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OurValley.org

Councilman Saunders runs for second term

Meg Hibbert
Contributing writer

Councilman John Saunders is running for a second term on Salem City Council. He made his announcement this week for the November election after getting the required number of signatures and filing in the registrar's office.

Saunders is the second to announce after Councilman Randy Foley announced his intentions last week to run again. The two are the only Council seats up for election this year.

Saunders explained why he wants to run for another term. "We haven't exactly finished all the infrastructure needs I think need to be done in this city," Saunders said. "Also, since we just hired our new economic development director, I want to see that through. I think he is going to be excellent."

He continued: "I enjoy being on Council. You put in a lot of time but you can always see the results pretty well. I enjoy when citizens call and I can talk with them and

PHOTO COURTESY CITY OF SALEM
Salem City Councilman John Saunders announced his run for reelection.

listen directly."

Saunders said he is proud of the accomplishments this city has made during his first term. "The renovation of the high school, on time and within our budget, our infrastructure renewal including a complete basic rebuilding effort at the Moyer Sports Complex. That includes not

just the complex but new citizen ancillary changes to the parks, including new pickleball courts and other amenities."

He continued that "even though these efforts have cost an investment by our city, we have significant growth in our financial position

See **Saunders**, page 6

PHOTO BY SHAWN NOWLIN
Verletta White and Regine Archer were recognized by the Taubman Museum of Art at their annual Women's Luncheon.

Taubman Museum Women's Luncheon honors Verletta White, Regine Archer

Shawn Nowlin
shawn.nowlin@ourvalley.org

The Taubman Art Museum recognized two powerful difference-makers in the community at their annual women's luncheon on May 11.

Featuring some of the region's top female philanthropic and professional community members in attendance, this year's honorees were Roanoke City Public Schools Superintendent Verletta White and Regine Archer, the Blue Ridge Beverage Company, Inc., Chairman Emerita.

Archer received the Ann Fralin Award, which recognizes a woman for her vision, commitment and support of the arts, education and quality of life in the community. White received the Sheila S. Strauss

Art Venture Award, which recognizes a woman for her outstanding leadership in arts education and volunteerism in partnership with the Taubman Museum of Art.

Cynthia Fralin served as event chair, while Jean Hopstetter, a Taubman Museum of Art Board Trustee, served as the event's master of ceremony. Hopstetter, also the Member One Federal Credit Union Senior Executive vice president, presented both White and Archer their awards.

"What a joy it was to come together again to recognize the dynamic contributions women in our community have made to further arts, culture and educa-

See **Women's Luncheon**, page 6

Holistic Expo 2022: Good Vibes in the Valley

~Glow Healing Arts hosted the second Roanoke Valley Holistic Expo at the Salem Civic Center with dozens of local businesses~

PHOTOS BY ALEXANDER SHEDD
Glow Healing Arts hosted the 2022 Roanoke Valley Holistic Expo at the Salem Civic Center.

Alexander Shedd
alexander.shedd@ourvalley.org

The Roanoke Valley is home to innumerable holistic traditions, from the rich stories of ghosts and witchcraft that Appalachia is famous for to the myriad newer businesses suc-

cessfully marketing self-care remedies, massage therapies, essential oils, organic farm products, artwork and every kind of crystal imaginable. On Sunday, May 15, practitioners of these folk arts gathered at the Salem Civic Center from around and beyond the Valley for the second

Roanoke Valley Holistic Expo. Sponsored and hosted by Glow Healing Arts, a holistic wellness center in Salem that offers classes and wellness sessions featuring many different teachers and practitioners, the expo was a massive success throughout the day. Around the three

rooms taken up by the expo, local business tables were constantly crowded with patrons. Around the space, visitors were receiving massages, sound therapy featuring a gong, fortune readings and education on arts and crafts they would not otherwise be aware of.

Glow Holistic Arts had their own table set up just inside the space, where they sold crystals and a wide variety of tarot cards. They also advertised for their upcoming events, which include activities almost every day, such

See **Holistic Expo**, page 3



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Creative hotline concept offers motivational pep talks from kindergartners

Shawn Nowlin
shawn.nowlin@ourvalley.org

To say that much of the news currently in the headlines is depressing would be an understatement. From the recent shooting in Buffalo, New York, where a white teenager allegedly murdered about a dozen African Americans in a grocery store to the inevitability of the Supreme Court overturning Roe vs. Wade, it seems like every week life delivers another gut punch.

Everyone, especially in these times, can use a pick-me-up. Looking for a reason to smile? Consider calling 707-998-8410. The hotline, called “Peptoc,” features pre-recorded messages

from a group of schoolchildren in California. The messages are for everybody, especially those who are coping with all the negativity happening in the world. For those who prefer to hear the messages in Spanish, that option is available.

When people contact the number, what they hear includes such words as:

— “If you are frustrated, you can always go to your bedroom, punch your pillow or cry on it. Or better yet just go scream outside.”

— “If you are nervous, go get your wallet and spend it on shoes and ice cream.”

— “If you are frustrated or mad, you can do what you want to do best.”

— “You can do it! Keep trying!

Whatever you do, please don’t give up.”

Behind the program are two elementary school teachers in California, Jessica Martin and Asherah Weiss. “We wanted to do a project that was going to be simple enough to do and call on kids to think about what they wanted to say in the world, to uplift other people,” said Weiss on YouTube last month.

Added Martin, “And as we all know, we’ve been going through a lot these last few years. So, we wanted to do something simple, but profound.”

After enduring a rough week in April, Roanoke County resident Imani Stevens called her best friend to vent. After she

got everything off her chest, her friend suggested she contact the Peptoc hotline. “I was reluctant initially, but I’m glad that I did it. I absolutely love the concept and the messages truly are encouraging,” she said.

Within weeks of launching in early March, the hotline was receiving upwards of 5,000 calls nationwide a week. Roanoke Valley native Clarence Johnson, 78, says he wishes this hotline was available when he was growing up.

“You don’t make it to my age without life teaching you many hard lessons. I learned the hard way a long time ago that you should never make an impulse decision when emotions are

high,” he said. “Had this hotline been around when I was in my 20s and 30s, I probably would have avoided so many mistakes.”

Johnson encourages everyone to give the hotline a call at least once. “It is worth it. It only takes a few minutes, but it can have a serious domino effect. Everyone that I’ve spoken to who have tried it all say they’re glad that they did it,” he added.

Martin and Weiss hope that what their student’s takeaway from this school project is something they will remember for the rest of their lives: a true understanding of just how powerful words are and the impact they can have on people.

National Therapy Dog memorialized at Salem VA

-POWMIA was given a full military funeral at the Salem VA Medical Center on May 13, 2022.-

Alexander Shedd
alexander.shedd@ourvalley.org

The life of POWMIA, known as “The National Therapy Dog,” was celebrated with a full military funeral service and Color Guard at the Salem VA Medical Center on May 13, 2022. POWMIA was a frequent visitor to the Center and was the official mascot of a number of organizations, including the 29th Division Association Post 64, Oakey’s Funeral Home in Roanoke and the 8th Air Force Fellowship.

Born as Maya on Feb-

ruary 13, 2012, POWMIA, AKC/CGC/THD/RE/SD, Commando Warrior was the “most famous therapy dog in the country,” according to her resume on the Oakey’s website. She became a Certified Therapy Dog at two years old and spent her entire life serving the emotional and wellbeing needs of veterans.

POWMIA visited medical centers and attended events for veterans constantly in the course of her service. Among her many accolades, she earned a hospice caregiver award

and a brick at the D-Day Memorial. Her handler, Steve “Commando” Roragen, said in an interview with CBS Channel 7, “Ten long years, we were blessed. She changed a life and saved so many more.” POWMIA was also the Channel 7 Good News K-9.

The funeral service concluded with the Color Guard and an American Flag presented to Steve Roragen. POWMIA’s love and kindness will live forever in the countless hearts and minds she touched in her life.



PHOTO COURTESY OF WDBJ7

Music for the people: Miller Holler plays shows across Tennessee and Virginia

Alexander Shedd
alexander.shedd@ourvalley.org

Country rock band Miller Holler of Nashville, Tennessee, just started a new tour at venues across Tennessee and southwest Virginia. The band most recently played at Old Town Fields in Shawsville, Va. on Saturday, May 14 at 6 p.m.

Miller Holler is led by frontman Pat Pollifrone, who grew up in Salem before moving to West Virginia then Tennessee in the course of his music career.

“Always good to be back in Salem, see friends and family, just reminisce about all the old good times,” he said. Recalling his journey from Salem to Nashville, he continued, “I started out playing in a church band in Salem... My dad was a musician, so I played my first professional gig when I was 15 with him, then moved to West Virginia and started a band. Then we took that band to Nashville, and since then

we’ve formed Miller Holler, and it’s been a real ride. We’ve done all kinds of stuff, we’ve been on TV shows, music videos... opened for some of the biggest names in the industry.”

Miller Holler began recording and playing in 2020, just before the first COVID-19 lockdown. Their second paid show was cancelled due to the March 2020 public health mandates that permanently changed everyday life around the world.

“We took that time to write and record,” said Pollifrone. “We would find bars on the outskirts of town, other towns that maybe weren’t as strict on the lockdown, and we would play for pennies on the dollar to what we make now... I’m grateful to those guys who stuck it out with me and helped me build this band up. It was a rough time, not gonna lie, but we knew the only guarantee was we wouldn’t go anywhere if we quit.”

Embracing an energetic blend of classic country and rock, Miller Holler currently has four singles available on all major music platforms, as well as Youtube and their official website, millerholler.com. Their latest release, “Stuck,” is an upbeat love song that challenges the idea of feeling trapped in a relationship.

“It’s about how relationships are pretty volatile in this day and age, and nobody wants to be ‘stuck,’ or everybody feels so ‘stuck’ with their partner,” Pollifrone explained. “And I said, hey, in this song, we should write how we actually feel, because we love our wives and girlfriends, and we can’t wait to get stuck, you know? That’s what that’s all about.”

He went on to say that he owes much of his success and wellbeing to his wife, Amy. “We’ve been together almost 10 years, and she’s been my biggest supporter and number one fan aside from my mama,” he said. “I have to

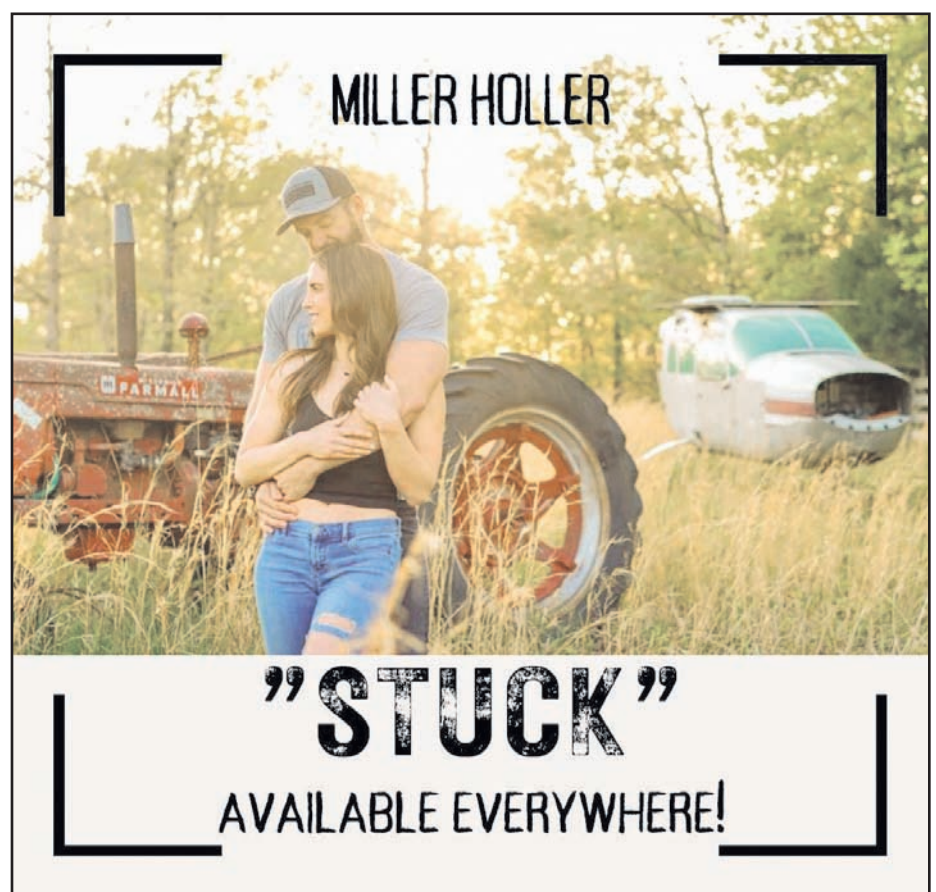


PHOTO COURTESY OF INSTAGRAM @MILLER.HOLLER

give a lot of credit to her. She deals with a lot of late nights... she’s the manager over at the hospital here in Hendersonville, and

just watching her work through the pandemic and still find a way to succeed and thrive, it’s motivating to me. I love my wife more than anything.”

