

Volume 31 Edition 40 (USPS 494-420) • (304) 647-5724 • newsandjournal@yahoo.com • \$1

Parker named Dog of the Month

Intelligent, friendly pup needs love and patience

By Maralisa Marra

In conjunction with the Humane Society of Harrison County, the Shinnston News and Harrison County Journal will feature a dog each month that the staff at the Humane Society selects as Dog of the Month. This series is to help shelter dogs find their "furever" homes and bring awareness to potential adopters about the dog's background, personality, and how to proceed with the adoption process. Shelter capacities are at their all-time high, so finding homes to suit the needs of these pups and to be comfortable in and loved on is crucial.

Parker is as intelligent as any pup can come with three working breeds wrapped up in one pup body. He is a two-year-old 50-pound beagle-pointer-herder mix who is a master of puzzle games, loves multiple belly rubs a day, and never hesitates to give you his paw.

If you are in search of a pup with the white coat of a pointer, tickedspotted fur of a hound The Humane Society dog, a snout of a beagle, Harrison County and the motivation of a recommends that Parker herder, then Parker is See "Parker" on Pg 3. your guy.

The Shinnston News & Harrison County Journal has named Walt and Patty Post as Citizens of the Month, a recognition sponsored by Dorsey Funeral Home in Shinnston – locally owned and operated.

By Maralisa Marra

Whether it's at a town event like Wind Down Wednesday or a school function, Shinnston can always count on the supportive presence of Shinnston natives Walt and Patty Post.

"Everybody needs a little support and a smile," Pat said.

Often seen at games, concerts and other events featuring Shinnston's youth, they have always tried to support the kids in the community whether it is through athletics or the arts.

"We just try to help promote Shinnston," Pat said. "I try to support the band whenever they're having something, and at the games, I yell for the band because when I was in school, we had a very little band, and

now it's bigger and it's a bigger school, and you just try to keep promoting kids just to give them support."

Walt and Patty Post named Citizens of the Month Shinnston natives "want to see it survive"

> They have one son, Matt. But kids that they "kind of adopted," who now have families of their own, still keep in touch, she said.

"We've been together for 49 years, so it has been a long time, but we've both grown up trying to support our kids. I have a lot of kids other than Matt [their son]," Pat said. "We have a lot of kids that we've supported over the years from grade he helped them," Pat Board. He helps with school and up."

Walt and Pat also raised their son Matt to love and support the community. "My Matt has always helped whenever anybody anything-the needed floods, fire department-



Citizens of the Month Patty Post, left, and Walt Post are high school sweethearts and pillars of the Shinnston community, who never cease to support the town, schools and citizens.

said.

Stemming from her father owning a shoe shop downtown for 60 years, Pat said, "We've always grown up trying to be a part of the community and do what we can to help the schools and church [St. Ann's] in the lifelong best friend community."

"You know, we just deceased. grew up here," she said.

The Posts are active members in a number of organizations. Walt Shinnston Park Board and American Legion Veterans Memorial

the upkeep of the pool and the city park, as well as the memorial downtown.

Walt also said there are three men in his life who really influenced him: his father Hayward Post, his father-in-law Tom Greco, and his John Marchio. All are

"He got me involved in a lot of those things around town because John was community is a member of the minded, and I kind of followed in his footsteps, and I have to See "Citizens" on Pg 3.

Lions seeking Veterans Day parade participants

By Maralisa Marra

of

Since 2008, the Shinnston Lions Club has organized and brought Shinnston the Veterans Day parade on Nov. 11 at 11 a.m. every year.

Lions Club President Dave Minor said, "We asking people are participate in the parade to celebrate our veterans-people with floats or groups, small groups of people, or anybody that wants to get in there to help honor the veterans." He also said that he hopes for the local businesses to participate in the parade. After the parade, the Lions Club, in conjunction with the American Legion Ladies Auxiliary, will be hosting a luncheon to honor the parade marshals at the American Legion at 76 Bridge St. around noon. Minor said the luncheon is free and open to the public. When the Shinnston Lions Club took over organizing the parade years ago, they set out to enhance the event. "The Lions Club decided to take it over and try to put the parade on because we thought it was important enough to keep it going," Minor added.





"We're proud to do it," Minor said.

like to have two to three parade marshals

Spectators cheer for participants in a previous Veterans Day parade.

every year...so that Society all the guys over the website, past years that never only five states-Iowa, had the opportunity to Massachusetts, be honored for their Hampshire, service."

He said they like to ask some of the older veterans first to ensure are honored they for their service and included in the parade.

"We try to make all of our parade marshals representative of the military branch and the job that they did in the military," Minor said.

Minor and Shinnston Lions Club, as well as the American Legion, are determined to honor veterans and their service not only on Veterans Day and in the Minor also said, "We parade but all year long, too.

> According to the

of we can catch up on Resource Management Club "Currently, New Oregon and Tennessee—require private employers to provide time off to veterans on Veterans Day, observed annually in the United States on Nov. 11."

> The Federal Labor Standards Act does not require private give employers to employees time off for the holiday, although the line-up, be sure to the employers may elect to catch the annual parade do so.

Despite the above Day Nov. 11 at 11 a.m.

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Human information, the Lions utmost finds importance in observing holiday the and honoring the service of our veterans which is why they continue to carry on the tradition of the Shinnston Veterans Day parade, according to Minor.

> interested If in participating in the parade, there is still time to do so. Contact Minor at 304-844-6078 for more information.

If not participating in downtown on Veterans

It's a small world

I was recording an episode of "The Amazing Cities and Towns Podcast," which I do each week, and my guest was Jeff Towery, the city manager of McMinnville. He also serves as president of the International City/County Management Association. We had a very interesting discussion and were wrapping up the call when he asked me where I was located.

I said that I lived in West Virginia, thinking that I might have to explain that West Virginia is a state and not just the western part of Virginia, and he said, "My wife is a Mountaineer!" He said that she is from a little town named Ranger, which is less than an hour from Huntington. We laughed and I thought of how far and wide people from the small state of West Virginia have ventured and how

See "Hunt" on Pg 3.







Each week copies of the News & Journal are distributed in each hospital to patients compliments of these community-minded sponsors listed:

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EDITORIAL •

By State Senator

Shinnston Harrison County ews & Journa

EDITORIAL



"Radical individualism" not reflected in abortion ban

"Radical Individualism." That's a term the controlling party of the West Virginia Legislature uses to describe a woman's desire to have the freedom to make her own health decisions.

I'm really struggling with that.

For some 26 years, I've engaged in public policy debates with Republicans who time and again have argued against overriding an individual's choice - no mandatory vaccinations, background checks to obtain certain weapons, or mask mandates despite the fact those measures help protect the public as a whole. But to justify passage of legislation that criminalizes nearly all abortions and will endanger countless West Virginia women, the supermajority of the House of Delegates passed a resolution, a rambling manifesto more like, that cites this "radical individualism" and suggests forcing a woman to give birth despite her, and her physician's, best judgement is "a return to the most fundamental reason for the existence of government."

That government, I remind you, is the same government these politicians have spent their careers shouting should be limited to the fullest extent possible. I know it sounds too contradictory to be true, so don't take my word for it, read the resolution in full. It would be laughable if this situation weren't so dire.

Initially, I was mystified by this "statement of sentiments," which tries to convey the efforts to strip these women of their liberty as some heroic attempt to preserve the sacredness of motherhood and its contribution "fundamentally to the common good."

But then I realized that what the Republican party in West Virginia is trying to do, however poorly, is dig itself out of a very deep hole.

The Republican legislative leadership realizes what the hard-liners within their party refuse to acknowledge: The majority of West Virginians, both Republican and Democrat, don't want the government infringing on their healthcare choices, and that includes the decision, made with the consultation of a health care provider, to abort a pregnancy.

