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NOVEMBER 16, 2023 VOL. 141 NO. 26

MARLINTON, POCAHONTAS COUNTY, WEST VIRGINIA 24954

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## Veterans Day ~ a time to honor those who served

Suzanne Stewart Staff Writer

The Pocahontas County Opera House was filled to capacity November 11 for the Veterans Day dinner where veterans from the county were honored for their service to the country.

The dinner, hosted by the Pocahontas County Veterans Honor Corps, was opened by Honor Corps commander Rick Wooddell with greetings and a message. Wooddell was also joined by Honor Corps member Donnie Waybright to perform the POW/MIA ceremony and Bells for the Fallen ceremony.

"It's a time when we honor every soldier, sailor, marine, airman and coast guardsman who gave some of the best years of their lives to the service of the United States, and stood ready to give life itself on its behalf," Wooddell said. "More than twenty-five million veterans walk among us and on this day, our nation pauses to remember them all."

While not all veterans have seen active combat, Wooddell said their service to the country is still equal to those who did. They served knowing that at any time they could be called to combat and they were willing to make the sacrifice to do so.

"For many veterans, our



POCAHONTAS COUNTY VETERANS Honor Corps commander Rick Wooddell, right, and member Donnie Waybright conduct the POW/MIA ceremony at the Veterans Day dinner Saturday at the Pocahontas County Opera House. The ceremony brings to remembrance the 81,000 service men and women who are unaccounted for and missing from their ranks. S. Stewart photo

nation was important enough to endure long separations from their families, miss the births of their children, freeze in sub-zero temperatures, roast in far away deserts, lose limbs and, far too often, lose their lives," he said. "Their families serve and sacrifice, as well. Military spouses have had to endure career interruptions, frequent changes of address and a disproportionate share of parental responsibilities. The children often had to

deal with changes in schools, separation from friends and, hardest of all, the uncertainty of whether mom or dad will live through their next combat tour."

Veterans Day began as Armistice Day, which commemorated the end of World War I at the 11th hour of the 11th day of the 11th month - November 11, 1918. It is a day of remembrance and appreciation, but it is also a day to remember that veterans - who gave so

much to the service of their country - need the same service from their grateful nation.

"Veterans Day is not just a day of celebration and remembrance," Wooddell said. "It is a day when we must recommit ourselves to the well-being of veterans. All our Veteran organizations have been stalwart champions in this endeavor, advocating for

see Served pg 13

## Jansky lecturer gives glimpse at GBO's past

Suzanne Stewart Staff Writer

Dr. Paul Vanden Bout, the 58th Jansky Lecture-ship recipient, never planned to become an astronomer. He explained this in his lecture held at the Green Bank Observatory last Thursday.

Vanden Bout, of Charlottesville, Virginia, entered into astronomy after receiving a degree in physics. He was a postdoc at Columbia University where he studied x-ray astronomy. From there, he went on to University of Texas in Austin where he continued to learn about astronomy.

He soon became a pioneer in millimeter-wavelength astronomy at McDonald Observatory in Texas.

During this time, the National Radio Astronomy Observatory was proposing construction of an interferometer, which is an array of smaller telescopes, instead of building one large telescope. Vanden Bout explained that an array provides better angular resolution than you can get with a single dish.

"An angular resolution, by that we mean the finest detail you can see in a picture of the sky," he said. "It depends on the wavelength that you use to make the observation, divided by the diameter of the telescope. For an interferometer, it's the wavelength divided by the largest separation of antennas."

At the same time of that proposal, there was another proposal in 1982 for a national millimeter array. The proposal didn't get much traction at first, but 38 years later, that proposed array was dedicated - the ALMA -Atacama Large Millimeter Array, in northern Chile.

"So what took so long?" Vanden Bout said. "Indeed we were asked this question more than once by our colleagues. Well, there were big distractions. There was the Very Long Baseline Array. Then there was the Green Bank Telescope, and we all wanted to expand the VLA [Very Large Array], it needed upgraded. It was falling apart. All of

these things took a great deal of time."

In 1985, Vanden Bout became director of the NRAO, which at the time included the Green Bank facility. One of the big distractions he mentioned - the Green Bank Telescope - came to fruition due to the loss of the 300-foot telescope which collapsed November 16, 1988.

"We come to the 300-foot telescope, which had a long, glorious history, but did not do well in a review that NSF [National Science Foundation] commissioned of all its radio facilities," Vanden Bout said. "It got a pretty low mark. In a sort of fit of embarrassment, it collapsed."

"Later on, we discovered that it was really metal fatigue," he continued. "There were incipient cracks in some of the supporting plates that Jim Condon drove to completion by exercising the antenna in an all sky survey."

On the night the telescope collapsed, Vanden Bout was confronted with thoughts of an unknown future.

"George Seislad called me up at eleven o'clock at night and said guess what?" he recalled. "And I didn't believe it at first. It was amazing. I saw it the next day. You kind of got over the initial shock. There was an investigation and so forth. And then, I started thinking about it. I thought this could be the end of Green Bank."

"I mean, the telescope's gone," he continued. "The 140-foot didn't have a lot of demand at that point. In fact, it was closed a few years later, and I thought it doesn't look good for Green Bank at all."

George Seislad had the same feelings and reached out to a member of Senator Robert C. Byrd's staff and set up a meeting with Byrd and Senator Jay Rockefeller.

"So we found ourselves, very quickly, in Senator Byrd's office," Vanden Bout said. "He was majority leader in the senate with Jay Rockefeller. So there's me and George and Eric [Jansky]."

see Jansky pg 13

## Motor Parts gets second mural



THANKS TO A grant, the Town of Marlinton commissioned artist Kelson Thorne, of Petersburg, to paint a mural of the American flag on the front of the Motor Parts building facing Rt. 39. Several years ago, artist Molly Must painted a Civil War mural on the wall facing Sixth Avenue. S. Stewart photo

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## Broadband Council and SKSRT join in broadband effort

**Tim Walker**  
AMR Reporter

Jenna Miller, CEO of the Spruce Knob/Seneca Rocks Telephone Company (SKSRT), addressed the Pocahontas County Broadband Council at its November 9 meeting. Miller said SKSRT is applying for the third round of the "Line Extension Advancement and Development" (LEAD) grant program, which will expand broadband service to 145 addresses in three locations in the northern part of the county. Those areas are:

1. The North Fork Loop
2. Lower Murphy Road
3. Powder Horn Lane

Miller said the total amount of money the LEAD grant will pay to provide the broadband service to these 145 addresses is \$550,650, but the local match is based on \$500 per address, or \$72,500. Miller asked for the Broadband Council's support when they ask the Pocahontas County Commission to provide the local match funds at a special commission meeting set for November 15.

Ruthana Beasley said, since Broadband Council's primary mission is to bring broadband service to as

many county residents as possible, they will join with SKSRT and recommend the commission provide the local matching funds. The reason for the rush to secure the local match is that the LEAD Grant application is due two days later on Friday, November 17. Commissioner John Rebinski, who is also a member of the Broadband Council, said the commission has already set aside money to help fund local matches for broadband grants.

Cory Nipper, with the Thompson and Litton Company (T&L), provided an update on the ARC Power Grant Broadband Project. He said all of the requests to use poles have been submitted to First Energy and now that company has to make their poles ready to receive the project's fiber. He added that an agreement has not yet been reached with Frontier to connect to their 38 poles which are needed for the project.

Concerns were expressed that First Energy has delayed other broadband projects across the state by using their "Make Ready" program as an excuse to have the broadband companies spend their grant money to repair or replace First Energy's older poles

that have not been maintained by the company.

Mike Holstine said the West Virginia State Broadband Enhancement Council and the West Virginia Public Service Commission have been addressing this issue with First Energy, and hopefully it will be resolved before the county's project reaches that stage. Just in case, it was recommended the the Council send First Energy, the State Broadband Council and the PSC letters advising them that they are aware that this has been happening in other projects, and ask that they not to let it happen with this ARC project.

Nipper sent out a revised timeline for the ARC Broadband Project which you can view with this story at [allegheymountainradio.org](http://allegheymountainradio.org)

Basically, it says actual construction should start July 25, 2024 and be complete by January 15, 2025.

Regarding the BEAD Grant, the Broadband Council's application will be submitted by the closing date, November 20. It was pointed out that the government's BEAD document incorrectly said Pocahontas County did not hold any re-

**see Council pg 14**

## Commission moves to restrict access to the courthouse

**Tim Walker**  
AMR Reporter

At its November 7 meeting, the Pocahontas County Commission approved a bid from Security Detection Services to purchase a Garrett walk-through metal detector, a Garrett handheld metal detector and an Auto Clear Model X-ray machine at a total cost of \$24,540. The cost will be paid from the Courthouse Security Grant.

Commission President Walt Helmick explained that it has become necessary to add this security to the courthouse because the West Virginia Supreme Court has been concerned about the lack of security at the Pocahontas County Courthouse,

and is requiring these additional security measures.

Helmick said that once this security is in place – in about six months – the front and rear doors to the courthouse will be closed to the public. People will be required to use the side door to the right of the main entrance where they will be subject to metal detection and have their property x-ray-scanned. These types of security measures are already required in many county courthouses in the state, including at the Greenbrier County Courthouse.

Helmick said the biggest expense to this will be hiring courthouse guards who will staff the security entrance.

In a related action, the commission voted to sign an

agreement with SecuriTech, LLC to wire the doors and install electronic door locks so that courthouse employees can still access the building through the other doors, and not have to go through security every time they go to work.

The commission also approved the purchase of a 2023 Chevy Tahoe with 4-wheel drive, and a 5.3-liter engine for \$55,445. Mitchell Chevrolet submitted the only bid. This vehicle will replace the high mileage 911 vehicle, and will be paid for from 911 funds.

They also approved a \$75,000 bid from Cass VFD, for the purchase of the 2016 Ford 350 ambulance, which

**see Restrict pg 13**

## Beware of 2024 Annual Report solicitations from third parties

West Virginia Secretary of State Mac Warner is issuing an important notice to West Virginia business owners regarding third-party solicitations to file 2024 Annual Reports on their behalf.

According to Secretary Warner, the solicitations have the appearance of an official government form, but are not government approved, reviewed, or official notices in any manner. These are advertisements.

Warner urges business owners to read the fine print in the solicitations. Third-party providers have been reported to charge businesses more than 500% of the statutory \$25 fee and often advertise the wrong deadline for state compliance.

Business owners can use free tools provided by the Secretary of State's Office to avail themselves of the most convenient and least costly filing method directly at [Business4.WV.gov](http://Business4.WV.gov).

"I can assure everyone that these third-party soli-

tations are not from my office and not from the state of West Virginia," said Secretary Warner. "We have modernized the business registration process in West Virginia. Now, nearly 99% of all businesses file their Annual Report online. You do not have to hire an outside vendor to file your Annual Report."

Businesses may contact the WV Secretary of State's Business Division at (304) 558-8000 for any assistance.

Please note: the 2024 Annual Report filing period does NOT begin until January 1, 2024 and ends June 30, 2024.

Secretary Warner encourages all business owners to be wary of any suspicious solicitations received by U.S. Mail or online requesting sensitive financial or per-

sonal information. He also advised to confirm that the vendor is properly registered to conduct business in the state of West Virginia prior to contracting for non-government services. If any business receives a suspicious solicitation from a non-government entity, please take care to research the sender and confirm it is legitimate.

The West Virginia Secretary of State's Office also offers two fee-waiver programs for the cost of registration and the first four years of annual reporting fees on a new business. Incorporators under the age of 30 are eligible for the Young Entrepreneur Waiver, and the Veteran Owned Business Waiver is available for veterans, active-duty military, and military spouses.

## Circuit Court

The following hearings were recently held in Pocahontas County Circuit Court:

A status hearing was held in the case the State vs Stephanie Michelle Sharp, 38, of Hillsboro, wherein the defendant stated that she does not want to pursue drug court. State had provided a potential plea for her to enter the drug court program. Sharp waived her right to a speedy trial during this term of court. The matter is set for a status hearing January 3, 2024. Pre-trial motions are to be filed by December 29, 2023. Sharp was indicted on one count, grand larceny, a felony; one count, conspiracy, a felony; one count, child neglect creating risk of serious bodily injury, a felony.

Landon Matthew Gibson, 20, of Buckeye, appeared by video from the Tygart Valley Regional Jail for a status hearing, wherein the State advised the court that a proposed plea agreement had been mailed to defense counsel. The defense stated that Gibson wants to enter a treatment facility. A change of plea hearing was set for November 15. Gibson was indicted on one count, petit larceny, a misdemeanor; one count, grand larceny, a felony; one count, burglary, a felony.

A status hearing was held in the case the State vs Franklin Monroe Cook, 65, of Caldwell, wherein defense counsel presented a motion to sever the counts in the indictment. The State advised the court that the matter is contested. Cook waived his right to a speedy trial in this term of court. Deadline for pre-trial motions is set for November 28. Cook was indicted on three

counts, sexual abuse in the first degree; two counts, sexual abuse by a custodian of a child; and three counts, sexual assault in the first degree.

Christopher Gibson, 46, of Buckeye, appeared for in-person sentencing, wherein the State stood silent during sentencing, and the defendant was remanded to custody of the West Virginia Department of Corrections for 60-day diagnostic classification. Upon completion of evaluation, the defendant may remain on bond until his hearing.

A motion for entry of a protective order concerning child testimony was filed by defense counsel in the case the State vs Luke Gum 35, of Dunmore. The court granted a continuance in the case, and Gum waived his right to a speedy trial in this term of court. The court accepted the waiver and the motion for the protective order. Gum was indicted on three counts, sexual abuse in the first degree, a felony; three counts, sexual abuse by a parent, guardian or custodian of a child, a felony; four counts, sexual assault in the first degree, a felony.

Angela Turner, 49, of

Marlinton, tendered a written plea agreement to the court wherein she pleaded guilty to the felony offense of driving while license revoked for driving under the influence of alcohol, third offense. The matter was referred to the probation department for a pre-sentence investigation. Sentencing and disposition is set for January 11, 2024. The court granted the State's motion for dismissal of one other charge in its entirety with prejudice and another with prejudice.

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**SATURDAY:** Baked meatballs and pasta, side salad and breadstick.

**SUNDAY:** Pork chops, baked macaroni and cheese, green beans and a roll.

**MONDAY:** Fried chicken sandwich and pasta salad.

**TUESDAY:** Smothered beef burrito, chips and salsa.

**WEDNESDAY:** Chef's Choice.

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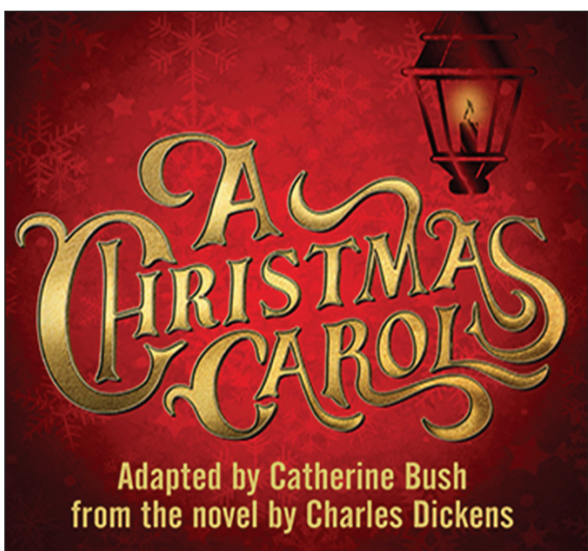
**SHAY'S At Cass Scenic Railroad State Park**

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**HUNTERS WELCOME!**

**We'll be serving Thanksgiving Buffet Thursday, Nov. 23, 11 a.m - 5 p.m or until it's gone!**





## Opera House to present GVT's "A Christmas Carol"

Pocahontas County Opera House continues its holiday tradition as it collaborates with Greenbrier Valley Theater (GVT) to proudly present "A Christmas Carol" Saturday, November 25, at 7:30 p.m.

Engage with the timeless tale of Ebenezer Scrooge's journey of redemption, guided through the chronicles of his past, present and future. This immersive experience, adapted from Charles Dickens' acclaimed novel by Catherine Bush, encompasses compelling themes of compassion, fraternity, and kindness, promising to stir and delight audiences of all generations this festive season.

"Greenbrier Valley Theater is heavily invested in the growth of professional-grade live theater in West Virginia, using the power of performing arts to illuminate, enrich and invigorate our regions," Artistic Director Jane Smith said. "We are committed not just to artistic excellence but essentially to the enlightenment of our youngsters, the nurturing of new dramaturgies, and the commitment to the highest standards of theatrical mastery."

The Opera House ensures accessibility and affordability, with ticket prices set at just \$10 for adults. Young theatre-goers aged 17 and younger are heartily welcome to enjoy the performance free of charge. Tickets are readily available at the 4th Avenue Gallery in Marlinton, online at pocahontasoperahouse.org or at the venue on the evening of the performance.

The Pocahontas County Opera House is grateful for the essential financial support it receives from the West Virginia Department of Arts, Culture, and History, endorsed by the West Virginia Commission on the Arts. Pocahontas County Dramas, Fairs and Festivals, and the Pocahontas County Convention and Visitors Bureau generously provide additional assistance.

The Opera House invites all to experience this time-honored tradition in a relaxed, family-friendly setting. The venue is fully accessible to individuals with disabilities, with special accommodations available upon request. You can secure tickets in advance, as seating follows a first-come, first-served policy.



### It's time for another Tick Talk Red Meat Allergy

A friend occasionally shares a story about a couple she knows who are avid hikers. I always enjoy the tale. Beverly has a knack for storytelling with her pitch-perfect timing, gestures and accentuation.

This particular couple would return from a hike and hang out with their fellow campers around the campfire. Their adoration for each other was obvious, and there would invariably come a time in the evening when they would head to their tent, telling the others that they would be checking each other for ticks.

The couple often put on Brad Paisley's tune, "I'd like to check you for ticks." And, as Beverly says, judging from the sounds issuing from their tent, it "apparently led to finding more than just ticks."

I'm sure the double-entendre didn't escape the attention of astute Time's readers. But if it did, ask your adult children to explain it to you.

If you like to eat red meat, you may be ticked off by the remainder of this article.

The gist of Beverly's story, as it relates to this article, is about the need to check for ticks. Please make a habit of examining yourself or have someone else check you for all species of these little vectors of multiple pathogens anytime you return from working or playing outdoors.

