



**Weather
Wise**
page 3



**Endangered
Foods**
page 5



Periodical Postage Paid at Marlinton, WV 24954
THE POCAHONTAS TIMES
(Post Office No. 436-640 - ISSN No. 07388373)

The Pocahontas Times

\$1.00

Serving Pocahontas County in the Endless Mountains of Appalachia
MARLINTON, POCAHONTAS COUNTY, WEST VIRGINIA 24954

FEBRUARY 1, 2024 VOL. 141 NO. 37

visit us on the web at pocahontastimes.com

PCHS grads form Empower Appalachia Foundation

Suzanne Stewart
Staff Writer

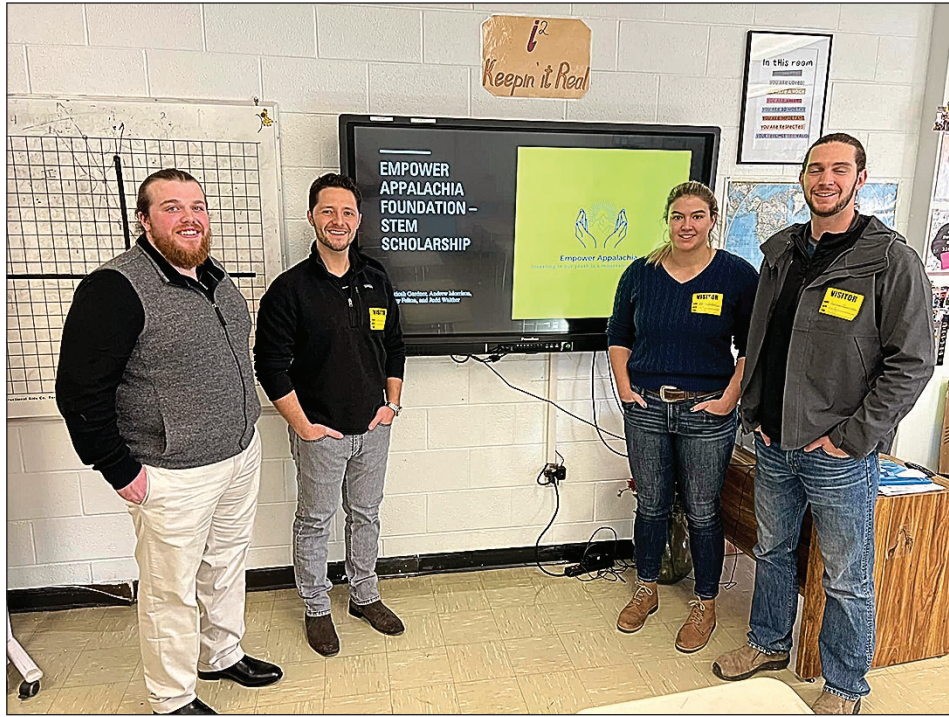
When they were students at Pocahontas County High School, Fredricah Gardner and Andrew Morrison started a scholarship specifically geared toward students seeking a higher education in a STEM – Science, Technology, Engineer and Mathematics – field.

Years later, during a late night discussion, they and their fellow classmate, Judd Walther, wondered if the scholarship was still in place. Gardner emailed math teacher Chris Sutton, posing the question and learned that it no longer existed.

Gardner said it was suggested to her that they could revive the scholarship with the help of a local foundation or club.

“I was like, ‘why don’t we just do our own?’ and so we made our own,” she said.

Just like that, Empower Appalachia Foundation was formed, with Gardner and Morrison as co-founders. Gardner is president, Morrison is vice president, Wesley Felton – another classmate – is chief of development and Walther is executive board member.



FOUNDING MEMBERS OF Empower Appalachia Foundation, from left, Judd Walther, Wesley Felton, Fredricah Gardner and Andrew Morrison, returned to their alma mater – Pocahontas County High School – in January to do a presentation about the foundation and the STEM scholarship it offers. They spent the morning talking to students in math, science and computer science courses. Photo courtesy of Laura Dilley

Together the four members of the PCHS Class of 2014 are focused on providing a STEM Scholarship that offers not only financial assistance, but a mentorship, as well.

“This year, the scholarship will be five thousand dollars

– as our financial aspect of it – but we’re trying to stand apart from other scholarships by providing a holistic mentorship program with it,” Gardner said. “During their time at college or while they’re pursuing a STEM

field, we want to be in open

communication. If they need help, they can reach out to us.

“We wanted to pick up where Andrew and I had left off and just get traction,” she continued. “That was some-

see Empower pg 9

Leaping into February

Suzanne Stewart
Staff Writer

Thirty days has September, April, June and November...

I can’t remember exactly how the rest goes, but basically it says the rest have 31 except for February – it takes a little bit more explanation.

February has 28 days except for every fourth year when the 29th, known as Leap Day, is added to right some wrongs.

The extra day added to the calendar every four years is there to get aligned with the astronomical year, which is a little less than 365 1/4 days.

The creation of the leap year and extra day has been credited to Julius Caesar, who reformed the Roman calendar in 45 BC to make it a consistent solar calendar. Because it is difficult to have a quarter day every year, the full day was added every fourth year.

Leap Day has always been interesting to me, especially when it comes to someone being born on that day.

My mom happens to have been born on Febru-

ary 28 of a leap year. When we were talking about it earlier this month, I asked her if she realized that if she wasn’t so impatient to be born, she could have been a Leap baby and would be turning 19 this year.

She said, “Yeah I know,” adding that, coincidentally, she had a classmate who was born on Leap Day. While I don’t know her, I can all but guarantee she was the youngest person in the class.

While we were talking about it, so many questions arose. If this woman is really only going to be 19 this year, how was she able to get a driver’s license? Was she allowed to register to vote? And don’t get me started on the age gap between her and her boyfriends.

After a little research, I’ve come to the conclusion that the government doesn’t take Leap Day all that seriously. Although those born on February 29 technically can’t celebrate their real birthday every year, they do, in fact, age every year.

see Leaping pg 8

A new chapter begins



THE BANK OF HILLSBORO opened its doors for business September 30, 1914. It was organized July 11, 1914 with the following officers and board of directors: Geo. W. Callison President, F. W. Ruckman, Vice-President, J. K. Marshall, Cashier, A. P. Edgar, Attorney. Directors: Geo. W. Callison, F. W. Ruckman, Wm. H. Aldridge, Carl G. Beard, J. S. McNeel, John W. Goodsell, L. S. Cochran, F. P. Kidd, Lee P. McLaughlin, A. R. Smith, G. C. Beard, J. W. Beard, M. N. McCoy, C. W. Kennison and C. J. Stulting. On December 8, 1930, the bank went into voluntary liquidation. The Bank of Hillsboro building, having fallen into disrepair, was demolished last week. Photos courtesy of Tom Walker



MONEY MATTERS

In this ever-changing, fast-paced world, we can help by offering the following services:

- Online Banking
- Debit Card
- Mobile Banking and Electronic Statements

Call us today to sign up!



To ski or to see?

That is the Cupp Run question...

MONDAY, FEB. 5 starting at

10:10 a.m.

Designed in 1973 by Jean-Claude Killy, former French World Cup Alpine ski racer, the Cupp Run Challenge is 1,500 vertical feet of technical gates and corners. Registration sells out every year.



Nature's Mountain Playground
POCAHONTAS COUNTY, WV

pocahontascountywv.com/event/cupp-run-challenge

In This Issue

| | | | | | | | |
|------------------|---|-----------------|---|-----------------------------|---|-------------------|---|
| Local News | 2 | Opinion | 4 | Obituaries | 6 | Legals | 8 |
| Calendar | 4 | Crossword | 4 | Preserving Pocahontas | 7 | Classifieds | 9 |

Primary Election update

As of the deadline, January 27, the following candidates had filed to run for office in the May 2024 Primary Election:

For Sheriff:
Troy McCoy (D)
Kenneth "Buster" Varner (R)

For Prosecuting Attorney:
Laura M. Kershner (D)
Joni O'Neal Nichols (D)

For Assessor:
Johnny Pritt (R)

For County Commission:
Timothy Walter Helmick (R)

Thane A. Ryder (R)
For Magistrate, Division I:
Cynthia D. Broce-Kelley

For Magistrate, Division II:
Jennifer Dunz
Mark Thompson

Board of Education:
Sam Gibson – Central
Dawn Baldwin Barrett – Northern
Emery Grimes – Northern

Conservation District Supervisor:
Donald McNeel
Timothy W. VanReenen
Michelle D. Wilfong

Commission begins process on Tannery DEP Clean-up Project

Tim Walker
AMR Reporter

The Pocahontas County Commission held a special session January 18. This was the first public meeting regarding the West Virginia Department of the Environmental Protection (DEP) Brownfields Clean-up Grant for a portion of the county-owned Howes Tannery site in Frank.

The commission had earlier awarded the remediation and assessment contract to the Greenbrier Environmental Group, Inc. out of Lewisburg.

Present at the meeting were Amy Truesdale of the Greenbrier Valley Economic Development Corporation, the county's designated economic development agency; Audrey Sampson, Vice-President of the Greenbrier Environmental Group; and Matt Ford, also of the Greenbrier Environmental Group.

The clean-up grant is designed to ensure that the

groundwater pollutants that were discharged on the property, when Howes Tannery was in operation, are cleaned up so that the property can be used for another industrial purpose.

Howes Tannery, which closed in 1994 was at one time the largest producer of shoe sole leather in the United States. Unfortunately, the process of using tannic acid, produced from the bark of trees, to tan animal skins, also produced pollutants which infiltrated the groundwater and streams on the site.

In addition to cleaning and future monitoring of the groundwater using monitoring wells, the grant mandates the removal of asbestos from three or four buildings at the site which the commission plans to demolish. Representatives from the Greenbrier Environmental group asked which buildings the commission intended to demolish.

Commission President Walt Helmick said three di-

apidated and unused buildings, which he said were "not controversial," plus one building that could be controversial – the old tannery office building.

A number of mostly ex-Howes Tannery employees had, in the past, opposed the demolition of the office building. Helmick said since the building serves no purpose and would require expensive repairs because a leaky roof had damaged part of the interior, he sees its demolition as the most likely and practical thing to do. The Upper Pocahontas Community Co-op had attempted to find a use for the building several years ago, but they were unsuccessful.

Helmick also said that, when the county received the property from Howes Leather, the company had placed several groundwater monitoring wells there, and agreed to be responsible for monitoring the groundwater. However Howes Leather has

see Project pg 8

Teachers ask for higher pay and help in the classroom

By Henry Culvyhouse,
Mountain State Spotlight

This story originally appeared in the Statehouse Spotlight newsletter published by Mountain State Spotlight. Get coverage of the legislative session delivered to your email inbox Monday – Thursday; sign up for the free newsletter at mountainstatespotlight.org/newsletter

School systems across West Virginia are seeing critical vacancies among teachers, substitutes, bus drivers and other service personnel. But lawmakers have been working on bills that would put more guns in schools and make life harder for transgender children.

Test scores in reading and math hit all-time lows in 2022 and have gradually rebounded since. One fifth of all West Virginia students last year were chronically absent from school.

Teacher morale is at an all-time low, according to a survey of 700 teachers by the West Virginia Education As-

sociation. More than 90% of teachers surveyed said pay and student behavior were their top two concerns.

But instead, lawmakers have focused elsewhere. Education committees in the House and Senate have passed bills that would allow teachers to carry concealed weapons, require students to use the restroom assigned to their biological sex at birth, allow for intelligent design to be discussed in the classroom and have middle schoolers watch a video produced by a pro-life group showing the development of a fetus.

"These are not the issues our members ask about," said Fred Albert, president of AFT-WV, the state's largest teachers union. "They are begging for help with salaries and school discipline."

Dale Lee, president of the WVEA, the other teacher's union, said educators also perceive a "disrespect" by having lawmakers try to "legislate how we teach."

Last week, the House Education Committee ad-

vanced a bill that would allow school boards to permit teachers, service personnel and principals to carry concealed weapons on school grounds, which has already received criticism from gun control groups like Everytown USA.

The committee also passed a bill which would require children to use school bathrooms and locker rooms in accordance with the sex on their birth certificate; this could see legal challenges right away since a federal appellate court already ruled that unconstitutional in 2020.

"These types of bills suck all the air out of the room," said Del. Joe Statler, R-Monongalia, vice chair of the committee. "But we're trying to run good legislation that will improve our schools."

He pointed to a bill that the committee advanced last week that would give teachers a \$5,000 raise, higher than the governor's proposed 5% raise.

see Teachers pg 9

In the House of Delegates

Week ending
January 26, 2024

Members of the West Virginia House of Delegates voted to complete two bills this week.

The first, House Bill 4274, was a utilitarian measure signed into law by the governor January 26. It will update the language throughout state code to reflect the newly divided Department of Health, Department of Human Services and Department of Health Facilities.

The second, Senate Bill 269, would expand a 2022 law that decriminalized testing strips for the drug fentanyl. All other testing strips used to identify controlled substances are still classified as "drug paraphernalia," subject to a misdemeanor charge. This bill, now with the Governor for action, would exempt any drug test strips from that definition.

Deputy Speaker Matt Rohrbach, R-Cabell, serves as Chairman of the Committee on Prevention and Treatment of Substance Abuse. He explained the bill just before the vote, saying it would permit all test strips for deadly drugs without the Legislature revisiting the issue each time a new drug is developed.

"As we've seen, as time has gone, unfortunately, we've got fentanyl, now we've got carfentanyl, now we've got xylazine," he said.

The bill came from the Joint Committee on Health studying the issue during the interim committee process. It passed the full House by unanimous vote.

The West Virginia Senate has already introduced House Bill 4595, which also passed the House by unanimous vote this week. The bill would update the authority already given to the Legislative Oversight Commission on Health and Human Resources Accountability, which was created in 1995.

The measure would allow

members of that committee to privately meet in executive session to confidentially investigate child abuse, nursing home abuse, IDD waiver, adult protective service matter, child protective services and hospital abuse.

Delegate Mike Pushkin, D-Kanawha, who serves as Minority Chairman of the House Health and Human Resources Committee, spoke in favor of the bill before the vote, saying it was "incredibly unfortunate that a bill like this is necessary."

A total of 1,242 bills have been introduced in the House. The deadline for House bills to be introduced is Feb. 13. The 60-day, regular legislative session ends at midnight Saturday, March 9.

Circuit Court

The following hearings were recently held in Pocahontas County Circuit Court:

A status hearing was held in the case the State vs Stephanie Eads Sharp, 38, of Hillsboro, wherein defense counsel stated that they were working to get the defendant into a drug rehab facility. The Court readmitted Sharp to bond with the conditions that she enter drug rehab and complete the program. She will be transported by the WVDOCR to the rehab center once a bed is available. Upon completion of the program she will be placed on home confinement.

Sergio Rodriguez-Huertas, 28, an inmate in the department of corrections, was sentenced to 12 months in the regional jail for petit larceny, and 12 months for battery. Sentences to run concurrently. The defendant was given 424 days' credit for time served. Huertas is homeless and asked that the WVDOCR transport him to a homeless shelter in Beckley when he is released from jail.

Jessica Dawn Snelson, 42, of Elkins, tendered a written plea agreement to the court wherein she pleaded guilty to the lesser offense of petit larceny, a misdemeanor. The matter is referred to the pro-

bation department from a presentence investigation report. Sentencing and disposition is set for March 14.

Arnold Buren Schoolcraft, 41, of White Sulphur Springs, appeared for his arraignment hearing wherein he pleaded not guilty to one count, burglary, a felony. Bond remains at \$5,000 cash/surety with special condition of no contact with the alleged victims. Schoolcraft was remanded to custody.

Christina Mae Giese, 40, of Arbovale, waived her right to an extradition hearing and will voluntarily return to Bath County, Virginia, on a charge of probation violation.

A capias was issued for Dakota Aaron Beverage, 26,

of Marlinton, who failed to appear for his arraignment hearing. Beverage was indicted on one count, cruelty to animals, a felony; wanton endangerment involving a firearm, a felony; one count, shooting across road, a misdemeanor; one count, shooting within 500 feet of a dwelling house, a misdemeanor; one count, use or presentation of a firearm during the commission of a felony, a felony.

Dakota Aaron Beverage, 26, of Marlinton, appeared by video from the Tygart Valley Regional Jail for his arraignment hearing, wherein he pleaded not guilty to all counts of the indictment. Previous bond was re-imposed.

see Project pg 8

WEDNESDAY NIGHT TRIVIA

at the MOUNTAIN TAVERN

7 p.m. Every Wednesday
221 Eighth Street, Marlinton

Dean's Den LLC Since 2018

Dean's Den
Marlinton

828 Second Avenue, at the corner of Ninth Street
304-799-4555

WEDNESDAY - SUNDAY 11 A.M. - 8 P.M.
Fresh, upscale menu - weekly specials on Facebook
Serving Lunch and Dinner - Take out welcome!

Appetizers · Salads · Soups · Entrees
Sandwiches · Dessert

Frost Location still open!
Food, Grocery, Gifts, Arts

Upscale fast food: starters, subs, salads, burgers, pizza, more!
BREAKFAST/LUNCH/DINNER · DINE IN/TAKE OUT
WED. - SAT. 7 A.M. - 8 P.M. · SUN. 9 A.M. - 8 P.M.
FROST INTERSECTION · 304-799-4765

Rayetta's Lunchbox

Located behind State Farm Insurance/Second Avenue
Open Monday - Friday • 11 a.m. - 4 p.m.

Call for specials,
304-799-4888 or visit
our Facebook page.
See the ad on page 3
for our Valentine's
Day special.

EAT HERE RAYETTA'S LUNCH BOX

LOCUST HILL RESTAURANT

Open Friday and Saturday
5 - 7:30 p.m.

Entree menu:
WV Black Angus steaks, salmon, homemade crab cakes, trout and more.
Reservations recommended.

304-799-5471
Rt. 39 • Marlinton
Follow us on Facebook

Greenbrier Grille
facebook.com/greenbriergrille/

Daily specials posted on Facebook

Daily Specials February 1 - 7

| | |
|---|--|
| THURSDAY: Chef's choice. | SUNDAY: Pork chops, hashbrown casserole, fried cabbage and a roll. |
| FRIDAY: Buffalo burger with side of macaroni and cheese. | MONDAY: Barbecued chicken mac and cheese wrap with chips. |
| SATURDAY: Open-faced turkey sandwich, mashed potatoes and coleslaw. | TUESDAY: Fried chicken nachos. |
| | WEDNESDAY: Chef's choice. |

FREE WI-FI
At the bridge in Marlinton • 304-799-7233 • www.greenbriergrille.com
Open daily 8 a.m. - 8 p.m.

