

VESTED PARTNERS
A MULTI-FAMILY OFFICE



LEGAL
FINANCIAL
FIDUCIARY
INSURANCE

Robyn Smith Ellis, Attorney
www.vestedmfo.com
540.389.6060

SALEM TIMES-REGISTER

Thursday, January 6, 2022 • (USPS 631-140) • \$1.00

VESTED PARTNERS
A MULTI-FAMILY OFFICE



LEGAL
FINANCIAL
FIDUCIARY
INSURANCE

David Ellis, CFP®, AIF®
www.vestedmfo.com
540.389.6060

OurValley.org

Free weekly COVID-19 testing available at Salem Civic Center

Shawn Nowlin

shawn.nowlin@ourvalley.org

The first COVID case in Virginia was reported in March 2020. Within a matter of days, health protocols, discussions about safety and countless employer-employee relationships would never be the same.

As of press time Wednesday morning, Virginia has reported approximately 15,500 new COVID-19 infections. Currently, more than 1,100 coronavirus cases exist throughout Southwest Virginia.

"We have the tools to fight this disease. Thanks to the gift of vaccinations (and boosters), as well as masking indoors when in public, maintaining six-feet of distance between ourselves and others outside our households, and hand-washing - we know what to do," Dr. Cynthia Morrow, Roanoke City and Alleghany Health Districts Health Director, said.

Numerous individuals such as Janet Anderson have decided to take at-home tests which returns

results in a matter of minutes. "I have family members who are skeptical about pretty much everything COVID related," Anderson said. "My result was negative which I shared with my family. That decision evolved into a healthy dialogue which was a great start."

For the next three Tuesdays, potentially even longer, the Salem Civic Center will be hosting a COVID testing event from 3 to 5 p.m. No appointments are necessary.

When people google COVID-19, one of the first things that comes up are precaution recommendations and guidelines from the Centers for Disease Control and Prevention.

According to the CDC, people with COVID-19 should isolate for five days and if they are asymptomatic or their symptoms are resolving (without fever for 24 hours), follow that by five days of wearing a mask when around others to minimize the risk of infect-

See Civic Center, page 3



SUBMITTED PHOTO

Nasal swab PCR COVID-19 tests will be administered in the Salem Civic Center parking lot, 1001 Roanoke Boulevard, for the following three Tuesdays.

New Year ushers in Salem's first snow



SUBMITTED PHOTO

Young Charlotte, almost two, loves jumping in puddles and throwing little snowballs.

Shawn Nowlin

shawn.nowlin@ourvalley.org

Just like that, the first snow of 2022 has come and go.

After a weekend of temperatures around the mid-60s, Salem got its first snow of the year on Monday. The heaviest portion came down in the early hours as rain changed to flakes. Some temperatures throughout the Roanoke Valley reached the low 20s and residents, if possible, were asked to stay off the roads.

Many school districts, including the City of Salem, closed or announced delays on Sunday evening. A two-hour school delay was implemented on Tuesday. Since classes were canceled on January

3, Shannon Walker, 17, decided to build a miniature snowman with her father in front of their house.

"Before walking out of the door, I looked at the Weather Channel app on my Android to see how much time we had. A few people walked past us and asked if they could join us. We took some pictures and shared it on social media," Walker said.

Never one to turn down a snowball fight, Kayla Harris woke her youngest brother up and told him to come outside for the sole purpose of hitting him in the face with some snow. "My plan was executed to perfection. I said that mom

See First Snow, page 2

Council authorizes buying land for East Main Street entrance

Meg Hibbert

Contributing writer

At a called meeting before the end of the calendar year, Salem City Council authorized the city manager to execute a contract for property off the East Main Street entrance to Salem.

The vote at the Dec. 23 meeting was 4-0, with Vice Mayor Jim Wallace absent, to direct City Manager Jay Taliaferro to sign a \$170,000 contract with the Higgs Family Trust for 14 Richfield Ave.

A condition of the sale was for the closing

to take place no later than Dec. 31, 2021.

The city already owns two properties on East Main, Numbers 508 and 516, Taliaferro explained. The new lot is adjacent to 508 E. Main. Purchase money was to come from Salem's general fund.

Councilman Randy Foley thanked city staff "for adding another piece of the puzzle to make plans come to fruition."

He was referring to creating an attractive entrance to Salem on the east.

The meeting lasted five minutes and adjourned at 9:05 a.m.

LewisGale physicians open new Sleep Center



SUBMITTED PHOTO

LewisGale Regional Health System includes 44 HCA Virginia Health System-owned patient care facilities including four hospitals, one freestanding ER, two regional cancer centers and affiliations with both employed and independent physicians.

LewisGale Physicians recently announced it has opened a new Sleep Center located on the LewisGale Medical Center Campus, in Medical Building C, 1st floor.

The Sleep Center, which includes three beds and Home Sleep Studies, is a comprehensive, outpatient sleep program designed to diagnose and treat sleep disorders under the direction of board-certified pulmonologists and sleep medicine specialists.

"We offer a comprehensive range of services and tests which will help us develop treatment

plans for patients suffering from sleep disorders," said Nelson Greene, MD, board-certified specialist in pulmonary diseases and critical care medicine. "There are a number of sleep disorders, with some of the most common being insomnia, sleep apnea, chronic fatigue, restless legs syndrome, sleep walking, night terrors, narcolepsy and snoring."

The Centers for Disease Control and Prevention (CDC) estimates over 70 million Americans suffer from a sleep problem, with 8.1 percent of the U.S. population who have been diagnosed

with Obstructive Sleep Apnea (OSA). In addition to OSA, there are nearly 85 known sleep disorders. Sleep insufficiency is linked to motor vehicle crashes, industrial disasters and medical errors.

Sufferers are also more likely to have chronic diseases like hypertension, diabetes, depression, obesity, and even cancer, according to the CDC.

For more information, visit LGPhysicians.com or call 540-776-2075.

Submitted by
Christopher Finley,
Marketing & Public
Relations

Takes the chore out of switching

ClickSWITCH

No headache. No hassle.

Visit us at www.bankofbotetourt.com



Bank of Botetourt



COMMUNITY CALENDAR

The City of Salem has been monitoring the potential spread of COVID-19, and like you, we have been processing a great deal of information. The safety of citizens, school children and visitors is always the number one priority from the Salem Civic Center to City Hall. Emergency Management team members are in constant contact with the Virginia Department of Health, the Roanoke-Alleghany Health Department and area health professionals at our local hospitals. During this time of uncertainty, people are encouraged to monitor the website (salemva.gov) for official city details on closings or cancellations. This site will be updated daily whenever there is new information.

FIRST AND THIRD TUESDAYS

Salem Host Lions Club, 6:30 p.m., dinner and a program, Salem Civic Center.

SECOND MONDAY

Paint Bank Ladies Auxiliary meeting, 7:00 p.m. at the Paint Bank Fire Department. Contact 540-897-5346 for more information.

EACH TUESDAY

•Salem Chess Players meet at the Salem Senior Center, 110 Union Street in Salem from 7-11 p.m. Open to anyone 16 years or older. Instructions are available.

•Salem Kiwanis Club meets 11:45 a.m. - 1 p.m. for lunch, Salem Civic Center.

•Knights of Columbus hosts bingo for charity. Proceeds support local charities including RAM House, Madonna House, the Roanoke Rescue Mission, Saint Francis House, food pantries and various youth projects. Games are played from 5:30 - 9:30 p.m. at Gator Hall, at 5301 Williamson Road, near Happy's Flea Market.

•Infinity Acres Ranch

Fundraiser from 4 p.m. to 8 p.m. at Christ Episcopal Church at 321 E. Church Street in Blacksburg. Tickets are \$8 while children eight and younger can eat for \$4. For more information, contact 276-358-2378.

•All ages are welcome to TOPS (Take off Pounds Sensibly) at 5:15 p.m. at the Salem Senior Center. For more information, contact Linda at 540-389-4207.

•Overeaters Anonymous (OA) meeting, 7 p.m. at Christ Lutheran Church at 2011 Brandon Avenue in Roanoke. Contact 540-293-4065 for more information.

•From 10 a.m. to 2 p.m., a chair caning and basket weaving class will occur at the Salem Senior Center. While free, attendees are encouraged to bring their own lunch. For more information, contact 540-375-3054.

FIRST AND THIRD TUESDAY

Glenvar Rotary Club meets 12:15 - 1:15 p.m. for

lunch in Richfield Living's Town Center Anser Dining Room. Guests welcome.

THIRD TUESDAY

The monthly meeting for National Association of Women in Construction (NAWIC) Roanoke Valley Chapter #226 locations and times will now vary. Learn more details by sending an email to nawicroa226@gmail.com.

THIRD WEDNESDAY

Alzheimer's /Dementia Caregiver Support Group at 2 p.m. at Salem Terrace at Harrogate.

FIRST THURSDAY

Roanoke County Woman's Club meets at 10:30 a.m. in the conference room at College Lutheran Church in Salem. New members are welcome.

EACH THURSDAY

•The Salem Senior Center's Social Club, known as the 49ers Plus

Club, originally started the senior program in Salem over 40 years ago. They have different speakers and/or activities practically every week. New members are always welcome to show up at the Salem Senior Center at 11 a.m. Contact 540-375-3054 for more information.

•The Salem Rotary Club meets from 12 to 1 p.m. for lunch in Salem Civic Center. Guests welcome.

EACH SATURDAY

•Salem Farmers Market from 9:30 a.m. to noon, weather permitting. Select vendors will have country sausage, cage-free eggs, grass-fed beef, cage-pasture-raised chicken, homemade rolls, pieces of artisan bread, muffins, seasonal greens and more.

•Overeaters Anonymous (OA) meeting, 11 a.m. at Christ Lutheran Church at 2011 Brandon Avenue in Roanoke.

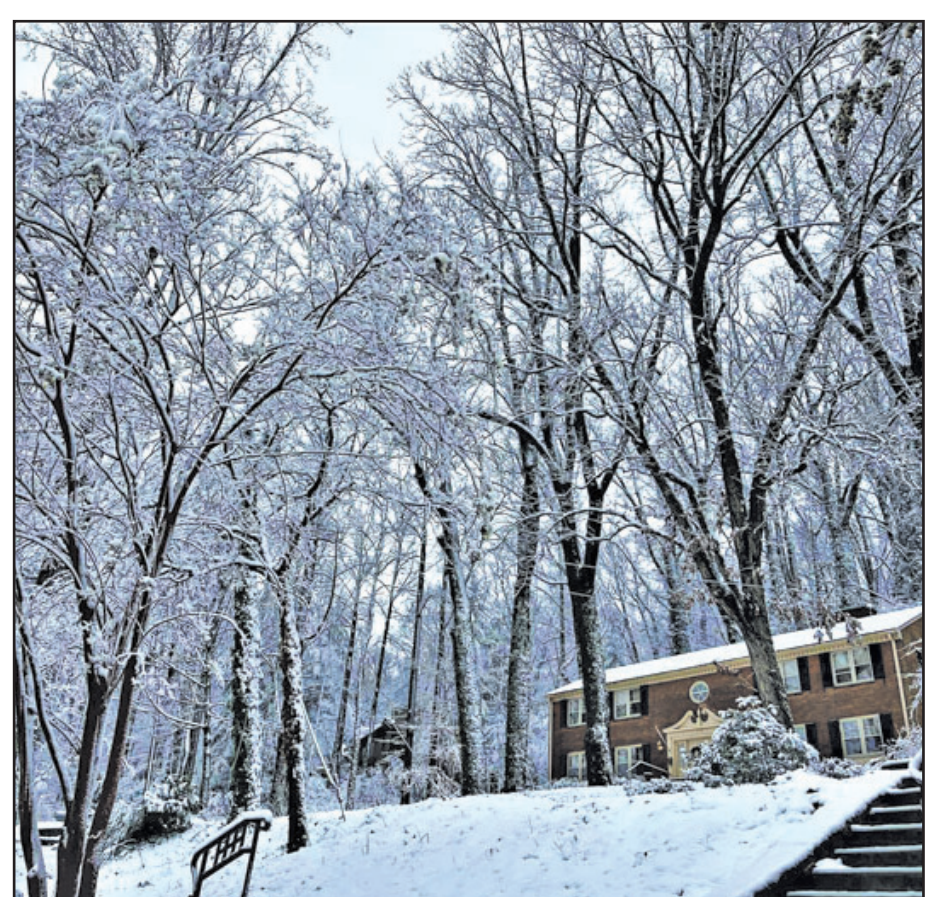
FRIDAY THROUGH SUNDAY, JANUARY 7-9

After having to miss 2021 due to COVID restrictions, the longest running family show, 54th Salem Stampede Championship Rodeo, presented by Kroger and your local Ram dealer, will be riding back into the Salem Civic Center. And this year's event will bring the return of rodeos eight most popular events as well as Boot Barns mutton busting. In addition, this year's event will feature the comedy of multi award winning rodeo clown Mike Wentworth, who's one of the five finalists for 2021 IPRA Clown of the Year. Moreover, 2022 will feature some of the best cowboys and cowgirls the IPRA has to offer from across the United States and Canada. Moreover, several contestants will be from the Roanoke Valley and Virginia area as this has become a hotbed for up-and-coming rodeo contestants. Tickets are on-sale at the Salem Civic Center Box Office and online at ticketmaster.com

First Snow from page 1



One of countless local homes covered in snow. SUBMITTED PHOTOS



Nearly every part of Virginia, including the Roanoke Valley, was impacted by Monday's snow.

