

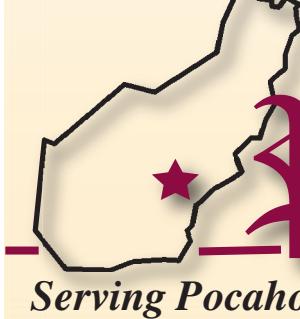


Have a Happy and

Prosperous New Year!



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THE POCOHONTAS TIMES  
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# The Pocahontas Times

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Serving Pocahontas County in the Endless Mountains of Appalachia

MARLINTON, POCOHONTAS COUNTY, WEST VIRGINIA 24954

DECEMBER 26, 2024 VOL. 142 NO. 32

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## GBEMS turns attendance into fun competition

Suzanne Stewart  
Staff Writer

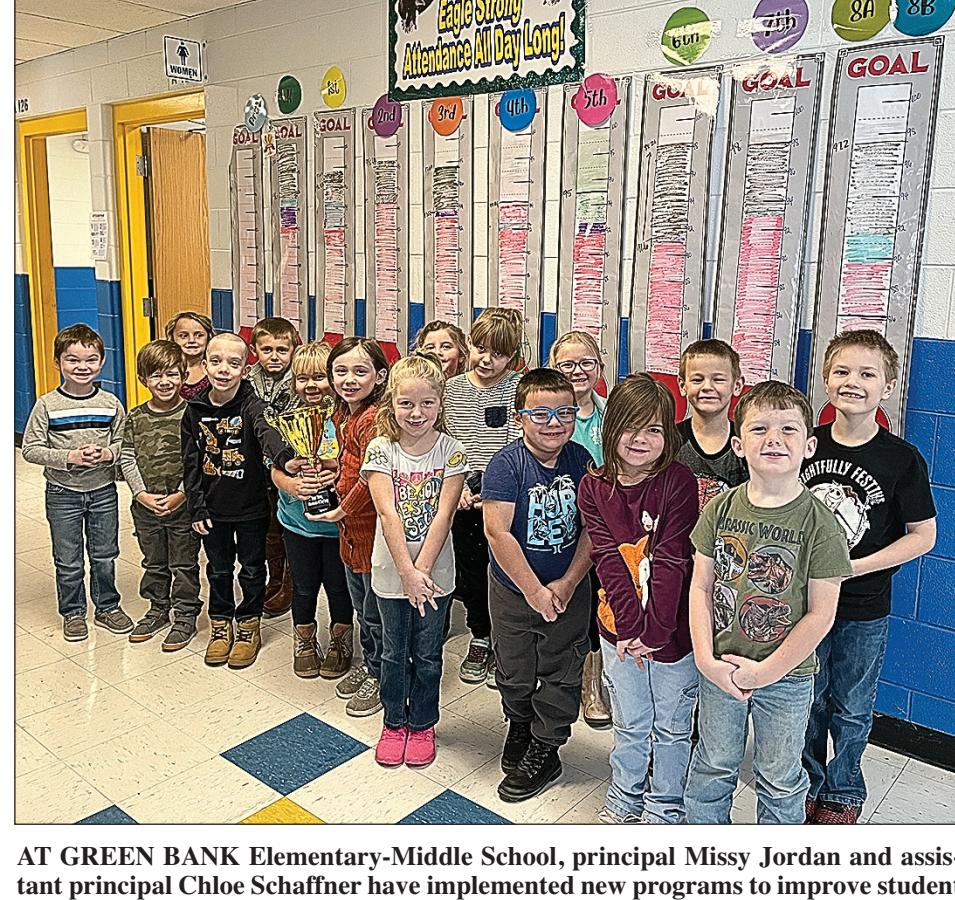
**T**he main focus of all schools is academics – making sure students learn all they need to know before they go out into the world to pursue their career path. To do that, it is important that the students are at school and not missing out on vital instruction.

Attendance can be a struggle. It's nearly impossible for a student to not miss a few days due to illness, doctor's appointments or other issue. Since the COVID-19 pandemic, when it was a requirement to stay home, attendance has been an issue for all schools.

That's why at Green Bank Elementary-Middle School principal Missy Jordan and assistant principal Chloe Schaffner are implementing new programs to increase student attendance.

When the administrators began brainstorming ideas, GBEMS had a 92.7 percent attendance average which sounds good, but as Schaffner pointed out, it's actually the equivalent of getting a D in class.

With this in mind, as well as inspiration from recent training, the two have shifted focus to get students thinking about attendance every day.



AT GREEN BANK Elementary-Middle School, principal Missy Jordan and assistant principal Chloe Schaffner have implemented new programs to improve student attendance, and the students have taken to it very well. Above, the kindergarten class poses with the attendance trophy in front of the thermometers that measure the weekly attendance per grade. Each week, the class with the highest attendance rate wins the trophy to display in the classroom. S. Stewart photo

"Someone from the state education department came and presented to all the administrators in the county, and he said a lot of things that resonated with me, but

the main thing that really struck me, was when he said, 'If I walk into your school building, what would I think was your focus?'" Jordan said.

When she pictured the school in her mind, Jordan saw it is the trophy case that stands at the entrance of the school.

see Fun pg 6

## PCHS Class of '86 gives back to alma mater

Suzanne Stewart  
Staff Writer

**T**he Warrior spirit remains a part of the alumni who spent their formative years at Pocahontas County High School. After graduating, alums may leave the county to pursue a career, only to return for family visits or class reunions, but the support for the school remains.

This spirit has remained for many members of the PCHS Class of 1986, so much so that they pulled funding together to replace the school sign directing motorists to the football field.

Class representative Shelly Dean Hartmann said the sign has been in bad shape and she approached her classmates to see if they would be interested in helping the school replace it.

"What inspired us to do this is the old sign looks really, really bad and the old carpentry folks – like Mike Rogers – and others built it

when we were in school," she said. "The school has tried to fix it, but it's falling apart."

When Hartmann approached ag teacher Andy Friel about the sign, he suggested not only replacing that sign, but adding another sign near the entrance to Allegheny Mountain Radio for motorists approaching the school from that direction.

Friel also suggested lighting the signs.

The class pulled together \$3,000 for the project and presented it to Friel. The plan is for the agriculture students and Jonathan Taylor's carpentry students to build the two signs.

Hartmann said it's a great project to show the students how they can help the community with their efforts and how former students are there to help the school, as well.

"We're trying to show them that by working together, we're helping the community," she said.

## Wilfong excels at International Livestock Expo

Suzanne Stewart  
Staff Writer

**J**ollowing in his dad's footsteps, Lane Wilfong, 11, of Warm Springs, Virginia, has become quite the sheep showman. The son of Ben and Kayala Wilfong, Lane has been showing sheep for six or seven years.

This past November, Lane showed at the North American International Livestock Exposition in Louisville, Kentucky, where he won National Champion Bred and Owned Futurity, Eastern Regional Champion Futurity and National Reserve Champion Overall Futurity.

"On those awards, the Dorset Association has a competition for all the kids in the country that if they raise a sheep, they enter it and show it all summer long and get points at every show," Ben explained. "At the end of the year, the top five placing points are tallied up and then that's what determines the placing."

Lane showed a sheep raised from his flock and an-

other sheep that he purchased from a breeder in Ohio.

It was a busy summer for the young farmer, but he said he enjoyed learning how to show sheep and carry on the family tradition.

"My brother did it and so did Dad," he said. "It's fun to do in the summer."

Lane's father, Ben, is the National Vice President of the board, and the Wilfong family – which also includes Lane's younger brother, Colton, and younger sister, Kinsley – show sheep, as well. Older brother Jaryd showed when he was younger but no longer joins the family on the road.

Along with showing on the national level, Lane is also a 4-H member and shows sheep locally.

Although he has access to cattle and could move on to showing beef when he gets older, Lane said sheep are easier to work with and teach.

"I'll probably stick to sheep," he said.

Suzanne Stewart, sastewart@pocahontastimes.com



ELEVEN-YEAR-OLD Lane Wilfong, son of Ben and Kayala Wilfong, of Warm Springs, Virginia, spent the summer working with and showing his two sheep – up and down the east coast. At the North American International Livestock Exposition in Louisville, Kentucky, Wilfong – shown above with his dad – won National Champion Bred and Owned Futurity, Eastern Regional Champion Futurity and National Reserve Champion Overall Futurity. Lane also joins his family in showing sheep at other competitions. Photo courtesy of Ben Wilfong

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Prosperity,  
Good Health and  
Happiness.  
Our Sincere thanks  
for your  
continued Patronage.

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# Changes to the landfill deed and ancillary side agreement to be reviewed

**Tim Walker**  
AMR Reporter

The “on again, off again” potential purchase of the currently leased county landfill, has again been stalled because of the wording in agreements and in the actual deed.

At its last meeting, the Solid Waste Authority and its attorney, David Sims, reviewed the proposed deed and made changes including removing some of the side agreements from the deed and including them in a separate agreement. During the December 17 commission meeting, the commission presented the side agreement and other changes to attorney Josh Hardy who represents the sellers – the Fertig Family – who were seeing these changes for the first time. Hardy said he would need to review those documents with his clients.

That delayed, once again, what was set to be the final agreement for the sale. One additional issue this caused is that if the sale is not completed by January 1, 2025, the Solid Waste Authority will owe a quarterly lease payment to the Fertig Family. Hardy said he could try and get the documents reviewed by then, but was unsure if that is possible given the holidays. He was assured that the new documents did not significantly alter the content of what was already contained in the deed, just moved some things from being in the deed into a separate agreement, however Hardy said that, while the revised deed and agreement appear at first glance to be ok, he still needs to review them thoroughly with his clients to ensure that is the case. Hardy said if it is all the

same, why not just approve the earlier version of the deed, as that could be done now at this meeting. That suggestion was not acceptable to Commissioner Jamie Walker – who is also a Solid Waste Authority Member. Walker insisted the side agreements not be included inside the actual deed, but be presented as a separate agreement.

