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The Calhoun Chronicle

The Grantsville News

"Good Government, Pure Homes and Godly Hearts"

Thursday, June 20, 2024

Calhoun County Since June 12, 1883

## Summer in the city; summer in the country

Grantsville, West Virginia 26147

Now that we have turned the calendar to summer (officially it will be Thursday, June 20, 2024, at 4:50 pm EDT in Charleston) we have entered the doldrum period for Calhoun County.

In the country the gardens have all been tilled and planted (except for some late crops such as turnips) and all that needs to be done now is weeding while in the fields the first cutting has been done and we just need to wait for the second cutting.

We're hoping for rain but no derecho like we had a few years back.

Meanwhile in the city (Grantsville) people are sitting back and watching one store (Napa) in the midst of adding new garage and storage facilities while wondering what will happen with the closing on Jen's Grantsville location and Dollar General's future in town.

Other than that, it is the proverbial 'watching paint dry" time of the year.

Still there are things to do this summer in Calhoun County.

First up is the Extreme Tour 2024 which starts in downtown Grantsville on June 23rd (Saturday) at 6 p.m. and features at least 23 different musical acts. The tour will be in Grantsville through June 26th and is free to the public.

Following that will be a celebration at the Calhoun County Park on June 29th when UTV/ATV racing events will be held starting at noon. There will also be

children's rides, food vendors, musical acts including Will Freed, John Richards and the Johnny Staats Project and a large fireworks display.

Then on July 6, the 2024 All-Class Alumni meeting will be held at Calhoun Middle/High School with registration starting at 9 a.m.

So far 170 people have signed up for the

To go along with the major events there will be summer camps, church Bible schools. Sports camps and the start of summer training at CMHS for the upcoming athletic seasons once school starts in

Once upon a time there were several

summer gathering spots in Calhoun County including a drive-in theater. Now there are not so many. But there is a world class swimming pool in Grantsville on the Avalon campus (the original Calhoun County High School) and next year there will be many more gathering spots at that loca-

And there may be more storefronts including restaurants to attract people to the area and give the people living here someplace to go.

Until then we can watch what we have and wonder if Dog Days will set in wet or dry and by then it will be time to harvest the crops and start back to school as the winds of autumn quell the heat of summer.

## How to beat the heat and stay alive

Whole Number 7058

EDITOR'S NOTE: With temperatures across Central West Virginia being extremely high (mid-90s) we felt it prudent to obtain some safety guidelines. We obtained these guidelines from the Yale School of Medicine.

Courtesy of Yale Medicine

A sweltering summer day can do more than make you hot and irritable. Heat is the number one weather-related killer in the United States, accounting for more than 700 deaths each year. And now there's the threat of "extreme heat," when temperatures are much hotter and last longer—plus, there is often more humidity in the air.

All of this impacts your health, from making you feel sluggish to putting you at risk for such serious conditions as heat stroke.

"When temperatures soar, steps like drinking enough fluids and heading to an air-conditioned location can be critical to avoiding serious health emergencies," says David Della-Giustina, MD, a Yale Medicine emergency medicine specialist with expertise in wilderness medicine. "However, if you take appropriate action, you should be fine."

The summer of 2023 was the hottest summer on record, according to independent calculations by both NASA and the National Oceanic and Atmospheric Administration. The Centers for Disease Control and Prevention (CDC) issued multiple public health alerts related to the rising temperatures.

In April 2024, the CDC published a study that showed emergency department visits for heat-related illness surged in 2023 compared to the previous five years, based on data collected from health care centers around the country. The study cited almost 120,000 recorded visits to emergency departments for heat-related complaints, more than 90% of which happened between May and September, according to the study. The patients included more men than women, and more adults ages 18 to 64 compared to other age groups.

Below, Dr. Della-Giustina discusses extreme heat and how we can stay safe this

#### 1. What is extreme heat?

Extreme heat is defined differently by two U.S. government agencies. It's considered a period of two to three days above 90 degrees Fahrenheit (according to the U.S. Department of Homeland Security), or summertime temperatures that are much hotter and/or humid than average (according to the CDC). Under the latter definition, an extreme heat temperature varies depending on geography, since a particular location's average temperature at a given time of year may be different than another's.

In addition to the temperature, experts consider the "heat index," a measure of how hot it feels when air temperature is combined with relative humidity. "It's the combination of heat and humidity that stresses the human body," Dr. Della-Giustina says, explaining that when humidity rises, sweat doesn't evaporate as quickly. As a result, the body is unable to release heat efficiently.

When the temperature outside reaches about 90 degrees, the body's ability to offset body heat dissipates, Dr. Della-Giustina adds. "That's where the heat index becomes important because if it's very humid and 85 degrees—but it feels like 100 degrees-you may not be able to offload your heat, which can lead to heat illness,"

#### 2. What is heat illness?

Hot weather can limit the body's ability to cool itself, leading to dehydration in as little as half an hour. It can also lead to heat illness, an umbrella term for a range of conditions, including heat rash, heat cramps, heat exhaustion, and heat stroke, as well as damage to the brain and other organs in serious cases. Here's more on

**Heat rash:** When sweat is trapped under the skin, red clusters of small, pimplelike blisters can form on such areas as the chest, elbow creases, neck, or groin, creating a stinging or prickly feeling in those

Heat cramps: Painful, involuntary muscle spasms can occur when the body gets too hot.

Heat exhaustion: A more severe form of heat illness, this is the body's response to a loss of water and salt, usually through sweating. It's characterized by heavy sweating; cold, pale, and clammy skin; a fast and weak pulse; nausea; and dizziness, among other symptoms. If it's not treated, heat exhaustion can lead to heat

Heat stroke: This life-threatening illness occurs when body temperature rises to about 104 degrees, and the body loses its ability to adequately cool itself down through sweating, explains Dr. Della-Giustina. Other symptoms include confusion (an altered mental status and jumbled speech); hot, dry skin; vomiting; profuse sweating; seizures; and loss of consciousness. Heat stroke can be fatal if it's not treated right away.

#### 3. Are heatwaves harder on the body than one or two days of hot weather?

Yes. A heatwave, a prolonged period of hot weather, can last more than two days—in recent years, average heatwaves in U.S. urban areas have lasted about four days. This uninterrupted heat can raise the risk of dehydration and deplete the body's electrolytes (essential minerals vital to key bodily functions), making it hard to catch up.

"It's easier for the body to deal with heat for one day; it's much harder when you experience multiple days of heat," Dr. Della-Giustina says. "You don't feel as well and are less inclined to drink more water. You may have a headache and feel lightheaded or nauseated-you may be throwing up. That is when heat illness may progress from heat exhaustion to heat stroke."

#### 4. Are some people at higher risk than others for heat illness?

Anyone can develop heat illness, but two groups are especially likely to end up in the emergency room, explains Dr. Della-Giustina. One is people who work outdoors, such as farmers, utility workers, or construction workers, who may be unable to leave their jobs to move into the

HEAT cont. on page 5

## Woodchuck royalty with the **Wood Festival queens**



Pictured left to right: Josie Lawless (Little Miss Wood Festival), Brystal Shaffer (Preteen), Addison Welch (Queen Flora LXII), Jaeneika Westfall (Miss Wood Festival), London Juftes (Teen), and Evie Stark (Jr. Miss)

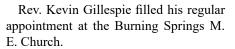


Front row left to right -- Josie Lawless (Little Miss Wood Festival), Alaina McClain (Little Miss Woodchuck from AES), Madelyn McGuire (Little Miss Woodchuck from PHE), Sawyer Justice (Little Mister Woodchuck from PHE), Ethan Morris (Little Mister Woodchuck from AES).

Back Row left to right -- London Juftes (Wood Festival Teen), Addie Welch (Queen Flora LXII), Jaeneika Westfall (Miss Wood Festival), Evie Stark (Jr Miss Wood Festival and Brystal Shaffer (Wood Festival Preteen)

## **CRESTON News**

BY ALVIN ENGELKE PHONE 275-3578



Folks need to keep in mind that the big Creston ATV poker run will be Saturday, June 29. The ride will start out "easy" with folks saying, "Where's the mud?" Be patient and be sure to have working winches, pull straps, chains and cameras to video the "he man holes". The day will start with biscuits & gravy.

The W. Va. State Folk Festival will be June 21 & 22 in Glenville with the banjo & fiddle contests Friday & Saturday afternoons at the college auditorium. This is where one hears traditional music as was played by our ancestors.

A huge crowd was on hand for the Ergon catfish fry in Marietta. There were all sorts of oil men & gassy men [too much flatulence], oily women [but not like Olive Oyl} and lots of regular folks including Brooksville & Creston residents. Barton Lampton came up from Mississippi to oversee the feast. The special secret blend of spices and pure Pennsylvania grade crude oil made for the tastiest catfish and chicken [for the non-fish eaters] ever. Bob Gertz, Clay Cashdollar, Kathy Hill & Sue Colteryahn were among the "local" Ergon Oil folks. Ergon purchases most local crude oil & operates the old Eureka Pipe Line facility at Brooksville.

Hay harvest continues in the area and the coming week is said to be hot & dry. Up in Amish country four horse teams can be seen pulling round bailers through the hayfields. Folks there must also be shorthanded when it comes to physical labor although on one instance some teen age girls were helping put square bales in the barn.

Some claim that "inflation is over" but the 20% or more increase in prices of almost everything has not reversed. Nest month postage takes a 5 cent/letter increased to 73 cents. Older residents remember sending first class letters for 3 cents. Recently, a certified letter mailed on Monday in Bridgeport made it to Creston on Saturday which is now considered "pretty good".

Betty Bish fell the other day in her kitchen and the Creston Homecoming has been moved until August. [Stay tuned.]

Jack Griffin had been very good about taking Debbie out for her daily walk but, alas & alack, she was diagnosed with

Talk continues about the new proposed plandemic with most of the talk about "bird flu". Millions of chickens have been killed and dairy herds are said to be infected. Some feel that the plan is to starve us out by killing off all the critters we like to eat as well as the source of eggs. Seems Bill Gates had a "scientist" working at the USDA Poultry Research lab in Athens Georgia that was doing "gain of function" research on bird flu. Similar research was said to be happening at the Erasmus laboratory

in the Netherlands. There was «escape» from both labs and from the Georgia lab migratory birds were infected which spread the contagion all over the place

There is another bad side effect of the so-called COVID 19 vax. In addition to causing heart problems with young men a study in Denmark determined that, among the vaccinated, here is a 22% decrease in sperm mobility. This adds to the problem in western nations of low fertility and shrinking native populations.

EQT's Mountain Valley Pipeline is said to be now functional taking away 2bcf/day (billion cubic feet) of natural gas from West Virginia to the Old Dominion. Broadway Joe Manchin & other politicians made it a big event. Seems there are those who do NOT want our resources used here for jobs & economic growth. Folks wonder just what Broadway Joe is up to. In last week's Gilmer County paper there were seven (7) press releases from his office as well as a picture of his cousin (A. James Manchin's

Those who want world government announced that the proposed carbon tax is to be used for "universal basic income". This would provide an income for those who do terror rather than work and other "worthies" who feel entitled to be kept by those who work.

The new EPA rules for coal and natural gas electric generating plants would likely close the new Guernsey County Ohio Utica gas fired plant along I-77 that has only been in use for a year. It would not meet the "new standards" set by those who want to rule over us and have us live as medieval peasants having nothing and

It's a long way from Creston but our betters seem to want us all to be in world wars so it is news that the pier built to "take aid to Gaza" had to be towed away to the safety of a port in Israel. No doubt the Big Eared One is not happy.

The price of local Pennsylvania grade crude inched up to \$77.62/bbl. With condensate fetching \$59.62/bbl. & Marcellus & Utica light bringing \$66.62/bbl. Gasolene prices range all the way from \$3.05 to \$3.60/gallon.

Come Join us in Bible School as we

### Travel Back in Time

To visit Jesus as a boy



Pleasant Hill Church

June 28, 2024 from Noon till 4pm

June 29, 2024 from Noon till 6pm

With games and a cookout to follow

## Another hero lost to the ages

By Gaylen Duskey

Way back when Bill Russell the 6-9 Boston Celtics basketball legend explained why he had a disdain for signing autographs by saying something to the effect that people needed to treat parents and teachers and the like as heroes instead of athletes and actors that parents and teachers did more for the person seeking an autograph.

I listened and it made sense and I never have asked for an autograph despite meeting and interviewing a lot of famous and well-known people.

I iust didn't.