Weather Wise

Laura Dean Bennett
Staff Writer

Well, it's that time of year again, when America turns its winter-weary gaze to a groundhog's burrow in Pennsylvania in the desperate hope of a prediction for an early spring.

Every February 2, at the midway point between the winter solstice and spring equinox, the world's most famous groundhog, Punxsutawney Phil, takes center stage.

If Phil sees his shadow, we're in for six more weeks of winter. If not...pheww! We'll have an early spring. Unfortunately, Phil is more often wrong than right.

in meteorology and his vast experience in making predictions, Phil had only been correct about 40 percent of the time.

Which, come to think about it, is probably not a bad average for a groundhog.

Phil started his predictions in 1887, making him almost certainly the oldest groundhog to have ever lived, which may account for his famously bad temper.

But, thank goodness, folklore has given us other ways of predicting winter weather.

Especially after the bitter January temperatures we've just survived, we're understandably anxious to know how many more snowstorms are heading out way this winter.

see Wise pg 9



MY MOTHER ALWAYS believed that juncos were the harbingers of snowstorms, and according to my experience, she was right. I keep a close eye on the bird feeders. Our usual winter birds are there, but never any juncos feeding under them, until, one day, all of a sudden, there they are, in droves. And sure enough, a day or two later, there's lots of the white stuff and lots of the weather-wise little juncos.

TRIVIA – a little something to think about
Courtesy of Chuck Cornell

1. What Elton John song is the best-selling single in history?
2. Complete the name of the rock band – REO _____
3. With the Proclamation Line of 1763, the British forbade American colonists from settling west of which natural barrier?
4. What was the name of the treaty that ended the Revolutionary War?

Burma-Shave A Blast from the Past
Courtesy of the Ruth Friel Estate

Bristles scratched...
His cookie's map...
That's what...
Made poor...
Ginger snap.
Burma-Shave

Use our cream...
And we betcha...
Girls won't wait...
They'll come...
And getcha.
Burma-Shave



Pet Dental Cleaning Special through February!
Call today for pricing and to schedule an appointment.
POCAHONTAS VETERINARY SERVICES
Large and Small Animals • Farm Calls
Mon. - Fri. 8 a.m. - 5 p.m. • Stacy Tawney, DVM
304-799-6803 150 Carl McCarty Drive

THINK LOCAL
This Valentine's Day
Find great Valentine meals and deals all around Pocahontas County!

Rayetta's Lunchbox
Valentine's Day Dinner
Wednesday, February 14
Menu Options:
Baked Steak, Mashed Potatoes and Gravy, Green Beans, Corn, Salad, Roll and Dessert \$26 plus tax per person
Chicken Alfredo Bake, with or without broccoli, Salad, Roll and Dessert \$22 plus tax per person
Reservations are "on the hour" between 4 and 7 p.m. Space is limited. Call to reserve your spot! Last day for reservations is February 9. 304-799-4888

"The Hill is all about Love"
Celebrate Valentine's Day with us!
Wednesday, Feb. 14, 5:30 - 8:30 p.m.
RSVP: 304-799-5471
YOUR CHOICE OF PRIME RIB, SALMON OR CRAB CAKES
Includes sides and salad.
Call us for complete info and pricing.
LOCUST HILL RESTAURANT
304-799-5471
Rt. 39 • Marlinton

Stefanie's Sweet Shop
Bakery and Candy Shop
Offering fresh-made, hand-dipped, assorted chocolates, sugar cookies, specialty cakes and cupcakes with Valentine's Day flare! Come see us!
304-427-0019
20772 Seneca Trail • Edray
just north of the Senior Center
Wednesday - Saturday 10 a.m. - 5 p.m.

The Bear's Den
10811 Potomac Highlands Trail (Rt. 28/92) Boyer
Valentine Special,
Wednesday, February 14, 4 - 8 p.m.
RIBEYE STEAK AND SHRIMP
salad, choice of side, roll, and drink.
\$25⁹⁹/person • \$49⁹⁹/couple
OR Shrimp Dinner, salad, side, roll, and drink for \$21.99/person • \$39.99 couple
Call for reservations and take-out
681-206-7973
Restaurant hours: Mon. - Thurs. 7 a.m. - 7:30 p.m. Fri. and Sat. 8 a.m. - 7:30 p.m. • Sun. 8 a.m. - 6 p.m. Store and gas pumps open seven days a week

Valentine YUM!
8 oz. NY Strip with Crab Oscar, roasted red potatoes and asparagus. Drink and dessert included.
\$27 single / \$54 couple
Carry out available.
Greenbrier Grille & Lodge
At the bridge in Marlinton • 304-799-7233
www.greenbriergrille.com



Pocahontas County Artisan Co-op
4th Avenue Gallery in the Marlinton Depot
Local art for your sweetheart!
Tuesday - Saturday 10 a.m. - 5 pm. • 304-799-2550
pocahontasartistry.com

PMH PHARMACY
105 Duncan Road, Suite A • Buckeye, WV 24924
Everything for Valentine's Day
Gifts, candy, cards, novelties and more for all of your loved ones for Valentine's Day!
Stop in and check out our selection.
Open Monday - Friday 8 a.m. - 6 p.m.
WE WANT TO BE YOUR LOCAL FAMILY PHARMACY. 304-799-1077

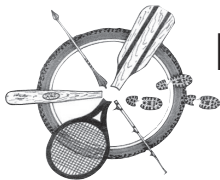


Show yourself a little love!

Reach your fitness goals - live healthier! Share with a friend!

Too cold to walk outside? Use our gym! Open for walking, weekdays before 8 a.m. or after 3:15 p.m.
We're a certified location for Renew Active, Silver Sneakers and Active & Fit!
Call or stop in for more information.

Call 304-799-7386 or email parksandrec@frontiernet.net for details



- Sign up or drop in on our winter lineup of classes and activities.
- Pickleball - Sat. in the gym, 9 a.m. - 1 p.m.
 - Cardio/Toning, Mon./Wed. 5 - 6 p.m.
 - Tae Kwon Do, Wed. 6 - 7:30 p.m.
 - Zumba, Tues. 5:30 p.m./Thurs. 5 p.m.
 - Groovy Tots - Fri., 10 a.m.
 - Chair Yoga: GBO, Tues. 5 pm.
 - Yoga: Durbin Library, Tues., 5 p.m. Linwood Center, Wed., 5:30 p.m. Cass Comm. Center, Thurs., 5 p.m.,

POCAHONTAS COUNTY PARKS & RECREATION
Community Wellness Center
Ninth Street, beside Marlinton Elementary School
Open Monday - Friday 5 a.m. - 8 p.m. • Saturday 1 - 7 p.m.

Pump It Up!
20% OFF Fitness Room Memberships purchased between now and Feb. 14.
Gift certificates available.



CREATION OF THE Town of Marlinton's Comprehensive Plan included an open house at the Pocahontas County Wellness Center, where residents and business owners were given the opportunity to share their input on the assets and setbacks of the town. That input was later evaluated and included in the final plan.



Marlinton Mayor's Corner

By Sam Felton

The primary purpose of the Town of Marlinton Comprehensive Plan is to provide guidance to the community over the next 10-15 years. The plan is a good resource to understand where a community has been, where it is now, and where it wants to go. The West Virginia State Code also states that "a comprehensive plan must promote the health, safety, morals, order, convenience, prosperity and general welfare of the inhabitants, as well as efficiency and economy in the process of development." (W.Va. Code § 8A-3-1(c)).

Through the comprehensive plan process, the community can identify issues or needs and then provide recommendations and an action plan to address those issues or needs...

Based on the vision statement, a draft list of issues was identified by the Planning Commission. Soon thereafter the planning commission decided to hold an open house to introduce the public to the comprehensive plan process, get general comments, and to see if the planning commission's initial list of goals and objectives were consistent with the general public's goals for Marlinton. The open house

was held April 6, 2017 at the Pocahontas County Wellness Center and was well attended. The public had an opportunity to identify assets and challenges in Marlinton on a map, comment on the vision statement, and list what they believed the town should do with their tax dollars to better the community.

The open house was important not only to have a conversation with the public about the comprehensive plan process, but also to ensure that the work that the planning commission had completed up to that point was consistent with the general public's concerns.

The planning commission, based on the open house results, then held a series of regular meetings, also open to the public, where they addressed one or two issues each meeting.



What's Cookin'?

With Sally Cobb

Cast Iron Chicken Piccata

- 4 chicken cutlets
- 1/2 cup flour
- 1 1/2 tsp. salt
- 1/4 tsp pepper
- 1 lg. egg white, beaten
- 6 Tbsp. butter, divided
- 2 Tbsp. olive oil, divided
- 1 cup reduced sodium chicken broth
- 1/4 cup fresh lemon juice
- 2 Tbsp. brined capers, drained
- 1/4 cup flat leaf parsley, chopped
- 8 -12 oz. pasta, cooked and drained

Place each cutlet between 2 pieces of heavy duty plastic wrap and flatten to 1/4 inch thickness with the flat side of a wooden mallet or a rolling pin. Stir together flour, salt and pepper and put in a pie plate,

Place each cutlet in the egg white mixture, then dredge in flour mix. Set aside.

Melt 2 Tbsp. butter and 1 Tbsp. olive oil in 10" to 12" cast iron skillet over medium-high heat. Sauté 2 cutlets until golden brown

about 2 to 3 minutes on each side. Remove to platter. Wipe skillet clean.

Sauté remaining 2 cutlets in 2 Tbsp. butter and 1 Tbsp. olive oil. Discard drippings; do not wipe clean.

Add broth, lemon juice and capers to skillet. Bring to a boil, stirring and scraping bottom of skillet to release browned bits. Reduce heat to medium and simmer 5 minutes, stirring occasionally. Whisk in remaining 2 Tbsp. butter then whisk in parsley.

Pour over cutlets and serve over pasta.

Strawberry Jam Cookies

- 1/2 cup butter, softened
- 3 oz. cream cheese, softened
- 1 1/2 cup all-purpose flour
- 1/4 cup strawberry jam
- 1/4 cup sifted powdered sugar

Cream butter and cream cheese in a medium mixing bowl until light and fluffy. Add flour, mix well. Roll dough to 1/8" thickness on a lightly floured surface. Cut with a 2" round cutter. Place 2" apart on a lightly greased cookie sheet. Spoon 1/4 tsp. jam onto each cookie. Fold opposite sides together and press to seal. Bake at 375 degrees for 15 minutes. Remove to wire rack to cool. Sprinkle with powdered sugar.

Yield: two dozen.
Happy Valentine's Day!

Blake & Boone

Accounting Corporation
Certified Public Accountants & Consultants

- Business & Individual Tax Preparation
- Estate Planning
- Bookkeeping Services

Third Ave. Marlinton, 2nd floor
(across from Southern States)

Maxwellton Rt. 219 N.



304-799-6661 or 304-497-3192

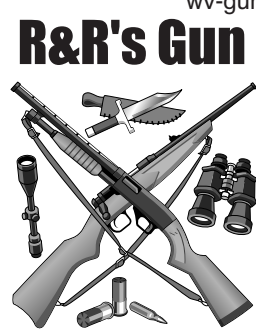
GILARDI TAX SERVICES

1346 Thornwood Road, Bartow, WV 24920

304-456-4787 gilarditaxservices@live.com
Monday - Sunday by appointment only

Let your Tax Professional help!
Choose how to receive your refund: **PAY \$0 UP FRONT**
Fast Cash Advance (with approval) is \$2,000 this year and expires March 15, 2024.
Direct deposit, cashier's check and Green Dot Prepaid Visa Card also available.

Monthly/Quarterly Reports Preparation
Notary Public • Accounting & Payroll. New Accounts Welcome!
More than 30 years' experience. References available.



Information/Reservations:
call 304-575-6895
or 304-575-6864

vw-gunshows.com
R&R's Gun & Knife Show
Lewisburg, WV
West Virginia Building,
WV State Fairgrounds
(Rt. 219 South, Fairlea)
February 10 - 11
Saturday 9 a.m. - 5 p.m.
Sunday 9 a.m. - 3 p.m.

No loaded firearms permitted.
All guns will be checked and tied at front door.
Admission is \$6/person.
Children age 12 and younger admitted free with paying adult only.

BRING THIS AD FOR \$1 OFF ADMISSION!

West Virginia University
Extension Service ~ Pocahontas County
Greg Hamons, Luci Mosesso and Connie Burns
You Can Count On Us! 304-799-4852

Educational Dinner Meeting

The WVU Extension sponsored Educational Dinner Meeting will be held Tuesday, February 6, at 6:30 p.m. in the Marlinton Municipal Auditorium.

To attend the meeting you must RSVP by calling the Extension Office at 304-799-4852 by Friday February 2. There will be a \$5 for those who have dinner.

Quill Ward will be the guest speaker, "Making the most of your pasture." Ward,

a sixth-generation agriculturalist, owns and manages 280 cows, as well as 60 yearling heifers. He is a 2008 graduate of West Virginia University's Davis College where he obtained a Bachelor of Science in Agriculture with an emphasis Animal Science. In this presentation Ward will discuss his trial and error throughout his extended grazing journey. He began researching extended grazing about 10 years ago. Since then he has been able to extend grazing for his cattle for 300+ days.

Attendance at this meeting will also be worth three (3) pesticide applicator recertification credits for categories 11, 12 and PA.

2024 Garden Calendars

The 2024 WVU Garden Calendars are available at the WVU Extension Office in the basement of the courthouse or by visiting extension.wvu.edu/lawn-gardenin g-pests/garden-calendar

The calendar also offers bonus materials and highlights, which include growing advice, food preservation recommendations, pest management information and healthy recipes that use your garden's harvest, all provided by WVU Extension experts.

Community Calendar

OPERA HOUSE
Annual Opry Night featuring Mary Sue and Mike Burns with Old-time Festival Friends, February 17, 7:30 p.m. Tickets, \$10, are available at the 4th Avenue Gallery, online at pocahontasoperahouse.org and at the door the night of the performance. Ages 17 and younger admitted free.

PUBLIC NOTICE
The Family Resource Network is taking applications for minor home improvements to take place in June and July. You may pick up an application at the FRN office, 821 A Third Avenue in Marlinton. Deadline for applications is February 15.

Green Box sites winter hours: Sundays from 1 to 4 p.m. and Wednesdays and Saturdays from 8 a.m. to 4 p.m.

February 5, 7 p.m. in the Municipal Building Auditorium.

Pocahontas County Democratic Executive Committee 6 p.m. Monday, February 5, at McClintic Library in Marlinton. Open to the public and available via Zoom. Email jymiller2008@gmail.com for the Zoom connection.

Pocahontas County Commission Tuesday, February 6, 8:30 a.m. in the commission room, first floor of the courthouse.

Allegheny Post 117 Tuesday, February 6, 6 p.m. at the Arbovale Community Center. All members are encouraged to attend.

Diabetes Support Group, third Tuesday of each month, 6 p.m. at the Community Care Building, Third Avenue, Marlinton. For more information, call

304-799-5847
NA meeting Tuesdays, 6 to 7 p.m. at Hillsboro Library. Call 681-418-1484 for more information. Everyone welcome.

EVENT

Mountain State Maple Days, Saturday, February 17. Maple sugar houses will open their doors for tours, education, sampling and sales. Local restaurants and businesses will highlight maple syrup entrées and products.

LIBRARY NEWS
Game Night at Green Bank Library, Saturday, February 17, 5 to 8 p.m. Board, card and video games. Snacks provided.

see Calendar pg 11

MEETINGS
Marlinton Town Council regular meeting Monday,

BINGO!
SATURDAY,
FEB. 3 • 6 P.M.
BFD STATION 8
GREEN BANK
(former Sheets Garage)
Tips sold, food available.
Proceeds benefit BFD
Fire & Rescue

Look who's 90 February 1st and still kickin':
EVA (VARNER) NEIGHBORS
formerly of Cass;
Green Bank High Class of '52
Wishing you the best birthday ever, Mom!
Love, the Neighbors Krewe-
Buss, Martha, Calvin and Oneta