In addition to the Old Town Fields show, Miller Holler will continue to do shows in Tennessee through June, then two shows in Indiana in July and August before returning to Christiansburg on Oct. 8 for the Rockin Main Festival. Partial proceeds from the Christiansburg show will go to the AWS1 James Buriak Foundation in honor of James P. Buriak of Salem, a Naval officer who perished in a fatal accident last year and a friend of the Pollifrone family.

Pat and his fellow bandmates are excited

to finally be free to tour around their home state. “Everything we do is for the people we play for, and we wanna put on the best show possible,” Pollifrone stated. “We want to interact and have a good time, and we want them to have a good time. Forget about whatever it is they’re worried about all day long. When you’re with Miller Holler, don’t worry about it for those three or four hours.”

More information on tour dates, merchandise and music videos can be found at www.millerholler.com. For those interested in supporting the AWS1 James Buriak Foundation, more information is available at www.theaws1jamesburiakfoundation.org.

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Spring Community Fun Day Set for May 21st

Submitted by Goodwill Industries of the Valleys

Goodwill Industries of the Valleys will be hosting a Community Career & Resource Fair and celebrating the Grand Reopening of YouthHQ@Goodwill on Saturday, May 21st from 11 a.m. – 3 p.m. outside at the Goodwill Roanoke Jobs Campus located at 2502 Melrose Avenue, NW, Roanoke. The fair and reopening events are in conjunction with the Kiwanis Club of Roanoke and Shiloh Baptist Church's Fun Day at the Kiwanis Centennial Playground beside the Melrose Library located at the Goodwill Roanoke Jobs Campus.

All events are free and open to the community. The Community Career & Resource Fair will be a great event for individuals and families to discover what resources and job opportunities are available in the community including Goodwill programs and working at Goodwill.

The Grand Reopening of YouthHQ@Goodwill will consist of fun activities, live performances, and facility tours for youth and families. During the event, middle and high school students can enroll at YouthHQ for free after school and summer programming. The Fun Day will provide fun-filled activities including zoo animals and wildflower garden planting, food, and music for all ages.

"The Community Career & Resource Fair and Grand Reopening of YouthHQ@Goodwill is an opportunity to bring together local businesses and individuals looking for a job as well as sharing local resources and services for individuals and their families," states Zenith Barrett, Vice President of Business & Community Engagement for Goodwill. "We are excited to be a resource for the Roanoke community alongside the Fun Day presented by the Kiwanis Club of Roanoke and Shiloh

Baptist Church."

Individuals with questions about Goodwill services may contact (540) 581.0620. Businesses interested in being a part of future job fairs, please contact Zenith Barrett at (540) 581.0620 ext. 1266 or zbarrett@goodwillvalleys.com.

Goodwill Industries® of the Valleys serves 35 counties and 14 cities throughout Central, Southwest, and Southside Virginia. Its vision is to eliminate poverty through the mission of empowering individuals, strengthening families, and inspiring communities. In 2021, Goodwill served 38,446 youth, adults, and seniors, placed 670 people into jobs in our community, and helped individuals attain 2,949 industry recognized credentials allowing them to be more competitive in their job search and to find higher paying employment. Visit www.goodwillvalleys.com for more information.



Community Career & Resource Fair

Hosted by Goodwill Industries® of the Valleys

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- ✓ Learn about Resources Available for You and Your Family
- ✓ Find Out More about Goodwill® Services and Programs (GoodStart & GoodCare)
- ✓ Free to Attend & All are Welcome!
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For Information, Call Goodwill at (540) 581.0620
*If you do not have a resume and need to prepare one, visit Goodwill.

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Grand Reopening YouthHQ@Goodwill

Join the celebration of YouthHQ's Grand Reopening with fun activities, live performances, and facility tours for youth and families! Enroll your middle or high school student in free after school & summer programming!




National Thought Leadership on Caregiving Conference announces additional speakers and partnerships

Submitted by The Care Colloquium

The Care Colloquium, a national thought leadership conference on caregiving issues will be held November 14 -16 in Roanoke, Va. at The Hotel Roanoke and Conference Center. The Care Colloquium is a space for care economy leaders to network, build mutually beneficial collaborations, and tackle difficult family caregiver challenges contributing to our nation's care crisis. The event brings together business and organizational leaders across the nation involved in the care economy and aging field.

We are six months away from our inaugural colloquium and are excited to announce that even more nationally recognized caregiving experts have accepted our invitation to speak to our ever-expanding list of nationally

identified and noted speakers.

Nicole Will, founder of willGather, is dedicated to enhancing the well-being of our aging community by equipping older adults, their family members, and eldercare professionals with valuable information and resources. Nicole is the creator, host, and producer of the willGather Podcast: Navigating the World with Your Aging Loved One.

Nicole has over 20 years of experience in the field of aging and eldercare services. She spent many years working as a director at a well-respected and large senior living community overseeing the Therapeutic Recreation, Volunteer, and Spiritual Care departments while successfully leading her sizeable team to a zero-deficiency tenure and improved resident engagement success. She served on the MAPA board and

as an adjuvant faculty member at the University of St. Catherine. She continues her hands-on approach as a private older adult care companion with a deep understanding of family caregiver needs. Nicole will be on the panel: Speaking Caregiver Language in Our Business Practices.

We are partnered with willGather Podcast, for our event! Podcast creator Nicole Will is setting up a recording station and attendees, all leaders in the care economy, have the opportunity to schedule an interview at the event so they can share their work and their colloquium experience broadly.

Erin Galyean, founder of Badass Advocate, is a professional trainer, author, and public speaker passionate about inspiring and encouraging others to live the life they truly desire. Erin lost her father, Mike, in 1997 to Non-Hodgkin's Lymphoma and her

sister, Meghan, in 2018 to a rare lung disease. These heartbreaking life events taught her how to effectively advocate for a patient. The most recent loss of her sister led her to a vision of helping others powerfully advocate for the patient in their life.

In 2020, Erin published her first book *Badass Advocate: Becoming the Champion Your Loved One Deserves*. In *Badass Advocate*, she shares 8 badass strategies for advocating for a patient who is either home-bound or hospitalized. In 2021, she published 4 journals to help caregivers better balance self-care with patient care.

Erin will be presenting in our Panel: "How Businesses Can Support Caregivers Throughout the Care Journey" and "Advocacy in the Care Economy: How and Why to Get Involved".

A very important topic that will be discussed at The Care

Colloquium is the financial challenges of family caregiving. Why is it so expensive to cover elder care costs? Why are families across our country finding themselves in financial crisis when caring for an elderly loved one?

We have leading experts in the field sharing how they are helping families overcome the financial strain of caregiving in one place to tackle this hard issue!

The Care Colloquium is being held at the Hotel Roanoke and Conference Center in walking distance of the heart of Downtown Roanoke, Virginia. Attendance includes ALL meals, two cocktail hours, and a complimentary booth to showcase organizational work.

Sponsorship opportunities are still available at different levels and can be seen at our website at www.TheCareColloquium.com. Registration is also open with early-bird discounts available.

Holistic Expo

from page 1

as a Supporting Stress, Sleep & Focus session on Saturday, May 21 at 10 a.m.; an Awaken Community Drum Circle on Tuesday, May 24 at 6:30 p.m.; and a Group Sound Healing session on Friday, May 27 at 6:30 p.m.

Set up in the lobby behind the Glow table was a small lounge space with couches, put together by Roanoke's Bodhi Lounge. The group puts on a number of events regarding

cannabis education and safe consumption, as well as wellness activities, classes and "lounge parties and chill sessions."

Also in attendance was Salem bookstore Wonderful Books & More, where owner Savannah Oaks sold books on witchcraft and holistic healing, as well as candles, tea packets and "spell box" kits for personal rituals put together by herself and her family and sold under the brand

Salem Apothecary.

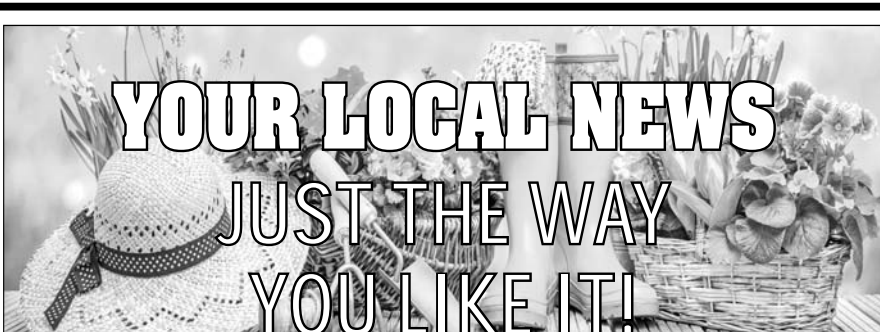
Other businesses at the expo included Azurae Windwalker Shamanic Healing Arts, The Well-Nest, Aphrodette North, Balanced Energy Arts, Jillie Intuitive Coaching, Spiritual Insights, Wonderful Land of Oils, JMC Healing and Wellness Academy, Healing with Yvette, Chinese Medicine Works, Kimberly Olah, Earth's Essentials, Keeter Chiropractic, Charles Stokes-Col-

lins, Clear Space Energy Healing, Zen my Brain, Rebecca Jerrod Consulting, Metta Vibrations, Be-lightful Healing, Healing Heart Energy Therapy, Jesi

V Arts, Tracy and Angie, Jackie Lunger, Healing Harmonics, Rising Lotus, Karen Simpson, Theresa Huber, Wisdom of the Ages, Trinity Divine Meta-


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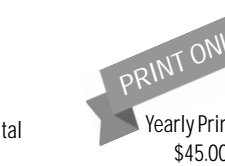
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OPINION

Women’s club passes into history

{Frances Stebbins has been writing of faith communities in western Virginia since 1953. She lives in Salem.}

Age – not of the Wednesday History Club itself at 105 years but of its members – has brought to an end a Roanoke Valley women’s group.

The decision to disband was hastened by the COVID Pandemic which canceled the monthly gatherings. They had brought enjoyment and intellectual stimulation to the dozen women who had attended over the years and followed carefully the club’s constitution and by-laws.

Carolyn Sublette Meredith of southwest Roanoke County has served as president of the club for the past eight years. Like others in the club she is no longer able to drive herself although she remains independent in her home with the help of relatives and a grocery delivery service. With the deaths of

two sister cats, she’s reluctantly had to put pets out of her life.

