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Local K&W Cafeteria closes, ending a 30-year span in Salem



PHOTO BY SHAWN NOWLIN

After serving as a community favorite since the early 1990s, the Salem K&W Cafeteria has made the tough decision to close its doors.

Shawn Nowlin
shawn.nowlin@ourvalley.org

After being a staple in the community for three decades, the K&W Cafeteria at 1215 W Main Street has officially closed its doors. Fully aware of the impact that this will have, K&W President Dax

Allred has a message for the community.

In a statement released to the Salem Times-Register, Allred said, "I want to extend a heartfelt thank you for all of the support the Salem community has shown over the years. I am keenly aware that people rely on K&W for far more

than just the quality food that we provide. For many, a visit to K&W is a social hour."

He continued, "When our lease expired at the end of January, we were in a predicament with the landlord and were forced to make a difficult decision. It is my sincere hope that the sense of community that Salem fostered will find that same welcoming community at our Crossroads location. I want you guys to know that we did not come to this decision lightly."

News of the sudden closing saddened many local and area residents like Roanoke County native Keisha Smith. The first time she ate at the Salem K&W Cafeteria was when her entire family gathered for her middle school graduation in 1998. Today, her love of K&W is shared with her own two children, Kapri, nine, and Kevin, seven.

"I'll never forget the first time

See **Cafeteria**, page 7



SUBMITTED PHOTOS

Writing as T.A. Killen, Salem resident Teresa Killen has been working on her first full-length book, *Wysterra*, for over 20 years – mostly in her head.

Local author uses her upbringing as the catalyst for her debut book

Shawn Nowlin
shawn.nowlin@ourvalley.org

Some people know exactly what their talents are at an early age in life. For others, it can take several years before that realization happens. Salem resident Teresa Killen has always had a passion for daydreaming. Possessing that talent laid the foundation for her recently published book *Wysterra*, an analogy of conquering her depression, anxiety and OCD. As she put it, "In the land of *Wysterra*, the dream world affects the real world. Your thoughts and dreams influence who you become."

Killen says there are parts of her upbringing that were less than ideal. Many of the neighborhood kids and classmates that she grew up with did not reciprocate her kindness and, at times, were downright cruel.

"I remember my last bus ride before switching schools due to bullying when no one on the bus would let me sit with them. Sometimes I think I am still that little kid that just wants someone to ask her to sit on the bus with them," she said. "My imagination developed to entertain myself and dis-

tract myself when the real world was just somewhere that was too boring or too difficult to be in."

A book passage from *Wysterra* reads as follows, "How do you define what is real? What is not? Is it whether or not you can hold it in your hand? I assure you every thought is real. Every piece of your imagination is real. Whether or not you can hold something in your hand or in your mind is no different. They are only perceptions."

Killen first dreamed of *Wysterra* when she was ten and over the years, the concept has evolved numerous times. The final draft of the book was written when she was on maternity leave with her youngest son. As difficult as it may be to believe, Killen says she never planned to share *Wysterra* with anyone.

"I thought to write it all down and put all the books in a trunk that would be discovered after my time had passed. I did not want to know if anyone else thought it was silly because this world is my most precious thing and the place I escape to even now when things are

See **Author**, page 7

Salem VA Health Care System offers COVID-19 vaccine to enrolled Veterans of all ages

The Salem VA Health Care System has opened scheduling of COVID-19 vaccines to Veterans of all ages effective immediately. The two-shot series Moderna vaccination will be given at the Salem VA Medical Center, and the single-dose Janssen vaccination will be available at Community Based Outpatient Clinics in Tazewell, Lynchburg, Danville, Wytheville and Staunton.

"The Salem VA Health Care System is excited to be able to open vaccination appointments for all of our enrolled Veteran population," said Dr. Jeffrey Thompson, Chief of Pharmacy at the Salem VA Medical Center. "Individuals are encouraged to reach out to their primary care teams or call our vaccination hotline between 8 a.m. and 4 p.m. Monday through Friday to schedule their appointments."

Thompson also said that Veterans who received the first of a two-dose vaccination at a community

hospital must get their second dose at the same location; he also encourages Veterans who have been fully vaccinated at community hospitals to bring their vaccination card with them to their next VA appointment so their medical records can be updated.

To schedule a COVID-19 vac-

ination appointment, Veterans should call 540-982-2463 and choose Option 2.

Veterans can get the latest information and sign up to receive updates on VA's COVID-19 vaccine webpage.

-Submitted by Rosaire Bushey,
Public Affairs Officer



SUBMITTED PHOTO

The Salem VA Medical Center is located at 1970 Roanoke Blvd.

Annual Easter Egg Hunt returns April 1

-Event will be held in a safe manner after 2020 cancellation-

The City of Salem's annual Easter Egg Hunt is returning to the Moyer Sports Complex this spring with measures in place to ensure lots of fun and safety for everyone. This year's event is scheduled for

Thursday, April 1, from 6 p.m. to 8 p.m. Children and parents are asked to adhere to the COVID-19 guidelines and new event rules, so all involved can enjoy the event in a safe manner.

- Masks are required inside the egg hunting areas.

- All participants are asked to maintain social distancing, when possible.

- Kids are only allowed to hunt for eggs in their respective age group.

- Please check-in at the main tent when arriving at the Moyer to get your age-appropriate field assignment.

- Parents may enter the hunt area with their child, but only the children can collect the eggs.

- Hunts will run approximately every 15 minutes and each hunt is limited to 25 kids and parents.

- There will be one entrance and one exit point for each field.

- The Egg Hunt is rain or shine on April 1 at The Moyer, 1000 Union Street.

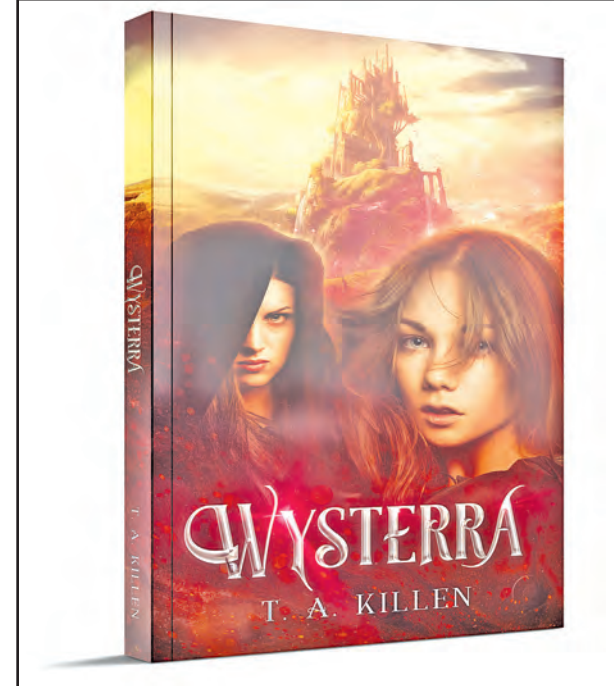
- This year's event is sponsored by the Salem Kiwanis Club.

-Submitted by Mike Stevens, City of Salem Communications Director



NEWSPAPER FILE PHOTO

Last year's egg hunt was cancelled because of the coronavirus pandemic.



Paperback copies of *Wysterra* sell for \$14.99 on Amazon.

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COMMUNITY CALENDAR

The City of Salem has been monitoring the potential spread of COVID-19, and like you, we have been processing a great deal of information. The safety of citizens, school children and visitors is always the number one priority from the Salem Civic Center to City Hall. Emergency Management team members are in constant contact with the Virginia Department of Health, the Roanoke-Alleghany Health Department and area health professionals at our local hospitals. During this time of uncertainty, people are encouraged to monitor the website (salemva.gov) for official city details on closings or cancellations. This site will be updated daily whenever there is new information.

EACH TUESDAY

- Practice for the Salem Choral Society, 7-9 p.m. each Tuesday in the choir room of Salem Presbyterian Church, corner of Main and Market streets in downtown Salem. Membership is open to anyone who enjoys singing. For more information, go to www.salemchoralsociety.com or contact director Reed Carter at reed.salemchoralsociety@gmail.com.
- Salem Chess Players meet at the Salem Senior Center, 110 Union Street in Salem from 7-11 p.m. Open to anyone 16 years or older. Instructions are available.
- Salem Kiwanis Club meets 11:45 a.m. - 1 p.m. for lunch, Salem Civic Center.
- Glenvar Rotary Club meets 12:15 - 1:15 p.m. for lunch in Richfield Retirement's Recovery and Care Center cafeteria, first floor. Guests welcome.
- Knights of Columbus hosts bingo for charity. Proceeds support local charities including RAM House, Madonna House, the Roanoke Rescue Mission, Saint Francis House, food pantries and various youth projects.

Games are played from 5:30 - 9:30 p.m. at Gator Hall, at 5301 Williamson Road, near Happy's Flea Market.

- Infinity Acres Ranch Fundraiser from 4 p.m. to 8 p.m. at Christ Episcopal Church at 321 E. Church Street in Blacksburg. Tickets are \$8 while children eight and younger can eat for \$4. For more information, contact 276-358-2378.
- All ages are welcome to TOPS (Take off Pounds Sensibly) at 5:15 p.m. at the Salem Senior Center. For more information, contact Linda at 540-389-4207.
- Overeaters Anonymous (OA) meeting, 7 p.m. at Christ Lutheran Church at 2011 Brandon Avenue in Roanoke. Contact 540-293-4065 for more information.
- From 10 a.m. to 2 p.m., a chair caning and basket weaving class will occur at the Salem Senior Center. While free, attendees are encouraged to bring their own lunch. For more information, contact 540-375-3054.

Alzheimer's /Dementia Caregiver Support Group at 2 p.m. at Salem Terrace at Harrogate.

Valley Chapter #226 locations and times will now vary. Learn more details by emailing us at nawicroa226@gmail.com.

THIRD WEDNESDAY

Alzheimer's /Dementia Caregiver Support Group at 2 p.m. at Salem Terrace at Harrogate.

FIRST THURSDAY

Roanoke County Woman's Club meets at 10:30 a.m. in the conference room at College Lutheran Church in Salem. New members are welcome.

EACH THURSDAY

The Salem Senior Center's Social Club, known as the 49ers Plus Club, originally started the senior program in Salem over 40 years ago. They have different speakers and/or activities practically every week. New members are always welcome to show up at the Salem Senior Center at 11 a.m. Contact 540-375-3054 for more information.

EACH SATURDAY

•Salem Farmers Market from 9:30 a.m. to noon,

weather permitting. Select vendors will have country sausage, cage-free eggs, grass-fed beef, cage-pasture-raised chicken, homemade rolls, pieces of artisan bread, muffins, seasonal greens and more.

- Overeaters Anonymous (OA) meeting, 11 a.m. at Christ Lutheran Church at 2011 Brandon Avenue in Roanoke.

THURSDAY, MARCH 25

In celebration of Women's History Month, the League of Women Voters of the Roanoke Valley is pleased to present Erika Joyner and Phoenix Keese discussing "The Transgender Experience and the Fight for Legal Equity." This presentation will offer a window into the transgender experience and a lens through which to view the legal challenges and accomplishments affecting the transgender/non-binary community. This is a free virtual event to be presented on from 7 to 8:15 p.m. via Zoom link: <https://us02web.zoom.us/j/86956664135> Meeting ID: 869 5666 4135 One tap mobile or phone dial in: +1 312 626 6799 or +1 929 436 2866. For more information please contact Carol

at carol@rowandc.com or 540-750-1085

MARCH 27 - 28

The Easter Bunny is hopping down to the Salem Civic Center to spread some safe spring fun. Our Covid vaccinated bunny will be in town from 10 a.m. to 3 p.m. each day to take socially distant photos with you and your family members for only \$10. The back annex of the complex allows for vehicles to safely enter one side and exit the other while remaining completely protected by the weather. This set-up and model were used for Drive-Thru Santa pictures this past year, and it was a huge success. Families will drive their vehicles into the Salem Civic Center Annex, one at a time, exit their cars and have photos taken in a socially distant manner on the festive spring set with The Easter Bunny. All current COVID-19 protocols will be followed, and children will not be able to sit on The Easter Bunny's lap. Children will be seated on a bench and the bench will be sanitized between each family group photo. Masks are required until the photos are taken, at which time, the children can take their masks off.

FIRST AND THIRD TUESDAYS

Salem Host Lions Club, 6:30 p.m., dinner and a program, Salem Civic Center.

SECOND MONDAY

Paint Bank Ladies Auxiliary meeting, 7:00 p.m. at the Paint Bank Fire Department. Contact 540-897-5346 for more information.

National Ag Week recognizes the essential role of agriculture

National Ag Week is being observed the week of March 21-27 and National Ag Day is Wednesday, March 23. The Catawba Valley Farmers Market joins numerous agricultural advocacy groups in recognizing the work of farmers as they produce a safe and affordable abundance of food and fiber for the nation.

aged to consider career opportunities in agriculture; and food brings everyone to the table.

