

VESTED PARTNERS
A MULTI-FAMILY OFFICE

LEGAL
FINANCIAL
FIDUCIARY
INSURANCE

Robyn Smith Ellis, Attorney
www.vestedmf.com
540.389.6060

SALEM TIMES-REGISTER

Thursday, June 30, 2022 • (USPS 631-140) • \$1.00

VESTED PARTNERS
A MULTI-FAMILY OFFICE

LEGAL
FINANCIAL
FIDUCIARY
INSURANCE

David Ellis, CFP®, AIF®
www.vestedmf.com
540.389.6060

OurValley.org

30 years of the Salem Museum

By Chamberlain Zulauf, Student Reporter

The Salem Museum and Historical Society, a staple of the greater Salem community, is celebrating its 30-year anniversary with the installment of the new "Cheers to 30" exhibit. The museum has seen a lot of change in the past three decades. Someone who's been an influence on the museum's reputation is Alex Burke, the museum's assistant director and exhibit designer, who has been associated with the Salem Museum and Historical Society since 2014. Burke started working with the museum when he graduated from Roanoke College in 2016, "going on six, seven years now," he stated proudly.

"Cheers to 30 is full of quirky items that we have acquired over the years but don't get to display often" explained Burke.

The Salem Historical Society's story begins in the 1970s,

when it was founded as "Save Old Salem" with the goal of preserving buildings. The society also had another early goal of creating a local museum, and so in 1987 the Williams-Brown House was presented to the historical society to be turned into a museum on the condition that it had to be moved. With the project agreed on, the house was picked up, put on the back of a tow truck and moved to where it is today. The Salem Museum officially opened 30 years ago on June 27, 1992.

From then through 2010 the site existed as a historical house until remodeling was due in order to add more gallery space, up-to-date features and handicap accessibility, bringing the historic museum into the 21st century. During the remodeling phase the museum operated out of a travel trailer in the parking lot. While plans were years in the making, additions such as the Logan Research Library and

the new front gallery were well worth the wait.

"The 30-year anniversary is special for us here," said Burke. "It was a longtime dream of many Salem residents to have a museum and historical society. As early back as the late 1800s residents were wanting to have some sort of museum to tribute the history here. To me, being able to showcase and preserve the history of my hometown, being from Glenver... playing a part in sharing that history with the community that helped shape me is tremendously important."

Burke's favorite artifacts included in the Cheers to 30 exhibit are two WWI helmets: one German and one American. The German helmet, Burke would point out to visitors, still has a mailing label stuck to the side of it from a soldier sending it home as a memento. The

See Salem Museum, page 5



PHOTO BY CHAMBERLAIN ZULAU

Salem Museum Assistant Director and Exhibit Designer Alex Burke shows off two WWI-era helmets as part of the "Cheers to 30" anniversary exhibit.

Council recognizes Forensics state champs, track star

Meg Hibbert
Contributing writer

Members of Salem High School's Forensics Team and a sophomore track star who excelled nationally were recognized for their excellence during Monday night's Salem City Council meeting.

Forensics Head Coach Mark Ingerson and seven members of the 12 on the team attended the Council meeting and were applauded for the 16th consecutive win in March. Mayor Renee Turk noted this was a new state record.

Council also passed a resolution commending SHS track star Peyton Lewis and sprinters coach Darryl McCoy. Lewis posted the fourth fastest time in the nation for a sophomore, and set both indoor and outdoor state track records.

He won the 2022 Virginia High School League State Title in the 55 meter dash in the Indoor Track Championships and the 100 meter dash in the Outdoor Track Championship.

Lewis posed for a picture with his coach, Council members and mother Sara Lewis, while proud dad Preston Lewis took photographs.

Forensics team members included Captain Julia Vaughn, Captain Nash Lakin, Graham Roudebush, Taylor Barenbaum, Ben Hathaway, Connor Smythers, Ryan Long, Ruby Spence, Kyra Netting, Grason Mitchell, Emma Snead, Lebron Parsell, Charlie Bain, Colton Easter, Zac Hathaway, Mary Martha Blackwell, Paige Netting, Inessa Everett, Rebekah Steinweg, Quinn Roudebush and Madison Church.

The resolution unanimously passed by Council praised the team for bringing "recognition, honor and pride to Salem High School and the City of Salem."

SHS's team won this year's state title with a 34-15 victory



PHOTOS BY MEG HIBBERT

Track champion Peyton Lewis, center, with his mom Sara and coach Darryl McCoy and members of Salem City Council.



Salem High School's State Championship Forensics Team and Head Coach Mark Ingerson with members of Salem City Council.

over second-place John Handley High School.

In other matters before Council Monday night, two citizens spoke on items that concern them.

Shirley Conventi urged Council to protect youth from the dangers of vaping by limiting vape stores;

John Breen asked Council to develop a plan to address non-conforming uses. He mentioned unscreened junk, dilapidated large homes on Union Street and junked cars outside businesses.

In other actions: Council appropriated \$15 million from the sale of bonds for Moyer Sports Complex renovations, and \$79,400 for issuance costs. The sale of bonds was previously approved by Council in February.

Council appropriated \$450,707 to connect the existing Hanging Rock Battlefield Trail to East Main Street along Kesler Mill Road. The city received the money from VDOT, and provided a local match of \$112,676.

See Council Recognizes, page 3



SUBMITTED PHOTO

Rising fourth grader Ben Johnson holds the flag for the students to say the Pledge of Allegiance.

South Salem Elementary names its 2022 Golden Falcons

Submitted by South Salem Elementary School

After two years, the South Salem students and staff were able to hold their end of the Year CITIZENSHIP Celebration. The need for us to gather and see the school community as

one is so important for our morale but also to build a sense of belongingness in all of us.

Students and adults expected to act as good citizens and SOAR (Safety First, Offer Kindness, Act Respectably, Respect Yourself and Others), need to participate in programs that bring us together with that intention. Our Virginia Tiered System of Support (VTSS) Team knew that we needed to make this happen! We were excited to have it, but we cautiously decided to hold two separate assemblies instead of one to honor our students in grades K-2 and 3-5.

All students' names were included in a drawing for

displaying citizenship qualities at school throughout the year. Students were given the opportunities to have their name included additional times for the following reasons, demonstrating their social and emotional learning skills standards "most of the time" on the progress report, if they were named "SOARing Falcon" this school year, or displayed good citizenship that was recognized on a "Shout out!" over the announcements given by Mrs. James, our principal! Entire classes had their names submitted for the drawing if they had received the Cafe Falcon Award. This award is bestowed upon those classes exemplifying good manners and positive lunchroom behaviors. Each Monday Morning, over the announcements, after the pledge of allegiance, moment of silence, our SOAR chant (verbalizing the mission of our VTSS program), Mrs. James shared Shout Outs and announced the Cafe Falcon

See Golden Falcons, page 9

Bank of Botetourt

- Relationship Banking
- Business Lending
- Merchant Services
- Treasury Management

www.BankofBotetourt.com 540.591.5000

Member FDIC

33463 00109 9

POLICE REPORT

Weekly Arrest Report

Week of June 21, 2022 – June 27, 2022

Arrested On	Name	Age	Charges
06/21/2022	Matthew T. Whitt	34	Criminal Trespass, Failure to Appear, Conditional Release Violation
06/21/2022	Paul R. Gillespie Jr.	26	Contempt of Court
06/21/2022	Amanda S. Deaner	41	DUI
06/23/2022	Matthew L. Graham	50	Public Intoxication
06/23/2022	Daniel W. Tunstall	43	Public Intoxication
06/23/2022	Jessica A. Boyer	34	Disorderly Conduct
06/23/2022	Mark C. Jollie	46	Public Intoxication
06/24/2022	Rodney E. Vest	50	Public Intoxication
06/26/2022	Qualee Robinson	19	Petit Larceny
06/26/2022	Randolph P. Marchione	24	Domestic Assault & Battery
06/26/2022	Christopher T. Burke	36	Public Intoxication
06/26/2022	Finnbjorn B. Jensen	46	Public Intoxication
06/27/2022	Jennifer N. Ramos	37	DUI
06/27/2022	Cameron A. Harriston	23	Carrying Concealed Weapon

Weekly Crime Report (Felony Cases)

Week of June 21, 2022 – June 27, 2022

DATE REPORTED	LOCATION	OFFENSE REPORTED
21-JUN-2022	1600 BLK Apperson Dr	Burglary
22-JUN-2022	400 BLK Yorkshire St	Burglary
22-JUN-2022	1800 BLK W Main St	Vehicle Theft
26-JUN-2022	300 BLK Roanoke Blvd	Grand Larceny

BRIEFLY: Salem News In Brief

Senior Golf Tour winners announced:

Bill Houck of Southwest Roanoke was the Overall Winner of the Roanoke Valley Senior Golf Tour's tournament played on Monday, June 27th at Ashley Plantation Golf Course in Daleville, VA. Playing in Division 3, Houck posted a net score of 56. Other Division 3 winners were: 2nd, Steve Echols – 60; 3rd, Mike Bond – 61; 4th, Bill Mantz – 63; 5th, Bart Truesdale – 63. Evans Deane of Vinton, VA was the Division 1 Winner with a 62. Other Division 1 winners were: 2nd, Garry Bowles – 63; 3rd, Harvey Lee – 64; 4th, Frank Kennedy – 64; 5th, Tim Chocklett – 65. Playing in Division 2 Jimmy Gibson of Hardy, VA was the Division 2 Winner with a 61. Other Division 2 winners were: 2nd, Butch Blessard – 61; 3rd, Lee McLelland – 62; 4th, Andy Shumate – 63; 5th, Henry Williams – 64. Tournament Low

Gross Winner was Bee Hopkins of Bonsack, VA with a 69. Submitted by Tommy Firebaugh

Roanoke Valley libraries to eliminate late fees:

The Roanoke Valley Libraries (RVL) Consortium, consisting of libraries in Botetourt County, City of Roanoke, City of Salem, and Roanoke County, is delighted to announce that effective July 1, 2022, there will no longer be fines for overdue library materials at any RVL branch. In addition, fines accrued prior to that date will be canceled. Patrons will be charged, however, for items that are lost or damaged while checked out. "This is our way of removing any reading barriers," states Sheila S. Umberger, director of Roanoke Public Libraries. "Going fine-free will allow more people to enjoy our materials. It is imperative to create an environment that

is welcoming, rather than punitive." Submitted by Roanoke Public Libraries

Virginia State Bar revocations and suspensions:

Effective June 14, 2022, the Virginia State Bar Disciplinary Board revoked Mark Edward Kellogg's license to practice law in the Commonwealth based on his affidavit consenting to the revocation. By tendering his consent to revocation at a time when a disciplinary complaint, investigation, or proceeding is pending, Kellogg acknowledges that the material facts upon which the disciplinary complaint, investigation, or proceeding are predicated are true.

Effective June 22, 2022, the Virginia State Bar Disciplinary Board suspended Britney Hope Maddux's license to practice law in the Commonwealth of Virginia for 18 months for failure to fulfill the terms imposed by the Disciplinary Board on October 18, 2021, in VSB Docket No. 22-000-123274. Clients who have suffered a quantifiable financial loss due to the actions of a lawyer who has been disbarred or suspended for disciplinary reasons may find more information about the Virginia State Bar Clients' Protection Fund at <https://www.vsb.org/site/public/clients-protection-fund>. Submitted by the Office of the Clerk of the Disciplinary System

RCAHD Weekly Health Update:

COVID-19: Cumulative Case Count Roanoke City and Alleghany Health Districts: 66175 (up 446). People hospitalized with COVID-19, as of Monday 6/27/2022: 16. 15 new hospitalizations. COVID-19 related deaths, as of Tuesday 6/28/2022: 1008. 631 Alleghany Health District, 377 Roanoke City Health District.

