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Incumbent Sheriff April Staton given another term by local constituents

-Statewide Republicans win big on Election Night-



PHOTO BY SHAWN NOWLIN MAIN

A significant majority of Republicans won their state and local races on Election Day 2021.

Shawn Nowlin
shawn.nowlin@ourvalley.org

A mix of statewide and local elections were on the November 2 ballot. Traditionally, off-year elections see lower turnout and less fervor than in presidential years.

Who will serve as the next city Sheriff? Salem residents, by an unofficial vote of nearly 4,700, chose incumbent April Staton over opponents Chris Shelor and Richard Goodman Sr. who received 3,402 votes and 1,085 votes, respectively.

At last month's candidate forum, Staton, speaking about her experience,

said, "Eighteen of the last 20 years, I've been at the Salem Sheriff's Office. I've served as a Deputy Sheriff, a Master Deputy, Frontline Supervisor and Second Command at the office as Chief Deputy. Throughout my career, 13 of those years have been supervising people. Seven of those years have been preparation and management of the office budget. We are doing very well at the Sheriff's office, and it is because of this that I ask for your support in this election."

Remaining as the Treasurer, Commonwealth's Attorney and Commissioner of Revenue, sequentially, will be

Danielle Crawford, Thomas Bowers and Kristie Chittum. Delegate Joe McNamara will also remain the 8th District's House Delegate Member.

Since 2019, Democrats have held both control of the legislature and the governor's office. During that time, major moves on massive progressive priorities have been made: raising the minimum wage, undoing existing abortion restrictions and enacting a new voter protection law.

November 2 was a great day for Virginia Republican candidates. More than three

See Incumbent, page 3

Former Salem GE Plant employees featured in national commercial

Shawn Nowlin
shawn.nowlin@ourvalley.org

Previous Salem General Electric workers have been through a lot in recent years.

GE continues to slash its U.S. workforce despite receiving over \$4 billion in taxpayer subsidies to keep jobs in America over the last three years.

There was a time when the company employed approximately 3,500 individuals. The plant, according to a company spokesperson, was a production hub for control systems and integrated circuit boards for gas and steam generators, pitch systems for wind and turbine blade controls, starters for

gas turbines, and down tower assembly for wind power conversion systems.

When GE shuttered its Salem factory in 2019, many people lost their jobs. Recently, some of those people decided to make their voices heard by participating in an advertising campaign urging GE to bring good union manufacturing jobs back to Salem.

One such individual is Kevin Smith who worked at the plant for almost two decades.

"We made GE incredibly profitable," said Smith, who was one of 265 local workers who lost their job when GE

See GE Plant, page 3



SUBMITTED PHOTO

For almost 20 years, Kevin Smith worked as a Salem GE employee. He, along with hundreds of others, was laid off when the plant closed in 2019.



SUBMITTED PHOTO

Leila Tomasone currently serves as the Roanoke Valley Chapter Director of the National League of Junior Cotillions.

New Cotillion Director named for Roanoke County

Shawn Nowlin
shawn.nowlin@ourvalley.org

The National League of Junior Cotillions is the nation's leading character-education program and the only organization that trains and licenses directors to establish local cotillion programs. The primary purpose of the organization is to give students instruction in ballroom dance and practice in the social courtesies needed for better relationships with their families and friends.

As Director of the program's Roanoke Valley Chapter, Leila Tomasone's responsibilities include administering the local chapter of Junior Cotillion here in the Roanoke Valley, essentially as a franchisee.

"I network with the parents in the community to invite select fifth, sixth, seventh and eighth grade ladies and gentlemen to participate in the program," she said. "I teach them essential social skills, etiquette, table manners, how to navigate relationships and the business world as they get older, and basic ballroom dance to make special occasions more fun and comfortable for them."

Born and raised in St. Petersburg, Florida, Tomasone comes from a very large and close-knit family. Growing up, many of her cousins, aunts and uncles lived in the same neighborhood.

"We would walk to school together at St. Paul's Catholic, which is where my mom went

See New Director, page 2

Halloween celebrated throughout the City of Salem



PHOTOS BY SHAWN NOWLIN

Counterclockwise, left to right, Eh'Tunwee Coles, 16, Alex Zenquest, 10, Wyndrick Brooke, 5, and Akaylynea Coles, 17.



Left to right, Taylor Hayes, Cooper Hayes, Briella Hayes and Samantha Hayes.



Ashley Wyckoff with son Grayson, 6, and daughter Cayleigh, 10.



Steve Crowe with his daughter, Emmaus.

See Halloween, page 5

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COMMUNITY CALENDAR

The City of Salem has been monitoring the potential spread of COVID-19, and like you, we have been processing a great deal of information. The safety of citizens, school children and visitors is always the number one priority from the Salem Civic Center to City Hall. Emergency Management team members are in constant contact with the Virginia Department of Health, the Roanoke-Alleghany Health Department and area health professionals at our local hospitals. During this time of uncertainty, people are encouraged to monitor the website (salemva.gov) for official city details on closings or cancellations. This site will be updated daily whenever there is new information.

FIRST AND THIRD TUESDAYS

Salem Host Lions Club, 6:30 p.m., dinner and a program, Salem Civic Center.

SECOND MONDAY

Paint Bank Ladies

Auxiliary meeting, 7:00 p.m. at the Paint Bank Fire Department. Contact 540-897-5346 for more information.

EACH TUESDAY

•Salem Chess Players meet at the Salem Senior Center, 110 Union Street in Salem from 7-11 p.m. Open to anyone 16 years or older. Instructions are available.

•Salem Kiwanis Club meets 11:45 a.m. - 1 p.m. for lunch, Salem Civic Center.

•Knights of Columbus hosts bingo for charity. Proceeds support local charities including RAM House, Madonna House, the Roanoke Rescue Mission, Saint Francis House, food pantries and various youth projects. Games are played from 5:30 - 9:30 p.m. at Gator Hall, at 5301 Williamson Road, near Happy's Flea Market.

•Infinity Acres Ranch Fundraiser from 4 p.m. to 8 p.m. at Christ Episcopal Church at 321 E. Church Street in Blacksburg. Tickets are \$8 while children eight and younger can

eat for \$4. For more information, contact 276-358-2378.

•All ages are welcome to TOPS (Take off Pounds Sensibly) at 5:15 p.m. at the Salem Senior Center. For more information, contact Linda at 540-389-4207.

•Overeaters Anonymous (OA) meeting, 7 p.m. at Christ Lutheran Church at 2011 Brandon Avenue in Roanoke. Contact 540-293-4065 for more information.

•From 10 a.m. to 2 p.m., a chair caning and basket weaving class will occur at the Salem Senior Center. While free, attendees are encouraged to bring their own lunch. For more information, contact 540-375-3054.

FIRST AND THIRD TUESDAY

Glenvar Rotary Club meets 12:15 - 1:15 p.m. for lunch in Richfield Living's Town Center Anser Dining Room. Guests welcome.

THIRD TUESDAY

The monthly meeting for National

Association of Women in Construction (NAWIC) Roanoke Valley Chapter #226 locations and times will now vary. Learn more details by emailing us at nawicroa226@gmail.com.

THIRD WEDNESDAY

Alzheimer's / Dementia Caregiver Support Group at 2 p.m. at Salem Terrace at Harrogate.

FIRST THURSDAY

Roanoke County Woman's Club meets at 10:30 a.m. in the conference room at College Lutheran Church in Salem. New members are welcome.

EACH THURSDAY

•The Salem Senior Center's Social Club, known as the 49ers Plus Club, originally started the senior program in Salem over 40 years ago. They have different speakers and/or activities practically every week. New members are always welcome to show up at

the Salem Senior Center at 11 a.m. Contact 540-375-3054 for more information.

•The Salem Rotary Club meets from 12 to 1 p.m. for lunch in Salem Civic Center. Guests welcome.

EACH SATURDAY

•Salem Farmers Market from 9:30 a.m. to noon, weather permitting. Select vendors will have country sausage, cage-free eggs, grass-fed beef, cage-pasture-raised chicken, homemade rolls, pieces of artisan bread, muffins, seasonal greens and more.

•Overeaters Anonymous (OA) meeting, 11 a.m. at Christ Lutheran Church at 2011 Brandon Avenue in Roanoke.

THURSDAY, NOVEMBER 4

Following a 14-month touring hiatus due to the worldwide pandemic, touring has resumed for legendary singer, songwriter and author Bill Gaither and his multi-Grammy Award

winning Gaither Vocal Band. The First Baptist Church in Roanoke will host a spectacular evening of music, laughter and encouragement at 7:00 p.m. The Gaither Vocal Band will share timeless gospel classics, as well as refreshing, inspiring new favorites, embraced by audiences of all ages and backgrounds. Complete information, including ticket pricing, is available by visiting www.gaither.com or contacting 1-855-484-1991. Tickets are also available at the church office during normal church hours.

SATURDAY, NOVEMBER 20

The Sons of Norway is inviting all persons of Scandinavian heritage (Norway, Sweden, Denmark, Iceland, Finland) or those who have an interest in Scandinavian countries to attend the monthly meeting from 1 to 3 p.m. at College Lutheran Church, 210 South College Avenue, Salem. For information, contact Joann Barfield at 540-380-2926.

LewisGale Medical Center first hospital in SW Va. to offer new treatment option for patients with sleep apnea

LewisGale Medical Center is the first hospital in Southwest Virginia to offer a new breakthrough obstructive sleep apnea (OSA) treatment option for those who cannot use continuous positive airway pressure (CPAP) therapy.

OSA affects 22 million Americans. When left un-

treated, OSA can cause vehicle and workplace accidents, worsening mood and memory, stroke, heart attack, and even death. It occurs when the airway collapses during sleep and blocks the flow of oxygen to the brain. The brain senses a lack of oxygen and wakes the body up just long enough to take

a breath, then falls back asleep. This cycle repeats throughout the night and causes poor, disruptive sleep.

The technology, called Inspire, works inside the body with a patient's natural breathing process to treat sleep apnea. Mild stimulation opens the airway during sleep, allowing

oxygen to flow naturally. The patient uses a small handheld remote to turn the device on before bed and off when they wake up.

"Patients who have been diagnosed with obstructive sleep apnea and are intolerant of, or unable to get consistent benefit from, continuous positive airway pressure (CPAP) treatment may benefit from this novel treatment option," said Dr. Brian Gross, board certified otolaryngologist with LewisGale Physicians who now offers this treatment option to qualifying patients.

A five-year clinical trial (STAR trial) showed that patients using the device experienced significant reductions in sleep apnea events and numerous improvements in quality of life measures. As of May 2020, there have been over 100 peer-reviewed publications on the device, which show results consistent with those seen in the STAR trial.



Common signs and symptoms of sleep apnea include loud snoring, episodes in which you stop breathing during sleep, gasping for air during sleep, awakening with a dry mouth, morning headache, difficulty staying asleep, excessive daytime sleepiness, difficulty paying attention while awake, and irritability.

"If you or a family member has several of these symptoms, we recommend that you see your

primary care provider to determine if a sleep study evaluation is in order," said Gross. "This new technology provides additional treatment options for patients needing an alternative to CPAP."

To schedule an appointment for the diagnosis and treatment of sleep apnea, call 540-444-8100.

Submitted by Christopher Finley, Marketing and Public Relations Director

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New Director from page 1

to school, and everyone attended church and events like the annual Fall Festival. I have one younger brother and one younger sister. My dad is an architect who started his own practice in St. Pete, so I've always been in and around his busi-

ness," she said.

Tomasone added, "I was always very interested in International Relations and studied abroad several times in college, the first trip which was financed by winning a pageant called Junior Sungoddess, which may

have been when I first became interested in learning social etiquette. We wore fancy dresses and, of course, there were homecomings and proms and then the Sungoddess pageant in college as well as my friends' Debutante Balls, that piqued my interest in the social graces and these traditions of how society prepares young people for adulthood."

Tomasone met her husband Derek through mutual friends at a summer evening event in July 2017 atop the Penthouse, formerly the Center in the Square in downtown Roanoke.

"It was so romantic! The setting was so beautiful, and we were immediately enamored with each other. That same night he took me salsa dancing down the street at Leonore Restaurant and we danced the night away," Tomasone said before adding, "He and our two girls have been super supportive of my business endeavors, both as a relationship coach and now a Cotillion Director."

For more information, email Tomasone at leila.tomasone@nljc.com or visit nljc.com/chapter/roanokevalley.

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Protect the ones you love, get vaccinated now.