Agriculture is Virginia's largest private industry, with an annual economic impact of \$70 billion, providing more than 334,000 jobs. According to the United States Department of Agriculture's 2017 census, there were 179 farms in Craig County totaling 43,431 acres. These farms sold products with a market value of \$4,658,000, with a farm-related income of \$300,000.

In addition to its tangible benefits such as farm cash receipts and jobs, agriculture provides many intangible benefits. These include recreation, tourism, wildlife habitat, biodiversity, flood mitigation, improved water quality



Calvin Sowers (on right) and his son, Jesse (on left) planting cold-tolerant vegetables. Calvin's wife, Kristy, sells produce, meats and baked goods at CVFM.

and soil stabilization.

Local farmers and growers who participate in the Catawba Valley Farmers

Market (CVFM) are busy during Ag Week caring for their young plants and crops in their greenhouses and high tunnels. Some cold-tolerant plants such as cabbage, broccoli and onions are being planted outside. CVFM opens the 2021 season on May 6, just before Mother's Day. Vendors will have fresh produce, microgreens, meats (beef, pork, chicken), baked goods, hanging baskets, indoor plants, bedding plants

(vegetables and flowers) and crafts.

Consumers are encouraged to visit the open-air Catawba Valley Farmers Market to meet the vendors, to learn how their food products are grown and to purchase locally-grown foods. The CVFM is open on Thursdays from 3:00 p.m. to 6:30 p.m. beginning May 6, at the Catawba Community Center, 4965 Catawba Creek Road (Rt. 779), just off of Rt. 311 in Catawba.

Anyone interested in selling at CVFM should contact Pam Hall at pscatawba@gmail.com or (540)580-1533.

The CVFM website (catawbafarmersmarket.com) and Facebook page (Catawba Farmers Market) feature frequent updates on available items, special events, vendors, as well as numerous photos.

-Submitted by Ann G. Harrell, CVFM Communication Specialist

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College Lutheran Church invites you to worship with us for Holy Week 2021

Palm Sunday Drive-In Service
March 28th 10:00 a.m.

Holy Monday, Living Stations of the Cross Drive-In, March 29th 7:00 p.m.

Maundy Thursday in Church Sanctuary
April 1st 7:00 p.m. Attendance is limited.
Visit www.collegelutheran.org to pre-register

Good Friday in Church Sanctuary
April 2nd 7:00 p.m. Attendance is limited.
Visit www.collegelutheran.org to pre-register

Easter Sunday Drive-In Service
April 4th at 10:00 a.m.

To care for one another, we wear masks and follow other safety procedures. Visit our website to learn more.

College Lutheran Church
210 South College Avenue, Salem • www.collegelutheran.org

Learning an old art to create new beauty



SUBMITTED PHOTO

(WG) A group of new ladies recently joined the beginner's quilting class with Mary Hunter from Farm Bureau Women's Committee and learned the long-lost art of quilting. Their first project was a table runner.

Pam Dudding
Contributing writer

In years long ago, ladies kept their hands busy in the evenings, as they would have to make colorful quilts to keep their families warm and cozy, as there were no Belk's or Walmart's to pop into to purchase one.

That long-lost art is emerging again, and the ladies of the Farm Bureau are taking full advantage by offering a beginner's class to those who are interested in learning.

The Craig County Farm Bureau Women's Committee started the weekly class on February 28 at 2:30 p.m. in the Fellowship Hall at Craig Valley Baptist Church.

The fee for the class was a non-refundable \$25 donation to the Craig County Farm Bureau Women's Committee. The donated funds will be used to support agriculture education and provide scholarships to students within the community.

Instructor Mary Hunter recently gave each new lady a miniature handmade quilted chick.

"Have you always wanted to learn how to make a quilt or just want to brush up on your skills? If so, this is the class for you," Hunter said. "We will go over all the steps for making a quilt from start to finish but on a smaller scale so that it's not so intimidating by making a very simple table runner instead of a full-size quilt."

Hunter included the techniques of how to choose fabric for a quilt, piece the top, prepare it for quilting, how to quilt it with simple stitches on the sewing machine and apply binding to finish up the quilt.

The nice thing is that no one needs any quilting experience to take this

class, only a sewing machine and the "ability to be able to sew a fairly straight line with it."

Added Hunter, "In our first class we'll talk about tools, supplies and the fabric to make your quilt and how to sew a quarter inch seam. The following Saturday we will take a field trip to purchase your materials and then in our next class we'll cut out the top and start sewing it."

Another group of experienced quilters recently attended as support, and worked on their full-size quilts, which were absolutely beautiful.

The new quilters are almost complete. The first set of classes will be completed the end of March.

"We are excited about having these younger girls in our group now and learning this craft," Hunter said. "They will be ready to tackle the next class which will be a larger project, the Curved Log Cabin Quilt."

To sign up for future classes and pay the class fee (which ensures your space) or get more information, email Mary Hunter at huntermd56@gmail.com or call 540-309-2525.

"The class does have limited space, so it's first-come, first-serve," Hunter said.



(WG) Instructor Mary Hunter gave each new person a miniature quilted chick for joining the class.

Virginia leaders commit to phasing out single-use plastics at state agencies

-New executive order will decrease plastic pollution, reduce amount of solid waste going to landfills-

Governor Ralph Northam recently signed Executive Order Seventy-Seven aimed at reducing Virginia's reliance on single-use plastics, which pollute waterways, harm fish and wildlife, and take up space in landfills. The order puts the Commonwealth on a path to eliminate most single-use plastics at state agencies, colleges, and universities, imposing a near-term ban on several common, but unnecessary disposable plastics and requiring the phase out of other items by 2025. Governor Northam made the announcement during the 31st annual Environment Virginia Symposium hosted by the Virginia Military Institute.

"From landmark investments in renewable energy to bold action to tackle the climate crisis, Virginia is at the forefront of innovative efforts to protect our envi-

ronment, and addressing the problem of plastic pollution is an important part of this work," said Governor Northam. "As a large producer of solid waste, the Commonwealth must lead by example and transition away from single-use disposable plastics to create a cleaner, more sustainable future for all Virginians."

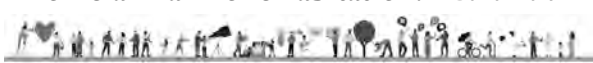
Most types of plastic are not easily or economically recyclable, and because they are not biodegradable, they often end up as litter on land and in waters. According to the United States Environmental Protection Agency, less than nine percent of plastics are recycled in the United States, compared with

91 percent disposed of in landfills or incinerators. Since 2011, solid waste disposed of at landfills and incinerators in Virginia has grown from two million tons to nearly 23 million tons per year.

The Governor's executive order requires all executive branch state agencies, including state institutions of higher education to discontinue buying, selling, or distributing items such as disposable plastic bags, single-use plastic and polystyrene food service containers, plastic straws and cutlery, and single-use plastic water bottles within 120 days. The order includes near-

See **Plastics**, page 4

"This span of earth is but one homeland and one habitation." - Baha'i Faith



Bahai.Salem.VA@gmail.com

540-387-2106

Ginnings joins Sherman College Chiropractic Health Center as intern

Salem resident Justin Ginnings is now seeing patients at the Sherman College Chiropractic Health Center, a teaching clinic for senior students in their final stage of internship prior to graduation from the doctor of chiropractic program.

The teaching environment at the Health Center, coordinated by licensed doctors of chiropractic, allows interns to practice chiropractic under close supervision and constant consultation. Because the clinic serves the public, residents in Upstate South Carolina experience excellent chiropractic care at affordable prices through approximately 25,000 patient visits per year.

"Sherman students transitioning into their clinical internship at the Health Center are well prepared to deliver quality and effective care to our patients and neighbors in the greater Spartanburg area," said Vice President for Academic Affairs Joe Donofrio, D.C., A.C.P. "These students are the future of the chiropractic profession. On behalf of the faculty and staff of the Sherman College Health Center, we are proud and excited to welcome this newest class of chiropractic interns."

In the clinical phase of the doctor of chiropractic program at Sherman College, interns practice every aspect of patient care, including case histories, physical and spinal examinations, x-ray, diagnosis, report of find-

ings, chiropractic adjustments and case management. Interns are also encouraged to work with the research department to advance the profession with evidence-based study; they also complete remaining clinical and business courses.

The chiropractic internship also gives these senior students the opportunity to participate in community events, both in the Health Center and off campus - including spinal screenings, health fairs, school visits, and more - to help them build communication, leadership and community relations skills so they are well prepared for practice following graduation.

Sherman College of Chiropractic provides students with a comprehensive education, preparing them to enter the field as doctors of chiropractic who are highly skilled, compassionate, ethical and successful. On its 80-acre campus in South Carolina, Sherman offers a first professional degree program unique in its approach to health care and known globally for the skill and art of chiropractic delivered by graduates. The college's on-campus Health Center, where senior students intern under licensed doctors of chiropractic, provides quality and affordable chiropractic care to the local community with approximately 25,000 visits each year.

-Submitted by Karen Rhodes,
Director of Public Relations



The newest class of Sherman Chiropractic College interns.

SUBMITTED PHOTO

Community Easter Sunrise Worship

Sherwood Memorial Park Amphitheater, Salem
7:00 AM, April 4, 2021

Preaching by Brian Gordan, Pastor,
Riverside Evangelical Methodist Church

Music led by Mark Waldron

Worship led by Salem Area Ministers

An offering will be gathered to support
the Salem Food Pantry

Attendees must wear masks and practice social distancing

Rain Location: Drive-In Service at
College Lutheran Church, 210 S. College Ave., Salem

OPINION

Give Light ~ One year later ~

Frances Stebbins
Correspondent

[This is a memory from the many decades the author has been privileged to write for daily and weekly newspapers circulating in Western Virginia.]

I have learned much in the year that has passed since those of us who volunteer to help with my Salem church's ministry in several of the city's nursing homes were told that our monthly worship would be suspended until May. That seemed an unnecessarily long time when our staff member in charge told us last March.

A year later, we still don't know when we'll go back. A lot has happened.

Six persons who used to sit near me at our Sunday morning services have died. For some of these their funerals have been postponed; the lives of others have been marked with small, private gatherings. Age,

along with COVID-19 has taken its toll, as it has in most congregations. I suspect some of the smaller churches may not survive.

Seeing some less active members who are wearing masks, I needed to be introduced, for in the months we have not met for our customary gatherings of fellowship, education or planning these folks' names have been forgotten.

But there have been rewarding friendships made and some old ones renewed. John Hudson, grown from young adulthood to retirement age and now an active Lutheran, is a renewed acquaintance as is the Rev. Malcolm Minnick, a Roanoke Lutheran pastor in the 1970s and now residing in the Minneapolis suburbs in retirement. A common connection, whom I now know better than I did before we were all confined, is Cecilia Stoutamire whose Salem roots go back to the early days of College Lutheran Church.

Through Hudson, I met again after 30 years Maria Rippe of Richmond, recent

widow of Peter Rippe known for his museum leadership in the 1980s in Roanoke.

My mostly-elderly friends in two old, small Roanoke Valley organizations, the Philo Club and the Wednesday History Club, have tried to stay in touch, but not always succeeded. Failing health and deaths have left their mark, and such groups are hard to revive through recruiting younger new members.

Hearing the beautiful Irish music, which I enjoy every St. Patrick's Day on the radio, reminded me poignantly of the late Rev. Harmon Smith, a somewhat unconventional Episcopal clergyman who entered ordained ministry after an engineering career. He served several small congregations in our area, and in retirement was an associate pastor 25 years ago in the parish that I now attend. A guitarist, "Father Harmony," as some called him, soon after his retirement to Salem with a frail wife, started a small folk music group that met on Monday nights. As a self-taught guitarist myself who played by

ear, I joined it and the half-dozen of us with our limited musical talents enjoyed especially the wealth of Irish songs.

After his wife died, Smith and a widowed neighbor, Mildred Slater, enjoyed a late-life friendship. When both died in recent years, I lost two much-loved friends. Both had served in World War II.

Smith had been to Ireland and liked to talk of it. Though my late husband Charles and I made five memorable trips to England and Scotland - and a morning in Wales - we never crossed the water that separates "the emerald isle" from its larger neighbor.

Reading of the recent publicity of England's royal family, I could only feel sadness for Queen Elizabeth II. Well into her tenth decade, the monarch still reigns and in her public appearances looks indeed well-preserved. She is having to deal, not only with sensational revelations of one of her grandsons, Harry and his beautiful bi-racial wife, but also with the near-centenarian husband Prince Philip's declining health.

Elizabeth and Philip were married when I was a collegian in Richmond. I remember getting up early the morning of the wedding in order to listen to it on my table radio. By the time of her coronation in 1953, I was married to Charlie, and we listened to that ceremony in our early days in a Roanoke apartment.