Super Crossword

THE SILVER SCREEN

- ACROSS**
- 1 Guy in the Beatles' "I Am the Walrus"
 - 7 Brand of bottled water
 - 13 Holy places
 - 20 Yacht basin
 - 21 Old Missouri natives
 - 22 Arranged, as a page for printing
 - 23 2001 Josh Hartnett war film
 - 25 Not macho
 - 26 "— little"
 - 27 ("Have some fun!")
 - 27 Vegas action
 - 28 Darkens in the sun
 - 30 Hammer, e.g.
 - 31 Yalie
 - 32 1971 Malcolm McDowell crime film
 - 37 They're fed after parking
 - 40 "Energy healing" technique
 - 41 Artist Neiman and Jim Croce's Brown
 - 42 1973 Charlton Heston thriller
 - 46 Beginner, in gaming lingo
 - 47 Use sandpaper on, informally
 - 48 Ed. supporter
 - 50 Brain wave
 - 54 — -Ball (carnival game)
 - 57 Lubbock-to-Laredo dir.
 - 58 1986 Isabella Rossellini neo-noir film
 - 61 WWW page
 - 64 Musical inaptitude
 - 67 Having arrived tardily
 - 68 Choose (to)
 - 69 1984 Gene Wilder romantic comedy
 - 72 "— said before ..."
 - 73 "The Lion in Winter" actor
 - 75 Dawned
 - 76 Certain English student
 - 78 1984 Prince musical film
 - 80 Psychic "gift"
 - 82 Table scraps
 - 83 Graf — (German warship)
 - 84 Potent compound in marijuana: Abbr.
 - 85 Sequence of episodes on the tube
 - 89 Test of speed
 - 92 1986 Molly Ringwald Cinderella story
 - 96 6x9-inch book
 - 99 Attach with cord, e.g.
 - 101 Actor Patrick
 - 102 1992 Wesley Snipes sports film
 - 107 ABA mem.
 - 108 Sol-do linkup
 - 109 Meat spread
 - 110 "Starpeace" singer Yoko
 - 111 — voce (quietly)
 - 113 Smart speaker from Amazon
 - 115 Photos not in shades of gray ... or what eight answers in this puzzle are?
 - 120 Precisely, with "on"
 - 121 Retaliate
 - 122 Czar called "the Great"
 - 123 More impertinent
 - 124 Actor Dick Van —
 - 125 Evaluate
- DOWN**
- 1 Tokens
 - 2 Telescope pioneer
 - 3 Newton topic
 - 4 Rats' relatives
 - 5 Crooner Paul
 - 6 "Probyly not"
 - 7 Carpentry rod
 - 8 Invite out for
 - 9 Hardly happy
 - 10 Of yore
 - 11 Unfamiliar
 - 12 Fails to be satisfactory
 - 13 Skulked
 - 14 Sci-fi role for Harrison Ford
 - 15 Cup edge
 - 16 Muckraker who took on Standard Oil
 - 17 "That's all wrong!"
 - 18 Funeral speech
 - 19 Fashion trends
 - 24 Jackson 5 hit
 - 29 Meyers of "Dutch"
 - 32 Comes — surprise
 - 33 Tribe of Canada
 - 34 Piercing
 - 35 Come in first
 - 36 Vintage auto
 - 38 Someone — problem
 - 39 Sleep stage
 - 43 "I fail — the humor"
 - 44 Some sporty autos
 - 45 Orating skill
 - 46 No. in Selkirk
 - 48 Least ornate
 - 49 Zig or zag
 - 51 Major Taiwanese carrier
 - 52 Implies
 - 53 Pub mugs
 - 54 Nosty sorts
 - 55 Sustained
 - 56 Automaker Bugatti
 - 58 Part of N.B.
 - 59 Lead-in to Cong or Minn
 - 60 Lead-in to skeleton
 - 62 "— cost you!"
 - 63 You, quantity
 - 65 "Sign me up!"
 - 66 Rapper Lil — X
 - 70 Infant's cry
 - 71 Reimburse
 - 74 Surgeries
 - 77 Like sexist jokes
 - 79 Road map abbr.
 - 81 Tennis unit
 - 85 1982 film and arcade game
 - 86 Steam hole
 - 87 Ninny
 - 88 Bump — log
 - 90 Road map abbr.
 - 91 Write music
 - 92 Pod veggie
 - 93 Like Charlie Brown's kite, inevitably
 - 94 Saine users, e.g.
 - 95 Result of a very-low-carb diet
 - 96 Hooting baby birds
 - 97 Latin dance
 - 98 Gives 10%
 - 99 Blast creator
 - 100 Polar topper
 - 103 Diner patron
 - 104 1985-2011 Yankee Posada
 - 105 Release, as from a corral
 - 106 "Excusez- —!"
 - 111 Holy Mites.
 - 112 Excuses
 - 114 "— have to?"
 - 116 Female gametes
 - 117 Allow to
 - 118 Ottawa loc.
 - 119 1040 pro

| | | | | | | | | | | | | | | | | | | |
|-----|----|----|----|----|----|----|----|----|-----|-----|----|----|----|-----|-----|-----|----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | | | | | | | 21 | | | | | | 22 | | | | | |
| 23 | | | | | | | 24 | | | | | | 25 | | | | | |
| 26 | | | | | | | 27 | | | | | 28 | 29 | | | | 30 | |
| 31 | | | | | | | 32 | | | 33 | 34 | 35 | | | | | 36 | |
| 37 | | | 38 | 39 | | | | | 40 | | | | | | | | 41 | |
| 42 | | | | | | | 43 | 44 | 45 | | | | | | | 46 | | |
| | | | | | | | 47 | | | | | | | | | | 50 | 51 |
| 54 | 55 | 56 | | | | | 57 | | | | | 58 | | | | 59 | 60 | |
| 61 | | | | | 62 | 63 | | | 64 | 65 | 66 | | | | | 67 | | |
| 68 | | | | | | 69 | | | 70 | | | | | | | 71 | | 72 |
| 73 | | | | | | | 74 | | | | | | | | | 76 | | 77 |
| 78 | | | | | | | | | 79 | | | | | | | | | 82 |
| 83 | | | | | | | | | | | | | | | | 87 | 88 | |
| | | | | | | | | | 89 | 90 | 91 | | | | | | | 93 |
| 96 | 97 | 98 | | | | | | | 99 | 100 | | | | | | | | 101 |
| 102 | | | | | | | | | 103 | | | | | 104 | 105 | 106 | | 107 |
| 108 | | | | | | | | | 109 | | | | | | | | | 111 |
| 113 | | | | | | | | | 114 | | | | | | | | | 119 |
| 120 | | | | | | | | | | | | | | | | | | 122 |
| 123 | | | | | | | | | | | | | | | | | | 125 |

POSTMASTER: Send address changes to:
The Pocahontas Times
206 Eighth Street
Marlinton, WV 24954
Telephone 304-799-4973
Fax 304-799-6466
www.pocahontastimes.com

EDITORIAL: jsgraham@pocahontastimes.com
sastewart@pocahontastimes.com

DISPLAY ADVERTISING: shgiven@pocahontastimes.com

SUBSCRIPTIONS, LEGAL ADVERTISING, OBITUARIES AND COMMUNITY NOTICES: jsgraham@pocahontastimes.com

CLASSIFIED ADVERTISING: ACCOUNTING: clj@pocahontastimes.com

Published every Thursday.
Entered at the Post Office at Marlinton, West Virginia 24954 as periodicals ISSN 0738-8373

YEARLY SUBSCRIPTION CHARGES
In county \$35
In state \$43
Out-of-state \$43
Online \$29
Online/In Print \$59

ADVERTISING RATES
Display: \$6 per column inch
Contract Rates Available
Classified: 35¢ per word
MICHAEL SHOWELL,
General Manager
JAYNELL S. GRAHAM,
Editor
WILLIAM P. MCNEEL,
Editor Emeritus

Enjoy hot chocolate without the guilt

Laura Dean Bennett
Staff Writer

Looking back on our childhood memories of cold, snowy winter days – the snowball fights, sled-riding, snowman-making – who doesn't remember coming into the kitchen and having Mom warm us up with a cup of delicious hot chocolate?

I've always thought of hot chocolate as a sweet winter-time treat.

We all know how good it is, but, guess what?

It can be good for us, too.

Not only does hot chocolate provide warmth and comfort, but, if we're careful about the ingredients, it actually offers a variety of health benefits.

Even those watching their waistlines or people who have diabetes can enjoy a cup of hot chocolate.

Hot chocolate – made with cocoa powder – and especially with cocoa powder made from dark chocolate is nutritious.

It offers a wide range of health benefits from reducing blood pressure to improving brain function.

Chocolate, cocoa and hot chocolate have come a long way from their roots in the ancient Olmec, Mayan and Aztec civilizations.

Cacao (Theobroma cacao) is a tropical evergreen tree whose scientific name means "food of the gods" in Greek.

Native to lowland rainforests of the Amazon and Orinoco River basins, cacao has, since ancient times, been grown for its edible seeds – called cocoa beans.

Cocoa beans are dried and ground into cocoa powder, cocoa butter and chocolate.

Cacao beans were highly prized and generally considered almost sacred and were even used as currency in some cultures.

The drink made from the beans was called xocoatl. It was used by warriors during military campaigns.

It figured in many culture's religious and ceremonial practices and was enjoyed as a nutritious beverage by royalty and the elite classes.

The strong, bitter brew was made of cacao beans, water and spices (often vanilla).

In some cases, but, oddly enough, not all, honey was added.

In the Aztec language, xocoatl translates to "bitter or acidic water."

Undoubtedly, while it was the world's first chocolate beverage, it was a far cry from today's hot chocolate.

Mayans preferred it hot while Aztecs usually drank it cold.

The Aztecs often added chili pepper – providing a spicy flavor which is still popular today, now known as Mexican hot chocolate.

Even in ancient times, the beverages made from cacao were known to be so nutritious as to be practically



miraculous.

The Aztecs demanded cacao beans as tribute from the peoples they conquered.

Montezuma II, the famous Aztec emperor, was said to drink 50 cups of a cacao beverage a day.

He limited consumption of the sacred beverage to warriors, royals, nobles and merchants (whose travels through hostile territory necessitated their mastery of weapons).

Aztec warriors received ground cacao pressed into wafers as part of their regular rations. The wafers were mixed with water in the field, providing long-lasting nourishment on the march.

Spaniards were impressed with the benefits of cacao when they encountered the Aztec civilization.

One Spanish conquistador wrote, "This drink is the healthiest thing, and the greatest sustenance of anything you could drink in the world, because he who drinks a cup of this liquid, no matter how far he walks, can go a whole day without eating anything else."

Thus, chocolate beverages began their 17th century trek from the New World to Spain, Europe, England, where it was a luxury available only to the elite class.

Eventually, the drinking of chocolate came back across the Atlantic again to the colonies in North America, and we've been enjoying it ever since.

How can we say hot chocolate is good for us?

According to the USDA, cocoa powder is a good source of fiber and iron.

Dark chocolate cocoa (70-85 percent cacao solids) con-

tains calcium, magnesium, phosphorus, potassium, Vitamin A and Vitamin K.

Cocoa is rich in antioxidants known as flavonoids which have been connected with plenty of health benefits, from reducing inflammation, cancer prevention and weight management to boosting the immune system – all leading to a longer life.

Flavonoids have been associated with a lower risk of heart disease, combating LDL cholesterol, increasing blood flow and reducing blood clotting.

According to the American Heart Association, cocoa has a positive effect on the cardiovascular system and can help reduce the risk of heart attack and stroke.

Cocoa's ability to increase blood flow is thought to be at the root of its memory-enhancing abilities.

A 2013 study published in the journal, *Neurology*, found a correlation between hot chocolate consumption and improved memory, suggesting that two cups a day could help fight Alzheimer's Disease.

According to Cornell University scientists, cocoa has twice the antioxidants of

see Chocolate pg 6



CACAO BEANS ARE fermented for about seven days, dried and then dry roasted. The hull is removed from the roasted beans and the inner nibs are harvested for processing into powder, cocoa liquor and cocoa butter. Photo courtesy of optimunnaturae.blogspot.com

Unusual and/or extinct ~ endangered foods

Melody Phillips
Staff Writer

While seed and crop samples accumulate in the Svalbard Global Seed Vault, the rest of our food supply chain is under fire from various sources. The constant state of environmental changes, monoculture (brought on by the industrial revolution), natural disasters and diseases are impairing the future sustainability of many of our modern-day food crops.

Studies show that chocolate is the most popular sweet in the world with the global consumption in 2022 at roughly 7.5 million tons. Many factors affect the health and growth of the cacao plant, which produces the main ingredient for this delectable dessert. This tropical tree grows within the narrow equator band of 20° N to 20° S where there is high humidity and rich soil. This small area of fruitful land has been dwindling away. A study by the International Center for Tropical Agriculture states, "The implications are that the suitability within the current cocoa-growing areas will decrease seriously by 2050."

The craze for avocados has placed a sizeable demand on water resources. Depending on the region, it can take anywhere from one to 86 gallons of water to grow one avocado. During the summer, each tree requires 18 to 23 gallons of

water per day. In 2019, California used 2.3 trillion gallons of water for growing avocados. In Mexico, due to the high demand for this lucrative crop, pine forests and fir trees are being cut down and replaced with avocado orchards. The destruction of these natural habitats, by clearing native trees, the use of high levels of agricultural chemicals, and the huge drain on the water table, wreak havoc on wildlife and humans alike.

Bananas are another popular fruit in danger of disappearing. The Gros Michel was once the premiere banana choice. One person described it like this, "They are so delicious that regular Cavendish bananas are disgusting by comparison." But when the Panama disease ravaged through plantations around the world, nearly all crops were devastated. The Cavendish quickly became the number one replacement. Now, 99 percent of super-

market bananas are of the Cavendish variety. Limiting the genetic diversity once again re-spawns a deadly adversary, a single disease.

Because the mass production of bananas is confined to a single variety, a single fungus or disease can easily spread through the crops like wildfire. Panama disease TR4 started decimating the Cavendish line in the 2010s. In 2019, TR4 spread to the Western Hemisphere. Since there were no acceptable replacement cultivars at the time, genetic engineering may be used for the next line of bananas.

Time.com/5730790 stated, "Genetic engineering can lead to the development of new varieties at much faster rates than traditional breeding methods, but it can also turn consumers off. However, it has been the answer to similar problems in the

see Foods pg 9

Roberts' Tree Service
Tree Trimming & Removal • Shrub Trimming • Lot Clearing
• Light Excavation Work • Bucket Truck Service • Chipper Service

Free Estimates! **Brandon Roberts, Owner** **304-661-4086**
Frankford, WV
Serving Greenbrier, Monroe and Pocahontas Counties
robertstreeservicewv@gmail.com

Discounts for Veterans & Seniors! **Stump Grinding**
WV2271-9538

Breakers Galore Inc.
Circuit breakers and Electrical Equipment

Mark Owens - Owner

978 Huntersville Road
Marlinton, WV
304-520-7776
breaker1@msn.com

INDUSTRIAL COMMERCIAL RESIDENTIAL

Can deliver to job site
24 hr. Mobile/Emergency Service

WE SERVICE
Husqvarna **STIHL**
JOHN DEERE

OUTDOOR POWER EQUIPMENT
all small engines and most power tools!

POPES Pocahontas Outdoor Power Equipment Service
1/4 mile east of Rt. 218 on Denmar Road, Hillisboro
Monday - Friday 8 a.m. - 5 p.m., Saturday by appointment **304-653-4988**

NOW BOOKING FOR SPRING/SUMMER 2024

EIGHT RIVERS CONTRACTING

CONCRETE | FOUNDATIONS | SITE PREP
LUCAS FAULKNER • 304.651.6380
EIGHTRIVERSCONTRACTING@GMAIL.COM
MARLINTON, WV 24954 WV059577

BEVERAGE'S TIRE & AUTO REPAIR LLC
304-642-3383

We do farm calls!
ONSITE TRACTOR TIRE/ MECHANICAL REPAIRS
Tire Repair • New Tires • Oil Changes
• Brakes • Engine Repair • AC Repair
• Batteries and Wipers

Tyrel Beverage, Owner.
Call to schedule an appointment **304-642-3383**
315 Buffalo Mtn. Rd., Arbovale

BACK MOUNTAIN SERVICE, LLC
Automotive, Truck & Motorcycle Repairs
Towing Services

Jason P. Sharp
Owner/Operator

202 Fairground Road
Marlinton, WV 24954
Ph: 304-799-4238
Cell: 304-651-4238

It's a New Year of Savings!
Truckload of SAVINGS!

TRENT'S GENERAL STORE **EBT CARDS ACCEPTED HERE**
RTE 28/92 - ARBOVALE, WV 24915
Phone: 304-456-9906

STORE HOURS:
Mon. - Sat. 7 AM to 7 PM
Sundays - CLOSED

PRICES EFFECTIVE: Feb. 3, 2024 - Feb. 10, 2024
WHILE SUPPLIES LAST!

| | | |
|-------------------|-------------------|-------------------|
| \$2.99 lb. | \$7.99 lb. | \$8.99 lb. |
| \$4.59 lb. | \$4.39 lb. | \$4.49 lb. |
| \$5.49 lb. | \$5.59 lb. | \$2.19 lb. |
| \$2.39 lb. | \$2.29 lb. | \$1.19 lb. |
| \$2.39 lb. | \$2.29 lb. | \$2.99 lb. |

QUALITY & FRESHNESS IN EVERY BITE!

G.C. SALES
THE BUILDING LOT

LOCALLY OWNED AND FAMILY OPERATED
CHECK WITH US BEFORE YOU BUY!
304-647-8180
LOCATED ON RT. 219 NORTH IN LEWISBURG
ACROSS FROM TUDOR'S BISCUIT WORLD
Lewisburg, WV

Doing a new thing

by Dawn Reed

In Isaiah 43:19, the LORD said, "See, I am doing a new thing..." But I don't always love new things, new ways. At times, when things change, I'm dragging my Crocs on the way. These days I find myself praying often for the Lord to help me be flexible. Not bendy, but easier to adapt. I know not all change is bad.

Last week, I was snowed in long enough that I finally took down my Christmas tree. It was time. I was reminded of good change during the take down. A few years ago, I started putting my lights on the tree differently. Instead of laboriously wrapping them around and around, as I had for decades, I draped them up and down. It made the most difficult part of Christmas tree decorating easy.

For a Baby Boomer, technology has been a challenge. It has changed everything! I want to lament learning new technology but can still remember submitting newspaper columns in the early 90s. Having typed them out, I drove the minivan and kids to the Williamson Daily News office. I parked by the door, left the engine running, raced up the ramp, and flung it at the first person I saw. (I am still thankful for the opportunity Tim Bostic gave me back then.) What a joyous thing when I was able to use what they were calling "electronic mail" to submit weekly stories!

Another good thing about technology: when COVID shut down the world in 2020, the church was not completely cut off. Boomers and all other gens quickly learned new ways to communicate, connect-

ing instantly with people locally and all over the world. I learned to do meetings by ZOOM but then was nearly undone last year by Google Meets.

Judges 6 shares a story that applies to change. Gideon was secretly threshing wheat in a winepress at night hiding it from the Midianites. The angel of the LORD appeared to him and said, "The LORD is with you mighty warrior." He was stunned at the angel's presence and words. Verse 14 tells us, "The LORD turned to him and said, 'Go in the strength you have and save Israel out of Midian's hand.'" Gideon quickly told the LORD that his clan was the weakest in Manasseh and he was the least in the fam. The LORD invited Gideon to step out of the winepress AND his comfort zone to be used as an instrument in His hand.

Every time I have gotten out of my comfort zone to follow Him, God has faithfully walked right beside me. He has led me to new countries, new ministries, and new formats. He can always be trusted.

Are you facing change or a new opportunity? Let's link arms with the God who never changes (Malachi 3:6) and boldly march ahead knowing He is with us and will never leave us (Deuteronomy 31:8).

All through the Bible, God used young and old. He took men and women out of their boats, sheep pens, gardens, and places of comfort to change the world around them.

When the LORD tells me, "See, I am doing a new thing..." I want to be courageous enough to say, "Bring it on!" With His help I know I can!

milk
1/3 cup granulated Splenda sweetener
Add all ingredients and whisk thoroughly.

Store in an airtight container. Use 2 Tbsp. per serving.

Each serving contains 243 calories and 6 grams of carbs.

Laura Dean Bennett may be contacted at ldb@pocahontastimes.com

Chocolate, from page 5

a glass of red wine and three times as many as in green tea.

The higher percentage of cacao the better, when it comes to chocolate bars and cocoa powder.

Dark chocolate has more antioxidants than Dutch-processed cocoa powder (as in milk chocolate cocoa powder) and that makes all the difference.

While delicious, milk chocolate bars and cocoa are not the healthiest choice.

Chocolate has a positive effect on the brain. It releases neurotransmitters that make us feel comfortable and happy, and can even reduce pain and stress.