VDH VIRGINIA DEPARTMENT OF HEALTH

Incumbent from page 1

million people across the state voiced their opinion on who should serve as the next Governor, Lt. Governor and Attorney General. With 50.68 percent of the unofficial vote reported as of press time Wednesday morning, Glenn Youngkin defeated his Democrat opponent Terry McAuliffe by more than 70,000 votes. On January 15, 2022, he is expected to be in-

augurated as the 74th governor of Virginia. Youngkin, who campaigned in Salem several times this year, once with Texas Senator Ted Cruz and former Virginia Governor George Allen, spent more than two decades at the private equity firm the Carlyle Group prior to entering politics. In September 2020, he stepped down from the Carlyle

Group and announced his candidacy for the 2021 Virginia gubernatorial election four months later. By defeating Democrat Hala Ayala in the Lt. Governor race, Winsome Sears became the first woman of Jamaican origin to be elected to a statewide office in Virginia. After defeating longtime incumbent Billy Robinson Jr., Sears served

as a member of the Virginia House of Delegates from 2002 to 2004. She entered the race for U.S. Senate three years ago as a Republican write-in alternative to Corey Stewart. Thirty-four thousand more people voted Jason Miyares over Mark Herring to become the next Attorney General. Miyares, whose family fled from Cuba in 1965, also visited

Salem several times this year to make his case to voters. "I promise you this, if Republicans win in November, you will see a drastic change once we are in office," he said in November. According to Gallup, President Biden's approval currently stands at 42 percent. The consensus is that factor heavily attributed to Tuesday's results.



PHOTO BY SHAWN NOWLIN

Signs of all the candidates on the ballot were spread out over town.



An election officer answering a voter's question.



Incumbent April Staton will resume her role as City of Salem Sheriff.



More than 9,000 Salem residents voted at the Salem Civic Center on Election Day.

GE Plant from page 1

closed its Salem plant. "Many of us gave decades to GE. We've proven what we can do. Instead of turning their back on the communities and people who made them successful, GE should be looking to us to help bring them into a new era."

Currently airing across the nation on multiple stations, the commercial highlights the impact that GE's offshoring has had on domestic union manufacturing and local economies.

Throughout the ad, workers emphasize GE's opportunity to invest in local communities. The video message makes the point that, "GE has a chance to be a part of our future, by bringing jobs back, to help bring America back."

"GE workers in Salem have long been leaders when it comes to manufacturing," said Vicky Hurley, President of IUE-CWA Local 82161. "For years, our workforce has had the skills, talent, and drive to build for a more sustainable future. These jobs were

some of the best our community had. GE can make the choice to partner with us, bring these jobs back, and let union workers lead toward building a more sustainable future."

Led by IUE-CWA, the Manufacturing Division of the Communications Workers of America, the "Bring It Home, GE" campaign is the largest national coalition effort calling on the manufacturing giant to invest in the communities like Salem that built GE into a manufacturing industry powerhouse over decades.

Salem workers marked the launch of the coalition by taking direct action, donning stickers demanding "Bring it Home, GE" in a day of protest against GE's offshoring while receiving billions in public funds. The local worker action was amplified across the country, with GE and GE Lighting workers in five states holding demonstrations, including in Ohio, Massachusetts, New York, Kentucky and Kansas.

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OPINION

Give Light ~ Book: Elegant Thrillers ~

[This is a memory from the many decades the author has been privileged to write for daily and weekly newspapers circulating in Western Virginia.]

In my "Night Person" hours, I've enjoyed re-reading favorite novels I discovered as I entered my teens.

Daphne duMaurier, a British woman of French theatrical ancestry, first captured my imagination with "Rebecca," a best seller in the years just before World War II engulfed her homeland. My mother's name and 1940 appear as its first owner.

Though it was the late author's best-known work, it was far from the first or last. A clipping from a 1989 "Roanoke Times" reveals in her obituary that duMaurier produced 13 books, several made into Hollywood films.

When I re-read the book recently, I enjoyed it just as much as I had at 12 - and several times in between. If I like a book once, I often enjoy it just as much on re-reading.

I'm not a fan of mystery stories, and the books that the British woman produced

are hardly typical. They are all written against the background of her home on the western coast of England in the county known as Cornwall. To me, that imparts a charm. I regret that when late husband Charlie and I visited the United Kingdom five times between 1985 and 1999, the closest our tours took us to the West Country was the county of Devon.

Nearly all of duMaurier's novels - she also produced some non-fiction such as a memoir of her actor father, Gerald, and something of an autobiography, "Myself When Young," have an element of mystery.

This is apparent especially in "Rebecca," which is told in the first person by an unnamed shy young woman who was employed as a servile companion to a rich and domineering American woman spending time on the French resort of Monte Carlo.

There she encounters Maxim de Winter, a handsome but enigmatic widower and owner of a showplace home, Manderley, on the coast of Cornwall in England. The narrator is told by her employer that he had

Frances Stebbins Correspondent

lost his wife a year previously; she had been drowned in her sailboat off the picturesque coast.

Meeting briefly in the dining room of the Monte Carlo hotel all shared, de Winter and the young woman, inexperienced in romance, soon became loving companions. Almost before she knew what was happening, he proposed marriage. She admits in her narrative that she was swept off her feet by his attentions quickly accepted and a simple ceremony took place in France.

All this is an opening chapter to what is to come as the couple return to Maxim's ancestral home by the sea that had taken his former wife.

Re-reading this novel recently, I could again admire the genius of its author du Maurier in her delineation of the feelings of the narrator. At times

it's almost a stream of consciousness narrative as she first experiences the overpowering beauty of the gardens, galleries, rooms for special purposes in the mansion.

It's all new to her, coming from a British family of a class unused to a host of servants, and especially the threatening and unwelcoming housekeeper, Mrs. Danvers.

And over all lies the ghost of Rebecca, the first Mrs. De Winter, about whom the taciturn Maxim is reluctant to speak. To everyone, she appears the epitome of charm, skill and efficiency. The narrator, trying her best to make her elusive husband happy while feeling completely out of place in her surroundings, feels more inferior when the housekeeper and others continually remind her of the lost Rebecca's charms.

Then the boat in which Rebecca reportedly had drowned is washed up on the beach in a summer storm. The unexpected happens indeed, but a reader will experience something of a happy ending.

"Rebecca" had, some 80 years ago, been set in mid-20th Century upper class England.

People smoke heavily, drive about and use their telephones though, of course, television is not present in the fancy meeting rooms let alone all that came with the Digital Age. It did not seem dated to me.

Many of Du Maurier's later books had historical backgrounds. My favorite, copyrighted in 1946, is "The King's General." It too is a love story with a tragic ending but set in the 17th Century of the English civil war between Oliver Cromwell's Puritans and those loyal to King Charles I and his Catholic successors.

This Du Maurier book was timely; it was dedicated to the author's husband, a General in the British forces invading Normandy to bring about the end of World War II. She hoped, she wrote, that he was "a more discreet one" than Sir Richard Grenville, defender of his king and a lost cause.

The stories and the countryside captivated me as a teen, collegian and into young adulthood. They impelled me to write a Freshman English term paper about Cornwall while at Richmond Professional Institute.

Vaccines for ages 5-11

Dr. Cynthia Morrow
Roanoke City and Alleghany Health Districts Health Director
Guest Contributor

Last week the Food and Drug Administration approved a COVID-19 vaccine for children ages 5-11 years old. At the time of writing

this column, the Advisory Committee on Immunization Practices (ACIP) will meet soon to consider this recommendation. If the ACIP and the director of the Centers for Disease Control recommend this vaccine, parents may be able to get their children vaccinated later this week. Here are a few common questions that parents may have about the vaccine:

IF COVID-19 DISEASE IS LESS SEVERE IN CHILDREN, WHY SHOULD I GET MY CHILD VACCINATED?

Even though children are far less likely to become severely ill with COVID than adults, in the United States, over six million cases of COVID have been reported in children, almost 70,000 children have been hospitalized, over 5000 children have developed multi-system inflammatory syndrome, and

approximately 800 children have died from COVID-19 so far during the pandemic. Furthermore, children can spread the disease to friends and family.

IS THE COVID VACCINE FOR CHILDREN AGED 5-11 YEARS THE SAME DOSAGE AS THE COVID VACCINE FOR ADULTS?

No. Only a third of the adult dose was needed to generate the same antibody response as in adults. Younger children will be getting this smaller dose delivered via smaller needles for smaller arms. Side effects are no different than in adults. Like other eligible groups, younger children will need to receive two doses of the vaccine 21 days apart to be considered fully vaccinated.

WHERE CAN MY CHILD GO TO RECEIVE A COVID-19 VACCINE?

The rollout for children will largely be through our Roanoke City and Alleghany Health Districts' (RCAHD) Community Vaccination Center at Valley View Mall. They will provide COVID-19 vaccine to children ages 5 to 11 by appointment only to start. We hope to offer walk-in vaccinations as soon as feasible. In addition, some pediatric and family medicine practices and pharmacies will also have vaccine available for children in this age group.

Appointments will not be available for this age group until the vaccine is authorized by the CDC. Families are encouraged to first contact their child's medical provider for an appointment. Providers will also be found through vaccinate.virginia.gov or by calling 877-VAX-IN-VA. Locally individuals call our hotline with any questions: 540-613-6597.

MY CHILD IS AFRAID OF NEEDLES AND GETTING VACCINES CAN BE AN ORDEAL. IS THERE ANYTHING I CAN DO TO CALM THEM AHEAD OF GETTING THEIR SHOT?

One idea is to practice at home with pretend shots and say, "It will hurt a little bit but then it will be all better. Let's put a Band-Aid on it!" Prepare them that nurses and staff will likely wear masks and maybe face shields.

We encourage all parents to consider getting their children vaccinated as soon as they are eligible to be vaccinated. Over the past nine months, we have seen that COVID-19 vaccines are safe and effective. By vaccinating our children, we are protecting their health and the health of our community. As the holidays approach, what a wonderful gift we have to be thankful for!

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LETTER TO THE EDITOR

Dear Editor,

Across the U.S., environmental agencies of various states are opposing destructive, pipelines projects. The pro-fossil fuels-rigged system wrongly supported an onslaught of massive, fracked gas pipelines (starting around 2015) to transport Marcellas and Utica fracked gas from WV and Ohio to Eastern coasts for LNG export in a false claim of "energy independence." "Export" defies that mandate. These unjust, fast-tracked, super-sized pipeline projects followed the ruinous 2005 U.S. Supreme Court decision: Kelo vs. New London, which allowed taking of homes and other property for private profit businesses. Until 2015, U.S. gas export was forbidden.

Here in Virginia, our Virginia Department of Environmental Quality (VADEQ) greased the skids to allow Mountain Valley Pipeline (MVP) to use "tolling orders" -- the right to take property from citizens and cut millions of trees preceding any compensation or resolving legal challenges. Virginia bulldozed this project through, despite the warnings of a Delegation-of-Six science experts who met with Governor Northam on May 16, 2018. For shame, Gov. Northam's office never publicly responded to the important briefing (max 5-minutes each) that scientists and ex-

perts gave him--each delegate warning: "You cannot safely construct a supersized 42-inch pipeline over these steepest, unforgiving Appalachian slopes crossing more streams than any pipeline ever.

MVP planned to ship fracked gas across Virginia to the coast for LNG export--a harebrained project from its start. Its promoters foolishly believed that they could fast-track MVP over some of the steepest, most unstable East Coast terrain accelerating dangerous global warming from climate-disrupting methane from com pressurized pipeline methane leaks. Methane accelerates Earth's warming faster than ever imagined. We see these results every day in extreme, unpredictable weather events which are costing Salem plenty. But irrationally exuberant MVP backers now tack on a "Southgate Extension" down into North Carolina or risk MVP being a "Pipeline to Nowhere."

Wiser and less corrupt North Carolina twice rejected MVP's Southgate extension-- twice legally upheld. (Michael Regan, former North Carolina DEQ chief, now responsibly heads the U.S. Environmental Protection Agency. Other proposed New York and Pennsylvania-to-New Jersey super-sized Constitution and PennEast pipelines recently collapsed even though SCOTUS backed PennEast-- crossing border

public lands in NJ which then rejected permitting. As councilman Saunders wisely told me: "The way to stop a bad project is in its permitting."

Roanoke Gas has contracted for a measly one tract of the two billion cubic feet per day output. MVP crosses near Roanoke Valley due to Franklin County's Summit View Business Park excuse for "need" where MVP is tearing up 37 miles of beautiful land inflicting massive pain and suffering to its residents and property values who consequently unseated six pro-pipeline elected leaders. Citizens expect leaders to foresee, prevent and attack threats that harm their quality of life.

In 2017, Salem Council unanimously approved Resolution 1324, calling for care in construction of MVP. Now, MVP - bragging and claiming 92 percent completion, didn't follow any of Salem Council's 2017 Resolution which was just resubmitted this week as Resolution 1413. Concerned citizens speakers before Council had requested that Salem endorse the EPA letter recommending non permitting under the Clean Water Act (CWA). Craig Co. BOS and other governments did this.

