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# SALEM TIMES-REGISTER

Thursday, October 7, 2021 • (USPS 631-140) • \$1.00

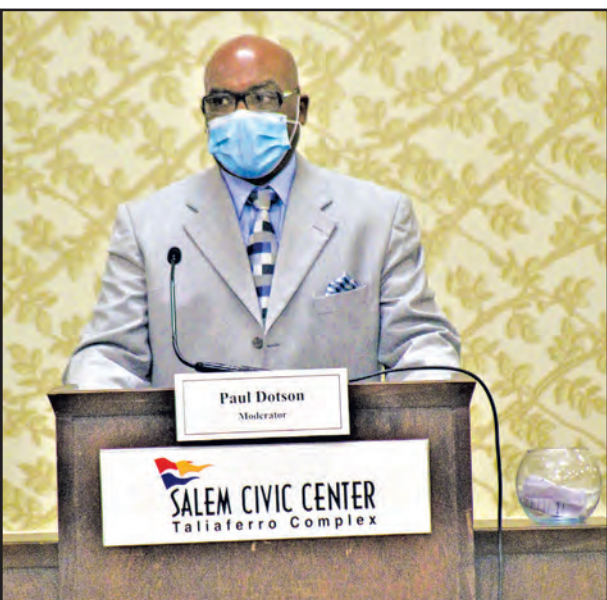
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OurValley.org

## Salem Sheriff Candidate Forum gives contenders a platform to make their case



Richard Goodman



Sheriff April Staton



Chris Shelor

**Shawn Nowlin**  
shawn.nowlin@ourvalley.org

The responsibilities of a City Sheriff are plentiful. In addition to providing general law enforcement protection, the appointed individual is also responsible for serving criminal and civil warrants, conducting criminal investigations and much more.

Local voters had a chance to hear directly from the three candidates vying to become the next Salem Sheriff on October 5 when the Salem Kiwanis Club hosted a forum in the Civic Center's ballroom. Chris Shelor, Sheriff April Staton and Richard Goodman were all given a platform to make it abundantly clear where they stood on a variety of issues.

The forum began at noon and lasted for roughly 75 minutes. Per recommendations from the CDC, attendees were encouraged to wear masks. Each candidate had five minutes for an opening speech and two minutes for a closing statement. Questions that moderator Paul Dotson asked broached such topics as eviction, marijuana use, human resource matters,

community safety, COVID-19 and more.

Incumbent Sheriff April Staton has held the position since 2017. On the topic of experience, she feels that she is the most qualified.

"Eighteen of the last 20 years, I've been at the Salem Sheriff's Office. I've served as a Deputy Sheriff, a Master Deputy, Frontline Supervisor and Second

Command at the office as Chief Deputy," she said. "Throughout my 18-year career, 13 of those years have been supervising people. Seven of those years have been preparation and management of the office budget. We are doing very well at the Sheriff's office, and it is because of this that I ask for your support

See Sheriff, page 5

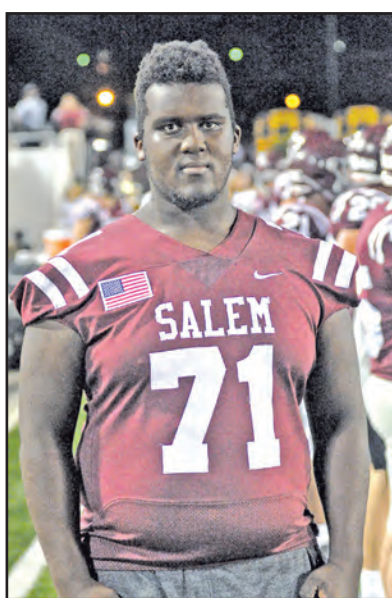
## Salem High celebrates Homecoming with flair



PHOTOS BY BRIAN HOFFMAN

Salem High celebrated Homecoming last weekend with the royal couples crowned during halftime of Salem's 24-7 win over Christiansburg

in football. Left to right are Prince Nash Lakin, Michele Brown holding a cutout of King Reggie Brown, who was in uniform with the football team,



Queen Rose Jeffries and Princess Paige Netting.

See Homecoming, page 7

## Roanoke College President Michael C. Maxey to retire in 2022

Board of Trustees to form committee in search for next president

Michael C. Maxey, 11th president of Roanoke College, recently announced that he will retire at the end of the 2021-22 academic year. Maxey has served as president since 2007, after holding several leadership roles at Roanoke College, beginning in 1985.

His nearly four decades of service is the longest of any Roanoke College president. The College will work to identify and hire his replacement by July 31, 2022.

"Having served Roanoke College through four decades, the deci-

sion has been most difficult, but it is right for Terri [Maxey] and me, and for Roanoke College," Maxey recently shared with the College community. "I am convinced that the close of this academic year is an optimal moment to retire. ... I will always treasure the opportunity to have served Roanoke College as President. Throughout my time in office, the support and effort of thousands of Maroons made the work satisfying and productive."

"We accomplished

See Maxey, page 11

## New E3 Fitness Center offers group class, personal training and more



PHOTO BY SHAWN NOWLIN

Jay and Joy Ezelle offer a variety of services through their fitness facility and non-profit initiative.

**Shawn Nowlin**

shawn.nowlin@ourvalley.org

Jay Ezelle met his best friend Joy in August 2007 when he was studying at Columbia International University. In addition to a love of Christ, the two also quickly bonded over other shared interests such as fitness and helping the less fortunate.

If a time traveler had told Jay in 2007 that in 14 years, not only would he be happily married to Joy, but they would share four children, he certainly would not have been surprised. "It was pretty obvious early on that there was something special about her. I could not have asked for a better life partner," he said.

While Jay is originally from South

See E3 Fitness, page 8



SUBMITTED PHOTO

Dr. Michael C. Maxey

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# COMMUNITY CALENDAR

The City of Salem has been monitoring the potential spread of COVID-19, and like you, we have been processing a great deal of information. The safety of citizens, school children and visitors is always the number one priority from the Salem Civic Center to City Hall. Emergency Management team members are in constant contact with the Virginia Department of Health, the Roanoke-Alleghany Health Department and area health professionals at our local hospitals. During this time of uncertainty, people are encouraged to monitor the website (salemva.gov) for official city details on closings or cancellations. This site will be updated daily whenever there is new information.

## FIRST AND THIRD TUESDAYS

Salem Host Lions Club, 6:30 p.m., dinner and a program, Salem Civic Center.

## SECOND MONDAY

Paint Bank Ladies Auxiliary meeting, 7:00 p.m. at the Paint Bank Fire Department. Contact 540-897-5346 for more information.

## EACH TUESDAY

- Salem Chess Players meet at the Salem Senior Center, 110 Union Street in Salem from 7-11 p.m. Open to anyone 16 years or older. Instructions are available.
- Salem Kiwanis Club meets 11:45 a.m. - 1 p.m. for lunch, Salem Civic Center.

- Knights of Columbus hosts bingo for charity. Proceeds support local charities including RAM House, Madonna House, the Roanoke Rescue Mission, Saint Francis House, food pantries and various youth projects. Games are played from 5:30 - 9:30 p.m. at Gator Hall, at 5301 Williamson Road, near Happy's Flea Market.
- Infinity Acres Ranch Fundraiser from 4 p.m. to 8 p.m. at Christ Episcopal Church at 321 E. Church Street in Blacksburg. Tickets are \$8 while children eight and younger can eat for \$4. For more information, contact 276-358-2378.
- All ages are welcome to TOPS (Take off Pounds Sensibly) at 5:15 p.m. at the Salem Senior Center. For more information, contact Linda at 540-389-4207.
- Overeaters Anonymous (OA) meeting, 7 p.m. at Christ Lutheran Church at

2011 Brandon Avenue in Roanoke. Contact 540-293-4065 for more information.

- From 10 a.m. to 2 p.m., a chair caning and basket weaving class will occur at the Salem Senior Center. While free, attendees are encouraged to bring their own lunch. For more information, contact 540-375-3054.

## FIRST AND THIRD TUESDAY

Glenvar Rotary Club meets 12:15 - 1:15 p.m. for lunch in Richfield Living's Town Center Anser Dining Room. Guests welcome.

## THIRD TUESDAY

The monthly meeting for National Association of Women in Construction (NAWIC) Roanoke Valley Chapter #226 locations and times will now vary. Learn

more details by emailing us at nawicroa226@gmail.com.

## THIRD WEDNESDAY

Alzheimer's /Dementia Caregiver Support Group at 2 p.m. at Salem Terrace at Harrogate.

## FIRST THURSDAY

Roanoke County Woman's Club meets at 10:30 a.m. in the conference room at College Lutheran Church in Salem. New members are welcome.

## EACH THURSDAY

- The Salem Senior Center's Social Club, known as the 49ers Plus Club, originally started the senior program in Salem over 40 years ago. They have different speakers and/or activities practically every week.

New members are always welcome to show up at the Salem Senior Center at 11 a.m. Contact 540-375-3054 for more information.

- The Salem Rotary Club meets from 12 to 1 p.m. for lunch in Salem Civic Center. Guests welcome.

## EACH SATURDAY

- Salem Farmers Market from 9:30 a.m. to noon, weather permitting. Select vendors will have country sausage, cage-free eggs, grass-fed beef, cage-pasture-raised chicken, homemade rolls, pieces of artisan bread, muffins, seasonal greens and more.
- Overeaters Anonymous (OA) meeting, 11 a.m. at Christ Lutheran Church at 2011 Brandon Avenue in Roanoke.

# POLICE REPORT

The Salem Police Department reported the following people were arrested and charged September 21-27. Arrest indicates an accusation, and defendants are presumed innocent unless found

guilty in court. Police do not release the names of persons under the age of 18.

### Those arrested and their charges were listed as:

September 21 – Michael A.

Branch, 45, contempt of court; and Aaron P. Smith, 30, violation of protective order.

September 23 – Bryce G. Richards, 24, possession of controlled substance; Rebecca A. Barber,

42, contempt of court; Ivan Leko, 33, possession of controlled substance; and Roger L. White, 53, violation of probation.

September 24 – Christian L. Eubank, 40, failure to appear

September 25 – Grayson O. Payne, 20, DUI

September 27 – Christine M. Mitchell, 44, DUI, neglect; and Damien S. Smith, 28 contempt of court.

# Roanoke College's Calendar of Events for the fall

Roanoke College continues to offer community events through virtual and in-person participation. The Fall 2021 event topics include political and economic analysis, exploration of science and race; as well as leadership, art and more. These events are free, unless otherwise noted, and are open to the public. Events with an asterisk (\*) require advanced registration and/or tickets. Interested individuals who would like to receive event-related emails from the college can contact rcevents@roanoke.edu and put "Event Mailing List" in the subject line.

Based upon recommendations from the CDC and because of COVID-19 surges in our region and across the country, Roanoke College will require everyone on campus to wear a mask in indoor settings through September. Please note that the College continues to closely monitor COVID-19 cases in our

region and may need to adjust, postpone, change to virtual events when possible, or cancel in-person and on-campus events to ensure the health and safety of our Maroon community. Full event details, including virtual access and ticket requirements, are available at www.roanoke.edu/events.

## OCTOBER

### Ask the Epidemiologist

Wednesday, October 6, 2021 7:00-8:00 p.m.

Virtual Event\*

A group of Roanoke College alumni who are epidemiologists will talk about COVID-19. Each will provide a unique perspective due to their own experiences throughout the pandemic. They will present government, education, hospitals and research perspectives. Come learn the latest and get a chance to get your questions cleared up!

\*Zoom access is required and available by contacting Dr. D.B. Poli at poli@roanoke.edu.

## Music @ Noon

Tuesday, October 12, 2021 12:00-1:00 p.m.

Olin Hall, Recital Hall

Roanoke College students and faculty perform a free lunchtime concert.

### Leadership and Accountability: On and Off the Court, presented by Coach Ken Carter "Average is Just Not Good Enough, PERIOD!" – Coach Carter

Wednesday, October 14, 2021 7:30-9:00 p.m.

Cregger Center, Cregger Arena\* and Virtual\*

When famed high school basketball coach Ken Carter locked his undefeated, state playoff bound team out of the gym and forced them to hit the books and stop counting on athletic potential as the only ticket out of a tough, inner-city life, he sent a powerful message. The film, Coach Carter, is just one more testimony to the strength of his convictions. At the podium, Coach Carter scores with hard-hitting

advice about accountability, integrity, teamwork and leadership to succeed both on and off the basketball court.