Hepatitis A: Hepatitis A is a vaccine preventable viral illness that causes inflammation of the liver. People can become infected with hepatitis A when they unknowingly ingest microscopic amounts of the virus through close personal contact with an infected person or through eating contaminated food or drink. Common symptoms include fatigue, nausea, stomach pain, and jaundice (yellowing of the skin or whites of the eyes). Symptoms can last up to 2 months. Hepatitis A outbreak in the RCAHDs: Since January 1, 2022, 70 cases of hepatitis A, including 50 hospitalizations, have been reported in the RCAHDs. Substance use disorder, specifically injection drug use, is the most commonly identified risk factor in this outbreak. People are encouraged to consider getting vaccinated against hepatitis A. Submitted by Roanoke County and Alleghany Health Districts



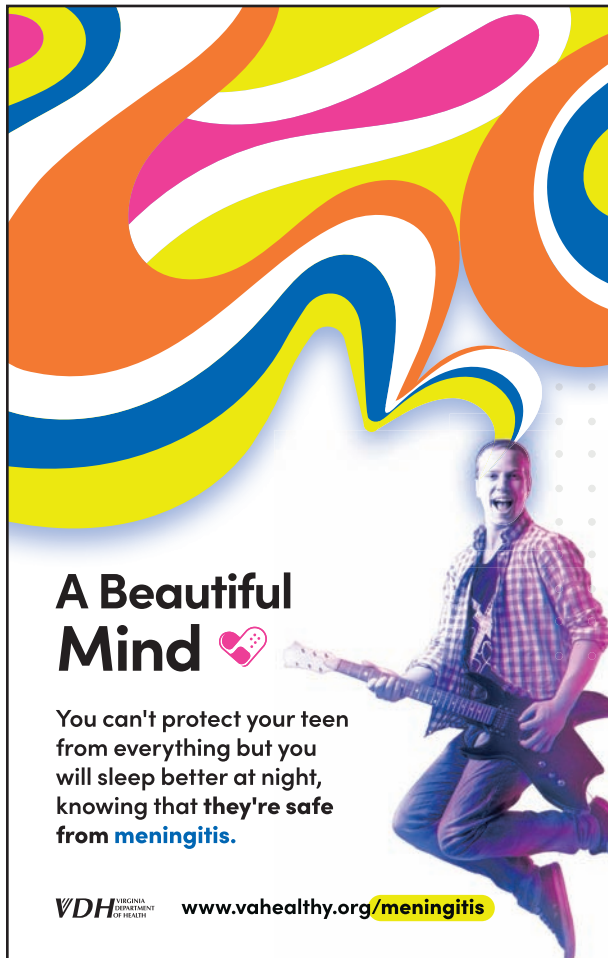
Back 2 School

Don't wait until school starts.

Take your kids to the doctor for their **health** *checkup*.

www.vdh.virginia.gov/backtoschool/

VDH VIRGINIA DEPARTMENT OF HEALTH




A Beautiful Mind

You can't protect your teen from everything but you will sleep better at night, knowing that they're safe from **meningitis**.

www.vahealthy.org/meningitis

VDH VIRGINIA DEPARTMENT OF HEALTH



BUCHANAN COMMUNITY CARNIVAL

June 30th - July 9th
6:00pm-11:00pm
Closed Sunday - July 3rd
Wristbands www.colerides.com

- Advance \$20
- On Grounds \$25

WRISTBAND SPECIALS
\$15.00 Tuesday, July 5th,
Wednesday, July 6th
& Thursday, July 7th

4th of July Parade at 5 p.m. • 4th of July Fireworks at 10 p.m.

LIVE ENTERTAINMENT

Get your **BIG PRIZE** Tickets for an opportunity to win \$2,500

Information at 540-254-1212 or www.townofbuchanan.com or Town of Buchanan Facebook Page




Senior Golf Tour winner Bill Houck

SUBMITTED PHOTOS



Senior Golf Tour Division 1 winner Evans Deane



Senior Golf Tour Division 2 winner Jimmy Gibson

Rotary Club of Salem Awards 47 Paul Harris Fellows

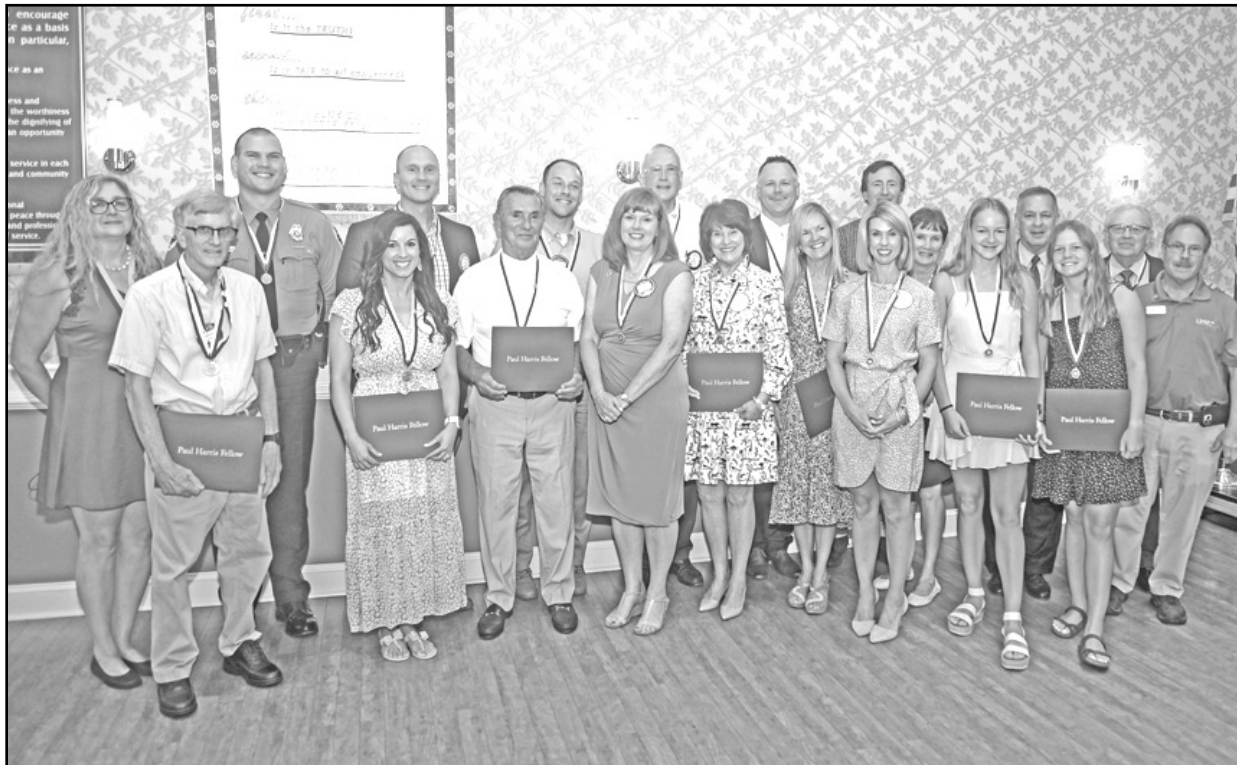
Submitted by the Rotary Club of Salem

On June 16, 2022 at the Salem Civic Center, the Rotary Club of Salem awarded thirty-six deserving individuals Paul Harris Fellows. Club Committee Chairman Matt Pollard read the narratives of each individual, while Club President Tom Bowers presented the certificates and pins. President Elect Jane Johnson was named a "Major Donor."

The Paul Harris recognition held once a year at the end of the Rotary year is named for Paul Harris, who founded Rotary with three business colleagues in Chicago in 1905. The Paul Harris Fellow Foundation was established in his honor in 1957 to express appreciation for a contribution of \$1,000 to the humanitarian and educational programs of the Rotary Foundation. The funds provide educational opportunities of food, potable water, health

care, immunizations and shelter for millions of people. These activities are funded, implemented and managed by Rotarians and Rotary clubs around the globe. Rotarians also may designate a Paul Harris Fellow to recognize another person whose life demonstrates a shared purpose with objectives and mission of the Rotary Foundation to build world understanding and peace. The Paul Harris Fellow recognition acknowledges individuals who contribute, or who have contributions made in their name, of \$1,000 to The Rotary Foundation of Rotary International, the PolioPlus campaign, or approved Foundation grants.

Some of this year's recipients are Rotarians who have been named Paul Harris Fellows by other Rotarians. Some Rotarians who were close to \$1,000 dollar mark in personal giving, or who were given points by the



Paul Harris Fellows, left to right: Cindy Lichtenstein, Rick Rosti, Officer Jonathan Detzler, Mallory Graham, Dr. Curtis Hicks, Ed Green, Jeremy Longshore, Rosie Jordan, James Bowen, Joanne Thornhill, Ben Crew, Kathryn Elmore, Meg Crew, Jim Wallace, Dee King, Brooke Bowers, Tom Bowers, Blair Bowers, David Mount and Carl Hart.

Club's Paul Harris Committee to reach the \$1,000 mark. Some recipients are spouses of Rotarians and

others are designated a Fellow as they epitomize the "Service Above Self" motto. Other recipients

are non-Rotarians; people in our community who serve our community in so many ways or they are

named by individual Rotarians or by the Club for their service to the community.

The Salem Museum presents: Historic Gainsboro Talk and Tour

Submitted by the Salem Museum and Historical Society

Two upcoming programs presented by the Salem Museum will explore the rich history of Roanoke's Gainsboro neighborhood. On Thursday, July 14 at 7 pm, Megan Mizak will speak on the history of Roanoke's first public library for African Americans as part of the Salem Museum Speaker Series. On Saturday, July 16 at 10 am, Jordan Bell will lead a tour through the Gainsboro neighborhood, sharing details of historic sites and structures. The tour leaves from the Gainsboro Branch Library. The fee for adults (age 15 and up) is \$10. For more information, visit SalemMuseum.org.

During the years of segregation, Roanoke's historic Gainsboro neighborhood was a thriving, predominantly African American community. Its residents, businesses, medical facilities, churches,

school, and more, created a vibrant, self-sufficient center of Black culture and commerce. Gainsboro's Henry Street was notable as the heart of entertainment with restaurants, hotels, and clubs that hosted musical icons like Louis Armstrong, Count Basie, Duke Ellington, Nat "King" Cole, and Dizzy Gillespie.

In the 1950s, "Urban Renewal" decimated the Roanoke City's Black neighborhoods. City leaders declared large sections of Black neighborhoods "blighted," which led to properties being bought or condemned, and the leveling of 1,600 homes, 200 businesses, and 24 churches. Today, many important commercial and institutional buildings, as well as private homes, still remain in the Gainsboro neighborhood.

Salem Museum Speaker Series: Jim Crow and Southern Libraries: The Story of the Gainsboro Branch Library, Thursday, July 14 at 7 pm.