Walker offered a motion, which passed – that the total price of the sale - \$157,297.50 – will be acceptable if the sellers review and accept the documents prior to January 1, and that no additional lease payments will be added to that

sale price if the acceptance is reached before the new lease payment is due on January 1, 2025, even if the actual closing occurs after January 1. His motion stated that this only applies if the seller approves of the changes before January 1, but if the seller finds the revised deed and agreement unacceptable, the additional lease payment will be added to the sale price on January 1, but the remaining lease days after the sale actually occurs will be prorated and any unused lease payment amount will be returned to the buyer. That motion seemed to be acceptable to both the buyers and the seller, but still leaves the sale “up in the air” for now.

Also at the meeting, Marlinton Mayor Sam Felton reiterated his request that the commission donate \$30,000 to Durbin and \$30,000 to Marlinton to be used as local match funds for Mon Forest Towns Partnership grant writer Sarah Cottingham to use for grants she writes for each town. Felton said Cottingham has a good record of leveraging local match funds into much larger grant

awards. It should be noted, that during the December 12 commission meeting, when this issue was discussed at length, the commission did not actually vote to approve awarding the \$60,000, as this reporter erroneously reported they did.

Based upon a motion at December 17 meeting by Commissioner John Rebinski, the commission did vote to donate the \$60,000 – half to the Town of Durbin and half to the Town of Marlinton – although it was stated the towns could work it out between them if one needed a little more than half and the other a little less. Walker asked why Hillsboro was not included, and Felton explained it is because Hillsboro is not a Mon Forest Town.

In other business, the commission:

- awarded the only bid received for gasoline for the county offices for 2025. It was from Woodford Oil, at a cost of Rack Price plus 15 cents per gallon delivered.

At today's price that would be about \$2.07 per gallon.

- approved the PMH HVAC Project resolution #7; to pay invoices totaling \$89,662 and also Resolution #7 for the Public Service District's Thornwood Water Extension Project to pay a \$560 EPA fee.

- approved a request from James Exline of Pocahontas Center to park flood evacuation buses at the ARC lot on Third Avenue in Marlinton.

- appointed Erica Clark and Hannah Scrafford to the Parks and Recreation Board and appointed Leshia Cassell to the 911 Advisory Board.

- agreed to schedule interviews with the three applicants for a part-time worker position at the Animal Shelter.

# BOE recognizes winners

**Suzanne Stewart**  
Staff Writer

At the December 17 Pocahontas County Board of Education meeting, Superintendent Lynne Bostic recognized 2024-2025 Teacher of the Year Erin Murphy as well as the winners of the county spelling bee.

Murphy, who is an English/language arts teacher at Marlinton Middle School, was announced as the county Teacher of the Year back in May at the Super Scholars event.

“She is definitely a life-long learner, and she instills that into her students,” Bostic said. “When I walk into her classroom, the students are engaged, they’re excited, she’s doing unique strategies, and they all know what to do and when to do it.”

Murphy explained one of her favorite lessons is for the students to take on the role of teaching.

“Toward the end of the year, I take something that I’ve already taught, and I assign them that standard and they have to teach it to their class,” she said. “They have to make a PowerPoint. They have to do guided notes for it. They have to make a test. They have to make an answer key. They have to come up with an interactive quiz to do with their peers. They have to grade the quiz.”

The lesson flips the classroom dynamic, and Murphy said she has seen improvement in state assessment scores since she started implementing this lesson.

“When I looked at the state assessment, I could identify the standards that I used for that,” she said. “My kids scored the best on it. Not only are they teaching their peers, but their peers are also being taught by somebody that maybe can explain it better than I

can because they’re on the same level.”

The board thanked Murphy for her continued efforts in the classroom and congratulated her for being selected as Teacher of the Year.

Bostic also announced the county spelling bee winners – third place, Bailey Goodwin; second place, Silas Dean; and first place, Brayden Ray. She said Ray will move on to compete in the regional spelling bee and will represent Pocahontas County well.

In financial management, the board approved payment of vendor listing, payment of local government purchasing card, employee payroll, extra duty pay, grant awards, summary of schedule of revenues and expenditures on a cash basis and budget adjustments.

In miscellaneous management, the board approved the following:

- Resolution urging West Virginia to stabilize the Public Employees Insurance Agency (PEIA).

In personnel management, the board approved the following:

- Resignation of Kaylea Kelley as fifth grade teacher at Green Bank Elementary-Middle School, effective April 10, 2025.

- Employment of Phillip Propst as volunteer basketball coach for boys at Green Bank Elementary-Middle School for the 2024-2025 school year.

- Employment of Carrie Curry as special education/classroom/bus aid for Hillsboro Elementary School for the remainder of the 2024-2025 school year, for a term of 110 days. Term of employment shall be 200 days each year thereafter.

- Resignation of Tresten Taylor as CTE teacher of business at Pocahontas County High School, effective January 5, 2025.

The next board meeting will be Tuesday, January 7, 2025, at 6 p.m. at the board of education conference room, 404 Old Buckeye Road.

## Grand Jury returns indictments for negligent homicide

The Pocahontas County Grand Jury returned a three-count indictment against two individuals with regard to the May 19, 2024 death of Josey W. Armstrong.

Jonathan K. Bennett, 34, of Marlinton was indicted on one count, driving a vehicle

while impaired by alcohol and/or a controlled substance, and such was the cause of a crash which led to the death of Josey W. Armstrong; one count, negligent homicide; and one count, operating a vehicle while license was suspended by the Magistrate Court for failure to appear for a hearing.

Matthew R. Anderson, 28, of Arbovale, was indicted on one count driving a vehicle while impaired by alcohol and/or a controlled substance, and such was the cause of a crash which led to the death of Josey W. Armstrong; and one count negligent homicide.

Home incarceration fees were lowered for Derek S. Hannah, 38, of Marlinton.

A hearing on motion to revoke bond was held in the case the State vs Angela Turner, 50, of Marlinton. The defendant admitted to the allegations in the petition and the court found that she had violated her probation. An evidentiary hearing is set for January 22, 2025.

A hearing on petition to revoke probation was held in the case the State vs Casey Crabtree, 28, of Marlinton, wherein the state advised the court that the defendant has not been properly paying restitution payments as ordered by the court at the (September 14, 2023) sentencing hearing. The court denied a defense motion to dismiss the petition. The court treated the matter as a modification and reduced

restitution payments from \$300 to \$200 per month.

Jonathan K. Bennett, 35, of Marlinton, appeared by video from Tygart Valley Jail for an arraignment hearing in which he pleaded not guilty to one count, burglary, a felony; one count, trespassing, a misdemeanor; one count, stalking, a misdemeanor; one count, harassment, a misdemeanor.

Jonathan K. Bennett, 35, of Marlinton, appeared by video from TVRJ for an arraignment hearing wherein he pleaded not guilty to one count, driving a vehicle while impaired by alcohol and/or a controlled substance, and such was the cause of a crash which led to the death of Josey W. Armstrong; one count, negligent homicide; and one count, operating a vehicle while license was suspended by the Magistrate Court for failure to appear for a hearing.

Bond was set at \$50,000 cash/surety with the added condition of home incarceration on weekdays and will self-report to the Tygart Valley Regional Jail on Fridays by 7 p.m. to be

## Lottery tickets and gambling are not for kids

This time of year, many people are looking for last-minute stocking stuffers for the children in their lives. While considering those gifts, West Virginia's Problem Gambling Help Network (WVPGHN) wants to remind parents and other caring adults that lottery tickets, gambling gift cards, and gambling games are inappropriate for children under age 18. This year, a particular concern is mobile betting gift cards. Online gambling has become increasingly popular, especially among young people, and is frequently mentioned as a primary type of gambling by 1-800-GAMBLER helpline callers.

According to the National Council on Problem Gambling, youth are 2-4 times more likely

than adults to develop a gambling problem. Also, the earlier a person begins gambling, the greater the likelihood of developing a problem with gambling.

“We consistently receive more calls for help from younger people,” Maricel Bernardo, Program Director of the Problem Gambling Network said. “Online gambling has exploded, and kids are inundated with betting ads. Many parents don’t realize that this is not a harmless activity for teenagers.

The younger they start gambling, the more likely they are to become addicted, and this disorder can have devastating consequences. Parents should not encourage this behavior by giving their kids lottery tickets or online betting gift cards.”

Anyone experiencing problem gambling issues can call or text 1-800-GAMBLER or chat online at 1800Gambler.net

To learn more about youth gambling, visit GetAheadOfTheGame.net

## Circuit Court

The following hearings were recently held in Pocahontas County Circuit Court before the Honorable Judge Robert E. Richardson:

Defense counsel for Joshua Kincaid, 39, of Marlinton, asked that a trial date be set for this case. The court noted that a new prosecutor and a new judge will take office January 1, 2025, therefore this court is reluctant to set a trial date at this time. Kincaid was indicted on one count, conspiracy; two counts, conspiracy; one count, receiving or transferring stolen goods.

In person sentencing was held in the case the State vs Christopher Gibson, wherein the defendant was sentenced to the West Virginia Department of Corrections for an indeterminate period of not less than one year nor more than five years. Gibson will be permitted to serve his sentence on monitored home incarceration on weekdays and will self-report to the Tygart Valley Regional Jail on Fridays by 7 p.m. to be

incarcerated through weekends and released each Sunday at 7 p.m. Weekend incarceration will continue six months – until June 30, 2025.

Home incarceration fees were lowered for Derek S. Hannah, 38, of Marlinton.

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## Library Lines

by Joe Miller,  
Director of Development

The Library Lines team is celebrating Christmas this week. We're reprinting the holiday letter we sent out to our mailing list. If you didn't get a letter and would like to next year, drop me a line at [joe@pocahontaslibrary.org](mailto:joe@pocahontaslibrary.org)

We write to extend warm wishes for a joyous holiday season!

This has been an eventful year in the PCL and VIC system. For the first time, we have co-directors at the library. Hallie Herold ensures that the libraries continue to operate as smoothly and efficiently as always, while I work on securing ongoing, steady sources of funding.

It's been another busy year! We recorded more than 31,000 visits across our five branches. That's an incredible figure in a county with fewer than 8,000 residents. You simply don't see those numbers in most rural libraries.

