

Legion remembers veterans



Auxiliary members (left to right) Karen Flanigan, Carla Wilfong and Marsha Duckworth with Legionnaire and Legion Rider, Joe Belcastro fill gift bags for the VA Hospital and stockings for the children’s Christmas party. Photo submitted by Betsy Turner.



The Legion Family delivery team for the VA Hospital gathers for a group photo. In the front row are Carlie Lanham, Carla Wilfong, Josh Simmons, Dortha Parsons and Margaret Yost. In the back row are Eugene Lanham and VA Hospital Volunteer Services Representative, Wes Walls. Photo submitted by Betsy Turner.



Members of the Legion Family delivery team brought gift bags to the Veterans Nursing Home. Photo submitted by Betsy Turner.

Submitted by Betsy Turner

American Legion Post 31 members began preparations in mid-December for getting the annual gift of fruit baskets ready for the patients at the Louis A. Johnson VA Medical Center and the West Virginia Veterans Nursing Home. This year, in addition to American Legion Post 31 and the American Legion Family, several other community organizations contributed fruit for the

project.

On Dec. 17, a group from American Legion Auxiliary Unit 31 and American Legion Post 31 gathered to assemble the fruit bags for the Louis A. Johnson Medical Center. This year ice cream, root beer and everything needed for ice cream floats and sundaes, in addition to the fruit, was gathered for the West Virginia Veterans Nursing Home.

These gifts were delivered to the hospital and nursing home on Dec. 19.

Veteran suicide prevention training planned

By Kara Linaburg

Shinnston is coming together to offer veteran suicide prevention training for locals and first responders this March. Cliff Shingleton, the facilitator, says that organizers are hosting the training because of the continual high rates of deaths by suicide in West Virginia among veterans.

According to the American Psychological Association, veterans are 1.5 times more likely to take their own life than civilians, and the chance of a rural death by suicide is even higher than in an urban area. “These veterans are an important group to focus on because they are about 20% more likely to die by suicide than urban-based veterans owing to factors such as greater access to lethal means, reduced access to good health care, geographic isolation, and loneliness,” Nate Mohatt, Ph.D. and psychologist, said, according to the APA website.

Due to high exposure to trauma, stress, fatigue, isolation, and burnout, among countless other factors, it can be difficult for friends and family to understand what their loved one is going through and how to help. And according to the Under Secretary for Health at the United States Department of Veterans Affairs, Shereef Elnahal, on the VA website, “Suicide is one of the most serious public health issues facing our

Veterans today, and VA cannot do this work alone.”

Shingleton said that participants who attend the preventive training in March should expect to be educated in veteran culture, learn the right questions to ask a veteran who may be hurting, and gain the tools and resources they need to effectively aid a hurting loved one in their life, or to simply gain a better understanding of those who have served in our military. This training is also critical for first responders who may be called to help a troubled veteran.

The mental health problems associated with risk of suicide are treatable, and suicide is preventable. Those in crisis or who know someone in crisis can reach trained listeners by calling the national Suicide and Crisis Hotline at 988 or by texting HELLO to 741741.

The training will be held Friday, March 3, at the Shinnston American Legion Hall, and all are welcome. Dinner will begin at 6:30 p.m. and training will follow at 7 p.m. Shingleton asked that those wishing to attend contact the American Legion to make sure enough food will be prepared for the event. For more information and to RSVP, please send an email to twv.coalition.wv@gmail.com.



Millie (Emily) Shepherd, of Shinnston, is releasing a novel partly inspired by the time she spent growing up watching westerns.

Shinnston resident releases romance novel

By Kara Linaburg

A young woman in Shinnston is celebrating the upcoming release of her debut western romance novel, “Before It’s Too Late.”

Millie (Emily) Shepherd drew inspiration from her love of watching westerns while growing up with her grandparents, and “Before It’s Too Late,” holds many similar aspects to her favorite, “Bonanza.”

Born in Milton, Shepherd moved to Shinnston ten years ago, and said that West Virginia has always been home to her. She is a second generation homeschooled graduate, older sibling to two, and when she’s not writing, can be found crocheting, learning digital design, and sewing. She also designed the cover of “Before It’s Too Late,” and modeled for the photo in her backyard. The dress is one she created herself, an inspiration from a dress the main character wears in the book.

See “Novel” on Pg 3



BUILDING
AMAZING CITIES

By JIM HUNT
author, speaker, consultant

The Brave New World of ChatGPT!

If you have been keeping up on technology news, something called ChatGPT is taking the tech world by storm. It is a form of artificial intelligence that can do some amazing things. I was interested in this new technology tool because they say that if you describe what you want, it will complete the task and the reader will not know that something was written by a robot. I was planning on having this week’s column written by a robot to see if any readers noticed a difference.

Much like imagining myself driving a self-driving car down Interstate 79 in the pouring rain, I am somewhat skeptical about the promise of some of the new technology taking my job as a columnist and writer. How would it know the nuance and personality that a writer puts into their work? Are we so predictable that some inanimate object can translate our deepest thoughts and experiences into a readable story and fool even our closest friends and colleagues?

As an early adopter of technology innovations, I have been so lucky to be alive during these incredible changes in how we live our lives. The first iPhone was introduced on June 29, 2007, and each year, we see new and exciting changes to the technology. An infant born at that time is not even out of high school now, and already, they hold in their hands more computing power than the astronauts had when they made their way to the moon. When I was in college in the 60s, the items I carried to class could have been

See “Hunt” on Pg 3.

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Guest Column

By Charlotte Lane
Chair, WV Public Service Commission

Save money and stay safe

Now that 2022 is in our rearview mirror, it’s time to focus on the days that lie ahead. I have some suggestions for a few resolutions that can help you make 2023 a better year. Almost everyone resolves to save more money in the New Year. Considering all the news about inflation, cutting expenses is a smart strategy. If you save money on your utility bills, you will have more money for other expenses. Cutting your energy bill can be as easy as turning off the lights when you leave a room or as serious as installing a smart thermostat and setting it to adjust to your daily schedule. And you can save more than you think by powering down your electronics. Unplug idle chargers and don’t leave games or TVs in standby mode when they aren’t in use.

Lower your water bill by fixing any household leaks and only washing full loads of dishes and laundry. If you need new appliances this year, be sure to invest in energy and water-conserving models. You can find more water and energy-saving tips on the PSC website at www.psc.state.wv.us.

Keeping yourself and your loved ones safe is an even more important resolution. Promise yourself to never start your engine without fastening your seatbelt because seatbelts save lives. It goes without saying that you should never drive while under the influence of alcohol or drugs, but you should also avoid distracted driving, especially when you are driving around big trucks or near railroad tracks. Tractor trailers have limited ability to maneuver and giant blind spots. If you can’t see the truck’s mirrors, the driver cannot see you. And it goes without saying – never try to beat an oncoming train. The consequences are literally life and death.

On a final note, pledge to avoid scammers. If they are on the phone, hang up. If they are on your computer, delete them. If they come to your door, lock them out and call the police. These people are criminals and they only mean you harm.

Everyone here at the Public Service Commission joins me in wishing you a safe and happy New Year.

THIS WEEK IN West Virginia History

The following events happened on these dates in West Virginia history. To read more, go to e-WV: The West Virginia Encyclopedia at www.wvencyclopedia.org.

Jan. 26, 1850: Wyoming County was formed by the Virginia General Assembly from part of Logan County.

Jan. 26, 1960: Burnsville High School basketball player Danny Heater scored 135 points in a varsity game against Widen, setting a national record. Heater went on to receive an academic scholarship to attend the University of Richmond.

Jan. 27, 1925: Bernard L. Coffindaffer was born in Nicholas County. In the 1980s and 1990s, Coffindaffer erected clusters of crosses along the highways of West Virginia and much of the Southeast.

Jan. 27., 1933: Folk artist George Connard Wolfe was born in Standard, Kanawha County. A self-trained sculptor, he made his own tools from automobile leaf springs and engine valves and worked in stone and wood.

