 14; Caroline's story was featured on April 21. Mary's story, the third and final featured story in the series, is as follows.

A Star Filled Story

Occasionally, remember the many warm summer nights filled of richest blues and magentas that engulfed me in a beautiful pure obsidian black. When I always laid sprawled out in my yard feeling the silky grass and allowing the

delicate breeze to touch

schools and my skin that always welcomed me while I was left staring at the calm bright astral diamonds that were sprinkled on the night sky. I'd always favor how unique each orb light simulated enchantingly and pulsed elegantly regardless of how other stars would perform. If you look closely, each celestial body tells a remarkable story whether it is long or if it's short. And on those countless hushed nights, I would think of myself as a star as well, because I too have a story and universal personality like the

Continued on Page 4.

I'm writing this week's column while riding the high-speed bullet train from Paris to Amsterdam and enjoying the beautiful French countryside. The train makes the journey in a little more than three

and a half hours and is one of the most convenient

and restful ways to travel.

Exploring Paris

We had a wonderful few day in Paris and saw many of the historic sites that have made Paris the Amazing city that it is. The one must-see sight is the Eiffel Tower, and we spent the better part of a morning exploring this historic landmark and symbol of Paris. They are getting it ready for the 2024 Summer Olympics and Paralympic Games and repainting the structure in more of a gold color. We were told that Gustave Eiffel, the designer of the tower, wanted this color from the beginning but was overruled and the color was a brownish, bronze-like color instead. The grass area is also being redone and this was where I spent many

hours on previous trips, watching the tourists from

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like — of

chocolates"

in large-print

80 They're large

materials

83 Pro-gun org.

84 Sports arbite

85 Tennis' Lend 86 Blood fluid:

Prefix

88 Coral islet

Guest Column By Charlotte Lane

Stay Alive – don't text and drive!

By Charlotte Lane

Chair, West Virginia Public Service Commission

April is Distracted Driving Month, and the Public Service Commission has joined with other law enforcement agencies nationwide to deliver this lifesaving message. Our officers are patrolling the state's highways to reinforce it with commercial motor vehicle drivers.

According to the National Highway Traffic Safety Administration, car crashes that involved distracted drivers killed 3,142 people in 2020, 8% of all fatal crashes in the country. Since 2012, when NHTSA started tracking distracted driver accidents, more than 29,000 lives have been lost in crashes involving distracted drivers. People who text while driving are 23 times more likely to be involved in a crash. Alarmingly, about one in five people killed in crashes involving a distracted driver are not in vehicles - they are walking, riding bikes or otherwise outside the vehicle.

Teenage drivers are especially impacted. AAA found distracted driving is responsible for over 58% of teen crashes. Recently, 39% of high school students reported texting or emailing while driving during the past month, and among drivers aged 15-20 involved in fatal crashes, 9% were distracted at the time of the crash. Not all teenagers are equally likely to be involved in a motor vehicle crash. Teenage males are almost twice as likely as teenage females to be victims of motor vehicle fatalities.

Texting may be the most obvious offense, but anything that takes your attention away from driving poses a danger to you, your passengers and everyone who shares the road with you. Seemingly harmless activities such as tuning the radio or adjusting the climate control can take your attention off the road. You should never even consider eating, applying makeup, styling your hair, or shaving while behind the wheel. That may sound far-fetched, but people do it. Children and pets should be securely belted in before setting out on the road. When you are behind the wheel your only job is to safely navigate from Point A to Point B.

It takes less than five seconds for a car traveling 55 mph to cover the length of a football field; a lot can happen in five seconds.

So fasten your seatbelt, put down the phone and let's all arrive safely.



THIS WEEK IN **West Virginia History**

The following events happened on these dates in West Virginia history.

April 28, 1914: An explosion at the Eccles No. 5 mine in Raleigh County killed 174 men. The mine connected with Eccles No. 6, operating in another coal seam, and nine men in No. 6 died of injuries and of afterdamp, the deadly gas left after a mine explosion.

April 28, 1924: An explosion ripped through the Benwood coal mine south of Wheeling, killing 119 miners.

April 28, 1948: Watt Powell Park opened in Charleston. About 8,000 people, including Governor Okey L. Patteson, attended the city's inaugural game in the Class A Central League. Watt Powell Park was replaced by the city's new Appalachian Power Park after the 2004 season, and the old ballpark was demolished in 2005.

April 29, 1863: Confederate General William E. "Grumble" Jones waged a battle at Fairmont that involved a force of 500 regulars, home guards, and volunteers. The Confederates prevailed, burning the personal library of Francis Pierpont, governor of the Restored Government of Virginia, and exploding an iron railroad bridge across the

Monongahela River. April 30, 1871: Coach Fielding Harris "Hurry-Up" Yost was born in Marion County. He was a tackle on West Virginia University's football team in 1895 and 1896, while earning a law degree. In

1901, Yost's first season as coach at University

Super Crossword

93 Ballesteros of

transmitted

heave-ho to

by PCs

95 Gave the

golf

94 Pages

47 Loss of the sense of smell 52 Out of kilter 53 Upkeep of

a kitchen

Herman's

Hermits

59 Freeman of

60 "... roughly"

61 Landscaping

tool used

by a large

company?

mushroom

69 Not ingested

70 Coll. in Lower

Manhattan

71 First letter

73 Follies show

74 Question to

someone

who rudely

interrupts a

"The Hunger

chat?

78 Ruckuses

source

81 Nation in

Games"

during a

revolt?

82 Captured

68 Culinary

"Angel Face"

stove?

13 Rolling Stones frontman's family 57 Peter of

20 Despise 21 Funny in a twisted way 22 Shrinking salt lake in Asia

23 "Does this medication act as a sedative at all?"?

25 French painter Henri 26 Pops

27 Dark warrior Kylo of sci-fi 28 Magical elixir that turns

people into mouselike rodents? 30 Sun or moon 32 People using paste

35 — Moines 36 26th letters, to Brits **37** The singer of "Kiss an

Angel Good Mornin' " was nosy? 41 Caustic liquid 44 Mogul

45 Football field

20

23

61

69

73

78

82

126

92 Bit of conjunctivitis medicine

87 Frosting tools

puzzle? 123 Really dumb **New Jersey**

128 Wisenheimer **DOWN 1** — Baba

2 "Mayday!" 3 Avenged 4 Kett of comics

127 Most tender

5 Neighbor of Sudan

6 What X may mean 7 Creep higher, as shorts 8 Wrinkle

97 Cost to buy remover an airline 9 "I do," e.g. 10 Sothern of "Kid Millions"

ticket? 101 FBI workers: Abbr. 11 Actor 105 Cooke of soul Schreiber

107 Actor Chuck 12 Young cod 108 Small child 13 "Misery" star 109 Arsons? 14 Give **113** Some (care)

refinery input 15 Cat, to Juan 16 Ostentatious 114 Bummed 116 Emilio of showiness

Hollywood 17 "Charlotte's **117** Apt things Web" actress to feel when Davis solving this 18 Turf anew 19 Camille

124 6-Down plus 24 Annual: one Abbr. 125 State tree of 29 Meadow

79 Teeny power 126 — Pilate **31** "Wide (biblical official)

33 Emma Diana

Down, child of a boomer Peel player 34 Withered

46 Title for 58 Some

Saint-30 Eight: Prefix

Sargasso Sea" novelist Jean 32 With 118-74 Astros, on

39 Something hit **79** "Life is

by a basso 40 Lightly lit 42 Swenson of "Benson" 43 John in

court

33-Down 48 Not rough 49 — Melodies (old toons) 50 Pant-leg line

89 Way out of a **51** Coral rings building 53 Bicolor horse 90 Nevada city on I-80 **54** Busy insect

55 Once named 91 USAF NCO 56 Fish-fowl link 94 Bad grades 96 Flow barrier refinery input 98 Wears away

61 Run, as an 99 Set straight art exhibition 100 Movie **62** In the future **101** Tons **63** Rescind 102 Painter's 64 Waited a bit undercoat

65 Ltr. holder 103 Tarte -66 Henna or (apple treat) anil 104 Artery insert **67** Chap **106** Some viral 68 Orange Bowl trends

110 Roman 107 loc 71 Motels **111** Brand of **72** San lens solution Francisco's 112 Farm tower · Vallev

114 Banana part 115 Verdi opera scoreboards **118** See 32-Dow 119 Eden evictee 120 Hosp, areas

75 Rock blasters 76 Unseal, in poetry **121** Cable TV's

77 Old Egypt- Geo Wild 122 Cloud's place 38 Jane in court Syr. alliance 12 18 22 25 24 28 29 31 32 34 35 36 33 38 139 40 42 46 48 49 50 55 53 54 56 57 59 60 62 63 |65 66 68 70 72 75 76 80 81 83 84 85 88 90 93 95 96 97 99 100 105 107 108 109 110 111 113 114 115 116 117 118 | 119 121 123 124 125

Find the Super Crossword Answers on Page 7!