If you're not into making your own hot cocoa mix, there are lots of mixes on the market, even sugar-free mixes which contain natural ingredients and are recommended for those on a low calorie or diabetic diet.

But making your own homemade hot cocoa mix is so easy.

If you're looking to make an old-fashioned hot cocoa with all the fat and sugary bells and whistles, there are lots of recipes available.

If you'd like a healthier alternative, these days, there are just as many recipes out there.

Choose a high quality unsweetened dark chocolate cocoa powder (one that's organic, low in sugar or sugar free), natural sweeteners (like honey or pure maple syrup) or sugar-free sweeteners, low-fat milk or a milk alternative (like almond or coconut milk) and other sugar-free alternatives.

There are even sugar-free marshmallows to use for a topping.

Making your own low-cal or no-cal hot cocoa mix is a great way to warm up on a cold winter's day and enhance your health at the same time.

Sugar Free Hot Chocolate Mix
(Makes 12 servings)
Ingredients:
1/2 cup cocoa powder
1 cup powdered skim

Obituaries



Gertrude Lester

Gertrude Ione Pritt Lester stopped roaming this earth Monday, January 8, 2024, at CAMC in Charleston.

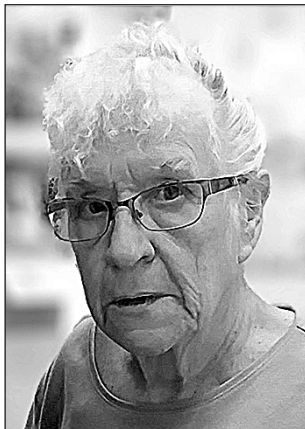
She was a daughter of the late Victoria Shields and Gary Powell.

Gertrude worked as a cook, most recently at Pocahontas Center in Marlinton.

In addition to her parents, she was preceded in death by her husband, Michael Eugene Lester; brothers, John Wesley Shields and Roy Brent Shields; and her aunt, Alberta Shields, who helped raise her.

She is survived by sons, Michael Lester, of Marlinton, and Ethan Shields, of Lewisburg; brothers, Fred Pritt, Alfred Pritt and David Pritt, all of Hillsboro; Gary Pritt, of Marlinton, Luther Pritt, of Durbin, and Douglas Powell, of Cleveland, Ohio; sisters, Evelyn Powell, of Rainelle, and Ina Pennington, of Marlinton; extended family members and many nieces and nephews.

The body was cremated. A Celebration of Life will be held in the spring.



Elizabeth Rabel

Elizabeth Ann McDonough Rabel, 82, of Losantville, Indiana, passed away Friday, January 26, 2024, at home.

Born November 7, 1941, in Charleston, she was a daughter of the late John and Carmen Bossie McDo-

nough.

She was a proud graduate of West Virginia Wesleyan College, furthering her education at Morris Harvey and West Virginia University. She enjoyed being a school-teacher and taught many levels of education from Charleston to Pocahontas County. She retired to be with her grandchildren and, later, great-grandchildren.

Elizabeth is survived by her husband of 62 years, Daniel M. Rabel; children, Tracy (Tina) Rabel, of Losantville, Indiana, Troy Rabel, of Arbovale, and Tianna (Vance) Jarrell, of Sharpsburg, Georgia; grandchildren, Taylor (Aaron) Bruner, Tylor Rabel, Caleb Mullenax, Brandon (Brooke) Nottingham, and Annissa Jarell (fiancé Cody); great-grandchildren, Maya, Theodore, Thatcher and Oaklynn.

Per her wishes, there will be no public service.

If your life was touched by Elizabeth, say a prayer and hug your loved ones.

Condolences may be expressed to the family by visiting curryfuneralhome.org Curry Funeral Home in Alum Creek has been caring

for families since 1950.



Freda Thompson

Freda M. Thompson, 87, of Elyria, Ohio, was welcomed into the arms of the Lord Friday, January 12, 2024, after a short illness.

Born, February 11, 1936, in Huntersville, she was a daughter of the late Clawson and Ethel Underwood.

Freda was a 1954 graduate of Marlinton High School.

In addition to her parents, she was preceded in death by her daughter, Linda; brothers, Ollis Underwood, Cecil Underwood, Romie Underwood, Paul Underwood and Doy Underwood; and sisters, Enid Wood and Faye Derosier.

She is survived by her

sons, Earl Thompson, of Utah, and Chuck Thompson (Hea kyung), of Georgia; daughters, Lori Tsaparian (Michael) and Pamela K. Thompson, both of California, and Alta Thompson, of Ohio; brother, Darel Underwood, of Ohio; grandchildren, Justin Thompson (Shelbee), Reagan Thompson, Yong Ju Chun, Aidan Tsaparian, Christopher Bell (Ashley), Pamela Thompson, Jessica Cipic (Joe) and Katie Youssef; great-grandchildren, Michayla, Bailynn, Ethan, Baylor, Amber, Jade, Benjamin, Abigail, Asher, Cassidy, Tessa, Brandon, Sereya, and Avery; and many nieces and nephews.

Funeral service was held Thursday, January 18, 2024 at Wyers-Bollinger Funeral Chape in Elyria, Ohio. Burial was in Butternut Ridge Cemetery in Northridge, Ohio.

Obituaries are published free of charge up to three column inches with a \$5 per column inch charge thereafter.

THANK YOU

There are not enough words to fully express our heartfelt gratitude to our friends and family for the outpouring of love and support at the passing of Tom McLaughlin. We hope Tom's memory inspires us all to act, with kindness and humor, in service to others.

Laura, Mark and family

WE OFFER PET CREMATION SERVICE.

Because, after all, they're family, too.

Lantz FUNERAL HOME AND CREMATION SERVICES
Locally owned and operated

Call us, come by any time or contact us at our website.

Douglas "Doug" Lantz, L.I.C. www.lantzfuneralhome.com
16792 Seneca Trail, Buckeye 304-799-4171

We're not just a funeral home, we're your friends and neighbors – and we're here to serve you.

Kimble Funeral Home and Cremation Service
18942 Seneca Trail North
Marlinton
304-799-2500
kimblefuneralhome.com
KEITH A. KIMBLE, L.I.C.

Wallace & Wallace, Inc. Funeral Chapel and Crematory

Providing superior service at reasonable prices and supporting the community since 1928.

Arbovale • 304-456-4277 Lewisburg • 304-645-2060
J. L. "Rusty" Arnold, Licensee-in-Charge www.wallaceandwallacefh.com

Pocahontas County Churches

Faith. Family. Fellowship.

This church directory publishes the first Thursday of each month. To have your congregation listed, call 304-799-4973.

new hope church of the Brethren

Rt. 92 South, Dunmore
SUNDAY WORSHIP 9:30 a.m.
WEDNESDAY BIBLE STUDY 7 p.m.

Marlinton Church of God

Beard Heights, Rt. 219
Sunday School 10 a.m.
Worship 11 a.m.
Wednesday evening Bible Study at 5 p.m.
Sunday Evangelism Service, Feb. 11 and 25 at 4 p.m.
Rev. Fred Goldizen

Marlinton United Methodist Church

WORSHIP 11 A.M. IN THE SANCTUARY or in the parking lot on Radio 90.3 FM
NEW: Children's Sunday School now at 11 a.m.
Come as a family and worship with us!
Everyone Welcome

Pastor's office hours
Tues. - Thurs. 1 - 5 p.m.
806 Sixth Avenue
304-799-4055

Pine Grove Church of the Brethren

WORSHIP 11 A.M.
THURS. BIBLE STUDY • 7 P.M.
304-456-5126
Pine Grove Road, Arbovale

WORSHIP WITH US!

Sunday 8:45 a.m.

Offering the Light of New Hope, by serving God and our neighbors.

new hope Lutheran Church
"God's work, our hands."
Minnehaha Springs

Pocahontas County CATHOLIC CHURCHES

SCHEDULE

ST. JOHN NEUMANN
Rt. 39 • Marlinton
Sunday Mass 9 a.m.

ST. MARK THE EVANGELIST
Rt. 250 • Bartow
Sunday Mass 11:30 a.m.

ST. BERNARD CHAPEL
Snowshoe
Saturday Mass 5:30 p.m.
Rectory: 304-799-6778

Trinity Baptist Church

Rt. 219 Cook Town (Buckeye Hill)
Worship 11 a.m.
Adult Sunday School 10 a.m.
Wed. Bible Study 7 p.m.
Pastor David Moore
681-875-0076.

First Church of the Nazarene

Rt. 219 North, in Edray
Sunday School 10 a.m. Worship 11 a.m.
Wed. Bible Study 7 p.m.

SPECIAL EVENT • SUN., FEB. 11 • 10:30 a.m. HOLINESS PREACHING
with special speaker **Tristan Brown.**
Tristan has a heart for teens and young adults. Bring a friend!
Meal to follow. All are welcome!
REV. DONNIE BROWN • 304-799-2525

Marlinton Presbyterian Church

In-person Bible Study, Sundays 9 a.m.
In-person Worship 10 a.m.
or via teleconference, 1-978-990-5269
Enter access code 4835028#

Midweek Lenten Series begins Feb. 14 at noon; speakers to be announced.

Ash Wednesday service - Feb. 14 at 7 p.m.
Sweetheart Lunch following worship - Feb. 18
Community Dinner - Thursday, Feb. 22
Rev. David Lee, Pastor
Eighth Street, Marlinton • 304-799-6145

Cochran Creek Baptist Church
Rt. 92 - Rimel
Pastor Roger Frame

Sunday School 10 a.m.
Sunday Worship 11 a.m.

Psalms 25:4 Shew me thy ways, O LORD; teach me thy paths.



Preserving Pocahontas

B. J. Gudmundsson, Preservation Officer

Train Derailment on Cheat – circa 1914



GROUP OF MEN surveying train cars derailed on Cheat Mountain near Cass, W.Va. (Photo courtesy of Norris Long; ID: PHP000492)

Access the “Preserving Pocahontas” Digital Library at www.pocahontaspreservation.org or www.preservingpocahontas.org

If you have historical records or photographs to be scanned for the county Historical Archive contact Preservation Officer B. J. Gudmundsson at 304-799-3989 or email info@pocahontaspreservation.org Prints of photographs are available.

Seventy-Five Years Ago

Calvin W. Price, Editor

Thursday,
February 3, 1949

Milburn Sharp was a telling me the other day that the grey foxes have about moved out of Bucks Mountain and of a consequence the reds have moved there in force. In one day's hunt, the Sharps jumped no less than nine red foxes. They killed three foxes that day, but in three days of chasing they accounted for no less than nine foxes, and put a wildcat into a hole in the rocks on the Spruce Flat side of Dry Creek.

A Weaver

The Nicholas County News Leader prints the following comments about Maggie McClure, of Marlinton:

Now that the fad of weaving is at large among the bobby-soxers of the nation, the local teenagers might be interested in looking up Mrs. Maggie A. McClure. When she was a kid, she had to do weaving to keep the family clothed.

Mrs. McClure is 88 years

old and lives in Marlinton, in the county where she was born February 23, 1861, the daughter of Mr. and Mrs. Dal Galford. Her parents were among the earliest settlers to come to Pocahontas county.

The early years in Pocahontas were fraught with every difficulty under the sun. While meat was plentiful and for the mere killing, clothes were harder to get than they are today because of the utter scarcity. So that is how Maggie McClure learned the gentle art of getting yarn out of a spinning wheel and linsey out of a loom. Today, she knits gloves and makes men's hose and her home is full of woven articles she made by her own hand. At her age, she surprised people by sewing and knitting without the use of glasses. She does her reading with the bare eye, too.

Today, she stands alone; the last of Dal Galford's family. She recalls the early days, when her father started hewing a home from the wilderness. Today, the place is Cass, Pocahontas, and

right where Dal built his cabin, the huge Mower Lumber Company rips through logs and turns out some mighty fine lumber.

She inherited pioneering blood and she married a pioneering man, Dave McClure, a brave woodsman who took his young bride from Cass to the headwaters of the Williams River and there stopped to cut trees for their cabin home. She cooked the meals over a log heap fire while her husband cut the trees that were to make the home. Not far from their home was to be seen a wallowing place for bear, and among the trees at a distance could be seen the antlered deer flitting away. The call of the wild turkey could be heard on the hills.

Now, at 88, Mrs. McClure looks back on a life of hardships, which now have mellowed into sweet memories of the past. ...

THE WEATHER

This was one January in which we all did not freeze to death, even if things for days on end were entirely too damp for comfort.

We all think this, so far, has been about the mildest winter in the memory of man, and it could well be so.

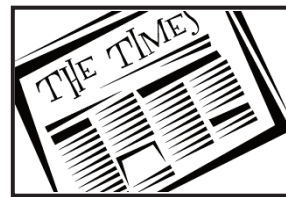
Friend George Alderman was around the other day to

ask who remembered that mild winter of about 60 years ago. There was sugar making in January; no snow until March to skid logs out of the woods for the spring drive, and peach trees bloomed the last week of February.

Sure, at our house, we had cause to remember mild winters in my young days. One matter of expressed anxiety was that of ice for comfort during the hot days of summer. This ice was cut on the river and stored under sawdust in the ice house. Occasional years no ice formed on the river, and then the only place for ice was a pond at Stony Creek, close to a cold north side and hemlock forest.

The year the peach trees bloomed the latter part of February was marked in mind by the interest aroused by newspaper articles on the guess that the warm Gulf stream in the Atlantic Ocean may have changed its course to the west by several hundred miles. Thus the eastern states were enjoying a warming of the climate like that of the British Islands, so far to the north of us. The western states that year were suffering from blizzards somewhat like this year.

see 75 pg 11



Fifty Years Ago

Jane Price Sharp, Editor

Thursday,
January 31, 1974

English Exchange Students

The following high school students have been chosen to participate in the England Student Exchange Programs. They will represent Pocahontas County and the high school for one month in Bromley, England, next summer: Laura Akers, Debra Ann Eddy, Janetta Williams, Donna Gibson, Sherry Wyatt, Brigetta Henderson, Kathy Richmond, Paul White, Marla Chestnut, Teresa Faulkner, Mary Howsare, Susie Scott, Mark Mitchell, Randall Galford, and Philip Horne.

National Forest

The Monongahela National Forest, its timber sales, land buying, clear cutting and all forestry management practices have become the subject of many discussions and articles so we will add a bit.

The Forest Service people were downright stubborn at the beginning, sort of scoffing at the idea of any criticism of their methods. They have found they are accountable and it ought to help their attitude and actions.

On the other hand, most of the critics were very narrow

in their interests and some not sufficiently informed on all phases of the matters.

Things went further than anticipated and the situation got out of hand, so to speak, and the Court brought forth a very strict interpretation about cutting timber on national forests and timber sales have ground to a halt.

Pocahontas and other counties are losing income, sawmills are hurting for logs, and jobs will be in jeopardy.

Only court appeals and congressional action can untangle the mess now, we think. ...

Both the Forest Service and the public need to work at understanding the problems and work for renewed confidence in the motives of each side.

WEDDING

Mrs. Oleta Rhea McKissic and Richard S. Skaggs were united in marriage January 19, 1974, at the Marlinton Methodist Church by the Rev. Maynard Crawford. ... Mrs. Skaggs is employed by the First National Bank in Marlinton, and Mr. Skaggs is employed at the National Radio Astronomy Observatory in Green Bank.

see 50 pg 11

Footsteps through History

The Pocahontas Times
Andrew Price, Editor

Thursday,
February 2, 1899

Old Squire Bean, of Langtry, Texas, is evidently a character. He used to be saloon-keeper, justice of the peace, sheriff and everything else. His custom was to hold court sitting on his bar. He was especially proud of his position as justice of the peace. The sign above his barroom door read as follows: "J. Bean, cool beer and justice."

MRS. VIRGINIA AGNES KELLEY

By common consent, it is believed that one of the most pathetic burial scenes ever witnessed at the Oak Grove Cemetery, near Hillsboro, was when Mrs. Kelley was borne to her grave on a summer day in 1839. She had come to the Little Levels two or three years before with her four fatherless children to live with her aged mother, Mrs. Margaret Price, the second wife of Thomas Price. Their home was the Abram Sybert place, two miles east of Hillsboro.

By over exertion one wash day, Mrs. Kelley was stricken by a very malignant attack of brain fever, of which she died in about one week.

At the close of the burial services, Samuel Henry, her little six year old son, approached Mrs. Elizabeth Miller and said he wanted to

go home with her. The kind lady took him to her home and for years cared for him with a motherly kindness, truly and affectionately bestowed. The three others remained for some years with their grandmother. They attended school at the Academy and made a good beginning in their educational course.

About the time Samuel Henry Kelley became grown, he went to California... and opened a store near Los Angeles and seemed to be doing well. One night, early in 1861, his store was broken into by Mexicans. In the effort to repulse them, he was slain, his goods carried off and the building destroyed.

William Scott Kelley, the eldest son, decided to study medicine, and was graduated in fine standing in 1858 by Newton's Clinical Institute in Cincinnati, Ohio. ... He was an enthusiastic Confederate, and was among the first to enlist at the opening of the War Between the States. He was appointed Surgeon General and was at the battle of Wilson's Creek ... He was also in the battle of Lexington, September 20, 1861, in which General Sterling Price received the surrender of three thousand prisoners. Not very long after this occurrence, Dr. Kelley was seized with ty-

see History pg 11

100-Years-Ago in The Pocahontas Times

Calvin W. Price, Editor

Thursday,
January 31, 1924

Honor roll for Laurel Creek School for the fifth month – Mrs. Glenna Barlow, teacher. Mamie Sharp, Edith Galford, Mary Arbogast, Jessie Jordan and Robert Friel.

Honor roll for Woodrow School for the fifth month, Glenn Barlow, teacher. Cale VanReenan, Sammie VanReenan, Stewart Woods, Forrest Woods, Sherman Sharp, Katherine Kellison, Goldie VanReenan and Bertha VanReenan.

FOREST PROTECTION

The State Game and Fish commission and their agents have been at work in Pocahontas county in an endeavor to reduce damage to the forest of our county by fires, saving our forest and preserving them as an asset in taxable property and preventing their becoming an encumbrance.

During the year 1923, a steel tower was placed on Bald Knob near Spruce, and the State expects to erect this before the beginning of the spring fire season.

BIRTH

Born to Mr. and Mrs. Geo. P. Edgar, of Hillsboro, a daughter.

DIED

HON. B. M. Yeager died Friday morning, January 18, 1924, at the home of his daughter, Mrs. A. J. Gatewood, in Pulaski, Virginia. His age was 76 years. On Monday, his body was buried in Mt. View Cemetery, the services being conducted from the Marlinton Methodist Church.

