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James Garst Named 2022 Outstanding Middle School Principal of Virginia

~Andrew Lewis Middle Principal Garst was chosen as the state's Outstanding Middle School Principal of Year~

Meg Hibbert
Contributing writer

Although he's the one selected as Virginia's Outstanding Middle School Principal of the Year, Jamie Garst believes the award is "more reflective of the wonderful people of Salem."

The principal of Andrew Lewis Middle School was chosen by the Virginia Association of Secondary School Principals, and announced in late May. He beat out 131 other principals for the honor.

Garst has also been nominated for National Outstanding Principal of the Year that will be announced in Washington, D.C., later this summer.

In a phone interview Tuesday, Garst said "I feel humble and grateful for the opportunities I have been given in life."

Salem School Superinten-

dent Curtis Hicks praised Garst, saying "You would be hard pressed to find anyone who invested more in Salem's school children than Jamie Garst."

Hicks continued, "He has earned the respect and the admiration of his colleagues and students with his selfless style of leadership, and it has been a pleasure to watch his development from a young chemistry teacher to a seasoned administrator. The division is very proud that he has been recognized in this manner."

Garst is a 1999 Salem High School graduate who came back to teach chemistry and International Baccalaureate Biology at SHS after earning a Virginia Tech undergraduate degree in biochemistry, and a master's in the same subject.

Garst began his teaching career at SHS in 2008. After earning master's degrees in

curriculum and instruction and a master's in educational leadership from Radford, he moved over to Andrew Lewis as assistant principal in 2013.

He and his wife of 15 years, Sarah, have three young boys: Jackson, 10; Parker, 8, and Finn, 4.

According to a release from the VASSP, the organization's mission is to support school principals and assistant principals in providing leadership to their schools and communities for the purpose of improving the education of Virginia's youth.

The VASSP vision is to be the Commonwealth's foremost authority on school leadership for Virginia's youth.

VASSP provides:

- leadership in the areas of training and development for school principals and assistant principals and other school personnel that can contribute

to the mission of VASSP;

- leadership in being a legal advocate for school principals and assistant principals;

- leadership in representing the interests of school principals and assistant principals before the Virginia Board of Education, the General Assembly of Virginia, the executive branch of government, and the media;

- leadership training for Virginia's youth Student Leaders VASSP also promotes the intellectual growth, academic achievement, character and leadership development, and physical well-being of youth.

The organization administers the Virginia Student Councils Association - the nation's oldest state student council organization and the only Pre-k through 12th grade state council in the nation.

In addition, VASSP pro-



SUBMITTED PHOTO

motes the National Honor Society and National Junior Honor Society in secondary schools throughout Virginia. NHS/NJHS serves to honor students who have demonstrated excellence in areas of scholarship, leadership, service and character.

Cybersecurity event held at Civic Center

By Chamberlain Zulauf, Student Reporter

On Friday, June 3, the 3rd Responsive Technology Partners, specializing in IT services, held a summit at the Salem Civic Center with a variety of speakers within the world of cybersecurity. The event was the second in a series of six across RTP's locations, which range from here in Virginia down to Florida. The purpose of the event was to educate business owners and leaders in the multifaceted world of cyber security.

"What we're looking to do is educate about cyber security from different relatable angles. The speakers we have cover a broad spectrum within cyber security, ranging from business organization to policymaking. We have one speaker from novaSOC doing a deep dive on the anatomy of a cyber-attack. That's one which would be a little 'geeky,' with a lot of jargon, but there is something for anyone to learn here," said Tom Glover, the chief revenue officer and event organizer for RTP.

Truly, the event was accessible to anyone interested or concerned in the topic.

"I know very little about cyber security so being here I learned a lot about those risks, and for the most part I've been able to follow along." Said Lilly Blair, an intern with Dominion Risk Advisors, one of the hosted companies.

The day started with a luncheon where people in different fields of business and security could mingle, exchange stories and make connections. The event, which lasted from 10:30 to 4:30, was also live streamed.

Kevin Adler, an attorney and speaker for Woods Rogers, had horror stories to tell. "I've worked with companies where management is meeting with IT for the first time only after an incident has occurred," Adler said. "In one instance, a company I worked with had paid for a backup solution, but no one had ever plugged it in."



PHOTO BY CHAMBERLAIN ZULAUF

Responsive Technology Partners CFO and event organizer Tom Glover

Responsive Technology Partner's best customers are the ones who are skeptical about everything. Glover expressed that he loves when RTP is forwarded suspicious emails by clients. This means his company is getting people to think with an appropriate mindset for this day and age.

"A main theme all our speakers have is preparedness. One of the big fallacies I hear is 'we're too small, we're not a target.' Even if your small business might not be a target, one of your vendors or customers could be. Cyber phishers don't look for data that's valuable to them, they look for data which is valuable to you. In this series of lectures, we hope to show the steps needed to secure your data and what to do next in the event of a breach," said Glover.

"This is part of the fundamental challenge," said Matt Lee, a self-proclaimed hacker, who was speaking for novaSOC.

"There's so much focus on 'protect' but there's more to it than that. The framework of any major security firm is something like identify, protect, detect, respond, and

then even recover. Cyber security isn't 'hey, buy this product and you'll be safe.' That's not how cyber security works; you can't play football just because you bought pads. Seeing how your company can respond is more critical than even the actual incident," said Lee.

The idea of communication and organization within a business and its employees at all levels is what this event preached. As expressed by the speakers, it's a problem of ignorance and even negligence in some cases. Business owners don't need to know how to code, they just need a relationship with their IT department.

Editor's Note: As part of a new partnership between the Salem Times-Register and the Roanoke College Bracketry-Ack, several student journalists will be reporting for our paper throughout the summer. Chamberlain Zulauf will be a December graduate from Roanoke College, staying a bit longer to run cross country one last time. With a double major in Creative Writing and Business he hopes to be writing wherever he goes.



SUBMITTED PHOTO

Wallace Gusler making a Kentucky Rifle.

Salem Museum Speaker Series: The Long Rifle in Virginia

Submitted by the Salem Museum and Historical Society

In the 18th century, the long rifle played an important role in shaping Virginia's history. Gunmakers brought their own distinctive personalities to the process of rifle making. Essential for survival on the Virginia frontier, this celebrated rifle became a surprise factor in winning American independence.