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of Michigan, the Wolverines compiled an 11-0 record, including the 49-0 defeat of Stanford in the first Rose Bowl.

April 30, 1927: An explosion roared through the Federal No. 3 mine owned by New England Fuel and Transportation Company of Everettville, Monongalia County. The explosion, the subsequent fire, and gas in the mine killed 97 men.

May 1, 1788: Pendleton County was created from Rockingham, Augusta, and Hardy counties. The county was named for Virginia statesman Edmund Pendleton (1721–1803).

May 2, 1900: State founder Waitman Willey died in Morgantown. Willey is remembered for the Willey Amendment, which provided for the emancipation of slaves as a precondition for the creation of West Virginia. May 2, 1925: Flying saucer investigator Gray

Barker was born in Riffle, Braxton County. Barker became interested in unidentified flying objects in the 1950s after investigating the sightings of the Flatwoods Monster.

May 3, 1843: U.S. Postmaster General William Lyne Wilson was born in Smithfield, Jefferson County. Wilson joined President Cleveland's cabinet as postmaster general in 1895. In the following year, he introduced Rural Free Delivery

in Jefferson County, an experiment which was quickly instituted nationwide. May 3, 1917: Fire destroyed the West Virginia Preparatory School in Keyser. The school was

rebuilt, and it evolved into the institution now

known as Potomac State College.

May 4, 1896: The Children's Home Society was formed by a group of Charleston ministers at the YMCA. Their goal was to place orphaned and neglected children with caring families rather than crowd them into county poorhouses.

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e-WV: The West Virginia Encyclopedia is a project of the West Virginia Humanities Council. For more information contact the West Virginia Humanities Council, 1310 Kanawha Blvd. E., Charleston, WV 25301; (304) 346-8500; or visit e-WV at www.wvencyclopedia.org

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"Principal" Cont. from Pg. 1.

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FROM AROUND HARRISON COUNTY

This calendar of events listing is provided free of charge to churches and nonprofit organizations. Please submit your listing two weeks prior to the event. Send via email to newsandjournal@yahoo.com.

Parkinson's support group

North Central WV Parkinson's support group

First monthly meeting for 2022

Saturday, April 30 at 1 p.m.

Brickside Bar & Grill, Bridgeport

Family members or caregivers also welcome.

For more info: Tracey Robertson 304-363-1028

Holy Trinity Serbian Orthodox Mission

408 Morgantown Ave, Fairmont Rev. Sasha Nedich 724-966-7428 www.holytrinityserborthwv.org Liturgy: Saturday, May 7 at 10 a.m. Saturday, May 21st at 10 a.m.

Please check to make sure of no cancellations 724-966-7428

Singing camp

"Born to Sing Show Choir and Singing Camp Come Back"

June 29 - 23, 3:30 pm to 7 p.m. daily LIFE United Methodist Church School of Music 3000 Technology Drive, Fairmont

Ages 5 to 15. Beginners to experienced.

Find your best voice, eliminate stage fright, onstage performance and more.

Email Anne Schooley, director, at anschooley@ mteer.com for complete info.

"Jim Hunt" Cont. from Pg. 1.

throughout the world walk by with children in tow.

The springtime weather in Paris can sometimes be unpredictable but we have enjoyed clear skies and very pleasant temperatures. The crowds are not bad, and we could access every place we wanted to go. Like many European cities, Paris can be scorching hot in the summer and the crowds make it almost unbearable. Even though we would have tolerated a rainy day, our luck was with us, and we were rain-free.

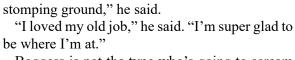
One highlight of the trip was seeing Sacre Coeur, which is a beautiful church that sits on one of the higher hills in Paris and offers an unforgettable view of the city. The church is a Roman Catholic church and is kept in pristine condition with large stained-glass windows and intricate mosaics. We had a memorable dinner at a small cafe and relived our day over pizza and beer and soft drinks. A ride down the hill on a funicular, which is like the incline in the city of Pittsburgh, and we walked through the Montmartre neighborhood and enjoyed the quaint shops.

While the Paris metro is one of the nicest in the world, we walked to most places and logged over seven miles each day. It burned some of the calories from the wonderful food and it gave us a close-up look at many ordinary things that we might have missed, otherwise.

Our hotel was located close to the Seine River and was near many of the places we wanted to go. While the hotel had only about 30 rooms, it was comfortable, and they took care to clean it each

Our train just stopped in Brussels, Belgium and this might be a good time to close. Next week's column will focus on our continued journey and hopefully point out some more Amazing things in these Amazing cities.

If you advertised with us, your ad would be



education at United High School in Clarksburg,

be where I'm at."

Boggess is not the type who's going to scream and yell when students misbehave.

"Everybody makes mistakes," he said. "That's what I tell every student. I don't separate them or make them feel any different."

Instead, he said he works to figure out why kids might be acting out. Once they know someone is in their corner, they feel less alone.

"Even though we're a small area, not every family is going to be the same," he said.

Even before switching schools, Boggess was already a familiar face in town, often cheering on kids at school athletic events.

He said he appreciates that friendly, smalltown feel in Shinnston that other areas lack. A self-described "family-oriented kind of guy," he said his parents still live in the area, and his wife Whitney is also from Shinnston. They have a sixyear-old daughter, Giada.

"I can literally almost walk to where I grew up at," he said. "That's how small, in a good way, it is."

His cousin Jill Fratto, also of Shinnston, said she's most impressed by "his steadfast devotion to family, friends and community as well as his positive, 'can do' attitude."

"He is always willing to step up and do anything he can to help in any situation," she said.



Citizen of the Month Pat Boggess gathers his family, wife Whitney and daughter Giada, in Lincoln High School, where he is assistant principal. Courtesy photo.

"Barn" Cont. from Pg. 1.

approached City Council requesting they consider allowing ACTS to take over the updates and upkeep of the Red Barn. She proposed ACTS would write grants to fund the project, along with soliciting monetary donations and hosting volunteer work parties. According to Gibson, City Council denied this request.

Salem City Manager Ronnie Davis did not return phone calls.

But he previously said the city planned to build restrooms and picnic pavilions.

"We're hoping for peewee football fields and

soccer fields, and we're making all that area more ball fields and spreading a few little parks through our town," he previously said.

While the barn was vandalized over time, some residents like Geoffrey Steele felt the barn was still salvageable. Steele, who said he started a petition that received over 1,300 signatures, also said he asked about the barn during the April 12 Council meeting but was told it would be discussed in executive session.

The barn was torn down the following day.

"Council" Cont. from Pg. 1.

year.

Edwards said NAJ has offered to give the city of Shinnston the property to avoid litigation. Council plans to discuss this further during its next meeting.

for new funding after recently passed state legislation provided a pool of funding to demolish dilapidated houses within the city.

"I would like to tear down and clear out a couple and plant trees so that we can have a nice view of the ballpark, as opposed to the view of a burned down house," Edwards said. "When people are coming into town, the first thing they see is a burned down house."

During the work session, Edwards said AAL accounting firm, based out of Vienna, Virginia, was selected after a bidding process to do the annual audit. He said the city, like many other cities, hasn't undergone one of those audits over the last couple years due to COVID-19 concerns.

"They make sure you've got plenty of checks and balances and segregation of duties," he said. "It's kind of like having a third set of eyes looking at everything."

According to Edwards, "Our audit should be caught up in the next couple of months."

Edwards also spoke of possibly looking into a grant for a new city building, but as of now, the city is still in the early stages of the process. He also spoke of a recent meeting at the water

house, which was heavily damaged by fire last plant regarding new copper and lead regulations and reporting requirements. More sampling must be done to satisfy the required number of

samples to be done by 2024. "We're on top of it," Edwards said.

Multiple media outlets have reported Council will also be looking into applying on elevated lead levels among children in Clarksburg; Edwards said that problem has not been detected in Shinnston.





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As April swiftly passes, it is time for us to think about voting. Our Primary Election is Tuesday, May 10 and early voting starts on April 27. Recently I have been told by several people that they are registered as independent voters and cannot vote. A recent press release from Secretary of State Mac Warner's office says that voters unaffiliated with a political party can vote as long as they request the ballot they prefer. The workers at the polls are not allowed to help the voter decide which ballot they want. So I encourage all you independent voters to go to the polls and cast your vote.