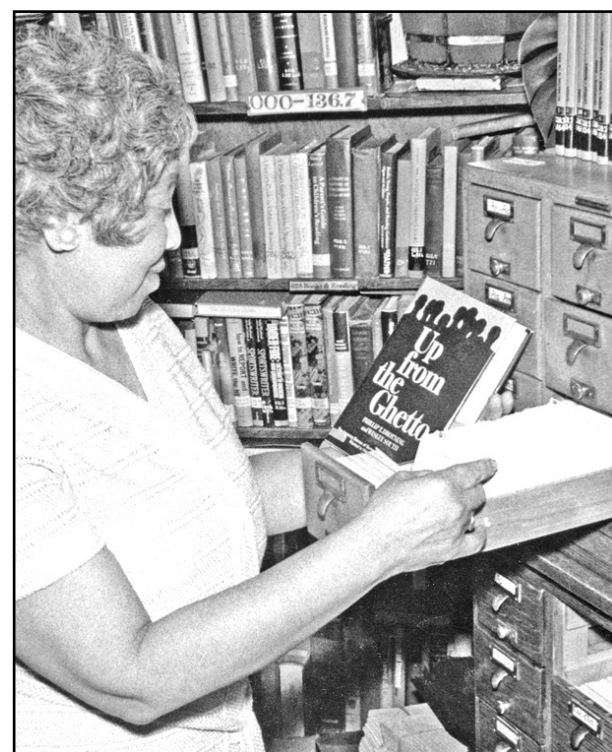
This talk will be in-person at the Salem Museum and on Zoom. The link will be available on the Museum's website, salemmuseum.org, on the morning of the talk.

In the early twentieth century, public libraries began to spread throughout the United States. In the South, however, Jim Crow laws denied African Americans access to public library facilities. While the work of activists did not succeed in integrating public libraries, it did bring funding for African American library branch facilities. The first free-standing public library for and operated by Blacks in Virginia opened in 1921 in Norfolk. The second was in Roanoke. This talk by branch manager Megan Mizak will explore the rich history of the Commonwealth's second library for African Americans, the Gainsboro Branch Library, from its founding by important community leaders through the tenure of its most beloved librarian,

Virginia Y. Lee.

Megan Mizak has worked at the Gainsboro Branch Library since 2011 and has been branch manager since June of 2021. Since working at the library, Mizak has curated, maintained and preserved the library's Virginia Y. Lee Collection, which is composed of rare books, historical documents, photographs and reference materials that focus on African American history in the Roanoke Valley. As a dedicated public servant devoted to maintaining community connections and local history, she has sought out and fostered relationships with local community partners regarding the role of Roanoke Public Libraries' interest in historical preservation.

Walking Tour of Historic Gainsboro, Saturday, July 16. The tour departs at 10 am from the Gainsboro Branch Library, 15 Patton Avenue NE, Roanoke. Jordan Bell, the tour's leader, will introduce participants to Roanoke's historic



Librarian Virginia Y. Lee at the Gainsboro Branch Library. Photo courtesy of the Gainsboro Branch Library.

Gainsboro neighborhood. He will share information about sites and structures, and the many notable individuals who have lived in the neighborhood. The fee for youth and adults is \$10, payable to Bell on-site before the start of the tour. Children age 14 and under are free and very welcome. The two-hour tour is canceled in case of rain.

Jordan Bell is a Gainsboro resident, community activist, Roanoke City Public Schools teacher, historian, and a Roanoke Valley Preservation Foundation board member. Bell has given tours of the historical Gainsboro community to hundreds of people. He is currently working on a book and a documentary about Gainsboro's history.

Council Recognizes

from page 1

Council also approved:

A \$43,395 for erosion, sediment control and landscaping bond for Kanawha Stone, and set completion date for 12 months;

A bond of \$45,181 for ero-

sion and sediment control for Craghead Lawson Storm Sewer Construction on High Street, with a time limit of 12 months;

A \$20,284 for erosion, sediment control and landscaping

bond for Layman Distributing Co. where it is moving warehouse operations to 2157 Apperson Drive, the site of a former Food Lion.

Council appropriated a fund balance of \$689,500 to allow

work to proceed on improvements from East Main Street, Union Street and Broad Street.

Finance Director Rosie Jordan explained the project would improve crosswalks, lighting and streetscaping. \$500,000 of

the project came from Virginia Department of Transportation funds, with a revenue match.

All five Council members were present. The meeting that began a 6:30 p.m. ended at 7:06 p.m.

In honor of
4th of July

OUR NEWSPAPER offices will be closed on Monday, July 4th, 2022 And will reopen on Tues., July 5th @ 8:30 a.m.

All ads for July 6th and July 7th papers need to be in our office by Friday, July 1st at 12:00 Noon.

Your Independent Pharmacy

QUALITY HEALTH CARE SINCE 2003

- Accepting Most Insurances
- Prescription Compounding
- Easy Prescription Transfer
- Delivery Available

WEST PHARMACY

774-5500

Store Hours: M-F 8:30am-6pm; Sat 9am-2pm
2012 Electric Road, Roanoke, VA 24018
Owned by Salem residents Kathy and Mitch West

OPINION

Missioner and friend

Frances Stebbins has been covering events in western Virginia, especially those relating to faith communities, since 1953. She lives in Salem.

My only friend living from the days when our children were young died this past April, not long after her 94th birthday. Last week I was able to share in her family's private funeral service online which was made available to the many who knew her.

She was Mary North Elder Orville, who was a church-related friend to many besides me. A graduate of the nursing school of Johns-Hopkins Hospital in Baltimore near her childhood rural Maryland home, she served elderly Episcopalians as what was designated as "Parish Missioner."

In the years after the four children she and husband H. Thomas Orville produced were grown, the nurse became an advocate for members at home or in assisted living facilities. Never ordained, as was one of her brothers, she arranged for Holy Commu-

nion to be brought to those who were comforted by it and performed many small but thoughtful acts.

She and her family moved to Roanoke around 1962 in one of the business transfers so common in that era. The children were Elizabeth, Jim, Steve and Anne, who stair-stepped in age with our Julia, Frank and Harvey. They got a house in the newly-developing Northwest Roanoke neighborhood called Norwood. There they would live until well after their children were grown, and Mary, who had suffered several serious accidents in her long life, could no longer care for a home.

I first met the new family in the Williamson Road church in which Charlie and I were becoming increasingly active after the furlough we both had taken as young adults from the denomination of our ancestors.

Having picnics in late spring as Sunday school closed for the summer had become a welcome tradition; a founding family who lived at Clo-

Frances Stebbins Correspondent

verdale offered a suitable farm where the many children of the "Baby Boom" generation could work off steam while their parents chatted or played a sport. Anne Orville and Harvey Stebbins were among the toddlers.

Soon Mary Orville became the Sunday School superintendent, somewhat displacing an older couple who, although they had retired voluntarily, seemed to resent the new young mother who was eager to become involved in several parish activities.

After a year or so, Mary called me one day for a chat. Why, she asked me, did people seem to feel she was taking the jobs of charter members? I couldn't tell her, but she was clearly committed and used to getting the work of a church done. The visit helped us get acquainted, and we remained

friends until the last time I visited her in the nursing home bed at Richfield Retirement Community in Salem.

As years went on at our little church, she and I shared in nearly every ministry it offered; clergy came and went and we were on search committees and the Vestry governing board together.

We gradually discovered we had (male) clergy relatives back to times in the British Isles. We grew the vegetable "tomato" and called it with an "ah" sound common to folk who settled near the Chesapeake Bay. She and her husband Tom, a longtime Sunday School teacher of junior high youth, were near the same age. He remains in an assisted living apartment at Richfield where their daughters, Liz King and Anne Schleck, visit him often. Sons Jim and Steve live in Richmond and in Coastal Carolina. There are now several great-grandchildren.

We did have some marked familial differences. She was the youngest girl in a rural Maryland family of eight children while I was an only child reared by a middle-aged wid-

owed mother who supported us on a small poultry farm.

Though the Episcopal Church was a strong religious influence, especially in her family, named Elder—something of an oddity since her legacy was to be a missioner to senior adults—Mary's large group of siblings represented a more traditional household than the adult-centered one in which I grew up.

Several in Mary's family lived into their nineties and took care of one another.

It was Mary who sponsored me for a Cursillo spiritual growth weekend more than 40 years ago. In turn, learning from her connection with downtown Roanoke's St. John's Episcopal Church of an intensive seminary-based theological education program for lay leaders called Education for Ministry (EFM), she opened the door to an activity I led in the Roanoke and New River Valleys for 20 years.

By her nineties, it was evident that her earthly ministry to the elderly was clearly over; she died quietly of the cumulative effect of age and injuries leaving for me an unforgettable legacy.

The Training Program: Week 4

By Chamberlain Zulauf, Student Reporter

A dedication to water: without water I would not be able to run like I do. I wouldn't be able to do much of anything without water, much less go on hour and a half long runs. On the

hottest of summer days and even on the coldest days of winter, I find myself in a reverie of water. There is a point in some workouts where I'm more so running to water instead of getting my mileage.

There is a specific tool

I use to fight this hydration battle—a 32 oz. Nalgene bottle, which, like my phone, feels as if it's a part of me. My bottle is dark blue and stickered-up; there's some wear and tear around the corners from tossing it around so much but durability is its guarantee. My water bottle is something I interact with many times throughout the day and there is no better friend to have sitting in the shade waiting for me after I've run my daily. A water bottle is essential to any runners' effects. There are many shapes, sizes and colors but they're all mostly similar. Maybe it's a little dorky but I even have an 8 oz. bottle that straps to my hand for those particularly long long-runs.

On any given day I'll drink three or four refills of my bottle. Each time I refill I have a mini meditation session where I take a moment to appreciate the good

that water does for me. As I fill my bottle up, I think about how water helps keep me moving and about how I seemingly can never get enough of the stuff. After a run I'll easily polish off 3/4ths of my bottle without hardly taking a breath in. Off hours, when I'm standing at a water fountain filling my bottle up I feel grateful too that I'm not currently dying of thirst out on a run.

Supposedly you're not supposed to chug water after a run, but I believe in listening to my body. To tell the truth, if I listened to my body, I'd be going over to the snack mart after a run and buying a Cherry Coke, which is the only thing I'll crave more than water.

By the way, this coming Monday I'll be running the Four on the Fourth race in Vinton. I don't necessarily have a time or place I want to hit; it's more about seeing what I can do. So, in the next edition of the Training Program look forward to an update on how I ran!



SALEM TIMES-REGISTER
A newspaper of, by and for the people of the City of Salem and Roanoke County.
 USPS 631-140
 (540) 389-9355
 1633 West Main Street
 www.ourvalley.org

- Michael Showell, *Publisher*alexander.shedd@ourvalley.org
- Lynn Hurst, *General Manager*lhurst@ourvalley.org
- Alexander Shedd, *Editor*alexander.shedd@ourvalley.org
- Brian Hoffman, *Sports Editor*bhoffman@ourvalley.org
- Randy Thompson, *Advertising Consultant*advertise@ourvalley.org
- Toni Smith, *Graphic Designer*toni.smith@ourvalley.com
- Debbie Nixon, *Graphic Designer*nixon@mainstreetnews.com

Give us your view: alexander.shedd@ourvalley.org

The Times-Register encourages letters from our readers on topics of general interest to the community and responses to our articles and columns. Letters must be signed and have a telephone number where you can be reached to be considered for publication. All letters will be verified before publication. The Times-Register reserves the right to deny publication of any letter and edit letters for length, content and style.

The Times-Register (USPS 631-140) is published weekly for \$44 a year in Salem and Roanoke County, \$48 in adjoining counties and \$52 out of state by Virginia Media Inc., P.O. Box 429, Lewisburg, WV 24901. Periodical postage paid at Salem, VA. POSTMASTER: Send address changes to THE SALEM TIMES-REGISTER, P.O. Box 1125, Salem, VA 24153

LETTER TO THE EDITOR

Calling All Conservatives

By James Tweed, Salem, Va. Resident

Dear Editor,

Calling all Conservatives. The real ones. Not the phonies. Ones whose cornerstone values are the Constitution, the rule of law, and institutions that make those possible. When are you going to take your Party back? Yes, you who used to call yourselves Republican before your brothers and sisters swallowed the Kool-Aid of Putin's puppet. And you, who still hold onto the Republican label, just because you have no place else to go. A political party without a moral core grounded in reality, not self-delusion, eventually self-de-

structs.