1200 STORIES AT RICHFIELD LIVING

Shirley White

Shirley W. is a resident of Knollwood independent living. When she was young she lived in the area and worked as a cook at The Roanoker restaurant. Later she moved with her three sons to New York, where she pursued her undergraduate and master's degrees. She used her education in psychology to help the homeless. She is most proud of her three sons. One is a lawyer, one is a CPA, and the middle one was a football player. Shirley has eight grandchildren and eight great grandchildren who are all college graduates or in the process. She came to Richfield for rehab, and had such a good experience that she came back here to live.

Richfield Living
RichfieldLiving.com | 540.380.6598

“

I lived near Richfield, and had friends there, so when I decided to downsize my choice was Richfield. The community has lots of activities that keep me busy. *Shirley White*

wanted him to take out the trash. When he wasn't looking, I got him so good," Harris said. Cold temperatures

and snow create slippery streets. Virginia Department of Transportation (VDOT) vehicles were on the roads early Mon-

day morning to use materials like sodium chloride to both remove snow and improve vehicle traction. Said one official, "For ice control and snow, salt is the most plentiful and inexpensive de-icer because it is distilled from seawater. Salt is effective to temperatures of about 28 degrees and above."

It usually takes about an hour for each plow to complete its course. Road conditions started to clear around 1:30 p.m.

Approximately 29 million people were under winter alerts Monday morning throughout the east coast. Roanoke County resident Ryan Andrews says he and his family were without power for a few hours. "I knew that it wouldn't last long so I didn't over-react when it happened. Everyone that I checked on was okay so that's all that really matters," Andrews said.

This will likely not be Salem's only snow this month. According to weather.com, snow showers are expected on Tuesday, January 18.

Life is short. Don't make it shorter.

Choose life. Make sure your kids get their HPV vaccine and protect them against cancer.

@vaccinatevirginia

Protect the ones you love, get vaccinated now.

VDH VIRGINIA DEPARTMENT OF HEALTH

Send community news and photos to shawn.nowlin@ourvalley.org

Salem Museum Speaker Series

McAfee Knob, Dragon's Tooth, and Tinker Cliffs - known as "Virginia's Triple Crown" - provide some of the best hiking in Virginia's Blue Ridge Mountains. On Thursday, January 13 at 7 p.m., Diana Christopulos will describe the past, present and future of these three popular locations. This Salem Museum Speaker Series talk will be on Zoom only. The link will be posted on the Museum's website on the morning of the talk.

The talk complements the Salem Museum's newest exhibit, The Other Side of the Mountain: Life in the Catawba Valley. Based on the popular book series by Ted Carroll, this exhibit explores everyday life beginning with the Virginia Indians who first settled in the region, the culture that developed in the largely agrarian community, the stunning scenery, and the modern institutions that have formed there. The exhibit will be on display through March.

McAfee Knob has been popular with hikers for over 100 years. Local

walkers - from Roanoke College, (then) Hollins College, and a women's hiking club called the Nomads - founded the Roanoke Appalachian Trail Club (RATC) in 1932. They played an important role in today's Appalachian Trail, convincing the Trail's founders to move the route so that it would include Tinker Cliffs and a side trail to McAfee Knob.

Today, McAfee Knob is said to be the most photographed spot on the Appalachian Trail, but this popularity is not without its pitfalls. Between 1978 and 1987, local landowners closed access to McAfee Knob due to "slob hikers" who were invading their property. RATC volunteers played a key role, along with staff from the National Park Service and the Appalachian Trail Conservancy, in acquiring the corridor that is today's Appalachian Trail for McAfee Knob and Tinker Cliffs. A huge increase in trail usage, limited parking and a dangerous road crossing are current challenges.

Join Diana Christopulos for photos and stories from the RATC's archives, which until recently were buried in basements and stranded in attics. She is RATC's past president, current

archivist and a section hiker who completed the Appalachian Trail in 2008. In addition, she helped found the McAfee Knob Task Force in 2015, a group of trained

RATC volunteers who patrol Virginia's Triple Crown—McAfee Knob, Tinker Cliffs and Dragon's Tooth—to help protect the resource and provide a safer, more

enjoyable experience for visitors. Christopulos holds a doctorate in American History.

Submitted from Ferguson, Salem Museum Executive Director



Diana Christopulos will speak at the Museum on January 13.

SUBMITTED PHOTO

Cheryl L. Wilson named Executive Director of Virginia American Revolution 250 Commission

Cheryl L. Wilson, a nationally recognized leader of Virginia historical commemorations, has been named executive director for the Virginia American Revolution 250 Commission.

The Virginia American Revolution 250 Commission is charged with the statewide observance of the 250th anniversary of the Revolutionary War and the independence of the United States in 2026.

In her new position, Wilson will work with the Virginia American Revolution 250 Commission to coordinate commemorative activities across Virginia, collaborating with historic sites, national parks, museums, tourism organizations and state agencies to mark this milestone occasion in Virginia and the nation's history. Her new post will begin on January 10.

Wilson's American Revolution 250 Commission Executive Committee members include Jamestown-Yorktown Foundation Executive Director

Christy S. Coleman, chair; Virginia Museum of History and Culture President and CEO Jamie Bosket, vice chair; Gunston Hall Executive Director Scott Stroh; Colonial Williamsburg Foundation President and CEO Cliff Fleet; America's Battlefield Trust President David Duncan; Jamestown-Yorktown Foundation Chair Emeritus H. Benson Dendy III; Dominion Energy President Ed Baine and Virginia Secretary of Education Frances Bradford.

Wilson has served as the executive director for the Virginia World War I and World War II Commemoration Commission, which developed statewide programs to mark the 100th anniversary of World War I and the 75th anniversary of World War II in 2016-2020, which included poignant ceremonies to honor living veterans of WWII.

As executive director of the Virginia Sesquicentennial of the American Civil War Commission in 2006-2015 for the statewide commemoration of

the 150th anniversary of the Civil War in Virginia, Wilson's work with the Civil War 150 was recognized as a national model for a commemoration that was balanced and inclusive of all perspectives. The multi-year event involved nearly every locality in Virginia and embraced cross-partner collaborations among other states. She fostered close partnerships with historic sites, national parks, museums, tourism organizations and agencies across Virginia, and oversaw all commission activities and programs, including an award-winning mobile museum exhibition, popular signature conferences, dozens of large-scale commemorative events, and implemented a document digitization effort that located and preserved 32,000 historical documents, and a matching grant program for local partners.

Wilson has worked with the Virginia General Assembly for more than 30 years, most recently as the deputy clerk for Com-

mittee Operations for the House of Delegates, overseeing hundreds of legislative meetings and working with leadership to ensure proper parliamentary procedure and process, and previously served as senior manager with the Division of Legislative Services, where she drafted bills and resolutions, staffed the House and Senate Rules committees and handled special projects.

Wilson graduated summa cum laude from Virginia Commonwealth University, where she earned a bachelor's degree in political science and a master's in public administration. She has been honored to receive numerous awards, including the Governor's Award from Richmond Region Tourism and the Chairman's Award for Excellence by the Civil War Trust.

For more information on the American Revolution 250 Commission, visit america250.org.

Submitted by Tracy Perkins, Media Relations Manager



Cheryl L. Wilson

SUBMITTED PHOTO

Civic Center from page 1

ing people they encounter.

Almost 100 percent of COVID-19 cases can be attributed to the Delta variant. Every virus and variant are different. Many healthcare specialists state that Omicron possesses vital mutations capable of possibly outcompeting Delta. The best way for people to protect themselves and their loved ones from all variants remains being vaccinated. Even if people are never infected, the vaccines infiltrate people's immune systems to prevent the disease.

Nearly 63 percent of the nation's population has received at least one dose of a COVID-19 vaccine. The overwhelming percentage of new hospitalizations and cases are among unvaccinated individuals.

Over the course of her many years as a healthcare worker, Jamie Wallace says she's never seen anything like the coronavirus pandemic. "COVID-19 has shown to not care if a person is a Democrat, Republican, Christian, Agnostic, Heterosexual, Homosexual or anything else in between. More than

800,000 Americans of all backgrounds have died as a result of complications from the virus. That death toll alone exceeds the entire population of North Dakota."

Numerous books about the COVID-19 pandemic have been written. Some of the most recommended are The Plague Year: America in the Time of Covid by Lawrence Wright, Intimations: Six Essays by Zadie Smith, And The People Stayed Home by Kitty

O'Meara and How We Live Now: Scenes from the Pandemic by Bill Hayes.

More in-depth information pertaining to Virginia

COVID-19 testing, public health monitoring data and much more can be found on the VDH website.

Deal ye one with another with the utmost love and harmony, friendliness and fellowship.
- Baha'i Faith
Bahai.Salem.VA@gmail.com 540-387-2106

Etzler's Hams

This Friday, Jan. 7th
Fresh Hams & Pork Bellies
5445 Blacksburg Road,
Troutville
540-992-2297

- Forestry Mulching/Brush Cutting
- Right of Way & Land Clearing
- Stream & Pond Services
- Light Excavating/Grading
- Pipe & Culvert Cleaning
- Rock & Stump Removal
- Crane Services
- Bucket Truck Services
- Underground Utilities
- Storm Water Management
- Site Prep • Small Job Specialty

APX Services LLC
540-566-6920

SALEM TIMES~REGISTER
Read your newspaper online
★
Visit
salemregister.com
and receive much more!
State & National News
14 additional newspapers in WV & VA
 Over 40 editors, reporters & writers

OPINION

Give Light ~ Events old and new ~

[This is a memory from the many decades the author has been privileged to write for daily and weekly newspapers circulating in Western Virginia.]

My recollection of ministry to incarcerated persons was renewed late last year with mention that Grace Inside has now been operating in the prisons of the Commonwealth of Virginia for more than 100 years. It is financially supported by a number of denominational administrative units such as the Synod of the Evangelical Lutheran Church in America (ELCA).

It seems that around the time of World War I, some clergy grew concerned that there was no concerted effort to bring religious services to those who might spend much of their lives in confinement, regardless of who put them there.

It was decided that such services should be non-sectarian, and so the program was set up.

It's had chaplains over the years from several different Christian groups, and those of other faiths such as Jewish, Muslim and Buddhist are also served.

For well over 50 years, prisons in the Roanoke Valley have also had chaplains. In the days when an organized association of clergy was active, the Jail Chaplaincy Program, which has had its own Board separate from any denominational group, has had ordained folk in the Roanoke City, Salem and Regional facilities.

The name of Disciples of Christ pastor, Dan Netting, has long been associated with the Salem Jail. The past November he was honored for his 20-year pastorate at First Christian Church on Front Avenue in Salem. He continues working with inmates.

Over the years, I've written many news stories about the local jail chaplaincy. In fact, a former chaplain, the late Richard Harris, once invited me to join him for a luncheon Bible class he

Frances Stebbins Correspondent

led informally in the Salem Jail.

It was an unforgettable experience hearing the doors clang behind us!

With the holidays behind us once again, it's time to pack up the trappings.

In my end-of-the-year column of two weeks ago, I remarked that sending beautiful greeting cards, especially as folk grow old, has been abandoned by many. Not so!

Re-reading them before their hibernation, I counted 20 sent to me by Postal Mail; many were accompanied by family newsletters now embellished with pictures of descendants, pets and decorated

homes.

I reduced my card/letter list this year to save time and money, but I responded to those who reached out to me. Looking at some cards I received, I noticed, sadly, that two signatures affixed in late November belonged to persons who had died - of cancer and advanced age - by Yuletide.

The receiving of Holy Communion in memory of what is recorded in the Christian Gospels as having been done by Jesus Christ, is a central act of worship in some denominations. The manner, however, varies greatly with a common cup, on which all partakers place their lips, often used. Bowing to knowledge about illness being transmitted in this way, certain groups have always used individual cups.

Came the COVID pandemic with further sanitary practices promoted. Individual plastic cups became the rule to replace

the imbibing or dipping of a bread waver in a vessel all used. It was not long before these plastic cups - disposed of in a designated container as partakers swallowed "the fruit of the grape" - created a lot of waste.

Over at St. James Episcopal Church, which serves the North Roanoke/Hollins /Williamson Road areas, compostable cups made from sugar cane pulp have now replaced the plastic. They are ordered from a church supplier online, I was told by a member.

An additional symbolic touch is, that since the cups are made from a product from the Earth, they can be returned to the ground and enrich the soil from which they came. Two women in the parish bury the used cups in garden plots in their yards. In the Communion of this Christian group, the blessed wine and homemade wafers are always returned to the Earth if not drunk or eaten.

New isolation and quarantine guidance

Dr. Cynthia Morrow
Roanoke City and Alleghany Health Districts Health Director
Guest Contributor

The past two years have been a challenge for all of us, and even as we welcome a new year, the

latest headlines reflect this stubbornly persistent pandemic. We continue to find ourselves in difficult times, as cases, hospitalizations, and even deaths rise locally, across Virginia, and around the world. We know that the increased burden of COVID has increased the

demand for testing. We are actively working on increasing testing opportunities locally. Visit www.vdh.virginia.gov/roanoke/ for the latest updates.

Despite these challenges, we know we are a resilient community. We have the tools to fight this disease. Thanks to the gift of vaccinations (and boosters), as well as masking indoors when in public, maintaining six-feet of distance between ourselves and others outside our households, and handwashing - we know what to do.

Isolation and Quarantine:

You may have heard that the Centers for Disease Control and Prevention (CDC) recently updated isolation and quarantine guidelines. What do these guidelines mean for you?

Isolation: Regardless

of vaccination status, if you test positive:

Asymptomatic individuals or those with mild symptoms that resolve within five days may end isolation on day five, followed by another five-day period of strict mask usage when around others.

Symptomatic individuals, including those with fever or any other symptoms that are not improving by day five, should remain in isolation until symptoms have improved and/or the fever breaks without the help of fever-reducing medication.