B. M. Yeager was the third son of the late John Yeager and Mrs. Margaret Arbogast. In 1871, he married Miss Harriet Arbogast, who died in 1917. Mr. Yeager was one of the most prominent men and widely known of Pocahontas county. He had a wide acquaintance and he played an important part in the development of the county, especially in the way of bringing in outside capital for the development of the natural resources of the

Greenbrier Valley. He was a kindly man, who made friends easily and kept them...

Joseph Beard died at his home near Greenbank Monday morning, January 21, 1924, after a long illness. His age was 77 years.

Mr. Beard was a native of Greenbrier, but his long and useful life was spent in Pocahontas county. His wife was Miss Evaline Yeager, a daughter of the late John Yeager. She and a large family of children survive. Among the children are Sheriff Brown Beard, Irb, Leslie and Monroe; Mrs. W. M. Snedgar, Mrs. Wilma Harper and Mrs. Walter Arbogast... The county had no better citizen than Mr. Beard.

see 100 pg 11

PIONEER INSURANCE AGENCY INC.

Superior Business Protection

- Auto dealers/Repair shops
- Apartment buildings
- Contractors
- Florists
- Hair Salons
- Offices
- Restaurants
- Retailers
- Wholesalers
- And More!

304 - 636 - 2300

www.pioneerinsuranceagency.net



POCAHONTAS MEMORIAL HOSPITAL

PRIMARY CARE CLINICS

Reliable, dependable providers – in multiple county locations!

RURAL HEALTH CLINIC AT PMH

150 Duncan Road, Buckeye
Monday - Friday
8:30 a.m. - 6:30 p.m.
304-799-6200

SNOWSHOE CLINIC

565 Cass Road, Slaty Fork
Tues., Thurs. and Fri.
8 a.m. - 3 p.m.
304-799-1072

HILLSBORO CLINIC

7576 Seneca Trail (Rt. 219)
Monday and Wednesday
8:30 a.m. - 6:30 p.m.
304-799-1073



pmhww.org

John Eilers, D.O.
is unable to see patients at this time.

Office staff will be available to offer assistance during regular office hours. Or call 304-572-5079.

BIG SPRING CLINIC
304-572-4410
Monday & Friday
8 a.m. - 4:00 p.m.
Wednesday 8 a.m. - Noon

DEER CREEK CLINIC
304-456-5050
Tues & Thurs.
8 a.m. - 4 p.m.

Leaping, from page 1

So they have no problem getting a driver's license or registering to vote or any of the other opportunities that might come with their age.

Many traditions have been linked to Leap Day and are celebrated on the special occasion. Those born on the day are invited to join The Honor Society of Leap Year Day Babies.

One of the most well-known traditions, thanks to the 2010 film "Leap Year," starring Amy Adams and Matthew Goode, is that women can propose to their boyfriends on Leap Day.

It originated from an old Irish legend that St. Brigid struck a deal with St. Patrick to allow women to propose to men, albeit only every four years.

In some European countries, if a man declines the proposal, he must pay a penalty, whether it be money or a gown, or even 12 pairs of gloves. The gloves are for the woman to hide her embarrassment of having a naked left ring finger.

On the other hand, Scotland and Greece both see Leap Day and Leap Year as unlucky. Scotland considers it unlucky to be born on that day, much like being born on Friday the 13th, whereas the Greeks find it unlucky for couples to marry during a Leap Year, especially on Leap Day.

Now I remember the rest of the saying...

"All the rest have thirty-one;

Save February – the shortest one.

Twenty-eight is all it stores,

Till Leap Year gives it one day more."

Empower, from page 1

thing that has been in the back of our brains for a decade, so we decided let's do something this year, let's get something rolling."

On January 5, the group visited PCHS and met with STEM students to discuss the scholarship and the foundation.

"We were there all morning, for three class periods," Gardner said. "We talked to six or seven classes."

Photos and information were shared on the school's Facebook page about the visit and there was an immediate buzz in the community about what the foundation was doing.

"After we spoke with the students at the high school, [Laurel] Dilley shared a picture on their Facebook of us making the presentation and seeing the reaction to our presentation from the public, it kind of lit a fire under us immediately," Morrison said. "We didn't expect it to have an immediate impact, but it was very encouraging."

The buzz was so impactful, it led to two more members – Chad Corbett and

Ryan Taylor, both PCHS alums – to join the board of directors.

The scholarship application and information is on the foundation's website at empowerappalachia.org

Gardner explained that the application requires a transcript of grades, list of extracurricular activities, community involvement and leadership roles, as well as an essay, maximum 500 words, describing the applicant's educational and career goals.

The applications can be sent to info@empowerappalachia.org and are due by April 1. The winner will be announced at the PCHS awards night May 15.

Although the STEM scholarship was the main reason the foundation was formed, Gardner said the board has its sights set on doing more in the future.

"We would like to grow into having a department that helps with funding for young entrepreneurs," she said. "That's still in the development stage, so we're hoping to get that rolled out in the next year."

For more information on the foundation or to make a donation to the STEM scholarship fund, visit empowerappalachia.org

Project, from page 2

long since gone out of business.

Sampson said, as part of the clean-up grant, the site would be placed in the DEP's Voluntary Remediation Program (VEP) which will require that the site be cleaned up and new groundwater testing wells be drilled which will have to be monitored for groundwater pollution for three years. Once the remediation plan is complete, the DEP will permit industrial use of the property. She said that any fill dirt brought onto the site as part of the clean-up remediation will also have to be tested for pollutants.

Helmick says he would

like to meet with Greenbrier Environmental staff at the site to go over the location with them.

LEGAL ADVERTISEMENTS

ADMINISTRATION TO CREDITORS, DISTRIBUTEES & LEGATEES

Notice is hereby given that the following estate(s) have been opened for probate in the Pocahontas County Clerk's Office at P. O. Box 209, 900 Tenth Avenue, Suite C, Marlinton, WV 24954-0209. Any person seeking to impeach or establish a will must make a complaint in accordance with the provisions of West Virginia Code 41-5-11 through 13. Any interested person objecting to the qualifications of the personal representative or the venue or jurisdiction of the court, shall file written notice of an objection with the County Commission within 60 days after the date of the first publication or within 30 days of the service of the notice, whichever is later.

If an objection is not filed timely, the objection is forever barred. Any claims against an estate must be filed within 60 days of the first publication of this notice in accordance with West Virginia Code 44-2 and 44-3A.

Settlement of the estate(s) of the following named decedent(s) will proceed without reference to a fiduciary commissioner unless within 60 days from the first publication of this notice a reference is requested by a party of interest or an unpaid creditor files a claim and good cause is shown to support reference to a fiduciary commissioner.

First Publication Date: Thursday, February 1, 2024.
Claim Deadline: Monday, April 1, 2024

ESTATE NUMBER: 14596
ESTATE OF: **MARIA ANN REED**
ADMINISTRATOR: Jason Reed
1419 Gum Road
Cass, WV 24927-9168

ESTATE NUMBER: 14597
ESTATE OF: **ROGER BIGGS**
EXECUTOR: Thomas Barb
1426 Thomastown Road
Marlinton, WV 24954-1480

Subscribed and sworn to before me on January 26, 2024.
Melissa L. Bennett
Clerk of the Pocahontas County Commission
2/1/2c

WAN REQUEST FOR PROPOSALS

The Pocahontas County Board of Education, Buckeye, West Virginia, invites proposals for Wide Area Network for Pocahontas County Schools.

Proposals must comply with the Universal School and Library Program of the Universal Service Fund, or E-Rate requirements.

The scope of service, submission requirements and the basis for the award is contained in the request for proposal. No proposal may be withdrawn after the scheduled closing time for at least ninety (90) days.

No responses will be accepted after the posted closing time. Other requirements are detailed in the RFP.

Proposals will be publicly opened Tuesday, February 20, 2024, at 10:00 a.m. at the Pocahontas County Board of Education Office, 404 Old Buckeye Road, Buckeye, WV 24934.

Proposals may be obtained by contacting Julie Shiflet at 304-799-4505 Ext. 2223.

Pocahontas County Board of Education
4/1/2c

POCAHONTAS COUNTY SHERIFF'S DEPARTMENT NOTICE OF CIVIL SERVICE EXAMINATION

The Pocahontas County Deputy Sheriff's Civil Service Commission will conduct competitive examination testing for **entry level Deputy Sheriff position(s)**.

The written test will be given at the Pocahontas County Courthouse Monday, March 4, 2024, at 2 p.m.

Applicants must be citizens of the United States and be between age 18 and 45. Applicants must have a high school diploma or GED. Successful applicants shall become a resident of Pocahontas County within (6) months of their hire date.

Deputy Sheriffs are full-time benefited positions, including retirement, medical insurance, vacation and sick leave. **Initial annual uncertified officer salary is \$40,000, increased to \$42,500 upon completion of Academy and increased to \$45,000 after twelve (12) months of Academy Certification. West Virginia Certified Officers in good standing start at \$42,500 and increase to \$45,000 upon completion of a 12-month probationary period.**

Applications may be obtained from the Pocahontas County Clerk's Office or the Pocahontas County Sheriff's Office.

Applications must be received by the County Clerk's Office no later than the close of business Thursday, February, 15, 2024.

The applications may be dropped off or mailed to 900C Tenth Avenue Marlinton WV 24954.

Pocahontas County is an Equal Opportunity Employer
2/1/2c

ADVERTISEMENT FOR BIDS

The Pocahontas County Commission is requesting Bids for the construction of the following Project:

Pocahontas Memorial Hospital – HVAC Replacement

Sealed bids will be received by the Pocahontas County Commission, County of Pocahontas, West Virginia, at the Pocahontas Memorial Hospital, 150 Duncan Rd, Buckeye, West Virginia, 24924 until the **bid time and date of March 5, 2024, at 10:00 a.m.** local time, at which time, all sealed bids received will be publicly opened and read aloud for the Pocahontas Memorial Hospital – HVAC and Roof Replacement project.

The Project includes the following Work:
Replacement of the existing HVAC Units and associated work for this project. Bids should be based on in-kind equipment for this project.

This CDBG-CV Block Grant project is to be financed in part by a grant from the United States Department of Housing and Urban Development (HUD) and the West Virginia Development Office and will be referred to as Pocahontas Memorial Hospital – HVAC Replacement.

Bids shall be on a lump sum and unit price basis as indicated in the Bid Form.

Bid award will be based on the base bid sum only.

Bids shall be submitted on the furnished Bid Forms. Bids shall be on a unit price basis as indicated on the Bid Form. The bids shall be submitted using the two (2) envelope system. Envelope #1 will contain the required bid documents. Envelope #2 will contain only the Bid Form and bid schedule.

The Issuing Office for the Bidding Documents is:
Becker Morgan Group, Inc.
312 West Main Street, Suite 300, Salisbury Maryland 21801
Project Manager: Brenden Frederick, AIA,
Office: (410) 546-9100
Email: bfrederick@beckermorgan.com

Bidding Documents
Online Procurement and Contracting Documents: Obtain access on or after January 2024, by contacting Architect, Becker Morgan Group, Inc. – Brenden D. Frederick, AIA, LEED AP by email, bfrederick@beckermorgan.com. Online access will be provided to prime bidders only.

The Owner reserves the right to reject any and all bids.

Pre-bid Conference
A Pre-bid meeting for all bidders will be held at Pocahontas Memorial Hospital – Board Room on February 16, 2024, at 10:00 a.m., local time. Prospective prime bidders are required to attend.

Bidder Requirements
Bidders on this work will be required to comply with the President's Executive Order No. 11246 entitled "Equal Employment Opportunity" as amended by Executive Order No. 11375 which prohibits discrimination in employment regarding race, creed, color, sex, or national origin.

Bidders must comply with the requirements for Affirmative Action and Minority Business Enterprises participation as described in the Federal Specifications insert to the Contract Documents. Bidders must comply with Title VI of the Civil Rights Act of 1964, the Copeland Anti-Kickback Act, the Contract Work Hours and Safety Act, and the Drug-Free Workplace Provisions pursuant to West Virginia Code § 21-1D-5.

Contractors are required to comply with all laws pertaining to the federal wage rates issued in accordance with the Davis Bacon Act.

All bids must be accompanied by a Bid Guarantee Bond payable to the Owner for five percent (5%) of the total amount of the Bid or a Certified Check, Cashier's Check, or Letter of Credit in the amount of not less than five percent (5%) of the Bid.

The work to be performed under this contract is subject to the requirements of Section 3 of the Housing and Urban Development Act of 1968, as amended, 12 U.S.C. 1701 u (Section 3). The purpose of Section 3 is to ensure that employment and other economic opportunities generated by HUD assistance or HUD-assisted projects covered by Section 3, shall, to the greatest extent feasible, be directed to low- and very low-income persons, particularly persons who are recipients of HUD assistance for housing.

No Bidder may withdraw their bid for a period of ninety (90) days after the time of the opening of the Bids.

All bidders are required to have a West Virginia contractor's license per Section 21-11-11 of the West Virginia Code. A Contractor's License Number is to be included in the bid submission.

DBE Requirements
Each Bidder must fully Comply with the Disadvantaged Business Enterprises, and Affirmative Action Requirements, as identified in the contract documents. The Bidder agrees to make "positive efforts" to subcontract a portion of the total value of the contract to Disadvantaged Business Enterprises. This shall be done in compliance with the six (6) affirmative steps as outlined in 40 CFR 33.240. Failure to demonstrate positive efforts to do so may lead to rejection of bids. For this program, the term "subcontract" includes all construction, modification, and service work contracted for by the bidder in the execution of the work under this contract.

Pursuant to West Virginia Code § 5-22-2, requirements stated in the advertisement for bids and the bid form may not be waived by any public entity.

Pocahontas County Commission
Walt Helmick, President
2/1/2c

LEGAL ADVERTISEMENTS

ORDER OF PUBLICATION IN THE MAGISTRATE COURT OF POCAHONTAS COUNTY, WEST VIRGINIA

Jason Bucklee Brock
1592 Kyle Beard Road
Hillsboro, WV 24946, Plaintiff
v. **Christian Haney**, Defendant
Civil Action No. 23-M38C-00165

The object of the above entitled action is to obtain judgment against the Defendant, Christian Haney.

And it appearing by an affidavit filed in this action that the Defendant was not served, either personally or by way of service upon an appropriate family member, after service was twice attempted by the Sheriff of the county in which the Defendant resides or is located.

It is ordered that Christian Haney serve upon Magistrate Jennifer M. Dunz, 900 Tenth Avenue, Marlinton, WV 24954, an answer or other defense to the complaint filed in this action on or before one (1) month after the date of the first publication, otherwise judgment by default will be taken against Christian Haney at any time thereafter.

A copy of said complaint can be obtained from the undersigned Clerk at her office.

Entered by the Clerk of said Court January 26, 2024.
Courtney R. Gainer
Magistrate Court Clerk
2/1/2c

NOTICE OF PUBLIC HEARING

TOWN OF MARLINTON APPLICATION UNDER MUNICIPAL HOME RULE PROGRAM

Notice is hereby given by the Town of Marlinton, West Virginia, that the Town Council will hold a **public hearing Monday, March 4, 2024, at 6:00 p.m. at the Marlinton Municipal Building Auditorium, 709 Second Avenue, Marlinton, West Virginia for the purpose of providing members of the public an opportunity to speak either in favor of, or in opposition to, the proposed Town of Marlinton Application and Plan to participate in the West Virginia Municipal Home Rule Program pursuant to West Virginia Code §8-1-5a.**

The comments provided by members of the public will be considered by the Town in the completion of the Town's Application and Plan. **A copy of the Application and Plan is on file at the Town Hall Office, Marlinton Municipal Building, 709 Second Avenue, Marlinton, West Virginia and is available for review by members of the public Monday – Friday, 8 a.m. – 4 p.m. or online at <https://townofmarlintonwv.com/alerts-announcements/>**

The first reading of the ordinance approving the Town of Marlinton's Application and Plan to participate in the West Virginia Municipal Home Rule Program is scheduled to be held on Monday, March 4, 2024, at 7:00 p.m. at the Marlinton Municipal Building Auditorium, 709 Second Avenue, Marlinton, West Virginia.

Mary K. Clendenen
Recorder
2/1/2c

NOTICE OF POSITION FOR POCAHONTAS COUNTY DAY REPORT CENTER

The Pocahontas County Commission is seeking an individual to serve in the following full-time position at the County Day Report Center:

Day Report Male Officer

The position of Day Report Male Officer will work directly under the authority of and answer to the Day Report Director.

Qualifications: Associate degree or two years' experience in a related field.

Representative duties may include supervision of participants in the County's Community Corrections Program, and/or other duties assigned by the Day Report Director. Employees must be able to perform assigned duties with a significant level of independence.

Individuals must submit to and pass background checks as required by the Pocahontas County Commission before employment.

The position includes health insurance coverage, participation in the West Virginia State Retirement System, paid holidays, and accrual of vacation and sick leave in accordance with county policy.

Interviews for the position will be jointly conducted by the Day Report Director, Pocahontas County Commission, and the Pocahontas County Community Corrections Program Board.

To apply for this position send a resumé to: jzickefoose@cour.state.wv.us or mail to: Pocahontas County Day Report 300 A Second Avenue, Marlinton, WV 24954, no later than 4:30 p.m. Friday, February 9, 2024.

Pocahontas County Commission
Walt Helmick, President
1/25/2c

STATE OF WEST VIRGINIA DEPARTMENT OF ENVIRONMENTAL PROTECTION DIVISION OF WATER AND WASTE MANAGEMENT

PUBLIC NOTICE DEPARTMENT OF ENVIRONMENTAL PROTECTION PUBLIC INFORMATION OFFICE, 601 57TH STREET, CHARLESTON SE, WEST VIRGINIA 25304-2345 TELEPHONE: (304) 926-2340.

APPLICATION FOR A WEST VIRGINIA NATIONAL POLLUTANT DISCHARGE ELIMINATION SYSTEM WATER POLLUTION CONTROL PERMIT

Public Notice No.: L-13-24

Public Notice Date: February 01, 2024

Paper: The Pocahontas Times

The following has applied for a WV NPDES Water Pollution Control Permit for this facility or activity:

Appl. No.: WV0024571

Applicant: **DURBIN, TOWN OF**

P O BOX 37

DURBIN, WV 26264

Location: DURBIN, POCAHONTAS COUNTY

Latitude: 38:32:37 Longitude: 79:49:41

Receiving Stream: East Fork /Greenbrier River

Activity:

To operate and maintain an existing wastewater collection system and an existing 0.1254 million gallons per day wastewater treatment plant. These facilities are designed to serve a population equivalent of approximately 1,250 persons in the Town of Durbin, the Frank and Bartow areas, and environs, and discharge treated wastewater through Outlet No. 001, to the East Fork Greenbrier River, approximately 0.2 mile from its mouth, of the Greenbrier River of the New River of the Kanawha River. An anti-degradation review has been conducted and Tier 1 protection is provided for the uses specified in Title 47, Series 2, Section 6.