I'm an age contemporary of the queen's late sister, Princess Margaret, who made her own headlines decades ago before a death in middle age. On our trips to the United Kingdom, we observed how so much news - legitimate and otherwise - is handled sensationally by the British press.

I now know better, entirely in e-mail messages, a fellow writer who cherishes her Southern heritage. Gail Tansill Lambert recently retired for health reasons from writing a monthly travel column for "Senior News." The author of one novel "Orie's Story," based on a real Civil War-era romance, she is currently researching the career of a Confederate ancestor for another

book. I've gotten so used to cloth masks that I don't mind wearing them indefinitely, but they are a nuisance for fogging up my necessary glasses; I remove them when driving and now have enough to keep one in car and all coat pockets. I routinely wash and iron them.

Especially have I come to rely on emails to keep in touch with friends and my few relatives living in distant states. No Facebook fan, I still like to read the messages and am absolutely sure that with the reliance Americans now place on communicating online for all business, pleasure and even medical appointments, there will be no normal as we used to know it.

Finally, the fast-moving events of the past year have made me addicted to the local public television station news. I've previously written of how as parents in the mid-20th century days, when television entertainment consumed so many families, my husband and I deliberately did not own a set to encourage other past-times for our children. Living alone and especially without my usual meetings and sharings with friends now gone, I rely on it for supper company. Never too late...

Send letters to the editor at shawn.nowlin@ourvalley.org

Reassessing the risks and benefits of COVID-19 responses

Dr. Cynthia Morrow
Roanoke City and Alleghany Health Districts Health Director
Guest Contributor

As the incidence of COVID-19 has decreased and vaccination rates have increased, it is important to reassess the risks and benefits of responses to the COVID pandemic. In February, Governor Northam asked all localities to offer an in-person option to get kids back to classrooms by this week. Locally, our school systems had already taken steps to carefully increase in-person options for children to safely return to classrooms, especially for elementary school-

aged children. By the end of March, all school systems in the Roanoke City and Alleghany Health Districts will offer expanded in-person school options for children in their districts.

Research by the Centers for Disease Control and Prevention (CDC) shows that in-person school settings have not been significant contributors to the transmission of COVID-19 when standard mitigation strategies such as masks and physical distancing are used. Our local experience has been consistent with this research. I think this is, in large part, due to our school superintendents' ongoing commitment to ensuring a consistent approach to prevention. As a result, school leaders and students alike have made mask-wearing, hand-washing and physical distancing a routine

part of their daily interactions.

Each week I join a conference call with all of the superintendents of the seven school systems in our districts: Roanoke City, Roanoke County, Salem, Botetourt, Alleghany, Craig and Covington. Since the beginning of the school year, we have discussed strategies to decrease the risk of spreading of COVID-19 in schools. They have succeeded in protecting the health of the children and the families that they serve while creating plans to optimize in-person education while offering robust virtual learning opportunities.

As an example of optimizing in-person education, one of the biggest challenges has been providing enough space to allow adequate physical distancing. Our school leaders have been

very creative with ideas such as staggering bus routes so that children can maintain distance when riding to and from school, and staggering lunches, sometimes using the school gym as a place to eat, in order to give everyone room to spread out.

While the arrival of vaccines - and our ability to prioritize vaccinating our local public and private school teachers and staff - has been a positive step to making schools safer, it is important that each of us continue to follow our prevention strategies to protect children and their families, as well as teachers and staff. The importance of education for our society, including our economy, cannot be overemphasized - education is essential. Let's all do our part to help get and keep children in classrooms.

SALEM TIMES-REGISTER

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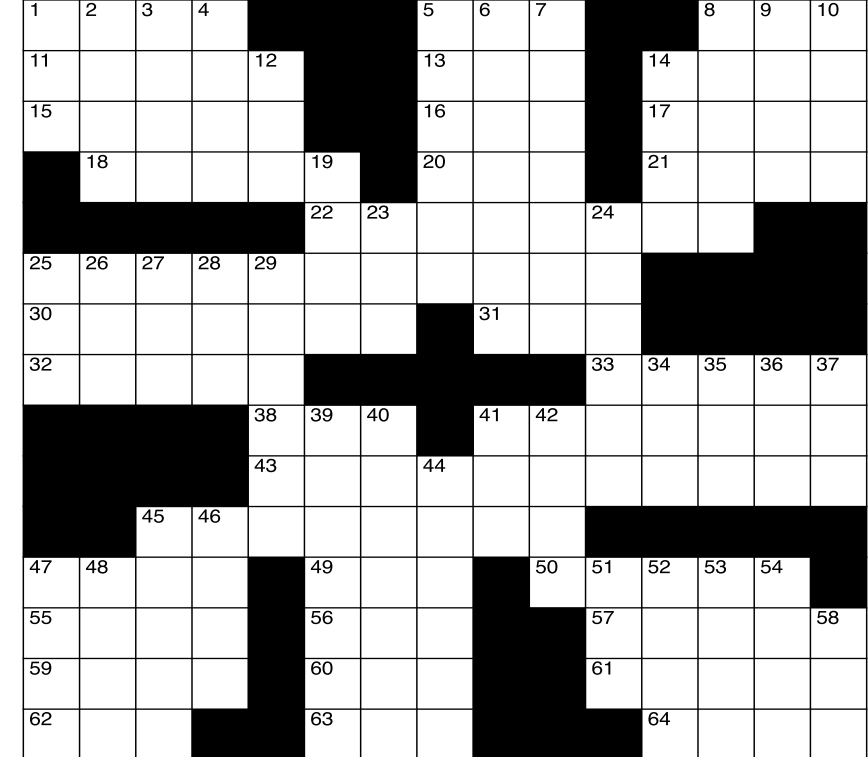
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CROSSWORD PUZZLE



- CLUES ACROSS**
- 1. As soon as possible
 - 5. Gateway (Arabic)
 - 8. Doctors' group
 - 11. Madder genus of plants
 - 13. A team's best pitcher
 - 14. Ancient Greek sophist
 - 15. Go up
 - 16. Neither
 - 17. Bolivian river
 - 18. Manila hemp
 - 20. Comedienne Gasteyer
 - 21. British School
 - 22. Human reproductive organs
 - 25. Surrenders
 - 30. Dog with long, silky coat and drooping ears
 - 31. Sun up in New York
 - 32. Lead alloy
 - 33. Eastern Asian plant
 - 38. Rapid deployment force
- CLUES DOWN**
- 1. A continuous portion of a circle
 - 2. Genus of seabirds
 - 3. Infant's dining accessory
 - 4. Native Americans from Arizona
 - 5. Popular fruit
 - 6. Poisonous plant
 - 7. Scolded
 - 8. Assists
 - 9. Hand (Spanish)
 - 10. Amazon product identifying system (abbr.)
 - 12. Basics
 - 14. Cain and ___
 - 19. Malaria
 - 23. Indicates particular shape
 - 24. Respiratory disease
 - 25. Central Standard Time
 - 26. Imitate
 - 27. Golf score
 - 28. A place to lay your head
 - 29. Three cards of the same suit
 - 34. Not in
 - 35. Human gene
 - 36. Ancient Chinese philosophical concept
 - 37. French river
 - 39. Thinks up
 - 40. Type of geological deposit
 - 41. Helps little firms
 - 42. Area units
 - 44. A device to remove
 - 45. Secret political clique
 - 46. Polite interruption sound
 - 47. Foundation
 - 48. Clare Boothe ___
 - 49. American writer
 - 51. Swiss river
 - 52. Prejudice
 - 53. Actor Idris
 - 54. Resistance fighters
 - 58. Speak disrespectfully of

Plastics

term exemptions for items necessary for medical, public health, or public safety uses, and long-term exemptions for medical and emergency applications. State agencies will be required to develop plans to phase out all non-medical single-use plastic and expanded polystyrene objects by 2025.

"Plastic pollution has emerged as one of the most challenging environmental problems of our lifetime, with devastating impacts on our oceans and coasts, and many questions about human health effects," said Secretary of Natural Resources Matthew J. Strickler. "Decades of experience have shown us that breaking our plastic addiction is the only truly effective pollution reduction strategy."

In addition to recyclables, more than half of landfilled municipal solid waste is comprised of food, paper, and fiber that could be composted or repurposed. The order also directs the Secretary of Natural Resources to re-

port to the Governor on recommendations to reduce solid waste overall, and to divert as much waste as possible from landfills through composting, beneficial reuse, enhanced recycling, and other strategies.

"Nobody wants to live next to a landfill, and historically, they have been sited in places that disproportionately impact underserved populations and communities of color," said Director of the Department of Environmental Quality David Paylor. "This is a significant environmental justice issue, and the less waste we produce, the fewer landfills we will need."

Governor Northam also signed House Bill 533, sponsored by Delegate Betsy Carr, which bans the use of expanded polystyrene food service containers, also known as Styrofoam, for all food vendors by 2025.

-Submitted by Alena Yarmosky, Office of the Governor

Send community news and photos to shawn.nowlin@ourvalley.org

Peter's legacy of love continues

Pam Dudding
Contributing writer

At the February School Board Meeting, Craig County Superintendent Jeanette Warwick began things with a moment of silence in memory of Janie Peters, later asking everyone to "keep the CCPS family in their thoughts and prayers as this is definitely a void in our cafeteria."

She went on to read a thank-you note from the family that said, "CCPS family, our family cannot thank you enough for all the kindness you shown our family during this difficult time. Your thoughtfulness, kindness and generosity during this difficult time meant so much to all of us. You were our mother's family as much as we are, and we love you for that. Love the Peters family." Peters started her ca-

reer as a cafeteria worker full-time in the 1983-84 academic year, but was a substitute before that in the old New Castle High School and McCleary Elementary.

To keep her memory alive, the family established a Janie Peters Memorial Fund at Carter Bank and Trust in New Castle for people to make donations.

"We would like to keep feeding the kids at CCPS in our mom's memory," daughter Rebecca Peters Crawford shared on Facebook. "She would never let a kid go hungry or without ice cream on their ice cream day. We would like to thank everyone in advance for helping us to make this a success to keep our mom's memory

alive doing what she did for over 38 years."

Within a few short days, almost 200 people on Facebook responded to the post. Some heartfelt responses that stood out were:

• "What a very compassionate thing to do! Your mom would have given anyone the shirt

See Peter, page 7



SUBMITTED PHOTOS

Janie Peters, lovingly known also as Nana, Mawmaw, Ms. Moo and other special nicknames, touched the lives of countless students and people throughout Craig County schools and the community. Her job at CCPS involved more than just dishing out food, she dished out love and hugs to everyone too.



Family was first and foremost in Janie Peter's life. Pictured from left to right, Rebekah Crawford, Kristopher Peters, Janie Peters and Zachary Peters.

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BAPTIST (INDEPENDENT)
CALVARY BAPTIST CHURCH-7th and Florida Streets, Salem VA. Pastor: Roger D. Counts, 540-389-3818. Sunday School 10:00 a.m., Morning Worship 11:00 a.m., Sunday Evening Service 6:30 p.m., Wednesday Night Prayer Service, 6:30 p.m.

LAKESIDE BAPTIST CHURCH - 447 Dalewood Avenue, Salem, 986-0062, Pastor Carl Goodman. Coffee Bar 9:00 a.m., Sunday School 9:30 a.m., Sunday Worship 10:30 a.m., Children & Student Ministry 5:30-7:30 p.m.; Thursday 7:00 pm Young Single Adults, Wednesday Morning Prayer Service 10:00, Lifegroups meeting throughout the week. www.lbcva.com.

SOUTHSIDE BAPTIST CHURCH, 2721 120'Clock Knob Rd., Salem, Pastor: Tim York; Sundayschool, 9:45AM, Sunday morning worship, 11:00AM, Sunday evening, 6:00PM, Wednesday evening, 7:00PM.

TEMPLE BAPTIST CHURCH - 4339 Daugherty Road, Salem, Greg Irby, Pastor, Church: 380-3567; Home: 389-7240, Sunday School 10:00 AM, Worship Services 11:00AM & 6:00PM, Mid-week Prayer Meeting Wednesday 7:00PM, www.templebaptch.com.

BAPTIST (SOUTHERN)
BETHEL BAPTIST-1601 S. Colorado St., Salem, Pastor Hilton Jeffreys, 389-2376, Sunday: - 9:30 Sunday School; 10:30am Morning Worship; 6:00 Evening Worship; Wednesday 6:15 Preschool & Children Awa-na and Youth and Adult Bible Study. www.bethelbaptistva.com

MOUNTAIN PASS BAPTIST CHURCH - 311 Catawba Valley Dr., (Ro. Co.) Salem, VA 24153. Rev. Jack Richards, Jr., Pastor, Study 384-6720, Home 427-1508. Sundays: Sunday School 9:45 a.m.; Morning Worship 11:00 a.m., Evening 6:00 p.m. Wed: 7:00 p.m. Prayer Meeting and Bible Study.