On Thursday, June 9 at 7 p.m., join renowned expert and Salem native Wallace B. Gusler for an in depth look at the impact of the long rifle on the development of colonial Virginia. Now retired, Gusler previously worked at Colonial Williamsburg as its first Master Gunsmith, and later as the Curator of Furniture and Arms and the Director of Conservation. With his many years of experience, he is a scholar highly regarded for his in-depth knowledge of 18th-century firearms.

This Salem Museum Speaker Series talk will be

presented on Zoom. The Zoom link will be posted on the Salem Museum's website, salemmuseum.org, on the morning of the talk.

An in-demand speaker and exhibit consultant, Gusler served as the guest curator of The Long Rifle in Virginia exhibit at the William King Museum of Art in Abingdon. On display through Oct. 31, the exhibit details the art and artistry of the 18th and 19th century long rifle gunmakers throughout the Virginia backcountry. This story of the Virginia frontier is also highlighted at the six regional museums which form the Virginia Settlement Trail, which follows the path of the Great Wagon Road. Learn more at the Wilderness Road State Park, Ewing; Natural Tunnel State Park, Duffield; William King Museum of Art, Abingdon; O. Winston Link & History Museum of Western Virginia, Roanoke; Frontier Culture Museum, Staunton; and the Museum of the Shenandoah Valley, Winchester.

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VDH VIRGINIA DEPARTMENT OF HEALTH

City Council Elections: What you need to know

~ Two Council seats are up for grabs alongside the 2022 House of Representatives midterm elections ~



PHOTOS COURTESY OF CITY OF SALEM
Councilman Randy Foley



Councilman John Saunders



City Council challenger Hunter Holliday

Alexander Shedd
 alexander.shedd@ourvalley.org

Editor's Note: As of the implementation of the new 2020 Congressional map in Dec. 2021, the City of Salem and a large portion of Roanoke County are now included in the VA-6 Congressional District under Rep. Ben Cline rather than VA-9 as stated in the original article. This article has been corrected to also reflect information regarding the VA-6 election.

Virginia is one of two states that holds an election every year. 2022 is a midterm election year nationally; in Salem, constituents this year will vote on their next federal representative for the VA-6 (Rep. Ben Cline, City of Salem) and VA-9 (Rep. Morgan Griffith, parts of Roanoke County)

Congressional Districts as well as City Council. The primary election for the House of Representatives will take place on June 21, 2022, while the general election for both the House and Salem City Council will take place on Nov. 8, 2022. As per a recent Council decision, the local general elections are held in November this year rather than the previous May date.

Out of the three Council seats (not including mayor and vice mayor), there are two up for grabs this year: that of Councilman Randy Foley and that of Councilman John Saunders, both of whom are running for reelection. Also running for an open seat is Hunter Holliday, president of Veteran Events Management, Inc., and a member of the Salem Republican Committee. He is running as a Republican, while Councilmen Foley and Saunders are not tied to a particular party identity. Currently collecting signatures for eligibility as of presstime, also hoping to run for a seat is longtime former Roanoke County official Anne Marie Green, the current president of Roanoke nonprofit Council of Community Services.

Councilman Randy Foley was first elected to City Council in 2006 and served as the mayor of Salem from 2008 to 2020. A Salem native and Air Force veteran, Foley serves on the following Boards and Committees: Board of Directors of the Roanoke Regional Partnership, Roanoke Valley Broadband Advisory Committee and the Western Virginia Regional Jail Authority (Alternate). Foley is a member of Salem's First United Methodist Church and the Rotary Club of Salem.

Councilman John Saunders was first elected

to City Council in 2018. Also a Salem native as well as Roanoke College alumnus, Saunders began working at the Salem Civic Center when he was 12 years old, leading to a career as the Center's assistant director from 1983-2016. Saunders, who also served as the city's director of civic facilities for 20 months before retiring in February of 2016, is a founding member of the Salem-Roanoke Baseball Hall of Fame, a former member of the Glenvar Rotary Club and a member of a number of national organizations, including the Country Music Association.

Hunter Holliday is a Salem native and 36 year-veteran of the U.S. Army, Army Reserve and National Guard. He is a Life Member of the Veterans of Foreign Wars, Association of the United States Army, Salem Republican Committee and Salem Moose Lodge. He is running on a Republican platform of protection of First and Second amendment rights and private sector economic and infrastructure development.

Anne Marie Green is the current president of Roanoke nonprofit Community Services. Prior to her current position, she served as a Roanoke County official for nearly 30 years.

For the VA-6 Congressional District, the current incumbent is Republican Rep. Ben Cline, who first took office in 2018 and won reelection in 2020. He is running against fellow Republican Merritt Hale and Democratic challenger Jennifer Lewis.

Ben Cline is a former lawyer and former state representative of the 24th House of Delegates district. He is originally from Oklahoma but grew up in Rockbridge Co.,

Va. More information can be found on his website, cline.house.gov.

Merritt Hale is a Navy veteran running for office for the first time. He will challenge Rep. Cline in the June 21 primary election. More information can be found on his website, merrithaleforcongress.com.

Jennifer Lewis is a mental health worker and community organizer running for office for the first time. She lives in Waynesboro with her husband. More information can be found on her website, friendsofjenniferlewis.com.

For the VA-9 Congressional District, the current incumbent representative is Republican H. Morgan Griffith. Griffith first assumed this office in 2011 and is running for reelection. Running against him is Democrat Taysha DeVaughan, the first woman to earn a nomination in a VA-9 election, as well as the first enrolled member of an indigenous nation, the Comanche, to seek office in Virginia.

H. Morgan Griffith is a Salem native and a member of the far right-leaning Freedom Caucus in Congress. Prior to his current position, he was the majority leader in the House of Representatives as the VA-8 representative from 1994-2011 following a career as a lawyer.

Taysha DeVaughan is a resident of Big Stone Gap. She is currently a gubernatorial appointee to the Virginia Council of Environmental Justice, for which she serves as chair. Her run for office follows a career in community organizing nonprofits such as the Appalachian Community Fund, Southern Appalachia Mountain Stewards and Lonesome Pine Mutual Aid.