A recent column in *The Pocahontas Times* warned that the range and growing virulence of toxic plants

and fungi, such as poison ivy and the "Death Cap" mushroom, are aggressively expanding into new areas.

Climate change will affect the distribution and sometimes pose an existential crisis for many life forms. Vectors of multiple pathogens such as ticks are no exception, and you may have noticed that tick infestation is no longer a single-season threat – we now find them on our dogs and climbing up our pant legs throughout the year.

We are seeing an emerging health crisis from the Lone Star tick, known primarily for other serious diseases such as tularemia and Rocky Mountain spotted fever. The most recent threat from this tick is a dangerous condition called Alpha Gal Syndrome (AGS), or, as it's better known by the general public, red meat allergy.

Red meat allergy is not the condition known as meat intolerance, a digestive problem. Instead, this allergy affects our immune system and can result in a chronic condition that can cause a rash and, in more severe cases, anaphylaxis and death.

Moreover, this condition is brought on by eating any non-primate red meat and sometimes extends to dairy products and mammal products such as gelatin. You can eat meat for many years with no problems and then suddenly, after being infected, go to your favorite steakhouse and have an allergic reaction anywhere from three to six hours later.



**THE BITE OF a lone star tick can cause a potentially lethal red meat allergy. Please always check for ticks after being outdoors, as most species transmit a wide range of diseases, such as Rocky Mountain spotted fever, Tularemia, Lyme disease, and many more.** Courtesy of the U.S. Government CDC – James Gathany

And with the wide availability of delicious free range beef and lamb in Pocahontas County, we do not want to get this dreadful disease.

(Humans are primates, so practicing cannibals and vampires need not take heed.)

If this happens to you, it may mean that you have alpha-gal syndrome, and it is likely you got it from the lone star tick. This tick, like all ticks, climbs up plants, where they extend their front legs in a grasping manner called "questing." From this vantage point, they wait for their blood host to pass by and literally "set their hooks" into their next meal.

The tick has various acute sensing abilities, including radiant heat, carbon dioxide, breath and vibrations, sometimes from several yards away. And though we humans are not at the top of their menu priority due to our opposable thumbs adept at removing ticks, they will attach to us if the opportunity presents itself.

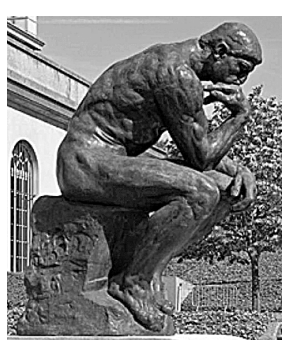
Once the tick crawls around on us until it finds a suitable feeding location,

often undetected, it prepares for a blood meal at our expense. Using its sharp claws to tear through the skin, the tick inserts its proboscis into the flesh. To avoid detection, the ravenous tick anesthetizes the bite area by literally spitting desensitizing compounds into the host.

The feeding tube, manufactured and cemented into place by the tick, is barbed and very difficult to pull out. Once the tick commences feeding on the host's blood, it may stay on the body for up to seven days before fully engorged, at which time it drops off.

Medical researchers still do not yet fully understand the mechanism of how a bite from an infected tick causes a devastating red meat allergy. However, researchers believe that the alpha-gal sugar molecules enter the host's body by the release of the tick's saliva when it pulls out and falls off. When this happens, there is a veritable histamine storm, causing allergic and anaphylactic reactions.

see Your pg 14



### TRIVIA – a little something to think about

Courtesy of Chuck Cornell

1. What is the name of the largest technology company in South Korea?
2. Which animal can be seen on the Porsche logo?
3. Who was the first woman to win a Nobel Prize (in 1903)?
4. Which monarch officially made Valentine's Day a holiday in 1537?

## Burma-Shave

A Blast from the Past

Courtesy of the Ruth Friel Estate

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This seasonal supplement to *The Pocahontas Times* publishes Thursday, December 14.

Deadline for ad selection and space is Wednesday, November 22.

# Christmas in the County

Please contact Sunny to place your greeting. Call 304-799-4973 or email shgiven@pocahontastimes.com.





## Marlinton Mayor's Corner

By Sam Felton

Those of you who read *The Pocahontas Times* know by now that Marlinton Town Council did not approve its annual donation to WVMR.

I do not think people have forgotten that it is WVMR's AM station, that has kept people informed and connected during power outages, the derecho and flood events. Also, I do not believe it represents a lack of loyalty

or staying power.

I do believe it was a result of the agenda item about the annual donation after a group of citizens chastised council by considering a municipal fee to fund the town police department budget.

The citizen group suggested "council needs to consider other ways to save funds."

Consequently, the motion to contribute died for lack of a second.

I suppose no tomato on your burger does represent a savings, but without tomato, do you really want the burger?

Most, if not all, want WVMR to remain, so I suspect the item will find its way back onto the council's agenda.

Partner Community Capital has said they are approving the Family Resource Network's application on behalf of the Town of Marlinton for a streetscape plan.

PCAP will be following up with a three-way agreement between PCAP, Family Resource Network and Destination By Design (DbD).

I will be relying on Sarah

Cottingham with Downstream Strategies and Josh Nease, Executive Director of MFTP, Inc., to help keep the ball rolling.

Also, council members Olivia Dean and Roger Trusler have been helping with the DOH sidewalks design grant. This grant application is still pending. We do not expect any announcement of an award before the spring of 2024.

But the timing should work out great, in that the streetscape plan can be completed first and then help to guide DOH's eventual engineering work needed to be accomplished for the sidewalks.



## Our Daily Bread

Be prepared with a blessing for meals during the holidays and every day. Thank you, Lord, for this food before us. Bless those who prepared it and those who are sharing it with us. May it nourish our bodies and bring us together in gratitude and love. Amen.



## What's Cookin'?

With Sally Cobb

**Honey-Baked Apples**  
4 Granny Smith Apples  
2 Tbsp. raisins or raisins  
1 Tbsp. minced crystallized ginger  
1 Tbsp. butter, cut into 4 pieces  
1/4 cup honey  
Core apples cutting to, but not through, the bottom. Peel the top 1/3 of each apple. Place apples in an 8" square baking dish.

Combine raisins or raisins and ginger in a small bowl. Spoon mixture into the cavity of each apple. Top each apple with one piece of butter; drizzle one Tbsp. of honey over each apple. Bake apples uncovered at 350° for 45 minutes or until apples are tender. Baste occasionally with juice from bottom of baking dish. Serve warm.

### Sweet Potato Casserole

**Topping:**  
1 cup light brown sugar  
1/3 cup all-purpose flour  
1 cup chopped pecans  
5 1/2 Tbsp. butter (1/3 cup), melted

Combine ingredients in a small bowl and set aside  
Extra butter for greasing baking dish

**Filling:**  
3 cups cooked mashed sweet potatoes  
1 cup light brown sugar  
1/2 tsp salt  
1 tsp. vanilla extract  
2 lg. eggs, well beaten  
1 stick butter, melted  
Preheat oven to 400°.

Bake 3 pounds of sweet potatoes on a baking sheet in the oven for 30 minutes. Reduce heat to 375 and continue baking until tender, 30-60 minutes, depending on the size of the sweet potatoes. Cool, peel and mash with a potato masher.

Preheat oven to 350°. Butter an 8x8 baking dish or deep pie pan. Combine the sweet potatoes, sugar, salt, vanilla, eggs and butter in a mixing bowl. Blend well. Put in baking pan. Top with pecan topping.

Bake for 30 minutes or until done.

## Community Calendar

**OPERA HOUSE**  
**Black Mountain Bluegrass Boys** Saturday, November 18, 7:30 p.m. Tickets, \$10, are available in advance at the 4th Avenue Gallery and online at pocahontasoperahouse.org or at the door the night of the show.

**Greenbrier Valley Theater** presents "A Christmas Carol" Saturday, November 25, at 7:30 p.m. Tickets, \$10, are available in advance at the 4th Avenue Gallery and online at pocahontasoperahouse.org or at the door the night of the show.

### PUBLIC NOTICE

**The Marlinton Town Office** will be closed Thursday and Friday, November 24 and 25, in observance of Thanksgiving. Garbage pickup for these days will be Wednesday, November 22.

**Pocahontas County Landfill and the Solid Waste Office** will be closed Thursday and Friday, November 23 and 24, for the Thanksgiving holiday. The Green Boxes will be open 1 to 4 p.m. Thursday, November 23.

**The Pocahontas Times** will be closed Thursday and Friday, November 23 and 24, for the Thanksgiving holiday.

**Green Box sites** – Winter hours, Sundays from 1 to 4 p.m. and Wednesdays and Saturdays from 8 a.m. to 4 p.m.

**Marlinton Presbyterian Church** is a drop-off location for shoeboxes for Operation Christmas Child, dur-

ing National Collection Week, November 13-20. Drop-off hours are 4 to 6 p.m., Monday – Friday, November 13-17; 10 a.m. to noon Saturday, November 18; noon to 2 p.m. Sunday, November 19 and 9 to 11 a.m. Monday, November 20. For more information or to pick up boxes, call Lauren at 304-799-4009 or leave a message at the church, 304-799-6145.

**Space is available for vendors for the Holiday Craft Show** at the Opera House to be held Friday and Saturday, December 1 and 2. To reserve a space, call Lauren at 304-799-4009 or 304-799-7386.

**It's time to plan your float for the Marlinton Christmas Parade.** Friday, December 1, at 7 p.m. For more information, call the Parks and Recreation office at 304-799-7386.

**Vaccines available at the Pocahontas County Health Department:** 2023-2024 updated COVID-19; RSV for ages 60 and older; Flu Vaccines; and High Dose Flu Vaccines for ages 65 and older. Call 304-799-4154 for more information.

### EVENTS

**FREE Community Dinner** Thursday, November 16, 5 to 6:30 p.m. at Marlinton Presbyterian Church. Sponsored by area churches and community volunteers. Traditional Thanksgiving meal.

**16th Annual Turkey Trot** Saturday, November 25, 1K Gobble Wobble for kids eight and younger 1 p.m. followed by 10K Trail Race and 5K Run/Walk. Virtual option available. Register at runreg.com/gbturkeytrot23

### LIBRARY NEWS

**Pocahontas County Libraries & Visitor Information Centers** will be taking canned goods for fines, now through December 20. Bring in any non-perishable item with your overdue books and fines will be waived.

**Budding Bookworms Playgroup** at Green Bank Public Library Wednesdays 10:30 to 11:30 a.m. Story time, activities, free play and snack for children ages 5 and younger, accompanied by an adult. Will not meet when schools are closed.

### MEETINGS

**Vietnam Veterans of America** meeting scheduled for Wednesday, November 22, has been canceled.

**Democratic Executive Committee** of Pocahontas County 6 p.m. Monday, November 27, at McClintic Library in Marlinton. The meeting is open to the public. Contact Jay Miller at jvmiller2008@gmail.com for information for a Zoom connection.

**NA meeting** Tuesdays, 6 to 7 p.m. at Hillsboro Library. Call 681-418-1484 for more information. Everyone welcome.

### PARKS AND REC

*All activities are at the Community Wellness Center, unless otherwise noted.*  
**Friday Fun** 4 to 5 p.m. at Durbin Library will focus on fall foliage with crafts, activities and books. Ages three to 10 are welcome, no charge.

**Zumba** – Dance and enjoy a fun, high-energy workout with Instructor Kelly Shifflett, Tuesdays at 5:30 p.m. and Thursdays at 5 p.m.

**Taekwondo** – Korean martial arts focusing on non-

see Calendar pg 15

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**BLACK MOUNTAIN BLUEGRASS BOYS**

**POCAHONTAS COUNTY OPERA HOUSE**  
818 Third Avenue Marlinton, WV 24954  
304-799-6645

**SATURDAY NOV. 18 7:30 P.M.**

\$10 Donation for Tickets Available at the Door  
Advanced Tickets Online at PocahontasOperaHouse.org or 4th Ave Gallery in Marlinton  
Free Admission for Children 17 & Younger

Mill Point local Richard Hafner has been the bandleader of West Virginia's longest-running bluegrass band for over half a century. This year, he has curated one of the most diverse lineups for the group.

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## 16th ANNUAL TURKEY TROT

In Person and Virtual Race Options

Virtual Race: November 1-25

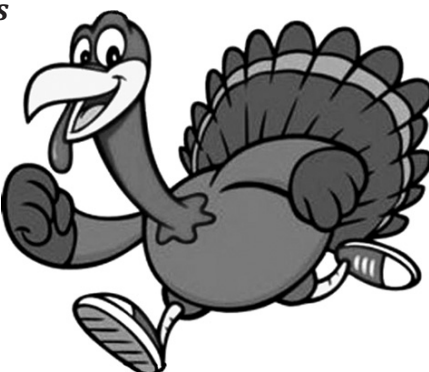
In person race:

Sat., November 25

**Green Bank Observatory**

1K Gobble Wobble for kids aged 8 years and younger at 1 p.m.

Followed by 10K Trail Race and 5K Run/Walk.



The Trot benefits the William Dille Scholarship and the PCHS Track Team. Register online at www.runreg.com/gbturkeytrot23 Visit the Facebook Group: 2023 Green Bank Turkey Trot. For more information, contact Mali Minter 304-456-4460.

## PMH Auxiliary BASKET DRAWING FUNDRAISER

Name \_\_\_\_\_  
Phone: \_\_\_\_\_  
Mailing address: \_\_\_\_\_

**Tickets are \$1 each or 6 for \$5**  
Indicate total number of tickets you want to purchase: \_\_\_\_\_ Total amount included: \_\_\_\_\_

In the spaces below, indicate how many tickets you wish to place in the drawing for each individual Basket. If you have questions about this process, contact Sara Casto at 304-799-7400, ext. 1020. *Shipping is an option for out of town winners.*

**Drawing will be held December 1, 2023. Photos of all baskets can be found on the PMH Facebook Page. Mail this form and a check for your total ticket amount to: PMH Auxiliary, 150 Duncan Road, Buckeye, WV 24924.**

BASKET DESCRIPTION	# OF TICKETS
<b>#1 His and Hers Crate</b> Backpack coolers, beach towel bag, two candles, drink cup, wallet, soap/lotion gift set, two sunglasses, deer dice game, Lindor chocolates.	
<b>#2 Yeti Basket</b> Flip top cooler, ice pack, 14 oz. mug, colster can insulator, 35 oz. tumbler. All Yeti products!	
<b>#3 Miche Bag Basket</b> Miche base bag with four interchangeable covers for five possible total different bag looks! In beautiful basket.	
<b>#4 PMH Pharmacy Goodies</b> Swig Life tumbler, two TY beanies, candle, nail care set, "Take Me Home Country Roads" book, Vera Bradley tote bag.	
<b>#5 Everything Beauty Basket</b> Numerous beauty products!	
<b>#6 Canning Basket</b> Wide mouth mason pint jars, canning salt, canning utensils, medium salsa packs, sweet pickle relish.	
<b>#7 Joy and Iman Purses</b> Two large Joy and Iman bag/totes with matching inserts; to be carried alone or in larger bag as organizer.	
<b>#8 Primitive Basket</b> Candles, dish towels, decorative signs, electric candles, cranberry décor sprigs and tree, decorative grapevine balls.	
<b>#9 Fitness Pack</b> Fitness bands, yoga towel, smart jump rope, sliding core discs, tote bag, water bottle, and much more!	
<b>#10 Hair Care Products</b> More than twelve hair care products in beautiful basket.	
<b>#11 Head to Toe Body Basket</b> This basket is PACKED with soaps, whipped body lotions, nail polish, foot cream, and more.	
<b>#12 Mixed Greens Bowl</b> Beautiful wooden bowl and salad serving utensils with \$200 worth of "mixed greens."	
<b>#13 Country Kitchen Basket</b> Recipe box with cards, soup bowls, mixing bowl set, cast iron skillet, glass casserole dish, and more.	
<b>#14 WVU Game Day Basket</b> Football-themed cups and plates, foam footballs, napkins, WVU stickers and koozies, Coke and Slim Jims, garlic parm crisps, and more!	
<b>#15 Coffee Basket</b> Thermal coffee mug, two glass coffee cups, Tim Horton Cold Brew, Folgers Coffee, various syrups, three boxed tea tins, \$20 Starbucks card, \$10 PMH Pharmacy card, and more!!	
<b>#16 Car Care Basket</b> Wash and Shine, car cleaning kit, cup holder trash can, deluxe safety kit, microfiber towels, car air fresheners, foldable crate/tote.	

All Baskets donated by PMH employees and Auxiliary members. 100% of the proceeds of this sale will benefit the PMH Auxiliary.



# Obituaries



## Glenda Beckwith

Glenda Sue Beckwith, 86, of Slaty Fork, went to be with her husband and family in heaven Tuesday, November 14, 2023, from her home.

Born New Year's Day, 1937, she was a daughter of the late Orden "Pipe" Hamrick and Bessie Schofield Hamrick.

On August 25, 1952, Glenda married Ralph Beckwith at Bennettsville, South Carolina. They moved to their home in Slaty Fork, where they created a life and raised their family.

She was always Ralph's not so silent partner, building their business and their family. She received her GED and was a self-taught bookkeeper for their company until she retired. She was Ralph's number one cheerleader at horse shows, softball games and anywhere else. Following her retirement, she stayed at home, talking with her daughter, Vicki, every day, as well as her special sister, Patsy, who checked on her every morning by 9 a.m.

In addition to her parents and husband, Glenda was preceded in death by a grandson, Bradley, whom she and Ralph raised; brothers, Velmer, Leonal, Hayward, Clifford; and sisters, Charlsie, Velda, Marcie, Donella and Shirley.

She is survived by four children, Ralph Wayne Beckwith (Nanette), Vicki Woods (Charles), Ronnie Beckwith (Sandra), and Ricky Beckwith (Tina); seven grandchildren, Juli (Sam), Danny (Elaina), Kenny (Jaclyn), Jessica, Dustin and Whitney; nine great-grandchildren, Makayla, Wyatt, Adrienne, Kynleigh, Kiera, Brittany, Dawson, Brady and Dax; and sisters, Patsy Wilson, Rita Rockenfelter, Judy Rose and Debby Stewart.

The family extends their appreciation to Glenda's caregivers, Melinda Moore, Tresha Jackson, Brenda Cagle and Penny Cosner.

She will be deeply missed.

The family will receive friends at Big Springs Presbyterian Church at Linwood Friday evening, November 17, 2023, from 5 to 8 p.m.

Funeral service will be held at the church Saturday, November 18, 2023, at 11 a.m. with Pastor Sam Felton officiating.

