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Shinnston Healthcare's Cathy Waggy honored

The Shinnston News & Harrison County Journal has named Cathy Waggy as Citizen of the Month, a recognition sponsored by Dorsey Funeral Home in Shinnston – locally owned and operated.

By Erin Beck

Cathy Waggy, who celebrated 40 years with a Shinnston healthcare provider on Nov. 15, considers working in health care her “calling.”

Waggy, the office manager of WVU Medicine United Hospital Center's Shinnston Healthcare has also been named the Citizen of the Month.

“I love working in medicine,” she said.

At a young age she helped her grandfather, who had diabetes. He had gangrene, which eventually spread to both legs and one arm, all of which were surgically removed, until he had one arm, with just three fingers.

“So I would go there, and I would take care of him with my grandma,” she said. “I helped feed him, get his medicine... They were older and I just enjoy that type of work.”

She pushed his wheelchair at the park and treated him to picnics. They went shopping.

“We would take him everywhere,” she said.

“His mind was good, and he enjoyed going out, and I didn't have a problem pushing him around in a wheelchair and helping him do whatever he needed done. After experiencing that, I just felt that I had a calling to try to take care of people.”

She started at the office on Nov. 15, 1982 as a medical administrative assistant. After graduating from Lincoln High School in three years — “I went to summer school for fun,” she said — she had graduated from West Virginia Business College with a major in medical office administration.

After a brief stint at GoMart, she applied for the medical administrative assistant position.

The job included multi-tasking — clinical work, like testing blood pressure and taking blood, as well as office work, like billing. Back then, she had to handwrite insurance claims. In the late 1980s, the office got its first computer.

Once Dr. Mehmet Kalaycioglu, who is deceased, promoted her to office manager, she also became responsible for tasks like scheduling, payroll and accounting.

“He told me he wanted me to learn all the positions in the facility so that I could run the office,” she said.

Kalaycioglu's former office is the current city building. He served as the Shinnston doctor from 1963 until his retirement in 2000, she said. The practice includes Kalaycioglu, Waggy, and a

See “Waggy” on Pg 10.



Cathy Waggy, Citizen of the Month, celebrated 40 years at Shinnston Healthcare on Nov. 15.

Local Counties Got Talent



Amie Glover, a vendor from Mannington, shows off a beaded bracelet with an attached keyring at the craft show, which benefited the sophomore class. Judy Turner, of Worthington, behind, holds a lantern from her booth. Photo by Erin Beck.



Judy Turner, of Worthington, holds up a selection of beaded pens that were for sale at the craft show. Photo by Erin Beck.



Christopher Lacaria, of Bridgeport, displays one of the Wu-Tang Clan records for sale at his Roundabout Records booth at the Lincoln High School craft show. Photo by Erin Beck.

A holiday craft show to benefit Lincoln High School sophomores and their future activities was held on Nov. 12. The event kicked off the holiday season with an opportunity for area residents to purchase arts and crafts, as well as other gifts and items, from creative and talented local vendors instead of from big-box stores.



BUILDING AMAZING CITIES

By JIM HUNT

author, speaker, consultant

Measuring up

When I was a young child, I can remember my dad working on projects, on weekends and after work. This was before Netflix and Hulu and hundreds of sporting events being beamed into our homes at all hours of the day. My dad would put in a hard day at work, then spend his free time fixing a lawnmower or remodeling a room in our house. He was a jack of all trades and could rebuild a motor or put up a ceiling as if he did it every day.

He was never afraid to tackle a project and I rarely saw him give up on anything. I can remember waking up on a Saturday morning and realizing that he had been up for several hours building a sidewalk or putting siding on our house. His tools were often second-hand, and he would sometimes have to repair his power saw or drill before beginning a project.

He would often draft me to be his helper, and I would lament that I was missing out on going to the playground or riding my bike. I can remember him working in our attic and he would need a particular tool and ask me to get it for him. I would run down the stairs to the basement and stare at the wall or tools, trying to figure out what was the difference between a Phillips screwdriver and a flathead screwdriver. I would pick one and run up the stairs, only to find out it was the other one. Believe me, you learn the names of the tools after a few trips up and down the stairs!

As I got older and had my own house, I would undertake projects and try to remember the lessons I learned as a youth. It was a lot of trial and error, resulting in a few busted thumbs and sore backs. I would borrow tools from my dad and as he got older, he gave me many of his tools that he collected over a lifetime.

It took me many years to feel like I could measure up to my dad and his ability to complete a project.

Having children and grandchildren, I have tried to pass on some of the lessons I've learned from my dad. I've learned that the best way to pass on these skills is to let them learn by doing. This is not as easy as it seems since many of the tools that you use can be quite dangerous and a careless moment can result in a pretty serious injury.

I spent a few days in South Carolina recently, rebuilding a closet for my daughter to better store my granddaughter's dance gear and games. I loaded up my tools and had two days to complete my project. My youngest granddaughter, Emery, was

See “Hunt” on Pg 3.

Turkey Trot takes off Thursday



Led by a moped-driving turkey, runners participate in a previous Shinnston Turkey Trot. The event, held on Pike Street at 9 a.m. Thursday, will take place again this year.

By Erin Beck

The beloved Turkey Trot, for the 14th year, will be held in Shinnston on Thanksgiving.

Participants Thursday, whether they're speedy or slower, will have a chance to burn some calories and socialize with friends and family who are in from out of town for the holiday.

“I went to Lincoln High School,” said Jason Talkington, who plans the event with his wife Stacia. “You see a lot of mini-reunions going on.”

Talkington, who is from Wallace and now lives in Gettysburg, was looking forward to reconnecting with friends of his own.

Talkington credited his wife with doing most

of the work, although he was available for the interview.

There's no waiting around for the 3.1-mile race to start at 9 a.m. Talkington said the event has a festival-like atmosphere with free activities.

Along with the race, other draws to the event include snacks, hot chocolate, a DJ, Mr.

and Mrs. Claus, door prizes, giveaways, and face painters “that just do amazing work,” Talkington said.

“There's lots of activities and fun things

See “Trot” on Pg 3.

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OPINION

By Mac Warner
WV Secretary of State

Congratulations, West Virginia! Once again, West Virginia has executed a great election, and demonstrated to the nation how to hold an election and deliver results on election night. We did so by leveraging technology, conducting extensive training, and following the law.

Consider that vote counting continued in other states more than a week after Election Day, while West Virginia held true to its pledge to provide confident results on election night. Our success story is a powerful precedent and evidence that WV is a national leader in election administration. We conducted a near-flawless election without limiting access or making concessions on security. The essence of honest elections is to make the voting experience simple and easy for the voter, all while following a secure election process structured by well-thought-out laws and careful planning.

We have leveraged technology, from voting machines to GIS mapping and texting. Actual implementation of the technology has been done via meticulous preparation and training by county clerks, their staff, and our field investigators. In 2016, only 16% of registered voters in West Virginia were using state-of-the-art voting equipment. Now, with the help of millions of dollars of funding available to every county, West Virginia is on track to have 95% of registered voters in the state voting on the latest technology by 2024. This new equipment is ADA compliant and completely disconnected from the internet. Clerks train poll workers extensively on the equipment, thereby making the voting experience easy and safe for voters. Our clerks, election workers, and investigators deserve a huge pat on the back for their hard work and dedication to election integrity.

West Virginia was among the first in the nation to develop a relationship with federal agencies to prepare for and safeguard against foreign meddling in elections. West Virginia helped establish policies and procedures to improve cooperation between government entities at all levels. Our election personnel attended numerous meetings wherein we helped make policies that required communication between states and the federal government and facilitated communications between states as well as with our county officials. Now, threats such as cyber-attacks, misinformation, and physical threats are shared between officials at all levels as soon as the threats occur.

Our systems were under constant guard leading up to Election Day by an extensive network of cyber-security protections and close coordination with our WV National Guard, State Office of Technology, Fusion Center, Secretary of State (SOS) Office of Information Technology, SOS Investigations Staff, and Federal partners at Department of Homeland Security and Cybersecurity and Infrastructure Security Agency. We also provide county officials with a Continuity of Operations Plan, so they have response plans for situations ranging from a power outage to an active shooter.

Another technological tool in bolstering voter confidence has been our first-in-the-nation "See Something, TEXT Something" campaign. Along with our 877-FRAUD-WV hotline, more than a dozen messages were sent by concerned citizens and instantaneously acted upon by our investigation team deployed throughout the state. This has proven a great way to keep concerned citizens involved in the election process while acting as an effective deterrent to bad actors.

All of West Virginia should be proud of our elections and the example we set for the rest of the nation. Through following the law and careful, deliberate planning, our state maintains a high standard that makes it easy to vote and hard to cheat. Our legislature has done a great job of prescribing the rules by which we run elections, and officials throughout West Virginia have done a great job of following those election laws. Accordingly, our voters have confidence in the process, and our citizens enjoy having results reported on election night.