Quarantine: If you learn that you have been exposed to someone who has tested positive for COVID-19, the new guidelines for quarantine are:

People who have had their booster shots (after being fully vaccinated)

should commit to a ten-day period of strict mask usage around others.

Unvaccinated and un-boostered individuals should quarantine for five days, followed by another five days of strict mask usage.

All individuals, regardless of vaccination status, should consider getting tested five days after the initial exposure. If at any point someone develops symptoms, they should seek testing and isolate pending the test results.

These updates are based on the most recent data which indicates that the majority of COVID-19 transmission takes place earlier after infection, typically in the first one to two days before symptoms appear and about two to three days after. It is important to note that people can still be contagious and infect others with the virus,

even if their symptoms have improved or they had no symptoms, for up to ten days, which is why it is so important to wear a mask.

We expect more guidance about how these new guidelines will be implemented in places such as schools and day-care centers. Many of our children are not yet vaccinated and younger children may have difficulty adhering to the very strict mask requirements. For these reasons, we recommend that schools and daycares continue their current quarantine and isolation protocols.

Best wishes for a new year of health, happiness and prosperity.

We can understand that the rise in cases and new information may generate some questions for you. Visit www.vdh.virginia.gov/roanoke for more details.

SALEM TIMES-REGISTER
A newspaper of, by and for the people of the City of Salem and Roanoke County.
USPS 631-140
(540) 389-9355
1633 West Main Street
www.ourvalley.org

Michael Showell, *Publisher*
Lynn Hurst, *General Manager*lhurst@ourvalley.org
Shawn Nowlin, *Editor* shawn.nowlin@ourvalley.org
Brian Hoffman, *Sports Editor*bhoffman@ourvalley.org
Randy Thompson, *Advertising Consultant*advertise@ourvalley.org

Give us your view: shawn.nowlin@ourvalley.org

The Times-Register encourages letters from our readers on topics of general interest to the community and responses to our articles and columns. Letters must be signed and have a telephone number where you can be reached to be considered for publication. All letters will be verified before publication. The Times-Register reserves the right to deny publication of any letter and edit letters for length, content and style.

The Times-Register (USPS 631-140) is published weekly for \$44 a year in Salem and Roanoke County, \$48 in adjoining counties and \$52 out of state by Virginia Media Inc., P.O. Box 429, Lewisburg, WV 24901. Periodical postage paid at Salem, VA. POSTMASTER: Send address changes to THE SALEM TIMES-REGISTER, P.O. Box 1125, Salem, VA 24153

Be sure to 'Like' the Salem-Times Register on Facebook.

Defense research opportunities for Historically Black Colleges and Universities expanded

U.S. Senators Mark R. Warner (D-VA) and Sherrod Brown (D-OH) recently announced that the Senate-passed FY 2022 National Defense Authorization Act (NDAA) conference report includes a version of their bipartisan Building Equitable Access to Contribute to Our National Security (BEACON) Act, legislation to expand Department of Defense (DoD) research funding opportunities for Historically Black Colleges and Universities (HBCUs) and Minority-Serving Institutions (MSIs). This includes Hampton University, Norfolk State University, Virginia State University, Virginia Union University, and Virginia University of Lynchburg in Virginia, as well as Central State University and Wilberforce University in Ohio.

The Department funds basic research at institutions of higher education and Brown's legislation would ensure HBCU students get the resources and research opportunities to succeed in STEM and other related careers. Brown and Warner filed a modified version of the BEACON Act as an amendment during Senate consideration of the NDAA. The House included a version of the BEACON Act in the NDAA and the FY22 NDAA Conference Report retained a similar provision. The House-Senate NDAA conference report now heads to the President's desk to be signed into law.

"This legislation will help tap into the enormous potential of Virginia's five Historically Black Colleges and Universities, which for too long received a disproportionately small portion of our nation's defense research funding," said Warner. "I'm proud to have fought for this provision, which will strengthen the STEM pipeline at our HBCUs and help ensure that these institutions can access the resources they need to bolster critical defense research."

"Historically Black Colleges and Universities, like Wilberforce and Central State in Ohio, are a critical part of our nation's higher education system and provide important research opportunities for students traditionally underrepresented in STEM careers," said Brown. "This funding will widen the talent pool and help elevate partnerships between the Department of Defense and these institutions for years to come."

Defense research is a vital source of innovation and a financial resource for our nation's universities, which received over \$4.6 billion from the Department of Defense in science and engineering funding in 2018. Yet, Historically Black Colleges and Universities (HBCU) received only \$21 million - less than a half percent, of that funding. These disparities continue while Black individuals are underrepresented in the STEM labor force by 53 percent and despite the fact HBCUs are a proven pipeline for diverse STEM talent, graduating 20 percent of all African American college students and nearly 30 percent of all African American STEM professionals.

An interim report from NASEM found that "limited set aside dollars and no requirements or incentives to increase their participation in non-targeted programs, [congressional] encouragement has not translated into significant capacity-building or sustained support." The report further found that "new funding streams may be necessary to expand opportunities to HBCU/MSIs" and "mutually beneficial partnerships may serve as a strategy for HBCU/MSIs to build and better utilize their current capacity to conduct DoD-funded research."

Submitted by Laura Dacy, Communications Office

CROSSWORD PUZZLE

CLUES ACROSS

- Struck firmly
- Shirt part
- Nevertheless
- Article
- Adornment
- Educator's helper
- Healthcare pro
- Atomic number 28
- Extinct flightless bird
- Mystic syllable
- College sports decision maker (abbr.)
- Edible mushrooms
- Venerable English monk
- Surrounded by
- Forming fractional numbers from 4 onwards
- Eastern France river
- Short cry or yelp
- Brew
- Ornamental box
- In a way, surfaced

CLUES DOWN

- Poem
- Everest is one (abbr.)
- Olympic legend Jesse
- Portable tent
- When you hope to get there
- Unwavering
- Back muscle
- Within
- Excessive fluid accumulation in tissues
- Six
- Involved as a necessary part
- 2002 Liotta, Patric film
- Living thing
- Type of gin
- Moved around in pursuit of fun
- Makes light bulbs
- Story of one's life
- Small island in a river
- A type of bliss
- Genus of large herons
- A way to make dry

CLUES ACROSS

- One's grandmother
- Vocal style
- Pronunciation mark
- American Indian chief or leader
- Insecticide
- Go bad
- Capital of Zimbabwe
- Polish river
- Cast out
- People of India and Sri Lanka
- Cleaning fabrics
- Very skilled
- Pouches
- Restaurant must-have
- Native Americans from Arizona
- Remaining after all deductions
- Fleece
- Dorm official
- It cools your home

Call for organizations to help save lives on Virginia's roads

~ Highway safety grant fund applications accepted through February 28 ~

If your organization's passion is making a difference in your community and you want to save lives, consider applying for a highway safety grant from the Virginia Department of Motor Vehicles (DMV). Grants allow law enforcement agencies, nonprofit organizations, state and local government agencies, and colleges and universities, to implement innovative programs and campaigns aimed at preventing and reducing traffic fatalities, injuries and crashes in Virginia.

Interested applicants may apply from February 1 through February 28, 2022, and are required to complete a grant application training course.

Workshops begin in January 2022. For information about the course, guidelines for grant applications, and access to the application, contact the DMV program manager assigned to the area of Virginia where the applicant is located.

Grant-funded programs strive to increase seat belt use or decrease speeding; prevent drunk, drugged, drowsy or distracted driving; or promote motorcyclist, pedestrian, bicyclist, teen or senior driver safety. Additionally, objectives to measure the initiative's effectiveness are required, and funding is determined by the potential impact on these established performance objectives. Applica-

tions for programs that include Virginians of various cultures and ethnicities are encouraged. For more information, visit <https://www.dmv.virginia.gov/safety/#grants/index.asp>.

The funding period for approved applications is October 1, 2022, through September 30, 2023. Applicants participate on a cost-reimbursement basis.

Here are three examples of grant-funded projects:

A local law enforcement agency provides high-visibility enforcement (HVE) of alcohol-related traffic laws, including checkpoints and saturation patrols, to combat drunk driving crashes, injuries and fatalities. The agency evaluates the crash

data in its locality, including where and at what times of day the most incidents occur, and forms an HVE plan based on the data.

Virginia GrandDriver provides safe driving resources and services to mature drivers, their caregivers, and the medical, law enforcement and legal communities. GrandDriver holds CarFit events across Virginia, a 12-point assessment that addresses issues such as foot positioning and mirror placement. Professionals conduct approximately 200 assessments annually that evaluate an older person's driving ability at Comprehensive Driver Assessment locations.

Street Smart is a pedestrian and bicycle safety public awareness campaign in northern Virginia. Paid advertising displays on buses, at bus stops and bus shelters, on gas pump toppers and through social media, while law enforcement agencies spend overtime hours enforcing pedestrian and bicycle traffic laws, all during Daylight Saving Time.

For more highway safety information, visit <https://www.dmv.virginia.gov/safety/>. To learn more about Virginia's goal to achieve zero traffic deaths, visit tzdva.org.

Submitted by Jessica Cowardin, Communications Department

New federal law offers additional protections against surprise medical bills

Many Virginians are already protected against surprise medical bills - thanks to a Virginia law that took effect January 1, 2021. Now, the federal No Surprises Act (NSA), which takes effect January 1, 2022, will provide additional protections for more people against surprise billing for medical expenses.

Surprise billing - or balance billing - occurs when patients enrolled in managed care health insurance plans receive care either in an emergency situation or unknowingly from medical service providers who do not participate in the plan's network of providers - often referred to as "out-of-network" providers - and the provider bills them for more than their plan's cost-sharing amounts (such as deductibles, coinsurance and copays).

Virginians enrolled in either fully insured man-

aged care health insurance plans issued in Virginia, or the state employee health benefit plan, must not be balance billed by an out-of-network provider for emergency services. Additionally, out-of-network providers cannot balance bill these individuals for certain non-emergency services during a scheduled procedure at an in-network hospital or other health care facility.

Self-insured group health plans may opt-in to the protections offered by Virginia's balance billing laws. In Virginia, these plans are known as elective group health plans. Please visit the State Corporation Commission's (SCC) Bureau of Insurance (Bureau) balance billing webpage at <https://www.scc.virginia.gov/balancebilling> to view plans that have chosen to opt-in to Virginia's protections.

Most people who receive health care coverage

through an employer are covered by self-insured health plans. The new NSA applies to items and services provided to individuals enrolled in self-insured health plans offered by employers regardless of the location of the employer or balance billing protections offered by a state, as well as group or individual health care coverage offered through health insurance companies.

New NSA protections - which include cost-sharing rules, prohibitions on balance billing for certain items and services, notice and consent requirements, and requirements related to disclosures about balance billing protections - apply to health care providers and facilities, as well as providers of air ambulance services.

The NSA makes an independent dispute resolution (IDR) process available for providers and

insurance companies to settle disputes about a patient's bill without putting the patient in the middle. Under the NSA, IDR is also available in certain circumstances for individuals who are uninsured.

Some states have their own balance billing IDRs. Virginia law provides a process for insurers and providers to resolve balance billing disputes and prohibits the provider from balance billing the consumer. When a consumer is treated by an out-of-network health care provider for services covered by the law, the provider will submit the claim to the consumer's insurer or health plan. The insurer or health plan will pay the provider a "commercially reasonable amount," thereby eliminating any balance payment by the consumer to the provider for services rendered.

The out-of-network

provider may dispute the payment amount with the insurer. If that occurs, one of the parties may request that an arbitrator determine the final payment amount and resolve the dispute. Arbitrators must report their final decision to both arbitrating parties and to the Bureau. In support of this dispute resolution process, currently 111 arbitrators have been approved in Virginia. Between January 1, 2021, and October 31, 2021, the Bureau received 727 arbitration requests, 660 of which were accepted as eligible.

Virginia law also requires certain consumer notifications by health care facilities, other medical providers and managed care health insurance plans regulated by the Bureau regarding balance billing protection for out-of-network services - including when a consumer can be balance billed and their

rights under Virginia law. The Bureau has posted a consumer notification for January 1, 2022, that incorporates new federal rights and protections at: <https://www.scc.virginia.gov/pages/Balance-Billing-Protection>.

Keep in mind that, under your health plan, you are still responsible for cost-sharing amounts that may include copays, coinsurance and deductibles.

In some cases, Virginia protections may be more extensive than those provided under the NSA, such as with short-term, limited-duration plans with a network and certain types of in-network facilities subject to Virginia law.

To learn more about your protections under the NSA, visit <https://www.cms.gov/nosurprises>.

Submitted by Katha Treanor, Communications Specialist

Virginia energy leader honored for talent management

~Chief Deputy Jennifer Palestrant's education programs train young professionals for the offshore wind workforce~

Governor Ralph Northam recently announced the Virginia Department of Energy Chief Deputy, Jennifer Palestrant, received a top award at the offshore wind industry's Ventus Awards Gala hosted by the Business Network for Offshore Wind. Chief Deputy Palestrant received the Talent Management Leadership award for her work in education programs and training for young professionals entering the offshore wind workforce.

"Jennifer's contributions to building Virginia's workforce played a major role in making the Commonwealth a leader in the offshore wind industry," said Governor Northam. "Her dedication to building the next generation of wind industry professionals has been so impactful. This award and recognition is well deserved."

Jennifer Palestrant is the Chief Deputy of Virginia Energy and the Commonwealth's first to lead the agency's offshore wind program. The offshore wind industry has grown exponentially in Virginia and the Commonwealth is now considered a hub for the industry on the East Coast.

During her time as Virginia Energy Chief Deputy and Director of Offshore Wind, Palestrant partnered with other states and the Hampton Roads Alliance to further develop the offshore wind industry in Virginia. The training programs she implemented in Virginia colleges are successfully building a workforce with the necessary skill

sets for careers in the renewable energy industry.

