mpass

Discover something Wild and Wonderful in every direction in Pocahontas County

The Gateway Season to Getting Back Outside, Page 6

Handmade WV Market

One Stop Shop for Produce and Art, Page 12

Fading Fireflies

Supplement to The Pocahontas Times

Vol. 22, No. 4 - Spring 2023

Post Office No. 436-640 ISSN No. 07388376

SOFIC

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Visit us on the Web: greenbankobservatory.org Like us on Facebook facebook.com/GreenBankScienceCenter



The stage comes alive at Opera House

The Lady and the Empress Saturday, April 15 7:30 p.m. \$10

Supplement to The Pocahontas Times • Spring 2023

Tourism

COMPASS

Page

Pocahontas he Opera County House is thrilled to announce the upcoming performance of "The Lady and the Empress" coming to its stage Saturday, April 15, at 7:30 p.m. This one-woman show, written and performed by the talented Doris Fields (Lady D), is a stage play that celebrates the life and music of legendary blues singer Bessie Smith, also known as the Empress of the Blues.

Featuring many of Smith's most beloved songs, such as "T'ain't Nobody's Business If I Do" and "Nobody Knows You When You're Down and Out," the show runs for approximately 90-100 minutes, including a 15minute intermission.

Fields brings the spirit of Bessie Smith to life in her performance, creating



Doris Fields

ent, old and new.

surrounded by her fashionable clothes and accessories, the show covers the

a fully realized character Jim Crow era, the Harlem that bridges past and pres- Renaissance, and the Great Depression, weav-Set in Bessie's boudoir, ing together a captivating

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Cover: The Great Greenbrier River Race is a one-ofa-kind triathlon that pits competitors against the elements as they traverse the Greenbrier River and Trail in Marlinton and Buckeye.

Weekly special posted on Facebook! Dean's Den LC Food ~ Grocery ~ Gifts ~ Arts Since 2018 Gourmet Grocery; Upscale fast food: starters, subs, salads entreés, pizza, more! **BREAKFAST/LUNCH/** DINNER DINE IN/TAKE OUT WED. - SAT 8 A.M. - 8 P.M. SUN. 8 A.M. - 6 P.M. CLOSED MON./TUES. FROST INTERSECTION (RTS. 92 AND 84)

304-799-4765

essence of the larger-than- at 7:30 p.m. This event is Bessie Smith.

gettable celebration of of talented musicians and West Virginia's rich cultural heritage through the timeless art of traditional music and dance. Get your tickets now and experience the enchanting performance of "The Lady and the Empress."

Michael Winograd and the Honorable Mentshn Saturday, April 29 7:30 p.m. **\$10**

Brooklyn-based klezmer band Michael Winograd Honorable the and Mentshn is bringing its unique sound to the Pocahontas County Opera

Skincare by

COVE

narrative that captures the House Saturday, April 29, performers. life character that was part of the Opera House celebratory music style of Performance Series, which the Eastern European

Join us for this unfor- showcases a diverse range

Klezmer, a traditional

See OPERA, page 5







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OPERA from pg 4

Jewish diaspora, is the band's specialty. With roots that pre-date the Middle Ages, klezmer in-

HILLSBORO CLASSROOM Spring/Summer Classes Info and registration: hillsboroclassroom.com All classes, except cooking, will be held at Sydenstricker Cabin at Pearl S. Buck Birthplace, 8129 Seneca Trail (Route 219), Hillsboro, WV. All art classes are suitable for beginners as well as more experienced students. HOT TAMALE COOKING CLASS

> instructor Sally Cobb • April 1, 2 - 4:30 p.m. INTRO TO ENERGY MEDICINE:

MORE ENERGY, LESS STRESS, MORE JOY instructor Mollie Silver • April 2, 2 - 3 p.m.

MINDFUL MONDAY YOGA & MEDITATION instructor Jacque Minarik • starting May 1, 2 - 3 p.m. (four sessions on consecutive Mondays)

MERRY MAYHEM CASE QUILT instructor Lisa Gandy • May 11, 10 a.m. - 4 p.m.

EASING END-OF-LIFE ANXIETY, 101 instructor Blair Campbell • May 21, 1 - 3 p.m.

IKEBANA, JAPANESE FLORAL DESIGN AND PASTEL DRAWING

instructor Jacque Minarik • May 22, 4 - 5:30 p.m.

GROWING A MEDICINAL GARDEN: BUILDING A RELATIONSHIP WITH PLANTS instructor Kayde fen Deardorff • May 27, 1 -3 p.m.

FROM BLOBS TO BRILLIANCE: THE ART OF PAINTING WITH ALCOHOL INK instructor Celeste Verrone • June 10, 1 - 4 p.m.

REED BASKETRY instructors John and Margie Sparks • June 14 and 15, 5 - 8 p.m.

> FABRIC-WRAPPED ROPE BASKETS instructor Pat Paxton • June 17, 1 - 4 p.m.