I've been with the library for only a few months, but that's plenty of time to realize how much each branch means to its community. I was at Green Bank when volunteers washed all the toys from the children's section. I met community leaders who willed Linwood into existence. I read financial records showing the generosity that built a new facility in Durbin. I saw the Friends of the Hillsboro Library buy new furniture for the community room. I joined the visitors traipsing to McClintic to admire the art contest entries at Pioneer

Days.

In a recent Library Lines column, I noted that library use decreases when patrons have to travel further to reach them.

We staff five full-service branches—one in each of our communities. That means we can offer services tailored to each community and that more of our residents can take advantage of those services. When you check out a book, read a magazine through Libby, browse the Internet from our public WiFi, borrow from our seed library, visit an exhibit or attend a program, you're telling the world that public libraries are important. We are grateful for each and every one of you.

But maintaining those services across five branches is expensive. Public funds are finite and fickle. A warm winter or a change in county priorities creates the potential for large swings in annual funding. Donations from the public help to stabilize our funding.

I ask those of you who are able to please consider a gift this holiday season. You can send your donation to PCL and VIC, 500 Eighth Street, Marlinton WV 24954; drop it off in person; or donate online at [www.pocahontaslibrary.org](http://www.pocahontaslibrary.org).

Thank you all for being part of our library community!

Warmest regards,  
Joe Miller and Hallie Herold  
Co-directors, PCL and VIC

# Wassail the Apple Trees

Laura Dean Bennett  
Staff Writer

Naturally, when Old World immigrants came to the New World, they didn't leave their precious apple trees or the traditions associated with apples behind. One of those traditions was that of "wassailing the apple trees."

The ancient Celtic pagan tradition of wassailing has roots that go back to the Middle Ages in Britain and beyond.

Wassail is derived from the Anglo-Saxon waes haeil meaning "to be healthy." The ritual was intended to drive evil spirits from the orchard and encourage a healthy apple crop the next summer.

The wassail tradition was celebrated in many parts of Britain on January 17, a date known as "Old Twelv'y Night." In other parts of the British Isles, the pagan ritual was anglicized and included

in Christmas celebrations.

One of the trees in the orchard would be selected to be the Apple Tree Man—the guardian and representative of the entire orchard. Noise to scare away evil spirits would be made by the clattering of pans or blowing of horns before there would be a torchlight procession around the Apple Tree Man accompanied by the singing of a traditional Wassail song.

To wish good health to the orchard, cider containing roasted apples would be poured on the roots of the Apple Tree Man and cider-soaked toast would be hung as an offering on the tree's branches by the orchard King and Queen (usually played by two children).

A Wassailing cup or bowl was used to dip the toast before hanging it in the trees. This tradition of dipping the piece of toasted bread is said to have given rise to the expression "to make a toast."

In some places in today's



Photo courtesy of [thesaucyfig.com](http://thesaucyfig.com)

Britain, a modern version of wassailing, usually taking place between Christmas and New Year's Day, has been making a comeback. In some

**see Wassail pg 10**

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- CHRISTIAN LEATHERWORKS -

## Pocahontas to join Greenbrier Valley Martin Luther King Day contests

County students will have an opportunity to be a part of the competitions.

Parents who would like

their child to participate,

should contact their school

principal or Stephanie Burns

at the Pocahontas County

Board of Education Office.

For the past decade, stu-

dents from Greenbrier

and Monroe counties

have participated in com-

petitions to increase young

people's understanding of

Martin Luther King's life

and career. Third graders

take part in an art contest

and students from fourth

through eighth grade partic-

ipate in an essay contest.

This year Pocahontas

called "The Puppies Arrive."

4. Born a slave, Sethe es-

capes to Ohio but is haunted

by memories of a lost baby

in "this" Toni Morrison

novel.

2. 1944's "Absent in the

Spring" is one of the non-

mystery novels this author

wrote under the name Mary

Westmacott. Who was she?

3. "This" children's literature classic has a chapter

## TRIVIA – a little something to think about

1. What Steven Spielberg Holocaust film was based on a historical non-fiction book by Thomas Keneally?

2. 1944's "Absent in the Spring" is one of the non-mystery novels this author wrote under the name Mary Westmacott. Who was she?

3. "This" children's literature classic has a chapter

called "The Puppies Arrive."

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capes to Ohio but is haunted

by memories of a lost baby

in "this" Toni Morrison

novel.

2. 1944's "Absent in the

Spring" is one of the non-

mystery novels this author

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in "this" Toni Morrison

novel.

2. 1944's "



## Senior Legal Aid

Deb Miller, JD Volunteer

**L**ooking for ways to avoid being financially exploited? In today's world, an ounce of prevention is worth its weight in gold and silver combined.

We are hearing more about financial scams, online fraud, and other rip-offs. We're sitting ducks, evidently.

Just about anyone with more than \$100 to their name can become the target of those who would happily rip them off without regret and then blame the victim for "letting them" do it.

Financial exploitation is happening every minute of every day. The victims are often too embarrassed and reluctant to tell anyone.

The Federal Trade Commission reported \$10 billion in consumer fraud losses during 2023, a 14% increase over 2022.

The agency received 2.6

million complaints from adults in every age group for a variety of scams, with nearly 100,000 people reporting losses of \$10,000 or more. Investment scams accounted for almost half of the fraud losses.

To lower the chances of such losses happening to you, here are three worthwhile protective measures. Common sense helps a lot also.

Sign up online for the free service from the U.S. Postal Service that emails you images of the mail you will receive each day. Some may feel this is unnecessary, but it allows you to watch for financial statements, family messages, packages, or other important documents hours before they arrive. The email is proof that such an item is to be delivered to you.

You can also choose to have a trusted family member or friend receive these emails about your daily mail.

If they see something suspicious or an unexpected change in your mail patterns, they may be able to detect exploitation or a scam and alert you to take action.

It's easy to benefit from this free service. Sign up online at informeddelivery.usps.com. Protecting your mail is also protecting yourself from horrible surprises.

A second way to minimize the possibility of financial exploitation is to give your debit and credit card companies permission to send you emails or text messages for purchases, withdrawals, and other transactions above a certain amount that you select.

This free financial monitoring method gives you early warning of any suspicious charges or other activity. Acting quickly can prevent further fraud.

Check online or call the company to find out how this notification service can work for your benefit.

The third protective measure is to select and work with a "watchdog."

You and the watchdog, a

trusted relative or friend, can set up an informal arrangement to discuss financial and budgeting decisions and undertake planning to assure long-term financial well-being. It's not a typical topic of conversation, but it can be highly effective.

No formal document is needed because this helpful person will simply provide their input on financial choices to be sure the right things are happening for you.

Of course, part of the arrangement will be that you are willing to listen seriously to your watchdog's opinions and guidance. Otherwise, it will be frustrating for all.

Knowing that you have a backup for such important directions in life, an extra brain to evaluate a situation, helps assure that you can protect your financial well-being and not fall victim to scammers or thieves.

For assistance with financial exploitation concerns and other legal matters, state residents who are 60 or older may contact West Virginia Senior Legal Aid at 800-229-5068 or info@seniorlegalaid.org



## Marlinton Mayor's Corner

By Sam Felton

To you and yours, peace on earth at Christmas and a Happy New Year.

We have the ingredients for both.

How we handle these ingredients determines the outcome.

I want to thank our Pocahontas County Commission, once again, for granting the request for a one-time donation of \$60,000 on behalf of Pocahontas County's two Mon Forest Towns. This seed money will help bring about the vision for moving both Towns in a positive direction. Rest assured, the trust given to Woodlands and the MFTP to properly handle and multiply this funding will not be in vain. This commitment is not just Christmas coming early for the towns of Durbin and Marlinton. These funds can enable the first steps leading

to a series of Happy New Years. It will not happen overnight.

What is your vision?

For now, each Town has \$30,000 in the bank. It will not be spent willy-nilly. It must be used as an investment for the future. We all

want our projects completed in the first six-months or a year. It seldom happens that way. Pray for individual committee members who are willing to commit two, three or four years of their life and who want to see their communities improve.

Each will have to come together and work out the best options. Plan your work – Work your plan. Bring forward a project the town council can support. Understand, the project will have the support of The Mon-Forest Towns Partnership. Both

see Mayor's pg 10

## What's Cookin'?

With Sally Cobb



### Festive Cheese Ball

12 oz. cream cheese, room temperature  
1 1/4 cups crumbled blue cheese  
4 large eggs  
1/2 cup Italian bread-crums  
2 cups grated cheddar cheese  
1/2 tsp. dried oregano  
1/2 cup grated onion  
1 Tbsp. Worcestershire Sauce  
2 tsp. soy sauce  
2 cloves garlic, finely minced  
1/4-1/2 tsp. red pepper flakes, or more to taste  
1 Tbsp. chopped parsley  
Chopped pecans or walnuts  
Blend together all ingredients except nuts. Form into a ball then roll in chopped nuts. Chill. Serve with crackers or raw vegetables.