RIDGEWOOD BAPTIST-703 Hemlock Road N.W. Roanoke, 342-6492. Roy E. Kanode, Pastor. Sunday School 9:45 a.m., Morning Worship 11 a.m., Awanas 5:15 p.m., Adult Bible Study and Youth Fellowship 6:00 p.m.; Wednesday Prayer Service 6:30p.m.; Fellowship Meal 5:45 p.m.; Praiz Kidz 6:00p.m.; Family Night Activities 6:30 p.m. website: www.ridgewood-baptist.com.

SALEM BAPTIST CHURCH- 103 North Broad Street, Salem, Pastor, Dr. Heath Rickmond, 387-0416. Sunday School 9:15-10:15a.m.; Sunday Worship 10:30-11:45a.m. & 5:00p.m. Wednesday Services 6:15 p.m. www.salembc.net

FELLOWSHIP COMMUNITY CHURCH - Ken Nienke, Pastor, 387-3200. Salem Campus: 1226 Red Lane Extension, Salem, Worship Times: 8:00AM, 9:15AM & 11:00AM. North Campus: 7210 Williamson Road, Roanoke, Worship Times: 9:15AM & 11:00AM. Southwest Campus: 3585 Buck Mountain Road, Roanoke, Worship Times: 9:15AM & 11:00AM. www.fcclife.org.

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WORSHIP DIRECTORY

Extraordinary Gratitude

Read 1 Samuel 1:1 through 3:21

Nancy attempted to read her toddler's favorite bedtime story while Davy snuggled close, but her tears kept blurring the pages as she read about the childhood of Samuel the prophet. She couldn't imagine doing what Samuel's mother, Hannah, had done—leaving her young son at the temple to serve God. What extraordinary gratitude for the gift of a child.

"I prayed for this child, and the Lord has granted me what I asked of him. So now I give him to the Lord" (1 Samuel 1:27-28).

Nancy and her husband couldn't imagine ever

letting go of their only child. So it came as a shock when Davy began sensing a call from God to become an Air Force pilot. A military career was the last thing his parents would have chosen. Yet, when they sought the Lord's guidance, He confirmed the call. By faith, they released Davy to God's will out of gratitude for His gift of a child.

Davy went on to become an honored officer whose glowing faith is winning souls to Christ.

Thought for Today: By releasing our children to Jesus' care, we free them to shine for Him.

Quicklook: 1 Samuel 1:17-28

To list your church, contact Randy Thompson at 540-230-1129 or email advertise@ourvalley.org

Taylor Plott; 9:00-9:45am Sunday Bible Study; 10:00am & 5:30pm Worship Service; Wednesday Bible Study: 6:00 -7:00pm. For more info contact the Church Office.

WESTSIDE CHURCH OF CHRIST - 1705 Starview Drive, Salem. Minister Neil Richey, 389-9139, Sunday Bible Study: 9:30 AM, Morning Worship: 10:30 AM, Evening Worship: 6:00 PM, Wednesday Bible Study, 7:00 PM.

CHURCH OF GOD/ANDERSON COVENANT COMMUNITY CHURCH- 955 Bird Lane, Salem, Va 24153, 389-5639. Pastor: Scott Hudson. Sunday School 10:00AM, Worship 11:00AM; Bible Study 6:00PM.

CHURCH OF GOD/CLEVELAND SALEM CHURCH OF GOD - 600 Craig Avenue, Todd Stiffler, Pastor, 387-2068, Sunday School 9:30am: Worship and Kids Church 10:30 am, Wednesday Bible Study and Classes at 7:00 pm. www.salemcog.church

DISCIPLES OF CHRIST
FIRST CHRISTIAN CHURCH, 712 Front Ave. Salem, Pastor Dan Netting (540) 389-6831. www.firstchristiansalemva.com. Adult and Children Sunday School - 9:45 am, Worship - 10:45 am. Nursery Provided for both. Everyone welcome

FORT LEWIS CHRISTIAN CHURCH - 2931 West Main Street, Salem, Interim Pastor, Rev. Dr. John Dunstan, 380-4636. Website: www.flccsalem.org. Sunday worship inside sanctuary and on zoom, 10:30 AM, mask wearing and social distance.

ECKANKAR
ECKANKAR, THE PATH OF SPIRITUAL FREEDOM, is located at 1420 3rd St. SW, Roanoke, VA 24016. However, due to COVID-19, the Light & Sound Services and other ECK programs are currently available online through Zoom. Visit www.eck-va.org for program listings, www.meetup.com/Roanoke-Spiritual-Experiences-Group, or call 540-353-5365 and leave a message. We will return your call. Also visit www.eckankar.org for more information about how the teachings of Eckankar lead you to spiritual freedom.

EPISCOPAL
ST. PAUL'S EPISCOPAL CHURCH - 42 East Main Street, Salem, 389-9307. The Rev. Dr. David Compton. Sundays at 10:00 am Holy Communion in church and livestream on Facebook. Wednesday Morning Prayer livestreamed at 11:30 am. facebook.com/st.pauls.salemva/

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SHILOH BAPTIST- 201 South Market Street, Salem, Rev. Adrian E. Dowell, H) (389-0409). (Sundays) 9:45 a.m. Sunday School, 11:00 a.m. Worship Service, (Wednesday) Prayer Meeting & Bible Study for Youths & Adults, 7:30 p.m. (Saturday) 8:00a.m. - Intercessory Prayer Service, Women's Bible Study Fellowship 9:30am Fridays, Men's Bible Study 7am Saturdays.

PENTECOSTAL HOLINESS
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SALEM PRESBYTERIAN CHURCH- 41 East Main Street, Salem, VA . 389-3881. Associate Pastor Rev. Janet Chisom, Interim Pastor: Rev. Tupper Garden. Until further notice: Sunday School 9:30 a.m., Sunday Worship 11:00 a.m. are online only. Please contact the church for online details for Sunday School and worship with us at www.salem-pres.org, or Facebook, or YouTube.

PRESBYTERIAN CHURCH (Evangelical Presbyterian Church EPC)
NEW LIFE PRESBYTERIAN CHURCH - 101 Keesling Avenue, Salem, VA, 387-1311, Rev. Cameron Smith, Sunday 9:15 Prayer/Communion, Sunday School 9:45 am., Sunday Worship 11:00am, 2nd & 4th Sunday children & youth ministry, Wednesday Choir Practice 7:00pm, 1st Wed of month Richfield Ministry. Nursery and children's church available each week. Email: newlife.epc.salem@gmail.com, Web: www.newlifesalemEPC.org. Facebook: facebook.com/newlife.epc.salem

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UNITED METHODIST
FIRST UNITED METHODIST CHURCH - 125 W. Main St, Salem, VA. 540-389-5459. Pastor Alan Combs, Traditional Worship - 8:45am, Sunday School - 9:45am, Genesis Contemporary Worship 10am; Traditional Worship - 11:00am. www.fumcsalemva.org.
LOCUST GROVE UNITED METHODIST CHURCH- 3415 Locust Grove Lane, Salem, 380-4303, Pastor Logan Hollenbeck. Drive-In service each Sunday Traditional Worship 9:30 a.m.

More than \$6 million awarded in Virginia Housing Trust Fund Homeless Reduction Grants

Funding will assist 38 permanent supportive housing, rapid re-housing, and innovative pilot projects

Governor Ralph Northam recently announced more than \$6 million in Homeless Reduction Grants through the Virginia Housing Trust Fund for 38 projects throughout the Commonwealth. The funding will advance 102 targeted efforts to reduce homelessness, which include rapid re-housing, support services for permanent supportive housing for the chronically homeless, and the pre-development of permanent supportive housing projects for individuals or families experiencing recurring homelessness.

"Housing affordability continues to be a challenge nationwide, and the COVID-19 pandemic has shown us in very stark terms how too many families are at risk of losing their homes," said Governor

Northam. "As we continue to rebuild our economy, we must ensure our most vulnerable Virginians are able to recover and find stability. These grants will help add critical permanent supportive housing units to our stock and fund innovative efforts to reduce homelessness, right now as we weather this public health crisis and into the future."

Governor Northam and the General Assembly invested an historic \$55 million in the Virginia Housing Trust Fund (VHTF) this fiscal year, and the Governor's budget proposal increases this funding to \$70.7 million in the current year. VHTF provides financing for housing construction projects that create or preserve affordable housing units, reduce the cost of affordable

housing, and increase homeownership. This funding is a key source of financing for affordable housing initiatives that support moderate-and-low-income families, as well as Homeless Reduction Grants to provide rapid re-housing and longer-term housing solutions for individuals experiencing chronic homelessness.

"The Virginia Housing Trust Fund is a critical resource in our efforts to reduce homelessness and make safe and affordable housing more readily available," said Secretary of Commerce and Trade Brian Ball. "This is an invaluable program for targeting our funds toward proven strategies to reduce homelessness and build stronger, more vibrant communities for all Virginians."

While the COVID-19 pandemic and the resulting economic fallout has led to increased homelessness rates in many communities across the Commonwealth, overall homelessness in Virginia has declined 36 percent since 2010, with homelessness among families dropping by 45 percent. Homelessness among veterans has been cut in half since 2011 and in 2015, Virginia became the first state in the country to functionally end veteran homelessness. These successes have been driven by the leadership of the Governor's Coordinating Council on Homelessness, collaboration between state and local partners, and the allocation of funding to efforts that support a systemic approach at the community

level. Resources to address homelessness in Virginia are administered through the Virginia Department of Housing and Community Development's Virginia Homeless Solutions Program, which combines state and federal funds to ensure homelessness is rare, brief, and nonrecurring.

In 2021, 60 percent of the funding allocated to the VHTF must be used to provide loans that reduce the costs of affordable housing. Given the additional need for immediate solutions to house individuals during the pandemic, up to 40 percent of the VHTF is being used for grants to reduce homelessness.

-Submitted by Alena Yarmosky, Office of the Governor

Peter from page 5

off her back. So loving and caring to so many young and old!! Her shoes will be hard to fill!!! Love this and so would she"

"It is such a great testimony to your mom and the love she had for the kids of this community"

When Peters started working at the school, her children, Kristopher, Zachary and Rebekah were in the third, second and kindergarten grade levels, respectively.

"She would always make us ride the bus to school when we were younger, because we would make her late to work," Rebekah said. "As we got older, she started letting us go with her and we would have to sit in the cafeteria until it was time to go to class."

They joked later in life, as they said that once they entered high school and were

driving themselves, she somehow always knew when they were late, skipped or decided to leave early.

Musician and CCPS graduate Joe Francisco was also a friend to Peters. He recorded a song and posted it on Facebook in her honor. "I'm dedicating it this evening to her family. May it bring them a little peace in this hard time! We love you, Janie," he said before playing the beloved song, "Amazing Grace - My Chains are Gone."

Shared CCPS School Nutrition Supervisor Sherry Crowder, "Janie was a loving lunch lady that always looked out for her kids and of course that was any student that passed through the cafeteria for the past 30 plus years. She always had a 'Good Morning', a hug for someone that was not having a good day or

just willing to listen to their problems. Janie was a selfless person and always thinking of herself last. She was kind, sweet and had a way of making you smile even if you were having the worst of days."

Fellow cafeteria employee Nancy Fisher said the following, "I can't say enough good things about Janie. We've been friends for 40 years and worked together for over 30. She would always look out for the kids whether it was a smile, a hug or a child who wanted a snack or extra food, but they didn't have money for, she would use her own. She has always been a giving person and never expected anything in return. She will be missed by so many."

For this kind of love, the family chose to set up a fund in Janie's memory at Carter Bank.

"The fund is more than just ice cream," the family shared. "The fund is for breakfast, lunch, snacks, ice cream or whatever may be needed."

It has been repeated by many that she loved everyone, not just the kids and she would freely give lots of hugs in a day's time.

"For some kids, she knew it would be the only hug they would get for the day," Rebekah said. "It didn't matter who you were or who your parents, grandparents or any other family members were. It didn't matter rather they were rich, poor, clean, dirty, special needs or anything in between, she would love you just as you were."

Peter's family remembered that she also spent many nights sitting in the emergency room with kids other than her own, and, "if a child

needed a ride, a place to stay, babysitter or just a listening ear, she was always willing to be that person."

Rebekah fondly added, "Parents have even been known to come visit their kids at her house because kids would come stay days, weeks or even months at a time if they needed a place to stay. It didn't matter the reason; you were always welcome."

Peters would also always "cook dinner for a small army" because they never knew who was going to show up for a meal. Crowder added, "Janie was a precious friend and co-worker that I loved very much. She will be missed greatly but will live in my heart forever."

Noting in honor of Janie from an unknown author, "When someone you love becomes a memory, that memory becomes a treasure."