Interment will be in the family cemetery.

## Thomas Clevenger

Thomas Buster "Tom" Clevenger, 44, of Slaty Fork, formerly of Webster Springs, unexpectedly passed away Monday, November 6, 2023.

Born December 30, 1978, in Webster Springs, he was a son of Debora K. Postalwait Clevenger, of Webster Springs, and the late Buster T. Clevenger.

Tom was a Broker, Owner and Realtor at Adventure Realty. He enjoyed art, painting, clay, and interior decorating. He previously worked in the restaurants at Snowshoe Mountain Resort. He attended Chapel on the Mount Episcopal Church in Snowshoe.

In addition to his father, he was preceded in death by his paternal grandparents, Onie Earl and Maggie Gathel Groves Clevenger; and paternal grandparents, Russell "Bill" and Barbara Hines Postalwait.

In addition to his mother, those left to cherish his memory are his sister, Loretta K. (Shawn) Cutlip; brother, Tony Clevenger; nephew, Brandon Cutlip; niece, Amanda Cutlip; his loving furry companion, Christian; and many cousins.



aunts, uncles, extended family, friends, coworkers and clientele.

The funeral service was held Monday, November 13, 2023, at Dodd and Reed Funeral Home with Pastor Bennie Cowger officiating.

Online condolences may be shared at [www.doddreedfh.com](http://www.doddreedfh.com)

## James Elza

James Franklin Elza, 84, of Leavittsburg, Ohio, passed away Tuesday, October 3, 2023, at St. Joseph Warren Hospital.

A memorial service will be held Saturday, November 18, 2023, at 2 p.m. in the Community Center at Cass.

## Charles Harvey, Sr.

Charles "Dick" Harvey Sr., 89, of Asbury, passed away Saturday, November 11, 2023, at Carilion Roanoke Memorial Hospital in Roanoke, Virginia.

Born December 3, 1933, in Asbury, he was a son of the late Porter Elliott and Lois May Hayes Harvey.

Dick retired as a Superintendent for Anderson Paving with more than 35 years of service. He was a member of Asbury Methodist Church and loved to play golf. Dick also oversaw the Asbury Methodist Church Cemetery for many years.

In addition to his parents, he was preceded in death by his loving wife, Mary Jane Harvey; son, Charles D. "Rusty" Harvey Jr.; brothers, Beryl, Darrell and Larry Harvey; sister, Anna Ruth Harvey Ray; nephew, Charles Buck Smith and Donald Tink Smith; brother-in-law, Robert L. Smith; and niece, Brenda Sue Ray.

He is survived by a sister, Doris Harvey Smith, of Ronceverte; sister-in-law, Peggy Sampson (Randy); of Lewisburg; brother-in-law, Mickey Hanna, of Clintontown; nieces and nephews, Doug Smith, Tim Smith, Jimmy Ray, Karen Bryson, Susan Cherrie, Brian Sampson Sr., Jeremy "Jake" Sampson, Shelly Sampson, Jason Hanna and John Hanna; great-nieces-and-nephews he thought of as grandchildren, Adam Smith, Brian Sampson Jr., Savannah Moyer, Courtney Moyer, Eli Sampson, Summer Sampson, Alex Sampson, Abbi Hanna, James Harvey, Savannah Harvey, Jaidyn Smith, Mariah Strowbridge, Sarah and Hannah Smith, and Dallas and Declan Meriwether; and many friends.

Funeral service will be held at 1 p.m. Thursday, November 16, 2023, at Morgan Funeral Home Chapel with Pastor Ron Miller officiating.

Interment will be in Asbury Methodist Church Cemetery. Online condolences may be shared at [www.morganfh.net](http://www.morganfh.net)

## Gary McKenney

Gary Wayne McKenney, 73, passed away Wednesday, November 1, 2023.

Born July 18, 1950, in Marlinton, he was a son of the late Nellie McKenney and Leslie Lambert.

Gary was a bus driver for Pocahontas County Schools and owner/operator of a plumbing and heating business in Marlinton.

He is survived by his children, Darin McKenney and Carrie Dean; granddaughter, Makenna McKenney; and a sister, Nancy Green.

In keeping with Gary's wishes the body will be cremated and there will be no service.

## IN APPRECIATION

Those of you who knew Gary when he was of strong health and mind, knew he was incredibly smart, caring, talented and passionate in his faith for God. For those that didn't know him, perhaps you were a fan of the hit show "Friends" that has been in the news lately.

"What mental health needs is more sunlight, more candor and more unashamed conversation." ~ *Glen Close*

My heartfelt thanks to those who prayed for and were there for him during his long struggle.

"In God I Trust." - *Nancy Green*

## Betty Mullenax

Betty D Mullenax, age 95, of Arbovale, peacefully passed away Sunday, November 12, 2023, at home.

Born August 5, 1928, at Arbovale, she was a daughter of the late Warren E. and Grace D. Brown.

Betty was a lifelong resident of Arbovale and faithfully attended Arbovale United Methodist Church. She was a member of the church choir and thoroughly enjoyed singing. Betty, along with her husband, Ebbie, owned and operated Trent's General Store in Arbovale for many years. Betty continued to work at the store until she was 93 years old. She enjoyed being at the store and seeing the customers who were some of her best friends.

In addition to her parents, Betty was preceded in death by her beloved husband and soulmate of 65 years, Edward (Ebbie); and four brothers, Bob, John Glenville, Hunter Keith and Tom.

She is survived by two daughters, Debbie Ervine (Bob), of Arbovale, and Teresa Rundle (David), of Fairmont; four grandchildren, Donnie Ervine (Erica), Jason Ervine (Kim), David Paul Rundle (Jessica), and Katrina Rundle (Marcus); two great-grandchildren, Mason Rundle and Gemma Rose Wilson; three special children whom Betty considered to be her great-grandchildren, Brayden Smith, Caleb Smith and Sierra Peck; sister, Mary Pat Bundrum, of Jacksonville, Alabama; and brother, Wayne C. Brown, of Arbovale. Also left to cherish Betty's memory is a very special friend, Laura Plank. Laura brought much joy and laughter into Betty's life.

A Celebration of Life will be held Sunday, November 19, 2023, at 2 p.m. at Wallace and Wallace Funeral Home in Arbovale with Pastor Amy Paul officiating. Burial will follow at Arbovale Cemetery.

The family will receive friends two hours prior to the service.

In lieu of flowers the family requests donation be made to support the Green Bank Senior Citizens Center, a place where Betty enjoyed great meals and fellowship with friends that were like her loving family. Donations may be made to Northern Pocahontas County Community Assistance Inc (NPCCA, an affiliate of the Green Bank Senior Citizens Center), c/o Tony Byrd, 6224 Potomac Highlands Trail, Green Bank, WV 24944. Donations may also be made to Mountain Hospice, 1002 South Crim Avenue, Belington, WV 26250, Arbovale United Methodist Church 3473 N Fork Loop, Green Bank, WV 24944 or BFD Fire and Rescue PO Box 267, Durbin, WV 26264.

Online condolence may be shared at [www.wallaceandwallacefh.com](http://www.wallaceandwallacefh.com)



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**Huntersville Traditions Days**

**Thanks You!**

Our thanks to all the demonstrators, vendors, businesses, musicians and folks who supported Traditions Day 2023. A big thank you to all who came out on a beautiful fall day to enjoy the event!

Thank you to our sponsors: Pocahontas County CVB, Pocahontas County Dramas, Fairs and Festivals, Pocahontas County Parks and Recreation and private donors.

**Nature's MOUNTAIN PLAYGROUND**  
POCAHONTAS COUNTY, WV

**THANK YOU!**

**200+ VETS AND GUESTS FED**

We want to thank all the veterans who came out to break bread with us on Veterans Day. The Pocahontas County Veterans Honor Corps is grateful to the following groups for their selflessness and hard work on their day off to help feed 200-plus veterans and guests:

- Northern Pocahontas County Community Assistance
- Dominion Power and Bath County Pumped Storage Employees and Retirees
- Pocahontas County Senior Citizens
- Marlinton Woman's Club
- Pocahontas County Opera House Foundation
- Greenbrier Grille
- Jean McClure
- PCHS Volunteer Workforce Group

*God bless all our veterans.*



# Off-grid and eco-friendly refrigeration

Melondy Phillips  
Staff Writer

“Going green” is all the rage these days, but is it really a new concept? The Industrial Revolution did many wonderful things for our society, yet it robbed us of a lot of common knowledge and common sense at the same time.

Something so simple as refrigeration is rarely thought about unless it's time to pick out an appliance to match the kitchen décor in our homes. Even clean water is easily obtained by turning a knob.

Before electricity was an option, springhouses were constructed over a spring, or other fresh water source, to keep the water clean from debris and animals. Later, it became the early form of refrigeration, a place for food storage.

The definition of a springhouse is a small building, usually of a single room, constructed over a spring.

Everything, from meat, fruits, eggs, and even dairy, stayed cool by the constant spring waters flowing around or through the springhouse.

Other names for springhouses were: milkhouses, pumphouses and root cellars; however, the term root cellar is now more commonly thought of as an underground storage room without any water flowing through it. Because of all the water, springhouses were normally constructed of stone. A few log cabin type springhouses quickly succumbed to demise from water damage and rot.

There are endless designs for springhouses depending upon the family's resources and needs. The springhouse could be a very simple single room to a much more elaborate setup consisting of shelves, water basins, a functional water wheel, and could even be multi-room and multi-story. The rafters in a spring house were an ideal place to hang cured meats and cheeses. Hanging these food items deterred critters from feasting on them while they were stored in a sustained environment.

In multi-room springhouses, one room would be used for churning butter and



A SPRINGHOUSE QUIETLY slumbers by a mountain stream, concealing generations of memories. Photo courtesy of Pinterest

The natural refrigeration of springhouses continued to be heavily utilized until the early to mid-1900s as folks began to make the transition to iceboxes and eventually to gas or electric powered refrigerators.

Basic steps to build a springhouse:

Location: It's best to be built near a year-round water source such as a spring or creek but in a direction so that the water will flow away from the structure, helping to prevent flooding.

Decide how large it should be and if it will only need a single room, multiple rooms or even multiple stories. Draw up schematics to show this.

Clear out the area needed and lay the foundation. The foundation needs to be able to handle being wet, such as stone or concrete and be at least two feet deep. Consider the design and needs; dig trenches, around, under or through the foundation, as

see Off-grid pg 15

making cheese while another room could store supplies. The supply room would have a spring pool for storing milk and other items. Some springhouses may even have a fireplace in the food preparation room. This was helpful during the winter months as it also gave a place to wash and hang up laundry. In addition, butchering animals and soap making could be done in this room.

Most multi-level springhouses had a fireplace on the top level which also had a separate entryway. This part of the springhouse was used as a place of residence until a larger home could be built. One can see the importance of food preservation and storage in the minds of colonists, since a springhouse would often be built before their home. An old proverb states: “Complete your outdoor work, and prepare your field; afterward, build your house.”

Many springhouses were completely sealed to prevent critters from munching on the family's much-needed food and for keeping passing thieves from helping themselves to a free meal.

Part of a springhouse was often built into a hillside or had soil mounded over the top of most of it. This soil bank provided excellent insulation so the inside would stay cool in the summer and warm in the winter, averaging 40 to 50 degrees all year.

The one-to-two-foot-thick rock walls were built using nearby stones.

Water flowed through, under, or around the structure – most often around it. Directing the water flow around the building kept it cool and dryer inside. Diverting some of the water through the building created pools for sitting stoneware crocks directly into the cold water. This was ideal for dairy, fermented foods, pickled vegetables and corned meats. Shelves came in handy for whole fruits and vegetables and other items such as eggs.

The flow of the water through the springhouse could also be routed to fill water troughs for animals.

On the colonial frontier, springhouses were as important as barns, chicken coops and workshops. They were essential for food storage and preservation so families could survive through the winter and into the springtime when new crops started producing. Oftentimes, the location of the springhouse determined the location of the main house and barns.

By the middle of the 1800s, the need to process butter and cheese and do butchering in the springhouses started to subside since butcher shops and creameries began moving into the more rural areas.

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November 17, 2023

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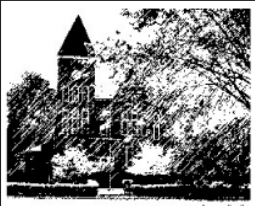
*Christmas in the County*

Choose one of our sample borders and verses or supply one of your own. Submit your In Memory by Friday, December 1, at 5 p.m.

MV #1 Always in our thoughts Forever in our hearts.	MV #7 Those we love can never be More than a thought away... For as long as there's a memory, They are in our hearts to stay.
MV #2 Those who touch our lives stay in our hearts forever.	MV #8 I wish you peace at Christmastime, Wherever you may be. And thank you for the memories, They mean the world to me.
MV #3 Life and home are not the same Since you went away.	MV #9 Your gentle face and patient smile With sadness we recall, You had a kindly word for each And died beloved by all.
MV #4 If we had all the world to give, We'd give it, yes, and more, To hear his voice and see his smile, And greet him at the door.	MV #10 They are gone but not forgotten By those who love them still, A place is vacant in our home That never can be filled.
MV #5 This year as we all gather Round the tree with all the trim. Our thoughts, our hearts, our memories, Will often turn to you.	Other borders and verses available.
MV #6 I'll always feel you close to me And though you're far from sight, I'll search for you among the stars That shine on Christmas night.	

Call 304-799-4973 or email [sastewart@pocahontastimes.com](mailto:sastewart@pocahontastimes.com)





# Preserving Pocahontas

B. J. Gudmundsson, Preservation Officer

## Class at New Hope Lutheran – circa 1912



THE FIRST CONFERENCE Class at the New Hope Lutheran Church in Minnehaha Springs, West Virginia. Standing in front, left to right: Gertrude and Glenna White. Middle row, left to right: Clarence White, Arndt White, maybe Paula Puffenbarger. Back row, left to right: Gladys White, Arthur Puffenbarger, Ruth White, Lucille White, Ernest White, Mamie White, Unknown. (White Family Collection; ID: PHP008029)

Access the “Preserving Pocahontas” Digital Library at <http://pocahontaspreservation.org/omeka/>

If you have photographs or documents to be scanned for the county Historical Archive contact Preservation Officer B. J. Gudmundsson at 304-799-3989 or email [info@pocahontaspreservation.org](mailto:info@pocahontaspreservation.org) Prints of photographs are available.

## Seventy-Five Years Ago

Calvin W. Price, Editor

Thursday, November 18, 1948

### Key Tree Falls

As the uppermost tree on the slope was reached, Sullivan, himself, took the axe and completed the felling cut. This was the key tree. So carefully did the Irishman lay it down that, in falling, it struck two below it. These in turn struck others, setting up a chain reaction carrying clear to the bottom of the slope.

Never before (or since) was a slope completely logged by the felling of a single tree.

I found out it was no use in pressing for more exact details of the Sullivan method. Cal Price is now one of the oldest original residents of the upper reaches of the Greenbrier, and the se-

cret will die with him. When asked to amplify the details of this manner of logging that might have revolutionized the industry old Cal merely starts off on tales of panthers and other varmints lurking in these colorful mountains.

### NEW PARK CHIEF

Kermit McKeever, of the State Park Service and superintendent of Watoga State Park the past three years, has been appointed Chief of the Division of State Parks by the Conservation Commission... This is a well-merited appointment...

### FAN MAIL

When it comes to fan mail, this editor gets both kinds. These two letters are a cross section of the kind that the recent election brought in:

Cal Price:

Stop my paper. You can save your dirty digs for your Democrat friends. Hereafter, I will take the Marlinton Journal. If it were not for your Republican subscribers, you could not stay in business. So do not bite the hand that is feeding you.

My dear Cal:

Let me congratulate you on another accomplishment. Your editorials during the recent presidential campaign were honest, truthful, candid, and full of abounding confidence as to the sure and certain triumph of Harry Truman and the people of America. No class interest, no organized prejudices nor monopolies can any longer survive nor control this country, its resources and its people.

I interpret the victory of Harry Truman and the American people in this recent election of greater historical significance than any preceding event in our history. The consequences of this

election are far reaching both for our nation and for the welfare of the entire world. Again, let me congratulate you. It was the best editorial job done in West Virginia.

### BIRTHS

Born to Mr. and Mrs. Henry Castilow, of New Martinsville, a son, named John Randolph. Mrs. Castilow is the former Miss Frances Hunter.

Born to Mr. and Mrs. Frank H. Weatherholt, a daughter.

Born to Mr. and Mrs. Kenneth J. McGurk, a son, named William Patrick.

Born to Mr. and Mrs. Ernest Lee Baxter, of Clover Lick, a daughter, named Judith Lee.

Born to Mr. and Mrs. Conrad Snyder, a son, named Charles Edward.

Born to Mr. and Mrs. John Chappell, of Hillsboro, a daughter, named Karen Bess.

see 75 pg 16

## 100-Years-Ago in The Pocahontas Times

Calvin W. Price, Editor

Thursday, November 15, 1923

Among the Pocahontas people attending the West Virginia – Washington and Lee football game at Charleston last Saturday were Miss Mary McClintic and Miss Merie McClintic, Judge S. J. Sharp, Dr. U. H. Hannah, Frank Echols, Z. S. Smith, Jr., Clarence Smith and Charles Richardson. West Virginia won by a score of 63 to 0. A big grandstand fell and injured about 60 people, but there were no fatalities. A number of Pocahontas people were in the wreck, but all escaped without injury.

Last Thursday, officer L. S. Cochran landed one Frank Spinks in jail. Spinks had been before Squire J. B. Sutton, of Cass, and had been given a sentence of six months and a \$50 fine for carrying a pistol and 60 days and \$100 for having a quart of booze. Spinks loaded himself with a quart of denatured alcohol, went to

Spruce, and insisted on treating some of his acquaintances. They refused the poison, and to add weight to his words of insistence that they join him, pulled a gun. By way of emphasis, he shot a hole through the floor. The assembly feared his drink more than his bullets, and they beat a masterly retreat. Spinks then went out and saw Cheat River flowing full of good drinking water, which enraged him so, that he proceeded to shoot up the river. The officer soon had him in tow, and he is now cooling his feet in jail. Spinks is about 27 years old, a native of Greenbrier county, and a blacksmith by occupation. He is an unusually large man, being six feet, six inches tall. He has been in jail before, and requested that he be allowed to serve his sentence in the Greenbrier jail.