Last week I attended a Meet Your Candidate reception hosted by the Chamber of Commerce at the Best Western Plus in Bridgeport. It was well-attended and although there were some candidates missing most of those running for House of Delegates were present. Serving as MC was Jason Harshbarger. Each candidate was given three minutes to introduce themselves and their





platform. Although there were other candidates present, this was for individuals seeking House of Delegates seats.

Those individuals present and speaking were Keith Marple, Ron Watson, Ryan Deems, Tyler Hart, Paul Howell, Bryan Payne, Mickey Petitto, Ben Hanson, Laura Kimble, and Clay Riley. I am sure that there will be other Meet Your Candidate events before the election and I urge you to try to attend

Of special interest are those seeking a seat on the Board of Education. In order to cast a vote for the right person, it is necessary that you speak to those running and find out just what their goals are. The county has been divided into districts and the ballot will tell you how many individuals you may vote for in a district.

Be a good citizen and get out and vote and be an informed voter when doing so.

I hope you all had a good Easter and were able to spend it with your family. This year Mike Queen hosted most of our family for dinner at the Stonewall Resort. The buffet was delicious. We saw many people from Clarksburg and it was great to visit with them. Dinner-mates included me, Mike, Ben Queen, Meredith Ward, Mr. and Mrs. Roger Ward, Paula Queen Carder, Christy Thompson, Jamie Corton and Laura Goff Davis. I just wanted to tell you to make a trip to this beautiful resort. I understand they offer many events for the public to participate in both on and off the water. It is always great to see our friend, Joe Corcoglionetti. He does a great job at the resort.

A reminder to book the dining room at the PWA for your spring and summer events. It has a wonderful commercial kitchen and the dining area can be decorated complete with linen tablecloths and chair covers. Elegance at a great price. Call 304-624-6881 for information and reservations.

Enjoy the beautiful weather, stay healthy and happy and until next week "Now You Have Heard It Through The Grapevine."



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Skin Cancer Screening

Friday, May 20, 2022 1 p.m. – 3 p.m.

In the Cecil B. Highland Jr. & Barbara B. Highland Cancer Center at UHC

327 Medical Park Drive

The most common forms of skin cancer are 95% curable when caught early. Get checked for possible cancerous lesions and learn how to perform self-exams.

PREREGISTRATION REQUIRED
For additional information about skin

For additional information about skin cancer and to register, please call 1-800-607-8888

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"Washington" Cont. from Pg. 1.

millions of other burning orbs that inhabit the universe.

My story begins as a young adolescent child that quickly learned to intently observe the world bordering me and always enjoying the pleasures of going out with close relatives, keeping an energetic positive personality, and overall feeling my environment and making something creative and beautiful out of it. But there were people lurking around each unchecked corner unhappy with my diverting good-natured behavior and always aiming to control my personality and what place I should serve in the real world which eventually introduced me to the notorious comment, "If you functioned normally you would be improving yourself and the world." Which rose one question 'would changing myself be better for others and benefit the world?"

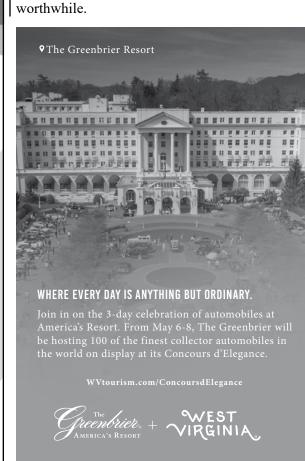
So, just to experiment, I started doing as I was told by others and preferred keeping to myself when around my friends or family and persisted in restricting myself from social situations due to always feeling ashamed for acting differently and always focusing on perfection. Soon, I attempted to prevent my flaws from seeping through the walls I built up in an effort of protecting myself from others' judgement and I gained a fear of being pushed away from others due to feeling as if I was "too strange." And once the minutes of this external torture became hours then they became days and the days soon became years. I began to struggle even getting out of my eternal slumber or completing simple daily tasks and everything started blurring together like all the paints on a pallet morphing together in an exquisite painting. Time and the universe itself meant nothing to me and it was as if the sky lost a star. I lost myself and missed out on many opportunities due to seeing my imperfections as only a "lost cause" or "weird and un-comforting" and followed others' directions to the wrong path in what is called "life."

Amazing people had abandoned my side, my education had slipped over my head, I had distanced myself completely from my family, and I had deserted every single mirror occupying my room and could no longer recognize who I was and where my place was in the world. I had to not only see my entire life gradually break into fragments firsthand, but I also had to accept and realize that I let everything go in order to reach a goal that would never provide happiness for me. That's when I knew changes had to be made in my life before the rocks residing at the bottom of my hole caved in.

And so I began to start broadening my horizons and took initiative to tend to my unkept and wilted garden, and I dug myself out of the ground when below rock bottom and allowed myself to be happy and empowered my personality. I established new goals and prioritized my mental and physical health and began to search for my beautiful place in this world by making new, supportive, accepting companions and after learning to put beneficial boundaries down, and accept minor details that would assist me when riding the cold harsh waves that life would occasionally uproar in my face and aim to drown me in.

That's when my peers regained their fun comedian, when my friends regained their creative friend with a beautiful outlook on the world. That's when my teachers regained their knowledgeable student, when my relatives regained their loving family member, and when the stars embedded in the ink-black sky regained a lost star that finally found their way back in the world and universe itself.

So the next time you look up at our star-filled sky and our galaxies tumbled art, make sure you take in each star's history carefully and maybe consider experiencing yours fully too because I guarantee you each star's story is special and worthwhile.





Support and strategies can build good mental health



In case you didn't know it already, Mental Health Awareness Month is next month. Full confession, I didn't know it until recently myself. Mental Health Awareness Month is always in May and started in 1949, which was surprising to me. Perhaps they have said this every year since 1949, but it seems we need mental health awareness and support now more than ever.

So what is "good" mental health? You can visit many reputable websites to get the academic descriptions, but today I am putting my own layperson's spin on it.

Good mental health means you have a balanced approach when responding emotionally and mentally to the situations, circumstances, and stressors around you. Having good mental health can mean a lot of things and may be different

for each of us, but these are some things that come to my mind as I work for Project AWARE with children and adults who don't always have these luxuries. Project AWARE provides support, training, and resources for Harrison County school staff and students related to mental health issues.

Freedom from excessive fear and anxiety. Many people live with past and current trauma that perpetuates constant stress, fear, and anxiety in their lives. These experiences may cause them to always be looking for the next big catastrophe, real or perceived. Strategies that can help overcome this include therapy and coaching. It's also helpful to build strong supports (family, friends, school, work, community) and learn coping mechanisms to better handle difficult feelings when they arrive. Learning to overcome fear and anxiety can be not only mentally freeing, but also better for physical health as it is all connected.

Knowing how to respond vs. react to stressors. One of the biggest steps we can take to improve our mental health is to learn to step back, take a breath, and think before we engage in a stressful situation or drama. Giving yourself the time to reconnect and process before responding to a person or event can make the difference in feeling stressed out

and resentful vs. satisfied with your response to the situation. By responding vs. reacting, you can avoid saying things you don't mean, taking action that you regret, or getting upset about something that is out of your control.

Recognizing when you need help and finding it. Everyone deals with depression, anxiety, difficulty processing life events, and other mental stressors at some time or other. The stigma is lessening in our society as more people talk about mental health. If you are struggling with how you're feeling, start by reaching out to someone you trust. From there, you can work together to figure out what you need and what steps you can take to get it.

Finally, and you won't be surprised by this if you read my column regularly, take time for yourself. Your mental, physical, spiritual, and emotional health all work together. Get outside and take a walk every day, sit on your porch and enjoy spring, and eat real food! Everything that you do for yourself matters - it all impacts your mental health. You deserve the gifts that good health brings, but those gifts only come when you take steps to love your body, mind and soul.

Medical cannabis industry growing in West Virginia

Act, passed by the WV more into law by Governor Jim Justice in 2017, has enabled thousands dispensaries, of state residents with qualifying medical conditions to access new option for treatment, Resources.

the news release states. and The Office of Medical said

than cannabis cards.

To date, processors, and six growers are operational across West Virginia.

medical "The according cannabis industry has the state Department in West Virginia, with of Health and Human an additional job growth conditions," security services, facilities." transportation," Jason

The Medical Cannabis Cannabis has approved director of the West Department 7,000 Virginia Legislature and signed applications for medical of Health and Human Resources' Office of nine Medical Cannabis. "As two the medical cannabis industry continues to expand, opportunities for employment and patient care in West Virginia will to a news release from created 332 direct jobs grow. Additionally, all products dispensed have been cultivated within of 1,884 positions in the West Virginia's borders Patients must have fields of commercial at medical cannabis qualifying "severe or construction, growth and processing

> To learn more, visit Frame, omc.wv.gov.