Now, near completion and tackling the most challenging crossings and terrain, MVP in no way followed any of Salem's con-

CROSSWORD PUZZLE

1	2	3	4	5	6	7	8	9	10	11	12	13
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64				65						66		
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CLUES ACROSS
1. Nuclear undersea weapon
5. President of Syria al-
10. Partner to flows
14. "Snow" in Welsh
15. Famed Mexican painter
16. Song
17. ticks outward from the crown
18. Doddering
19. Resist authority (slang)
20. Antsy
22. Wrath
23. Spills the beans
24. Past
27. The woman
30. One has 24 hours
31. Talk
32. It can sting
35. Astronomy unit
37. Halfway
38. Chinese dynasty
39. Australian river
40. Software to transfer audio (abbr.)

CLUES DOWN
1. One point east of southeast
2. Italian monetary unit
3. Warship prison
4. Tropical American tree
5. Alias
6. Normal or sound powers of mind
7. English county
8. Not compatible with
9. Female deer
10. Not late
11. La ___ Tar Pits, Hollywood
12. "Jupiter's Legacy" actress Leslie
13. Impudence
21. Advises
23. Founder of Babism
25. A baglike structure in a plant or animal
26. Male parent
27. A type of plug
28. Capital of Vietnam
29. Fungal disease
32. Shelter
33. Finished
34. Excrete
36. Unhappy
37. Partner to cheese
38. Coffee receptacle
40. Spend time dully
41. Makes full
43. Snake-like fish
44. Take in solid food
46. ___ student, learns healing
47. A way to take away
49. Impart a lesson to
50. "Transformers" actress Fox
51. Spiritual leader
52. Every one of two or more things
53. Indian city
54. 17th stars
57. Weapon
58. Amounts of time
59. Isodor ___, American Nobel physicist
61. Soviet Socialist Republic
62. Witness

Halloween

from page 1



PHOTOS BY SHAWN NOWLIN
Left to right, Jeff Frayser, Haley Sinner, Andrew Sinner, Jenny Frayser, Ryder Sinner and Knox Sinner.



Wesley Blankenship, Mandy Blankenship, Hannah Blankenship and Kali Blankenship, from left to right.



Thomas Huskey and his girlfriend, Ellie Lafery.

Small Steps Learning Academy hosts Trunk or Treat



PHOTOS BY TONI SMITH



Toddlers to tweens that attend the academy received buckets of candy from their parents trunks.



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VDOT Virginia Department of Transportation

Route 760 (Diuguidds Lane) Bridge Replacement Roanoke County

"Pardon our Dust"
Public Information Meeting
Tuesday, November 16, 2021, 5 - 7 p.m.
Fort Lewis Elementary School
3115 West Main Street
Salem, VA 24153

The Virginia Department of Transportation will hold a "Pardon Our Dust" public information meeting to discuss an upcoming project to replace the Route 760 (Diuguidds Lane) bridge over the Roanoke River in Roanoke County. The meeting will be held in an "open house" format with no formal presentation given. Citizens can attend at their convenience to speak with VDOT staff about the project.

The bridge is located at the Salem city limits near Route 760's intersection with Route 639 (West Riverside Drive). Work is expected to begin in fall 2021 and be completed in late spring 2022. During construction, traffic will be detoured for 45 days starting in late January or early February 2022.

VDOT ensures nondiscrimination and equal employment in all programs and activities in accordance with Title VI and Title VII of the Civil Rights Act of 1964. If you need special assistance for persons with disabilities or limited English proficiency, contact VDOT at 540-387-5552. 1-800-367-7623, TTY/TDD 711.

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ANGLICAN

ST. THOMAS ANGLICAN CHURCH - located at 4910 Hubert Rd, NW Roanoke, Va. Traditional Liturgical Lenten Services, Sunday at 10:30 am. Call (540) 589-1299 or visit www.sttofc.org for midweek masses and events. (In Roanoke, go E on Hershberger, L on Hubert to 4910).

BAPTIST (INDEPENDENT)

CALVARY BAPTIST CHURCH-7th and Florida Streets, Salem VA. Pastor: Roger D. Counts, 540-389-3818. Sunday School 10:00 a.m., Morning Worship 11:00 a.m., Sunday Evening Service 6:30 p.m., Wednesday Night Prayer Service, 6:30 p.m.

LAKESIDE BAPTIST CHURCH - 447 Dalewood Avenue, Salem, 986-0062, Pastor Carl Goodman. Coffee Bar 9:00 a.m., Sunday School 9:30 a.m., Sunday Worship 10:30 a.m., Children & Student Ministry 5:30-7:30 p.m.; Thursday 7:00 pm Young Single Adults, Wednesday Morning Prayer Service 10:00, Lifegroups meeting throughout the week. www.lbcva.com.

SOUTHSIDE BAPTIST CHURCH, 2721 120'Clock Knob Rd., Salem, Pastor: Tim York; Sundayschool, 9:45AM, Sunday morning worship, 11:00AM, Sunday evening, 6:00PM, Wednesday evening, 7:00PM.

TEMPLE BAPTIST CHURCH - 4339 Daugherty Road, Salem, Greg Irby, Pastor, Church: 380-3567; Home: 389-7240, Sunday School 10:00 AM, Worship Services 11:00AM & 6:00PM, Mid-week Prayer Meeting Wednesday 7:00PM, www.templebaptch.com.

BAPTIST (SOUTHERN)

BETHEL BAPTIST-1601 S. Colorado St., Salem, Pastor Hilton Jeffreys, 389-2376, Sunday: - 9:30 Sunday School; 10:30am Morning Worship; 6:00 Evening Worship; Wednesday 6:15 Preschool & Children Awana and Youth and Adult Bible Study. www.bethelbaptistva.com

MOUNTAIN PASS BAPTIST CHURCH - 311 Catawba Valley Dr., (Ro. Co.) Salem, VA 24153. Rev. Jack Richards, Jr., Pastor, Study 384-6720, Home 427-1508. Sundays: Sunday School 9:45 a.m.; Morning Worship 11:00 a.m., Evening 6:00 p.m. Wed: 7:00 p.m. Prayer Meeting and Bible Study.

RIDGEWOOD BAPTIST-703 Hemlock Road N.W. Roanoke, 342-6492. Roy E. Kanode, Pastor. Sunday School 9:45 a.m., Morning Worship 11 a.m., Awanas 5:15 p.m., Adult Bible Study and Youth Fellowship 6:00 p.m.; Wednesday Prayer Service 6:30 p.m.; Fellowship Meal 5:45 p.m.; Praise Kidz 6:00 p.m.; Family Night Activities 6:30 p.m. website: www.ridgewood-baptist.com.

FELLOWSHIP COMMUNITY CHURCH - Kevin Wilson, Pastor, 387-3200. Salem Campus: 1226 Red Lane Extension, Salem, Worship Times: 9:15AM & 11:00AM. North Campus: 7210 Williamson Road, Roanoke, Worship Times: 9:15AM & 11:00AM. Southwest Campus: 3585 Buck Mountain Road, Roanoke, Worship Times: 9:15AM & 11:00AM. www.fcclife.org.

BRETHREN

GREEN HILL CHURCH OF THE BRETHREN, 2699 Harborwood Rd (Ro. Co.) Salem, (540) 389-5109, Email: greenhillcob@verizon.net, find us on Facebook. Continuing the work of Jesus, Peacefully, Simply, Together. God's Work Our Hands

CHURCHES OF CHRIST/CHRISTIAN CHURCHES

SALEM CHURCH OF CHRIST - 401 West Main Street. 540-389-2400. Minister Taylor Plott; Youth Minister Nathan Beard; 10:00am Sunday Bible Study; 11:00am

Salem

WORSHIP DIRECTORY

CONSEQUENCES

Read 2 Kings 14:26-29;
Amos 1:1 through 2:16

Perhaps we learned it in the principal's office after committing a misdeed or when a traffic court judge determined the fine for our traffic infraction. But at some point, we all learned that our actions have consequences.

God judged Israel's neighbors for atrocities they committed. When His attention turned to His chosen people, their "crimes" centered on how they had treated the living God as well as their fellow countrymen. Judah and Israel were living in moral deterioration. Because they have rejected the law of the Lord and have not kept his decrees, because they have been led astray by false gods, the gods their ancestors followed, I will send fire on Judah that will consume the fortresses of Jerusalem (Amos 2:4,5).

Our attitude toward God and His Word has consequences. If we follow the instructions He has so plainly laid out for us, He promises blessing. The reverse is also true. If we persist in ignoring what He wants us to do, we will have to live with the consequences which may not be very pleasant. God leaves the choice to us.

Challenge for Today: Keep what God says in His Word front and center in your life.

Quicklook: Amos 2:4-16

Sunday Worship Service; Wednesday Life Groups: 5:30 -7:00pm. For more info contact the Church Office.

WESTSIDE CHURCH OF CHRIST - 1705 Starview Drive, Salem. Minister Neil Richey, 389-9139, Sunday Bible Study: 9:30 AM, Morning Worship: 10:30 AM, Evening Worship: 6:00 PM, Wednesday Bible Study, 7:00 PM.

CHURCH OF GOD/ANDERSON

COVENANT COMMUNITY CHURCH-955 Bird Lane, Salem, Va 24153, 389-5639. Pastor: Scott Hudson. Sunday School 10:00AM, Worship 11:00AM; Bible Study 6:00PM.

CHURCH OF GOD/CLEVELAND

SALEM CHURCH OF GOD - 600 Craig Avenue, Todd Stiffler, Pastor, 387-2068, Sunday School 9:30am: Worship and Kids Church 10:30 am, Wednesday Bible Study and Classes at 7:00 pm. www.salemcof.god

DISCIPLES OF CHRIST

FIRST CHRISTIAN CHURCH, 712 Front Ave. Salem, Pastor Dan Netting (540) 389-6831. www.firstchristiansalemva.com. Adult and Children Sunday School - 9:45 am, Worship - 10:45 am. Nursery Provided for both. Everyone welcome

FORT LEWIS CHRISTIAN CHURCH - 2931 West Main Street, Salem, Interim Pastor, Rev. Dr. John Dunstan, 380-4636. Website: www.flccsalem.org. Sunday worship inside sanctuary and on zoom, 10:30 AM, mask wearing and social distance.

ECKANKAR

ECKANKAR, THE PATH OF SPIRITUAL FREEDOM, is located at 1420 3rd St. SW, Roanoke, VA 24016. However, due to COVID-19, the Light & Sound Services and other ECK programs are currently available online through Zoom. Visit www.eck-va.org for program listings, www.meetup.com/Roanoke-Spiritual-Experiences-Group, or call 540-353-5365 and leave a message. We will return your call. Also visit www.eckankar.org for more information about how the teachings of Eckankar lead you to spiritual freedom.

EPISCOPAL

ST. PAUL'S EPISCOPAL CHURCH - 42 East Main Street, Salem, 389-9307. The Rev. Dr. David Compton. Sundays at 7:30am and 10am. Holy Communion in church and live-streamed on YouTube @ StPaulSalemVa.

EVANGELICAL LUTHERAN

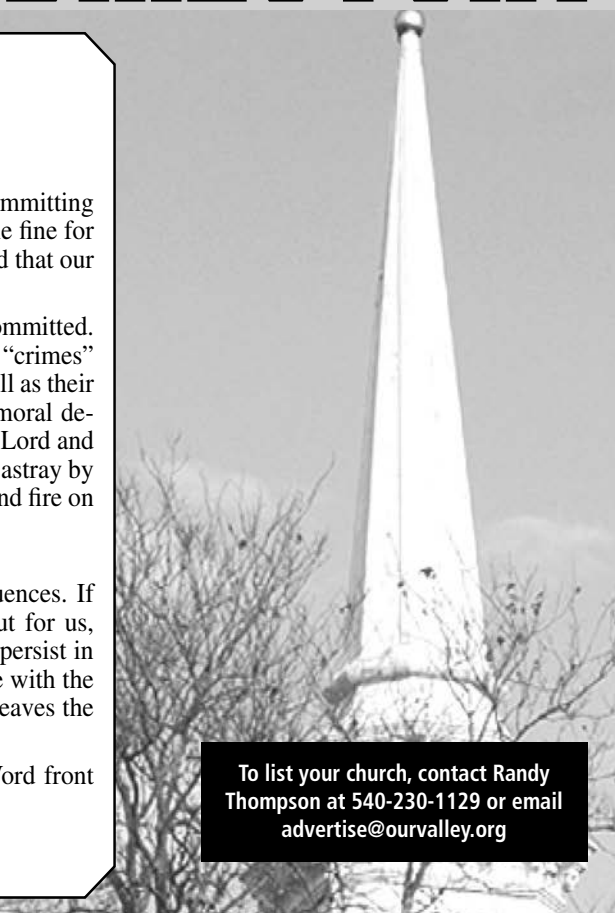
COLLEGE EVANGELICAL LUTHERAN CHURCH - 210 S. College Avenue, Salem VA 24153. Please visit our website www.collegelutheran.org for information on services.