**OFFICERS SHOT**  
United States Deputy Marshals Beasley and Spragg and two State Policemen were ambushed with

shotguns as they were raiding a moonshine outfit on Alleghany Mountain in Greenbrier county Tuesday. The marshals were seriously injured, Beasley being hit in the face and Spragg in the back. The policemen were not so seriously injured.

### SEEBERT

Mr. and Mrs. M. B. Jones were at Marlinton Monday.

Born to Mr. and Mrs. Lyle Hultz, a daughter, October 27, 1923.

Prosecuting Attorney Edward Eagle, of Hinton, gave an excellent address at the Methodist church Sunday afternoon. Mr. Eagle was reared near Lobelia and his many friends gave him a cordial welcome.

The dogs made a raid on W. D. Clark's sheep, killing two and wounding two.

The Halloween entertainment was enjoyed by a large crowd. Proceeds from the pie supper paid for a nice Victrola for the school.

### DEER SLAYERS

Among the hunters getting deer not reported last week are Hevener Dilley, Fred Galford, J. W. Bible, N. A. McElwain, Marion Sharp, Cleve Withrow, Guy Dod-drill, Lonnie Waugh. Thirty or more were killed in the county, and nearly one half this number were gotten in Marlin and Thorny Creek mountains between Sixty and Clover Lick.

### DIED

Mrs. Rachel Sheets, widow of the late Henry Sheets, died Sunday morning, November 11, 1923, at her home near Green Bank. Her age was 76. On Monday, her body was buried in the Sheets graveyard beside her husband... Mrs. Sheets was a Gillispie... She is survived by five children, Isaac T., Grover C., Clyde K., Mrs. L. J. Ervine and Mrs. Jesse Hudson. Also five step-children, James I., J. Asbury,

see 100 pg 15



## Fifty Years Ago

Jane Price Sharp, Editor

Thursday, November 15, 1973

and the central core of the dining hall, pool, etc. will be ready...

Todd Gibson, son of Mr. and Mrs. Andy Gibson, caught a 21 1/2 -inch trout in the Crooked Fork of Elk. It weighed over four pounds. He has caught two other nice trout in the same place, a 16 1/2 inch brown and a 14-inch rainbow. Dr. Ernie Shaw was stuck with a promise to get the next big fish mounted.

### SALES REPORT

Over one million dollars' worth of feeder cattle and calves were marketed this fall through special sales held at the Pocahontas Producers Stockyards, according to Bob Keller, Extension Agent. A total of 4,336 head were sold for an overall average of \$249.68.

### SNOWSHOE

From 150 to 200 interested persons gathered at the high school last Thursday to learn more about the new Snowshoe resort. Officials and personnel of the Company had been meeting with students and teachers throughout the day, telling about the project and working on plans for courses which could be given to provide training in special work like snowmaking, golf course and landscape planning, hotel and restaurant work, etc...

Dr. Thomas Brigham gave most of the details and answered many questions. The lake will cover 100 to 125 acres. A 27-hole golf course is planned...

It will take 10 to 15 years to arrive at full development, but when it opens next year, there will be 324 rooms in the first section of the hotel

### COMET

Kohoutek is the name of a recently discovered comet and it will provide a spectacular show in December and January. Comets are named for their discoverers, in this case, a Japanese astronomer. It promises to be brighter than Halley's comet, last seen in 1910 and due again in 1985...

### WEATHER WISE

The average rainfall on the Cranberry River Watershed for the month of October was 5.22 inches. The five-year average for the same period is 4.46. High temperature for the month was 74 degrees at Aldrich Branch and 69 degrees at Black Mountain. Low was 24 degrees at Aldrich Branch and 26 at Black Mountain.

see 50 pg 15

## Footsteps through History

The Pocahontas Times  
Andrew Price, Editor

Thursday, November 16, 1899

### Marlinton to Incorporate

Marlinton has of two evils chosen the less and decided to incorporate. It was either that or form a Vigilance Committee.

Main Street looked like a field of a battle one day last week strewn with the fallen in the fight. A canvass was made of the town, and every voter found at home to whom it was presented signed the paper with one exception.

The territory proposed to be embraced is the square mile owned by the Pocahontas Development Company for a town site on the east side of Greenbrier River and the land on the west side of the river on which seven or eight families live, which is known as West Marlinton.

### SUDDEN DEATH

Miss Ann Moore, aged about 30 years, who made her home with Hanson Auldridge near Edray, died Sunday morning at 1 a.m. from bursting a blood vessel.

About 5 o'clock Saturday evening, she had occasion to climb a fence, and jumped to the ground on the other side. As she struck the ground, she felt an intense pain in the head which grew more and more severe until she died. She was conscious until about an hour before her death... The deceased was a daughter of the late Wm. D. Moore, on Elk, and was a half sister of Jacob S.

Moore, the president of the Board of Education. The interment took place at the Sharp burying ground last Sunday, the service being conducted by the Rev. George P. Moore.

### THE POTATO

The environment of the potato has more to do with its edible qualities than most people imagine. They are too apt to think that all potatoes are alike, and if they perceive any difference in the taste that it is due to the manner of cooking. But such is not the case. All the Marlinton people who buy potatoes will go out of their way to secure "Williams River potatoes." These potatoes grow on the rich mountain lands at an elevation of from 3,000 to 4,000 feet in the country where the black spruce flourishes, and are superior in every way to potatoes grown on ordinary farmland.

Common everyday potatoes do not agree with our Williams River neighbors. One of them remarked to the writer: "It appears to me our potatoes ain't as strong as those you get on the low grounds." The Williams River potato has a better flavor, and when eaten does not lie so cold and heavy on the stomach. It is no hardship to live for months, as many of our people do near the pine woods, on bread, butter, milk and potatoes, and no meat except game.

see History pg 15

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# Lard – it’s really phat

**Laura Dean Bennett**  
Staff Writer

Back in the day, rendering lard was a common chore done at hog butchering time, usually during the fall of the year to take advantage of the cold weather.

At my grandparents’ farm in Greenbrier County, there was a big kettle that sat out in the back yard during butchering which, in our family, was usually scheduled to occur around Thanksgiving Day.

Making lard and canning it was one of the several projects—including sausage making—that occurred during butchering time.

That big cast iron kettle was filled with fat trimmed from the carcasses and destined to be “rendered” into lard.

The fat was cut into small pieces, tossed into the kettle and boiled for hours on end—until there was more liquid fat than solid pieces at the bottom of the kettle.

To keep the fat from burning, the kettle needed to be stirred regularly.

When I got to be old enough to be trusted around a fire and the boiling hot fat, I got to work the kettle, meaning it was my job to stir the kettle and occasionally add an extra piece of wood to keep things going.

In those days, rendering lard was an essential task for every household lucky enough to have a hog to butcher, after all, before the advent of Crisco, cooking oil and margarine, the only fats we had were lard, bacon grease and butter.

They were used for cooking, baking and spreading on bread for a sandwich.

You’ve probably heard the old saying, “the only thing not used from a pig is its squeal,” and it’s true. And one of the many products we derive from the pig is lard.

Lard has been used for centuries, ever since humans realized how easily it could be processed from a hog car-

cass.

There are three types of lard; they all have different flavors and are used for different purposes.

There’s leaf lard, back fat or fatback lard and pork belly lard. Each of these types of fat come from a different part of the carcass.

Leaf lard comes from around the kidneys and other organs of the animal. This fat is the purest form and is most famous for baking. It is ideal for baking flaky pie crusts, wonderful homemade biscuits and fluffy rolls.

Leaf lard is recognizable because it is formed to look like a rope and it’s distinctly whiter in color than the other lards.

Back fat or fatback lard comes from the pig’s back, where it protects the animal’s backbone. It’s sometimes used like bacon but it’s mostly fat, with very little meat on it.

When it cooks down it’s a bit creamier and darker in color than leaf lard.

Fatback is perfect for frying. It can also be used as a seasoning, for smoking meat or ground up and added to sausage to make it more juicy.

Pork belly lard is what is used to make bacon.

Although it can be rendered into lard, pork belly is more valuable when it’s smoked or cured for bacon. This delicacy has gotten more expensive over the years so whenever a family can make its own bacon, it’s quite a boon to the budget.

When you cook bacon, it’s smart to do what my mom always did—save the grease that comes from it and keep it in a jar in the refrigerator. It’s handy for lots of things, like frying eggs or adding flavor to a pot of green beans.

Although lard can be rendered from the fat of other animals, there’s a big difference between the lard which comes from a pig, and that which comes from a grazing animal such as a cow, lamb or a deer.

That fat is known as tallow (which was used to mold candles back in the day) and its taste is much stronger than lard and not generally favored by cooks and bakers.

Tallow is better used for making soaps and skin care products, but some people do cook with it, as well.

You might have heard that lard is an unhealthy fat.

But as usual, our grandmothers who swore by it knew a thing or two that modern cooks are now relearning.

Pasture-raised pork is high in vitamin D and omega 3 fatty acids and low in omega 6 (an unhealthy fat), unlike GMO laced shortenings such as Crisco, some vegetable oils and corn oil.

Lard is not only good for us, but it’s so useful—besides being good for cooking, making excellent baked goods and flavoring frying recipes—it’s the perfect seasoning for cast iron skillets, making soap and using as one would WD-40.

When fat is called for in a modern recipe, it will usually call for Crisco, vegetable oil or shortening.

But when you’re using an old recipe, if fat is called for, it usually intends for you to use lard.

Rendering lard is not difficult. The process will create some smoke and smell up the house, so if you can, you might rather do it outside over a fire or on the grill.

Of course, the day I’d set aside for this project turned out not to be favorable for the outdoor plan—it was cold and rainy day. So it was time for Plan B—the crock-pot method.

I used two crockpots and Plan B worked very well. If you prefer, you could do it atop the stove in an extra large and extra heavy Guardian Service or stainless steel pot, but I liked the idea of keeping the greasy process sealed up in a crock-pot.

And, yes, it did smell up the house (as if we’d been frying bacon all day) and

probably filled the air with microscopic fat molecules—perhaps not ideal for someone with breathing issues—fortunately I have none of those.

I’d removed the fat from the freezer to thaw a couple of days before and before it went into the crock pot, the fat had to be diced up into small pieces. Then all that was left to do was the stirring.

It took most of the day and required stirring every 30 minutes to keep it from sticking on the bottom. As the fat began to melt, it turned into what looked a lot like—and had the consistency of—water.

By late in the afternoon, the liquid was ready to strain through a cheesecloth-draped strainer.

Then, while canning jars were washed, dried and placed in a 250° oven to keep warm and the lids and rings were boiled, the lard was reheated and strained again.

After being strained the second time, the liquid lard needs to be re-heated in preparation for canning.

When it’s nearly reaches a low simmer, it can be poured into the hot glass jars and have the lids and rings placed on top.

Set aside under a towel on the counter and wait for that



**AS USUAL, OUR grandmothers knew a thing or two that modern cooks are now relearning. It turns out that lard is a healthy fat, makes a flaky pie crust and is an excellent addition to baked goods. It’s also good for seasoning cast iron skillets, making soap and using as one would WD-40. Rendering lard and canning it is easy, and you end up with beautiful jars of the snowy white substance, ready for so many uses. L.D. Bennett photo**

lovely popping sound that tells you the jars are sealing.

As it cools, the liquid turns into snowy, white, creamy lard, ready for all those household uses. It will store well—just like other canned goods—in a dark, cool place.

You can store canned lard at room temperature for at least one to two years. Fro-

zen it’s also good for one to two years.

Once the jar is opened, it can sit on the kitchen counter away from direct sun and heat to be used within three months. If refrigerated, the open jar will last for six to nine months.

**see Lard pg 15**

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### DR. JULIE HARE, MD, MEDICAL DIRECTOR

Dr. Hare began working in the Rural Health Clinic in 2014. She is a graduate of Howard University College of Medicine in Washington, D.C. She completed her residency at Lynchburg Family Medicine, an affiliate of Centra Health in Lynchburg, Virginia.

### DONNA LIDEL-BURLEY, FNP

Donna joined the Rural Health Clinic in 2013. She is a West Virginia native and attended Marshall University and Mount Carmel College of Nursing. Donna previously worked at Ohio State University Medical Center, specifically with The James Cancer Center.

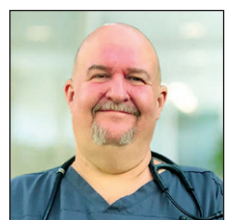


### KAREN MELTON, FNP

Karen has worked in the Rural Health Clinic since 2019. She received a Master’s of Science Degree from King College in Bristol, Tennessee, and has a background in family practice, having previously worked at Mountain City Medical Center in Mountain Center, Tennessee.

### J. COPLEY, PA-C

“J” is a Richwood native and received his training and degree as a Physician’s Assistant from Beckley College. J worked at Richwood Hospital and Summersville Hospital ER for a combined total of 19 years, and also worked at the former Richwood Family Practice. He has worked in the Rural Health Clinic since 2021.



### VALARIE MONICO, PA-C

Valarie is a Pocahontas County native. She graduated from Alderson-Broaddus College in 2008 and has been practicing medicine as a Certified Physician’s Assistant in Pocahontas County ever since. She has been the primary care provider for our Snowshoe Clinic since its 2020 opening, and also works monthly in the RHC.

### PAM EDENS, DNP, APRN, FNP-BC

Pam became a Registered Nurse in 1985 before going on to receive a Master’s Degree as well as Doctorate Degree in Nursing Practice. She has worked as a family medicine provider since 2001 and joined our staff in 2023. Pam is our Hillsboro Clinic provider and also works in the RHC.



### JILL COCHRAN, PHD, APRN-BC, FNP

Jill is an Associate Professor at West Virginia School of Osteopathic Medicine, a position she has held since 2010. She has been a well-known and much loved Pediatric Family Nurse Practitioner in the Greenbrier Valley for more than 20 years and recently joined the RHC staff in 2023.

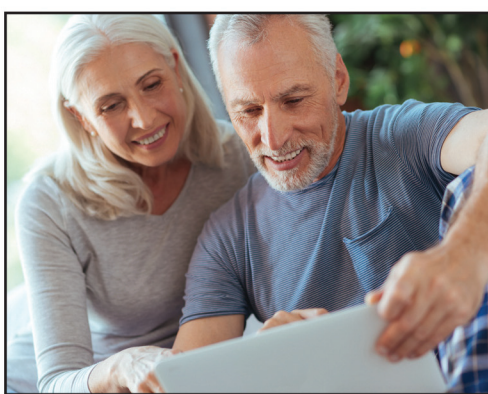
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# SMALL BUSINESS | NOV SATURDAY | 25



## Make an impact, shop locally for the holidays

By Luis Franco, Center for Rural Affairs

The holiday season is right around the corner and it comes with great news.

According to a Gallup survey, 74 percent of holiday shoppers said they expect to spend about the same amount or more on holiday gifts this year compared to last. Moreover, 23 percent of shoppers said they choose one retailer over another because they want to support small and local businesses in their community.

Small businesses are essential to rural America. When buying from local small businesses, you are supporting your community in more ways than one. The money you spend stays in the community, which supports other businesses, helps create jobs, drives economic growth and contributes to the area's overall well-being.

Also, consider the environmental impact of avoiding long-distance trips to purchase gifts, not to mention the opportunity to build meaningful relationships with local entrepreneurs.

Local businesses often prioritize providing a positive customer experience, as they rely on word-of-mouth referrals and repeat business to stay afloat. With greater attention to detail, a willingness to go above and beyond, and a focus on creating a welcoming and friendly environment, small businesses can make holiday shopping a breeze.

As you plan your gift-giving this holiday season, think about your community. Get out and explore the local shops, look for pop-up events such as craft shows and holiday markets, and read your local newspaper and scroll through social media as many entrepreneurs take to the platforms to advertise their goods.

The gifts you purchase this holiday season will not only make your friends and

family feel loved, they will empower your community. Where you spend your money today could determine what your community looks like a year or even five years from now.

Small entrepreneurs and business owners have been working hard to prepare for the holiday season. Now, it's time to do your part.

Established in 1973, the Center for Rural Affairs is a private, non-profit organization working to strengthen small businesses, family farms and ranches, and rural communities through action oriented programs addressing social, economic, and environmental issues.

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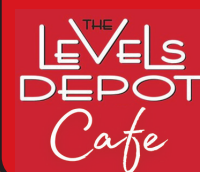
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- Stefanie's Sweet Shop
- Back Mountain Service
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- NAPA
- Wade Farm and Feed

### Buckeye

- Buckeye Mini-Mart
- Buckeye Home, Farm, Lawn & Garden Center
- Buckeye Storage and Thrift

### Hillsboro

- The Levels Depot
- The Levels Depot Café
- Hillsboro Public House
- ParMar/McCoy's
- Price's Hillsboro Automotive

### Edray

- Eddie's Service Center
- Par Mar
- Johnny's Garage

### Slaty Fork/Linwood

- The Snowshoe Hare
- Linwood Market
- The Kickin' Chicken
- The Barber Stop
- Elk River Touring
- Why Not Shop
- Ski Barn/Silver Creek
- Par Mar
- Almost Heaven Smokehouse
- Shops in the Village at Snowshoe

### Huntersville

- Rt. 39 Stop
- F & F Service Center

### Frost

- Dean's Den

### Dunmore to Bartow

- Par Mar
- Trent's in Arbovale
- Art in Green Bank
- Cheat Mt. Trader
- The Bear's Den
- Murphy's Auto Repair
- The Mountain Shop
- Pocahontas Arts
- Homegrown Harvest
- Galaxy Gift Shop/GBO
- Mtn. State Cakes
- Emma Grace Foothills Boutique
- Bev's Best

### Cass

- Last Run Restaurant
- Cass Country Store
- Rt. 66 Outfitters
- Deer Creek Supply
- Shops at Leatherbark Ford

- ### Durbin
- Station 2 Restaurant
  - Greenbrier Suites
  - Al's Upper Inn
  - Mudbuster's Motor Sports
  - Varner Bad Boy and Husqvarna Mowers and Power Equipment



**4th Avenue Mason Jar TRADING POST**

Unique Finds of All Kinds...  
Antiques & Primitives, Handmade Furniture, Rustic and Cabin décor and much more!

Wednesday - Saturday  
10 a.m. - 5 p.m.  
**304-799-2520**

Across from the Depot on 4th Avenue, Marlinton

**Full-Service Accounting and Tax Services**

A local small business helping other small businesses and individuals for 30+ years.