Jan. 27-28, 1998: Flat Top on the Mercer-Raleigh county line received a record snowfall of 35 inches in a 24-hour period.

Jan. 28, 1902: Miners Hospital No. One opened at Welch, with a young Dr. Henry Hatfield as president. The legislature had required the building of state hospitals for those in dangerous occupations. Eventually, three miners hospitals were built in different sections of the state.

Jan. 28, 1937: In a flood that drove a million Ohio Valley residents from their homes, the Ohio River crested at Huntington at 69.45 feet, more than 19 feet above flood stage. By the time the water receded, five people were dead, and the city was in ruins. Parkersburg, Ravenswood, and Point Pleasant were also badly damaged.

ACROSS

- 1 “Just a moment!”
- 7 Crusade
- 14 Changes gears
- 20 Debonair
- 21 Spiritedly, in music
- 22 Bull battler
- 23 Clinton drains material away by percolation?
- 25 Celebrity chef Lagasse
- 26 Deborah of “Separate Tables”
- 27 Coach Parseghian
- 28 Competent
- 30 “Red Book” chairman
- 31 Presley wears a disguise?
- 35 Rathbone jumps ship?
- 38 RSVP encl.
- 39 Ideologies
- 40 Kyo — (Darth Vader’s grandson)
- 41 British peer
- 42 Prefix with angle
- 43 Liquidy lump
- 44 Keaton argues back in a debate?

- 49 Longhorn’s gridiron rival
- 51 Anticipated
- 53 Downy quilt
- 54 Locke adds decorations?
- 57 Carders’ demands
- 60 Nothing more than
- 61 Work for
- 62 “ER” roles
- 63 Up — (cornered)
- 65 Cobra variety
- 66 Romero competes in a relay?
- 70 Ford marks a word for omission?
- 72 “7 Faces of Dr. —” (Tony Randall film)
- 73 Matt of “Good Will Hunting”
- 74 Links org.
- 75 FBI guy, e.g.
- 76 Words clarifying a spelling
- 78 Osaka money
- 79 Heaney makes people smile?
- 84 Fiber for hose
- 86 Kept safe
- 88 Submit taxes paperlessly

- 89 Leroux does a ballroom dance?
- 92 Santa — (desert winds)
- 95 Zero
- 96 Engrave
- 97 Singer Janis
- 98 Baseball’s Felipe or Moises
- 99 Scottish Celt
- 100 Thompson works as an usher?
- 104 Deane goes on a cruise?
- 106 Bush press secretary
- 107 Old British gun
- 108 Alternative to Yahoo
- 109 Russia’s — -Tass
- 110 One of Janet Jackson’s sisters
- 112 Wiig mends a sweater?
- 119 Precursor to web forums
- 120 Tartish brew
- 121 Peanut butter cup brand
- 122 Composed
- 123 Transition zone

- 124 Will subject
- DOWN
- 1 Ogre of myth
- 2 “Uh-uh”
- 3 Scratch (out)
- 4 Chicken with long, soft plumage
- 5 Curvy letters
- 6 Herb of the parsley family
- 7 Actor Linden
- 8 Ryan and Tatum of film
- 9 Fib tellers
- 10 Family rec facility
- 11 Infant cry
- 12 Lunched, e.g.
- 13 Lovers’ flowers, in Spain
- 14 Superb
- 15 Native
- 16 Wrath
- 17 Physicist Enrico
- 18 Case hearing
- 19 Goes it alone
- 24 “Am not!” comeback
- 29 Funeral stand
- 31 These, in Mexico
- 32 Slowly, musically
- 33 Winner’s hand gesture

- 34 Tough dude’s self-assertion
- 35 Surpasses
- 36 Cost of cards
- 37 Picture book
- 40 Devastates
- 43 Actor Depardieu
- 44 Poet-singers
- 45 Tweaks text
- 46 Of the middle eye layer
- 47 Concise
- 48 Footfalls
- 50 Mental flash
- 52 Part of NOW
- 55 Matrix
- 56 Jim Croce’s “I Got —”
- 58 Wine barrel residue
- 59 Actress Blair
- 63 “There Is Nothin’ Like —”
- 64 “Daniel Boone” actor
- 66 Trolley sound
- 67 Cushy course
- 68 Stains
- 69 Winding-line dance
- 70 “Yipes!”
- 71 Adequate, to Li’l Abner
- 74 Argentina’s Juan or Eva
- 77 Lecture jottings
- 79 Long stories

- 80 Politico Mo
- 81 Exodus peak
- 82 Architect Saarinen
- 83 Peddles
- 85 “So far, no”
- 87 Army group
- 90 Univ. in Raleigh
- 91 Fare-well link
- 93 Condition in outer space
- 94 Morally strict
- 98 Actress Quinn
- 99 Precious red stone
- 100 Bone of the 103-Down
- 101 Scratch out
- 102 Located
- 103 Foot-leg joint
- 104 — voce (softly)
- 105 “— alive!”
- 108 At — time (prearranged)
- 111 Words before dare or diet
- 113 Rocker Ocasek
- 114 “I believe,” to a texter
- 115 Scot’s denial
- 116 “There — god!”
- 117 New Year in Vietnam
- 118 MI-to-SC dir.

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FIND THE SUPER CROSSWORD ANSWERS ON PAGE 7!

Jan. 29, 1903: The great rhododendron was designated the official state flower of West Virginia, after being recommended by the governor and voted on by students in the public schools.

Jan. 30, 1818: Nicholas County was created by the Virginia legislature from parts of Greenbrier, Kanawha, and Randolph counties. The county was named for Wilson Cary Nicholas, a Virginia governor and U.S. senator who lived from 1761 to 1820.

Jan. 30, 1895: Mingo County was created from the southern part of Logan County. Mingo is the youngest county in West Virginia.

Jan. 31, 1878: Educator William Woodson Trent was born in rural Nicholas County. He served as state superintendent of schools from 1933 until 1957.

Jan. 31, 1922: Movie and television actress Joanne Dru was born Joan Letitia Lacock in Logan. Her movie career included more than 40 films. Her brother, singer and TV host Peter Marshall, is also a West Virginia native.

Jan. 31, 1945: Sergeant Jonah Edward Kelley of Mineral County was killed in action while leading his squad against German positions during World War II. He was awarded the Medal of Honor for his “superb courage.”

Feb. 1, 1832: Education reformer Alexander Luark Wade was born. Wade reorganized rural Monongalia County schools to require progress through eight prescribed levels with a graduating exercise and receipt of a diploma. Wade’s system worked so well it was copied by other counties and states.

Feb. 1, 1901: Frank Buckles, the last known American veteran of World War I, was born in Missouri. Buckles purchased a farm in Charles Town in 1954 and continued to live there until his death in 2011.

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N&J Briefs

FROM AROUND HARRISON COUNTY
The Shinnston News provides a calendar of events free of charge to churches and nonprofit organizations. Please submit your listing two weeks prior to the event. Send via email to newsandjournal@yahoo.com

Barbershop Bluegrass Band
Saturday, Jan. 28, 12 p.m.-3 p.m.
West Virginia Heritage Crafts
Exit 115/179 Rt.20. Historic Quiet Dell
Grade School
304-622-3304

Clarksburg Chess Club
Tuesday, Feb. 7
Meeting at the Clarksburg History
Museum, 6-8 p.m.
All skill levels welcome
Bring your own chessboard if you have
one.
Justin Crawford, CrawfordJustin66@gmail.com



“Novel” From Pg 1.

Shepherd began writing around the age of 12. She said she’s always had story ideas and was fascinated by character development and creating, but it wasn’t until January of 2021 that she began to write seriously and explore the idea of publishing.