GROWING A MEDICINAL GARDEN: MEDICINAL USES AND FOLKLORE instructor Kayde fen Deardorff • June 25, 1 - 2:30 p.m.

HATHA YOGA

MINDFUL MEDITATION MONDAYS instructor Jacque Minarik • starting July 10, 2 - 3 p.m. (four sessions on consecutive Mondays)

BLOCK PRINTING NOTE CARDS instructor Jacque Minarik • July 24, 4 - 5:30 p.m.

corporates cantorial mel- secular, vernacular music ody, ancient folk tunes, of the community by the Yiddish poetry, Hebraic 1880s and arrived in the ritual and Greek and Ot- United States with the toman influences. The wave of Jewish immigrastyle was established as the tion around the turn of the century. The klezmer revival that began in the

1970s has produced a new generation of master musicians, with Michael Winograd and the Honorable Mentshn at the forefront of this movement.

Tickets for these shows are a \$10 donation for adults and free for anyone 17 years old and younger. Tickets can be purchased at the 4th Avenue Gallery in Marlinton, pocahonta soperahouse.org and at the door on the evening of the performance.

Opera House Season Preview Party Friday, June 9 5 p.m. Free



Seebert • 304-653-4515

adjacent to the Greenbrier River Trail across from Watoga State Park

Open seven days a week.



Michael Winograd

The Pocahontas County 24 performance series, worked hard to bring a va-Opera House Preview which promises to be one riety of acts to our stage Party is scheduled for Fri- of the most exciting and that will appeal to a wide day, June 9, from 5 to 7 diverse seasons yet.

free, will feature the an- light hors d'oeuvres and them with our communouncement of the 2023- drinks provided by local nity." restaurants and board members. Attendees will formance Series is prealso have the opportunity sented with financial to socialize and network assistance from the West with other members of the Virginia Division of Culcommunity who share a ture and History, with appassion for the arts.

this event and reveal our the Arts. Support is also upcoming performance provided by Pocahontas series," said Brynn Kusic, County Dramas, Fairs and Operations Manager of Festivals, and the Pocathe Pocahontas County hontas County Conven-

range of audiences, and Guests will be treated to we can't wait to share

The Opera House Perproval from the West "We are thrilled to host Virginia Commission on



pm. The event, which is

Spring ~ The gateway season to getting back outside

Mike Moore Information Specialist Pocahontas County Convention and Visitors Bureau

a young man growing up in West Virginia, I had dreams of someday traveling the world. And while I've lived in a couple neighboring states, visited Oregon, and spent a week in Canada, I have yet to leave this continent to visit another. But it's a dream I just can't shake, and honestly don't want to. So, as an armchair traveler (for now), I dream, make sure my passport is still where I put it, and watch my fair share of travel shows. For example, a few weeks ago tourists were all part of the and beach somewhere Maui?"

on the practical side of for this change of mind making the move. The they missed the change of cost of living, job oppor- seasons. I guess 365 contunities, and dealing with secutive days of sunshine



Watoga Lake. Photo courtesy of Laurel Hill Photography

I happened upon a pro- expected offerings. But breezes are just too much sion I, too, would probably gram tailored to those giv- one topic that I hadn't for some folks. ing thought to relocating considered was weather. to Hawaii. I settled in for More to the point, the lack of information caused me the ride reasoning with of diversity in the weather. to think. I realized I've myself, "Who doesn't in- The narrator revealed never lived anywhere dulge in the occasional that a high percentage of where I did not experiwintertime daydream of Hawaii's new residents ence the passing of the pulling up stakes and eventually moved back to seasons. moving to a sun-soaked the mainland sometime thought about it, I eventuin after the end of their first year in paradise. The The program touched number one reason given

warm, tropical ally came to the conclu-

This unexpected tidbit as well. The more I



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County in particular. changes to a lush green. Even though our winter of It's almost as if a shroud is 2022/2023 appears to be being pulled back and going into the record everything from the book as a nearly snowless weather to the woods is rewinter, we still, neverthe- born, fresh and new. less, get to experience the

in a time-honored state of ting back out there. patiently waiting for warbegin to change.

brighten. The dull brown So, back to West Virginia

miss the different seasons,

in general and Pocahontas of the mountains slowly

Here, in Pocahontas change of seasons here. County, spring marks that And while fall is my go-to time of year to start getanswer if asked for my fa- ting back outdoors. To vorite time of year, I must feel the warm sun on your admit, spring runs a close face, to see flowers bloomsecond place in my mind. ing and hear the birds For me spring marks a singing. It's time to dig renewal - an awakening of out the old fishing rod sorts. The winter months and make your first return bring with them gray skies to that secret fishing hole; and barren mountain- less concerned with catchsides. Winter feels as if ing anything and more everything lies dormant; concerned with just get-

Spring brings with it opmer weather. But with the portunities. Unless you're coming of spring, things a skier, you've more than likely spent winter bun-The gray skies begin to dled up waiting for things

See SPRING, page 7



Hiking, biking, birding, fishing, scenic train

rides, Civil War battlefields, the Green Bank

Observatory, Snowshoe Resort and just

relaxing in our beautiful national forest.