I am no fan of Joe Biden. But he did identify Vladimir Putin as a war criminal. Donal Trump called him a "genius." What do you think?

The big lie that Trump won the election worked well. Now it's a litmus test for "real" Republicans. It didn't matter when it came time to produce evidence in open court; there was none. Believing mattered more than evidence. Intelligence had nothing to do with it.

Why was selling the fraud so easy? Because the lie was aimed at minds who want to be lied to. Even Donald Trump was booted when

he told people to get vaccinated. When you invite people like that into your party, the lunatics eventually take over the asylum.

The ones who know better but are in the game to get power have no choice but to bobble their heads along with the loonies. Courage only makes you a target. Just ask Congresswoman Liz Cheney. That is why the Republican Party today has so few moral leaders. Who's following them?

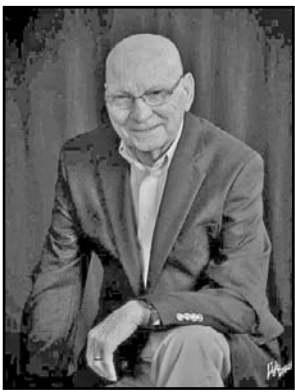
The joke is anyone who challenges the delusion is called a "RINO" (Republican In Name Only). The fact is: many real Republicans have already left.

OBITUARY

Bobo, Jerry Lyn Sr.

Jerry Lyn Bobo Sr., 81 of June, VA passed away June 18, 2022. He was born on December 3, 1940 to the late O'Neal and Annie Bobo. He was preceded in death by his daughter, Victoria Leigh Bobo; brother, Phillip Bobo; and sister, Connie Heath.

He is survived by his beautiful and caring wife of 35 years, Joyce J. Bobo; daughters, Paula Embry and Tammy Chitwood (Mike); grandchildren, Alek Embry, Mallory Embry and Emily Chitwood; sisters, Sue Peppers (Fairless), and Elaine Wiggins (Jerry)

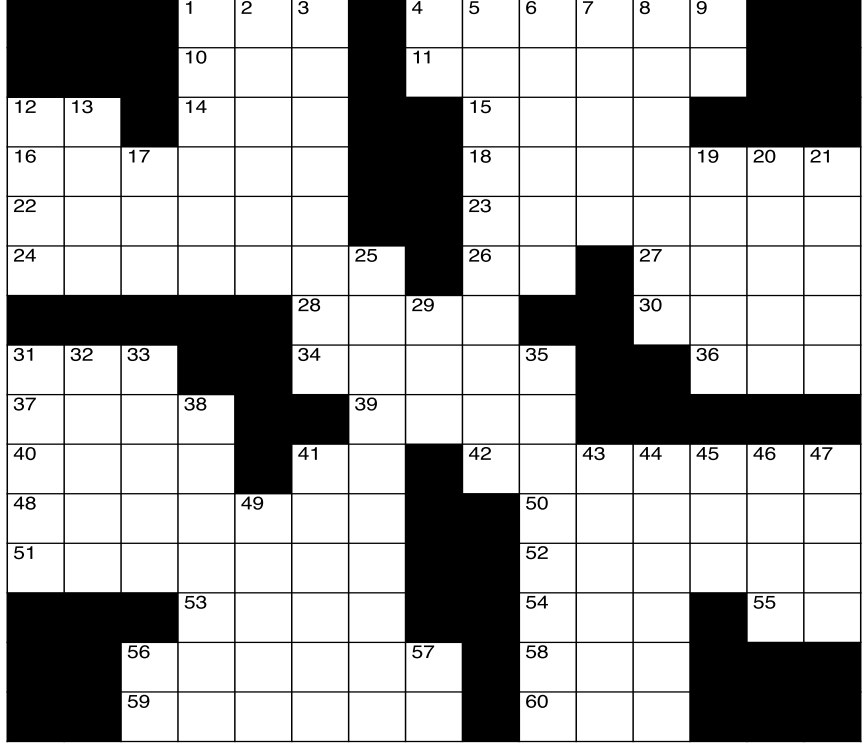


along with several nieces and nephews.

Jerry is a veteran of the Vietnam war. He served honorably in the U.S. Navy for 24 years achieving the rank of Lieutenant Commander. His experience in the Navy played an important role in his life. He enjoyed talking to everyone about his Navy career.

Following his military career, he also retired from Lockheed Martin Corp. and as a United Methodist Minister. As per Jerry's wishes, no funeral or memorial service will be held.

CROSSWORD PUZZLE



- CLUES ACROSS**
- 1. Basics
 - 4. In a new way
 - 10. ___ Paulo, city
 - 11. Jailhouse
 - 12. Expresses surprise
 - 14. Trigraph
 - 15. A small stream
 - 16. Dissimilar
 - 18. Promote
 - 22. Gives a boost
 - 23. Lawmaker
 - 24. Orthodox Jews
 - 26. Actor Harris
 - 27. Wild cherry
 - 28. Participate in democracy
 - 30. Opposite of begins
 - 31. A Brit's mother
 - 34. Set of moral principles
 - 36. Very fast airplane
 - 37. Czech river
 - 39. Private school in New York
 - 40. Israeli dance
 - 41. Electron volt
 - 42. Adjusting
 - 48. Duct by the bladder
 - 50. Small burger
 - 51. Begin again
 - 52. Unstuck
 - 53. Jai ___, sport
 - 54. Get free of
 - 55. For instance
 - 56. Hotel chain
 - 58. A team's best pitcher
 - 59. Extracts from various sources
 - 60. Indefinite period of time
- CLUES DOWN**
- 1. St. Francis of ___
 - 2. Supported
 - 3. United in working
 - 4. It cools your home
 - 5. Predicting
 - 6. Irritated
 - 7. Popular talk show host
 - 8. Fabric edge
 - 9. A resource for employees
 - 12. Broadway's Jackman
 - 13. Small water buffalo
 - 17. City of Angels: ___ Angeles
 - 19. Asteroids
 - 20. Tailless amphibians
 - 21. German expressionist painter
 - 25. What drives you
 - 29. N. Vietnamese ethnic group
 - 31. Gold coin used in British India
 - 32. Have deep affection for
 - 33. Ponds
 - 35. Breaks between words
 - 38. Hairstyle
 - 41. Print errors
 - 43. Family of iron alloys
 - 44. Sidelined in bed
 - 45. Many couples say it
 - 46. Brazilian hoopster
 - 47. Allman Brothers late frontman
 - 49. German city
 - 56. One hundred grams (abbr.)
 - 57. One billionth of a second (abbr.)

Ridge View Bank Announces Initial Advisory Board



Kim Blair SUBMITTED PHOTOS



Ben Crew



Robert Kulp



Ryan Waters

Submitted by Ridge View Bank

Editor's Note: Due to an editorial mistake, in the original run of this story last week the identities of the Ridge View Bank advisory board members did not match up to their corresponding photos. This story is being rerun in its entirety this week with sincere apologies to Ben Crew, Robert Kulp and Ryan Waters.

Ridge View Bank, headquartered in Roanoke, announces the appointment of four regional business and community leaders to its Board of Advisors. The inaugural group was personally selected by Carrie McConnell, Ridge View Bank president. They will provide leadership and guidance as the area's newest bank continues to expand in the region.

"I am thrilled to have these local leaders and business experts join our Board of Advisors," said McConnell. "They each bring a wealth of community and business leadership experience. I know they will provide a unique and critical perspective for us and I'm excited to see how they unite to extend our strong start."

Ridge View Bank has established a foothold in the region by focusing on the wide array of financial needs of the region's small to middle-market businesses and their people.

"It's a strong group of influencers," said McConnell. "Their insights and experience are going to be invaluable to us as we continue growing in Roanoke, Salem, Smith Mountain Lake and beyond."

Members of the Ridge View Bank Board of Advisors are:

Kim Blair, Vice President for Resource Development, Roanoke College.

Kim Blair is the Vice President for Resource Development with Roanoke College. She previously served as the assistant vice president of advancement for Roanoke at Virginia Tech, where she led advancement teams tasked with securing private philanthropic funding for the Virginia Tech Carilion - Health, Science & Technology Campus in the Roanoke Innovation Corridor. Prior to that, she had an extensive set of experiences in higher education including other leadership positions at Roanoke College, Ferrum College, and Virginia Tech. Ms. Blair grew up in Blacksburg, Virginia. She received her undergraduate degree from Roanoke College and then got her master's degree at the University of Lynchburg. Ms. Blair lives in Salem with her husband Tommy and their five children.

Ben Crew, Vice President, Civil Engineering at Balzer and Associates Roanoke.

Ben Crew, LA, leads the Balzer and Associates Roanoke Civil Engineering Department. He has been at the firm for 17 years as a registered landscape architect. Mr. Crew graduated from Virginia Tech with a Bachelor of Landscape Architecture. In his role, he is responsible for land development projects including feasibility/due diligence, master planning, conceptual design, and construction documents to final project management/construction administration. His local knowledge and experience with a wide range of commercial, industrial, and residential projects make him a trusted resource. His dedication to serving the community as a board member of the Blue Ridge New Generations Rotary Club complements his leadership skills with his emphasis on creating value for clients and managing challenging projects for success. Ben resides in Salem with his wife Meg and their two children.

Robert Kulp, President, Black Dog Salvage, and Owner, Blue Ridge Residential. Roanoke native Robert Kulp has helped guide Black Dog Salvage's exponential growth with a focus on budget and operational management. His degree in Building Construction from Virginia Tech (1985) and service in the U.S. Navy and Naval Reserve have provided a strong founda-

tion for building two growing multi-million-dollar businesses from the ground up. Upon returning to his hometown, Mr. Kulp opened his own construction company, Blue Ridge Residential, where he offers solid design advice and building services for period restorations, "new" old houses, and "sympathetic" additions. With a keen eye for historical value and a constant focus on the bottom line, Robert is the resident "architecturologist" of Black Dog Salvage. As a Class A General Contractor, he has a complete understanding of how buildings are put together, which has proved crucial in safely deconstructing and saving architectural details from the landfill. This work led to a feature role in the multi-year run of the popular Discovery Channel television show "Salvage Dawgs". Mr. Kulp and his wife Patti relocated to Roanoke, Virginia in 1998 and have stayed in the area since. They have three children.

Ryan Waters, Managing Partner, Bridgewater Marina. Mr. Waters is a lifelong Smith Mountain Lake resident and graduate of Franklin County High School. He received his undergraduate degree from James Madison University where he majored in Economics.

In 2016, he became the Managing Partner of Bridgewater Marina. Since taking over Bridgewater Marina, he has expanded the operation to six locations and now oversees the largest inland boat rental fleet in the country. Prior to 2016, Mr. Waters' professional background included 15 years of software and real estate sales experience. Ryan resides at Smith Mountain with his wife Katie and their three boys.

In addition to the initial external members, the Ridge View Board of Advisors will also include the following:

Carrie T. McConnell, President of Ridge View Bank

Joseph B. Bower, Jr., Chief Executive Officer of CNB Bank and CNB Financial Corporation

Michael D. Peduzzi, President and Chief Operating Officer of CNB Bank

Richard L. Greslick, Jr., Senior Executive Vice President, and Chief Support Officer at CNB Bank

Martin T. Griffith, Senior Executive Vice President, and Chief of Community Banking at CNB Bank

Ridge View Bank provides quick, local decision-making with experienced and well-known employees and delivers the best-in-class service at every level. To learn more about Ridge View Bank's new view on business banking, visit www.ridgeviewbank.bank.