Back to School

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VDH VIRGINIA DEPARTMENT OF HEALTH

vdh.virginia.gov/backtoschool/

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June concert lineup at Dr Pepper Park

Submitted by Dr Pepper Park

The Dr Pepper Park lineup for June is overflowing with major talent and exciting shows. One of the venue's biggest months in history is on the way! June will feature shows with a dynamic array of sounds and genres. From rock legend Tom Keifer to country phenomenon Kip Moore, June has a show for everyone in Roanoke. A current schedule is listed below. President of Dr Pepper Park, Waynette Anderson, stated "We've got a show for almost all your weekends, bring out your family and friends for a great time!"

JUNE

June 10th - Prince tribute: Dean Ford & the Beautiful Ones

June 11th - CINDERELLA'S TOM

KEIFER BAND, Faster Pussycat, L.A. Guns - Triple header show starts at 5:30PM

June 17th - Outlaws
 June 18th - Andy Grammer
 June 24th - Queen tribute: Absolute Queen
 June 25th - Kip Moore

The 2022 season at Dr Pepper Park is going to have the best music and fun in Roanoke this year. The park also boasts brand new additions such as the National Pools VIP Skybox, the Buffalo Hemp Company's Smoke Zone and local onsite vendors like Sweets by Shaneice, Sun & Spruce Soaps and restaurants like Clutch Smoked Meats, Tuco's Taqueria and Beamer's 25.

Salem native Bertie Conner turning 102

-All are invited to the celebration of Bertie Conner's 102nd birthday!-



Bertie Conner
-102 Birthday Celebration
 Friday, June 10, 2022
 Richfield Patio
 Time: 3:00pm

Parking:
 Turn on Garman Rd
 Parking area on right
 Follow sidewalk to patio area
 or
 Turn on Alleghany Dr.
 Park at Health Center
 Enter front door and sign in
 Patio area on left right passed reception desk

Mailing Address
 Richfield Living
 Bertie Conner-Honeysuckle 121
 3719 Knollridge Rd
 Salem, VA 24153

SUBMITTED PHOTOS



New Director of Admissions and Marketing at Friendship Assisted Living, Alex Parker

Friendship Assisted Living Community welcomes Alex Parker as new Director of Admissions and Marketing

Submitted by Friendship Retirement Community

Friendship Retirement Community, a local leader in senior living and rehabilitation, announces the hire of Alex Parker to director of marketing and admissions of Friendship Assisted Living (FAL).

"We are very excited to have Alex join our team," said Susan O'Malley, administrator of FAL. "His personality and relationship skills will be very appreciated."

Alex comes to Friendship after serving for nearly a decade as a full time minister. He graduated from Liberty University with a degree in business administration with a minor in marketing as well as a Master's Degree in theology.

"It is a dream opportunity for me to be at Friendship. I have had multiple family, friends and church congregates come through Friendship in either the independent living, rehab, or assisted living throughout the years," said Parker. "I can attest, with firsthand experience, to their excellence of care. It is rare to be a part of a culture of caring in an organization

and I look forward to assist families, in what can be a difficult transition, and make it a positive season of life."

All Friendship locations are currently accepting new move-ins.

Friendship and Salem Terrace are also seeking caring and qualified individuals to join their teams. Interested candidates should apply online at friendship.us/careers.

To learn more about Friendship, individuals are encouraged to visit the company's website, friendship.us, or call 540-265-2100.

Friendship offers diverse senior living accommodations, award-winning care, new and innovative services as well as specialized rehab and therapy, to over 900 residents and patients. The community opened its first building in 1966 and has grown to offer the full continuum of healthcare, including an adult day care center, home care services, physician clinic, on-site pharmacy, and Club Friendship, a full-service restaurant and bar. Visit friendship.us for more information.

TAP Seeking Nominations for 2022 Cabell Brand Hope Award

Submitted by Total Action for Progress

Total Action for Progress (TAP) is now accepting nominations for this year's recipient of the Cabell Brand Hope Award. Nominees must:

- Have an extended interest in anti-poverty efforts,

(education), or the environment;

- Volunteer in their community and show a long-term dedication over time;
- Exemplify one or more of the following characteristics: grassroots community changer, risk taker, champion for the cause, persistent,

relentless, challenger of the status quo, change leader;

- Reside in: Alleghany County, Bath County, Botetourt County, Craig County, Roanoke City, Roanoke County, Rockbridge County, Buena Vista, Covington, Lexington, Vinton, Salem, or another southwest

Virginia community.

This award is presented in honor of TAP's founder, who was a tireless advocate for a wide spectrum of issues. Mr. Brand generously gave his time and efforts to enhance the quality of life for individuals, families, and communities. We are proud to honor his legacy by giving the Cabell Brand Hope Award to a community member who embodies the spirit of its namesake.

To submit a nomination, visit <https://tapintothehope.org/hopeaward/> and fill out the form by August 5, 2022.

THE CABELL BRAND HOPE AWARD

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Preview - Friday June 3rd @ 4 PM

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OPINION

Sacred Songs

{ Frances Stebbins has been writing about western Virginia, especially communities of faith, since 1953. She lives in Salem. }

These days in my tenth decade I often find myself mentally singing a hymn as I get about my daily routines. That's not surprising, for hymns are part of my earliest childhood memories.

I learned them from Sunday School at St. Thomas Episcopal Church in Orange, Virginia, but mostly they were sung to me by my mother who had no musical training but enough of "an ear" for me to appreciate her efforts. She told me her father, Daniel Lichliter, had been the bass soloist in his church choir in Woodstock, Virginia.

The hymns she sang were old Presbyterian ones such as "Rock of Ages," "I Think When I Hear the Sweet Story of Old" and "Praise God from Whom All Blessings Flow." There were also, of course, those especially for children, such as "Jesus Loves

Me." Soon I could sing all the verses of "Golden Harps Are Sounding," "From Greenland's Icy Mountains," "Abide With Me" and "Onward, Christian Soldiers."

I had no childhood musical training either, but music, along with the sermon, is the most important component of my regular Sunday church attendance.

My reflections on sacred music came about from reading an article in The Anglican Journal found online. It seems the Anglican Church of Canada has just published a new supplement hymnal, "Sing A New Creation."