Considering the club’s future, Vice President Gail Trussell–listed as “Mrs. Millard Trussell” in the club’s yearbook, remarked candidly, “We’re all just too old.” Indeed, over the years the club’s membership has decreased with only a handful of elderly women now able to consider coming to its meetings.

I was invited to join in 2004 by one of its late members, a church friend, Elizabeth Ruffin Hancock. About the same time, the former organist and choir director at my church, Rose Ann Burgess, also suggested that I might be a good fit for the venerable group. I was much enjoying her musical leadership at our parish.

A great deal has changed even since that time, but it is as nothing when one considers how life has been altered for women since the club came into being at the beginning of 1918. Those

Frances Stebbins Correspondent

with an interest in history know that was a war year for America –the conflict with Germany now recalled as World War I.

Wars have a way of altering society, and when the American soldiers returned from the trenches of northern France, their women who had stayed behind were feeling the need for liberation also. The war had also been coupled, as recalled over the past two years, by a pandemic of a respiratory illness capable of killing fast or leaving permanent brain damage.

A movement was coming to fruition to allow women to vote. (How incredible it seems now that this was not always so, but my mother as a young

adult of the time, registered and to my remembrance never failed to take a keen interest in both national and local politics.) At 21, engaged to be married and starting my newspaper career, I was eager to vote also.

The Wednesday History Club was born out of that world. Women wanted to learn about both the past and the present. Though higher education was less common than for men, many women were well read and some enjoyed history enough to consider getting together monthly in their homes, serve refreshments to their guests and learn more about a specific topic chosen in advance by a planning committee.

The customs of 1917 were adhered to by the club’s members. Detailed records of the meetings were kept by the woman chosen as the secretary; these were read at each meeting. The treasurer also kept meticulous records, and each year a donation was made to a worthy charity. I recall the West End Center for low-income children was often a recipient. Dues, in my time at least, were \$10 per

year. Membership was not to exceed 20, but in recent years scarcely a half dozen got to the meetings which began at 2:15 p.m. and adjourned at 4. Several years earlier, the home gatherings were dropped in favor of using a nearby retirement home with the refreshments supplied as part of the fee.

Another service the club provided was, upon the death of a member, a book on a topic preferably related to her interests would be bought for donation to the Roanoke City Public Library. In the 13 years I attended the meetings I served as president for the two-year period and on the planning committee which chose such topics as female heads of state. I learned of British Prime Minister Margaret Thatcher. Members could choose their topic from a slate presented by the committee.

And now the remaining few of us, who most recently had been learning of the Virginia women of history whose statues have been added to the monuments in Richmond’s Capitol Square, consign our Wednesday History Club to history.

Friendship physician clinic welcomes Nurse Practitioner Benita Bocanegra

Submitted by Friendship Retirement Community

Friendship Retirement Community, a local leader in senior living and rehabilitation, announces the hiring of Benita Bocanegra, nurse practitioner, to the Friendship Physician Clinic.

“Benita brings with her a wealth of knowledge and experience in primary

care,” said Ben Higgins, Friendship’s Vice President of Healthcare Operations. “She was a natural fit for our Clinic on campus as she’s technically very proficient and has a warmth about her that the community will embrace.”

Mrs. Bocanegra completed her education at Walden University and is board certified for Adult-Gerontology

Acute Care through the American Association of Critical-Care Nurses. Her background includes stints in primary care, psychiatric medicine, and a role as wellness coordinator assisting patients with chronic medical conditions.

“I am excited for this role as it allows me to be part of the Friendship family, caring for patients both in and out of the healthcare facilities they offer. It’s long-been a desire of mine to work in this sort of position,” said Bocanegra.

Mrs. Bocanegra will see patients across all levels of care at Friendship, including Friendship Health & Rehab Center, Friendship Assisted Living, and Salem Terrace at Harrogate. She will have daily afternoon and full-day Friday hours at the Clinic, located at 391 Hershberger Rd. NW Roanoke, VA 24012 for Independent Living residents and the community at large.

“It’s been a goal of ours at Friendship to have a pri-

mary care provider on campus who is able to follow residents throughout the continuum. Benita will be a familiar and friendly face for our residents who may transition across levels of care during their time at Friendship”, said Higgins. “The other added benefit is that Friendship Physician Clinic accepts most major insurances and the greater Roanoke community is welcome to establish care with the practice as well.”

To schedule an appointment at Friendship Physician Clinic, please call 540-265-2087. To learn more about Friendship, individuals are encouraged to visit the company’s website, friendship.us, or call 540-265-2100.

Friendship offers diverse senior living accommodations, award-winning care, new and innovative services as well as specialized rehab and therapy, to over 900 residents and patients. The community opened its first building in 1966 and has grown to offer the full continuum



SUBMITTED PHOTO

New Friendship Nurse Practitioner Benita Bocanegra

of healthcare, including an adult day care center, home care services, physician clinic, on-site pharmacy,

and Club Friendship, a full-service restaurant and bar. Visit friendship.us for more information.

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Michael Showell, *Publisher*lshowell@ourvalley.org

Lynn Hurst, *General Manager*lhurst@ourvalley.org

Alexander Shedd, *Editor*.....alexander.shedd@ourvalley.org

Brian Hoffman, *Sports Editor*bhoffman@ourvalley.org

Randy Thompson, *Advertising Consultant*advertise@ourvalley.org

Give us your view: alexander.shedd@ourvalley.org

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Send letters to

the editor at

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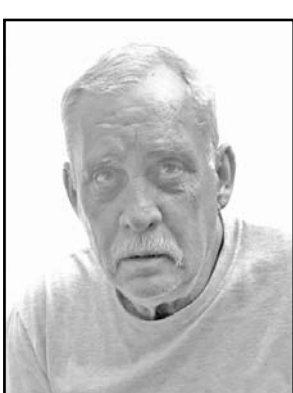
OBITUARIES

Mauk, Michael Ray

Michael Ray Mauk, age 69, of Salem, Virginia passed away May 8, 2022, at Orange Park Medical Center. He was born April 9, 1953, in Fincastle, Virginia to the late Frank William Mauk and Daisy Irene Horton Mauk. Michael was a lifelong resident of Virginia and recently relocated to Glen St. Mary, Florida to be closer to his daughter. He was very gifted with his hands and could fix almost anything.

Everyone would agree that Michael was the life of the party and lived life to the fullest. He enjoyed singing, drinking, and fellowshiping with great friends and family. As he always said, “May the Force Be with You.”

He was preceded in death by his parents, Frank William Mauk and Daisy



Irene Horton Mauk and his brother, Roger Mauk. Michael is survived by his daughter, Karen (Larry) Hall of Glen St. Mary, FL; siblings, Darlene Harlow Overstreet, Barbara Hyulton (Johnny) Diehl, Ronnie Leohn (Arlene) Mauk, and Sophia Catherine Mauk all of Virginia; grandchildren, Kimberlin (Daulton) McKelvey and Wesley Hall; and his forced-

mer spouse and mother to his children, Sharon Justice. Michael’s family will celebrate his sweet life in the near future.

The arrangements are under the care and direction of V. TODD FERREIRA FUNERAL SERVICES, 250 North Lowder Street, Macclenny, FL 32063 (904)259- 5700. Visit www.ferreira-funeralservices.comto sign the family’s guest book.

Margaret O’Donnell Key

Our beautiful and amazing mother passed away on May 13, 2022. She was born in Darby, England on July 7, 1924 to Dominic and Emma Rivers O’Donnell. She served in the Royal Observer Corps.

Margaret was preceded in death by her beloved husband Lt. Col. W. Allen Key; sons, Steven Early and John Adrian Key; siblings; several nieces and nephews; and her best friends, Abby Mitchell and Blanche McGuire.

Those left to cherish her memory are her children, Sharon Leslie Wade, W.



Allen Key, II, Roberta O’Donnell (Robin) Key and Dixie Smith Huff; much loved granddaughter, Maggie. She leaves many friends and family a list too long to print but include, Tina, Becki, Darcie, Val, Cady, Joyce, Jimmy, John, Linda, Patty, and Richard.

The family will receive friends at Lotz Funeral Home in Salem on Wednesday, May 18, 2022, at 1 p.m. A graveside service will follow in Sherwood Memorial Park at 2:00 pm. In lieu of flowers donations may be made to The Cystic Fibrosis Foundation.

CROSSWORD PUZZLE

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	61					62						
		63										
			64				65					

CLUES ACROSS

1. Small lump

4. Helps little firms

7. A way of performing

12. Lawyers

15. Stirred up

16. Believed in

18. The Bay State (abbr.)

19. Makes computers

20. Sodium

21. As fast as can be done (abbr.)

24. Institute legal proceedings against

27. More compact

30. Ethiopian river

31. Quantitative fact

33. No (Scottish)

34. A concession of no great value

35. Tony-winning actress Daisy

37. More (Spanish)

39. Russian space station

41. Helicopter

42. At the peak

44. Makes ecstatically happy

47. Excellent

48. Material body

49. The Golden State (abbr.)

50. A unit of plane angle

52. Argon

53. Fancy

56. Fried mixture of meat & spices

61. How green plants use sunlight

63. Without wills

64. Unhappy

65. Meat from a pig’s leg

CLUES DOWN

1. Mentor

2. Lyric poems

3. A dry cold north wind in Switzerland

4. Trapped

5. Used for road surfacing

6. Cuckoos

7. Prefix “away from”

8. Seth McFarlane comedy

9. Not out

10. “The Simpsons” bus driver

11. Popular HBO drama (abbr.)

12. Acclaimed Indian physicist

13. Removes

14. One-name NBA player

17. Revolutionary women

22. Smell

23. Ground-dwelling songbird

24. Midway between south and southeast

25. American state

26. Keen

28. Khoikhoi peoples

29. Int’l defense organization

32. Samoan money

36. A sign of assent

38. One from Somalia

40. Boat race

43. Trims

44. French coins

45. Indigenous Scandinavian

46. Flew alone

51. Loch where a “monster” lives

54. Japanese title

55. Pros and ____

56. Present in all living cells

57. Something to scratch

58. Branch of Islam

59. Appear

60. Former CIA

62. Yukon Territory

National League of Junior Cotillions to host Parents' Reception and Registration

- The Roanoke Valley NLJC recently held its first Grand Spring Ball -



Submitted by the Roanoke Valley NLJC

The National League of Junior Cotillions, Roanoke Valley Chapter, has scheduled a Parents' Reception and registration for the 2022-2023 season. Interested parents may attend the reception at Vinton War Memorial Library on Thursday, May 26th, at 6:30 p.m. Says Leila Tomasone, director of the local Junior Cotillion, "We are looking forward to this opportunity to present the National League of Junior Cotillions program to interested parents. We believe this will be an excellent opportunity for children in this area

to learn social skills that will be of value to them now and later in life."

Earlier this year the chapter held its first-ever Grand Spring Ball, which was a great success. It was attended by over 70 local Junior Cotillion students, dressed in semi-formal attire, and their parents, who were able to dance with their students and make memories that will last a lifetime.

The National League of Junior Cotillions is an etiquette and social dance training program that involves thousands of students nationwide. For information regarding the program, call (540) 282-8834.

St. Mark's United Methodist of Daleville invites all for Joyful Journey Travel Club

Submitted by St. Mark's United Methodist Church

The Joyful Journey Travel Club of St. Mark's United Methodist Church in Daleville, Va., offers trips throughout the year geared towards Sr. citizens but anyone is welcome. Grandparents sometimes bring their grandchildren. The bus leaves from St. Mark's UMC, 19 Cedar Ridge Dr., Daleville, Va. 24083. Vehicles may be left at the church. Other pick-ups may be available along the 1-81 interstate.