MOUNTAIN BIKERS WELCOME!









PocahontasOperaHouse.org



SPRING from pg 6

to warm back up so you can get out of the house and enjoy the outdoors once again. Well, with the coming of spring, that wait is over.

With five state parks, two state forests, and more than one third of the Monongahela National Forest calling Pocahontas County home, you have access to more than 500 miles of hiking and biking trails just waiting to be explored and a wide variety of campsites to be enjoved.

The lakes at Watoga State Park and Seneca State Forest, as well as the Greenbrier River offer canoeing and kayaking outings as well as the

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The Lake at Seneca State Forest. Photo courtesy of familydaysout.com

ing and sightseeing along ter way to spend a laid- a gardener. He always the way. And if you're not back, sunny spring day looked forward to spring a fan of being on the water than a little biking along and putting in a big garbut like being around it, the banks of Greenbrier den; growing more than you can try a springtime River. For those who like we could ever use and bike ride on the Green- to get out and play in the happily brier River Trail. At 78 dirt, spring is the time of bounty with others. In my miles long and a one per- year to get that garden mind, a garden is the

possibility for a little fish- cent grade, there's no bet- underway. My father was



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sharing the quintessential symbol of the end of winter and the beginning of spring – a clear display of moving from an inactive state to new life.

So, whether it's gardening, hiking, biking or camping, or just about any other outdoor activity you can come up with, spring is the gateway season to getting back outside and enjoying all that Pocahontas County has to offer. So, get out there and enjoy spring!

And as far as world traveling goes and that sunny beach in Maui - well the world isn't going anywhere. I'll keep making my plans to get out there and see all of it I can. But while I'm here in the mountains I call home. I'm going to enjoy as much of Pocahontas County as possible. And down the road? Who knows?

I hear Scotland is nice this time of year.

MOUNTAIN

ARTS 🔜

Store the cuisine and heritage of the Mountain State in your own back Store the cuisine and heritage of the Mountain State in your own back Store the cuisine and heritage of the Mountain State in your own back Store the cuisine and heritage of the Mountain State in your own back Store the cuisine and heritage of the Mountain State in your own back Store the cuisine and heritage of the Mountain State in your own back Store the cuisine and heritage of the Mountain State in your own back Store the cuisine and heritage of the Mountain State in your own back

public and are fun for the whole family.

Saturday, April 8, 3 to 5 Lewisburg. p.m. at High Rocks Lodge Hillsboro.

Ramp Salt and Ramp scratch. Pesto. Get a glimpse belocally grown and har- in Lewisburg. vested materials into marketable finished products. **Baking:** Baking with ap-public.

Thursday, April 13, ples Appalachian style. 5:30 to 7: 30 p.m. at Ruby Grow Farm in Hillsboro

the Ruby Grow high tun- Hillsboro.

State in your own back the forest and share shitakes and learn how to yard. These events are all and/or learn tips on iden- grow edible mushrooms are offered free to the tifying morel mushrooms. on a log.

Friday, April 21, 5:30 to **7:30 p.m.** at The Hub in

Pepperoni Rolls: Food 195 Thompson Road, of our people. Learn to Railroad State Park Saturmake this delicious West day, April 8, 8 to 9 p.m. Value Added Products: Virginia specialty from for a guided hike along

hind the scenes of turning to 7:30 p.m. at The Hub Moon. The hike will begin

Appalachian

Saturday, May 6, 3 to 5 p.m. at High Rocks Lodge Seed to Skillet: Tour 195 Thompson Road in

Full Pink Moon Hike ~ Saturday, April 8

Head to Cass Scenic the Greenbrier River Trail Friday, April 28: 5:30 to view the Full Pink at the visitors center, and Apple is free and open to the



Learn how to create delicious meals, identify and grow your own mushrooms, and more at the High Rocks Folk Arts and Culture Workshop Series.

April's full moon is known as the Paschal Full Moon: the first full moon of spring, which began p.m. at the Pocahontas life and music of blues legwith the spring equinox County Opera House. on March 20, 2023. The who celebrate Easter, since Easter's date depends on the date of the Paschal Full Moon.

PLAYGROUND

Doris Fields as "The Lady and the Empress"

Paschal Full Moon is an press" is a stage play, a important moon to those one-woman show written

and performed by Doris Fields (Lady D). The per-Saturday, April 15, 7:30 formance is based on the end Bessie Smith, who was "The Lady and the Em- also known as the Empress

See MARK, page 9







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Save the dates -October 6 and 7: Huntersville **Traditions** Days

Spend a weekend back in time and enjoy demonstrations of traditional cultural arts of bygone days!

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MARK from pg 8

of the Blues. The performance features many of Smith's most popular songs such as "T'ain't Nobody's Business If I Do" and "Nobody Knows You When You're Down and Out."