Salem Museum

from page 1

word 'Salem' is still visible through the label's deterioration. The American helmet is unique too as it has a life-saving bullet dent on its forehead

"It's amazing to think about the impact everyday items can have on people's lives. I love how every artifact here has a story and these [helmets] tell a story very well," said Burke. "There's a lot of behind the scenes features which people don't think about. Oftentimes people will think of exhibits as if we just pick something old and show it just because it's old. However, there's a lot of thought that goes into what the viewer would engage with the most, or what particular artifacts tell the best stories that we're trying to lay out in our exhibits. Each exhibit has a story it's trying to tell; we try to tell that story in an engaging and entertaining way for the public."

Cheers to 30 also features a short film written, directed and produced by Chloe Shelton titled "Till I Come Home." The film is the dramatization of letters, gifted to the museum, written home from a WWI soldier named William Whitescarver Jr. The short film has won several regional EMMYs.

Alongside exhibits, every month the Salem Museum hosts membership talks or series for visitors and members. Previous talks have engaged with the historical story of the Norfolk and Western Railroad during WWI. Currently, the museum is hosting the history of long rifles and the construction of long rifles in Virginia. A future event coming up in July is a rich tour and talk about The Gainsborough Library, which has a unique history as an African American Library.

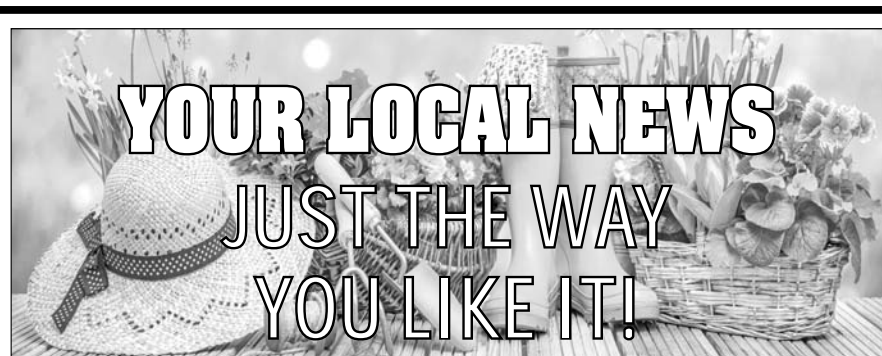
"[The Gainsborough Library] has an amazing story on how they've saved a bunch of old and unique books," ex-

plained Burke. "Museums are designed specifically to serve the communities they're in and to tell the story of that community. It's important to preserve things because for a lot of things like historic structures, artifacts and so on; once these artifacts are gone, they're never coming back so you only get one opportunity to protect and save them for the future. So, we take advantage of that while we have the opportunity. Museums don't simply save artifacts, which are tremendously important in and of themselves, but they also save the stories of the individuals who possessed them," said Burke.

When asked what makes Salem's history special, Burke responded with, "We've got about four and a half floors of special in here... Salem has a rich history much like a lot of other small towns across America. When people think of small-town USA, they don't realize a lot of small nitty gritty details that made each one of these individual communities special, and how these individual communities have helped shape this country. There's a lot of uniqueness in Salem's history that people don't know about. So, we encourage you to come check us out! Our cheers to 30 years exhibit will be open through the end of the year with our hours being Tuesday through Saturday 10 to four. Not to mention we are a free museum!"

Throughout the rest of the museum visitors can experience exhibits ranging from the impressionistic paintings of local legend Walter Biggs to an interactive installment on local sports. The Salem Museum is a wonderful way to spend an afternoon appreciating local history. Employees like Alex Burke would be glad to tell you everything they know about the treasures stored inside.

www.salemregister.com



SALEM TIMES-REGISTER

DIGITAL ONLY
One Year
Digital Subscription
\$29.00

DIGITAL & PRINT
Yearly Print & Digital
Subscription
\$67.00

PRINT ONLY
Yearly Print Only Subscription
\$45.00 In County
\$49.00 Out of County \$53.00 Out of State

SUBSCRIPTION TO THE SALEM TIMES-REGISTER

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Telephone: _____

Check Enclosed _____ or call (304) 647-5724 to pay by credit card

Mail to: Circulation Department, SALEM TIMES-REGISTER,
P.O. BOX 429, Lewisburg, WV 24901 or call us at (304) 647-5724.

www.salemregister.com

CROSSWORD ANSWERS

A	B	C	A	F	R	E	S	H					
S	A	O	C	O	O	L	E	R					
H	A	S	C	H	R	I	L	L					
U	N	L	I	K	E	E	L	E	V	A	T	E	
G	O	O	S	E	S	S	E	N	A	T	O	R	
H	A	S	I	D	I	M	E	D	G	E	A	N	
				V	O	T	E		E	N	D	S	
M	A	M		E	T	H	I	C		S	S	T	
O	D	E	R		I	O	N	A					
H	O	R	A	E	V	G	E	A	R	I	N	G	
U	R	E	T	H	R	A	S	L	I	D	E	R	
R	E	S	T	A	R	T		U	N	D	O	N	E
			A	L	A	I		R	I	D	E	G	
			H	I	L	T	O	N		A	C	E	
			G	L	E	A	N	S		E	O	N	



Locally Owned & Operated
Serving Families in the Roanoke
Valley since 1866

- Traditional Funerals
- On Site Crematory
- Pre-Planning
- Aftercare Services
- Compassionate Personalized Care

JOHN M. SINCE 1866
Moakey & SON
Funeral Home & Crematory

305 Roanoke Blvd., Salem • 540-389-5441 • www.johnmoakey.com

VDOT contractor killed in hit-and-run

Alexander Shedd
alexander.shedd@ourvalley.org

A VDOT contractor was killed early in the morning on Tuesday, June 28 after being struck by a tractor-trailer in a work zone near I-81N mile marker 142 in Roanoke County. Virginia state police stated that the worker, identified as 54-year-old Matthew C. Frazier of Clifton Forge, was exiting a piece of construction equipment at 2:38 a.m. and wearing a traffic vest when he was struck by the vehicle. Frazier was declared dead at the scene of the accident.

As of presstime, police are currently examining camera footage from construction vehicles in the area to determine the identity of the tractor-trailer driver, who did not stop at the scene. A hit-and-run conviction involving a fatality in Virginia may carry with it the penalties of a Class 5 or Class 6 felony, which respectively are punishable by 1-10 years in prison and fines of up to \$2,500 or 1-5 years in prison with fines of \$2,500 or less.

VDOT reported that, in 2021, there were 28 fatalities attributed to VDOT work zone crashes, two of

which were VDOT contractors. In 2020, 17 work zone-related fatalities were reported in Virginia. During VDOT's annual National Work Zone Awareness Week in April, Virginia State Police Superintendent Colonel Gary Settle cautioned, "When you drive too fast through a work zone, you don't have the time or the space to react like you normally would outside of a work zone."



COURTESY OF FACEBOOK

VDOT contractor Matthew C. Frazier of Clifton Forge was killed in a work zone hit-and-run early Tuesday morning.

Feeding Southwest Virginia CFO awarded Best Small Nonprofit CFO award

Submitted by Feeding Southwest Virginia

On June 16, fifty-one CFOs from around the Commonwealth gathered in Richmond and were nominated for four award winning categories, representing a variety of nonprofits, government agencies, and for-profit businesses, both public and private.

Feeding Southwest Virginia's CFO, David Argabright, won the award of Small Nonprofit/Government Virginia CFO of the year.

Virginia Business President and Publisher Bernie Niemeier said during the award

ceremony, "The job of chief financial officer is a challenging one. They champion both growth and downsizing; they take on risk through acquisitions. They must have the highest degree of accountability, and they must provide CEOs with solid advice, whether the news is good or bad. Recognition and support from above is always important."

We at Feeding Southwest Virginia are thankful for David Argabright. He has been stewarding his role for seven years.


Feeding Southwest Virginia is a member of Feeding America®. For the

last four decades, the Food Bank's ultimate mission is to: nourish neighbors, engage community partners, and develop solutions to address food insecurity. The primary function of the Food Bank is to secure and distribute large quantities of food for our neighbors.

Approximately \$30 million worth of food and grocery-related products are channeled annually through more than 380 partner feeding programs in our 26-county, 9-city region. Visit www.feedingswva.org/ for more information or like us on Facebook, Instagram, and Twitter @feedingswva.

www.salemregister.com

Providing Quality Care to the Community of Salem Since 1955



Snyder Nursing Home
11 North Broad Street, Salem
389-6305
Located in Historic Downtown Salem directly across from the Salem Farmer's Market

Mamma Maria's
ITALIAN RESTAURANT
Specializing in Catering and Parties
389-2848 • 2025 West Main St., Salem / Exit 137 off I-81



Orange Market
1823 Thompson Memorial Drive • Salem, VA
(540) 389-0417
6 a.m. - 11 p.m. Seven Days a Week

Salem WORSHIP DIRECTORY

CHURCHES OF CHRIST/CHRISTIAN CHURCHES

DALE RIDGE CHURCH OF CHRIST - 7165 Cloverdale Rd., Roanoke, 24019; beside the Boteourt Athletic Club. Leave message 992-4385. Sunday Bible Study, 9:30 a.m., Worship, 10:30 a.m., Wednesday Bible Study, 6 p.m. Please come visit us in person or get to know about us first by visiting our web page: daleridgechurchofchrist.net. Updated each week with a new sermon by Mike Mazzalongo, four minutes of video showing our nearly six acres of land and our beautiful, functional inside facilities, articles, events, news from Christian sources around the world and here locally plus much, much more. See how many ways Dale Ridge is "Reaching Out There" to the Roanoke Valley with the "Good News of Jesus. By clicking on "visit us virtually" real time access to our Worship services is available via your computer, a tablet or smartphone: Just follow the instructions. We believe in the inspired Word of God which is as relevant today as it was when it was written. We believe the Holy Spirit is a gift to every Christian upon their response to the Gospel as demonstrated by the 3000 obedient souls in (Acts 2:38). We believe Jesus is the only author of our salvation. (Acts 4:12) Have you been looking for a church family that is progressive, outside the box thinkers, led by the Holy Spirit into all truth. (John 16:13). You will know we are His disciples by our love for one another. (John 13:35) Real time contact thru our website via email.

SALEM CHURCH OF CHRIST - 401 West Main Street. 540-389-2400. Minister Taylor Plott; 10:00am Sunday Bible Study; 11:00am Sunday Worship Service; Wednesday Life Groups: 5:30 -7:00pm. For more info contact the Church Office.

WESTSIDE CHURCH OF CHRIST - 1705 Starview Drive, Salem. Minister Neil Richey, 389-9139, Sunday Bible Study: 9:30 AM, Morning Worship: 10:30 AM, Evening Worship: 6:00 PM, Wednesday Bible Study, 7:00 PM.

CHURCH OF GOD/ANDERSON COVENANT COMMUNITY CHURCH - 955 Bird Lane, Salem, Va 24153, 389-5639. Pastor: Scott Hudson. Sunday School 10:00AM, Worship 11:00AM; Bible Study 6:00PM.