Sponsored by Pi Lambda Phi Fraternity in conjunction with the Center for Leadership and Entrepreneurial Innovation. In addition to the lecture, the endowed series presents scholarship funds to current Roanoke College students who demonstrate strong leadership.

\*Complimentary tickets are required and available online or the Colket information desk, beginning September 1. Virtual participants are required to register at www.roanoke.edu/events.

## NOVEMBER

### Fowler Public Affairs Lecture Series Presents: Writer, Leonard Pitts, Jr.

Tuesday, November 2, 2021 7:30 p.m.

Roanoke College, Bast Center\* and Virtual\*

Award-winning author and columnist Leonard Pitts has seen change in his 43-year career. He has written about it as a columnist and author. He has spoken about it as a college professor, radio producer and lecturer. Travis Smiley refers to Pitts as "the most insightful and inspiring columnist of his generation." Pitts is the recipient of numerous awards including: Pulitzer Prize, three-time

National Association of Black Journalists Award of Excellence and 2008 Journalist of the Year, as well as the National Society of Newspaper Columnists Award Columnist of the Year, Distinguished Service to Journalism Award and many more. Pitts has taught at numerous institutions of higher education, including Princeton where he taught a course about race.

Pitts' latest novel, The Last Thing You Surrender about race, faith and World War II, will be available for purchase and autograph at the event.

\*Complimentary tickets are required and available online or at the Colket Center information desk beginning October 1. Virtual participants are required to register at www.roanoke.edu/events.

### Art Exhibit & Opening Reception featuring Dorothy Gillespie

Friday, November 5, 2021 6:00-8:00 p.m.

Olin Hall, Smoyer Gallery\*

Dorothy Gillespie (1920-2012), born in Roanoke, Virginia, was an American artist and sculptor who became known for her large and colorful abstract metal sculptures. The exhibition celebrates the 100th anniversary of the artist, by featuring works from her private collection. The works represent over 30 years and range in style from realism

to abstract expressionism to postmodernism.

\*Complimentary tickets are required and available online at www.roanoke.edu/events.

### What Have We Learned From COVID-19: Christopher A. Haines, MD

Tuesday, November 9, 2021 7:00-8:00 p.m.

Virtual Event\*

Christopher A. Haines, MD, MA is an assistant professor of family medicine, geriatric medicine and physiology at Thomas Jefferson University in Philadelphia. Dr. Haines directs his department's inpatient hospital service, and in 2020 led his department's inpatient response to the COVID-19 pandemic. He will discuss his experience with the pandemic including his most recent books: Covid-19 Essays from the Front: the First Six Months, and the follow up, COVID-19 Essays from the Front: the Second Six Months.

\*Zoom webinar access is required and available at www.roanoke.edu/events.

## Music @ Noon

Tuesday, November 23, 2021 12:00-1:00 pm

Olin Hall, Recital Hall

Roanoke College students and faculty perform a free lunchtime concert.

-Submitted by Marketing and Communications Department



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# Former Roanoke College Dean celebrates 100th birthday



Don Sutton, who served as a Dean at Roanoke College for many years, turned 100 years old on Friday, October 1. Friends and family had a get together for Don at his house on Broad Street and the front yard was decorated with a balloons and a sign of congratulations.

PHOTO BY BRIAN HOFFMAN

# "New fun" comes to the Fall Festival

**Pam Dudding**  
Contributing writer

A "bucket load of fun," as country folk often say, will be hitting the streets of New Castle this Saturday, October 9.

"Who's ready for Fall Festival?" event organizers excitedly asked. "After last year's pandemic-induced cancellation, the Craig County Historical Society has finalized plans for the 38th Annual Craig County Fall Festival from 9 a.m. to 5 p.m. — rain or shine!"

This county tradition is the primary fundraiser of the Craig County Historical Society and this year's theme is "Connecting Craig County's Past with its Future."

Added to the festival this year, said coordinator Robyn Foster, is the first annual Flat-Footing Contest at 11 a.m., with music by the Blue Connection Band in front of the Hotel. For those who know how it's done or for those who wish to learn, join in! Awards will include cash prizes, medals and certificates for both adults and children under 12. The winners will be decided by the crowd's applause.

"It's a don't miss event," organizers said.

"The Society is grateful to Adams Construction, Craig Botetourt REA, Appala-

chian Power Company and Morgan Stanley for their sponsorship which helps offset expenses," they shared. "Proceeds are used to curate and maintain important pieces of Craig County's history. President Gerlene Sizer promises this will be the social event of the year with an exciting announcement to be made at the festival."

•Begin your day with a delicious and affordable country breakfast served in the newly decorated Old Brick Hotel Dining Room beginning at 7 a.m. and when you're ready for lunch, go back for a piping hot bowl of pinto beans, cornbread, and brownies, starting at 11 a.m. Also, diners will have the opportunity to register to win a gift bag filled with local goodies valued at \$50

•This year's theme offers a peek into many of this year's activities — both returning fan favorites and new additions, including a Kids Marbles Tournament, which will be held in the courthouse yard where children between the ages of 7 and 12 can learn how to play marbles, then compete for prizes throughout the day

•The courthouse yard will have horseshoes and cornholes set up for children of all ages

•Music will fill the streets throughout the day

•Tim Leftwich will spin oldies at the Town Pavilion to keep toes tapping for those viewing this year's vintage and antique car entries in the Marshall Reynolds Memorial Car Show

•The Museum, three cabins and Genealogy Library will be open for self-guided tours and exhibits all day. Be sure to stop by the gift shop where you'll find local cookbooks, note cards, prints, Hometowne Collectible® reproductions of local landmarks, as well as all past editions of the popular In & Around Craig County Series

"This year exhibitors were rushing to get their reservations in early and we're expecting some great options for those who love to shop. This year will consist of over 75 vendors and exhibitors filling the streets all the way to the public library," the team shared. "You will find candles, CBD oils, clothing, essential oils, jewelry — even wooden crafts and furniture and hair braids and extensions. It's sure to be a perfect time to start your holiday gift-buying."

If you like festival food, you won't be disappointed as home-baked goods, hot apple cider, Kenny Burgers, and funnel cakes are only some of the many delicious foods that will be awaiting you.

Several local nonprofit

## 2021 Craig County Fall Festival Entertainment

MC: Lenny Macdonald, Town council member  
Stage Manager: David Givens  
Sound by Boyd Clement • Stage by Zimmerman's Equipment

9:00a.m. - Opening Ceremonies  
Flag raising • Pledge of Allegiance • The National Anthem • Welcome from the New Castle Town Council and the Craig County Historical Society • Prayer by Charles Stacy, New Castle UMC.

9:30 - Taylore Price  
Craig County's acoustic country singer-songwriter

10:30 - Blue Connection  
Hard driving traditional style bluegrass

**11:00 a.m. - FLAT FOOT CONTEST!!**  
Medals & Certificates awarded!  
Top 3 youth and adults!  
Judged by applause!

11:45 - Michael & The Pentecost\*  
The meeting place of all-country, folk, rock'n roll, and Americana