Congratulations to everyone who worked, voted, ran for office, or simply enjoys living in a state that has become an election model for the rest of the country.

Mac Warner is serving his second term as the West Virginia Secretary of State. A graduate of the U.S. Military Academy at West Point and the WVU College of Law, Secretary Warner retired from the U.S. Army with 23 years of service at the rank of Lt. Colonel.

Super Crossword

EASY-PEASY

ACROSS

- 1 Conceptual framework
- 7 Nickname of jazz pianist Earl Hines
- 12 Cat feature
- 16 Mailbox item: Abbr.
- 19 Cajoles
- 20 Backcountry
- 21 Actor Alan
- 22 Before
- 23 Saving a Hilton from being demolished?
- 26 Rove (about)
- 27 Eisenhower, informally
- 28 Dawn deity
- 29 Country that's the setting of a story told by Jesus?
- 31 Confusion when a golfer can't find the club for the green?
- 36 2000-15 CBS show
- 37 Two racing Unsers
- 38 Strike — (do some modeling)
- 39 Admission of defeat
- 41 "The way things now stand..."
- 44 Road named for a head of state?
- 50 Intent
- 53 Golf average
- 54 Mental sharpness
- 55 Santa — winds
- 56 One who's bad at playing practical jokes?
- 62 Richard of "The Jackal"
- 63 Former AT&T rival
- 64 Creepy
- 65 Tax audit org.
- 66 Hunchback creator Victor
- 67 Belgian river
- 68 Favorite crucifix style?
- 74 "I see!," facetiously
- 77 Match units
- 78 Cruise of "Top Gun"
- 79 Actress Bette
- 83 No, in Fife
- 84 DVR choice
- 85 Evangelizing in remote areas?
- 89 Fast internet svc.
- 90 Final words from a bully
- 92 Tirana's nation: Abbr.
- 93 Picnic pest

DOWN

- 1 Italian tenor Tito
- 2 Devise, as a plan
- 3 Would really rather not
- 4 Application filename extension
- 5 Actor Gibson
- 6 According to
- 7 Not stale
- 8 Vienna's nation: Abbr.
- 9 Two after uno
- 10 Persists in discussing
- 11 Thomas — Edison
- 12 British bye-byes
- 13 Perp's excuse
- 14 Revered one
- 15 Narrow road
- 16 Groups of trial lawyers
- 17 Fleeting quality
- 18 Comic Foxx
- 24 Mythical bird
- 25 Bitterly cold
- 30 Jungle den
- 32 Recipe qty.
- 33 Always
- 34 Assistance
- 35 Bullring holler
- 40 Sky light
- 41 40-Down studier's sci.
- 42 Eyelid malady
- 94 Subatomic matter that may or may not exist?
- 101 "Penn & Teller: —" (TV series)
- 102 Maui "hello"
- 103 Hunter constellation
- 107 Three in "minimum"
- 108 Big tea vessel
- 110 Aviator who was really courageous?
- 114 Little squeeze from a fuddy-duddy?
- 118 Grain variety
- 119 NASA's Eagle, e.g.
- 120 Suffix with resin or riot
- 121 Forehead border you had before you started going bald?
- 126 — kwon do
- 127 Coal source
- 128 Door reply to "Who's there?"
- 129 Most current
- 130 Antiquated
- 131 Fax, e.g.
- 132 "The battle —!"
- 133 Provides, as with power

- 43 One of a flight of steps
- 45 MPG monitor
- 46 USA's Uncle
- 47 A Gershwin
- 48 Be an omen of
- 49 Feudal vassal
- 50 Big galoot
- 51 Outrage
- 52 Impair
- 57 Frank Sacks' "— the Unicorn"
- 58 Plunk lead-in
- 59 Helpful hints
- 60 Get it wrong
- 61 "— Be My Girl" (top 5 tune for the O'Jays)
- 66 Source of CBD oil
- 67 "Right on!"
- 69 Ancient Egyptian god
- 70 Dwarfs' count familiarly
- 72 In support of
- 73 Govt. health agcy.
- 74 "— you act now ..." (infomercial segue)
- 75 Is unrivaled
- 76 Hardly ever employed
- 80 By way of
- 81 Hostel
- 82 Mil. officer
- 84 Bean curd
- 85 Touch
- 86 Traitor
- 87 Yale alum
- 88 "The Good Doctor" aier
- 91 Virgin Mary's mother: Abbr.
- 95 Actress Lanchester
- 96 Many #1 songs
- 97 Calder Cup rink org.
- 98 Writer Santha Rama —
- 99 Email giggle
- 100 Verdi's "— tu"
- 104 Instead (of)
- 105 Danish port
- 106 Big Apple MLB squad
- 108 Coll. in Philly
- 109 Made grain-sized
- 111 Skater Sasha
- 112 Python in "The Jungle Book"
- 113 Scrabble 4-pointer
- 114 Hernando de —
- 115 Engine stats
- 116 A Great Lake
- 117 Roman 402
- 122 Sydney's state: Abbr.
- 123 Non- — food
- 124 Sprinted
- 125 "Inc." relative

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FIND THE SUPER CROSSWORD ANSWERS ON PAGE 7!

THIS WEEK IN West Virginia History

The following events happened on these dates in West Virginia history. To read more, go to e-WV: The West Virginia Encyclopedia at www.wvencyclopedia.org.

Nov. 24, 2015: For her accomplishments in the field of mathematics and science, Katherine Johnson received the Presidential Medal of Freedom from Barack Obama. Johnson worked for NASA calculating trajectories for manned space flights.

Nov. 25, 1896: Athlete Clinton Cyrus Thomas was born in Greenup, Kentucky. Thomas was a star in the Negro Leagues, during the days of racial segregation in major league baseball. Thomas settled in Charleston after his playing days and made a long career in West Virginia state government.

Nov. 26, 1952: A fire on the evening before Thanksgiving at the Huntington State Hospital killed 14 patients, with three more patients later dying from their injuries. Huntington State Hospital is known today as the Mildred Mitchell-Bateman Hospital.

Nov. 26, 1861: The Constitutional Convention of 1861-63 was convened in Wheeling. The convention provided the foundation for state government in preparation for statehood.

Nov. 27, 1848: African American educator William H. Davis was born. As a teacher for Black children in Malden, his most famous student was Booker T. Washington. In 1888, Davis was nominated as an independent candidate for the gubernatorial election — to date, the only Black person so honored in West Virginia history.

Nov. 28, 1864: In a local skirmish north of Moorefield, Rosser's Confederate cavalry and McNeill's Rangers rebuffed a raid by Union Col. R. E. Fleming and spared the South Branch Valley from destruction. The battlefields are part of the Middle South Branch Valley rural historic district.

Nov. 29, 1921: The actress Dagmar was born Virginia Ruth Egnor in Lincoln County. Her acting career took off in 1950 when she was hired to be on NBC's "Broadway Open House," the network's first late-night television show.

Nov. 29, 2001: Writer John Knowles died in Florida. Knowles, born in Fairmont, attained literary fame with his first novel "A Separate Peace" in 1959.

Nov. 30, 1796: Brooke County was established under an act of the General Assembly of Virginia. The county was formed from part of Ohio County and named in honor of Robert Brooke, governor of Virginia.

e-WV: The West Virginia Encyclopedia is a project of the West Virginia Humanities Council. For more information contact the West Virginia Humanities Council, 1310 Kanawha Blvd. E., Charleston, WV 25301; 304-346-8500; or visit e-WV at www.wvencyclopedia.org.

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N&J Briefs

FROM AROUND HARRISON COUNTY

This calendar of events listing is provided free of charge to churches and nonprofit organizations. Please submit your listing two weeks prior to the event. Send via email to newsandjournal@yahoo.com.

Dine 4 A Cause

Washington Square
203 W. Main St. Clarksburg
Percentage benefits United Way of Harrison & Doddridge Counties
Nov. 29, open to close
304-203-7286

Harrison County Senior Center Book Club

Wednesday, Dec. 7
12 p.m. at King's New York Pizza and Restaurant, 499 Rosebud Plaza, Clarksburg.
There will be an open read book discussion about any book of the reader's choice. Everyone is welcome to attend and share the book they have been reading.
Contact Bill O'Field at 304-623-6795.

Annual Christmas bake sale

St. Ann's Catholic Church, 610 Pike St.
Dec. 10 from 8 a.m.-2 p.m.
Indoor in social hall.
Breakfast from 8 a.m.-11 a.m.
\$7 menu of sausage & biscuits, scrambled eggs, hash browns, fruit & beverage. Pita Piata, nut roll, nut crescents, wedding cookies, galettes, peanut butter balls, large variety cookie trays.
Accepting phone orders till Dec. 6. Call the following phone numbers: 304-584-4376; 304-841-1487; 303-592-0665 or 304-203-8905; 304-677-0799 or 304-592-2243.



"Trot" From Pg 1.

going on," he said. "(It's) just a hub of activity that goes on there that morning."