Mental health hotline to become three-digit number: 988

Department of Health and Human Resources (DHHR) Bureau for Legislature Behavioral Health has secured a \$561,131 award from the federal Substance Abuse and Mental Health Services Administration to prepare for the transition National Prevention Lifeline to a new three-digit number (988) on July

BBH funds Virginia's Suicide National Prevention Lifeline call center, operated by First Choice Services, to answer in-state calls to the Lifeline, which includes the Veterans Crisis Line. On July 16, the three-digit dialing code for the Lifeline will become 988, replacing the current phone number 1-800-273-8255. West Virginians needing 1-800-273-8255 until July 16.

The Lifeline accepts calls from anyone experiencing suicidal crisis or mental health-related distress. The state Lifeline/988 call center will also

The West Virginia begin accepting texts Mobile capacity.

"988 is the first counties. Suicide step in building an accessible crisis system that includes someone to talk to, improve 16, according to a someone to respond, Virginians' access to and a safe place to be," needed behavioral West said Christina Mullins, health crisis services single commissioner DHHR's Bureau for and other detrimental Behavioral Health. "Roughly 75 80 percent of calls help de-escalate and provide support without further crisis intervention needed."

For the callers who need additional crisis services (someone to respond or a safe place to be), the state West should continue to call statewide Children's

Crisis and chats after July Response for children 16. The West Virginia and youth up to age passed 21 available through and Gov. Jim Justice the 24/7 Children's signed Senate Bill Crisis and Referral 181 in March to help Line (844-HELP4WV, prepare for 988, and https://www.help4wv. DHHR will continue com/ccl). Adult crisis to support call center response services are available in certain

> "DHHR partners collaborating of to prevent outcomes," added Mullins. "This new grant assists in saving lives in our state, where suicide is a leading cause of death for West Virginians aged 10-34, and a significant cause of preventable across all age ranges."

> > Read more about planning

is enhancing its crisis 988 continuum. Presently, https://www.samhsa. Virginia has gov/find-help/988.

The Shinnston News & Harrison County Journal wants to hear from you. Send tips, letters to the editor, and guest opinion columns to newsandjournal@yahoo. com.

Ratliff named director of DHHR's Office of Emergency Medical Services

Joseph Ratliff has been named flight paramedic, base director of the Office educator, and flight of Emergency Medical training officer with for the West Virginia Services for 11 years, Department of Health and served five years and Human Resources' (DHHR) Bureau for director with the Union Public Health, according Rescue Squad. to a news release.

Ratliff, of Spencer, experience has more than 21 years knowledge of West of emergency medical Virginia and federal experience and has EMS regulations will served as the director serve him well in of emergency medical this important role," services (EMS) for the said Dr. Ayne Amjad, Roane County Rescue State Health Officer Squad, Inc. since 2019. and Commissioner of

"Jody" Prior to that, he was a (OEMS) HealthNet Aeromedical as an administrative

"Jody's and the Bureau for Public

Health.

Ratliff holds bachelor of arts degree West Virginia from University, associate's degree from Marshall University Community Technical College, and a paramedic certification River New Community College. He served as Aviation Boatswain Handler Crash Salvage and Rescue in the U.S.

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By Doug Comer

T-ball season is right around the corner

Harrison County Parks and Recreation staffer Jack Cann announced that T-ball season will begin when school wraps up for the year, and with the improvements to the fields at Summit Park, he hopes to have a bigleague feel for the youngsters who participate this year.

Summit Park Complex, which the Harrison County Commission acquired four summers ago from the Summit Park Association as an in-kind donation, has been the home for countless years of softball summer programs and especially youth sports. It has seen better days, but improvements could possibly make the facility as in demand as it was in the 1970s and 80s.

"We have made some great strides in the property at Summit Park," said Director Mike Book. "The place was once the hottest ticket in town for softball teams, family reunions and especially our programs. But, through time, things just got to be a little beyond repair. Safety issues as well as drainage issues took away its shine. But, through dollars supported by the County Commission, things are on the rise again."

Summit Park was once the biggest park of all to host the playground program as kids from the neighborhood and bordering areas of Bridgeport and Clarksburg would spend their summers there. With a solid staff and a fun and safe area, kids more or less grew up at the complex and made life-long friendships there.

The upper field is where the T-ball league will be operated. Unfortunately, this is the field that needs the most help. And the county outsourced a lot of the work ensuring that all things will be ready before the first pitch in June. Director Mike Book gave a detailed list of the things that will be replaced or fixed there.

"Drainage and outfield fencing has been the biggest issue on the upper field. A local contractor has taken the reigns to improving the property including replacing



Contact Harrison County Parks and Recreation for more information about the upcoming T-ball season. Courtesy photo.

the backstop, improving the dugouts and digging out the drainage in the back of the property to allow the water to flow away from the field as compared to settling in the outfield. Once complete, we will replace the outfield fence and put in some new benches for the dugout. We plan to have all complete before the end of May."

Cann, who operates all recreational organized sports, has prepared flyers to be brought home for those wishing to play this summer. Signups will be scheduled in the evenings so that families can make sure they do not miss any chances to get registered. Also, games and practices will be played in the evenings after work which makes it easy for working families to see their kids in action.

"We want to make sure that there are plenty of chances to get your child registered for the league," said Cann. "All registration dates will be here at the Rec Complex, and we just need the parent or guardian to come and register their kid. Once the end of the registration is complete, we will pair up the teams and start practice. Please look for your flyer in your child's book bag or contact the office for more information. We will plan to post the registration form on our Facebook page as well."



The Bottom Line

By Bill Nestor

Sports Editor

Big wins in Morgantown and Shinnston

The Gold-Blue Spring Game was a nail-biter this past Saturday at Milan Puskar Stadium. The Gold edged the Blue team 22-21 in the simulated scrimmage. There was no real loser and West Virginia University Head Coach Neal Brown was the big winner on a day where his team took center stage in the Mountain State. The fan attendance was impressive as 12,678 people attended. The other big winner was WVU Medicine Children's Hospital which received a portion of the proceeds from the event.

The most significant position on the field belongs to the signal callers and three of the top four suited up. The newest addition, JT Daniels recently came to Morgantown via the transfer portal and didn't take part in this year's festivities. Will Crowder, Garrett Greene, and freshman sensation Nicco Marchiol all played and performed up to expectations.

Crowder threw for 199 yards on 14 of 24 passing. Crowder also tossed a touchdown to receiver Bryce Ford-Wheaton. Greene was 5 of 12 for 132 yards with a touchdown and an interception. The highly touted newcomer Marchiol was 10 of 19 for 75 yards in his first opportunity in a Mountaineer jersey. Mountaineer Nation may have had a glimpse of what is yet to come.

Receiver Sam James also hauled in a touchdown pass. He and Ford-Wheaton are the two top targets for

WVU quarterbacks after the departure of several topnotch catchers. Another potential target in hometown hero, Preston Fox. Fox, a Morgantown High graduate, redshirted in 2020. Last year, Fox saw action in 5 games and could be a sleeper this year for Brown and company. Fox made the catch of the day just before half-time on a sideline snag for a 39-yard pickup. He also connected with Crowder on a 50-yard play that showed his potential to those in attendance. If Fox can become the third guy then the passing attack could see a high level of success.

New offensive coordinator Graham Harrell loves to go deep and in order to get the job done, he will need a plethora of receivers to get the job done. Opposing teams will focus on Ford-Wheaton and James which will open up the passing lanes for unsung players like Preston Fox to make big plays for what everyone around the program hopes is a big play offense from Harrell. Ironically, Fox was given a scholarship by Brown in the locker room immediately following the scrimmage. His parents were invited in to witness the offer. It put a cap on a great day for fans, players, and coaches alike.

Saturday was also a day of redemption for Lincoln's softball team. The Cougars avenged an earlier loss to Philip-Barbour with a 1-0 win. Making the victory even sweeter was the fact that Lincoln won the Big 10 conference title in the process.

The Cougars jumped out to an early lead when Alexis Williams and Emily Robey hit back-to-back doubles in the home half of the first inning. Williams scored the winning run and was the only player from either squad to have multiple hits in the affair. She was two for three in the lockup. Delaney Haller went the distance in the circle. Haller scattered five hits while striking out eight Colts in the process.

That will do it for now. Until next week... take care and God Bless!

Swim team hosting sign-up event

The Shinnston Sharks swim team is hosting a registration event on

May 14, according to a news release.

The registration event will be held from 10 a.m. to 2 p.m. at the Shinnston pool. Refreshments will be provided.

Team members will be able to "learn and improve swimming techniques, make new friends, and compete in a fun and exciting pool environment," according to volunteer Tonya Barnes.

volunteer Tonya Barnes.

Team members must be able to independently swim across the pool and be 2022 high school graduates or

younger.