Business conducted: Municipality

Implementation: N/A

On the basis of review of the application, the "Water Pollution Control Act (Chapter 22, Article 11-8(a))," and the "West Virginia Legislative Rules," the State of West Virginia will act on the above application.

Any interested person may submit written comments on the draft permit and may request a public hearing by addressing such to the Director of the Division of Water and Waste Management within 30 days of the date of the public notice. Such comments or requests should be addressed to:

Director

Division of Water and Waste Management, DEP

ATTN: Lori Devereux, Permitting Section

601 57th Street SE

Charleston, WV 25304-2345

The public comment period begins February 01, 2024 and ends March 02, 2024.

Comments received within this period will be considered prior to acting on the permit application. Correspondence should include the name, address and the telephone number of the writer and a concise statement of the nature of the issues raised. The Director shall hold a public hearing whenever a finding is made, on the basis of requests, that there is a significant degree of public interest on issues relevant to the Draft Permit(s). Interested persons may contact the public information office to obtain further information.

The application, draft permit and any required fact sheet may be inspected, by appointment, at the Division of Water and Waste Management Public Information Office, at 601 57th Street SE, Charleston, WV 25304-2345, between 8:00 a.m. and 4:00 p.m. on business days.

2/1/1c

The Pocahontas Times Subscription Rates

- In-County ~\$35
- In-State ~\$43
- Out-of State ~\$43
- Online only ~\$29
- Print and Online ~\$59

Call 304-799-4973 or email jsgraham@pocahontastimes.com

A-1 PUMPING - SEPTIC TANK PUMPING & INSTALLATION
DURBIN, WV • 304-456-4505
 Quality Service – Affordable rates, starting at \$424 • Certified, Licensed Installation & Repairs




WV#54-93-0015

Teachers, from page 2

Over in the Senate, lawmakers passed a bill that would allow the teaching of intelligent design — the theory that life and the universe had some kind of intelligent creator behind it. It is currently pending in the House.

The Baby Olivia bill — requiring a video from a pro-life organization called “Live Action” to be included

in public school curriculum — is currently pending in the Senate Rules committee, usually a spot where a bill will languish in limbo until either reconsidered or it unceremoniously dies at the close of the session.

Education Chair Sen. Amy Grady, R-Mason, who has said publicly that she is working on a school discipline bill, did not return a request for comment.

Reach reporter Henry Culyhouse at henry@moun-tainstatespotlight.org

17,000 different varieties down to about 4,500, with a mere 15 varieties dominating up to 90 percent of all U.S. apple production. The good news is that, in a single season, 10 varieties, thought to have been lost forever, has been rediscovered and are being revived. Volunteers with the Lost Apple Project scavenge through abandoned orchards across the Pacific Northwest in search of varieties thought to be extinct or lost.

As natural environmental changes continue their course, the importance of preserving as many heirloom food varieties as possible becomes paramount. These older varieties may not produce the biggest and prettiest produce, but their resilience to adapt to different grow regions can keep the species from extinction. Also, having a wider biodiversity creates healthier and stronger plants, not to mention more taste variations and nutrients. Even if plants are not mass produced, it is imperative to sustain a wide range of real food species so there is something to fall back on when one of the newly developed hybrids is wiped out.

Foods, from page 5

past—for example, when the papaya ringspot virus threatened the papaya supply in the 1990s, the major supply shock was averted through the development of a transgenic ringspot virus-resistant papaya,” explains Cornell’s Barrett.

He believes that consumers’ fears might ease if it becomes one of the only viable answers to the issues created by monoculture production.”

Many of today’s supermarket strawberries are pleasing to the eye but pale in comparison to the savvy goodness of some of the nearly extinct heirloom varieties. Fruits that do not store or travel well cannot compete with the uniformity and resilience of the newer mass-produced flavorless fruits. Not only have we sacrificed flavor for convenience, but in doing so, many succulent varieties are dying off.

Referring to historical U.S. records in comparison to the modern-day apple varieties, nearly 90 percent are gone. From a staggering

And speaking of moon-related weather predictions, there’s the famous old saw, “A halo ‘round the moon means rain or snow soon.”

Rings or halo effects around the moon have lots of names — moon dogs, lunar halos, moon rings or winter rings — and it’s not just the “old people” who used to believe they could predict imminent rain or snow.

Many of us still do, after all, it does work sometimes.

Case in point — Friday, January 26, one night after the last full moon (January’s Wolf Moon, which occurred Thursday, January 25), the moon was encircled by a yellow ring.

About 24 hours later, on Saturday night, here came the deluge of rain. If it had been 15 degrees colder — it would have been snow.

The moon halo phenomenon is an atmospheric condition which happens when the light of the moon is refracted through the ice crystals pres-

Wise, from page 3

First, it’s always important to make note of the date of the first snow of the winter because snow lore says that several predictions may be made from that date.

It can tell us the number of snows to expect.

For instance, if the first snow arrives on November 10, expect 10 snows that winter.

Another way to use the date of the first snowfall of the winter is to count backwards from that date to the last new moon.

The number of days to the last new moon will tell you the number of snows to expect.

And speaking of moon-related weather predictions, there’s the famous old saw, “A halo ‘round the moon means rain or snow soon.”

Rings or halo effects around the moon have lots of names — moon dogs, lunar halos, moon rings or winter rings — and it’s not just the “old people” who used to believe they could predict imminent rain or snow.

Many of us still do, after all, it does work sometimes.

Case in point — Friday, January 26, one night after the last full moon (January’s Wolf Moon, which occurred Thursday, January 25), the moon was encircled by a yellow ring.

About 24 hours later, on Saturday night, here came the deluge of rain. If it had been 15 degrees colder — it would have been snow.

The moon halo phenomenon is an atmospheric condition which happens when the light of the moon is refracted through the ice crystals pres-

ent in cirrus clouds.

Cirrus clouds don’t cause a storm, but they will sometimes precede an incoming low-pressure system, which does bring precipitation.

Everyone knows “red sky in the morning, sailor take warning, red sky at night, sailor’s delight.” It’s probably the most famous weather prediction rhyme of all time (no pun intended).

But I wonder how many people know that it was quoted in the New Testament.

This venerable bit of old wives’ wisdom didn’t come from the Bible, but was mentioned in the Bible — by Jesus himself.

In the book of Matthew, Jesus refers to this very saying, so it was obviously already a well-known weather prediction over two thousand years ago.

In Matthew Chapter 16, verses 1-3, it says:

“One day the Pharisees and Sadducees came to test Jesus’ claim of being the Messiah by asking him to show them some great demonstrations in the skies.

“He replied, ‘You are good at reading the weather signs of the skies — red sky tonight means fair weather tomorrow; red sky in the morning means foul weather all day- but you can’t read the obvious signs of the times!’”

Besides having the endorsement of Jesus and two thousand years of use in cultures all over the world, this expression has some common sense and science to back it up.

For the sky to be red in the morning, it means that the weather is clear to the east, and as the sun rises in the east, it would reflect off the clouds in the west — which

may be from an approaching storm.

To have a red sky in the evening, those storm clouds would have to be moving away, leaving the western sky clear for the sunset. So calmer weather would most likely be moving in.

The red sky theory is easy to remember and can be applicable to weather in every season.

Another old saw holds that if there is snow covering the ground for three days, it will snow again in 10 days.

And there seems to be a connection between birds and weather forecasting.

Many people say robins are harbingers of snow; that when a large flock lands in your yard, it means snow’s coming.

That may be so, but my mom always put her faith in the forecasting ability of the unassuming little junco, and so do I.

I don’t know where juncos usually hang out. I know they’re always here in the winter, but I rarely see them.

But then, there comes a day when they suddenly appear on the ground under the bird feeders.

And it’s usually not long after the juncos arrive — maybe a day or so — that we’ll have a snowfall.

Some people watch the behavior of wild turkeys, believing that when wild turkeys perch in trees and refuse to come down, snow is imminent.

Some prefer to listen for thunder in wintertime, believing that if one hears thunder, snow will follow seven days later.

And others think that if the tree frogs sing for three nights in a row, there won’t be any more snow that season. Whether there’s any-

thing more than wishful thinking to that one, I don’t know.

Of course, we don’t need moon halos, animals or birds to tell us the exact date when spring is coming — we’ve got calendars for that.

Here in the Northern Hemisphere, the first day of spring, and the start of the vernal equinox, will be on March 19, 2024.

But just because the calendar says it’s spring doesn’t mean it will really be spring.

As you know, here in Pocahontas County, spring may not really arrive until sometime in May.

We’re just as likely to have snow or at least a late frost in April, or we might get lucky and have a glorious and wonderful early spring.

Remember not to get your hopes up too high. Some of the old folks believed that there would always be three snows after the forsythia blooms.

They also believed that when the dogwood trees are in full bloom, there are yet a few days of cold weather to come, hence the expression, “Dogwood Winter.”

If you’d like to do your own weather forecasting, here are the directions for an old-timey, all season weather station.

Tie a rope around a rock and hang it perpendicular from the branch of a tree so that it rests about two feet from the ground.

Observe the rock carefully.

If the rock hangs still, there’s no wind; if it sways to and fro, a moderate wind is blowing; if it hangs level with the branch, there’s a hurricane; if it’s wet, it’s raining; if it has snow on it, it’s snowing. And if it’s missing, somebody stole it.

Classifieds

GET THE JOB DONE!

Buy • Sell • Trade • Rent • Hire

Advertising deadline is Monday at noon. Call 304-799-4973 to place yours now.

FOR SALE

FOR SALE - 2021 Bush hog mower, BH114, four foot cut. \$1,100. 304-456-5566. 1/25/2p

AUTO SERVICE

Auto Value Parts Store, Durbin. Inspections, tires, parts, mechanic on site. 304-456-4505 or www.varners.net. 9/7/fwmc

Area’s Largest Selection of new and used ATVs, Side by Sides, and Motorcycles. **Elkins Motorsports** Beverly S-Lane, Elkins, WV. 304-636-7732 or elkinsmotorsports.net 1/4/fwmp

General auto repair, tires, alignment, state inspections, towing. **F & F Service Center, LLC.** 304-799-6431. 1/4/fwmp

Tom’s Garage. Batteries, tires, exhaust, computer diagnostic - American and imports, transmission flush machine, fuel injection cleaning, Jasper engines and transmissions. Monday - Friday, 9 a.m. to 5 p.m. Weekends by appointment. 304-456-3445. 12/14/fwmp

CONTRACTORS

Bryant Construction, LLC. Residential and commercial construction. 304-799-4399. 11/2/fwmp

McCarty’s Excavating. House sites, septic systems, roads, stone, demolition, buried lines and more. WV056046. Green Bank. 304-456-5381 or 304-456-3263. 2/1/fwmp

All types of backhoe, excavator and dozer jobs. Dump truck services and more. **M & L Miller Excavating, LLC.** 304-799-2339 or 304-646-6695. WV058103. 2/1/fwmp

Mr. Painter, LLC - Commercial and Residential Painting. Billy Dunz, owner/operator. 304-799-7152 or 304-618-9420 or mrpainter25@frontier.com 1/4/fwmp

HANDYMAN

General Repair Services - Commercial/Residential. Plumbing, carpentry, locksmith service and more. **Dave Jones, Durbin.** Call 681-203-4967. 1/4/fwmp

INSURANCE/FINANCIAL

Take the worry out of doing your business payroll. Offering complete payroll services, direct deposit, paychecks, all monthly taxes, withholdings and reports. Call for complete

details. **Gilardi Tax Services,** Bar-tow. 304-456-4787 or gilarditaxser-vices@live.com 2/2/fwmp

L. Jay Kniceley Insurance Co. Insurance for every need. 304-799-6243. 12/2/fwmp

Mosesso Agency. Insurance for home, auto, life, business and farm. We also offer retirement products. 1100 Tenth Avenue, Marlinton. 304-799-6303. 1/4/fwmc

PET GROOMING

Donna’s Tails A ‘Waggin Pet Grooming. 3099 Browns Creek Road, 3 miles North of Huntersville intersection. By appointment only. Call 304-799-7277. Donna Nash owner/operator. 12/7/fwmp

RESTAURANT

The Kickin’ Chicken andMore! Dine in/carry out. Roasted chicken, soups, salads, hoagies, sides and more. 598 Cass Road, Slatyfork, across from the Inn at Snowshoe. 304-572-4444. Open Tuesday - Saturday, noon to 8 p.m. Weekly specials on Facebook. 12/7/fwmp

RETAIL

Buckeye Home, Farm and Garden Center, Rt. 219, Buckeye. Authorized Stihl Dealer. 304-799-

0860. Monday - Friday 8:30 a.m. to 5:30 p.m.; Saturday, 8:30 a.m. to 2 p.m.; and Sunday, noon to 2 p.m. 1/4/fwmp

J & P Furniture. Furnishings and accessories for the way you live. Showroom and warehouse, 616 First Avenue, Marlinton. 304-799-6235. 1/4/fwmp

Sunflower Fabrics, LLC. Lots of new quilting fabrics, patterns, notions, batting and backing. 805 Second Avenue, Marlinton. 681-318-0767. Monday - Wednesday, 10 a.m. to 4 p.m.; Saturday, 10 a.m. to 2 p.m. 1/4/fwmp

SENIOR CARE

Valentine Assisted Living. Affordable, personalized senior care in Elkins. Private and semi-private rooms, providing quality service and care for our residents. New owner/administrator, Denise Campbell, RN. Call 304-636-3900 for more information. 1/4/fwmc

SEPTIC SERVICE

A-1 Pumping. Septic tank installation, inspection, repair and pumping. Prices start as low as \$375. Durbin. 304-456-4505 or www.varners.net 12/7/fwmp

Muck Truck Septic Services. Septic system pumping and portable toilet rentals. Competitive pricing! WV2304-1625. Call 304-846-4600 or 304-651-2788 or 304-742-3271 (Meadows Septic Tank Service.) 11/2/fwmp

The Outhouse, LLC. Septic pumping, portable toilets and sinks available. 304-456-5466. 8/5/fwmp

SERVICES

Almost Local Business Hub, 204 Eighth Street, Marlinton. Offering office rental, color/BW copies, fax service and Notary services. 304-799-7355. 8/3/fwmp

AG Equipment Repair. On-site repair of all types of agricultural equipment in Southern Pocahontas and Northern Greenbrier counties. From oil changes to complete rebuilds. **Dutch Bottoms, Inc.** Hillsboro. Steven VanReenen, owner. Call 540-815-8159. 1/4/fwmp

VETERINARIANS

Frankford Veterinary Hospital - Marlinton Office. 410 Second Avenue, in Humane Society Building. Monday 1 p.m. to 4 p.m.; Wednesday 9 a.m. to noon. 304-799-6181.

Julie Gibson, DVM. Small/Large animals and farm calls. 12/7/fwmp

Pocahontas Veterinary Services. Stacy Tawney, DVM. 8 a.m. to 5 p.m. Monday - Friday. 150 Carl McCarty Road, 4.2 miles north on Rt. 28 from Huntersville intersection, on right. Small/large animals. We do farm calls. 304-799-6803. 12/7/fwmp

WATER WELL/ SERVICE

Pritt’s Well Drilling. Water wells. 304-653-4491; 304-653-4900. WV 010682. 1/4/fwmp

Selling/installing water systems and well parts. **Rowan Well Supplies,** 304-591-0272 or 304-940-6544. WV004493. 11/2/fwmp

HELP WANTED

HELP WANTED - Looking for a Correctional Officer job? Testing will be offered at the Denmar Correctional Center, Hillsboro, WV, on a daily basis. Interested parties should contact Human Resources at the facility at 304-653-4201 to schedule an appointment. 1/19/tfnc

POSITIONS AVAILABLE

POSITION AVAILABLE - US Mail contractor seeks mail delivery driver for small route between Slaty Fork and Snowshoe. Approximate hours are 11 a.m. to 1:30 p.m. Must have reliable vehicle. Nineteen miles per day. Position is 6 days per week. \$100 per day/ \$600 per week. Position available February 1. Email: gohnchristian@yahoo.com 1/25/2c

HOUSES AND REAL ESTATE

HOUSE FOR SALE - Seneca Drive, Buckeye. Three bedroom, two bath, modular home. Electric baseboard and gas heat, covered front porch, concrete rear patio and two outbuildings on 2.10 acres. \$180,000. Call after 6 p.m. or leave message. 304-520-5068 or 304-433-5060. 2/1/2p

WANTED - Secluded land, cabin or house in Pocahontas County. Reasonable/cash. 252-675-3869. 1/25/tfn

WE’VE GOT YOUR SNOW TIRES!
 ...and WIPER BLADES, BATTERIES – ALL YOUR COLD WEATHER SERVICING NEEDS.
 Don’t get in a rut over winter maintenance - give us a call or stop by today!

HILLSBORO AUTOMOTIVE
 1/4 mile east of Rt. 219 on Denmar Road, Hillsboro
 Mon. - Fri. 8 a.m. - 5 p.m. Saturday by appointment **304-653-4988**

LABORERS AND CARPENTERS NEEDED

Location: Snowshoe, WV. Must be willing to shovel snow. Starting pay is \$18/hour. MUST have dependable transportation and be able to get up and down Snowshoe Mountain in the winter, regardless of snow. Opportunity for pay raise depending on experience and work ethic. 40-hour work week with opportunities for overtime. There is a 60-day probationary period. **Call or text Carlton, 304-642-5039, for more information if interested.**

 **GUFFEY CONSTRUCTION, INC.**

WEST VIRGINIA
 Office of Broadband

Affordable Connectivity Program

Are you getting your \$30/month internet discount?

See if you qualify at getinternet.gov or call 877-384-2575



County science fair held at GBO Science Center

The Green Bank Observatory was the venue for the countywide Science Fair held January 23. A total of 123 students presented 66 projects in 12 categories – animal science, plant science, behavioral and social science, medical sciences, physics and astronomy, chemistry, engineer, material science, math and data, earth and environmental science, energy and technology.

Students participated in several activities during the fair. They made brush-bots using simple materials including the head of a toothbrush, vibrating motor and coin-cell battery. They also had two challenges – the code-cracking challenge and paper-tower challenge.