### Artichoke Squares

2 - 6 ounce jars marinated artichoke hearts  
1 clove garlic, finely minced  
1/2 cup onion finely

## Super Crossword

### JANUARY 1 FUN

ACROSS										DOWN									
1 Drag race vehicle	55 Minerals in thin sheets	104 Six-legged marchers	6 Of Swiss mountains	48 Sierra, Yukon and Acadia	88 Genetic stuff					19 Schuss, e.g.	56 "Vanity Fair" novelist	107 Suffix with Carol	49 Trendy berry	89 Spider's hatching pouch					
8 Schuss, e.g.	56 "Vanity Fair" novelist	107 Suffix with Carol	7 Playa del —	50 Shells out	51 Boggy areas	52 Boggy areas	53 Motorists' gp.	54 With it.	11 Stinging flier	61 "One World" musician John	108 How Alaska is populated	8 Climbing up	55 Very thin, as clouds	92 NFL goals	93 With it.	94 Lyricist Gershwin	95 Battle with spongy balls		
11 Stinging flier	61 "One World" musician John	110 Town crier's cry	9 Divided Asian land	56 Escorted from outside	57 'It matters to me'	58 'It matters to me'	59 Org. with bag screeners	60 The whole —	15 Contributors	65 Holders of frozen cubes	111 * Cab cost	10 Get by logic	11 Joins closely	59 Org. with bag screeners	60 The whole —	61 Fox-sighting	101 " —haw!"		
15 Contributed	65 Holders of frozen cubes	116 Cab cost	12 Org. for cavity fixers	61 Escorted from outside	62 Jagged, as a leaf's edge	63 When I Need You"	64 Hopper of old gossip	65 The caboose	19 Halloween mask feature	66 Girl in the fam	117 "It takes two" dances	13 Thereafter	14 Counterparts of manis	65 Cousin of a chimpanzee	66 Fake coins	105 Regal seat			
19 Halloween mask feature	66 Girl in the fam	117 "It takes two" dances	15 Cousins of a chimpanzee	66 Fake coins	67 "Insecure" actress	68 "Just my opinion," in a text	69 Poehler of "Baby Mama"	70 Astonishment	20 Hoodwink	67 "Insecure" actress	118 Agents, in brief	16 Poehler of "Baby Mama"	17 Fight (for) host	18 Zeta follower	67 Japanese noodle type	78 Japanese noodle type	79 Japanese noodle type		
20 Hoodwink	67 "Insecure" actress	118 Agents, in brief	15 Cousins of a chimpanzee	67 Japanese noodle type	68 "Insecure" actress	1950s TV series "China Smith"	71 E'en if	72 Ames' state	21 Falco of TV	68 Evergreen with red arils	119 * "The Price Is Right" host	17 Fight (for) host	18 Zeta follower	80 Pronounces	81 Was disgusting to	82 Playwright O'Neill	83 Links letters		
21 Falco of TV	68 Evergreen with red arils	119 * "The Price Is Right" host	18 Happy dance	72 Ames' state	69 Hawkins dance	73 E'en if	74 Fido's noise	75 Actor Bridges	22 Leave off	69 Actress Polo	70 Astonishment	123 Happy dance	17 Fight (for) host	18 Zeta follower	190 Wipe clean	191 "Bad, Bad — Brown"	192 Rap sheet abbr.		
22 Leave off	69 Hawkins dance	123 Happy dance	124 Net, as earnings	75 Actor Bridges	70 Astonishment	73 E'en if	74 Fido's noise	76 Fathers	23 Tendency toward chaos	70 Astonishment	71 E'en if	125 Vardalos of Hollywood	17 Fight (for) host	18 Zeta follower	193 Rap sheet abbr.	194 Karp-Schwartz, Inc. All rights reserved.	195 Rap sheet abbr.		
23 Tendency toward chaos	70 Astonishment	124 Net, as earnings	126 Early auto	76 Fathers	71 E'en if	74 Fido's noise	75 Actor Bridges	77 Ames' state	24 Fido's noise	71 E'en if	72 Ames' state	126 Early auto	17 Fight (for) host	18 Zeta follower	196 Delight in gossip	197 Light beams	198 Actress Alley		
24 Fido's noise	71 E'en if	126 Early auto	127 Ames' state	77 Ames' state	72 Ames' state	75 Actor Bridges	76 Fathers	78 Japanese noodle type	25 Hoodwink	72 Ames' state	73 E'en if	127 Ames' state	17 Fight (for) host	18 Zeta follower	199 Actress Alley	200 Even a single	201 " —haw!"		
25 Hoodwink	72 Ames' state	127 Ames' state	128 Saturate	78 Japanese noodle type	79 Japanese noodle type	76 Fathers	77 Ames' state	79 Japanese noodle type	26 Leave off	73 E'en if	74 Fido's noise	128 Dissimilar	17 Fight (for) host	18 Zeta follower	202 Rap sheet abbr.	203 Rap sheet abbr.	204 Rap sheet abbr.		
26 Leave off	73 E'en if	128 Saturate	129 Bullfight yell	79 Japanese noodle type	70 Astonishment	75 Actor Bridges	76 Fathers	80 Pronounces	27 Leave off	74 Fido's noise	75 Actor Bridges	129 Bullfight yell	17 Fight (for) host	18 Zeta follower	205 Rap sheet abbr.	206 Playground fixture	207 Rap sheet abbr.		
27 Leave off	74 Fido's noise	129 Bullfight yell	130 Dissimilar	70 Astonishment	71 E'en if	76 Fathers	77 Ames' state	81 Was disgusting to	28 Leave off	75 Actor Bridges	76 Fathers	130 RV refuge org.	17 Fight (for) host	18 Zeta follower	208 Rap sheet abbr.	209 Rap sheet abbr.	210 Rap sheet abbr.		
28 Leave off	75 Actor Bridges	130 RV refuge org.	131 Legal equal	71 E'en if	76 Fathers	77 Ames' state	78 Japanese noodle type	82 Playwright O'Neill	29 Supermodel Banks	76 Fathers	77 Ames' state	131 Legal equal	17 Fight (for) host	18 Zeta follower	211 Rap sheet abbr.	212 Rap sheet abbr.	213 Rap sheet abbr.		
29 Hoodwink	76 Fathers	131 Legal equal	132 Brontë's Jane	76 Fathers	77 Ames' state	78 Japanese noodle type	79 Japanese noodle type	83 Dangerous	30 Supermodel Banks	76 Fathers	77 Ames' state	132 Brontë's Jane	17 Fight (for) host	18 Zeta follower	214 Rap sheet abbr.	215 Rap sheet abbr.	216 Rap sheet abbr.		
30 Supermodel Banks	77 Ames' state	132 Brontë's Jane	133 Despite this	77 Ames' state	78 Japanese noodle type	79 Japanese noodle type	80 Pronounces	84 Deep desires superseded by automobiles	31 Fitness locale	78 Japanese noodle type	79 Japanese noodle type	133 Despite this	17 Fight (for) host	18 Zeta follower	217 Rap sheet abbr.	218 Rap sheet abbr.	219 Rap sheet abbr.		
31 Despite this	78 Japanese noodle type	133 Despite this	134 What the last four letters of eight key answers in this puzzle might be considered, cryptically	79 Japanese noodle type	79 Japanese noodle type	80 Pronounces	81 Was disgusting to	85 Period superseded by automobiles	32 Early auto	79 Japanese noodle type	79 Japanese noodle type	134 What the last four letters of eight key answers in this puzzle might be considered, cryptically	17 Fight (for) host	18 Zeta follower	220 Rap sheet abbr.	221 Rap sheet abbr.	222 Rap sheet abbr.		
32 Early auto	79 Japanese noodle type	134 What the last four letters of eight key answers in this puzzle might be considered, cryptically	135 Creeping vine	80 Pronounces	81 Was disgusting to	82 Playwright O'Neill	83 Dangerous	86 Dangerous	33 Award for U2	79 Japanese noodle type	79 Japanese noodle type	135 Creeping vine	17 Fight (for) host	18 Zeta follower	223 Rap sheet abbr.	224 Rap sheet abbr.	225 Rap sheet abbr.		
33 Award for U2	80 Pronounces	135 Creeping vine	136 Once called	81 Was disgusting to	82 Playwright O'Neill	83 Dangerous	84 Deep desires superseded by automobiles	85 Period superseded by automobiles	34 All-time low	79 Japanese noodle type	79 Japanese noodle type	136 Once called	17 Fight (for) host	18 Zeta follower	226 Rap sheet abbr.	227 Rap sheet abbr.	228 Rap sheet abbr.		
34 All-time low	81 Was disgusting to	136 Once called	37 Fido's threat	82 Playwright O'Neill	83 Dangerous	85 Period superseded by automobiles	86 Dangerous	87 Vetoing vote	35 Creeping vine	79 Japanese noodle type	79 Japanese noodle type	137 Fido's threat	17 Fight (for) host	18 Zeta follower	229 Rap sheet abbr.	230 Rap sheet abbr.	231 Rap sheet abbr.		
35 Creeping vine	82 Playwright O'Neill	137 Fido's threat	38 Globe	83 Dangerous	84 Deep desires superseded by automobiles	87 Vetoing vote	88 Dangerous	89 Genetic stuff	36 Once called	79 Japanese noodle type	79 Japanese noodle type	138 Globe	17 Fight (for) host	18 Zeta follower	232 Rap sheet abbr.	233 Rap sheet abbr.	234 Rap sheet abbr.		
36 Once called	84 Deep desires superseded by automobiles	138 Globe	39 Ergo	84 Deep desires superseded by automobiles	85 Period superseded by automobiles	89 Genetic stuff	90 "Relax!"	91 Vetoing vote	37 Fido's threat	79 Japanese noodle type	79 Japanese noodle type	139 Ergo	17 Fight (for) host	18 Zeta follower	235 Rap sheet abbr.	236 Rap sheet abbr.	237 Rap sheet abbr.		
37 Fido's threat	85 Period superseded by automobiles</																		

# Old Time Concoctions

Melony Phillips  
Staff Writer

**A**s winter swoops in, colds, flu and sore throats are bound to follow. Doctors were not always right around the corner or present in 24-hour urgent care facilities. So how did the colonists make it through these chilling times without a doctor a phone call away and what were some of their old-time solutions to relieving the many wintertime ailments?

This article is for informational purposes only and should not be used in place of medical advice.

Having a winter medicine cabinet was crucial, but knowing how to use the items in it was just as important. "The Family Physician," by George Hartman, was published in 1696. The highly sought after book contained more than 500 pages of approved and experienced remedies for the cure of almost all human diseases for home healthcare.

Elderberries are listed as the primary ingredient in several recipes within the pages of this comprehensive text. With medicinal uses dating back thousands of years, even Hippocrates called elderberries "the medicine chest" due to its many health benefits. Some of the ailments that have been historically treated with elderberries include anemia, cough, colds, flu and digestive issues. Adding honey to elderberries produces a synergistic effect, multiplying its benefits.

Ginger and lemon hot tea is nothing new. Both ginger

and lemons are high in antioxidant, anti-inflammatory, anti-viral, anti-bacterial and anti-fungal. For one treatment of bad fevers, this book lists a process for purifying and fermenting lemon juice so that it should last for five to six years (before refrigeration). Lemons contain limonene which aids digestion while ginger has been used for nausea and digestion issues. Ginger also contains salicylate which is a compound that naturally thins the blood.