CHURCH OF GOD/CLEVELAND SALEM CHURCH OF GOD - 600 Craig Avenue, Todd Stiffler, Pastor, 387-2068, Sunday School 9:30 am: Worship and Kids Church 10:30 am, Wednesday Bible Study and Classes at 7:00 pm. www.salemco.g.church

DISCIPLES OF CHRIST FIRST CHRISTIAN CHURCH, 712 Front Ave. Salem, Pastor Dan Netting (540) 389-6831. www.firstchristiansalemva.com. Adult and Children Sunday School - 9:45 am, Worship - 10:45 am. Nursery Provided for both. Everyone welcome

FORT LEWIS CHRISTIAN CHURCH - 2931 West Main Street, Salem, Interim Pastor, Rev. Dr. John Dunstan, 380-4636. Website: www.flccsalem.org. Sunday worship inside sanctuary and on zoom, 10:30 AM, mask wearing and social distance.

ECKANKAR, THE PATH OF SPIRITUAL FREEDOM, is located at 1420 3rd St. SW, Roanoke, VA 24016. However, due to COVID-19, the Light & Sound Services and other ECK programs are currently available online through Zoom. Visit www.eck-va.org for program listings, www.meetup.com/Roanoke-Spiritual-Experiences-Group, or call 540-353-5365 and leave a message. We will return your call. Also visit www.eckankar.org for more information about how the teachings of Eckankar lead you to spiritual freedom.

EPISCOPAL ST. PAUL'S EPISCOPAL CHURCH - 42 East Main Street, Salem, 389-9307. Sundays at 7:30am and 10am. Holy Communion in church and live-streamed on YouTube@StPaulSalemVa.

EVANGELICAL LUTHERAN

COLLEGE EVANGELICAL LUTHERAN CHURCH - 210 S. College Avenue, Salem VA 24153. Please visit our website www.collegelutheran.org for information on services.

FOURSQUARE theBRIDGE SALEM CHURCH - 4335 West Main Street, Salem. 540-404-1414 | bridge.salem@icloud.com • www.salemva.church Saturday service, 6pm (Nursery & Kids Church available). Mail: PO Box 1954, Salem. Twitter/ Instagram: @thebridgesalem Joey Lyons, Senior Pastor | joey@salemva.church | 540-831-9864

INDEPENDENT RESTORATION CHURCH - a Community on Mission Following Jesus into the World - 10:10am Sundays at the Salem YMCA - 1126 Kime Lane, Salem - 540-384-1601 - www.restorationsalem.org. Watch Live at: YouTube: Restoration Church-Salem, VA. Facebook: RestorationChurchSalem

NATIONAL BAPTIST CONVENTION, U.S.A., INC. FIRST BAPTIST CHURCH - 226 South Broad Street, Salem. Rev. Melton Johnson, 389-9648. Sunday School 9:30 AM, Sunday Morning Worship Service 11:00 AM, Wednesday Bible Study and Prayer Meeting 7:00 PM.

SHILOH BAPTIST- 201 South Market Street, Salem, Rev. Adrian E. Dowell, H) (389-0409). Sunday School at 8:30 a.m. (All classes) each Sunday online via zoom and church conference call line. Wednesday Adult Bible Study at 7:00 p.m. via zoom and church conference call line. Children's Bible Study at 7:00 p.m. via zoom. Teen Talk Bible Study at 7:30 p.m. via zoom. Saturday Men's Bible Study at 7:00 a.m. via zoom. Saturday Intercersory Prayer Service at 8:00 a.m. via church conference call line. Sunday Women's Bible Study Class at 8:30 p.m. via zoom. In-person Worship on Sunday at 11:00 a.m. or worship with us on line via Facebook or on the church conference call line. In person worship requires CDC guidelines for mask wearing and social distancing. Ushers are available to assist with seating.

PENTECOSTAL HOLINESS CHRISTIAN LIFE INT'L - 1 CLI Way, Salem, Ryan Linkous, Pastor, 343-3801, Sunday Worship Service 10:15 AM, (Children's Church and Nursery) Wed, MidWeek Service (Adult, Awaken Youth, M'pact Girls & Royal Rangers) 7 PM. Nursery Provided. Email: office@clichurch.org. Find us on facebook.

PRESBYTERIAN CHURCH (USA) SALEM PRESBYTERIAN CHURCH - 41 East Main Street, Salem, VA . 389-3881. Associate Pastor Rev. Janet Chisom, Interim Pastor: Rev. Tupper Garden. In-Person Sunday School and worship has resumed at 9:30 AM and 11:00 AM on Sundays or worship with us online live at www.salempres.org, or Facebook, or YouTube. During the summer, we have Sunday School for all ages at 9:00 AM, and worship at 10:00 AM. Join us as we worship, grow and serve together either in-person or on online at www.salempres.org or Facebook or YouTube. During in-person worship, mask wearing for health reasons is optional.

UNITED METHODIST FIRST UNITED METHODIST CHURCH - 125 W. Main St, Salem, VA. 540-389-5459. Pastor Alan Combs, Traditional Worship - 8:45am, Sunday School - 9:45am, Genesis Contemporary Worship 10am; Traditional Worship - 11:00am. www.fumcsalemva.org.

LOCUST GROVE UNITED METHODIST CHURCH - 3415 Locust Grove Lane, Salem, 380-4303, Pastor Logan Hollenbeck. Each Sunday Traditional Worship 9:30 a.m.

To list your church, contact Randy Thompson at 540-230-1129 or email.advertise@ourvalley.org

Be sure to 'Like' the Salem-Times Register on Facebook.

BUSINESS SERVICES DIRECTORY



DR FAME
ALLERGY
ASTHMA

540 404-9598
1002 APPERSON DR • SALEM, VIRGINIA 24153
WWW.DRTOMFAME.COM



SENIOR FOR SENIORS
PAINTING & RESIDENTIAL MAINTENANCE

Cell: 540-293-4271



CIRCLE R ROOFING OF VIRGINIA

Call for a FREE Estimate
Rob Gendreau • 540.784.0500



Embrace
homeloans

Robin Jewell
Senior Loan Officer / NMLS# 235597
540.309.5013
rjewell@embracehomeloans.com
www.embracehomeloans.com/robin-jewell
5044 Keagy Road, Suite H100
Roanoke, VA 24018



Embrace Home Loans, Inc. (NMLS ID#2184) is licensed in VA. (www.nmlsconsumeraccess.com)



FOX RADIO 910
Roanoke and 104.3 FM
CBS SPORTS RADIO
RADIO NETWORK

The Radio Home of the World Champion Atlanta Braves

www.foxradioroanoke.com
(540) 343-7109



Lisa Martin, REALTOR®
Serving the industry for 30+ years
Roanoke Valley & Blue Ridge Mountains
Premier, REALTORS
(540) 597-0480
Lisa@Lisa2buy.com • www.Lisa2buy.com
1638 Roanoke Road, Suite 101
Daleville, VA 24083

BERKSHIRE HATHAWAY HomeServices
A member of the franchise system of BHH Affiliates, LLC



MHC
Monroe Health Center

Craig County Health Center
226 Market Street - New Castle, VA
Phone: (540) 864-6390 Fax: (540) 864-6356

- *Physical Exams * X-ray Services
- * Laboratory Services * Acute Care
- *Mental Health Services * Well Baby Checks

ACCEPTING NEW PATIENTS

CARPET RE-STRETCHING!
STEVEN W. DURRANCE FLOORS

Repairs • New Sales • Expert
540-776-9591
Cell: 540-353-7908
Licensed & Insured
carpetroanoke.com

Sunflooring Inc.
STEVE SMITH

With over 40 years of experience

Specializing in Hardwood Floors, Hardwood Refinishing, Laminate Flooring, Engineered Floors, Ceramic Tile, Carpet and Luxury Vinyl Plank

540-556-3100



HOUSE NEED A BATH?

HOUSES SIDEWALKS
DECKS DRIVEWAYS
PORCHES GUTTERS



Master Sergeant Taylor's Pressure Washing, LLC
Garry Taylor
(252) 626-8708 USMC RETIRED drillinstr@gmail.com

WE BUY COIN COLLECTIONS

Top money paid
FREE estimates



WE BUY VINYL RECORDS

JOHN'S CAMERAS & RECORDS
540-320-4448
johnhasrecords@gmail.com



Roof Replacement & Repair

540-966-0688
PO Box 630
Daleville, VA 24083
www.southerntracellc.com

Contact us at
540-988-2420
jemcoincollections@gmail.com

LOOKING TO BUY USED CARS!




Price is Right
Auto Parts + Supplies


We sell used cars, bedliners, wheels, truck covers & boxes. Plus many other new & used parts - for every make of car!

Robert Cox 341 Walnut Avenue Vinton, VA 24179
Sonny Arrington 800-982-8778 Phone: (540) 982-8777


around here, Buyers & Sellers trust Dayna



540.342.9600
Dayna@PatrickTeamHomes.com



Patrick Team HOMES Farms & Unique Properties
RE/MAX All Stars - Daleville, VA




THE CLASSIFIEDS-
Where the Deals Are!

The best place to find it, sell it, buy it, and announce it.

CUSTER'S PLASTERING AND DRYWALL

- No job too large or small
- Repair work, new construction, etc.
- Quality Work At A Reasonable Price

Call 864-6498

LARRY DEW, REALTOR®
~ BUY OR SELL FOR YOU ~

+40 years Land Management, Farming, Forestry, U.S. Forest Service (retired)
Specializing in: Residential w/acreage Farms - Recreation Land

Mobile: 540.968-0544
433 E. Ridgeway St., Clifton Forge, Va

HIGHLANDS REALTY Email: dewsauction@aol.com

BUSINESS OPPORTUNITIES

Opportunity is knocking loud and clear.

ADVERTISE!

Place your ad here, call 540-389-9355




SHERRYE FLESHMAN REALTOR

CENTURY 21
Wampler Realty
64 Wendover Road
Daleville, Va 24083
Cell: 540-312-7792
Office: 540-992-2500
sfleshmansells@hotmail.com

Each office is independently owned and operated

SITUATIONS WANTED

Find a job in your special field, or find the help you need.



Rory "Tater" Benson, REALTOR®

540.353.7173 cell
540.989.4555 office
tbenson@mkbrealtors.com

MKB REALTORS

AUTOMOBILES FOR SALE

Get rid of the old rattletrap while it still runs

BROWN'S TREE & STUMP SERVICE
For Those Who Demand More
Morris Brown, Supervisor

Tree and Stump Removal
Hazardous Removal
Multiple Tree Discount
Proper Pruning and Trimming
Bucket Truck Service

(540) 521-8469
LICENSED, INSURED & BONDED
treemanbrown1995@gmail.com



HOMES FOR SALE

House-hunting couldn't be easier.

ADVERTISE!

Place your ad here, call 540-389-9355

389-9355

Golden Falcons from page 1



School Counselor Mandy Dallas honors the first adult recipient of the Golden Falcon Award to Mrs. Christina Rose as she flies out of the Falcon's nest and into the Wolverine's Den. She will be greatly missed at South Salem!



Rising sixth grader Blake Shelor won a new Razor scooter from the citizenship drawing.



Principal James gives a prize to rising second grader, Millie Yates.

Award winners. It's a fun and energizing way to start the week! During our CITIZENSHIP Celebration, thirteen 5th graders were recognized as Golden Falcons, students who demonstrate a history of good citizenship throughout their six years at South Salem. Congratulations goes to Eli Yates, Ava Brewer, Audrey Lee,

Luke Sorrells, Cayson Boles, Alexis James, Marilyn Ramirez-Vera, Aiden Hudson, Chelsea Kebe, Clara Richerson, Marley Parsons, Laken Hyler, and James Fukumoto. A special recognition was given in honor of Mrs. Rose, our Assistant principal, for her continued example of SOARing through her leadership.

We want to thank all of our local sponsors for helping us make this opportunity for students such a success! THIS is community and citizenship at its best! We had some new participants this year, and students were excited to receive a free karate lesson from American Freestyle and t-shirts from Spartan Silkscreen!