FOURSQUARE

the BRIDGE SALEM CHURCH - 4335 West Main Street, Salem. 540-404-1414 | bridge.salem@icloud.com • www.salemva.church Saturday service, 6pm (Nursery & Kids Church available). Mail: PO Box 1954, Salem. Twitter/ Instagram: @thebridgesalem Joey Lyons, Senior Pastor | joey@salemva.church | 540-831-9864

INDEPENDENT

RESTORATION CHURCH - a Community on Mission Following Jesus into the World



To list your church, contact Randy Thompson at 540-230-1129 or email advertise@ourvalley.org

- 10:10am Sundays at the Salem YMCA - 1126 Kime Lane, Salem - 540-384-1601 - www.restorationsalem.org. Watch Live at: YouTube: Restoration Church-Salem, VA. Facebook: RestorationChurchSalem

NATIONAL BAPTIST CONVENTION, U.S.A., INC.

FIRST BAPTIST CHURCH-226 South Broad Street, Salem. Rev. Melton Johnson, 389-9648. Sunday School 9:30 AM, Sunday Morning Worship Service 11:00 AM, Wednesday Bible Study and Prayer Meeting 7:00 PM.

SHILOH BAPTIST- 201 South Market Street, Salem, Rev. Adrian E. Dowell, H) (389-0409). Sunday School at 8:30 a.m. (All classes) each Sunday online via zoom and church conference call line. Wednesday Adult Bible Study at 7:00 p.m. via zoom and church conference call line. Children's Bible Study at 7:00 p.m. via zoom. Teen Talk Bible Study at 7:30 p.m. via zoom. Saturday Men's Bible Study at 7:00 a.m. via zoom. Saturday Intercessory Prayer Service at 8:00 a.m. via church conference call line. Sunday Women's Bible Study Class at 8:30 p.m. via zoom. In-person Worship on Sunday at 11:00 a.m. or worship with us on line via Facebook or on the church conference call line. In person worship requires CDC guidelines for mask wearing and social distancing. Ushers are available to assist with seating.

PENTECOSTAL HOLINESS

CHRISTIAN LIFE INT'L - 1 CLI Way, Salem, Ryan Linkous, Pastor, 343-3801, Sunday Worship Service 10:15 AM, (Children's Church and Nursery) Wed, MidWeek Service (Adult, Awaken Youth, M'pact Girls & Royal Rangers) 7 PM. Nursery Provided. Email: office@clichurch.org. Find us on facebook.

PRESBYTERIAN CHURCH (USA)

SALEM PRESBYTERIAN CHURCH- 41 East Main Street, Salem, VA . 389-3881. Associate Pastor Rev. Janet Chisom, Interim Pastor: Rev. Tupper Garden. In-Person Sunday School and worship has resumed at 9:30 AM and 11:00 AM on Sundays or worship with us online live at www.salempres.org, or Facebook, or YouTube. During in-person attendance for Sunday School and worship we strongly encourage wearing a mask while inside the church due to COVID concerns.

ROMAN CATHOLIC

OUR LADY OF PERPETUAL HELP -314 Turner Road, Salem. 387-0491, Rev. Danny Cogut, Saturday Mass - 5:00 p.m., Sunday Mass 10:30am, Daily Mass: Mon 12noon, Wed 6:30pm, Thur 12noon & Fri 12noon; Mass on Sunday at 1:00 pm in Spanish; Confessions Wednesday 5:30-6, Saturday 3:30 p.m. - 4:30 p.m. and by appointment.

UNITED METHODIST

FIRST UNITED METHODIST CHURCH - 125 W. Main St, Salem, VA. 540-389-5459. Pastor Alan Combs, Traditional Worship - 8:45am, Sunday School - 9:45am, Genesis Contemporary Worship 10am; Traditional Worship - 11:00am. www.fumcsalemva.org.
LOCUST GROVE UNITED METHODIST CHURCH- 3415 Locust Grove Lane, Salem, 380-4303, Pastor Logan Hollenbeck. Drive-In service each Sunday Traditional Worship 9:30 a.m.

The Department of Conservation and Recreation announces Land Conservation Grants to protect 8,000 Acres

The Department of Conservation and Recreation recently announced \$7.5 million in Virginia Land Conservation Foundation (VLCF) grants, which will fund 30 conservation projects and protect 8,000 acres of land across the commonwealth.

Private land trusts, local governments and state agencies will use the VLCF grants to acquire and protect significant lands in the following categories: farmland, forestry, historic resources, natural areas, and parks and open space. The grant selection process incorporates ConserveVirginia, the commonwealth's innovative land conservation strategy that is based on "smart map" technology.

"The Virginia Land Conservation Foundation grants program helps protect our most important natural resources and provide more access to the great outdoors for everyone to enjoy," said Governor Northam. "Through ConserveVirginia, we're making sure we prioritize protecting lands that bring the most benefit, addressing historic inequalities, and widening our public land program into new areas. Each one of these

grants is an opportunity to protect public space in our local communities."

"From working farms to forests, historic cultural treasures, natural area preserves and other open spaces, the latest round of Virginia Land Conservation Foundation grants will protect a wide variety of lands throughout the Commonwealth," said Secretary of Natural and Historic Resources Ann Jennings, who serves as chair of the 19-member VLCF board that votes on the grants. "These funded projects meet high standards to help provide clean water to the citizens of the Commonwealth and to restore the Chesapeake Bay."

An interagency workgroup reviewed and scored grant applications and made recommendations for funding to the board, which approved the awards on Oct. 27. The Department of Conservation and Recreation provides administrative support to the VLCF through the state Office of Land Conservation.

"These awarded projects demonstrate significant progress toward achieving the Commonwealth's land conservation goals," said Depart-



SUBMITTED PHOTO

A total of \$3.4 million in grants was approved Feb. 5 and another \$4.8 million was approved on June 10.

ment of Conservation and Recreation Director Clyde E. Cristman. "As the statewide clearinghouse for land conservation, the Department of Conservation and Recreation and our partner agencies

work to ensure the competitive grant process provides the greatest positive impact across the Commonwealth."

This was the third round of awards approved by the VLCF board in 2021. A total

of \$3.4 million in grants was approved Feb. 5 and another \$4.8 million was approved on June 10.

Submitted by Dave Neudeck, Communications and Marketing Director

Sarah Chocklett appointed Administrator of the Joseph C.

Richfield Living, a local leader in senior living and rehabilitation, recently announced the selection of Sarah Chocklett as Administrator of The Joseph C. Thomas Center.

Chocklett, came arrived at the company with four years of healthcare leadership experience. Chocklett is a Licensed Nursing Home Administrator, and holds a Bachelor's Degree in Healthcare Management from Jefferson College of Health Sciences (now Radford University Carilion). She joined the team in May 2021.

"We are honored and excited to have Sarah join the Richfield family as the administrator of Joseph C. Thomas. She is a smart, energetic and dedicated leader with a true passion for senior living and memory care," said Esteban Duran-Ballen, Chief Operating Officer. "Her diverse experience in long term care make her a great addition to the growing Richfield team and we are thrilled to have her on board."

"I am thrilled and blessed to lead the Joseph C. Thomas Center. Being a part of the Richfield Living

community is a privilege and caring for this demographic of people is my true calling" said Chocklett. "I am up to the challenge of learning and further implementing the household model while continuing excellence at the Joseph C. Thomas Center. This team is full of hard working, caring, and compassionate people that I look forward to learning from as we grow together."

Submitted by Lisa Clause, Senior Director of Marketing and Philanthropy



Sarah Chocklett

SUBMITTED PHOTO

Letter

from page 4

struction guidelines in Resolution 1324, resulting in MVP's destructive 300-violation record enumerated in A.G. Herring's Consent Decree agreed to by MVP which paid over \$200 million fines - petty change for cost-of-doing-business for this well-funded project. These were civil penalties for criminal violations to our SWVA so-called "protected waters." Several MVP partners like Next-Era have already written down billions in losses.

Additionally, MVP now threatens Salem's precious upland Tier 3 regions' waters, trout streams, aquifers and wetlands right in the very source of Salem's headwaters of pristine Bottom Creek area. Salem's Bent Mountain neighbors did their homework by preemptively establishing a VA Outdoors conservation easement and a historic district to protect the family's outstanding heritage dating back to King George, who have for centuries been re-

sponsible stewards of downstream Salem's water source. We should thank them by standing with them and do what we can to protect our suffering neighbors. Their valid actions were betrayed by VA Outdoors, DEQ, MVP and all other involved state and federal industry-captured agencies funded on VA taxpayers' dime. Shame.

MVP now pursues construction in the CWA's most protected upland headwaters, showing utter disregard for our national CWA—the permit under which MVP, as their last and only permitting permit option), is now requesting a Hail-Mary permit (for salvaging the legal permitting of their abusive project—almost certain to lose some of various legal challenges yet to be decided in Federal court.

MVP gets nastier by the day—seeking injunctions to stifle concerned citizen criticism of their ruinous project along with MVP's

proven history of abusiveness and carelessness. Twelve VA house Delegates and four VA Senators have petitioned the State Water Control Board to deny MVP's CWA permit request. MVP ironically seeks permitting under our CWA (beloved legislation of the American people because it cleaned up polluted and sewage-infested rivers across America) proposing to be permitted under that very act to systematically pollute and degrade every stream it crosses—violating the letter and the spirit of that precious CWA law.

Those in our regions' MVP ruinous route are now subjects to a reckless experiment without our informed consent. Governor McAuliffe never ran on building super-sized pipelines across Virginia. The deadline for endorsing the EPA recommendation to the Army Corps CWA stream-crossing permit ended October 27.

After citizens fended off

completion of MVP under four years of a non-protective U.S. administration and EPA, it is now time for our elected leaders to take up the relay, effectively act to reinforce their resolution to protect Roanoke Rivers' cleanliness and Salem's investments, economic development and quality-of-life freedom to recreate and discover nature in a clean

floodplain with our children. Protect our residents, colleges, churches, hospitals and families against higher gas rates for the unneeded MVP boondoggle project where we RGC captive rate-payers are now burdened supplying RGC their guaranteed 15 percent profit for their risky one percent investment in MVP where Salem is already burdened

paying our regions' highest gas rates.

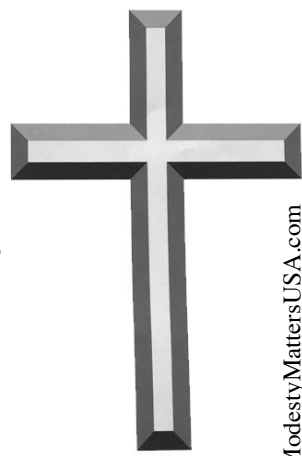
It behooves Salem Councilmembers, in whom Salem citizens put their trust to take effective action to protect Salem's outstanding quality-of life from present and future short and long-term unnecessary MVP harms.

Cynthia Munley

International Days of Prayer for the Persecuted Church - First two Sundays in November

"If we have faith worth living for, it is a faith worth dying for. Don't YOU compromise the faith that we are living and dying for."

ARCHBISHOP BENJAMIN KWASHI - NIGERIA



ModestyMattersUSA.com

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CROSSWORD ANSWERS												
S	L	B	M	A	S	S	A	D	E	B	B	S
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SCC encourages Virginians to prepare for shopping for health insurance during open enrollment

Virginia consumers will soon have an opportunity to shop for health care coverage for the 2022 plan year through HealthCare.gov. Virginians can shop for insurance on the website during open enrollment, which runs November 1, 2021, through January 15, 2022. Special enrollment periods are also available for people who experience certain qualifying life events.

Visit healthcare.gov/glossary/special-enrollment-period/ to learn more.

"For 2022 and 2023, Virginia consumers will continue to shop for health care coverage on HealthCare.gov, the federal health insurance platform," said Victoria Savoy, director of the Virginia Health Benefit Exchange (Virginia Exchange). In the meantime, the Virginia Exchange continues its transition toward becoming operational as a state-based exchange after plan year 2023.

Whether changing health insurance plans or purchasing a new plan, the SCC encourages Virginians to review their coverage needs and thoroughly explore all their options. Consumers should understand their health coverage options — whether choosing a plan on the federal health insurance platform during open enrollment or

another option elsewhere.

"Not all health plans are created alike, and some are not insurance," said Virginia Insurance Commissioner Scott A. White. He encourages Virginians to fully understand the coverage, costs and protections before signing up for any health plan. "Understand enrollment periods, what plans must cover to comply with the Affordable Care Act (ACA) and where to turn for legitimate information. If you have questions, the Bureau of Insurance (Bureau) can help."