Contact us and find out how we can help your business succeed:

References available

**GILARDI TAX SERVICES**

Monday - Sunday by appointment only  
Thornwood Road, Bartow, WV 24920  
**304-456-4787**  
gilarditaxservices@live.com

Payroll  
Payroll Taxes  
Reports  
Business Licenses  
FEIN Registration  
Income Taxes  
Business Taxes  
Notary Public  
and more

Invest in local small business and build a better community!  
We specialize in Residential and Commercial Construction

- New Homes • Additions
- Porches & Decks • Vinyl Siding
- Garages & Buildings
- Window Replacement
- All Types Roofing

Let's get started on your project!

**BRYANT CONSTRUCTION, LLC**  
Alex E. Bryant Jr., Owner

82 Angus Irvine Road, Marlinton

**304-799-4399** License # WV026274

**Shop Saturday, Nov. 25**

**DOORBUSTER DEAL!**  
Red Poly Wheelbarrow  
**\$79**

May not be exactly as shown

**STIHL** Outdoor Equipment - Layaway for Christmas!

**KING KOOKER** Turkey Fryers and Accessories

**SLOGGERS** Waterproof Comfort Footwear

Gifts for the Home, Kitchen items, Bird Feeders and Feed, Case Knives, Zippo Lighters, gift certificates and more!

**Buckeye Hardware**  
Open Monday - Friday 8:30 a.m. - 5:30 p.m.  
Saturday 8:30 a.m. - 2 p.m., Sunday Noon - 2 p.m.  
**304-799-0860**  
US Rt. 219, Buckeye

**HealthCare Marketplace Annual Enrollment Period November 1 - January 15**

Need to enroll or change healthcare coverage? Contact **LuAnnCreager**

**Good Life Financial, LLC**

**304-456-4828**  
4954 Potomac Highlands Trail  
Green Bank, WV 24944

**Shop Small, Shop Tasty!**

Small Business Saturday - Nov. 25  
Check out our sweet selection of maple pecan cinnamon rolls and gingerbread pumpkin ice cream sandwiches - packaged to go!

Open Thurs. - Sat. 11 a.m. - 9 p.m. • 7847 Seneca Trail Hillsboro • 304-653-2646  
Specials and menu posted on Facebook/HillsboroPublicHouse

**Try our Ribeyes for Thanksgiving**

...because turkey is so over-rated.  
Cut to order. Call ahead.

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ARBOVALE 304-456-9906 • Open Mon. - Sat. 7 a.m. - 7 p.m.  
BARTOW 304-456-3228  
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**Winter Gear to keep you warm!**

Whether working or playing, if your day begins cold and ends cold, we've got the gear to keep you going - and we're not just for men anymore!

carhartt for men, women and kids! Mucks for the whole family!

**ARIAT**

**DURANGO** BOOTS

**CAROLINA** BOOTS FOR WORK

**ROCKY** SHOES AND BOOTS

**Georgia Boot** RUBBER WEAR

**The Men's Shop** Rt. 219 North, Marlinton  
**304-799-6423**  
Mon. - Sat. 9 a.m. - 5 p.m. • Sunday Noon - 5 p.m.

**STATION 2 RESTAURANT AND LODGING**

**FAMILY DINING**  
BREAKFAST, LUNCH AND DINNER  
Appetizers • Burgers • Subs • Pizza • Steak  
• Chops • Desserts • Soft Serve Ice Cream

**ACCOMMODATIONS**  
Four rooms featuring queen size beds, separate baths, Wi-Fi, cable, big screen TV and a common lounge.  
LODGING INCLUDES BREAKFAST  
Call for pricing and availability.

Winter Hours:  
Sun. - Tues. 8 a.m. - 2 p.m.  
Wed. - Sat. 8 a.m. - 7 p.m.  
Business opportunity available!  
Restaurant/Lodging/Car Wash for sale. Call for details!

**Main Street, Durbin • 304-456-4506 • station2restaurant.com**

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**RUGER**

**SAVAGE**

**WINCHESTER** RIFLES AND SHOTGUNS

**Remington**

**MOSSBERG** MADE IN THE U.S.A.

**Smith & Wesson**

**APPALACHIAN SPORT**  
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Edith's has been here for you since 1986, always locally owned, providing superior service and an amazing inventory of healthy groceries, bulk products, vitamins, homeopathics and green cleaning products.

Check us out for stocking stuffers, incense, aromatherapy candles, books and Maggie's Functional Organics Apparel and Accessories.

West Virginia maple syrup, honey and popcorn, Appalachian Chocolate Company® products  
WV-Made Handmade Soaps  
JOIN US SATURDAY, DECEMBER 9, FOR GIRLS' DAY OUT!

Friendly, knowledgeable, dependable service since 1986.

**EDITH'S HEALTH & SPECIALTY STORE**

Order by phone or visit [edithsstore.com](http://edithsstore.com)  
Call us with your special requests - WE SHIP ANYWHERE!

Mon. - Sat. 9:30 a.m. - 6 p.m., Sun. 1 - 5 p.m. • EASY PARKING  
1035 Washington St. East • Lewisburg **304-645-7998**

**Sunflower Fabrics LLC**

All your sewing needs:  
Quilting fabrics, notions, thread.

Mon. - Wed. 10 a.m. - 4 p.m.  
Sat. 10 a.m. - 2 p.m.  
805 2nd Ave. Marlinton  
**681-318-0767**



“Small business isn’t for the faint of heart. It’s for the brave, the patient and the persistent. It’s for the overcomer.” ~ Unknown



**The Cackling Hens** LLC  
**RESALE AND CONSIGNMENT SHOP**  
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Open Thursday - Saturday 11 a.m. - 4 p.m.  
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**BUCKEYE STORAGE & THRIFT** ANTIQUES, VINTAGE FURNITURE AND THRIFT ITEMS

Wed - Sun. 11 a.m. - 6 p.m.  
 Seniors and Veterans: **GET 25% OFF SAT., NOV. 25!**  
 610-931-4374 • Next to Buckeye Hardware

**5-DAY BLACK FRIDAY SALE!**  
**Cass Company Store**  
 at Cass Scenic Railroad State Park

**Select kids' and adult apparel 75% OFF!**  
 includes zip hoodies, long sleeve shirts, jackets, vest, fishing vests and hats

**Select drinkware, flags and toys 50% OFF**  
**10% OFF STOREWIDE!**  
 (cannot be combined with other sale discounts)  
**WED. - SUN., NOV. 22 - 26,**  
 Sun. & Wed., 8 a.m. - 6 p.m., Thurs - Sat. 8 a.m. - 8 p.m.

**Here Comes Christmas!**

Your one-stop shop for all your gift-giving and holiday home décor needs!

- Baked goods • Specialty Candies
- Locally crafted items • Coffees, Teas
- Local Honey and Maple Syrup
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Winter hours through February 3:  
 Thurs. - Sat. Noon - 6 p.m.

**THE MTN. SHOP**  
 Green Bank, WV  
 8075 Wesley Chapel Road, Green Bank (next to the Post Office) 240-217-4303  
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**I'M HERE TO HELP YOU MAKE THE BEST DECISIONS FOR YOU AND YOUR FAMILY'S FUTURE**

Esther Kinnison is a local, licensed independent Insurance Broker/Agent experienced in navigating the Medicare space for her clients. Her knowledge and education allows her to understand the complexities of health, life and long-term insurance options.

If you're ready to discuss what's available for you or your family, need to update your existing financial plans, annuities or insurance, or soon turning 65 and desire an easy step by step no cost insurance review, give Esther a call.

- Medicare Supplement Plans • Medicare Advantage Plans
- Prescription Drug Plans • Life Insurance • Annuities
- Financial Planning • Health Insurance

**SATURDAY APPOINTMENTS AVAILABLE!**  
 If it is inconvenient to meet at one of our offices, we are happy to meet at a location that is convenient to you. Give us a call!

**KINNISON GROUP**  
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**Local, handmade fine arts and crafts**

**4th Avenue Gallery**  
 in the historic Marlinton Depot on the Greenbrier River Trail.  
 304-799-2550.  
 Open Tues. - Sun., 10 a.m. - 5 p.m., subject to change.

Shops at Leatherbark Ford at Cass Scenic Railroad State Park is open weekends in December and reopens for the season in May. Call for additional open dates throughout winter.  
 Join us at [pocahontasartistry.com](http://pocahontasartistry.com) or Facebook at Pocahontas County Artisans Co-op

**Unique, handcrafted home décor, gifts and more!**

**Pocahontas County Artisan Co-op**

**Black Friday (and Saturday) Shopping!**

**SUPER DEALS!**  
 Free coffee, hot chocolate, cake, cookies and other giveaways!

**Small Business Saturday Specials**  
**9 a.m. - 4 p.m.**

WOMEN'S AND CHILDREN'S CLOTHING AND ACCESSORIES  
 NOW CARRYING MEN'S CLOTHING, PET ITEMS AND GIFTS

**EMMA GRACE**  
**Foothills Boutique**

5382 Potomac Highlands Trail, Green Bank - in the Green Bank Gallery building • 321-298-0760  
 Open Wed. - Fri. 11 a.m. - 5 p.m. • Sat. 10 a.m. - 4 p.m.

Shop online - scan the QR code!

**Tattered Rose BOUTIQUE**

Women's apparel sizes S to 3X  
 plus Jewelry, Accessories, Alpaca Wool Clothing, and much more!

Simply Southern • Myra • Inis • Zenana • WV-made Products  
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**SHOP SMALL**

**Shopping for Unique, Local or Handmade Holiday Gifts?**

**Support our local small businesses Saturday, Nov. 25. Shop small, shop local!**

**Hillsboro:** The Levels Depot  
 Levels Depot Café • Hillsboro Public House

**Buckeye:** Buckeye Mini-Mart  
 Buckeye Hardware • Buckeye Storage & Thrift

**Marlinton:** Dirtbean • Greenbrier Bikes  
 Handmade WV Market • Tattered Rose Boutique  
 The Glitzy Cactus Boutique • Marlinton Mercantile  
 Stefanie's Sweet Shop • Hodge-Podgery  
 The Men's Shop • Rivertown Shops  
 4th Avenue Gallery • 4th Avenue Mason Jar  
 The Cackling Hens • Appalachian Sport

**Slaty Fork:** Ski Barn • Almost Heaven Smokehouse  
 The Kickin' Chicken

**Green Bank:** Galaxy Gift Shop, GBO • The Mtn. Shop  
 Art in Green Bank • Emma Grace Boutique  
 Homegrown Harvest

**Cass:** Cass Country Store • Shops at Leatherbark Ford

**Shops in The Village at Snowshoe**  
 (opening with the resort, tentatively Nov. 22.  
 Check [snowshoemtn.com](http://snowshoemtn.com) for updated info):

**Nature's MOUNTAIN PLAYGROUND**  
 POCAHONTAS COUNTY, WV  
 naturesmountainplayground.com  
 Call 304-799-4636 for more info, or visit us at 301 8th St., Marlinton



**LEGAL ADVERTISEMENTS**

**ADMINISTRATION TO CREDITORS, DISTRIBUTIBLES & LEGATEES**

Notice is hereby given that the following estate(s) have been opened for probate in the Pocahontas County Clerk's Office at P. O. Box 209, 900 Tenth Avenue, Suite C, Marlinton, WV 24954-0209. Any person seeking to impeach or establish a will must make a complaint in accordance with the provisions of West Virginia Code 41-5-11 through 13. Any interested person objecting to the qualifications of the personal representative or the venue or jurisdiction of the court, shall file written notice of an objection with the County Commission within 60 days after the date of the first publication or within 30 days of the service of the notice, whichever is later.

If an objection is not filed timely, the objection is forever barred. Any claims against an estate must be filed within 60 days of the first publication of this notice in accordance with West Virginia Code 44-2 and 44-3A.

Settlement of the estate(s) of the following named decedent(s) will proceed without reference to a fiduciary commissioner unless within 60 days from the first publication of this notice a reference is requested by a party of interest or an unpaid creditor files a claim and good cause is shown to support reference to a fiduciary commissioner.

**First Publication Date: Thursday, November 9, 2023**  
**Claim Deadline: Monday, January 8, 2024**

ESTATE NUMBER: 14569  
ESTATE OF: **GEORGE CARLON PRITCHARD**  
EXECUTOR: Gregory C. Pritchard  
20839 Browns Creek Road  
Dunmore, WV 24934-9123

ESTATE NUMBER: 14572  
ESTATE OF: **KEITH R. MILLER**  
EXECUTRIX: Rose A. Birchfield  
2421 Brownsburg Road  
Marlinton, WV 24954-6591

ESTATE NUMBER: 14574  
ESTATE OF: **ALBERT NEIL DEFIBAUGH**  
ADMINISTRATRIX: Cindy Horner  
2728 Sheets Road  
Green Bank, WV 24944-9098

Subscribed and sworn to before me on November 3, 2023.  
Melissa L. Bennett  
Clerk of the Pocahontas County Commission  
11/9/23

**NOTICE OF REDEMPTION**

2022-C-000047- Pocahontas County –  
ROY J. OR VIVIAN L. BIGGS

To: **RUTH ANN HATFIELD, RUTH ANN HATFIELD, BUSTER HATFIELD**, or heirs-at-law, devisees, creditors, representatives, successors, assigns, all known heirs, guardians, conservators, fiduciaries, administrators, lienholders, co-owners, other parties having an undivided interest in the delinquent property, and other parties that may have any interest in the subject property.

**DISTRICT: HUNTERSVILLE MAP: 61A**  
**PARCEL 0013 0000 0000**

You will take notice that ROY J. OR VIVIAN L. BIGGS, the purchaser of the following real estate, Certificate No.: 2022-C-000047, located in HUNTERSVILLE DISTRICT, LT 25 TALL WOOD AC SD 50X306X50X304, which was returned delinquent or nonentered in the name of **HATFIELD RUTH ANN**, and was sold by the Deputy Commissioner of Delinquent and Nonentered lands of Pocahontas County at the sale for the delinquent taxes on May 11, 2023. ROY J. OR VIVIAN L. BIGGS requestS that you be notified a deed for such real estate will be made on or after APRIL 1, 2024, as provided by law, unless before that day you redeem such real estate. The amount needed to redeem on or before MARCH 31, 2024, will be as follows:

Amount equal to the taxes and charges due on the date of the certification, with interest, for tax year ticket number 2021 -12133. \$ 256.39

Back tax tickets, with interest, and charges due on the date of certification for ticket number. \$ 0.00  
Subsequent of taxes paid on the property, with interest for tax year 2022-12148. \$ 175.54  
Additional taxes with interest. \$ 0.00  
Auditor's Certification, Publication and Redemption fee plus interest. \$ 211.00

Amount paid for Title Examination, notice to redeem, publication, personal service, Secretary of State, with interest. \$ 825.81  
Additional Statutory Fees with Interest. \$ 0.00  
**Total Amount Due and Payable to WV State Auditor – cashier check, money order, certified or personal check. \$ 1,468.74**  
You may redeem at any time before March 31, 2024 by paying the above total less any unearned interest.

Please return this letter and payment to the  
**West Virginia State Auditor's Office**  
County Collections Division  
1900 Kanawha Boulevard East  
Building 1 Room W-114  
Charleston, West Virginia 25305  
Question, please call 1-888-509-6568

Given under my hand November 2, 2023.  
G. Russell Rollyson, Jr.  
Deputy Commissioner  
Delinquent and Nonentered Lands of  
Pocahontas County, State of West Virginia  
11/9/23

**NOTICE OF REDEMPTION**

2022-C-000005- Pocahontas County – WVTA, LLC

To: **ROBERT HOWELL, ROBERT HOWELL, ROBERT HOWELL, IRS, ATTN: ADVISORY CONSOLIDATED RECEIPTS, WV STATE TAX DEPARTMENT**, or heirs-at-law, devisees, creditors, representatives, successors, assigns, all known heirs, guardians, conservators, fiduciaries, administrators, lienholders, co-owners, other parties having an undivided interest in the delinquent property, and other parties that may have any interest in the subject property.

**A-1 PUMPING SEPTIC TANK PUMPING & INSTALLATION**



**DURBIN, WV**  
**304-456-4505**  
Quality Service – Affordable rates,  
starting at \$424 • Certified, Licensed  
Installation & Repairs WV#54-93-0015

**Super Crossword**

**Answers**

A	S	K	E	D	A	L	T	A	R	B	O	Y	S	A	L	C	O	A
I	C	A	R	E	B	E	E	F	E	A	T	E	R	L	O	A	F	S
M	A	R	I	A	M	O	N	T	E	S	S	O	R	I	M	A	R	C
A	L	A	N	L	A	D	D	W	E	S	R	O	S	H	O	T	P	O
T	A	T	A	J	E	S	S	R	O	S	A	B	O	N	H	E	U	R
A	D	O	N	A	V	T	H	E	Y	D	R	I	E					
M	A	R	G	A	R	I	T	A	L	E	V	I	E	V	A	L	A	S
O	N	E	N	D	N	E	R	O	A	R	M	Y	M	A	T	E	S	
S	I	T	E	S	D	E	L	T	A	P	I	F	E	Z				
A	M	I	S	B	I	T	S	M	O	N	I	C	A	S	E	L	E	S
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C	L	A	R	A	B	A	R	T	O	N	C	H	U	S	S	P	A	Y
B	O	T	C	H	F	E	E	L	H	E	R	A	R	E	E	S	E	
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A	S	S	U	R	E	L	E	S	M	E	L	T	O	R	M	E		
P	E	T	E	R	P	A	U	L	A	P	O	U	N	D	S	T	O	N
P	A	E	S	E	J	I	M	P	E	D	A	N	C	E	O	R	I	O
S	T	A	T	S	U	P	I	N	S	M	O	K	E	S	A	N	T	A

**LEGAL ADVERTISEMENTS**

**DISTRICT: EDRAY MAP: 25 PARCEL 0002 0016 0000**

You will take notice that WVTA LLC, the purchaser of the following real estate, Certificate of Sale: 2022-C-000005, located in **EDRAY DISTRICT, STONY BOTTOM 2.36 AC, which was returned delinquent or nonentered in the name HOWELL ROBERT W**, and was sold by the Deputy Commissioner of Delinquent and Nonentered lands of Pocahontas County at the sale for the delinquent taxes on May 11, 2023. WVTA LLC requests that you be notified a deed for such real estate will be made on or after March 23, 2024, as provided by law, unless before that day you redeem such real estate. The amount needed to redeem on or before March 22, 2024, will be as follows:

Amount equal to the taxes and charges due on the date of the certification, with interest, for tax year ticket number 2021-2686. \$ 367.85

Back tax tickets, with interest, and charges due on the date of certification for ticket number. \$ 0.00  
Subsequent of taxes paid on the property, with interest for tax year 2022-2698. \$ 171.83  
Additional taxes with interest. \$ 0.00  
Auditor's Certification, Publication, and Redemption fee plus interest. \$ 211.00

Amount paid for Title Examination, notice to redeem, publication, personal service, Secretary of State, with interest. \$ 836.76  
Additional Statutory Fees with Interest. \$ 0.00  
**Total Amount Due and Payable to WV State Auditor – cashier check, money order, certified or personal check. \$ 1,587.44**  
You may redeem at any time before March 22, 2024 by paying the above total less any unearned interest.