The West Virginia Chamber of Commerce recently conducted a poll showing fewer than onefifth of Republicans support a full abortion ban. Among Independents, 50% are pro-choice. A poll sponsored by the American College of Obstetricians and Gynecologists found among West Virginians under the age of 35, there is widespread opposition to banning abortion, and three-fifths of those young people who are planning to move out of the state in the next five years cite the direction of West Virginia's politics as a reason. Most young voters either support the right to abortion, or if they are opposed to abortion, do not believe the government should prevent someone from making that decision. Across the country, young people, particularly young women, are registering to vote at a significantly higher rate in states where abortion rights are under threat since the Supreme Court's June decision. In Kansas, women registered at more than twice the rate men prior to the vote rejecting that state's constitutional amendment banning abortion. But the WV GOP that rode the red wave into the statehouse promised their far-right constituents they would push through this incredibly restrictive and dangerous bill. The few "exceptions" included imposing massive, extremely time-sensitive obstacles for young girls and young women with developmental disabilities who are victims of rape and incest to terminate a pregnancy, and lawmakers dictate to physicians what can be considered a "medical emergency" necessitating an abortion. If a partner, parent, or anyone else obtains an abortion pill for a pregnant person, they can be found guilty of a felony and serve 10 years in prison.

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FIND THE SUPER CROSSWORD ANSWERS ON PAGE 7!

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The legislation was not vetted by any legislative committee. There was no public hearing. No physicians were asked to testify.

Yet the Republican leadership claimed this bill was a "compromise." I can tell you the Democrats were never part of that behind-closed-door discussion. There's no way in hell I would compromise when it comes to the rights and freedom of women. I support their individualism.

I just hope the women of West Virginia, and the men who love them, will realize which legislators voted to take away their individual freedom to make personal health decisions when they go to the polls this November.

Senator Mike Caputo is a Democrat who has represented Marion County in the state Legislature since 1996. He currently serves in the state Senate representing District 13, Marion and Monongalia counties. He is a retired vice president of the UMWA and proud husband, father, and grandfather.

This Week in West Virginia History

The following events happened on these dates in West Virginia history. To read more, go to e-WV: The West Virginia Encyclopedia at www.wvencyclopedia. org.

Oct. 27, 1879: Howard B. Lee was born in Wirt County. He was elected state attorney general in 1924 and served for eight challenging years. His term saw the impeachment of a state auditor, the lawlessness of Prohibition, and labor troubles in the coalfields.

Oct. 28, 1972: Brad Paisley was born in Glen Dale. In 2010, Paisley received the Entertainer of the Year award from the Country Music Association.

Oct. 29, 1861: Confederate troops pulled out of Charleston, never to return. At the beginning of the war, Charleston was a Virginia town with much sentiment for the Southern cause, but the ease of river access to Ohio and the difficulty of traveling overland to Old Virginia doomed Confederate attempts to secure the Kanawha Valley.

Oct. 29-30, 2012: Following Hurricane Sandy, heavy, wet snow fell across West Virginia. With accumulations approaching 40 inches, it surpassed all previous known October snowstorms.

Oct. 30, 1825: Randolph McCoy was born in Logan County. In 1878, McCoy accused a cousin of Anderson "Devil Anse" Hatfield of stealing a hog. It was the first episode of the Hatfield-McCoy Feud.

Oct. 31, 1877: Herman Guy Kump was born in Capon Springs, Hampshire County. He was the 19th governor of West Virginia, serving from 1933 to 1937.

Oct. 31, 1940: Gale Catlett, West Virginia University basketball player and coach, was born in Hedgesville. Catlett coached WVU to 13 20-win seasons before he retired in 2002.

Nov. 1, 1688: Morgan Morgan was born in Wales. Morgan is traditionally considered the first white settler of West Virginia. He settled in the Bunker Hill area in 1731, building a log house that still remains.

Nov. 1, 1848: Israel Charles White was born in Monongalia County. White was West Virginia's first

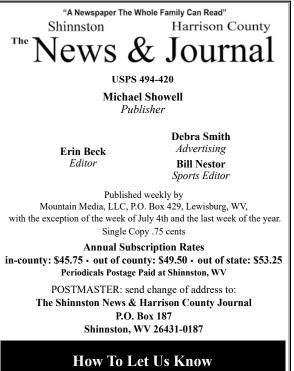
state geologist, appointed in 1897 and serving until his death in 1927, working without pay for all but two of those years.

Nov. 2, 1859: John Brown was tried for murder, treason, and insurrection in the Jefferson County courthouse at Charles Town. Brown's raid on Harpers Ferry galvanized the nation, further alienating North and South and drastically reducing any possible middle ground for compromise.

Nov. 2, 1952: Tri-State Airport in Wayne County was dedicated, with the first official landing made at 11 a.m. by Piedmont Airlines.

Nov. 2, 1996: Baseball player Toni Stone died. Born in Bluefield, she joined the Negro Major League in 1953, becoming the first woman to play professional baseball.

e-WV: The West Virginia Encyclopedia is a project of the West Virginia Humanities Council. For more information contact the West Virginia Humanities Council, 1310 Kanawha Blvd. E., Charleston, WV 25301; 304-346-8500; or visit e-WV at www. wvencyclopedia.org.



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Shinnston Harrison County ews & Journal

N&J Briefs

FROM AROUND HARRISON COUNTY

This calendar of events listing is provided free of charge to churches and nonprofit organizations. Please submit your listing two weeks prior to the event. Send via email to newsandjournal@yahoo.com.

Parkinson's support group

North Central WV support group monthly meeting for anyone who has been diagnosed with Parkinson's disease as well as their families/caregivers

1 p.m. Saturday, Brickside Bar & Grille in Bridgeport

Group members Anne Nye and Carol Schweiker, local artists, will be leading the group in an art project which is excellent therapy.

Those in attendance will choose to make a collage or Christmas cards which may be available for purchase at a First Friday event in Clarksburg.

The room will be available at 12 p.m. for lunch.

For more information, contact Tracey Robertson at 304-363-1028.

Spaghetti dinner

St. Ann's Catholic Church, 610 Pike St., Shinnston

Dine-in & take-out spaghetti dinner Sunday from 11 a.m.- 3 p.m. or sold out No phone-in pre-orders will be accepted. The meal also includes salad, bread & dessert. Dine-in includes beverages. Adult \$12. Children \$5.







"Citizens" From Pg 1.

say he was a mentor to me and tried to steer me right," Walt said in regard to Marchio. "But my wife Patty is the most important person in my life along with my son, of course. It's the best move I ever made-marrying her. I can verify that."

Pat has worked for the local chiropractor, Dr. Clarkson, for 31 years, and she still works part time. She is a lifelong member of St. Ann's Catholic Church where she helped get the Adoration Chapel up and running, and she is an active member of the Ladies Altar Society in which she helps raise money for the church through various dinners and fundraisers. Pat is also a member of the Shinnston Development Authority.

"Parker" From Pg 1.

finds his furever home with a patience, well as play biting.

Unfortunately, this summer Parker was adopted and returned within less than one month of his adoption date due to his own herding breed instincts, according to volunteer and dog trainer Stevie Hayes. She also said that it usually takes a dog about three months to fully acclimate to their new homes.

Therefore, Parker needs a family that will provide him with ample amounts of exercise, puzzle games, and mind activities, Hayes suggested.

According to Ridge Ranch Dog Training, "Herding breeds were bred for generations to control and move other animals. For obvious reasons, these dogs cannot be permitted to maul or attack their wards. However, in the act of controlling stock, especially cattle, judicial use of teeth is not just helpful, but absolutely necessary. A cattle dog cannot move most cattle without the ability to bite to convince cattle that they are in charge."

beagle and pointer in him as well, his herding instincts are

The Posts are dedicated to a smile and a warm hug." supporting their hometown and through support for the city and local businesses as well. Whenever she can, Pat stops check out the up-and-coming place with them in it." businesses in Shinnston.

point to lend a hand at Home motivates the Posts to be so Style. "I love my Amanda present in their community, as [Sayers, owner of Home Style], well as hoping for kids to grow and I support her...I love her, and I want to keep her business going. I do whatever I can to place to raise a family. help her," she said.