Consumer protection laws govern some types of health coverage such as plans purchased through an employer or through the health insurance marketplace.

Other types of plans, like health care sharing ministries and discount plans are not insurance and do not offer the same protections as ACA-compliant plans.

Short-term, limited-duration health insurance plans are not available through the health insurance marketplace, but they are regulated health insurance plans. Short-term plans often cover less than ACA-compliant marketplace plans, may deny eligibility for coverage or exclude services because of pre-existing

conditions; they also may apply dollar limits on the amount paid in coverage benefits.

Whether shopping for health insurance on or off the exchange, the Bureau and the Virginia Exchange encourage careful consideration of the health care services you and your family will need prior to signing up for any plan. Questions that you should consider include:

Does the plan cover the services my family needs or are there limits to the benefits available under the plan?

Are doctors and medications my family needs covered by the plan?

What are the monthly premiums and other costs of using health services such as co-pays, co-insurance and deductibles?

During open enrollment, consumers should keep the following in mind:

In Virginia, HealthCare.gov is the official website to enroll in ACA plans. (Español: ciudadodesalud.gov/es/).

Although you don't have to use HealthCare.gov to enroll in an ACA plan, you must enroll through HealthCare.gov to receive financial assistance.

The open enrollment period for buying a 2022 ACA plan (whether through HealthCare.gov or outside HealthCare.gov)



PHOTO BY MARKUS FRIEAUFF

begins November 1, 2021, and ends January 15, 2022.

Look for a disclosure indicating whether the health plan complies with the ACA.

Do not provide personal information or send money in response to unsolicited calls or emails purporting to offer health care plans or assistance.

Members of the health insurance marketplace will not call to sell you health insurance. Be wary of telemarketers cold calling you from the "marketplace," "national enrollment center," "national healthcare center" or other official-sounding name to sell you health insurance, especially outside the open enroll-

ment period.

To verify that an insurance agent, agency or company is licensed in Virginia, visit the Bureau's website at scc.virginia.gov/boi/ConsumerInquiry/default.aspx.

For free help understanding your options, find an application assistant or a healthcare navigator at coverva.org/en/find-help-in-your-area (Español: coverva.org/es/find-help-in-your-area).

For more information, contact the Bureau toll-free at 1-877-310-6560 or visit its website at scc.virginia.gov/pages/Insurance.

Submitted by Katha Treanor

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Gleaners pick farm-fresh produce for Virginians in need

Farmers are helping food banks offer clients fresh, regionally grown food by allowing groups to glean after they harvest.

At Parker Farms, 30 volunteers from Elizabeth Ann Seton Roman Catholic Church recently gleaned dozens of bushels of sweet corn after the biggest ears had been harvested by Parker Farms employees. They combed the fields for smaller, but equally nutritious, ears left behind by the harvesting equipment.

The church's pastor, Father Brian Bashista, said the charitable hands-on experience goes beyond writing a check. "We've had it on our heart to farm-glean for a couple years and finally connected with the wonderful folks here," he said. "There are very generous farmowners who allow this to happen."

With such abundance in this country, Bashista said, it's amazing how much goes to waste.

It's a simple concept - there is enough fresh produce for food-insecure

Virginia families. But complex logistical challenges can prevent perishable items from getting from farms to plates.

Food banks historically have stocked products that are shelf-stable. Yet more than 1 million Virginians who are most likely to experience food insecurity are at higher risk of diet-related illnesses such as diabetes and heart disease, according to the Federation of Virginia Food Banks.

"Increasingly, we're seeing the connection between health outcomes and diet," said Katie Mandes, director of marketing and strategic initiatives for the federation, an organization serving food banks statewide. "We are pushing hard to create a more nutritious diet for those who visit food banks. However, the turnaround time has to fall into place with fresh food that requires refrigeration, so there are a lot of logistical components."

The federation's seven food banks work with

1,500 partner agencies like community and church pantries that pick up the food for local distribution. Behind the scenes, food-sourcing specialists, growers and gleaners coordinate with a flurry of phone calls and countless volunteer hours to make it happen.

Mandes said the food bank world previously relied on grocery store donations of excess fresh product, but pandemic-related supply chain problems cut into that source. "One of the lessons we learned because of the pandemic—if you can have fresh food that is local there is less opportunity for that supply to be interrupted."

Ramping up efforts to work with the farming community to source fresh food has become a priority for the federation. Its leaders work with legislators to develop policy tools that help farmers offset the costs of gleaned produce, like the Virginia Ag Food Assistance Program bill signed by Gov. Ralph Northam in June. The

legislation works in tandem with Virginia's food crop donation tax credit by making funds available to farmers for harvesting, processing, packaging and transporting surplus product.

"Farmers are often willing to donate their excess product, but it's not free," Mandes explained. "We'd

love to see the farming community plant extra crops in advance, where a percentage goes to food banks."

Healthy Harvest Food Bank's agricultural gleaning program reaches up to 60,000 individuals annually through an extended distribution partnership with Feed More, Virginia

Peninsula Food Bank, Blue Ridge Area Food Bank and Food Bank of Southeastern Virginia and the Eastern Shore. Each year, the organization saves 450,000 to 650,000 pounds of fresh produce from being plowed under.

Submitted by Katie Mandes



PHOTO BY ALEXANDR PODVALNY

Virginia achieves top 10 performance in the country for COVID-19 vaccinations

- Twelfth largest state outpaces other states to reach top ten -

Governor Ralph Northam recently announced that Virginia now ranks 10th among all states for the percentage of its population fully vaccinated against COVID-19, and for the total number of shots administered. More than 82 percent of individuals 18 years and older have received at least one dose and 74 percent of adults are fully vaccinated. Nearly 6 million people have received vaccinations and nearly 12 million shots have been administered among the 8.5 million people who live in Virginia.

"We've reached the top ten because so many Virginians have worked so hard for so long," said Governor Northam. "It's something we can all be proud of. Vaccines will soon be available for children, and thousands of adults are getting boosters. This is all

great news."

The three available vaccines have proven to be enormously effective in reducing cases, hospitalizations, and deaths. Cases have declined to 1,500 per day as of October 26—a drop of 40 percent over the last two weeks and significantly lower than January's peak of over 6,000 daily cases. Hospitalizations have fallen 42 percent over the last four weeks and are nearly two-thirds lower than pre-vaccine levels. Additional data on COVID-19 and vaccination efforts in Virginia can be found on VDH's data dashboards.

Virginia is delivering strong progress in vaccinating eligible children, with more than two-thirds having been vaccinated. Health officials anticipate that the federal government will give final approval to vaccinations for 5- to 11-year-olds in

the coming days. Virginia is home to more than 700,000 children ages 5 to 11.

Federal health officials have also recently approved booster doses for all three available COVID-19 vaccines, and more than 403,000 Virginians have received a booster so far.

Virginians who have not been vaccinated yet are encouraged to go to vaccinate.virginia.gov or call 877-VAX-IN-VA (877-829-4682, TTY users call 7-1-1) to find a nearby vaccination clinic. For answers to frequently asked questions or to learn more about vaccination for COVID-19 in Virginia, visit vdh.virginia.gov/covid-19-vaccine.

Submitted by Alena Yarmosky, Office of the Governor



SUBMITTED PHOTO

Millions of Virginians, including thousands of Roanoke Valley residents, have been fully vaccinated.

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Struggling to pay rent due to the pandemic?

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Virginia is offering relief for renters who are having trouble paying rent and related fees. A local nonprofit will help renters one-on-one apply for the Virginia Rent Relief Program to receive the help they need. If you or someone you know is in need of rent assistance call:

877-315-1200

For eligibility, visit: HOMEofVA.org/RRPinfo

Housing Opportunities Made Equal conducts the outreach and engagement initiative for the Virginia Rent Relief Program to provide one-on-one application assistance.

The Virginia Rent Relief Program is administered through the Virginia Department of Housing and Community Development.

Residents in Fairfax and Chesterfield counties should reach out to their counties' programs.

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Legals - Botetourt County

ORDER OF PUBLICATION

Commonwealth of Virginia VA. CODE § 8.01-316
Case No. JJ014314-06-00
Botetourt JDR District Court Juvenile and Domestic Relations District Court Commonwealth of Virginia, *in re* Fowler, Eli Commonwealth /v. Unknown Father
The object of this suit is to: To terminate residual parental rights to Eli Fowler. It is ORDERED that Unknown Father appear at the above-named Court and protect his or her interests on or before 12/07/2021 01:00PM.

10/18/2021
Jessica Hall
Deputy Clerk

ORDER OF PUBLICATION

Commonwealth of Virginia VA. CODE § 8.01-316
Case No. JJ014314-04-00
Botetourt JDR District Court Juvenile and Domestic Relations District Court Commonwealth of Virginia, *in re* Fowler, Eli Commonwealth /v. Fowler, Jerry
The object of this suit is to: To terminate residual parental rights to Eli Fowler. It is ORDERED that Fowler, Jerry appear at the above-named Court and protect his or her interests on or before 12/07/2021 01:00PM.

10/18/2021
Jessica Hall
Deputy Clerk

ORDER OF PUBLICATION

Commonwealth of Virginia VA. CODE § 8.01-316
Case No. JJ014314-05-00
Botetourt JDR District Court Juvenile and Domestic Relations District Court Commonwealth of Virginia, *in re* Fowler, Eli Commonwealth /v. Linkenhoker, Olivia Sink
The object of this suit is to: To terminate residual parental rights to Eli Fowler. It is ORDERED that Linkenhoker, Olivia appear at the above-named Court and protect his or her interests on or before 12/07/2021 01:00PM.

10/18/2021
Jessica Hall
Deputy Clerk

ORDER OF PUBLICATION

Commonwealth of Virginia VA. CODE § 8.01-316
Case No. JJ014315-06-00
Botetourt JDR District Court Juvenile and Domestic Relations District Court Commonwealth of Virginia, *in re* Fowler, Nicholi Commonwealth /v. Unknown Father
The object of this suit is to: To terminate residual parental rights to Nicholi Fowler. It is ORDERED that Unknown Father appear at the above-named Court and protect his or her interests on or before 12/07/2021 01:00PM.

10/18/2021
Jessica Hall
Deputy Clerk

Legals - Botetourt County

ORDER OF PUBLICATION

Commonwealth of Virginia VA. CODE § 8.01-316
Case No. JJ014315-05-00
Botetourt JDR District Court Juvenile and Domestic Relations District Court Commonwealth of Virginia, *in re* Fowler, Nicholi Commonwealth /v. Fowler, Jerry
The object of this suit is to: To terminate residual parental rights to Nicholi Fowler. It is ORDERED that Fowler, Jerry appear at the above-named Court and protect his or her interests on or before 12/07/2021 01:00PM.

10/18/2021
Jessica Hall
Deputy Clerk

ORDER OF PUBLICATION

Commonwealth of Virginia VA. CODE § 8.01-316
Case No. JJ014315-04-00
Botetourt JDR District Court Juvenile and Domestic Relations District Court Commonwealth of Virginia, *in re* Fowler, Nicholi Commonwealth /v. Linkenhoker, Olivia Sink
The object of this suit is to: To terminate residual parental rights to Nicholi Fowler. It is ORDERED that Linkenhoker, Olivia appear at the above-named Court and protect his or her interests on or before 12/07/2021 01:00PM.

10/18/2021
Jessica Hall
Deputy Clerk

ORDER OF PUBLICATION

Commonwealth of Virginia VA. CODE § 8.01-316
Case No. JJ014313-03-00
Botetourt JDR District Court Juvenile and Domestic Relations District Court Commonwealth of Virginia, *in re* Fowler, Lula O Commonwealth /v. Fowler, Jerry
The object of this suit is to: To terminate residual parental rights to Lula Fowler. It is ORDERED that Fowler, Jerry appear at the above-named Court and protect his or her interests on or before 12/07/2021 01:00PM.

10/18/2021
Jessica Hall
Deputy Clerk

ORDER OF PUBLICATION

Commonwealth of Virginia VA. CODE § 8.01-316
Case No. JJ014313-04-00
Botetourt JDR District Court Juvenile and Domestic Relations District Court Commonwealth of Virginia, *in re* Fowler, Lula O Commonwealth /v. Linkenhoker, Olivia Sink
The object of this suit is to: To terminate residual parental rights to Lula Fowler. It is ORDERED that Linkenhoker, Olivia appear at the above-named Court and protect his or her interests on or before 12/07/2021 01:00PM.

10/18/2021
Jessica Hall
Deputy Clerk

ORDER OF PUBLICATION

Commonwealth of Virginia VA. CODE § 8.01-316
Case No. JJ014302-04-00
Botetourt JDR District Court Juvenile and Domestic Relations District Court Commonwealth of Virginia, *in re* Wright, Cooper Solstice Commonwealth of Virginia /v. Martin, Holly Isabella
The object of this suit is to: To terminate residual parental rights to Cooper Wright. It is ORDERED that Martin, Holly Isabella appear at the above-named Court and protect his or her interests on or before 12/07/2021 01:00PM.

