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The Year in Review 2021



Rosie's Gaming Emporium opened its \$28 million expansion officially in 2021.



Tractor Supply opened its Vinton location at Lake Drive Plaza in 2021.



The bike leg of the Carilion Clinic IRONMAN 70.3 Virginia's Blue Ridge Triathlon came through Vinton on June 6.



Joe Goodpies Brick Oven Eatery opened in Vinton in 2021.



RND Coffee opened in December at Vinyard Station.

Debbie Adams
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While many communities are saying "Goodbye and Good Riddance" to the year 2021—not so, Vinton, Virginia.

"Wow, 2021 was quite the year for Vinton," says Town Manager Pete Peters. "For starters, we continued to advance numerous community development projects forward to include the initial planning efforts to rebuild Mountain View Road, secured a hotel developer to construct a 94-room property in our downtown, watched Vinyard Station's transformation and the opening of Joe Goodpies and RND Coffee, finalized grant funding and design plans to rehabilitate Gish Mill, opened a new phase of Glade Creek Greenway, saw the construction of the town's first parking garage as part of Rosie's expansion, and reached an agreement to transfer our utility system to the Water Authority, all while still facing the many difficulties revolving around the ever-changing COVID-19 pandemic."

The completion of numerous economic development projects began early in 2021 when Cardinal Glass celebrated an \$8 million, 26,000-square-foot expansion with a ribbon cutting on January 7. (The company had opened in the Vinton Business Center in 2004.) The expansion added a new, state-of-the-art robotic seaming and cutting system, and an estimated 60 new jobs. The expansion was driven by the need for more space in some operations areas of the building and also an increase in their business.

Soon after—on January 19—the newest Our Daily Bread (bakery and bistro) location officially opened on East Lee Avenue in downtown Vinton, saving many the journey across town to the Brambleton Avenue location. The restaurant took over the Bush Building, built in 1955,

named for former Vice Mayor and CPA Joe Bush, who had his offices in the building.

Joe Goodpies Brick Oven Eatery, owned by Jack Winston, opened to the public in Vinyard Station (the renovated Vinton Motors) on February 4. Vinton's favorite developer and contractor—Dale Wilkinson and Greg Rhodes—were responsible for the project.

Rosie's Gaming Emporium began a \$28 million expansion project in February along with the start of the 2021 "Together We Win" program which had a goal of donating \$52,000 in 52 weeks to 52 charities across Virginia (many in Vinton and Roanoke). The expansion included doubling the size of the facility, adding a 280-space parking garage, and tripling from 150 to 500 the number of gaming machines. Early construction involved the largest crane Vinton has likely ever seen. Construction and renovations remained on schedule, allowing the expansion to open on December 8.

Big Lots moved—after 31 years—from Lake Drive Plaza into a larger store at River Park Shopping Center after \$2 million of renovations. The store held a soft opening on February 25 and a grand opening with a ribbon cutting on March 13. Developer and contractor once again were the Wilkinson Group and Greg Rhodes.

In April, Town Council approved rezoning of Gish Mill to allow for a mixed-use redevelopment of the property, to include lodging, a restaurant, a retail shop, and a possible speak-easy in the basement. The historic mill has been in operation since the 1770s. In September, Gish Mill received historic designation on the Virginia Landmarks Registry, and later the National Register of Historic Places, making it eligible for historic tax credits in the renovation process.

Also in April, the Town of Vinton began accept-

ing bids for the hotel development project at the intersection of South Pollard, Cedar Avenue, and 1st Street. In July, Town Council approved a contract to bring a franchise hotel to Vinton.

Town Council announced in June that the town would be receiving \$8.4 million in CARES Act funding. In July council announced another \$4.2 million to be received from ARPA funding. How to use the funds best is still under discussion.

Bank of Botetourt opened in Vinton on Pollard Street in downtown Vinton across from the Municipal Building on July 26, with an official ribbon-cutting ceremony on August 19. Ground was broken in November 2020 and construction proceeded even faster than expected.

Taco Bell built and opened a new and much larger restaurant at East Vinton Plaza right up the street from its former Foodette location.

William Byrd High School Renovations began in the summer of 2021—another \$28 million project with the goal of completion in the summer of 2023.

A new Tractor Supply opened at Lake Drive Plaza in the vacant Big Lots location after months of anticipation and renovations and has remained consistently busy, extending its profile across the region. The store celebrated its grand opening on September 30 with a ribbon cutting with town officials and the Vinton Area Chamber of Commerce.

And in news that is not the most glamorous but may have the biggest impact on the town's economy and its citizens, Vinton Town Council announced at the December 7 meeting that ownership and operation of the town's water/wastewater system is being transitioned over the course of six months to the Western Virginia Water Authority.

In the final economic news of 2021, the RND (Roaster's Next Door) coffee shop opened in Vinyard Station in downtown Vinton on December 21—making Vinton officially trendy. This is the second location for brothers and co-owners Quincy and Steffon Randolph.

"The best part is that we've only scratched the surface of the possibilities for Vinton and are just starting to realize the fruits of our labor as visible improvements are taking shape right in front of our eyes," Peters said. "While it's been fairly obvious to recognize the highly visible commercial projects such as Roland E. Cook, Billy Byrd, Macado's, Vinyard Station, Rosie's, etc., countless other projects have been in various planning stages over the last several years, are now fully funded and will start construction in the near future that will in some cases have an even greater positive impact on the quality of life for our residents and visitors."

As for what the headlines will be in the coming year: "In 2022, citizens and visitors to our community can look forward to increased paving efforts, improved traffic signalization and enhanced downtown and neighborhood pedestrian connections, as numerous construction projects get underway," Peters says. "Gish Mill will be renovated and reopen with a new restaurant and VRBO style lodging, a hotel on Pollard Street will break ground and transform our east downtown gateway in to a more aesthetic and welcoming entrance that will generate countless new visitors to our thriving businesses community and our public water system will receive millions of dollars worth of infrastructure upgrades and improvements to include transitioning our current well-water based supply to the Carvins Cove water supply, all while sustaining rates for businesses and residents. It is also very encouraging to see continuation of private investment occurring in town as a sign of a healthy and optimistic outlook for our town in the New Year. As existing businesses grow, such as the Dogwood Restaurant, and Twin Creeks expansions get underway and new ones locating here such as the Social House coming to the former playhouse on South

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Mount Pleasant PE teacher awarded grant for climbing wall

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Mount Pleasant Elementary School physical education teacher Allison Angell has received a grant for \$500 from the Blue Eagle Credit Union. The grant will start the fundraising for "A Systems of Adventure Wall Climbing" at Mount Pleasant. A ceremonial check was presented to Angell on December 17 by Laurissa Thompson, marketing director at the credit union.

"COVID-19 and this pandemic have impacted our students in so many ways," Angell said. "Some impacts are easily measured at schools with test scores and how well a student performs on a standardized test. Other impacts will not be known for years.

"Because the pandemic placed a huge demand on parents to balance their children's education as well as their work schedule, often core subjects— music, art and physical education— were overlooked," Angell said. "Although placing educational priorities on reading and math are understandable, students, as young as 4 years old, sat behind computers, either being educated or entertained by technology. I am already seeing the impact of these hours behind a computer as a physical education teacher.

"My experience for the last 20 years is that most kids like to move. Actually, most students LOVE to move. Gross motor movements such as running, kicking, jumping, and walking, come naturally to most kids. Take a child to any playground, and their eyes will widen, and imaginations go wild. Or they DID... until the pandemic.

"Although most of my students still enjoy moving, many get tired after one minute of running! Do not

even get me started about their climbing skills, skipping, and jump roping.

"Often overlooked, physical education plays a huge role in cognitive development in children. A student is struggling to read? Ask the student to skip. Both activities require the student to cross their midline. Is a child sensitive to loud noises and environmental distractions? Can that child swing on a playground swing? Is their sensory system underdeveloped?

"Having previously fundraised money for a climbing wall 15 years ago, the needs of our students have changed," Angell notes. "Our students need to improve their balance, upper body strength, and develop their other systems that may have been neglected during our pandemic.

"This wall would be amazing! I am looking to purchase three or four sections of the wall over the next couple of years. The first section would replace the cargo net that is too high and old. This climbing would allow students to cross over their midline, while balancing and using their upper body.

"The second and third sections I would like to purchase would be Ninja type activities. In these activities students would hang and swing to get across the mats that come with this wall. This swinging motion allows their sensory system to regulate their bodies to their environments. The next sections would improve balance. Our students' vestibular systems would be improved by either the hanging circles or a plank that they would have to balance on to get across the mats. This improvement of balance would allow our students to learn how to move through space effectively."

Angell referenced an article by Tracy Trautner written in 2018 for the Michigan

State University Extension— "Just a Swinging, Sliding, and Climbing."

"There are many benefits to unstructured playground time for children of all ages," Trautner says in the article. "Children develop in particular patterns. For example, they have to be able to sit up by themselves before they can crawl and eventually walk. Same is true for how they develop their handwriting skills. Tearing, cutting, and scribbling occur way before the child is able to write. They have to develop the little muscles (fine motor muscles) in their hands before they are able to grasp a pencil and make legible symbols.

"As soon as children arrive at a playground, they head directly for the swings, slides and various climbing structures. Similar to learning to cut with scissors before being able to write their name, children need lots of unstructured playground time to benefit their developing brain. On a playground, they are using their bodies in a healthy way. As they play, they are sending oxygen to their muscles while at the same time producing endorphins that have positive effects on their mood and activity level. Developing a strong sensory system creates a foundation for more complex learning later in life.

"With so much technology consuming much of their day, children do not have as many opportunities to develop the vestibular (balance), tactile (touch) and proprioceptive (helping us move through space and move our bodies effectively) areas of their brain. Time on the playground swinging, climbing, and sliding allows these important systems to develop.

"Swinging allows a child to develop coordinated movements," Trautner explained. "It is almost impossible to teach a child how to



PHOTO BY DEBBIE ADAMS

Mount Pleasant PE teacher Allison Angell has received a grant for \$500 from the Blue Eagle Credit Union that will be used to add to a climbing wall in the gym. Several students helped Angell create a video to explain the project. Shown left to right are Marketing Director Laurissa Thompson from the Blue Eagle Credit Union, students Lawson Bradford and Rawling Lyle, teacher Allison Angell, students Ellason Bradford and Addison Bradford, with Mount Pleasant Principal Dana Stevens. Student Caroline Sink is not pictured.

swing. Through lots of practice and the motion of moving back and forth, they are successful in learning how to make a swing move.