But that didn't mean I didn't have heroes because I did.

However, they only become heroes after I got to know them and was able in my mind to assign them a heroic status.

One of those people passed away a few days ago when Jerry West died.

When I was young my heroes were people like football players Bobby Layne and Jim Brown. My baseball hero was Duke Snider, and my basketball hero was Jerry West.

As a journalist and sports writer and editor I go to know those guys and except for Layne being something of a lounge lizard they were all decent people.

But Jerry West was more than decent. He was one of life's good guys always having time for the people he was talking to and never acting any more important than who he was talking to even if that someone was a young sportswriter struggling through an interview.

The thing that set Jerry West apart was that he was from the same poor West Virginia dirt that you were, and he was proud of it. He was from Chelyan and just as proud of being from there as you were proud of being from Hog Knob.

The difference was he worked very hard at basketball and became probably the best player in America. You did not but he never made a big deal of it. There was never any I was great, but you weren't.

He just didn't work that way and because of that he joined my sports "heroes" with such people as Grambling football coach Eddie Robinson, Cincinnati Reds pitcher and announcer Joe

Nuxhall, Northfork High School basketball coach Jennings Boyd and former college basketball coach J.D. Barnett.

All were my heroes and my friends.

I had a great run as a sports writer and editor but honestly the most important thing I came away with from that time were memories of the friends I made.

By the way we have a good sports story this week about what might have been at Calhoun County High School had those who moved away had been here. WHERE WE HOPE TO GO: We are

hoping to bring back some regular features and are working toward that as we We want to have notices of your meet-

ing, seminars, schools church services, cemetery reports, etc. If you are going to have any of those things, please drop us an email at contact@calhounchronicle. And then there are other things that

sometimes go wrong that I am not aware of how to fix yet.

I have had a few calls from people saying, "I didn't get my paper" and to be honest I am not sure how distribution works or how to fix it yet. Way back when if I had got a call from

somebody saying "I didn't get my paper" I would have transferred the call to somebody in the circulation department and they would have handled it.

The same with advertising. Somebody else handled it.

But this is a weekly publication not a daily newspaper and I will need to be more involved. Now I need to find out

But those things will fall in line as will have better and more diverse content as we go. But we need your help so if you have story ideas, things that need to be covered or whatever please go ahead and contact us by an email, and we'll see what we can do.

The answer may not always be positive but at least we will know what is going on and what you feel is important.

I have had many people tell me how important a printed newspaper is to a community. I wholeheartedly agree.

And with your support I think we can make it happen.

### Winners, we got winners lots and lots of winners

The 2024 Calhoun County Wood Festival was held June 6-8 in Grantsville. The 62nd annual event was packed with great entertainment, wonderful food, fun and an opportunity to catch up with old and new friends.

But that was not all as there were many throughout the three-day festival.

## **Top Ten Car Show Winners**

John Smarr – Dodge Charger

Tom Fluharty – 56 Ford F-100 Michael Frederick – 50 Ford F-1 Kevin Hartshorn – 36 Dodge Truck Mike Richards – 21 Ford Coupe Lanny Meadows – 34 Chevy Deon Proctor – 69 Ford Mustang Calvin Wilson – 50 Chevy Truck Jim Parks – 34 Chevy Coupe Jimmy Gregory - 70 Chevy Nova Tim and Lisa Snyder - Won Best of

Show on their Plymouth Road Runner Danny Maxwell – Received the Queens Choice Award on his 59 Chevy

PARADE BEST OVER ALL

Clear Blue Skys PARADE BEST INDIVIDUAL

MELVA STULL, CALHOUN BELLE

**BEST FLOAT** 

CALHOUN LIBRARY

BEST FIRST RESPONDERS

**GRANTSVILLE VFD** WITH

SMOKEY THE BEAR

**BEST VEHICLE** MID OHIO VALLEY JEEP CLUB

#### **5K RACE WINNERS**

Male

Danny (unknown last name) 18:11 Bryon Long – 18:56

Joshua Hixon – 20:22 Gavin Hicks – 21:30

Savannah Cunningham - 22:20 Vada Barnhart – 27:14

Lillian Caldwell - 28:32

Brook Tingler - 29:22

5K Walk

Barb McKown 49:42

Erin Barnhart 53:7

Danielle Wilson 59:1

Breann Tanner

Arm Wrestling

Youth

1-Noah Robinson 2-Aaron Cunningham

11-13

1-Elijah Robinson 2-Justin Cunningham

Ladies right

1-Erin Barnhart

2-Eva Dittmar

3-Barb Siers

Men's NOVICE rt

1-John King 2-Jacob Wagner

3-Hayden Scott

Men's rt154 1- Lawrence Bell

Left

1-Lawrence Bell Men's 176

1-Josh Bunner

2-Lawrence Bell Left

1-Josh Bunner

2- Lawrence Bell

Men's 220 RT

Men's 220 left 1- Scott Agualia

Men's right 220+ 1- Toby Sanchez

2- Bryce Meadows 3-Jacob Robinson

220+ left

1- Bryce Meadows

2- Jacob Robinson 3- Toby Sánchez

#### LETTER FROM THE EDITOR

1) Opinion Editorials (Op-Eds) and Letters to the Editor may contain constructive criticisms, thoughts, and observations based on reliable information. Each submission is reviewed and accepted on an individual basis.

submitting. All submissions are sub-

ject to revision concerning writing me-

2) Discourse should be generally respectful, without profanity, rooted in fact, professionally presented (satire is acceptable), and written by the person

chanics, space available, and accuracy. 3) Editorial staff reserves the right to

contact others concerning the subject matter to balance the presentation of the issue and/or concern. 3) Phone numbers must be included

to facilitate editorial questions and fact-checking processes. Editorials, letters to the editor, press

releases, meeting notices, and announcements can be sent to contact@ calhounchronicle.com.



#### USPS 083200 -- ISSN: 1040-399X INDEPENDENT DEMOCRATIC **NEWSPAPER ESTABLISHED JUNE 12, 1883 Published by Mountain Media, LLC**

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PUBLISHER ..... Michael Showell ADVERTISING ......Debra Smith .....debra@mountainmedianews.com

### **COMMUNITY NOTICES**

Calhoun Civil Air Patrol Squadron holds weekly meetings on Tuesday at 6:00 p.m. at 413 High Street Grantsville, WV.

The First Baptist Calhoun Food Pantry on Route 5 E outside of Grantsville is a non-profit food pantry open on Tuesdays and Thursdays from 11:00 a.m. to 1:00 p.m.

Community Resources Incorporated (CRI) Food Pantry: Mon.-Fri., 7 a.m.- 4 p.m., with free USDA commodities to those who qualify (food pantry only) on Court Street.

Upper West Fork Park meetings are held on the second Tuesday of each month at 6 p.m.

Calhoun County Park, a Night Sky Park, is always open - except for a special occasion or event that requires closing of the gate. The park board meets the 1st Thursday of every month at 6 p.m. in the park's "barn."

Calhoun County Historical Society meets at the Family History Center Museum (former Quality Shop) on Main Street on the second Thursday of each month

Calhoun County Library hours are Mon., Wed., and Fri., 8 a.m. to 3 p.m., and Tue. and Thur., 10 a.m. to 6:30 p.m. Online 24 hours at https://calhouncountylibrary. org/.

The Cabot Recycling Station buyback program is held on Tuesdays, Thursdays from 8:00-4:00, Saturdays from 8:00-12:00 west of Grantsville on Rt. 5. Tire collection is held the third Friday of each month, 10 a.m. to 2 p.m. Car, ATV, and light truck tires, 16 inches or less accepted, with a limit of 10 tires per person free of charge. Tires on wheels not accepted. Calhoun resident tires only.

The West Central Beekeeper's Association meets at the old Arnoldsburg Elementary School, Spring Run Road Arnoldsburg, WV (Calhoun County), on the fourth Saturday of each month at 1:00 p.m.

Minnora Methodist Mission Thrift Shop is open Mon & Wed 10 a.m. -4 p.m., Fri 10 - 1, providing affordable clothing and household items.

The Welfare of Animals Group (WAG) can assist low-income Calhoun County homes with 50% of their cat or dog spay/neuter fee. For information call 354-7042. Donations of dry cat food can be dropped off at Calhoun County Library, Grantsville.

The Grantsville Pickleball Club plays on Tuesday and Thursday nights in the Town Park at 7:00 p.m., weather permitting.

For information on 12-Step Recovery Meetings and resources please contact the Calhoun FRN at 304-354-7177.

Mark your calendars for Heartwood in the Hills Homecoming on September 21, 2024 honoring 42 years of Celebrating the Artist in Every Person.

Lion's Club Bingo is held in the Lion's Club Building, 103 Stump St., Grantsville, on the first and third Saturdays of each month at 6 p.m.

Little Kanawha Calhoun Bus Schedule: Monday through Friday – Service within Grantsville city limits. Monday - Service to/from Annamoriah and Creston along Route 5 East/West. Tuesday - Service to/from Millstone, Arnoldsburg, Westfork, and locations south. Wednesday – Central county service to/from Mt. Zion, Russett, and Stumptown. Thursday – Roundtrip service along Route 16 North including Pleasant Hill, Nobe, Broomstick, and Big Springs. Roundtrip service from Grantsville to Parkersburg. Service between counties is available Monday-Friday to/from Grantsville. Call Toll-Free: 866-354-5522.

#### **County Farmer's Markets**

Calhoun County Farmer's Market, Upper West Fork Park, Chloe. Wednesdays 9 a.m.-1 p.m.,

Arnoldsburg Farmer's Market, West Fork Park, Arnoldsburg. Fridays 2 p.m. – 6 p.m.

Berea Gardens Drive Thru Farmer's Market, Berea Gardens, Minnora. Wednesdays 4 p.m. – 6 p.m.

Grantsville Farmer's Market, Season details not yet available.

To add your community service information to this listing email contact@calhounchronicle.com.



Contact: Stan Bumgardner • <u>bumgardner@wvhumanities.org</u> • 304-346-8500

The following events happened on these dates in West Virginia history.

To read more, go to e-WV: The West Virginia Encyclopedia at www. wvencyclopedia.org.

June 20, 1861: Francis Pierpont was unanimously elected governor of the pro-Union Reorganized Government of Virginia, which sat at Wheeling until West Virginia entered the Union two years later.

June 20, 1863: West Virginia became the 35 th state. Arthur Boreman was the state's first governor.



June 20, 1932: The West Virginia capitol was officially dedicated. Construction had begun in 1924.



June 20, 1963: On the 100th birthday of West Virginia, President John F. Kennedy made his last appearance in West Virginia. Speaking in Charleston in a pouring rain, he said, "The sun does not always shine in West Virginia, but the people always do."

June 20, 1970: The play Hatfields and McCoys opened at Grandview State Park amphitheater. Written by Billy Edd Wheeler with music by Ewel Cornett, the show joined Honey in the Rock as a regular summer offer-

June 21, 1920: Wheeling Steel Corporation was organized when La Belle Iron Works, Whitaker-Glessner Company, and Wheeling Steel & amp; Iron Works combined. In the 1920s, Wheeling Steel employed more than 17,000 workers and ranked as the nation's third-largest steelmaker.



June 21, 1959: Musician Kathy Mattea was born in South Charleston but grew up in nearby Cross Lanes. She rose to country music stardom in the 1980s. Since 2021, she has hosted the Mountain Stage radio program.

June 22, 1926: Earl Olgebay died in Cleveland. He was one of West Virginia's most successful industrialists and a generous benefactor.



June 23, 1944: A tornado struck Shinnston and the surrounding area, killing 103 people and injuring hundreds more.



inches of rain fell in a 12hour period. The Meadow, Cherry and Elk rivers, as well as Howard Creek, flooded downtowns and The Greenbrier resort. killing 23 people. June 24, 1842: Author

Ambrose Bierce was born. Bierce found the setting for some of his famous short stories in the mountains of Civil War-era West Virginia.

June 25, 1811: Bridge builder Lemuel noweth was born near Beverly, Randolph County. His many bridges included the earliest covered bridge at Beverly and the famous Philippi covered bridge.



June 26, 1887: Sheriff Don Chafin was born in Logan County. Chafin was a bitter foe of union organizers and, with financial support from coal companies, used his many deputies to keep labor organizers out of Logan County.

June 26, 1892: Pearl Buck was born in Hillsboro in the home of her maternal grandparents. She received the Nobel Prize for Literature for The Good Earth.