The code-cracking challenge had three parts in which the students had to crack a code to decode a final message. In the paper-tower challenge, they were divided into teams of four to try to create the tallest and strongest tower using only

30 pieces of paper and a roll of tape.

After all the fun, the students attended the award ceremony. All first place winners will move on to the Regional Science Fair in Greenbrier County which will be held in February.

Winners are:

Elementary School

Chemistry: first place, Mia Valach, Snowy Fun; second place, Alayna Sharp and Marcy Goldizen, The Floating Egg; and third place, Ayla Fanning and Beth McClure, Bath Bomb.

Energy: first place, Brayden Ray and Rufus Morgan, How Windmills Generate Electricity.

Engineering: first place, Simon Scotchie and Lydia Taylor, What's Shakin'; second place, Draydon Cassell, Filtration System; and third place, Declan Irvine, Sink or Float.

Material Science: first place tie, Michael Friel, Best Catch and Evan Sharp, Bubble-ology; second place, Hunter Howell, Sling Shot;

and third place, Natalie Sisler and Gaven Stark, Wooden vs. Metal.

Medical Sciences: first place, Carter Smith, Do Video Games Affect Eyesight?

Physics and Astronomy: first place, Brody Hoke, Longest Flight.

Plant Science: first place, Victor Dean, Mushroom Madness.

Middle School

Animal Science: first place, Chloe Annett and Jolene Workman, What Footing do Horses Prefer?; second place, Savanna Sharp and Irelyn Withers, Birthing Issues; and third place, Moriah Thompson, An Apple a Day... K-9 Style.

Behavioral and Social Sciences: first place, Madeline Burns, What Time is It?; second place, Willa Hardy and Emma Sacca, Name Brand vs. Generic Brand Snacks; and third place, Hailey Goldsberry and Julia Brown, Sweet or Sour.

Chemistry: first place, Nadiya Kerr, One Tough

Cookie: Finding the Best Baking Powder Substitute; second place, Autumn Hively and Sienna Hammons, Do all Brands of Crayons Melt at the Same Temperature?; and third place, Kya Arbogast, Which Liquid Will Change the Egg?

Earth and Environmental Science: first place, Gemma Brewer and Palmer Simmons, Freezing Water; and second place, Kimber Fitzgerald, Baking Soda and Vinegar Volcano.

Energy: first place, Izaiah Anderson and Noah Sharp, Wind Mill Lifting Capacity; and second place, Devin Dehaven and Coleton Taylor, Hydroelectric Power.

Engineering: first place tie, Julian Dennison, Protecting Marshmallows in a Vacuum and Zara Fanning, The Great Collapse; and second place, Eowyn Smith, Making

the Trebuchet.

Material Science: first place, Kendall Taylor, Karli Boyd and Gabbi Lawson, Orbeez Growth Overnight in Various Solutions; and second place, Clarissa Barb and Bayla Plaughter, Soap Play-dough.

Medical Science: first place, Madaline Landis, Electrolytes Challenge; and second place, Bailey Good-

win and Brantlee Moore, Heart Rate Measurements.

Physics and Astronomy: first place, Bradyen Smith, Air vs. Football; and second place Abby Bauserman, Hot vs. Cold.

Plant Science: first place, Trey Satler and James Smith, Where is Your Soil? and second place, Reed Barber, Sugar Water or Water.

The deadline for **Letters to the Editor** is Monday at noon. Writers may use a maximum of 600 words. Letters should be issue-oriented and never personal. Send letters to jsgraham@pocahontastimes.com For further information, please contact **The Pocahontas Times** at 304-799-4973.

Class A #12 PCHS girls stun Class AA #2 SCHS

Bruce McKean
Contributing Writer

PCHS V47
Summers County V51

The AP Girls Basketball Poll had the (3-6) Pocahontas County Lady Warriors ranked #12 in Class A along with Wahama, East Hardy and Pendleton County. The ((9-3) Summers County High School Lady Bobcats were ranked #2 in the Class AA poll when PC hosted SC January 23 at PCHS. The Bobcats took the first quarter defensive battle by 3 points (7-4). SC also took the second quarter by 5 points (19-14) and led at the half by 8 points (26-18). Summers upped their lead to 11 points (44-33) with an (18-15) third quarter effort. JM senior Mary Beth Meadows and junior Maggie Boroski each scored 7 points in the third, and PC senior Kynlee Wilfong hit 2 threes and scored 8 points in the

third, which was the most of any player in any quarter. PC took charge and won the fourth quarter by 7 points (47-51). PC dropped to (3-7), and SC improved to (10-3).

Summers was led by junior Avery Lilly with 20 points and senior Grace Harvey with 16 points, and they both scored in all 4 quarters. Sophomore Calli Propst, with team highs of 15 points, 5 steals and 1 block, was the only other player in the game to score in all 4 quarters. Junior Riley Pollack scored 12 points, 4 steals, 3 assists and 1 block. Junior Mackenzie Taylor led the team with 11 rebounds, 3 deflections, and 1 block. Senior Olivia Vandevender nailed two threes in the fourth period strong scoring comeback effort along with sophomore Shayla Bennett, Pollack, Propst and Mackenzie.

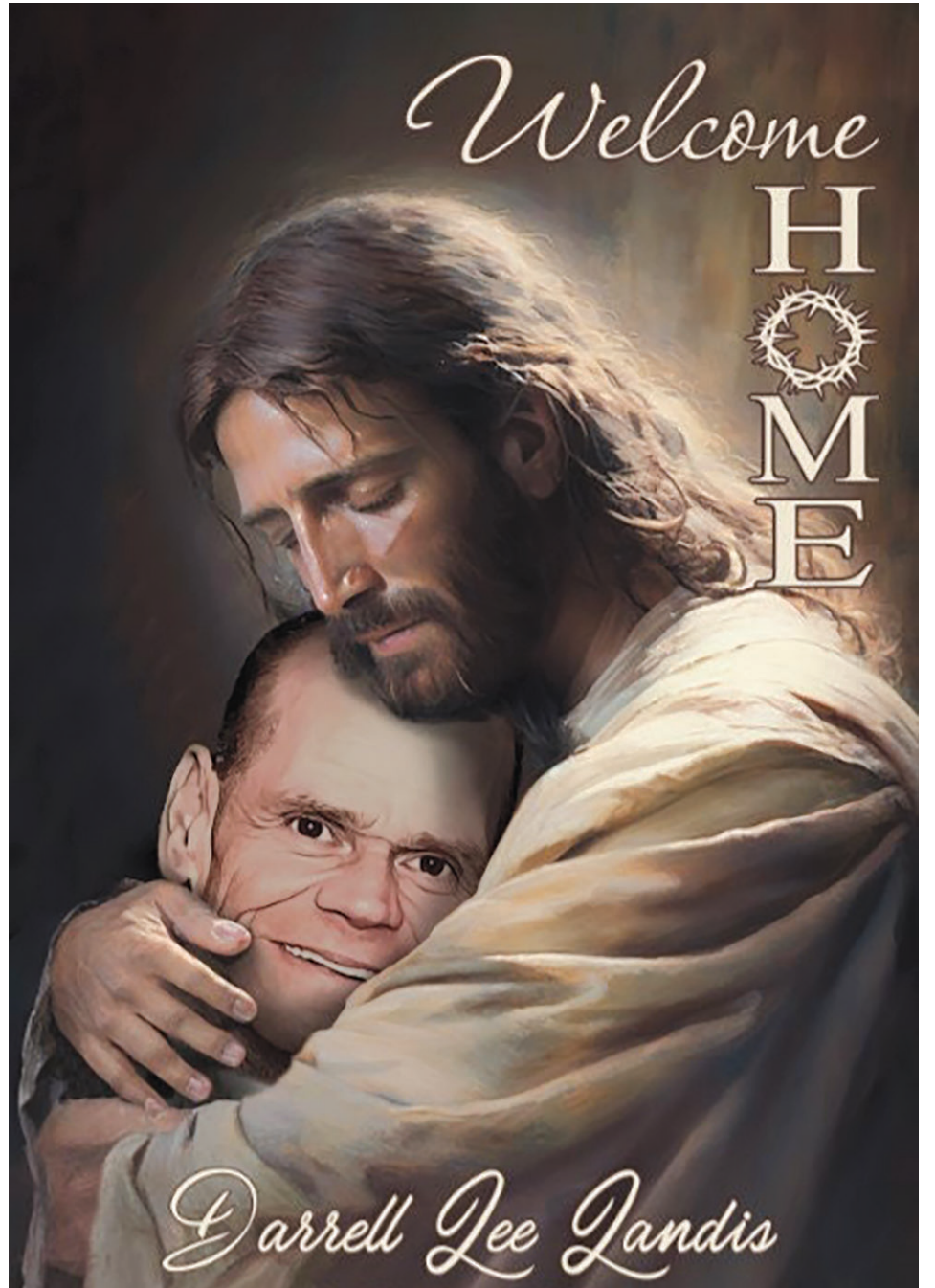
Summers County has always been the WV girls bas-

ketball powerhouse program, and it stopped PCHS in the post season play when PCHS was in Class AA and at their annual tournament during SCHS's 105 games consecutive winning streak.

PC was called for 4 more personal fouls (16-12). SC led by 3 rebounds (35-32) and had 3 more turnovers (30-27). PC made the following number of field goals by quarter: first – 2 of 9 (22%), second – 7 of 18 (39%), third, – 7 of 20 (35%), fourth – 5 of 18 (28%), and game – 21 of 65 (32%).

PC travels to play Tygarts Valley HS on Thursday, February 1 (JV – 5:45 PM, V – 7:30 PM). PC then travels to play Sherman HS in the city of Seth in Boone County Saturday, February 3 (JV – 1 p.m., V – 3 p.m.). PCHS travels to play East Hardy HS Tuesday, February 6, (V

see PCHS pg 11



Don't forget your sweetheart this Valentine's Day. Find gift ideas on Page 3.

SERVE WITH AMERICORPS AT HIGH ROCKS: EARN MONEY FOR SCHOOL!

WHAT WILL I DO?

- High Rocks' Local Foods AmeriCorps members will support our **gardens** and **high tunnels**. Members will deliver **local foods** programming directly to the **community** and its **young people**.
- Duties will include: **recruiting** students and volunteers; **harvesting, packing, storing and processing produce**; **coordinating wellness programming**; leading students and volunteers to develop a **market garden**; **coordinating gardening workshops**; **communicating** by email and phone.

WHAT WILL I RECEIVE?

- **\$776.33 twice-a-month** (pre-tax).
- **\$3,447.50 Segal Education Award** upon completing your service term!
- Student loan deferment, childcare assistance, healthcare benefits and professional development training, if eligible.

You may also be eligible for a tuition waiver for West Virginia public institutions of higher learning (i.e., college, community college, university) for your undergraduate or graduate studies!

WHEN DOES IT START?
Service dates are March 4 through the end of August, 2024.

INTERESTED?
Send your **résumé and cover letter** to Kelly Arfsten, kelly@highrocks.org

can-am MAVERICK R

LEADING THE WAY WITH 240 HP

THE NEW MAVERICK R NOW AVAILABLE

©2023 Bombardier Recreational Products Inc. (BRP). All rights reserved. ®, TM and the BRP logo are trademarks of BRP or its affiliates. In the USA, products are distributed by BRP US Inc. All other trademarks are the property of their respective owners. BRP reserved the right to discontinue or change specifications, prices, designs, features, models or equipment without incurring obligation. Some models shown may include optional equipment. Product performance may vary depending on external factors. BRP recommends that all SXS drivers take a training course. See your dealer. SXS can be hazardous to operate. Never exceed the SXS passenger capacity. All SXS models are meant to be used by drivers of age 16 and older. Read the operator's guide. Follow all instructional and safety material and observe applicable laws and regulations. SXS are for off-road use only, never ride on paved surfaces or public roads. For your safety, the operator and passenger(s) must wear a helmet, eye protection and applicable protective clothing. Always remember that riding, alcohol and drugs don't mix. Never engage in stunt driving. Avoid excessive speed and be particularly careful on difficult terrain. Always ride responsibly and safely. See your authorized BRP dealer for details and visit www.can-am-brp.com. Printed in the USA.

304-636-7732
Rt. 219/250 South, Beverly 5-Lane, Elkins
Mon. - Fri. 9 a.m. - 6 p.m. Sat. 9 a.m. - 2 p.m.
elkinsmotorsports.net

Calendar, from page 4

Take Your Child to the Library Day Saturday, February 3. Activities and refreshments offered at Green Bank, Hillsboro and Linwood Libraries from 1 to 3 p.m.

Green Bank Library will host a seed swap Saturday, March 16. For more information, supplies and registration, email greenbankseedswap@gmail.com or call the library, 304-456-4507.

PARKS AND REC

All activities are at the Community Wellness Center, unless otherwise noted.

Pickleball in the Wellness Center gym, Saturdays, 9 a.m. to 1 p.m. Paddles and balls available.

Taekwondo, Wednesdays, 6 to 7:30 p.m.

Groovy Tots – active fun for preschoolers, Fridays, 10 a.m.

Cardio and Circuit Training, led by Sunny Given, Mondays and Wednesdays, 5 to 6 p.m.

Zumba – Dance and enjoy a fun, high-energy workout with Instructor Kelly Shifflett, Tuesdays at 5:30 p.m. and Thursdays at 5 p.m.

Yoga Tuesdays at 5 p.m. at Durbin Library; Wednesdays at 5:30 p.m. at Linwood Center; and Thursdays, 5 p.m. at Cass Community Center.

Chair Yoga, Tuesdays at 5 p.m. at the Green Bank Observatory. Beginner friendly for folks with limited mobility

POCAHONTAS COUNTY ART COUNCIL

Kids' Valentine Heart Cards – Thursday, February 8, 4 to 5 p.m., Third Avenue Studio, Marlinton

Oil Painting – Tuesdays at 2 p.m. and 6 p.m. at the Little Yellow House in Dunmore

Adult Pottery Classes – Saturdays 1 to 4 p.m., Third Avenue Studio, Marlinton.

Call 304-456-4600 or text 304-997-2153 for more information or to register.

Adult Classes \$25. Kids' Classes \$5; kids' scholarships available.

SPECIAL SERVICES

Baxter Presbyterian Church in Dunmore, Sunday, February 4, 11 a.m. Rick McLaughlin, speaker.

Marlinton First Church of the Nazarene, Edray, special speaker/music and holiness preaching Sunday, February 11, 10:30 a.m. Tristan Brown has a special heart for teens and young adults. All are welcome.

CHURCH NOTICES

Marlinton Presbyterian Church – Sunday School 9 a.m.; Worship 10 a.m.

Arbovale United Methodist – Worship 11:15 a.m. Sundays; Bible Study 6 p.m. Thursdays.

New Hope Lutheran – Minnehaha Springs – Worship 8:45 a.m.

First Baptist Church – Huntersville – Sunday School, 9:30 a.m.; Worship, 10:45 a.m. Wednesday night service 7 p.m.

Seebert United Methodist Church – Sunday School every Sunday 9:20 a.m.; Worship second and fourth Sundays at 10 a.m.

Catholic Mass: St. John, Marlinton – Sunday 9 a.m.; **St. Mark, Bartow** – Sunday 11:30 a.m. **Liberty Presbyterian,**

Green Bank – Worship at 11 a.m.

Dunmore United Methodist Church – Worship 10 a.m. Adult Bible Study via Zoom 8 a.m.

Marlinton First Church of the Nazarene – Sunday School, 10 a.m.; Worship, 11 a.m.; Wednesday night Bible Study 7 p.m.

Marlinton United Methodist Church – Worship at 11 a.m. Parking lot service on 90.3 FM radio, or join us on Facebook.

New Hope Church of the Brethren, Worship at 9:30 a.m. and Bible Study Wednesdays at 7:30 p.m.

Pine Grove Church of the Brethren, Arbovale – Sunday School 10 a.m., Worship 11 a.m.; Bible Study, Thursday, 7 p.m.

Cochran Creek Baptist Church, Rimel – Sunday School 10 a.m.; Worship 11 a.m.

Campbelltown Church, Marlinton – Worship 10 a.m.; Sunday School 11 a.m.

Cook Town Community Church, Rt. 219 – Sunday Service 10 a.m.

Edray United Church – Sunday School 10 a.m.; Worship 11 a.m.

Marlinton Church of God, Beard Heights – Sunday School 10 a.m.; Worship 11 a.m. Wednesday Night Bible Study 5 p.m. Evangelistic Service Sundays, February 11 and 25, 4 p.m.

Marlinton Church of Christ, Lakeview – Sunday School 9:45 a.m.; Worship 10:45 a.m. and 6 pm. Wednesday Bible Study 7 p.m.

Trinity Baptist Church, Rt. 219 Buckeye Hill – Sunday School 10 a.m.; Worship 11 a.m.; Wednesday Bible Study 7 p.m. Pastor David Moore.

Jimmy Ray Nelson, a son, named Steve Wayne.

Born to Mr. and Mrs. M. F. Defibaugh, a son, named Morgan Raburn.

COMING HOME

Funeral services for Staff Sergeant Samuel Fred Spencer, age 29, will be held at 2 p.m. Sunday, February 6, 1949, in the Arbovale Methodist Church and burial will be in the Arbovale cemetery with military rights

by Allegheny Post 117, American Legion. Sergeant Spencer was killed in Germany April 10, 1945, while serving with the Battery 419th Field Artillery of the 10th Armored Division He entered the service in 1942...

He graduated from Greenbank High School with the Class of 1933... He is survived by a son, his mother, five sisters and three brothers.

days. Services were conducted from the home by Rev. Hill and the dear little one was laid to rest in the Edray graveyard.

Harry L. Gard, a popular and well known traveling oil agent, died suddenly of acute indigestion January 18, 1924, at his home in Huntington.... His wife was Miss Pauline Shoemaker, daughter of the late Elwood Shoemaker, of Marlinton.

by 7 points (12-5) and cut the PC lead to 6 points (34-28). PC JV rises to (4-3). PC junior Mallori McCoy and SC sophomore Brooklyn McGraw were the game top scorers at PCHS with 9 points each, and McCoy grabbed 8 rebounds. Sophomore Ramona Hardy added 11 rebounds and 3 blocks; freshman Addison Hamrick totaled 8 points, 6 rebounds and 3 assists; freshman Caroline Bennett grabbed 7 rebounds and 3 steals; freshman Allyson Taylor grabbed 13 rebounds, 8 points, 3 deflections and 3 steals;

PC and SC were called for 13 and 9 personal fouls respectively. PC grabbed 19 more rebounds, 50-31, and SC committed 3 more turnovers, 31-28.