Tickets are \$10 at the door or in advance at the 4th Avenue Gallery or online at pocahontasopera house.org

Wild Edible and Medicinal Walk ~ Friday, April 21

Yew Mountain, 9494 Lobelia Road, Hillsboro

Join herbalist Kayde fen Deardorff for a gentle walk to find spring edible and medicinal plants.





Visit us at: LITTLEMOUNTAINRETREAT.COM

or call



Learn how to identify the parts and properties; learn about uses and recipes and more. Dinner will follow. RSVP at yew mountian.org

Wildflower Festival at Yew Mountain ~ Saturday, April 22

This festival provides a full day of art and nature activities for all ages - and most of it is free. There will be an all day Native Plant Sale; a Ramp 5K Challenge; and even a Ramp Romp Kids Challenge. Ramp Ramen for lunch - \$10.

Register online - and early for a discount - for the Challenge at yew mountain.org.



Wild Edible and Medicinal Walk at Yew Mountain Center with herbalist Kayde fen Deardorff.

Great Greenbrier River Race – Saturday, April 29

The family fun,

mile bike ride. The Great Marlinton. Greenbrier River Race is annual Great for the young and old friendly physical fitness level, just of a three mile run, four even if you're just a spec- County Opera House

miles on the river by tator. The race begins at

kavak or canoe, and a 10- 11 a.m. on Main Street in

Michael Winograd and Saturday, April 29, 7:30

Michael Winograd and

The Honorable Mentshen showcase Klezmer, a traditional celebratory music of the Eastern European Jewish diaspora. With roots that pre-date the Middle Ages, klezmer incorporates cantorial melody, ancient folk tunes, Yiddish poetry, Hebraic ritual, and Greek and Ottoman influences.

Tickets are \$10 at the door or in advance at the 4th Avenue Gallery or online at pocahontasoperahouse.org

Full Flower Moon Hike ~ Saturday, May 6,

8 p.m. Head to Cass Scenic Railroad State Park for a guided hike along the Greenbrier River Trail to view May's Full Moon. The hike will begin at the visitors center and is free and open to the public.

The Full Moon in May is known as the Flower Moon. Other names include Planting Moon and Greenbrier River Race is a alike, no matter your The Honorable Mentshn the Milk Moon, while some call it the Hare event/triathlon consisting come join in the fun - p.m. at the Pocahontas Moon. The Flower Moon

See MARK, page 10





Greenbrier Suites

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MARK from pg 9

Spring 20

Supplement to The Pocahontas Times

ourism

COMPASS

Page 10

is named after the abundant flowers that grow in the month of May.

Full Strawberry Moon Hike ~

Saturday, June 3, 8 p.m. Cass Scenic Railroad State Park will offer a guided hike along the Greenbrier River Trail to view the Full Strawberry Moon. The hike will begin at the visitors center and is free and open to the public. According to the Old Farmer's Almanac the name, Strawberry Moon, has been used by Native American Algonquin tribes that live in the northeastern United States as well as the Ojibwe, Dakota, and Lakota peoples to mark the ripening of "Junebearing" strawberries that are ready to be gathered. The Haida term Berries Ripen Moon reflects this, as well. As flowers bloom and early fruit ripens, tives as they move down June is a time of great abundance for many.





operable, steam locomo- to behold.



The 2023 Parade of Steam will take place Saturday, June 17, at 10 a.m. at the main parking lot at Cass Scenic Railroad State Park. Admission to the parade is free for everyone and attendees will have the opportunity to view all



of Cass Scenic Railroads' unique and beautiful sight



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six



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SPRING PROGRAMS

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(2) airbnb

Sat., April 22: Wildflower Festival

See what's springing up in the forest and shop at our native plant sale. Take a guided wildflower walk, engage in arts activities for all ages, do the rugged Ramp 5K challenge, learn about forest farming, and enjoy ramp ramen.

Sat., May 20th : WV Forest Farming Field Day

Tour the YMC's forest farm and learn about mini-grants and technical assistance available to get you started or to expand a forest farm. All experience levels are welcome!

Wild Wednesdays in June--every Wed., time TBA

Children will explore a different adventure each week. Learn outdoor skills, create art, study animals and plants, and play where the wild things are.

For more information and to register:

www.yewmountain.org info.yewmountain@gmail.com 304-653-4079



FREE FOLK ARTS AND CULTURE WORKSHOPS

presented by High Rocks in partnership with Berea College, March 18 – May 13, 2023



Saturday, March 18th, 9 a.m. - 11 a.m. at Fort Warwick, Green Bank

Learn how this sweet mountain treat is made during Mountain State Maple Days!

Saturday, March 25th, 11 a.m. – 1 p.m. OR 3 p.m. – 5 p.m. Knapps Creek Trout Lodge, Marlinton Trout to Table

Learn to prepare and cook freshly caught trout! Limited slots available - please call to register for this free event.