"Swinging is one of the best activities for young children to develop their sensory system. When a child swings, they are developing their ability to adapt to different sensations. The classroom is unusually loud, the lunchroom is overly chaotic, the cleaning crew used a new cleaning product, or the clock is ticking loudly. All of these can affect a child's ability to learn. If their sensory system is underdeveloped, it can be difficult for them to focus, keep their hands to themselves or walk down the hall to the lunchroom."

Trautner says swinging can be soothing and calming as well as fun, encourages social interaction and development, spatial awareness, helps develop gross motor skill (pumping legs, running, jumping), fine motor skills (grip strength, hand/arm/finger coordination), develops core muscles and

helps develop balance, and stimulates different parts of a child's brain simultaneously.

Climbers and slides help children exercise their bodies in a natural way. Raising their arms above their shoulders to hold onto the monkey bars increases cardiovascular flow. At the same time, they are stretching, which increases their flexibility. When they are climbing a ladder (or wall) and pulling up with their hands and arms, they are building their upper body, grip, and arm strength. Climbing to the top of the ladder also helps with leg strength and coordination. Sliding helps develop the vestibular system, therefore their sense of balance.

"This Systems of Adventure Wall will take years and a lot of creative fundraising on my part," Allison Angell says. "Our students need to get excited about moving again and the less technology plays in that excitement, the better."

The Blue Eagle Credit Union is known for actively partnering with local orga-

nizations making a positive difference: the Rescue Mission, American Red Cross, United Way, and schools.

The teacher grant program is based on research that shows that teachers, on average, spend about \$500 out of their own pockets to create positive learning experiences for their students. Their intention is to ease some of that financial burden through grants. Teacher grants were introduced in 2016 and are fully funded by employees of Blue Eagle Credit Union.

Seventeen projects were funded by the 2021 Teacher Grant program in the Roanoke area for a total of \$8370 in 2021 (\$33,000 in the past five years). Beth Greenway and Jaime Walsh at Herman L. Horn also received grants from Blue Eagle Credit Union in 2021.

In addition, the credit union sponsors "Report Card Rewards" in which students in grades K-12 can earn \$2 for every "A" and \$1 for every "B" on their final report card.



Newly elected or re-elected members of the Roanoke County School Board were sworn in earlier in December and are ready to get to work in the new year with much on their agenda. Shown left to right are Tim Greenway (Vinton District), Cheryl Facciani (Windsor Hills District), Brent Hudson (Catawba District), and David Linden (Hollins District). Mike Wray, who is not pictured, represents the Cave Spring District.

Board of Supervisors, School Board members sworn in

On December 13, recently elected or re-elected members of the Roanoke County Board of Supervisors and Roanoke County School Board were sworn in during the 2021 Investiture Ceremony at the Roanoke County Courthouse.

Jason Peters ran unopposed and will continue representing the Vinton Magisterial District on the Board of Supervisors. Phil North ran unopposed representing the Hollins District. David Radford also ran unopposed and continues to serve the Windsor Hills District. Recently elected board members took their oaths of office and received their election certifications. Their terms will expire in 2025. Martha Hooker (Catawba) and Paul Mahoney (Cave Spring) are returning board members whose seats are not up for election until 2023.

Roanoke County School Board members sworn in included Tim Greenway (who ran unopposed to represent the Vinton District), Cheryl Facciani (Windsor Hills District), Brent Hudson (Catawba District), and David Linden (Hollins District). Hudson was elected to complete the term of Don Butzer, who resigned from the board in June. His term will end in 2023. Mike Wray will continue to serve the Cave Spring District; he will next be up for election in 2023.



The 2021 Investiture Ceremony for the recently elected or re-elected members of the Board of Supervisors took place on December 13 with board members taking their oaths of office and receiving their election certifications from the Roanoke County Registrar. Jason Peters, who represents the Vinton Magisterial District, is shown with Registrar Anna Cloeter. He ran unopposed in November.



PHOTO S COURTESY OF ROANOKE COUNTY

Phil North will continue to represent the Hollins District on the Board of Supervisors.

CROSSWORD PUZZLE

1	2	3	4		5	6	7		8	9	10	
11				12		13			14			
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55						56				57		58
59						60				61		
62						63					64	

- CLUES ACROSS**
- Loud cheer
 - Defensive nuclear weapon (abbr.)
 - Type of cell
 - Oblong pulpits
 - Pitching statistic
 - Uncommon
 - Liabilities
 - Thin, straight bar
 - Oh goodness!
 - Competitions
 - ___ Jima, WW II battlefield
 - Professional assn. (abbr.)
 - Italian mountain range
 - Taking possession of
 - Used in cooking and medicine
 - Water (French)
 - Parent a child
 - Sun-dried brick
 - One point south of due east
 - Female fashion accessory
 - A way of making a copy of
 - A way to debilitate
 - Wings
 - Social insect
 - Dull brown fabrics
 - Indian musical pattern
 - N. England university
 - Portable stands for coffins
 - Iranian district
 - Envision
 - Passerine bird genus
 - Container
 - Falter
 - Tunisian city
 - CLUES DOWN
 - Cool!
 - Passover offering
 - Swedish rock group
 - Collegiate military organization
 - Large nests
 - Beloved baked good
 - 1980s pop legend
 - Finger millet
 - Hillside
 - Surrender
 - Midway between south and southeast
 - Long, narrow strap
 - Discount
 - A type of cast
 - Large, tropical lizard
 - Half of "Milli Vanilli"
 - Single
 - Big truck
 - Midway between east and southeast
 - Et ___ indicates further
 - Insecticide
 - Luke Skywalker's mentor ___-Wan
 - Cast out
 - Breakfast food
 - By reason of
 - One who makes thread
 - Baseball stat
 - Breezed through
 - Frothy mass of bubbles
 - Tony-winning actress
 - Made of fermented honey and water
 - Member of a Semitic people
 - Monetary unit of the Maldives
 - Run batted in
 - Makes publicly known
 - Disagreement
 - Soluble ribonucleic acid
 - Single-reed instrument

PEOPLE, PLACES AND THINGS

I hope everyone had a great Christmas. I know some families (including some of ours) were sidelined by COVID. But I hope you all made the best of it. Our house was full of fun and love on Christmas Eve. Joining us were Abbie Lewis, Elena Boitnott, Drake and Hannah Lewis, David Lewis (in from Myrtle Beach), Tara and Steve Jones, Vickie and Kent Smith, Aaron Blankenship, Mom (halfway, LOL), Greg Chewning, Lisa and Mark Atkinson, Page and Brian Lovern, Candie and Richie Tomlinson, Michelle and Brian Barklow.

Also on Christmas Eve, the

Angie Chewning

Filling in for Bootie

Vinton Moose hosted pictures with Santa. Many members and their families came out to get pictures with Santa. It was a great time.

On Sunday, a few classmates got together at Macado's. It was fun catching friends up on all the happenings going on in Vinton. Robert Patterson, Sherry Secrest, Mike Warren and my-

self also caught each other up on our lives and hope to get a bigger group together over the summer.

Tickets are still on sale for New Year's Eve. Ring in the New Year with Five Dollar Shake with friends and family and make some new friends at the Vinton Moose Event Center (you do not need to be a member to attend); December 31, 8 p.m.-1 a.m., \$25 per person, \$50 per couple. Ticket price includes heavy hor d'oeuvres, New Year's party accessories, BYOB, cash bar for beer only. For more information call 890-1335 or email angie@vintonchamber.com.

RECIPES OF THE WEEK

Original Rotel Hamburger Dip in the Crockpot

1 lb. ground beef, 92% lean works well
1 10 oz. can Rotel chilis and tomatoes – original, mild, or hot
1 lb. of Kraft American Deluxe Cheese slices, chopped up roughly
1 Tbsp. Worcestershire

Brown and drain ground beef. Place all ingredients in crockpot. Heat on high for 1 hour. Then low for another hour or two. Stir about half-way through. Serve with chips.

Spicy Shrimp

2 lbs. frozen raw shrimp in the shells, large size
Quart or so of flat beer (cheap beer is fine)
3 bay leaves
1/8 cup salt (optional)
Up to 1 tsp. hot sauce
A few chopped celery tops
1 Tbsp. whole peppercorns

Put all ingredients in large pot. Heat to a boil. Once shrimp turn pink (only takes about five minutes), remove from heat. Serve immediately or chill. Serve with cocktail sauce (1/2 cup catsup, 1/2 cup Heinz chili sauce, 1 tsp. Worcestershire, a few minced celery tops).

This week's Recipes of the Week are two simple appetizers for bringing in the New Year.

Bonsack/Blue Ridge Ruritan Club donates Rudy Bears to Vinton Police

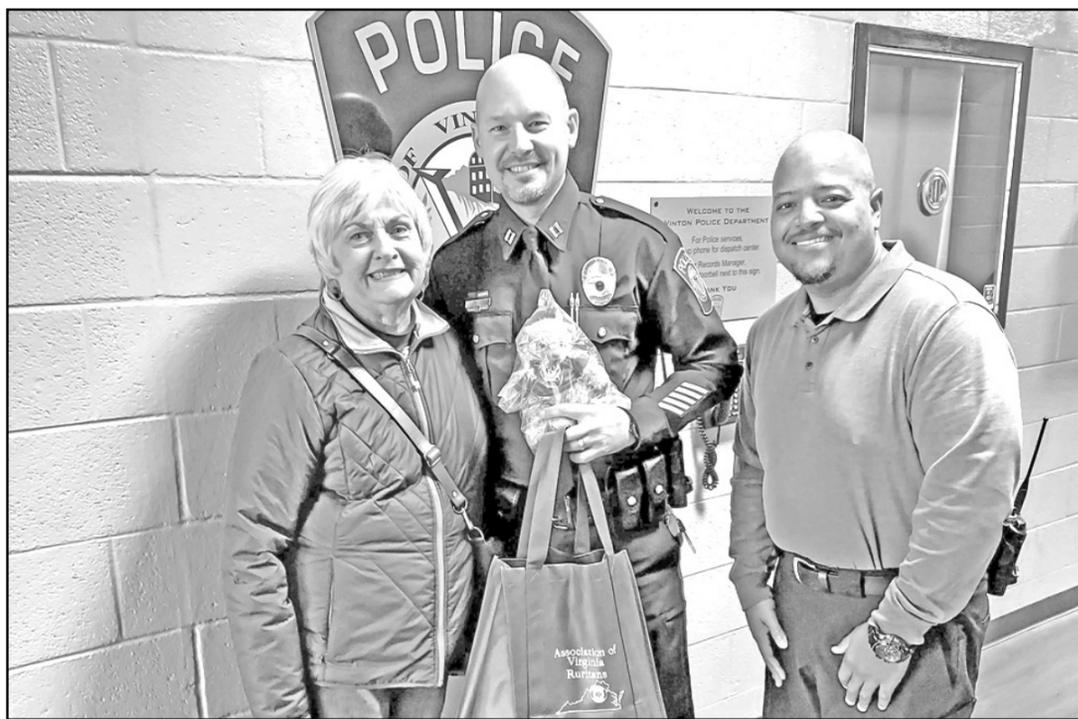


PHOTO BY DANNY WASHBURN

The Bonsack/Blue Ridge Ruritan Club recently donated Rudy Bears to the Vinton Police Department to be given to children experiencing traumatic situations. Shown left to right are Ruritan Cynthia Washburn, Vinton Police Captain Tim Lawless, and Officer Will Holland.