Cafeteria from page 1

that I ate there. It was a beautiful sunny day, and I had family travel from out of state just to be present for my graduation. I ordered some mashed potatoes, shrimp, fries in addition to some garlic bread and everything was beyond delicious," Smith said. "From that moment on, my family regularly visited the establishment, a tradition that I will continue with my own family."

Salem native Otis Johnson, 79, said he didn't know the restaurant was closed until he and some friends met there for breakfast a few weeks ago, something he has done for years. "K&W has the type of atmosphere where you can let your hair down and just relax. Since the Salem restaurant is closed, we will continue our gatherings at their other locations," Johnson said.

Some of the biggest decisions of Cindy Pham's life made were at the Salem K&W Cafeteria: which outfit should she wear to prom, the college she would attend and whether or not entering the medical field was the right career move for her. When asked what she will miss

most about the Salem K&W Cafeteria, Pham, 41, said, "Everything from the polite cashiers to the delicious food to the sense of community togetherness. While disappointed, I understand why tough decisions have to be made."

Headquartered in Winston Salem, N.C., K&W is a family-owned chain that employs approximately 2,500 people throughout South Carolina, North Carolina and Virginia.

"Back in September, in the midst of the pandemic, K&W filed for Chapter 11 Bankruptcy. We are now on track to exit bankruptcy later this year. When that happens, we will be able to operate debt-free and cash flow positive for the first time in a long time," said Dax, the grandson of K&W founder Grady Allred Sr.

He continued, "As part of our restructuring, we have to focus our efforts and resources we have on those locations that are the highest performing ones. Those who dine with us have done so for generations. We love that we serve as an extended family to so many."

Author from page 1

difficult," she said. "No matter where I am or what is happening, all I have to do is close my eyes, and it melts away."

Killen strongly believes that all authors pull from their own lives, whether they are aware of it or not. Part of her writing process for Wysteria was just closing her eyes and daydreaming a movie in her mind. "I think that writing is an art form, and all artists make a lot of really bad art before they make anything anyone really wants to look at, read, or listen to," she said.

When Killen finished the book, she cried. If you pull back the layers of Wysteria, said noted, it is more than just a novel, adding, it is an analogy of the hu-

man mind and my journey back from depression and finding a way to conquer my OCD.

"Growing up with tales of knights in shining armor and princes, I wanted to give little girls a different kind of story. Part of my goal with this book is to provide them with a different sort of narrative," she said. "I wanted them to know they are strong, and they can be or do whatever they want. Be your own knight in shining armor."

Killen already has Wysteria sequels in her mind. For more information about the book, including how and where to purchase it, visit wysteria.com.

OBITUARY

Moore, Lawrence Peter

Lawrence Peter Moore, also known to many as "Larry" or "LP", passed away on Tuesday, March 9, from COVID-19 at age 76. He began his life journey in Fresno, California, on Wednesday, June 21, 1944, the son of the late Lawrence Clarke Moore and Kathryn Kalish Moore.



He later moved to Kalamazoo, Michigan, graduated from University High School and later joined the United States Air Force. While in the military, he was directed to learn Russian and enrolled in the Russian Language Program at Syracuse University. He married Judith Light and moved to Lansing, Michigan, where he graduated from Michigan State University with a B.A. and graduate work in Political Science.

At Michigan State, he was a member of the Delta Phi Epsilon Mu Chapter. Larry worked for the Michigan Legislature and after the birth of his daughter, Jennifer, the family moved to Traverse City, Michigan. In Traverse City, he worked for the American Cancer Society. Larry's love of wine-inspired he and Judy to open The Blue Goat, which was a gourmet food and wine shop that quickly became a staple in the community for 14 years.

During that time his son, Andrew, was born. He later moved to Mt. Pleasant, Michigan, where he became a wine representative for Fabiano Brothers. There he met his current wife, Jacquelynne McLellan. The family later moved to Frostburg, Maryland, where he and Jacquelynne married. "LP"

completed his M.B.A. from Frostburg State University and went on to teach Management and Accounting at Potomac State College.

After his retirement, he and Jacquelynne moved to Roanoke, Virginia. In addition to wine, "LP" had a love for food, cigars, travel, history, reading, music, the arts, Willie Nelson, interesting female voices of any genre and trains. He will be remembered by his family and those that knew him as a loving, funny, supportive, and wise man. In addition to his parents, he was preceded in death by his aunt and uncle, Margaret and Robert Moore, and his brother, Terrence Moore.

He is survived by his wife, Jacquelynne McLellan; daughter, Jenn Rae Moore; son, Andrew Moore; daughter, Ann Genova Heaton and her husband, Matt; son, Sander Kedich and his wife, Deanna; granddaughters, Hunter Blake, Rebecca Kedich, and Evelyn Kedich.

Due to safety concerns, a private graveside service was held with his family where he was laid to rest at the Temple Emmanuel Cemetery in Roanoke.

Lawrence thought charity was important and that you should probably start close to home; the family asks that memorial contributions be made in his name to Feeding Southwest Virginia at www.feedingswva.org/donate-now/

Online condolences may be sent to the family at www.johnmoakey.com.

Be sure to 'Like' the Salem-Times Register on Facebook.

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Auctions

PUBLIC NOTICE
The contents of the listed unit will be sold at Public Auction March 26, 2021 at 11am at 1st Security Self Storage 5 Midway Plaza Dr. Christiansburg, VA. D12
1st Security reserves the right to refuse any bid. Terms: CASH OR CREDIT CARD AT SALE.

For Rent - Apartments

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Help Wanted - Clerical

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MBA in Accounting. Mail resume to Rowe Fine Furniture, Inc., Attn: Benjamin Jarrell, 2121 Gardner St., Elliston, VA 24087.

Help Wanted - General

Part Time Newspaper Production Help
The Salem TimesRegister has openings for afternoon/evening shift work inserting, labeling and bundling newspapers for delivery. No experience necessary. Hours may vary. Will train. \$7.50 per hour. Contact Lynn Hurst, General Manager, Salem-Times Register (540)389-9355 or email lhurst@ourvalley.org

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Legals - Botetourt County

PUBLIC NOTICE
Notice is hereby given that Virginia Electric and Power Company is requesting a permit from Virginia Marine Resources Commission to install one (1) aerial fiber optics cable within an existing easement, crossing the James River, North Creek in three (3) locations and Jennings Creek in eight (8) locations as part of the Pole E2003MJ6300 to J2140K0400 Fiber Optics Project in Botetourt County. Send Comments/Inquiries within 15 days to: Marine Resources Commission, Habitat Management Division, 380 Fenwick Road, Building 96, Fort Monroe, VA 23651 or ipa.permits@mrc.virginia.gov.

Legals - City of Radford

Public Notice Environmental Permit

PURPOSE OF NOTICE: To seek public comment and announce an informational briefing and public hearing on a draft permit from the Department of Environmental Quality (DEQ) for the Radford Army Ammunition Plant Facility to manage hazardous waste in in Radford, Virginia. PUBLIC COMMENT PERIOD: March 24, 2021 to May 24, 2021.

INFORMATIONAL BRIEFING AND PUBLIC HEARING: To address protective measures to help prevent the spread of COVID-19, an electronic briefing will be held via GoToWebinar teleconferencing on April 21, 2021 at 6:30 p.m. DEQ will present details of the proposal at the informational briefing. An electronic public hearing will be held via GoToWebinar teleconferencing on April 28, 2021 at 6:30 p.m. and DEQ will accept formal comments during the public hearing.

GoToWebinar INSTRUCTIONS: To attend and/or speak at the informational briefing and/or public hearing, you must register, provide the required information, and follow instructions on ways to join. To register use the following links or copy and paste the address to your chrome web browser. INFORMATIONAL BRIEFING: <https://attendee.gotowebinar.com/register/4221166289885215758> PUBLIC HEARING: <https://attendee.gotowebinar.com/register/5964504647886944270>

If a decision is made to hold the hearing and briefing in person, information will be posted on DEQ's website at <https://www.deq.virginia.gov/permits-regulations/public-notices/land-protection> and the Virginia Regulatory Town Hall website no later than 3 days prior to the meeting. If you prefer to attend the hearing by telephone without internet access and do not plan to speak, contact Ashby Scott at (804) 698-4467 or ashbv.scott@deq.virginia.gov to obtain a telephone number. PERMIT NAME AND NUMBER: Hazardous Waste Treatment Permit, EPA ID No. VA1210020730 APPLICANT NAME: Radford Army Ammunition Plant FACILITY NAME AND LOCATION: Radford Army Ammunition Plant, 4050 Peppers Ferry Road, Radford, VA 24143. PROJECT DESCRIPTION: Radford Army Ammunition Plant applied for a reissued permit on September 17, 2015, for thermal treatment of waste explosives by open burning. The facility is in Radford, Virginia. The draft permit will allow the facility to thermally treat waste pyrotechnics, explosives, and propellants by open burning.

HOW TO COMMENT: DEQ accepts comments by hand-delivery, e-mail, fax or postal mail. All comments must include the name, address and telephone number of the person commenting and be received by DEQ within the comment period. The public may also write to the contact person at the address below to be added to the facility mailing list. The public may review the draft permit, fact sheet, and application at the DEQ, Blue Ridge Regional Office at 901 Russell Drive, Salem, Virginia 24153, every workday by appointment.

Legals - City of Radford

Copies of the permit documents are also available at the DEQ, Office of Financial Responsibility and Waste Programs, 1111 East Main Street, Suite 1400, Richmond, Virginia 23219, Radford Public Library, 30 W. Main Street, Radford, VA 24141, and the DEQ website www.deq.virginia.gov. CONTACT FOR PUBLIC COMMENTS, DOCUMENT REQUESTS AND ADDITIONAL INFORMATION: Ashby Scott; DEQ, Office of Financial Responsibility and Waste Programs, P.O. Box 1105, Richmond, Virginia, 23218; Phone: 804 698-4467; Fax (804) 698-4178; E-mail: Ashby.Scott@deq.virginia.gov.

LEGAL NOTICE Tyler Avenue/East Main Street Connector - Phase 1 City of Radford Notice of Public Review

Find out about a project to construct Phase I of a new 2 lane connector road from Tyler Avenue to East Main Street. Phase I shall include reconstruction of the existing skewed Tyler Avenue/Auburn Avenue intersection, construction of approximately 620LF of the Connector Road, and the construction of approximately 900LF of re-aligned Auburn Avenue.

Review project information and National Environmental Policy Act (NEPA) documentation in the form of a Categorical Exclusion (CE) are available at 10 Robertson Street, Radford, 540-731-3603. Please call ahead so the City can make arrangements for personnel to share more information or answer your questions.

If your concerns cannot be satisfied, City is willing to hold a public hearing. You may request that a public hearing be held by sending a written request to Radford City Manager, the City of Radford Office located at 10 Robertson Street, Radford, Virginia 24141 on or prior to April 9, 2021. If a request for a public hearing is received, notice of date, time and place of the hearing will be posted.

VDOT ensures nondiscrimination and equal employment in all programs and activities in accordance with Title VI and Title VII of the Civil Rights Act of 1964. If you need special assistance for persons with disabilities or limited English proficiency, contact the phone number listed above.

State Project: U000-126-106, C501, P101, R201 Federal Project: STP-5126(107) UPC: 76402

Legals - Montgomery County

ORDER OF PUBLICATION COMMONWEALTH OF VIRGINIA

VA. CODE §§ 1-211.1; 8.01-316, -317, 20-104
Case No. CL21000326-00
MONTGOMERY CIRCUIT COURT
55 EAST MAIN STREET, CHRISTIANSBURG, VA 24073
CHARLES PHLEGAR
KAREN PHLEGAR
v.
JAMES FULTON HOGE, DECEASED
UNKNOWN OF HEIRS OF JAMES FULTON HOGE
The object of this suit is to: REMOVE THE REMAINS FROM ABANDONED FAMILY GRAVEYARD
It is ORDERED that THE UNKNOWN HEIRS OF JAMES FULTON HOGE, DECEASED appear at the above-name court and protect his/her interests on or before APRIL 26, 2021.

FEBRUARY 24, 2021
Bridget Adams
Deputy Clerk

Legals - Town of Vinton

NOTICE:
COUNTY OF ROANOKE, VIRGINIA v. BARBARA WILCHER MOORE, ET AL
Roanoke County Circuit Court Hearing on 4/8/2021 at 10:00 AM regarding proceeds from sale of property. Any legal heirs with an interest in Ms. Moore's estate must appear at this hearing to protect their interests.

Legals - Town of Vinton

LEGAL NOTICE OF PUBLIC HEARING TO WHOM IT MAY CONCERN:

Pursuant to the provisions of Section 15.2-2204 of the 1950 Code of Virginia, as amended, the Board of Zoning Appeals of the Town of Vinton, Virginia, hereby gives notice of a public hearing to be held on **Tuesday, March 30, 2021, at 7:00 p.m.** The Board of Zoning Appeals will also hold a work session at **6:15 p.m.** prior to the public hearing.