Saturday, April 1st, 3 p.m. – 5 p.m. at the High Rocks Lodge, Hillsboro Ramp up at High Rocks

Join High Rocks and learn how to identify, sustainable harvest, and prepare this mountain delicacy!

Value Added Products: Ramp Salt and Ramp Pesto Saturday, April 8th, 3 p.m. - 5 p.m. at the High Rocks Lodge, Hillsboro

Join us at High Rocks to sample local products and get a glimpse behind the scenes of turning locally grown and harvested materials into marketable finished products!



Thursday, April 13th, 5:30 p.m. - 7:30 p.m. at Ruby Grow Farm, Hillsboro

Tour our Ruby Grow high tunnel and learn about growning your own food! Please call to register for this free event.

Morel Mushroom Workshop

Friday, April 15th, 3 p.m. – 5 p.m. at the High Rocks Lodge, Hillsboro

Join us for an afternoon of food, fellowship, and fun as we go for a walk through the forest and share tips on identifying morel mushrooms.

PEPPERONI ROLLS: food of our people Friday, April 21st, 5:30 p.m. - 7:30 p.m. at The Hub, Lewisburg

Learn how to make this delicious West Virginia specialty from scratch!

Appalachian Apple Baking

Friday, April 28th, 5:30 p.m. - 7:30 p.m. at the Hub, Lewisburg

Join us at the Hub in Lewisburg for an afternoon of baking with apples, Appalachian stvle!

CAMPFIRE COOKING

Saturday, May 6th, 3 p.m. - 5 p.m. at the High Rocks Lodge, Hillsboro

Gather around the campfire! Share tips and tricks and set yourself up for success when planning a campfire meal! And of course, eat!

Innoculating Mushrooms Saturday, May 13th, 3 p.m. - 5 p.m. at the High Rocks Lodge, Hillsboro

"Plant" your own shiitakes and learn how to grow edible mushrooms on a log!

High Rocks' mission is to educate, inspire, and empower young people in West Virginia.





If you're searching for a second home or weekend getaway in Pocahontas County, let us turn that dream into a reality! Our local bankers understand the market and have the flexibility to design a loan package that is just right for you.

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Handmade WV Market ~ A one stop shop for specialty items

-Suzanne Stewart Staff Writer

week ahead. The market was and beads. two for the kiddies.

Keeping with the tradition Walker said. sourced food items such as eler and needle felter. and produce.

offer.

roing to market used made by nearly 50 different the wreaths. Janet Barker, a J^{to} mean getting artisans in mediums ranging retired RN, loves to sew, so milk, eggs, cheese from stained glass, wood she makes these adorable and other essentials for the and leather, to fabric, yarn stuffed animals."

the place for all your daily "We're the only place in work by others, Walker has needs and a sweet treat or the county that still has her own work, which she has Cindy Sandeno's jewelry," been doing for many years.

of markets, Handmade WV Sandeno was the district my whole life, but I'm self-Market, in Buckeye, has a lit- ranger for the U.S. Forest trained in sewing. I've never tle bit of everything. The Service in Marlinton before really taken a sewing class. shop, owned and operated moving to the state of Wash- No one has ever really sat by Anne Walker, has hand- ington for a new job. While me down with the exception made gifts by West Virginia here, she was a member of of a 4-H project at nine or artists, as well as locally the art community as a jew- ten, to say 'this is how you

who are on the retirement mother - I started in 2007 Walker first opened her end of their craft career," making diaper bags because shop in May 2021 on Droop Walker said. "I have Ron I made my own."

to expand what she has to Peggy Owens on the stained glass and mosaics. Sandy The shop features items Simmons, from Droop, does

> Along with featuring art-"I've done arts and crafts

use a sewing machine," she honey, maple syrup, bread "I have a lot of people said. "When I became a

Mountain, but moved to Swanberg's inventory, but Walker had a store-bought Buckeye in February of this that's all he's doing. But diaper bag that fell apart year for better visibility and then, I have Judy Gum and within a week of purchase



Photos by Suzanne Stewart

Retired RN Janet Baker makes these whimsical and cuddly stuffed animals which are op. Everything I had in at the market. for sale at Handmade WV Market in Buckeye.



West Virginia made maple syrup, honey, coffee and cornmeal are just a few of the food items available at the market. Walker said she hopes to expand the food section at even further when she the market to include produce and locally sourced meats.

and said she knew she could month because it was not "This location is slated to make something better.

"I started on that and days of selling." it really kind of ballooned - and she has expanded to baked goods." because I joined the Poca- include maple candied Walker envisions having a

inventory sold in the first She is also a novice bread and meats for sale.

in Buckeye.

sale. too.

she said. "If they have excess type of thing – and then be roof." garden, if they get a bumper able to have small chest "We just do a whole vari- to keep up-to-date on avail art and food."