Mullein is a common weed that freely grows throughout most of North America and up into Canada. Used for respiratory issues such as cough and cold, asthma and bronchitis, as well as tonsillitis, mullein contains compounds that help suppress cough while thinning any mucus that is present. According to the National Institute of Health, ursolic acid (UA - a compound in mullein) "may inhibit main protease of SARS-CoV-2, and inhibits the interface flanked by SARS-CoV-2 viral proteins and its entry point commonly recognized as angiotensin converting enzyme 2 (ACE2). In addition, UA attenuates SARS-CoV-2-induced inflammatory reactions and oxidative stress. Therefore, UA could avert SARS-CoV-2 infection from causing acute lung injury."

The anti-inflammation compounds in this traditional herb may even help reduce pain associated with rheumatoid arthritis.

Slippery elm, which comes from the inner bark of the slippery elm tree, was a

standard for treating sore inflamed throats. The high level of mucilage coats and soothes throats while helping to calm persistent cough. It was also used as a laxative to aid detoxification, help with acid reflux, for coating the stomach to relieve IBS and other stomach issues, and as a poultice for skin wounds and ailments. Because of its high mucilage content, slippery elm may interfere with the absorption of medicines.

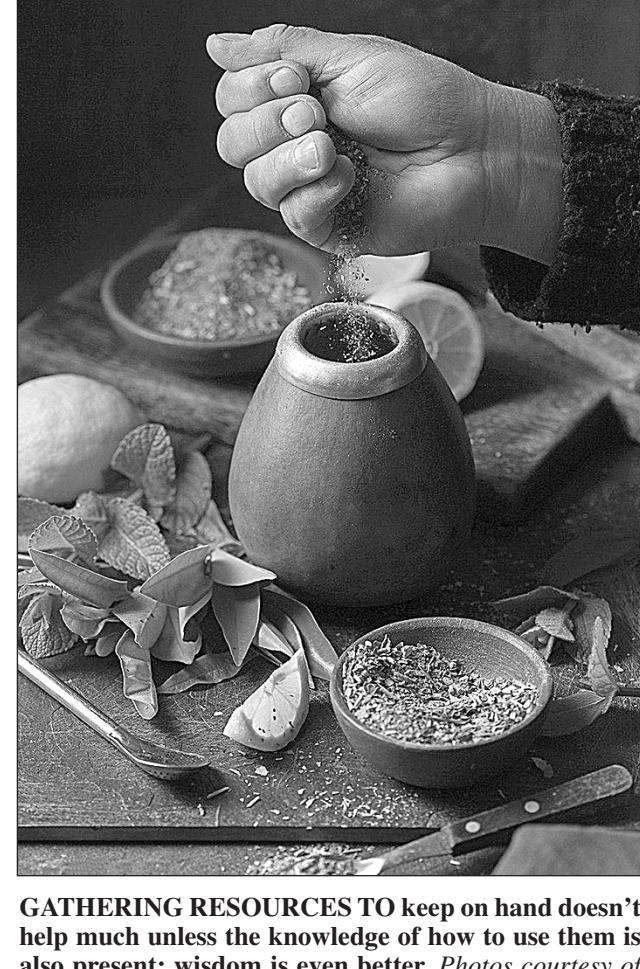
Cayenne pepper is a common culinary spice that packs a potent pain-relieving punch. It's one of my main go-to remedies for a sore throat, including strep throat. When the cayenne in a hot tea first hits a sore throat, it burns fiercely, however, after a few seconds the capsaicin can desensitize the nerves, causing a numbing effect in some people. CAUTION: It's best to start with a tiny pinch then SLOWLY work your way up as it is tolerated. Cayenne pepper has a long list of health benefits, including but not limited to anti-inflammatory, anti-viral, anti-bacterial, anti-fungal, antioxidant, pain management and circulation improvement.

Turneric is another long standing medicinal and culinary herb. This member of the ginger family has been used as a remedy for inflamed joints, and for digestion, and for respiratory and skin issues. I normally partner turmeric with cayenne and black pepper for a sore throat due to allergies or sickness, or for joint inflammation after a long day of working hard outside.

White horehound contains a compound called marubin. This bitter herb has been used for centuries to treat sore throats, coughs and even gallbladder and digestive concerns. White horehound is a powerful expectorant used to thin mucus secretions, helps reduce spasms in the stomach and intestines, decrease swelling (inflammation), and may even lower blood sugar and blood pressure. Black horehound has been used for nausea, vomiting, nervous disorders, cough, spasms, gout and infection of the intestines by parasites. Taking large amounts of horehound may cause vomiting. It is not advised to use horehound during pregnancy as it may stimulate contractions and cause miscarriage.

The NIH states, "Extensive pharmacological studies have demonstrated that marubin displays a suite of activities including antinociceptive [pain relieving], antioxidant, antigenotoxic [ability to reduce DNA damage caused by substances

see Time pg 8



**GATHERING RESOURCES** to keep on hand doesn't help much unless the knowledge of how to use them is also present; wisdom is even better. Photos courtesy of Pixabay

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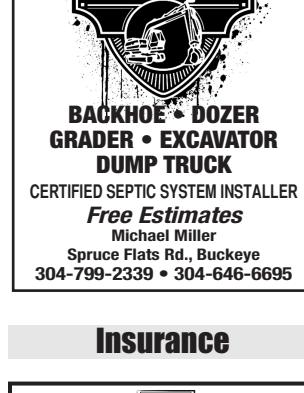
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#### Septic Services



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## Obituaries

### Larry Chestnut

Larry Joseph Chestnut, 88, of Neola, died Friday, December 20, 2024 at Genesis Nursing Home in White Sulphur Springs.

Born August 1, 1936, Joe was a son of the late Edward Chestnut and Mabel Grace Trainer Chestnut.

In addition to his parents, he was preceded in death by brothers, Murl Chestnut, Bill Chestnut, George Chestnut, Howard Chestnut and Grady Chestnut.

He is survived by brothers, Franklin Chestnut (Drama), of Hot Springs, Virginia, and Bernard Chestnut Sr. (Marie), of White Sulphur Springs; and sisters, Lucy Cahoon, of Clifton Forge, Virginia, Mary Grace Chestnut, of Lewisburg, and Erma Jean McKinney (George), of White Sulphur Springs.

Funeral service will be held at 1 p.m. Saturday, December 28, 2024, at VanReenen Funeral Home in Marlinton.

The family will receive friends from noon to 1 p.m.

Burial will be in the Chestnut Family Cemetery on Little Back Creek, County Rt 601, in Bath County, Virginia.

A meal will follow at Mountain Grove Community Church.



### Susan Shaw

Susan Simpson Shaw, 79, peacefully passed away Sunday, November 24, 2024, in Lake Wylie, South Carolina.

Born April 16, 1945, in Marlinton, she was a daughter of the late Helen Spitzer and John R. "Jack" Simpson.

Susan spent most of her life in Charlotte, North Carolina, and Lake Wylie, South Carolina.

In addition to her parents, she was preceded in death by her grandparents, Pete and Trudie Johnson Spitzer; her youngest son, William Blake Shaw; and her aunt, Dotty Hiner Mitchell.

She is survived by her sons, Lawrence M. Shaw, Jr. (Karen), of Charlotte, North Carolina, and John P. Shaw (Wanda), of Lake Wylie, Clover, South Carolina; granddaughters, Avery Shaw Rogers (Patrick) and Julia E. Shaw, all of Charlotte, North Carolina; sister, Cynthia S. Hattersley, of Statesville, North Carolina; niece, Patricia Pettengill (Michael), of Statesville, North Carolina; and many dear cousins.

A celebration of her life will take place in the spring.



### Latricia Underwood

Latricia Ann Underwood, 86, of Buckeye, peacefully passed away Friday, December 6, in Marlinton.

Born February 27, 1938, and growing up in Mt. Lookout, she was the beloved daughter of the late Earl and Virginia Legg.

On her 16th birthday, February 27, 1954, with her dad's permission, she mar-

ried the love of her life, Otis Edward Underwood, who preceded her in death April 14, 2023.

Trish was a devoted wife and homemaker, together she and Otis created a loving home, first in Cleveland, Ohio, and then, in 1985, after Otis retired from Ford Motor Company, they moved to Pocahontas County, living out the rest of their lives there. As a faithful servant of Jehovah, her life was a testament to her faith, inspiring others. She was a source of comfort and strength to all who needed a listening ear, providing strength and comfort to all. Her life was a model of steadfast devotion to her faith, family and congregation.

In addition to her parents and husband, she was preceded in death by a son, Ricky Allen Underwood; and daughter, Tina Louise Underwood.

She is survived by her brother, Barry Legg, and wife, Linda, and their children, Rhonda (Phil) Ketchum, Joel (Pam) and grandchildren. Trish's legacy of love and kindness continues through her grandchildren, Jason (Melissa) Scott Underwood, of Odessa, Texas, Jennifer (Jeff) Lynn Schade, of Gainesville, Georgia, and Jamie Marie Underwood, of Lubbock, Texas. She was a proud great-grandmother to Bryce Underwood, of Midland, Texas, Keyauna Underwood, of Odessa, Texas, Xavier Underwood and Mollie Underwood, both of Odessa, Texas, Sierra Schade, of Atlanta, Georgia, Hayden Schade and Bayleigh Schade, both of Gainesville, Georgia, Alucia Newnan, of Asheville, North Carolina, and Lillian Mason and Mitchell Mason, both of Lubbock, Texas; and a great-great-grandmother to Aerabella and Zendaya, of Odessa, Texas.

The family would like to express our deepest gratitude to Pocahontas Center for the loving care that they gave to our beloved Trish.

A memorial service will be held Saturday, January 18, 2025, at 4 p.m. at Kingdom Hall, 5900 Franklin Blvd, Cleveland, Ohio.

Zoom information Meeting ID: 853 8366 8212 Password: 81575

Lantz Funeral Home is honored to help the Underwood family in their time of need.

She is also survived by many other family members and friends who loved her and will miss her. Trish believed wholeheartedly in the resurrection and the words at Revelation 21:3,4 "He will wipe out every tear from their eyes, and death will be no more neither will mourning nor outcry nor pain be anymore. The former things have passed away."