The article includes the information that the new publication contains "songs of lament." That came about, the author said, as a result of the tragedy of the 9/11 attack when, it was noted, many people came to church at least temporarily. They did not feel like singing the usual songs of praise yet had a sense of a need

Frances Stebbins
Correspondent

for God.

A music professor, who was quoted in the article, observed that "Lament is the shadow side of praise."

Since 2001, as in any period of history, there have been many tragedies. With the world now into its third year of a respiratory illness which has killed millions and the prospect of a spreading European war, there is ample reason to lament.

The supplement to the Canadian hymnal is distinctive in that it not only contains hymns of lament but it also was put together by volunteer sacred music composers, professors and church choir leaders. In the past, the article points out, new hymnals were issued about every 25 years.

This also was true for many American denominations. In

the 1970s my files show that I wrote of the updating of hymnals which, some church leaders said, was long overdue. It was controversial at the time, for favorites such as "Onward, Christian Soldiers" were considered unsuitable by some during the Vietnam conflict protest period.

At home today I own several hymnals including one issued by the Methodist Church in the 1960s. It contains a wealth of familiar melodies, many by Charles Wesley, a brother of John Wesley, the English clergyman credited as founder of what is now the United Methodist Church in America.

There is also an updated "Hymnal 1982" put out by the Episcopal Church and the one used in my Salem parish today. It's a much updated volume from the little dark blue book we used in my childhood. That one had no musical notation, just words. Perhaps only the choir—and we had a good one at St. Thomas—was supposed to sing.

The need for updating hymnals over the past half century has become evident as churches

have sought to be more inclusive of people of color and from some other religious traditions. "Lift Every Voice and Sing," which was celebrated at the festive annual meeting the Episcopal Diocese of Southwestern Virginia used to hold each January in Blacksburg or Roanoke, came out at the turn of the 21st Century. It's described as an African-American Hymnal; we delegates enjoyed trying out some new sacred songs.

Other songs were associated about 40 years ago with the Cursillo Movement which attracted some Roman Catholic and Episcopal adherents. Later the four-day program was adapted in other groups.

These "spiritual songs" such as "This Is the Day... Which the Lord has Made" were an important factor in the enthusiasm many who participated in the intensive singing and talks for spiritual growth felt on returning from an event.

No one speaks of Cursillo weekends today, but most congregations of believers have a choral group, and some of us, whatever our age, sing along.

The Training Program

By Chamberlain Zulauf, Student Reporter

This past Thursday a training partner, Josh, and I had a moment. The two of us were running down Blair Street parallel to the Salem Golf Course yelling and high fiving in stride

through 85-degree humidity. What could have two runners so full of energy on that hot a day?

We were celebrating because we had just run the first of some 800 miles assigned in our summer training program.

Let me back up two weeks. Josh and I are in Atlanta extending our track careers into post-season and we're beat up. Even then we were excited to have our races over and done with so we could be on to summer training, even more so for an impending Cross-Country season this fall. Not to mention after the race in ATL we'd get a savory two weeks off from running to recover. Personally, since this time last year I've had a total of six weeks off from running. There are parts of the season where I have Sundays off too.

Running is a lifestyle for me, something I plan my energy and day around. It's something I've been deeply

dedicated to for almost a decade, but it would be hard to put into words exactly what keeps me going the distance, especially through grueling summer miles. What is easy to describe is that when I'm not running, I would rather be. Something I could put into words is my belief that to achieve any sort of goal in life a fluency in your craft is key to getting there. Running isn't something that I do, it's something I coincide with. Anyone who is passionate about something knows the interwovenness they feel with it. Getting back into running this past Thursday it felt like Josh and I had our roommate back.

For anyone who does anything as part of their

daily routine it can feel weird to take a step back—even for a short time. For runners, time off can be a major mood changer. We go through emotions like restlessness and boredom, there are also physical effects like joint tweaks and even trouble sleeping, in my own experience.

So, dutifully taking it slow on our first day back, Josh and I celebrated at one mile. Our legs felt rusty, we were already thirsty and summer training is made of mileage, mileage, mileage so could we really be excited and not full of dread? Our answer would be instinctual and sincere. Yes!

We celebrated more than simply our return to training. We celebrat-

ed the road ahead which is paved through effort and through determination. It felt natural to be back sweating under the sun. In other words, the two of us were saluting mile one as we looked forward to the 799 we still have to go.

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Salem VA renames women's clinic in honor of Master Sgt. Silverine James

Submitted by the Salem VA Healthcare System

On Monday, June 6 at 10 a.m. the Salem VA Healthcare System renamed the Women's Health Clinic at the Salem VA Medical Center, in honor of local Veteran Master Sgt. (MSG) Silverine Vinyard James.

As part of the short ceremony, Dr. Miguel LaPuz, assistant undersecretary for health for

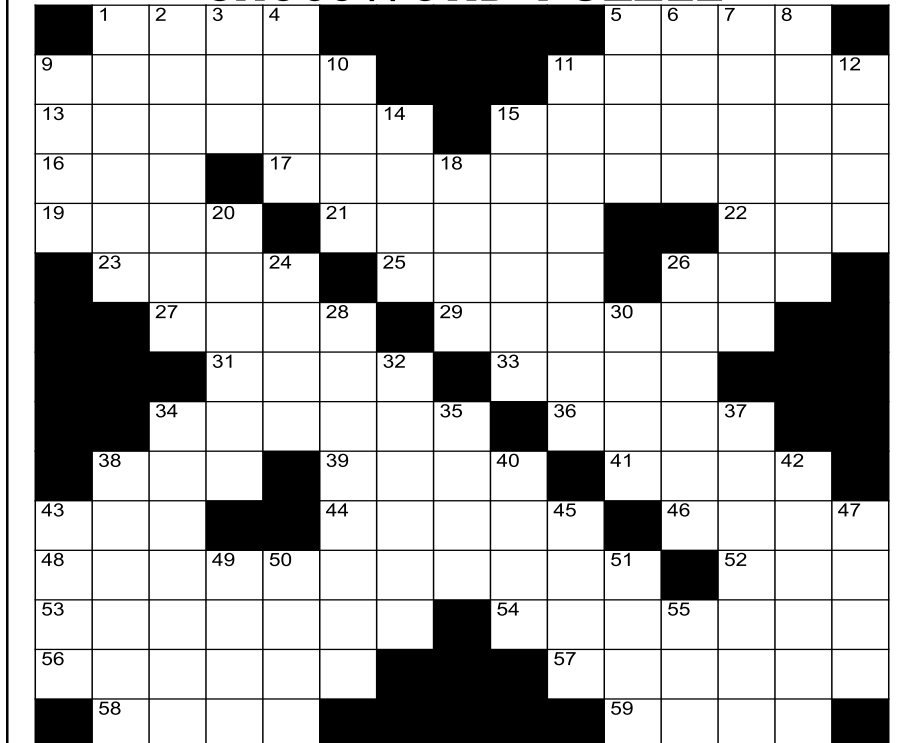
Integrated Veteran Care, Veterans Health Administration, and previous director of the Salem VAMC, provided a keynote address along with remarks from Ben Cline, US Representative for Virginia's 6th District, and MSG James.