1:00 - Catawba Creek Band  
A mix of classic rock & pop, with a bit of folk, country, & bluegrass thrown in.

~~~~~Local DJ Tim Leftwich will be in the Town Pavilion playing classic car show tunes and keeping you informed all day.~~~~~

2:15 - 40 Years After  
50s & 60s Old time rock'n roll

3:30 - Virginia Magic Band\*  
Classic Country & Southern Rock

4:30 - Prize Winners Announced

5:00p.m. - Festival Ends

\*: First Time at the Festival  
All activities subject to change



organizations and churches, including first-timers, such as the Friends of the Library and our own Craig County HS Football team and

Cheerleaders, will have raffles with a variety of prizes. Drawings will end the day at 4:30 p.m.

"Come one, come all to

New Castle for this beloved event," Foster said. "Plan to come early and stay late and dress up in the spirit of past time to honor our heritage."

# Governor Northam breaks ground on \$300 million project to widen Route 58

*- Investments in infrastructure continue to make the Commonwealth safer -*

Governor Ralph Northam recently broke ground on a \$300 million project to widen 7.4 miles of Route 58. The groundbreaking is the next phase of a larger project to create a continuous four-lane highway between Virginia Beach and Interstate 77.

The groundbreaking ceremony was held at Fred Clifton Park in Meadows of Dan at an overlook near Route 58.

"Route 58 is a vital road for locals, tourists, and commercial traffic, connecting southern Virginia from the beach to the mountains," said Governor Northam. "By widening this key section, the project will open up this part of Southwest Virginia to faster, safer travel and more economic investment."

This project is a part of the U.S. Route 58 Corridor Development Program. It was enacted by the Virginia General Assem-

bly in 1989 to enhance economic growth potential and provide an adequate, modern, safe, and efficient highway system along Virginia's southern boundary.

"Every year, thousands of commuters, travelers, and truckers take Route 58 as they travel along our Commonwealth's southern border," said Secretary of Transportation Shannon Valentine. "This project represents a continuation of a multi-decade investment in the people and communities of Rural and Southwest Virginia."

The project will address the safety challenges caused by the steep angles and winding curves that drivers encounter on Lovers Leap Mountain. This two-lane section of Route 58 currently is restricted to tractor trailers. This restriction will be removed once the improvements are completed.

The widening of Route 58 is

being completed under an agreement between the Virginia Department of Transportation and Branch Civil Inc. The agreement is in accordance with the Public Private Transportation Act, which allows private entities to propose innovative solutions for designing, constructing, and financing transportation projects.

"Once the General Assembly prioritized funding for the project, the Virginia Department of Transportation and our partner Branch Civil used an innovative progressive design-build approach to refine the design and advance the project to construction," said Commissioner of Highways Stephen Brich. "This was the first time this contracting style was used in Virginia and supported a new level of engagement between the Virginia Department of Transportation and our contracting partner."

The project starts a quarter

mile west of the Poor Farmers Farm store in Vesta and continues 7.4 miles eastward. The work on the expansion will end when it connects to the existing four-lane section of the Route 58 Stuart Bypass.

The construction on Route 58 will include widening the road to four lanes, improving alignments and grades, expanding the shoulders, adding turn lanes at all secondary road connections, and enhancing the Lovers Leap Overlook. In addition, brake check areas and escape ramps for trucks will be added.

The mountainous terrain and amount of excavation required make this project a significant amount of work. More than 10 million cubic yards of soil and rock on Lovers Leap Mountain will need to be excavated at elevations that range between 1,300 and 3,000 feet.

"Since representing Patrick

County in the House of Delegates, I have fought hard for the widening of Route 58 from Stuart to Interstate 77, prioritizing through Lovers Leap, by successfully introducing legislation to widen Route 58," said Delegate Charles Poindexter. "Since all the construction and environmental studies have now concluded, construction for this much needed project can now begin. I am excited for Patrick County, our region, and the expanded opportunities for the enhanced movement of imports and exports through the Port of Virginia."

There are two additional projects to widen Route 58 between Virginia Beach and I-77. These include projects at Vesta (four miles) and Crooked Oak (7.2 miles).

Submitted by Alena Yarmosky,  
Office of the Governor

# Nearly \$8 million in Community Flood Preparedness Grants announced

*- Grants made possible by Virginia's participation in Regional Greenhouse Gas Initiative -*

Governor Ralph Northam recently announced \$7.8 million in grants to support 19 projects that address impacts of flooding, sea-level rise, and extreme weather statewide.

The grants are the first to be awarded through the Virginia Community Flood Preparedness Fund. The Governor and General Assembly established the fund in 2020 to assist communities in building resilience to the impacts of climate change, including floods, with targeted funding going to vulnerable and underserved communities.

The fund is financed by the sale of carbon emission allowances under the Regional Greenhouse Gas Initiative. Virginia joined the Regional Greenhouse Gas Initiative in January 2021.

"Virginians have experienced the devastating effects of flooding over and over again," said Governor Northam. "Without strong investments in resiliency, we will continue to see more of the same. The Community

Flood Preparedness Fund grants are so important because they will jumpstart projects in more than a dozen localities, including some that have been impacted by recent disasters."

The Community Flood Preparedness Fund is allocated 45 percent of the revenue Virginia generates through the Regional Greenhouse Gas Initiative. An estimated \$75 million per year will be available through the matching grant program.

At least 25 percent of the money distributed from the fund each year must be used for projects in low-income geographic areas. For this grant cycle, 48 percent, or \$3.7 million, of total awards has been allocated to projects in these areas.

Eligible projects areas include planning and capacity building activities, flood prevention and protection studies, and on-the-ground improvements that strengthen flood resilience. The program prioritizes projects that utilize nature-based solutions.

"Nature-based solutions often are the most effective and affordable ways of mitigating flood damage," said Secretary of Natural and Historic Resources Ann Jennings. "These strategies also can improve water quality and wildlife habitat. It's exciting that more than half the projects being funded in this first round of Community Flood Preparedness grants will incorporate nature-based solutions into flood mitigation."

Provisions of the Community Flood Preparedness Fund align with the forth-

coming Virginia Coastal Resilience Master Plan. The plan enables the state government to prioritize and finance climate adaptation programs equitably across all communities in the coastal plain.

"New and robust funding strategies, such as those provided through the Community Flood Preparedness Fund, will be essential to achieving the goals identified through the Coastal Resilience Master Plan," said Special Assistant to the Governor for Coastal Adaptation and Protection Ann C. Phillips.

The fund is administered

by the Virginia Department of Conservation and Recreation on behalf of the Virginia Resources Authority. The Department of Conservation and Recreation oversees the state floodplain management program.

"The Virginia Department of Conservation and Recreation stands ready to assist applicants in any way possible," said Department of Conservation and Recreation Director Clyde Crist-

man. "And, as we announce this initial award, we'll continue to work with those whose proposals require additional information to further evaluate their projects. We want as many communities as possible to benefit from these funds."

A second grant cycle closes on November 5.

Submitted by  
Alena Yarmosky,  
Office of the Governor

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## MEDICARE 101 WORKSHOP

Not sure which Medicare health plan is best for you? Join us for a **FREE** Medicare 101 Workshop on **Tuesday, October 12th at 10:30am, or Thursday, October 14th at 6:00pm** at Salem Church of Christ located at 401 West Main Street. You'll learn about the different parts of Medicare, how Medicare Prescription Drug plans work, if you should consider a Medicare Advantage Plan or need a Medicare Supplement and more!

**Call 540-389-2400 to reserve your spot!**

\*Larry D. Campbell with Futurity First will be presenting and individual appointments can be scheduled after the conclusion of the Workshop. For accommodation of persons with special phone needs call 711. Futurity First is not connected with or endorsed by the United States government or the federal Medicare program.

# OPINION

## Give Light ~ Old hymns stir memory ~

[This is a memory from the many decades the author has been privileged to write for daily and weekly newspapers circulating in Western Virginia.]

To me, the most important thing about a church service is the music, followed closely by the sermon.

My love of music goes back to my childhood when my widowed mother, who had no formal musical training but could "carry a tune," sang to me hymns and the popular songs of her day. Since she was born in the final decade of the 19th Century, that was a long time ago; one never hears those songs today.

{Think of the words of the famed American composer, Stephen Collins Foster, and how racially biased they appear now.}

Several years ago, when she was the director of music at my Salem parish, Rose Ann Burgess of Roanoke County gave me a dilapidated copy of a 1930s music book, "Lorenz's Select Anthems." It contains a wealth of old Gospel hymns once popular in American Protestant congregations. I found a few familiar to me from my Mother's Day.

Though with a 1946 copyright, the hymns in this old volume clearly go back to an earlier day.

What musical ability I have comes from my mother's German Shenandoah Valley ancestors; she told me that my maternal grandfather, Daniel Lichliter, who died several years before I was born, was the bass soloist in the choir of her Presbyterian church at Woodstock, Virginia.

Times were hard in the Valley towns even a generation after the end of the Civil War. My grandparents and their four surviving children lived on a hill with a glorious view of the Massanutten Mountain. The oldest girl, my Aunt Ella who later resided in Tazewell, was given enough music instruction to play an old upright piano at her home. On the annual summer visits my mother and I made to her, evenings were often spent singing the old hymns.

At home in the Piedmont town of Orange, my mother and I would sing on the front porch on summer evenings.

So, I grew up with apparently a good "ear" for remembering tunes and being able to reproduce them on a harmonica - 25 cents in my

### Frances Stebbins Correspondent

childhood.

I loved music - though not jazz or grand opera - and now choose the Baroque composers of 500 years ago as my favorites. George Frederick Handel is tops of them all. I've requested that his "Royal Fireworks" or perhaps some of "The Water Music" be played at my memorial service.

In the Lorenz Book of Select Anthems are several by a man named George Coles Stebbins. He came from New York State and lived to the age of 99 from 1846 to 1945. He was, apparently, part of the family who emigrated from Germany and England in the earliest years of our nation, for they are known at the Massachusetts Bay Colony of the 1630s. The town they founded shortly afterward, Deerfield, has been restored as a sort of Massachusetts Williamsburg which late husband Charlie and I visited some 30 years ago.

The hymn writer, George Stebbins, a farmer in his youth, migrated to Chicago and eventually joined the evangelistic team of Dwight L. Moody and Ira Sankey after he joined a musical community in the West.

When the late pastor, James deFoe, long associated with Melrose Baptist Church in Northwest Roanoke, opened a bookstore as a retirement hobby years ago, he gave me a copy of a book about the hymn writer which incorporated some reminiscences.

Probably the best-known Stebbins hymn is "Wonderful Words of Life" which I recall hearing in many an evangelical Christian church in my years as Religion Writer for the daily Roanoke newspapers.

Newsman husband Charlie was interested in his ancestor-cousin, but he did not inherit the musical gifts; in fact, his likely comment about the music at our church was that the Noack pipe organ, installed 25 years ago as an anonymous gift, was "too loud."

One of the great pleasures of my career has been to know Richard Cummins, a well-respected organist, composer and choir director in the Ro-

anoke area for many decades. Now 85 and with his singer wife Rita in good health living in Southwest Roanoke, Cummins has been part of my professional newswriting career since 1952.

At that time, shortly after our marriage when Charlie and I both held jobs on newspapers in the Southside Virginia city of Petersburg, Cummins, as a teenager, was already playing the organ at a Baptist church in his home community. As a young reporter, I heard of his talent and interviewed him.

Several decades later, I discovered that he had found a job in downtown Roanoke's prestigious Greene Memorial United Methodist Church. There he instituted an organ concert series with guest performers which continued for decades and was widely popular until the veteran musician was forced into retirement.

The manner of his leaving was widely resented by many musical folk of the parish who went elsewhere. Today, he told me recently, he's still filling in fairly often at local congregations and events. I'm enjoying several compact discs made of the musical couple's early years together.

## McAuliffe leads Youngkin in race for Virginia Governor; Republicans lead in enthusiasm

### Roanoke College Poll

Conducted by The Institute for Policy and Opinion Research