Sayers said she imagine living in Shinnston growing up. We had wonderful without Pat and Walt. Noting childhoods here, and we just their attendance at a variety want to see it continue and of events, she said they "are thrive and keep it going," Pat always around the corner with said.

and persistence. family who is experienced with Hayes said, "It's definitely an mouthy and herding breeds, as instinctual thing," in reference to Parker's mouthing when he becomes too excited or leash. He is also dog friendly frustrated.

> Hayes said, "I would really just love to see him in a home that is experienced [with However, Hayes recommends a herding breeds]," because she said that maybe if Parker has the mental stimulation that he needs, the mouthing might not even be a problem anymore. Mouthing refers to when a dog puts his mouth on or around something, such as a hand or finger, without biting down.

According PupPod to Empire blog, "Mental stimulation is important for all dogs, but for some breeds, boredom might seem to come more naturally. We can't actually say for sure if dogs get bored in the same way that humans do, but it's undeniable that their role throughout history has evolved from searching for food to sitting on laps, so that probably signifies something."

The blog also discusses dogs of high intelligence, stating, "If you have a very intelligent dog, Although Parker has some it is even more important to Parker and providing him with keep your dog entertained. This his furever home, head to the is especially true if you have Humane Society of Harrison

"They are always cheering helping the community prosper you on and offering a helping hand with anything you need," she said. "They are the biggest supporters of everything here by local ribbon cuttings to in town. Shinnston is a better

Wanting to see Shinnston Pat also always makes it a survive and grow is what up, want to stay in Shinnston and contribute to making it a

> "We want to see it survive. can't It was a great place for us

> > Parker knows a number of obedience commands such as sit, down, place, touch, and shake, and he walks well on a and would love to have a playmate in his furever home to love on and keep him company. child-free home for Parker.

Overall, Parker's pink and black spotted mouth coupled with his floppy spotted ears and big eyes will steal any potential owner's heart.

He is up to date on his vaccinations, neutered, and he definitely knows his name. He is as friendly as he is intelligent, and he is ready for his furever home to give him tons of love, puzzle games, and belly rubs.

Hayes said out of all the pups she has worked with at the Humane Society, Parker is the only one that has solved the most difficult puzzle game she has. The puzzle has little compartments that she puts treats inside, and he has to open the flap to get the treats out. He conquers the challenge by opening it with his mouth and nosing the flap up.

If interested in adopting



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State & National News

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Over 40 editors, reporters & writers still present but absolutely a working-breed who doesn't County's website, hshcwv.org, to controllable with knowledge, have a 'job' to do." fill out an adoption application.

"Hunt" From Pg 1.

up in the most unusual is!" situations.

Over my travels throughout the country into dozens of people with West Virginia roots in some of the most remote parts of the world. On a trip several years ago, I was being driven from Spokane, Washington to Coeur d'Alene, Idaho to do a speech and the driver of the car was making small talk with me and asked where I was from. I said, "West Virginia," and he asked me what attended a conference, city. When I said

was raised in the Kappa Sigma Pi home, which and abroad, I have run was an orphanage that operated in Clarksburg many years ago. He said that he was adopted as a teenager by a

family from Clarksburg and that he had such fond memories of his adopted family and of Clarksburg. He entered the military after high school and finally made his way to Idaho.

Kansas In City, several years ago, I and the mayor of Clarksburg, he said, "I Kansas City was a tall,



Funkhouser. We ended

He explained that he up on a panel discussion and he sat next to me and looked at my name tag. He said that he was born in Paden City and always considered West Virginia his home state. He later was named the publisher of Governing Magazine and I would continue to see him at various meetings and events around the country. We would always speak about our West Virginia roots.

I have several friends in the local government world who are from Alabama and Texas and the subject of football is usually a popular subject. As most people know, these folks tend to look down on places like West Virginia, since they believe that their



many connections pop know exactly where that lanky guy named Mark college football teams are in an elite club that would never include the likes of a place like West Virginia.

> I generally let them talk for a while and when the names of Nick Saban or Jimbo Fisher are mentioned, I casually mention that one of these National Championship-winning coaches was born within a 20-minute drive of my hometown and the other one is from my hometown! Most react with a level of disbelief, and some are downright argumentative.

> While our dear state takes its share of knocks in the national media and we are often highlighted for being at the bottom of one list or the other, the roots of West Virginia has spread in almost every facet of life and to the farthest corners of the globe. And as that famous West Virginian, Don Knotts, better known as Barney Fife, once said, if you say anything bad about West Virginia, "You got a fight on your hands." Have an Amazing week!



serve as the keynote speaker at the Women of Distinction Awards luncheon, to be on the faculty of Pierpont held on Friday at noon at Community and Technical the Uptown Event Center in College as the teacher of Clarksburg.

Honorees successful careers have contributed to many volunteer projects that have helped our community. Mrs. community.

Michelle Palmer to serve as keynote speaker

has dedicated her life Festivals. to bringing beautiful

West Virginia and abroad.

Michelle is currently Pierpont's PRIDE Academy. have all led She spent 17 years at St. and Mary's Grade School as the artistic director and Dolly," "Music Man" and life. teacher, having music choreographed, produced is a former music director She is currently on the board herself in 2017. A woman with strong at Immaculate Conception of the Clarksburg-Harrison beliefs about the importance Church and began directing Public Library. of working with children, she the Children's Choir at the has built a successful career age of 14. She is the former performance and teaching be made by calling 304-624as a singer, musician, teacher music director of the Florence highlights in her career, and advocate. Ever since she Chico Cann Children's Choir Michelle gains the most

Conception Church performed for numerous her family. The mother of at the age of 12, she West Virginia Italian Heritage five children: Christian, 21;

music and music University and West Virginia Madeline, 13, her role as wife, Michelle Audia Palmer will education to the people of University, Michelle was cast mother and daughter are most in numerous principal roles important to her heart. She is in the opera productions of married to Glen Palmer and Marriage of Figaro" and "The Betty (Castranova) Audia. Magic Flute." She has also She shares in a rich Italian acted in various community heritage and culture that has theater productions. Among passed down food, faith and her favorites are "Hello family as the cornerstone of "Jekyll & Hide."

Nicholas, 20; Nathaniel, While attending Indiana 20; Mary Claire, 16; and "La Traviata," "Faust," "The the daughter of Michael and

It is a great honor that Michelle is a former the Women of Distinction Palmer will speak about the and directed 17 school plays president of the Clarksburg luncheon will have Michelle difference that individuals' in which every student in League for Service and the as the keynote speaker, volunteer efforts make in the the school was cast. She WV Choral Arts Foundation. having received the award

> The luncheon is open to the public but due to limited Although there are many seating, reservations must 6881.

Stay healthy and enjoy the started singing at Immaculate and Show Choir which joy and fulfillment from beautiful fall weather and



A former honoree herself. Michelle Audia Palmer, a singer, musician, teacher and advocate, will serve as the keynote speaker at the Progressive Women's Association Women of **Distinction Awards luncheon** on Friday.

until next week "Now You Have Heard It Through The Grapevine."

West Virginia Symphony Orchestra presents Young **People's Concert, "Gershwin's Magic Key"**

Orchestra will present "Gershwin's into the streets of 1920s New York for this program are available for Foundation, Daywood Foundation, Magic Key," a Young People's City, where a newspaper boy has a students in grades 3-5 and cover Inc., Concert in Clarksburg on Nov. 15, according to a news release.

Clarksburg, Charleston, Parkersburg on Nov. 14, 15, and the orchestra magically weaves a.m. and 11:35 a.m. Admission Endowment for the Arts, and the 16.

invited to join alongside the some of his musical inspiration and orchestra on Nov. 14 at the Clay Center in Charleston, Nov. 15 at the Robinson Grand Performing boy find the magic key to unlock transportation or admission costs contacting Education Manager Arts Center in Clarksburg, and his own musical potential? Nov. 16 at Blennerhassett School in

chance encounter with the famous composer George Gershwin, and Performances are planned for together they explore the many and sights and sounds of the city. As Area schools and students are drama, the master composer shares quickly learns that his new friend has musical talent too, but can the

The West Virginia Symphony Parkersburg, as the orchestra steps Live!, pre-concert lesson plans Bernard H. & Blanche E. Jacobson mathematics, history, notes and etiquette.