The purpose of the public hearing is to receive comments concerning: 1. A request by the Town of Vinton, for a variance of specific requirements set forth in the FO-Floodplain Overlay District of the Vinton Zoning Ordinance. The purpose of this request is to allow for the redevelopment of the historic Gish Mill properties, located at 350 and 0 Gus Nicks Boulevard, Vinton, Virginia, Tax Map Numbers 060.11-04-22.00-0000 and 060.11-04-23.00-0000. The variance, if granted, will include all necessary redevelopment activities for the conduct of a functionally dependent use provided that:

a. The criteria of Article IV, Division 13, Sec. 4-73 of the zoning ordinance are met, and
b. The structure or other development is protected by methods that minimize flood damage during the base flood and create no additional threats to public safety.

Further information concerning the public hearing, may be obtained from the Planning and Zoning Department located at 311 South Pollard Street, Vinton, Virginia 24179, by phone-540-983-0605. Interested persons may be heard at the above public hearing. In light of the ongoing COVID-19 emergency, participation in this public hearing by BZA members, staff, and the public will be available through electronic or other alternative means. The public may comment on this request by emailing nmclung@vintonva.gov, by calling 540-983-0605 or writing to the Principal Planner, Town of Vinton, 311 S. Pollard Street, Vinton, Virginia 24179. Voicemails, emails and other messages containing comments on the request will be provided to the BZA members. The public also may be able to comment during the electronic public hearing. Citizens interested in this option must register in advance by calling the Town Clerk's Office at 540-983-0607 or sending an email to sjohnson@vintonva.gov by 12 Noon on Monday, April 5, 2021. The public can observe this meeting through a livestream on the Town's Facebook page at www.facebook.com/vintonva. Additional information concerning the public hearing will be made available on the Town's website at least three days before the meeting date. Comments and grievances can be submitted in writing to the Town Manager's Office, Town of Vinton, Virginia at 311 South Pollard Street, Vinton, VA 24179 or by phone at (540) 983-0607, or Virginia Relay Service 711 until March 30, 2021 at 5pm.

Persons requiring special assistance to attend and participate in this public meeting should contact the Town Manager's Office at (540) 983-0607.

Nathaniel S. McClung,
Principal Planner

Legals - Town of Vinton

LEGAL NOTICE OF PUBLIC HEARING TO WHOM IT MAY CONCERN:

Pursuant to the provisions of Section 15.2-2204 of the 1950 Code of Virginia, as amended, the Town of Vinton, Virginia, hereby gives notice of a joint public hearing to be held by the Planning Commission and the Town Council on Tuesday, April 6, 2021, at 7:00 p.m.

The purpose of the public hearing is to receive comments concerning: 1. Petition of the Town of Vinton, to rezone the historic Gish Mill properties, from M-1 Limited Industrial to Mixed Use Development (MUD) District, in order to redevelop them into mixed-use properties that will accommodate restaurant, retail, residential, and lodging uses. The properties are located at 350 and 0 Gus Nicks Boulevard, Vinton, Virginia, Tax Map Numbers 060.11-04-22.00-0000 and 060.11-04-23.00-0000.

Further information concerning the public hearing, may be obtained from the Planning and Zoning Department located at 311 South Pollard Street, Vinton, Virginia 24179, by phone: 540-983-0605. Interested persons may be heard at the above public hearing. In light of the ongoing COVID-19 emergency, participation in this public hearing by Planning Commission members, Council members, staff, and the public will be available through electronic or other alternative means. The public may comment on this request by emailing nmclung@vintonva.gov, by calling 540-983-0605 or writing to the Principal Planner, Town of Vinton, 311 S. Pollard Street, Vinton, Virginia 24179. Voicemails, emails and other messages containing comments on the request will be provided to both the Commission and Council members. The public also may be able to comment during the electronic public hearing. Citizens interested in this option must register in advance by calling the Town Clerk's Office at 540-983-0607 or sending an email to sjohnson@vintonva.gov by 12 Noon on Monday, April 5, 2021. The public can observe this meeting through a livestream on the Town's Facebook page at www.facebook.com/vintonva. Additional information concerning the public hearing will be made available on the Town's website at least three days before the meeting date. Comments and grievances can be submitted in writing to the Town Manager's Office, Town of Vinton, Virginia at 311 South Pollard Street, Vinton, VA 24179 or by phone at (540) 983-0607, or Virginia Relay Service 711 until April 6, 2021 at 5pm.

Persons requiring special assistance to attend and participate in this public meeting should contact the Town Manager's Office at (540) 983-0607.

Anita J. McMillan,
Planning and Zoning Director

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Left, Glenvar's Kyle Hanks tries to beat a Radford defender to the corner in Saturday's win. Right, Jacob Crowder(#52) and Gabe Shaffer(#17) protect Highlander quarterback Aiden Wolk as he looks for a receiver.

PHOTOS BY BRIAN HOFFMAN

GLENVAR FOOTBALL

continued from page 14

game, and they did so with precision and confidence. Shaffer moved the chains a couple times, then Wolk found Jackson Swanson twice on pass plays, the second carrying just short of the goal. Hanks took it over with 1:50 remaining for a 16-14 lead but the extra point missed and Radford was very much alive.

At this point the Highlander defense rose up. Glenvar forced a fourth and two at the Radford 39 with 1:11 remaining. The Bobcats tried a long pass and had a man open, but it slipped through his hands to turn the ball back to Glenvar. Wolk took a knee a couple times and that was the ballgame.

"It was a fun game to watch," said Clifford.

Hanks finished with 39 yards rushing on 14 attempts while Shaffer had 33 yards on eight. Wolk put the ball in the air 41 times, completing 20 for

240 yards. Dagan Williams caught seven for 94 yards, Swanson had five receptions for 70 and Nick Woodson had five for 45.

On defense Zach Moore led the Highlanders with eight tackles. Mason Anderson and Colvin Delano had six each, and one of Delano's was a game saver where he caught a Bobcat from behind. Blake Custer had a tackle for a loss and a fumble recovery.

The win was the second in a row for Glenvar after losing their first two games, one in the snow at Stuart's Draft and one to Class 5 William Fleming. This Friday Glenvar is back home to take on arch-rival Giles at 7 pm at Highlander Stadium. This is a big game for both teams as Giles is also 2-2 but two spots out of the playoffs in sixth place in Region

2C. And, as mentioned, only four advance.

"It's a rivalry game," said Clifford. "They tortured us for a long time before we finally got over the hump."

Glenvar had lost to Giles 20 straight times before the 2014 state championship season, and after finally breaking the streak the Highlanders have won six of the past seven games with the Spartans.

"You look back over the past 30 years and I'm sure they have one of the best records in the state," said Clifford. "They have a great tradition and they'll be out to beat us. We wouldn't be where we are without Giles."

Glenvar's jayvee team beat Radford last week, 34-7, to remain unbeaten at 4-0. The jayvees are scheduled to play William Byrd in Vinton tonight.

SALEM

FOOTBALL

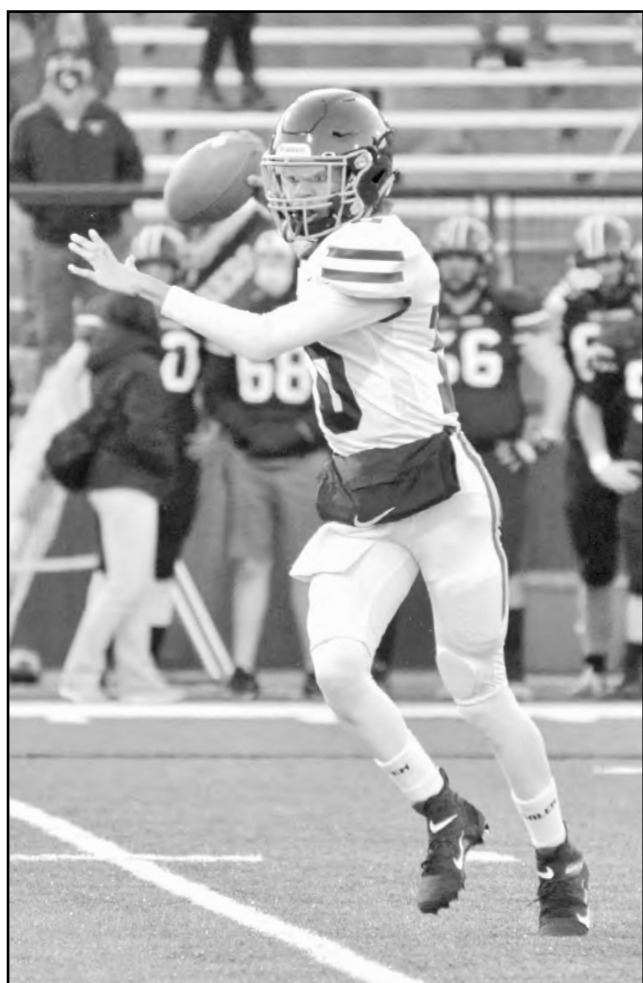
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perfect on nine extra point kicks and the freshman hasn't missed on 25 PATs this season.

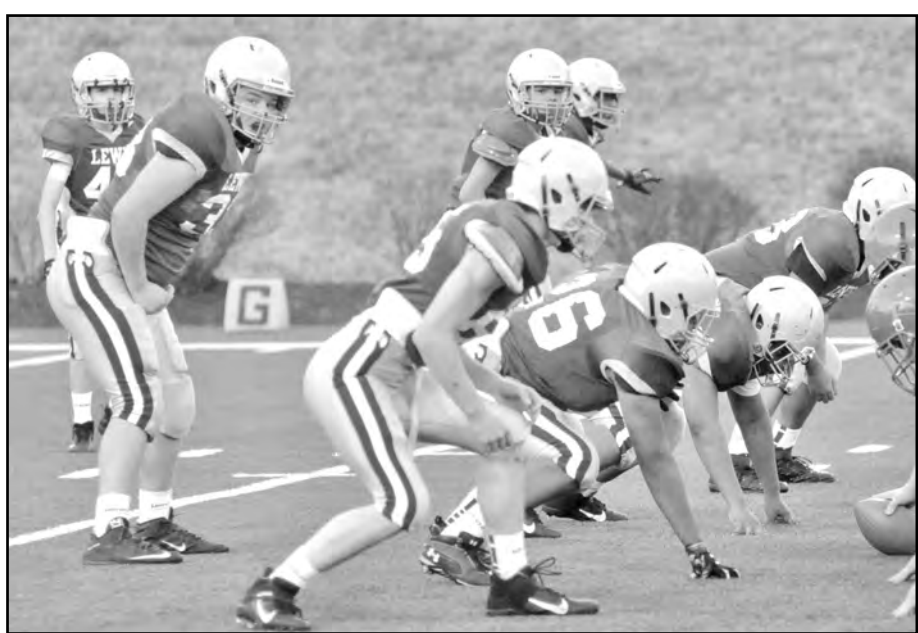
Defensively Noah Collins led the Spartans with nine total tackles, followed by Wood with six and Addison Wolfe with five. Jordan McDonald had an interception and Stacy Williams had two tackles for losses, three hurries and a pass deflection from his tackle position.

With the win Salem improved to 4-0 and the Spartans have outscored the opposition 183 to 37. The Spartans remain atop the VHSL Region 4D rankings with a rating of 25.5. Pulaski County, also 4-0, is second at 23.5 as the two continue on a collision course for an April 2nd meeting at Salem Stadium.

The Salem jayvees remained unbeaten with a 40-14 win over the Knights at Salem Stadium last week. They'll host Hidden Valley tonight.



Left, Salem's DaRon Wilson passes in Friday's win. Right, Brady Torrian brings down a Cave Spring ballcarrier. PHOTOS BY BRIAN HOFFMAN



The Andrew Lewis defense is ready to strike.

PHOTO BY BRIAN HOFFMAN

Wolverines close with 2 wins

The Andrew Lewis Middle School 8th grade football team completed the season Monday night with a 14-9 win over Pulaski Middle School in Pulaski.

The win gives the Wolverines a 3-3 record to complete the season. The Pulaski win was generated by running back Jackson Jones, who scored two touchdowns. On the defensive side, Mitchell Taylor and Shane Hill, who both play defensive end, had an outstanding game.

Last Wednesday, March 17th, the 8th graders defeated Blacksburg Middle, 32-12. On offense and defense Bryson Fraction had an outstanding game, making a great touchdown catch of a Brayden Hall pass and also making a key interception in the fourth quarter. Josiah Boardley had two touchdowns and also carried the football for the Wolverines.

The 7th grade team completed their season on Monday night as well with a 14-13 loss to the Buffaloes of Floyd County. Jesiah Hines picked off a Floyd County pass and returned it for a touchdown.