Former Democrat Governor Terry McAuliffe maintains a seven-percentage point lead over Republican Glenn Youngkin (48 percent - 41 percent) with nine percent undecided in the race for Virginia governor, according to The Roanoke College Poll. Democrats also lead the downticket races, with Del. Hala Ayala (D) ahead of former Del. Winsome Sears (R) 45 percent - 40 percent for lieutenant governor and Attorney General Mark Herring (D) leading Del. Jason Miyares (R) 47 percent - 37 percent in the race for attorney general. The Institute for Policy and Opinion Research interviewed 603 likely Virginia voters between September 12 and September 26 and has a margin of error of +4.0 percent.

Republicans hold an advantage in being extremely enthusiastic about voting (43 percent to 35 percent for Democrats), while about 9 in 10 partisans say they are almost certain to vote (91 percent of Republicans vs. 88 percent of Democrats). Likely voters see the economy (21 percent) and COVID (19 percent) as the most important issues in the election ahead of race relations (six percent), and health care (six percent).

McAuliffe's favorable rating is 50 percent while his unfavorable is 37 percent with 13 percent unsure or not knowing enough to have an opinion. Youngkin is at 40 percent /41 percent favorable/unfavorable (both numbers up significantly in a month), while 20 percent of likely voters still don't have an opinion about him.

### Biden, Northam, the Nation, and the Commonwealth

Half of likely voters (50 percent) approve of the way President Joe Biden



Terry McAuliffe



Glenn Youngkin

his handling his job and 45 percent disapprove. Biden's approval rating has remained relatively stable, but disapproval has been rising in each Roanoke College Poll since he took office. Biden's favorable/unfavorable rating is 51 percent /46 percent. Just over one-third (35 percent) of respondents think the country is headed in the right direction, while 58 percent think the country is on the wrong track.

While a majority of likely voters (59 percent) think the decision to

withdraw troops from Afghanistan was correct, two-thirds (66 percent) think the United States failed in achieving its goals. Nearly three-fourths (73 percent) of respondents rate the job of the Biden administration in Afghanistan as fair or poor, and 90 percent view Taliban control of Afghanistan as a threat to the security of the U.S.

Job approval for Virginia Governor Ralph Northam sits at 55 percent, while 40 percent

See Poll, page 5

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### CROSSWORD PUZZLE

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**CLUES ACROSS**  
1. Leg shank  
5. A way to recognize  
11. "VeggieTales" character  
12. Getting out of by cunning  
16. Mythological mountain  
17. Atomic #18  
18. Viscous liquid  
19. 2010 Denzel film  
24. 12th star in a constellation  
25. Made better  
26. Pouches  
27. Nervous twitch  
28. This (Spanish)  
29. Tennis legend Bjorn  
30. Hand (Spanish)  
31. Afrikaans  
33. Int'l interpreters organization (abbr.)  
34. Treated with kid gloves  
38. Leaseholder  
39. Frogs, toads, tree toads  
40. Popular dance  
43. Sailing maneuver: tack & \_\_\_\_  
44. Indicates speed of rotation (abbr.)  
45. Mark  
49. Health insurance  
50. Custom clothing brand  
51. One who makes suits  
53. Execute or perform  
54. Degree of pleasantness when tasting  
56. Equal to roughly 5.6 bushels  
58. Blood group  
59. Imaginary line  
60. Hopeless  
63. Darken  
64. Spoke  
65. Work units

**CLUES DOWN**  
1. A way to fit out  
2. Football carries  
3. Force out  
4. Maintaining equilibrium  
5. Sealed with a kiss  
6. Type of container  
7. Hollywood  
8. We  
9. Small freshwater ducks  
10. Norse personification of old age  
13. Says who you are  
14. Candidate  
15. Sugar found in honey and sweet fruits  
20. Defunct language (abbr.)  
21. Take too much  
22. Iranian province  
23. Records electric currents  
27. \_\_\_\_ and feathers  
29. Beloved Mr. T character  
30. More (Spanish)  
31. Beverage  
32. Promotional material  
33. Green vegetable  
34. National capital  
35. To any further extent  
36. Swollen, inflamed lymph node  
37. Anger  
38. Pound  
40. Popular Yugo  
41. Salt of acetic acid  
42. Millinery  
44. Israeli city \_\_\_\_ Aviv  
45. Make wider  
46. Drink containing medicine  
47. Acknowledging  
48. Private, romantic rendezvous  
50. Calvary sword  
51. Disease of the lungs  
52. 2001 Spielberg film  
54. Fleshy, watery fruit  
55. In one's chambers  
57. Set of information (abbr.)  
61. Dorm employee  
62. Indicates position

## Fall gardening

### Erica Jones

Master Gardener

Fall is a great time to get out in the garden. Hopefully, the summer pressures of keeping up with ripening vegetables and chasing weeds has slowed down. Sunburns are harder to get too which is an added bonus.

There are still lots of things you can do outside this time of year...

Grass/lawns. Lawn grass does not like being covered with leaves to try to rake or blow them off. One approach if the leaves are not too deep is to mow them, which chops up the leaves and blows them over. Leaves are easy to deal with, especially after they have been mowed. Keep them restrained in piles, wait about eight months, and you will have lovely compost. Watering the piles helps keep them from blowing and speeds up the decay process. Or if you don't want compost, bag them up and give them to someone who does.

Don't cut your lawn so short in the fall. I think a lot of people cut too short anyway, but your yard overwintering benefits from slightly longer grass which reduces erosion from rain. The grass will wear over the winter and not be growing, so give it a chance to hold up with the foot traffic. Nitrogen should not be applied in the fall, but if your grass is doing poorly, consider taking a soil test. Your pH might be lower than grass grows best at; pH of 6.0- 6.5 for best fescue, and 6.5 - 7.2 for bluegrass. Never seed with tall fescue - it is for making hay. Your extension office can tell you how to take a soil test.

There are some vegetables that overwinter with a little care in this part of Virginia. The several types of kale, collards, Swiss chard, and sometimes spinach can make it through the winter to give you earlier spring greens. By mid-October though, the plants should be up and growing and will need a good mulching to help them through the cold months. October tends to be one of our driest months, so it is better to mulch when

the ground is damp vs dry ground. If you mulch when it is dry, it acts to keep that soil underneath drier. Lettuce can be covered with plastic which will extend its life into early winter, but it will generally not overwinter.

You still have time to do that fun fall ritual - plant spring bulbs. This gives you something to look forward to all winter. (But mark where you put them!). Again, if the ground is dry, water the bulbs before mulching. Shop around (or order online) and plant something new this year besides daffodils, tulips and hyacinths. There are small earlier bloomers like fritillaria and snowdrops. Allium mostly bloom after tulips and are really tough. If you want tulips, try the 'Darwin' type and plant them really deep - 8" and space a couple of inches apart for 'mass' effect. Deer adore tulips; maybe more so than other foliage and flowers from bulbs, so plan accordingly

Gardeners can get more things done in the fall than you might think. Enjoy the cooler weather and stay outside!

# Sheriff

from page 1



Kiwanis Club member Paul Dotson served as the event's moderator.

in this election.”  
Because of his nearly three decades of experience in all areas of law enforcement, Goodman strongly feels that he is the best candidate to lead the Sheriff's Office.

“I have served in administration roles, handled bud-

gets, worked patrols (day and nights), fought individuals in the streets and in jail. I have had to make arrests, train officers in the academy, deliver death notifications and much more. I am truly an all-around law enforcement officer,” he previously told the Salem Times Register.

Shelor, a 2000 graduate of Salem High School, was named Salem's 2015 Police Officer of the Year. When it comes to leading personnel, he believes that it starts from the bottom. “Every time that a deputy or officer is sent to handle a situation, you are leading by example. You set

the standards for your superiors. I was a leader with the Salem Sheriff's Office when I was there. I was given the rank of Master Deputy that I achieved and earned. I also assisted with field training for the younger deputies,” he said.

The general election will take

place on November 2 and ballots have already been mailed to registered Salem voters. While they clearly have some differences, all three candidates note that the community should have the final word on who should serve as City Sheriff for the next four years.



Members of the Salem community attended the forum to hear where the candidates stood on various issues.

# Poll

from page 4

disapprove of his performance. Just over half (52 percent) of respondents think that Virginia is headed in the right direction, but 43 percent think the state is on the wrong track. Northam is viewed favorably by 54 percent of likely voters (a Roanoke College Poll record high for him) and is seen unfavorably by 39 percent (also a record high).

Regarding the Commonwealth's budget surplus, voters prefer to see increased funding for education (42 percent), or tax cuts (29 percent), while fewer want to see more money allocated for social programs (20 percent) or salary increases for state employees (six percent). Abortion policy has been emphasized in the campaign as well. A majority of likely voters (62 percent) thinks abortion should be legal in most or all cases, while about one-third (32 percent) think it should be illegal in most or all cases.

## COVID-19

Nearly three-fourths (74 percent) of Virginia residents know someone who has contracted COVID. Among those who know someone, 79 respondents (18 percent) had the virus themselves. More than half (51 percent) have a family member who was sick, and 51 percent have a friend or relative who had the virus. Two-thirds (66 percent) of respondents are very or somewhat concerned that they or someone in their household will contract the virus.

A majority (61 percent)

thinks they would be slightly ill if they contracted the virus (up significantly since we asked this in November 2020), while eight percent think they would be very ill, and another seven percent think they would be extremely sick and perhaps die (both down from November 2020). Only 10 percent think they would show no symptoms. Of those who had the virus, 43 percent said they were slightly ill, 38 percent were very ill, seven percent were extremely sick, and 12 percent were asymptomatic.

A plurality of respondents (42 percent) thinks the media coverage has made the virus seem worse than it really is, while almost as many (38 percent) think the coverage has been accurate. A large majority of respondents (82 percent) report being vaccinated, up from 62 percent in May. Another three percent say they plan to be vaccinated, and 11 percent say they will not be vaccinated.

A plurality of voters (47 percent) thinks the response from the state government has been appropriate to slow the spread of the virus. For the first time, more respondents think the federal government's response is appropriate (35 percent) rather than not going far enough (34 percent), but more than a quarter (26 percent) think the federal response has gone too far.

## Analysis

“The common theme in U.S. elections in the past decade has been a ‘base election that will be

decided on turnout.’ Virginia 2021 is no different,” said Harry Wilson, senior political analyst of the Roanoke College Poll. “McAuliffe has maintained his lead, but some of the underlying actors favor Youngkin and the Republicans. They hold an advantage in enthusiasm and, perhaps, a tiny advantage in likelihood to vote. Partisans on both sides are firmly entrenched in support of their candidate, Republicans perhaps more strongly than in 2017.”

“While polls taken after an election consistently show more support for winners than they received in the actual election, this poll shows a 17-point margin for Northam in 2017 when he won the election by 9 points. Partisans vote for their candidate in large numbers — usually 90 percent or more. That happened in 2017, and the results of this poll reflect that. The Independents in this poll have “shifted” toward the Republicans, but they report voting for Northam in 2017 in greater numbers than the 2017 exit poll suggests. We continue to use that exit poll as our benchmark because it is the only/best benchmark available. It is easy to say that the electorate won't be the same four years later; it is much more difficult to define precisely how it will differ. We chose not to substitute our judgment for the exit poll.”

## Methodology

Interviewing for The Roanoke College Poll was conducted by The Institute for

Policy and Opinion Research at Roanoke College in Salem, Virginia, between September 12 and September 26, 2021. A total of 603 voters likely to vote in the gubernatorial election in Virginia were interviewed by random telephone calls to 412 respondents and 184 responses drawn from a proprietary online panel of Virginians. Telephone interviews were conducted in English and that sample was drawn from a list of registered voters compiled by L2 Political, a non-partisan provider. Participants were sampled from that list, which has phone numbers associated with approximately 72 percent of the registered voters in Virginia. The list included both landlines and cell phones. Cellphones constituted 45 percent of the completed phone interviews. The online panel of Virginians was facilitated by Lucid, LLC, a supplier of high-quality online respondents. Of the 381 panel participants, the 184 that were able to be matched to the L2 registered voter list were included in this study.

Likely voters were defined as registered to vote in Virginia and who are extremely likely or very likely to vote or have already voted in the November elections.

Questions answered by the entire sample of 603 residents are subject to a sampling error of plus or minus approximately 4.0 percent at the 95 percent level of confidence. This means that in

95 out of 100 samples like the one used here, the results obtained should be no more than 4.0 percent percentage points above or below the figure that would be obtained by interviewing all Virginia likely voters who have a home telephone or a cell phone. Where the results of subgroups are reported, the sampling error is higher.