> chaperone is admitted free for Culture and History. every 10 students. Admission for all additional adults is \$4.

Financial assistance is available upon request thanks to Maddie Helbling at 304-957-9871 Developed by Classical Kids support from the EQT Foundation, or mhelbling@wvsymphony.org.

Herscher Foundation, English Katharine B. Tierney Charitable language arts, and performance Foundation, Fund for the Arts, FirstEnergy Foundation, Kanawha All performances begin at 9:45 County Schools, the National Gershwin's greatest hits into the for students is \$4. One school West Virginia Department of Arts

Reservations for the Charleston and Clarksburg performances can for be made at WVSOKids.org or by





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The News & Journal



Finding peace through forgiveness

One of the most powerful, positive experiences we can experience as human beings is forgiveness. If you are starting to tense up or get nervous just reading that, read on. Forgiveness can mean a lot of things but there is often pain on one side of it which causes our hearts to constrict and our defenses to rise. The word forgiveness may make you feel anger for someone with whom you had a falling out or guilt for something you have done to yourself or another. In fact, forgiving ourselves is often harder than forgiving others.

To some, the idea of forgiveness may mean that what happened is acceptable and you are condoning the hurtful action or outcome. True forgiveness is much more than that. Forgiveness means you are no longer willing to allow circumstances to make you feel angry, guilty, sad, or other negative emotions. Forgiveness means you are willing to accept what happened and move on without analyzing or trying to control it. Forgiveness means setting your own heart free, so that you have more room to love, grow, and give. By releasing this negative energy, you open yourself to new beginnings, peace of mind, and empathy for others.

Forgiveness sometimes means looking at ourselves honestly and thinking about how we contributed to a situation so that we can learn from it moving forward. As human beings, we are engineered to make choices and sometimes those choices have unpleasant consequences. We also have the ability to control how we respond to those consequences and use the event to move forward with grace. Forgiveness is a gift not to the other person (though it can be and does have benefits) but to yourself. The peace that comes from total forgiveness far outweighs the benefits of harbored negativity. Where resentment and negativity fall away, love grows.

VA Medical Center welcomes veterans to medical-surgical unit

On Oct. 17, the Louis A. Johnson VA Medical Center leadership team, nurses, providers, and support staff participated in a ribbon cutting, welcoming veterans to the 3-North medical-surgical unit, according to a news release.

Veterans were welcomed to the unit by an interdisciplinary team. At first, there will be eight available beds. As more staff are hired, the unit will grow in available beds and medical complexity with the addition of telemetry-monitored beds.

"Our team of providers, nurses, social workers, and additional support staff are excited and eager to continue to provide the best possible care to veterans in this new environment," said Barbara Forsha, Medical Center director.



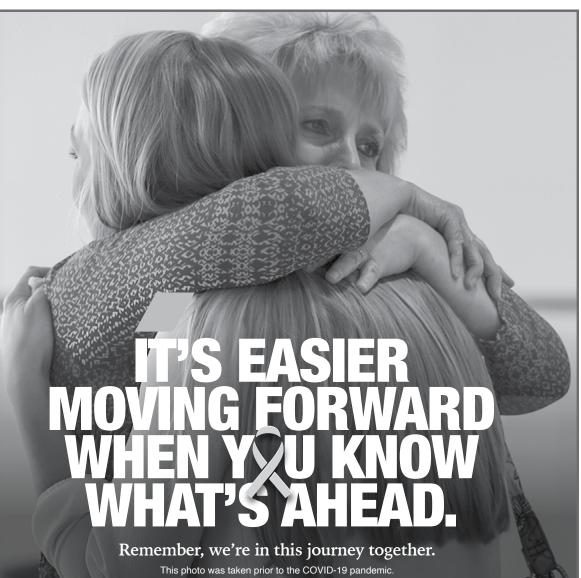
Members of the Louis A. Johnson VA Medical Center executive leadership team and nursing management participate in a ribboncutting ceremony. From left to right are Dr. Piper Knight, associate director - patient care services; David DiGiacomo, Medical Center associate director; and Alisha McKitrick, chief - critical and acute care.

October is Breast Cancer Awareness month



The Shinnston Police Department is showing its support with cruiser decals designed by Chief Jon Harbert

and Auto Trim.



At United Hospital Center's Cecil B. Highland, Jr. & Barbara B. Highland Cancer Center, you'll find the region's only team of cancer navigators, a special group of individuals who help cancer patients find their way through the diagnosis, treatments, side effects . . . and fear.





For breast cancer awareness, Shinnston police officers have sported shirts supporting the cause.



POST YOUR LEGALS IN THE SHINNSTON NEWS JOURNAL





Shinnston News and Harrison County Journal Athlete of the Week, Lincoln soccer player Payton Riley, kicks the ball last week in an away game against Philip Barbour on Oct. 22.



It's that time once again to acknowledge the efforts of Harrison County's student athletes. Each week a panel will take a look at the information collected to make the best Kellar led his team to a 55-25 win choices possible. They will review the performance of the athletes from the six schools (Bridgeport, Liberty, Lincoln, Notre Dame, Robert C. Byrd, and South Harrison) in our county.

The Shinnston News and Harrison County Journal's Athletes of the Week award is an avenue that is used to promote the youth of our county while bringing attention to their athletic accomplishments.

This week's winners of the Shinnston News and Harrison County Journal Athletes of the Week awards are Lincoln's Payton Riley and Nick Kellar.

Cougar soccer player Payton Riley helped her team to a sectional win last week. Riley scored the game winning goal

in overtime as Lincoln upended Robert C. Byrd 2-1.

Cougar football player Nick over Liberty. Kellar was seven of 11 passing for 175 yards and a touchdown. Kellar also picked up 160 yards on 10 rushes. He also had a hat trick, finding the endzone on runs of 13, 58, and six respectively.

Congratulations to Lincoln's Payton Riley and Nick Kellar on being named the Shinnston News and Harrison County Journal Athletes of the Week!

The end of the football season draws near

SPORTS



Lincoln's football team is streaking and in the midst of a four-game win that has them in the best position of all Class AA teams in Harrison County.

Harrison County

The Cougars are sitting on a 6-2 record. They have outscored their last three opponents 128-59 (an average of 43-20 per game), and they are peaking at the right time. Lincoln has a home tilt with Philip Barbour this week and they close at Bridgeport. If they split the last two games a postseason plunge is almost a guarantee, and if Lincoln can win out, the odds are in favor of a playoff game being hosted in Shinnston.

This past week the Cougars claimed a road win over Liberty, 55-25. Lincoln's offense garnered 531 total yards with quarterback Nick Kellar accounting for 335 of them. Kellar ran for a game-high 160 rushing yards on just 10 carries, including three scores. He was seven of 11 passing for 175 yards and a 78-yard touchdown toss to Maddox Perine. Antwan Hilliard chipped in with 133 yards on 11 rushes three touchdowns.

The Mountaineers were paced by signal caller Jace Bartley. He was 14 of 22 passing for 207 yards and a pair of touchdowns. His favorite target was Brock Benedum who hauled in five balls for 103 yards and a score. Liberty dropped to 4-4 and has a home game with Robert C. Byrd this Friday. The Mountaineers will close out their regular season at North Marion. Their upcoming opponents provide big bonus point possibilities which means that AJ Harman and his squad have control of their own destiny.

Robert C. Byrd snapped a threegame losing streak this past week with a huge win over Point Pleasant. The Flying Eagles scored 19 second

points quarter and held on for a 19-16 victory. Quarterback Nick George accounted for 317 yards (268 passing and 49 rushing) while throwing three touchdowns. He would

spread the wealth in the win over the Black Knights as three different receivers (Quinton Cooley, Nathan Lhotsky, and Brayden Thomason) all had 70 yards or more.

Robert C. Byrd is the only Class AA team in the county that does not have control of their second season situation. The lockup this weekend at Liberty and the season finale at One Eagle Way against Philip Barbour are must wins. Although even a pair of victories will not secure playoff appearance. The Flying Eagles will need help to get in and if the cards fall properly, they could go straight into the playoffs.