The top three adult finishers in age divisions receive medals. People may sign up in teams or individually. The winning team gets a trophy with a golden turkey on top.

Kids may participate in the 100-yard dash, the "Gobble Wobble." There are three kids' divisions based on age, 2 to 4-year-olds, 5 to 7-year-olds, and 8 to 10-year-olds. They receive goodie bags.

The kids race starts at 8:50 a.m. Music stations and the motivational "encouragement team" members, who not only block the street, but also have signs and noisemakers, will set up along the course to motivate runners as well.

People who haven't signed up online as of Monday night can sign up at Jimmy's Diner on Wednesday from 5- 8 p.m. They can also pick up race packets.

They may also sign up the morning of the race starting at 7 a.m.

Runners take off on Pike Street, which will be closed. Participants turn around at the grade school.

An alternate race, for those who don't think they can end a 5-mile race in 45 minutes, ends at the rail trail.

Courses are well-marked, Talkington said.

"We got guys kicking out this race right at 16 minutes," he said. "That's booking it. That's flying. And then we've got people that are just there to support the cause."

Named for his cousin, Talkington said the Marie Gaston Scholarship Fund sponsors kids who want to go to 4-H camp, as well as provide for other 4-H needs.

He said Gaston was active in 4-H, on the county and state level, before tragically dying in a car wreck as a sophomore at West Virginia Wesleyan in 1992.

As the senior class president and in the top 10% of her class, she graduated from Lincoln High School in 1990. He said she also had a "vibrant personality."

"She was a 4-H All Star, just a great example of an ideal 4-Her," he said. "We've always looked for ways to honor her memory. We still talk about Marie. Every day almost it seems her name's coming up in conversation."

Other than some professionally

hired companies, including timekeepers who use chips in runner's bibs to ensure accurate and official timing, the event is made possible by volunteers, he said.

"It's a nice small-town race," he said, "but at the same time, it's a very professional-level race."

He is hoping 1,000 runners show up this year. Online sign-ups indicated that goal may be possible. They've accomplished that before, but not every year. The record is 1,021.

He encouraged runners to recruit others to participate. They can also be onlookers.

Even those who don't show up and who've paid their race fee receive race shirts, he said.

The race fee is \$20. It increases to \$25 on the day of the race. The kids' race is \$10.

The area is cleared and cleaned out by about 10:30 a.m. at the latest, and participants are off to their Thanksgiving dinners.

"We always like to joke that you now have an excuse to eat that second piece of pie," Talkington said.

More information is available at shinnstonturkeytrot.com.

"Hunt" From Pg 1.

excited and wanted to help. We headed to Lowe's, and she helped load the lumber on the cart and was asking a thousand questions about how we were going to do the remodel. As we began the project, I saw Emery watching everything I did. I would show her how to do something and she picked it up quickly.

Over the course of the two days, Emery was up at 6 a.m. each morning and ready to head to McDonald's for breakfast and get started on the job. I suddenly realized that years from now, she will be working on a project and remember the time when her grandfather let her use the drill to screw in the boards in

the closet. I can't remember a more enjoyable time working on a project and wished that I had been more attentive, years ago, when my dad was letting me be his helper.

Driving back to West Virginia, I was so proud of my latest project and the legacy of love that went into it. Have an Amazing day!

Holiday Jazz Matinee set for Dec. 18 in Bridgeport



Sharon Clark will perform at the Benedum Civic Center on Dec. 18 for the Holiday Jazz Matinee presenting her "Nat King Cole Tribute" holiday show.

Music and dining fans in West Virginia can look forward to a new holiday-themed, family-friendly event this Dec. 18 when the West Virginia Jazz Society introduces The Holiday Jazz Matinee featuring an internationally recognized jazz vocalist along with a tapas-style buffet.

Doors open at 2:30 p.m. at the Benedum Civic Center in Bridgeport with festivities beginning at 3 p.m. as Sharon Clark presents her special "Nat King Cole Tribute" holiday show. Her most recent rendition was given last Christmas Eve in Paris, France, and featured classic tunes "Chestnuts Roasting On An Open Fire," "Unforgettable," "Mona Lisa" and "When I Fall In Love."

The Yuletide Tapas Buffet designed by Chef Richard Carlone features specialties duck liver mousse, marinated white anchovies. Spanish meatball skewers, seasoned honeycombs, and other tapas dishes, as well as charcuterie and sauces. The buffet is included with \$50 reserved seating and with Gold Circle table service at \$75 per person with a dedicated server to pour wine and assist guests with the buffet.

Advance purchase is recommended by text to 304-517-9813 or by email to WVJazzSocietyNOW@gmail.com. Middle school and high school students may attend for free when accompanied by an adult ticket holder. Details are available through Bandland at 304-

622-1171.

Clark will be accompanied by a curated band that includes Vince Lewis, recording artist and guitarist at the Greenbrier Hotel Resort, and Steve Rudolph, popular pianist from Harrisburg, Pennsylvania, as well as Washington, D.C.'s Steve Arnold, Clark's regular bassist and music director.

Chef Carlone has extended family in Marion County where he resides, and is a graduate of the Culinary Institute of America in New York with a career of experience cooking and designing events in the Seattle area.

Carlone's "Tour The Southland" buffet for a jazz event last May was very popular and led to his engagement around the region. For more information on The Holiday Jazz Matinee and Sharon Clark, visit WVJazzSociety.com and SharonClarkJazz.com.

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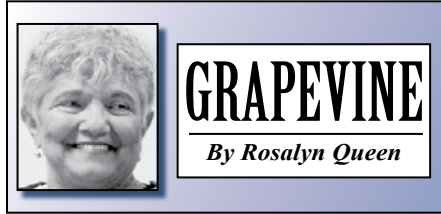
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GRAPEVINE

By Rosalyn Queen

When approaching your friends or neighbor's home and the smell of raisins, nuts, orange peel, cinnamon, and wine surrounds you, then you know Christmas is near and the season for Pita Piata has arrived.

We all know that this is the Italian version of the fruitcake. Although it is popular all over Italy, it is most common in the southern part. It is very popular in the Clarksburg area and many churches use it for fundraisers. This is all well and good and offers the opportunity to enjoy this great Italian dessert.

Most Italian families use the making of Pita Piata as a time to

get together as well as a family custom. Most families will gather after Thanksgiving to start the ritual of the making of Pitas. Generally, this will take place at Nona's house or at the home of one of the oldest sisters. By the time everyone gathers most of the ingredients have been purchased and the raisins and nut mixture is ready and has been seasoning for several days.

The first part is to mix the dough so that it can raise before the rolling starts. While everyone is waiting, the coffee pot is put on and hot chocolate is made for the younger generation. Someone will have shown up with doughnuts.

By the time this is over, and everyone is caught up on the kids' projects and their wish list for Christmas, the

dough is ready. Everyone is assigned their part. Two will roll the dough, two will spread the nut mixture and prepare for the pans and two will fasten with the toothpick. Some aunt will be teaching the younger girls how to measure, cut and place the paper in the pans. If making ten pounds of flour, this will take about three hours. The baking will take longer and while the young ones are making their own mini pita out of the leftover dough, lunch is being prepared. Generally, it will be salami sandwiches with cheese and peppers.

The last part to the pitas is soaking them with honey as soon as they come out of the oven and are hot. The toothpicks must be pulled out while the pitas are hot. The pitas must cool before they can be wrapped.

The young kids will go to talk about this forever and share their memories with their friends. It is time for you to establish your family customs as memories that will be cherished.

The PWA will be serving free lunch to those in need. Call 304-624-6881 for more information.

By the way, the PWA will be selling Pitas on the Tuesday after Thanksgiving. They are ten dollars and will be seated on a Fiesta luncheon plate. Since there is a limited supply, orders should be placed. Fiesta has donated the plates to the PWA.

There is no question that winter is here. I hope you all have been vaccinated for the flu. Reports are that it is going to be bad. Take care and until next week "Now You Have Heard It Through The Grapevine."

Fort New Salem plans "Spirit of Christmas in the Mountains"

Fort New Salem invites you to "Spirit of Christmas in the Mountains." According to a news release, this nationally recognized celebration, now in its 49th year, features the historic and cultural folkways of the Scotch-Irish, English, and German settlers in West Virginia, blending the seasonal customs of these settlers into a panorama of music, foods, heritage skills, along with the lifestyles that represent the diversity of beliefs and traditions of the season.

After limiting the prior year to a virtual format, this year's celebration will be held on Saturday, Nov. 26, and Sunday, Nov. 27. Join us each day for a journey back in time to Christmas in the mid-19th century Appalachian frontier. Festivities feature live music (dulcimer and various string instruments), caroling provided

by area choirs, chestnuts roasting on an open fire, gifts for sale, tinsmithing, potting, spinning, blacksmithing, open hearth cooking, Belsnickeling and a traditional tree lighting. Also planned are the "story of the orange," an interpretation of the value of oranges in gift-giving.