Participants may be from the Lincoln school district or

elsewhere, according to the release.



Homeschooled kids are also eligible.
Practices are on weekday mornings
and swimmers may attend as many
or few practices as they choose.

and swimmers may attend as many or few practices as they choose.

"We know many families take vacations during the summer swim

weeks and that is OK!" the release states.

Meets are usually Tuesday nights at home and Thursday nights

Meets are usually Tuesday nights at home and Thursday nights away. Elkins is the farthest meet destination.

Swimmers must attend three meets to participate in the summer championship July 15 and 16 in Buckhannon.

Veteran coaches Carley Shingleton

and Sonia McGrady will be coaching again this year.

"The kids love them, and they have

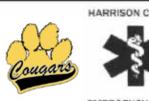
years of experience as swimmers and coaches," the release states.

Organizers have said practice

officially begins with the first day of summer vacation for Harrison County students. But if any swimmers want to get a head start, the team will practice at Salem University starting April 18 at 4:30 p.m. All are welcome.

For more information, email shinnstonsharks@gmail.com or call or text Barnes at 304-641-0855.

Harrison County EMS





Athletes of the Week

This past week's winners of the Shinnston News and Harrison County Journal Athletes of the Week Award were Lincoln's Alexis Williams and Bridgeport's Ty Gandy.

Cougar softball player Alexis Williams helped her team to a 1-0 win over Phillip Barbour this past Saturday in Shinnston. The victory gave Lincoln the Big 10 Conference Championship. Williams was two for three at the plate with a double. She also scored the game-winning run in the bottom of the first inning.

Indian tennis Ty Gandy came up aces this past week at the Big 10 Tennis Championship in Bridgeport. Gandy won the Number 1 boys single title 8-1 over Zachariah Stalnaker (Lewis County) on Friday. Saturday, Gandy joined forces with Paul Hong to win the Number 1 doubles title. The duo defeated Buckhannon Upshur's Maurice Menendez and Aden Pitts, 8-0, for the title.

Congratulations to Lincoln's Alexis Williams and Bridgeport's Ty Gandy for being named the Shinnston News and Harrison County Journal Athletes of the week.



Lincoln High School tennis teams played a double header against Robert C. Byrd and Petersburg High Schools on April 15 at the courts at RCB. Results are as follows, according to publicity manager Lynn Williams-Vance.

The girls beat RCB overall 7-0. In singles, first seed Keri Yanero won 8-0, second seed Madison Merrill won 8-0, third seed Raelyn Vance, pictured, won 8-0, and fourth seed Kylee Freeman won 8-0. In doubles, first seeds Yanero and Merrill won 8-1, second seeds Vance and Freeman won 8-0, and third seeds Lilly McCarty and Jenna Cunningham won 8-2. The girls beat Petersburg overall 7-0. In singles, first seed Keri Yanero won 8-5, second seed Madison Merrill won 8-2, third seed Raelyn Vance won 8-4, and fourth seed Kylee Freeman won 8-4. In doubles, first seeds Yanero and Merrill won 8-2, second seeds Vance and Freeman won 8-1, and third seeds Lilly McCarty and Jenna Cunningham won 8-1. The boys team beat RCB overall 6-1 and Petersburg overall 7-0. Courtesy photo.



The Lincoln High School tennis team played Liberty at the Robert C. Byrd courts on April 20. The boys team beat Liberty with an overall score of 7-0, said tennis team publicity manager Lynn Williams-Vance. In singles, first seed Daniel Dodd won 8-0, second seed Santino Loretta won 8-0, third seed Chase Kniceley won 8-2, and fourth seed Braden Hamrick, pictured, won 8-1. The girls team also

defeated Liberty. Courtesy photo.

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www.harmerfuneralhome.com Jay D. Harmer, LIC, Jacob A. Harmer, Licensed Funeral Director



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-5925 • 1348 S. Pike St. Shinnston Adam T. Perine - LIC Patrick A. Kovalck - Licensed Director

He worked at Anchor

was a terminal manager

W.S. Thomas Trucking

at the Lord's Pantry in

canning and traveling with

friends and family. Warren

made multiple trips to

Wyoming and Alaska. He

and Mary celebrated their

49th and 50th wedding

Left to cherish fond

of over 50 years, Mary

Elizabeth (Champ) Loar

of Haywood; his son,

Douglas Loar and wife

Michelle of Haywood;

sister, Pamela Marlene

of

Loar and two grandsons:

Hunter and Aidan Napier;

niece, Valerie Clausson

and husband Dave of

addition to

preceded in death by one

brother, Charles Edward

wishes, Warren will be

and dinner were held

for family and friends at

5:00pm at the American

Legion in Shinnston,

Tom Edgell officiated the

Interment will be held a

In lieu of flowers, the

Family

Scholarship

family requests donations

Loar

230 West Pike St.

Clarksburg, WV 26301

Dorsey Funeral Home

is honored to be handling

the arrangements for the

Shirley Jean Chrislip

Shirley Jean Chrislip,

44, of Enterprise, passed

away at her residence

on Thursday, April 14,

2022. She was born in

Fairmont on January 3,

1978, daughter of the late

Lonnie Ray Chrislip and

Carolyn Jean Hamrick

worked for Genesis as

a CNA as well as being

a stay at home mother

for the past few years.

She enjoyed spending

time with her children,

previously

Chrislip.

Shirley

later date at West Virginia

National Cemetery.

be made to:

The

Fund

Memorial

Loar family.

In keeping with his

A memorial service

Warren

South

and a dispatcher

retirement

Shinnston,

Yellowstone

anniversaries

Park,

Vegas.

Douglas

Clarksburg.

In

parents.

cremated.

granddaughter,

Tri-State Express

volunteering

gardening,

National

Dakota,

in Las

Hannah

for

during Vietnam.



Adam Mathew Sorrow

Adam Mathew Sorrow, 23, of Enterprise passed away at his residence on April 12, 2022. He was born April 4, 1999 in Morgantown, a son of Heather Renee Osbourn Sorrow of Enterprise and Benjamin Lee Sorrow and his wife Heather of

Waynesburg, PA. Also surviving are his brother Alex Sorrow; half-sister Jenna Sorrow; step siblings Jasmine Fuqua, Alexis Fuqua, Keira Fuqua Briena Coon, and Brayden Coon; his grandparents, Donna Osbourn of Enterprise and Rita Sorrow of Nashville; his aunts and uncles, Roger Osbourn and his wife Gina; Kelly Osbourn Hamrick, Jay Sorrow, Julia Sorrow Dozier and husband Ryan, Karen Harris, and Danny Sorrow and wife Robin; several cousins, including Tyler and Hunter Hamrick, Anthony Osbourn, Olivia Osbourn Phillips, and Emily Osbourn.

He was preceded in death by his grandfathers, Roger Osbourn Enterprise and John Sorrow of Nashville.

Adam loved sports, playing basketball football baseball, and soccer. He enjoyed listening to music, collecting antiques, and loved hanging with family and friends and caring for neighbors. He loved his two cats, Bailey and Baby.

hobbies His playing video games and watching movies.

A Celebration of Life was held Friday April 22, 2022 at 3:00 pm at the Mouser Building in Enterprise.

Online memories and condolences may be shared Harmerfuneralhome. com.

A service of Harmer Funeral Home, Shinnston.



Warren Douglas Loar, 70, of Haywood, passed away on Wednesday, April 13, 2022 at his residence. He was born in Clarksburg on August 5, 1951 to the late Warren Glenn Loar and Annabel Ruth (Boring) Loar.

Warren served

the United States

gardening.

She is survived by Hocking for 18 years, her daughter, Makenna until their closure. He Chrislip of Enterprise; son, went on to work in the Larry "Trey" Tichenor, trucking industry for over III and fiancée Jasmine twenty years. Warren Flowers of Enterprise; two sisters: Rhonda Lynn Chrislip of Clarksburg and Melissa Dawn McIntyre of Shinnston; of Fairmont. He spent one brother, Lonnie R. "Butch" Chrislip and wife Vicki of Idamay; as well as many more nieces and nephews.

> In addition to her parents, she was preceded in death by her brother, Jamie Todd Chrislip and one niece, Tara Toll.

Her daughter, Kenna, enjoyed dancing singing in the car with Mom. Especially "Jesus Take the Wheel." memories include his wife Going shopping together all of the time, going to and having friends over for cookouts and nights at home just watching

> Special notes from her Sardis; children:

> > Momma, our bond was like no other. I will never forget all the fun times we had or how special I was to you. I miss you so much. I'll always be your baby.

I love you Mommy ~~Sissy

Mama, you don't know how thankful I was to have you. We may have fought or misunderstood each other, but I will never replace you.