James retired from the US Army after serving more than 22 years and attaining the rank of Master Sergeant (E-8). She was born in Vinton, Virginia in 1929 and attended a four-room schoolhouse

through 7th grade before attending Washington Carver High School and graduating third in her class in 1948. In 1949 she joined the Army, attending boot camp as a part of a segregated all-female company.

James' military career included assignments in Japan, Virginia, New York, and Germany. Following her retirement, she worked for a short time at the Salem VAMC and has been a patient of the facility for more than four decades.

CROSSWORD PUZZLE



- CLUES ACROSS**
- 1. Slovenian mountain
 - 5. Growl
 - 9. Where things stand
 - 11. Made a sharp sound
 - 13. Female spirit in Irish folklore
 - 15. Deteriorate with age
 - 16. A way to save for retirement
 - 17. The Big Apple
 - 19. Intestinal pouches
 - 21. City in New Hampshire
 - 22. Giving a bad impression
 - 23. Samsung laptops
 - 25. Without (French)
 - 26. Scientist's tool (abbr.)
 - 27. System of one more computers
 - 29. Captures
 - 31. Authentic
 - 33. Female mammal's nipple
 - 34. Pandemonium
 - 36. Satisfy
 - 38. Arrived extinct
 - 39. Shipborne radar (abbr.)
 - 41. Network of nerves
 - 43. Monetary unit
 - 44. Showed old TV show
 - 46. They help you hear
 - 48. One who eliminates
 - 52. Congress' investigative arm
 - 53. Parties
 - 54. Most supernatural
 - 56. Takes illegally
 - 57. Breathes while asleep
 - 58. Sea eagles
 - 59. German surname
- CLUES DOWN**
- 1. Looks at for a long time
 - 2. Solution for diseases
 - 3. Belonging to a thing
 - 4. Former Packers fullback
 - 5. Contemptible person
 - 6. One billionth of a second (abbr.)
 - 7. Helps
 - 8. Final section of the large intestine
 - 9. Invests in little enterprises
 - 10. Look for
 - 11. Unbeliefs
 - 12. Susan and Tom are two
 - 14. Female sheep
 - 15. A poet writes it
 - 18. Affirmatives
 - 20. "Full House" actress Barber
 - 24. Traveled rapidly
 - 26. Long upholstered seat
 - 28. Set wages
 - 30. Peter Gabriel song
 - 32. Sides of a jacket
 - 34. More beautiful
 - 35. Actress Kate
 - 37. Furniture with open shelves
 - 38. Indicate
 - 40. The cost of a room
 - 42. Gets rid of something
 - 43. Impudence
 - 45. No No No
 - 47. Drunkards
 - 49. Middle eastern country
 - 50. High energy lasers (abbr.)
 - 51. Primary component of ribosomes
 - 55. An informal debt instrument

POLICE REPORT

Weekly Arrest Report
Week of May 31, 2022 – June 06, 2022

Arrested On	Name	Age	Charges
05/31/2022	Mark F. Bobbitt	51	Identity Theft
06/01/2022	DeAndrio M. Sanders	26	Domestic Assault & Battery
06/02/2022	Bradley M. Smith	23	Possession of Controlled Substance
06/02/2022	Anthony D. Muse	35	Public Intoxication
06/02/2022	Brandon M. Mitchell	30	Public Intoxication
06/03/2022	Terrence J. Dixon	33	Failure to Appear
06/03/2022	Timothy J. Wilson	48	DUI
06/03/2022	Steven A. Walrond	39	Indecent Liberties with Child
06/04/2022	Laura A. Barton	35	Assault & Battery, DUI
06/05/2022	Tina D. Mountcastle	54	Domestic Assault & Battery
06/05/2022	Mark W. Graham	53	Public Intoxication
06/05/2022	Timothy D. McKenzie	31	Stalking
06/06/2022	Kellee R. Blackmon	27	Criminal Trespass
06/06/2022	Christina L. Skeen	35	Criminal Trespass
06/06/2022	John D. Hoosier	45	Violation of Probation

EPA PUBLIC NOTICE

EPA REVIEWS CLEANUP

DIXIE CAVERNS COUNTY LANDFILL SUPERFUND SITE

The U.S. Environmental Protection Agency (EPA) is reviewing the cleanup that was conducted at the Dixie Caverns County Landfill Superfund Site located in Roanoke County, Virginia. EPA conducts Five-Year Reviews to ensure that cleanups continue to protect public health and the environment. EPA conducted the previous Five-Year Review in 2017 and concluded that the remedy was working as designed and was protective in the short-term. EPA will make the findings from this Five-Year Review available in September 2022.