"We knew we needed someone to lay the foundation and showcase Virginia's assets to set the stage for a national offshore wind industry," said Secretary of Commerce and Trade Brian Ball. "Jennifer has been at the forefront in marketing our state and ensuring the most important piece—the workforce—is ready as offshore wind and the related supply chain expands in Virginia."

"Jennifer has made an

indelible mark on the offshore wind industry through her tireless advocacy for educational programs and training for young professionals entering the offshore wind workforce," said Business Network for Offshore Wind President and Chief Executive Officer Liz Burdock. "She is a dynamic public servant that has embraced both the offshore wind industry and vigorously advocates for industry education that will benefit a variety of stakeholders."

"Her knowledge of

workforce development combined with offshore wind development is unmatched," said Virginia Energy Director John Warren. "She is often invited to sit at very important tables when it comes to decision-making for the offshore wind industry on national and international levels."


The Talent Management Leadership Award

recognizes individuals who nurture and develop a new generation of leaders. It was one of ten awards presented at the Ventus Awards Gala.

Other Virginia companies were also awarded at the event. Orsted received the Offshore Wind Leadership award which noted its construction of the Coast Virginia Offshore Wind Pilot Project. Dominion

Energy was awarded the Supply Chain Advancement Award for its Jones Act-compliant offshore wind turbine installation vessel, Charybdis, which has played a significant role in developing the domestic supply chain.

Submitted by Alena Yarmosky, Office of the Governor



PUBLIC HEARING

The City of Salem School Board will hold a public hearing for comment on the Return to In-Person Instruction & Continuity of Services Plan on Tuesday, January 11, 2022. The hearing will begin at 7:00 PM at the School Administrative Office, 510 South College Avenue, Salem.

Any citizen of Salem who wishes to address the Board should contact Kathy A. Jordan, Clerk of the Board, at 389-0130 by Monday, January 10, in order to be placed on the agenda. Individuals who plan to address the Board are requested to bring a copies of their remarks for the record.

In accordance with Board Policy KD, Public Participation in Board Meetings, individuals who plan to address the Board are requested to:

- provide their name and address,
- address their remarks to the Board,
- be brief and address all stated concerns to the chair,
- A time limit of three minutes per speaker is allotted,
- Provide 8 copies of their remarks for the record, and
- be prepared to answer questions from the Board,
- In unusual cases or cases of emergency, the Board, by consensus, may allow an individual or organization to speak if not on the agenda.

YOUR LOCAL NEWS JUST THE WAY YOU LIKE IT!

SALEM TIMES~REGISTER

DIGITAL ONLY

One Year Digital Subscription \$29.00

DIGITAL & PRINT

Yearly Print & Digital Subscription \$67.00

PRINT ONLY

Yearly Print Only Subscription \$44.00 In County \$48.00 Out of County \$52.00 Out of State

SUBSCRIPTION TO THE SALEM TIMES-REGISTER

Name: _____

Address: _____


City: _____ State: _____ Zip: _____

Telephone: _____

Check Enclosed _____ or call (304) 647-5724 to pay by credit card

Mail to: Circulation Department, SALEM TIMES-REGISTER, P.O. BOX 429, Lewisburg, WV 24901 or call us at (304) 647-5724.

Providing Quality Care to the Community of Salem Since 1955



Snyder Nursing Home
11 North Broad Street, Salem
389-6305
Located in Historic Downtown Salem
directly across from the Salem Farmer's Market

Mamma Maria's
ITALIAN RESTAURANT
Specializing in Catering and Parties



389-2848 • 2025 West Main St., Salem / Exit 137 off I-81

Orange Market
1823 Thompson Memorial Drive • Salem, VA
(540) 389-0417
6 a.m. - 11 p.m. Seven Days a Week

ANGLICAN
ST. THOMAS ANGLICAN CHURCH - located at 4910 Hubert Rd, NW Roanoke, Va. Traditional Liturgical Lenten Services, Sunday at 10:30 am. Call (540) 589-1299 or visit www.sttofc.org for midweek masses and events. (In Roanoke, go E on Hershberger, L on Hubert to 4910).

BAPTIST (INDEPENDENT)
CALVARY BAPTIST CHURCH-7th and Florida Streets, Salem VA. Pastor: Roger D. Counts, 540-389-3818. Sunday School 10:00 a.m., Morning Worship 11:00 a.m., Sunday Evening Service 6:30 p.m., Wednesday Night Prayer Service, 6:30 p.m.

LAKESIDE BAPTIST CHURCH - 447 Dalewood Avenue, Salem, 986-0062, Pastor Carl Goodman. Coffee Bar 9:00 a.m., Sunday School 9:30 a.m., Sunday Worship 10:30 a.m., Children & Student Ministry 5:30-7:30 p.m.; Thursday 7:00 pm Young Single Adults, Wednesday Morning Prayer Service 10:00, Lifegroups meeting throughout the week. www.lbcva.com.

SOUTHSIDE BAPTIST CHURCH, 2721 120°Clock Knob Rd., Salem, Pastor: Tim York; Sundayschool, 9:45AM, Sunday morning worship, 11:00AM, Sunday evening, 6:00PM, Wednesday evening, 7:00PM.

TEMPLE BAPTIST CHURCH - 4339 Daugherty Road, Salem, Greg Irby, Pastor, Church: 380-3567; Home: 389-7240, Sunday School 10:00 AM, Worship Services 11:00AM & 6:00PM, Mid-week Prayer Meeting Wednesday 7:00PM, www.templebaptch.com.

BAPTIST (SOUTHERN)
BETHEL BAPTIST-1601 S. Colorado St., Salem, Pastor Hilton Jeffreys, 389-2376, Sunday: - 9:30 Sunday School; 10:30am Morning Worship; 6:00 Evening Worship; Wednesday 6:15 Preschool & Children Awana and Youth and Adult Bible Study. www.bethelbaptistva.com

MOUNTAIN PASS BAPTIST CHURCH - 311 Catawba Valley Dr., (Ro. Co.) Salem, VA 24153. Rev. Jack Richards, Jr., Pastor, Study 384-6720, Home 427-1508. Sundays: Sunday School 9:45 a.m.; Morning Worship 11:00 a.m., Evening 6:00 p.m. Wed: 7:00 p.m. Prayer Meeting and Bible Study.

RIDGEWOOD BAPTIST-703 Hemlock Road N.W. Roanoke, 342-6492. Roy E. Kanode, Pastor. Sunday School 9:45 a.m., Morning Worship 11 a.m., Awana 5:15 p.m., Adult Bible Study and Youth Fellowship 6:00 p.m.; Wednesday Prayer Service 6:30 p.m.; Fellowship Meal 5:45 p.m.; Praise Kidz 6:00 p.m.; Family Night Activities 6:30 p.m. website: www.ridgewood-baptist.com.

FELLOWSHIP COMMUNITY CHURCH - Kevin Wilson, Pastor, 387-3200. Salem Campus: 1226 Red Lane Extension, Salem, Worship Times: 9:15AM & 11:00AM. North Campus: 7210 Williamson Road, Roanoke, Worship Times: 9:15AM & 11:00AM. Southwest Campus: 3585 Buck Mountain Road, Roanoke, Worship Times: 9:15AM & 11:00AM. www.fcclife.org.

BRETHREN
GREEN HILL CHURCH OF THE BRETHREN, 2699 Harborwood Rd (Ro. Co.) Salem, (540) 389-5109, Email: greenhillcob@verizon.net, find us on Facebook. Continuing the work of Jesus, Peacefully, Simply, Together. God's Work Our Hands

CHURCHES OF CHRIST/CHRISTIAN CHURCHES
SALEM CHURCH OF CHRIST - 401 West Main Street. 540-389-2400. Minister Taylor Plott; Youth Minister Nathan Beard; 10:00am Sunday Bible Study; 11:00am

Salem

WORSHIP DIRECTORY

ALMIGHTY GOD

Read Genesis 40:1 thru 41:57

Joseph spent two years in a dungeon after interpreting the dreams of Pharaoh's cupbearer. Joseph had asked this man to mention him to the king upon being reinstated, but, as each day dragged on, no communication came from the Pharaoh.

When Pharaoh had a dream and told it to all his wise men, no one could interpret it. The cupbearer finally remembered Joseph and told Pharaoh about him.

So Pharaoh sent for Joseph, and he was quickly brought from the dungeon. When he had shaved and changed his clothes, he came before Pharaoh (Genesis 41:14).

Joseph was going to be taken into the presence of the nation's highest ruler. His first order of business was to make himself presentable. His prison clothing and his haggard appearance were hardly appropriate to stand before royalty. Joseph prepared to see the king, honoring the authority and majesty of Pharaoh.

We have the privilege of an audience at any time with our King, Jesus Christ. May we never forget His majesty or approach Him with less than honor and adoration.

Thought for Today: Consider the majesty of God.

Quicklook: Genesis 41:1-14

Sunday Worship Service; Wednesday Life Groups: 5:30 -7:00pm. For more info contact the Church Office.

WESTSIDE CHURCH OF CHRIST - 1705 Starview Drive, Salem. Minister Neil Richey, 389-9139, Sunday Bible Study: 9:30 AM, Morning Worship: 10:30 AM, Evening Worship: 6:00 PM, Wednesday Bible Study, 7:00 PM.

CHURCH OF GOD/ANDERSON COVENANT COMMUNITY CHURCH-955 Bird Lane, Salem, Va 24153, 389-5639. Pastor: Scott Hudson. Sunday School 10:00AM, Worship 11:00AM; Bible Study 6:00PM.

CHURCH OF GOD/CLEVELAND SALEM CHURCH OF GOD - 600 Craig Avenue, Todd Stiffler, Pastor, 387-2068, Sunday School 9:30am: Worship and Kids Church 10:30 am, Wednesday Bible Study and Classes at 7:00 pm. www.salemcof.god

DISCIPLES OF CHRIST FIRST CHRISTIAN CHURCH, 712 Front Ave. Salem, Pastor Dan Netting (540) 389-6831. www.firstchristiansalemva.com. Adult and Children Sunday School - 9:45 am, Worship - 10:45 am. Nursery Provided for both. Everyone welcome

FORT LEWIS CHRISTIAN CHURCH - 2931 West Main Street, Salem, Interim Pastor, Rev. Dr. John Dunstan, 380-4636. Website: www.flccsalem.org. Sunday worship inside sanctuary and on zoom, 10:30 AM, mask wearing and social distance.

ECKANKAR
ECKANKAR, THE PATH OF SPIRITUAL FREEDOM, is located at 1420 3rd St. SW, Roanoke, VA 24016. However, due to COVID-19, the Light & Sound Services and other ECK programs are currently available online through Zoom. Visit www.eck-va.org for program listings, www.meetup.com/Roanoke-Spiritual-Experiences-Group, or call 540-353-5365 and leave a message. We will return your call. Also visit www.eckankar.org for more information about how the teachings of Eckankar lead you to spiritual freedom.

EPISCOPAL
ST. PAUL'S EPISCOPAL CHURCH - 42 East Main Street, Salem, 389-9307. The Rev. Dr. David Compton. Sundays at 7:30am and 10am. Holy Communion in church and live-streamed on YouTube @ StPaulSalemVa.

EVANGELICAL LUTHERAN COLLEGE EVANGELICAL LUTHERAN CHURCH - 210 S. College Avenue, Salem VA 24153. Please visit our website www.collegelutheran.org for information on services.

FOURSQUARE
the BRIDGE SALEM CHURCH - 4335 West Main Street, Salem. 540-404-1414 | bridge.salem@icloud.com • www.salemva.church Saturday service, 6pm (Nursery & Kids Church available). Mail: PO Box 1954, Salem. Twitter/ Instagram: @thebridgesalem Joey Lyons, Senior Pastor | joey@salemva.church | 540-831-9864

INDEPENDENT
RESTORATION CHURCH - a Community on Mission Following Jesus into the World

- 10:10am Sundays at the Salem YMCA - 1126 Kime Lane, Salem - 540-384-1601 - www.restorationsalem.org. Watch Live at: YouTube: Restoration Church-Salem, VA. Facebook: RestorationChurchSalem

NATIONAL BAPTIST CONVENTION, U.S.A., INC.

FIRST BAPTIST CHURCH-226 South Broad Street, Salem. Rev. Melton Johnson, 389-9648. Sunday School 9:30 AM, Sunday Morning Worship Service 11:00 AM, Wednesday Bible Study and Prayer Meeting 7:00 PM.

SHILOH BAPTIST- 201 South Market Street, Salem, Rev. Adrian E. Dowell, (H) (389-0409). Sunday School at 8:30 a.m. (All classes) each Sunday online via zoom and church conference call line. Wednesday Adult Bible Study at 7:00 p.m. via zoom and church conference call line. Children's Bible Study at 7:00 p.m. via zoom. Teen Talk Bible Study at 7:30 p.m. via zoom. Saturday Men's Bible Study at 7:00 a.m. via zoom. Saturday Intercessory Prayer Service at 8:00 a.m. via church conference call line. Sunday Women's Bible Study Class at 8:30 p.m. via zoom. In-person Worship on Sunday at 11:00 a.m. or worship with us on line via Facebook or on the church conference call line. In person worship requires CDC guidelines for mask wearing and social distancing. Ushers are available to assist with seating.

PENTECOSTAL HOLINESS
CHRISTIAN LIFE INT'L - 1 CLI Way, Salem, Ryan Linkous, Pastor, 343-3801, Sunday Worship Service 10:15 AM, (Children's Church and Nursery) Wed, MidWeek Service (Adult, Awaken Youth, M'pact Girls & Royal Rangers) 7 PM. Nursery Provided. Email: office@clichurch.org. Find us on facebook.