~~Bub

In keeping with Shirley's wishes, will be cremated with no April 23, 2022. Pastor services at this time.

Dorsey Funeral Home service. All those that is honored to be handling cared for Warren and his the arrangements for the family were welcome to Chrislip family.



Earnest Lyvaughn Pennington

Lyvaughn Earnest Pennington, 94, Hepzibah, passed away on Friday, April 15, 2022 at his residence. He was born on January 1, 1928 in Viropa to the late Alvie Lestor Pennington and Pearl Ryan Pennington. Earnest retired from

the United States Air Force, obtaining the rank of Master Seargent. He served in World War II, Korea and Vietnam. He had also worked for United Hospital Center. He enjoyed fishing and watching wrestling.

He is survived by his wife of almost 62 years, Wanda (Carr) Pennington; one daughter, Donna Revill of Hepzibah; three sons: Larry Pennington and wife Mary of Florida, Richard Pennington and wife Elizabeth of California and Thomas

crafting and R. Pennington and wife

Out Of The Past

Memorable Photographs from around Harrison County.



Advertising signs where the present Lincoln High parking lot is located. The house in the background was the old Rice homeplace. Photo courtesy of **Bobby Bice.**

Wendy of Pennsylvania; one sister, Carolyn Sue Carr and husband David of Clarksburg; twelve grandchildren, eighteen great grandchildren, four great great grandchildren and several nieces and nephews.

In addition to his parents, he is preceded in death by one son, Charles Denver "Denny" McNemear; two brothers: Lawrence Pennington and Elden Ray Pennington; Edith three sisters: Burnett, Ina Grace Pennington and Owena "Penny" Shreves and two infant sisters.

A special thanks of appreciation to Dana Stewart, WVU hospice

and Friends were received at Dorsey Funeral Home, 701 S. Pike St., Shinnston on Monday, April 18, 2022 from 3:00pm to 8:00pm. Service was held on Tuesday, April 19, 2022 at 11:00am with Pastor Todd Jarman and Pastor Gary Carr officiating. Interment followed at Shinnston Memorial Cemetery with full military honors.

Dorsey Funeral Home is honored to be handling the arrangements for the Pennington family.

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Robert Douglas Waddell

Friday, April 2022, Robert Waddell Douglas Shinnston passed away unexpectedly. He was the son of the late Melton and Joan Waddell. He was born in Philadelphia, PA on July 24, 1970.

He is survived by his loving wife of 25 years, Karen Waddell; sons: Randy Johnson and wife Jenny of Shinnston, Massey Samuel wife Davina of Idamay, Jeremy Massey and wife Claire of Shinnston and Justin Massey and fiancé Brittany Doc of Shinnston; one daughter, Jennifer Massey and fiancé Hunter Queen of Fairmont; 18 grandchildren: Raymond Sheyenne, and wife Elijah, Sarah, Lillie and Ezra Johnson, Hailey Ball, Angel, Lydia, Anna Joy, Jayden, Rowan, Dawson and Ana Mariah Massey, Collin Golden, Hunter and Kyle Wasilewski and Bentley Dansereau; sister in law, Linda Lanham and husband Timmy of Shinnston; two brothers: John Waddell and wife Donna and David Waddell and fiancé Laurie Crouch both of Gilmer County; one sister, Alycia Waddell of Virginia; brother in law, Eddie Wolfe of Gilmer County as well as many nieces and nephews.

In addition to his parents, he was preceded in death by one brother, Brent Waddell; brother in law, Fred Sandy; sister in law, Barbara Cook and his mother and father in law, Ellis and Bernadette Sandy.

Robert loved spending time with family and his best friend, Frank Rutherford, his "Daisy" and his dog "Gambit."

were received at Dorsey Funeral Home, S. Pike St, Shinnston on Tuesday, April 19, 2022 from 3:00pm until 7:00pm, time of service, Pastor with Samuel Massey officiating.

keeping with Robert's wishes, he was cremated after his service.

Dorsey Funeral Home is honored to be handling the arrangements for the Waddell family.

Super Crossword Answers S G O C Α R Ε O|WN Υ D R M S Ν Ε Α R Ε 0 Ε 0 D O|NΕ S Ζ O|RΕ R D Ε D G S C R Ε D L D Υ C 0 G R D Α 0 S Ν |M| Ε G М Α Ε $R \mid A$ Ν Ν Μ 0 Ν Τ Ε G Ε 0 D M Ν Ν Υ Ν Ε Ε Α 0 Ν 0 Α M 0 0 Ν Μ

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Early voting begins April 27

On April 27, West Primary Virginia person early at their courthouse (or annex), and in several counties at an additional approved voting location, Secretary of State Mac Warner said in a news release.

All 55 counties offer early voting, with several offering more than one location around the county during the 10-day period. Any registered voter may vote their ballot early at the county courthouse (or annex) or designated community voting location in the in-person and absentee county. Early voting hours differ depending on each county's normal business hours during check your registration, the weekdays. Early voting is also available on the last two Saturdays before the May 10 com.

Election, registered between the hours of voters may vote in 9 a.m. and 5 p.m. in all counties.

> West Virginia's 2022 primaries are semi-open, allowing for voters who are not affiliated with a recognized political party to participate in the party's primary of their choosing. However, unaffiliated voters must ask the poll workers for the specific party's ballot they desire to cast. Poll workers are instructed to refrain from prompting voters to request any specific party's ballot.

To learn more about voting guidance and options, view a list of early voting locations, or visit the WV Secretary of State's secure elections website at GoVoteWV.

Justice announces National Guard to provide Ukraine with armored vehicles

last week, in a news release, that the West Virginia National Guard will aid Ukraine by providing armored personnel carriers for use against continued Russian aggression.

Following a request from the Department of Defense, the West Virginia Army National Guard will give an undisclosed number of M-113 Armored Personnel Carriers to Ukraine as part of a drawdown of Department of Defense inventories to support the country.

M-113 APCs are used to move soldiers and equipment across the battlefield while providing protection from small arms fire and the effects of artillery.

we hope and pray that this will said. "In West Virginia, we will for a Ukrainian maternity and always stand up for what's right, with Ukraine and will continue forces. to help in every way possible, other atrocities that continue to occur in this unprovoked and Control its people."

that he had directed the West while simultaneously making Virginia National Guard and Ukrainian-produced the West Virginia Department brands available for purchase by of Homeland Security to help licensed retail liquor outlets. "By joining with other states Ukraine by collecting unused or in sending numerous of these recently expired ballistic vests

Student from Shinnston places in

Gov. Jim Justice announced armored vehicles to Ukraine, from law enforcement agencies across the state. The Governor give Ukrainian forces a major also called on the West Virginia leg up in their defense of their Legislature to join him in home country," Gov. Justice pledging \$5 million in assistance children's hospital that had been which is why we stand united bombed by Russian military

> In February, Gov. Justice especially as we continue to announced that he had issued an learn about the war crimes and Executive Order, directing the West Virginia Alcohol Beverage Administration intolerable attack on a nation and cease the purchase and sale all Russian-produced Last month, Justice announced liquor until further notice,

Justice recommends boosters

While Justice continued to urge After the primary series, West Virginians to get first booster shots are vaccinated and boosted, recommended for those briefing Friday.

19- April 22.

"Walking don't want to lose any more of our people."

All West Virginians

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have are eligible for the Jim COVID-19 televised ages 12 and older.

Second booster He read the ages and **shots** have now been locations of another authorized by the FDA individuals who and recommended by have passed away from the CDC for those ages COVID-19 from April 50 and over who are also at least four months around removed from their unprotected is not first booster dose, as wise," Justice said. "We well as certain younger immunocompromised individuals ages 12 and

All West Virginians qualify immediately get this dose anywhere vaccines are available.

Read more about vaccines at Vaccinate. wv.gov and at CDC. third

Shinnston, well as two from Marion County, were winners in the Frank and Jane Gabor West Virginia Folklife Center's M.M. Neely Persuasive Speaking Contest, according to a news release sent last week.

Fairmont State University students persuasive presented speeches based on research extensive and were judged on the quality of their arguments and delivery of presentation.

The winners selected include Ashton Malnick. Fairview, first place; Alexandra Haberland, Fairmont, second place; and Jaye Carvelli, Shinnston, place.

public speaking contest from winners received cash real-world Neely family through University Casto, Fordham, Gibbons and Makayla at Schindler.

> "Events programs, the Neely Persuasive one of the hallmarks U.S. of a Fairmont State Governor University education, Virginia, to prepare and apply fought

awards provided by the said Fairmont State regulation and other President similar the Fairmont State Mirta M. Martin. "These A Foundation. Additional students are perfect and finalists were Kayleigh examples of the type politician, Neely, who Anthony of homegrown talent was also quite adept at Daisy we prize and nurture Fairmont and we congratulate to encourage students and each of them on this to speak up for their such as recognition."