75, from page 7

BIRTHS

Born to Mr. and Mrs. Harry Lynn Sheets, a daughter, named Deborah Jean.

Born to Mr. and Mrs. Oscar D. Williams, a son, named Oscar Leon.

Born to Mr. and Mrs. Chester K. Shrader, a daughter, named Nancy Ann.

Born to Mr. and Mrs.

100, from page 7

A man who well performed his part in life. As a boy he served in the Confederate army.

Oleta Susan, little daughter of Mr. and Mrs. Odie Johnson, of Riverside, was born October 4, 1922, and died January 23, 1924, aged fifteen months and eighteen

PCHS, from page 10

only – 6 p.m.). PCHS then travels to Bath County in Hot Springs, Virginia, Wednesday, February 7, (Girls – JV, 5 p.m., Boys, JV – 6:15 p.m., and Boys V – 7:30 p.m.). Due to the record bad weather events, there are other games that might be rescheduled again.

PCHS JV34

Summers County JV28

PC took the first quarter by 8 points (12-4). PC took the second 6 points (9-3) and upped their lead at the half to 14 points (21-7). The third was won by SC (9-8), and PC then led by 13 points (29-16). SC took the fourth

50, from page 7

BIRTHS

Born to Mr. and Mrs. James Judson Howard, of High Point, North Carolina, a son, named Joseph Gail.

Born to Mr. and Mrs. Roland G. Cutlip, of Hillsboro, a daughter, named Dana Andrea.

Born to Mr. and Mrs. Myles B. (Mike) Weaver, Jr., a son, named Christopher Myles.

DEATHS

Hamp Sinclair Beauford was born July 16, 1947 in Marlinton, the son of Helen and Willie Beauford. The early years of his life were spent in Marlinton where he

History, from page 7

phoid pneumonia. He was carried to his home where he died December 11, 1861, and was secretly buried at midnight in his garden. ...

The Greenbrier

Everyone who visits the Greenbrier soon observes how the river got its name. There is a tough brier with a green stem, which never dies down, which so effectually stops the progress of a man forcing his way through the undergrowth that it could be well named the Waitabit thorn of West Virginia. In the fields, the young shoots are continually coming up, to the aggravation of the farmer. They are so tough that it makes hoeing corn very tiresome work. It is said that the root of the greenbrier extends down through the ground until it reaches water. A man living on high ground and needing a well took the presence of a greenbrier in his back yard as a good omen. He started to dig his well with it in the centre. The root guided him straight down into the earth, and when the work was abandoned at a depth of sixty feet, the root was still leading down to unknown regions. General Andrew Lewis, a noted surveyor and landowner of his day, named the stream. As a surveyor, he must have had his own expe-

attended school. He worked at the State Capitol, and at the time of his death, he was employed by the Daniel Boone Hotel in Charleston. He departed this life January 18, 1974. Burial in the Brownsburg Cemetery.

Mrs. Bertha Lee Smith, 78, of Marlinton, a daughter of the late Edward Johnson and Sarah Pickering Schoolcraft. Burial in the Beaver Creek Cemetery.

Mrs. Dorsie J. Nottingham, 72, of West Middlesex, Pennsylvania; born at Dunmore, a daughter of the late William and Mary Jane Sheets Geiger.

Thomas Austin Moore, Sr., 24, of Hughesville,

Maryland, died from drowning after a boat capsized in rough seas in the Chesapeake Bay. He was a son of the late Mr. and Mrs. William Moore, formerly of Cass. Burial in St. Mary's Cemetery in Bryantown, Maryland.

Patrick Henry Phillips, 41, of White Sulphur Springs; born in Pocahontas County, a son of Mrs. Laura Blake and the late Elbert Phillips. Burial in the Hillcrest Cemetery at White Sulphur Springs.

Edward Harold Kayes, 45, of Valley Bend, born at Marlinton, a son of Mrs. Clara Dunbrack Kayes and the late Frank B. Kayes. He never married.

rience with the pesky green briars.

YELK

Miss Ninnie Morgan's school on Slaty Fork is progressing nicely.

S. M. Gibson is out to Beverly for a load of goods for L. D. Sharp.

Singing at Slaty Fork schoolhouse twice a week, Thursday night and Sunday.

L. D. Sharp is selling ready made clothing at a great reduction since he adopted the cash system.

It snoweth, it freezeth, the sawmill moveth, and the Baughman-Hannah wedding proceedeth all in less than zero.

J. E. Hannah is hacking on his farm north of Slaty Fork. He quit the other day, stuck his axe in a north pole and went to the wedding.

DEATH

Died, at his residence near Dunmore, January 30, John B. McCutcheon, aged about 60 years. He was an estimable citizen, a ruling elder in the Baxter church and made a good record as a faithful Confederate soldier. ... His decease was so easy and quiet that no one was present at the moment.

"Behold the upright, for the end of that man is peace."

pocahontastimes.com

dish Authorized Retailer

Switch to DISH for access to every professional football game this fall on YouTube, Prime Video, Peacock, and ESPN+.

DISH has the most college football with SEC, ACC, Big Ten, Pac-12, and Longhorn Networks.

FOR LIMITED TIME*

8,000 TOUCHDOWNS
ONE PLACE TO WATCH!

1-855-736-4350

3-year price guarantee requires credit qualification and 2-year commitment and covers core programming, local networks, and equipment. All packages, programming, and offers are subject to change without notice. Local blackouts and other restrictions apply. Streaming apps require separate subscription.

Super Crossword

Answers

| | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| R | A | S | S | L | E | R | A | T | R | I | A | S | C | H | I | R | R | A | |
| A | N | N | R | U | L | E | C | R | O | C | I | H | O | O | D | I | E | S | |
| P | O | L | I | C | E | C | R | U | I | S | E | R | E | N | D | I | N | G | S |
| L | A | C | T | A | T | E | S | G | I | L | D | A | G | E | E | | | | |
| B | E | L | A | T | O | M | E | S | M | U | F | F | E | D | P | U | N | T | |
| O | R | A | N | G | E | I | R | A | N | I | O | P | T | S | | | | | |
| C | O | O | K | I | E | C | U | T | T | E | R | A | T | A | D | | | | |
| A | S | S | A | M | O | N | E | F | L | U | I | D | L | I | G | A | S | | |
| M | A | R | C | E | A | U | S | P | A | C | E | J | U | N | K | | | | |
| S | A | M | B | E | R | G | C | R | E | E | S | S | U | I | T | E | | | |
| T | R | I | O | F | I | N | D | I | N | G | D | O | R | Y | A | L | E | | |
| A | D | D | U | P | Y | A | D | I | G | E | A | R | N | E | S | T | | | |
| C | O | A | T | L | I | N | E | R | S | O | D | A | L | Y | E | | | | |
| I | R | S | E | P | I | T | A | P | H | O | B | I | G | U | S | T | O | | |
| G | A | O | L | H | E | D | G | E | C | L | I | P | P | E | R | | | | |
| A | L | U | M | G | U | I | D | O | A | S | T | U | T | E | | | | | |
| C | O | N | C | H | S | H | E | L | L | E | L | A | T | E | O | D | E | S | |
| C | U | E | A | T | O | M | S | E | S | O | T | E | R | I | C | | | | |
| O | V | A | R | I | E | S | T | A | N | K | D | E | S | T | R | O | Y | E | |
| R | E | S | E | R | V | E | E | R | N | I | E | L | E | A | D | I | N | S | |
| D | R | E | S | S | E | D | R | Y | A | N | S | A | S | S | E | N | T | S | |

NORTH AMERICA'S #1 Selling Walk-In Tub

Featuring our **Free Shower Package**

SPECIAL OFFER

Now you can finally have all of the soothing benefits of a relaxing warm bath, or enjoy a convenient refreshing shower while seated or standing with Safe Step Walk-In Tub's **FREE Shower Package!**

- ✓ First walk-in tub available with a customizable shower
- ✓ Fixed rainfall shower head is adjustable for your height and pivots to offer a seated shower option
- ✓ High-quality tub complete with a comprehensive lifetime warranty on the entire tub
- ✓ Top-of-the-line installation and service, all included at one low, affordable price

Now you can have the best of both worlds—there isn't a better, more affordable walk-in tub!

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF** FOR A LIMITED TIME ONLY

Call Toll-Free **1-844-803-1282**

Call Today for Your Free Shower Package

1-844-803-1282

FINANCING AVAILABLE WITH APPROVED CREDIT

EASE OF USE CERTIFIED

MADE IN TENNESSEE

BBB ACCREDITED BUSINESS

LIFETIME LIMITED WARRANTY

CSLB 1082165 NSCB 0082999 0083445

DIRECTV

DON'T COMPROMISE. GET DIRECTV.

2-YEAR PRICE GUARANTEE

Contact your local **DIRECTV dealer!**

855-656-0296

DIRECTV DEALER

New approved residential customers only (equipment lease req'd). Credit card req'd (except MA & PA). Price incl. TV Pkg & equip. fees for first TV. Charges may apply for each add'l connected TV. *Add'l Terms for Satellite customers: \$19.95 activation. Early agmt termination fee applies (\$20/mo.) & add'l fee applies if not returned. Rest'r's apply.

Advertising Deadline is Monday at noon. Call 304-799-4973

inogen

PORTABLE OXYGEN FOR YOUR ON-THE-GO LIFESTYLE

CLAIM YOUR **14-DAY RISK-FREE TRIAL!**

Call us toll-free at **1-833-274-3943**

*14-day risk-free trial. Return within 30 days of purchase for a full refund of purchase price. PM230469 EN, EX, USA | For Only © 2023 Inogen, Inc. 301 Corner Drive, Goleta, CA 93111. Inogen® is a trademark of Inogen, Inc. The usage of any Inogen, Inc. trademark is strictly forbidden without the prior consent of Inogen, Inc. All other trademarks are trademarks of their respective owners or holders.

GBEMS Students of the Month



GREEN BANK ELEMENTARY-Middle School congratulates its Students of the Month for January.

Front row, l to r: Hunter Lawson, kindergarten; Samuel Abbott, Pre-K; Kensley Rexrode, first grade; Emmilynn Reynolds, second grade. Back row: Jase Roberts, third grade; Caleb Smith, fourth grade; Nadiya Kerr, eighth grade; Ryley Kerr, seventh grade; Clarissa Barb, sixth grade. Separate photo: Emilie Shipman, fifth grade.



MMS Academic Achievers

Marlinton Middle School congratulates its Academic Achievers for the second nine weeks of the school year.

Presidents List: 4.0
Merit Roll: 3.75 - 3.99
Honor Roll: 3.5 - 3.74.

Eighth Grade Presidents List: Lexie Burdette, Willa Hardy, Mazie Monico, Halleigh Teter and Irelyn Withers.

Honor Roll: Reeanna Alderman, Rylee Alderman, Rya Barlow, Dominick Barnes, Brom Koerber,

Madalynn Landis, Emma Sacca, Savana Sharp and Gareth Zubrowski.

Seventh Grade Presidents List: Izabella Barr, Eli Beezley, Madeleine Burns, Silas Dean, Kayla Dowling, Zara Fanning, Khloe Gainer, Hailey Goldsberry, Mallory Koerber, Sydney Slifer, Kylie Underwood and Chloe Woody.

Merit Roll: Chloe Annett, Lily Barr and Jolene Workman.

Honor Roll: Emma Anderson, Izabella Arbogast, Ezra Bond, Julia Brown,

Colton Cassell, Bradley Dotson, Tyer Friel, Levi Hill, Arizona King, Joseph McClure, Eowyn Smith, Roxie Thompson and Cade Wagner.

Sixth Grade Presidents List: Kya Arbogast, Jarrell Clifton, Sienna Hamons, Autumn Hively, Karis Lowe, Brantlee Moore and Ryan Withrow.

Merit Roll: Eva Tanner and Abigail Taylor.

Honor Roll: Makiya Burns, Bailey Goodwin, Natalie Irvine, James Monico and Easton Smith.

Taking a day for the animals

Four Forestry AmeriCorps personnel spent part of January 10 in community service at the Humane Society of Pocahontas County. Justin Lee, Maddy Fleming, Eden Gervasco and Josina Shaver cleaned most of the spaces in the building, including the nursery, utility room, waiting room, storage and both

restrooms. This is the third year that Forestry AmeriCorps has chosen HSPC as the recipient of their service day. In past years, they built winter cat shelters, cleaned and helped sanitize cat carriers and other equipment.

HSPC appreciates the time and efforts of these energetic, charismatic young people.

School Menus

February 5 - 9

Monday: Pretzel with cheese sauce and fruit. Chili, cornbread, baked potato, carrots and fruit.

Tuesday: French toast stix and fruit. Pizza, garden salad, corn, birthday popcorn and fruit.

Wednesday: Fruit strudel, yogurt and fruit. Meatball

sub, sweet potato fries, Great Northern beans and fruit.

Thursday: Homemade cinnamon rolls, cheese stick and fruit. Chicken Alfredo with broccoli, carrots and celery and fruit.

Friday: Fruit muffin and fresh fruit. Beef and cheese burrito, Spanish rice, black beans and fruit.

RON'S TREE SERVICE, LLC

- Complete Tree Care and Removal
- Lot Clearing • Rights-of-Way
- Stump Grinding

Veteran and Senior Discounts
FREE ESTIMATES

304-799-2476

Cell: 681-298-0556

rrk24954@yahoo.com



Since 1991 WV 2226-1961

Expert service for Pocahontas County and beyond since 1983



WV002417


Septic Systems • Perc Tests • Hydroseeding
Roads • Driveways • Basements • Footers


FREE ESTIMATES

304.653.4357
Chris Rose • Elm Street, Hillsboro

TRIVIA ANSWERS: (1). Candle in the Wind (2). Speedwagon (3). The Appalachian Mountains (4). The Treaty of Paris

MITCHELL CHEVROLET






24085A

2015 Chevy
SILVERADO 1500 LT

Crew cab, RWD, alloy wheels.
Local trade. Priced to move.

\$18,995




24073B

2013 Chevy
SILVERADO 1500

Extended cab, 4x4, 5.3 V8.

\$13,495




923064

2020 Nissan
ROGUE SPORT SV

All wheel drive. 21,200 miles.

\$21,995




24085M

2001 Chevy
EXPRESS CONVERSION

Leather seats, interior lighting,
carpet, wood grain.

\$14,995

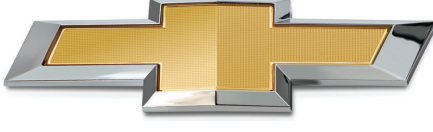


24104A

2021 Chevy
EQUINOX PREMIER

All wheel drive. Leather. Loaded.
Local trade. 41,000 miles.

\$23,995



FIND NEW ROADS

Sales Hours: Monday - Friday, 8 a.m. - 5 p.m.,
Saturday, 8 a.m. - 3:30 p.m.

304-799-6388 • 800-799-6388 www.mitchellchevrolet.com

MARLINTON OFFICE

304-799-0579


18102 Seneca Trail, Rt. 219
Marlinton, WV 24954

888-799-0579

SNOWSHOE BRANCH

304-572-4440

Located two miles north of Rt. 219/66
Downtown Mace



RED OAK
REALTY


Oak Hall, Broker

Sales Associates:
Kathy Owens,
Lisa Circle

www.property4u.com

Agents Wanted, NO MLS FEES. Call Oak Hall to apply.


NEW LISTINGS



6623 - Alderson. 2BR/1BA home with attic and beautiful natural light throughout. New roof, new heat pump and new windows installed in 2016. Perfect retirement or starter home located just outside of town. - \$115,000




6624 - Boyer. 4BR/1BA unfinished cabin with wraparound deck on 11.4 mostly private acres. Views of mountain range. Near Greenbrier River and Trail and national forest. - \$122,000

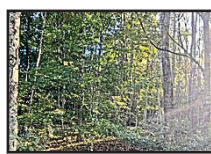


6627 - Marlinton. "Bubble Laundry" in downtown Marlinton. Convenient parking lot and street parking. Private office, Large storage room. New HVAC and metal roof. - \$269,000


MORE LISTINGS




6523 - Mill Point. Lot C-2. Little Mountain Retreat. 2.5 acre lot close to national forest, Highland Scenic Highway, Greenbrier River and Trail. Near Cherry, Cranberry and Williams rivers. - \$22,000




6498 - Hillsboro. Lot A-1. Offering 2 wooded acres in restricted development of Little Mountain Retreat with easy access. Near national forest and fishing. Owner financing available. - \$15,000



6585 - Bartow. 3BR/1BA with basement, two-car detached garage on 1.6 acres. Three outbuildings. Borders Recreation Park. Close to Greenbrier River and Trail. Durbin and Cass railroads. - \$169,900




6622 - Dunmore. 3BR/2BA chalet-style home with full basement and two-car detached garage on 50 very private acres. Surrounded by national forest. - \$625,000




6635 - Lewisburg. Exclusive Lamplighter Subdivision. Lot 37. 0.454 acre. Property is close to all the best the Greenbrier Valley has to offer! Title insurance available. - \$7,900




6616 - Huntersville. 8.88 mostly level acres with good access. Property is partially cleared with acreage for a few horses. Close to Watoga State Park, Greenbrier River and Trail and Knapps Creek - \$45,000




6617 - Cass. 1.56 acres on the Greenbrier River and Allegheny Trail. Sloped to steep land with building site out of floodplain. Electric, phone, spring. Near Cass Scenic Railroad and Greenbrier River Trail. - \$34,000




6445 - Caldwell. 3BR/1BA mobile home with stick-built expansion on 15+ acres. Great location. Home needs work. Just minutes to Lewisburg, Greenbrier River and Trail and Organ Cave. Sold as is. - \$52,000




6604 - Marlinton. House in poor condition on a 0.76 mostly wooded acre. Located at the end of a graveled lane just outside of town. Semi-private setting. - \$22,000



6536 - Lewisburg. Exclusive Lamplighter Subdivision. Lot 35. 0.462 acre. Property is close to all the best the Greenbrier Valley has to offer! Title insurance available. - \$7,900



6533 - Lewisburg. Exclusive Lamplighter Subdivision. Lot 17. 0.552 acre. Title insurance available. - \$5,500



6534 - Lewisburg. Exclusive Lamplighter Subdivision. Lot 19. 0.55 acre. Title insurance available. - \$5,500

Wonder what your minerals can be worth?
Find out BEFORE you lease. Land pools
have a louder voice! Call us TODAY about
how you can join. wvminerals.com