Last Wednesday, March 18th, the 7th grade team defeated Central Academy, 40-8, for their second win. The 7th graders finished the season 2-4 while playing a challenging schedule.

"Both the 7th and 8th grade teams performed well under unique circumstances this season," said Lewis coach Brian Hooker.

Hokies add McDonalds to Class of 2021

Virginia Tech head football coach Justin Fuente announced on Tuesday that the Hokies have officially added Salem High's Jayden and Jorden McDonald to Tech's 2021 signing class, bringing the number of signees in this group to 27 student-athletes. The twin brothers from Salem are both listed as "athletes" and the Virginia Tech coaching staff will determine their potential positions once they arrive on campus in the summer.

"Jayden and Jorden McDonald are not only very good football players, but they are also exceptional young men," said Spartan coach Don Holter. "They are leaders in the classroom, community and on the field. Jayden and Jorden have been active volunteers in our city with local churches and food banks doing various tasks helping to feed elementary kids throughout the summer, kids who otherwise would not have access to much-needed nutritional items. In addition, both of them participate in presentations to elementary students as members of the African-American History Club."

Tech's longstanding tradition of siblings playing in Blacksburg continues with this signing class that includes the McDonald brothers. The 2021 class also features two players who are following older broth-

ers to Tech. TE Jack Hollifield is the younger brother of current LB Dax Hollifield and DB Jalen Stroman is the younger sibling of current Washington NFL Team member, CB Greg Stroman.

A three-year starter at Salem High School, Jayden was named a second-team preseason all-state selection in 2020 prior to the season being postponed. He earned first-team honors on the Virginia Class 4 All-State Team as a defensive back in 2019, registering 37 total tackles, five interceptions, and 11 pass breakups during the 2019 campaign. On offense, he recorded seven catches for 89 yards with one TD to go with two rushes for 21 yards. He was named to the Virginia Region 4D All-Region Team in 2019, as well.

Jorden serves as a two-way player for the Spartans. In 2019 he registered 33 total tackles, eight pass breakups and two interceptions as well as a 22-yard fumble return touchdown. Jorden earned a spot on the Region 4D all-region team and on offense he added seven receptions for 169 yards and two TDs.

Both McDonalds have been selected to play in the Blue-Grey All-American Bowl for high school seniors at AT&T Stadium in Dallas, Texas following the current spring season.



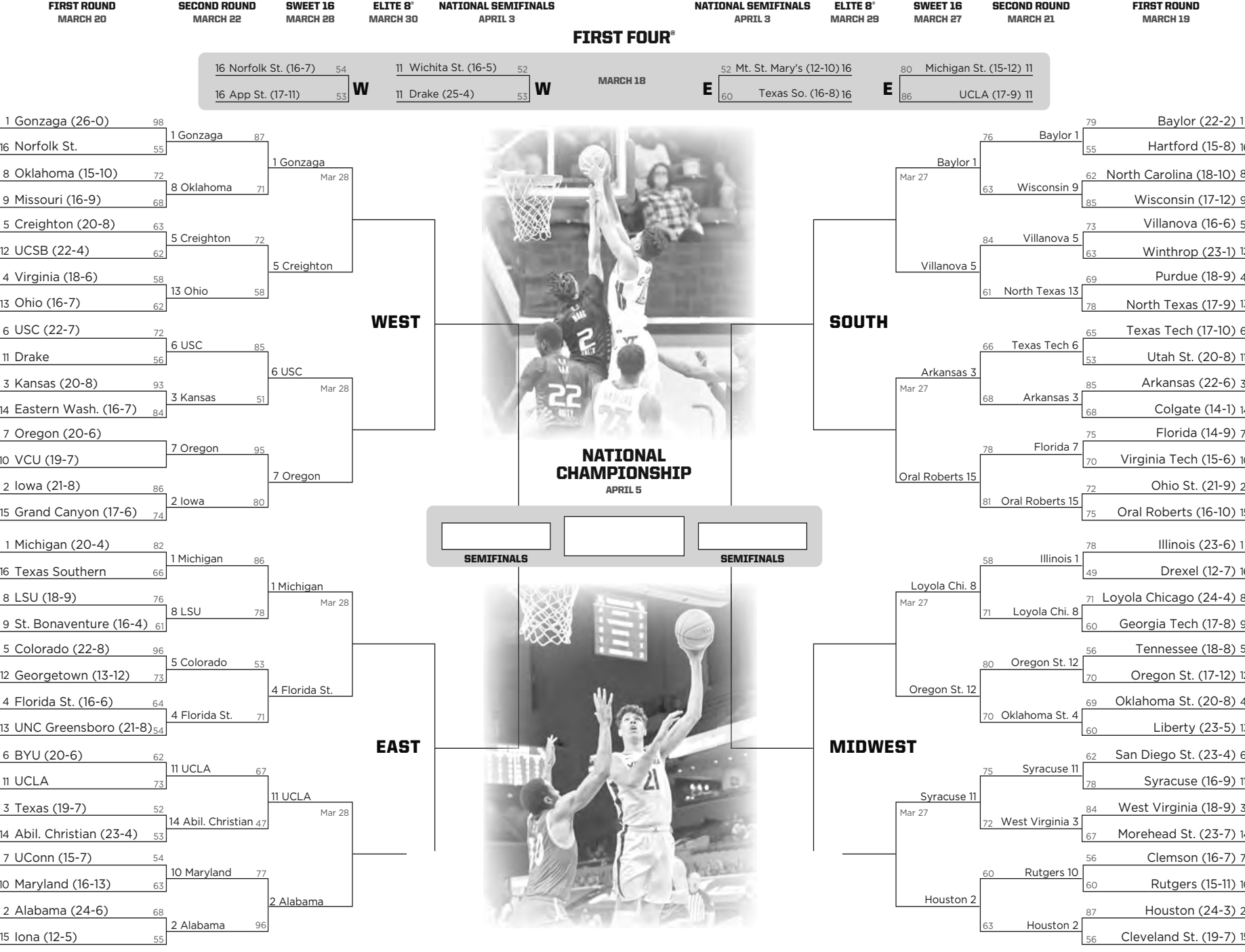
JAYDEN McDONALD



JORDEN McDONALD

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RC goalie Matt Federau goes high to snag the ball in Saturday's game with W&L.

PHOTO BY BRIAN HOFFMAN

Generals edge Maroon laxmen with late rally

Three unanswered goals in the final 10 minutes of play gave visiting Washington & Lee a come-from-behind win over Roanoke College in men's lacrosse last Saturday at Salem's Kerr Stadium.

The Maroons raced out to a 4-1 lead over the Generals after one quarter of play. The scoring got started early when Luca Docking scored a goal less than two minutes into the game when RC was up a man, and two minutes later Luke Kammerman scored on a feed from Ethan Caldwell to put the Maroons up two.

After W&L trimmed the lead in half, Jay Frye would score at the midway point of the opening frame. With just over two and a half minutes to go, Caldwell would push the advantage to 4-1 heading into the second quarter.

The game was tied at 5-5 after three quarters but Bryson Miller and Kammerman would make it 7-5 Maroons with 10 minutes remaining. Over the next three minutes of play the Generals scored a trio of goals, giving them a one-goal edge with seven minutes to go. RC had several good looks down the stretch but couldn't find rope.

Kammerman finished with two goals and an assist. Caldwell scored once with two helpers and Frye added one goal and one assist. Matt Federau saw 25 shots on goal, registering 17 saves on the afternoon and Austin Gambino won six of his 13 face offs.

RC dropped to 2-2 with the loss and was scheduled to host Ferrum on Wednesday. On Saturday the Maroons are at Guilford for a 1 pm start.

RC soccer women shut out Southern VA

MC Petrucelli scored her fifth goal of the season and assisted on another as the Maroon women's soccer team defeated Southern Virginia in Salem last week, 4-0, in a non-conference game.

Petrucelli scored just six minutes into the match, then assisted on a score by Tessa Walsh six minutes later. Eliza Ryan and Morgan O'Neill also scored as the Maroons dominated the middle of the field and

outshot the Knights, 21-2. Carrington Lippi picked up the win in net, playing the first half before being relieved by Taylor Gallik. Gallik recorded a pair of saves as the duo would combine for the shutout.

Roanoke will kick off a two match road trip tonight when they travel to Eastern Mennonite, followed by a game at Randolph-Macon at 2 pm Sunday. Last Sunday RC's game at Hollins was cancelled.

Men's soccer game cancelled for 2nd straight Sunday

For the second week in a row the Roanoke College men's soccer team had their Sunday game cancelled due to COVID concerns. RC's home game with Ferrum was cancelled on March 14 and last Sunday a game with Hampden-Sydney was called off.

In between the Maroons dropped a 4-3 decision to Randolph College

last Thursday in Lynchburg. The WildCats raced out to a 4-0 lead before a furious Roanoke rally in the final ten minutes saw the Maroons come up one goal short.

Jake Berez, Chris Jerrild and Gabriel Hendi scored the goals for Roanoke, all in the final seven minutes of play as the Maroon comeback came up just short. All

three were unassisted.

The loss was the first of the season for the Maroons, who have won once and tied three times in five games along with four cancellations thus far. Roanoke is scheduled to host Christopher Newport this Sunday at 2:30 pm at Kerr Stadium.

Roanoke's Capobianco is ODAC tennis PoW

For the second time this season the Roanoke men's tennis team has the ODAC Player of the Week as Dalton Capobianco has been honored.

In the past week the Maroons went 2-0 with conference wins over Bridgewater (5-4) and Lynchburg (8-1). In the win over the Eagles, Capobianco teamed with Zach Kriebel for an 8-5 win at number two doubles. In singles play, the junior posted a 6-0 and 6-1 win to help secure the win.

On Sunday against the Hornets, Capobianco and Kriedel once again won at the second spot with a 8-2 win over Colton Mullins and Vincent Oliver. At number two singles, the New York native earned a 6-3 and 6-0 win to go 4-0 for the week.

On the season, Capobianco is 4-1 in doubles and 4-1 in singles play.

Roanoke baseball team sweeps Tigers



Jack Carpin connects. PHOTO BY BRIAN HOFFMAN

The bats were alive as the Roanoke College baseball team improved to 3-1 in the Old Dominion Athletic Conference with a sweep of Hampden-Sydney last Saturday. The Maroons won 13-5 and 9-1 at Salem Memorial Ballpark.

Roanoke knocked out 29 hits while scoring 22 runs in the doubleheader. In the opener Will Merriken and Gavin Kandrick were each three for five with Carson McCusker and Conner Butler both going two for five. Cale Agee knocked in five runs and Will Turner pitched four innings in relief to pick up the win.

In the nightcap the Maroons broke out the big sticks in the seventh. Carter Plunkett drove the ball out over the left field fence for his second home run of the season and two batters later PK Cocolis hit a towering shot out to left. Plunkett was four for four with three runs and a pair of RBI while Butler went three for four with an RBI and a run scored. Merriken drove in three.

Brandon Hill got the start and went the first four innings, giving up three hits and a run. Austin Bansek came in for three innings of no-hit ball to pick up his second win of the season.

The sweep, along with a 16-3 non-conference win over Averett in Salem Tuesday, gave RC a 10-4 overall record. The Maroons were at Ferrum Wednesday and this Saturday they go to Lexington for an ODAC doubleheader with Washington & Lee, beginning at noon.



Emma Barnett of the RC soccer team controls the ball.

PHOTO BY BRIAN HOFFMAN

RC softball team splits twin-bill with Averett

The Roanoke College softball team split a non-conference doubleheader in Danville last week against Averett University. The Maroons shut out the Cougars in the opener, 2-0, but dropped the second game, 6-3.

The first game was scoreless after five innings until Brooke Trapuzzano singled with one out in the top of the sixth. Shanan Hester doubled to right center to plate Trapuzzano before getting caught trying to stretch it to third, giving Roanoke a 1-0 lead.

Rachel Sirbaugh doubled to center to start the seventh as Roanoke looked to add to their lead. Sirbaugh advanced to third with two outs and made it 2-0 when she scored on a wild pitch.

Jada Karnes went 5 1/3 innings on the mound, giving up five hits and striking out three to pick up the win. Hester recorded the final five outs for the save.

Averett got the split in the second game, highlighted by a three run second inning. Roanoke fell to 4-2 with the loss and the Maroons were scheduled to host Southern Virginia in a doubleheader at the Moyer Complex on Wednesday.

A scheduled Saturday home doubleheader with Randolph has been cancelled due to pandemic protocols, as was a doubleheader at Christopher Newport last Saturday. A doubleheader with Shenandoah at the Moyer Complex this Sunday, starting at 1 pm, was still on at press time.

RC field hockey will host W&L

The Roanoke College field hockey team will host Washington & Lee at Salem's Kerr Stadium this Friday evening at 7 pm. The Maroons are 3-1 on the season and have allowed just two goals.