Events kick off at 12 p.m. daily. A complimentary shuttle bus between the Salem University parking lot and the gate will be available. This service is handicapped accessible. Food service will be available.

Modern interpretations of heritage crafts will be on site along with items for sale from local craftspeople located in our gift shop. Special activities for children include storytelling, puppet shows, corn shelling, and opportunities to dip candles and decorate gingerbread cookies.

The Fort's traditional Christmas Tree lighting is one of the most inspirational customs of the Christmas celebration and caps off each day's celebration at sundown with a procession of gaily-dressed revelers who light the hand-dipped candles arrayed upon an outdoor evergreen. Community choirs sing during the processional.

General admission is \$5 with children 10 and under admitted free.

The event is sponsored in part by Fort New Salem Foundation, Harrison County Commission, and the West Virginia Division of Culture and History.

For more information visit fortnewsalemfoundation.org or call 304-695-2220.

Help available for those in crisis

The West Virginia Department of Health and Human Resources (DHHR), Bureau for Behavioral Health reminds residents that Mobile Crisis Response and Stabilization Teams and other services are available across the state through 844-HELP4WV (844-435-7498).

HELP4WV and its Children's Crisis and Referral Line link adults and children with Mobile Crisis Response Teams, which de-escalate behavioral health crises by phone or have the ability to respond in person in most areas of the state.

"Mobile Crisis Response Teams provide on-demand care for children and adults to help recover normalcy and prevent unnecessary out-of-home

placements," said Christina Mullins, commissioner of DHHR's Bureau for Behavioral Health.

Children's Mobile Crisis Response Teams are available statewide. Adult Mobile Crisis Response Teams are operational in Calhoun, Greenbrier, Jackson, Nicholas, Pleasants, Ritchie, Roane, Tyler, Wirt, and Wood counties, with additional counties currently in development.

Even if no crisis team is needed, the line is also available to both adults and children experiencing mental health problems, such as anxiety, depression, trauma, or substance use disorder, and may link them with treatment or a support specialist.

HELP4WV, operated by First Choice Services,

is funded by DHHR's Bureau for Behavioral Health with a federal grant from the Substance Abuse and Mental Health Services Administration (SAMHSA)

To learn more about HELP4WV, visit HELP4WV or visit www.help4wv.com. For more information about behavioral health resources for children and families, visit kidsthrive.wv.gov.

Turnpike holiday traffic expected to be among the heaviest of the year

With officials for the West Virginia Parkways Authority expecting the Wednesday before Thanksgiving and the following Sunday to be two of the heaviest traffic days on the West Virginia Turnpike, traffic from Nov. 22 through Nov. 27, is expected to be about 730,000 vehicles.

"Wednesday and Sunday of Thanksgiving week are typically two of the busiest travel days we experience on the West Virginia Turnpike during the entire year" said Jeff Miller, executive director of the Parkways Authority. "We expect 730,000 vehicles will pass through our toll facilities during the six-day period.

"As always, the Parkways Authority will be fully prepared for high volumes of travel during Thanksgiving week," Miller said. "In addition to Toll Operations and Maintenance being fully

prepared, we will have additional traffic flaggers staged at each toll plaza as well as additional troopers from West Virginia State Police Troop 7 and Courtesy Patrol members for motorist assistance."

Miller expects 156,000 vehicles to pass through Turnpike toll booths on Nov. 23, and 165,000 on Nov. 27.

"Motorists are reminded that E-ZPass is accepted in all lanes, and we encourage all owners of passenger vehicles to take advantage of our Single Fee Discount Program for \$26.25 annually for unlimited use of the West Virginia Turnpike," Miller said. "Sign up today at wvturnpike.com."

The Shinnston News & Harrison County Journal is seeking part-time reporters. Qualified candidates should have strong writing, fact-checking, and proofreading skills. They should also be well-organized, dependable, and interested in journalism, particularly Shinnston and Harrison County news and events. Successful applicants will have flexible schedules but must be able to meet deadlines. To apply, send a resume and cover letter, introducing yourself and describing your interest in the position, to newsandjournal@yahoo.com. Please include one to three writing samples.

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Good Health Guide

UHC students place at annual radiologic conference



Pictured with their projects are the award-winning students Kayla Knabenshue and Jordan Bobbins.

Two students from the WVU Medicine United Hospital Center Radiologic Technology School received three awards recently at the West Virginia Society of Radiologic Technologists (WVSRT) Annual Conference, according to a news release. The conference was held at Canaan Valley Resort in Davis.

Jordan Bobbins, a senior student of the UHC School of Radiologic Technology, earned first place for his exhibit and third place for his research paper representing “Advancements in Prostate Imaging and Diagnostics.” Kayla Knabenshue, also a senior in the program, won third place for

her exhibit comparing methods of “Fetal Imaging: The Use of MRI vs. Ultrasound.”

“Our students at UHC work very hard in class and in their clinical settings, which is proof of their strength and abilities,” said Tavia DeFazio, MS, RDMS, RVT, RT(R), Radiography and Sonography Education programs manager. “We are proud of our students and their achievements.”

The WVSRT State Conference hosts students from radiologic technologist programs from across the state. The awards were presented Nov. 5 at the annual conference.

Shinnston Healthcare sees staff changes

Sarah Patrick, a family nurse practitioner, has taken a quality measures position in Morgantown after more than five years at Shinnston Healthcare, said Cathy Waggy, Shinnston Healthcare office manager.

A former Shinnston resident, Raetta Wentz, whose husband is from Shinnston, is a physician assistant and will be joining the practice in the new year, Waggy said.

Precautions prevent spread of three illnesses

As hospitals fill with widespread occurrences of influenza, COVID-19 and respiratory syncytial virus or RSV, West Virginia University experts offered tips to practice prevention to keep vulnerable individuals and communities safe and healthy.

When a cold is more than a cold

Symptoms of flu, COVID-19 and RSV typically mimic the common cold but can cause severe infection in some individuals. The three respiratory illnesses also share many of the same symptoms, including fever, cough and runny nose.

Flu and COVID-19 are not distinguishable by the symptoms alone, which also include sore throat, muscle or body aches, headache and fatigue. Both also can cause mild to severe illness, including death in vulnerable individuals. Individuals who experience flu- or COVID-19-like symptoms should confirm diagnosis with a home COVID-19 test as soon as possible to begin treatment and isolation to help reduce the severity of disease and to prevent community spread. If symptoms are mild, symptoms can often be controlled with home management and over-the-counter medications.

“Rapid COVID-19 testing is available over the counter and is recommended when symptoms develop,” said Dr. Carmen Burrell, medical director of WVU Medicine Student Health and Urgent Care. “If symptoms are severe, you should be evaluated by a physician for testing and symptomatic management.”

There is also concern about two new COVID-19 variants, BQ.1 and BQ.1.1, both of which are variants of Omicron. These variants have been growing rapidly, accounting for one in four new COVID-19 infections after being attributed to only 2.6% of cases at the beginning of October. These variants evolve around immunity from vaccines and past infections, making them more likely to lead to illness.

RSV can often cause wheezing and difficulty breathing. Affecting the lungs and breathing passages, RSV can lead to serious illness especially in infants and older adults, including bronchiolitis and pneumonia. Most RSV cases in healthy adults clear up after one to two weeks.

WVU Medicine Children’s is currently experiencing heavy volumes due to the surge of RSV infection among the state’s youngest residents.

“Symptoms of RSV that we are seeing in children are secretion, a lot of congestion and some may have a fever,” said Dr. Lisa Costello, a WVU Medicine pediatrician and assistant professor in the School of Medicine Department of Pediatrics. “For young children with RSV, they will often have increased breathing rates.

“If children are having a hard time breathing, they need to be seen by a health care provider. Signs of increased breathing difficulties can include really fast breathing, flaring nostrils, head bobbing while breathing, grunting when breathing and the rib cage caving in with each breath.”

Protecting yourself and your community

Flu, COVID-19 and RSV can be transmitted through droplets in the air. Flu and RSV are mainly spread when a person coughs or sneezes, but could also be spread by touching a surface that has the virus on it and then touching your face before washing your hands.

The best way to prevent flu and COVID-19 and their potentially serious complications is to get vaccinated.

“Getting vaccinated helps decrease the spread and impact of seasonal infections,” said Dr. Burrell. “This assists with herd immunity and will prevent more severe infections or complications when one is exposed to COVID-19 or influenza. Through herd immunity, we can also help prevent more vulnerable individuals who may not be able to be immunized.”

“It is important to use the tools in our toolbox to prevent each of these viruses,” Dr. Costello added. “The strongest tool in our toolbox is getting vaccinated to prevent and reduce severity of the flu and COVID-19. The COVID-19 and flu vaccines are good at preventing severe disease. Even if you do get the virus, you are less likely to end up in the hospital or even worse. By getting vaccinated, you are reducing the strain on the health care system and helping yourself and those around you who

See “Illness” on Pg 9.