A book about a midwife’s daughter, a deputy, and a disguised outlaw and gambler who attempts to come between them, “Before It’s Too Late,” is also about friendship and seeing your worth and strength no matter who you are. And while the story is romance, Shepherd assures prospective readers that there is no steam, which makes the book appropriate for a wide age range, and she’s already gained a following of both teenagers and adults. Aside from romance, Shepherd hopes to bring readers a fun, action-filled plot with epee duels, saloon brawls, and characters held at gunpoint.

“Before It’s Too Late” will be released Feb. 9 on Amazon. Those interested in finding out more about Shepherd may visit her on Instagram under @millieshepherd.author or on Amazon.com.

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“Hunt” From Pg 1.

purchased for under \$20 and now, a high school student will have several thousand dollars’ worth of technology in their pocket and on their wrist.


I recently had fiber optic internet installed in my office and at my home and while I am far from an expert in how it works, I now have enough bandwidth to have a thousand people streaming movies on separate devices and still be able to play a game on my computer. I can remember the days of the strange noise on the dial-up connection and thinking that I was living in the world of the Jetsons’! Who could have imagined that we would one day be sitting in our homes and participating in a meeting with participants from all over the world? I have a colleague in Morocco,

who connected with me on LinkedIn, and we talk every week or two and he may do some marketing calls for me in the future.

The Apple iWatch is another thing that I never thought I would like. I rarely have worn a watch over my lifetime and with my iPhone, I never worried about not knowing what time it is. Well, I am a convert, and I can hardly believe how much I depend on my watch. I wear it at night to monitor my sleep and when I am working out, it tells me how far I have walked and how many calories I expended.

So, getting back to ChatGPT, would you believe that a robot wrote this week’s column? You may never know!

Local nonprofits plan events



GRAPEVINE

By Rosalyn Queen

Now that the holidays are over, most of us are busy continuing with volunteer work at our nonprofit organizations. If you stop and think, most of these organizations are vital to those individuals who rely on assistance to supplement their families with food.

A meeting of the Clarksburg Farmers Market was held last Friday. Attending the meeting were Bill Yoke, Betty Waddy, Melissa Fleming and Rosalyn Queen. Fleming announced that there will be a Valentine’s Market at the Uptown Event Center on Feb. 11 from 9 a.m. to noon. Tentatively there are 19 vendors scheduled. A light lunch of hot dogs will be available for those attending.

The Progressive Women’s Association met on Friday, Jan. 18 at noon at the Uptown Event Center. It was reported that the Women of Distinction had been chosen and will be honored at a luncheon on Friday, Feb. 27 at noon at the Uptown Event Center. These women are accomplished in their careers but are being

honored for their volunteer efforts in making our community a better place to live.

The dinner is being held in conjunction with Black History Month and will be honoring African American women. Due to the popularity of this event reservations are recommended by calling 304-624-6881.

The PWA will be selling Easter bread. The bread will be available for pickup on April 4. Orders should be placed prior to that date. The cost of the bread will be \$10 a loaf.

The PWA is participating in the community dinner program and they will be providing a free dinner on Jan. 27 at 2 p.m. at the PWA.

It was announced that the facility is available for rent for community events. A state-of-the-art kitchen is available for preparation of foods.

There has been some rumble going on about the functioning of the parking lot on the upper side of the Uptown Event Center. We understand that it is just not clear as the proper way to pay for using the facility as there is no attendant there. Several individuals have been booted and it is quite expensive to get the boot off. Do not let this interfere with your using the Uptown Event Center.

I think that we are still in for more winter, but the good news is that spring will be here. I am not sure what is going on with COVID-19 but keep safe. Take care, curl up with a good book and until next week “Now You Have Heard It Through The Grapevine.”

Lincoln High names Students of the Month

Lincoln High School has named the December students of the month, said Assistant Principal Holly Hawkins.



Katheryn “Katie” Nicole Dotson
Katheryn “Katie” Nicole Dotson is the daughter of Josh and Crystal Dotson of Shinnston, and the granddaughter of Roger and Janet Dotson of Shinnston, and Richard Wise and the late Kathy Wise of Morgantown.

Throughout her four years at Lincoln, Katie has earned a spot on the perfect honor roll due to her exceptional grades. She is in the top 10 of her class and received multiple top-scholar awards during her four years at Lincoln. Katheryn was inducted into the National Honor Society her junior year and has taken many college-level courses while at Lincoln.



Broc Bittinger
Broc Bittinger is the son of Larry and Janice Bittinger of Shinnston. He is the grandson of Larry and Diane Bittinger of Enterprise, Brice Boring of Fairmont and Virginia Lake Holliday of Ohio.

Broc has been an active member of the NJROTC program at Lincoln High for four consecutive years and is the Commanding Officer of the Unit. While in unit he received the TREA: The Enlisted Association Award of Merit and The Award of Military Order of Foreign Wars of the United States in recognition of academic excellence and outstanding leadership. Broc is a twelve-year member of the Scouting Program and as a Boy Scout, attended the 2017 National Jamboree and the 2019 World Jamboree. He became an Eagle Scout after completing his service project, a new pavilion which sits within the perimeter of the Shinnston Pool. During his junior year, Bittinger was inducted into the National Honor Society, as well as attending the West Virginia Boys State.

Over the course of his high school career, he maintained a GPA of 4.0 and above and has consistently been on the perfect honor roll while being among the top of his class. He is a four-year member of the soccer team, being named a captain for the 2022 season, and receiving his varsity letter. Broc is also a four-year member of the NJROTC Rifle Team, being this season’s team commander, and attended the Area 3 Championship on two occasions.

His current ambitions for his career after high school are to commission as a Naval or Marine officer, earning a degree in mechanical engineering at a NROTC affiliated university.

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No vacancy at WVU



The Bottom Line

By Bill Nestor
Sports Editor

Imagine you are at your place of employment and there is an opening for a position that is similar to yours. Until the job is filled, your mind will wonder, and your curiosity will grow. Is the new employee talented and is there a possibility that they could eventually take a better job that you might want down the road?

West Virginia has a pair of coaches that have recently found themselves in the same boat: football coach, Neal Brown, and legendary basketball mentor, Bob Huggins, have had to fill key positions, and they both went the same direction with their respective hires. The advantage that Brown and Huggins had was that they were able to make the hire that they wanted. After all, if their teams do not produce, they will be on the hook and their careers in Morgantown are on the line. Nobody wants to feel threatened at work and these two are no different.

Brown had the task of replacing former offensive coordinator Graham Harrell. Harrell took off for the same title at Purdue in what looked like a ship-sinking move. Brown took his time, approximately a month, to fill the position. Finally, Brown decided to promote Chad Scott who was the previous run game coordinate and running backs coach, a position that he has held since 2019. There is a sense of loyalty between Brown and Scott. The familiarity they share comes from being on the same staffs at Kentucky, Texas Tech, and Troy.

I'm not saying that Scott does not deserve the promotion, but there are members of Mountaineer Nation that are questioning the decision. Someone from a bigger program that has experience running an entire offense or a big-name coach would have been a more popular choice.

Huggins recently found himself in the same situation when Larry Harrison was removed from his coaching position on Huggins' staff. The duo spent 24 years together and the split was abrupt. Huggins filled the position with former player, DerMarr Johnson. He was the director of player development at the University of Cincinnati and a former NBA player. Johnson had his professional career cut short due to injury and has ties to the Washington, D.C. area.

Obviously, Huggins feels comfortable with Johnson and their relationship is the reason for the hire. It would be foolish not to hire an individual that you have a high trust level with. It will also keep Huggins from looking over his shoulder and wondering if Johnson is gunning for his job. By the time Johnson garnered enough experience to be in the running for the head coaching position, Huggins will be enjoying his retirement. Not saying that Johnson would not make a great leader of a program, but I am saying it will more than likely take enough time for Huggins to ride off into the sunset.

Brown and Huggins are at opposite ends of their respective careers, but they did share the same staffing issue. Hopefully for both of them, everything works out and both programs get back on the winning track.

That will do it for now. Until next week...take care and God Bless!