For all trips, information, details on sight-seeing, flyers, and registration forms may be obtained from the church website, www.stmarkschurch.com (scroll across to More and scroll down to Joyful Journey Travel Club) or by calling Julia Greer at 540-330-7933. We invite you to join us for the

following upcoming trips:

Sept. 26-Oct. 1: we will be traveling to The Pioneer Valley of Western, Massachusetts. The price of \$884.00 per person includes motorcoach transportation, lodging, all sight-seeing, three breakfasts, three dinners, taxes and meal gratuities, driver's tip and luggage handling. Sight-seeing includes the Norman Rockwell Museum and the Dr. Seuss National Memorial Sculpture Garden featuring full-scale bronze sculptures of Dr. Seuss's whimsical characters and Old Sturbridge Village.

Dec. 6: we will be going to Wytheville, Va. to the Wohlfahrt Haus Dinner Theatre for a Christmas meal and musical "A Christmas Spectacular." The bus leaves the church at 10 a.m. and returns about 6:30 p.m. with a pick-up at the Salem Food Lion. The cost of \$88 is all inclusive.

CITY OF SALEM, VIRGINIA

On Monday, May 23, 2022, at 6:30 p.m., Salem City Council will hold a public hearing in Council Room, City Hall, located at 114 North Broad Street, Salem, Virginia for the purpose of receiving public input on the 2022-2023 budget.

All persons shall be offered an opportunity to speak and state their views concerning all aspects of the budget within such reasonable time limits as shall be established by City Council. Persons desiring to speak may be asked to register at the meeting. Written comments of interested citizens will be received by the City Clerk prior to the hearing.

A summary copy of the budget may be viewed on the City of Salem website: <https://www.salemva.gov/Departments/Finance>.

The recommended budget is summarized as follows:

CITY OF SALEM, VIRGINIA Recommended Budget for Fiscal Year 2022-2023

REVENUES		RECOMMENDED BUDGET 2022-2023
General Fund		
General Property Taxes	\$	44,905,191
Other Local Taxes		25,542,300
Permits and Licenses		342,740
Fines and Forfeitures		76,000
Revenue from Use of Money & Property		702,940
Charges for Services		3,479,253
Payment in Lieu of Taxes		3,274,929
Miscellaneous		313,500
Revenue from the Commonwealth		14,109,196
Revenue from the Federal Government		7,877
Transfers		16,649,631
Total General Fund		109,403,557
Special Revenue		30,349,731
Debt Service		5,515,967
Electric		42,442,568
Water		13,934,929
Sewer		13,446,000
Civic Center		4,163,768
Salem Catering and Concessions		759,079
School Component Unit		
State Revenue, excluding Sales Tax		21,488,383
Sales Tax		4,693,267
Federal Revenue		5,650,323
Local Revenue		20,897,899
Other Revenue		505,886
Total School Component Unit		53,235,758
Total Revenues All Funds		273,251,357
Less Fund Transfers		(57,152,145)
Total Net of Transfers	\$	216,099,212

EXPENDITURES		
General Fund		
General Government Administration	\$	7,760,413
Judicial Administration		2,649,896
Public Safety		19,644,396
Public Works		10,954,977
Health and Welfare		6,310,596
Education		23,490,381
Parks, Recreation and Cultural		6,624,916
Community Development		2,911,591
Non-Departmental		29,056,391
Total General Fund		109,403,557
Special Revenue		30,349,731
Debt Service		5,515,967
Electric		42,442,568
Water		13,934,929
Sewer		13,446,000
Civic Center		4,163,768
Salem Catering and Concessions		759,079
School Component Unit		53,235,758
Total Expenditures All Funds		273,251,357
Less Fund Transfers		(57,152,145)
Total Net of Transfers	\$	216,099,212

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UPCOMING EVENTS



Event	Date	Time	Prices	Location	Tickets
 Roanoke Valley Sports Club: George Canale	Mon, May 16	Social 5:45 pm Dinner 6:15 pm Program 7:00 pm	<u>Members:</u> \$17.50 <u>Non-Members:</u> \$22.00 <u>Kids ages 4-12:</u> \$10.00	Community Room	RESERVATIONS ARE REQUIRED 540-353-1103 or Website
George Canale is a retired Major League Baseball first baseman and Cave Spring graduate. He played Major League Baseball for three seasons with the Milwaukee Brewers.					
 Family Service of the Roanoke Valley: 2nd FSRV Bike, Car & Truck Show RESCHEDULED DATE	Sat, May 21	10:00 am - 4:00 pm	Vehicle Registration: \$25 Spectators are FREE	Parking Lot	Open to the Public
A day of music, vendors, OVER 100 awards for entrants, kids activities, a raffle, & awesome event t-shirts for sale! Questions? Jill Sluss: jsluss@fsrv.org or (540) 795-4671.					
 Salem Gun & Knife Sale	Sat, May 21 Sun, May 22	9:00 am - 5:00 pm 10:00 am - 5:00 pm	<u>Adult:</u> \$10.00 <u>Ages 12 and Under:</u> Free with Paying Adult.	Arena	Tickets at the Door
To download a \$1 off coupon and for more information visit www.cegungunshows.com .					
 DMV2Go	Mon, May 23 Tue, May 24	9:00 am - 4:00 pm 9:00 am - 4:00 pm LUNCH 12:30 - 1:30	Free Admission	Parlor C	Open to the Public!
Schedule an appointment at https://www.dmv.virginia.gov/online-services/appointments.aspx					
Apply/renew your Driver's License. Get an ID card. Apply for a Veteran ID card. Get a copy of your driving record. Obtain vehicle titles, license plates, decals, transcripts, and more!					
 Lord Botetourt High School Graduation	Mon, May 23	7:00 pm	Free Admission	Arena	Open to the Public
Congratulations to the Class of 2022!					
 Roanoke County High School Graduations	Tue, May 24 Wed, May 25	3:00 pm Hidden Valley 5:30 pm Cave Spring 3:00 pm William Byrd 5:30 pm Northside	Free Admission	Arena	Open to the Public
Congratulations to the Class of 2022!					
 2nd Annual Salem Gem, Mineral & Jewelry Show	Fri, May 27 Sat, May 28 Sun, May 29	10:00 am - 6:00 pm 10:00 am - 6:00 pm 11:00 am - 4:00 pm	<u>Adult:</u> \$7.00 <u>Ages 11-17:</u> \$2.00 <u>Ages 10 and Under:</u> Free with Paying Adult. Tickets good for all 3 days.	Arena	Tickets at the Door
Jewelry makers, gold & silversmiths from all over the U.S. who can reconstruct, repair, design or make original jewelry from customer selected gems, stones, opals and crystals.					
 Salem High School Graduation	Fri, June 10	2:00 pm	Free Admission!	Arena	Open to the Public
Congratulations to the Class of 2022!					
 Roanoke Symphony Orchestra: Hotel California - A Salute to The Eagles	Fri, June 17	7:30 pm	<u>Reserved Seats:</u> \$31.00, \$34.00, \$45.00	Arena	On Sale
A spirited blend of originality and excellence have taken Hotel California: A Salute to the Eagles to new audiences for more than three decades.					
 PAW Patrol Live! The Great Pirate Adventure	Tue, June 21 Wed, June 22	6:00 pm 6:00 pm	<u>Reserved Seats:</u> \$17.00, \$22.00, \$27.00, \$32.00, \$42.00, \$52.00, & VIP \$107.00	Arena	On Sale
Chase and all of his friends are back for a high-seas adventure! Children over 1yr of age must have a ticket. www.pawpatrollive.com					
 2022 Salem Fair	June 29 - July 10	Monday - Friday: 4:00 pm - 11:00 pm Saturday & Sunday: 12:00 pm - 11:00 pm	Free Admission	All Areas	Open to the Public
For information on rides, specials for ride passes, and entertainment, please visit www.SalemFair.com .					
 Hank Williams Jr.	Fri, July 29	8:00 pm	<u>Reserved Seats:</u> \$275.00, \$125.00 & \$89.50 Preferred Parking: SOLD OUT	Arena	On Sale
Bocephus is BACK! LIMITED VIP Packages available online only. www.HankWilliamsJr.com					
For tickets, visit the Salem Civic Center Box Office Monday - Friday, 8 am - 5 pm or online anytime at Ticketmaster.com . All ticket sales are final.					
Convenience charges apply to all tickets except those purchased at the Salem Civic Center Box Office. All listed information is SUBJECT TO CHANGE at any time without notice.					

Saunders

from page 1

and strong reserves to protect our city and its citizens in the future.” He said, “this is a remarkable achievement made by Council, City Administration and our School Board.”

Saunders explained the most important thing to him is the city’s financial stability. “Our bond rating is very high. That wasn’t the case four years ago or even 10 years ago. We’ve gotten the school funding up and are starting on Moyer Sports Complex.” He noted, “I worked hard to represent our citizens on numerous decisions including my opposition to the Simms Farm development. I want to make sure citizens have a representative on Council who listens to all dis-

cussions.”

Saunders added he is extremely pleased in Salem’s Downtown Project. “Revitalization of our downtown has been very important ongoing project for our Council.”

He added that the city has major infrastructure projects on the horizon, including water and sewer improvements in certain areas and expanding of WiFi in the city. He also noted that “Council has provided salary increases and packages to continue moving us as quickly as possible to raising salaries and starting pay for the men and women of this city that keep it running as smooth as possible.”

Saunders lives with his 21-year-old daughter, Heather.

Women’s Luncheon

from page 1

tion,” said Cindy Petersen, executive director of the Taubman Museum of Art. “Community engagement, innovation and opening the Museum’s doors even wider speaks true to our continued, mission-driven work. Superintendent Verletta White and Regine Archer share this same commitment to informing and inspiring our community, and we were so pleased to honor them for their work in Roanoke and beyond.”

After earning a Bachelor of Science degree in Education from Towson University, White furthered her education at the College of Notre Dame in Maryland, graduating with a Master of Arts degree in Leadership in Teaching. Currently, White is a doctoral candidate in urban educational leadership at Morgan State University.

White’s teaching career began three decades ago when she was hired in 1992 as an elementary school teacher in Baltimore City. Three years later, she accepted a teaching position in Baltimore County, the nation’s 25th largest school district. Over the next 25 years, White served in a variety of roles, including teacher, teacher mentor, assistant principal, principal, Central Office administra-

tor, chief academic officer, area assistant superintendent and superintendent.

Appointed on July 1, 2020, at the height of the COVID-19 pandemic, White is currently in her second year as Superintendent of Roanoke City Public Schools. An example of her leadership came on June 9, 2021, when a student was shot outside Roanoke’s Berglund Center as his classmates were inside rehearsing their graduation ceremony.

Said Superintendent White hours after the shooting, “Today’s decision about tomorrow and Friday’s graduation did not come lightly. We had to think about all the safety precautions and ready or not we were ready. We decided to partner with the police department to make sure that additional police will be present.”

Along with the awards ceremony, the 17th Annual Women’s Luncheon featured a keynote address from Dr. Anna O. Marley, Vice President of Museum Research and Scholarship, Kenneth R. Woodcock Curator of Historical American Art and Director of the Center for the Study of the American Artist at the Pennsylvania Academy of Fine Arts.