This spring and summer, work, too." produce stand outside the building in the parking lot and has dreams to expand moves her shop to Marlin-

just a craft fair, it was thirty be a temporary location," she said. "The ultimate goal made one for myself," she Walker makes and sells for my business is to move to said. "From there, it snow- bags, aprons and coloring Marlinton. In that new facilballed. I did a lot of arts and tote bags, just to name a few. itv. once I get that secured, crafts festivals in Pocahontas She also has food items it will have a commercial County and was a stay at - she's famous for her kitchen. I want to offer seahome mom. Then, in 2013, homemade jams and jellies soned flours and some

hontas County Artisans Co- pecans and chocolate bark market similar to an Amish market, with fresh produce

The Handmade WV Mar-Walker said she will have a For now, the shop in Buck- ket is open Wednesday



Call for details!



Anne Walker has curated a collection of artwork, crafts and food items by more than 50 West Virginia individuals and businesses to sell in her shop, Handmade WV Market. The market is located on Seneca Trail - Rt. 219 South -

maker and has bread for "That's our plan," she eye is perfect to show off the through Sunday, 10 a.m. to said. "I'm going to try to artwork of the talented West 5 p.m. and is located on "We will hopefully be able find local sources for Virginians Walker has Seneca Trail Rt. 219 to purchase local produce," chicken, pork, beef – that brought together under one South – in Buckeye.

crop of something. Eventu- freezers so that people can ety," she said. "We take able items, check the Faceally this will be a mixture of come in and do grocery everybody. If it's handmade, book page at Handmade shopping and shop for art- I want it in my market."

For more information or WV Market.

Country River Cabins, LLC Three cabins nestled along the Greenbrier River and Trail, just 1.5 miles south of downtown Marlinton, between Marlinton and Buckeye. The River Trail runs through the property, and we offer very easy access to the trail and river. Perfect location for hikers, bikers, birders, fishermen and hunters. Pet and horse friendly! Call 304-799-6948 for information and reservations view online at countryrivercabins.com • countryrivercabins/facebook We make your life easier. **Buckeye Country Mart and Buckeye Home, Farm, Lawn and Garden Home Center Country Mart** Rt. 219. Buckeye **Old Drive-in location. Buckeye** 304-799-6880 304-799-0860 • Hardware • Plumbing • Electrical Gas & Diesel • Groceries • Fencing • Storage Solutions • Snacks, Chips • Bulk Candy Ready-to-heat Sandwiches

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tading fireflies

Melondy Phillips Staff Writer

Spring 202

Supplement to The Pocahontas

COMPASS

Page 1

with the dazzling display habitats around the yard of thousands of fireflies. I left undisturbed or lightly loved catching about 40 or manicured - may give 50 of them every night. I them a safe haven for matplaced them in a glass jar ing and laying eggs. with holes in the lid and These protected areas added some grass and could be perennial herb small twigs for them to or garden beds or a stack climb on. I sat the glowing of old logs and rocks with bed as my nightlight. The Phlox placed amid the next morning, I let them nooks and crannies. Fireprocess.

number of fireflies I see.

The West Virginia De- covers. partment of Natural Reother tion."

Female fireflies live mostly in the ground, so anything from raking very summer, when leaves to mowing the yard I was a child, our can damage or kill them. Lyard would be filled Having several natural jar on the tiny table by my plants such as Creeping all go and repeated the flies, often found mating near streams and even only live for a few days to

other. Since adult fireflies lengths.



Over the years, I have birdbaths, also like moist weeks, this is a crucial not only harmful to our noticed a decline in the shady areas such as under time frame for insuring fireflies, but also to most thick shrubs and ground the next generation will be of our other insects such Fireflies have a chemical amount of artificial out- lacewings, praying mansources stated, "West process called biolumines- door light during the time tises, lady beetles and Virginia's 40 species of cence. This process emits fireflies are out is critical more. These chemicals fireflies have declined in a light, or glow, to attract to their mating. If a lot of create an imbalance in nanumber due to habitat prey and mates. Outside outdoor light is a must, try ture's ecology. loss, pesticide use and artificial lighting can using red filters over the Fireflies are not only environmental make it difficult for mat- lights since fireflies are not mesmerizing to watch but causes such as light pollu- ing pairs to find each as sensitive to red wave-

Chemical pesticides are produced. Limiting the as honey bees, green

See FIREFLIES, page 15



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FIREFLIES from pg 14

are also beneficial insects. Fireflies are nocturnal beetles, which feed on slugs other crops.

In 2019, the West Vir- sightings. ginia Department of Nat-

During 2019 and 2020,

cluding the rare Synchro- new ones. nous Firefly (photinus

carolinus synchronizes her help protect the firefly light-flashing pattern with population and ensure the nearby potential mates to next generation. attract them.