Harrison County EMS



Athletes of the Week

It's that time once again to acknowledge the efforts of Harrison County's student-athletes. Each week we review the performances of the athletes from the six schools (Bridgeport, Liberty, Lincoln, Notre Dame, Robert C. Byrd, and South Harrison) in our county.

The Shinnston News & Harrison County Journal's Athlete of the Week award is an avenue to promote the youth of our county while bringing attention to their athletic accomplishments.

The winners of this week's Shinnston News and Harrison County Journal Athletes of the Week award are Liberty's Hailey Haynes and Bridgeport's Landon Sanders.

Mountaineer basketball player, Hailey Haynes, had an impressive pair of outings this past week. She scored eight points and pulled down a game-high 15 rebounds in Wednesday's loss to Lincoln. She also recorded a double-double in a setback to North Marion on Friday. Haynes had a team-high 20 points and a game-high 10 rebounds against the Huskies.

Indian hoopster, Landon Sanders, helped his squad to an eight-game win streak with a victory over Philip Barbour. In the lockup, he netted a game-high 18 points that included a pair of three pointers.

Congratulations to Liberty's Hailey Haynes and Bridgeport's Landon Sanders for being named the Shinnston News and Harrison County Journal Athletes of the Week!

January Parks Commission meeting sheds light on department's future



From The World of Parks & Recreation

By Doug Comer

Harrison County Parks and Recreation Commission met last week to discuss future events, enrichments, expenditures, revenue ideas, and to seek a contingency plan if the Memorandum of Understanding between the County Commission and the Parks Commission cannot get finalized.

During a frustrating Parks December meeting, it was told that the County Commission would possibly look into altering the final draft of both the MOU and lease agreements and give the department a 6-month test run to see if the parks department could operate autonomously. Director Mike Book, who has been with Parks and Rec for over four decades, said that business operations are same as usual while both commissions continue to discuss how things will operate.

"We have primarily put a majority of our focus on parks and recreation," Book said. "We have dinosaurs coming next month, and we have been working hard on getting things prepared for that. To help, we have provided both commissions with information requested to help finalize this process. I am confident that both parties will find a way to make this all work out."

During the December meeting, tension grew as the Parks Commission disagreed on the recent change in the M.O.U. Almost a year's worth of work has been put into this and reviewed by counsel on both sides in lieu of coming to a mutual acceptance of the documents. Concerns on the Parks side included payroll, maintenance of the grounds, and added staff hires that could drain the \$900,000 budget provided through the Vital Service Levy fund.

The Parks Commission suggested that the department would still be under the county's payroll, insurance, and human resource umbrella while the maintenance department would continue the upkeep of the recreation properties owned by Harrison County. Both items are major concerns to Book.

"Right now, we have a staff of five full time employees. And if we would have to provide our own human resource service, we would have to hire an HR (human resource) person, possibly outsource our own payroll system, and most importantly seek out insurance for the department. To add, if we were to handle the grounds, we would have to get

equipment, gas, and the manpower to handle the job during the cutting season or seek to outsource the work. Upon receiving bids to outsource the groundwork, one would be looking at close to \$40,000 annually just to mow the areas," Book added.

Quite possibly, the biggest obstacle between both has been communication. Not enough information has been relayed to each other as there is really no clear perception of what was expected of both commissions other than the words on the M.O.U and the lease agreements. During the December meeting, it was evident that there was a gap in the bridge because most of the talks showed frustration on both sides concerning the details of what was wanted and what was given.

One thing that everyone unanimously agreed upon was that no matter where everyone stands on the issue, the kids have to be the top priority since the trickledown effect could possibly cut programming and reduce the number of recreational activities provided by parks and recreation. Also, as a noted in last week's meeting, the added discussion and the reality of lost programs has closed the bridge considerable.

"It appears that everyone's vision is consistent now," Book said. "Based on this past meeting, it looks like things could be finalized in the coming months. The main focus covers the future for the kids and the programs that are provided by the department."

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The Abruzzino store at 317 Pike Street, which was built in 1905 and sold Italian specialty foods including cheese, olives, etc.

The Frank Abruzzino Family

Part 1

Submitted by Maxine West Weser

Francesco Pasquale Abruzzino was born in Calabria, Italy on May 13, 1878. His parents were Diodato and Maria (Puglese) Abruzzino and Francesco arrived in America in 1896. He had a store in Monongah and married in 1903 to Chechia Frances DeBartolo.

He came to Shinnston and built a store at 317 Pike Street in 1905 where he sold Italian specialty foods including cheese, olives, etc. The store window advertised shoes, hats, notions, general merchandise, imported and domestic groceries. The store was built with a roomy apartment on the second floor, and it is here where the last six of their children were born.

The first child born was David in 1904 in Monongah in Marion County. He became a lawyer and practiced law in Shinnston and served for many years as the attorney for the City of Shinnston. Next was James born in 1906 who had the Kettering Bakery and later the Shinnston Bakery on Station Street and had a shop downtown to sell the fresh baked confections. Who remembers walking to the bakery and later their shop to purchase pepperoni rolls and cream-filled donuts? Yummy!

Frank Jr., born in 1908, had a wholesale business in Charleston. Mary, born in 1909, married Anthony Dattilo and lived to be 107. Stanley was born in 1911 and was the first of the family to die in 1954. Frances “Fran” was born in 1914, married an Eckart and became a teacher at Shinnston High School.

Janice, born in 1915, married John Brennan and their children remained in Shinnston and raised their families here. Their sons were Edward “Teddy” and John. Members of this family still own West Fork Motor Company.

Frank’s intent was to build a lovely villa at Viropa where he had purchased a 59-acre farm from the Felix Sturm heirs. Frances did not want to live out in the country. She wanted to live in the city.

Frank’s first wholesale business was on Station Street which later became the bakery. By 1930, he built and owned the Shinnston Wholesale company on Mahlon Street. He sold a variety of goods to retail stores and the inventory arrived by train on a railroad siding by the building where they were unloaded by my brother and a couple of other guys. Beer and sugar were the two major products. My brother Willard started working for Mr. Abruzzino in 1955 at the age of 15. He delivered kegs of beer to stores and the sugar was loaded on the truck and taken to Fairmont to the Pepsi Cola plant co-owned by Mr. Abruzzino and his nephew Frank Mazzei.



The holiday season started early for American Legion Post 31 and the American Legion Family (Auxiliary, Sons and Riders) with a holiday dinner on Dec. 4 for members, their families and guests. American Legion Auxiliary Unit 31 prepared a holiday turkey dinner for 100 people. Photo submitted by Betsy Turner.



Preparing for the American Legion Post 31 holiday dinner, pictured from left to right are Auxiliary Unit 31 cooking team, Dortha Parsons, Carla Wilfong, Roxie Nicholson, Marsha Duckworth and Margaret Yost. Photo submitted by Betsy Turner.

Library Notes

Submitted by Debby Starkey,
Lowe Public Library director

West Virginia state tax forms are now available and federal forms should be arriving any day.

Along with a wonderful selection of books, we offer services such as fax, copy machine, wireless Internet, genealogy, notary service, public access computers, access to digital library resources, magazines, computers, summer reading program and story hours.

Check Facebook for updates.

February Events

Please call and register for all programs.

Toddler Thursdays: Feb 2, 9, 16 and 23 at 1 p.m.

Adult Craft Class: Feb. 8, 1 p.m. to 2 or 2:15 p.m.

“Let’s Decorate Cookies:” Feb. 13 at 1 p.m.

Books & Biscuits Recipe Book Club: Feb 21 at 2 p.m. We’ll be discussing “Magic Hour” by Kristen Hannah. Please bring a recipe to share or a copy of one to win a prize.

“Lyle, Lyle, Crocodile” after-school movie showing. Feb. 23 at 3:30 p.m. This movie is rated PG and is one hour and 46 minutes long. Popcorn and water will be supplied.