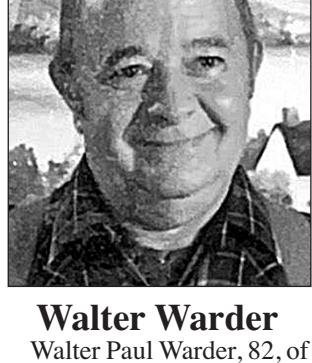
"We take comfort in our hope of seeing her again soon in the "new world to come."

The family would like to express our deepest gratitude to Pocahontas Center for the loving care that they gave to our beloved Trish.

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### Walter Warder

Walter Paul Warder, 82, of Slaty Fork, passed away Wednesday, November 20, 2024, in Mon General Hospital.

Born October 2, 1942, he was a son of the late Paul and Audra Warder.

A memorial service will be held Saturday, December 28, 2024, at 1 p.m. at Campbelltown Church with Pastor Sam Felton officiating.

The losing school's principal will have to wear the opposing team's school colors at the tournament.

"I told them, 'orange is not my color, guys, so you better be getting this figured out,'" Jordan said.

The best part is – the plan is working, and it gives Jordan and Schaffner encouragement to think of new programs to continue the upswing in attendance.

"To know that ours was the highest in the county for the first nine weeks – that was exciting for us to find out because we didn't really start this until the end of the first nine weeks," Jordan said.

"Now we're seven weeks into doing this. It kind of energizes me to continue to think of different things."

"I went to the attendance conference with Julie Shiflet and Phillip Anderson was there [from Marlinton Elementary School], Missy Hill from Marlinton Middle and Lois Wilfong from the high school," Schaffner said.

"It gave me a lot of ideas to try to implement."

"Little, simple things that can make a big difference."

# The Gift in the Manger

by Dawn Reed

I can't stop thinking about that first Christmas morning.

Mary and Joseph must have been exhausted, mentally and physically. So much had happened: an unexpected pregnancy, the disbelief-at first-of Joseph, a long trip to Bethlehem to pay taxes, no room in the inn, unexpected guests.



Dawn Reed

precious treasure to save mankind? I love all y'all, but I wouldn't give my son up for anyone.

This Christmas, as we open our presents, let's also ponder and cherish the priceless, magnificent Gift in the manger.

"For God so loved the world, He gave His Only Son, that whoever believes in Him will not perish, but have everlasting life," John 3:16. Amen and amen.

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## Calendar, from page 4

**Marlinton Church of Christ, Lakeview** – Sunday School 9:45 a.m.;

Worship 10:45 a.m. and 6 p.m. Wednesday Bible Study 7 p.m.

**New Vision Praise and Worship**, 215 Fifth Street, Marlinton – Praise and Worship 10 a.m.; Preaching and Teaching 11 a.m.

**Trinity Baptist Church, Rt. 219**

Buckeye Hill – Sunday School 10 a.m.; Worship 11 a.m.; Wednesday Bible Study 7 p.m.

**Marlinton Church of God, Beard Heights** – Sunday School 10 a.m.; Worship 11 a.m. Wednesday Night Bible Study 5 p.m. Book of Revelation.

## Fun, from page 1

"My wheels started turning and then he said 'whatever you're putting out there is what everybody is going to focus on, so think about what you're putting out there,'" Jordan said.

The first change made at GBEMS was to the bulletin board at the main entrance. It was removed and replaced with paper thermometers for each class to measure attendance.

The thermometers are used for a friendly competition Jordan and Schaffner set up as part of the attendance incentive.

"We have a grade level competition and it's just their overall percentage of attendance for the week," Jordan said. "There is a trophy – it's a traveling trophy that goes from class to class."

"First thing Monday morning when they're walking by – we have a little paper cup we put by the thermometer – so they know who is going to get the trophy," she added.

Students are so eager to win the cup each week, some have started encouraging fellow classmates to attend and try to make sure everyone is at school.

Jordan said she has had to assure students many times that excused absences – such as doctor's appointments – do not count against them in the competition.

In addition to the weekly class trophy competition, there are also other activities to recognize improvement and the school's overall attendance.

"For instance, yesterday, we had six grade levels that were all here," Jordan said. "We only had five students in the whole school absent which is probably a tie for our lowest number in a day. I

recognized all the grade levels that had a hundred percent attendance. We give shout outs to individual students – and have an announcement for behavior and attendance."

There are also short breaks mixed in when a big attendance goal has been met. Since attendance is at-tendance, Jordan will get on the loudspeaker and announce a dance break at 10 a.m.

"We also want to recognize growth and improvement," Jordan said. "Our eighth grade was down in the upper 80s, which was really low and every week since we really started focusing on this, they first went to 93 and now they have been 96 or higher every week."

The attendance programs are working and the school not only improved but had the highest attendance percentage for the first nine weeks in the entire county – a fact made obvious by the sign planted right outside the main entrance at the school.

Adding to the competition and recognition, Jordan and Schaffner are working on communication about attendance – with students, staff and parents.

"We reached out to our kids with the most absences who are chronically absent," Jordan said. "We're working on the fly – we want it to be more parent friendly and offer suggestions and reminders of those things instead of it being punitive and automatically talking about truancy."

Getting everyone on board has made a difference, and

the incentives have really helped, too.

The school has now connected the Positive Behavior Individual Support System – PBIS – to attendance and are rolling out a new incentive that is individual based.

"The last piece that we've just added is we have our PBIS program set to roll out after Christmas break," Jordan said. "It's three-fold – academics, attendance and behavior. We decided to do a little trial run this week and next week and have a movie and popcorn the last day before Christmas break."

Students who have improved their academics, attendance and behavior during those two weeks will enjoy a movie and popcorn that day.

The students are also getting involved with promoting attendance incentives through the school newsletter which is sent home to all parents and families.

"It's a student-driven newsletter and they have asked if they could do an article about our change," Jordan said.

"We have dedicated a page or two strictly for attendance," Schaffner added.

The attendance incentives have grown so much that they are now including friendly competition with other schools in the county.

"I saw an idea that two other counties did during football season," Schaffner said. "One of our biggest events of the year for our middle school is the county basketball tournament. We talked to Nebraska Scotchie

She

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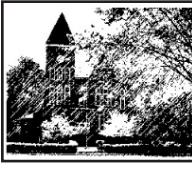
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her



# Preserving Pocahontas

B. J. Gudmundsson, Preservation Officer

Preserving Pocahontas ~  
Pearl Ward Collection

Tim Walker  
AMR Reporter

2016 interview with BJ  
Gudmundsson, Historic  
Preservation Officer

"Pearl Carter Ward was a schoolteacher here in Pocahontas County" BJ said. "She was one of the first class of three to graduate from Edray District High School —which went on to become Marlinton High School. Pearl went to college, got her teaching degree and came back to Pocahontas County to teach, and taught at a lot of the schools around the county."

Pearl's mother was Levia Gibson, originally from the Elk community near Elk Mountain. Pearl's father, Marvin Carter, who was originally from Onoto near Edray, was a businessman who founded the Valley Hotel in Marlinton around 1900. The hotel was near where the 4th Avenue Mason Jar now stands. The Carters later built a huge house off Route 39, now known as the Pearl Carter Ward house. Pearl ended up living alone in the house after both her

parents and her husband died until she died in the late 1990s.

Preserving Pocahontas recently received permission to recover boxes and boxes of important historical documents and photos from the Pearl Carter Ward house.

"In that collection of stuff were ledgers — the old big heavy ledger books" BJ said. "One of the first ledger books that I opened was the guest registry for the Valley Hotel in its first year of operation. It was absolutely fascinating, there were all sorts of names that we all recognize; people that nobody recognizes; parties of people that would come and they would sign the book and they were there just to sit down and have dinner together; people that were coming here to do business in Marlinton — coming in on the train — politicians, all sorts of people and, of course, they stayed at the Valley hotel because it was right there."

BJ points out that finding the Valley Hotel records settled a debate about the existence of the hotel.

"(It was) absolutely fascinating to find this record of the Valley Hotel — this place

that nobody remembered; this place that everyone said 'oh, it wasn't here' BJ said.

Pearl's father also shipped items and even opened a store. Records from these shipping transactions and store merchandise were also found in the house.

BJ talks about a local person whose name appears often as a guest at the hotel.

"One that sticks out in my mind — and there are a lot of people in Pocahontas County who still remember him — and that was Doctor Jim Price," BJ said. "They called him Doc Jim. He was a brother to Calvin W. Price, who was the editor down at *The Pocahontas Times*.

"Doc Jim lived on a farm up at Edray, and his medical office was upstairs in the old Bank of Marlinton Building — the building that burned. It's very interesting that Doc Jim's name pops up a lot in the book. Maybe he was there for dinner, but he popped up a lot as an overnight guest, and it was always in the winter."

"And, I would guarantee you that if you had access to old weather records you would find out it was because the weather was bad and he couldn't get home."

promptly, and the building was saved.

Not a little damage was done to the house and contents by fire, smoke and water. The loss is fully covered by insurance.

## TANNERY HOUSE BURNED

About noon Sunday, the home of Henry Knapper, who lives in a tannery house, got on fire. It burned so rapidly that Aunt Susan Graves, an aged colored woman, had to jump from an upstairs window. She was painfully burned about the head and on her hands, and is in bed from the shock.

The contents of the home were destroyed, the family saving only the clothes on their backs. There was no insurance.

## ANOTHER FIRE

The third fire alarm for the week sounded Tuesday morning. Smoke was coming from the second story windows of the Temporary Courthouse building. A bed in apartments occupied by Mrs. E. W. Cochran was found to be on fire. An electric iron with the current turned on had been left in the bed. The damage was not great.

## WEDDING

At the residence of the bride's parent, on the 22nd day of December 1924, Miss Margaret Randolph Price, younger daughter of Mr. and Mrs. Andrew Price, was married to Prof. R. L. Hoke, principal of the West Monongalia High School in Marion County.

## BIRTHS

Born to Mr. and Mrs. Leonard Boone, at Buckeye, a daughter.

Born to Mr. and Mrs. William Bowers, of Minnehaha Spring, a son.