The Bonsack/Blue Ridge Ruritan Club has made a donation of Rudy Bears to the Vinton Police Department. Rudy Bear, created in 1988, is the mascot for Ruritan Clubs all across America. Ruritan clubs have been donating stuffed "Rudy Bears" to first responders for over 30 years, to help them comfort traumatized children.

According to club member Lynn Zangari, "We donate Rudy Bears each year to the Vinton Police Department, the Botetourt sheriff, and Carilion Children's Hospital. These bears can be used to comfort a child during a time of crisis."

"The Vinton Police Department appreciates the generous donation of Rudy Bears by the Bonsack/Blue Ridge Ruritan Club," said Deputy Chief Tim Lawless. "We are thankful for their support in our police department and community. Their donation will bring smiles to several children within our community. This will help provide positive interactions with children and law

enforcement that can make an enormous difference."

Rudy Bears are a project of the Ruritan Public Services Committee which works to support law enforcement, fire, and rescue squads, with thousands of bears donated every year to serve children in crisis.

The Bonsack/Blue Ridge Ruritan Club was chartered in 1952 and currently has 38 members.

In addition to the Rudy Bear project, the Ruritans are well-known in the community for sponsoring two \$1,000 scholarships to graduating seniors at Lord Botetourt and William Byrd High Schools.

In addition to scholarships, the Ruritans support local youth through the Future Farmers of America, Botetourt Technical Education Center, Scouts, summer camps, and more.

They also support veterans, their families, and their operations through the D-Day Memorial, Military Family Support, lunch at the VA Care Center, and an annual vet-

erans' dinner. The Ruritans display flags on certain holidays and place flags on veterans' graves on days honoring veterans.

They support families with special needs through the Bonsack Food Bank, their Backpack Ministry, the Ronald McDonald House, RAM House, and the Rescue Mission. They also sponsor blood drives and support the Blue Ridge Library.

The Ruritan club promotes environmental issues, conservation of natural resources, and community beautification. Other projects include recycling, trash pick-up, and Hunters for the Hungry.

The Bonsack/Blue Ridge Ruritan Club meets at Bonsack United Methodist Church on the first Tuesday of each month. Their goal is to build a better community through community service, fellowship, and goodwill. They believe stronger communities make a better America.

One of their major fundraisers is their annual Chicken BBQ in the spring of each year.



SUBMITTED PHOTO

Rudy Bears are the mascot of the Ruritan Clubs across America. The clubs donate the small bears to first responders to comfort children in times of crisis.

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Beyond Books for January 2022

Happy New Year from the Vinton Library! The Vinton Library staff is "Noticing the New Year" and we have a worksheet you can pick up all month long that will help you to notice the world around you in a new way.

We have also partnered with the Alzheimer's Association for "New Year New You: Healthy Living for Your Brain and Body," a Zoom presentation on January 7 at 11 a.m. that shares insights into how to make lifestyle choices that may help you keep your brain and body healthy as you age. Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity, and social engagement.

If you are in the midst of a job search in the New Year, we have some tools for you. The Better Business Bureau will be giving a virtual presentation on Monday, January 10 at 11 a.m. on "Employment Scams and Job Search Tips." Join the BBB to learn about common employment scams and how to avoid them. At 2 p.m. on January 10 join us on Zoom to learn how to use "Brainfuse" online to create an awesome resume.

Need to make a DMV trip but want to avoid the hassle of going to the DMV? The "DMV Connect" service will be here on January 31 and February 1 from 10 a.m. to 5 p.m. with no appointment needed!

This month's "Vinton Book Club" selection, "Beartown" by Fredrik Backman, will be discussed on the first Thursday of the month at 3 p.m. on Zoom. "As the Page Turns Book Club" will read and discuss "Recipe for a Perfect Wife" by Karma Brown on the second Wednesday at 2 p.m., also on Zoom.

Children and their caregivers can join us for virtual "Family Storytime" on Tuesday and Thursday mornings at 10 a.m. (January 11-27) and virtual "Jammie Time" on Tuesday nights at 6 p.m. (January 11-25). Sing songs, move your body, and practice early literacy skills before bed! You can register for our Junior Maker's club to explore a new STEM-related project each month. For the month of January, we will be offering a take-home kit that will be available for pick-up on January 19. "Wonder Packs" and "Mad Scientist" kits will be

available starting January 1.

"Caturday" are back! Register for a 15-minute time slot on Saturday, January 22 between 2:30-3:30 p.m. and read to cats from RCACI. This special program helps children develop their reading skills while helping to socialize cats that are getting ready for adoption.

Children's Take & Create Craft Kits

Week of Jan. 3: Snow Tree

Week of Jan 10: Sparkling Snowflakes

Week of Jan. 17: Penguin Craft

Week of Jan. 24: Paper Snowflakes

Week of Jan. 31: Winter Windsock

Teen Take & Create: Icicle Craft

Adult Take & Create: Snowman Door Hanger

Teens are invited to join our weekly "Drop-In" events every Monday at 4 p.m. Stop by each week for a surprise pop-up event, game, or take-home activity. Each week is different, so you won't know until you show! On Wednesday, January 5 at 3 p.m., join us on Zoom for a teen program on "How to Find Stories and Scandals Using Genealogy" and learn how to uncover the stories and secrets of your family history!

Here are a few of the other virtual programs being offered this month through Roanoke County Public Library:

The Roanoke County Genealogy Club--Monday the 5th at 10 a.m.

Make it Legal with Gale Legal Forms--Tuesday the 6th at 2 p.m.

How to Borrow eBooks with Libby and Overdrive--Tuesday the 11th at 2 p.m.

Intro to Microsoft Access--Wednesday the 12th at 2 p.m.

Evening Genealogy Club--Tuesday the 18th at 6 p.m.

WPS Office Basics--Wednesday the 19th at 3 p.m.

Intro to Etymology--Thursday the 20th at 2 p.m.

iPhone for Beginners--Tuesday the 25th at 2 p.m.

Discover Roanoke's Historic Places--Thursday the 27th

Remember to register for programs online at www.rocolibrary.org/

By Vinton Library Assistant Molly Meador

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2021

from page 1

Pollard near the brewery and a new restaurant and seasonal market opening at Gish Mill, are all positive indicators that Vinton is the place to live, work, shop and play and shows no sign of slowing down.

“Our community continues to be blessed in so many ways, with great council leadership, supportive citizens, community minded and generous local business owners, and the continuation of the town’s partnership with Roanoke County to continue to move the re-development needle forward,” Peters continued. “I have always heard that great things come in small packages, and I can’t think of a better analogy for our 3.1-square-mile town. What we may lack in footprint, we are making up for in quality and positive impact on the community— as a whole. From our professional Police Department, our exceptional service driven Public Works staff, our fun producing Com-

munity Programs division and all the staff in between, the town packs a big punch in a small package.”

Other notable events in Vinton in 2021 included:

- Roanoke County Public Schools gradually reopened to in-person instruction over the spring of 2021 with COVID mitigation strategies in place. Students in grades K-3 had the option of attending in person all during the COVID crisis which began in the spring of 2020. Fourth graders were added back on January 25, 2021. Remaining students in grades 5-12 were able to return to in-school instruction on March 22, 2021.
- The seventh annual Gauntlet Business Program and Competition got underway in February 2021. After 10 weeks of classes, awards and \$300,000 in cash and prizes were distributed at a ceremony on May 27. First place went to Candace Monaghan of

Beaver Dam Farm Sunflowers.

- The Vinton State of the Town Address became virtual in 2021, after being postponed repeatedly from the prior November. Mayor Brad Grose and Vinton Area Chamber of Commerce Executive Director Angie Chewning delivered the broadcast on RVTV on March 25.

- William Byrd High School students ages 16 and older were able to receive COVID vaccinations at the high school on April 23.

- The annual Vinton Dogwood Festival was scheduled for April 23 and 24 after being cancelled during the pandemic of 2020. No parade was held in 2021, but there was a Dogwood Queen and Court parading through the streets of downtown Vinton in horse-drawn carriages.

- The Town of Vinton joined with Roanoke County in celebrating Arbor Day on May 25,

in conjunction with a ribbon-cutting for the Glade Creek Greenway Phase II.

- William Byrd High School was able to return to an in-person graduation ceremony, albeit at Patterson Stadium instead of at the Salem Civic Center in order to abide by COVID health guidelines.

- The bike leg of the 2021 Carilion Clinic IRONMAN 70.3 Virginia’s Blue Ridge Triathlon whooshed through Vinton on June 6. Matt Schafer of Boston was the leader coming into Vinton and went on to become the overall winner of the triathlon.

- The Vinton Area Chamber of Commerce Mingle at the Market concerts rebounded in 2021 with the first event on June 12 and continuing throughout the summer— with two a month through September.

- The Town of Vinton was able to return to its traditional Fourth of July celebration. The 2021 event surpassed all expectations,

with many proclaiming the seemingly endless fireworks as the best show they had ever seen in the region.

- The Vinton Police Department sponsored National Night Out on August 3 at the Charles Hill Community Center with a large crowd stopping by for free hot dogs, snow cones, and ice cream, and visits with the police officers and town officials.

- Macado’s Dog Days of Summer returned to the Lancerlot Sports Complex on August 21, with the public and their pets allowed on the ice and in the outdoor pool.

- In September, PFG— a stalwart business in Vinton over many decades— achieved its goal of 1,000,000 safe work hours.

- The Town of Vinton hosted its annual Fall Festival on October 2. The downtown streets were filled with vendors. Stages at the Farmers’ Market and Municipal Building were filled with entertainment.

- On October 21, Roanoke County celebrated the opening of trendy, new pickleball courts at Stonebridge Park near WBHS.

- The Town of Vinton was able to return to its traditional Downtown Trick or Treating event in 2021 on November 1. Hundreds of children and their families traipsed through Vinton to collect candy and other treats.

- On December 2, the Town of Vinton and the Vinton Area Chamber of Commerce partnered to produce the annual Christmas Tree Lighting ceremony, followed by the Vinton Christmas Parade— a decades long tradition.