Quotas were used for both the telephone mode and online mode to ensure that different age groups and regions of the Commonwealth were proportionately represented. The data were statistically weighted for gender, race, political party, and education. Weighting was done to match the modeled general and race demographics of the 2017 Virginia Gubernatorial Election. The margin of error was not adjusted to account for the design effect, 1.322, due to weighting; this would increase the margin of error to 4.59 percent.

The Institute follows the American Association for Public Opinion Research's Code of Professional Ethics and Practices and is a charter member of that association's Transparency Initiative.

More information about the Poll may be obtained by contacting Dr. Harry Wilson at wilson@roanoke.edu or (540) 302-6162 or contact the Roanoke College News Office at (540) 375-2282. The Roanoke College Poll is funded by Roanoke College as a public service.



# Pastor Appreciation



In appreciation of  
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from the faith family of  
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Gracious God, you took the form of a servant,  
offering yourself as food, comfort, and strength  
to a sick and hurting world.

We praise and thank you for the pastor  
you have blessed us  
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to offer pastoral care to all in need,  
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to all who gather here in your name;  
and extending the love and compassion of your Son,  
Jesus Christ,  
to the Salem community and beyond.

**The Lord is my refuge, the Lord is my strength.**  
Psalm 46:1



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**LAKESIDE BAPTIST CHURCH** - 447 Dalewood Avenue, Salem, 986-0062, Pastor Carl Goodman. Coffee Bar 9:00 a.m., Sunday School 9:30 a.m., Sunday Worship 10:30 a.m., Children & Student Ministry 5:30-7:30 p.m.; Thursday 7:00 pm Young Single Adults, Wednesday Morning Prayer Service 10:00, Lifegroups meeting throughout the week. [www.lbcva.com](http://www.lbcva.com).

**SOUTHSIDE BAPTIST CHURCH**, 2721 120° Clock Knob Rd., Salem, Pastor: Tim York; Sundayschool, 9:45AM, Sunday morning worship, 11:00AM, Sunday evening, 6:00PM, Wednesday evening, 7:00PM.

**TEMPLE BAPTIST CHURCH** - 4339 Daugherty Road, Salem, Greg Irby, Pastor, Church: 380-3567; Home: 389-7240, Sunday School 10:00 AM, Worship Services 11:00AM & 6:00PM, Mid-week Prayer Meeting Wednesday 7:00PM, [www.templebaptch.com](http://www.templebaptch.com).

### BAPTIST (SOUTHERN)

**BETHEL BAPTIST**-1601 S. Colorado St., Salem, Pastor Hilton Jeffreys, 389-2376, Sunday: - 9:30 Sunday School; 10:30am Morning Worship; 6:00 Evening Worship; Wednesday 6:15 Preschool & Children Awana and Youth and Adult Bible Study. [www.bethelbaptistva.com](http://www.bethelbaptistva.com)

**MOUNTAIN PASS BAPTIST CHURCH** - 311 Catawba Valley Dr., (Ro. Co.) Salem, VA 24153. Rev. Jack Richards, Jr., Pastor, Study 384-6720, Home 427-1508. Sundays: Sunday School 9:45 a.m.; Morning Worship 11:00 a.m., Evening 6:00 p.m. Wed: 7:00 p.m. Prayer Meeting and Bible Study.

**RIDGEWOOD BAPTIST**-703 Hemlock Road N.W. Roanoke, 342-6492. Roy E. Kanode, Pastor. Sunday School 9:45 a.m., Morning Worship 11 a.m., Awanas 5:15 p.m., Adult Bible Study and Youth Fellowship 6:00 p.m.; Wednesday Prayer Service 6:30 p.m.; Fellowship Meal 5:45 p.m.; Praise Kidz 6:00 p.m.; Family Night Activities 6:30 p.m. website: [www.ridgewood-baptist.com](http://www.ridgewood-baptist.com).

**FELLOWSHIP COMMUNITY CHURCH** - Kevin Wilson, Pastor, 387-3200. Salem Campus: 1226 Red Lane Extension, Salem, Worship Times: 9:15AM & 11:00AM. North Campus: 7210 Williamson Road, Roanoke, Worship Times: 9:15AM & 11:00AM. Southwest Campus: 3585 Buck Mountain Road, Roanoke, Worship Times: 9:15AM & 11:00AM. [www.fcclife.org](http://www.fcclife.org).

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# Salem

# WORSHIP DIRECTORY

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Jesus told His disciples, "I will ask the Father, and He will give you another Helper, that He may be with you forever; that is the Spirit of truth, whom the world cannot receive, because it does not behold Him or know Him, but you know Him because He abides with you, and will be in you" (John 14:16-17).

It is through the person and work of Jesus Christ that we know the truth and are set free (John 8:32). Jesus declared, "I am the way, and the truth, and the life; no one comes to the Father, but through Me" (14:6). A couple of verses later He said to Philip, "He who has seen Me has seen the Father" (v. 9).

Moreover, the Holy Spirit is the "Spirit of truth." He is the Spirit of Christ who is the truth. He exalts the truth and glorifies Christ.

To list your church, contact Randy Thompson at 540-230-1129 or email [advertise@ourvalley.org](mailto:advertise@ourvalley.org)

Sunday Worship Service; Wednesday Life Groups: 5:30 -7:00pm. For more info contact the Church Office.

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**CHURCH OF GOD/ANDERSON COVENANT COMMUNITY CHURCH**-955 Bird Lane, Salem, Va 24153, 389-5639. Pastor: Scott Hudson. Sunday School 10:00AM, Worship 11:00AM; Bible Study 6:00PM.

**CHURCH OF GOD/CLEVELAND SALEM CHURCH OF GOD** - 600 Craig Avenue, Todd Stiffler, Pastor, 387-2068, Sunday School 9:30am: Worship and Kids Church 10:30 am, Wednesday Bible Study and Classes at 7:00 pm. [www.salemco.godchurch](http://www.salemco.godchurch)

### DISCIPLES OF CHRIST

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**FORT LEWIS CHRISTIAN CHURCH** - 2931 West Main Street, Salem, Interim Pastor, Rev. Dr. John Dunstan, 380-4636. Website: [www.flccsalem.org](http://www.flccsalem.org). Sunday worship inside sanctuary and on zoom, 10:30 AM, mask wearing and social distance.

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**ECKANKAR, THE PATH OF SPIRITUAL FREEDOM**, is located at 1420 3rd St. SW, Roanoke, VA 24016. However, due to COVID-19, the Light & Sound Services and other ECK programs are currently available online through Zoom. Visit [www.eck-va.org](http://www.eck-va.org) for program listings, [www.meetup.com/Roanoke-Spiritual-Experiences-Group](http://www.meetup.com/Roanoke-Spiritual-Experiences-Group), or call 540-353-5365 and leave a message. We will return your call. Also visit [www.eckankar.org](http://www.eckankar.org) for more information about how the teachings of Eckankar lead you to spiritual freedom.

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# Homecoming from page 1



PHOTOS BY BRIAN HOFFMAN

Members of the Salem Homecoming court ride in the back of Eli Bowery's truck.



Homecoming court members applaud as Michele Brown brings a cutout of son Reggie to the 50-yard line after he was named Homecoming King.



The "Pride of Salem" leads the Homecoming parade down Main Street Friday evening.

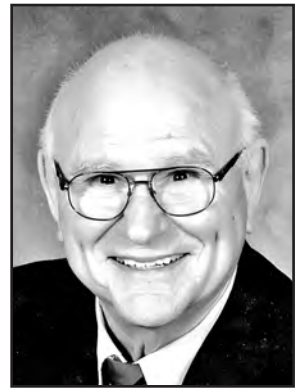


Last year's queen, Zoe Lampross, crowns 2021 queen Rose Jeffries.

# OBITUARIES

## Welford, Dr. John Mack

Dr. John Mack Welford, 81, completed his life's work on Monday, September 27, and joined his family in heaven. Mack was born in Mobile, Alabama. He grew up in Grand Bay, Alabama, and graduated from Mobile County High School. A former classmate said that he was the glue that held their entire class together as they met almost annually since graduation. He attended the University of Alabama for his undergraduate degree and the University of Virginia for his Masters and Doctoral degrees.



was known by his friends as charismatic, loyal and a prankster. People were drawn to his humor, wit and sarcasm.

He was a talented musician, playing the saxophone early in life and the piano throughout his life. He was a voracious reader and seemed to permanently catalog everything he ever read. He was a detailed historian and dramatic storyteller. His

ability to recall the smallest details kept listeners engaged. Friends and family will miss this the most.

The family has solace in knowing that he was active, except for a few days, with travel, spending time with family, and gardening until the end of his days. His earthly departure leaves a void in our lives that could never be matched by another. As a longtime colleague expressed, "There can only be one Mack Welford."

Mack is survived by his wife of 56 years, Nettie Alice (Huffman), and three daughters, Beth Poff of Salem; Julie Greenhill of Charlottesville; and Catherine Varney (Nick) of Charlottesville. Also surviving him are his five grandsons, Taylor, Braden, Afton, John Mason and Charlie; as well as his brother, Calvin (Judy) of Grand Bay, AL, and other numerous extended family members. He was preceded in death by his mother, Lizzie Mae, his father, John C. and his brother Alvin, all of Mobile, Alabama.

The family received friends at Salem Baptist Church on Friday, October 1, from 11:00 until 12:00 p.m. The funeral followed the visitation at the church. Burial was held in Roberts Chapel United Methodist Church Cemetery in Mobile, Alabama.

## Cregger, Mildred "Miss Milly" Rodgers

Services for Mildred "Miss Milly" Rodgers Cregger, 99, formerly of Roanoke and Chapin, SC, who died Wednesday, September 29, were conducted at 10 a.m. on Monday, October 4, at Chapin United Methodist Church by the Reverends Jody Flowers and Paul Allen. Interment followed in the church cemetery. For the safety of all attending, masks were required for the services.



Mom, I am so thankful the Lord blessed me with you - you were always there for me with love and wisdom in good and bad times. I'll miss your hugs and words of inspiration, but you will always be within my heart and I'll continue to follow a life of purpose, love and caring for others as was the way of my Mom. "

Milly and her husband, Morris, moved to Chapin from Roanoke in 1993 to be closer to their only son Morris, Jr and his family. Milly was with the YWCA of Roanoke Valley from 1953 to 1990 serving as the director of health, physical education and recreation. In addition, she oversaw and ran their summer camp, Camp on Craig, which was considered the best camping experience for young people in Southwest Virginia.

She was active in the Methodist Church where she taught Sunday School classes, was a member of the choir and served as a MYF director. Her volunteer work included chairman of the American Red Cross Gray Lady Corps; Motor Service Corps; editor of the Gray Tattlen (Gray Letter newsletter). She also served as Chairman of the American Red Cross Water Safety Services Committee for state of Virginia and was a volunteer instructor in the Red Cross Learn-To-Swim program. In addition, she served as a volunteer of the Roanoke Valley Safety Council and worked as a volunteer nurse in the VA hospital.

Milly was an honorary member of the Seebes and listed on numerous occasions in the Worlds Who's Who of American Woman, Personalities of the South and a TV personality. She was an active member of Chapin's UMC Christian Fellowship Sunday School Class and the United Methodist Women, and was named "Woman of the Year" in 2006.

The family suggests memorials be made to the Chapin United Methodist Church, Building Fund, PO Box 237, Chapin SC, 29036.

Memories and messages may be shared with the family at [www.whitakerfuneral-home.com](http://www.whitakerfuneral-home.com).

Whitaker Funeral Home is honored to serve the Cregger family.

The family received friends on Sunday, October 3, from 4 to 6 p.m., at the Whitaker Funeral Home, Chapin, SC.

Miss Milly was the beloved wife of Morris McClure Cregger, Sr. who preceded her death in 1999. She was born in Forest, Virginia, on January 7, 1922, a daughter of the late Martel Oliver Rodgers and Bessie Lee Johnson.

She is survived by her only son, Morris M. Cregger, Jr. and his wife, Sheila, of West Columbia; four grandchildren, Michael Cregger and his wife, Cheryl, of Pomaria; Melinda Kolcz and Katherine Cregger of Charlotte, NC, and Matthew Cregger and his wife, Mary, of West Columbia SC; and great-grandchildren, Maxwell Cregger, Cally Cregger, Hannah Kolcz, Emily Kolcz, Luke Cregger, Caleb Cregger, Cooper Cregger, and Levi Cregger. She is also survived by two sisters, Hilda Clark of Front Royal, VA and Maxine Hadley of Groton, CT; and her devoted friend for over 58 years, Carol "Sandy" Sandidge, of Roanoke.

In addition to her parents and her husband, she was preceded in death by her brother, Buddy Rogers, and her sister, Rose Marie Wheeler.

"Miss Milly, my mom and Nanny to all her grandchildren and great-grandchildren will always be remembered not for all the many accomplishments in her life, but for the love and kindness that has touched so many lives. Her gift to the world has been to embrace all with love and understanding. Her love and faith has inspired our family to recognize that a life of giving and caring will make our lives more meaningful. God has to have some angels here on earth to guide us and we are all blessed that he shared her with us. To the lady I call

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# E3 Fitness from page 1



PHOTOS BY SHAWN NOWLIN

**Jay and Joy surrounded by family and friends who have supported their vision since day one.**

Carolina, Joy is from Troutville, Virginia. After graduating from Columbia International University, Jay furthered his education by studying Christian Leadership at Liberty University. After college, he accepted a youth pastor position in the Roanoke Valley before starting a career in law enforcement. Shortly thereafter, Joy was hired as a Special Education Coordinator at the Blue Ridge Autism and Achievement Center.

Although he had a deep passion and greatly enjoyed working as a full-time law enforcement officer, Jay always dreamed of owning a gym and starting a non-profit. That aspiration became a reality on October 2 when E3 Fitness at 2646 West Main Street had its grand opening. Among those present were Jay's parents who said they couldn't be prouder of what their son has accomplished.

Open to all Roanoke Valley residents, inside the fitness center are jump ropes, dumbbells, stationary bikes and much more. If not quite at the rope-climbing level, movement modifications are available to everyone. "We firmly believe that as a society that if we take better care of our health, our health will lead to better mental health, because they are directly connected," Jay said.

Added Joy, "As we see it, if we can help one adult or parent to better health and fitness, that may lead to more family dinners around the table, which has a plethora of benefits,

but at the core, a more connected family unit, and that is what changes the community and the world."