Words of Wellness

By Jill Fratto
Life & Health Coach
jillfratto@gmail.com

Create space for solutions

Have you ever had a problem that you just couldn’t figure out how to resolve? Perhaps the more time that passed, the more you felt frustrated. It’s easy when you have a problem like this to rethink it many times, only to rehash the same solution over and over and wonder why it doesn’t work.

Oftentimes, with problems like this, we make it worse by forcing what we think the answer should be. We have one way that we think it should look and that prohibits us from seeing other solutions or possibilities. Energetically, it also shuts those other solutions out resulting in what Einstein called insanity — doing the same thing over and over, expecting a different result.

Stepping out of this mentality can be difficult. After all, we don’t yet see other ways that the problem can be resolved, so our ego wants to fight with us. So how do you let go?

The first step is acceptance. Accept that everything is exactly as it should be at this moment. This is not easy, so you may need to do things that get your mind off the problem and change your point of view.

You may meditate, take a walk, go for a drive, or enjoy an activity that brings you joy. This changes your energy and allows space to be created for a new solution.

Finally, ask yourself, “How can I look at this differently? What other solutions may exist?” Don’t expect the answers to come all at once. Just allow the space to be created for new energy and new ideas.

Sometimes, just by getting out of the way, a solution or change will occur — as if by a miracle. We do affect the energy and outcomes around us with our energy and thought patterns. By becoming aware of this and then getting out of our own way, we create a space for opportunities and solutions to present themselves. Give it a try and see what happens!

Support needs may increase

With the upcoming winter months and approaching holidays, there is typically an increase in the number of people touched by depression. Additionally, up to 64% of those already struggling with a mood disorder report that this time of year can be especially difficult, according to the Depression and Bipolar Support Alliance of West Virginia.

The group is here to offer hope, help, education, and support. All services are free and offered by peers who have been there and can help.

For more information, visit www.dbsawv.org or email dlkiss02@yahoo.com.

In addition, the group is offering a “Thanksgiving Virtual Drop In” on Thursday for people “bored, down or alone” from 1 p.m. to 9 p.m.

Attending a stressful gathering and need a pleasant place to go before or after? Come join us for a low-stress holiday hangout. This is a fun social event, not a support group. Come and go as you please anywhere between the start and end of the event. This free event is open to people who deal with anxiety, depression, other psychological challenges, or autism no matter where you live or are located.

The Google Meet joining info is as follows:
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Here is what is going down in Morgantown



The Bottom Line

By Bill Nestor
Sports Editor

When this football season opened, West Virginia Head Football Coach Neal Brown was on the hot seat. Week in and week out fans waited to see if Brown would be relieved of his duties.

However, big wins over Baylor and, most recently, Oklahoma kept the Mountaineers in contention for a bowl game, as well as Brown in his position. All season, it has been Brown that has had the focus of the entire state, so when Athletic Director Shane Lyons was fired on Nov. 14, it came as a shock.

Lyons is a Parkersburg native and has a strong connection to the university. He has multiple degrees from WVU, and he bleeds blue and gold, but sometimes in sports, loyalty just is not enough. Wins and many times nothing more matters. It could have been the athletic director's loyalty to Brown that cost him his job.

Lyons began his tenure in 2015 and brought Brown to town in 2019. Mountaineer Nation grew tired of Dan Holgerson and any change was welcome. Brown became the 35th head coach of the program after an impressive three-year run at Troy.

Brown was hired on Jan. 5, and the hope was a new year would bring a new beginning and a rebirth of the program.

A slow start had fans guessing if Brown was the man for the job. Those same fans were questioning Lyons in 2020 when he gave Brown an extension following a 6-4 record. It was the only winning season that Brown would muster after this past week's loss to Kansas State. The loss means that West Virginia will not be bowl eligible this year, and 50,426 fans watched the 'Eers drop to 4-7

making the regular season finale irrelevant.

It is the time of year that fans look forward to the most like waiting to see where their team is going to land in the bowl picture. The last game of the season could bring a bigger bowl and a nicer road trip. WVU fans will not have a trip to plan and several will not even bother turning on the tube to watch the matchup with the #24 ranked Oklahoma State Cowboys.

As WVU President Gordon Gee and the powers are on the hunt for a new Athletic Director, Mountaineer Nation is wondering what Brown's fate will be.

Speculation is Lyons did not part ways with his football coach and that led to his dismissal, and the first task of the new hire will be to fire Brown. Some say to be careful of what you wish for, and there is no guarantee that a new coach will bring new results.

If you ask Texas A&M fans about their coach, Clarksburg native Jimbo Fisher, the reviews would be mixed. There is talk that they might fire Fisher which would be a grave mistake. I am not saying that Brown is in the same class as Fisher, but I do know that Fisher is a great person, and I believe that Brown is too. With that being said, he is a vast improvement over Holgerson.

All of the changes in college football have made it impossible to discipline players. All a coach has to do is look at a player funny and they are in the transfer portal. The number of lost players that have departed Morgantown is staggering. Their reasons for leaving are not known, but their absence has made it impossible to win.

Knowing when to hold them and when to fold them is important, according to Kenny Rogers. The new athletic director will have a key decision to make if it has not already been made.

That will do it for now. Until next week...take care and God Bless!



"It's that time once again to acknowledge the efforts of Harrison County's student athletes. Each week a panel will take a look at the information collected to make the best choices possible. They will review the performance of the athletes from the six schools (Bridgeport, Liberty, Lincoln, Notre Dame, Robert C. Byrd, and South Harrison) in our county."

The Shinnston News and Harrison County Journal's Athletes of the Week award is an avenue that is used to promote the youth of our county while bringing attention to their athletic accomplishments."

Bridgeport was the only county team to make it to the second round of the playoffs. The Indians lost to Class AAA Martinsburg this past week, 21-3. The Tribe has had the last two seasons end with a loss to the Bulldogs.

The winners of the Shinnston News and Harrison County Journal Athletes of the Week award are Bridgeport's Zach Rohrig and Taylor Thomas.

Rohrig has been the main producer in a run-oriented offense all season long. The trend continued against Martinsburg as Rohrig picked up a team high 73 yards on 22 carries.

Thomas is one of the top kickers in the Mountain State, and he accounted for the Tribe's point in the setback. He connected on a 21-yard field goal in the second quarter.

Congratulations to Bridgeport's Zach Rohrig and Taylor Thomas for being named the Shinnston News and Harrison County Journal Athletes of the Week!

Parks Commission welcomes Martin Howe as newest board member



From The World of Parks & Recreation

By Doug Comer

On Nov. 16, the Harrison County Commission unanimously appointed Martin Howe to the Parks Commission to fill the vacancy in the North Urban Magisterial District to make the roster 11 Parks Commissioners once again. His governmental experience alone made him the viable candidate for the position, and he will work along with the others in the continuance effort of keeping the County Parks Department functioning efficiently.

David Corsini, vice-president of the Parks Commission, and the Executive Board reviewed all the applicants and based on a vote among those, Howe was the person recommended for the position. Corsini, based on the recommendation of the Executive Board, made a motion to appoint Howe to the Parks Board. With no discussion needed, he was officially endorsed.

"Martin brings the experience and knowledge to this Parks Commission and he will be an asset in the future decision making of it. He has worked in government before and he can use that expertise in the future projects of the department and how to manage the economic growth, as well," Corsini said.

Director Mike Book laminated the acceptance of Howe by stating that his experience working along with the City Parks Department will help immensely, especially since the department is in the middle of a transition to an autonomy department once the legalities are finalized next month.

"Martin (Howe) brings a wealth of experience to the table and add in his experience in economic development as it adds opportunities for the future of the parks and the programs that are offered through the Parks Department," Book said. "And once the memo of understanding is finalized, the roles of the Parks Commission will transition from suggesting to decision making moving forward. And he will be vital in making those decisions."

Howe, who will be officially sworn in later this week, wants to get involved as soon as he can. After visiting all the county owned properties and parks, he plans to put together a needs analysis of what can be done to make the parks active, as well as ways to promote and make revenue for the department. He has already discussed some ideas for the future of the department.

The Parks Board is made up of 11 members who own property in Harrison County and each member has been vital in the accomplishments of the parks department. Whether it is funding, capital improvement projects, or even legal advice, the County Parks is in good hands with this group of volunteer members as Book expresses.

"The County Commission has done some great

things for Harrison County and the department feels confident that the Parks Commission will continue to follow the same path of success that we have seen over the years," Book added. "Over the past 12 months, we have been on a roll in improving the parks, and now we will be challenged on how to make the most of what has been finished. I am confident, under the guidance of the Parks Commission, that the communities will benefit greatly on what will happen moving forward."



Student Liam Gallagher dribbles the ball down the court in the Key Club Teachers vs. Students Basketball Game on Nov. 18 in the Lincoln High gym. The teachers won with a 51-45 win over the students.