When the annual parade was cancelled in 2020 due to COVID, the town and Chamber came up with an alternative to the parade— a Santa Claus Crawl vINTON. Santa, Mrs. Claus, and their elves meandered through all the streets of Vinton distributing treats

See 2021, page 5

From the Pulpit

"GIGO"

The term GIGO, typically pronounced “guy-go,” is an old computer programming acronym that stands for “garbage in, garbage out.” George Fuechsel, an early IBM programmer and instructor, is generally given credit for coining the term.

Fuechsel used “garbage in, garbage out” as a way to remind his students that a computer simply processes what it is given; therefore, the quality of output is determined by the quality of the input. For example, if a computer program asks for a number and the user enters a letter, the result will be an error; flawed input produces

flawed output, or “garbage.”

According to retired teacher and author Hal Urban in his book “The Power of Good News,” our minds work the same way. If our brains are the personal processor of our lives, and we are free to choose what goes into them, what we allow into our minds determines what comes out. Quoting an unknown author, Urban states: “Your mind is like a garden, your thoughts are the seeds; you can grow flowers, or you can grow weeds.”

Though a number of different authors are given credit for this pithy saying, the concept goes back thousands of years to the Book of Job. Trying to explain the misfortune that had overtaken his friend, Job’s

friend Eliphaz declared: “As I have seen, those who plow iniquity and sow trouble reap the same (Job 4:8).”

A similar message can be found in the Book of Proverbs, which states: “Whoever sows injustice will reap calamity, and the rod of anger will fail (Proverbs 22:8).” Paul used similar imagery when writing to the church of Galatia: “Do not be deceived; God is not mocked, for you reap whatever you sow. If you sow to your own flesh, you will reap corruption from the flesh; but if you sow to the Spirit, you will reap eternal life from the Spirit. So let us not grow weary in doing what is right, for we will reap at harvest time if we do not give up (Galatians 6:7-9).”

Though “you reap what you sow” is an effective way to explain the power of our actions, this phrase can also be used to understand the power of our thoughts. If “sow” means plant and “reap” means harvest, whatever is planted into our minds will determine what is harvested— flowers or weeds. The information we put into our minds will determine the attitudes, expectations, and viewpoints that grow out of our minds.

If George Fuechsel was right, “garbage in, garbage out,” according to Urban, the opposite is also true. As such, Urban developed a new meaning for the acronym GIGO. Rather than “garbage in, garbage out,” he taught his students “good

in, good out.” Just as planting bad seeds can produce a field of weeds, planting good seeds can produce a garden of flowers.

As we seek to experience the joy of this season, the joy of Christ’s birth through the gift of Emmanuel, may we be reminded that joy is a choice. However, we cannot simply choose to feel joy and instantaneously feel joyful. Joy is an output, not an input. Joy is the result of the good we put into our minds and plant into the lives of others. “So let us not grow weary of doing what is right, for we will reap at harvest time, if we do not give up.” In other words, good in, good out.

By the Rev. Travis Russell, Vinton Baptist Church

The Vinton Messenger

USPS 660-020
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Salem, VA 24153
ourvalley.org

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The Vinton Messenger encourages letters from our readers on topics of general interest to the community and responses to our articles and columns. Letters must be signed and have a telephone number where you can be reached to be considered for publication. All letters will be verified by telephone before publication. The Messenger reserves the right to deny publication of any letter and edit letters for length content and style.

The Vinton Messenger (USPS 660-020) is published weekly for \$44 a year in Vinton and Roanoke County, \$48 a year in adjoining counties, \$52 a year out of state and the yearly bundle is \$59 a year by Virginia Media Inc. P.O. Box 429, Lewisburg, WV 24901. Periodical postage paid at Vinton, VA. POSTMASTER: Send address changes to THE VINTON MESSENGER, P.O. Box 1125, Salem, Va 24153



Students in the Vinton Baptist youth “Thrive Ministry” had an exciting holiday season, celebrating Christmas together and serving a meal at the Rescue Mission. Students were able to serve food generously provided by the church’s Casserole Committee to the families at the Rescue Mission. They played some Christmas games and handed out some gifts as well.

Celebrating The Town of VINTON!

The Town of Vinton, a community nestled in the Blue Ridge Mountains, welcomes you to our community. Vinton, a town rich with history, has over the years found itself to be one of a few communities that continue to relish the past by offering an environment of a comfortable lifestyle with the feeling of being a part of a large community family. The town, with its proximity to the Blue Ridge Parkway and Smith Mountain Lake, provides many opportunities for those who wish to stop and shop at our local farmers market or one of our unique specialty shops.

If festivals are your interest, the Vinton area hosts several festivals throughout the year from the Vinton Dogwood Festival to the Vinton Fall Festival. Each festival offers its own unique atmosphere. When you are away from home it’s always nice to feel as if you never left.

The Town of Vinton provides small town character with urban services and amenities located nearby. The small town atmosphere is characterized by a low crime rate; small, locally, and regionally owned businesses; and moderately priced homes. Views of the mountains and Blue Ridge Parkway abound.

Vinton represents the ideal type of community, small enough to provide a feeling of belonging, yet progressive enough to provide the facilities, services, and conveniences that are necessary to make a community feel like home to its citizens.

Want to keep up with local news, sports and events?

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Vinton, VA 24179

Sonny Arrington
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2021

from page 4

to children along the route, escorted by the Vinton Police and Public Works Departments. The event was so popular that it returned by popular demand in 2021 on December 14.

Local names in the Vinton news in 2021 included:

Pete Peters became town manager effective January 1, 2021, upon the retire-

ment of Barry Thompson.

William "Bo" Herndon was named as Vinton's Public Works Director in March, taking on one of the jobs with the most demands (thankless at times)— water and wastewater management, roads, refuse collection, and keeping the traffic signals work-

Cody Sexton was named assistant town manager of Vinton effective May 3.

Vinton First Aid Crew Chief Tom Philpott retired on December 31 after 50 years as a volunteer with the crew.

Tim Lawless was sworn in as Captain and Vinton's Deputy Police Chief.

Corporal Andrew DiCarlo was named Vinton Police Department Officer of the Year for 2020. The Vinton Police Leadership Award was presented to Corporal Brandon Alterio.

Matt de Simone was named editor of The Vinton Messenger and The Fincastle Herald on February 3.

Campbell Memorial Presbyterian Church welcomed a new pastor, Jonathan Moelker.

Kathryn Sowers won prestigious State GFWC Jennie Award for volunteerism.

Dr. Hank Ivey retired from Carilion Clinic Family Medicine.

Roanoke Valley Greenway Coordinator Liz Belcher retired after 25 years, the only coordinator the organization had ever had.

A favorite Vinton hairstylist, Pam Mitchell, retired from Salon 121.

Several Vinton area teachers won the coveted Golden, Red, and Green Apple Awards. The awards for 2020 and 2021 were both announced this year. Red Apples for 2021 went to Krista Lyle at Mount Pleasant Elementary School and Katie Hetherington at William Byrd High School. Marianne Nester from Bonsack Elementary won the Golden Apple Award for 2020; Allison Underwood, also from Bonsack Elementary, won the 2020 Green Apple Award; Nola Causey from W. E. Cundiff won the Red Apple Award.

WBHS student, Cadet Hunter Burns, received the Air Force Junior ROTC Silver Valor Award for efforts to rescue victims in a house fire

Jayden Sink achieved the rank of Eagle Scout in a ceremony conducted on September 25.

Vocalist Abby Shelton, a Susan Lewis Music Studio student, won first place in the Vinton Breakfast Lions Club annual Bland Music Scholarship competition in March.

In an upside-down sports season due to the pandemic, William Byrd students Keaton Band and Reagan Tuck were chosen by their teachers and peers as Senior King and Queen during football season on March 29.

William Byrd senior Erin Taylor who received the prestigious honor of being named as the DAR Good Citizen of the Year.

William Byrd senior Ellen Frary was chosen by a panel of judges as the Vinton Dogwood Festival Queen for 2021 on April 24.

Natalie Mullins was named Best All Around Female and Keaton Band was named Best All Around Male in the Class of 2021 at the WBHS Senior Honors Banquet on May 12.

On the opening day of school, Chloe Harrilla was named Top Terrier for 2021-2022 at WBHS—the highest individual honor a student can receive at the high school.

Simon Band and Madison Tuck named Homecoming King and Queen for 2021 on October 8.

Anniversaries celebrated

in 2021 included:

The 60th anniversary of the Vinton Moose Lodge on January 3

The 60th anniversary of the Mount Pleasant Lions Club

The 50th anniversary of St. Timothy Lutheran Church on Hardy Road

The 60th anniversary of the Roanoke Valley Chapter Daughters of the American Revolution on November 6

Politics in 2021:

Local elections (Town Council) were moved by state law from May to November, beginning for Vinton in 2022. Vice Mayor Sabrina McCarty and Councilman Mike Stovall's seats will be up for election.

Jason Peters (Vinton District) and Phil North (Hollins District) were

re-elected to the Roanoke County Board of Supervisors for another term ending in 2025.

Tim Greenway (Vinton District) and David Linden (Hollins District) were re-elected to the Roanoke County School Board for another term ending in 2025.

Dean Davison was chosen by the Libertarian Party to run for the Virginia House of Delegates from the 19th District.

Sports highlights for 2021 locally included:

The Vinton Junior Terriers (ages 12 and under) won the Sandlot Super Bowl Football Championship.

The William Byrd Middle School baseball team went undefeated.

WBHS swimmer Colin Murtaugh won two state swimming championships in the 50 free event and the 100 Butterfly.

The WBMS volleyball team went undefeated.

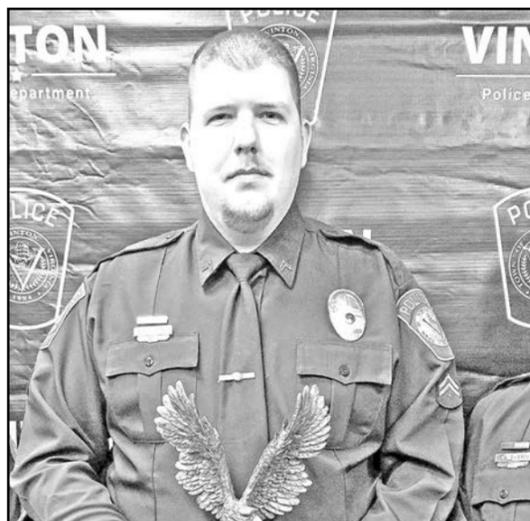
WBHS Boys' Basketball Coach Josh Cunningham left the program to become a full-time pastor at Light-house Bible Church. Brad Greenway, who had been the girls' basketball head coach took over the program. Randy Bush took over as head coach of the girls' team.

Neil Zimmerman stepped down as WBHS baseball coach; Athletic Director Jason Taylor replaced him.

Here's to another "Wow" year in Vinton in 2022!