Bridgeport had a five-game win streak halted by Princeton last Friday. The Indians allowed a season-high 34 points in the setback while losing by five on the road. Zach Rohrig led the Tribe with 173 yards on 24 attempts. Rohrig also found paydirt on runs of 33 yards and one yard respectively.

The Indians have a key matchup at Musselman this Friday before finishing up the regular season at Wayne Jamison Field against Lincoln.

South Harrison had a four-game win streak broken last Friday by Class A power St. Mary's, 34-28. Noah Burnside had a game-high 225 yards and a score while Aiden Moreno scored three times on rushes of two, one, and two yards respectively.

The Hawks are 5-3, and they head to Braxton County tomorrow. They finish up their campaign when they host Tucker County in a key clash. A split should get South Harrison in the door and a pair of wins could result in a playoff game being played in Lost Creek.

That will do it for now. Until next week...take care and God Bless!

News and notes at Parks & Rec



From The World of Parks & Recreation **By Doug Comer**

Things have been pretty busy over the past few weeks at the Recreation Complex, so instead of writing this week's article about one topic, I thought I would give little bits of information that has happened over the past seven days since the last publication.

I recently attended the West Virginia Parks and Recreation Conference where people in parks congregated to listen to speakers, gather information, and listen to the wonderful stories and programs that are implemented in their respected parks programs. I have been involved with the West Virginia Parks and Recreation Association for close to seven years and being a board member and seeing the new faces attend the conference proves that it is growing.

Being the new guy a few years back, it was a ton to absorb. Now, my duty, just like many of the other veterans, is to make sure that those new to the business are welcomed, as well as ensuring that we are there to help out in any way possible. All the speakers and vendors who attended the event at Glade Springs brought a wealth of knowledge that can help elevate any program.

Most speakers discussed data and how they are acquiring as much of it as possible to show the benefits of parks and recreation in the communities and what the needs are for the citizens of their areas. For vendors, the latest and greatest in playground equipment, lighting, cleaning supplies, and maintenance needs were showcased as many pre-booked orders for next spring. Companies like Cunningham

Play & Park Structures highlighted the group of vendors in attendance.

With next year being the 50th anniversary of the conference, it was voted for Harrison County to host, and it should be great, considering all the parks,

programming, and knowledge that the three departments have here in the county. Bridgeport Director Joe Shuttleworth will head the event for next year, and we have already been discussing activities.

Moreover, the enrichment programs have been very positive to date. Eleven schools throughout the county have visited the complex for Outdoor Adventures, all of which are at the elementary school grade level. Pre-K through fifth grade is the biggest draw, and Director Mike Book puts trust in the staff knowing they can mold the curriculum to the students who attend.

"The program molds to the class of students we have here. For the youngsters like kindergarten or first grade, we focus on the fun side and let them set the pace. We will speak about the topics with emphasis on learning, but we want it a little more light-hearted and fun for them. As we get to the older kids, we do tell a little bit more of the topics and make it more educational, but they are still getting to have fun as well," Book said.

The program will continue up to Thanksgiving break as we begin the second half of the enrichment next week.

Our Soccer Challenge and Local Punt, Pass and Kick competitions went off with little issues. Attendance has always been an issue and the numbers usually fall under 20 participants, but the events still went ahead as planned. Kids 6-14 years of age competed in the free events with certificates given to all participants and medals to the winners. Both events are always scheduled in the fall.



Gov. Justice kicks off 2022 Fall Trout **Stocking and Monster Trout Stocking Program and Contest at Cacapon Resort State Park**

the kickoff of 2022 Fall Trout 30,000 trout, 2,500 of which will Stocking and the new Monster be trophy-sized rainbows raised Trout Stocking Program Oct. 17 at Cacapon Park Lake, according to a news release from the Office Hatchery. of West Virginia Governor Jim Justice.

Superintendent Scott Fortney, West Virginia Division of Natural Resources Hatchery Program Manager Jim Hedrick, and additional DNR members to stock the lake at Cacapon Resort State Park.

"We're doing something really, really special here," Gov. Justice said. "We're hoping this will help build even more interest for our state because for the first time ever you have young people genuinely coming to West Virginia, buying hunting and fishing licenses, and doing something that's touching their soul."

During the weeks of Oct. 17 and Oct. 24, WVDNR will

Gov. Jim Justice celebrated stock 40 lakes and streams with at WVDNR hatcheries and the White Sulphur Springs Federal

Of the 2,500 trophy-size trout, 250 will be tagged with a special The Governor joined Cacapon number as part of the Monster Trout Stocking Program. Anglers who reel in one of these tagged fish and submit a photo of their catch will receive a commemorative hat and certificate.

"This program is going to do a lot of good things," Gov. Justice added. "It's bringing more awareness to the diamond in the rough that we have here in West Virginia. Who would've thunk it that we'd have the level of surplus right now? It's because of all the great stuff we're doing like this monster trout program."

Anglers should expect good trout fishing to continue for several weeks even after the Fall See "Stocking" on Pg 10. **OBITUARIES** •







Shinnston



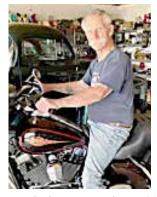


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BITUARIES

Ivan Clark VanOrder



Ivan Clark VanOrder, 83, of Shinnston, went to Heaven on Oct. 18, 2022. He fought a strong battle with pancreatic cancer.

He is survived by his wife, Wilma Hyde VanOrder, of 60 years.

Ivan was retired from the Carpenters Union and known throughout the area in the construction business.

He enjoyed working on antique cars, riding his Harley, attending church, and spending time with his friends. A special thank you to his Memorial Hospital. He was born friends for their support and love Feb. 18, 1941, in Clarksburg, a son during his illness.

He is survived by his children Jay and Pam McClelland and Yvonne VanOrder. One daughter, Cheryl, preceded him in death. Ivan had four grandchildren and seven greatgrandchildren.

the staff at WVU Hospice. Our many and his wife Jennifer of Nutter



thank yous to Jewel City Church for their support and prayers. He enjoyed the visits from Pastor Robert and Pastor Aaron, as his family did.

Per his wishes, he was cremated, and there will not be a service.

A service of Harmer Funeral Home, Shinnston.

Roger Kent Martin



Roger Kent Martin, 81, of Worthington, passed away on Thursday, Oct. 13, 2022, at Ruby of the late Edgar Blair and Georgia Provance Blocher Martin.

Roger is survived by his loving wife, Brenda Joyce Cain Martin, whom he married Jan. 15, 1972. Also surviving are his sons, Timothy Wayne Martin of Belington; Brian Kent Martin of A special thank you to Tessa and Clarksburg; Aaron Roger Martin

> Fort; and Daniel Jacob Martin of Clarksburg; his grandchildren Julia Martin; Eli, Adam, and Silas Martin; his sisterin-law Thelma Martin of Pine Bluff; as well as several nieces, nephews, and cousins.

In addition to his parents, Roger was preceded in death by his brother Melvin "Fuzz" Martin and several aunts and uncles.

1959, In Roger graduated from Shinnston High School and went on to graduate with a Bachelors of Science from Fairmont State College. Roger served our country in the U.S. Army from 1964-1970. He retired from the West Virginia Department of Health and Human Resources in 2001 with 40 years of service. A self-taught musician, Roger enjoyed playing trumpet, piano, guitar and banjo. He also enjoyed watching Jeopardy and Doc Martin on TV, as well as gardening and feeding wild birds.

Harrison County

Friends were received at Perine Funeral Home, 1348 S. Pike St. Shinnston, on Sunday, Oct. 16, 2022 from 2 to 8 p.m. A funeral service was held at the funeral home on Monday, Oct. 17, 2022 at 1 p.m. with Pastors Roy Clark and Harry Allen Holbert officiating. Interment followed at the Shinnston Memorial Cemetery.

The Perine Funeral Home is honored to serve the Martin family.