Besides tracking the

and snails that can dam- ural Resources launched a the WVDNR received fireflies' locations, they age vegetable gardens and citizen science project to more than 2,000 reported also had 24 confirmed track and report firefly sightings of fireflies, in-species and possibly a few

> A quick search for the carolinus) that had its last Light Up West Virginia documented sighting in Firefly Project website will provide more information The female photinus and tell you how you can



Page

Fourism Supplement to The Pocahontas

Times • Spring

2023





)pening dates for MNF recreation sites

onongahela Nadeveloped recreation sites April 7 across the Forest. Campreservations for some sites snow-free; toilet open may be made at www.recre April 7 ation.gov Roadside campof the Forest year-round. 304-846-2695: Call local offices listed below for details.

Learn about recreating 223) safely and responsibly on your national forest at ground - April 7 https://www.fs.usda.gov/vis it/know-before-you-go/re ground - April 21 sponsible-recreation

Opening dates for ground – April 7 recreation sites on the Marlinton area, 304-799- open April 13 4334:

ground – April 7

• Highland open April 7, weather per- April 7 mitting

ground – April 14

• Rimel Picnic Area – April 7

ground - April 7

• Williams River Develtional Forest has oped Dispersed Campannounced the sites – opens when 2023 opening dates for snow-free; toilets open

• Williams River Fishground and picnic shelter ing Pier - opens when

Opening dates for ing, also called dispersed recreation sites on the camping or boondocking, Gauley Ranger District is available in many areas in the Richwood area,

• Bear Run Dispersed Camping (Forest Road

• Big Rock Camp-

• Bishop Knob Camp-

• Cranberry Camp-

 Cranberry Glades Marlinton-White Sulphur Boardwalk – Boardwalk **Ranger District in the** open year-round; toilets

 Cranberry Mountain • Day Run Camp- Nature Center – April 13

• Cranberry River De-Scenic veloped Dispersed Camp- North Bend Dispersed when snow-free; toilets snow-free; toilets open Williams River Developed brier Ranger District in

 Falls of Hills Creek – • Pocahontas Camp- opens when snow-free; toilets open April 7

• North Bend Picnic Area – April 7

• Summit Lake – Lake open year-round; toilets



open April 7

ground – April 7

• Third Bridge and Area – April 7 Highway - Road opens sites - Area opens when Camping (State Route 55) recreation sites on Green-

Dispersed • Summit Lake Camp- (Sites #1 to #6, #8 to 3335: #20) Woodbine Picnic Opening dates for April 14

Campsites the Bartow area, 304-456- – April 14

 Lake Buffalo – Lake · Gaudineer Knob Pic- open year-round; toilets nic Area -toilets open open April 14

• Island Campground

See SITES, page 17



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COMPASS

SITES from pg 16

• Laurel Fork Campground – April 14

• Little River Diswhen snow-free

• Middle Mountain Cabins – April 14

• Mower Tract Dispersed Camping (Forest

when snow-free • Old House Run Pic- area, 304-536-2144:

nic Area – April 14 persed Camping (Forest Camping (Forest Road Route 21/2) - Area opens Road 17) – Area opens 209) – toilets open April when snow-free

15

Road 227) – Area opens Ranger District in the White Sulphur Springs

• Anthony Creek Dis-• Stonecoal Dispersed persed Camping (State

• Blue Bend Recre-Opening dates for ation Area - Campground recreation sites on the and small pavilion opened Marlinton-White Sulphur March 24. Large Pavilion

PIONEER DAYS In Marlinton 56th Annual Natures MOUNTAIN SAVE THE DATES PLAYGROUND - 8 July Fun for the whole family! CAR SHOW
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opens May 19. • Blue Meadow Group when snow-free

Campground – May 19

Fireman's Cabin – April 7 Camping Loop – April 14 contact the District Office Lake Sherwood Recreation Area boat ramp reation Area remaining would like to visit. Contact and trailhead - open year- campground loops, group information is listed at

reation Area entrance ming beach – May 19. fices. road dispersed camping Day Use fee will be

 Lake Sherwood Recre-• Hopkins Mountain ation Area West Shore about recreation facilities, camping, picnic area, pic- https://www.fs.usda.gov/de • Lake Sherwood Rec- nic pavilion and swim- tail/mnf/about-forest/of

19.

For more information • Lake Sherwood Rec- near the location you





Page 17



What's That All Abo

From History of

'OLD FIELDS'

Indian cultivation.

clearings thought by the oped of these. early settlers to have been left by the Indians. The remains of Indian villages to their origin.

NATURAL MEADOWS **AND GLADES**

In addition to "Old Fields" which resulted from Indian activity and

was apparently natural have been thoroughly persists decades after the area. When the first white and of indefinite duration. studied. However, the pos- original lumbering while men entered this area, These areas, popularly sibility of the existence of surrounding areas are they found, in a few known as glades or bogs, "balds" in West Virginia grown up in a thick secplaces, small clearings left are of two general types - has not been thoroughly ondary growth. It is quite highest point in West Virby the Indians. The term the grass-sedge meadows considered. There is some evident that certain eco- ginia at 4,848 feet, merits "old field" has been used and sphagnum bogs. Both evidence for believing that to describe these open of these areas represent there were certain areas areas, which resulted from poorly drained mountain on or near mountaintops, valleys and can be consid- in this area, that are de-Old Field Fork and Old ered successional stage in void of timber and even of Field Ridge in Pocahontas the development of the shrub growth when the County were so called be- climax forest. Cranberry first white men arrived cause of the existence of Glades is the best devel- and were thus termed

BALDS

ideaway at Snowshoe

wn A Piece Of Almost Heaven

"balds."