Vinton First Aid Crew Chief Tom Philpott retired after 50 years of service.



Corporal Andrew DiCarlo was named Vinton Police Officer of the Year.



Ellen Frary was crowned 2021 Dogwood Queen.



WBHS senior Chloe Harrilla was named Top Terrier for 2021-2022.



Coming up in 2022--the Gish Mill Redevelopment Project



Bank of Botetourt built a new branch in Vinton.



PHOTOS BY DEBBIE ADAMS

Big Lots opened in larger quarters at River Park Shopping Center.



PHOTO COURTESY OF THE TOWN OF VINTON

Coming up in 2022--the Vinton hotel project.

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CROSSWORD ANSWERS

R	O	A	R	A	B	M	R	B	C		
A	M	B	O	S	E	R	A	R	A	R	E
D	E	B	T	S	R	O	D	E	G	A	D
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Plastic Bag Tax takes effect in Roanoke City on January 1

In case you stop off at a store in Roanoke City on your way home to Vinton, keep in mind that a 5 cent tax on disposable plastic bags takes effect in the city on January 1, 2022— that's in grocery stores, convenience stores, and drugstores. The tax is due regardless of whether the retailer sells the bag to the customer, or it is provided free of charge. Bring your own bag— keep your change is the message.

Legislation enacted during the Regular Session of the 2020 General Assembly authorizes any county or city to adopt by ordinance the Virginia Disposable Plastic Bag Tax.

What types of bags are excluded from the tax?

Paper bags
Durable plastic bags, with handles, that are specifically designed and manufactured for multiple reuse and that are at least four mils thick

Plastic bags that are solely used to wrap, contain, or package ice cream, meat, fish, poultry, produce, unwrapped bulk food items, or perishable food items in order to avoid damage or contamination

Plastic bags used to carry dry cleaning or prescription drugs

Multiple plastic bags sold in packages and intended for use as garbage, pet waste, or leaf removal bags

You will not need to pay the tax if you bring your own reusable bags. This is strongly encouraged!

The disposable bag tax will fund:

Environmental cleanup

Providing education programs designed to reduce environmental waste

Mitigating pollution and litter

Providing reusable bags to recipients of Supplemental Nutrition Assistance Program (SNAP) or Women, Infants, and Children Program (WIC) benefits.

The goal of this tax is to change consumer behavior from using disposable plastic bags to durable reusable bags. This is important because pollution from plastic bags is extremely harmful to our land and waterways and poses a threat to the health of humans and animals alike. In addition to spoiling our scenic natural environment with litter and pollution, plastic bags contain harmful chemicals and never truly decompose, instead they break down into smaller pieces called microplastics which are released into the environment and consumed by humans and animals through our food and water sources. A recent study by the World Wildlife Fund found that humans consume an average of 5 grams of these microplastics every week, which is the equivalent to a credit card's worth of plastic.

Plastic bags are extremely harmful from the beginning to end of their life cycle. Plastics are produced from fossil fuels and are an enormous contributor to greenhouse gas emissions, making them a driving force behind climate change. In order to reach the City's climate goals and greenhouse gas reduction targets, this small tax will be a huge step forward in achieving these goals by reducing the greenhouse gas emissions from bag production.

Along with ending up in our bodies, plastic pollution and litter ends up in our natural environment which damages our waterways and stormwater system. There are 10,000 inlets in our city, which gives 10,000 opportunities for plastic bags and other pollution

to enter our waterways.

Over the next year, this tax has the potential to stop millions of bags from being created and thrown away while increasing revenue for environmental cleanup and education. By bringing your own reusable bags to the store, you can do your part to make meaningful change for the City by keeping the people of Roanoke safe and the land and waterways healthy and beautiful.

This tax will help address these problems by drastically reducing the plastic pollution in our streets, streams, and stormwater system, while at the same time increasing revenue for environmental cleanup and education.

The dealers (stores) will receive a small portion of the tax in the form of a tax deduction:

From January 1, 2022, until January 1, 2023, the stores that collect the tax retain two-cents of the five-cents collected

After January 1, 2023, the stores that collect the tax retain one-cent of the five-cents collected

The tax will be collected, administered, and enforced by the Virginia Tax Commissioner, in the same manner that the Retail Sales and Use Tax is administered.

Virginia's grocery bag fees may not be paid for with Supplemental Nutrition Assistance Program (SNAP) or Women, Infants, and Children Program (WIC) benefits. In addition, the Food and Nutrition Service does not have authority to exempt SNAP or WIC clients from this fee. Therefore, grocery bag fees must be paid for using cash, credit card, or non-SNAP or WIC debit. Reusable bags for SNAP and WIC recipients are being made available by the City at various locations.



PHOTO BY CHRISTOPHER VEGA

OBITUARY

David Eugene Snyder Sr.

David "Dave" Eugene Snyder Sr., 89, of Roanoke and Vinton, passed away on Thursday, December 23, 2021.

He was born in Vinton on November 30, 1932, to the late Herbert H. Snyder Sr. and Dewey Armbrister Snyder. He attended William Byrd High School before being drafted into the United States Army and served some time in Korea. After two years in the Army he worked at Norfolk & Western, sold advertising for local TV and radio channels, then opened his own men's clothing store in Lynchburg, Woods Men's Clothing. David loved golf and played most of his life after caddying at Roanoke Country Club at ages 12 to 18.

He is survived by his loving wife of 3-1/2 years, Geraldine "Gerry" Miller-Snyder, they were high school sweethearts; grandsons, David Eugene Snyder III (Meggin Atkins-Snyder), Corey Andrew Snyder (fiancée, Hannah Krantz); and great-grandchildren, Jude Atkins, Knox Snyder, and Charlotte Snyder.



David was predeceased by his wife, Dorothy Compton Snyder; son, David Eugene Snyder Jr.; brothers, Norwood, Wesley, Jack, and Herbert; sisters, Iris McCallum, Eleanor McDowell, Gretna Hostutler, and Phyllis Haupt.

The family would like to thank the staff at Carilion Roanoke Memorial Hospital Palliative Care Unit, Virginia Veterans Care Center, Roanoke, and Good Samaritan Hospice for the loving care of David.

A Memorial Service with Military Honors will be held 2 p.m. on Thursday December 30, at Oakey's Vinton Chapel. His good friend, Billy Booth, will officiate. His family will receive friends for one hour prior to the service on Thursday at the funeral home.

In lieu of flowers, the family suggests memorial contributions be made to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, Tenn. 38105.

Online condolences may be shared with the family at www.oakeys.com.

ANGLICAN

ST. THOMAS ANGLICAN CHURCH - located at 4910 Hubert Rd, NW Roanoke, Va. Traditional Liturgical Lenten Services, Sunday at 10:30 am. Call (540) 589-1299 or visit www.sttofc.org for midweek masses and events. (In Roanoke, go E on Hershberger, L on Hubert to 4910).

BAPTIST (SOUTHERN)

MINERAL SPRINGS BAPTIST CHURCH & CHRISTIAN SCHOOL - 1030 Bible Lane, Vinton, Va. 24179. Church Phone 890-4465. Rev. Jason Gault. Sunday Services: Traditional Service, 8:45 AM, Sunday School, 10:00 AM, Contemporary Service, 11:00 AM, Evening Worship 6:00 PM, Wednesday Services: AWANA 6:30 PM, Bible Study 7:00 PM

BAPTIST (COOPERATIVE)

VINTON BAPTIST CHURCH - 219 Washington Ave., Vinton, Virginia. 343-7685. Rev. Travis Russell. Sunday Services: Contemporary Service 8:45 a.m., Sunday School 9:50 a.m., Traditional Service 11:00 a.m., Wednesday Services: Family Dinner: 5:30 p.m., Bible Study 6:15 p.m., Children's Ministries 6:15 p.m., Youth Ministry 6:30 p.m. www.vintonbaptistchurch.org.

CHRISTIAN CHURCH

BELMONT CHRISTIAN CHURCH (DISCIPLES OF CHRIST), 1101 Jamison Ave. SE, Roanoke, VA 24013, 540-343-7502, Worship Services every Sunday at 11:00AM, Pastor Terry Brace. We look forward to seeing you this Sunday!

CHURCH OF CHRIST

CHURCH OF CHRIST VINTON - 2107 Feather Road, Vinton. Terry Hodge, Minister, 540-890-1170. Sunday Bible Study 9:45 a.m., Sunday Morning Service 10:45 a.m., Wednesday Bible Study 10 a.m.

ECKANKAR

Eckankar, the Path of Spiritual Freedom, is located at 1420 3rd St. SW, Roanoke, VA 24016. However, due to COVID-19, the Light & Sound Services and other ECK programs are currently available online through Zoom. Visit www.eck-va.org for program listings, www.meetup.com/Roanoke-Spiritual-Experiences-Group, or call 540-353-5365 and leave a message. We will return your call. Also visit www.eckankar.org for more information about how the teachings of Eckankar lead you to spiritual freedom.

FOUR SQUARE

EVANGEL CHURCH - 2360 Hardy Road, Vinton, (corner of Hardy Road and Feather Road), 982-3694. Pastor-Tim Wright. Sunday, 10 AM - Worship Service, SuperChurch for Children; Wednesday 6:30-8PM - AWANA Clubs for ages 3-5th grade, Adult Bible Study.

LUTHERAN

ST. TIMOTHY EVANGELICAL LUTHERAN CHURCH, "The Church Under The Cross", 1201 Hardy Rd, Vinton VA 24179, Pastor, Rev. Dr. James B. Davis (540) 342- 1715, Sunday

Vinton

Worship Directory

READY OR NOT
Read Revelation 22:1-21

At the turn of the century, the world was in a panic. On the eve of a new millennium, no one was sure what midnight would bring. Experts claimed a programming glitch could cause computers to struggle with the date change. The acronym Y2K became a household phrase connected to the possible collapse of computer-dependent industrialized nations.

Some scoffed, but others prepared. They stockpiled canned goods and bottled water. They outlined a strategy for living without electricity. They took the doomsday warnings seriously and wanted to be ready.

John's Revelation contains a similar foretelling of a future event that will change life on earth.

"Look, I am coming soon! My reward is with me, and I will give to each person according to what they have done" (Revelation 22:12).

Whether or not you prepared for Y2K, the forewarned tragedy did not amount to anything. As believers, however, we all must be ready for Christ's return. The events prophesied in Scripture will come to pass. So, as 2012 comes to a close, ask yourself this question: Am I ready?

Prayer Suggestion: Lord, help me be ready for Your soon return.

Quicklook: Revelation 22:7-17

If you would like to see your church services listed here in the Vinton Messenger contact Tucker Frye at 540-473-2741 or email tfrye@ourvalley.org

School 10:00am, Worship 11:00am, sttimothy1201@verizon.net.