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Event	Date	Time	Prices	Location	Tickets
 Annual Virginia Vintage Comic Book Show	Sat, July 30	10:00 am - 3:00 pm	<u>Adult:</u> \$3.00 <u>Ages 12 and Under:</u> FREE with Paying Adult.	Community Room	Tickets at the Door
This show features some of the best comic and collectibles dealers in the Southeastern United States and is know for focusing primarily on older comic books.					
 Mountain Valley Cluster Dog Show	Wed, Aug 3 Thurs, Aug 4 Fri, Aug 5 Sat, Aug 6 Sun, Aug 7	8:00 am - 4:00 pm Each Day	Free Admission!	Arena	Open to the Public
Come inside during the dog days of summer and watch these dogs and their handlers compete. For more information visit www.RoanokeKennelClub.com					
 SW VA's Bigfoot & Friends- A Cryptid Celebration	Sat, Sept 24	9:00 am - 5:00 pm	<u>Ages 12 and up:</u> \$10.00 <u>Ages 12 and Under:</u> FREE with Paying Adult.	Arena	On Sale
Attention paranormal enthusiasts, Squatch hunters, Mothman fans and cryptid lovers - we are looking for you! See you in September for an out of this world event!!					
For tickets, visit the Salem Civic Center Box Office Monday - Friday, 8 am - 5 pm or online anytime at Ticketmaster.com . All ticket sales are final.					

A Special Thank You To Our Salem Civic Center Sponsors:



May 17, 7:05 PM vs. Lynchburg Hillcats	Jun 14, 11:05 AM vs. Delmarva Shorebirds
May 18, 7:05 PM vs. Lynchburg Hillcats	Jun 15, 7:05 PM vs. Delmarva Shorebirds
May 19, 7:05 PM vs. Lynchburg Hillcats	Jun 16, 7:05 PM vs. Delmarva Shorebirds
May 20, 7:05 PM vs. Lynchburg Hillcats	Jun 17, 7:05 PM vs. Delmarva Shorebirds
May 21, 6:05 PM vs. Lynchburg Hillcats	Jun 18, 6:05 PM vs. Delmarva Shorebirds
May 22, 5:05 PM vs. Lynchburg Hillcats	Jun 19, 5:05 PM vs. Delmarva Shorebirds
May 30, 1:05 PM vs. Columbia Fireflies	Jun 21, 7:05 PM vs. Fredericksburg Nationals
Jun 01, 7:05 PM vs. Columbia Fireflies	Jun 22, 7:05 PM vs. Fredericksburg Nationals
Jun 02, 7:05 PM vs. Columbia Fireflies	Jun 23, 7:05 PM vs. Fredericksburg Nationals
Jun 03, 7:05 PM vs. Columbia Fireflies	Jun 24, 7:05 PM vs. Fredericksburg Nationals
Jun 04, 6:05 PM vs. Columbia Fireflies	Jun 25, 6:05 PM vs. Fredericksburg Nationals
Jun 05, 5:05 PM vs. Columbia Fireflies	Jun 26, 5:05 PM vs. Fredericksburg Nationals

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G	O	B		S	B	A								
A	U	D	I	T	I	O	N	I	N	G				
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BAPTIST (INDEPENDENT)
CALVARY BAPTIST CHURCH-7th and Florida Streets, Salem VA. Pastor: Roger D. Counts, 540-389-3818. Sunday School 10:00 a.m., Morning Worship 11:00 a.m., Sunday Evening Service 6:30 p.m., Wednesday Night Prayer Service, 6:30 p.m.

LAKESIDE BAPTIST CHURCH - 447 Dalewood Avenue, Salem, 986-0062, Pastor Carl Goodman. Coffee Bar 9:00 a.m., Sunday School 9:30 a.m., Sunday Worship 10:30 a.m., Children & Student Ministry 5:30-7:30 p.m.; Thursday 7:00 pm Young Single Adults, Wednesday Morning Prayer Service 10:00, Lifegroups meeting throughout the week. www.lbcva.com.

SOUTHSIDE BAPTIST CHURCH, 2721 120'Clock Knob Rd., Salem, Pastor: Tim York; Sundayschool, 9:45AM, Sunday morning worship, 11:00AM, Sunday evening, 6:00PM, Wednesday evening, 7:00PM.

TEMPLE BAPTIST CHURCH - 4339 Daugherty Road, Salem, Greg Irby, Pastor, Church: 380-3567; Home: 389-7240, Sunday School 10:00 AM, Worship Services 11:00AM & 6:00PM, Mid-week Prayer Meeting Wednesday 7:00PM, www.templebaptch.com.

BAPTIST (SOUTHERN)
BETHEL BAPTIST-1601 S. Colorado St., Salem, Pastor Hilton Jeffreys, 389-2376, Sunday: Connect Groups meet at 9:30am; Worship Service starts at 10:30am. You can stream live with us at 10:30am on Facebook, YouTube, our App & Website (www.bethelbaptistva.com). Tuesday mornings we have Adult Bible Study at 9:00am.; Wednesday evenings at 6:15pm we have TeamKid for kids 3 years old through 5th grade, Amplify Youth (6-12th grade), Band of Brothers Men's Bible Study and then our College & Young Adult Bible Study at 8:00pm. www.bethelbaptistva.com

MOUNTAIN PASS BAPTIST CHURCH - 311 Catawba Valley Dr., (Ro. Co.) Salem, VA 24153. Rev. Jack Richards, Jr., Pastor, Study 384-6720, Home 427-1508. Sundays: Sunday School 9:45 a.m.; Morning Worship 11:00 a.m., Evening 6:00 p.m. Wed: 7:00 p.m. Prayer Meeting and Bible Study.
RIDGEWOOD BAPTIST-703 Hemlock Road N.W. Roanoke, 342-6492. Roy E. Kanode, Pastor. Sunday School 9:45 a.m., Morning Worship 11 a.m., Awanas 5:15 p.m., Adult Bible Study and Youth Fellowship 6:00 p.m.; Wednesday Prayer Service 6:30p.m.; Fellowship Meal 5:45 p.m.; Praiz Kidz 6:00p.m.; Family Night Activities 6:30 p.m. website: www.ridgewood-baptist.com.

FELLOWSHIP COMMUNITY CHURCH - Kevin Wilson, Pastor, 387-3200. Salem Campus: 1226 Red Lane Extension, Salem, Worship Times: 9:15AM & 11:00AM. North Campus: 7210 Williamson Road, Roanoke, Worship Times: 9:15AM & 11:00AM. Southwest Campus: 3585 Buck Mountain Road, Roanoke, Worship Times: 9:15AM & 11:00AM. www.fcclife.org.

BRETHREN
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Salem WORSHIP DIRECTORY

WATCH OUT FOR PRIDE

Read 2 Chronicles 24:1 through 26:23

After Uzziah became powerful, his pride led to his downfall. He was unfaithful to the Lord his God, and entered the temple of the Lord to burn incense on the altar of incense (2 Chronicles 26:16).

Uzziah became king in Judah at sixteen years of age. During his reign, he fortified towers, dug wells, increased agriculture, invented weapons, and raised an impressive army. However, after forty blessed and prosperous years as king, he made a monumental mistake in judgment. He let pride settle in.

He entered into the sanctuary to offer incense on the golden altar, a ministry rite belonging to the consecrated temple priests, not him. When the high priest, along with a band of eighty priests, withstood him, Uzziah became furious. While screaming back at the priests, leprosy broke out on Uzziah's forehead. Sadly, he remained a leper, living in an isolated home until the day he died.

Pride can slip into a believer's life almost unnoticed. The consequences are never good. If pride ever raises its ugly head, deal with it immediately. Ask the Holy Spirit to help you.

Thought for Today: Humility is our best defense against pride.

Quicklook: 2 Chronicles 26:16-23

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Hands

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SALEM CHURCH OF CHRIST - 401 West Main Street. 540-389-2400. Minister Taylor Plott; Youth Minister Nathan Beard; 10:00am Sunday Bible Study; 11:00am Sunday Worship Service; Wednesday Life Groups: 5:30 -7:00pm. For more info contact the Church Office.

WESTSIDE CHURCH OF CHRIST - 1705 Starview Drive, Salem. Minister Neil Richey, 389-9139, Sunday Bible Study: 9:30 AM, Morning Worship: 10:30 AM, Evening Worship: 6:00 PM, Wednesday Bible Study, 7:00 PM.

CHURCH OF GOD/ANDERSON COVENANT COMMUNITY CHURCH-955 Bird Lane, Salem, Va 24153, 389-5639. Pastor: Scott Hudson. Sunday School 10:00AM, Worship 11:00AM; Bible Study 6:00PM.

CHURCH OF GOD/CLEVELAND SALEM CHURCH OF GOD - 600 Craig Avenue, Todd Stiffler, Pastor, 387-2068, Sunday School 9:30am: Worship and Kids Church 10:30 am, Wednesday Bible Study and Classes at 7:00 pm. www.salemkog.church

DISCIPLES OF CHRIST FIRST CHRISTIAN CHURCH, 712 Front Ave. Salem, Pastor Dan Netting (540) 389-6831. www.firstchristiansalemva.com. Adult and Children Sunday School - 9:45 am, Worship - 10:45 am. Nursery Provided for both. Everyone welcome

FORT LEWIS CHRISTIAN CHURCH - 2931 West Main Street, Salem, Interim Pastor, Rev. Dr. John Dunstan, 380-4636. Website: www.flccsalem.org. Sunday worship inside sanctuary and on zoom, 10:30 AM, mask wearing and social distance.

ECKANKAR
ECKANKAR, THE PATH OF SPIRITUAL FREEDOM, is located at 1420 3rd St. SW, Roanoke, VA 24016. However, due to COVID-19, the Light & Sound Services and other ECK programs are currently available online through Zoom. Visit www.eck-va.org for program listings, www.meetup.com/Roanoke-Spiritual-Experiences-Group, or call 540-353-5365 and leave a message. We will return your call. Also visit www.eckankar.org for more information about how the teachings of Eckankar lead you to spiritual freedom.

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ST. PAUL'S EPISCOPAL CHURCH - 42 East Main Street, Salem, 389-9307. Sundays at 7:30am and 10am. Holy Communion in church and live-streamed on YouTube@StPaulSalemVa.

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INDEPENDENT
RESTORATION CHURCH - a Community on Mission Following Jesus into the World - 10:10am Sundays at the Salem YMCA - 1126 Kime Lane, Salem - 540-384-1601 - www.restorationsalem.org. Watch Live at: YouTube: Restoration Church-Salem, VA. Facebook: RestorationChurchSalem

NATIONAL BAPTIST CONVENTION, U.S.A., INC.

FIRST BAPTIST CHURCH-226 South Broad Street, Salem. Rev. Melton Johnson, 389-9648. Sunday School 9:30 AM, Sunday Morning Worship Service 11:00 AM, Wednesday Bible Study and Prayer Meeting 7:00 PM.

SHILOH BAPTIST- 201 South Market Street, Salem, Rev. Adrian E. Dowell, H) (389-0409). Sunday School at 8:30 a.m. (All classes) each Sunday online via zoom and church conference call line. Wednesday Adult Bible Study at 7:00 p.m. via zoom and church conference call line. Children's Bible Study at 7:00 p.m. via zoom. Teen Talk Bible Study at 7:30 p.m. via zoom. Saturday Men's Bible Study at 7:00 a.m. via zoom. Saturday Intercessory Prayer Service at 8:00 a.m. via church conference call line. Sunday Women's Bible Study Class at 8:30 p.m. via zoom. In-person Worship on Sunday at 11:00 a.m. or worship with us on line via Facebook or on the church conference call line. In person worship requires CDC guidelines for mask wearing and social distancing. Ushers are available to assist with seating.

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SALEM PRESBYTERIAN CHURCH- 41 East Main Street, Salem, VA . 389-3881. Associate Pastor Rev. Janet Chisom, Interim Pastor: Rev. Tupper Garden. In-Person Sunday School and worship has resumed at 9:30 AM and 11:00 AM on Sundays or worship with us online live at www.salempres.org, or Facebook, or YouTube. During in-person worship, mask wearing for health reasons is optional.