Last Friday at RC the Maroons shut out ODAC rival Eastern Mennonite, 2-0. After a scoreless first half Roanoke struck quickly after intermission. Julia Brown took the ball down the left side and into the zone before feeding a pass across the goal mouth to Lindsey Keyes for the goal with just 37 seconds gone in the second half.

With just over five minutes left to play the Maroons added an insurance goal. Claudia Roncone sent a perfect pass in front of the cage and Caroline Diehl deflected the ball to Madison Filson for a two goal lead.

The Roanoke defense would be solid throughout, only allowing three of the Royals five shots to be on target. Hannah Roerden stopped all three shots on goal in picking up her third win of the season.

A Tuesday matchup with defending champion Lynchburg was cancelled due to COVID concerns.



Lindsey Keyes of Roanoke College(right, dark shirt) takes a pass from Julia Brown(#16) and scores to break a scoreless tie in the Maroons' win over Eastern Mennonite last Friday.

PHOTO BY BRIAN HOFFMAN

Glenvar volleyball is 7-0



Claire Griffith goes high for a kill for the Highlanders

PHOTO BY BRIAN HOFFMAN

The Glenvar volleyball team remained undefeated with a win over James River Monday night in Buchanan. Glenvar is now 7-0.

The Highlanders won the first two sets, 25-15 and 28-26, before River stayed alive with a 25-21 win in the third. Glenvar then put it away with their best effort of the night, taking the fourth set 25-12.

"We played a nice fourth game," said Glenvar coach Mark Rohrback. "We didn't play as well as we could but James River is tough. They have some good young players and they defended really well."

Hannah Hylton had a big night for Glenvar with 11 kills, 19 service points and nine digs. Sydney Loder had 15 blocks to go with six kills and Rhyan Harris had three kills, two aces and seven blocks.

"We had 22 blocks between Sydney and Rhyan and that was a big difference in the match," said Rohrback.

Last week at Alleghany the Highlanders won in three, 26-24, 25-17 and 25-16. Caroline Craig had five aces among 18 serving points with no errors. Cara Butler had 12 digs and three aces and Claire Griffith had 16 kills.

Glenvar is back home tonight to host Carroll County. All regular season matches are against Three Rivers District opponents and Glenvar is currently in first place with Giles second, losing only to the Highlanders.

"We learning from our experiences every match," said Rohrback. "This is a really strong district. Every team presents a different challenge."



Salem's Kennedy Scales goes low for a dig.

PHOTO BY JIM DEVINNEY

Spartans host Bruins tonight

The Salem High volleyball team will be looking for a district win tonight when the Spartans take on River Ridge rival Blacksburg. The Salemites will host the match, with the jayvees opening a doubleheader at 5:30 pm.

Salem comes into the match with a 1-6 record after losing at Cave Spring on Tuesday. Last Thursday the girls were at Pulaski where they lost, but were consistent, in three sets, 25-16,

25-16 and 25-16.

Kennedy Scales led the Spartans with eight digs and three kills against Pulaski. Reese Redford had 10 digs and an ace.

On Tuesday the Spartans won the first set at Cave Spring, 25-22, before the Knights rallied to take the next three, 25-10, 25-19 and 25-22. Ella Walker had four blocks and Emma Johnson had 12 digs for Salem.

Andrew Lewis, GMS win on the court

It was a good week for the middle school volleyball program as both Andrew Lewis and Glenvar picked up wins.

Last week Lewis beat Pulaski on Thursday in straight sets 25-9, 25-16. Then, the Wolverines survived a close first set against Read Mountain, 25-22, but cruised to the win with a 25-14 win in the second set to improve to 8-1 on the season.

"Our hitting and the strength of serve have continued to get stronger through the year," said Lewis coach Perry Manning. "We are very proud of these young women. They have shown a great deal of discipline considering all the extra demands because of COVID 19 and they have surpassed our expectations."

Glenvar Middle School played Northside and won 25-18 and 25-6.

RC volleyball hosts two teams Saturday

The Roanoke College volleyball team traveled to Lexington last Sunday afternoon for a match with the undefeated Generals of Washington and Lee. The match was tied after two set but the Generals would take the next two for the 3-1 ODAC win.

In a tightly contested fourth set the score was tied late, 18-18, before W&L scored four of the next five points. Kills by RC's Parker Moody and Olivia Newman, coupled with a miscue, would tighten the match at 23-21. However,

Roanok the Generals closed out the set and the match by winning two of the final three points.

Ryanna Clark led the attack with 13 kills with Lynsey Bailey and Moody each adding nine. Newman handed out 30 assists.

The Maroons, now 2-2, will host a tri-match this weekend with ODAC rivals Bridgewater and Shenandoah. The matches are scheduled for noon, 2 pm and 4 pm at the Cregger Center in Salem.

Pitts, Henzey run 1st at PH

The Spartan boys and girls both finished fifth in a cross country race at Patrick Henry High School last week.

In the girls' race Anna Pitts led the Salem High delegation. Following Anna, in order, were Mary Chamberland, Rebekah Rothkopf, Emma Chamberland, Elizabeth Bocock, Brooke Bowers and Abby Pitts.

In the boys' race Tommy Henzey was Salem's first finisher followed by Gaven Conner, Walker Peterson. Alex Helems, Carson Tucker, Lance Topanta and Adam Warren.

In the junior varsity races Clarke Roudebush was Salem's only boys' entry and in the girls' jayvee race the

order of finish was Amanda Rothkopf, Mary Crumpacker, Kyra Netting and Lyndsy Rothkopf.

Salem was scheduled to run at the Salem Municipal Golf Course on Wednesday of this week with the Cave Spring and James River teams. Results were too late for publication.

Glenvar has yet to run a cross country race in the adjusted spring season. A meet scheduled for Hidden Valley last Saturday was cancelled. Glenvar was scheduled to run at Giles on Wednesday, followed by a race at the Jackson River Sports Complex in Alleghany County this Saturday, March 27.

Try-out procedure for Andrew Lewis spring sports

Tryouts for Andrew Lewis spring sports, including baseball, softball, boys' soccer, girls' soccer, boys' track and girls' track, will start on Monday, April 12th. For a student to participate in spring sports, they must complete the following by Friday April 9th:

- (1) provide a current (dated after May 1, 2020) Virginia High School League (VHSL) physical form on file in the Andrew Lewis main office.
- (2) provide a signed Salem COVID 19 Waiver Form on file in the Andrew Lewis main office.
- (3) sign up for tryouts through the Andrew Lewis main office.

The physical form, COVID Waiver, and sign up sheets are also available on the athletics page of the Andrew Lewis website.



Salem golfer Trey Joyce tries to will one in the hole.

PHOTO BY SCOTT GARDNER

Salem scores coming down

Salem's score went down but their position went up in Monday's River Ridge District golf match at the Hunting Hills Country Club course.

Last week Salem tied for third with a 320 at Thorn Springs, and Monday the Spartans brought their total down to 315. However, that was only good for fourth as Cave Spring shot a 299, Blacksburg shot 302 and Hidden Valley came in at 306.

"I like the fact that our scores keep getting lower," said Salem coach Thad Snyder.

Alex Rhea and Macy Johnson had the low scores for Salem with 77 each. Hunter King shot 79 and Trey Joyce had Salem's fourth best score with an 81 on the par 70 Hunting Hills course.

Next Monday the tour goes to the Hidden Valley Country Club in Salem.



Glenvar's Mason Hylton studies a putt. Mason has the low score for GHS Monday.

PHOTO BY BRIAN HOFFMAN

Floyd dominating 3RD golf

The Glenvar High golfers finished fifth in a Three Rivers District mini-match at the Giles Country Club on Monday. The Highlanders shot an 18 hole score of 403 among their top four players.

Floyd won the round with a score of 316, followed by the host Spartans with 338. Radford was close behind at 344 followed by James River at 370, Glenvar at 403 and Carroll County at 453.

Mason Hylton had a 95 for Glenvar's best score. Trevor Price of Radford led the field with a 78 and two Giles players, Logan Douthat and Walker Gillespie, both had 79.

Also scoring for the Highlanders were Jason Shepherd at 96, Cole Saunders at 105 and Devyn Crisco at 107.

Glenvar's home match at the Hanging Rock Golf Course in Roanoke County was postponed by inclement weather last week.

SPORTS

Thursday, March 25, 2021

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Left, Chase Greer(#8) is being chased by Knights as he returns a punt deep into Cave Spring territory last Friday night at Bogle Field. Right, Stacy Williams blows up a play in the backfield in Salem's 63-7 win.

PHOTOS BY BRIAN HOFFMAN

Spartans return to Bogle Field Friday after blasting Cave Spring, 63-7

The Salem Spartans will be back at Bogle Field in Roanoke County this Friday for their second game in a row against a "south county" foe. Last week it was Cave Spring, and this Friday it will be Hidden Valley.

If things go the same as they did last week it will be a long night for the host Titans. Salem rocked Cave Spring, 63-7, rolling up 405 yards of offense while holding the Knights to 64, including just 27 rushing yards on 26 attempts.

"It's hard not to be happy with a game like that," said Salem coach Don Holter. "We got better, we executed in all phases of the game and we scored 63

points. And on defense we were flying to the football."

This game was over early as Salem scored 28 points in the first quarter. Four different Spartans scored with Jayden McDonald opening the scoring on the Spartans' first drive with a nine yard TD pass from DaRon Wilson, the first varsity touchdown pass for the sophomore quarterback.

Cam Leftwich went over from the one for Salem's second TD, then Zavione Wood turned on the burners for a 51 yard TD run. The quarter ended with Wilson tossing a 20 yard TD pass to Chase Greer.

In the second quarter Wood scored

all three touchdowns on runs of 57, 16 and 34 yards. Wood wove through a forest of Knights, who gave about as much effort to tackle him as a bunch of trees.

Things didn't get any better for the Knights in the second half. They kicked off to open the third quarter and Salem's Shawn Collins returned the kickoff 89 yards for a TD. Wilson threw his third touchdown pass, a 39 yard strike to Chauncey Logan, Jr., for Salem's final score. Ironically, Logan had been the quarterback for the first three games but he got a little banged up in practice so Holter moved him to receiver while keeping him on the defensive side of the line.

"We'll evaluate that situation from week to week," said Holter about who would start behind center. "We're very comfortable with either Chauncey or DeRon."

Wilson completed five of eight passes for 79 yards and three scores. Greer and Logan caught two each and Jayden McDonald had the other.

Wood rushed for 205 yards and four touchdowns on just seven carries. Javionne Jones had six carries for 45 yards, Jalen Allen had 28 yards on eight carries, Leftwich had 24 on six attempts and Carson Williams rushed twice for 22 yards. Wesley Cross was

continued on page 10



Above, Highlanders celebrate on the sideline after holding Radford on downs on their final possession last Saturday, clinching the win. Below, Blake Custer(#58) and Aiden Custer(#55) combine to sack Radford quarterback Zane Rupe.

PHOTOS BY BRIAN HOFFMAN

Highlanders third in 2C after win over Radford

The Glenvar Highlanders jumped firmly into the football playoff picture with a Three Rivers District win over the Bobcats last Saturday. Glenvar came from behind twice on a sunny day at Norman Lineburg Field in Radford for a 16-14 victory.

The Highlanders were sixth in the VHSL Region 2C rankings prior to the win while Radford, who was previously undefeated, was third. After Saturday's win the Highlanders jumped to third and Radford fell to fifth, which is significant since only the top four in each region make the playoffs this year.

"It was a good win for us," said Glenvar coach Kevin Clifford. "The kids played hard. We had our backs to the wall and they gutted it out to keep us in the playoff race."

Neither team led by more than four points the entire game. The Highlanders struck first when they were stoned in the red zone and settled for a 23 yard Aiden Wolk field goal. It would be one of several times the Highlanders wasted opportunities inside the Radford 20, keeping the Bobcats in the game.

Radford took the lead with 4:14 remaining in the half on a 19 yard TD run around left end to make it 7-3 at intermission. The third quarter was scoreless as Radford held the lead by stopping Glenvar three times from inside the five after a muffed punt set up the Highlanders with great field position. Radford missed a short field goal attempt with a minute and a half to go in the quarter to keep the Highlanders within four points of the lead.

Glenvar finally pushed one across in the fourth quarter. Clifford put 215 pound Gabe Shaffer in the backfield and the senior, who is more known for his defense, proved tough for the Bobcats to bring down. Glenvar drove inside the five and this time they converted as Kyle Hanks scored on a short run to give the Highlanders the lead at 10-7 with 8:07 on the clock.

The euphoria was short-lived on the Glenvar side, however. On Radford's ensuing drive quarterback Zane Rupe found P.J. Prioleau over the middle and the talented tailback/receiver broke several tackles before busting loose for a 70 yard TD with 6:20 remaining. The Highlanders had held Prioleau pretty much in check up to that point.

Glenvar had one more chance to put a drive together and win the

continued on page 10