NAZARENE

FIRST CHURCH OF NAZARENE, 728 Highland Ave., SE, Roanoke, Virginia. 342-4003. Sunday Morning Worship 10:30 a.m., Sunday School 9:30 a.m., Wednesday Night Bible Study 7 p.m.

PRESBYTERIAN

CAMPBELL MEMORIAL PRESBYTERIAN CHURCH, 1130 Hardy Rd, Vinton, VA, 540-343-1842; cmcp2verizon.net Sunday school 9:45am, Worship 11:00am; Communion 1st Sundays; 2nd Sunday Session; Monday Noon Bible Study; Tuesdays & Thursdays Stretch Class 9:00am; 1st Tuesdays Deacons; Wednesday Choir

7:00pm; Monday Girl Scouts 7:00pm; 3rd Saturday Men's Breakfast 8:00am. Rev. Jonathan Moelker, pastor

UNITED METHODIST

THREE OAKS FELLOWSHIP UNITED METHODIST CHURCH - 1026 Gravel Hill Road, Vinton, Va. 540-512-8070. Pastor: Rev. Dr. Rob Colwell. Sunday School - 9:45 a.m., Worship 11 a.m.

WESLEYAN

VINTON WESLEYAN CHURCH - 246 E. Jefferson Ave. Pastor Ricardo Rodriguez, 345-3385; Sunday Worship Service 11:00 AM and 6:00 PM. Sunday School for all ages, 10:00 AM, Wednesday Night Life Ministries - Children - Awana; G-5 Youth Ministry; Adult Bible Study 6:30 PM.



Marketplace



THE FINCASLE HERALD

The Vinton Messenger

THE NEW CASTLE RECORD

SALEM TIMES REGISTER

News Messenger

RADFORD News Journal

Personal Ads

PERSONALS
Wanted - Someone to live in. Call 353-8245.

Wanted - To Buy

WANTED TO BUY
Want to buy an acre or more of land, near Hollins. Call 353-8245.

Auctions

PUBLIC NOTICE
The contents of the listed unit will be sold at Public Auction January 7, 2022 at 11am at 1st Security Self Storage 5 Midway Plaza Dr. Christiansburg, VA. D061 E82 F18 F41 1st Security reserves the right to refuse any bid. Terms: CASH OR CREDIT CARD AT SALE.

Affordable Mini Storage, LLC
1250 Lee Highway Roanoke, VA 24019
Date: Saturday, January 8, 2022
Time: 12:00 pm
Units: F17, F16, B07, E33, P06, F20
Cash only. Buyer has 24 hours to remove items from unit.
Auction by Circle C Auction Company, LLC
VAAL #2907004430

For Sale - Firewood

FIREWOOD
Mixed Hardwood. Call 540-529-2745
Delivery in Botetourt only

For Sale - Misc

FOR SALE
Unprinted end rolls of newsprint. Great for packing & shipping, moving & storage and for art projects. Various sizes available. Stop by the Salem Times-Register 1633 West Main St. or call (540)389-9355 for details.

Help Wanted - General

Part Time Newspaper Production Help
The Salem TimesRegister has openings for afternoon/evening shift work inserting, labeling and bundling newspapers for delivery. No experience necessary. Hours may vary. Will train. \$7.50 per hour. Contact Lynn Hurst, General Manager, Salem-Times Register (540)389-9355 or email lhurst@ourvalley.org

Quality Inn Radford

Hiring Full-Part Time Front Desk Clerk/Night Auditor and Housekeeping. Apply in Person. Ph-540-639-3000

Legals - City of Salem

Notice is hereby given to

all interested persons that the Council of the City of Salem, at its regular meeting on Monday, January 10, 2022, at 6:30 p.m., in the Community Room of the Salem Civic Center, 1001 Roanoke Boulevard, in the City of Salem, Virginia, will hold a public hearing, pursuant to Sections 15.2-2204 and 15.2-2285 of the Code of Virginia, as amended, to consider approval of the following requests relative to the CODE OF THE CITY OF SALEM, VIRGINIA:

Hold public hearing to consider the request of Sia Asset Management, LLC, applicant, and Helm Building Enterprises, LTD, property owner, for a Use Not Provided For Permit to allow crypto mining at 1401 Southside Drive, Tax Map # 165-4-2.1.

Copies of the proposed plans, ordinances or amendments may be examined in the Office of Community Development, 21 South Bruffey Street, Salem, Virginia.

At said hearing, parties in interest and citizens shall have an opportunity to be heard relative to the said requests.

THE COUNCIL OF THE CITY OF SALEM, VIRGINIA
BY
H. Robert Light
Clerk of Council

ORDER OF PUBLICATION

COMMONWEALTH OF VIRGINIA VA. CODE §§ 1-211.1; 8.01-316, -317, 20-104
Case No. CL21000359-00
City Of Salem Circuit Court 2 East Calhoun Street, Salem, VA 24153
DANA LYNN FRANCISCO MEADOR v. PAUL CLINTON MEADOR
The object of this suit is to: FOR ENTRY OF DIVORCE It is ORDERED that PAUL CLINTON appear at the above-named court and protect his/her interests on or before JANUARY 20, 2022.
November 19, 2021
Stacy L. Owen

Legals - Montgomery County

Notice to Our Family Medicine Patients

Effective Saturday, January 1, 2022, Leslie Badillo, M.D., will no longer practice from Carilion Clinic Family Medicine in Christiansburg. Your confidential medical records will remain with Carilion Clinic. If you choose to continue your medical care with us, you do not need to take any action. If you choose to transfer to another provider and need a copy of your Carilion Clinic Family Medicine record, please contact our office for a medical record request/transfer form. After you return the form and the request is processed, your medical record will be sent to another provider of your choice within a reasonable time. If you need help finding a physician in a different office, please call the physician referral line on Carilion Direct at 800-422-8482.

LEGAL NOTICE OF PUBLIC HEARING

GIVEN, pursuant to Section 15.2-3107 of the Code of Virginia, 1950, as amended, that on January 11, 2022, at 7:00 P.M. in the Christiansburg Town Hall, 3rd Floor Council

Legals - City of Salem

Notice is hereby given to

all interested persons that the City of Salem Planning Commission, at its regular meeting on January 12, 2021, at 7:00 p.m., in the Council Chambers of City Hall, 114 N. Broad Street, in the City of Salem, Virginia, will hold a public hearing, pursuant to Sections 15.2-2204 and 15.2-2285 of the Code of Virginia, as amended, to consider approval of the following requests relative to the CODE OF THE CITY OF SALEM, VIRGINIA:

1. Consider the request of Scott A. Boggs, property owner, for rezoning the property located at 407 East Burwell Street (Tax Map # 120-1-5) from RB Residential Business District to TBD Transitional Business District.
2. Consider the request of Union Plaza, LLC, contract purchaser, and the City of Salem, property owner, for rezoning the property located at 630 Union Street (Tax Map # 160-11-2) from HM Heavy Manufacturing District to HBD Highway Business District.
3. Consider the request of 2936 Salem Inc., dba Sunshine Spa and 217 NY Ave Corp, property owner, for the issuance of a Special Exception Permit to allow a massage parlor at 2936 West Main Street (Tax Map # 210-1-2).
4. Consider amending Chapter 106, Zoning, Article IV. Development Standards, Section 106-400 pertaining to site plan review.
5. Consider amending Chapter 78, Subdivisions, Article I Generally, Sections 78-103 and 78-105, Article II Administration, 78-201, Article III Definitions, Section 78-300, Article IV Review of Plats, Sections 78-402, 78-403, 78-406, 78-408, 78-416, and 78-421 of the CODE OF THE CITY OF SALEM, VIRGINIA pertaining to the review of subdivision site plans and plats.

Copies of the proposed plans, ordinances or amendments may be examined in the Office of Community Development, 21 South Bruffey Street, Salem, Virginia.

At said hearing, parties in interest and citizens shall have an opportunity to be heard relative to the said requests.

THE PLANNING COMMISSION OF THE CITY OF SALEM, VIRGINIA
BY:
James E. Talianferro, II
Executive Secretary

Legals - Montgomery County

LEGAL NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN, pursuant to Section 15.2-3107 of the Code of Virginia, 1950, as amended, that on January 11, 2022, at 7:00 P.M. in the Christiansburg Town Hall, 3rd Floor Council

Legals - Montgomery County

Chambers, 100 East Main Street, Christiansburg, Virginia, the Town Council of Christiansburg, Virginia ("the Town") shall hold a public hearing on the Town's intent to approve a proposed Boundary Line Adjustment Agreement between the Town of Christiansburg and County of Montgomery and will thereafter consider for passage a resolution approving the Agreement. The Agreement is authorized by Section 15.2-3106 et seq. of the Code of Virginia, 1950, as amended, and provides that the boundary line between the Town of Christiansburg and the unincorporated area of the County of Montgomery will be adjusted as follows:

Moving 68.866 acres from the unincorporated area of the County of Montgomery into the incorporated Town of Christiansburg. The proposed boundary adjustment area is commonly known as Falling Branch Corporate Park Phase II, Parcel 2, Tax Map Number 94-A-8 (formerly the Cox property) and is located on the southern boundary of the Town of Christiansburg, west of the intersection of Technology Drive SE and Parkway Drive SE, shown more particularly on the plat entitled "Plat Showing Boundary Line Adjustment Between The Town of Christiansburg and County of Montgomery for Portion of Falling Branch Corporate Park Tax Parcel 94-A-8"; dated June 7, 2019. As part of the Boundary Line Adjustment Agreement, the Town has agreed to provide the County Three Hundred Thousand Dollars (\$300,000) to assist the County in the cost of extending Town water and sewer to the first developed pad on the 68.866 acres. Once a contract is signed by the County for this project, the Town agrees to provide the County the money within sixty (60) days of receiving a written request for the funding from the County Administrator.

A true copy of the proposed Boundary Line Adjustment Agreement is on file and may be viewed in the office of the Clerk of Town Council, Christiansburg Town Hall, 100 East Main Street, Christiansburg, Virginia 24073. A copy of the Agreement will also be available at the public hearing. The public is invited to attend the public hearing and comment on the Agreement.

Legals - Montgomery County

LEGAL NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN, pursuant to Section 15.2-3107 of the Code of Virginia, 1950, as amended, that on January 11, 2022, at 7:00 P.M. in the Christiansburg Town Hall, 3rd Floor Council

Legals - Montgomery County

or less, in Blacksburg Magisterial District, Montgomery County, Va., on the waters of Toms Creek, and bounded as follows: Beginning at a stone near a gate on the line of land, now or formerly owned by, H. R. Plunkett, thence a new line N 30° W 425 feet, running on the west side of a road to a post, near Plunkett's corner; thence with said Plunkett S 45° W 202 feet, to a stone, corner to said Plunkett; thence S 56° E 418 feet to the place of beginning.