Born to Mr. and Mrs. Warwick Scott, of Seebert, a daughter.

# Seventy-Five Years Ago

Calvin W. Price, Editor

Thursday,  
December 29, 1949

## TO CHICAGO

For the National 4-H Club Congress

By Moffett McNeil, Jr.,

Friday, November 25, I left Hillsboro, riding with Mr. McKenzie, of Princeton, who was taking his daughter, Peggy, to Morgantown, where we were to meet for the trip to Chicago.

We rode from Morgan-

town to Connellsville, Penn-

sylvania, in cars, catching

the train there at 11:05 p.m.

We rode all night and the

next morning I had my first

new experience — eating a

meal on a train. We arrived

in Chicago about 9 a.m. on

Saturday. ... On Sunday we

were free to go to the church

of our choice. All West Vir-

ginians went to the Chicago

Temple (1st Methodist), the

world's tallest and Chicago's

oldest church...

Our Club Congress was held in the Stevens Hotel, one of America's finest. It has 3,000 rooms and is 25 stories high. There were around 1,500 4-Hers besides 300 guests and leaders in at-

tendance...

We were provided with some of the best entertain-

ment of the world, among

which were Jimmy Dorsey's

Band, Gene Autry; James

Melton with Julia Galbreath;

Coleman Clark, world table

tennis champ... We also saw

some great people of the

sports world, such as Ted

Williams, Johnnie Lujac and

Babe Didrickson Zaharias.

Some of the interesting

places we saw and visited

were the Art Institute; Mu-

seum of Science and Indus-

try; Marshall Field Depart-

ment Store; Trianon Room;

Shedd Aquarium; First Na-

tion

Mr. and Mrs. Clark Baxter

announce the marriage of

their daughter, Betty Eliza-

beth, to Austin Barlow, Au-

gust 30, 1949, at the

Lewisburg parsonage.

---

Mr. and Mrs. Charlie J.

Taylor, of Dunmore, an-

nounce the marriage of their

daughter, Zula Gay, to Mar-

tin Lee Taylor, son of Mr.

and Mrs. Andy W. Taylor,

also of Dunmore.

---

**BIRTHS**

Born to Mr. and Mrs. Led-

ford McCarty, a daughter,

Ellen Marilyn.

Born to Mr. and Mrs.

Elmer Brock, a daughter,

Brenda Lee.

Born to Mr. and Mrs. For-

rest Lee McLaughlin, a son.

Born to Mr. and Mrs.

Ralph Nottingham, a son,

Kenneth Carl.

---

Alva Brant Carpenter

passed away Friday, Decem-

ber 9, 1949. On December 5,

1936, he was united in mar-

riage to Ruby Carpenter. To

this union three children

were born: Roy, Caroline

and Tommy. Funeral service

was held in the Methodist

church with burial in the

Dunmore Cemetery.

---

Jack N. Fleshman, aged 29

years, and his wife, Retha

Roxana Fleshman, aged 28

years, of Anjean, were fat-

ally injured in an automo-

bile wreck at Cedar Grove

December 18, 1949. They

were on their way to visit

and take Christmas presents

to their nine year old daugh-

ter, Joan. The little girl is a

polio patient at Marmet Hos-

pital. Mr. Fleshman was

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Mr. and Mrs. Andrew Fles-

ham. He attended Marlinton

High School...

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Moses Underwood, aged about 72 years, died in his

sleep at his home on Beaver

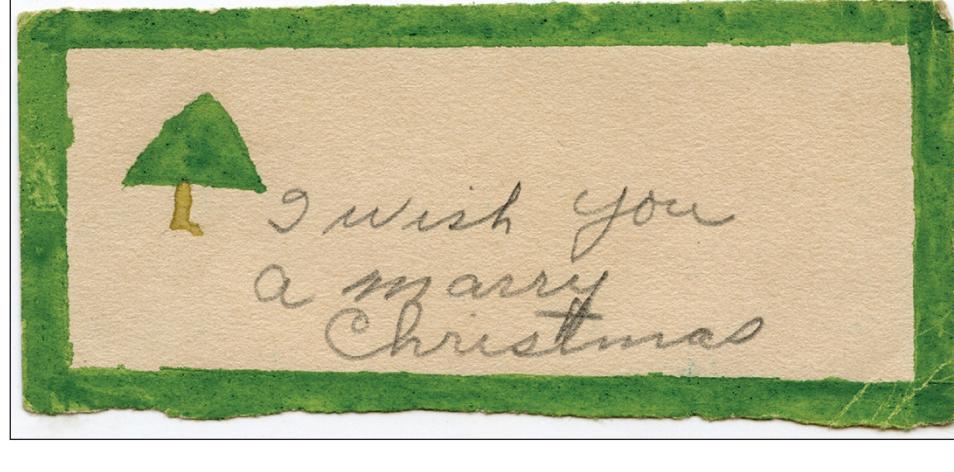


# Preserving Pocahontas

*B. J. Gudmundsson, Preservation Officer*

# **Merry Christmas and Happy New Year!**

**THIS YEAR'S CHRISTMAS** wish comes from Grover (last name unknown) who was a student at Cass Grade School in 1931. It is a hand-made card measuring 4 1/2 x 2 inches with a green water color tree and border. Grover's card was for his teacher, Miss Pearl Carter. Preserving Pocahontas wishes you and yours a Merry Christmas and Happy New Year. (Preserving Pocahontas Archives, Pearl Carter Ward Collection; ID: PHP007580)



Photographs in the Preserving Pocahontas Digital Library may be found at [www.pocahontaspreservation.org](http://www.pocahontaspreservation.org) or [www.preservingpocahontas.org](http://www.preservingpocahontas.org)

If you have photographs or documents to be scanned for the county Historical Archive contact Preservation Officer B. J. Gudmundsson at 304-799-3989 or email [info@pocahontaspreservation.org](mailto:info@pocahontaspreservation.org). Prints of photographs from the archives are available.

# Scholar Menus

Fri

nees

muffin and fruit. Chicken tenders with dipping sauce, sweet potato fries, California vegetables, whole grain soft pretzel rod, fruit cup and	Chicken and broccoli vegetable stir-fry, seasoned brown rice, whole grain breadstick, fresh carrots, fruit cup and milk.
<b>Time:</b> 6	Mixing white horehound

## **page 5**

chromosomes], cardioprotective [protective of heart and arteries], vasorelaxant [increases blood flow], gastroprotective [protect the stomach from gastric mucosa damage], antispasmodic [relax muscles], immunomodulating [regulating immune system], antioedematogenic [prevent or reduce swelling in tissue], analgesic [pain relief], and antidiabetic properties [help with diabetes]."

with marshmallow root makes a wonderful home-made cough drop that we have been using for years.

other remedies for using resources at hand; far too many to cover in one article. I encourage everyone to do their own research, REAL research. Do not rely on social platforms and blogs.

the new ones, look up medical research papers from around the world, read historical documents while they are still available, and join local real people groups for sharing knowledge.

*3 p.m. Friday for the  
January 2 edition*



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**LEGAL ADVERTISEMENTS****LEGAL ADVERTISEMENTS****LEGAL ADVERTISEMENTS****ADMINISTRATION TO CREDITORS,  
DISTRIBUTEES & LEGATEES**

Notice is hereby given that the following estate(s) have been opened for probate in the Pocahontas County Clerk's Office at P.O. Box 209, 900 Tenth Avenue, Suite C, Marlinton, WV 24954-0209. Any person seeking to impeach or establish a will must make a complaint in accordance with the provisions of West Virginia Code 41-5-11 through 13. Any interested person objecting to the qualifications of the personal representative or the venue or jurisdiction of the court, shall file written notice of an objection with the County Commission within 60 days after the date of the first publication or within 30 days of the service of the notice, whichever is later.

If an objection is not filed timely, the objection is forever barred. Any claims against an estate must be filed within 60 days of the first publication of this notice in accordance with West Virginia Code 44-2 and 44-3A.

Settlement of the estate(s) of the following named decedent(s) will proceed without reference to a fiduciary commissioner unless within 60 days from the first publication of this notice a reference is requested by a party of interest or an unpaid creditor files a claim and good cause is shown to support reference to a fiduciary commission.

**First Publication Date: Thursday, December 19, 2024**

**Claim Deadline: Monday, February 17, 2025**

**ESTATE NUMBER: 14696**

**ESTATE OF: SAMUEL SHERMAN GIBSON II**

**EXECUTOR:** Gregory Hamons  
818 Callison Road  
Hillsboro, WV 24946-8542

**ESTATE NUMBER: 14712**

**ESTATE OF: PEGGY ANN MCCARTY**

**CO-EXECUTRIX:** Christine S. Puffenbarger  
P. O. Box 442  
Marlinton, WV 24954-0442

**CO-EXECUTOR:** Ricky Lee McCarty  
87 Old Route 39 Road  
Marlinton, WV 24954-5855

**ESTATE NUMBER: 14713**

**ESTATE OF: ZONA LEE HOOVER**

**EXECUTOR:** Roger Ober  
324 Beaver Creek Road  
Marlinton, WV 24954-5918

**ESTATE NUMBER: 14714**

**ESTATE OF: RICKY EUGENE MILLER**

**EXECUTRRIX:** Donna Solliday Miller  
1428 Seebert Wilford Road  
Marlinton, WV 24954-9735

**ESTATE NUMBER 14715**

**ESTATE OF: LANCE AUSTIN EADS**

**ADMINISTRATRIX:** Jasmine Shearer  
1423 Stamping Creek Road  
Hillsboro, WV 24946-8785

Subscribed and sworn to before me on December 13, 2024.

Melissa L. Bennett  
Clerk of the Pocahontas County Commission

12/19/2c

**NOTICE OF ANCILLARY FILING  
WITHOUT ANY ADMINISTRATION****TO CREDITORS, DISTRIBUTEES AND LEGATEES**

Notice is hereby given that the following foreign will or affidavit of heirs has been filed in the Pocahontas County Clerk's Office at 900 Tenth Avenue Suite C; P. O. Box 209, Marlinton, WV 24954-0209.