Mary Zella Bennett



Mary Zella Ducoeur Bennett, 75, of Fairmont, passed away on Sunday, Oct. 16, 2022, at Greenville Memorial Hospital in South Carolina. She was born March 29, 1947 a daughter of the late Jennie Ducoeur.

Mary was preceded in death by her husband, David Bennett.

She is survived by her son Christopher Bennett and his wife Allison and her grandson Dregen Bennett; all of Simpsonville, SC.

In addition to her mother and husband, Mary was preceded in death by her sister, Jo Docouer.

Mary was all about her family and friends. Her greatest joy in life was being a Nana to her only grandchild, Dregen. There is nothing she wouldn't do for him. Even if that

one, no matter how big or small, you better believe you had a tree and a centerpiece. She loved any opportunity to give and always put others first. Mary has many family members and friends she leaves behind.

Friends were received at St. Ann Catholic Church, 610 Pike St. Shinnston, on Friday, Oct. 21, 2022 from 11 to 1 p.m.. A Mass of Christian Burial was celebrated that day at 1 p.m. with Fr. Chris Turner officiating. Interment followed at Shinnston Memorial Cemetery.

The Perine Funeral Home is honored to serve the Bennett family.

Serafina (Brunetti) Merandi



Serafina (Brunetti) Merandi, 93, of Upper St. Clair, PA, passed away on Oct. 15, 2022. She was born on May 1, 1929, in San Giovanni in Fiore, Italy to the late Giuseppe and Giuseppina (Acri) Brunetti.

Serafina was a life-long learner, dedicated wife, mother, grandmother, great grandmother, and wonderful teacher. She loved teaching and shared a passion for learning with her children and grandchildren, even through this year. She was very proud of her Italian Heritage and shared many works of her sewing skills to the Clarksburg community, the Clarksburg Women's Club, and the Friendship Village residents. She had many hobbies, especially taking great joy in cooking, quilting, sewing, and painting. Although, her greatest hobby was being together with her family.

She is survived by her husband of 73 years, Frank Anthony Merandi; two daughters: Teresa Cavoti and husband Nick and Maria Grisso and husband John; one son: Sam Merandi and wife Agnes Guarascio Merandi; one niece: Elisa Brunetti and husband Stefano who reside in San Giovanni in Fiore; seven grandchildren: Nicole Cavoti, Frank Cavoti, Daniel Merandi, Jenna Merandi, Katherine Grisso Harrell, Sarah Grisso Brennaman, and Mary Joanna Webster; nine great grandchildren: Beckett Harrell, Parker Harrell, Luciano Merandi, Gia Merandi, Angelo Cavoti, Francesca Brennaman, Cavoti, Ava Vita Merandi, and Biagio Merandi. In addition to her parents, Serafina is preceded in death by her brother Adolfo Brunetti and sister-in-law Anna Brunetti. In lieu of flowers, contributions (checks only) may be made, in memory of Serafina Merandi, payable to Lifespace Foundation @ Friendship Village Foundation, 1290 Boyce Road, Upper St. Clair, PA 15241. received Family friends at Immaculate Conception Catholic Church, 126 E. Pike St., Clarksburg, on Monday, Oct. 24, 2022, from 10:30 a.m. until 12:30 p.m., the time of Catholic Liturgy with Father Casey Mahone as Celebrant. Private entombment was held at Holy Cross Cemetery. Dorsey Funeral Home is honored to be handling the arrangements for the Merandi family.

The Shinnston News & Harrison County Journal wants to hear from YOU! Send tips, letters to the editor, and guest opinion columns to: newsandjournal@yahoo.com.

meant dressing in camo or pulling an all-nighter just talking about the meaning of life. Mary lived a life of faith and shared her love of God with her family and friends. Her friends and family blessed her with angels. And she could tell you when and from whom she received each one. She was an angel to us all.

Mary loved the holidays and made sure we were decorated for every



Out of the Past

Memorable photographs from around Harrison County

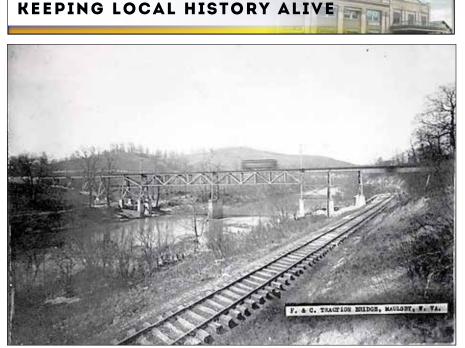


Shinnston High School's football team, 110 years ago. Photo courtesy of Bobby Bice.



Shinnston

Developing Community Preserving our proud history, enjoying a solid present, & building an exciting future.



A streetcar crosses the traction bridge in Maulsby. Harold Ashby Short collection.

The Fairmont & Clarksburg streetcar and the men who built and maintained it

Part 1

Submitted by Maxine West Weser, former Bice-Ferguson Memorial Museum director and lifetime member

The Fairmont & Suburban Railway company was formed in 1900 and then in 1901, it merged with the Fairmont & Clarksburg Electric See "History" on Pg 9.

Weekend filled with Halloween events

By Erin Beck

Harrison County

Shinnston's Festival" "Fright will be held Saturday, said James Coulter, president of the Shinnston Development Authority.

The SDA and the Board of Parks and Recreation are coordinating simultaneous, family-friendly Halloween events on Saturday from 6 p.m. to 8 p.m. at Ferguson Memorial Park.

Coulter said the SDA will host a haunted house and other activities in the pool area, while Kevin Nuzum, who is on the parks board, is spearheading planning for a haunted tour.

The haunted house will be located in the pool building where the locker costume contests will be as well. rooms are located. Kids costume planned for outside.

"We're Coulter said. not going to have fake chainsaws or anything there."

Age ranges for the kids costume contest are kids 12 and under and kids 13-18. First and second place

prizes will be awarded, he said.

The event is free, although refreshments and glow sticks will be sold from the concession stand.

Coulter said there will be games outside. "It's like bouncy houses, but not ones that you get inside and jump in," he said. "So they blow up like a bouncy house, but they're actually games that you play from the outside of it."

The trail and haunted house will entertain those looking for slightly spooky entertainment, nothing too scary, while the bouncy house games will not be Halloween-themed.

"The green area that we're going to set everything up in is just fun," Coulter said. That's where the

Coulter was interviewed following contests and a pet costume contest are the Oct. 12 Shinnston Development Authority meeting, where members "It'll be a kid-friendly event," discussed plans for the event.

See "Halloween" on Pg 9.



Woman's Club informed on Amendment 2

Submitted by Co-President Debra Herndon

The Shinnston Woman's Club met on Sept. 19 at the Co-Clubhouse. President Debra Herndon greeted those in attendance. Secretary





The City of

Wanda F. Ashcraft gave devotions and the pledge to the flag was said in unison.

speaker Guest Harrison County Assessor Joseph R. "Rocky" Romano. Romano spoke on the four amendments to the state Constitution which will be on the ballot in November. Romano spoke at length on Amendment 2, which would give Legislature the the authority to exempt certain taxes, including taxes on tangible machinery, equipment and inventory used in business and ad valorem tax on motor vehicles. no plan had been agreed upon by the Legislature

to replace the local revenue currently generated by the affected taxes and that if there was no plan to replace those revenues, funding could be cut to municipalities, libraries and other public services. Romano encouraged everyone to educate themselves well

Woman's Club members hear from Harrison County Assessor Rocky Romano about four potential amendments to the West Virginia Constitution, which voters will consider on Election Day Nov. 8. Amendment 2 could cut funding for libraries and other local services, he said.



From left, Woman's Club Co-President Debra Herndon, Harrison County Assessor Rocky Romano and City Councilmember Maryann Ferris were Romano explained that among the members present at the Sept. 19 Woman's Club meeting at the Clubhouse.

> on the amendments in question and to consider carefully whether they wanted to transfer power, which currently resides with the voters to the Legislature.

of a Subway Refreshments sandwich sampler box, chips and See "Club" on Pg 9.

From left to right, Silas Matheny, Austin Glaspell, Allen Beverly and Andy Benson were the performers at the first in the "Songs & Stories" singer and songwriter showcase series, held at The Soapbox on Friday.