June 26, 1936: Basketball star Hal Greer was born in Huntington. Greer was the first Black athlete to play at Marshall College (now University). When his pro career ended in 1973, he held the NBA record for most games played and ranked in the top 10 in points scored, field goals attempted, and field goals made.



## County to sell proposed animal shelter property



The Ferrell property that had been purchased to use for an animal shelter, but later determined unsuitable for that purpose, will be sold on July 8th, 2024.

There will be a minimum bid of \$75,000 on the home which was assessed for \$118,900.

The 1.5 story home is located on 4.59 acres at Mt. Zion at the address of 88 Country Lane. Built in 1945, it is a seven room home with 3 bedrooms and 1 bath totaling 1,553 square feet with a basement of 720 square feet. In addition to the house

is a 30×54 ft. pole barn adjacent to the home. According to the appraisal report there are several repairs needed. The flooring in the kitchen area is weak and will need replaced, vines growing through some of the windows, mudroom area has unfinished drywall and appears to have leaked, the basement area was wet and should be checked by a licensed contractor to determine where the water is coming from.

For information regarding the sale or additional questions, contact the Calhoun County Clerk's office.

## **Buck McCumbers (and the Hillbillies) has** released a new CD, "A Norman Rockwell Time"

All songs are original and written by Buck. And the title cut is about Grantsville.

The Morristown Flood is a true story about a flash flood around Rockport in 1889 that killed 19 people. She Rode All the Way is a true story about the Civil War. The house still stands in Nicut, Calhoun County.

Zebco 33 is also a true story about Buck and his friends always wanting a Zebco 33 for Christmas and There's a Place is a true story about how Buck grew up.

"A Norman Rockwell Time" is available on our web site www.buckandcompany.com or you can contact us on the Buck and Company facebook page.

## **Bryner Chapel 2023 Donations to mowing**

Margaret Kirby in memory of Wilbert Kirby \$200, Richard Kirby \$150, Judy Knotts \$125, Carolyn Kelly, Gretta Starcher, Lucille Basnett, Donna Tullos in memory of Bill Duskey, \$100, Will Duskey \$75, Terry and Sandy Fowler \$60, Carolyn Elsa, Brenda Radabaugh \$50, Jennifer Morris, Jeanetta Smith \$30, Maureen Wright, Janet McIntyre \$25,

Lonnie Hughes \$20.

Any donations are appreciated. If you have a loved one buried in this cemetery, please donate so that we can continue to provide upkeep.

Please send donations to Bryner Chapel Cemetery, Care of Majoree Riggs, 67 Joker Ridge Road, Mount Zion, WV 26151-8057.

## West Fork Riding Club results

The West Fork Riding Club held its second horse show June 1, 2024. We had an awesome show. Lots of new people as well as our regular ones. The winner of the Walker Creek getaway was Carl Ballengee. Congratulations to him and a big thank you to Daniel Tanner for donating to the riding club the raffle.

The show results for the second show are:

- 1. Open halter: 1st Haven Bland with A Dandy Finale, 2nd Amber Byrd with Signatures Moonlight Jewel, 3rd Katelyn Daniel with North Country Nolan 4th Ella Groff with Gunner, 5th Kelsey Ferguson with My Blue Eye Duchess, 6th Oakley Hudkins with Chloe, Participation: Tesla Lewis with Diesel's Painted Aspen and Norene Jewell with Trina
- 2. Lead Line: Benjamin Noel with Max
- 3. Costume Class: No entries
- 4. Pee Wee Poles: 1st Braylea McKown with Mae, 2nd Allianna Hill with Cash, 3sd Jesalynn Peters with Jack Daniels, 4th Bentley McCumbers with Ghost, 5th Iris Miller with Sunny, 6th Ella Groff with Gunner, Participation: Oakley Hudkins with Chloe and Kelsey Ferguson with My Blue Eye Duchess
- 5. Juvenile Poles: 1st Clarice Page with Petey, 2st Jo Ferguson with Camille, 3st Briaunna Harrison riding Hazel, 4st Jamie Sinclair with Dolly, 5st Miriah Frederick with TC, 6st Sarah Dudley with Chloe, Participation: Kylee Stout with Spartan, Holli Harper with Sissy, Kenzie Lockard with Lil Bit, and Dawn Bales with Arrow
- 6. Open Poles: 1st Zach Sinclair with Zip, 2st Kacie Bush with Billy, 3st Adrianna Yoho with Boone, 4th Jo Ferguson with Camille, 5th Sabrina Bennett with Molly 6th Miriah Frederick with TC, Participation: Christa Kirk with Ruger, Hannah Batten with Traveler, Sabrina Bennett with Slick, Briaunna Harrison with Hazel, Braylea McKown with Mae, Destiny Noel with Max, Holli Harper with Sissy, Jesalynn Peters with Sid, Kylee Stout with Spartan, and Norene Jewell with Trina 7. Pop Drink: 1st Jesalynn Peters &
- Clarice Page with Sid, 2nd Braylea McKown & Allianna Hill with Mae, 3nd Bentley McCumbers & Lexi Bunner riding Shadow, 4nd Lauren Lovejoy & Kenlie Jarvis with Strawberry, 5nd Bree Harrison & Holli Harper with Hazel, 6nd Lydia Hill & Aerial Heiney with Indigo, Participation: Bobby Sutton & Sabrina Bennett with Lady, Jo Ferguson & Sophie Bennett with Raspberry, and Hannah Batten & Kirkland Allen with Traveler
- 8. Flag Race: 1st Adrianna Yoho with Boone, 2nd Jo Ferguson with Camille, 3rd Christa Kirk with Ruger, 4th Kacie Bush with Billy, 5th Braylea McKown with Mae, 6th Sabrina Bennett with Slick, Participation: Bentley McCumbers with Ghost, Allianna Hill with Cash, Kelsey Ferguson with My Blue Eye Duchess, Jesalynn Peters with Sid, and Clarice Page with Petey
- 9. Potato Drop: 1st Braylea McKown with Mae, 2nd Jesalynn Peters with Jack Daniels, 3nd Bentley McCumbers with Ghost, 4th Iris Miller with Sunny, 5th Oakley Hudkins with Chloe, 6th Ella Groff with Gunner, Participation: Kelsey Ferguson with My Blue Eye Duchess, Lydia Hill with Indigo, Catelynn Foster with Chutona, Kason Carder with Molly, Kash Groff with Honey, and Katie with Maggie
- 10. Stick Horse Race: These guys are all winners, Kason Carder with Blu-

ey , Cash Carder with Scooby, Benjamin Noel with Sticky, Camry Bailey with Punky, George with Digger, Grayson Starcher with Fluff Ball, Isaac Starcher with Cherry, Aliya Wright with Paint, and Natalee Fulks with Roger

11. Pee Wee Barrels: 1st Braylea McKown with Mae, 2nd Allianna Hill with Cash, 3rd Ella Groff with Spartan, 4th Jesalynn Peters with Jack Daniels, 5th Ella Groff with Sunny, 6th Oakley Hudkins with Chloe. Participation: Catelynn Foster with Chutona, Kason Carder with Molly, and Bentley McCumbers with Ghost

12. Juvenile Barrels: 1st Jo Ferguson with Camille, 2nd Sarah Dudley with Chloe, 3rd Jamie Sinclair with Dolly, 4th Alyssa Wilson with Oakley, 5th Mariah Frederick with TC, 6th Briaunna Harrison with Hazel, Participation: Clarice Page with Petey, Alyssa Wilson with Connor, Kylee Stout with Spartan, Kenzie Lockard with Lil Bit, and Holli Harper with Sissy

13. Open Barrels: 1st Jo Ferguson with Camille, 2<sup>nd</sup> Kacie Bush with Billy, 3<sup>rd</sup> Christa Kirk with Ruger, 4<sup>th</sup> Jamie Sinclair with Dolly, 5th Mariah Frederick with TC, 6th Hannah Batten with Traveler, Participation: Sabrina Bennett with Molly, Zach Sinclair with Zip, Sabrina Bennett with Slick, Destiny Noel with Max, Holli Harper with Sissy, Briaunna Harrison with Hazel, Clarice Page with Petey, Braylea McKown with Mae, Adrianna Yoho with Boone, Alyssa Wilson with Oakley, Jesalynn Peters with Jack Daniels, Bentley McCumbers with Ghost, Norene Jewell with Trina, Kylee Stout with Spartan, and Hannah Batten with Sissy

14. \$100.00 Barrels: Only pays first place 1st Kacie Bush with Billy, Participation: Sabrina Bennett with Slick, Sabrina Bennett with Molly, Bentley McCumbers with Ghost, Zach Sinclair with Chloe, Braylea McKown with Mae, Sarah Dudley with Chloe, Christa Kirk with Ruger, Briaunna Harrison with Hazel, Hannah Batten with Traveler, Alyssa Wilson with Oakley, Zach Sinclair with Zip, Adrianna Yoho with Boone, Allianna Hill with Cash, Jesalynn Peters with Jack Daniels, and Holli Harper with Sissy

15. Straight Barrels: 1st Sabrina Bennett with Slick, 2nd Kacie Bush with Billy, 3rd Alyssa Wilson with Oakley, 4th Christa Kirk with Ruger, 5th Clarice Page with Petey, 6th Braylea McKown with Mae, Participation: Norene Jewell with Trina, Allianna Hill with Cash, Ella Groff with Spartan, Holli Harper with Sissy, Ella Groff with Gunner, Kylee Stout with Spartan, Iris Miller with Sunny, Bentley McCumbers with Ghost, Briaunna Harrison with Hazel, Jesalynn Peters with Sid, Lexi Bunner with Shadow, and Allyson Vanhorn with Arrow

16. Open Trail: 1st Jo Ferguson with Camille, 2nd Haven Bland with A Dandy Finale, 3rd Jocey Cutshall with Maggie, 4th Katie Cockley with Ruger 5th Kylee Stout with Spartan, 6th Bentley McCumbers with Ghost, Participation: Kenzie Lockard with Lil Bit, Clarice Page with Petey, Lexi Bunner with Ricky, Destiny Noel with Max, Iris Miller with Sunny, Ella Groff with Gunner, Braylea McKown with Mae, and Norene Jewell with Trina

17. Pee Wee Pleasure: 1st Iris Miller with Sunny, 2nd Kelsey Ferguson with My Blue Eye Duchess, 3nd Ella Groff with Gunner, 4th Jesalynn Peters with Sid 5th Bentley McCumbers with Ghost, 6th Lydia Hill with Indigo,

Participation: Kash Groff with Honey, and Alliana Hill with Cash.

18. Open Western Pleasure: 1st Katelyn Daniel with North Country Nolan, 2nd Alyssa Wilson with Conner, 3nd Destiny Noel with Max, 4th Lexi Williams with Zeke, 5th Ella Groff with Spartan, 6th Jesalynn Peters with Jack Daniels, Participation: Braylea McKown with Mae, Karissa Reip with Kota, Tristan Evans with Dutch, Sabrina Bennett with Slick, and Kylee Stout with Spartan

19. Juvenile Pleasure: 1st Haven Blandwith a Dandy Finale, 2nd Gavin Lindenthal with Why Not Me, 3rd, Jo Ferguson with Raspberry, 4th Lauren Lovejoy with Strawberry, 5th Lexi Bunner with Shadow, 6th Mariah Frederick with TC, Participation: Clarice Page with Miss Impatient, Holli Harper, with Rampage, Lexi Williams with Zeke, and Kylee Stout with Spartan

20. Spotted Saddle Horse: 1st Danny Gross with Splash Commander, 2nd Brandee Allen with Shadow's Lucky Clover, 3nd Josey Cutshall with Dessy, 4th Cliff Williams with Lady, 5th Lauren Lovejoy with Strawberry, 6th Kylee Stout with Spartan, Participation: Bentley McCumbers with Ghost and Wesley Van Buren with Sugar Foot

21. Walk/Trot: 1st Hannah Batten with Traveler, 2nd Iris Miller with Sunny, 3rd Katelyn Daniel with High Country Nolan, 4th Ella Groff with Gunner, 5th Jo Ferguson with Camille, 6th Holly Harper with Sissy, Participation: Norene Jewell with Trina, Lexi Williams with Zeke, Kylee Stout with Spartan, Katie Cockley with Ruger, Clarice Page with Petey, Jesalynn Peters with Jack Daniels, Destiny Noel with Max, Sabrina Bennett with Slick and Kelsey Ferguson with My Blue Eye Duchess