PRESBYTERIAN CHURCH (USA)
SALEM PRESBYTERIAN CHURCH- 41 East Main Street, Salem, VA . 389-3881. Associate Pastor Rev. Janet Chisom, Interim Pastor: Rev. Tupper Garden. In-Person Sunday School and worship has resumed at 9:30 AM and 11:00 AM on Sundays or worship with us online live at www.salempres.org, or Facebook, or YouTube. During in-person attendance for Sunday School and worship we strongly encourage wearing a mask while inside the church due to COVID concerns.

ROMAN CATHOLIC
OUR LADY OF PERPETUAL HELP -314 Turner Road, Salem. 387-0491, Rev. Danny Cogut, Saturday Mass - 5:00 p.m., Sunday Mass 10:30am, Daily Mass: Mon 12noon, Wed 6:30pm, Thur 12noon & Fri 12noon; Mass on Sunday at 1:00 pm in Spanish; Confessions Wednesday 5:30-6, Saturday 3:30 p.m. - 4:30 p.m. and by appointment.

UNITED METHODIST
FIRST UNITED METHODIST CHURCH - 125 W. Main St, Salem, VA. 540-389-5459. Pastor Alan Combs, Traditional Worship - 8:45am, Sunday School - 9:45am, Genesis Contemporary Worship 10am; Traditional Worship - 11:00am. www.fumcsalemva.org.
LOCUST GROVE UNITED METHODIST CHURCH- 3415 Locust Grove Lane, Salem, 380-4303, Pastor Logan Hollenbeck. Each Sunday Traditional Worship 9:30 a.m.

To list your church, contact Randy Thompson at 540-230-1129 or email advertise@ourvalley.org

OBITUARY

Sutphin, Timothy Wayne

Timothy Wayne Sutphin, 56, of Salem, took residence in his new heavenly home on Wednesday, December 29, 2021. He was born on December 3, 1965, in Roanoke to Mary Brumfield Sutphin and the late Kenneth Wayne Sutphin.



He was a very selfless person who always had a willingness to serve others as Christ taught.

Tim simply loved people and life in general! He was known as one that truly never met a stranger.

When not at work or serving in some capacity, you may have found him tinkering with one of his vehicles, as he was a jack of all trades, or possibly away on a boys' weekend getaway with family enjoying camping, fishing and fellowship.

Above it all, Tim will be remembered as a loving son, brother, husband, father, uncle, and friend to all that knew him!

In addition to his father, he was preceded in death by his grandparents, Walker and Louise Sutphin and Tom and Helen Brumfield; his in-laws, Bud and Joyce Crouch; and several aunts and uncles.

Family remaining to cherish Tim's memory includes his loving wife and best friend of 28 wonderful years, Kelly Crouch Sutphin; sons, Carson Wayne Sutphin, and fiancée, Emma Stremmel, and Chandler Thomas Sutphin and special girlfriend, Abigail Bryant; mother, Mary Sutphin; brother, Todd Sutphin, and wife, Angela; sister-in-law, Sandra Newman, and husband, Jerry; brothers-in-law, Bobby Crouch and wife, Margaret, and Ronnie Crouch and wife, Jennifer. Numerous nieces and nephews also survive.

The family would like to thank the Salem community for their love and support to not only Tim over the years, but also to his family during this most difficult time.

The family will receive friends on Monday, January 10, from 2 to 4 p.m. and 6 to 8 p.m. at Bethel Baptist Church in Salem.

A celebration of Tim's life will be held on Tuesday, January 11, at 2 p.m. at the Salem Civic Center Community Room. Interment will follow in Sherwood Memorial Park.

In lieu of flowers, please consider donating in Tim's memory to the Bethel Baptist Church Building Fund, 1601 S. Colorado Street, Salem, VA 24153.

Online condolences may be expressed to the Sutphin family by visiting www.johnmoakey.com.

As a graduate of Salem High School, Tim's love of Spartan football came from playing during his high school days. In 1983, he was the recipient of the Spartan Bell Award. For numerous years, he honored his beloved Spartans by broadcasting every football game via WSUT, so those unable to attend physically would at least be there virtually.

Tim worked for G.E. for 12 years while attending college and eventually earned

his bachelor's degree in business from Averett University. Following college, he transitioned from G.E. to serve the community he sincerely loved and began his career in law enforcement, serving 4 years with the Roanoke County Police Department and another 6 1/2 years with the Salem Police Department. There he earned the rank of Senior Officer (SPO) before leaving for a new adventure. While employed with Salem, Tim held numerous roles, including firearms instructor, field training officer, RADAR instructor and was also a member of the Crash Investigation Team.

Tim was currently employed by RADAR, a paratransit and senior transport company, where he enjoyed his duties as director of safety and maintenance. He was also employed part-time for Tractor Supply Company, earning a paycheck to pay for his tractor he enjoyed using on the family property in Buchanan.

Tim's love for the Salem community and surrounding area was evident in almost every aspect of his life. His love and support of local businesses will be remembered and treasured by the numerous small business owners in the Valley. In honor to his Lord and maintaining his service to the community, Tim served as a deacon, was a member of the security team, and held other positions as needed for his beloved church family at Bethel Baptist Church.

Virginia Mortgage Relief Program officially launched

- Program is a companion to the Virginia Rent Relief Program, widely recognized as best in the country -

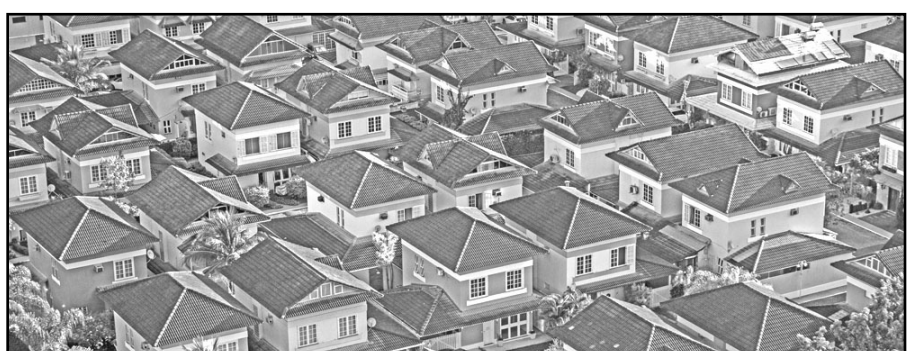


PHOTO BY BRENO ASSIS

Governor Ralph Northam recently announced the launch of a statewide Mortgage Relief Program to help people stay in their homes and help ease mortgage delinquencies, defaults, foreclosures due to the pandemic.

Applications opened on Monday, January 3.

The Mortgage Relief Program is similar to the highly successful Virginia Rent Relief Program which has received national recognition for its success. Virginia was one of the first states in the nation to create a statewide rent and mortgage relief program with federal Coronavirus Aid, Relief, and Economic Security (CARES) Act funds.

The Commonwealth has implemented rent and mortgage relief programs through designated state and federal resources. Combined, these programs have provided more than \$519.5 million in 106,621 rent relief payments for more than 76,500 households across Virginia. Families with children represent the majority of households assisted by the program.

"Virginia is taking aggressive steps to help people stay in their homes," said Governor Northam.

"Owning a home is the American dream, and this new program will help keep that dream alive."

The Commonwealth of Virginia received more than \$258 million through the U.S. Department of the Treasury's Homeowners Assistance Fund to support homeowners facing housing instability resulting from the COVID-19 pandemic.

"Providing housing stability and supporting Virginia homeowners is of the utmost importance right now as we continue to advance our recovery efforts from the pandemic," said Virginia Housing Chief Executive Officer Susan E. Dewey. "This program will protect homeowners at risk of losing their homes thereby strengthening our communities and our economy and improving the lives of many Virginians across the Commonwealth. Our mission is to help Virginians attain quality, affordable housing and foster successful homeownership, and this program directly aligns with our goals by providing vital financial support to homeowners during a time of great need."

Eligible homeowners must have experienced a

reduction of income or increase in living expenses after January 21, 2020 and must currently own and occupy the property as their primary residence. In addition, there are maximum income limits and other eligibility requirements. More information on eligibility requirements from the U.S. Department of the Treasury can be found online.

Funds from the Virginia Mortgage Relief Program will be distributed directly to mortgage lenders and servicers, contracts for deed holders, county treasurers or local taxing authorities, property insurance companies, and homeowner and condominium associations. Utility assistance is not an eligible expense under the Virginia Mortgage Relief Program but is available under other state, local, or private sector programs. For other housing related resources visit www.211Virginia.org.

To apply or learn more about VMRP, visit www.VirginiaMortgageRelief.com or call 833-687-8677 (833-OUR-VMRP).

Submitted by Alena Yarmosky, Office of the Governor

Aspiring public servants encouraged to apply for the Virginia Management Fellows Program

-Developed with Virginia Tech, program aims to preparing next generation of state government leaders-

Governor Ralph Northam recently encouraged people to apply for the 2022-2024 Virginia Management Fellows program cohort.

The Commonwealth developed the management-training program in partnership with Virginia Tech's School of Public and International Affairs to meet the state's succession planning goals for future leaders. The program is unique in the country.

"The Virginia Management Fellowship program is essential to attracting a diverse, intelligent, and driven workforce of young professionals in Virginia state government," said Governor Northam. "Each cohort works together—building our agency leadership teams of the future."

The Virginia Management Fellowship is a two-year salaried position that connects participants with multiple state agencies, public administrators, and elected officials. The cohort gains day-to-day work experience through

technical seminars and three 8-month agency rotations. Fellows will also take a graduate school course in financial management and public budgeting. They will gain a greater understanding of fiscal concepts, budgeting processes, and how to work with web-based applications for fiscal analysis. Each Fellow is also assigned a mentor to help them with projects, hands-on agency work, and research efforts.

Virginia Management Fellows will build or strengthen skills in self-awareness, team development, appreciative leadership, and project management as members of the Virginia Public Sector Leader program. Program topics include emotional

intelligence, management functions, leadership and decision-making, team building and influence, and strategic processes.

"The Department of Human Resource Management works hard to improve workforce development programs, and we are proud of the continued successes of the Virginia Management Fellows," said Secretary of Administration Grindly Johnson.

"The Virginia Management Fellowship meets state needs by growing the talent pool to fill vulnerable positions, providing operational and strategic support to state agencies, and building on equity and inclusion efforts to address diversity and eliminate disparities in state careers," said De-

partment of Human Resource Management Director Emily Elliott.

"Our team is also excited about the Virginia Management Fellows cohort approach that creates coalitions of the future and helps early career talent acclimate more quickly to public service," said Department of Human Resource Management Workforce Development and Programs Director Deanna Goldstein.

"Prepared and trained leaders enable a productive Virginia in a vibrant and connected world," said Virginia Management Fellowship Director Leisha LaRiviere.

Submitted by Alena Yarmosky, Office of the Governor



SUBMITTED PHOTO

Said Secretary of Administration Grindly Johnson, "The Department of Human Resource Management works hard to improve workforce development programs."

CROSSWORD ANSWERS

S	M	O	T	E	S	L	E	E	V	E				
N	O	T	W	I	T	H	S	T	A	N	D	I	N	G
A	N	E	P	A	U	L	E	T	T	E	T	A		
R	N	I	M	O	A	O	M	A	D					
C	E	P	S	B	A	E	D	A	A	M	I	D		
T	H	A	I	N	Y	I	P	A	L	E				
J	N	R	O	T	A	R	R	E	D					
C	L	A	D	R	A	I	D							
S	E	I	N	E	D	R	C	P	T					
A	D	P	A	D	H	N	O	H	A	B				
C	I	S	T	T	A	R	O	T	A	L	A	S		
H	L	A	M	R	A	T	P	D	N	A				
E	L	M	E	N	A	G	E	R	I	E	I	C		
M	A	R	I	N	E	R	S	C	O	M	P	A	S	
S	A	L	U	T	E	B	A	T	C	H				

ADVANCED PREPLANNING

A Thoughtful Gift

As uncomfortable as it is, we all must confront the thought of our own death. The last thing we would want to do is to put more burden on our family and loved ones.

Preplanning and arranging your own service is a caring and responsible way to relieve stress from your overwhelmed and grieving loved ones. Now your loved ones may rest assured knowing that they have honored your wishes.

By Preplanning you eliminate emotional overspending. You may lock in funeral costs at today's prices.

We open our doors to you at your convenience. Our licensed Funeral Directors are available to help you with your Preplanning needs.

It is our mission to build a bridge of trust, compassion, respect and a lasting relationship with our families during the most difficult of times.

JOHN M. SINCE 1866
Oakey & SON

305 ROANOKE BLVD • SALEM, VA
(540) 389-5441 • www.johnmoakey.com
Dave Vanderpool, Manager

Be sure to 'Like' the Salem-Times Register on Facebook.

Lt. Governor-Elect Winsome Earle-Sears announces Julianne Condrey as Chief of Staff

Winsome Earle-Sears recently announced that Julianne Condrey, Vice President of Aegis Associates, LLC, in Richmond, will become her Chief of Staff on January 15.

"Julianne has extensive experience working on Capitol Square with legislators, staff, and many related organizations. Her knowledge, work ethic, and outstanding relationships will enable our office to work well with the General Assembly and Youngkin Administration," Earle-Sears stated in making her an-

ouncement.

Condrey has lobbied for healthcare and education-related clients, with a focus on special needs education and maternal health.

In accepting this post Condrey said, "Lt. Governor-Elect Winsome Earle-Sears' historic win, as well as her remarkable personal story, resonates with citizens of Virginia and well beyond. She will serve the people of the Commonwealth with compassion and distinction. It is an honor and a privilege to serve as Deputy Director of Transition and

starting January 15, as her Chief of Staff."