To access site information, including the Five-Year Review, visit: www.epa.gov/superfund/dixiecaverns

For questions or to provide site-related information for the review, contact: Katie Page, EPA Community Involvement Coordinator
215-814-2409 or page.katherine@epa.gov

OBITUARIES

Higgs, Thomas Eldridge

Thomas Eldridge Higgs, to his friends Tommy, 72, from Salem, Virginia, passed away May 7, 2020, from a broken heart. This wasn't a medical diagnosis but for everyone who knew him, he took the loss of his beloved June's death harder than any of his medical conditions could ever dish out. He was born in Roanoke, lived in Salem, and when he had the chance spent as much time in Navarre, Florida as he could. He was a graduate of Andrew Lewis High School, Class of 1966, and after graduation, he joined the U.S. Army. He served two tours in Vietnam from 1968 to 1970 and returned from Vietnam a decorated soldier earning multiple bronze stars, multiple achievement medals, and the Vietnamese cross of gallantry. Upon the completion of his service, he joined his father as a co-owner of Higgs Welding Inc., a business that lasted for over 25 years in the Roanoke Valley. He later became an avid artist, working metal and copper to create amazing sculptures that are featured both in Virginia and Florida. Tommy was active in the community, doing volunteer welding work for the city when it was needed, a member of the Penguin club for over 35 years, and part of the Masonic Lodge here in Salem for over 40 years. Tommy is preceded in death by his wonderful wife June, and his parents, Benton, and Genevieve Higgs. Tommy



is survived by his son, Air Force Major (Ret.) Jason Higgs, his brothers, Benton Jr, and Richard, and his sisters, Beverly, and Carolyn, along with numerous nieces, nephews, and good friends.

In addition to living here in Salem, he also had a wonderful extended family in Navarre, Florida, in which he would have wanted to thank them for all their support, gifts, cards, and flowers. They were an integral part of his efforts in coping with the loss of the woman he loved for over 57 years.

Tommy, and his wife June, loved Salem, and their son Jason has worked hard to make a legacy for them that will last for multiple generations. In lieu of flowers, cards, and gifts, their son Jason requests that a donation be placed to the Higgs Family Endowment, part of the Salem Educational Foundation and Alumni Association. This endowment will benefit graduating students from Salem High School with a scholarship that will be modeled after both Tommy and June's memory; a male or female going into a vocational or trade school, and a female going into a business program.

Services will be held graveside at Sherwood cemetery at 11:30 AM on June 11. Entering from the E. Main St. entrance, continue to the T and make a right, continue down about 1/4 mile, the gravesite is on the left.

Dean, Daniel Alan

October 10, 1949 – May 31, 2022

Daniel Alan Dean, 72, of Salem, VA, left this world on Tuesday, May 31, 2022.

Daniel was born October 10, 1949 in Salem, VA to Ray and Eunice Dean. He graduated from Andrew Lewis High School in 1970 and studied art at Virginia Western Community College.

Daniel was interested in almost any subject and those who knew him may recall long hours he could spend discussing any subject in detail. He was most passionate about art and design, and started Appalachian Sign Company in 1977. Over the next 42 years he created iconic signage for businesses throughout the Roanoke and New River Valleys. His creativity and talent are woven throughout this town. He designed the smallest logos to full scale wall murals, and worked in many different mediums, including drawing, painting, wood, and paper carving. From the Mac & Bob's logo to the window and awning for the Market Street pub, Daniel's work includes hundreds of hand-lettered signs and awnings. His careful, precise, and elegant work could not be missed.

He designed masterful artwork for any and every kind of business, from law firms, to rental companies, to barber shops, to baseball field advertisements. One of his most notable works was a mural at the former Mediterranean restaurant, Arzu. It depicted a sun setting over a busy Venetian port, complete with tall sailing ships, ornate buildings, curious onlookers, and brilliant oranges and yellows. It spanned an entire wall. To Daniel, every piece was just as important as the next. Every piece was done with the same intention, care, and patience.

When he wasn't designing commercial pieces, he created artwork for his family. Daniel raised two daughters, Alex and Sarah, and he loved his family fiercely. He



enjoyed himself wholeheartedly at family gatherings and he always looked forward to the next one. When anyone suggested a game, he was always up for joining in, and he was especially enthusiastic about charades. One of his best performances was of a quarterback celebrating a touchdown. His family will never forget how much he made them laugh.

Daniel was a dreamer and a believer; inquisitive and thoughtful. An idea was worth exploring in his eyes. Anything was possible. He projected these beliefs onto his children. There were no limits to what they could achieve. A conversation with Daniel would leave you questioning everything you thought in the best way possible. We need more people like Daniel in the world, daring to ask questions, following curiosity where it leads, and choosing not to conform.

Daniel was a beloved father, brother, son, uncle, cousin, and friend, among many other roles. Anyone who knew him, liked him. We will miss him dearly.

Daniel is survived by his daughters and sons-in-law: Sarah and Sam Denes; Alexandra Dean and Corin Vaughn; his granddaughter McKenna Daniel Vaughn; his siblings: Cynthia Van Dyke, Billy and Linda Dean, and Becky and Terry Duncan. He is also survived by his nieces: Rebecca Van Dyke, Lauren Powell, Danica Allen, Larissa Allen, Chelsea Nix, and nephew Chad Dunbar; and by family members Samantha and Forest Thompson.

Family and friends may pay their respects at Daniel's graveside service on Saturday, June 18, 2022 at Blue Ridge Memorial Gardens, 5737 Airport Rd NW, Roanoke, VA at 2:00 pm. All are invited to attend a reception and memorial art exhibition at the Hotel Roanoke, 110 Shenandoah Ave NE, following the service, 3:00-6:00 pm.

In Memoriam: Harrison, Christopher Shannon

In loving memory of Christopher Shannon Harrison. Chris passed away on January 20, 2020 of throat cancer. He would have been 50 years old on June 6. He is sadly missed by his mama, Renee Harrison, and grandmother, whom Chris called "Dot." Chris enjoyed a lot of good times with his friends, Mike and Betty Cable, and their family. He is also missed by many other relatives and friends. You could see Chris riding his bicycle in his neighborhood many days. Chris lived all his life with his mom in Salem. Chris, I miss you a lot and love you! By the way, Happy Birthday! -Mama.



Bailey, Gregory Neil

Gregory Neil Bailey, 47, of Salem, VA, went to be with the Lord on Tuesday, May 25, 2022. He was born on Thursday, October 3, 1974, to W. Perry and Sylvia Witt Bailey. Gregory was a Virginia Tech graduate majoring in chemistry, psychology, and biology. He then pursued his nursing degree through the College of Health Sciences; he achieved his nursing credentials and worked as a Registered Nurse in the Cardiac SICU. He was greeted on the shores of heaven by his brother, Darrin Todd Bailey.