10/19/2021
Jessica Hall
Deputy Clerk

Legals - Botetourt County

ORDER OF PUBLICATION

Commonwealth of Virginia VA. CODE § 8.01-316
Case No. JJ014302-05-00
Botetourt JDR District Court Juvenile and Domestic Relations District Court Commonwealth of Virginia, *in re* Wright, Cooper Solstice Commonwealth /v. Wright Jr, Gary Robert
The object of this suit is to: To terminate residual parental rights to Cooper Wright. It is ORDERED that Wright Jr, Gary Robert appear at the above-named Court and protect his or her interests on or before 12/07/2021 01:00PM.

10/19/2021
Jessica Hall
Deputy Clerk

Legals - City of Salem

ORDER OF PUBLICATION

COMMONWEALTH OF VIRGINIA VA. CODE §§ 1-211.1; 8.01-316, -317, 20-104
Case No. CL21-404
Salem Circuit Court 2 E. Calhoun Street, Salem, VA 24153
Isaias Rosa da Silva v. Victoria Nichole Davis
The object of this suit is to: Obtain a divorce
It is ORDERED that Victoria Nichole Davis appear at the above-named court and protect his/her interests on or before November 24, 2021.

October 4, 2021
Stacy L. Owen
Deputy Clerk

Legals - City of Salem

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10/13/21
Bradley Dalton
Judge

Legals - Montgomery County

ORDER OF PUBLICATION

Commonwealth of Virginia VA. CODE § 8.01-316
Case No. JJ004795-06-00
Floyd County Juvenile and Domestic Relations District Court Floyd County DSS v. Christian Knode
The object of this suit is to: Terminate the residual parental rights of Christian Knode, legal parent of Gabriel Knode a minor, in that said parent has, without good cause, failed to correct the conditions which resulted in the child entering foster care and it is not reasonably likely that they will be able to do so in a reasonable amount of time, failed to maintain continuing contact with the child and substantially plan for the child's future. Residual parental rights include, but are not limited to the right to visitation, consent to adoption, the right to determine religious affiliation, and the responsibility for support. The termination of your residual parental rights will permanently end all of your rights and responsibilities to the child named in the petition. It is ORDERED that Christian Knode appear at the above-named Court and protect his or her interests on or before December 6, 2021.

10/13/21
Bradley Dalton
Judge

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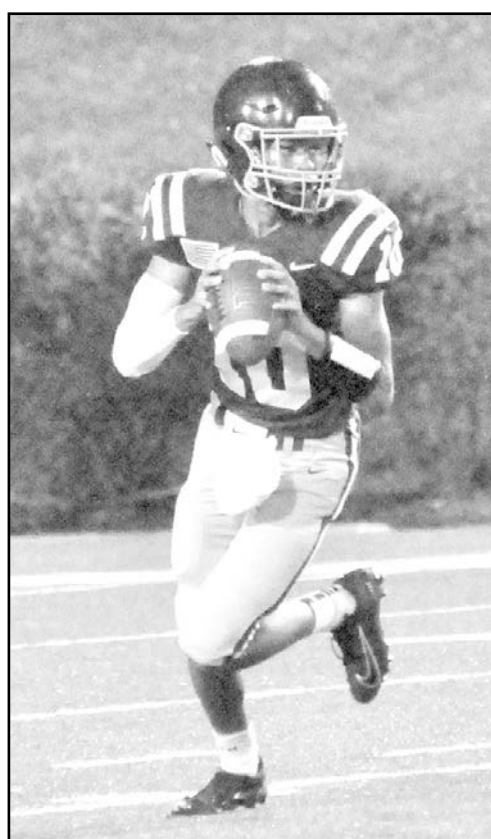


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2 WINNERS THIS WEEK

It's always fun when we have two winners to announce and that's the case this week, as last week's contest ended in a tie. So, we have winners from the October 21 and 28 contests this week.

Let's do FIFO, as I learned in economics class at Roanoke College. That means "first in, first out" and our October 21 winner is Tyler Coe. He tied Randal Sowers, high point total and all, in the previous week, then won a playoff last week for the October 21 prizes.

This week Tyler missed just four. Coe and Sowers both had two losses going into the pre games but Tyler took the lead on Sunday, missing only wins by the Steelers and Patriots while Randal missed those two and wins by the Panthers and Titans. So Tyler gets the \$50 gift certificate to Mac & Bob's and the blizzard from Dairy Queen.

This week's winner was just one better than Coe, as Betty Schultz missed three games to win the contest. She mistakenly picked Virginia over BYU and also missed wins by the Panthers and Patriots while getting everything else correct. So, Betty gets the gift certificate and blizzard for this week.

For the "Quick Change" question I asked you to give me a funny Halloween costume. We had some good ones, but my favorite was from Cleveland Browns' fan Gary Sovine who wrote, "Browns with Super Bowl rings." For Gary's sake I hope that happens in our lifetime, but if not at least he gets a free oil change from Valvoline in Salem.

For this week's "Quick Change" give me your prediction on the big game at Salem Stadium Friday night. The 8-1 Spartans will host 7-2 Patrick Henry with the River Ridge District title on the line. Predict the winner and the score in the space provided and the closest to the actual score will get a free oil change. **Brian Hoffman**

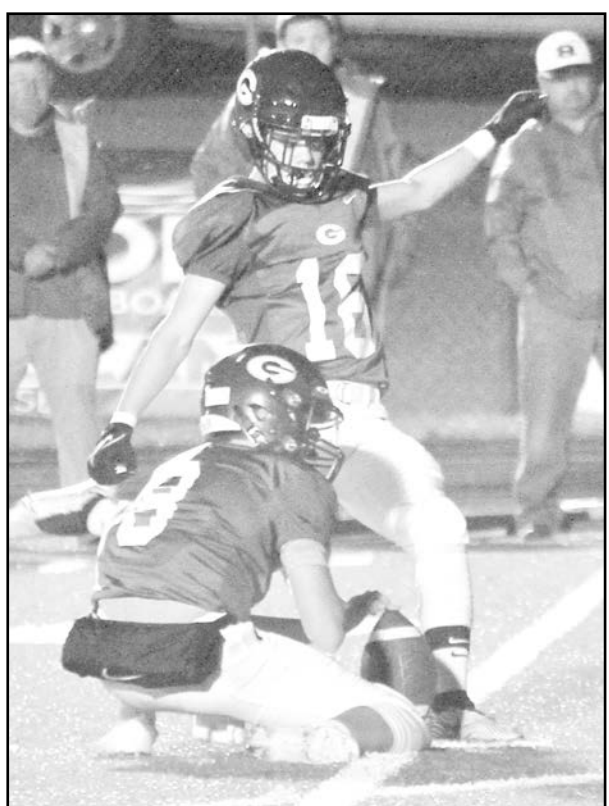
Left, Jayveon Jones of Salem bowls over a Hidden Valley defender at the goal line to score a first half Salem touchdown. Right, DaRon Wilson looks for an open receiver.

PHOTOS BY BRIAN HOFFMAN

SALEM FOOTBALL

continued from page 16

Jayveon Jones had 87 on 16 carries and scored once. Wilson was nine for 14 passing for 155 yards. With the win Salem is now 8-1, and that includes a forfeit win over Blacksburg that was supposed to be played on Tuesday of this week. The Bruins begged out of the game last Wednesday, then played Graham on Thursday and lost 46-7. Salem will get a forfeit win but since Blacksburg is winless there won't be any rider points included. That's not the case this week. Patrick Henry is a Class 5 team with seven wins, so a Spartan victory would be a big boost in the VHSL point system. In fact, a Salem win would likely push the Spartans into first place in the Region 4D rankings and give the defending Class 4 champs home advantage through the regional. Salem's jayvee team will wrap up their season tonight at Merrill Gainer Field on the campus of PH. The Spartan jayvees can finish undefeated with a win.



Carl Muse kicks the field goal that put Glenvar up 17-14 late in the game.

PHOTO BY KENNY FORD

GLENVAR FOOTBALL

continued from page 16

Dagan on the other and Eli threw it up there and Dagan made a phenomenal catch. The throw was about as good as you can get in that situation."

Clifford was quick to praise receivers' coach Tony Spradlin, who was all smiles after the game. "He's been working on those kind of plays for the past 20 months," said Clifford. "He does an outstanding job with our passing game, give him some credit. To win that game it took great coaching and incredible concentration from the kids."

Taylor completed nine of 15 passes for 78 yards in relief of Wolk, who completed five of 16 for 59 yards. Williams had seven catches for 78 yards, Swanson had three for 28 and Ford had two for 30.

Hanks rushed 34 times for 106 yards, Swanson ran nine times for 68 and Wolk carried eight times for 21 yards.

Glenvar's defense did a great job keeping the Highlanders in the game. Nick Williams and Mason Anderson had eight tackles each while Nick Woodson had three interceptions and four tackles for losses. Dawson Anderson also had an interception and a fumble recovery.

"I'm proud of our defense," said Clifford. "We gave up two long runs to an exceptionally athletic kid, and after their second touchdown we shut them down until that last run."

The win was huge in more ways than one for the Highlanders. It not only earned them the Three Rivers District championship but kept the Highlanders atop the rankings in Region 2C at 8-1. Radford is the third place team in the region at 6-3, giving Glenvar some rider points as they fight to stay ahead of second place Appomattox, the defending state champ.

The Highlanders finish the regular season this week with a trip to Giles, and a win insures Glenvar home advantage through the region. If that's not enough incentive, just playing Giles is always a big game for the Highlanders.

"We have to beat them," said Clifford. "This is a huge game."

This week's game has been moved to Saturday at 1:00pm due to COVID concerns at Giles. Wolk is expected to return but Swanson will likely miss the game with an ankle injury.

Sandlot Super Bowl games are at Salem Stadium Sat.

Salem Stadium will be the site of the annual Sandlot Super Bowl championship games this Saturday, with valleywide football champions to be crowned in three age groups.

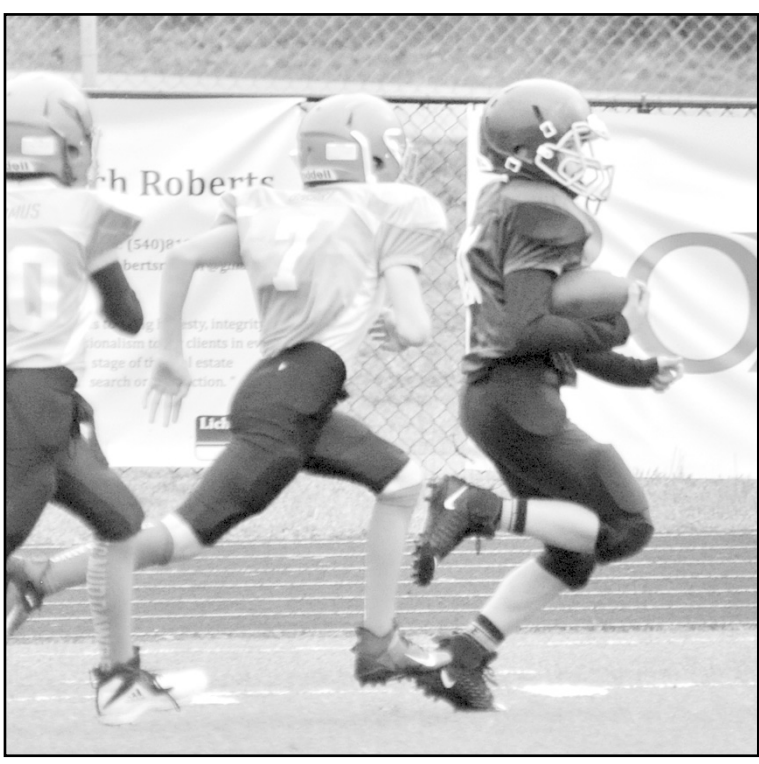
The PeeWee Division, for eight and under players, will kick off the day at 10 am as Botetourt takes on North Roanoke. Last Saturday at Glenvar's Highlander Stadium Botetourt defeated Cave Spring, 20-18, while North Roanoke eliminated the Salem Wolverines, 19-0, in semifinal games.

The Little Division championship is at noon, and participants were being decided on Tuesday night. Cave Spring and Glenvar were playing in one semifinal while Vinton and Franklin County were in the other, and the two winners will play in the Super Bowl Saturday.

Quarterfinal games were at Bogle Field, behind Cave Spring Middle School, last Saturday. Glenvar, the fifth seed, upset fourth seeded Salem, 30-22, in a game that went back and forth and down to the wire. Glenvar was set to play top-seeded Cave Spring on Tuesday night with a spot in the Super Bowl on the line.