The contest Speaking Contest, are established by former Senator and of allowing our students Mansfield Neely. He Pettit, endowed the for

skills," research, child labor reforms. celebrated controversial public speaking, saw State, the contest as a way beliefs as he had in was support of his deeply held convictions.

Neely's heirs, West specifically Matthew daughter, Corrine Neely cancer contest in perpetuity.

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WVU board of governors meets Submitted by WVU

The month of April is a time for accolades acknowledging accomplishments ahead of spring commencement on college campuses, thus was the focus of much of Friday's April 22 meeting of the West University's Virginia Board of Governors.

"Preparing students to succeed is our primary purpose. The past month has shown in many different ways that we are giving our students the skills they need to change their lives and our world," President Gordon Gee said during his report to the board.

Gee praised three faculty members honored this week as Foundation Outstanding Teachers, and he highlighted this year's five Foundation Scholars awarded the highest student academic scholarship the University awards.

Student Body President Amaya Jernigan, who is also finishing her term as the student representative to the BOG, led a presentation Student Government Association efforts during the past year, including a successful initiative to highlight local small businesses to help them during the pandemic and increased work with the office of accessibility to support students to improve accessibility services on campus. SGA also worked with the University and state lawmakers to introduce

legislation to support

higher education mental

health funding in West including Virginia.

Provost and President for Academic halls, lighting upgrades at Affairs Reed mentioned inaugural underway this which will culminate State College. commencement ceremonies May 13-15, marking a transition from one chapter to the next for graduates – and for the university.

Reed noted next Academic steps in Transformation focused undergraduate advising to better serve students and improve retention and graduation

"We are close to completing changes that will ensure that every undergraduate student has access to centrally coordinated professional advising within the next two years," Reed said.

She also updated leadership changes recently announced for the Keyser and Beckley Campuses, as well as the search for the founding dean of the new College of Applied Human Sciences on the Morgantown Campus.

WVU is also moving forward with a Modernization Program overhauling finance, human resources and student information systems. Current efforts focused are redesigning the

university's budget model. The board approved the university's request to issue up to \$22 million in bonds to finance a dozen projects as part of its annual capital

improvement program,

renovations to the B&E Building, E. Vice Moore and Chitwood Maryanne the Canady Creative Arts the Center's Clay Theatre GradFest and a new roof at Davis week Hall at WVU Potomac

> Additionally, WVU Athletics received approval to increase the budget for construction of the Coliseum Courtside Club from \$3 million to \$3.5 million to be paid for through available marketing rights funds. The club, to completed by November, will be in the current strength and conditioning space which was vacated as part of a planned move to the Athletic Performance

> The university negotiate also extension of its current athletics concessions contract with Sodexo from 2031 through June 30, 2036, as it develops a banquet-type facility at the Coliseum called the Concourse Club located at the Mountaineer gate area to host functions of up to 350 people. Upgrades are planned to Milan Puskar Stadium.

> The board approved several new academic offerings, including a master of public health degree program within School of Public Health and master of science in engineering management degree in the Benjamin M. Statler College of Engineering and Mineral Resources.

> The next regularly scheduled meeting is set for June 24.



A Developing Community

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First pop-up market was a success

By Sarah Hayes Staff Writer

It was an honor to be included as one of the vendors at The Soapbox's first pop-up market on April 10. The afternoon was full of shopping, refreshments, and live music.

The Soapbox is a new creative arts venue in Shinnston. Owners Brendan Gallagher and Maria Cusack, who share the goal of bringing art and culture to the small invited town, vendors to participate in this event. All had unique, signature items available to purchase, ranging from vintage clothing to local honey.

While there, I met other creators in the area, while also promoting my memoir, "Invisible Monster." My book describes my difficult and dark past, full of

my story.

Flanigan, residents, beekeepers and owners of Mountaineer incredible list of vendors. with "products powered by honey bees," as it states on their business card. They had a variety of products on hand, products like lotion and lip balm, beard care, raw honey, wax melts, and made 100% from honey and beeswax produced from their bee farm in sizes and styles that were Salem.

Brooke Jewell, owner BJewell located in Bridgeport, Apparel in Bridgeport,

and neglect to suicide, in attendance. Jewell is and the choice I made to an artist who specializes still have a beautiful life in oil painting and offers despite the "monsters" in a variety of painting throughout classes Michael and Amanda Harrison County. You Shinnston can catch one of her classes once a month at the Market on Main in Bees, were on the Bridgeport, or you can try one of her new classes that will be offered at The Soapbox. On Friday, you can enjoy an oil painting class, or starting May 3, Jewell will be offering including body care a watercolor painting series. Although her specialty is oil painting, the watercolor painting home and office products series offers a simpler like wood conditioner. form of painting that All their products are even beginners can grasp. She brought multiple oil paintings in a variety of

Glaspell, Kaitlyn Studio owner Sunmoon of was among the list of along with her stylist

available to purchase.

"monsters" from abuse amazing artists that was Darryan Ward, was there with their 1970s-inspired wardrobe and other rare items from this vintage thrift shop. Glaspell and Ward travel around thrifting to hand-select every item they bring into the store. Austin Glaspell, Kaitlyn Glaspell's husband, was also there to greet all who came through the door with his acoustic guitar and his beautiful southern rock/bluegrass voice. The Glaspells are quite a team.

> Maria Cusack, coowner of The Soapbox, brought some of her beautiful, handmade which jewelry, creates under the business name, a.salty.glow. And just like a cherry on top, Gallagher and Cusack provided freshly brewed, and oh-so-tasty cold brew for all to enjoy. I would call The Soapbox's first pop-up market a success.



Beekeepers, artists and thrifters were among vendors at The Soapbox's first pop-up market April 10. Photo by Sarah Hayes.

You can follow my journey on Facebook @ copy of Invisible Monster on Amazon.

Mountaineer Bee's amazing, locally made products on their website, www.mountaineerbees. com, or follow them on Facebook and Instagram @mountaineerbees.

For information on

BJewell Studio's classes offered or to purchase invisiblemonstermemoir one of her pieces of art or purchase your own on her website, find Brooke Jewell at www. biewellstudio.com You can check out on social media @ biewellstudio.

> Sunmoon Apparel is located at 202 E. Main Street in Bridgeport, or you can follow these traveling thrifters on Instagram @ sunmoonapparel.

Library plans summer reading program

Submitted by Deborah Starkey Lowe Public Library director

The theme for this year's program is "Ocean of Possibilities." Sign-up will be May 16 to May 25. Kids will be divided into ages 2-5 and 6-12. The program will begin June 2 and times will be announced at a later date. Please call the library to register.

The library had an Easter Egg hunt on April 14 with Jungle Junction with our Thursday toddlers group attending. It was a wild, chaotic time for all.

May Events:

Thursday for Toddlers: May 5, 12, 19 & 26 at 1 p.m.

Hungry Caterpillar Book Club: May 17 at 2 pm. Please bring your favorite recipe and a book to share. Those with a copy of their recipe will be eligible to win a prize. New members welcome.

The library will be closed May 30 for Memorial Day.

Best-sellers available for check out at this time:

"The Investigator" John Sandford; "What Happened to the Bennetts" Lisa Scottoline; "Run Rose Run" James Patterson and "The Recovery Agent" Janet Evanovich.

New books include: "Beautiful" Danielle Steel: "Death Of A Black Widow" James Patterson; "Island Of Time" Davis Bunn; "A Stranger's Game" Colleen Coble; "Dream Town" David Baldacci; and "Emerald Tide" Davis Bunn. Many new large print are added monthly.

Community Garden is commended

Submitted by City Clerk Kathleen Panek

There is a Facebook group comprised of West Virginians who live here, have lived here but now live elsewhere, or have/had family in West Virginia that they visited often. A member told the story of the Shinnston Community Garden and included photos from done so far in 2022. The post told of all the help there has been from Shinnston area businesses and people. It also included photos of the aeroponic tower purchased thanks to a grant received from Try This WV. The tower is located in City Hall.

To date, 68 ounces of lettuces have been harvested from aeroponic tower delivered to the Lord's Pantry. Onion have been planted in the raised bed with the garlic that will be ready for harvesting soon. And the strawberry plants



into raised beds appear about your efforts and to have survived the accomplishments. What 2021 and what has been transplant and the a great community!" winter.

> have reacted to the post on Facebook with about 100 making comments. Here are a few quotes: "How wonderful that everyone is working together for the good of all. God bless your town and its people. We need more communities yours." "How like things should be. So proud of my West Virginia heritage!"

that were transplanted "How wonderful to read "Wow! What Almost 800 people awesome project! Way to go, Shinnston!"