In addition to his parents Perry and Sylvia Bailey, he is survived by his brothers, Eric Bailey and Andrew Bailey (Stephanie); nephews, Scott Bailey, and Matthew Bailey; niece, Anya Bailey; maternal grandmother, Genevieve Witt.

Friends visited with the family from 1-2 p.m. on Saturday, May 28, 2022, where a celebration of his life was held at 2 p.m. at the John M. Oakey & Son Funeral Home in Salem with Pastor Mike Flinchum and Brian Orahod officiating. Burial followed at Sherwood Memorial Park in Salem.

www.salem-times-register.com

CROSSWORD ANSWERS

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BAPTIST (INDEPENDENT)
CALVARY BAPTIST CHURCH-7th and Florida Streets, Salem VA. Pastor: Roger D. Counts, 540-389-3818. Sunday School 10:00 a.m., Morning Worship 11:00 a.m., Sunday Evening Service 6:30 p.m., Wednesday Night Prayer Service, 6:30 p.m.

LAKESIDE BAPTIST CHURCH - 447 Dalewood Avenue, Salem, 986-0062, Pastor Carl Goodman. Coffee Bar 9:00 a.m., Sunday School 9:30 a.m., Sunday Worship 10:30 a.m., Children & Student Ministry 5:30-7:30 p.m.; Thursday 7:00 pm Young Single Adults, Wednesday Morning Prayer Service 10:00, Lifegroups meeting throughout the week. www.lbcva.com.

SOUTHSIDE BAPTIST CHURCH, 2721 120'Clock Knob Rd., Salem, Pastor: Tim York; Sundayschool, 9:45AM, Sunday morning worship, 11:00AM, Sunday evening, 6:00PM, Wednesday evening, 7:00PM.

TEMPLE BAPTIST CHURCH - 4339 Daugherty Road, Salem, Greg Irby, Pastor, Church: 380-3567; Home: 389-7240, Sunday School 10:00 AM, Worship Services 11:00AM & 6:00PM, Mid-week Prayer Meeting Wednesday 7:00PM, www.templebaptch.com.

BAPTIST (SOUTHERN)
BETHEL BAPTIST-1601 S. Colorado St., Salem, Pastor Hilton Jeffreys, 389-2376, Sunday: Connect Groups meet at 9:30am; Worship Service starts at 10:30am. You can stream live with us at 10:30am on Facebook, YouTube, our App & Website (www.bethelbaptistva.com). Tuesday mornings we have Adult Bible Study at 9:00am.; Wednesday evenings at 6:15pm we have TeamKid for kids 3 years old through 5th grade, Amplify Youth (6-12th grade), Band of Brothers Men's Bible Study and then our College & Young Adult Bible Study at 8:00pm. www.bethelbaptistva.com

MOUNTAIN PASS BAPTIST CHURCH - 311 Catawba Valley Dr., (Ro. Co.) Salem, VA 24153. Rev. Jack Richards, Jr., Pastor, Study 384-6720, Home 427-1508. Sundays: Sunday School 9:45 a.m.; Morning Worship 11:00 a.m., Evening 6:00 p.m. Wed: 7:00 p.m. Prayer Meeting and Bible Study.
RIDGEWOOD BAPTIST-703 Hemlock Road N.W. Roanoke, 342-6492. Roy E. Kanode, Pastor. Sunday School 9:45 a.m., Morning Worship 11 a.m., Awanas 5:15 p.m., Adult Bible Study and Youth Fellowship 6:00 p.m.; Wednesday Prayer Service 6:30p.m.; Fellowship Meal 5:45 p.m.; Praise Kidz 6:00p.m.; Family Night Activities 6:30 p.m. website: www.ridgewood-baptist.com.

FELLOWSHIP COMMUNITY CHURCH - Kevin Wilson, Pastor, 387-3200. Salem Campus: 1226 Red Lane Extension, Salem, Worship Times: 9:15AM & 11:00AM. North Campus: 7640 Alpine Road, Roanoke, Worship Times: 9:15AM & 11:00AM. Southwest Campus: 3585 Buck Mountain Road, Roanoke, Worship Times: 9:15AM & 11:00AM. www.fcclife.org.

BRETHREN
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Almighty God

Read Genesis 40:1 through 41:57

Joseph spent two years in a dungeon after interpreting the dreams of Pharaoh's cupbearer. Joseph had asked this man to mention him to the king upon being reinstated, but, as each day dragged on, no communication came from the Pharaoh. When Pharaoh had a dream and told it to all his wise men, no one could interpret it. The cupbearer finally remembered Joseph and told Pharaoh about him.

So Pharaoh sent for Joseph, and he was quickly brought from the dungeon. When he had shaved and changed his clothes, he came before Pharaoh (Genesis 41:14).

Joseph was going to be taken into the presence of the nation's highest ruler. His first order of business was to make himself presentable. His prison clothing and his haggard appearance were hardly appropriate to stand before royalty. Joseph prepared to see the king, honoring the authority and majesty of Pharaoh.

We have the privilege of an audience at any time with our King, Jesus Christ. May we never forget His majesty or approach Him with less than honor and adoration.

Thought for Today: Consider the majesty of God.

Quicklook: Genesis 41:1-14



To list your church, contact Randy Thompson at 540-230-1129 or email advertise@ourvalley.org

Hands CHURCHES OF CHRIST/CHRISTIAN CHURCHES

SALEM CHURCH OF CHRIST - 401 West Main Street. 540-389-2400. Minister Taylor Plott; Youth Minister Nathan Beard; 10:00am Sunday Bible Study; 11:00am Sunday Worship Service; Wednesday Life Groups: 5:30 -7:00pm. For more info contact the Church Office.

WESTSIDE CHURCH OF CHRIST - 1705 Starview Drive, Salem. Minister Neil Richey, 389-9139, Sunday Bible Study: 9:30 AM, Morning Worship: 10:30 AM, Evening Worship: 6:00 PM, Wednesday Bible Study, 7:00 PM.

CHURCH OF GOD/ANDERSON COVENANT COMMUNITY CHURCH-955 Bird Lane, Salem, Va 24153, 389-5639. Pastor: Scott Hudson. Sunday School 10:00AM, Worship 11:00AM; Bible Study 6:00PM.