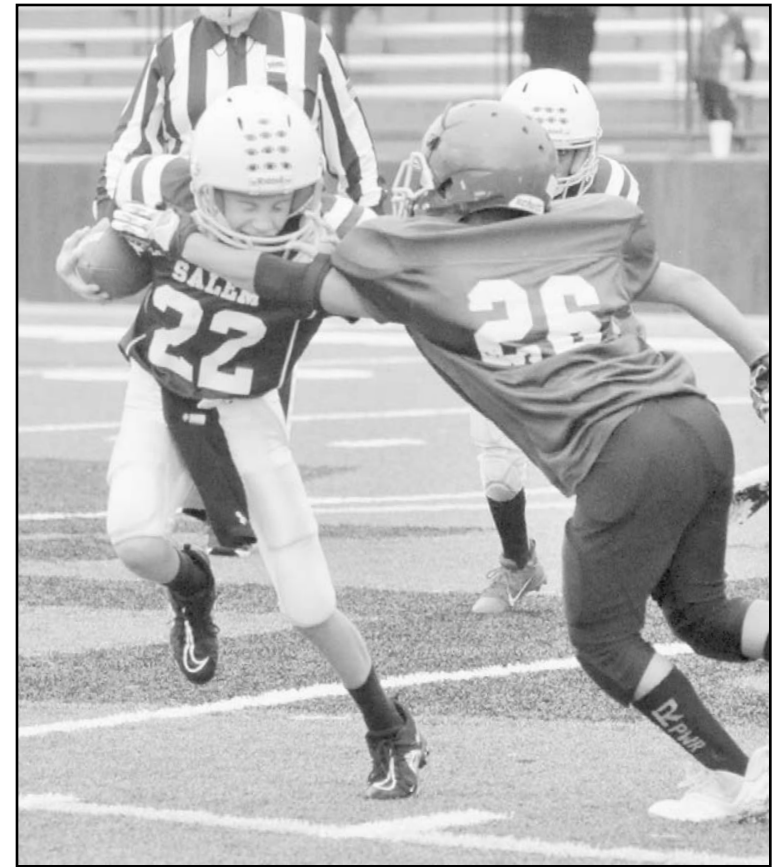
The Junior championship game will wrap up the action on Saturday with a 2 pm game at Salem Stadium. Again, finalists were playing off Tuesday for a chance to play at Salem Stadium. The Salem team had a first round bye and was scheduled to play North Roanoke on Tuesday at Bogle Field. Salem is the top seed in the tournament and North Roanoke beat Cave Spring Saturday in the quarterfinal round, 20-0.

Vinton, the second seed, also had a first round bye. Third seeded Glenvar downed Franklin County on Saturday, 32-0, to earn the right to play Vinton on Tuesday for a spot in Saturday's Super Bowl.

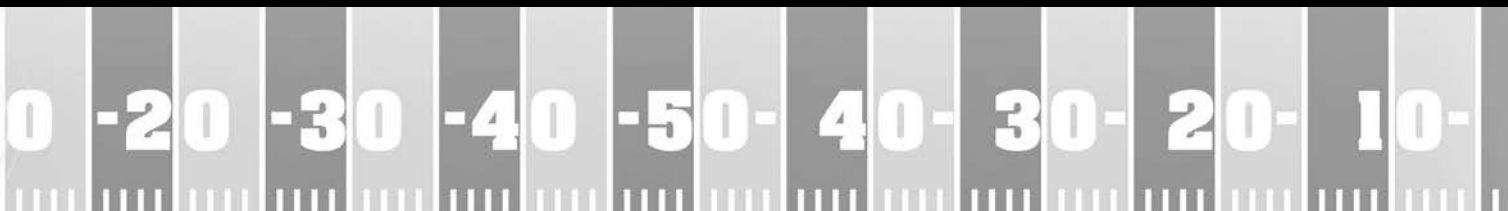


Action from Saturday's Sandlot Super Bowl quarterfinal games. Above left, Cameron Feazell of the Glenvar 12 U team runs for a long gain, and above right Levi Wright busts through the middle in Glenvar's win over Franklin County. Below left, Chase Clark picks up yards for the Glenvar 10U team in a 30-22 win over Salem. Below right, Luke Sorrells of the Spartans(#22) tries to elude the grasp of Glenvar's Jamison Barnett.

PHOTOS BY BRIAN HOFFMAN



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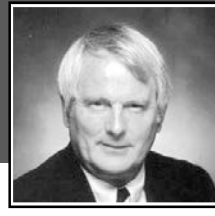
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-Each advertisement on this page includes one football game to be played this week. Find the game in the ad and print your predicted winner on the line corresponding to the advertiser in the list included on this page.
-First prize will be awarded to the person who picks the most games correctly.
-Be sure to include your name, address, and high point total for the week. High point total is decided by the most points scored by ANY ONE TEAM in the games listed for the week. High point total is used to break ties only, and all decisions will be final.
-Clip and mail THE ENTRY PART ONLY to Salem Times-Register, Football Contest, P.O. Box 1125, Salem, VA 24153. Entry must be postmarked by 5 p.m. on the Friday immediately following the date of the paper, or bring your entry by the Salem Times-Register office at 1633 West Main Street in Salem. Your entry must be in the box by 5 p.m. Friday.
-All entries not conforming to the rules may be declared null and void. Decisions are final. For questions call Brian Hoffman @ 389-9355. Winners will be announced in the contest story the following week.

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The Quick Change (see story)



## RC Wrestlers will host Southeast Open Saturday

The first year Roanoke College wrestling team will host the 2021 Southeast Open on Saturday at the Cregger Center this Saturday, November 7. The Maroons held an intra-squad "Maroon-Black" event last Friday at the Cregger Center under coach Nate Yetzer. The Maroons have 46 wrestlers on the roster, including freshman Walker Chambers from Salem. RC will have a dual meet at the Cregger Center on Wednesday, November 10, against Washington & Lee. Above, Ryan Foutz is ready to pin teammate Wyatt Mesco in a 157 match under the watchful eye of Yetzer(right).

PHOTOS BY BRIAN HOFFMAN



Katelyn Crumpacker had the best time among three Salem girls who qualified for the state cross country meet on Tuesday.

PHOTO BY BRIAN HOFFMAN

## Three Salem girls qualify for state CC, Glenvar was host at Green Hill Wed.

Region cross country meets are scheduled this week with Salem participating in the Region 4D meet on Tuesday and Glenvar hosting the Region 2C meet on Wednesday.

Salem's girls were fourth and the boys were eighth in the Region 4D meet at the Panorama Farms course in Earlysville Tuesday afternoon. The course is near Charlottesville and is the same one used by the University of Virginia.

The top three teams made the state meet, and it was the same three schools in both the girls' and boys' races. Jefferson Forest is the girls' region champ while Western Albemarle won the boys title. Blacksburg qualified for the state in both races along with the Jefferson Forest boys and Western Albemarle girls.

Salem had three individuals qualify for the state Class 4 meet, which will be held at the Great Meadow

course near Warrenton on Saturday, November 13. Katelyn Crumpacker, Elizabeth Bocoock and Brooke Bowers all qualified by finishing in the top five not on one of the qualifying teams. Abby Pitts missed it by one spot and also scoring for Salem was Claire Rawlins.

None of the Salem boys made the state, as Tommy Henzey finished two spots away from an individual berth. Also scoring for the Spartans were Walker Peterson, Carson Tucker, Ty Hicklin and Lance Toapanta.

The Region 2C meet was scheduled for Green Hill Park on Wednesday, but results were too late for publication. The top three teams and top five individuals not on those teams will advance to the state Class 2 meet at Green Hill Park on November 13th. Green Hill will host the Class 1, 2 and 3 meets on that day.

## RC men are third, women sixth in ODAC cross country

The Roanoke College men were third and the women were sixth at the Old Dominion Athletic Conference cross country championships in Bridgewater last Saturday. The University of Lynchburg swept the men's and women's championships.

The Maroon men finished third behind the champions from Lynchburg (22) and the runner-up Generals of Washington and Lee (45). Just missing a top five finish would be Chamberlain Zulauf (6th) in a

time of 26:50.5. Peter Smith took 13th in the field of 90 with a final time of 27:14.2. In third for the Maroons was Cooper Neeble (28:02.5), finishing 21st overall. Rounding out the top four for RC would be Andrew Deel clocking in at 29:36.8.

Lynchburg (26) paced the 11-team field in the women's competition with Washington and Lee (33) finishing runner-up and Eastern Mennonite (111) claiming third. RC's Zoe Dunlap posted a final

time of 26:17.3 to be the highest finisher for the RC women, 28th in the field of 91 runners. Lauren Brown picked up 24th place points with her 31st place effort in 26:27.8. Rounding out the top three for RC would be Hannah Koepfinger with a time of 27:19.9 and Ashley Brown would come in with a 27:53.9.

Roanoke will look to send runners to the NCAA Regional meet on Saturday, November 13th.



Bailey Rider of Andrew Lewis is fouled as she goes to the hoop in Monday's win over Franklin County. Number 40 is Emme Custer.

PHOTO BY BRIAN HOFFMAN

## Randolph eliminates RC soccer

Randolph College scored a first half goal and made it stand up as the WildCats beat Roanoke College in the opening round of the Old Dominion Athletic Conference men's soccer tournament last Saturday. Randolph took a 1-0 win in Lynchburg.

Evan Blow scored the only goal, his conference leading 17th, off an assist from Colby Lambert 25 minutes and 27 seconds into the game. Roanoke had five shots on goal but couldn't get one to hit the net as the Maroons ended their season with a 9-4-5 overall record. Randolph is the fourth seed

and Roanoke was fifth seeded.

Other first round games found top-seeded Washington & Lee defeating eighth seeded Hampden-Sydney, 1-0, second seeded Lynchburg over seventh seeded Shenandoah, 4-0, and sixth seeded Virginia Wesleyan upsetting third seeded Randolph-Macon, 1-0.

Semifinals were scheduled for Wednesday of this week with Randolph in Lexington to face Washington & Lee and Virginia Wesleyan at the University of Lynchburg. The championship game is Saturday.

## Top seeded Marlins oust RC women

The Roanoke College women battled top-seeded Virginia Wesleyan to the end in the Old Dominion Athletic Conference women's soccer tournament Tuesday but came out on the short end of the score. The Marlins took a 1-0 win at Virginia Beach.

The Maroons were the eighth seed, drawing Virginia Wesleyan in the opener. RC keeper Carrington Lippi came up with seven saves to keep the Maroons in the game with Marlins' keeper Amruta Karkare had to make just one save in 90 minutes.

With the loss the Maroons finished the season with an 8-8-1 overall record. Virginia Wesleyan moves on to host Friday's ODAC semifinal round, with the championship scheduled for Sunday.

## Maroons win field hockey opener



Roanoke defender Madison Filson.

PHOTO BY BRIAN HOFFMAN

Caroline Diehl scored 48 minutes into the game and that was all the Roanoke College field hockey team needed for a win in the opening round of the Old Dominion Athletic Conference tournament Tuesday. RC took a 1-0 win over Randolph-Macon in Salem.

The Maroons improved to an 11-7 overall record and a 6-3 mark in the ODAC with Tuesday's win. They ended the regular season with a 1-0 win over the same Randolph-Macon team last Saturday in Ashland, earning them the fourth seed in the tournament. Emilee Wooten scored with an assist from Lindsey Keyes for the only goal of that match.

The ODAC announced the Player of the Week awards for fall sports on Monday afternoon and Wooten was named ODAC Field Hockey Player of the Week. The attacker now has 21 goals on the season, ranking her second in the ODAC in goals scored.

Semifinals in the conference field hockey tournament are today and the championship is Saturday at the highest remaining seed. Roanoke will play at top-seeded Washington & Lee today while Shenandoah will host either Lynchburg or Bridgewater in the other semifinal.

## Wolverines win big in middle school basketball openers

The middle school basketball season opened Monday and the Andrew Lewis teams got off to a good start with wins over Franklin County in both the girls' and boys' games.

The girls played in Salem and took a 44-4 win over the Eagles, who didn't get on the scoreboard until the fourth quarter. Lexie Hart led Salem with 19 points while Emme Custer had six and Brinklee Hall had five points, including a three. Bailey Rider led the team with nine rebounds, Hart had seven steals and Custer had three blocks.

"I thought we came out a little slow but played much better the second half after our intensity picked up," said coach Nat Franklin. "Overall, a good start. Just looking forward to trying to improve."

The boys played in Rocky Mount and took a 60-24 win under coach DeWayne Harrell. Key contributions from Brody Dawyot and Jesiah Hines early helped pave the way for other players to contribute to the team win.

"As a whole, the kids played great team ball and excellent team defense," said Harrell. "I was mostly impressed with the way players moved without the basketball and made the extra pass. The bench was able to continue aggressive defense, which created fast break opportunities, and the five seventh graders gained lots of confidence after seeing the first 10 players dominate for three quarters."