"Songs and Stories" was a success

Next installment set for Bridgeport

By Erin Beck

The first installment of the "Songs & Stories" singer and songwriter showcase series, held on Friday, was well-attended and organizer Andy Benson was pleased with the event.

Dozens of attendees came to The Soapbox on Pike Street in Shinnston to hear local musicians' perform in an intimate setting, allowing each singer and songwriter to perform their original songs alongside sharing stories about their inspiration for each song and their writing methods.

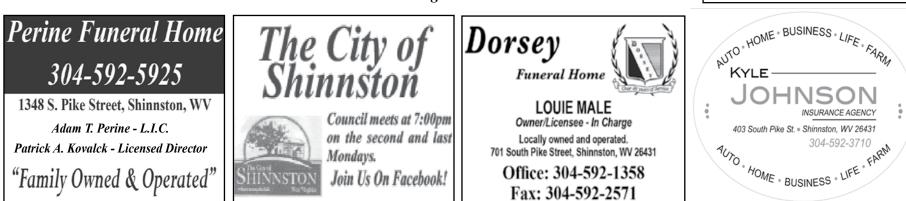
Benson, otherwise known as singer/songwriter A.M. Benson when performing his country and

Americana tunes, said multiple people shared positive feedback.

As founder, performer and M.C., he had a lot on his mind and said he hopes to work on his M.C. skills as the series continues, he said.

See "Songs" on Pg 10.





Shinnston Harrison County ews & Journal

Legion Auxiliary hosts painting social

Submitted by Betsy Turner

American Legion Auxiliary Unit 31, Shinnston held a Sip 'n' Paint gathering on Oct. 2 at American Legion Post 31, Shinnston to raise funds for veterans and community service projects.

The instructor for the event was Marsha Greathouse. There were 15 attendees. group painted The a fall wagon loaded pumpkins with and





American Legion Auxiliary Unit 31 members who attended the Sip 'n' Paint gathering on Oct. 2 at Post 31 in Shinnston included, from left to right, Dortha Parsons; Carla Wilfong, instructor; Marsha Greathouse, Sip 'n' Paint organizer; Roxie Nicholson; and Marsha Duckworth.

LEGAL

(2020-S-00000099 - Harrison County - EIGG LAND LIMITED)

To: GRAYDON C SEITZ, CAROLINE BERLINER, HAMILTÓN P SMITH, or heirs at law, devisees, creditors, representatives, successors, assigns, all known heirs, guardians, conservators, fiduciaries, administrators, lienholders, co-owners, other parties having an undivided interest in the delinquent property, and other parties that may have an interest in the subject property. DISTRICT COAL OUTSIDE DISTRICT MAP 9999 PARCEL 0666 3675

You will take notice that EIGG LAND LIMITED, the purchaser of the tax lien(s) on the following real estate, Certificate of Sale: 2020-S-00000099, .1838 INT 402 AC O&G LINN-API# 3607/DOM EX-API#324, located in COAL OUTSIDE DISTRICT, which was returned delinquent in the name of SMITH HAMILTON P, and for which the tax lien(s) thereon was sold by the sheriff of Harrison County at the sale for the delinquent taxes made on the 5th day of November, 2020, has requested that you be notified that a deed for such real estate will be made to him or her on or after December 6, 2022, as provided by law, unless before that day you redeem such real estate. The amount you will have to pay on the last day, December 5, 2022, will be as follows:

	, while of up follows:								
	Amount equal to the taxes and charges due on the date of the sale, with	\$	191.78						
	interest, to December 5, 2022.								
	Amount of subsequent year's taxes paid on the property, since the sale,	\$	83.79						
	with interest to December 5, 2022.								
	Amount paid for the Title Examination and preparation of the list to be served	\$	448.88						
	and for preparation and service of notice with interest from January 1, 2021,								
	following the sheriff's sale to December 5, 2022.								
	Amount paid for other statutory costs with interest from following the sheriff's	\$	466.10						
	sale to December 5, 2022.								
	Total Amount Payable to Sheriff - cashier check, money order or certified	\$	1,190.55						
	check must be made payable to The Honorable Robert Matheny, Sheriff		<i>.</i>						
	and Treasurer of Harrison County.								
	Cost of Certification of Redemption - cashier check, money order or certified	\$	35.00						
	check must be made payable to The Honorable John B. McCuskey, State Auditor.								
You may redeem any time before December 5, 2022, by paying the above total									
less any unearned interest.									
Return this letter and both certified funds to the									
WV State Auditor's Office,									
	County Collection Division								

1900 Kanawha Blvd East, Building 1, Room W-114 Charleston, West Virginia

Attendees at the American Legion Auxiliary Unit 31, Shinnston Sip 'n' Paint gathering pose with their fall paintings.

the attendees were able to take by the auxiliary and another one is their pictures home to share planned for early spring. with family and friends.

Finger foods, wine and soft drinks This was just one of several Sip were provided for the group.

'n' Paint events that have been held

"Club" From Pg 8. =

Co-President Maryann Ferris announced a special program in November to be co-sponsored by the Leuliette. Bice-Ferguson Museum. Program booklets, listing the programs and mentioned were Judy Wilson, dates for the coming Club year were distributed.

Kathleen Panek led a discussion on the planning for the Soup Bean and

"Halloween" From Pg 8. =

As of the meeting, the movie to be shown at the amphitheater hadn't been decided, but Nuzum said that the movie "Hocus Pocus" was more recently selected. The Lowe Public Library is sponsoring it.

Nuzum said the fright trail will be on the wooded path to the rail trail; participants enter behind the amphitheater. Kids from Lincoln High School will dress up and assist.

"It's going to be lit up," he said. "There's going to be some skeletons."

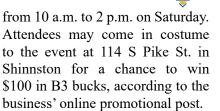
He said it's "not going to be super scary where kids will come out running for their lives."

Additionally:

cookies were provided by Ashcraft. Ham Dinner which was scheduled for Wednesday.

The door prize was won by Connie

In attendance not previously Deborah Starkey, Viviane Spagnuolo, Maryann Spadafore, Donna Mick and Willa Jean Green.



- The Key Club is also sponsoring a Trunk or Treat at Lincoln High on Sunday. Organizations that wish to participate may contact rejones@ k12.wv.us. The event will go from 3 p.m. to 4:30 p.m. in the high school parking lot.
- Trick or Treating will be held on Halloween Monday at 6 p.m.

"So there's all kinds of things," Nuzum said. "You can do the Fall • The Big Elm Fall Fest, consisting of Fest at Big Elm and then you can games for elementary-age students, come out to the park and then on will be held Saturday from 10 a.m. Sunday, go to the high school and

Questions please call 1-888-509-6568 option 2

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WESLEY FINANCIAL GROUP, LLC TIMESHARE CANCELLATION EX-PERTS Over \$50,000,000 in timeshare debt and fees cancelled in 2019. Get free informational package and learn how to get rid of your timeshare! Free consultations. Over 450 positive reto 2 p.m., said Rebecca Jones of the then on Monday's Trick or Treat." Lincoln High School Key Club.

• B3 boutique's third Halloween Bash will take place said.

"History" From Pg 8. =

Railway Company. Work began to connect Fairmont to Clarksburg. The line ran on the west side of the West Fork River except where it crossed the river at Haywood and Maulsby. Haywood Junction was near the State Police station and for many years the streetcar was used by the State Police for transportation. Hills near the river had to be cut back and retaining walls were necessary in some places. Poles had to be set to hold the power lines. The Fairmont to Clarksburg line was completed in 1906.

Some of the stops in our area were Enterprise, Viropa, Riverdale, Shinnston, Lucas Mill, Haywood, Gypsy, Meadowbrook and Zeising. In 1912 a spur was added to Lumberport. Most of the growth in these communities was on the east side of the river near the railroad which was completed in this area in 1890. Swinging bridges were built to connect these communities to the transportation afforded by the streetcar.