22. Pee Wee Marshmallow Race: 1<sup>st</sup> Alliana Hill riding Cash, 2<sup>nd</sup> Bentley McCumbers riding Ghost, 3<sup>nd</sup> Ella Groff with Gunner, 4<sup>th</sup> Ella Groff with Spartan, 5<sup>th</sup> Braylea McKown with Mae 6<sup>th</sup>Oakley Hudkins with Molly, Participation: Oakley Hudkins with Chloe, Jesalynn Peters with Sid, Lydia Hill with Indigo, Kason Carder with Molly, Kash Groff with Honey, and Katie with Maggie

23. Marshmallow Race: 1st Jo Ferguson with Raspberry, 2nd Clarice Page with Petey 3rd Tori Carder with Molly, 4th Holli Harper with Sissy, 5th Briaunna Harrison with Hazel 6th Sabrina Bennett with Slick, Participation: Allyson Vanhorn with Arrow, Lexi Williams with Zeke, Hannan Batten with Traveler, Norene Jewell with Trina, Rachel Harper with Arrow, and Sophie Bennett with JT Superstar

24, Stock Race: 1st Adrianna Yoho with Boone, 2nd Christa Kirk with Ruger, 3nd Jo Ferguson with Camille, 4nd Kacie Bush with Billy, 5nd Clarice Page with Petey, 6nd Holly Harper with Sissy, Participation: Tori Carder with Molly, Briaunna Harrison with Hazel, Braylea McKown with Mae, Allianna Hill with Cash, Mariah Frederick with TC, Bentley McCumbers with Ghost, Sophie Bennett with JT Superstar, Sabrina Bennett with Slick, and Holly Harper with Arrow

25. Slow Pace: 1st Jo Ferguson with Raspberry, 2nd Allen Miller on Second Hand Smoke

26. Slow Rack: 1st Savanna Moore with Great American Blowout, 2nd Amber Byrd with Signatures Moonlight Jewel, 3ndGavin Lindenthal with Why Not Me, 4th Brandee

Allen with Shadow's Lucky Clover, 5th Jocey Cutshall with Dessy, 6th Jesalynn Peters with Sid, Participation: Clarice Page with Miss Impatient, Wesley Van Buren with Sugar Foot, Crystal Lyons with Rampage, and Mike Snider with Elijah

27. Country Pleasure Rack: 1st Gavin Lindenthal with Why Not Me, 2nd Savanna Moore with Great American Blowout, 3rdBrandee Allen with Shadow's Lucky Clover, 4th Wesley Van Buren with Sugar Foot, 5th Crystal Lyons with Rampage 28. Ladies Pleasure: 1st Brandee

28. Ladies Pleasure: 1st Brandee Allen with Hold My Halo, 2nd Amber Byrd with Signatures Moonlight Jewel, 3rd Jocey Cutshall with Dessy, 4th Savanna Moore with Great American Blowout, 5th Lola Brown with Mr. Made in America, 6th Tesla Lewis with Elijah Craig, Participation: Crystal Lyons with Rampage, Hannah Batton with Arrow, and Barb Norman with Maggie

29. Gentleman's Pleasure: 1st Mike Snider with Elijah, 2nd Brian Hammonds with Maggie, 3rd Cliff Williams with Lady
30. Juvenile Pace/Rack: 1st Jo

Ferguson with Raspberry, 2<sup>nd</sup>Gavin Lin-

denthal with Why Not Me, 3<sup>rd</sup> Haven Bland with A Passion for Generations, 4<sup>th</sup> Clarice Page with Miss Impatient, 5<sup>th</sup>Lauren Lovejoy with Strawberry, 6<sup>th</sup> Dawn Bales with Arrow

31. Style Rack: 1<sup>st</sup> Savanna

31. Style Rack: 1st Savanna Moore with Great American Blowout, 2nd Gavin Lindenthal with Why Not Me, 3rd Brandee Allen with Shadow's Lucky Clover

32. Country Open Fast: 1st Allen Miller with Second Hand Smoke

33. Trail Pleasure Rack: 1st Lola Brown with Mr. Made in America, 2nd Amber Byrd with Signatures Moonlight Jewel, 3nd Gavin Lindenthal with Why Not Me, 4th Savanna Moore with Bella of the Ball, 5th Brandee Allen with Shadow's Lucky Clover, 6th Jocey Cutshall with Dessy, Participation: Crystal Lyons with Rampage and Clarice Page with Miss Impatient 34. English Pleasure: Kenzie Lockard

with Lil Bit
35. Jack Benny and Lucille
Ball: 1st Amber Byrd with Signatures
Moonlight Jewel, 2nd Mike Snider with
Elijah, 3nd Lola Brown with Mr. Made
in America, 4th Crystal Lyons with
Rampage

36. Open Gaited Pleasure: 1st Haven Bland with A Dandy Finale, 2st Brandee Allen with Hold My Halo, 3st Gavin Lindenthal with Why Not Me, 4st Amber Byrd with Signatures Moonlight Jewel, 5st Cliff Williams with Lady, 6st Mike Snider with Elijah, Participation: Lauren Lovejoy with Strawberry, Clarice Page with Miss Impatient, Lexi Bunner with Shadow, Savanna Moore with Bella of the Ball, Jocey Cutshall with Dessy, Crystal Lyons with Rampage, Brian Hammonds with Maggie, Jesalynn Peters with Sid, and Rachel Harper with

37. Gaited Western Pleasure: 1st Brandee Allen with Hold My Halo, 2nd Haven Bland with A Dandy Finale, 3nd Amber Byrd with Signatures Moonlight Jewel, 4th Gavin Lindenthal with Why Not Me, 5th Lola Brown with Mr. Made in America, 6th Jocey Cutshall with Dessy, Participation: Crystal Lyons with Rampage, Savanna Moore with Bella of the Ball, Hannah Batten with Arrow, Jesalynn Peters with Sid, and Brian Hammonds with Maggie

Arrow

38. Open Fast Pace: 1st Hannah Batten with Arrow

# West Virginia Department of Human Services Issues Summer EBT Cards to Eligible Students

The West Virginia Department of Human Services (DoHS), in conjunction with the West Virginia Department of Education (WVDE), will begin mailing West Virginia Summer EBT (WV-SEBT) benefits to eligible students on June 16,

The WV-SEBT program will provide short-term grocery benefit assistance to income-eligible households with schoolage children during the summer months. The application period started on April 22, 2024. Applications will be accepted until August 20, 2024.

"Ensuring every child has access to nutritious meals is a cornerstone of building strong, healthy communities," said Janie Cole, DoHS Bureau for Family As-

sistance Commissioner. "The launch of West Virginia's Summer EBT program represents a crucial step forward in supporting residents by providing essential grocery assistance during the summer months, as we maintain our commitment to fostering a brighter future for West Virginia children."

Each eligible student will receive a one-time benefit of \$120 on a new Summer EBT card in the name of the student. Benefits will not be loaded onto previous Pandemic EBT (PEBT) cards or existing Mountain State EBT cards. Summer EBT cards will be mailed to the address on file with the child's school or their public benefit case. Households should allow up to two weeks to receive the Summer

EBT card(s). All eligible students will receive their Summer EBT cards by July 12, 2024. DoHS will NOT replace any WV-SEBT cards prior to July 12, 2024.

As a reminder, unlike PEBT, which ended when federal emergency orders expired, not all children that attend a school where all students eat for free will automatically receive the benefit. Children will be deemed eligible based upon their household's low-income status. Eligible children include those attending a school that participates in the National School Lunch Program and residing in a low-income household that qualifies for free or reduced-price school meals.

free or reduced-price school meals.

Additionally, if a West Virginia house-hold is already receiving certain public

benefits, such as Supplemental Nutrition Assistance Program (SNAP) or WV WORKS (Temporary Assistance for Needy Families) and has school-aged children between the ages of six and 17, those children will automatically be enrolled in Summer EBT, regardless of their method of schooling.

Households of students who do not

Households of students who do not receive public benefits will need to apply and be income eligible to receive Summer EBT. Income limits for WV-SEBT can be found at wvde.us/wv-sebt/. The online application can be found at schoolcafe.com. Households can access a paper application at all DoHS county offices. For more information, call 1-866-545-6502.

## For the Red Devils ... it might have been

For all sad words of tongue and pen, the saddest are these, "It might have been." - John Greenleaf Whittier

The Calhoun Red Devils weren't overcome with all-state and all-conference players this past year but did have one second team Class A All-State Basketball team as Landon Bennett made the grade.

The recent Red Devils standout was outstanding in two sports basketball and golf, and he has plans to play on the golf team at Glenville State University this fall. He is unsure whether to give basketball a try or not.



Landon Bennett

And the Red Devils cupboard was not bare either as they had athletes make different All-Little Kanawha Conference

But, oh, in the words of Walt Whitman "what might have been."

Just take a look at some of all state people from this year.

Maxwell Molessa was captain of the Class A football and baseball teams and he won he House Award as the state's best quarterback.

In a story on WVMetronews.com it talked a bit about Molessa.



Max Molessa

"Opponents of the Yellowjackets are also glad Molessa, whose 98-yard touchdown run in the championship game versus the (Greenbrier West) Cavaliers set an all-class Super Six record, no longer will be competing on the gridiron.

Molessa ended his senior season by completing 69.8 percent (83 of 119) of his passes which went for 1,261 yards with 22 touchdowns and two intercep-

On the ground, the 'Jacket averaged 10.7 yards per carry. He amassed 1,813 stripes on 169 attempts and found paydirt 32 times. He finished with 218 points.

"We have had a lot of great players, so it's not an easy task to be considered the best player our program has ever had," Williamstown coach Chris Beck stated of Molessa, who was thrice named the WHS Most Outstanding Player at the Super Six. "However, Max is just that. The best player that has come through our program. Of all the stats that stick out the one as a coach I like is in all three years he started at quarterback we went to the championship game winning two of them with his teammates."

The Yellowjackets were 14-0 on the 2023 season winning back-to-back state

He hung up his football cleats to accept a scholarship offer to play baseball at West Virginia University.

His older brother Leewood was just about as celebrated and Maxwell before he graduated a year earlier.

Maxwell's father Todd Molessa was an outstanding athlete at Calhoun as was his grandfather the late Andy Molessa.



**Bryant Yoak** 

Joining Molessa on the WVU baseball team will be Bryant Yoak of Gilmer County. Yoak was an all-sate pitcher as well as being an all-conference selection.

Yoak played his first three seasons at Calhoun before transferring to Gilmer where he continued his outstanding career being named the Gatorade Player of the Year.

The 6-foot-3, 205-pound right-handed pitcher and first baseman compiled a 7-1 record on the mound with a 0.38 ERA and 122 strikeouts in 54.2 innings this past season, leading the Titans (26-5-1) to the Class A sectional championship

Ranked as the state's No. 5 prospect in the Class of 2024 by Perfect Game, Yoak held opposing hitters to a .094 batting average and recorded a WHIP of 0.56. At the plate, he produced a .487 on-base percentage and an OPS of 1.000.

Turner Garretson played at Parkersburg South staring at both quarterback and linebacker. He was First Team Class AAA linebacker this season.



**Turner Garretson** 

Garretson plans to play college football but he has not decided where he will go yet. He carried a 4.25 GPA.

He is the son of former Calhoun standout Curt Garretson and the grandson of another standout athlete Jim Garretson.

Dr. Juanito Aya-ay was a doctor in Calhoun for several years before closing his practice. Now his grandson is practicing kicking at Marshall University where he plays football for the Thundering Herd.



Jonny Aya-ay

Jonny Aya-ay played at Huntington High School and was the Class AAA First Team kicker along with winning the

Fulton Walker Award at the special team player of the year.

Aya-ay was consistent in his senior season, making all 91 of his extra point attempts and going five for five on field goal tries.

"He's automatic," Highlanders coach Billy Seals said. "Jonny's the best kicker in the state. His confidence grew so much from when he started kicking."

Going back to his junior season, Ayaay made 101 consecutive extra points. For his career, he went 224 for 231 on conversion attempts.

Finally were two of Williamstown's finest basketball players.

Payton Bunch was senior standout for the Yellowjackets boys' basketball team that advanced all the way to the state title game while freshman Quinn Bunch started for the Yellowjacket's girls' basketball team that advanced to the state title game.

They are the children of Danny and Chaz Bunch. Danny is the head girls basketball coach at Williamstown High

Congratulations to all those with Calhoun ties on their achievements but for the Red Devils it is "what might have been."