Please return this letter and payment to the  
**West Virginia State Auditor's Office**  
County Collections Division  
1900 Kanawha Boulevard East  
Building 1. Room W-114  
Charleston, West Virginia 25305  
Question, please call 1-888-509-6568

Given under my hand October 24, 2023.  
G. Russell Rollyson, Jr.  
Deputy Commissioner of  
Delinquent and Nonentered Lands of  
Pocahontas County, State of West Virginia.  
11/2/23

**NOTICE OF REDEMPTION**

2022-C-000035- Pocahontas County – WVTA, LLC

To: **JACKIE SAMPLES, TEDDY SAMPLES, JACKIE SAMPLES, TEDDY SAMPLES, MARY BETH SAMPLES, MARY SAMPLES, TEDDY SAMPLES, MARY BETH SAMPLES, OCCUPANT, IRS, ATTN: ADVISORY CONSOLIDATED RECEIPTS, WV STATE TAX DEPARTMENT**, or heirs-at-law, devisees, creditors, representatives, successors, assigns, all known heirs, guardians, conservators, fiduciaries, administrators, lienholders, co-owners, other parties having an undivided interest in the delinquent property, and other parties that may have any interest in the subject property.

**DISTRICT: GREEN BANK MAP: 28**  
**PARCEL 0027 0000 0000**

You will take notice that WVTA LLC, the purchaser of the following real estate, Certificate No.: 2022-C-000035, located in **GREEN BANK DISTRICT, BRUSHY LICK RUN 2.5 AC, which was returned delinquent or nonentered in the name SAMPLES JACKIE & TEDDY**, and was sold by the Deputy Commissioner of Delinquent and Nonentered lands of Pocahontas County at the sale for the delinquent taxes on May 11, 2023. WVTA LLC requests that you be notified a deed for such real estate will be made on or after March 23, 2024, as provided by law, unless before that day you redeem such real estate. The amount needed to redeem on or before March 22, 2024, will be as follows:

Amount equal to the taxes and charges due on the date of the certification, with interest, for tax year ticket number 2021-9256. \$ 219.26

Back tax tickets, with interest, and charges due on the date of certification for ticket number. \$ 0.00  
Subsequent of taxes paid on the property, with interest for tax year 2022-9266. \$ 124.19  
Additional taxes with interest. \$ 0.00  
Auditor's Certification, Publication, and Redemption fee plus interest. \$ 211.00

Amount paid for Title Examination, notice to redeem, publication, personal service, Secretary of State, with interest. \$ 909.94  
Additional Statutory Fees with Interest. \$ 0.00  
**Total Amount Due and Payable to WV State Auditor – cashier check, money order, certified or personal check. \$ 1,464.39**  
You may redeem at any time before March 22, 2024 by paying the above total less any unearned interest.

Please return this letter and payment to the  
**West Virginia State Auditor's Office**  
County Collections Division

**TIRES-TIRES-TIRES!**

CHECK OUR TIRE PRICES – IF YOU FIND A BETTER DEAL, WE'LL MATCH IT! Our prices INCLUDE tire mounting, balancing, disposal fee AND tax! **OUT-THE-DOOR PRICING!**

**INTERSTATE BATTERIES IN STOCK**  
**STATE INSPECTIONS**  
**GENERAL AUTOMOTIVE REPAIRS**

**HILLSBORO AUTOMOTIVE**  
1/4 mile east of Rt. 218 on Denmar Road, Hillsboro  
Mon. - Fri. 8 a.m. - 5 p.m., Saturday by appointment **304-653-4988**

**DENTAL Insurance**

Get your **FREE** Information Kit  
from Physicians Mutual Insurance Company.

**1-855-405-3412**  
Dental50Plus.com/Press

Product not available in all states. Contact us to see the coverage and offer available in your state. Contact us for complete details about this insurance solicitation including costs and limitations. This specific offer is not available in CO. Call 1-800-969-4781 or respond for a similar offer. In WV: To find a provider in the network visit us at <https://www.physiciansmutual.com/wv/dental/ind-dentist>. Certificate C250A (ID: C250C); Insurance Policy P150; Rider Kinds B438/B439. In CA, CO, ID, KY, ME, MD, MA, MI, MO, NV, NJ, NC, ND, WI: Includes Participating Providers and Preventive Benefits Rider. Certificate C254/B465 (PK: C254PA); Insurance Policy P154/B469 (IGA: P154GA; OIC: P154OIC; TN: P154TN). 6323

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**855-656-0296**

**DIRECTV DEALER**

New approved residential customers only (equipment lease req'd). Credit card req'd (except MA & PA). Price incl. TV Pkg & equip. fees for first TV. Charges may apply for each add'l connected TV. \*Add'l Terms for Satellite customers: \$19.95 activation. Early agmt termination fee applies (\$20/mo.) & add'l fee applies if not returned. Rest'r's apply.

**LEGAL ADVERTISEMENTS**

1900 Kanawha Boulevard East  
Building 1 Room W-114  
Charleston, West Virginia 25305  
Question, please call 1-888-509-6568

Given under my hand October 24, 2023.  
G. Russell Rollyson, Jr.  
Deputy Commissioner  
Delinquent and Nonentered Lands of  
Pocahontas County, State of West Virginia  
11/2/23

**NOTICE OF REDEMPTION**

2022-C-000018- Pocahontas County – WVTA, LLC

To: **JEFFREY RAINES, PATRICIA RAINES, KIMBERLY GOLDMAN, ILENE GOLDMAN, OCCUPANT, IRS, ATN: ADVISORY CONSOLIDATED RECEIPTS, WV STATE TAX DEPARTMENT**, or heirs-at-law, devisees, creditors, representatives, successors, assigns, all known heirs, guardians, conservators, fiduciaries, administrators, lienholders, co-owners, other parties having an undivided interest in the delinquent property, and other parties that may have any interest in the subject property.

**DISTRICT: EDRAY MAP: 8L PARCEL 0001 0026 0000**  
You will take notice that WVTA LLC, the purchaser of the following real estate, Certificate No.: 2022-C-000018, located in **EDRAY DISTRICT, LEATHERBARK CONDO 205B, 02009% INT. in 2.89 AC, which was returned delinquent or nonentered in the names of RAINES JEFFERY H & PATRICIA A.**, and was sold by the Deputy Commissioner of Delinquent and Nonentered lands of Pocahontas County at the sale for the delinquent taxes on May 11, 2023. WVTA LLC requests that you be notified a deed for such real estate will be made on or after March 23, 2024, as provided by law, unless before that day you redeem such real estate. The amount needed to redeem on or before March 22, 2024, will be as follows:

Amount equal to the taxes and charges due on the date of the certification, with interest, for tax year ticket number 2021-4304. \$ 1,044.72

Back tax tickets, with interest, and charges due on the date of certification for ticket number. \$ 0.00  
Subsequent of taxes paid on the property, with interest for tax year 2022-2237. \$ 585.90  
Additional taxes with interest. \$ 0.00  
Auditor's Certification, Publication, and Redemption fee plus interest. \$ 211.00

Amount paid for Title Examination, notice to redeem, publication, personal service, Secretary of State, with interest. \$ 864.37  
Additional Statutory Fees with Interest. \$ 0.00  
**Total Amount Due and Payable to WV State Auditor – cashier check, money order, certified or personal check. \$ 2,705.99**  
You may redeem at any time before March 22, 2024 by paying the above total less any unearned interest.

Please return this letter and payment to the  
**West Virginia State Auditor's Office**  
County Collections Division  
1900 Kanawha Boulevard East  
Building 1 Room W-114  
Charleston, West Virginia 25305  
Question, please call 1-888-509-6568

Given under my hand October 24, 2023.  
G. Russell Rollyson, Jr.  
Deputy Commissioner  
Delinquent and Nonentered Lands of  
Pocahontas County, State of West Virginia  
11/2/23

**ACCEPTING BIDS**

The Bartow, Frank, Durbin Volunteer Fire Department is accepting bids for the former BFD Firehouse located at 4612 Staunton Parkersburg Turnpike in Durbin.

Parcel Information:  
District: Durbin. Map: 5. Parcel: 54.1.  
Description: 0.11 Acre.

**Bids should be submitted to:**  
**BFD Volunteer Fire Department**  
P. O. Box 267  
Durbin, WV 26264-0267


Bids will be accepted until Monday, December 11, 2023, at 7 p.m., at which time all bids will be opened.  
BFD reserves the right to reject any and all bids and to re-advertise property at any time.  
For more information, call or text Buster Varner at 304-642-9053.  
11/16/23

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- SSI
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- WIC
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**WEST VIRGINIA Press FOUNDATION**

**Paid internships and college scholarships of up to \$4,000 available for 2024**

Interested in being a journalist or working in the media industry?

The West Virginia Press Association Foundation is accepting student applications for **2024 Summer Internships and 2024 Scholarships**

If awarded, the WVPAF provides paid and unpaid internships at West Virginia newspapers and college scholarships up to \$4,000.

Programs are open to journalism majors and students in related fields such as business management, human resources, advertising, social media and marketing, with preference given to students in at least their sophomore year of college.

**Application deadline is Dec. 31, 2023.**

Applications available on [wvpress.org](http://wvpress.org)

For information or to have the applications mailed, contact Executive Director **Betsy Miles** at [bmiles@wvpress.org](mailto:bmiles@wvpress.org), at 304-342-1011 or write to: WV Press Association Foundation, 3422 Pennsylvania Ave., Charleston, WV, 25302.

Newspapers with a candidate for an internship or interested in having an intern should contact **Betsy Miles**.



## Served, from page 1

healthcare, education and employment opportunities for those who have served and sacrificed.

“All these organizations continue to remind the public that more than six thousand veterans a year take their own lives,” he continued. “The 9-8-8 crisis line is available to assist anyone who is contemplating such a heartbreaking and tragic outcome. In this era of uncertainty and division, it is our veterans who serve as a unifying force. They come from all walks of life, representing the rich tapestry of our nation. Yet, when they put on the uniform, they become an even greater power – the embodiment of the American spirit.

“Our debt to these heroes can never be repaid, but our gratitude and respect must last forever.”

The Bells for the Fallen ceremony is a time to remember Pocahontas County veterans who passed away since the 2022 Veterans Day dinner. As Wooddell read the names, Waybright struck a brass bell with a hammer.

Three of the veterans remembered received two bells because they were also members of the Honor Corps.

Those remembered were:  
 Harold Cochran, 77, United States Navy, Vietnam  
 Raymond Shinaberry, 87, United States Air Force, Korea  
 Bruce Propst, 85, United States Army, Korea  
 Larry Dockery, 72, United States Army, Vietnam  
 Don Morrison, 70, West Virginia National Guard, Vietnam

Allen Chamelin, 88, United States Marine Corps, Korea  
 Jimmy VanReenan, 78, United States Army, Vietnam  
 Dwight Diller, 76, United States Navy, Vietnam  
 Gerald Davis, 78, United States Army, Vietnam  
 Bob Mann, 82, United States Army, Korea  
 Buck Carpenter, 85, United States Army, Vietnam  
 Boyd Wilfong, 90, United States Army, Korea

Debra Galford, 62, United States Army, Desert Storm/Desert Shield  
 Richard Beverage, 69, United States Marine Corps, Cold War  
 Steve Adkison, 49, United States Army, Operation Iraqi Freedom/Operation Enduring Freedom  
 Sydney Jack, 78, United States Air Force, Vietnam  
 Roger McLaughlin, 68, United States Navy, Vietnam  
 George Pritchard, 87, United States Army, Korea  
 Everett Carter, 73, United States Air Force, Cold War  
 Chuck Langston, 79, United States Air Force, Vietnam, Pocahontas County Veterans Honor Corps

Thomas VanReenan, 74, United States Air Force, Vietnam, Pocahontas County Veterans Honor Corps

Harold Crist, 99, United States Navy, World War II, Pocahontas County Veterans Honor Corps  
 Wooddell also mentioned that Crist was a founding member of the Honor Corps.

In closing, Wooddell thanked all the organizations and individuals who made the Veterans Day dinner possible. Robin Muscheller has helped for years with organizing the event and recruited Dominion Power and Bath County Pump Storage employees and retirees to volunteer their time to help serve the meal.

The Marlinton Woman’s Club, led by president Debbie Gale, also contributed by decorating the Opera House and serving the meal.

Gale added that, this year, the club was joined by several young ladies from Pocahontas County High School who helped serve, as well. Taylor Arnold, Kirsten Friel, Eden Smith, Ella Markle, Courtney Waught, Elena Bauserman, Naveah Southern and Ramon Nardy acted as hostesses and greeters for the day.

Also assisting with the dinner were Northern Pocahontas County Community Assistance Incorporated, Pocahontas County Senior Citizens, The Pocahontas County Opera House Foundation, Greenbrier Grille which provided the meal and Jean McClure, who baked cakes for the event.

## Restrict, from page 2

the County Ambulance Authority is already using. This vehicle includes all the supplies and equipment currently on it. Commissioner John Rebinski recused himself from this vote because of his ties to Cass VFD.

To purchase a second ambulance to serve the southern part of the county, the commission accepted a bid from Penn Care to purchase a new ambulance, however new ambulances are backed up for several years. The new ambulance will be a 2026 Ford 450, gas, 4-wheel drive and will cost \$237,398.

The commission also discussed the water and sewer projects at Beard

Heights. They had already purchased a small piece of land on US Rt. 219 and plan to put in a new waste treatment plant there, replacing the old one which is beyond its useful life. They are considering drilling a new well on seven and a half acres they already own on the hill, and possibly adding a second water tower on it. No action was taken.

In addition, the commission  
 • donated \$2,500 to the Pearl S. Buck Foundation to replace the dangerous electrical in the Sydenstricker Cabin, and \$2,500 to the Humane Society of Pocahontas County for the Spay, Neuter and Release program for feral cats.  
 • approved the only bid received for courthouse heating oil. The bid was from Woodford Oil and was for Roanoke Rack Price plus 13 cents per

gallon. That price as of today would be \$3.22 per gallon.

• approved a payment of \$6,528.24 from their C & B Grant to pay a bill for the PMH HVAC Project.

• approved the Environmental Report, a release of funds, and a notice of Intent to Bid for the old Board of Education building in Marlinton’s Demolition Project. This should happen in early spring.

• approved a notice of Intent to Bid regarding the EPA Brownsfield Clean-up Project at the East Fork Industrial Park.

• approved a resolution in support of the Circuit Court Clerk’s application for the Records Management and Preservation Grants.

• approved Budget Resolutions totaling \$9,716 for reimbursements and donations.

## Jansky, from page 1

Block from NSF, and Bob Hughes from AUI [Associated Universities, Inc.]. Jay Rockefeller’s on the other side of the table, he did all the talking.

“He stood up and he sort of loomed over Block and he said, ‘we want to help you.’”

Vanden Bout said Block told Rockefeller that NSF didn’t know what its plans for Green Bank were at this time and they needed to set priorities and so forth.

“Rockefeller interrupted him and he said, ‘leader here’ – referring to Byrd – ‘is going to be chairman of appropriations next year and he will have his thumb on every dime in the federal budget,’” Vanden Bout said. “He said, ‘now do you understand what I mean when I say we want to help?’ That was pretty clear that we were going to get a telescope – whether we wanted one or not – we were going to get a telescope.”

Work went into designing the Green Bank Telescope, which was also named for Byrd. The telescope looked like no other at Green Bank and was taller than the Statue of Liberty. It also was more versatile than any telescope that came before it.

“It had to be very versatile,” Vanden Bout said. “It had to go to higher frequencies, so the surface of this thing, all these panels were supported by motorized actuators that would correct the surface as you tipped it up and down. We said, with luck, it’s going to work at millimeter wavelengths – which was taken with some skepticism – I think, by the community.

“But, in fact, the thing does work at millimeter wavelengths,” he continued. “It’s unbelievable.”

Getting the world’s largest fully steerable telescope built wasn’t as smooth sailing as they had hoped, however. The contractor, Radiation Systems, was contracted to build the telescope for \$55 million. They spent \$120 million in the end.

“By our interpretation of the specs, the mechanical parts were to be guaranteed for twenty years,” Vanden Bout explained. “By that they meant the motors and we meant the whole thing. And insisted on that which meant they had to beef up the structure and it weighed more, and it cost more to produce because it weighed more and needed more members and everything else.”

The contractor filed claims against NRAO and asked for \$30 million from the observatory. Vanden Bout counteroffered with \$4 million which they rejected with outrage.

The matter was taken to court and the judge decided the NRAO owed Radiation Systems \$7 million and Radiation Systems owed the NRAO \$3 million.

“The difference being exactly what they were offered before we hired lawyers,” Vanden Bout said.

The other distractions from ALMA were the Very Long Baseline Array – VLBA in Socorro, New Mexico and repairs to the VLA, also in New Mexico.

The VLBA began construction in February 1986 and was completed in May 1993. The repairs to the VLA went on to be upgraded and renamed to the Karl G. Jansky Very Large Array in 2011-2012.

Finally, focus went back to the ALMA and it was dedicated in 2013.

“It cost over a billion dollars and was it worth it?” Vanden Bout said of ALMA. “Well, here’s HL Tauri, a young star and it has a protostellar disk. People looked at it with infrared telescopes and had infrared access. There’s some heated dust around it.”

After showing that image, Vanden Bout showed another image of the same star that was taken with ALMA.

“It’s much bigger,” he said. “In fact, there is a heated disk around it, but when you look with ALMA, this is what you get. You resolve the disk and all these rings. It’s fantastic. You see the heated dust, but you see these dark lanes in between where the dust is agglomerated.

“You’re looking at a solar system in formation here,” he continued. “When people saw this image, they were just blown away. They thought it was fantastic. It was worth it.”