Chris Saxman, Transition Director for Earle-Sears, added, "Julianne Condrey is a consummate professional who is highly respected and well known for getting the job done while effectively working across the political aisle. Her experience will be a tremendous asset to the new Lt. Governor."

Julianne Condrey is a graduate of The Sorensen Political Leaders Program at UVA, holds a B.A. in Government from Regent University, and is a candidate for

a M.A. in Government with a concentration in Law and Public Policy.

Condrey has served as the Vice President of the Ginter Park Residents Association and as Vice Chair of the Richmond Sister Cities Commission. She has served as Legislative Assistant/Chief of Staff in the Virginia General Assembly in the House of Delegates and the Senate.

Submitted by Chris Saxman, Transition Director



Julianne Condrey

SUBMITTED PHOTO

COMMUNITY SERVICES DIRECTORY

You don't have to pay more for the best... You just get more!



Scooter Darnall
353-8661
Remax Real Estate One

JAMES T. JORDAN, PLCC
ATTORNEY AT LAW

- REAL ESTATE
- WILLS
- ESTATE PLANNING
- TRUSTS
- POWERS OF ATTORNEY
- GUARDIANSHIPS
- CONSERVATORSHIPS
- ADVANCE MEDICAL DIRECTIVES

NEW LOCATION
25 East Main Street
Salem • 389-6735

BUSINESS OF THE WEEK

BUSINESS OF THE WEEK

BUSINESS OF THE WEEK

JAMES T. JORDAN, PLCC
ATTORNEY AT LAW

- REAL ESTATE
- WILLS
- ESTATE PLANNING
- TRUSTS
- POWERS OF ATTORNEY
- GUARDIANSHIPS
- CONSERVATORSHIPS
- ADVANCE MEDICAL DIRECTIVES

NEW LOCATION
25 East Main Street
Salem • 389-6735

Serving individual investors

- Stocks
- Mutual funds
- Bonds
- Government Securities
- Municipal bonds
- CDs
- Money-market funds
- IRAs

...and much more! Call or drop by today!

Member SIPC
Paul Curran, CFP®
Financial Advisor
23 W. Calhoun St.
Salem, VA 24153
389-2450

Edward Jones
MAKING SENSE OF INVESTING

Financial strategies. One-on-one advice.



Joe Curran, AAMS®
Financial Advisor
11 E Main St
Salem, VA 24153
540-404-4331
www.edwardjones.com


Edward Jones
MAKING SENSE OF INVESTING Member SIPC

Call Randy Thompson
540-230-1129
advertise@ourvalley.org
to reserve this space

HE KNOWS SALEM

HE GETS RESULTS

389-1100
George Barker



BARKER REALTY 389-1100

embrace homeloans

Robin Jewell
Senior Loan Officer / NMLS# 235597
540.309.5013
rjewell@embracehomeloans.com
www.embracehomeloans.com/robin-jewell
5044 Keagy Road, Suite H100
Roanoke, VA 24018



Embrace Home Loans, Inc. (NMLS ID#2184) is licensed in VA. (www.nmlsconsumeraccess.com)

Like Salem Times-Register on Facebook



YOUNG REALTY COMPANY

716 West Main Street
Salem, Virginia 24153

Bus. (540) 387-0466
Cell (540) 397-2631
Fax (540) 389-0175
E-mail J5403@msn.com



J.C. Taylor
REALTOR®
Diamond Sales Award

Want to keep up with local news, sports and events?

SUBSCRIBE TODAY

Call (540) 389-9355

If you believe in your business and want to build it...

ADVERTISE!

To place your ad, call Randy Thompson at 540-230-1129

If you believe in your business and want to build it...

ADVERTISE!

call Randy Thompson at 540-230-1129
advertise@ourvalley.org

Send community news and photos to shawn.nowlin@ourvalley.org

Marketplace



THE FINCASTLE HERALD The Vinton Messenger THE NEW CASTLE RECORD SALEM TIMES-REGISTER News Messenger RADFORD News Journal

Lost & Found



LOST MALE HUSKY, Brown Eyes
**** \$500.00 REWARD for safe return ****
CALL/TEXT-Facebook/IM: Sherri Combs Turnbull 540-580-2929

Max went missing November 8, 2021 in the Solitude Rd area of Arcadia, Va. Please help us find Max, if you see something, say something, ask questions, he's out there somewhere. He is loved and missed terribly by his family and twin sister Bella. We need Max home, PLEASE!!

Share this far and wide. Let's get Max home.

Auctions

PUBLIC NOTICE
The contents of the listed unit will be sold at Public Auction January 7, 2022 at 11am at 1st Security Self Storage 5 Midway Plaza Dr. Christiansburg, VA. D061 E82 F18 F41 1st Security reserves the right to refuse any bid. Terms: CASH OR CREDIT CARD AT SALE.

Affordable Mini Storage, LLC
1250 Lee Highway Roanoke, VA 24019
Date: Saturday, January 8, 2022
Time: 12:00 pm
Units: F17, F16, B07, E33, P06, F20
Cash only. Buyer has 24 hours to remove items from unit.
Auction by Circle C Auction Company, LLC VAAL #2907004430

For Sale - Firewood

FIREWOOD
Mixed Hardwood.
Call 540-529-2745
Delivery in Botetourt only

For Sale - Misc

FOR SALE
Unprinted end rolls of newsprint. Great for packing & shipping, moving & storage and for art projects. Various sizes available. Stop by the Salem Times-Register 1633 West Main St. or call (540)389-9355 for details.

Help Wanted - General

Quality Inn Radford
Hiring Full-Part Time Front Desk Clerk/Night Auditor and Housekeeping. Apply in Person. Ph-540-639-3000

Part Time Newspaper Production Help

The Salem TimesRegister has openings for afternoon/evening shift work inserting, labeling and bundling newspapers for delivery. No experience necessary. Hours may vary. Will train. \$7.50 per hour. Contact Lynn Hurst, General Manager, Salem-Times Register (540)389-9355 or email lhurst@ourvalley.org

MAKE AN "A" IN ADVERTISING!

To place your ad, call 389-9355

Legals - City of Salem

Notice is hereby given to all interested persons that the City of Salem Planning Commission, at its regular meeting on January 12, 2021, at 7:00 p.m., in the Council Chambers of City Hall, 114 N. Broad Street, in the City of Salem, Virginia, will hold a public hearing, pursuant to Sections 15.2-2204 and 15.2-2285 of the Code of Virginia, as amended, to consider approval of the following requests relative to the CODE OF THE CITY OF SALEM, VIRGINIA:

1. Consider the request of Scott A. Boggs, property owner, for rezoning the property located at 407 East Burwell Street (Tax Map # 120-1-5) from RB Residential Business District to TBD Transitional Business District.
2. Consider the request of Union Plaza, LLC, contract purchaser, and the City of Salem, property owner, for rezoning the property located at 630 Union Street (Tax Map # 160-11-2) from HM Heavy Manufacturing District to HBD Highway Business District.
3. Consider the request of 2936 Salem Inc., dba Sunshine Spa and 217 NY Ave Corp, property owner, for the issuance of a Special Exception Permit to allow a massage parlor at 2936 West Main Street (Tax Map # 210-1-2).
4. Consider amending Chapter 106, Zoning, Article IV. Development Standards, Section 106-400 pertaining to site plan review.
5. Consider amending Chapter 78, Subdivisions, Article I Generally, Sections 78-103 and 78-105, Article II Administration, 78-201, Article III Definitions, Section 78-300, Article IV Review of Plats, Sections 78-402, 78-403, 78-406, 78-408, 78-416, and 78-421 of the CODE OF THE CITY OF SALEM, VIRGINIA pertaining to the review of subdivision site plans and plats.

Copies of the proposed plans, ordinances or amendments may be examined in the Office of Community Development, 21 South Bruffey Street, Salem, Virginia.

At said hearing, parties in interest and citizens shall have an opportunity to be heard relative to the said requests.
THE PLANNING COMMISSION OF THE CITY OF SALEM, VIRGINIA
BY: James E. Taliaferro, II Executive Secretary

Legals - City of Salem

Notice is hereby given to all interested persons that the Council of the City of Salem, at its regular meeting on Monday, January 24, 2022, at 6:30 p.m., in the Community Room of the Salem Civic Center, 1001 Roanoke Boulevard, in the City of Salem, Virginia, will hold a public hearing, pursuant to Sections 15.2-2204 and 15.2-2285 of the Code of Virginia, as amended, to consider approval of the following requests relative to the CODE OF THE CITY OF SALEM, VIRGINIA:

1. Consider the request of Scott A. Boggs, property owner, for rezoning the property located at 407 East Burwell Street (Tax Map # 120-1-5) from RB Residential Business District to TBD Transitional Business District.
2. Consider the request of Union Plaza, LLC, contract purchaser, and the City of Salem, property owner, for rezoning the property located at 630 Union Street (Tax Map # 160-11-2) from HM Heavy Manufacturing District to HBD Highway Business District.
3. Consider the request of 2936 Salem Inc., dba Sunshine Spa and 217 NY Ave Corp, property owner, for the issuance of a Special Exception Permit to allow a massage parlor at 2936 West Main Street (Tax Map # 210-1-2).
4. Consider amending Chapter 106, Zoning, Article IV. Development Standards, Section 106-400 pertaining to site plan review.
5. Consider amending Chapter 78, Subdivisions, Article I Generally, Sections 78-103 and 78-105, Article II Administration, 78-201, Article III Definitions, Section 78-300, Article IV Review of Plats, Sections 78-402, 78-403, 78-406, 78-408, 78-416, and 78-421 of the CODE OF THE CITY OF SALEM, VIRGINIA pertaining to the review of subdivision site plans and plats.

Copies of the proposed plans, ordinances or amendments may be examined in the Office of Community Development, 21 South Bruffey Street, Salem, Virginia.

At said hearing, parties in interest and citizens shall have an opportunity to be heard relative to the said requests.
THE COUNCIL OF THE CITY OF SALEM, VIRGINIA
BY: H. Robert Light Clerk of Council

Shopping Starts Here! Newspaper Advertising Works!

A GREAT DEAL IN THE CLASSIFIEDS!

To place your ad, call 389-9355

STATEWIDE ADS

AUCTIONS
ATTN. AUCTIONEERS: Advertise your upcoming auctions statewide and in other states. Affordable Print and Digital Solutions reaching your target audiences. Call this paper or Landon Clark at Virginia Press Services 804-521-7576, HYPERLINK "mailto:landonc@vpa.net" landonc@vpa.net

HOME IMPROVEMENT

Eliminate gutter cleaning forever! LeafFilter, the most advanced debris-blocking gutter protection. Schedule a FREE LeafFilter estimate today. 15% off Entire Purchase. 10% Senior & Military Discounts. Call 1-877-614-6667

GENERAC Standby Generators provide backup power during utility power outages, so your home and family

STATEWIDE ADS

stay safe and comfortable. Prepare now. Free 7-year extended warranty (\$695 value!). Request a free quote today! Call for additional terms and conditions. 1-877-636-0738

The Generac PWRcell, a solar plus battery storage system. SAVE money, reduce your reliance on the grid, prepare for power outages and power your home. Full installation services available. \$0 Down Financing Option. Request a FREE, no obligation, quote today. Call 1-833-688-1378

Don't let the stairs limit your mobility! Discover the ideal solution for anyone who struggles on the stairs, is concerned about a fall or wants to regain access to their entire home. Call AmeriGlide today! 1-888-510-0805

STATEWIDE ADS

RECRUITMENT
HIRING? We can help you fill your open positions! Promote job listings regionally or statewide! Affordable Print and Digital Advertising Solutions reaching potential candidates. Call this paper or Landon Clark at Virginia Press Services 804-521-7576, HYPERLINK "mailto:landonc@vpa.net" landonc@vpa.net

SERVICES

DIVORCE-Uncontested, \$395+\$86 court cost. **WILLS**-\$225.00. No court appearance. Estimated completion time twenty-one days. Hilton Oliver, Attorney (Facebook). 757-490-0126. Se Habla Espanol. BBB

STATEWIDE ADS

Member. HYPERLINK "https://hiltonoliverattorneyva.com" https://hiltonoliverattorneyva.com.

Up to \$15,000.00 of GUARANTEED Life Insurance! No medical exam or health questions. Cash to help pay funeral and other final expenses. Call Physicians Life Insurance Company- 844-509-1697 or visit HYPERLINK "http://www.Life55plus.info/vapress" www.Life55plus.info/vapress

Portable Oxygen Concentrator May Be Covered by Medicare! Reclaim independence and mobility with the compact design and long-lasting battery of Inogen One. Free information kit! Call 888-608-4974

Protect the ones you love, get your flu shot today.

@vaccinatevirginia

Protect the ones you love, get vaccinated now.

VDH VIRGINIA DEPARTMENT OF HEALTH

OUTER BANKS, NORTH CAROLINA • VACATION RENTALS

500 VACATION HOMES
Selling fast for Summer 2022 due to need to escape covid

Brindley Beach VACATIONS & SALES

Book now for best selection!
877-642-3224

LeafFilter GUTTER PROTECTION BACKED BY A YEAR-ROUND CLOG-FREE GUARANTEE

CALL US TODAY FOR A FREE ESTIMATE 1-877-614-6667

15% OFF + 10% OFF + 5% OFF

YOUR ENTIRE PURCHASE SENIOR & MILITARY DISCOUNTS TO THE FIRST 50 CALLERS!

Mon-Thurs: 8am-11pm, Fri-Sat: 8am-5pm, Sun: 2pm-8pm EST | Promo Number: 285

GENERAC

Prepare for power outages with a Generac home standby generator

REQUEST A FREE QUOTE!
844-947-1479

FREE 7-Year Extended Warranty* A \$695 Value!