Fairmont State University’s Police Academy welcomes inaugural class of police cadets

Fairmont State University’s Police Academy welcomed the first ever class of police cadets on Jan. 16, according to a news release from Fairmont State University. Nineteen cadets from 12 different state agencies arrived on campus to begin their 16-week journey toward becoming certified West Virginia law enforcement officers.

“This has been a long time coming,” Police Academy Director Jeffrey McCormick said. “Years of preparation have gone into creating this academy. The idea came about in 2016, and now, we’re finally here welcoming our first class of cadets.”

The residential program prepares the cadets for their future in law enforcement by training them physically, providing courses in criminal law and procedure, teaching them basic and advanced policing procedures, indoctrinating vital skills that improve the relationships between police officers and their community, and more.

“So much work has gone into creating the academy,” McCormick added. “I was working in Charleston when I heard about Fairmont State starting their own police academy, and I knew I wanted to get involved. I wanted to use my background with local police and the FBI to assist

in training the next generation of law enforcement.”

The academy is open to degree seeking and non-degree seeking students who are interested in becoming a certified law enforcement officer in the state of West Virginia. In addition to being “job ready” for hire by municipal police and county sheriff’s departments, as well as a variety of other State agencies with law enforcement responsibilities, graduates will be excellently prepared for graduate study in Criminal Justice or related fields.

Learn more about the Fairmont State Police Academy by visiting www.fairmontstate.edu/policeacademy.



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(2020-S-00000379 - Harrison County - GLEN ELK VILLAGE DEVELOPMENT ASSOCIATION)
To: OCCUPANT, ALENA ASHBY, ALENA KELLY, or heirs at law, devisees, creditors, representatives, successors, assigns, all known heirs, guardians, conservators, fiduciaries, administrators, lienholders, co-owners, other parties having an undivided interest in the delinquent property, and other parties that may have an interest in the subject property.

DISTRICT COAL CLARKSBURG CORP MAP 13 PARCEL 0409 0000
You will take notice that GLEN ELK VILLAGE DEVELOPMENT ASSOCIATION, the purchaser of the tax lien(s) on the following real estate, Certificate of Sale: 2020-S-00000379, 1 TRACT (LOTS 63 62) REYNOLDS ADD (1302 N 13TH ST), located in COAL CLARKSBURG CORP, which was returned delinquent in the name of KELLY ALENA, and for which the tax lien(s) thereon was sold by the sheriff of Harrison County at the sale for the delinquent taxes made on the 5th day of November, 2020, has requested that you be notified that a deed for such real estate will be made to him or her on or after March 11, 2023, as provided by law, unless before that day you redeem such real estate. The amount you will have to pay on the last day, March 10, 2023, will be as follows:

Amount equal to the taxes and charges due on the date of the sale, with interest, to March 10, 2023.	\$ 800.20
Amount of subsequent year's taxes paid on the property, since the sale, with interest to March 10, 2023.	\$ 643.44
Amount paid for the Title Examination and preparation of the list to be served and for preparation and service of notice with interest from January 1, 2021, following the sheriff's sale to March 10, 2023.	\$ 1,095.80
Amount paid for other statutory costs with interest from following the sheriff's sale to March 10, 2023.	\$ 491.93
Total Amount Payable to Sheriff - cashier check, money order or certified check must be made payable to The Honorable Robert Matheny, Sheriff and Treasurer of Harrison County.	\$ 3,031.37
Cost of Certification of Redemption - cashier check, money order or certified check must be made payable to The Honorable John B. McCuskey, State Auditor.	\$ 35.00

You may redeem any time before March 10, 2023, by paying the above total less any unearned interest.
Return this letter and both certified funds to the WV State Auditor's Office, County Collection Division
1900 Kanawha Blvd East, Building 1, Room W-114 Charleston, West Virginia 25305.
Questions please call 1-888-509-6568 option 2

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(2020-S-00000357 - Harrison County - GLEN ELK VILLAGE DEVELOPMENT ASSOCIATION)
To: TERRY LYNN LEWIS (LE) C/O MISTY D. LEWIS, TERRY LYNN LEWIS, STATE OF WEST VIRGINIA HARRISON COUNTY MAGISTRATE CLERK, FELICIA DAWN LEWIS C/O TERRY LYNN LEWIS, JR., FELICIA DAWN LEWIS C/O MISTY D. LEWIS, OCCUPANT, TERRY LYNN LEWIS, TERRY LYNN LEWIS, JR., MISTY D. LEWIS, TERRY LYNN LEWIS, MISTY D. LEWIS, TERRY LYNN LEWIS (LE) C/O TERRY LYNN LEWIS, JR., or heirs at law, devisees, creditors, representatives, successors, assigns, all known heirs, guardians, conservators, fiduciaries, administrators, lienholders, co-owners, other parties having an undivided interest in the delinquent property, and other parties that may have an interest in the subject property.

DISTRICT COAL OUTSIDE DISTRICT MAP 1112 PARCEL 0121 0000
You will take notice that GLEN ELK VILLAGE DEVELOPMENT ASSOCIATION, the purchaser of the tax lien(s) on the following real estate, Certificate of Sale: 2020-S-00000357, 1 LOT 174 SUMMIT PARK, located in COAL OUTSIDE DISTRICT, which was returned delinquent in the name of LEWIS TERRY LYNN (LE), and for which the tax lien(s) thereon was sold by the sheriff of Harrison County at the sale for the delinquent taxes made on the 5th day of November, 2020, has requested that you be notified that a deed for such real estate will be made to him or her on or after March 11, 2023, as provided by law, unless before that day you redeem such real estate. The amount you will have to pay on the last day, March 10, 2023, will be as follows:

Amount equal to the taxes and charges due on the date of the sale, with interest, to March 10, 2023.	\$ 141.58
Amount of subsequent year's taxes paid on the property, since the sale, with interest to March 10, 2023.	\$ 36.15
Amount paid for the Title Examination and preparation of the list to be served and for preparation and service of notice with interest from January 1, 2021, following the sheriff's sale to March 10, 2023.	\$ 1,248.85
Amount paid for other statutory costs with interest from following the sheriff's sale to March 10, 2023.	\$ 1,064.06
Total Amount Payable to Sheriff - cashier check, money order or certified check must be made payable to The Honorable Robert Matheny, Sheriff and Treasurer of Harrison County.	\$ 2,490.64
Cost of Certification of Redemption - cashier check, money order or certified check must be made payable to The Honorable John B. McCuskey, State Auditor.	\$ 35.00

You may redeem any time before March 10, 2023, by paying the above total less any unearned interest.
Return this letter and both certified funds to the WV State Auditor's Office, County Collection Division
1900 Kanawha Blvd East, Building 1, Room W-114 Charleston, West Virginia 25305.
Questions please call 1-888-509-6568 option 2

LEGAL

(2020-S-00000358 - Harrison County - GLEN ELK VILLAGE DEVELOPMENT ASSOCIATION)
To: OCCUPANT, JOHN R. LUKENS, TRUSTEE CENTRAL WV COMMUNITY ACTION ASSOCIATION INC., ROBERT R. HARPOLD, JR., TRUSTEE CENTRAL WV COMMUNITY ACTION ASSOCIATION INC., FELICIA DAWN LEWIS C/O TERRY LYNN LEWIS, JR., FELICIA DAWN LEWIS C/O MISTY D. LEWIS, STATE OF WEST VIRGINIA HARRISON COUNTY MAGISTRATE CLERK, TERRY LYNN LEWIS, TERRY LYNN LEWIS, MISTY D. LEWIS, TERRY LYNN LEWIS, MISTY D. LEWIS, TERRY LYNN LEWIS, or heirs at law, devisees, creditors, representatives, successors, assigns, all known heirs, guardians, conservators, fiduciaries, administrators, lienholders, co-owners, other parties having an undivided interest in the delinquent property, and other parties that may have an interest in the subject property.