And being the property conveyed to May Gertrude Shealor, for life; remainder to her children, from William Allen and his wife, Henrietta Allen by Deed dated July 25, 1925 and recorded September 25, 1925 in the Montgomery County Circuit Court Clerk's Office in Deed Book 82, Page 557.

This description is made subject to all easements, conditions, agreements, restrictions, and reservations of record which affect the property herein described.

IT APPEARING that an Affidavit has been made and filed stating that due diligence has been used, without effect, to ascertain the identity and location of certain parties to be served, that the last known addresses for the Respondents herein are as follows: May Gertrude Shealor aka Mary Allen Shealor aka Mary Gertrude Allen, who is believed to be deceased and whose last known address is c/o Ethel Feihl, 10 Annett Lane, Colonia, New Jersey 07067; Ethel Shealor aka Mary Ethel Shealor aka Ethel M. Feihl, who is believed to be deceased and whose last known address is unknown; Mable I. Shealor aka Mabel Hughes, who is believed to be deceased and whose last known address is unknown; Roy Andrew Hughes, Sr., whose last known address is 330 Merrimack Road Lot 3, Blacksburg, Virginia 24060; Trigg I. Shealor aka Trigg Ingle Shealor, who is believed to be deceased and whose last known address is unknown; Ruby Mae Hutchens aka Ruby Shealor, who is believed to be deceased and whose last known address is unknown; Gary Shealor aka Gary Allen Shealor, who is believed to be deceased and whose last known address is unknown; James E. Shealor aka James Elliott Shealor, who is believed to be deceased and whose last known address is unknown; Eva Marie Moran aka Eva Shealor, who is believed to be deceased and whose last known address is unknown; Sally Marie Shealor aka Sally Marie Thompson aka Sally Massey, whose last known address is 96 Greenfield Drive, Bassett, Virginia 24055; Ralph R. Shealor aka Ralph Randolph Shealor, who is believed to be deceased and whose last known address is 1237 Park Avenue, Plainfield, New Jersey 07060; and that any officers, heirs, devisees, and successors in title of the Respondent named herein are made parties Respondent to this action individually and/or by the general description of Parties Unknown, it is hereby

Legals - Montgomery County

LEGAL NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN, pursuant to Section 15.2-3107 of the Code of Virginia, 1950, as amended, that on January 11, 2022, at 7:00 P.M. in the Christiansburg Town Hall, 3rd Floor Council

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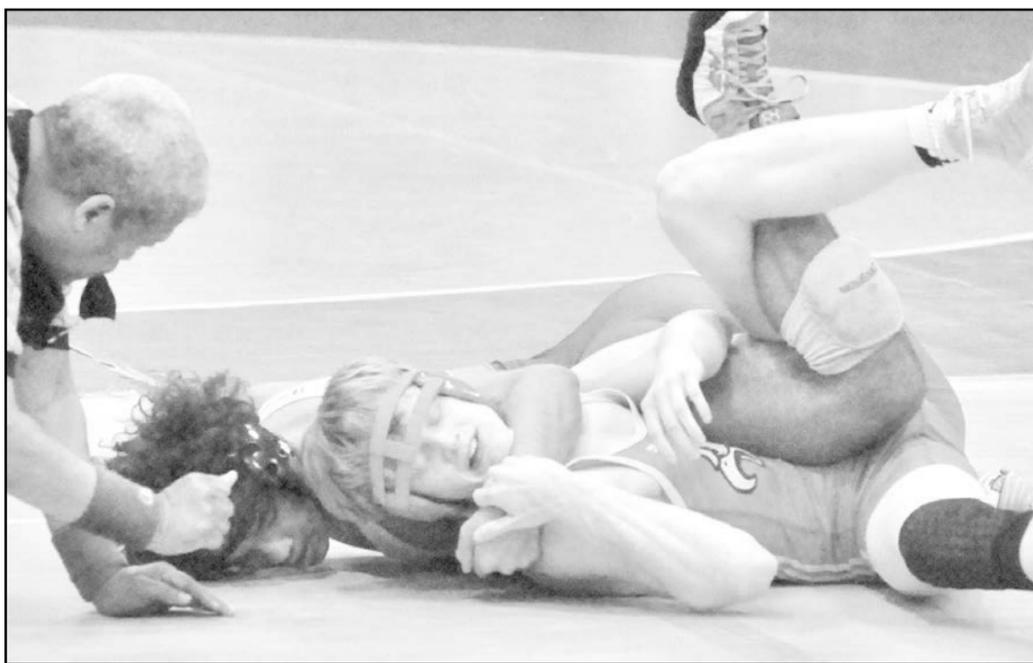
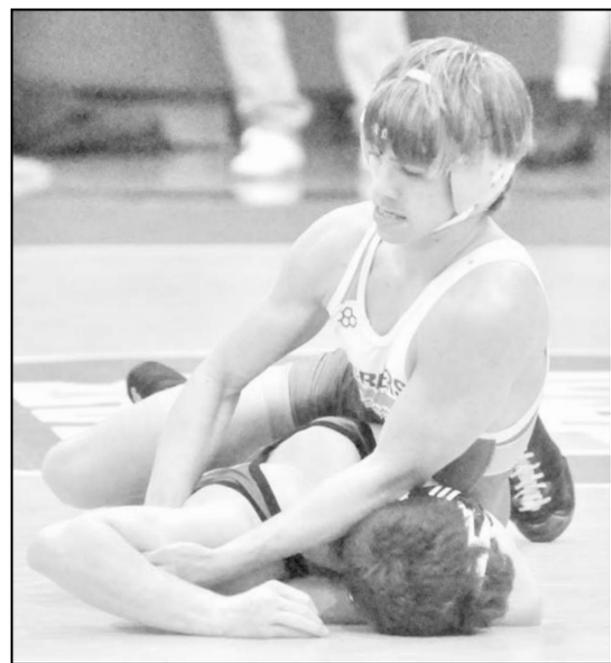
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Above left, William Byrd's Bricen Lancaster(on top) battles Robert Baker of Blacksburg in the Big Orange 145 pound semifinals. Right, Byrd's Xavier Preston has Franklin County's Alex Baumberger in a tough spot in the 160 pound semis. Preston won the match and the championship in Vinton last week.

PHOTOS BY BRIAN HOFFMAN

Preston wins Big Orange championship at 160 pounds

William Byrd's Xavier Preston was the champion at 160 pounds when the Terriers hosted the Big Orange Classic wrestling tournament in Vinton last week. Lord Botetourt won the team title.

Preston beat Esequiel Ayala-Pineda of Northside, TJ Piluso of Lord Botetourt and Alex Baumberger of Franklin County to reach the final. In the championship match he defeated Hunter Forbes of James River, a Class A state champion last season, by a score of 19-9. Preston is undefeated on the season.

Hunter Richards finished second at 285, losing for the first time in the final. He was pinned in 4:30 by Gavin Womack of Liberty Christian Academy, and

those two could meet again the weekend of January 7 and 8 when Byrd goes to Lynchburg to compete in LCA's tournament. Hunter had pinned his way to the Big Orange final with first period wins.

Bricen Lancaster took a third place at 145, and he continues to improve.

"Bricen beat the number two seed early and was a few points away from making the finals," said Byrd coach Thomas Kessler. "He really has improved over the last two weeks and it was super impressive to see."

Gage Cockran took a fourth at 113, fifths went to Dominic Pascoe at 120 and Logan Stroop at 126 and

sixth places went to Stephen Underwood at 152 and Aiden Lucas at 195.

The Terriers finished in fourth place overall. Lord Botetourt won the team title with 192 points, followed by LCA with 186.5, Blacksburg with 174 and the Terriers with 161.5, a point and a half of fifth place Salem who had 160.

"We finished fourth in a tough tournament," said Kessler. "Now it's time to get back to the drawing board and figure out how to keep improving."

The Terriers are off this week, returning to the mats for the LCA tournament beginning January 7 in Lynchburg.

Richards brothers are named to All-Region football team

William Byrd senior Hunter Richards was named to the All-Region 3D first team in football when the team was recently announced.

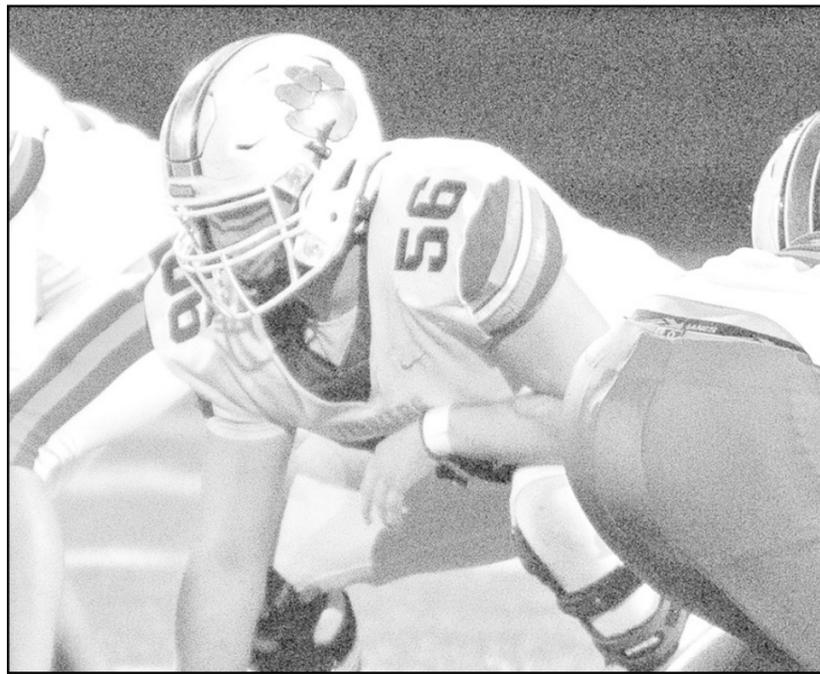
Richards was named to the first team on the offensive line, and was also a second team selection on the defensive line. His younger brother Dustin, a junior, was a second team all-region selection at linebacker.

Simeon Walker-Muse of Bassett was named the Offensive Player of the Year in Region 3D while Haynes Carter of Abingdon was Defensive Player of the Year. Abingdon coach Garrett Amburgey was named Coach of the Year after his Falcons won the region.

Hunter Richards was also honored on the All-Blue Ridge District team as a first team selection on both the offensive and defensive lines. Dustin Richards was a first team linebacker, second team offensive lineman and also second team all-district as a punter. Senior Peyton Fuchs of Byrd was a second team choice at runningback and John Kiker, a Byrd sophomore, was second team at linebacker.