The Ezzelle's, both 32, say their previous places of employment prepared them for this endeavor. "Embracing people for their past, encouraging them in their today and equipping them for a better tomorrow is what propels us forward," they said.

Community based fitness is only part of E3 Fitness' mission. "The family of E3 Fitness knows that there will be opportunities often to actively serve the needy and homeless. As part of this family, though never mandated, we expect people to show up and be the hands and feet of Jesus alongside of us," said Jay.

Explaining further, Joy continued, "Another way interested individuals can make a difference is to give a one-time gift or become a monthly contributor to our 501C3, the E3 Initiative, where funds are used to help further the vision and mission of the Initiative, serving both the needy and homeless."

Jay and Joy, who moved to Salem in 2017, are the proud parents of Cohen, five, Hadley, four, and Tryce, one. In April, they are expecting their fourth child.

More information, including costs of classes and additional resources, can be found on their social media pages and at [e3fitnesssalem.com](http://e3fitnesssalem.com).



**Radford student Anita Budhathoki working out.**



**Jay says he's in awe of just how talented his children are.**

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# Maxey

from page 1

a great deal together," he said. "I appreciated standing on the shoulders of giants before our time who allowed us to achieve at a high level. I am immensely proud to be associated with our community which centers on providing outstanding and life-changing experiences for students."

The Board of Trustees will begin the search for Maxey's successor immediately and will name a search committee to identify and recommend candidates. Details about the search process, the search committee — which will include members of the College community — and the search timeline will be communicated throughout the process.

"We thank President Maxey for his unmatched commitment and excellent leadership which will continue throughout this academic year. We have immeasurable gratitude for his service," said Malon Courts '92, chairman of the Roanoke College Board of Trustees. "In large part due to President Maxey, Roanoke College is on firm footing and is an excellent academic institution; a place where students can thrive and find high-value careers and lives with meaning and purpose. As we look toward the future, I am confident that the College will continue to flourish and grow and the Board of Trustees shares my confidence."

During President Maxey's tenure the College has accomplished many things, including:

- Implemented the College's Intellectual Inquiry (INQ) curricula to help students develop real-world life skills, with a focus on ethical reasoning and oral and written presentation, and maintained and improved rigorous academic standards at the College while adding crucial

learning opportunities for all students.

- Earned recognition as a top producer of academic scholars including Fulbright, Gilman, Goldwater, and Truman awardees.

- Many new majors have been added at Roanoke College under the leadership of President Maxey, including Actuarial Science, Public Health, Engineering Science, Data Science, Education, Creative Writing, and Communication.

- Hired the College's first Vice President for Community, Diversity and Inclusion and implemented new ways to elevate diversity and inclusion at the College including the creation of the Diversity and Inclusion Steering Committee and recognizing contributions of enslaved laborers on campus with an historic plaque unveiling. During his tenure, the Center for Studying Structures of Race was established.

- Elevated the College's strong connection to Purpose and enhanced the career services center as a new and improved place for Purpose, Life and Career Exploration.

- Maintained great care of the campus grounds and buildings on site, and led new construction, renovations and improvements to Roanoke College's award-winning campus, including Lucas Hall; New Hall; the purchase of Afton apartments; renovation of the Monterey home and Slave Quarters, where the Center for Studying Structures of Race now resides; the addition of the Wortmann Complex; as well as the purchase of the Bank Building where the History Department is based and the addition of a new tennis complex on Elizabeth Campus. Numerous grounds improvement projects including, most recently, the complete renovation

of the College Avenue block together with the city of Salem.

- Oversaw completion of the flagship Cregger Center, a state-of-the-art athletic and events facility that has hosted a number of national championship games. The new building includes cutting-edge Physiology and Kinesiology fitness labs, weight rooms, training rooms and ample multi-purpose event space. It houses the College's Athletic Hall of Fame, reflecting the rich tradition of Roanoke College Maroon athletics.

- This year, President Maxey is planting a tree in honor of every former President at Roanoke College. President Maxey had his own tree dedicated in 2017, the Tree of 40 Fruit, created by artist Sam Van Aken and a gift from the Roanoke College Board of Trustees honoring President Maxey's tenth anniversary. The campus has been recognized as one of the most beautiful in the nation and Roanoke College was designated a Tree Campus USA by the Arbor Day Foundation in 2019.

- Spearheaded the Roanoke Rising Campaign, raising \$204,047,431, the largest campaign in Roanoke College history.

- Led the addition of new athletic teams and clubs to attract a wide-array of students, including Men's and Women's Swimming, Men's Volleyball, Men's Wrestling and E-sports and expanded Outdoor Adventure facilities and programs.

- Emphasized community ties and service throughout Salem and beyond. For the past 16 years the College has built a Habitat for Humanity house for the city of Roanoke and President Maxey participated in every build alongside new students and faculty and staff at the College.

•Navigated the COVID-19 pandemic over the past two years, and implemented the on campus Incident Command Structure which has worked to keep the Roanoke College campus community safe and informed.

In addition to guiding these and many other successes, President Maxey is known for his connection with students, and his knack for getting to know each new student, by name, every year. He has held instructional bow-tie sessions for all interested students prior to the annual President's Ball; at one time President Maxey taught over forty students to tie bow ties together in a group session. Terri Maxey is engaged with the Roanoke College community and beloved by students and community members.

He is an active member of numerous educational organizations, serving as Executive Committee and Program Chair of the Council of Independent Colleges (CIC), was President and Executive Committee member of the Network of ELCA Colleges and Universities (NECU) and served as chairperson of the Lutheran Educational Conference of North America (LECNA) for several years.

He is a former Board member and President of the Southern Association of Colleges and Schools Commission on Colleges (SACSCOC) and the Council for Independent Colleges of Virginia (CICV). President Maxey held the Chair of Presidents for the Virginia Foundation of Independent Colleges (VFIC) and is a past Presidents Council Chair of the Old Dominion Athletic Conference (ODAC).

Locally, Maxey is on the Board of Directors of the Roanoke Symphony, the Roanoke Region-

al Chamber of Commerce, the Roanoke Regional Partnership and is a member and past Church Council Chair of the College Lutheran Church in Salem, VA. He served as chair and vice chair on the United Way Roanoke Valley Board of Directors.

President Maxey is a native of Bassett, Virginia. His higher education began at Wake Forest University, where he earned a Bachelor of Arts in history and master's degree in counselor education. Later, he earned a certificate

of advanced graduate study at the University of New Hampshire, and attended the Institute of Education Management at Harvard University. Maxey, a student of history, counseling and conflict resolution, received an honorary Doctor of Divinity from Lutheran Theological Southern Seminary in Columbia, South Carolina. He and his wife, Terri are parents of three sons, Michael, Stuart, and Jack.

-Submitted by Roanoke College Communications Department

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Salem's Cameron Leftwich powers his way through the Christiansburg defense.

PHOTO BY BRIAN HOFFMAN



## Chargers power contest winner!!

The Los Angeles Chargers charged to win over Las Vegas Monday night and it was "Viva Los Angeles" for Salem's Mike Cassell, as that made him a winner of our weekly football contest.

Mike and a couple others had four misses going into Monday night, but Mike was the only one who had the Chargers. For his expert prognosticating Mike will receive the 50 dollar gift certificate from Mac & Bobs and a blizzard from Dairy Queen.

It was a big week in the Cassell household, as Mike's wife Pam tied for the Quick Change question. I asked you to pick the score between Syracuse and Florida State and the correct answer would have been 33-30 in favor of the Seminoles. Pam and Salem's Ron Jordan both guessed Florida State to win 34-28 and that was closest to the correct score. Since we didn't have a Quick Change question the first week of the season I have an extra oil change to give away, so Pam and Ron will both receive the coupon from Valvoline in Salem.

For this week's Quick Change question give me your prediction on the big game between Virginia Tech and Notre Dame in Blacksburg Saturday night. Put your answer in the space provided and the closest to the actual score will get a free oil change.

--Brian Hoffman

## Salem Football

continued from page 16

the playoffs in the ensuing weeks. However, when the schedule came out this year the Cougars were inked in for October 8 with Patrick Henry coming to Salem to end the regular season. Pulaski comes in with a 3-2 record, defeating Northside, Jefferson Forest and Cave Spring while losing to James Wood by one point, 34-33, and undefeated Hidden Valley last week, 28-21.

"They have good size and you know they're going to try and take away our running game," said Holter of the Cougars. "They're well-coached. They want to spread you out, like a lot of people are doing nowadays."

Salem comes in at 3-1 after defeating Christiansburg at Salem Stadium

last week, 24-7. Salem outgained the Blue Demons 382 yards to 169 with a strong running game and a stout defensive effort.

"I thought our defense played outstanding," said Holter. "The front four did a great job and the secondary keeps getting better. Overall, it was an outstanding performance."

Salem took a 21-0 lead before the Demons could get on the board. DaRon Wilson hit tight end Jake Massey with a seven yard TD pass to open the scoring, set up by a long pass from Wilson to Chauncey Logan, Jr. Jayveon Jones scored the next TD on a nine yard run and Salem had a 14-0 lead after one quarter.

Wilson and Logan hooked up again

for a 47 yard connection in the second quarter, giving Salem a 21-0 lead. Logan took a short pass, broke a tackle and juke a couple defenders to make it into a long gain.

"He's doing what he's supposed to do," said Holter. "He can break tackles, and you see what kind of speed he has."

That turned out to be the last touchdown for the Spartans. Christiansburg scored to make it 21-7 at the half but the Spartan defense buckled down and shut out the Demons after intermission while Salem added a 37 yard field goal by Wesley Cross. He had a chance to add another in the second half but his kick hit the upright.

Cam Leftwich led the Salem rush-

ers with 93 yards on 20 carries while Jones added 42 yards on 13 and Wilson had 23 yards. DaRon completed 11 of 17 passes for 167 yards, with five going to Logan for 108. Massey had two catches for 31 yards, Leftwich had two for 32 and Chase Greer and Jones had one reception each.

On defense Noah Collins had another big game with 11 tackles, including two for losses. Carson Williams had seven and Cameron Martindale had six. Nathaniel McClure forced a fumble that Chris Cole recovered.

Salem's jayvee team also won last week, 26-6 at Christiansburg. The jayvees are home tonight against Pulaski following an Andrew Lewis Middle School game against Patrick Henry.

## Lewis stays unbeaten with win over CSM

The Andrew Lewis Middle School football team ran its record to 6-0 with a 36-12 win over the Squires of Cave Spring Middle at Salem Stadium last Thursday.

The Wolverines played solid defense with the defensive line of Andrew Bryie, Tyree Conley, Jamari Hairston, Na'Shaun Barrett and Jayden Burton. The defensive linebacker group of Coen Logan, Stevie Hall and Carson Garland were important in putting pressure on the Squires quarterback, leading to a sack and fumble return for a touchdown by Logan just before halftime to give Lewis a 24-6 lead.

The game started with Cave Spring scoring the first touchdown and keeping the ball the entire first quarter, but the Wolverines rallied to score the next 36 points and accumulate a 36-6 lead in the fourth quarter. Brayden White, Logan and Hall scored touchdowns in the win.

Next up for the Wolverine 8th grade team is Patrick Henry at home in Salem Stadium tonight at 5 pm.

The Lewis 7th grade team traveled to Clifton Forge last week, losing to the Mountaineers 12-0. The 7th grade team was scheduled to return to action on Wednesday against Altavista Middle School, hoping to improve on a 6-2-1 record.

Glenvar Middle dropped two games in the past week, losing to Central Academy, 42-16, and Blacksburg, 20-0. The GMS Highlanders are at Floyd today.



Andrew Lewis defenders fly to the ball in last week's win over Cave Spring.

PHOTO BY BRIAN HOFFMAN



Kip Jones of the Salem Packers flag football team cuts loose at a recent game at Billy Sample Field.

PHOTO BY BRIAN HOFFMAN

## Rec. Hoop deadline is Sunday

Registration for recreation basketball in the city of Salem will be held through this Sunday, October 10. Girls and boys ages six to 18 are eligible for leagues conducted by the Salem Department of Parks and Recreation.

There are several ways to register. You can go to the city online site with the link Youth Sports Registration, you can register by phone by calling 540-375-4094 or you can go to the recreation office in person at 925 Union Street, across from the skate park, from