DISTRICT COAL OUTSIDE DISTRICT MAP 1112 PARCEL 0122 0000
You will take notice that GLEN ELK VILLAGE DEVELOPMENT ASSOCIATION, the purchaser of the tax lien(s) on the following real estate, Certificate of Sale: 2020-S-00000358, 1 LOT #173 SUMMIT PARK, located in COAL OUTSIDE DISTRICT, which was returned delinquent in the name of LEWIS TERRY LYNN, and for which the tax lien(s) thereon was sold by the sheriff of Harrison County at the sale for the delinquent taxes made on the 5th day of November, 2020, has requested that you be notified that a deed for such real estate will be made to him or her on or after March 11, 2023, as provided by law, unless before that day you redeem such real estate. The amount you will have to pay on the last day, March 10, 2023, will be as follows:

Amount equal to the taxes and charges due on the date of the sale, with interest, to March 10, 2023.	\$ 111.65
Amount of subsequent year's taxes paid on the property, since the sale, with interest to March 10, 2023.	\$ 3.24
Amount paid for the Title Examination and preparation of the list to be served and for preparation and service of notice with interest from January 1, 2021, following the sheriff's sale to March 10, 2023.	\$ 1,248.85
Amount paid for other statutory costs with interest from following the sheriff's sale to March 10, 2023.	\$ 1,064.06
Total Amount Payable to Sheriff - cashier check, money order or certified check must be made payable to The Honorable Robert Matheny, Sheriff and Treasurer of Harrison County.	\$ 2,427.80
Cost of Certification of Redemption - cashier check, money order or certified check must be made payable to The Honorable John B. McCuskey, State Auditor.	\$ 35.00

You may redeem any time before March 10, 2023, by paying the above total less any unearned interest.
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(2020-S-00000385 - Harrison County - GLEN ELK VILLAGE DEVELOPMENT ASSOCIATION)
To: OCCUPANT, CITY OF CLARKSBURG, AMBER FARROW, or heirs at law, devisees, creditors, representatives, successors, assigns, all known heirs, guardians, conservators, fiduciaries, administrators, lienholders, co-owners, other parties having an undivided interest in the delinquent property, and other parties that may have an interest in the subject property.

DISTRICT COAL CLARKSBURG CORP MAP 16 PARCEL 0456 0000
You will take notice that GLEN ELK VILLAGE DEVELOPMENT ASSOCIATION, the purchaser of the tax lien(s) on the following real estate, Certificate of Sale: 2020-S-00000385, 1 LOT PT 145 146 GLEN ELK 2, located in COAL CLARKSBURG CORP, which was returned delinquent in the name of FARROW AMBER, and for which the tax lien(s) thereon was sold by the sheriff of Harrison County at the sale for the delinquent taxes made on the 5th day of November, 2020, has requested that you be notified that a deed for such real estate will be made to him or her on or after March 11, 2023, as provided by law, unless before that day you redeem such real estate. The amount you will have to pay on the last day, March 10, 2023, will be as follows:

Amount equal to the taxes and charges due on the date of the sale, with interest, to March 10, 2023.	\$ 297.43
Amount of subsequent year's taxes paid on the property, since the sale, with interest to March 10, 2023.	\$ 179.85
Amount paid for the Title Examination and preparation of the list to be served and for preparation and service of notice with interest from January 1, 2021, following the sheriff's sale to March 10, 2023.	\$ 1,095.80
Amount paid for other statutory costs with interest from following the sheriff's sale to March 10, 2023.	\$ 491.93
Total Amount Payable to Sheriff - cashier check, money order or certified check must be made payable to The Honorable Robert Matheny, Sheriff and Treasurer of Harrison County.	\$ 2,065.01
Cost of Certification of Redemption - cashier check, money order or certified check must be made payable to The Honorable John B. McCuskey, State Auditor.	\$ 35.00

You may redeem any time before March 10, 2023, by paying the above total less any unearned interest.
Return this letter and both certified funds to the WV State Auditor's Office, County Collection Division
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Questions please call 1-888-509-6568 option 2

LEGAL

(2020-S-00000332 - Harrison County - GLEN ELK VILLAGE DEVELOPMENT ASSOCIATION)
To: NORMAN MITCHELL, II, NORMAN MITCHELL, H. DANA MITCHELL, CITY OF CLARKSBURG, DONNA MITCHELL, NORMAN MITCHELL, DANA MITCHELL, H. DANA MITCHELL ES-TATE C/O NORMAN MITCHELL, II, or heirs at law, devisees, creditors, representatives, successors, assigns, all known heirs, guardians, conservators, fiduciaries, administrators, lienholders, co-owners, other parties having an undivided interest in the delinquent property, and other parties that may have an interest in the subject property.

DISTRICT CLARK CLARKSBURG CORP MAP 25 PARCEL 0172 0000
You will take notice that GLEN ELK VILLAGE DEVELOPMENT ASSOCIATION, the purchaser of the tax lien(s) on the following real estate, Certificate of Sale: 2020-S-00000332, 1 LOT 40 FT MONTI-CELLO AVE, located in CLARK CLARKSBURG CORP, which was returned delinquent in the name of MITCHELL H DANA & NORMAN, and for which the tax lien(s) thereon was sold by the sheriff of Harrison County at the sale for the delinquent taxes made on the 5th day of November, 2020, has requested that you be notified that a deed for such real estate will be made to him or her on or after March 11, 2023, as provided by law, unless before that day you redeem such real estate. The amount you will have to pay on the last day, March 10, 2023, will be as follows:

Amount equal to the taxes and charges due on the date of the sale, with interest, to March 10, 2023.	\$ 788.93
Amount of subsequent year's taxes paid on the property, since the sale, with interest to March 10, 2023.	\$ 485.80
Amount paid for the Title Examination and preparation of the list to be served and for preparation and service of notice with interest from January 1, 2021, following the sheriff's sale to March 10, 2023.	\$ 1,180.83
Amount paid for other statutory costs with interest from following the sheriff's sale to March 10, 2023.	\$ 666.21
Total Amount Payable to Sheriff - cashier check, money order or certified check must be made payable to The Honorable Robert Matheny, Sheriff and Treasurer of Harrison County.	\$ 3,121.77
Cost of Certification of Redemption - cashier check, money order or certified check must be made payable to The Honorable John B. McCuskey, State Auditor.	\$ 35.00

You may redeem any time before March 10, 2023, by paying the above total less any unearned interest.
Return this letter and both certified funds to the WV State Auditor's Office, County Collection Division
1900 Kanawha Blvd East, Building 1, Room W-114 Charleston, West Virginia 25305.
Questions please call 1-888-509-6568 option 2

LEGAL

(2020-S-00000325 - Harrison County - GLEN ELK VILLAGE DEVELOPMENT ASSOCIATION)
To: STATE OF WEST VIRGINIA HARRISON COUNTY MAGISTRATE CLERK, CITY OF CLARKSBURG, OCCUPANT, JUSTIN RYAN GOODWIN, or heirs at law, devisees, creditors, representatives, successors, assigns, all known heirs, guardians, conservators, fiduciaries, administrators, lienholders, co-owners, other parties having an undivided interest in the delinquent property, and other parties that may have an interest in the subject property.