An interested person(s) objecting to the filing of the foreign will or affidavit or objecting to the absence of appointment or administration being made in this state must file a statement with the Pocahontas County Commission through the County Clerk's Office at the address listed above within 60 days after the date of first publication or 30 days of service of the notice, whichever is later. If an objection is not timely filed, the objection is forever barred. The Pocahontas County Commission, upon receiving any timely objection thereto, shall schedule a hearing or hearings thereon and order relief, if any, it considers proper including, but not limited to, an order directing that full and complete ancillary administration of the estate of the nonresident decedent be made in this state.

**ESTATE NAME: FRANKLIN JAY WIDNEY II**

P. O. Box 511  
Huddleston, VA 24104-0511

**ANCILLARY ADMINISTRATOR:**  
Doreen Widney  
P. O. Box 511  
Huddleston, VA 24104-0511

Subscribed and sworn to before me on December 16, 2024.

Melissa L. Bennett  
Clerk of the Pocahontas County Commission

12/19/2c

**POSITIONS AVAILABLE**

The Pocahontas County Commission is accepting applications for the following part-time and full-time positions for Pocahontas County Ambulance:

**West Virginia Certified EMTs  
West Virginia Certified Medics**

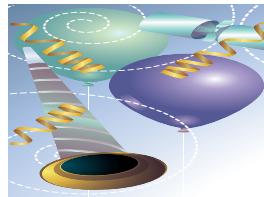
Please contact Commissioner John Rebinski at 304-456-3244 or the Pocahontas County Clerk's Office at 304-799-4549 for an application.

**The deadline to receive applications will be December 31, 2024.**

EOE

12/12/3c

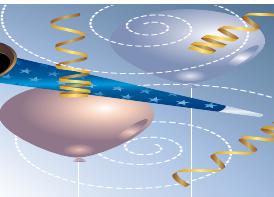
12/19/2c



## Early deadline for the January 2 edition of The Pocahontas Times is Friday, December 27, at 3 p.m.

The Times office will close at 11 a.m. on Tues., Dec. 31, and be closed Wed., Jan. 1 for New Year's Day.

*The January 2 edition will be available at vendors on Tuesday, December 31*



## Wassail, from page 3

In Colonial America, many of those who had orchards continued to anoint their apple trees with wassail to ensure a good apple harvest. It may have been incorporated into Christmas celebrations.

Today, some Americans still enjoy a variation of the wassail tradition by sharing a cup of wassail with family and friends.

### Wassail Recipe

Wassail is cider punch, usually, but not necessarily, containing "hard" cider and brandy, and always served piping hot.

Ingredients:  
4 cored apples  
Brown sugar, to fill the cored apples  
1/2 cup water  
2 oranges, halved  
20 whole cloves  
5 cups apple cider (or 11 total cups of apple cider for non-alcoholic wassail)  
48 oz. hard cider (omit for non-alcoholic wassail)  
1 cup brandy (substitute

with orange juice for non-alcoholic wassail)

1 tbsp. ground ginger (or 1-inch piece, fresh)

1 tsp. ground nutmeg

2 cinnamon sticks more for garnish, optional

Toast, for serving (optional)

Directions:

Preheat the oven to 350 degrees.

Using a melon-ball, gently core apples.

Fill apples with brown sugar, keeping it loose and filling it to the top. Place apples upright in a baking dish and pour the water into the bottom of the dish. Bake 40-45 minutes until the apples can be pierced with a fork, but not so soft that they are mushy and falling apart.

In the meantime, pierce the peels of the orange halves with cloves, 5 cloves to each half.

Pour the apple cider, hard cider and brandy (or non-alcoholic substitutes) into a large non-reactive pot (e.g. stainless steel, enamel or pyrex). Stir to combine. Choose a vessel suitable for serving the wassail, to retain the heat.

Over low-medium heat,

gently stir in spices and cinnamon sticks. Add the orange halves, cloves side down. Simmer gently for an hour. Do not let the contents boil, which will cause evaporation and create a syrupy consistency.

Using a slotted spoon to remove the cinnamon sticks and oranges and set them aside for later.

Strain the wassail to remove the particles of cloves and spices. If planning to serve in the cooking vessel, strain the wassail into another pot for a moment and immediately pour back into the cooking vessel to keep warm.

Gently add the baked apples and stir gently. Add back the cinnamon sticks and the orange halves.

Serve in a mug or heat tolerant punch glasses. Garnish with a cinnamon stick, if desired.

Your home will be filled with the irresistible aroma of wassail.

Toasted the apple trees that provided the cider and don't forget to enjoy the delicious baked apples soaked in wassail.

## History, from page 7

Works on Mossy Creek, Augusta County and lived there until manhood.

He married Mary Curry, who was born June 1794. Upon leaving Augusta county soon after his marriage, he settled on Back Creek near the Brick House at the mouth of Long Draft. They were the parents of ten children, seven sons and three daughters. ...

In the leadings of an all-wise Providence, Edward Irvine's lot fell to him in a

sparingly populated country.

The type of the religion he inherited in Scotland and the north of Ireland tended to blend in personal character, indomitable industry, wise provision and satisfying comfort, and the ideal of his endeavors was to have a home of his own amid fields and meadows. Of such homes an eloquent writer says: "The homes of our lands are its havens of peace; its sanctuaries of strength

and happiness. Hence come those principles of probity and integrity that are the safeguards of our nation. Hence emerge those devoted sons of the soil, the true citizenship of our loved country..."

(4). Beloved  
Agatha Christie (3). Hunt-  
(1). Schindler's List (2).  
TRIVIA ANSWERS:

[pocahontastimes.com](http://pocahontastimes.com)

## Mayor's, from page 4

entities will have to agree the project makes sense, is doable, and has a grant opportunity that fits, before funds will be available.

Here is where the MFTP grant-writer shines. Trust

her. She is very deliberate and specific in her approach to fulfilling an application. That is why she has been so successful. She understands the process and will not risk her own credibility by being hurried through the process without all the information. It is not just about filling out paperwork – it is actually about receiving the award.

The goal will be to leverage each dollar to the maximum amount.

Stronger Towns for a Stronger State.

"Rising tides raise all ships."

Happy New Year ~ Help is on the way.

Sam

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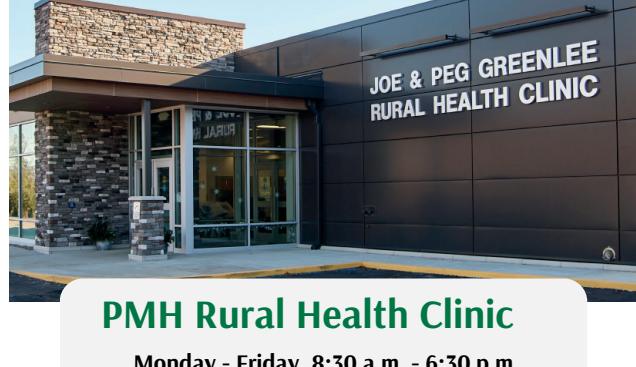


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- In-County ~ \$35 • In-State ~ \$45
- Out-of State ~ \$45 • Online only ~ \$29
- Print and Online ~ \$59

Call 304-799-4973 or email  
[jsgraham@pocahontastimes.com](mailto:jsgraham@pocahontastimes.com)



### PMH Rural Health Clinic

Monday - Friday, 8:30 a.m. - 6:30 p.m.

Closing at 1 p.m. on Christmas Eve; closed Christmas Day and New Year's Day!

Call 304-799-6200 to make an appointment.

- Pediatrics and Well Child Care
- Sport/School Physicals
- Family and Internal Medicine
- Sick Visits - Adult and Children
- Women's Health Services
- Chronic Disease Management
- Immunizations
- CDL/DOT Physicals
- Child Psychiatry
- Behavioral Health Services
- Podiatry - monthly specialty clinic

### PMH Snowshoe Clinic

Tuesdays & Thursdays, 8: a.m. - 3 p.m.

Closed on Christmas Eve and Christmas Day.

Accepting new patients - Call 304-799-1072.

Located in the Inn at Snowshoe,  
565 Cass Road, Slaty Fork.



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## Happy New Year!

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your loyal  
support and  
friendship.  
Best wishes  
to all our  
friends and  
customers!

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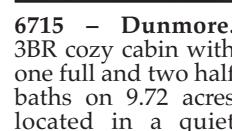
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LISTING**

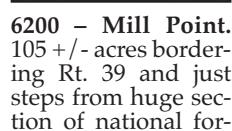


6736 – Lewisburg. 1.5-acre private wooded lot. End of the lane location waiting for your dream home. Just 11 minutes from the charming town of Lewisburg with its top notch dining and shopping. – \$54,000

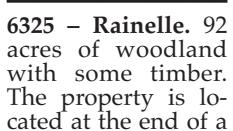
## MORE LISTINGS



6715 – Dunmore. 3BR cozy cabin with one full and two half baths on 9.72 acres located in a quiet wooded area. Steps from state forest and near Greenbrier River and Trail. – \$495,000



6200 – Mill Point. 105 +/- acres bordering Rt. 39 and just steps from huge section of national forest. Nice mountain views. Near Cranberry Glades and the Highland Scenic Highway. – \$235,000



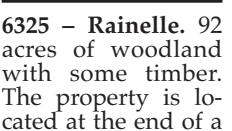
6325 – Rainelle. 92 acres of woodland with some timber. The property is located at the end of a peaceful farm valley and backs up against the Meadow River Wildlife Management Area. – \$255,000



6673 – Hill Country. 2-3BR/2BA quality built home with basement on 8.05 acres. Quiet country setting. Three bay garage with 10' RV bay. Large garden area. Small orchard. – \$299,000



6672 – Huntersville. Beautiful 3BR/2BA home on 27 +/- rolling acres. Majority is woodland with 1.5 acre pasture. Spacious home with additional family room / sunroom. – \$269,000



6671 – Marlinton. 3BR/2BA home in close proximity to all Pocahontas County has to offer. Town living. Great starter, vacation or permanent home. – \$92,000



6716 – Rainelle.

1BR/1BA newer, tiny, elevated home. – \$19,500

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Oak Hall, Broker

Sales Associates:

Kathy Owens, Lisa Circle,

Kathryn Stauffer

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