Local Legend: Daniel Pratt

By Nick Kellar, Lincoln High School

Shinnston is home to many legends. Andrew Perine, Adam Southern, Christie Lambert, and Levi Maxwell are just some of the names that fly around when speaking of local ones. A particular name that sticks out to many is Daniel Pratt.

Pratt was a force of nature. Standing at 6 feet 2 inches tall and 200 pounds while running a 4.7-second 40-yard dash as a sophomore, he took on the starting role as running back for Lincoln's football team in 1992. Once he got the starting role, he never looked back. In just three seasons as a starter, Pratt rushed for roughly 4,800 yards. Before his junior year, Pratt grew to 6 feet 4 inches and 220 pounds. The local legend put up numbers that people only see in video games. Pratt's best game was against Philip Barbour, where he rushed for 311 yards and five touchdowns on just 19 carries.

"Daniel was the most physically gifted athlete I ever played with," said former teammate Mike Wolfe. "I played with him from youth sports through high school. I was never in a game that I thought we couldn't win because of his presence."

In both his junior and senior seasons, Pratt accomplished great feats. He led the team to two 6-4 seasons and qualified for the playoffs in both years. Although they lost in the opening round both times, Pratt rushed for over 500 yards combined in just those two games.

On top of that, Pratt was selected as 1st team All-State running back for both the 1993 and 1994 seasons. In Pratt's senior year, he finished second in the race for the Kennedy award, which goes to the best player in the state. The player who finished ahead of him was none other than Pro Football Hall of Famer Randy Moss.

Pratt was also a star in baseball. He made 1st team All-State his senior year.

After high school, Pratt committed to WVU to play linebacker for the Mountaineers. In the 1996 WVU spring game, the Lincoln alumnus stood out, even intercepting a pass from future NFL quarterback Mark Bulger. With this stellar performance, he was on pace to start for the Mountaineers as a redshirt freshman.

"Daniel would expect the best from you and if you didn't give it, he would let you know," his former teammate, Wolfe, added. "He was also the first guy

there to celebrate his teammates' successes too. He was a relentless competitor, and you always knew he had your back. Most importantly he was just a regular guy. He was a Division 1 athlete...not too many of those from Shinnston that I'm aware of...he never changed...he's the same likable guy today that he's been his entire life. He makes friends and connects with people instantly. He's a great human being and I'm honored to have him as my friend to this very day."

Unfortunately, Pratt suffered an injury in fall camp that proved to be too much to overcome. However, to say Pratt did not leave a legacy would be a lie.



Standout football player Daniel Pratt is the first "local legend" spotlighted in a story by Lincoln High School senior, Nick Kellar.

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OBITUARIES



Jackie Renee Nottingham

Jackie Renee Nottingham, 35 years old, of Fairmont, passed away suddenly on Monday, Nov. 7, 2022, at her residence. She was born March 6, 1987, in Clarksburg, a daughter of Richard and Marybelle Nottingham Lucas, whom survive in Shinnston.

She is also survived by her companion Thomas Hallett of Fairmont; her son Nathan Martin of Fairmont; companion's father George Hallett; ex-husband Joseph and Angel Martin of Fairmont; as well as his parents Judy and Norman Martin of Monongah; her sister Heather Lucas of Virginia; brother Matthew Lucas of Winchester, VA; and father Thomas Randall of Clarksburg. Jackie is also survived by several nieces and nephews, Makenzie L. Wilson and Donovan L. Wilson of Clarksburg; special cousins Hillary Stark and Husband Josh of Shinnston, Travis and Missy McIntyre of Shinnston, DJ Lucas of Fairmont; aunts and uncles Tammy Watson of Clarksburg; Shirley Johnson of Lorain, Ohio; Sondra Lucas of Clarksburg; Linda Stalnaker of Morgantown; Diane Shears of Shinnston; and Louise Smith of Philadelphia, PA.

She was preceded in death by her paternal grandparents Ott and Marie Lucas, Virginia Broadstone and Edward Randall; maternal grandparents Jack and Edith Nottingham; daughter Alexis Martin; sisters Danielle Lucas Wilson and Stacey Hubbard; special aunt and uncle Richard "Elmo" and Marlene "Molly" McIntyre; cousin Dusty McIntyre; niece Emma Lucas; and several other aunts and uncles.

Jackie was a stay-at-home spouse and mother. She enjoyed spending all of her time with her son. Jackie was a Baptist by faith. She was a loving spouse, mother, and daughter who will be greatly missed by all who knew her.

Friends were received at Harmer Funeral Home on Wednesday, Nov. 16, 2022, from 11 a.m. to 1 p.m. A funeral service was held at the funeral home at 1 p.m. Nov. 16 with Pastor Kevin Nuzum officiating.

A service of Harmer Funeral Home, Shinnston.



Mark Edward Harris

Mark Edward Harris, 59, of Shinnston, passed away on Sunday, Nov. 13, 2022. He was born on Jan. 14, 1963, to the Regina Mae (Davis) Starkey and the late Gilbert Ray Harris.

Mark worked for Pizza Express, Dorsey Funeral Home, and Dairy Mart in Enterprise. He loved music, riding his 4-wheeler, working in his yard, bird watching, and going to the flea markets.

He is survived by one daughter, Miranda Fortney and husband Doug of Lumberport; four grandchildren: Amaya Blaniar, Aleeyah Johnson, Ember and Hennessey Fortney all of Lumberport; one brother, David Harris and wife Betty Ann of Shinnston; one sister, Diana Holbert and husband

Super Crossword

Answers

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O	L	D	S	E	N	D	I	S	W	O	N	E	N	D	U	E	S		

Arnold "Bucky" of Shinnston; his companion of 15 years, Mary Nunley of Good Hope; and several nieces and nephews.

In addition to his father, he is preceded in death by his stepfather, Ralph Leonard Starkey.

In keeping with his wishes, Mark was cremated with no services.

In lieu of flowers, donations to assist with funeral expenses can be made on the Dorsey Funeral Home website.



Charles "Chuck" Junior Hayhurst

Charles "Chuck" Junior Hayhurst, 56, of Wallace, passed away unexpectedly on Friday, Nov. 18, 2022. He was born in Clarksburg, July 15, 1966, a son of Eileen Howard Hayhurst, of Big Elk, Wallace, and the late Charles L. Hayhurst.

In addition to his mother, Chuck is survived by his brother, David Hayhurst; two nephews, Chaz and Logan Hayhurst, all of Wallace; his maternal grandmother, Ruth Howard of Fairmont; uncles, Mike Howard of Fairmont and Paul Winans of Wallace; a "sister by heart," Tina Earnest and husband Paul of Wallace and Annie Earnest and husband Leroy of Folsom; and many other family and friends.

Along with his father, Chuck was preceded in death by his paternal grandparents, Glen and Garnett Hayhurst; his maternal grandfather, Vane Howard; his aunts, Maxine Howard Swiger, Sheila Brooks, Sharon Shuman; and a special uncle who was like a brother, Richard Hayhurst.

Chuck was a 1984 graduate of Lincoln High School. He had many jobs during his short time on earth. Many of those years were spent employed by the City of Clarksburg and as a CDL driver for various companies in the area.

The family received friends at the Perine Funeral Home, 1348 S. Pike St., Shinnston, from 11 a.m. until the time of the service at 2 p.m., Tuesday, Nov. 22, with Pastor Brian Price officiating. Interment was in the Lions Cemetery in Wallace.

The Perine Funeral Home is honored to serve the Hayhurst family.

Ruth Marie (Goudy) Cox

Ruth Marie Cox, 67, of Shinnston, passed away on Wednesday, Nov. 16, 2022, at her residence. She was born June 27, 1955, in New Martinsville, daughter of the late William Samuel and Juanita Mayne Smith Goudy.

Ruth was a homemaker and loved spending time and taking care of the family. She enjoyed fishing, camping, shopping for shoes, clothes, and Avon.



Ruth is survived by her husband, James "Jim" William Cox Sr. whom she married on June 11, 1974; one son, James William Cox Jr. and Wendy of Philippi; one grandson, Cody William Cox; one brother, Luther "Luke" Goudy of Mannington; and several nieces and nephews.

In addition to her parents, Ruth was preceded in death by one son, Christopher Joshua Cox; six siblings, Inez McIntire, Sue Craig, Kim Barnes, Bill Goudy, Samuel Goudy, and Bonnie Drennan. Family received friends at the Davis Funeral Home, 124 Olen Thomas Dr. Rt. 98, Clarksburg on Sunday, Nov. 20, 2022, from 1 to 5 p.m. Funeral service was held on Monday, Nov. 21, 2022, at 11 a.m. in the Funeral Home Chapel with Pastor Ronald Russell and Pastor Fred Templeton officiating. Interment followed at Floral Hills Memorial Gardens.

Davis Funeral Home is honored to serve the Cox Family.