Lewis is back in action today as the girls host Read Mountain and the boys play the Stars in Cloverdale. The boys' first home game is next Monday with William Byrd while the girls play the Terriers in Vinton.



PHOTO BY DEWAYNE HARRELL



## Brian Hoffman

### Salem track gets a facelift

If the Salem High track athletes aren't fast enough next spring it won't be because of the track. The oval behind the high school, up on the hill, recently received a new surface and lines were painted to complete the project last week.

According to long time Salem coach Tom Roth, the ATC Corporation out of Baltimore, MD did the work on the track, installing a Plexitrac Lightning surface. They removed the old surface and an inch and a half of asphalt from the existing underneath surface. They then put a down a new inch and a half of asphalt and the new running surface, which is a latex rubber similar to what had been on the track.

"They had to correct a 43 year old mistake," said Roth. "The original asphalt didn't pay attention to slope, and they had to go in and fix that."

Work began in mid July and the lines were finished last week. The long jump runways and high jump surface were also resurfaced and the pits, which were original from 1978, were rebuilt as well.

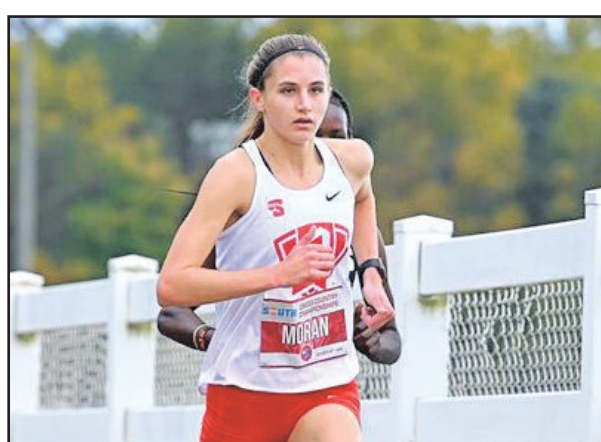
The runways for the jumping events were made wider.

The Salem track was originally built in 1978 with a Resilite surface. The first rubber latex surface was installed in 1994 with a new layer in 2004. Spikes up to a quarter of an inch can be used on the track.

Salem's DeWayne Harrell took a photo of the new track with his drone last weekend, and as you can see it turned out great.

### MORAN IS BIG SOUTH CHAMP

Salem's Hannah Moran became the first Radford University Cross Country runner to win a Big South



HANNAH MORAN

RU PHOTO

Individual Championship since 1993, and the first woman since 1990, when she finished first at the Big South Cross Country Championship at the Ivey Redmon Sports Complex in Kernersville, NC last Friday.

The Highlander women finished in second place as a team, just five points behind High Point, with Moran leading the way. Hannah pulled away in the late stages of the race for a nine second victory with a time of 17:09.5, earning her conference champion and first team All-Big South honors.

Glenvar grad Rachel Millirons finished 11th overall, earning her second team all-conference. Rachel was also named to the Big South All-Academic team.

Next up is the NCAA Southeast Regionals in Louisville, KY on November 12.

In other cross country news, the Virginia State men and Fayetteville State women won Central Intercollegiate Athletic Association cross country championships at Green Hill Park last week. It was the fourth straight for the Fayetteville women and the third in four years for the Virginia State men.

### GLENVAR CHEERING AT STATE SATURDAY

The Glenvar cheerleaders will be participating in the state Class 2 cheer competition at the Siegel Center on the campus of Virginia Commonwealth University this Saturday. Look for results and a few photos in next week's edition.



Left, Glenvar's Claire Griffith(#15) powers one by a Radford blocker in last week's win. Above, Natalie McMahon(#9) and Daisy Ann Dawyot(#7) go up for a block.



PHOTOS BY BRIAN HOFFMAN

## Highlanders will play for a spot in the state at Appomattox tonight

The Glenvar volleyball team will be playing for a spot in the state tournament tonight when they travel to undefeated Appomattox for a Region 2C semifinal.

Glenvar defeated Gretna in three sets Tuesday night to earn the spot in the semifinal. Appomattox remained undefeated with a win over Nelson County, setting up a showdown between the Raiders and Highlanders tonight.

"I know they're good, but it's hard to say how good since we have no common opponents," said Glenvar coach Mark Rohrback. "You have to be good if you're undefeated, and from what I understand that's a tough place to play."

Glenvar is 18-3 after Tuesday's win, having lost twice to Class 1 state contender Auburn and once to Floyd, the top seed in Region 2C. All three losses went five sets and Glenvar avenged the loss to Floyd with a three set win in Glenvar last week.

The Region 2C championship is scheduled for next Tuesday, November 9, and if Floyd continues to win the Buffalo Gals would be home. However, if they slip up and Glenvar can get by Appomattox, the Highlanders could be home for the championship.

Thursday's game is the big one, as both region finalists earn a spot in the state championship. The championship game would then decide who would be home and who would travel for the first round of the eight team state tournament.

"Basically, it will decide whether you get a home game or have to travel to Gate City," said Rohrback.

Glenvar has been playing well down the stretch. Last Thursday at home they beat a solid Radford team in three sets, 25-12, 25-17 and 25-13. Bailey Conner had 13 kills, Claire Griffith had 11 kills and four blocks and Hannah Hylton had 17 digs.

On Tuesday against Gretna the Highlanders won in three to open the regional tournament, 25-18, 25-16 and 25-14. Cara Butler had a strong game with nine kills and 16 assists while Bailey Conner had 13 kills and younger sister Audrey Conner had 22 assists and a pair of aces. Sydney Loder had 10 kills, nine blocks and three aces.

"We've been playing well, but we're going to have to keep it up Thursday,"

said Rohrback of the trip to Appomattox. "This one means either we extend our season by a couple weeks or it's over."

### Bruins eliminate Salem in Region 4D quarterfinal

The Salem High volleyball season came to end Tuesday with a three set loss to Blacksburg in the first round of the Region 4D tournament. Salem lost in three sets, 25-19, 25-22 and 25-12.

Kennedy Scales led Salem with seven kills, eight digs and an ace. Ella

Walker had six kills and three blocks and Emma Johnson had 10 digs and an ace.

Blacksburg moves on to the semifinal round on Thursday. The Region 4D championship match is next Tuesday, November 9, at the highest seed.

### ODAC volleyball tournament begins this week

Roanoke College is the number seven seed for the Old Dominion Athletic Conference volleyball tournament, which was scheduled to begin Monday night.

The Maroons took a 12-18 overall record into Wednesday's opening round match at second seeded Randolph-Macon in Ashland. Other first round matches has eighth seeded Shenandoah at top-seeded Washington & Lee, sixth seeded Eastern Mennonite at third seeded Virginia Wesleyan and fifth seeded Lynchburg at fourth seeded Bridgewater. Semifinal matches are Friday and the championship is Sunday

at the site of the highest remaining seed.

The Maroons wrapped up the regular season with a three set win over Randolph College in Lynchburg last Friday, 25-20, 25-19 and 25-15. It was the sixth straight win for the Maroons, who finished the regular season with a 5-6 ODAC mark.

Lynsey Bailey finished with a match high 15 kills to go with nine by Ryanna Clark while Parker Moody ended the night with six kills and a block. Olivia Newman had 20 assists with Kylee Draper adding 11. Kennedy Clemmer registered a match-high 20 digs.

# SPORTS

Thursday, November 4, 2021

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Left, Carson Williams(#3), Chris Cole(#9) and an unidentified Spartan stop the Hidden Valley ballcarrier for a loss. Right, Noah Collins(#7) and Jaelyn Allen(#33) get a sack as Cameron Martindale(#51) rushes to assist.



PHOTOS BY BRIAN HOFFMAN

## Spartans can win district, grab top spot in region with win over PH

For the first time since 2002 Salem will not be playing Pulaski County in the final game of the regular season this Friday. Instead, Salem will be playing a team that beat Pulaski County.

Patrick Henry will be here Friday night for a 7 pm game at Salem Stadium that's shaping up to be one of the biggest games of the entire season. The Patriots beat Pulaski County last week, 42-13, and are tied with Christiansburg for second place in the River Ridge District standings. If the Patriots can beat Salem tomorrow the Patriots can tie Salem for the season title. And it would be a three way tie if Christiansburg also beats Pulaski County in Dublin Friday night.

Of course, the Spartans want no part of any ties. They're the only team in the River Ridge that has not lost a district game and a win at Salem Stadium would put them atop the pedestal all by themselves.

It's a big game and a large crowd is expected at Salem Stadium.

"They're all huge, but is a big one," said Salem coach Don Holter. "Patrick Henry has a good football team. They have good size and skill people and that number five (Chuck Webb) is a really good running back."

Salem will have to stop Webb, who gained 202 yards rushing against Pulaski last week. Salem has been good against the run all year and last Friday they also shut down one of the area's top passing attacks when they beat Hidden Valley, 42-14, at Salem Stadium.

The Spartans intercepted Titans quarterback Sam Dragovich four times in the first half alone in building a 42-7 halftime lead. The Salem line and linebackers kept Dragovich in constant peril and when he got the ball off the secondary was in great position. Josiah

Moyer had two first half picks, Carson Williams had one and Chauncey Logan, Jr. had a 27 yard "pick six" that gave the Spartans a 21-0 lead just before the end of the first quarter.

Salem built the lead to 35-0 in the second quarter before the Titans scored, and then Salem came right back with a 55 yard TD pass play from DaRon Wilson to Logan. That allowed the clock to run continuously in the second half until the Titans scored again late in the game, but by that time the Spartans had the game well under control with the backups in the game.

"I thought we played fast and we played physical," said Holter. "Our young secondary has come a long way since week one, and we haven't played our best game yet."

Statistically, Cam Leftwich finished with 107 yards on 15 carries and scored two more touchdowns.

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Above left, Glenvar's Dagan Williams battles two Radford defenders for a pass from Eli Taylor on the last play of the game. Above right, Williams gains control of the ball as he hits the ground and, right, he cradles the ball for a sensational catch and a 23-21 win for the Highlanders.



PHOTOS BY KENNY FORD

## Glenvar wins the district on "miracle catch" to end game

### Highlanders can clinch top seed with win at Giles

The Glenvar football team won the Three Rivers District championship in dramatic fashion last week with a "walk off" win at Highlander Stadium. Glenvar scored on the last play of the game to beat Radford, 23-21, in one of the most memorable games ever for the Glenvar program.

"I'd put it in the top five most exciting games of my career," said Glenvar coach Kevin Clifford. "You have the state championship and our region win over Giles (in 2014). It's not far after them."

Both teams came in undefeated in Three Rivers District play, and this was Glenvar's final district game of the season. The Highlanders finish up with Giles this week, and the Spartans have moved to the Mountain Empire District.

Glenvar fell behind 14-0 early. Stud back Marcell Baylor broke loose for an 87 yard TD and Tyrel Dodson scored on a one yard run to give the Bobcats a two score edge.

The Highlanders came storming back to tie the game by halftime. Aiden Wolk hit Dagan Williams with a 20 yard TD pass and Kyle Hanks ran one in from the three and it was knotted 14-14 at intermission.

A scoreless third quarter set up a wild ending. During the third period Glenvar's senior all-state quarterback, Aiden Wolk, went down hard and left the game with a sore neck. He was replaced by freshman Eli Taylor, whose only varsity work of note was a 25-7 win over Martinsville early in the season when Wolk was out win an injury. As he did in Martinsville, Taylor seized the moment and played like a seasoned veteran.

"He's a tough kid and he's cool under pressure," said Clifford. "You have to remember this was for the district championship."

Taylor engineered a drive that led to a Carl Muse yard field goal with 1:58 remaining. Jackson Swanson carried seven times on the drive that put Glenvar up 17-14.

"He made a play that saved the drive," said Clifford of Taylor. "He fumbled the snap, but picked it up and threw to Jackson for a one yard gain. It doesn't seem like much, but it kept that drive alive."

The Highlanders had little time to celebrate as Baylor answered with a 52 yard



run to paydirt just 56 seconds later, giving Radford the lead again at 21-17. Now the Highlanders were more than a field goal behind with about a minute to go and 65 yards away from the end zone.

No problem for Taylor. With Radford playing for the deep ball Eli guided the team down the field, hitting four passes for shorter yardage, including two to Gabe Ford for a total of 30 yards. The Highlanders moved to the Radford 11 with just four seconds left, just enough for one more play.

Taylor lobbed the ball to the right corner of the end zone where the Highlanders' most reliable receiver, Dagan Williams, was being guarded by two Bobcats. All three went up together but somehow Williams came down with the ball, sending the Glenvar sideline into hysterics.

"It was an unbelievable catch," said Clifford. "We had Gabe on one side and

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