8:30 am to 4:30 pm during the week.

Cost is \$40 for Salem residents and \$90 for tuition paying students who are currently enrolled in a Salem school.

Registrations will be accepted through October 10 and there will be a one week "late sign-up" period at the conclusion of registration. During this time, participants may still sign up but will be charged a \$25 late fee in addition to all league fees. Registrations will not be accepted after the late sign-up period.

## Hillcats host 460 Battle

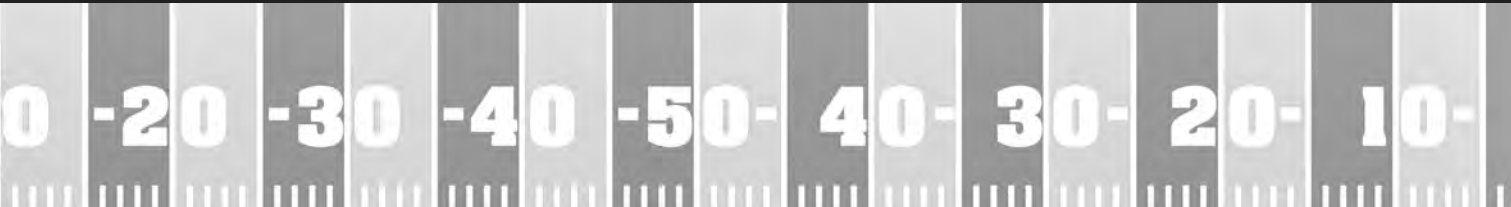
Blue Eagle Credit Union, the Lynchburg Hillcats, and the Salem Red Sox are planning to continue the 460 rivalry with the 2nd Annual "460 Community Battle" baseball game.

The game is scheduled for 6:30 p.m. on Thursday, October 14, at Bank of The James Stadium in Lynchburg. Gates will open at 5:30 p.m. The teams are being drafted currently and will be announced soon. Teams will be made up of local first responders, community leaders and local celebrities.

Admission for this charity event is free courtesy of Blue Eagle Credit Union. Donations will be accepted at the game and online for the Lynchburg Humane Society, the selected charity for the event.

The Lynchburg team will be looking for its first win, with Salem getting the inaugural victory last October at Salem Memorial Ballpark.

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**CONTEST RULES:**

-All entries must be on an official Salem Times-Register entry blank. No duplicates please. No limit on the number of entries as long as the current blank is used.  
-Each advertisement on this page includes one football game to be played this week. Find the game in the ad and print your predicted winner on the line corresponding to the advertiser in the list included on this page.  
-First prize will be awarded to the person who picks the most games correctly.  
-Be sure to include your name, address, and high point total for the week. High point total is decided by the most points scored by ANY ONE TEAM in the games listed for the week. High point total is used to break ties only, and all decisions will be final.  
-Clip and mail THE ENTRY PART ONLY to Salem Times-Register, Football Contest, P.O. Box 1125, Salem, VA 24153. Entry must be postmarked by 5 p.m. on the Friday immediately following the date of the paper, or bring your entry by the Salem Times-Register office at 1633 West Main Street in Salem. Your entry must be in the box by 5 p.m. Friday.  
-All entries not conforming to the rules may be declared null and void. Decisions are final. For questions call Brian Hoffman @ 389-9355. Winners will be announced in the contest story the following week.

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I think \_\_\_\_\_ will be the most points scored

**The Quick Change (see story)**



## Spartans in state golf Tuesday

Trey Joyce, above, and the Salem High golfers will be competing in the Class 4 state tournament next Tuesday, October 12. The tournament will be held at the Glenrochie Country Club in Abingdon. The Class 3 tournament will also be held on that course on Monday of next week. See next week's Salem Times-Register sports section for results.

PHOTO BY SCOTT GARDNER

# G-Town hosts "Throwdown" Saturday

The Glenvar High School competition cheerleaders will host the "G-Town Throwdown" competition at the Glenvar High School gym this Saturday.

Opening ceremonies for the morning competition will begin at 10:55 am and 1:10 pm for the afternoon session. The competition will continue until an awards ceremony at 4:15 pm.

The Glenvar Middle School girls will perform at 11:10 and the high school Highlanders will put on an exhibition to wrap up the day at 3:40 pm. Other schools competing include middle school teams from Hidden Valley, Cave Spring, William Byrd, Graham and Lee and high school teams from Northside,

Auburn, Hidden Valley, Graham, Cave Spring, Blacksburg, Lord Botetourt, Pulaski County, Staunton River, William Fleming, Brookville, Franklin County, Heritage and Bassett.

Admission is \$7 for adults, \$5 for ages 5-10 and four and under are free. Doors open to the public at 10:30 am and masks are required at all times while in the building. Competitors may remove them for their performance only.

Concessions will be provided and a t-shirt vendor will be on site at the Glenvar gym Saturday. Videography and photography is permitted provided there is no flash.



Glenvar cheerleaders compete in the "Battle at Byrd" in Vinton Saturday.

PHOTO BY DEBBIE ADAMS

# Highlanders will run in meet at Greenfield Saturday

The Greenfield Recreation Complex in Daleville will be the site of the Blue Ridge Invitational cross country meet this Saturday. Botetourt County schools Lord Botetourt and James River will be the host teams for the big meet and Glenvar High School will participate.

Action begins at 9:30 am with an Open 5K race. At 10:30 am there will be a girls' 3K middle school race, followed by a boys' middle school 3K race at 11:15 am. The first varsity race will feature the girls and it's a 5K scheduled to start at noon, followed by the boys' varsity 5K race at 12:45 pm. The day will

conclude with jayvee races, with the girls at 1:30 pm and the boys at 2:15 pm. Both jayvee races are 5K.

It will be a big day, with over 30 schools entered. Included are Altavista Combined School, Benjamin Franklin Middle School, Bland County, Broadway, Carroll County, Christiansburg, Eastern Mennonite School, Franklin County, Giles, Glenvar, Grace Christian School, James Breckinridge Middle School, James Madison Middle School, James River, Jefferson Christian Academy, John P. Fishwick Middle School, Lord Botetourt, Lucy Addison Middle School, Maury River Middle School, Northside High

School, Patrick Henry, Pulaski County, Riverheads, Rockbridge County, Smith Mountain Lake Christian Academy, Southwest Virginia Academy, Stafford High School, William Byrd High School, William Campbell Combined School, William Fleming, and Woodrow Wilson Middle School.

Both the Glenvar and Salem teams were scheduled to run in a race at the Salem Golf Course on Academy Street on Wednesday of this week. Lord Botetourt and Cave Spring and one girl from Appomattox were also expected to compete at the golf course..

## RC runners compete in Kentucky

The Roanoke College men's and women's cross-country teams traveled to Louisville, KY last Saturday to compete in the Lou Cross Country Classic, one of the most highly attended meets in the country. The Men placed 30th, up five spots from their trip to Kentucky back in 2019. The RC women placed 32nd out of 41 competing college and universities.

Zoe Dunlap completed the 6K course in a final time of 25:16.7 to lead the Maroon women.

Lauren Brown crossed the line (26:06.4) just 1.6 seconds ahead of teammate Hannah Koepfinger

The men's top finisher, Cooper Neeble finished the 8K course in 26:28.7. Peter Smith crossed the finish line just under 12 seconds behind Neeble (26:40.3). The reigning ODAC Runner of the Week, Chamberlain Zulauf was third for RC with a time of 28:32.7, six spots ahead of Tim Hoffstatter (28:44.5).

## Maroon men shut out Royals in soccer, host Shenandoah on Salem pitch Sat.

The Roanoke College men's soccer team improved to 6-2-2 on the season when the Maroons shut out Eastern Mennonite in Salem last Friday. RC took a 6-0 win on Family Weekend.

Just over 12 minutes into the match, Jordan Fiorani sent a centering pass through a defender to the foot of Liam Camilleri and Camilleri sent the ball into the back of the net for the 1-0 advantage. With just over two and a half minutes before the break, a foul in the box would give Michael Chang a Penalty Kick. Chang promptly put the shot past the keeper for a 2-0, halftime lead.

At the 67th minute mark, Roanoke would add to their lead when Nathan Carey would set up Michael Ramsey for the Maroon's third score of the evening. Chang would add his second of the night to increase the Maroon lead to 4-0, and in the final 2:04 of the match, Till Schumacher netted a pair of goals.

RC keeper Zach Behe saw just a single shot during the match, recording the save, on his way to his fifth shutout of the season.

The Maroons were scheduled to host Lynchburg on Wednesday night, and Saturday Shenandoah is here for a 5 pm game at Kerr Stadium in Salem.

## Field hockey team tops St. Mary's

After honoring their seniors the Roanoke College field hockey team took a 3-1 win over St. Mary's of Maryland in Salem last week to even their record at 4-4. After recognizing 11

seniors the Maroons struck first. Katherine Martin found the ball after it bounced off a couple of sticks and sent a shot into the cage for a 1-0 advantage. The third frame would see each

team attempt a single shot as the game remained tied at 1-1 heading into the final 15 minutes of play.

With 11:52 remaining on the clock, the Maroons lined up for one of their six penalty corners of the period. Emilee Wooten received a pass from Claire Eisenhart and sent a hard shot toward the goal. Martin deflected the shot into the cage for her second goal of the afternoon. Roanoke added an insurance goal when Eisenhart set up Wooten to make the final 3-1.

Hannah Roerden had a five of saves for RC while Hope Keller added a defensive save for the Maroons.

Roanoke was scheduled to play Washington & Lee in Lexington Tuesday, the first of three straight road games. RC is at Centre College on Friday, then travels to Danville, KY to meet Concordia of Wisconsin in a neutral site game on Sunday morning. The next home game is Wednesday, October 13, at 7 pm against Shenandoah.



Cameron Shockford of Roanoke College heads the ball in Saturday's game with Randolph-Macon.

PHOTO BY BRIAN HOFFMAN

## Yellowjackets sting RC women

The Roanoke College women's soccer team lost for just the second time in 10 games when Randolph-Macon shut out the Maroons last Saturday. The Yellowjackets took a 3-0 win to put a damper on RC's Family Weekend game.

Neither team would score for the first 43 minutes of play. At the 43:18 mark, RMC would net the first goal of the afternoon and take a 1-0 lead into the halftime break. The Jackets

scored two late goals for some insurance. Makayla Metzler and Eliza Ryan accounted for half of the Maroon's eight total shots.

The loss dropped RC to 7-2-1 overall and they were scheduled to play at Hollins University on Wednesday afternoon. The Maroons are at Lynchburg Saturday for a 4:30 pm game against the University of Lynchburg, and next Tuesday, October 19, Ferrum comes here.

## Roanoke golfers tee it up in Gettysburg

The Roanoke College golf team traveled to Pennsylvania to compete at the two-day Battle at the Burg last week, hosted by Gettysburg College.

The Maroons fired a 306 on day one and found themselves sixth among nine teams competing. Day two would see Roanoke move up the leaderboard and after shooting a 299, finished fourth in the event.

Freshman Palmer Cuny posted a 2-over par 73 to pace the Maroons on the first day of play. Cuny would finish in a tie for 12th among 47 golfers in the field with a 150 two-day total. Fellow freshman TJ Whelan started with a 6-over 77 but shot up the standings with an even-par 71 on the second day and finished tied for fifth at 148.

The Maroons will face the best that the state of Virginia has to offer when they travel to Front Royal on October 18th to compete in the 2021 Virginia State Golf Association (VSGA) Collegiate Tournament.



Emilee Wooten of Roanoke College works the ball against a St. Mary's defender.

PHOTO BY BRIAN HOFFMAN

## Brian Hoffman



### Exciting Hoop News

It's getting close to basketball season and I can already hear the balls thumping on the hardwoods. I watched an NBA exhibition game Monday, yes I'm that crazy, and the college and high school seasons will be here before you know it.

You can get your first taste of hoops next Tuesday when Oak Hill Academy and Massanutten Military Academy play a preseason game at the Patrick Henry High School gym. The game will begin at 6:30 pm and admission is only five bucks to see a bunch of future collegiate standouts.

Four Oak Hill players have already made college commitments, including big time recruits Caleb Foster to Duke and Chris Livingston to Kentucky. Judah Mintz is headed to Pitt and Jeremy Gregory has committed to East Tennessee State. Oak Hill is coached by legendary coach Steve Smith.

Curtis Peery, a Salem High and Roanoke College graduate, is the head coach at Massanutten. One of Curtis' players, Kanye Clark, has committed to play his college ball at Penn State.

The game is being sponsored by the Adam Ward Committee, raising scholarship money for deserving students. The committee is comprised of Salemites Grant Smythers, Hank Luton, Drew Barrett and Western Virginia Basketball Officials Association Commissioner Jerry Spangler. Smythers is a former Salem High basketball coach, Luton is on the current staff and Barrett is the SHS athletic director.

Come out and watch some exciting basketball for a great cause to get yourself lathered up for the season you probably missed during COVID.

The other event won't be until December 18th, but it's an interesting lineup of games at Lord Botetourt High School. An all-day, five game card will feature John Battle against Altavista at noon followed by Goochland against Narrows at 1:45 pm, Hickory against Fluvanna at 3:30 pm, Monacan against host Lord Botetourt at 5:15 pm and Liberty Christian against Parry McCluer at 7 pm.

That's a great day of basketball, but there's a thread that sews all these games together. Every game will feature a head coach that is an alum of Emory & Henry College, assembled by Lord Botetourt's Andrew Hart. The event is named the "Bob Johnson Classic" in honor of the late Wasps' coach.

Bob Johnson served Emory & Henry College as its men's basketball coach and athletic director for almost 30 years. The winningest coach in program history with 370 victories over 27 seasons, Johnson

is one of the legendary mentors in the history of the Old Dominion Athletic Conference. He was selected as a member of the 2009 class of the Emory & Henry Sports Hall of Fame.

Known for his strict military discipline, Bob inherited a program in 1980 which had not had a winning season in 13 years. In his fifth season, the Wasps began a string of 12 years in which they won 12 or more contests, six of which were 20-win campaigns. E&H reached the ODAC Tournament Finals five occasions, qualified for five NCAA Division III Tournaments and made it to the Sweet 16 in 1988 and 1993.

Johnson was the recipient of many awards, including three ODAC Coach of the Year awards, three NCAA Division III South Region Coach of the Year honors and he received the National Association of Basketball Coaches' Division III Service Award in 2007.