Spencer Howard Robinson

Spencer Howard Robinson, 78, of Mannington, passed away on Sunday, Nov. 13, 2022, at his residence. He was born Jan. 21, 1944, in Shinnston, WV, son of the late Glenford and Frances Pulse Robinson.

Spencer served his country in the United States Army. He retired from the federal government working in communications.

Spencer is survived by his wife, Trudy Diane Robinson; two daughters, Robina Duarte and Gwen Belch; one grandson, Nick Banuelos; one granddaughter, Sara Tennant; and many other loving family members including his mother, Frances Robinson.

Spencer wished to not have a funeral. There will be a memorial service at Plum Run Baptist Church, Mannington on Dec. 3, 2022, at noon.

Affordable Funeral and Cremation Center in Nutter Fort is honored to assist the Robinson Family with the cremation arrangement for Spencer.

Out of the Past

Memorable photographs from around Harrison County



A group of students at Hepzibah, about 1900. Photo courtesy of Bobby Bice.



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Keeping Local History Alive



Library Notes

Submitted by Debby Starkey, Lowe Public Library director

New books ready to check out include:

“Desert Star” -Michael Connelly; “The Boys From Biloxi: A Legal Thriller” -John Grisham; “Fairy Tale” -Stephen King; “Going Rogue: Rise and Shine Twenty Nine” -Janet Evanovich; “Triple Cross” -James Patterson; “Dreamland” -Nicholas Sparks; “Mad Honey” -Jodi Picoult and Jennifer Finney Boylan; “Verity” -Colleen Hoover; “The Christmas Hummingbird” -Davis Bunn; “No Plan B” -Lee Child; “Racing The Light” -Robert Crais; “The High Notes” -Danielle Steel; “The Maze” -Nelson DeMille; “The Orchard” -Beverly Lewis; “Voice Of Fear” -Heather Graham; “Lucy By The Sea” -Elizabeth Strout; “Blood Moon” -Heather Graham and Jon Land; “Dawnlands” -Philippa Gregory; “Falling Stars” -Fern Michaels; “Hunting Time” -Jeffery Deaver; “The Perfect Assassin” -James Patterson; “Clive Cussler’s The Sea Wolves” - Jack Du Brul; and “Murder At Black Oaks” -Philip Margolin

New large prints include: “Other Birds” -Sarah Addison Allen; “Trouble Times Two” -James Griffin; “Drunk On Love” -Jasmine Guillory; “Mean And Evil” -William Johnstone; “The Duke Not Taken” -Julia London; “Meant To Be Mine” -Hannah Orenstein; “All Is Bright” -RaeAnne Thayne

New DVDs: “Elvis” and “Where The Crawdads Sing”

December Events:

Thursdays for Toddlers will meet Dec. 1, 8 & 15 at 1 p.m. This program is for children ages 2-5. All programs will have a Christmas theme. Please call to register your child. Watch Facebook for weekly crafts.

The Book, Biscuit & Beyond book club will meet on Dec. 20 at 2 p.m. Please bring your favorite recipe to share and a copy to be entered for a prize. We will also have our Christmas party for the club and volunteers on-site at this time.

Check Facebook for updates or cancellations.

Woman’s Club

fundraiser well-attended

Submitted by Debra Herndon

The Woman’s Club of Shinnston met Oct. 22 with Co-president Maryann Ferris presiding. During the meeting, members made final preparations for the group’s primary fundraiser, the bean dinner on Oct. 26.

Many tickets were pre-sold and the event was a success, profiting over \$1,000 for the Club’s programs and projects.

Diners enjoyed soup beans, cornbread, coleslaw, and fresh-baked cake.

Many thanks to the patrons, the volunteers, their family members who helped, those who gave donations and especially to Price Cutter for assistance above and beyond the sale.

Vice-President Debby Starkey brought a program on breast cancer awareness and encouraged those present to keep up with their mammograms.

The Women’s Club is in its 101st year and has had many civic programs and projects including meet the candidate, scholarships, sponsorship to Girls State and many charitable community projects.

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The Fairmont & Clarksburg streetcar and the men who built and maintained it

Part 2

Submitted by Maxine West Weser, former Bice-Ferguson Memorial Museum director and Museum lifetime member

Part 1 ran on Oct. 27.

Vincenzo James Mike was a foreman on the electric railroad line between Fairmont and Shinnston. He was born in Italy in 1869 and came to this country in 1893. He signed the Declaration of Intention to become a citizen of the United States in 1910. When this was signed James vowed that he gave up allegiance to the King of Italy, Victor Emmanuel III. He further promised that he was not an anarchist or a polygamist.

He was married in Italy and had a son named Joseph Anthony Mike, who spent a part of his life in Brazil with his mother. Later Joseph would move to Monongah. He married Maria Malvezzi, and they had eight children, including James, Carl, Eustace, Anna, Dominic, Pasqualine and Rose Marie. Later this family would move to Bristol, Connecticut to join other family members.

James Mike married for the second time to Pasqualine Quattrochi. In 1910 they were living in a house at Lucas Mill. By 1920 they were at

See “History” on Pg 9.



Vincenzo James Mike was an immigrant who became a foreman on the electric railroad line between Fairmont and Shinnston. He lived out most of his life in Shinnston.

Meetings planned before winter break

Submitted by Debra Herndon

As winter approaches, both the Garden Club and the Woman’s Club of Shinnston will be taking a hiatus from meeting until spring.

Both Clubs will have December meetings, and this would be a great time for anyone interested in becoming a member to experience the Clubs.

The Garden Club will meet Dec. 15 at 1 p.m. at the Bice-Ferguson Memorial Museum for a potluck luncheon.

This group’s mission is primarily the beautification of the community, but it also makes charitable contributions to local nonprofits and sponsors a

candidate to Girls State to promote leadership.

The Woman’s Club of Shinnston will meet Dec. 19 at 1 p.m. at the Club House on Bridge Street. Members will be sharing their favorite Christmas traditions and this meeting is also a potluck luncheon.

The Woman’s Club strengthens and upholds women in the community through programs and fellowship and provides civic support as well as small scholarships and sponsorship to Girls State.

Both Clubs have welcomed men into their membership.

Interested individuals may attend the meetings or text or call Debra Herndon at 304-677-6650 for more information.



Come by the Bice-Ferguson Museum window to see ornaments that are the work of Lee Reger, Maxine Weser, Martha Jane Westfall, Valerie Swiger, Linda Collier, Deloris Minor, Mary Jane Wright and others.

A mini tree of memories

Submitted by Debra Herndon

Those in the holiday spirit can come by the Bice-Ferguson Museum for a glimpse into an ornament content of Christmas past.

This little tree displayed in the middle window of the Museum was a collective effort.

Over a decade ago, the Museum had an ornament contest. Many ornaments were submitted. Those pictured represent wood carving, plastic canvas, crocheting, beading, ribbon folding on foam core and many other media.

Some of the crafters are still with us, while others have passed.

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SDA president supports sidewalk project

By Erin Beck

During a recent meeting of the Shinnston Development Authority, James Coulter, president of the authority, encouraged creating a walking tour of town, including signs and crosswalks to promote support for small businesses.

He said state workers paved over crosswalks through town that he wants to see rebuilt while others across Route 19 need finished. He also noted that crosswalk signs don't work.

He noted that businesses like Pike Street Bikes and Ingra & Co. draw large crowds that could be enticed to stop in other businesses if the town was more walker friendly.

He also said he'd like to see a map of historical landmarks to encourage more walking.

"We just need to promote, hey, since you're already here, why don't you do this?" he said.



James Coulter, president of the Shinnston Development Authority, speaks about economic development ideas, including a walking tour through town, during a recent meeting.

"History" From Pg 8.

Enterprise and then back to Lucas Mill in 1930. James Mike worked as a foreman on the electric streetcar, and later he worked for the railroad. He and "Patsy," as his wife was called, bought a house on Howard Street in Shinnston in 1933 and lived out their lives in this house. Patsy died in 1956 and James passed in 1958. Both are buried in the Shinnston Community Cemetery.

Also living at Lucas Mill in 1910 was the family of Eustachio and Rosario (Quattrochi) Malvezzi. She was the sister of Pasqualine who married James Mike. Eustachio Malvezzi had settled in Uniontown, Pennsylvania in 1896 and Rosario came over in 1901. The trip for her lasted six days and the costs of the meals for those days was \$3. Of interest to me, some of the other people on the ship *Kelseria Maria Theresia* had a surname of Desiderio and Mele. These were the last names of my children's great-grandparents.

By 1905 the Malvezzi family had moved to Lucas Mill near Shinnston. Eustachio Malvezzi was a laborer on the electric railroad and he and his wife Rosario managed and lived in the boarding house at Lucas Mill.