Limited Time Offer - Call for Details

Special Financing Available
Subject to Credit Approval

*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.

THE CLASSIFIEDS-
Where the Deals Are!

The best place to find it, sell it, buy it, and announce it.

SITUATIONS WANTED HOMES FOR SALE

BUSINESS OPPORTUNITIES AUTOMOBILES FOR SALE

APARTMENTS FOR RENT GARAGE SALES

To place your ad, call 389-9355

Life is short. Don't make it shorter.

Choose life. Make sure your kids get their HPV vaccine and protect them against cancer.

@vaccinatevirginia

Protect the ones you love, get vaccinated now.

VDH VIRGINIA DEPARTMENT OF HEALTH

BUSINESS SERVICES DIRECTORY



DR FAME
ALLERGY
ASTHMA

540-404-9598
1002 APPERSON DR • SALEM, VIRGINIA 24153
WWW.DRTOMFAME.COM



SENIOR FOR SENIORS
PAINTING & RESIDENTIAL MAINTENANCE

Cell: 540-293-4271



CIRCLE R ROOFING OF VIRGINIA

Call for a FREE Estimate
Rob Gendreau • 540.784.0500



Embrace
homeloans

Robin Jewell
Senior Loan Officer / NMLS# 235597
540.309.5013
rjewell@embracehomeloans.com
www.embracehomeloans.com/robin-jewell
5044 Keagy Road, Suite H100
Roanoke, VA 24018



Embrace Home Loans, Inc. (NMLS ID#2184) is licensed in VA.
(www.nmlsconsumeraccess.com)



BAG
A GREAT DEAL IN THE CLASSIFIEDS!
To place your ad, call 389-9355



Lisa Martin, REALTOR®
Serving the industry for 30+ years
Roanoke Valley & Blue Ridge Mountains
Premier, REALTORS
(540) 597-0480
Lisa@Lisa2buy.com • www.Lisa2buy.com
1638 Roanoke Road, Suite 101
Daleville, VA 24083

BERKSHIRE HATHAWAY HomeServices
A member of the franchise system of BHH Affiliates, LLC

If you believe in your business and want to build it...

ADVERTISE!

To place a classified ad, call 540-389-9355

CARPET RE-STRETCHING!
STEVEN W. DURRANCE FLOORS

Repairs • New Sales • Expert
540-776-9591
Cell: 540-353-7908
Licensed & Insured
carpetroanoke.com

Sunflooring Inc. STEVE SMITH

With over 40 years of experience

Specializing in Hardwood Floors, Hardwood Refinishing, Laminate Flooring, Engineered Floors, Ceramic Tile, Carpet and Luxury Vinyl Plank

540-556-3100



CUSTER'S PLASTERING AND DRYWALL

- No job too large or small
- Repair work, new construction, etc.
- Quality Work At A Reasonable Price

Call 864-6498



THE CLASSIFIEDS-
Where the Deals Are!

The best place to find it, sell it, buy it, and announce it.

BUSINESS OPPORTUNITIES
Opportunity is knocking loud and clear.

SITUATIONS WANTED
Find a job in your special field, or find the help you need.

AUTOMOBILES FOR SALE
Get rid of the old rattletrap while it still runs

HOMES FOR SALE
House-hunting couldn't be easier.

389-9355

BAG A GREAT DEAL IN THE CLASSIFIEDS!

To place your ad, call 389-9355



Roof Replacement & Repair

540-966-0688
PO Box 630
Daleville, VA 24083

www.southerntracellc.com



BUSINESS OPPORTUNITIES
Opportunity is knocking loud and clear.

SITUATIONS WANTED
Find a job in your special field, or find the help you need.

AUTOMOBILES FOR SALE
Get rid of the old rattletrap while it still runs

HOMES FOR SALE
House-hunting couldn't be easier.

389-9355

WE NOW OFFER NEW HEADLIGHTS! COME CHECK OUT OUR PRICES!

Price is Right
Auto Parts + Supplies

We sell used cars, bedliners, wheels, truck covers & boxes. Plus many other new & used parts - for every make of car!

Robert Cox
341 Walnut Avenue
Vinton, VA 24179

Sonny Arrington
800-982-8778
Phone: (540) 982-8777



Absolutely Best Real Estate Experience Ever!!
-J&M T.

540.342.9600
Dayna@PatrickTeamHomes.com

Patrick Team HOMES
Farms & Unique Properties
RE/MAX All Stars - Daleville, VA



NRV Homegrown
SUPPORTING LOCAL BUSINESSES

This holiday season, buy a **\$20 Go Local Card** and receive **"HUNDREDS OF DISCOUNTS"** throughout the NRV and beyond. "Go Local Cards" can be purchased online or at our card retailers.

Check us out at golocalcards.com

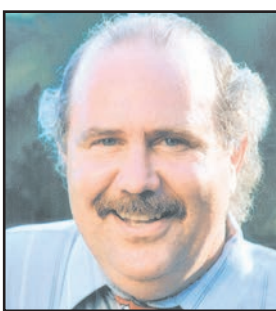


THE CLASSIFIEDS-
Where the Deals Are!

To place a classified ad, call 540-389-9355



Brian Hoffman



Only the Shadow knows

Did you see where the Washington Football Team is going to announce their new nickname soon? Plans are to announce the name on the "Today" show on NBC on February 2nd.

If I'm not mistaken, and I don't think I am, that's "Groundhog Day." Is that a clue?

Remember back when the then Redskins were really good and they called their excellent offensive line the "Hogs?" Maybe the new Washington name is going to be the "Groundhogs," and how appropriate to announce the name on their very special day.

If you think about it, it wouldn't be a bad name. We have lots of groundhogs in this part of the country and they're rather cute, and they're also a little beefy like a good football lineman tends to be. I'd be okay with that name.

At least it wouldn't offend anyone. This year's team is 6-10 and when they lost to the Cowboys by 42 points a couple weeks they even looked like they were afraid of their own shadow, so why not Groundhogs?

"Hail to the Groundhogs, Hail Victory. Rodents in the meadow, BURROW for old D.C."

Sort of has a ring to it.

GONE TOO SOON

So sad to learn of the death of Tim Sutphin last week at the way too young age of 56. He was a big part of our Salem High football community.

I knew Tim since he was playing sandlot ball and was proud to present him with our "Spartan Bell" for the hardest hitter on the team following the 1983 season. His younger brother Todd was also a good player and in recent year's Tim's son, Chandler, was a standout player for the Spartans.

In recent years many of you came to know Tim from his broadcasting the Salem games through his phone so people not at the game could view the action. He loved his football and was a really good guy who will be missed.

Tim's obituary is in this week's paper. Check it out to see how well-rounded and beloved a person he was in Salem.

JMU OFF TO A GOOD START

The James Madison University basketball team, coached by Salem High graduate Mark Byington, is off to a 9-2 start.

As you surely know the highlight of the season thus far was a 54-49 upset of the University of Virginia at the new Atlantic Union Bank Center on the JMU campus in Harrisonburg on December 7. The surprise win came on Pearl Harbor Day, and the Wahoos never saw it coming.

The Dukes held the Cavaliers to just 14 points in the first half, Virginia's lowest-scoring opening half since 2009. JMU withstood a late charge from the Cavaliers to pick up its first-ever win over Virginia. Charlie Morgan, Byington's coach at Salem High when the Spartans won the state championship, was at the game and couldn't have been prouder.

James Madison has played just once since that win, a 79-70 win over Radford in Harrisonburg on December 11. They had games with Morgan State and the University of Pennsylvania canceled over the Christmas break but are scheduled to return to action this Sunday with a 4 pm home game against Hofstra.

MARY HARDIN, MARY HARDIN!!

The Division III NCAA championship Stagg Bowl was played at Tom Benson Hall of Fame Stadium in Canton, Ohio on December 17th. Mary Hardin-Baylor won the game, 57-24, over North Central to win the D-III championship.

As you likely know the Stagg Bowl was played at Salem Stadium from 1993 until 2017 before moving to Texas, then to Ohio. More often than not Mount Union from Alliance, Ohio was in the game when it was played here, and I expected the Purple Raiders would be a big draw if they made it to the game in Canton, played right next to the Pro Football Hall of Fame.

Unfortunately for the folks in Ohio, this year Mount Union was defeated by North Central in the semifinals, 26-13, eliminating the local school. Instead two teams from Texas and Minnesota played in the game and it drew just 1,830 fans on a night when the temperature was 38 degrees. Tom Benson Stadium in Canton has a seating capacity of 23,000, so that was over 21,000 empty seats for this season's Stagg Bowl. That likely resembled an Indians crowd when they played the Rangers at old Municipal Stadium in the '80s.

By comparison, the last Stagg Bowl in Salem drew 4,971 fans as Mount Union defeated Mary Hardin-Baylor. The game is set to return to Salem in December of 2023 to celebrate the 50th Stagg Bowl and I'm pretty sure the NCAA folks will be glad to be back, at least for one year.

FAMILY AFFAIR

When Glenvar won the Class 2 state volleyball championship in the fall it brought back some memories for the parents of outside hitter Bailey Conner and setter Audrey Conner. Their mother Stephanie (Krause) Conner played at Salem High for coach David Turk.

Stephanie married Basil Conner, and both were assistants on Turk's staff when the Spartans won the state championship in 1998.

HS TRACK MEETS CANCELED

Roanoke College had two indoor track meets scheduled for area teams on Thursday of this week and Friday of next week, but early this week both meets were canceled due to rising cases of COVID.

Book is about achieving your dreams

Dennis Haley draws on his experiences growing up in Salem and playing football for UVA and in the NFL

By Marty Gordon, staff writer

Dennis Haley has spent most of his lifetime on the gridiron as a former Salem High School, University of Virginia and NFL football player. He now calls Christiansburg home and has been through plenty of trials and tribulations that almost convinced him to quit, but his spirit of resiliency, as he puts it, would not let him stop dreaming when things seemed impossible.

Haley was born in Roanoke and excelled on the football field as a linebacker and running back at Salem High, rushing for 3,762 yards and 63 touchdowns during his four-year career. He led the school to three state championships (1996, 1998 and 1999) and also played on Salem's 1999 state basketball championship team. After starring at the University of Virginia he then played for the Baltimore Ravens, San Francisco 49ers and New York Jets of the National Football League.

Dennis first touched a football at the age of two and the sport seemed to be in his blood as his father played football at Bluefield State.

"Football taught me patience, taught me to never be too excited or angry, because there is always the next play," he said. "That mentality, I transferred from the field to my life off the field and my experiences. Football taught me how to be accountable, because when others depended on you to do your job and do it well, you have no choice but to put your all into it."

With the extraordinary support of his parents, Haley developed a "humble hustle" that kept him focused. Now, he has created a passion and focus that has switched from crushing his opponents on the field to molding the minds of men, women and youth. Haley has authored the book "The Playbook: The Art of Dreaming" where he introduces the five pillars of achieving your dreams.

"I wrote this book because I know that there are millions of boys, girls, men and women that are Dreaming of going Pro in something," he said. "Dreaming has no age, regardless of Professional Athlete, Teacher, Lawyer, Doctor or whatever.

"I wanted to tell my story of winning and losing on the path to achieving my Dreams and also show that no matter what you go through on your journey never lose faith in your ability to be great. Self-Worth is the most important trait that one has."

The Playbook is his life story that when people read it he wants them to understand the journey that got him there.

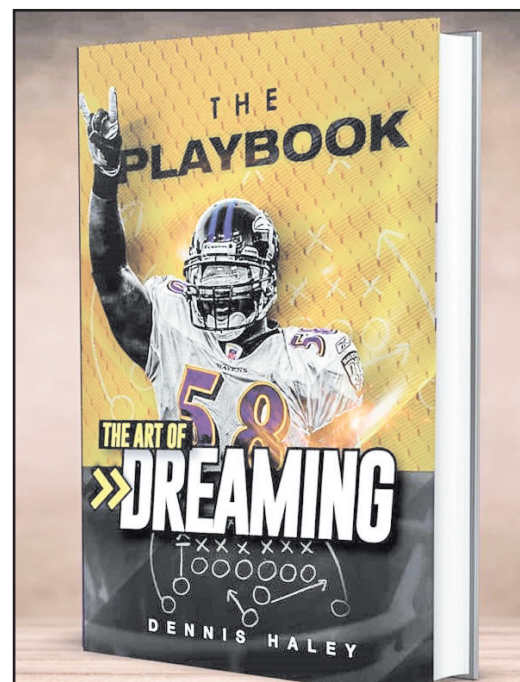
"I want them to use my experiences as a playbook to achieve their dreams. This book is the process to reaching your dreams. It's the work ethic, self-worth, relationships, sacrifice and discipline," said Haley.

The book takes you on his personal roller coaster journey to becoming a professional athlete. It was never easy, but he had a dream. Haley credits his family and a strong faith in helping him to reach for the top.

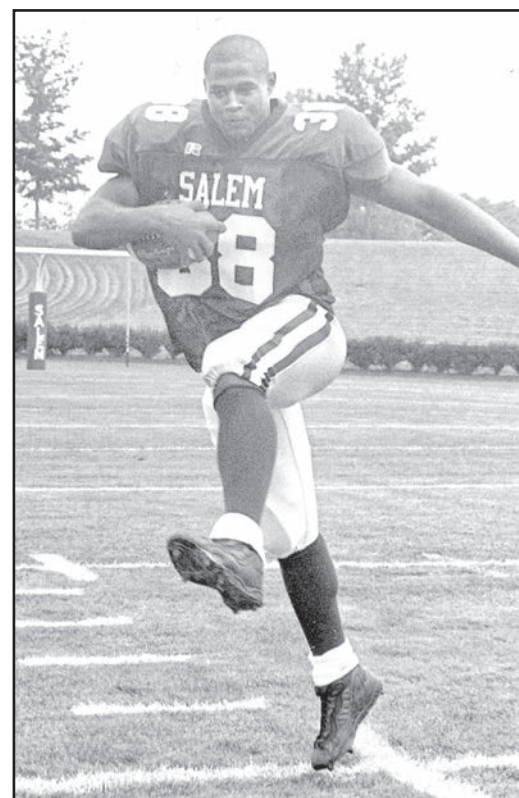
Haley's Five Pillars of Achieving Dreams are: Self-Worth, Work-Ethic, Discipline, Relationships and Sacrifice. He also hopes to teach young players the next play mentality. Things will happen, according to Haley, on their life journey, both good and bad.