> The Boy Scouts are building more raised beds, and 10 raised beds will be available to members of the community for a small with everything fee raised in a designated raised bed for their own use. Contact City Hall for the application for a raised bed for your own

The founding of the Emeralds, Part III

By Michael D. Swiger, May 15, 2011 Provided by Debra Herndon,

Bice-Ferguson Memorial Museum Director

This is the third in a three-part series on the Emeralds. The first part ran on Feb. 24 and the second ran on March 31.

As I reflect on that time and the music, I think our fans appreciated and enjoyed the group because we tried very hard to create a sound as close as possible to the original recordings of the popular artists of the day. When we rehearsed, we used no music. We simply would listen to the old 45-rpm records over and over until we had it right. Our rehearsal sessions were many and could be heard throughout Shinnston in the summer. Most of these events took place at my home at 344 Hood Avenue (at the top of the hill overlooking the old bridge). With the doors and windows open, the Emeralds sound carried across the river to the city. When we took our

breaks from rehearsing, you could find all of us gathered in the kitchen enjoying the cooking of my aunts, Madge Swiger Wiley and Letha Swiger - I always marveled at how much food five guys could consume in one sitting. Looking back, the rehearsal sessions were not just learning new songs but a social event full of good conversation and sharing over a meal.

For myself, it was truly a marvelous period in my life that created many fond memories and built friendships that have stood the test of time. Sadly this type of sharing is no longer commonplace and I think it represents a missed opportunity in developing lasting friendships.

The group would change from time to time and Jack McIntire was the first to decide to move his music in a different direction and he left after six months. His replacement was Malcolm Swisher, a young guitar player and singer from Fairmont, who heard of the Emeralds and Continued on Page 10.

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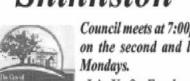
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Council meets at 7:00pm on the second and last Join Us On Facebook!





Last week, Lincoln High School's softball team won 9-1 over Buckhannon Upshur, 10-0 against South Harrison, and then 1-0 over Philip Barbour to win the Big 10 Gold Bracket Championship. Pictured, Emily Robey, who Lincoln High School featured on Facebook for hitting a home run during a Buckhannon-Upshur game, as well as a team photo. Courtesy photos.



Surprise Mom with a special dessert in her honor. Mothers selflessly devote themselves to their children from infancy into adulthood. A mother's love never wanes, and she's always ready and willing to step in and put her children first.

Mother's Day is a great chance for men, women and children to honor the special women in their lives. Delicious homemade treats can show mothers just how much they are appreciated and adored. Try this tasty recipe for "Cold Mango Souffle" Topped with Toasted Coconut.

Cold Mango Souffle Topped With Toasted Coconut

(Makes 4)

- small mangoes, peeled, pitted and chopped
- tablespoons water
- tablespoon powdered Gelatine
- egg yolks cup superfine sugar
- 1/2 cup milk
- cups heavy cream 11/4 Grated rind of one orange

Toasted flaked or coarsely shredded coconut,

to decorate

Place a few pieces of mango in the base of each of four 2/3-cup ramekins. Wrap a creased collar of journey would take me away nonstick parchment paper around the outside of from the band and West Virginia each dish, extending well above the rim. Secure as well. with adhesive tape, then tie tightly with string.

Pour the water into a small heatproof bowl and sprinkle the Gelatine over the surface. Leave for 5 minutes or until spongy. Place the bowl in a pan of hot water, stirring occasionally, until the Gelatine has dissolved.

Meanwhile, whisk the egg yolks with the superfine sugar and milk in another heatproof bowl. Place the bowl over a pan of simmering water and continue to whisk until the mixture is thick and frothy. Remove from the heat and continue whisking until the mixture cools. Whisk in the liquid Gelatine.

Puree the remaining mango pieces in a food processor or blender, then fold the puree into the egg yolk mixture with the orange rind. Set the mixture aside until starting to thicken.

Whip the heavy cream to soft peaks. Reserve 4 tablespoons and fold the rest into the mango mixture. Spoon into the ramekins until the mixture is 1 inch above the rim of each dish. Chill for 3 to 4 hours, or until set.

Carefully remove the paper collars from the souffle. Spoon a little of the reserved cream on top of each souffle and decorate with some toasted flaked or coarsely shredded coconut.

Remember, readers, if you have a favorite recipe that you would like to share, we welcome your submissions. E-mail your recipe to us at debra@ mountainmedianews.com. And don't forget to stop by your local Price Cutter to purchase all of your cooking and baking needs.



"Emeralds" Cont. from Pg. 9.



Left to right, Emeralds members Ron Prince, Steve Sturm, Mike Swiger, Jim Swiger and Marvin McIntire perform at the Shinnston Woman's Club. Courtesy photo.

Club. Courtesy photo. back. It is certainly noteworthy to think that five ordinary guys who started in a living room in Enterprise would create a musical

From the original Emeralds, four remain: Jack McIntire, Stonewood; Steve Sturm, who and myself in Reston, Virginia. If

and Roll."

I hope in some small way this look-back at the Emeralds' beginnings brings fond memories for you as well.

Left to right, Steve Sturm, Mike Swiger and Marvin

McIntire of the Emeralds play at Shinnston Woman's

Note about the author: Swiger is a native of Shinnston. He was one of the five original members of the Emeralds as well as their business manager resides in South Carolina; Marvin from 1957 through 1960. Swiger McIntire who lives in Owings; left Shinnston in 1962 and spent four years in the U.S. Air you had the good fortune to live Force. He then completed two in Shinnston during the late 50s undergraduate degree programs, and early 60s or know someone computer science and business who did, I am sure the Emeralds administration, rounding out his are remembered. Our gift to you formal education with a masters was our music, while your gift in business administration. After to us was the enjoyment of our successfully completing 40 hours music and the lasting memories in the information technology shared as classmates, friends, and business, Swiger retired in April strangers who banded together of 2009 and lives at home with his for that wild ride called "Rock wife Carol in Reston, Virginia.

asked if he could try out with us. He came to one of our rehearsals and we added him to the group immediately. Over the next year we added Ron Prince on guitar presence that lasted more than 40 from Clarksburg and Chip Thompson from Fairmont on the keyboard. Ronnie actually replaced Malcolm Swisher since he wanted to move his music endeavors in a more formal direction hoping to make it big. It wasn't long before my life's

Many more musicians were added and dropped over the life of the Emeralds but the original group created the base for which the Emeralds would continue from our start in 1957 to the mid 1990s. At one point, the name was even changed but brought

Clarksburg car show and film planned

Robinson Grand Performing Arts Center announced, in a news release, a partnership with NCWV Cars & Coffee to host a car meet-up with a special screening of Gone in 60 Seconds on July 29 at the historic Robinson Grand Performing Arts Center, located at 444 W. Pike St. in Clarksburg.

A Cars and Coffee event is not a typical car show, but rather a venue that provides a social gathering for automotive enthusiasts to hang out and enjoy cars and conversation. Starting at 6 p.m., attendees can expect to walk with other car lovers among over 50 novelty and performance automobiles. Following the meet-up, a screening of the Nicolas Cage-led action thriller "Gone in 60 Seconds" will show at 8 p.m. on the Robinson Grand's big screen.

"We are confident this is going to be Clarksburg's premier summer automotive event," said Jason A Young, the Robinson Grand's consulting program manager. "It's about as unique as you can get: the perfect synergy of cars, community, and [Nicolas] Cage."

The Robinson Grand also provided a preview of the film.

In exchange for the life of his little brother Kip (Giovanni Ribisi), the reformed car thief, Randall "Memphis" Raines (Nicolas Cage), has to do the impossible: in less than three days, he has to steal not one, but 50 exotic supercars for the ruthless crime lord Ray Calitri (Christopher Eccleston). To stand a chance of pulling off this intricate and time-sensitive grand theft auto,



once more, Memphis has to rely on his old gang: his knowledgeable mentor, Otto (Robert Duvall); his old friends, Sphinx (Vinnie Jones) and Donny (Chi McBride); his reluctant exgirlfriend, Sway (Angelina Jolie); and a band of tech-savvy young thieves. However, the police are on to them before the thefts even begin.

Anyone can bring a car to the meet-up. NCWV Cars and Coffee has an interest in modern performance vehicles but welcomes classics and everything unique. Participants are asked to bring a clean, show-worthy vehicle and respect each other's property and space while at the meet-up.

"Come enjoy a gathering of our local cars, then let's watch one of the best car movies of our generation," said Steven Baczuk, from NCWV Cars and Coffee.

Tickets for Gone in 60 Seconds are \$7 and went on sale on April 22. They can be purchased online at tickets.therobinsongrand.com or by calling the Robinson Grand ticketing center at 855-773-6283.