In 1903 the line was named the Fairmont & Clarksburg Traction Company. When the first car arrived in Shinnston in 1906, there was great excitement. The cars were fast and comfortable. The cars ran every 30 minutes, and they were dependable. The cars run on a dedicated rail line. In the beginning, the electric was

"That's a lot of events to be annual happening in a small city," Coulter

purchased from a power company in Fairmont, but in 1910 a generation station was built in Hutchinson in Marion County. The system for the streetcars was pretty basic and required the tracks, cars, electric, distribution lines, switches and transformers. So that cars would not need to be switched at the end of the line, the seats could be turned around for the return visit.

My aunt lived at Haywood and after I was born, she would ride to Meadowbrook and get off and walk the back way into Zeising/Spelter to pick me up and take me home with her for a visit. This saved her a nickel by getting off in Meadowbrook instead of Zeising. I was so young I have no recollection of it.

The streetcars played an important part in the lives of people in this area. Recreation in the coal camps consisted of ball games, square dancing, cockfights and bare-knuckle boxing. These events were held at different communities each weekend. Very few people had automobiles, so the streetcars were used by the miners to get to other communities for the events.

The end of the streetcar in this area happened in 1947 when it was bought out by the City Lines which was a bus service. Busses used gasoline and oil and these purchases led to growth in the oil business.

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Ten House Shinnston Fire Department line officers gather for a recent group photo. From left to right are Captain Danny Pratt, Deputy Chief Cameron Nuzum, Chief Donnie Lindsey, and Captain Dustin Smith.

"Stocking" From Pg 6.

Trout Stocking window Each water will be • Pendleton Lake where trout will have Anglers can also find more room to disperse.

leadership, in 2019 the DNR began Fishing trout stocking, allowing schedule. for fish to be available to • Anthony Creek anglers at many new and • Big Clear Creek exciting locations. The • Blackwater River state has also committed • Brandywine Lake over \$30 million in fish • Buckhannon River hatchery upgrades.

All anglers 15 years • Cacapon Park Lake and older are required • Coopers Rock Lake to have a West Virginia • Cranberry River fishing license, trout • Elk River stamp, and a valid • Evitts Run form of identification • Glade Creek of New while fishing for trout. • Knapps Creek Licenses and stamps can • Lost River be purchased at 160 retail • New Creek Lake locations across the state • North Branch of or online at WVfish.com.

Lakes and streams • North Fork South receiving a fall trout stocking are listed below. • Opequon Creek



Moroccan

closes, especially in stocked each week for • Pinnacle Creek larger streams and lakes, a total of two stockings. fall trout Under Gov. Justice's waters listed on pages • R.D. Bailey April 14 and 15 of the 2022 spreading out over longer Summary by looking for • Shavers Fork (Lower sections of streams for Code F on the stocking

- · Buffalo Fork Lake

- Potomac River
- Branch

- Pipestem Resort State Park Lake
- stocking Pond Fork

 - Tailwaters
- Regulations Rock Cliff Lake
 - Section)
 - Shavers Fork (Upper Section)
 - South Branch (Franklin Section)
 - South Branch (Smoke Hole Section)
 - Summersville **Tailwaters**
 - Seneca Lake
 - · Spruce Knob Lake
 - Summit Lake
 - Sutton Tailwaters
 - Tygart River Headwaters
 - Tygart Tailwaters
 - Teter Creek Lake
 - Upper Guyandotte River
 - Watoga Lake
 - West Fork Greenbrier
 - Williams River

flour, baking powder, baking soda and salt until well combined. In another large bowl, whisk together the granulated sugar and eggs until well combined. Add the yogurt, olive oil, orange zest, orange juice and vanilla extract to the sugar and egg mixture,

and whisk until well incorporated.

DUI Simulator visits Lincoln High



Prevention Resource Officer Coty Shingleton took the West Virginia Alcohol Beverage Control DUI Simulator to Lincoln High School on Oct. 12.

"Songs" From Pg 8. =

Planning took a lot of work. Then he session, which was awesome for the watched dozens of people arrive, and energy in the room." he felt a sense of relief.

up, it became exciting," he said. "It local musicians who demonstrate was weird because it just kind of musical gifts but would benefit from unfolded organically. We're sitting there, and we're just doing what we do... I didn't feel like I had to be a format. professional showman."

Some venues are more stressful to prepare for, he said.

"It just kind of came natural, I think," he said. "I think it did for all of us, when you realize that people are showing up to specifically listen to you. It's not like you're playing in an atmosphere where people are eating, or they're talking overtop of your songs.

It was a situation where people specifically came to hear our songs. So when we went to start playing, it was dead silent."

At the end, all four musicians, following a crowd suggestion to play together, played a "ramshackle rendition" of "Can't You See" by the Marshall Tucker Band.

He said it felt like "a big jam Concepts provided support.

He is planning similar events

"Once those chairs started to fill throughout the region to spotlight a larger platform to be discovered. Those shows will follow the same

> He is in talks with several locations about tentative events. The next event is set, though. An all-female line-up will perform at Market on Main in Bridgeport at 3 p.m. on Dec. 11, he said. The line-up will be announced at a later date. Benson will be the moderator.

> "I specifically want to showcase West Virginia talent," he said. "And specifically people that don't have an outlet. There's a lot of young musicians and songwriters in the area that don't get out and play. They haven't played in the area for 20 years and they don't have a platform because nobody knows them or how good they are yet."

He also said Brendan Gallagher and Maria Cusack of Black & Teal



10

Orange Cake

A traditional Moroccan cake typically served for tea or breakfast, Meskouta (Moroccan) is made with ingredients you likely have on hand, and it doesn't require a mixer. Extra-virgin olive oil makes it moist on the inside and golden on the outside.

INGREDIENTS FOR THE CAKE:

- $\frac{1}{2}$ cup plus 2 tablespoons extra-virgin olive oil, more for greasing the pan
- 2 cups all-purpose flour
- 1 ¹/₂ teaspoons baking powder
- 1/2 teaspoon baking soda
- 1 teaspoon fine salt
- ³/₄ cup plus 2 tablespoons granulated sugar
- 2 large eggs
- ³/₄ cup plus 2 tablespoons Greek-style yogurt
- Zest of 2 oranges (about 2 tablespoons)
- ¹/₃ cup fresh orange juice (from about 1 orange)

1 teaspoon vanilla extract FOR THE WHIPPED CREAM (OPTIONAL):

- ³/₄ cup heavy whipping cream
- 1 ¹/₂ tablespoons confectioners' sugar
- Dark chocolate, for shaving with a vegetable peeler

PREPARATION

Heat the oven to 350 degrees. Grease a 8¹/₂-by-4¹/₂-inch loaf pan with olive oil, and line it with a sheet of parchment paper so that you have extra on the sides. (You'll use this to lift the loaf out of the pan.)

In a large bowl, whisk together the

Pour the wet ingredients into the dry ingredients and gently mix using a spatula until you no longer see flecks of flour, making sure not to overmix. (The batter will be slightly lumpy.) Transfer the batter to the prepared pan, and use a spatula to spread into an even layer.

Bake for 40 to 45 minutes, or until a toothpick inserted in the center comes out with some small, moist crumbs. (If the cake needs another minute or two, but is becoming too brown, tent with foil.) Allow to cool completely on a wire rack before using the parchment overhang to remove from the pan.

Make the optional whipped cream: Using a hand mixer or a stand mixer fitted with a whisk attachment, whisk the cream and the confectioners' sugar for about 2 to 3 minutes on medium-high until medium peaks begin to form. You want a spreading consistency. Cover and keep in the fridge until ready to serve the cake.

To serve, cut the cake in slices, top with whipped cream, if using, and garnish with chocolate shavings, if using. Alternatively, you can also top the whole cake with whipped cream, then slice it. Without the whipped cream, the cake keeps for up to 5 days in an airtight container on the counter.

The cake is excellent on its own, but for something really special, add whipped cream and dark chocolate shavings.

Remember, readers, if you have a favorite recipe that you would like to share, we welcome your submissions. E-mail your recipe to us at debra@ mountainmedianews.com. And don't forget to stop by your local Price Cutter to purchase all of your cooking and baking needs.

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