"You must not dwell on either. Accept it, learn from it, and go to the 'Next Play' because there is always more to be done to achieving your dreams," he said. "Also, don't let anyone control your destiny. You know your dreams and what you want to accomplish. Do the right things and put in the work. It can be achieved."

Anything is possible if you want it, as Haley writes. "You have to believe in yourself and your abilities. You have to know your worth. I lived and still to this day live by these Five Pillars of Self Worth, Work Ethic, Discipline, Relationships, and Sacrifice. I believe that if you put these in your everyday life and make a daily devotion to them, I promise it will put your mind in a space that anything can be achieved."



Above is Dennis Haley's book. Below, Haley played for football and basketball state championship teams at Salem High.



Haley said when people read the book, he hopes they use his experiences to achieve their dreams. So far, response to the book has been positive.

Two-time Super Bowl champion Chris Long says he has learned a lot from Haley during his collegiate and professional career. The two were teammates at UVA, and Long says what Haley continues to do after football is what separates him from others.

Chris Canty, who is a current ESPN analyst, said the book is truly inspirational and has something for everyone.

The book "The Playbook; The Art of Dreaming" is available on Amazon for \$19.99 and on Kindle for \$9.99.

Spartans, Highlanders compete in wrestling tournaments this weekend

Wrestling returns for the local high school and middle school teams as Salem High, Glenvar

High and both middle school teams have big matches planned. Salem's only home

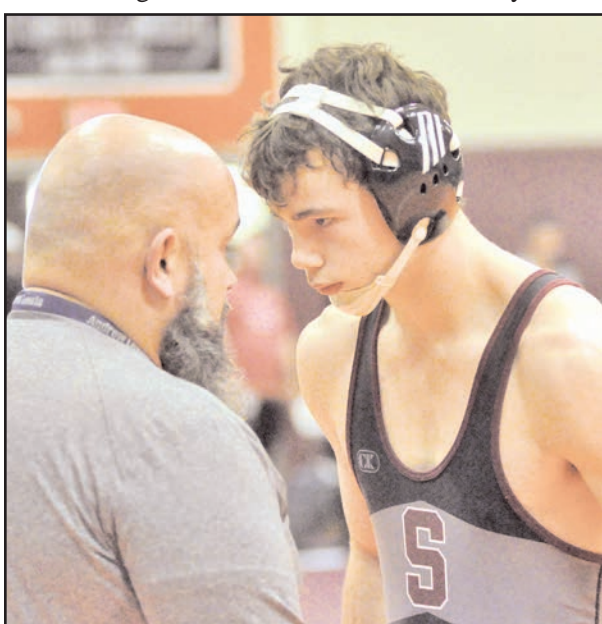
match of the season was scheduled for Wednesday of this week. Andrew Lewis and Glenvar Middle Schools were scheduled to wrestle beginning at 5 pm in a preliminary to the high school matches. Then, Glenvar and Lord Botetourt were to wrestle at 6 pm, followed by Salem against LB and then Salem against Glenvar.

Salem will be back in action this weekend in the LCA Invitational at Liberty Christian Academy in Lynchburg. The tournament is an individual double elimination tournament.

Glenvar will be wrestling in the "Old Dominion Cup" tournament at Roanoke College on Saturday, a dual team tournament with

many of the best teams in Virginia, including New Kent, Skyline, St. Christophers, Grundy, Riverheads, Brooke Point and more. There are 12 total teams.

"The Virginia Wrestling Association organized it to bring together the best teams across each division in Virginia to compete for the cup," said Glenvar coach Jason Cline. "There are 12 total teams divided into four pools of three teams each. We don't yet know which teams we'll be wrestling first but matches are scheduled for 10 am, 11 am and noon on Saturday. Based on the results of those matches, we'll then compete for placement against teams from the other pools. Pretty neat event."



Salem High wrestling coach Lawrence Van Liew talks things over with Matthew McNeil during the Big Orange Classic at William Byrd.

PHOTO BY BRIAN HOFFMAN

SHS, GHS have swim meets to start 2022

The high school swimmers are scheduled to return to the water this week after some time off for Christmas.

Salem had a home swim meet scheduled for Tuesday at the Salem YMCA, and the Spartans will be swimming in the big "Timesland Invitational" at the

Gator Center in Roanoke on Saturday. Preliminaries start at 10 am and finals are scheduled to begin at 5:30 pm.

Meanwhile, Glenvar had a meet scheduled for the Botetourt YMCA on Wednesday and another meet at the Bedford Y on Friday.

"Great Beginnings" basketball begins this week

Roanoke College Hall of Famer Ed Green will once again offer his "Great Beginnings" program to kids and parents in Southwest Virginia beginning this Sunday, January 9.

The Great Beginnings program is for three to seven year old boys and girls to help them transition to playing recreation level sports. The

child will learn basic skills and how to get along with teammates, and a parent is encouraged to accompany the child to the program.

Great Beginnings for basketball is scheduled for five consecutive Sundays, beginning this week, at the G.W. Carver Elementary School gym in Salem. Two sessions are offered, one from 1:30 to

2:30 pm and a second from 2:45 to 3:45 pm. Cost is \$75 per child/parent duo and all that is required is to bring a small basketball.

Green is a former Roanoke College coach who has also been a head coach at North Cross and Eastern Montgomery High Schools. To sign up for the Great Beginnings program call Ed at 540-387-9516.

SPORTS

Thursday, January 6, 2022

Send story ideas & announcements to bhoffman@ourvalley.org, or PO Box 1125, Salem, Va, 24153 • ourvalley.org

**Haley Has It For Less...
For Salem!**



Haley Toyota
1530 Courtland Road NE,
Roanoke, VA 24012 • 540.345.1666
Haleyhasitforless.com
Bring this coupon in for
\$100 Off Your Best Deal!
Limit One Per Customer
Expiration Date: JANUARY 31, 2022

Bruins ride big third quarter to win over Salem

The Salem High basketball team opened the New Year with a loss against Blacksburg at Salem High School Tuesday night. The Spartans put up a good fight against a talented team of Bruins but came out on the short end of a 58-44 score.

"They have all senior starters and experience means a lot," said Salem coach Kevin Garst. "I thought we did some good things. We still have to do better at the things we can control, like boxing out and taking care of the ball."

The Bruins led 9-8 after one quarter and just 29-24 at the half, then outscored the Spartans 21-

10 in a decisive third quarter. Tanner Dallas led Salem with 21 points and Hunter Bayne had 10 as Salem dropped to 3-5 on the season.

Last Thursday the Spartans closed out 2021 with a 50-28 win over Staunton River at Salem High. Dallas had 20 points to lead the Spartans while Tyrell Green had 10, Bayne had eight and Chase Greer hit for seven.

Salem is back home tonight for a home game against George Wythe, and tomorrow night the Spartans are back in the River Ridge District with a trip to Cave Spring.



Salem's Hunter Bayne drives by a Blacksburg defender in Tuesday's game in Salem. PHOTO BY BRIAN HOFFMAN

Spartan girls host Knights on Friday

The Salem High girls basketball team tipped off the 2022 portion of their schedule with a trip to Blacksburg on Tuesday and dropped a 58-43 decision to the homestanding Bruins.

"They outrebounded us and shot the ball well," said Salem coach Scott Jester. "We were kind of slow getting going. It probably hurt us to be out of school Monday but I'm not going to make excuses because it was the same for them."

My'la Green led the Spartans

with 13 points while Kenndy Scales and Madison Smith had nine each as Salem dropped to 6-4 on the season.

Last week the Spartans competed in the Knights Winter Classic at Cave Spring High School and finished sixth in an eight team holiday tournament. The Spartans lost to William Byrd in the fifth place game, 54-48, to go 1-2 in the tournament. Salem had lost to Staunton River, the eventual champion, on opening night, then defeated Cave Spring

on the second day to earn a spot in the fifth place game.

Scales led the Spartans against Byrd with 18 points while Green had 16. Three other girls combined for the remaining 14 points while Sophia Chrisley scored 28 for Byrd, including three three-pointers.

The Spartans are home for their next two games, Friday against Cave Spring and Monday against Northside. Then they play at Lord Botetourt next Wednesday, January 12.

Glenvar boys down CC

The Glenvar boys will have a big game tonight when they take on James River in Buchanan. The Knights were 6-2 coming into the New Year despite playing one of the toughest schedules in the area.

Glenvar is 9-2 after winning Tuesday night against Carroll County. The Highlanders got off to a slow start but turned up the temperature in the second half and won going away, 67-50.

"We hadn't practiced since last week and we were coming off a snow day," said coach Cliff Bordewisch. "There wasn't a lot of energy in the gym and at halftime I stressed that we had to create our own energy."

Stephen Barber led the Highlanders with 20 points. Tyler Johnson had 14, Aiden Alexander had nine and Ty Bolling had six points.

Last Thursday the Highlanders competed in the K-Guard Classic at Cave Spring High School, taking on the host Knights. Glenvar was able to hang with the 8-1 Knights for a quarter but Cave Spring came out fired up in the second half and went on to an 82-50 win.

The score was tied at 17-17 at one period before Cave Spring outscored the Highlanders 15-7 in the second quarter to take an eight point lead into intermission. The Knights increased the lead to 16 by the end of third quarter and outscored the Highlanders 23-7 in the fourth quarter to win going away. The loss was just the second of the season for Glenvar, both to Cave Spring.

After tonight's game at James River the Highlanders will be home next Tuesday, January 11, to host Alleghany.



Glenvar's Gabe Ford goes to the hole against Carroll County. PHOTO BY BRIAN HOFFMAN

Cavs top GHS girls

The Glenvar girls opened their Three Rivers District schedule against a stout Carroll County team on Tuesday and dropped a 71-28 decision to the visiting Cavaliers in the first game of a doubleheader with the boys.

"That's the best team we've played," said Glenvar coach Jeff Johnson. "We're a little shorthanded and they wore us down."

Glenvar trailed by just five early in the second quarter but the Cavaliers increased the lead to 19 at 33-14 by the half, then outscored the Highlanders 38-14 in the second half. Rhyann Harris led Glenvar with 12 points and McKenzie Harris had nine as Glenvar fell to 6-5 pm pm on the season.

Last week at Cave Spring the girls finished in third place in the Knights Winter Classic at Cave Spring High School. After winning the opener over previously undefeated Magna Vista the Highlanders lost to Floyd County in the second game, but bounced back to down Christiansburg in the third place game, 39-33. Rhyann Harris had 17 points to lead the Highlanders while Savana Luper had seven, Sophie McCulley had six and McKenzie Harris scored five points.

"That was a good win," said Johnson. "Christiansburg has a lot of tall girls and they were up until the fourth quarter."

The Highlanders are back in action Friday night with a trip to James River, although that could change do to a predicted winter storm. On Monday the Highlanders will play host to Cave Spring at GHS.

RC men, women both 9-2 to enter the New Year

The Roanoke College men and women competed in COVID adjusted tournaments last week at the Cregger Center in Salem. The men won the Cregger Invitational and the women played host to the Susan Dunagan Holiday Classic.

The Cregger Invitational, normally a four team tournament, was changed to a three team round robin

when two schools dropped out due to health concerns and RC could only find one other school to participate. Roanoke beat Covenant, 59-51, and Buena Vista, 87-66, to lay claim to the Cregger Invitational title.

The Old Dominion Athletic Conference announced their Player of the Week awards on Monday afternoon and RC's Kasey Draper was named Player of the Week after a three game stretch that would see the junior average 26 points per game and picking up Most Valuable Player honors at the 2021 Cregger Invitational.

In the win over Covenant Draper just missed his career high of 31 points when he posted a double-double with 30 points and 10 rebounds in the come from behind win. In the championship game against the Beavers of Buena Vista, the combo guard/forward from Northside recorded his third consecutive double-double with 26 points and 11 boards and was named the Tournament MVP. Currently, Kasey is third in the conference with 21.3 points and seventh with 7.5 rebounds per game.

The Roanoke women were undefeated heading into the Susan Dunagan Holiday Classic at the Cregger Center but lost both games, falling 78-63 to Elizabethtown and 101-70 to a strong Christopher Newport team. The Maroons bounced back on Sunday to beat Hood College, 84-41, to run their record to 9-2 on the season. Rose Sande had a game high 18 points and four rebounds off the bench while Morgan Micallef finished with 16 points and joined Lauren Keel with a team-high seven boards. Whitney Hopson finished with 12 points and five assists.

The women had a Wednesday game with Bridgewater postponed this week due to health concerns, and they're hoping to play at Randolph College this Saturday in Lynchburg at 4:30 pm.

The men also came into the week at 9-2 and were scheduled to host Ferrum on Wednesday night. Roanoke is at Virginia Wesleyan Saturday for a 2 pm game.



Kasey Draper of RC, scoring in last week's win over Covenant, is the Cregger Invitational MVP and ODAC Player of the Week. PHOTO BY RYAN HUNT



Renee Alquiza of Roanoke College dribbles against Christopher Newport in last week's game at the Cregger Center. PHOTO BY RYAN HUNT