DISTRICT CLARK CLARKSBURG CORP MAP 3 PARCEL 0422 0000
You will take notice that GLEN ELK VILLAGE DEVELOPMENT ASSOCIATION, the purchaser of the tax lien(s) on the following real estate, Certificate of Sale: 2020-S-00000325, 1 LOT PT 109 STEALEY HTS (315 ASH AVE), located in CLARK CLARKSBURG CORP, which was returned delinquent in the name of GOODWIN JUSTIN RYAN, and for which the tax lien(s) thereon was sold by the sheriff of Harrison County at the sale for the delinquent taxes made on the 5th day of November, 2020, has requested that you be notified that a deed for such real estate will be made to him or her on or after March 11, 2023, as provided by law, unless before that day you redeem such real estate. The amount you will have to pay on the last day, March 10, 2023, will be as follows:

Amount equal to the taxes and charges due on the date of the sale, with interest, to March 10, 2023.	\$ 1,047.14
Amount of subsequent year's taxes paid on the property, since the sale, with interest to March 10, 2023.	\$ 874.69
Amount paid for the Title Examination and preparation of the list to be served and for preparation and service of notice with interest from January 1, 2021, following the sheriff's sale to March 10, 2023.	\$ 1,112.80
Amount paid for other statutory costs with interest from following the sheriff's sale to March 10, 2023.	\$ 535.50
Total Amount Payable to Sheriff - cashier check, money order or certified check must be made payable to The Honorable Robert Matheny, Sheriff and Treasurer of Harrison County.	\$ 3,570.13
Cost of Certification of Redemption - cashier check, money order or certified check must be made payable to The Honorable John B. McCuskey, State Auditor.	\$ 35.00

You may redeem any time before March 10, 2023, by paying the above total less any unearned interest.
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Questions please call 1-888-509-6568 option 2

LEGAL

(2020-S-00000326 - Harrison County - GLEN ELK VILLAGE DEVELOPMENT ASSOCIATION)
To: STATE OF WEST VIRGINIA HARRISON COUNTY MAGISTRATE CLERK, CITY OF CLARKSBURG, JUSTIN RYAN GOODWIN, or heirs at law, devisees, creditors, representatives, successors, assigns, all known heirs, guardians, conservators, fiduciaries, administrators, lienholders, co-owners, other parties having an undivided interest in the delinquent property, and other parties that may have an interest in the subject property.

DISTRICT CLARK CLARKSBURG CORP MAP 3 PARCEL 0423 0000
You will take notice that GLEN ELK VILLAGE DEVELOPMENT ASSOCIATION, the purchaser of the tax lien(s) on the following real estate, Certificate of Sale: 2020-S-00000326, 1 LOT PT 109 STEALEY HTS (315 1/2 ASH AVE), located in CLARK CLARKSBURG CORP, which was returned delinquent in the name of GOODWIN JUSTIN RYAN, and for which the tax lien(s) thereon was sold by the sheriff of Harrison County at the sale for the delinquent taxes made on the 5th day of November, 2020, has requested that you be notified that a deed for such real estate will be made to him or her on or after March 11, 2023, as provided by law, unless before that day you redeem such real estate. The amount you will have to pay on the last day, March 10, 2023, will be as follows:

Amount equal to the taxes and charges due on the date of the sale, with interest, to March 10, 2023.	\$ 459.53
Amount of subsequent year's taxes paid on the property, since the sale, with interest to March 10, 2023.	\$ 268.60
Amount paid for the Title Examination and preparation of the list to be served and for preparation and service of notice with interest from January 1, 2021, following the sheriff's sale to March 10, 2023.	\$ 1,095.80
Amount paid for other statutory costs with interest from following the sheriff's sale to March 10, 2023.	\$ 491.93
Total Amount Payable to Sheriff - cashier check, money order or certified check must be made payable to The Honorable Robert Matheny, Sheriff and Treasurer of Harrison County.	\$ 2,315.86
Cost of Certification of Redemption - cashier check, money order or certified check must be made payable to The Honorable John B. McCuskey, State Auditor.	\$ 35.00

You may redeem any time before March 10, 2023, by paying the above total less any unearned interest.
Return this letter and both certified funds to the WV State Auditor's Office, County Collection Division
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Questions please call 1-888-509-6568 option 2

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Jacob A. Harmer, Licensed Funeral Director



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OBITUARIES



Beverly Ann West

Beverly Ann West, 72, of Shinnston, passed away peacefully at her residence on Jan. 17, 2023, surrounded by her family. She was born Feb. 10, 1950, in Clarksburg to her late father, Harry L. Strait, and her mother, Eleanor Lucille Hardesty, who survives. Beverly is also survived by her husband, Stephen West, whom she married June 15, 1968.

She is survived by her brother, Bob (Sherry) Strait, of Shinnston; son, Bob (Buffy) West of Quiet Dell; daughter, Christy Carver of Shinnston; daughter, Shanna (Bill) Cowan; grandchildren, Courtlyn (Calvin) Paugh, Josh West, Gatlin West, Isiah West, Belle Cowan, Noah West, Will Cowan, and Ella Carver; great-grandchildren, Brielle and Everly Paugh; a very special uncle, Ronnie Hardesty; and many treasured cousins.

Beverly is preceded in death by her father, as well as her in-laws, Willard and Maxine West.

Beverly worked at Naturalizer Shoe as a manager and at ProCare Pharmacy. She was a member of the Woman’s Club of Shinnston and Eastern Star. She loved to dance, take family vacations to the beach, have all her family home for the holidays, and watch John Wayne movies.

Friends were received at Harmer Funeral Home on Friday, Jan. 20, 2023, from 1 to 8 p.m. A funeral service was held at the funeral home on Saturday, Jan. 21, 2023, at 1 p.m. with Pastor Doug Sands officiating. Interment followed at I.O.O.F. Cemetery, Enterprise.

A service of Harmer Funeral Home, Shinnston.



Nancy Lee Nutter

Nancy Lee Nutter, 84, of Bridgeport, passed away on Sunday, Jan. 15, 2023, at the United Hospital Center in Bridgeport. She was born at Brushy Fork, Aug. 20, 1938, a daughter of the

late Everette and Maxine Ennis Sigley. On April 8, 1957, she married John Paul Nutter, Jr., who preceded her in death on July 25, 2003.

Surviving are two children: Denise Evans and her husband Calvin of Virginia Beach, VA and Scott Nutter and his wife LeighAnn of Bridgeport; her daughter-in-law, Darlene Nutter; her grandchildren: Sharon Nutter Werdebaugh, Nannette Crogan, Dawnita Robinson, Colby Nutter, Kaylee Clifton, Lucas Nutter, Hayden Nutter, and Dalton Nutter; six great-grandchildren; her siblings: Joan Vandergrift of Salisbury, MD and Lloyd Sigley and his wife Pam of Brushy Fork; her sister-in-law, Alice Bernard Gissy of Bridgeport; and several nieces and nephews.

Nancy was also preceded in death by four children: Troy Nutter, Paul Nutter, Katherine Nutter, and one infant boy.

Nancy was a 1956 graduate of Bridgeport High School. She was formerly employed by Tolley Electric, Hills, Kroger, and Walmart Pharmacy. In addition, she cleaned houses and cared for children at a daycare. Nancy always enjoyed sewing, quilting, driving through the mountains, and spending time with her family. She was a member of All Saints Catholic Church in Bridgeport and the Trinity Church Homemakers of Brushy Fork.

The family received friends at the Perine Funeral Home, 1348 S. Pike St., Shinnston, from 2 to 8 p.m., Friday, Jan. 20, 2023. A Mass of Christian Burial was celebrated on Saturday, Jan. 21, 2023, at 11 a.m. at All Saints Catholic Church in Bridgeport with Rev. Walt Jagela officiating. Interment was in the Bridgeport Cemetery.

The Perine Funeral Home is honored to serve the Nutter family.



Hazel Doris Humphrey

Hazel Doris Humphrey, 83, of West Union, WV and formerly of Joetown, WV, passed away Jan. 16, 2023. She was born Feb. 2, 1939, in Joetown, WV, to the late Herbert Humphrey and Helen Kerns Humphrey. Along with her parents, she is preceded in death by her sister, Marvel Jean Swiger, and brothers, Donald Humphrey and Robert Humphrey.

Hazel is survived by her sisters, Ava Smith (Steven) of West Union, WV, Barbara Humphrey of Clarksburg, WV, and several nieces and nephews.

She worked as an AT&T Operator and retired with over 40 years of service. She also attended the Oxford United Methodist Church and was a member of the Joetown United Methodist Church. Hazel was an amazing piano player. She was the pianist for the Keyletter singers and for the late Charles Freeman. She played at churches throughout the North Central region of West Virginia.

There will be no service, but a Memorial Service may be held at a later date.

A service of Harmer Funeral Home, Shinnston.