On January 19, 2008, Emory & Henry dedicated the playing surface inside the John Rutledge King Center gymnasium as the "Bob Johnson Court." In 2009, the ODAC ensured that Johnson's legacy would be a lasting one across the league, designating the annual coaching award for men's basketball the "Bob Johnson Coach of the Year."

Johnson died of cancer in 2009 just two days shy of his 63rd birthday, but his legacy lives on in the number of coaches who learned under Bob. All 10 coaches in the "Bob Johnson Classic" are Emory & Henry grads, including the following and their graduating class: Mike Cartolaro(1983) of Parry McCluer, Steve Posey(1987) of John Battle, RJ Spelsberg(1998) of Monacan, Casey Johnson(2000) of Altavista, Heath Bralley(2001) of Fluvanna County, Patrick Bailey(2001) of Narrows, Preston Gordon(2004) of Goochland, Paul Redgate(2005) of Liberty Christian, Andrew Hart(2009) of Lord Botetourt and Brett Pearman(2014) of Hickory.

I always enjoyed seeing Bob when he came to Salem to play Roanoke College or work a camp, and his impact on the players he coached is obvious as his spirit lives on in the men on carry on his passion for basketball and life in general.

#### LOCAL GIRLS RUN AT RADFORD U.

Two of the top women to run cross country in our area in recent years are now teammates at Radford University. Hannah Moran of Salem is a graduate student on the RU team and Rachel Millirons is a junior runner from Glenvar.



Above, Hannah Moran (second from right) is on her way to a win in the Virginia Tech Invitational. Moran and Rachel Millirons (left) will be at Green Hill Park on October 15 running for Radford University in the Roanoke Invitational Cross Country meet.

RU PHOTOS

Hannah ran for the University of Virginia for four years before graduating and moving on to run for Radford as a graduate student. She got an extra year of eligibility due to COVID and is making the most of it.

The first week of September Hannah took first place in the Virginia Tech Invitational and set a new RU school record in the 4K with a time of 14:11, winning the race by 15 seconds over Lindsey Butler of host Virginia Tech. That time beat the previous Radford University school record of 14:26.8.

Last Saturday in Louisville, KY Hannah set the school record in the 5000 meters with a time of 16:48.7, surpassing the previous mark of 17:28.8 set by current teammate Rachel Werking in the spring. Hannah placed eighth out of 399 runners in the race.

As a team RU finished 11th among 32 teams. Millirons finished fifth for RU with a time of 18:31.7.

The Highlanders are back in action this Friday to run at Longwood University in the Lancer Invitational in Farmville, VA. They'll make a local appearance on October 15 when Radford is entered in the Roanoke Invitational, hosted by Roanoke College at Green Hill Park.

## Spartans host district leading Titans at A. Lewis gym tonight

The Salem High volleyball team fell to 5-9 Tuesday when the Spartans dropped a decision to the Blue Demons at Christiansburg High. Salem will have their work cut out for them tonight when the Spartans host Hidden Valley, who is unbeaten in the River Ridge District and 14-2 overall com-

ing into the week.

Tuesday in Christiansburg the host Blue Demons won in three, 25-20, 25-15 and 28-26 as the Spartans battled to the end. Mackenzie Board had 14 assists for Salem, Ella Walker had six blocks and Reese Redford had 15 digs.



Mackenzie Board serves for Salem.

PHOTO BY BRIAN HOFFMAN

Salem lost a heart-breaker to Northside at the Andrew Lewis gym on Monday of this week. The two teams took turns winning the first four sets, with Northside winning 25-16 in the first and 25-18 in the third. However, Salem rallied back to tie the match both times, winning 25-16 in the second and 25-15 in the fourth. Then, in the deciding set to 15, the Vikings pulled out a 15-12 win to end the marathon match.

Kai Bowen led Salem with 10 kills while Walker had seven to go with two blocks. Kennedy Scales had six kills and nine digs while Redford had a strong all-round game with five kills, 13 digs and a pair of aces.

Last Thursday at Lewis the Spartans dropped a match to River Ridge District rival Patrick Henry in three sets, 25-13, 26-24 and 25-17. Redford had 14 digs, two aces and three kills, Scales had eight digs, five kills and two aces and Emma Johnson had nine digs and three aces.

## Middle School volleyball

The middle school volleyball season came to a close for Andrew Lewis last week and Glenvar picked up a win.

Lewis finished the season with a close loss to Cave Spring on the road. The Wolverines lost the first set 25-18 but came back to win the second, 25-22, only to lose the tie breaker, 15-11. The Wolverines' final record was 10-5.

"Considering the fact that we began with three tough road losses to Franklin County, Blacksburg and Hidden Valley, we grew down the stretch and did extremely well to

win 10 matches," said coach Perry Manning. "Eleven of our 18 girls are seventh graders, which bodes well for next year, and the eighth graders that carried us through those wins will do great things at the high school level. We will miss them greatly."

Glenvar picked up a win against Carroll County last week, winning in two sets. The Highlanders lost to Floyd in three and on Tuesday they bounced back to beat Clifton Middle in two sets.

The Highlanders play Blacksburg tonight.



Glenvar's Sydney Loder(right) goes high over a James River blocker to score for the Highlanders in Buchanan Monday night.

PHOTO BY BRIAN HOFFMAN

## GHS at Floyd in Three Rivers volleyball showdown tonight

The Glenvar volleyball team will be in Floyd County tonight for a key Three Rivers District match. The Highlanders are 9-2 after defeating Alleghany on Tuesday while Floyd was undefeated coming into the week.

"It's clearly the big match of the season in our district," said Glenvar coach Mark Rohrback. "Floyd has eight seniors and they were good last year."

Glenvar is also going, with the only two losses coming against Class 1 power Auburn, both in five hotly contested sets. The Highlanders are on a roll after drumming Alleghany at GHS Tuesday, 25-11, 25-7 and 25-13. Claire Griffith had eight kills, six aces and three blocks, Rhyann Harris had four kills and three blocks and Cara Butler and Audrey Conner combined for 32 assists.

The Highlanders had a makeup game at James River on Monday and handled the Knights in three sets, 25-15, 25-11 and 25-8. Hannah Hylton had 14 serves with four aces, five kills, 11 digs, and led the team in serve receive. Sydney Loder had six kills and six block and Audrey Conner had 11 serves with an ace, 11 assists and 5 digs.

Glenvar also played at Northside last Wednesday and won in three, 25-16, 25-10 and 25-17. Bailey Conner and Griffith had 11 kills each while Butler had 14 serves with three aces to go with 18 assists. Harris led the team in serve receive and added 11 serves with an ace, four kills and three blocks.

Next week the Highlanders are at Radford on Tuesday and home to Carroll County a week from today.

# SPORTS

Thursday, October 7, 2021

Send story ideas & announcements to [bhoffman@ourvalley.org](mailto:bhoffman@ourvalley.org), or PO Box 1125, Salem, Va, 24153 • [ourvalley.org](http://ourvalley.org)

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Above, Salem's Stacy Williams(#73), Cameron Martindale and Carson Williams(#3) combine for a tackle in the Christiansburg backfield. Right, Jamien Lingenfelter(#5) and Chris Cole(#9) break up a pass.



PHOTOS BY BRIAN HOFFMAN

## Spartans knock Demons from ranks of unbeaten, play Pulaski County in Dublin this Friday night

The Salem High football team knocked Christiansburg from the ranks of the unbeaten last Friday and they'll have another challenge this week. The Spartans will be in Dublin to this Friday to play Pulaski County at Kenneth J. Dobson Stadium.

The Salem-Pulaski rivalry is one of the best in the entire state. Both teams expect to win when they line up against each other.

"It's two communities pas-

sionate about winning," said Salem coach Don Holter. "It's always a big game when Salem and Pulaski play."

Holter was on the Salem team in 1987 when the Spartans beat Pulaski, 6-3. Lee Johnson kicked a late field goal to tie it, then kicked another one in overtime for a hard fought Spartan win that left a bad taste in the mouth of Pulaski coach Joel Hicks.

"On the way home he supposedly announced his retire-

ment on the bus," remembers Holter. "I heard a rumor there was a fishing boat in his driveway the next morning."

The games when Hicks coached Pulaski and Willis White coached Salem are what legends are made of, and what makes high school football great. That passion carries over with Holter coaching the Spartans and Mark Dixon on the Pulaski sideline.

Salem has a 30-18 edge in this rivalry since Salem

High opened in 1977. The Spartans won the first meeting but Pulaski won the next eight in a row before Salem took a 14-13 win in 1986 on the way to the state championship game with Hampton in what was then Group 3A when there were only three groups. That win turned the tide in the rivalry and Salem has won 28 of the next 38

games. The Spartans have not lost to the Cougars since the 2010 season and are 21-2 against Pulaski since 2003. Salem took a 27-14 win at Salem Stadium in the abbreviated spring season.

The two rivals have met in the last game of the regular season since 2003, and often times a rematch followed in

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## Highlanders will host 4-1 Floyd County after week off

The Glenvar Highlanders are back on the gridiron after a week off due to COVID concerns at James River. Glenvar will host Floyd County at 7 pm Friday at Highlander Stadium.

The Buffaloes are off to a 4-1 start. They were shut out in their opener against Christiansburg, 33-0, but won their next four games against Patrick County, Grayson County, Fort Chiswell and Carroll County. Floyd has allowed just 30 points in their last

three games.

"They're having a good year," said Glenvar coach Kevin Clifford. "They're solid and they're well-coached. Coach Beal has been around for 40 some years so he knows what he's doing."

Floyd coach Winfred Beale is the dean of area coaches. He took the job at Floyd County in 1981 and he's been there ever since. Ironically, he succeeded Jeff Highfill when the Andrew

Lewis High graduate took the job at William Byrd, and Jeff was in Vinton until he retired following the 2018 season. That left Beale as the area's longest serving coach at one school.

The Highlanders have had two weeks to prepare for Floyd after their game with James River was postponed last week. That will be made up on October 18 in Buchanan.

"We're just trying to get better every day," said Clifford. "We don't ever

look beyond what we're doing today."

Clifford has a good source for a scouting report in Christiansburg coach Alex Wilkins, who was an assistant to Clifford before taking the job with the Blue Demons. The Highlanders are expecting a dog fight Friday night.

"Floyd is always going to be scrappy and competitive," said Clifford.

The jayvees beat Patrick Henry, 3-0, on a Carol Muse field goal last week. The jayvees are at Floyd tonight.



### HOUND ON THE RUN

Ricky "The Hound" Ferguson of the Glenvar 10U football team catches a pass(left), breaks a tackle(center) and is off to the races for a long TD in action against Vinton at Highlander Stadium Saturday afternoon.

PHOTOS BY BRIAN HOFFMAN

## Salem Half Marathon is back on the streets Saturday

The streets of Salem will be buzzing with action on Saturday morning as the city plays host to the 6th annual Salem Half Marathon. The gun will go off at 8 am as the race gets back to "normal" after running the race virtually last year due to the coronavirus pandemic.

"We are back to mostly normal," said assistant meet director Ashley Durkin. "We encourage all runners to wear masks before and after the race, including in the corrals and finish line area, and all city employees will be wearing masks and other PPE, regardless of vaccination status. Volunteers will be encouraged to wear masks as well."

The directors encourage racers to complete a self-evaluation before the race, and not to come to the race if you are experiencing COVID symptoms or if you have had a known exposure to COVID-19 as defined by the CDC within the last 10 days. Aid stations will be self-serve with water and electrolyte drinks in individual cups, placed on tables for runners to grab.

Last year, due to the pandemic, runners signed up on line, ran the race at their convenience and reported the result. This year the race will start on Main Street and follow the normal path. A flyer was included in utility bills for Salem residents explaining street closings and other useful information regarding the race. That should have arrived last week in the mail.

The half marathon and an 8K race will start simultaneously at 8 am sharp, followed by a kids' race after the street is cleared of runners. John Shaner, co-director of the race with Molly Bullington, expects over 700 runners to be signed up by Saturday.

"I think that's a great number," said Shaner. "We had over 800 in 2019 but last year, when it was virtual, it was way, way less. It's wonderful to get people back running again."

Shaner, who is the Director of Parks and Recreation for the City of Salem, is excited to show off the improvements the city has made to out of town guests.

"People can see what we have in downtown Salem," he said. "We have new sidewalks and lights, and everything looks great. It should be good for the downtown businesses."

Durkin shared that sentiment.

"This race benefits the City of Salem because of the amount of people we are able to bring into Salem and allow to experience our city," she said. "The course will take runners throughout Salem, allowing them to see some of the sites, and then finishes right on Main Street where runners can go grab a bite to eat and check out some of the shops downtown. We are able to partner with a lot of local businesses to make the race the best it can be and we are also able to give back to local charities."

Packet pickup prior to the race will be held outdoors behind Olde Salem Brewery. After the race, medals will be handed out instead of placed around the neck of finishers, like in the past.

"We care about the safety of the racers, volunteers, staff and spectators," said Durkin. "We are encouraged by the recent local trends in dropping case numbers, and we hope that continues in our area."