**Peyton Bunch** 



**Quinn Bunch** 

shade or inside with air conditioning.

house, sometimes without air conditioning. Older adults don't adjust to sudden temperature changes as fast as younger people—in some cases, chronic illnesses and certain medications they take affect their ability to regulate body temperature, and research has also shown that sweat gland function deteriorates with aging. "They also may not be able to get to an airconditioned place like a mall or a designated cooling center in their community," savs Dr. Della-Giustina.

Other high-risk groups include children younger than age 2, who sweat less and generate more heat than adults when they are physically active. That's why no child should be left in a parked car even with the window open, since young children left in hot cars are at especially high risk of having heat stroke or dying.

According to the CDC, people who are chronically ill are at risk, too, including those who are obese, use drugs or alcohol, are socially isolated, are pregnant, or have a disability or condition such as mental illness, heart disease, poor circulation, or diabetes.

Yet another group is people who take medications such as diuretics, which are common high blood pressure treatments that cause them to lose electrolytes such as sodium and potassium, Dr. Della-Giustina

#### 5. What is the best precaution you can take in extreme heat?

Drinking water and other fluids is number one, Dr. Della-Giustina explains, adding that in the hot weather, you need to replenish fluids lost through sweat as frequently as every hour to prevent dehydra-

Don't rely on old standards, such as eight glasses of water a day, to guide your consumption—an athlete, for instance, will need more fluid than a sedentary person. "We generally tell people to use the color of their urine to gauge how hydrated they are," Dr. Della-Giustina says. "If your urine is yellow, you're already one or two liters behind. If you are drinking enough water, your urine should be clear

to pale yellow."

The second group is older adults, espedon't replenish the sodium they're losing perature reaches the high 90s, they will water; or spraying them with water from a ally those living alone in an apartment or when they sweat, Dr. Della-Giustina ex- not prevent heat-related illness. Other adplains. "Salt is the primary electrolyte in your blood. Allowing your sodium level to get too low can cause significant problems, including an altered mental status and even cardiovascular collapse, among other things," he says.

Sports drinks offer the replenishment of electrolytes, including sodium, which you can't get from water alone, he adds. "The best way to rehydrate yourself is not to drink the sports drink alone but to dilute it—half water and half sports drink. Then, you get the hydration and electrolytes you need," says Dr. Della-Giustina.

#### 6. Do you have to stay inside when it's extremely hot outside?

You should avoid the sun as much as possible, especially between 10:30 a.m. and 2 p.m., when people are most likely to develop heat exhaustion, Dr. Della-Giustina explains.

Anyone who must be outside in the middle of the day should take frequent breaks and stay hydrated. People who aren't required to be outside should stay indoors as much as possible, he adds. "Athletes can be at really high risk if their mental attitude is 'I'm just going to keep pushing myself," says Dr. Della-Giustina. He recommends that they train in the early morning or evening when it's cooler.

Also, if you're outside, use sunscreen; a sunburn can cause sweat pores to clog, limiting the body's ability to cool down, Dr. Della-Giustina explains. "Getting a sunburn on top of the heat will make things much worse for you," he says. 7. What if you don't have air condition-

ing—or there is a power outage?

If you are anticipating extremely hot weather, check with your state, city, or county for a list of cooling centers in your area, and go to a cooling center when the weather changes, Dr. Della-Giustina ex-

You can also go to a mall, library, or restaurant—anywhere you can cool off. Spending as little as a few hours in an airconditioned environment can help your

body stay cooler when you return to the It's important to know that electric fans

One of the mistakes people make is they may provide comfort, but once the temvice includes taking cool baths or showers and avoiding the use of stoves or ovens to keep the temperature down inside.

#### 8. What should you wear in extreme heat?

Loose-fitting clothing leaves room for air to circulate underneath it and allows you to sweat, and a vented hat will help release heat from your head, as well as keep the sun from beating down on your face.

Clothing that is light in color reflects the sun and deflects the heat, explains Dr. Della-Giustina. "In desert settings, many people wear large, white robes. That's more cooling than going out in shorts and a T-shirt," he says. Wear UV-protective clothing, if possible, since that blocks heat and prevents UV exposure, he adds.

#### 9. How will you know if the heat is starting to affect your body?

There are a number of early warnings that you need to cool down, including headache, sweating, fatigue, dizziness, nausea, and lightheadedness.

For symptoms of specific heat-related illnesses, some of which can occur alone or simultaneously, check the CDC's Warning Signs and Symptoms page.

"One of the common misconceptions is that if you're sweating, you don't have heat illness," Dr. Della-Giustina says. "But most people with heat illness will continue sweating.'

#### 10. What should you do if you or a loved one has signs and symptoms of heat stroke? Everyone in the house should know the

signs and symptoms of heat stroke, which is characterized by an extremely high body temperature of about 104 degrees or higher; hot, red, dry, or damp skin; a fast, strong pulse; and confusion, among others. If you notice that someone is experiencing heat illness symptoms, Dr. Della-Giustina recommends the following: Call 911 right away.

Get the person to a shady area or the

coolest place you can find. Use whatever means you have available to help the person cool down, whether that includes fanning them vigorously; placing

cool, wet cloths on armpits, groin, head,

and neck; immersing them in a tub of cool

Continued from Page 1

garden hose. Don't leave the person alone.

Monitor body temperature and continue cooling efforts until the body temperature drops to 101-102°F.

The CDC's Warning Signs and Symptoms for specific heat-related illnesses page also includes instructions on how to respond if someone is exhibiting symp-

#### toms of different types of heat illnesses. 11. How can you prepare for an ex-

treme heat wave? First, follow the weather forecast.

In April, the CDC and the National Weather Service (NSW) offered an experimental tool called the HeatRisk Forecast Tool to help Americans anticipate temperatures that could be harmful to their health. The tool uses a color-coded map of the country, updated daily, to describe the health risks expected from heat waves in different regions over the coming seven days. (The HeatRisk Forecast Tool has been available in previous years, but only for the Western United States). There also is a HeatRisk Dashboard that combines data from the tool with other information, such as local air quality.

It's important to note, however, that the HeatRisk Forecast Tool is available on an experimental basis. Users are invited to provide feedback by filling out a survey and submitting it by Sept. 30, 2024. HeatRisk supplements official NWS tools, which include heat advisories, heat watches, and warnings.

Also in April, the CDC provided guidance for clinicians who are concerned about patients at-risk for heat-related

In addition, families can create a heat action plan, Dr. Della-Giustina explains. It can include making a list of cooling centers in the area. Covering windows with drapes or shades and weather-stripping doors and windows can help keep a house cool inside. Insulation can also keep heat

The Low Income Home Energy Assistance Program (LIHEAP) is a government program that helps people who need assistance preparing their homes for hot weather.



IN THE CIRCUIT COURT OF CALHOUN COUNTY, WEST VIRGINIA

Civil Action No. 24-C-7

Judge: Anita Harold Ashley

ORDER FOR SERVICE BY

PUBLICATION

Mortgage Assets Management, LLC Petitioner,

ANGELA HALL 236 Lake Ave NE #2 Hartville, OH 44632

ANALEE FOUNTAINE 202 Craddock Dr Spencer, WV 25276

3081 Egypt Rdg Apt 3081 Spencer, WV 25276

PAMELA D SNYDER

DONNA SELMON 2230 Spring Run Rd Arnoldsburg, WV 25234

JOSHUA HALL Address Unknown

SECRETARY OF HOUSING AND

URBAN DEVELOPMENT c/o U.S. Attorney for Northern District of West Virginia

Frederick P. Stamp, Jr. Federal Bldg. Courthouse **Suite 3000** 

1125 Chapline Street Wheeling, WV 26003

Also Serve: United States of America 950 Pennsylvania Ave., NW Washington, D.C. 20530

Respondents. Now comes the Petitioner, Mortgage Assets Management, LLC, by

counsel, who states that the object of the above styled suit is to enforce deed of trust and appoint special commissioner, in regards to the subject real estate more commonly known as: 161 Cow Lane, Arnolds-It is ordered that Respondents, Joshua Hall and Unknown Heirs and Descendants of Perry D. Hall, do serve upon James P. Tomasik, Peti-

tioner's attorney, whose address is Reisenfield & Associates, LPA, LLC,

3962 Red Bank Road, Cincinnati, Ohio 45227, and file with the Court an answer or other defense to the complaint filed in this action within

30 days of the second date of publication of this notice, otherwise judgment by default may be taken against you at any time thereafter. A copy of said complaint can be obtained from the undersigned clerk at his/her office.

Entered by the Clerk of said Court on April 8, 2024.

Shula R Lauton Circuit Court Clerk

The Calhoun County Commission will be selling property located at 88 Country Lane, Mt. Zion, WV 26151. The property includes a dwelling and pole barn and it includes two parcels of land - 0.81 acre and 4.59 acres. The sale will be held on the Calhoun County Courthouse steps on July 8 at 9:00 a.m. with a minimum bid of \$75,000.00. If you have any questions, please contact the Calhoun County Clerk's office at (304) 354-6725.

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THIS PAGE IS READ MORE THAN ANY PAGE OTHER THAN THE OBITU-ARIES.

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Classifieds Ads must be paid in advance.

Classifieds are \$10 plus .35¢ a word after 28 words.

### NOTICE TO MON POWER CUSTOMERS WITH RIGHTS-OF-WAY ACROSS THEIR PROPERTY

Mon Power has contracted to maintain portions of its rights-of-way with an aerial saw consisting of approximately ten 24-inch rotary blades powered by a motor and suspended on a vertical boom beneath a helicopter. This maintenance method allows for the quick, safe, and efficient trimming of trees along our transmission lines. The aerial saw will be operating January through September 2024 in the following counties in West Virginia:

Calhoun, Clay, Nicholas and Roane Counties (TMU-306 Goff Run-Linden Road 138kV Line, Linden **Road-Powell Mountain 138kV Line)** 

Beginning at the Goff Run Substation off of US Rt's 33 and 119 east of Spencer West Virginia in Roane County. The line runs in a southeasterly direction crossing near CR 5/14 Daniels Run, CR 40 Slate Rd, CR 36/1, CR 48/3 Kaufman Rd, CR 48 Otto Rd, CR 48/2 Chambers Fork, CR 50/5 Clover Rd, CR 50 Keffer Hill, and CR 2/5 Linden Rd where the line taps into the Linden Road Substation. The line continues in a southeast direction crossing CR 27 Linden Bright Rd, and continues into Calhoun County near CR 20/8 Sang Run Rd, crossing CR 20/9 Big Run Rd, CR 1/5, Beech Fork, White Oak Rd, CR 17/2, and CR 28 Mud Fork Rd. The line then enters into Clay County crossing CR 38/1 W Fork Rd, CR 38 Clinic Dr, SR 16, Interstate 79 and Big Otter Creek, CR 19 Ossia Rd, Deadfall Run Rd, CR 16/2 Otterlick Rd, James Dunfield Rd, SR 4 Duck Rd, the Elk River, CR 11 Widen Ridge Rd, CR 11/4 Lantz Rd, Rock Camp Rd, CR 15/2 Swandale Rd, CR 52 Rush Camp, Buffalo Creek, and CR 15/4 Taylor Fork Rd. The line then enters Nicholas County and runs along Turkey Creek, crossing CR 19/26 Spruce Run Rd and US Rt 19, terminating at the Powell Mountain Substation off CR 19/41 Hookersville Rd north of Muddlety West Virginia.

For more information about Mon Power's Transmission Aerial Saw Program, call 1-800-686-0022. When contacting, please alert our Representatives that your call is pertaining to our Transmission Aerial Saw Program.



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generator. It's a power move.

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**HELP WANTED: JOB** 

**OPENING**: The Mt. Zion PSD is looking for a person to contact residences in the Chloe WV area to sign up for water service from the Upper West Fork Park to the Clay County line. Wage \$10.00/hr plus mileage. Contact the PSD office at 304-354-7799, drop of a resume at 4418 S. Calhoun Highway, Grantsville or send resume to: mountzionpsd@ gmail.com. Applications are also available. The position is a short-term with no benefits.

Handwriting must be legible.