The HL Tauri is just one of dozens of stars being mapped by ALMA. Many of those stars have solar systems.

“Hundreds have been imaged,” Vanden Bout said. “They’re not all that far away in the galaxy. When you think about how many there must be in the galaxy and how many galaxies there are, what are the odds we’re alone?”

During his tenure with NRAO, Vanden Bout experienced a multitude of new projects and discoveries with the new machinery, including theGBT.

“What I want to say is that NRAO is the premier radio observatory on the planet,” he said. “The reason the facilities are so great has everything to do with the people that make up the staff and, for me, it was a pleasure and an honor and a real privilege to be part of that team.”

# Classifieds

**GET THE JOB DONE!**  
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Advertising deadline is Monday at noon. Call 304-799-4973 to place yours now.

**FOR SALE**  
**FOR SALE** - Kennebec potatoes. \$25/bushel. 304-799-4089. 11/16/2p

**FOR SALE** - 55cm Litespeed Arenberg titanium road bike. Frame plus fork, new in 2002, lightly used since. Wheels and components switched from older bike. Two wheel sets. Has drop handle bar plus straight bar plus TT bar. Kryptonite cable lock. Can be seen in Hillsboro, WV. Best offer by December 1, 2023. 304-653-4938. 11/16/2p

**FOR SALE** - Complete Taylor outdoor stove. 304-799-4933. 11/2/4p

**FOR RENT**  
**FOR RENT** - Three bedroom house in Marlinton, dining room or 4th bedroom off of full size kitchen, living room, 1 1/2 bath, 1 1/2 story, hardwood floors, stove, dishwasher, off street parking, large yard, 657 Route 39, across from Catholic church. \$700 plus utilities. Refer-

ences, lease and security deposit required. 330-501-3637 (cell) or walker484@yahoo.com 11/16/2c

**HELP WANTED**  
**HELP WANTED** - Looking for a Correctional Officer job? Testing will be offered at the Denmar Correctional Center, Hillsboro, WV, on a daily basis. Interested parties should contact Human Resources at the facility at 304-653-4201 to schedule an appointment. 1/19/tfnc

**HOUSES AND REAL ESTATE**  
**WANTED** - Secluded acreage, cabin or house in Pocahontas County. Reasonable/cash. 252-675-3869. 11/2/tfnc

**LAWN CARE**  
**LAWN CARE** - Landscaping, brush hogging, ditch digging, any and all grounds keeping and house-

hold repairs. Licensed and insured. 304-992-9866. Call or text. 11/9/4tfnc

**POSITION AVAILABLE**  
**POSITION AVAILABLE** - The Town of Hillsboro is accepting applications for a water meter reader. This job requires reading of meters at the end of every month. Applicant needs to have a vehicle as well as reading and math skills. Applications can be found in the box to the left of the Town Office door. Appli-

cations must be returned to the Town Office no later than noon November 20, 2023. If no one is there they can be placed in the slot in the door. For more information, call the Town Office at 304-653-4005. 11/9/2c

**WANTED TO BUY**  
**WANTED TO BUY** - Ginseng and other roots and herbs. Call for price quotes. New River Trading, 1-855-SENGMAN. 11/2/tfnc

**WANTED TO BUY** - Ginseng roots and tops, Golden Seal roots and tops, all other roots and deer horns. Buying Tuesdays and Saturdays at IGA, Marlinton, 11 a.m. to 1 p.m. 304-645-4047 or 304-667-6398. 11/2/5p

**FREE**  
**FREE** - GE chest freezer; GE washer. Call 304-799-2516, leave message. 11/9/2p

**SALE**  
**SALE** - Saturday, November 18, 9 a.m. to 1 p.m. at 1295 Seneca Trail, Droop Mountain. Kitchen items, wall hangings, holiday décor, curtains, books and miscellaneous. 11/16/1p

**SALE** - Saturday, November 18, 10 a.m. to 3 p.m., Mini Storage, Riverside, Marlinton. 11/16/1c

### The Snowshoe Resort Community District is currently accepting résumés for an I.T. contract position.

**Responsibilities:**

- Administer, update and maintain Wix website including .gov domain registration and renewals, DNS configuration, updating site content as directed, ensuring accessibility requirements are met and suggesting design and usability improvements as needed.
- Administration of Google Workspace including user account and access management, new user onboarding and management of email aliases and distribution lists, platform and data security, records retention and eDiscovery holds.
- Support and maintain a mixed environment of on-site and remote desktops and laptops including managing patching, Bit-Defender security, Microsoft Office and other basic desktop applications.
- Deploy and maintain on-site networking equipment including routers, switches and wireless access points.
- Assist users with all above technologies in a professional and timely manner.
- Effectively gather user stories and develop solutions using existing systems as well as evaluate and propose new systems as needed to meet the evolving needs of the District.
- Ensure all systems meet the relevant government requirements and industry best practices.
- Act as a liaison between the District and other stakeholders including local emergency services, law enforcement and service providers on technical matters.

**Qualifications:**

- Experience managing hosted website platforms such as Wix (preferred), Squarespace, WordPress, etc.
- Experience maintaining DNS entries for public websites, experience with .gov registrations a plus.
- Administering Google Workspaces / G-Suite with a strong knowledge of Google collaboration and productivity products.
- Professional Google Workspace Administrator certification a plus.
- Small to Medium Business PC and network support experience. Experience working at public agencies, education, municipalities, government, etc. a plus.

All interested applicants should submit their résumé to [lisa.cutlip@snowshoedistrict.com](mailto:lisa.cutlip@snowshoedistrict.com)

## SHUTTLE BUS DRIVERS WANTED!



**Snowshoe**

**SNOWSHOE MOUNTAIN IS NOW HIRING SHUTTLE BUS DRIVERS. \$20/hour starting wage.**

Seasonal part-time and full-time positions available. Must have current CDL with passenger endorsement. Please apply at [snowshoemtn.com/jobs](http://snowshoemtn.com/jobs); call or email Robert: 304-572-6916 or [Recutlip@snowshoemountain.com](mailto:Recutlip@snowshoemountain.com)  
**To see all available jobs, visit [snowshoemtn.com/jobs](http://snowshoemtn.com/jobs)**

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 1/4 mile east of Rt. 219 on Denmar Road, Hillsboro  
 Monday - Friday 8 a.m. - 5 p.m., Saturday by appointment **304-653-4988**

## NOW HIRING

Casago Snowshoe is a local company seeking hard-working professional employees to work at Snowshoe. We are looking for dependable people with positive attitudes and an eye for detail.

We are a high growth company that offers both year-round and seasonal work with pay \$15.50 to \$17.50 per hour. We offer benefits to full-time, year-round employees and have immediate openings in our housekeeping department.

All applicants must consent to and pass a pre-employment criminal background check and drug screening, if requested. **MUST HAVE RELIABLE TRANSPORTATION!**

To apply, call Casago Snowshoe 304-924-7054 to speak with Vanessa, or stop by our office at 562 Cass Road, Slaty Fork to apply in person.

## Cook and Dietary Aide Openings Available

Healthcare Services Group is now hiring for a cook and dietary aide. Starting wage of up to \$15 per hour.

Working for HCSG includes comprehensive health coverage, paid holidays and vacation for eligible employees, employee stock program, nationwide transfers and Employee Assistance Programs.

Stop by 5 Everett Tibbs Road in Marlinton and fill out an application. You can also call 304-799-7375 and ask for the dietary department.

We look forward to hearing from you!

**Healthcare SERVICES GROUP**



## MES Students of the Month



MARLINTON ELEMENTARY SCHOOL congratulates its Students of the Month for October. Front row: Abby Guyette, Mrs. JoAutumn's Pre-School; Gemma McNabb, Mrs. Anderson's Kindergarten; Noah Long, Mrs. Beard's Kindergarten; Gavin Sharp, Mrs. Feather's second grade. Back row: Alexis Prince, Mrs. Herold's first grade; Alayna Sharp, Mrs. McCurdy's third grade; Victor Dean, Mr. Smith's fourth grade; and Aiden Harrell, Mrs. McCarty's fourth grade.

Not pictured: Micheal Friel, Mrs. Smith's third grade; and Sydalee Withers, Mrs. Rose's first grade.

Omitted from September Students of the Month: Kaidee Sewell, Ms. Carr's fifth grade.

## Council, from page 2

quired public meetings. Amanda Smarr said she is correcting this with the BEAD officials.

Rebinski, upset with Frontier's apparent lack of progress building broadband in their Pocahontas County RDOF areas, said that Fron-

tier uses the rural status of counties such as Pocahontas to get federal rural broadband funding, but then they spend it building broadband in more populated (and more profitable for them) counties.

Holstine said Frontier never addressed the county commission's letter asking for a progress report on Frontier's RDOF project in Pocahontas County, and

asked for another letter to be sent to them about this.

Holstine also recommended people read the ROC Broadband Study Report on the council's website because "it is the most seminal report on the state of broadband in West Virginia." It also predicts that it will take an additional \$30 million to adequately cover the entire state with proper broadband.

one proviso. Keeping in mind that there is much more research needed and that the allergy was only recently recognized as a tick-borne disease, less than half of the doctors polled in the lone star tick's range had heard of alpha-gal syndrome.

You may have to take the lead and mention this emerging disease to your doctor. I am confident that our exemplary physicians here in Pocahontas County are aware of red meat allergy.

Now, readers, you are armed with the facts about a red meat allergy caused by the lone star tick. So, if you start to salivate at the thought of a sizzling porterhouse steak or a tender lamb chop, remember that the threat of losing that pleasure, or even dying, is in the saliva of a tiny arachnid that just might be climbing up your leg at this very moment.

Author's Note: How the lone star tick got its name is worthy of a short discussion. This species of tick is indeed found in eastern Texas, which, as we all know, is called the Lone Star State. Its range, the tick that is, extends through much of the Midwest, South, and Mid-Atlantic, yet those Texans felt it necessary to name it after their own state.

OK, we can live with that, but they felt further privileged to name the tick because of a spot found on the female's back. In the imaginative minds of Texans, this amorphous spot resembles a star, which, in reality, it does not. Clearly, Texans do not hold geometry or astronomy in high esteem.

Because "everything is bigger in Texas," one might expect a claim that the Texas lone star tick is the

size of a box turtle. If this happens, I say we build a wall around the Lone Star State to contain their outrageous fabrications.

Note: No Texans were harmed in writing this article, and, certain women in Austin are exempt from my diatribe.

Citations available upon request.

Until next time,  
Ken Springer  
Ken1949bongo@gmail.com



## Watoga Foundation seeks new members

John C. Dean  
Contributing Writer

Do you know how to lead and be a team member while helping projects reach fruition in a forward-looking manner?

Then, a position as a board member of the Watoga State Park Foundation may be just the right fit for you.

"We welcome new board members who have an interest in our many ongoing projects that make Watoga State Park stand out as one of the most popular parks in the state," said Louanne Fatora, vice president of the Foundation. "We need new ideas and new energy from people who want to contribute their time to preserve and enhance this unique park."

An added bonus is that you are not required to be a Pocahontas County resident. In fact, some current board members live in other West Virginia counties and bordering states.

Board meetings are held every two months on Sunday afternoons with the added bonus of gathering at one of the oldest state parks in West Virginia.

Formed in 2015, this 501(c)(3) nonprofit foundation has taken the lead to

showcase Watoga State Park, all the while promoting recreation, ecology, conservation, history and natural resources. For the last eight years, board members, in conjunction with hundreds of volunteers, have delivered on a number of projects for the park, including:

- \* Restoration of a pioneer-era cabin, constructed in 1887.

- \* Funding for the installation of solar panels to heat the swimming pool, built in 1937.

- \* Management and operation of Watoga Mountain Trail Races (half-marathon and a 5K) held the second Saturday in August each year. All race proceeds benefit worthwhile projects at this 10,000-acre park.

- \* Designation as West Virginia's first International Dark Sky Park, including hosting "star parties" and other educational programs for local, regional and national guests. According to the International Dark Sky Association (darksky.org), Watoga, in the mid-Atlantic region of the U.S. is the darkest of places with majestic views of constellations, stars and other "out-of-this" world viewing opportunities. Watoga is the leading tourism force in the Moun-

tain State promoting the importance of the dark skies for humans, flora and fauna.

- \* Installation of 70+ memorial benches that friends, families and fans of Watoga Foundation funded.

- \* Funding for naturalists, programming and hundreds of other park activities that local residents and visitors can enjoy.

The Foundation plans to purchase and install interpretive signs that detail scenic, historic and natural points of interest are on 2023-2024 agenda.

With 40 miles of sometimes rugged trails, the Foundation steps forward year-after-year to organize volunteers to keep these mountain trails in top condition.

What's the best part about being a Watoga Foundation Board member?

"It's great to get to know and form friendships with everyone else on the board," Fatora said. "We all come from different backgrounds, but we come together to support the projects that enhance the park."

For more information or to express your interest in joining one of the region's leading nonprofit organizations, please email [info@watogafoundation.org](mailto:info@watogafoundation.org)

## Your, from page 3

According to the CDC, the delayed symptoms of AGS include:

- Hives or itchy rash.
- Nausea or vomiting.
- Heartburn or indigestion.
- Diarrhea.
- Cough, shortness of breath, or difficulty breathing.
- Drop in blood pressure.
- Swelling of the lips, throat, tongue or eyelids.
- Dizziness or faintness.

In the world of food allergies, sugar is an unusual instigator of an allergic reaction. Certain proteins usually cause such reactions. And, because there is a lapse of time between eating red meat of up to six hours, many infected humans do not associate the meal with the symptoms, let alone, a tick bite.

There are a few fortunate people who contract AGS, and their symptoms lessen after a couple of years. Among these people, there is another minority of patients whose symptoms continue to diminish. But only if you do not get bitten by an infected tick again.

If you get alpha-gal syndrome, there is no current treatment or cure. Furthermore, you will never again eat lamb, pork, beef, or products made with them. There are presently more than 450,000 cases of AGA in the United States, and that number is expected to grow. Consider that for a moment!

There is a blood test for AGS, so if you suspect you may have been infected, get yourself to a doctor, but with

# can-am

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Sat. 9 a.m. - 2 p.m.  
[elkinsmotorsports.net](http://elkinsmotorsports.net)



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Space is available for vendors for the Holiday Craft Show at the Opera House to be held Friday and Saturday, December 1 and 2.

To reserve a space, call Lauren at 304-799-4009 or 304-799-7386



# Calendar, from page 4

aggressive self-defense. All levels welcome. \$3/per class, Wednesdays at 6 p.m. with Instructor Nathaniel Sizemore.

**New day for Yoga** at Cass Community Center—now on Thursdays at 5 p.m. Tuesdays at 5 p.m. at Durbin Library.

## THANKSGIVING SERVICE

**Community Thanksgiving Service**, hosted by Marlinton United Methodist Church, Sunday, November 19, 6 p.m. Pastor David Moore, speaker.

## CHURCH NOTICES

**Marlinton Presbyterian Church**—Sunday School 9 a.m.; Worship 10 a.m.  
**Arbovale United Methodist**—Worship 11:15 a.m. Sundays; Bible Study 6 p.m. Thursdays.  
**New Hope Lutheran—Minnehaha Springs**—Worship 8:45 a.m.

**First Baptist Church—Huntersville**—Sunday School, 9:30 a.m.; Worship, 10:30 a.m. Wednesday night service 7 p.m.  
**Seebert United Methodist Church**—Sunday School every Sunday 9:20 a.m.; Worship second and fourth Sundays at 10 a.m.  
**Catholic Mass: St. John, Marlinton**—Sunday 9 a.m.; St. Mark, Bartow—Sunday 11:30 a.m.  
**Liberty Presbyterian, Green Bank**—Worship at 11 a.m.  
**Dunmore United Methodist Church**—Worship 10 a.m. Adult Bible Study via Zoom 8 a.m.  
**Marlinton First Church of the Nazarene**—Sunday School, 10 a.m.; Worship, 11 a.m.; Wednesday night Bible Study 7 p.m.  
**Marlinton United Methodist Church**—Worship at 11 a.m. Parking lot service on 90.3 FM radio, or join us on Facebook.  
**New Hope Church of the Brethren**, Worship at 9:30 a.m. and Bible Study Wednesdays at 7:30 p.m.  
**Pine Grove Church of**

**the Brethren, Arbovale**—Sunday School 10 a.m., Worship 11 a.m.; Bible Study, Thursday, 7 p.m.  
**Cochran Creek Baptist Church, Rimel**—Sunday School 10 a.m.; Worship 11 a.m.  
**Campbelltown Church, Marlinton**—Worship 10 a.m.; Sunday School 11 a.m.  
**Cook Town Community Church, Rt. 219**—Sunday Service 10 a.m.  
**Edray United Church**—Sunday School 10 a.m.; Worship 11 a.m.  
**Marlinton Church of God, Beard Heights**—Sunday School 10 a.m.; Worship 11 a.m. Wednesday Night Bible Study 5:30 p.m. Evangelistic Service Sunday, November 26.  
**Marlinton Church of Christ, Lakeview**—Sunday School 9:45 a.m.; Worship 10:45 a.m. and 6 p.m. Wednesday Bible Study 7 p.m.  
**Trinity Baptist Church, Rt. 219 Buckeye Hill**—Sunday School 10 a.m.; Worship 11 a.m.; Wednesday Bible Study 7 p.m. Pastor David Moore.

# Off-grid, from page 6

needed, for water to flow in a desired direction.  
 Thick, insulated walls, preferably built partially into a hill, is best for insulation. Walls can be covered with wood, straw or clay but may need replacing from time to time due to moisture issues. Walls need to be well sealed to prevent excess water from seeping through.  
 A sloped roof is important to help shed snow and rain-water.  
 The floor needs to be level to prevent water from pooling but can be dirt, gravel, stone or concrete.  
 Ventilation and air circulation are important to prevent mold growth; an open door, window or chimney will also help. If the desire is to keep the springhouse closed, because of animals, etc., then

consider setting up a passive ventilation system. This needs to be planned in advance but is fairly simple to do. A passive ventilation system can be wind driven or buoyancy driven.  
 A springhouse should sit so the water flows away from the structure, to prevent flooding, and the door should face south. Modern experts advise that it is best if the whole exposed structure receives plenty of sunlight throughout the day; however, many colonial springhouses were hidden. Small springhouses built in the woods, covered by shrubs and bushes, not only provided for food storage but also provided a place to hide when under attack, such as during the Civil War.  
 An excerpt from the book *Spring House* makes reference to this.  
 "He reported the incident to his superior who opened the small door of the spring

house. Inside he found Margaret, sitting on a trunk dressed in her Sunday best clothes; Elizabeth standing beside her holding three-month-old Elizabeth, called Ibbly by the family; and four young children—William, Margaret, John and Adam Jr.—next to her. Margaret's hoop dress with its many petticoats hid the hair trunk and fourteen-year-old Robert, who was behind his grandmother's wide hoop dress and the trunk with his grandfather's flintlock pistol cocked and ready for his grandmother to give the word to fire."  
 As I drive through the countryside and see one of these small, seemingly unimportant, and misplaced structures, I can't help but wonder what intriguing history may have unfolded in its presence.  
 Maybe one day I will have one of my own.