Special honors went to Jahylen Lee of Franklin County as BRD Offensive Player of the Year and Most Valuable Offensive Back, Hunter McLain of Lord Botetourt as Most Valuable Offensive Lineman, Joey Isaacs of Lord Botetourt as Defensive Player of the Year and Most Valuable Defensive Back and Daniel Smith of LB as Most Valuable Defensive Lineman.

Staunton River coach Shaun Leonard, a William Byrd High graduate, was named the Blue Ridge District Coach of the Year.



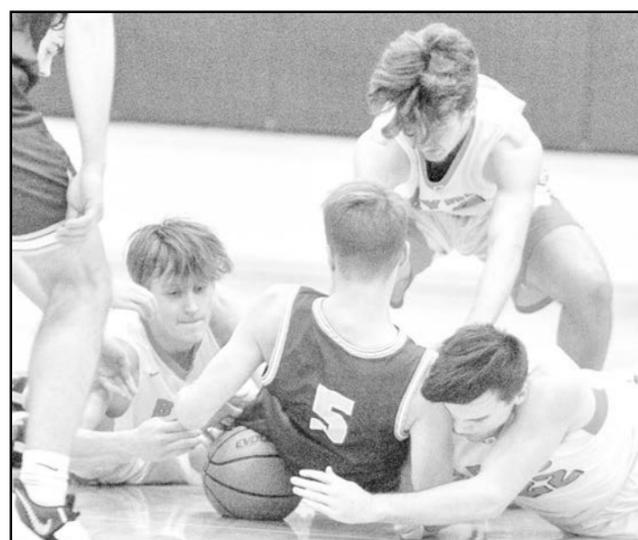
William Byrd senior Hunter Richards is a first team All-Region selection on the offensive line.

PHOTO BY BRIAN HOFFMAN



Above, William Byrd girls basketball coach Randy Bush draws up a play during a timeout in Monday's game against Floyd. Left, Emilie McCaskill lines up a three. Below, Camden Richardson(left) Garrett Hendrick(center) and Peyton Fuchs battle for the ball in Tuesday's NIT game with Blacksburg at Northside High School.

PHOTOS BY BRIAN HOFFMAN & JIM DEVINNEY



WB girls lose to Floyd, beat MV in Knights' Christmas Classic; boys drop NIT opener

The William Byrd basketball teams are playing in holiday tournaments this week, with the girls playing in the Knights' Winter Classic at Cave Spring and the boys in the Northside Invitational.

The girls opened Monday with a 47-44 loss to Floyd County. Byrd led 29-22 at the half but hit a dry spell down the stretch and the Buffaloes were able to capitalize. Sophia Chrisley had 18 points to lead the Terriers and Emilie McCaskill had 14.

Other first round games found Glenvar defeating Magna Vista, 50-48, and undefeated Staunton River stomping Salem, 69-26. Christiansburg also advanced when host Cave Spring had to forfeit due to COVID.

On Tuesday the Terriers bounced back with a 61-52 win over Magna Vista in the consolation round. Chrisley led Byrd with 30 points as the Terriers improved to 4-5 on the season. Salem beat Cave Spring in the other consolation bracket game and Byrd was set to play the Spartans on Wednesday in one of four games, including the tournament championship at 7:15 pm.

The boys opened with a 76-65 loss to Blacksburg in their opening round game of the Northside Invitational tournament Tuesday at Northside High. Camden Richardson led the Terriers with 21 points while freshman Isaiah Board had 15 and Hayden Eads, also a freshman, had 11. Byrd fell to 2-7 while the Bruins improved to 5-1.

"It's a game we could have won," said Byrd coach Brad Greenway. "Five of our seven losses have been to teams with one loss."

Byrd was scheduled to play Auburn in the consolation bracket on Wednesday. The Eagles lost a close one to Liberty Christian on Tuesday, 74-73. The championship game of the tournament is scheduled for Thursday along with seventh, fifth and third place games leading up to the championship tilt at 7:45 pm.

Next week the Byrd teams will open the New Year with games against Staunton River on Tuesday, with a girls-boys doubleheader in Moneta. The girls will open at 5:30 pm with the boys to follow.

Year of the tiger

The lunar new year is celebrated in many cultures, but perhaps no celebration garners as much attention as China's.

The fanfare begins each year around the beginning of February. The Chinese New Year is marked by 12 zodiac symbols, which are rotated on a 12-year cycle.

2022 is The Year of the Tiger, a zodiac sign last celebrated in 2010. The tiger holds the third sign of the Chinese zodiac, based on the tenacity he showed

in crossing the perilous river during the Chinese Zodiac Race. The Jade Emperor didn't know which big cat to include in the race, with the mighty lion garnering consideration. However, the lion's raging temper repelled the Emperor, so the tiger was chosen instead.

The tiger has been a prominent symbol in Chinese culture. It is known as the king of all beasts, and is a symbol of strength, bravery and exorcising evils. People born during a Tiger year

may live to seek adventure and have an insatiable thirst for knowledge. They also may be a little reckless and restless. Tigers have big energies and are fiercely independent, according to Chinese astrologer Tiffany Lin. Enterprising and risk-takers, Tigers may be natural born entrepreneurs.

The Year of the Tiger is cause for celebration, and this year's festivities begin on February 1.

-Metro Creative Content



Healthy resolutions that are easy to keep

The dawn of a new year is a great time to take stock of the year that just passed and set goals for the next 12 months. Resolutions focused on improving personal health are especially popular, and for good reason. Improving one's overall health can have positive implications for years to come.

Even with the best intentions, resolutions have historically proven hard to keep. Simplifying health-based resolutions can lead to a higher success rate and a healthier you.

- Walk more. It is easy to get preoccupied with the "10,000 steps per day" mantra that many people follow and that certain fitness trackers promote. Walking 10,000 steps daily, which equates to roughly five miles per day, is a healthy goal, but it may not be realistic for everyone. Take stock of how many steps you currently take each day, and then resolve to walk 2,000 more. As your body acclimates to walking more, add another 2,000 steps, continuing to do so until you reach 10,000 steps.

- Learn something new about being healthy. Informed health decisions require gaining a greater

understanding of your body. Rely on a reputable source such as the Centers for Disease Control and Prevention to learn more about how to be healthy.

- Spend less time on social media. Staring at your phone or tablet for multiple hours browsing tweets or checking messages might not be the best thing for your physical and mental health. Browsing the internet may take up time that could be better spent engaging in physical activity. According to Dr. Elia Abi-Jaoude, a staff psychiatrist at the Hospital for Sick Children and Toronto Western Hospital, various studies have shown how excessive social media usage can adversely affect relationships, sense of self, sleep, academic performance, and emotional well-being.

- Eat more whole foods. Whole foods, including vegetables, fruits, nuts, seeds, whole grains, and fish, contain various nutrients the body needs to function at peak capacity. These foods may help reduce the risk of many diseases and help people maintain healthy body weights. Start slowly by introducing a new whole food to your diet each day. A gradual ap-

proach is more manageable than going on a drastic diet.

- Avoid sweetened beverages. You are what you eat, but also what you drink. A report published in 2006 in the American Journal of Clinical Nutrition found consumption of sugar-sweetened beverages, particularly carbonated soft drinks, may be a key contributor in the epidemic of overweight and obesity. Skip sweetened beverages (even fruit juices can be unhealthy if consumed in excess) and opt for more water or unsweetened teas.

- Find a physical activity you like. Rather than resolving to join the gym or signing up for a 5K because it's what everyone is doing, find a physical activity you truly enjoy and aim to do it a few times a week. Maybe it's a sport like tennis or recreational cycling with the family. But if the idea of a gym membership excites you, then by all means sign up.

Avoid restrictive health and wellness resolutions that can be unsustainable. By downsizing expectations and taking small steps en route to your goals, you may be more motivated to stay the course and realize your resolutions.

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VDH VIRGINIA DEPARTMENT OF HEALTH



PHOTO BY JANNIS BRANDT

The benefits of making New Year's resolutions

The end of December is a busy time of year. Families are shopping for gifts for loved ones and friends, holiday celebrations are in full swing and thoughts begin to turn to the new year ahead.

At the stroke of midnight on New Year's Eve, it is customary to sip a glass of champagne and toast to the new year. Many people use the dawn of a new year as a time to create a list of resolutions that reflect positive changes they hope to make in the year ahead.

Between 40 and 45 percent of American adults make resolutions each year, according to the health and wellness group Proactive Mindfulness. According to John C. Norcross, Marci S. Mrykalo and Matthew D. Blagys, coauthors of the study "Auld Lang Syne: Success predictors, change processes, and self-reported outcomes of New Year's resolvers and nonresolvers," within six months of starting a resolution 46 percent of people are still maintaining their resolutions.

Resolutions may seem silly to some, but there are several positive reasons to make them.

- Resolutions provide practice setting goals. Goal-setting is an important component of life. Goals are key because they provide general direction in life. A goal is a map that can give you an idea of where you are heading and what path you need to take to get there, according

to the self-improvement guide Success Consciousness. Resolutions can be fun, low-pressure goals. Think of them as dress rehearsals for bigger life changes.

- Resolutions offer time for reflection. Too often people are rushing through daily life without stopping or slowing down to truly assess the impact of their actions. Resolutions help you reflect on the past, present and future, figuring out what has been working and what may need to be changed to provide a boost, according to the wellness resource Alternative Daily.

- Resolutions can serve as a catalyst for positive change. When something isn't working with your routine, personal health or relationships, resolutions can serve as the catalyst that ultimately rights the ship.

- Resolutions can promote self-esteem and empowerment. Making resolutions and keeping them can provide a sense of accomplishment that comes with goal-setting and following through. Resolving to lose five pounds and then seeing the proof on a scale can be a powerful motivator that compels you to make other self-improvements. Accomplishing small goals also can boost self-esteem.

Resolutions are often made at the dawn of a new year. These efforts can provide the motivation and direction people need to make positive changes in their lives.

TOGETHER WE WIN

\$52,000 IN 52 WEEKS TO 52 WORTHY CHARITIES

"On behalf of Runway Rules Academy, we would like to thank Rosie's Gaming Emporium® for pouring back into the community and helping our organization continue to build our youth for the future. Together we can do great things, thank you."

Michelle Griffin
Founder | Runway Rules Academy

Every week in 2021 we will donate \$1,000 to a local nonprofit that is providing valuable services in the areas we are located. Helping those communities around us is at the core of our operational philosophy. We truly believe that high tides raise all ships and we are determined to add value to the communities in which we operate.

Through the charitable program, Rosie's Gives Back, Colonial Downs Group has made **monetary and in-kind donations of more than \$1,410,000**, and has logged over 2,500 service hours in Virginia communities.