THIS SPACE IS RESERVED FOR YOUR BUSINESS OR CLASSIFIED! THIS PAGE IS READ MORE THAN ANY PAGE OTHER THAN THE OBITUARIES. CALL 681-533-7345

## Extreme Tour making a stop in Grantsville

The Extreme Tour began as a grassroots project of "The Extreme," a cultural outreach project started by Ted Bruun and a small group of other Idaho residents in 1994. An early engagement strategy of The Extreme was to use Extreme Sports and Music Events, held in communities across Idaho, to reach at-risk and counter culture youth with services and resources that would assist them in making positive and healthy, decisions for a successful life. The effort was successful and spread to neighboring cities and states. Quickly, these events began to take place around the United States and "The Extreme Tour" was born. Now you can find these events being planned or taking place all around the world, on virtually every continent.

The Extreme Tour now is a community outreach project of New Hope, a Christian faith-based charitable organization. However, all kinds of people are involved in the effort and the events are not intended to be aimed at a specifically religious market. Rather, the Extreme Tour events are intended to be inclusive Community Unity and Outreach Events aimed at a mainstream market and held in mainstream venues and settings.

Over the past 30 years, the scope of Extreme Tour has grown exponentially, moving far beyond the rural Idaho communities that gave birth to this music and sports movement. The Extreme Tour is now, in terms of the number of communities visited in a year, one of perhaps the largest and longest running Extreme Sports & Music tours in the world. We have grown to visit over 100 communities in the United States alone, and the total number has again started to rise as the tour has expanded interna-

tionally to events happening, or being planned, on almost every continent.

Many top recording artists have participated on some level in this charitable effort over the past 25 years. Grammy nominees and winners, former MTV regulars, and best-selling artists representing most of the top record labels and music group brands (including Sony, Capitol, Epic, EMI, Warner, and Tooth and Nail) have all "cut their teeth" on the road with our teams and at our events.

A complete list of alumni that have been part of the tour, or have assisted with the effort of The Objective, would be exhaustive and take more space and time than you want to read, but as an extremely limited example, artists that have helped in the past have included (in no particular order): Brian "Head" Welch of Korn, Kurtis Blow, Michael W. Smith, Ricky Skaggs, Bruce Carroll, Kutless, Falling Up, KJ-52, Fireflight, Shawn McDonald, House of Heroes, White Collar Sideshow, Spoken, Esterlyn, LA Symphony, Dizmas, Braille, and Members of Christafari, Five Iron Frenzy, Bleach, Wu-Tang, Scattered Few and many others.

Many, if not most, other music tours are simply marketing devices, intended to gather the most "consumers" to sell them the most "product." The Extreme Tour, however, is a charitable effort. And, like any effective charitable effort, Extreme Tour events are tailored specifically to the mission and vision of the community organizations we are serving in the cities we visit and to meeting the needs of the people those organizations serve. Attendances can vary quite a bit in size, based primarily on the

charitable purpose of the organizations we are serving, the venue capacity, and on the event vision for each city.

Large event attendances can be between approximately 600-1,000 people over the course of the whole event. Instead of the normal venues that most tours appear, Extreme Tour events are often held in unusual concert settings like public squares, city parks, blocked off city streets, the occasional school, or even in large parking lots or housing projects. Almost all our events are outdoors in order to facilitate as many attendees as possible and to maximize visibility and impact. Some intimate Extreme Tour events might also be held in unorthodox concert settings like community centers or

clubs, stores and shopping malls, and can be anywhere up to 200-250 people in attendance over the course of the whole event.

We have learned that relationship is key to the success of the tour's mission, and frankly, to the success of the bands that are with us in their efforts to build a base of fans and friends in the communities we visit. The Extreme Tour is known for making our events a very personal, intimate experience for all those who attend.

A picture says a thousand words. Review the pictures in the Media section of our site, or on social media using the Hashtag: #ExtremeTour23 to get a sense of the diversity of events and venues we produce with our community partners.

The Extreme Tour effort has always been about more than just the main event or "show" in each city. With that in mind, we typically plan to visit each city for two to three days. While there is always a Main Event in each city on one of the days of our visit, we work with our community partners to maximize the impact of our visit by using the other day or two to participate in community outreach efforts beyond just the performances at the scheduled main events.

Artists traveling with us may have the opportunity to serve as ambassadors for the event and for our partners by also performing at, or taking part in, interviews with local media, school assemblies and classes, in store appearances, service projects, and other promotional activities and appearances on behalf of the event or our partners. This can even include fun spontaneous "flash mob" style "pop up parties" in unexpected places!

Our desire is to interact with the communities we visit in a way that builds a lasting relationship for the partners we work with between them and the community members they hope to serve. We place an emphasis on "Quality over Quantity," meaning that we measure success based on the lasting impact of the effort rather than just by the volume of temporary interactions we might have. We believe that this ethic offers selected artists a richer experience as well. This has been reflected in the observations of many past artist participants when they observe that they may go on to make more money or do larger events in the scope of the career that follows their involvement, but that they make some of their longest lasting relationships and have some of their most life changing experiences while traveling with The Extreme Tour.

# **USDA Invites Organizations to Apply for Grants to Repair Affordable Housing in Rural West Virginia Communities**

U.S. Department of Agriculture (USDA) Rural Development West Virginia State Director Ryan Thorn announced that USDA is seeking applications from eligible entities for grants to repair or rehabilitate homes, rental properties or cooperatives for people in rural West Virginia with low or very low incomes.

Today's announcement is being made as Rural Development celebrates <u>Homeownership Month</u> and the importance of expanding access to safe and affordable homes in rural America and on Tribal lands. Rural Development is providing the funding through the <u>Housing Preservation</u> Grant program.

"Rural Development has a rich histo-

ry of helping rural West Virginians buy, repair and build affordable homes," said Thorn. "We understand how important it is to have safe, affordable places to live. That's why housing programs like our Housing Preservation Grant are critical, because a house is more than just a place to lay your head, it represents financial security, an opportunity to build wealth and equity and it serves as a foundation for a better future."

Eligible applicants include most state or local governmental entities, federally recognized Indian Tribes, nonprofit groups and faith-based organizations.

Approximately \$12.2 million is being made available to eligible participants. Approximately \$2.2 million of this funding is available for disaster

assistance with a maximum award of \$50,000

For example, funds may be used to: Repair or replace electrical wiring, foundations, roofs, insulation, heating systems and water/waste disposal systems

Support accessibility features.
Purchase construction materials.

Finance administrative expenses up

to 20 per cent.

Rural Development is particularly interested in applications that will advance Biden Administration priorities

Reduce climate pollution and increase resilience to the impacts of climate change through economic support to rural communities.

Ensure all rural residents have equitable access to Rural Development programs and benefits from Rural Development-funded projects.

Help rural communities recover ec-

onomically through more and better market opportunities and through improved infrastructure. Additional information on these key

priorities is available at <a href="https://www.rd.usda.gov/priority-points">https://www.rd.usda.gov/priority-points</a>.

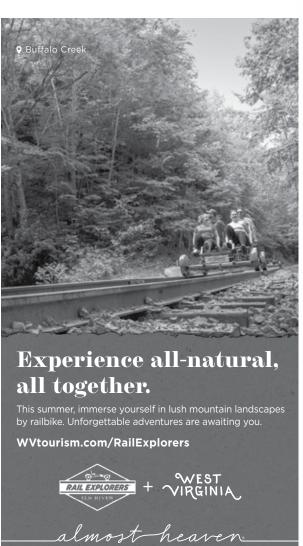
Pre-applications for grants must be submitted by paper or electronically by 4:30 p.m. local time July 29, 2024. For additional information, see page 50554 of the June 14, 2024, Federal Register.

To subscribe to USDA Rural Development updates, visit <u>GovDelivery</u> subscriber page.

**ALUMNI DAY 2024** 

SATURDAY, JULY 6TH







PO BOX 11, GRANTSVILLE WV

OTHER AMOUNT DONATED

The Calhoun County High School Alumni Reunion will be held on Saturday, July 6<sup>th</sup> at Calhoun Middle High School, Mount Zion. Registration will be from 9:00-11:15am.

Our program will be from 11:30am-12:30pm, followed by lunch. In the afternoon, mini reunions can be

Alumni dues are \$5.00 annually. This is used for postage and our Alumni Scholarship.

Honor classes this year will be 1954, 70th year; 1964, 60th year; 1974, 50th year; 1984, 40th year. The association needs speakers from these classes for the program.

Registration fee will be \$25 per person. We will need your reservation by June 1<sup>st</sup> to prepare the meals for the day. For those making reservations after June 1<sup>st</sup>, the cost will be \$30. Reservations help us arrange seating by class for lunch.

Clip and Mail Bottom Portion

July 6", 2024
CCHS ALUMNI ASSOCIATION
PO BOX 11. GRANTSVILLE WV 2614

PO BOX 11, GRANTSVILLE WV 26147			
NAME		GRADUATION YEAR	
ADDRESS			
NAME OF OTHER PERSON(S) ATTENDING			
NUMBER PLANNING TO ATTEND	x\$25=	TOTAL	
ALUMNI ASSOCIATION MEMBERSHIPS	x\$5+	TOTAL	

MAKE CHECKS PAYABLE TO CCHS ALUMNI ASSOCIATION RESERVATIONS RECEIVED AFTER JUNE 1<sup>57</sup> WILL COST \$30

## How to Mow Your Lawn Less During the Summer



It's summertime, and if you have a warm season lawn (like St. Augustine, bermuda, zoysia or centipede), this is the prime growing season. That also means it's prime mowing season!

To mow your lawn less during the summer for warm season grasses like St. Augustine, bermuda, zoysia, and centipede, consider these options: Mulch mow weekly to reduce time by 20 percent, mow and bag every other week to save 50 percent but maintain a clean look, or mulch mow every other week to save 60 percent in mowing time if a pristine appearance isn't a priority.

Option 1: Mulch and Mow Weekly

To reduce your total mowing time by about 20 percent, eliminate the time required to stop and bag clippings. If your mower has a mulch setting, use it instead.

If your mower doesn't have a mulch option, simply mow without bagging. This only works if you mow weekly, as leaving un-bagged clippings can create an unsightly appearance if allowed to dry and accumulate.

Option 2: Mow and Bag Every Other

Another option is to mow every other week and bag the clippings. This can reduce your mowing time by 50 percent, but you'll need to bag the clippings to maintain a clean look.

Tuesday

The downside is that if you miss a mowing due to rain or vacation, you'll need to remove almost twice as much leaf blade the following week. This can be problematic, as removing more than a third of the total leaf blade at once is not advisable.

If you miss a mowing using this strategy, you may need to mow twice the following week, each time removing half as much, to get back to your normal mowing height.

Option 3: Mulch and Mow Every Oth-

If you're less concerned about a pristine look and just want to keep your grass presentable, you can mulch and mow every other week. This will save you 60% in mowing time.

Regardless of which strategy you choose, it's recommended you mow your lawn at the highest recommended height for your grass type.

Helpful Tip: Alter Your Fertilizer In-

To further reduce mowing, consider a lawn fertility program that promotes greenness without excessive leaf growth. Look for products that don't rely heavily on nitrogen, like the Lawnifi® Summer Fertilizer Box, a liquid fertilizer that is efficient, effective and easy to use.

How do I mow my lawn less during the

		Standard	Option 1	Option 2	Option 3
		Mow & Bag Weekly	Mulch & Mow Weekly	Mow & Bag Every Other Week	Mulch & Mow Every Other Week
Week#	Date	Minutes	Minutes	Minutes	Minutes
1	21-Jun	75	60	75	60
2	28-Jun	75	60		
3	5-Jul	75	60	75	60
4	12-Jul	75	60		
5	19-Jul	75	60	75	60
6	26-Jul	75	60		
7	2-Aug	75	60	75	60
8	9-Aug	75	60		
9	16-Aug	75	60	75	60
10	23-Aug	75	60		
11	30-Aug	75	60	75	60
12	6–Sep	75	60		
13	13-Sep	75	60	75	60
14	20-Sep	75	60		
	Minutes	1,050	840	525	420
	Time Saving	0%	20%	50%	60%

summer? - Answered

To mow your lawn less during the summer for warm season grasses like St. Augustine, bermuda, zoysia, and centipede, consider these options: Mulch mow weekly to reduce time by 20 percent, mow and bag every other week to save 50% but maintain a clean look, or mulch mow every other week to save 60% in mowing time if a pristine appearance isn't a priority.

Ultimately, there are a variety of options to choose from to reduce mowing inputs during the hot summer months. A part of having a thriving, beautiful lawn means it will want to grow—so frequent mowing is a must. These three strategies

are great options to reduce mowing inputs and time spent outside without causing any damage or harm to your lawn.