At least one spot - Bald Knob – was bald when the The existence of "balds" first settlers arrived at Arnear many of these "old in the Southern Ap- bovale about 1770. This fields" leave little doubt as palachians has long in- particular spot was detrigued ecologists. The nuded of trees long before

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were very temporary in famous areas on Roan the surrounding timber logical factors are present special attention. Here the Pocahontas County - 1981 nature, there were many Mountain, North Carolina was cut in the early part of here that inhibit the estab- summit is covered by areas where the condition and other southern peaks the 20th century. It still lishment of trees in the beautiful second growth

BALD KNOB

red spruce with none of the stunted aspects of Spruce Knob only 25 Bald Knob, the second miles to the northeast.

See THAT, page 19



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THAT from pg 18

However, a few hundred feet below the summit on the eastern side is an exposed area of about 50 acres that was formerly devoid of trees; hence the name of the knob. The history of the area dates back to 1770 when the

IT'S BACK!

knob from the east beheld the shining bald. Above it, "bald" is in an ecotonal spot on Bald Knob is striction of spruce to the ther down the slope are the dark green spruce position between red 4,808 feet, which is well higher elevations here is derived from rocks of the reached to the horizon; spruce that comes down above the lower limit of possibly explained by the Mauch Chunk series. Outbelow it, giant hardwoods the slope to the upper spruce in West Virginia. fact that the tops of the croppings of Greenbrier clung to the steep slope. reaches of the bald area However, spruce is not mountains in this region Limestone are found on There it stayed through and the deciduous forest found at lower altitudes are capped by rocks of the the front slope of Bald the next 150 years until which is established below along Back Allegheny Pottsville Conglomerate Knob below 3,200 feet. the surrounding trees the bald spot. It is being Mountain, of which Bald Series. Red Spruce seems were cut by lumbermen, invaded by members of Knob is part, for several to have a very close affin- remains a mystery, but its

Ce K

first settlers to see the and fire swept through.

both these types.

The location of this The altitude of the bald south of this spot. This re- this mountain. Soils farity to soils derived from persistence may possible this series throughout its be attributed to its ecorange in the state. The tonal position between judged bald spot in question is spruce and hardwood forfound at the very lower est.

miles both north and limit of Pottsville stone on

The origin of this bald



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From the Keith Moore Collection



Nothing says spring like "knuckling down" with your best "shooter" in a game of marbles. The gentleman, overseeing the game, appears to be longtime Marlinton Graded School Principal J. Z. "Zach" Johnson. Marlinton High School is in the background to the left, and the Marlinton United Methodist Church is to the right.



There was a time when nearly everything you needed could be found on this corner of Main Street and Second Avenue. There was a hotel, restaurant, movie theatre, dress shop, barber shop, bus station, rooms to rent and more. "Those were the days, my friend..." Present day site of First Citizens Bank.



Brill's Esso – Full Service – Service Station at the intersection of Rts. 219 and 39. Pictured, I to r: Fred Hefner, Lois Brill (McElwee) and Raymond Bowers. The large house on the hill was known as The Carter House. Children loved to climb those steps. The service station is the present day site of Seneca Trail Physical Therapy.



C. J. Richardson store, 1904. Not sure what's going on here, but it sure drew a crowd. Something new will be going on in this building come Memorial Day 2023. See advertisement on page 14 of this Spring Compass.

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| MAY 27-29 | Memorial Day Weekend Celebrations |
| MAY 27 | Taste of the Mountain |
| MAY 28 | Ruff Race |
| JUNE 9 | Snowshoe Foundation Golf Tournament |
| JUNE 9-11 | Downhill Southeast Series Downhill Race |
| JUNE 18 | Community Appreciation Day |
| JUNE 24-25 | Grand National Cross-Country Racing Series |
| JULY 1-3 | Independence Day Celebrations |

| JULY 6- 9 | Yoga Power Retreat |
|---------------|---|
| JULY 13-16 | 4848 Festival |
| JULY 28-29 | Blues & Brews Festival |
| AUG 5 | Treasure on the Mountain |
| AUG 13 | Community Appreciation |
| AUG 19-20 | Pickin & Pedalin |
| SEPT 2-4 | Labor Day Celebrations |
| SEPT 27 | Mercedes-Benz UCI Marathon Bike World Cup |
| SEPT 28-OCT 1 | Mercedes-Benz UCI Mountain Bike World Cup |
| OCT 14-15 | WV Enduro Race |
| OCT 15 | Closing Day |



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