UNITED METHODIST
FIRST UNITED METHODIST CHURCH - 125 W. Main St, Salem, VA. 540-389-5459. Pastor Alan Combs, Traditional Worship - 8:45am, Sunday School - 9:45am, Genesis Contemporary Worship 10am; Traditional Worship - 11:00am. www.fumcsalemva.org.
LOCUST GROVE UNITED METHODIST CHURCH- 3415 Locust Grove Lane, Salem, 380-4303, Pastor Logan Hollenbeck. Each Sunday Traditional Worship 9:30 a.m.

VWCC student awarded prestigious community college transfer scholarship

Submitted by Virginia Western Community College

Lukas Havenstein, a student at Virginia Western Community College, is one of 100 recipients of the Jack Kent Cooke Foundation's prestigious Undergraduate Transfer Scholarship. The highly competitive national scholarship will provide Havenstein with up to \$55,000 a year to complete his bachelor's degree.

Havenstein is a graduate of Patrick Henry High School in Roanoke, Va. He plans to transfer to the University of Virginia and study commerce.

In the 2020-21 academic year, four-year colleges and universities saw nearly 200,000 fewer transfer enrollment applications nationwide, reflecting the pandemic's disruptive effect on students and their plans for college. Despite that decline, the Jack Kent Cooke Foundation welcomed its largest class of Scholars to

date, highlighting the talent and achievement of hundreds of community college students across the country. In light of growing financial hardship for so many families, the Jack Kent Cooke Foundation also increased the maximum award amount by an extra \$15,000 to ensure students can focus on their studies while enrolled.

"Today, almost half of all college students begin their academic career at a community college. We know our community colleges are full of high-achieving students, and we're committed to playing our part to ensure those students succeed," said Seppy Basili, executive director of the Jack Kent Cooke Foundation.

"Congratulations to a cohort of students who have persisted in the midst of such unprecedented disruptions in our lives. We welcome you into our community and look forward to learning alongside you."

New Cooke Undergraduate Transfer Scholars will receive comprehensive educational advising to guide them through the process of transitioning to a four-year college and preparing for their careers. Along with financial support, Scholars will additionally receive opportunities for internships, study abroad, and graduate school funding, as well as connection to a thriving network of over nearly 3,000 Cooke Scholars and Alumni.

This year, more than 1,200 students from 332 community colleges applied to receive the Cooke Undergraduate Transfer Scholarship. The Foundation evaluated each submission based on students' academic ability and achievement, financial need, persistence, and leadership.

The Cooke Foundation is dedicated to advancing the education of exceptionally promising students who have financial need. Since 2000, the

Foundation has awarded \$230 million in scholarships to nearly 3,000 students from 8th grade through graduate school, along with comprehensive counseling

and other support services. The Foundation has also provided \$125 million in grants to organizations that serve such students. Visit www.jkcf.org



SUBMITTED PHOTO

Lukas Havenstein and Robert Sandel.

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Salem's Lily Lawson hit a three run homer against Cave Spring Monday.

PHOTO BY BRIAN HOFFMAN

Spartan softball finishes regular season 10-10 after winning two games last year

The Salem High softball team will open the Region 4D playoffs on the road next Wednesday. Salem's opening region opponent was yet to be determined at press time.

Salem lost their last two games of the regular season but their 10-10 regular season record was a big improvement over last spring, when Salem finished with just two wins. Of the 10 games Salem lost most of them were close, and that was the case in their season ending losses to Pulaski County and Cave Spring.

Last Friday in Dublin the Spartans dropped a 3-1 pitchers' dual to host Pulaski County. Cora Grace Sparger pitched all six innings and struck out eight, allowing just one earned run and walking two. Salem scored in the top of the first and that was it for the Spartans who were held to just one hit, an RBI double by Lily Lawson.

On Monday at Cave Spring the Spartans lost another tough one, 7-6, to the home-standing Knights. Cora Robinson and Sparger split time on the mound in this one as a solid Cave Spring attack pounded out 11 hits.

For the Spartans, freshman Caitlin Wells was three-for-four and Lawson had a three run homer to give the Spartans an early lead once again. The Spartans led 4-0 into the bottom of the third before the Knights cut the lead to 4-3. Salem scored another run in the fourth, but Cave Spring struck for three more in the home fifth to take a lead they would not relinquish.

"I'm excited about the regional," said coach John Counts. "We've made a lot of improvement this year."



Glenvar's Tyler Johnson(above) wins the 110 high hurdles at William Byrd last week. Below, Sydney Loder of Glenvar wins the girls' 300 hurdles.

PHOTOS BY BRIAN HOFFMAN



Glenvar girls are 2nd, boys 3rd at 23 team Blacksburg Invit.

The Glenvar High track team completed the regular season by attending two meets last week. The Highlanders ran in a meet at William Byrd on Wednesday, then competed in the Blacksburg Invitational on Saturday.

The Blacksburg meet included 23 teams and the girls took second while the boys were third. First places for the girls included Sydney Loder in both hurdles races and the high jump and

Carly Wilkes in the 800 and 1,600. The girls 4x400 relay team of Wilkes, Loder, Rhyann Harris and Delany Eller also won.

For the boys, Tyler Johnson was first in the 100 hurdles and second in the 300. Daniel Zearfoss was second in the 3,200 and Nick Woodson took second in the 400.

Glenvar will now get ready for the Region 2C meet at Christiansburg a week from today, on May 26.

Glenvar falls at River

James River used a combination of four hits, four walks, three Glenvar errors and several wild pitches and passed balls to piece together a 7-3 victory over the Highlanders on Monday in Springwood. With the loss Glenvar fell to 7-11 on the season as the Highlanders wait to see who they will play in next week's Region 2C tournament.

A bright spot for Glenvar was starting pitcher Sophie McCulley, who pitched five innings and allowed only three hits while striking out six. She gave up four runs, only one of which was earned, as she continues to round into form after pitching sparingly early in the season while recovering from an injury.

Trailing 4-2 after five innings, Glenvar cut the deficit to one run in the top of the sixth on a solo home run by Savana Luper. Savana then came in to pitch in relief in the bottom of the sixth and gave up a lead off single to Ripley Barry and a walk to Abby Wilson. Marley Huddleston then put down a crucial sacrifice bunt and reached on an errant throw. One run scored on a passed ball and ground outs to the right side produced two

key RBIs as River held on for the win.

Luper had an RBI double to go with her solo home run for Glenvar. Izzy Shearer had two hits and Abby Teubert and McCulley had one each.

The Knights improved to 14-4 with the victory and the two could meet again in the regional, which is slated to start next Wednesday. However, that is the same day as Glenvar's graduation so that may change.

Last week at Glenvar the Highlanders defeated

another Three Rivers District foe, Radford, by a 13-3 score. Glenvar had 13 hits on the night. McCulley had four hits and three RBIs and Teubert had three hits and two RBIs to lead the team. Sarah Kate Tozier had two hits and four RBIs, Shearer had two hits, and Hannah Street and Gracie Goff each had a hit in a game played in the rain for most of the night.

Despite the wetness Luper went the distance on the mound allowing just one hit and striking out six.



Sophie McCulley had four hits against Radford.

PHOTO BY BRIAN HOFFMAN

RC softball loses to close games in Cleveland to bow out of NCAA region

The Roanoke College softball team was in Cleveland, Ohio last weekend for a regional round of the NCAA Division III softball tournament. The Maroons lost two close games and were eliminated by Concordia of Wisconsin, 1-0, and The College of New Jersey, 4-2.

On Friday the Maroons were held to one hit, an infield single by Meri Bostic, in the loss to Concordia. The Lions managed just two hits off RC ace Jada Karnes but one was a fourth inning home run that proved to be the difference in the game.

On Saturday the College of New Jersey had a 4-0 lead after three innings but the Maroons did not go quietly. Makayla Austin led off the fourth with a double to right center and scored on a TCNJ error to make it 4-1. In the fifth Adriana Rivera singled through the left side and advanced on a Shanan Hester base on balls. Rachel Sirbaugh walked to load the bases and Kate Houle delivered an RBI sacrifice fly to cut the lead to 4-2. Austin walked, but the Lions got an inning ending double play to halt the Roanoke rally.

In the sixth, Roanoke would once again load the bases. Riley Croghan, Bostic, and Rivera all singled but a pop out to first in foul territory and a strikeout would once again see Roanoke leave runners on base and the Maroons went in order in the seventh to see their season come to an end.

Karnes gave up four runs with only one being earned before giving way to Lindsay Gedro, who pitched four and a third shutout innings, giving up just three hits with two strikeouts. Roanoke would leave 11 runners on base for the afternoon.

Roanoke finished the season with a 30-14 record. The trip to the NCAA tournament was the first for the Maroons since 2013, and the tournament will conclude with eight teams coming to Salem for the championship tournament at the James I. Moyer Complex beginning May 16.

Spartans get ready for region track

The Salem High track team had a meet at Staunton River last Wednesday, May 11, as the Spartans prepare for the Region 4D meet on May 25th at Louisa County.

The Salem girls' team won the meet with 122 points and the boys finished second. Myla Green won the long jump and the 100 meter hurdles and took second in the triple jump. Shaniya Robinson won the 100 and 200 and Greene and Robinson teamed with Neelah Logan and Charli Wynn to take first in the 4x100 relay. Logan was second in the 100.

Katelyn Crumpacker was first in the 800 and led a sweep of the top three spots with Callie Conner second and Kyra Netting taking third. Sutton Semones was second in the shot and discus for the Spartans.

For the boys Walker Peterson was second in the 1600 and third in the 800. Carson Tucker was second in the 3,200 and Tommy Henzey was fourth in the 1,600. The 4x800 relay team of Alex Helems, Wes Conner, Lance Toapanta and Tucker took first.

Glenvar's Wilkes is Virginia High School League Achievement Award winner for Class 2 females

The VHSL will award \$28,500 to 19 outstanding students who have excelled in athletics and academic activities during the 2021-22 academic year, including Glenvar senior Carly Wilkes.

The annual VHSL Achievement Award is the highest honor given by the VHSL to students who have excelled in the classroom, communities, and athletic and academic activities. Each recipient receives a \$1,500 scholarship awarded directly to their higher learning institution. The VHSL has been awarding Achievement Award scholarships since 1992.

"We congratulate all these outstanding students for the hard work and perseverance it took to earn this award," said Dr. John W. "Billy" Haun, Ed.D, VHSL Executive Director. "We believe that the real-life lessons they all have received from participating in VHSL activities and athletics offer insights into

leadership, overcoming adversity, and mutual respect that cannot be learned anywhere else. Without a doubt, they are better prepared for their futures ahead, and we wish

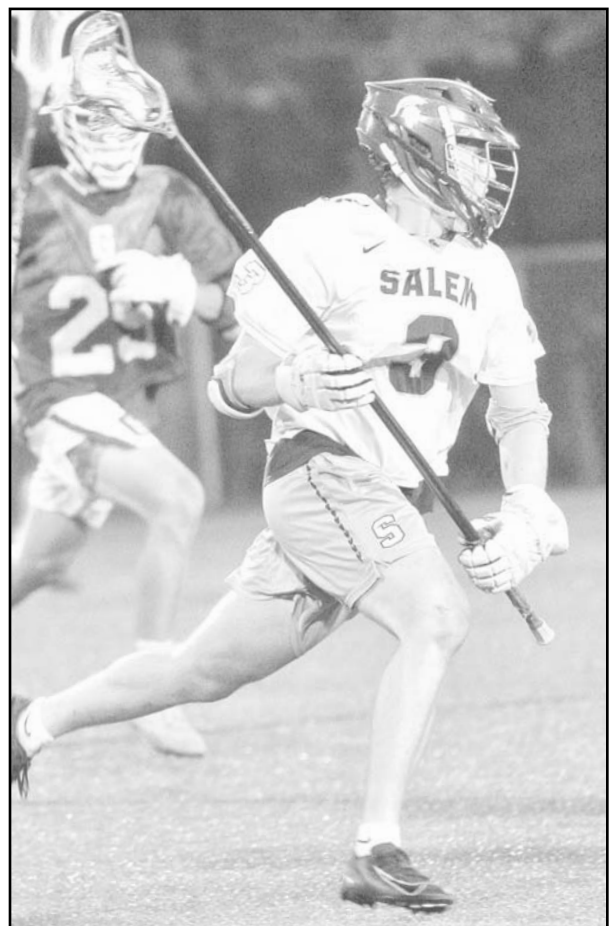
them all the best."