Mac and Bob's is so awesome, too, giving two students the opportunity to take his or her family out to dinner, and two other students received t-shirts! Chick Fil A, the Salem Ice Cream Parlor, and Lee Hi Lanes are businesses that also gave back to our community. Dunkin Donuts showed up on the last day of school, and we

awarded 20 free individually packaged donuts! The students loved it! THANK YOU, Salem, for making our students excited and motivated to follow the routines and expectations we teach and to do their best to SOAR. We could not have done it without these business partnerships.

COMMUNITY SERVICES DIRECTORY

You don't have to pay more for the best.... You just get more!



Scooter Darnall
353-8661
Remax Real Estate One



JAMES T. JORDAN, PLLC
ATTORNEY AT LAW

- REAL ESTATE
- WILLS
- ESTATE PLANNING
- TRUSTS
- POWERS OF ATTORNEY
- GUARDIANSHIPS
- CONSERVATORSHIPS
- ADVANCE MEDICAL DIRECTIVES

NEW LOCATION
25 East Main Street
Salem • 389-6735

BUSINESS OF THE WEEK




Robin Jewell
Senior Loan Officer / NMLS# 235597
540.309.5013
rjewell@embracehomeloans.com
www.embracehomeloans.com/robin-jewell
5044 Keagy Road, Suite H100
Roanoke, VA 24018

Embrace Home Loans, Inc. (NMLS ID#2184) is licensed in VA. (www.nmlsconsumeraccess.com)

Serving individual investors

- Stocks
- Mutual funds
- Bonds
- Government Securities
- Municipal bonds
- CDs
- Money-market funds
- IRAs

...and much more! Call or drop by today!


Member SIPC
Paul Curran, CFP®
Financial Advisor
23 W. Calhoun St.
Salem, VA 24153
389-2450



Financial strategies. One-on-one advice.




Joe Curran, AAMS®
Financial Advisor
11 E. Main St.
Salem, VA 24153
540-404-4331
www.edwardjones.com




Call Randy Thompson
540-230-1129
advertise@ourvalley.org
to reserve this space

HE KNOWS SALEM

HE GETS RESULTS
389-1100



George Barker






Robin Jewell
Senior Loan Officer / NMLS# 235597
540.309.5013
rjewell@embracehomeloans.com
www.embracehomeloans.com/robin-jewell
5044 Keagy Road, Suite H100
Roanoke, VA 24018

Embrace Home Loans, Inc. (NMLS ID#2184) is licensed in VA. (www.nmlsconsumeraccess.com)

Like Salem Times-Register on Facebook





716 West Main Street
Salem, Virginia 24153

Bus. (540) 387-0466
Cell (540) 397-2631
Fax (540) 389-0175
E-mail J5403@msn.com

J.C. Taylor
REALTOR®
Diamond Sales Award



Want to keep up with local news, sports and events?

SUBSCRIBE TODAY

Call (540) 389-9355

If you believe in your business and want to build it...

ADVERTISE!

To place your ad, call Randy Thompson at 540-230-1129

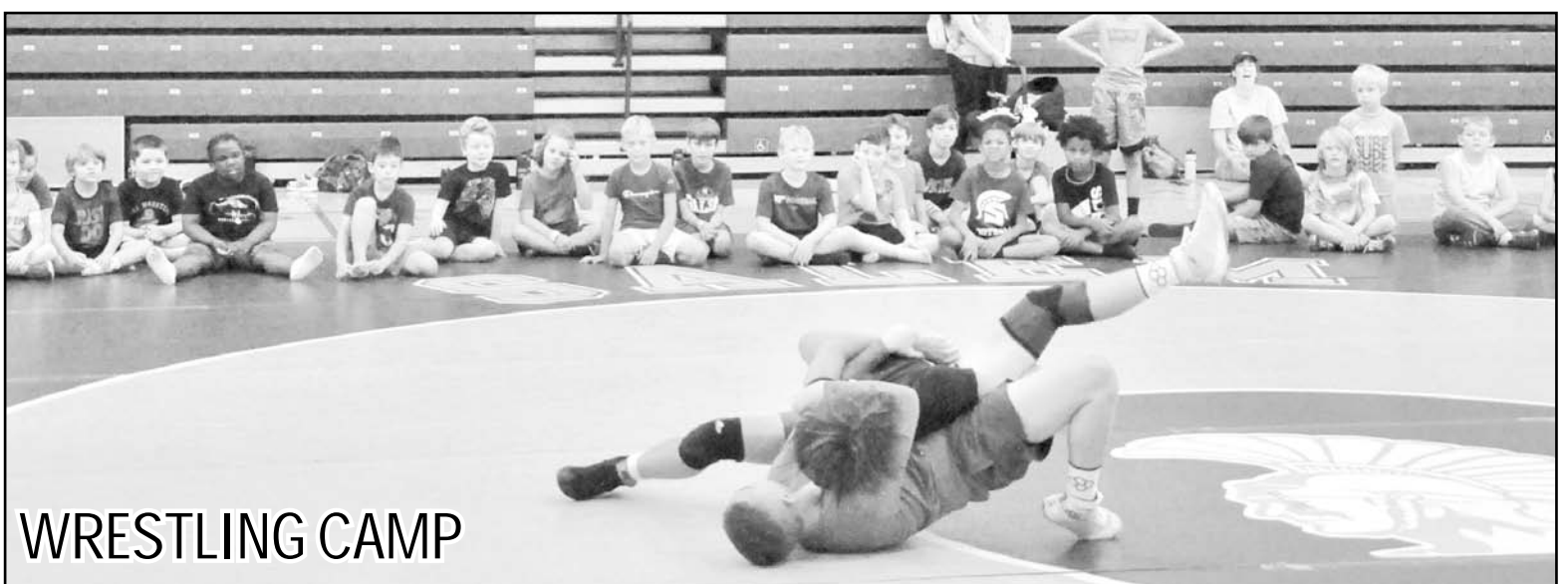
If you believe in your business and want to build it...

ADVERTISE!

call Randy Thompson at 540-230-1129
advertise@ourvalley.org



South Salem Elementary School was the site of the Salem Recreation Department Wrestling Camp last week, conducted by Spartan coach Lawrence Van Liew along with his staff and wrestlers. Above, a large group of future grapplers pose for a photo, and right the kids line the mat as they watch former Spartan, and current Roanoke College wrestler Walker Chambers battle current Spartan Ty Porter.



WRESTLING CAMP

PHOTOS BY BRIAN HOFFMAN

USA cycling championships in the Roanoke Valley this week

Visit Virginia's Blue Ridge, Botetourt County and the City of Roanoke are working with USA Cycling to bring their 2022 and 2023 USA Cycling Amateur Road National Championships to Virginia's Blue Ridge (VBR) this week. Several hundred athletes from all over the country will be competing for a chance to win national titles in the road race, individual time trial, and criterium from Wednesday, July 29, to Saturday, July 2nd.

groups from 11 to 22 years of age in three different races. On Wednesday, June 29, racing kicks off with the Individual Time Trial in Botetourt County on U.S. Route 11, basing operations at the Troutville Elementary School. Distances include, 6 miles, 14 miles, 17 miles and 19 miles.

letes will climb just under 9,000 feet throughout their races.

On Thursday, June 30 and Friday, July 1 the road races will begin at the Botetourt Sports Complex and traverse the county with age dependent challenging 23-mile and 7-mile courses. The top ath-

The four-day event concludes on Saturday, July 2 with a sprinters' race or criterium. The race will take place in Downtown Roanoke. Racers will tackle a unique, broad, five-corner course that will test all riders. The races will kick off at 8 a.m. and run until 7:15 p.m. With speeds approaching 30 mph on a technical course this event is like a Formula 1 car race on bicycles.



Action from the Dixie League AAA District 7 Tournament. Clockwise from left: Wilson Dick pitches for Salem; Cannon Cowling beats the throw to third as Glenvar's Brendan Miller attempts to make the tag; Lucas Burch of Glenvar fires home; Dylan Murphy unwinds for Glenvar; Salem's CJ Goens looks to make sure he's safe at home; Bryce Phillips makes a running catch in leftfield for Glenvar; and Landon Bell kicks up some dirt as he scores a run for Salem.

PHOTOS BY BRIAN HOFFMAN

DIXIE BASEBALL

continued from page 12

to Martinsville for the AAA Dixie state tournament while Franklin County heads to South Hill for the O-Zone state. Glenvar's coach-pitch all-stars will also play in a state tournament at South Hill, and all state tournaments are scheduled to begin on July 8.

RAYSA champions were decided at Darrell Shell Park last week and it was a South County sweep. South won the 10-U, South County Red went undefeated in the 13-U and South County defeated Franklin County to win the 17-U.

Salem and Glenvar had teams in the 10-U bracket. Salem beat Vinton in the opener but then lost the next two to North Roanoke and South County. Glenvar lost their first two to Vinton and South County.





GIRLS HOOP CAMP

Salem High girls' basketball coach Scott Jester, along with his staff and players, conducted a clinic for the local girls at West Salem Elementary School last week. Above the girls pose for a group shot, and right Scott talks to the girls during a break. PHOTOS BY BRIAN HOFFMAN



Above, Abby Bruna-Gaston swims the breast stroke for Stonegate in Monday night's meet against Read Mountain. Right, girls take off in the 100 Individual Medley race. PHOTOS BY BRIAN HOFFMAN



Gators swim past HH Hound Dogs

The Stonegate Swim team took on perennial Roanoke Valley Aquatic Association power Hunting Hills on Monday, June 20, and the Gators came away with a close win. Stonegate won by fewer than 100 points, 1,327.5 to 1,230.5.

Highlights for the Gators included Izzy Supanich, who swam to first gold in the 50 freestyle and first silver in the 50 butterfly for 7-8 girls. Brooklyn Shelton won first gold in both the 100 free and 50 fly among the 9-10 girls.

In the boys' 11-12 age group Mike Bateman took first gold in the 100 free. Davis Griffith swam to first gold in the 50 butterfly and second gold in the 100 freestyle among the 15-16 boys.

This week Salem played host to Read Mountain, but results were too late for publication. Next week's "Monday Night Meet" will actually be on Tuesday as Monday is the 4th of July. The Gators will be at Castle Rock while the Hidden Valley Country Club will host the Ashley Plantation team.

Sox begin 12 game road swing one game out of 1st place

The Salem Red Sox will be out of town for two weeks, but if you want to catch some ballgames you won't have far to go. The Sox are currently in the midst of a six game series with the Hillcats in Lynchburg.

Salem opened the series with Lynchburg on Tuesday. Games with the Hillcats will be held nightly with the first pitch scheduled at 6:30 pm through Saturday, with a 4 pm game Sunday.

The Red Sox headed to Lynchburg on Tuesday after splitting a six game series with the Fredericksburg Nationals at Salem Memorial Ballpark last week. The Sox won two of the first three games but lost games Friday and Sunday around an 8-3 win Saturday night.

Sunday's getaway game, the final game in Salem before the Fair took over the parking lot, was "Carillion Night" and a crowd of 5,706 turned out to see the Sox lose 7-6 on Carillion Clinic Field. Salem scored four runs in the first inning to take an early lead but the Nationals stormed back with single runs in the third and fourth, then three more in the top of the sixth to tie the game at 5-5.

Fredricksburg took their first lead of the night with two runs in the top of the eighth. Salem answered with one in the bottom of the inning on a Phillip Sikes solo homer, but the Nats were able to retire Salem on one hit and no runs in the bottom of the ninth to hold on for the win.