John Morrison

John Morrison, 61, of Bridgeport passed away on Tuesday, Jan. 17, 2023 at his residence.

He was born in Clarksburg on Jan. 14, 1962, a son of the late Richard “Dick” and Connie Secret Morrison.

John is survived by one brother, Richard Morrison, II of Bridgeport and one sister, A’lyssa C. Lopez of New York; three nieces: Jade Vita of Bridgeport, Carmela Warner of North Carolina, and Morgan Default and her husband, Julian, of New York; two great nieces: Ava Warner of North Carolina and Sofia Dufault of New York; and two great nephews: Gianni Grayson of Bridgeport and Samuel Warner of North Carolina.

John was a 1980 graduate of Notre Dame High School. He also graduated from the Jack Kelly Real Estate School in Morgantown and worked for Venture Real Estate for many years. He was employed at Dan Cava Toyota for 18 years and was employed in contract sales at Lowes.

Family and friends called at the Amos Carvelli Funeral Home, Sunday, Jan. 22, 2023, from 4 to 8 p.m. where a prayer service was held at 7:30 p.m. to conclude the visitation. John was taken to Our Lady of Perpetual Help Catholic Church where he laid in state for one hour prior to the Mass of Christian Burial, which was held on Monday, Jan. 23, 2023, at 10 a.m. with Father Kumar Reddimasu as Celebrant. Interment was in the Holy Cross Cemetery.

A service of Amos Carvelli Funeral Home.

Out of the Past

Memorable photographs from
around Harrison County



Charles Harmer (1867-1955). His home still stands at Shinn’s Run. Photo submitted by Bobby Bice.

Super Crossword

Answers

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On The Menu

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BREAKFAST EGG MUFFINS

The beauty of breakfast egg muffins is just how versatile they are. Nearly all types of vegetables, cheese, and meat can be used to suit your taste, just be sure to keep the amounts constant, since the fillings are what give these muffins body and help them hold their shape.

Most vegetables can be shredded or finely chopped and added raw, such as onions, cauliflower, sweet potatoes, carrots, bell peppers, and asparagus. Vegetables with a high water content, however (think: tomatoes, mushrooms, greens, and zucchini) benefit from a quick sauté first. Skip frozen vegetables here since they hold a lot of excess water, which makes for soggy muffins.

These make-ahead egg muffins are packed with cottage cheese and vegetables for a portable, high protein breakfast.

Ingredients

- Cooking spray or olive oil
- 1 medium shallot, diced
- 1 1/2 cups finely chopped broccoli (about 1 small crown, about 4 ounces)
- 1/2 cup full-fat cottage cheese
- 1 cup shredded sharp cheddar cheese (2 ounces)
- 10 large eggs
- 1/4 cup whole or 2% milk
- teaspoon kosher salt
- 1/4 teaspoon freshly ground black pepper

Arrange the rack in the middle of the oven and heat to 400°F. Generously coat a 12-well standard muffin tin with cooking spray or olive oil.

Evenly divide the shallot, broccoli, cottage cheese, and cheddar between the muffin wells.


Place the eggs, milk, salt, and pepper in a large bowl and whisk until the eggs are completely incorporated. Pour into the muffin wells, filling each 1/2 to 3/4 full.

Bake until the muffins are set and lightly browned around the edges, 12 to 14 minutes. Place the pan on a wire rack and let cool for 2 to 3 minutes. Run a butter knife around each cup to the loosen the muffins before removing them from the pan. Serve warm or cool completely on a wire rack before refrigerating or freezing.

We hope you and your family will enjoy this delicious on the go recipe. Remember, readers, if you have a favorite recipe that you would like to share, we welcome your submissions. E-mail your recipe to us at debra@mountainmedianews.com. And don't forget to stop by your local Price Cutter to purchase all of your cooking and baking needs.



Make change in 2023



Words of Wellness

By Jill Fratto
Life & Health Coach
jillfratto@gmail.com
Twitter: @JillFrattoCoach

Recently, I experienced something simple and amazing. One day I looked around my house and felt like the walls were closing in on me. I don't know what sparked it, but it led me to start purging my house --really purging. I started with my clothes. I went through all of my clothes and got rid of so much that my closet looks bare. Even with clothing, I realized you hold on to a lot of things because they have sentimental value. How many T-shirts do you keep because you got them on a fun vacation or earned them at a cool race? Do you wear them? For me, the answer was NO, yet I

had a large drawer stuffed full of the lovely cotton memories. Hopefully now, someone who really needs a shirt on their back is getting some use from them. What I found is that I really enjoy getting dressed now. Where I once felt overwhelmed choosing what to wear, I now can see what I have and I enjoy putting outfits together that I haven't tried before.

The same thing happened in my kitchen. I had so much stuff that I had to move three or four things to get to what I really needed in the pantry or cabinet. Now, nothing is more than two deep and I am enjoying cooking in and even cleaning my kitchen more than ever. It was definitely an unexpected result. Of course, if you know me, you know that I have two young boys. I could get rid of everything that I own and still be swallowed by their belongings...but we are working on that.

With the holidays past, you've likely brought even new items into your home. Someone else may benefit from your donation and you may just feel like a new person.

WVHEPC report: WVSOM leads state's medical schools with lowest tuition

According to a report issued by the West Virginia Higher Education Policy Commission, the West Virginia School of Osteopathic Medicine (WVSOM) had the lowest 2021-22 tuition costs of the state's three medical schools for both in-state and out-of-state students. The report also noted that in-state tuition at all West Virginia medical schools is among the most affordable in the nation.

The commission's report found that WVSOM produces more graduates who choose primary care residencies than West Virginia's other two medical schools combined. In 2022,

a total of 114 new WVSOM graduates — 58% of the class — entered primary care residencies. The report stated that the national rate for graduates entering primary care residencies was 50 percent.

The report also found that WVSOM leads the state in the number of alumni who practice primary care in West Virginia, with 110 primary care physicians who graduated from the medical school between 2012 and 2017, compared with 77 from the second-highest school and 41 from the third-highest school.

The report defines primary care as encompassing family medicine, internal medicine, internal medicine/pediatrics, OB-GYN and pediatrics.

Additionally, WVSOM produces the highest number of physicians who practice in the Mountain State in all specialties, as well as the largest number who practice in rural areas of West Virginia. A total of 164 WVSOM alumni from graduating classes between 2012 and 2017 practice in West Virginia, compared with 148 from the second-highest school and 84 from the third-highest school. A total of 74 physicians

who graduated from WVSOM during those years practice in rural areas of the state, nearly double the number of physicians from the other two schools combined.

The figures appear in the 2022 West Virginia Health Sciences and Rural Health Report, published in December.

Linda Boyd, D.O., WVSOM's vice president of academic affairs and dean, said the report reflects WVSOM's commitment to serve, first and foremost, West Virginia and the health care needs of its residents.

"We're proud that we produce the largest number of medical students in West Virginia going into primary care each year," Boyd said. "Additionally, we are the medical school in West Virginia that retains more of our students to practice in West Virginia, and to practice in rural areas of the state. WVSOM truly serves West Virginia by populating the state with doctors who are interested in working in small communities."

Additionally, for the 2021-22 academic year, WVSOM received more applications for its entering class than either of the state's other medical schools. At about 200 students in each class,

WVSOM is the largest medical school in West Virginia.

The report noted that, combined, West Virginia's three medical schools enroll more medical students per capita than any other state, and that in the past academic year, 44 percent of the state's 392 first-year medical students were West Virginia residents.

James W. Nemitz, Ph.D., WVSOM's president, said he was pleased with the report's findings in regard to the school.

"The commission's report demonstrates WVSOM's critical role in supplying physicians for West Virginia communities, especially in rural areas and small towns. WVSOM's contribution not only impacts the health care needs of the state; it also provides a significant economic impact in these communities," Nemitz said.

The West Virginia Higher Education Policy Commission is the entity that oversees the state's higher education institutions.

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