Wilkes will receive the Female Class 2 Award. Carly will be heading to Furman University to run cross country and track in the fall.



Glenvar's Carly Wilkes.

PHOTO BY BRIAN HOFFMAN



Salem's Carson Williams is on the move.

PHOTO BY SCOTT GARDNER

Boys down HV, Rockbridge, Region tourney is next week

The Salem High boys are scheduled to open the Region 4D lacrosse tournament next Tuesday at a site and time to be determined after winning their final two games to finish 8-5 in the regular season.

Last Thursday the Spartans hosted Hidden Valley and cruised past the Titans with a 22-6 win. Salem got six goals and six assists from Jake Massey and five goals and two assists from Tanner Dallas. Also having a big night were Landon Miles with four goals and Kaidan Garst with three goals and three assists. Kayman Kinney had two goals while Carson Williams and Jackson Jones had one each. Kinney won 16 of 18 faceoffs and Eli Chambers claimed seven of eight.

On Monday the Spartans wrapped up the regular season with a 15-9 win at Rockbridge. Massey and Garst had four goals each, Dallas, Kinney and Andrew Crumpacker had two apiece and Miles had one. Trey Joyce had a dozen saves in the crease.



Taylor Lewis of Roanoke College had 13 saves in the Maroons NCAA loss to Gettysburg.

PHOTO BY BRIAN HOFFMAN

Bullets down RC laxmen

The Roanoke College men's lacrosse team saw their season end with a loss to Gettysburg College in the first round of the NCAA Men's Tournament. The Bullets defeated RC, 14-8, last Saturday at Dickinson College in Carlisle, PA.

Gettysburg jumped to a 4-1 advantage and built their lead to 8-3 at the half. The Maroons played the Bullets even during the third period but still trailed, 10-5, heading into the fourth quarter. Roanoke trimmed the lead to four at the mid-way point but couldn't get any closer as Roanoke fell, 14-8.

Luke Kammerman and George Gilbert combined for six of RC's eight goals. Taylor Lewis recorded 13 saves in goal.

With the loss Roanoke finished the season at 13-7.

Sallah is All-State wrestler

The Virginia Sports Information Directors (VaSID) have announced their 2022 All State Wrestling teams and Roanoke College had a first team selection, Mahlic Sallah, in the first year of intercollegiate competition for the Maroons.

Sallah earned 1st team honors in the 184 weight class. The junior came to Roanoke mid-semester and made an immediate impact in the first-year program. In early February, Sallah won the 2022 Southeast Wrestling Conference (SEWC) title and brought

home the SEWC Most Outstanding Wrestler Award (165-285). Later that month, Mahlic used back-to-back major decisions to earn a spot in the finals of the NCAA Southeast Regional. In that championship match, Sallah punched his ticket to the NCAA National Championships with a 7-4 decision to take the 184 title.

At the National Championships, Sallah finished seventh at his weight class and was named a 2022 NCAA All-American, the first Wrestling Conference history.

Salem girls hope to get another shot at Wildcats

The Salem High girls are hoping to have a home game to open the Region 4D playoffs next week after finishing the season at 10-4. Salem split games with Hidden Valley and Rockbridge to close the regular season.

Last Friday at Bogle Field the Spartans beat Hidden Valley in the rain, 11-4. On Monday they lost to their nemesis, Rockbridge, at home by a 15-5 count. Coach Maggie Pace would like to see the Wildcats again in the region tournament.

"Hopefully we will get the chance to see them in the region final," said Pace. "We had 20 turnovers, but overall we are playing them better each matchup. I think if we can control the controllable, we can put together a win."

On Monday at Spartan Field Addi Blanchard had two goals while Chloe



Salem's Bailey Stratton charges up the field in Monday's game with Rockbridge.

PHOTO BY SCOTT GARDNER

Butt, Mia Esworthy and Bailey Stratton each had one. Butt and Morgan Tew had assists for the Spartans.

The Spartans are scheduled open region play next Tuesday, May 24.

RC Lax women eliminated in OT in NCAA regional

The Roanoke College women opened the NCAA Division III lacrosse tournament with a bang Saturday in Gettysburg, PA, but fell to the host team in overtime on Sunday to see their season come to a sudden end.

Gettysburg, the fourth ranked Division III team in the nation, hosted the four team field and the Maroons opened by destroying Bryn Athyn in their opening game, 23-4. The Maroons jumped all over the Colonial States Athletic Conference champions, taking a 10-0 lead after one quarter and cruising to the win.

Salem High grad Lilly Blair, the Old Dominion Athletic Conference Offensive Player of the Year, finished with four scores and an assist while Emerson Foster scored four times with two assists for the Maroons. Grace Koutouzis added three goals with Sophia Chickering claiming 12 draw controls. Kyleigh Chickering got the start and win in goal.

That set up a Sunday game with host Gettysburg with the prize being a spot in the nation's final 16. The Maroons led 6-3 at



Emerson Foster of Roanoke College scored seven goals in two NCAA games.

PHOTO BY BRIAN HOFFMAN

the half but the host Bullets pulled to within one at 7-6 after three quarters.

Roanoke scored to start the fourth to make it 8-6. However, the Bullets closed regulation on a 2-0 run and sent the NCAA second round matchup into overtime. With 2:40 left in the first extra period, Gettysburg got free in the Roanoke zone and ended the tie, and the game, 9-8.

Foster scored three times for RC with Chase adding two goals and an

assist. Sydney Harrison and Salem's Libby Bowman added scores while Blair had a goal and an assist. Kyleigh Chickering picked up five ground balls and caused two turnovers while recording seven saves in goal.

With the loss the Maroons concluded their season at 16-5 while Gettysburg advanced with a 17-3 record. The NCAA Final Four will be held in Salem at Kerr Stadium on the campus of Roanoke College on May 28 and 29.

Region 4D tennis opens Mon.

The Salem boys and girls will open Region 4D tennis team competition next Monday, May 23. Team tournaments are scheduled for May 23, 24 and 26 with individual singles and doubles on May 31 and June 1.

Both teams were scheduled to wrap up the regular season on Wednesday, with the girls going to Pulaski and the girls playing the Cougars are home.

Both teams played Lord Botetourt with mixed results last Wednesday, with the boys playing at the high school and the girls at the Salem Civic Center. The girls took a 9-0 win over the Cavaliers with singles wins from Lauren Baba, Claire Rawlins, Caroline Loveday, Morgan Tobey, Zoe Prosser and Emma Johnson. Salem swept the doubles with the same six.

The boys lost to Lord Botetourt, 8-1. Sophomore Joren Poush played his best match of the year to pick up Salem's only point. Cooper Davis played a close match at number six and Cole Maggi and Logan Butcher lost in a tie-breaker at second doubles.

On Monday the girls won a close one at Cave Spring, 5-4. Rawlins, Loveday and Tobey won at singles as the two split. In doubles Baba and Rawlins won at one and Loveday and Tobey won at two as Salem pulled out the win.

The girls lost to a strong Blacksburg team on Tuesday, 9-0.



Zoe Prosser hits a return for Salem in last week's win over Lord Botetourt.

PHOTO BY BRIAN HOFFMAN

GHS girls finish regular season unbeaten

The Glenvar girls will head into Region 2C play with a 13-0 record while the boys are on a high after knocking Radford from the ranks of the unbeaten.

Last Thursday the Glenvar boys beat Radford, 5-4, to give the Bobcats their first loss of the season. Alec Mcilwain, Blaine Bishop, Ian Kelley, Elliot Kelley and Garrison Franco all got wins against the team that will be the top seed in the region.

"I was proud of how well we played and kept the momentum going after a rain delay and venue change," said Glenvar coach Robert Haynie.

The two were scheduled to play again at Glenvar on Wednesday, and Glenvar will open Region 2C play at home either Thursday or Friday of this week. If the Highlanders win their region opener they will play at Virginia Tech on Monday

at 10 am against either Radford or Grayson County. Region C is single elimination with the top two teams advancing to state.

The girls remained undefeated with a 5-4 win over Floyd last week. Isabella Gustafson, Avery Flynn, Hannah Hylton and Natalie McMahon all won singles matches and the team of McMahon and Dhruvi Patel put it away with an 8-0 win at number three doubles.

"It was a hard-fought match, but we came out victorious," said coach Blaine Mills. "I'm proud of the team for stepping up and not giving up as things started looking bad in the match."

Glenvar also beat Radford by forfeit last week as the Bobcats didn't have enough players for a match. The Highlanders will open region play next Monday, May 23, at Virginia Tech.



Dhruvi Patel serves for Glenvar.

PHOTO BY BRIAN HOFFMAN



Glenvar's Christian Housh slides between two Radford players in last week's win.

PHOTO BY BRIAN HOFFMAN

Undefeated Highlanders are top seed in region

The Glenvar boys finished the regular season with an undefeated soccer record and will be the top seed in the coming Region 2C tournament. The Highlanders will get a first round bye and open with a region quarterfinal game on Friday, March 27.

Glenvar wrapped up the regular season with a 3-0 shutout win over Radford last Thursday at Highlander Stadium. The Bobcats took Glenvar to overtime in the first meeting but this time it was all Highlanders as Glenvar outshot Radford, 26-5. GHS keeper Marco Gustafson needed to make just two saves.

Riley Geddes scored early to get Glenvar going and finished with two goals and an assist. Erwin Montanez had the other goal and Jason Shepherd and Wesley Feliciano both had assists.

With the win the Highlanders finished with a 15-0-1 record. In the two years Josh Jones has been head coach Glenvar is 28-1-1 with two Three Rivers District championships.

Spartans win on "Senior Night," then fall to Knights in OT

The Salem High boys are 6-7-1 after falling to Cave Spring in overtime on Tuesday night at Salem High, 2-1. That wraps up the regular season as the Spartans prepare for the Region 4D tournament, which begins a week from today.

On Tuesday at Spartan Field Salem got off to a great start, as Logan Lavinder scored just three minutes into the game off an assist from Diego Clivens Joseph. That held up until six minutes left in regulation when the Knights scored off a rebound of a free kick, sending the game into overtime. The Knights then hit the game winner with about three minutes to go in the second overtime period.

Last Friday was "Senior Night" for the Spartans and they made it a memorable one with a 3-1 win over Pulaski County at Spartan Field. Brady Sparger, Clivens Joseph and Austin Frantz had goals and Matt Moore, Buddy Reed and Lavinder had assists. Max

Benne had three saves in goal and Pulaski's only score came on a penalty kick.

Prior to the game senior players Zach Lintner, Nate Davis, Carter Work, Mateo Moore,

Matteo Collins, Josh Albert, Gabe Goldston, Nelson Talavera and Evin Lainez were recognized along with manager Neelsen Cherichel.

Last Wednesday the Spartans

tied a strong William Fleming team in Salem, 1-1. Lucas Yerton scored off a set piece from TJ Fisher to give Salem the lead. The Colonels scored in the last five minutes on a penalty kick to pull

out the tie. Lintner had six saves for the Spartans.