This article was written by Sod Solutions Content Strategist, Valerie Smith. Sod Solutions is celebrating 30 years of successfully developing and releasing turfgrasses with over 20 market-leading varieties like Palmetto® St. Augustine, Celebration® Bermudagrass, EMPIRE® Zoysia and more. Based in Charleston, SC, Sod Solutions is your go-to expert resource for lawn and garden content. For media inquiries and visual materials, reach out to Cecilia Johnson at cecilia@ sodsolutions.com.



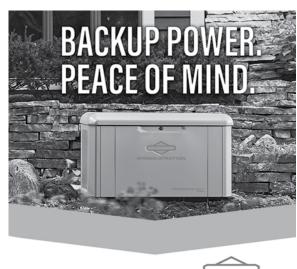
Monday

#### Calhoun County Committee on Aging, Inc.



5

Northern Beans Onions Brussel Sprouts Peaches	2 Beef Noodles Buttered Carrots & Peas Mixed Fruit Whole Wheat Bread	Chicken Salad whole wheat Bun Celery Pasta Salad w/ vegetables Orange Slices	Happy 4th of July	S Cream Tomatoes Potatoes Apples Ww biscuit
8 Baked Steak Mashed Potatoes Broccoli, Cauliflower Pineapples Whole Wheat Bread	9 Cold ham Sandwich on ww bun Lettuce, tomato, onions Macaroni salad w/ vege- tables peaches	IO Fish Mashed Potatoes Green Beans onions Oranges Whole wheat Roll	II Chicken tenders Mac n Cheese Pears Carrots Whole wheat bread	Seasoned Beans Ham Ww Cornbread Cucumbers & Onions Mixed Greens Apples
Chicken pasta stem vegetables Beets Mixed fruit Ww bread	I 6 Beans w/ ham Greens Onions Ww Cornbread Applesauce	I7 Taco Salad Whole wheat chips Tomato Lettuce Cheese Brownie Cantaloupe	18 Pork Chop Potatoes Peas & Carrots Fruit Whole Wheat Bread	I9 Sloppy Joe Whole Wheat Bun Raw Vegetable Salad Peaches
22 Ribs, Onions, Peppers Ranch Potatoes Peas Whole Wheat Bread Mixed Fruit	23 Chicken Patty Beets Potatoes Fruit Salad w/ oranges Whole wheat bread	24 Baked Beans & Wieners Mixed Vegetables Kale Peaches Ww Cornbread	25 Salisbury Steak w/ Brown Gravy Potatoes Brussel Sprouts Oranges, Pineapples Whole Wheat Bread	26 Lasagna Vegetables Whole Wheat Garlic Toast Applesauce
29 Fish Slaw Corn Onions Applesauce Ww bun	30 Calico Beans Onions & Tomatoes Cucumber Salad Peaches Cornbread	31 Hamburger Lettuce/Onion/ Tomato Potatoes Banana Pudding Whole Wheat Bun	Menu Subject To Change Without Notice	2% Milk and Margarine Served Daily



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## **USDA Opens Application Period for Composting and Food Waste Reduction Cooperative Agreements**

U.S. Department of Agriculture (USDA) is accepting applications for Composting and Food Waste Reduction (CFWR) pilot projects for fiscal year 2024. The cooperative agreements, using remaining funds from the American Rescue Plan Act, are jointly administered by USDA's Office of Urban Agriculture and Innovative Production and the National Institute of Food and Agriculture (NIFA). Selected projects will develop and test strategies for planning and implementing municipal compost plans and food waste reduction plans and are part of USDA's broader efforts to support urban agriculture.

USDA's Office of Urban Agriculture and Innovative Production (OUAIP) - led by USDA's Natural Resources Conservation Service (NRCS) - will accept applications on Grants.gov until 11:59 p.m. Eastern Time on Sept. 4, 2024. Projects must be two years in duration with an estimated start date of June 1, 2025.

"Uneaten food makes up approximately 4% of U.S. greenhouse gas emissions," said Terry Cosby, Chief of NRCS, which houses the Office of Urban Agriculture and Innovative Production. "Turning food waste into valuable compost is an important climate solution and benefits both farmers and communities. Local strategies and tools like the cooperative agreements are important climate solutions and also contribute to food security at the community level, and we encourage communities to apply."

Cooperative agreements support projects led by local and tribal governments, schools or other eligible entities that:

Generate compost.

Increase access to compost for agricultural producers.

Reduce reliance on and limit the use of fertilizer.

Improve soil quality.

Encourage waste management and permaculture business development.

Increase rainwater absorption. Reduce municipal food waste.

Divert food waste from landfills.

OUAIP will prioritize projects that anticipate or demonstrate economic benefits; incorporate plans to make compost easily accessible to farmers, including community gardeners; integrate other food waste strategies, including food recovery efforts, and collaborate with multiple partners. Additional details are available in the Grants. gov notice.

This is the fifth year that OUAIP has offered this funding opportunity. Examples of past investments include Geneva Compost and Food Waste Diversion, from the Town of Geneva, New York, which diverted food waste and other biodegradables from the waste stream to generate nutrient-rich compost, improving soil quality, reducing reliance on fertilizers, and engaging in food recovery efforts that take "extra" food and get it to community members in need.

Another example of a past recipient is the Composting and Food Waste Reduction Pilot Project by Tucson Unified School District in Tucson, Arizona. The project built infrastructure to provide compost to school and community gardens, improve soil quality, reduce food waste, and demonstrate the economic benefits of including food reclamation education as an integral part of a school garden and nutrition programs for students, their families and the community.

#### Webinar

A pre-recorded webinar will provide an overview of the cooperative agreements' purpose, project types, eligibility and basic requirements for submitting applications. The webinar will be posted at usda.gov/ urban.

#### **More Information**

Earlier today, USDA, the U.S. Environmental Protection Agency, the U.S. Food and Drug Administration, and the White House announced the National Strategy

for Reducing Food Loss and Waste and Recycling Organics as part of President Biden's whole-of-government approach to tackle climate change, feed people, address environmental justice, and promote a circular economy.

OUAIP was established through the 2018 Farm Bill. It is led by NRCS and works in partnership with numerous USDA agencies that support urban agriculture and innovative production. Other efforts include:

Administering the People's Garden Initiative, which celebrates collaborative gardens across the country and worldwide that benefit their communities by growing fresh, healthy food and supporting resilient, local food systems using sustainable practices and providing greenspace.

Creating and managing a Federal Advisory Committee for Urban Agriculture and Innovative Production to advise the Secretary on the development of policies and outreach relating to urban agriculture.

Investing \$9.1 million for Urban Agriculture and Innovative Production competitive grants in fiscal year 2023.

Investing \$40 million, made possible by President Biden's American Rescue Plan, into partnerships with community-based organizations that will conduct outreach, education and technical assistance to support urban producers.

Investing in risk management education to broaden the reach of crop insurance among urban producers.

Organizing 27 FSA urban and suburban county committees to make important decisions about how FSA farm programs are administered locally. Urban farmers who participate in USDA programs in the areas selected are encouraged to participate by nominating and voting for county committee members.

Establishing 17 new Urban Service Centers staffed by FSA and NRCS employees where urban producers can access farm loan, conservation, disaster assistance and risk management programs.

Partnering with the Vermont Law and Graduate School Center for Agriculture and Food Systems to develop resources that help growers understand and work through local policies.

Learn more about Composting and Food Waste Cooperative Agreements at usda. gov/urban and view a complete list of 2023 cooperative agreement recipients and project summaries. In 2023, USDA awarded \$11.5 million in 38 cooperative agreements. For additional resources available to producers, download the Urban Agriculture at a Glance brochure or visit farmers.gov/urban.

NIFA is building a better future by nurturing innovation in the food and agricultural sciences and cultivating equitable change in communities across the nation. Through investment in science as a solution to our greatest challenges, USDA NIFA collaborates with partners to drive research, education and Extension - improving lives, supporting livelihoods and sustaining the planet. In FY 2023, NIFA's total investment was \$2.5 billion.

USDA touches the lives of all Americans each day in so many positive ways. Under the Biden-Harris administration, USDA is transforming America's food system with a greater focus on more resilient local and regional food production, fairer markets for all producers, ensuring access to safe, healthy, and nutritious food in all communities, building new markets and streams of income for farmers and producers using climate smart food and forestry practices, making historic investments in infrastructure and clean energy capabilities throughout America, and committing to equity across the Department by removing systemic barriers and building a workforce more representative of America. To learn more, visit usda.gov or contact Dustin Adkins, NRCS-WV Urban Conservationist. 304-207-8146.

Average:

\$2.35/g)

## Gasoline prices dip slightly

Average gasoline prices in West Virginia have fallen 5.1 cents per gallon in the last week, averaging \$3.32/g today, according to GasBuddy's survey of 1,154 stations in West Virginia. Prices in West Virginia are 16.9 cents per gallon lower than a month ago and stand 15.0 cents per gallon lower than a year ago. The national average price of diesel has fallen 1.6 cents in the last week and stands at \$3.73 per gallon.

According to GasBuddy price reports, the cheapest station in West Virginia was priced at \$2.95/g yesterday while the most expensive was \$3.69/g, a difference of 74.0 cents per gallon. The lowest price in the state yesterday was \$2.95/g while the highest was \$3.69/g, a difference of 74.0 cents per gallon.

The national average price of gasoline has risen 1 cent per gallon in the last week, averaging \$3.41/g today. The national average is down 18.0 cents per gallon from a month ago and stands 13.8 cents per gallon lower than a year ago, according to GasBuddy data compiled from more than 11 million weekly price reports covering over 150,000 gas stations across the country.

Historical gasoline prices in West Virginia and the national average going back ten years: \$3.47/g

o carro	±,,	2025.	Ψ3, 5	(0.5.	riverage.	Ψ3.33, β)
June	17,	2022:	\$4.92/g	(U.S.	Average:	\$4.99/g)
June	17,	2021:	\$2.98/g	(U.S.	Average:	3.07/g
June	17,	2020:	\$2.06/g	(U.S.	Average:	\$2.11/g)
June	17,	2019:	\$2.59/g	(U.S.	Average:	2.67/g
June	17,	2018:	2.80/g	(U.S.	Average:	\$2.89/g)
June	17,	2017:	\$2.30/g	(U.S.	Average:	\$2.29/g)

June 17, 2015: \$2.84/g(U.S. \$2.80/gAverage: June 17, 2014: \$3.77/g(U.S. Average: \$3.67/g) Neighboring areas and their current

(U.S.

Pittsburgh- \$3.77/g, down 2.3 cents per gallon from last week's \$3.79/g. Charleston- \$3.38/g, down 5.7 cents per gallon from last week's \$3.44/g. Virginia- \$3.35/g, up 1.8 cents per gallon from last week's \$3.33/g.

"Since the national average price of gasoline fell to its lowest June level since 2021 last week, we've seen the drop in prices take a break, with some states seeing a small rise over the last week. Thankfully, I expect this to be more like a short timeout, with an eventual return to falling gasoline prices in most states," said Patrick De Haan, head of petroleum analysis at GasBuddy. "The decline in diesel prices continues, with the national average price of diesel now at its lowest level since January 2022. Both gasoline and diesel prices remain below their year-ago level, which is music to the ears of the Federal Reserve, as fuel prices are a significant component of the Consumer Price Index. Also factoring in gasoline demand that has been running a bit weaker than expected, market fundamentals look pretty good right now if you're a motorist."

GasBuddy is the authoritative voice for gas prices and the only source for station-level data. GasBuddy's survey updates 288 times every day from the most diverse list of sources covering nearly 150,000 stations nationwide, the most comprehensive and up-to-date in the country. GasBuddy's averages, graphs, maps and historical pricing data covering the U.S. and Canada is available 24/7 at <a href="http://prices.GasBuddy.com">http://prices.GasBuddy.com</a>.

### **Important Notice Regarding Reporting** Requirements

In accordance with the Jobs and Reemployment Act (§21A-6-1d), WorkForce West Virginia is updating the reporting requirements for employers. These requirements are crucial to ensure the integrity of the unemployment benefits system and to promote workforce participation. Read the following instructions carefully to comply with the new regulations:

Reporting Requirements and Procedure:

- 1. Refusal of Employment:
  - If an individual, who is receiving unemployment benefits, is referred to your business by WorkForce West Virginia and refuses an offer of employment, you must report this refusal to WorkForce West Virginia by going to WorkForceWV.org, filling out the Work Refusal Form, and emailing it to Work-ForceCAUdecisions@wv.gov.
- 2. Acceptance and Early Termination of Employment:
  - If an individual, who is receiving unemployment benefits, accepts employment through a referral by WorkForce West Virginia but either leaves or is dismissed from that employment within six (6) weeks of the start date, you must report this to WorkForce West Virginia by going to WorkForceWV. org, filling out the Work Refusal Form, and emailing it to WorkForceCAUdecisions@wv.gov.