# 50, from page 7

**BIRTHS**  
 Born to Mr. and Mrs. Jess Stanley, of Hillsboro, a daughter, named Emma Marie.  
 Born to Sgt. and Mrs. Thomas Lee Dean, of Lawton, Oklahoma, a son, named Thomas Lee, II.  
**DEATHS**  
 Cyrus Kidd, 66, of Marlinton; burial in the Renick Cemetery; services being held from the home of Clyde Cutlip at Beard.

Mrs. Laura G. Galford, 86, of Dunmore, burial in Wesley Chapel Cemetery; service being held from the New Hope Church at Dunmore.  
 Keith Edward Wooddell, 56, of Marlinton, a son of the late George Edward and Hatie Hamilton Wooddell. A veteran of World War II. Burial in Mountain View Cemetery; service being held from the Marlinton Nazarene Church.  
 Mrs. Lockhart McClintic Moore Wyman, 32 of Gabbana, Ohio, a daughter of N. J. and Alice McClintic Moore. Burial in Mountain View Cemetery; the service being held from VanReenen Funeral Home Chapel.  
 James "Bo" Slayton, 23, of Piney Point, Maryland. Born to Boyer, a son of Mr. and Mrs. Robert Slayton. He was in the Merchant Marines for six years and was attending the Lundeborg School of Seamanship at the time of his death.  
 Mrs. Retha Irene Feola, 63, of Spotswood, New Jersey, born at Valley Head, a daughter of the late John and Minerva Snyder. Service was held in New Jersey.

# Lard, from page 8

The bits of meat and fat remaining in the bottom of the crockpot or caught as the lard is strained are called cracklin's.  
 Some folks love eating them—just scatter them in a frying pan and fry them until crispy.  
 They will also be well-received by your chickens—toss them into the chicken yard and watch the festivities. Or delight visiting birds at the bird feeders—just mold the cracklin's together and use them like suet.  
 I'm not planning to give up using olive oil or butter, which are great for so many things, but I will sometimes substitute lard for vegetable oil or butter in cooking and baking.  
 Some experts say lard is healthier, tastes better and has a higher smoke temperature (meaning it takes longer to burn) than butter or Crisco.  
 And while we're talking about Crisco, it might be helpful to know exactly what Crisco is.  
 Crisco—the first shortening made entirely from vegetable oil, came on the market in 1911 when Proctor & Gamble hired a chemist to

develop a way to hydrogenate cottonseed oil, ensuring that the shortening would stay solid at room temperature.  
 They were actually looking for a more inexpensive way of making candles, which were at the time made of animal fats. But just as the new substance was being produced, the dawn of electricity was making its way into American homes which caused the bottom to begin to drop out of the candle market.  
 The company adjusted its target market away from candles and into America's kitchens and called the new product Crisco—a nickname taken from its actual name, "crystalized cottonseed oil."  
 Some of those who used to swear by Crisco say you can use lard instead of butter for a flakier pie dough or half butter and half lard in cookie dough.  
 Shortening has no flavor, but some say lard has a bit of a nutty flavor and you can tell the difference before baking. But after baking, you can't tell the difference in flavor between lard and Crisco at all.  
 These days, you can sometimes find lard sold by the pound. The only drawback to buying it that way is that commercially processed

lard often contains preservatives.  
 So, if you are lucky enough to have access to locally butchered pork, you may avail yourself not only of the meat, but the fat as well, and render your own lard.  
 Just ask the farmer or butcher to save the fat for rendering.  
 Even if you're not purchasing a pig, you can often pre-order pork fat from a butcher.  
 Most customers do not render their own lard, so butchers will usually have a lot of fat on hand and will be happy to save it for their customers.

# History, from page 7

Maybe when the excellence of the Williams River potato becomes generally known those portions of Pocahontas which are too high to produce corn and other ordinary crops, but which do grow potatoes to perfection, both as to quality and quantity, will have the great potato fields of the country.

Tacey, Dilley, Bussard and Lange are of French extraction.  
 Poage, Pritchard, Price and Ruckman denote Welch extraction.  
 Kee, Doyle, Kelley, Loury, Cloonan, Scales and Roark leave us in no doubt that the Emerald Isle is their fatherland...  
 Our people possessed an energetic spirit that prompted them to desire a place where they could acquire a competency of earthly goods, so needful in times of disability and for the decrepitude of advancing years.  
 These people came among the mountains seeking refuge from civil and religious wrongs, and have a sanctuary where God could be worshipped, none daring to molest or make them afraid.  
 They felt it a duty to provide for their households, and, here, land was to be had in goodly portions and sufficient to locate sons and daughters near the parental home, so tenderly ardent were their family affinities...

**APPLIED HISTORY**  
**William T. Price**  
 In reference to the ancestry of our people, it may be inferred that our citizenship is of a composite character, Germans, English, Irish, Scotch and French.  
 Such names as these: Lightner, Harper, Yeager, Arbogast, Herold, Halterman, Burr, Siple, Sheets, Casebolt, Sydenstricker, Varner, Hevener, Cackley, Gumm, Overholt, Shrader and Burner indicate German descent.  
 Moore, Gillispie, McCarty, McLaughlin, Cochran, Waugh, Hogsett, McNeel, Kerr, Lockridge, Drennan, Gay, McCollam, McCoy, Beard, Baxter, Slaven, Hannah, Hill, Kincaid, Irvine, McElwee, Wallace, Curry, Hamilton, Sharp, Friel and McCutcheon imply Scotch-Irish or English-Irish ancestry.  
 Warwick, Matthews, Renick, Clark, Gibson, Johnson, Galford, Buckley, Kenison, Adkinson, Barlow, Gatewood, Jackson, Brown, Wooddell, Hull, Cooper, Duffield, Aldridge, Duncan, Beale and Sutton indicate English antecedents.  
 Maupin, Ligon, Devier,

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# Super Crossword

## WOMEN'S MOVEMENTS

**ACROSS**

1 Golf tourney  
 7 "Nonsense!"  
 12 Wordplay bits  
 16 Jump  
 19 Tiny country in Europe  
 20 Similar  
 21 Woodwind instrument  
 22 Spring mo.  
 23 Prima ballerina who received the Kennedy Center Honors in 1989  
 26 Winning sign  
 27 Sinuous  
 28 2003 Tony winner for "Movin' Out" choreography  
 30 Vamp player in "Singin' in the Rain"  
 36 Choose  
 37 Writer Jaffe  
 38 Vast period  
 39 Doggy doc  
 40 Part of TNT  
 42 "The Wedding Singer" director Frank  
 44 Magical land of C.S. Lewis  
 46 Noted performer in a Greek tunic and bare feet

**DOWN**

1 Thurman of Hollywood  
 2 Fa follower  
 3 Undivided  
 4—Romana (peace)  
 5 Digital money  
 6 Unrelated to maritime armed forces  
 7 Sit down, singly  
 8 Makes laugh loudly  
 9 Shrouded  
 10 Nickname made  
 11 Proceeded  
 12 Coral colony member  
 13 Curved fastening bar  
 14—Scotia  
 15 Marine fish of the western Atlantic  
 16 West Indies' largest city  
 17 Outerwear for some high-culture shows  
 18 Get ready  
 24 Have the gall  
 25—Jima  
 29 Tooting thing  
 30 Trudeau's country  
 31 "About this large," informally

**32 Original Mouseketeer—Tracey**  
**33 Channel for Wolf Blitzer**  
**34 Parts of city grids: Abbr.**  
**35 Noted times**  
**41 Tyrant Amin**  
**42 Structure for storing music**  
**43 Some ctrs. of learning**  
**45 "You win"**  
**46 Charged, as parties**  
**47 From long ago**  
**48 Autos from long ago**  
**49 Kitty chip**  
**52 Maven**  
**53 "Rambo" war zone, in brief**  
**57 Neuters, as a stallion**  
**59 Smelling junk**  
**61 GIF or JPEG**  
**63 Throw a few back in a bar**  
**64 52, to Livia**  
**65 Kin of -ess**  
**70 Goad**  
**72 Baseball executive Joe**  
**73 Jungian inner personality**  
**74 Sticky, nutty treats**  
**75 Endlessness**  
**77 Onetime teen idol**

**78 Nevada city**  
**80 Suffix with Caesar**  
**81 Nutrition amt.**  
**82 Texas city**  
**83 1990s "caught on tape" series**  
**84 Belgrade site**  
**87 Dress in a pillared structure**  
**91 In a pillared structure**  
**92 Educ. org.**  
**93 Onetime rival of Atari**  
**95 Diagrams for brainstorming**  
**98 Infatuated**  
**99 Deep longing ago**  
**101—Kan (classic dog food brand)**  
**104 Typewriter formatting aid**  
**105 Apple tablet**  
**108 Kind of navel**  
**109 T-bone, e.g.**  
**110 Brooks of film**  
**112 A lack of musical skill**  
**113 Actress Vivian**  
**114 Jump executive Joe**  
**115 French river**  
**116 Electric jolts**  
**120 "OB-viously!"**  
**121 NYSE event**  
**122—laude**  
**123 Enabler of web access**  
**124 Once named**  
**125 Mutt's name**

# 100, from page 7

Price and D. L. Sheets and Mrs. Anna J. Gum.

**NOTICE**  
 The Ladies of the Minnehaha M. E. Church South, will sell on next Friday evening, oysters, chicken, cake, pie, coffee and pickles, also some boxes. Proceeds for the new church at the Springs.

**Advertising Deadline is Monday at noon. Call 304-799-4973**

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# 75, from page 7

## COMING HOME

Mrs. Bernice L. Reed has received word that the body of her husband, Private First Class Harold L. Reed, is enroute to the United States for re-burial. He lost his life in Germany April 3, 1945.

Mr. and Mrs. E. A. Hudson have received word that the body of their son, Technical Sergeant Edward Keith Hudson, is enroute to the United States from France for final interment.

## DEATHS

William Henry Shelton, 79, of Slaty Fork, died November 11, 1948... On Sunday afternoon, his body was laid to rest in the Gibson cemetery. The service being held from Mary's Chapel... The deceased was born in Staunton, Va., a son of the late John Henry and Martha Fisher Shelton.

Harmon Strickler McLaughlin, 71, of Cass, died November 13, 1948... On Tuesday afternoon his body was laid in the Wanless cemetery, the funeral being

held from the Cass Methodist Church...

Worth L. Loury, 50, of Charleston, died November 15, 1948... On Tuesday afternoon, his body was buried in the family plot in the Huntersville cemetery. Born at Huntersville, he was a son of the late J. C. Loury.

Warwick Cameron Ratliff, 78, of Marlinton, died November 11, 1948... On Friday afternoon, his body was laid to rest on Drennin Ridge, the service being conducted from the Marlinton Methodist Church. The deceased was born in Bath County, a son of the late Dock and Mary Fox Ratliff.

Mrs. Ellen Esta Mayse, 78, of Hillsboro, died November 14, 1948... On Tuesday afternoon, her body was laid to rest in Oak Grove Cemetery, the funeral being conducted from the Oak Grove Presbyterian Church. The deceased was a native of Bath County, a daughter of the late Anderson and Rebecca Mayse.

George Hampton Simmons, 73, of Hillsboro, died November 11, 1948, on Sunday, his body was laid to rest

in the Oak Grove Cemetery, the service being conducted from the Hillsboro Methodist Church. The deceased

was a son of the late Jacob and Julia Beverage Simmons. He is survived by his wife, Mrs. Nellie Suttle Sim-

mons, and their six children, Elmer, Calvin, William and Marion, Mary Ann and Lora Lee Simmons.

TRIVIA ANSWERS:  
 (1) Samson (2) Horse (3) Marie Curie (4) Henry VIII

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## NEW LISTINGS

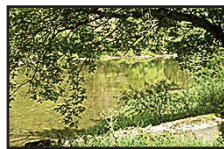


6612 – Green Bank. 128 acres of lush mountain forest land. This large property is adjacent to the Monongahela National Forest and offers endless outdoor adventures. – \$335,000



6613 – Mill Point. Lot B9. Offering approximately 9 acres of woodland in a small mountain development. Potential views. Short drive to national forest, Highland Scenic Highway, Summit Lake and Cranberry Glades. – \$40,000

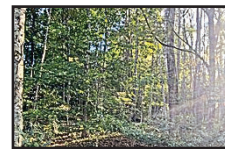
## MORE LISTINGS



6595 – Marlinton. Lots in town, bordering the Greenbrier River with easy step-down access. Great location to set up base camp to explore the river and trails, state parks and national forest. – \$24,000



6596 – Marlinton. This property offers 2 homes and a detached garage on 2.18 acres in a country setting. Gorgeous views. Great rental potential. Close to fishing, trails, state parks and Snowshoe Resort. – \$165,000



6498 – Hillsboro. Lot A-1. Offering 2 wooded acres in restricted development of Little Mountain Retreat with easy access. Near national forest and fishing. Owner financing available. – \$15,000



6585 – Bartow. 3BR/1BA with basement, two-car detached garage on 1.6 acres. Three outbuildings. Borders Parks and Recreation Park. Close to Greenbrier River and Trail. Durbin and Cass railroads. – \$175,000



6604 – Marlinton. House in poor condition on a 0.76 mostly wooded acre. Located at the end of a graveled lane just outside of town. Semi-private setting. – \$22,000



6523 – Mill Point. Lot C-2. Little Mountain Retreat. 2.5 acre lot close to national forest, Highland Scenic Highway, Greenbrier River and Trail. Near Cherry, Cranberry and Williams rivers. – \$22,000



6536 – Cass. Approximately .55 acre just 30 minutes from Snowshoe Resort. Near national forest, Deer Creek and trout fishing. Short drive to Greenbrier River and Trail. Good lot access. – \$14,000



6445 – Caldwell. 3BR/1BA mobile home with stick-built expansion on 15+ acres. Great location. Home needs work. Just minutes to Lewisburg, Greenbrier River and Trail. – \$52,000



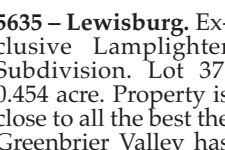
6537 – Hillsboro. Lot C-15. Little Mountain Retreat. 3.5 +/- wooded acres with protective covenants. Easy access, nice building site and great views with perfect privacy. – \$15,000



5633 – Lewisburg. Exclusive Lamplighter Subdivision. Lot 17. 0.552 acre. Property is close to all the best the Greenbrier Valley has to offer! Title insurance available. – \$5,900



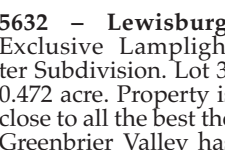
5635 – Lewisburg. Exclusive Lamplighter Subdivision. Lot 37. 0.454 acre. Property is close to all the best the Greenbrier Valley has to offer! Title insurance available. – \$7,900



5632 – Lewisburg. Exclusive Lamplighter Subdivision. Lot 3. 0.472 acre. Property is close to all the best the Greenbrier Valley has to offer! Title insurance available. – \$8,999



5634 – Lewisburg. Exclusive Lamplighter Subdivision. Lot 19. 0.55 acre. Property is close to all the best the Greenbrier Valley has to offer! Title insurance available. – \$5,900



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The deadline for Letters to the Editor is Monday at noon. Writers may use a maximum of 600 words. Letters should be issue-oriented and never personal.

Send letters to

[jsgraham@pocahontastimes.com](mailto:jsgraham@pocahontastimes.com)

For more information, please contact

The Pocahontas Times  
 at 304-799-4973.



23136

## 2023 Chevy SILVERADO 1500 CUSTOM TRAIL BOSS

Crew cab, 4x4, 5.3 V8, keyless entry, remote start, lane keep assist, rear camera.

MSRP \$56,235

Mitchell Discount – \$2,224

Consumer Cash – \$250\*

Red Tag Cash – \$500

Sale Price = \$53,261



23124

## 2023 Chevy SILVERADO 1500 LT

Crew cab, 4x4, 5.3 V8, keyless open and start, locking rear, heated seats, 10 speed automatic, XM, aluminum wheels.

MSRP \$58,390

Mitchell Discount – \$2,855

Consumer Cash – \$500\*

Bonus Cash – \$750

Red Tag Cash – \$500

Sale Price = \$53,785



23135

## 2023 Chevy SILVERADO 1500 CUSTOM TRAIL BOSS

Crew cab, 4x4, 5.3 V8, locking rear, dual exhaust, 18-inch, black aluminum wheels, rear camera, trailering package.

MSRP \$55,415

Mitchell Discount – \$2,158

Consumer Cash – \$250\*

Red Tag Cash – \$500

Sale Price = \$52,507



23123

## 2023 Chevy SILVERADO RST

Crew cab, 5.3 V8, 4x4, dual exhaust, remote start, heated seats, heated steering wheel, XM, all terrain tires, 20-inch wheels.

MSRP \$60,165

Mitchell Discount – \$2,966

Consumer Cash – \$500\*

Bonus Cash – \$1,000

Red Tag Cash – \$500

Sale Price = \$55,199

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 Saturday, 8 a.m. - 3:30 p.m.

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## 2019 Chevy SILVERADO 1500 TRAIL BOSS

Double cab, 4x4. Local trade. 33,000 miles.

\$36,995



24042A

## 2020 Chevy TRAX LS

All wheel drive, Bluetooth. 48,600 miles. 29 mpg highway.

\$17,495



24057A

## 2018 Chevy EQUINOX LT

All wheel drive, 2.0 4cyl. Local trade. 71,000 miles.

\$18,995



923038A

## 2016 Jeep CHEROKEE OVERLAND

4x4, 3.2 V6, Local trade. 66,000 miles.

\$21,495



23144A

## 2022 Toyota TACOMA TRD SPORT

Double cab, 4x4, V6. 38,000 miles.

\$37,995



23120B

## 2017 Toyota SIENNA SE

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