The Spartans will now have a week off before traveling for their Region 4D opener on May 26.



The Salem High senior soccer players pose for a shot on "Senior Night" last Friday at Spartan Field. Left to right: Nelson Talavera, Evin Lainez, Gabe Goldston, Mateo Moore, Coach David Atkins, Carter Work, Matteo Collins, Josh Albert, Coach Ryan Godwin, Manager Neelsen Cherichel, Nathaniel Davis and Zach Lintner.

SUBMITTED PHOTO

Spartans and Bruins play for RRD girls' soccer championship

The Salem High girls were scheduled to play in the River Ridge District soccer championship on Wednesday night after finishing second in the district during the regular season. The game was to be played on the Virginia Tech pitch between the Spartans and first place Blacksburg.

Salem finished the regular season Monday with a 3-0 win over the host Knights at Cave Spring. Audrey Hayes and Avery Mangus both had a goal and an assist, Eliza Fleenor had a goal and Taylor Arons had an assist. Allison Kessell and Kennedy Scales split time in goal and Kessel had six saves while Scales had a save on a penalty kick.

Last Friday in Dublin the girls defeated Pulaski County in a River Ridge District game, 8-0, as Annie Bond scored four goals, Brooke Bowers had two and Kenley Coleman and Dayanara Garcia Escalante had one each.

On Wednesday of last week the girls shut out William Fleming, 14-0.

"It was a team effort scoring goals off corners, from outside the 18 and off great runs," said coach Kayla Wood.

Now 11-4-1, girls are scheduled to open the Region 4 D tournament a week from today, on May 26, against an opponent to be determined.



Salem's Kenley Coleman controls the ball for the Spartans.

PHOTO BY BRIAN HOFFMAN

SALEM RED SOX

continued from page 14

will be a Pride Walk and the evening will also serve as Thirsty Thursday and Bark in the Park night.

"We've had a great partnership with Beale's for several years and are excited for them to join in the efforts of what the team and the Diversity Center started a couple of seasons ago of making sure the ballpark is a welcoming place for everyone," said Steven Elovich, Salem's Vice President of Corporate Partnerships.

Beale's Brewery is located in Bedford, Virginia and the company caters across Virginia and the D.C. area.



Rhyann Harris boots a corner kick for Glenvar.

PHOTO BY BRIAN HOFFMAN

GHS girls fall to EM, open region next week

The Glenvar girls are scheduled to open the Region 2C tournament next Wednesday at 1 pm at Bogle Field against an opponent to be determined. That's Glenvar's graduation day, so that may change before next week.

The Highlanders missed out on a chance to have a first round bye, and avoid graduation day, but they lost to Eastern Montgomery in Elliston on Monday in a game that cost them the bye. Rhyann Harris had Glenvar's goal, assisted by Faren Wilson.

Last Thursday at Radford Harris and Wilson both had big nights in a 5-2 win over the host Bobcats. Harris had two goals and an assist, including a score on a penalty kick. Wilson put a corner kick in the cage and assisted on Harris' first goal. Not to be outdone, Giuliana Stanely scored two goals and Megan Pomerleau had an assist.

The girls will take a 12-4 record into the region tournament.



LYNCHBURG VS. SALEM

MAY 17 7:05
SERIES OPENER - GATES OPEN 6:00 PM

MAY 18 7:05
GAME TWO - GATES OPEN 6:00 PM

MAY 19 7:05
THIRSTY THURSDAY & BARK IN THE PARK - GATES OPEN 6:00 PM

MAY 20 7:05
TEACHER APPRECIATION & FIREWORKS - GATES OPEN 6:00 PM

MAY 21 6:05
GAME FIVE - GATES OPEN 5:00 PM

MAY 22 5:05
KIDS RUN THE BASES - GATES OPEN 4:00 PM

SPORTS

Thursday, May 19, 2022

Send story ideas & announcements to bhoffman@ourvalley.org, or PO Box 1125, Salem, Va, 24153 • ourvalley.org

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Spartans "walk off" Cave Spring for big win at Billy Sample Field

The Salem High baseball team will play for the River Ridge District Championship tonight at 6 pm at Christiansburg High School. Only the top two teams in the district are involved and the Blue Demons are first in the RRD while Salem is second.

Christiansburg will come in with a decided advantage on the mound. Tonight's game is the only one this week for the Demons while Salem used their ace, Trent Judd, to beat Cave Spring on Monday and the Spartans were scheduled to play a makeup game with Pulaski County on Wednesday following last Friday's rainout.

"I'm not sure who I'm going to pitch," said Salem coach Wes McMillan. "I'm not going to come back with Trent, we'll need him for the region game next week."

The Spartans are scheduled to open the region next Wednesday, May 25, at a site to be determined. Despite a 13-5 record after beating Cave Spring on Monday the Spartans aren't guaranteed a home game among the eight teams in the Region 4D playoffs. At press time Salem, Jefferson Forest and Orange County were fighting for spots three through five, with the top four opening at home. Eight of the 11 teams in the region qualify for the tournament and many of them have very good records, topped by number one seed Western Albemarle.

"We're in a really tough region," said McMillan.

The Spartans swept the season series from a solid Cave Spring team on Monday at Billy Sample Field with a walk-off 6-5 win. Salem led 5-1 after four innings but the Knights put two on the board in the sixth inning with a two-run homer off Judd. Eli Bowery relieved and gave up a two-run homer in the top of the seventh as the Knights tied the game at 5-5.

Bowery walked to start the winning rally in the bottom of the seventh. Boone Fleenor ran for Eli and moved all the way to third on a bad throw to second on Caleb Furmage's bunt and Caleb moved to second on the play. That brought up Hunter King, and he ripped



The Spartans flashed some leather in Monday's win over Cave Spring. Left, catcher Caleb Furmage catches a bunt in foul territory and, right, Hunter King flips to first on his knees after making a diving stop in the second-first base hole to save a run.

PHOTOS BY BRIAN HOFFMAN



one to left-center that one-hopped the wall as Fleenor cruised home with the winning run.

Bowery picked up the win in relief of Judd. King and

Hunter Bayne had two hits each and King had two runs batted in for the Spartans. Both King and Bayne had two doubles apiece.



Dawson Anderson takes a cut.

PHOTO BY
REGINA DEVINEY

Highlanders head into region off a win

The Glenvar baseball team ended the regular season with a much-needed win last week and coach Jeremy Cromer hopes that carries over into next week's Region 2C tournament. The Highlanders beat Radford at GHS, 12-4, for their first win since March, snapping a 13 game losing streak.

Clay Caldwell pitched six and a third strong innings for Glenvar to pick up the win. He allowed just four hits and struck out seven before Brendan Magruder got the last two outs in the top of the seventh.

Glenvar jumped on top early, taking

advantage of wildness from the Bobcat pitchers. The Highlanders scored eight runs in the first inning on just one hit. Radford pitchers finished the game with eight walks and four hit batters.

Caldwell drove in three runs for the Highlanders to help his own cause. Jimmy Blount had a first inning sacrifice fly and Adam Franklin and Ashton Meadows also drove in runs. Will Underwood had two hits for Glenvar as the Highlanders concluded the regular season at 3-17.

The Region 2C tournament is scheduled to begin week and Glenvar's likely opponent is Alleghany, a team

they lost to twice during the season. However, the Highlanders committed a season high 12 errors in one of those games and Cromer wasn't pleased with the officiating in the other, so he expects things to be better this time around.

"I sincerely believe we can beat anyone in our region," he said. "We just have to go out there and play Glenvar baseball."

The region opener is scheduled for May 25, the same day as Glenvar's graduation. There's a chance that will be moved, but nothing was set at press time.

Maroons fall in ODAC final

The Roanoke College baseball team made it to the finals of the Old Dominion Athletic Conference baseball tournament in High Point, North Carolina last week before falling to Shenandoah in the championship game. The Maroons finished the season at 26-16 but did not receive a bid to the NCAA Division III tournament when the bids went out Sunday night.

The University of Lynchburg, at 35-10, did make the NCAA field despite losing twice to the Maroons in the ODAC tournament. The Hornets will join 34-10-1 Shenandoah in the NCAA tournament this week.

Roanoke was the sixth seed in the ODAC tournament but the Maroons earned a spot in the "Final Four" by taking two games from Randolph-Macon in a best-of-three series to earn the trip to High Point. Then RC surprised Lynchburg, the top seed, with a 15-3 win in the opening round game of the double-elimination "Final Four."

Salem's Caleb Lingenfelter pitched a complete game in the win over Lynchburg, striking out eight and throwing 132 pitches to go the distance. Ty Staz and Owen Lawn homered as seven different Maroons registered three-hit games and all nine starters had at least one hit, with eight of nine posting multiple-hit games.

Next up was second seeded Shenandoah, and the Hornets dropped RC to the losers' bracket with a 5-4 win over the Maroons. With the score tied 4-4 in the bottom of the ninth

Shenandoah got a two out "walk off" single for the game winner.

RC ace Will Turner got the start and went six innings on 62 pitches giving up just one, unearned, run. PK Cocolis and Hunter Andrews combined to go 4-for-8 with a run and three RBIs in the loss.

Lynchburg eliminated Bridgewater and earned a rematch with the Maroons on Saturday evening and Roanoke stayed alive with a 2-1 win in 10 innings, knocking the the top-seeded Hornets out of the conference tournament.

With the score tied 1-1 in the top of the 10th RC's Jacob Bonzon was hit by a pitch and Mason Staz walked. A foul out on a sacrifice bunt attempt led to the first out. Andrews hit a ground ball to short and the throw to second got the second out, but the relay throw to first went high into the screen and Bonzon scored the go ahead run.

Jack Murphy pitched a scoreless bottom of the 10th and got the win after coming in to relieve in the eighth inning. Aiden Kuhle started and Tanner James also pitched in relief.

That set up Sunday's championship with Roanoke needing to beat Shenandoah twice since the Hornets had yet to lose a game in the tournament. It wasn't to be, as the Maroons ran out of gas and lost 13-0 to the Hornets. Conner Butler was 2-for-4 while Bonzon finished the day by going 2-for-3. Brandon Hill got the start and took the loss for the Maroons while Riley Owen pitched the shutout for Shenandoah.



Salem High product Caleb Lingenfelter pitched a complete game victory for Roanoke College over top-seeded Lynchburg in the Old Dominion Athletic Conference tournament.

PHOTO BY JOHN WACHER



Red Sox catcher Yorberto Mejicano congratulates pitcher Jacob Webb after a save at the Sox last homestand. Salem is home all week.

PHOTO BY BRIAN HOFFMAN

Sox host "Battle of Route 460" this week

The Salem Red Sox will be home this week to continue the "460 Series" with six games against the Lynchburg Hillcats. The series was scheduled to begin on Tuesday night and continue through Sunday.

Weekday games will begin at 7:05 pm with a 6:05 pm start Saturday and a 5:05 pm game Sunday. Tonight is a "Bark in the Park" game and Friday is Teacher Appreciation Day with post-game fireworks. Saturday is PBS Kids Night and kids can run the bases after the game on Sunday.

Salem comes into the series with a 17-16 record after taking five of six games from the Delmarva Shorebirds in Salisbury, MD last week. That put the Sox back over .500 at 17-16 as they closed to within two and a half games of first place Fredericksburg in the Carolina League's North Division. Lynchburg comes in at 17-15, a half game ahead of the Sox, for the big series at Salem Memorial Ballpark.

Also last week, the Sox announced that Beale's Brewery will be the presenting partner for this season's Pride Night. Beale's is joining the Roanoke Diversity Center, who has been a consistent partner with the Red Sox in efforts to promote the evening. Pride Night is scheduled for Thursday June 2nd, with first pitch slated for 7:05 p.m. There

continued on page 13