Sikes led Salem with three hits and eight total

bases with the eighth inning home run and two doubles, driving in four runs for the game. Brainer Bonaci and Yoberto Mejicano had two hits each.

The loss dropped the Sox to 36-33 on the season and they came into the week one game out of first place and tied with Down East for second. Lynchburg was in first place by a game, so this week could have a big impact on the North Division race.

Next week the Sox will be Charleston for six games, including a Monday night July 4th game. A Tuesday off day will follow, then five more against the Riverdogs, who are battling Myrtle Beach for first place in the South Division. Coming into this week the Pelicans led the South at 48-21 and Charleston was a game out at 47-22.



KANNAPOLIS VS. SALEM

JULY 12 7:05

SERIES OPENER - GATES OPEN 6:00 PM

JULY 13 1:05

GAME TWO - GATES OPEN 12:00 PM

JULY 14 7:05

BARK IN THE PARK & THIRSTY THURSDAY - GATES OPEN 6:00 PM

JULY 15 7:05

MARVEL VILLAIN NIGHT & FIREWORKS - GATES OPEN 6:00 PM

JULY 16 6:05

CHRISTMAS IN JULY - GATES OPEN 5:00 PM

JULY 17 5:05

KIDS RUN THE BASES - GATES OPEN 4:00 PM

Above left, Tyler Miller of the Salem Red Sox makes a diving catch in the outfield. Above, Marcelo Mayer attempts to break up a doubleplay at second base and looks back to first for the result. PHOTOS BY JOHN WACHER & BRIAN HOFFMAN

SPORTS

**Haley Has It For Less...
For Salem!**

Haley Toyota
 1530 Courtland Road NE,
 Roanoke, VA 24012 • 540.345.1666
 Haleyhasitforless.com
**Bring this coupon in for
 \$100 Off Your Best Deal!**
 Limit One Per Customer
 Expiration Date: JULY 31, 2022

Send story ideas & announcements to bhoffman@ourvalley.org, or PO Box 1125, Salem, Va, 24153 • ourvalley.org



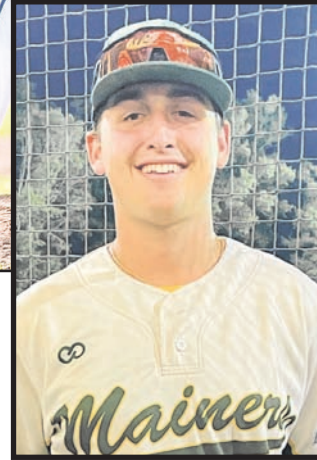
Salem's Eli Bowery has signed to pitch for Division I Presbyterian College.



Caleb Lingenfelter of Roanoke College is a Rochester Honker this summer.



Glenvar and Liberty's Ryan Butler is back on the mound with the Sanford Mariners.



Brian Hoffman

Busy summer for local hurlers

A few local baseball pitchers are making news this week, one heading to college and two who are already there. Salem's Eli Bowery is headed to Presbyterian College while Caleb Lingenfelter and Ryan Butler are pitching for summer teams.

Presbyterian is a Division I school in the Big South Conference. They won the Big South in 2021 and played Vanderbilt in the NCAA tournament in Nashville that season. This year's opponents included South Carolina, Duke, Georgia Tech, Georgia, Boston College, and Clemson.

Elton Pollock is the head coach at Presbyterian but Eli was recruited by assistant coach John O'Neil. He was recruited as a pitcher despite playing first base for much of his senior year at Salem before taking the mound late in the season.

It's been a tough road for Bowery at Salem High. He missed his freshman year due to a torn ACL and his sophomore season due to COVID. In his junior year he pitched and played first. This past year, he mainly played first base after struggling with some ankle issues.

Eli came up through the Salem system, playing rec. ball, then playing at Andrew Lewis Middle School. He was on the jayvee team as a freshman, then played on the varsity his junior and senior seasons after COVID wiped out his sophomore year.

Growing up Bowery played local travel ball with classmate Chris King and some Cave Spring bound players from age 10-14, but at 15 he stepped-up to a national out-of-town team, the Richmond Braves. He got to play multiple times in Florida and Atlanta and saw some really good players and learned what it would take to play at the college level. Last fall, he joined the Tri-State Arsenal.

Eli always planned to play baseball in college but after several potential landing spots didn't work out he applied and was accepted at Elon and figured to just be a student. That was the plan until Presbyterian

got in the mix. The "Blue Hose" had one pitching roster spot available and Eli traveled to Clinton, S.C. on Tuesday, June 21, and earned the 35th and last roster spot they had.

Lingenfelter, who pitched on Salem's state championship team in 2019 and got the win in the state semifinal, is a rising senior at Roanoke College. He recently completed a strong junior year with a 2-1 record that included a complete game victory. He had eight starts among 11 appearances and finished the season with 48 strikeouts in 54 innings and an earned run average of 2.83. He was second on the team in innings pitched, led the team in strikeouts and had the best ERA among Maroons with nine or more innings on the mound.

Caleb is pitching for the Rochester Honkers of the Northwoods League this summer, a wooden bat league. Rochester is located in Minnesota and most of the 19 teams in the league are in either Minnesota or Wisconsin. Caleb is staying with a family in the Rochester area.

Last Saturday Caleb picked up his first win as the Honkers defeated the Waterloo Bucks. He's been used mostly in relief, pitching 15 innings over six games with 19 strikeouts and four walks. He has an earned run average of 4.40 in an offense dominated league.

Butler enrolled at Liberty University after an outstanding career pitching for Glenvar, where he was a three-time all-district and all-region pitcher before graduating in 2021. Ryan was on pace to challenge Jason Anderson's GHS career wins record before missing his junior season due to COVID. That followed a sophomore season where he was named the Three Rivers District Pitcher of the Year.

Ryan took a redshirt year during the 2022 season at Liberty while battling an injury, but he recently returned to the mound with the summer league Sanford Mariners. The Mariners are members of the New England Collegiate League and located in Sanford, Maine.

Thus far Ryan has pitched in five games with one start. He's fanned 11 in a dozen innings with an earned run average of 3.00 and a WHIP of 0.83, which is excellent. To figure WHIP you add hits allowed(6) and walks(4) and divide by innings pitched(12), and anything under 1.00 is considered to be very good.

Ryan has a record of 0-1 but in his loss he allowed just two runs, both of which were unearned. He's planning on returning to Liberty and contributing to a Flames team that was 37-23 and competed in the NCAA Division I regional in Gainesville, Florida the first week of June.

RC BASEBALL PLAYERS HONORED

The Virginia Sports Information Directors (VaSID) announced their All-State Baseball teams on Tuesday afternoon and Roanoke College second baseman Conner Butler was named to the 2nd team.

The junior earned the nod after a season that saw the Chesapeake native post a .373 average with 44 runs scored, nine doubles, a triple, five home runs, and 31 RBI. Earlier in the spring, Butler was named All ODAC 2nd team and the All State honor was the first of his career.

Also, the American Baseball coaches Association (ABCA) recently announced their ABCA/Rawlings NCAA DIII All Region teams and Roanoke College first baseman Owen Lawn was named to the 3rd team for Region 6.

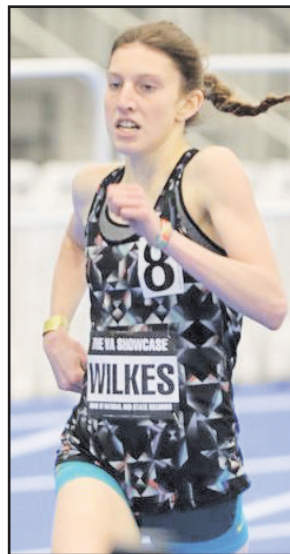
In his first season in Salem, Lawn was an All Old Dominion Athletic Conference (ODAC) selection at first base. The Wyndmoor (Pa.) native finished the season with a .342 batting average, including a .376 mark in conference play. Lawn finished in the top 20 in the conference statistical rankings with 41 runs scored, 55 hits, 36 Runs Batted In (RBI) while delivering 10 doubles.

WILKES KEEPS ON WINNING

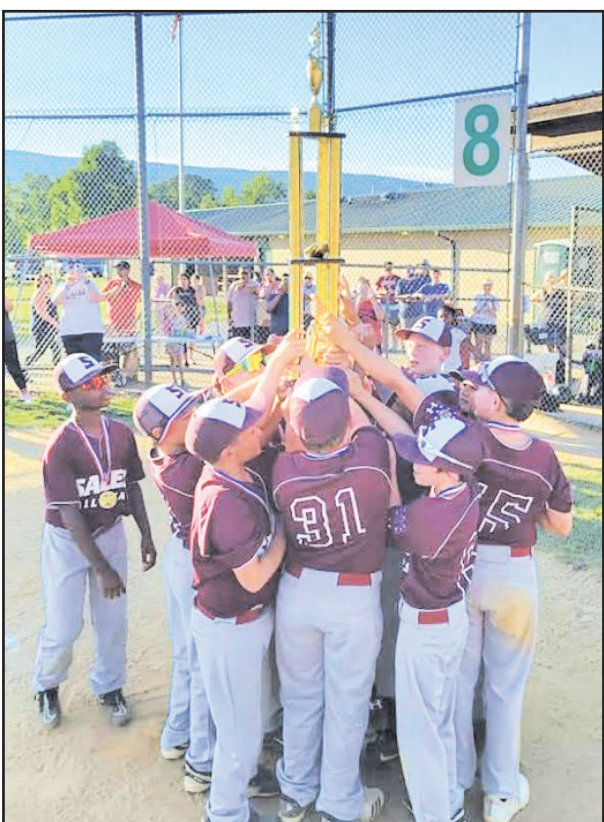
Furman University bound Carly Wilkes, a much decorated 2022 Glenvar High graduate, won the 5,000 meters at the New Balance Nationals outdoor track and field championships in Philadelphia on June 16.

The meet was held at historic Franklin Field on the campus of the University of Pennsylvania. Franklin Field is the site of the annual Penn Relays and was the home of the Philadelphia Eagles NFL team through the late '60s.

Carly won the 5,000 meters with a time of 16:48.1, winning by more than nine seconds over



the second place finisher, Jolena Quarzo of Brownsville, PA.



The Salem AAA All-Stars hold up the District 7 trophy after defeating Glenvar in the championship game Monday.

Salem All-Stars win District 7 baseball

In youth ballgames in the past week the Salem AAA All-Stars won the District 7 baseball championship while the Roanoke Area Youth Softball Association (RAYSA) championships wrapped up at Darrell Shell Park.

Green Hill Park in west Roanoke County, and the Glenvar Youth Boosters, hosted the District 7 minor and major baseball play-offs from Friday through Monday. Franklin County won the O-Zone championship, North Roanoke won the Division 2 AAA, or Minor, championship and Salem won the Division 1 AAA championship. O-Zone teams are for 11-12 year olds and AAA teams are for 10 and under.

The Division 1 AAA tournament included Salem, Glenvar and Craig County in a double elimination format. Salem slaughter ruled Craig County on Friday night and Glenvar eliminated Craig with a win Saturday. On Sunday Salem defeated Glenvar, 15-5.

On Monday Glenvar needed to beat Salem to stay alive and force a third game, and the Glenvar team got off to a good start with a 1-0 lead after one inning. However, the Salem bats heated up and the Salem All-Stars won going away, 11-1.

Next up are state tournaments. Salem and North Roanoke will head



Daisy Robinson pitches for the Salem U-10 All-Stars in the RAYSA softball tournament at Darrell Shell Park last week.

PHOTO BY BRIAN HOFFMAN

continued on page 10