Failure to comply with these reporting requirements is a violation of the

West Virginia Unemployment Compensation Law.

## NOTICE TO MON POWER **CUSTOMERS WITH RIGHTS-OF-WAY ACROSS THEIR PROPERTY**

Mon Power has contracted to maintain portions of its rights-of-way with an aerial saw consisting of approximately ten 24-inch rotary blades powered by a motor and suspended on a vertical boom beneath a helicopter. This maintenance method allows for the quick, safe, and efficient trimming of trees along our transmission lines. The aerial saw will be operating January through September 2024 in the following counties in West Virginia:

#### Calhoun, Gilmer and Roane Counties (TMU-308 Glenville-Goff Run 138kV Line)

Beginning at the Goff Run Substation off of US Rt's 33 and 119 east of Spencer West Virginia in Roane County. The line runs in a northeasterly direction crossing US Rt's 33 and 119, Old Golf Course Rd, CR 1/1 Steel Hollow, CR 16 Triplett Rd, CR 1/1 Egypt Ridge, and Steel Hollow Rd. The line then enters Calhoun County crossing the West Fork of the Little Kanawha River, CR 12 Altizer Rd, CR 9/7 Husk Ridge, CR 14 Rowles Run Rd, CR 3 Joker Ridge Rd, CR 35/12 Pine Creek Rd, the Little Kanawha River and SR 5 north of Grantsville, CR 16 N Calhoun Hwy, CR 35/17 Bull River Run, CR 35/18 Kimble Rd, CR 35/33 Laurel Creek, and CR 35/21 Wright Rd. The line then enters Gilmer County crossing SR 5, the Little Kanawha River, CR 15 Grass Run Rd, Cedar Creek, CR 17 Lower Cedar Creek Rd, Tower Dr, the Little Kanawha River, and SR 5, and then terminates at the Glenville Substation off of SR 5 north of Glenville West Virginia.

For more information about Mon Power's Transmission Aerial Saw Program, call 1-800-686-0022. When contacting, please alert our Representatives that your call is pertaining to our Transmission Aerial Saw Program.



# Pierpont to Offer Free 'Future Nurse Academy' for High School Juniors and Seniors Seeking Careers in Nursing



Pierpont's Future Nurse Academy will be held July 15 – 17 at the Advanced Technology Center in Fairmont. (Pierpont Photo/Kristen Cosner)

High school juniors and seniors considering a career in nursing are

Academy' at Pierpont Community and

invited to attend a free 'Future Nurse

Technical College for an immersive look into the profession. The camp is set for July 15 – 17 from 9 a.m. until 3:30 p.m. at Pierpont's Advanced Technology Center in Fairmont, WV.

Attendees will work with Pierpont's experienced nursing faculty to explore topics in CPR and first aid training, medical terminology, safe medication administration, and more. They will also engage in hands-on clinical simulations and informative workshops designed to deepen their knowledge and passion for nursing.

"This camp offers a like-minded

community where students can connect with fellow campers who share their interests and aspirations," said Terri Armentrout, Licensed Practical Nursing (LPN) Program Director at Pierpont. "Students who are considering pursuing a career in nursing will leave empowered and confident in

their career choice. They will be armed with knowledge of the next steps and how to get a jump start on admission into Pierpont's LPN program."

Pierpont's one-year, hybrid LPN certificate program offers individuals the opportunity to continue gainful employment while receiving their education. Upon graduation, students are prepared to sit for the NCLEX-PN exam, opening doors for continuing education or advancement within their employment. Eligible students may qualify for the West Virginia Invests Grant, which enables them to attend Pierpont tuition-free while pursuing their education.

Spots are limited for the Future Nurse Academy. To register, visit go. pierpont.edu/cweapp. For more information, contact Armentrout at tarmentrout@pierpont.edu or (304) 534-7709.

## What you need to know about CPS actions

In a rare move last week, top aides to Gov. Jim Justice faced the press to respond to growing concerns over the death of a 14-year-old Boone County girl.

But while the press conference to talk about Kyneddi Miller's death was unusual for the governor's office, the tragic event is only the latest in a long string of red flags around West Virginia's child welfare system.

It was only last October when two Black teens were found locked in a Sissonville barn and another child - five years old - with visible signs of neglect was found in the loft in that same home. The three children and another who wasn't home at the time were removed, and their adoptive parents were charged with felony child neglect, human trafficking and civil rights violations based on race. And a class action lawsuit filed on behalf of West Virginia foster kids that alleges severe problems in the state system is nearing its five-year anniversary in large part because state officials continue to drag their feet.

These reports of mistreatment of West Virginia's most vulnerable kids have stretched through the last eight years of Justice's tenure and under multiple iterations of a Legislature run by both Democrats and Republicans, but little has moved the needle

## How are foster care and Child Protective Services (CPS) connected?

Several of the most shocking recent cases don't involve foster kids: Kyneddi was being cared for by her mother and two grandparents, and the children removed from the Sissonville home after alleged abuse were adopted, but not from West Virginia's foster care system.

These two systems are intertwined and share many of the same challenges and staff members, which is why they're often mentioned in the same breath.

Under the current Bureau for Social Services — part of the West Virginia Department of Human Services (DOHS) — there are a number of workers who could potentially both work to investigate allegations of child abuse and, if a child is removed from their home as a result, become the child's foster care case manager.

But for decades, West Virginia has had a shortage of these key social workers. At the end of 2022, a third of these positions were empty. In early 2023, the Justice administration announced pay raises for CPS workers, as well as the department's youth services workers and adult protective services workers — with additional incentives for workers in the Eastern Panhandle to compete with neighboring states.

While the state has made progress in filling some vacancies, Berkeley County Circuit Judge R. Steven Redding told lawmakers in October that the problems persist, and have led to a backlog of 400 referrals that CPS workers haven't been able to investigate. And in a recent deposition as part of a class action lawsuit filed on behalf of West Virginia foster kids, a former state official testified about known deficiencies in the system,

including the large number of child abuse referrals that fall through the cracks.

"Cases where referrals were screened out at the point of centralized intake with questions around whether or not that was or was not appropriate," said Jeremiah Samples, a former deputy secretary of the Department of Health and Human Resources who now advises top lawmakers. "Situations where workers had a responsibility to — maybe it was an active case — a worker would have a responsibility to go out and check on a child, failed to do so, a tragedy occurs."

#### What happened to Kyneddi Miller?

In April, deputies found the body of 14-year-old Kyneddi Miller in a skeletal state in her Boone County home. The teenager lived with her mother and two grandparents and was homeschooled; investigators said she hadn't eaten in months.

Since her tragic death, Kyneddi's mother and grandparents have been criminally charged with child neglect resulting in death, a felony. In the weeks following the discovery of Kyneddi's body, there have been competing narratives about whether the teen's situation had previously been formally reported to CPS

"The CPS folks, from what I understand, had no idea about this child," Justice told reporters in a briefing on April 23. "No idea whatsoever."

But two weeks later, Justice walked

"Will I stand behind what was said two weeks ago now that I know the information that I know today?" he asked on May 8. "No way."

The month following Kyneddi's death, there were competing accounts of who may have known about her situation. TV station WSAZ has reported anonymous tips alleging CPS had been contacted twice about the family - in 2009 and 2017. WSAZ also reported that Kyneddi's plight was known to state troopers; a call log documented a trooper saying he was planning to make the referral to CPS in person. But while the TV station says the West Virginia State Police stands by that call log, DoHS released a statement saying "a comprehensive search of DoHS records suggest no referral was ever made."

In last week's press conference, Justice's Chief of Staff Brian Abraham said the administration's investigation into the incident concluded that the two previous referrals didn't have anything to do with Kyneddi, and were unfounded. He said it seemed that state troopers had gone to the CPS office in person in 2023, but it was "informal contact" and they didn't make an official referral: the troopers hadn't found any signs of abuse or neglect, but found it odd that Kyneddi was so scared about COVID-19 that she wouldn't leave the house.

"When the West Virginia State Police made contact with this girl at her residence ... she was in good health, she was unharmed," Abraham said.

Abraham further noted that although

GPS data showed state troopers were physically present at a Boone County-area DoHS office, CPS agents did not remember speaking to them. Thus, moving forward, to avoid any confusion, law enforcement has been instructed to call the toll-free Centralized Intake for Abuse and Neglect number.

## This isn't the only really awful child abuse case to come to light in West Virginia over the past year.

No, it's not. Back in October 2023, social workers removed several children from a home in Sissonville, after neighbors reported they were doing manual labor and being forced to sleep in the barn. Prosecutors initially charged the kids' adoptive parents with felony child neglect, but in May, a grand jury indictment included additional charges of human trafficking, using a minor child in forced labor and civil rights violations based on race.

One of the similarities between the Boone County case involving Kyneddi and these children in Sissonville is a lack of clarity around when CPS was alerted to the situation, and whether or not they acted.

While in Kyneddi's case DoHS officials maintain they did not have any formal child abuse referrals, records in the Sissonville case indicate that neighbors called CPS at least once about the children in August. But DoHS hasn't provided any documentation showing whether they followed up on the referral, before Kanawha County Sheriff's deputies removed the children more than a month later

## Has the state agency in charge of foster care and CPS been transparant?

No.

Journalists and the public have struggled for years to get more information about the treatment of kids in state custody and the outcome of child abuse complaints. State agency lawyers argue that most of the information isn't subject to the state's open records law because West Virginia code has a provision for records involving juveniles to remain confidential except in a few narrow exceptions. State agency lawyers typically argue that law applies to any child welfare records, even when the identities of kids are redacted.

Besides the specific examples in the Kyneddi Miller and Sissonville cases where state officials haven't provided records detailing child abuse referrals or the agency's response, there have been multiple filings in a massive class action lawsuit against the state that show other ways in which the agency has kept crucial information from the public and lawmakers.

The lawsuit was filed in 2019 on behalf of current and former West Virginia foster kids. It argues the state has repeatedly failed to care for the kids its charged with protecting — including failing to make sure they end up in the most appropriate placement settings with the services they need. But after years of litigation, the lawyers representing these kids have

struggled to get all of the information they've requested from state officials.

In April, U.S. Magistrate Judge Cheryl Eifert sanctioned state lawyers and child welfare officials for withholding key documents from the plaintiffs' attorneys and then destroying them, though she said there was no evidence the destruction was intentional.

And just two weeks ago, former DHHR official Samples said in a sworn deposition that agency leaders had repeatedly pushed empty talking points rather than prioritizing concrete actions and transparency. He also said that he was aware that then-Secretary Bill Crouch had applied pressure on the foster care ombudsman to withhold some information and documents from lawmakers about problems in the system.

"The tone of the conversation was that it was a threat, to be very careful about conversations that she had with the Legislature and documents that she would release," Samples said in the deposition.

That ombudsman, Pamela Woodman-Kaehler, resigned shortly after the deposition became public.

At last week's press conference, the Governor's office asked state police and top officials with the Department of Human Services to gather information that could be shared publicly. Abraham repeatedly insisted that information was limited due to federal and state rules restricting what can be shared from a criminal investigation.

## What kinds of action to improve child welfare are leaders promising at this point?

This past legislative session came and went without meaningful action to address the very specific deficiencies brought to light by the foster care class action lawsuit.

Lawmakers considered and advanced a handful of child welfare bills, including one to bar anyone with a pending child abuse or neglect investigation from homeschooling their kids - a measure known as Raylee's Law — but of those, only a bill creating a foster parent information dashboard was signed into law. Lawmakers also indicated they want to add more transparency and oversight to the system; two measures that ultimately didn't make it into law would have allowed the foster care ombudsman to view confidential CPS records and have let a legislative oversight commission hear reports of child injuries, deaths or other problems. But both bills also would have created additional secrecy, doing nothing to give the public more information about how the agency works.

After the press conference discussing the Kyneddi Miller case, some legislative leaders again promised actions to improve the state's child welfare system.

West Virginia MetroNews described the comments from House Health Committee Chairwoman Amy Summers, R-Taylor, this way: "It is awful and I know we all want to blame someone and try to figure out what could have been done to save her, so I understand all of that" before finding herself at a loss for words and trailing off.