They had five boarders that lived with them. This was a very common practice when the railroads, streetcars and mines were being built. Single men would find a family to live with. In this case, all of them worked on the building and maintenance of the electric railway. The Malvezzi family furnished the men room and board, and the boarders paid the family a set fee. Board meant three meals a day. The men were Jimmy Rose, Tourey Rose, Mike Mele, Louis Mele and Luigi Lungenito. Later the daughter of Eustachio and Rosario Malvezzi, Angelina, would marry one of the boarders, Mike Mele.

In 1909 while living at Lucas Mill, Eustachio and Rosario's son Fiore Malvezzi was born. In 1915 the family moved to Kingston in Fayette County where Eustachio Malvezzi worked as a laborer in the coal mine. This was the heart of the West Virginia mine wars from 1912-1922. The family stayed in Kingston until 1920 when they moved to Bristol.

By 1929, there was a bucket mine at Lucas Mill. It was owned by the Stoetzer Coal Company which existed from 1929-1987 when the company was dissolved. The bucket mines were small operations. The cars that held the coal were smaller and they used the streetcar to transport these cars which went across the West Fork River near the Clement Street (new bridge) where they were loaded into a tippel and dumped into regular size rail cars which ran on the railroad. This tippel was owned by the Ferguson Brothers and was located below the high school.

"Illness" From Pg 5.

may be at higher risk."

The CDC recommends an annual flu vaccine for everyone six months and older. This includes individuals with conditions that could put them at higher risk for flu complications as well as pregnant women.

Individuals ages six months and older are eligible for COVID-19 vaccination. West Virginians are encouraged to use the free, online West Virginia COVID-19 Vaccination Due Date Calculator at <https://dhhr.wv.gov/COVID-19/Pages/Vaccine.aspx> to determine when they are eligible and due for any COVID-19 shot.

There is no vaccine for RSV.

Individuals should follow best practices to prevent all three respiratory illness.

Best practices to protect yourself from contracting illness are:

Wash your hands often with soap and water for 20 seconds or use alcohol-based hand rub. Make sure to clean between your fingers and around your wrists. Sing the chorus of "Country Roads" as you

wash your hands.

Avoid touching your eyes, nose or mouth. Germs are often spread when a person touches something that is contaminated with germs and then touches the eyes, nose or mouth.

Cover coughs and sneezes with a tissue, or the bend of your elbow, not your hands. Use the nearest waste receptacle to dispose of the tissue after use.

Avoid contact with individuals who are sick, when possible.

Additionally, sick individuals are urged to stay home.

"The spread of any respiratory illness can lead to absences from school and work," added Burrell. "In addition to the items listed above, a healthy diet and regular sleep and exercise can help maintain a strong immune system to help prevent any infection."

Individuals with questions or concerns should contact their primary health provider. WVU students can reach out to WVU Medicine Student Health at 304-285-7200.

Shinnston college student recognized

Five West Virginia University students were recently honored for their exemplary academic achievement and extracurricular involvement, according to a news release. Among them included Giana Loretta, of Shinnston.

Matthew Hudson, Sonia-Frida Ndifon, Trevor Swiger and Callyn Zeigler were the other four students named the West Virginia University 2022 Mountaineers of Distinction, a Mountaineer Week tradition.

The honorees, representing a range of disciplines while sharing impressive academic achievements and service to their communities, were chosen by an interview selection panel from a pool of nearly 80 students who were nominated across campus.

The five seniors, all members of the WVU Honors College, were announced as this year's honorees during halftime of the WVU vs. Oklahoma football game Nov. 12 at Milan Puskar Stadium.

Loretta, from Shinnston, is a political science, philosophy and communication studies major who has maintained a 4.0 grade point average. She serves as a Presidential Student Ambassador, an intern with the College of Law West Virginia Innocence Project and student ambassador for Admissions. Loretta is a 2022 Newman Civic Fellow, 2019 Neil S. Bucklew Scholar and two-year Eberly College Scholar.

She has volunteered more than 300 service hours to organizations that address educational inequity in the state, such as Girls on the Run of North Central West Virginia and Literacy Volunteers of Monongalia and Preston Counties.

As a member of the Honors College EXCEL Program, Loretta is spearheading an independent research project to evaluate charter schools in the state.

The Most Loyal awards recipients are chosen by a joint committee representing the WVU Foundation, Alumni Association, Staff Council, Faculty Senate and the Mountaineer Week organizing committee.

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“Waggy” From Pg 1.



From left to right in front are Amy Sweeney, Emily Altman, and Melinda Yost. In the back row, Cathy Waggy, Rene Robinson, Lyndsey Medina and Susie Dayton. Attending but not pictured were Autumn Clegg, Megan West, Dr. Lance Dubberke, Dr. Kristian Morrison, Sarah Patrick, Donna Chandler and Kimberly Boyce. They recognized a 40th work anniversary, for Cathy Waggy, on Nov. 15.

nurse, at first, she said. The surgeon and family practice physician’s office also later became part of UHC, now part of WVU Medicine, and the office moved to its current location at 686 Pike St. She’s also a multi-tasker now, but with more responsibility. She might be answering the phone, or checking patients in, or drawing blood for labs at any given time. She also assists with the triage line. She now works with Dr. Kristian Morrison

and Dr. Lance Dubberke. Waggy said she was drawn to health care because she felt it was a worthy cause and she wanted to help people. She noted that not everyone has family members who can help. She also likes working at the Shinnston clinic, in particular. Although she deals with a lot of paperwork, meetings, and budgets, she also becomes familiar with regular patients. Some have come for 20 years. She makes

it a point to try to make sure they feel comfortable. “I like working with the patients the best,” she said. “They come and they know you by name. So they’ll ask for you because they know you and know that you’ll get them taken care of.” She’d forgotten about her 40th anniversary at the practice until she was greeted with a sign. Employees celebrated with cake and a card. They reminisced about “the good ole days,” she said.

“I feel everybody appreciated me, and it felt that was a milestone for me,” she said. She grew up in Shinnston before she met her husband Rick and moved to Lumberport. Her husband has developed osteoporosis and has had multiple fractures. “God put me on this earth to be in the medical field and starting me out with helping my grandpa, it’s kind of went circle because my husband’s an amputee,” she said. She has a daughter, Caitlin Waggy, and a son, Robby Waggy. She also has two grandchildren. After 40 years, she isn’t planning on retiring anytime soon. At 59, she said she’ll probably retire at 60 or 65. “As long as I’m able to do it, I will be here doing it,” she said.



From left to right, Susie Dayton, Janna Dubberke, Sarah Patrick, Dr. Kristian Morrison, Lyndsey Medina, Rene Robinson and Amy Sweeney partake in a luncheon celebration for Cathy Waggy on Nov. 15. The event also honored Patrick, who is departing for a position in Morgantown.



On The Menu

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Crustless Libby’s Pumpkin Pie

Crustless pie is a treat for those with gluten intolerance.

The holiday season is a popular time to entertain. Individuals who navigate food allergies or intolerances may shy away from certain celebrations out of fear that a nibble of this or a bite of that may trigger an allergic response. In such instances, concern about ingredients can cast a pall over normally festive occasions.

Those with Celiac disease or gluten intolerances must be mindful of the foods they consume. Meals or desserts containing gluten, a protein found in grains like wheat, semolina, rye, barley, graham, spelt, farina, and more, can trigger intestinal distress and other symptoms. With delicious pies, cakes and cookies on the holiday serving table, gluten is likely to make an appearance. However, with careful planning, people who cannot stomach foods that contain gluten can still indulge in their favorite holiday flavors.

“Crustless Libby’s” Pumpkin Pie” is a variation on traditional pumpkin pie served at Thanksgiving and Christmas gatherings. Without the crust, individuals who avoid gluten can still dive into that pumpkin-and-spice combination that’s so popular around the holiday season. Hope you enjoy this recipe.

Crustless Libby’s Pumpkin Pie

- 3/4cup granulated sugar
- 1teaspoon ground cinnamon
- 1/2teaspoon salt
- 1/2teaspoon ground ginger
- 1/4teaspoon ground cloves
- 2large eggs
- 1can (15 ounces) Libby’s 100% Pure Pumpkin
- 1can (12 fluid ounces) Nestle Carnation Evaporated Milk
- Nonstick cooking spray
- Whipped cream (optional)

1. Preheat oven as directed below. Glass baking dishes without crust require a cooler oven, and in most cases, a longer baking time.
2. Spray baking dish with nonstick cooking spray or lightly grease bottom of baking pan or baking dish.
3. Mix sugar, cinnamon, salt, ginger and cloves in a small bowl. Beat eggs in a large bowl. Stir in pumpkin and sugar-spice mixture. Gradually stir in evaporated milk.
4. Bake until a knife inserted near center comes out clean.
5. Cool on wire rack for 2 hour. Serve immediately or refrigerate.

Remember, readers, if you have a favorite recipe that you would like to share, we welcome your submissions. E-mail your recipe to us at debra@mountainmedianews.com. And don’t forget to stop by your local Price Cutter to purchase all of your cooking and baking needs.

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