CHURCH OF GOD/CLEVELAND SALEM CHURCH OF GOD - 600 Craig Avenue, Todd Stiffler, Pastor, 387-2068, Sunday School 9:30am: Worship and Kids Church 10:30 am, Wednesday Bible Study and Classes at 7:00 pm. www.salemco.gchurch

DISCIPLES OF CHRIST
FIRST CHRISTIAN CHURCH, 712 Front Ave. Salem, Pastor Dan Netting (540) 389-6831. www.firstchristiansalemva.com. Adult and Children Sunday School - 9:45 am, Worship - 10:45 am. Nursery Provided for both. Everyone welcome

FORT LEWIS CHRISTIAN CHURCH - 2931 West Main Street, Salem, Interim Pastor, Rev. Dr. John Dunstan, 380-4636. Website: www.flccsalem.org. Sunday worship inside sanctuary and on zoom, 10:30 AM, mask wearing and social distance.

ECKANKAR
ECKANKAR, THE PATH OF SPIRITUAL FREEDOM, is located at 1420 3rd St. SW, Roanoke, VA 24016. However, due to COVID-19, the Light & Sound Services and other ECK programs are currently available online through Zoom. Visit www.eck-va.org for program listings, www.meetup.com/Roanoke-Spiritual-Experiences-Group, or call 540-353-5365 and leave a message. We will return your call. Also visit www.eckankar.org for more information about how the teachings of Eckankar lead you to spiritual freedom.

EPISCOPAL
ST. PAUL'S EPISCOPAL CHURCH - 42 East Main Street, Salem, 389-9307. Sundays at 7:30am and 10am. Holy Communion in church and live-streamed on YouTube@StPaulSalemVa.

EVANGELICAL LUTHERAN COLLEGE EVANGELICAL LUTHERAN CHURCH - 210 S. College Avenue, Salem VA 24153. Please visit our website www.collegelutheran.org for information on services.

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bridge.salem@icloud.com • www.salemva.church Saturday service, 6pm (Nursery & Kids Church available). Mail: PO Box 1954, Salem. Twitter/ Instagram: @thebridgesalem Joey Lyons, Senior Pastor | joey@salemva.church | 540-831-9864

INDEPENDENT RESTORATION CHURCH - a Community on Mission Following Jesus into the World - 10:10am Sundays at the Salem YMCA - 1126 Kime Lane, Salem - 540-384-1601 - www.restorationsalem.org. Watch Live at: YouTube: Restoration Church-Salem, VA. Facebook: RestorationChurchSalem

NATIONAL BAPTIST CONVENTION, U.S.A., INC.
FIRST BAPTIST CHURCH-226 South Broad Street, Salem. Rev. Melton Johnson, 389-9648. Sunday School 9:30 AM, Sunday Morning Worship Service 11:00 AM, Wednesday Bible Study and Prayer Meeting 7:00 PM.

SHILOH BAPTIST- 201 South Market Street, Salem, Rev. Adrian E. Dowell, H) (389-0409). Sunday School at 8:30 a.m. (All classes) each Sunday online via zoom and church conference call line. Wednesday Adult Bible Study at 7:00 p.m. via zoom and church conference call line. Children's Bible Study at 7:00 p.m. via zoom. Teen Talk Bible Study at 7:30 p.m. via zoom. Saturday Men's Bible Study at 7:00 a.m. via zoom. Saturday Intercessory Prayer Service at 8:00 a.m. via church conference call line. Sunday Women's Bible Study Class at 8:30 p.m. via zoom. In-person Worship on Sunday at 11:00 a.m. or worship with us on line via Facebook or on the church conference call line. In person worship requires CDC guidelines for mask wearing and social distancing. Ushers are available to assist with seating.

PENTECOSTAL HOLINESS
CHRISTIAN LIFE INT'L - 1 CLI Way, Salem, Ryan Linkous, Pastor, 343-3801, Sunday Worship Service 10:15 AM, (Children's Church and Nursery) Wed, MidWeek Service (Adult, Awaken Youth, M'pact Girls & Royal Rangers) 7 PM. Nursery Provided. Email: office@clichurch.org. Find us on facebook.

PRESBYTERIAN CHURCH (USA)
SALEM PRESBYTERIAN CHURCH- 41 East Main Street, Salem, VA . 389-3881. Associate Pastor Rev. Janet Chisom, Interim Pastor: Rev. Tupper Garden. In-Person Sunday School and worship has resumed at 9:30 AM and 11:00 AM on Sundays or worship with us online live at www.salempres.org, or Facebook, or YouTube. During in-person worship, mask wearing for health reasons is optional.

UNITED METHODIST
FIRST UNITED METHODIST CHURCH - 125 W. Main St, Salem, VA. 540-389-5459. Pastor Alan Combs, Traditional Worship - 8:45am, Sunday School - 9:45am, Genesis Contemporary Worship 10am; Traditional Worship - 11:00am. www.fumcsalemva.org.
LOCUST GROVE UNITED METHODIST CHURCH- 3415 Locust Grove Lane, Salem, 380-4303, Pastor Logan Hollenbeck. Each Sunday Traditional Worship 9:30 a.m.

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GLENVAR TRACK

continued from page 12

Glenvar career with 26 total state championship medals, counting both team and individual medals. She participated in outdoor track, indoor track, cross country and swimming over a dominating four years, and even missed the 2020 spring season due to COVID.

Junior Sydney Loder also won three championships in addition to the team medal. She ran on the winning relay team and swept the hurdles. Sydney won the 100 meter hurdles in 15.37 and took the 300 meters in 46.67. She was also second in the high jump at 5'2" as senior Amaya Millner of Bruton won the event at 5'4".

The top eight places scored, and Wilkes and Loder had plenty of help as the team championship was truly a team effort. Eller took fifth in the 800 and sixth in the 400 along with her leg of the winning 4x400 relay. The girls 4x100 relay team of Mahre Swanson, Brooklyn Woolwine, Adrianna Hall and Harris was fifth. Harris also took seventh in the pole vault, Woolwine scored with an eighth place finish in the long jump and the 4x800 relay team took sixth.

Harris is a story in herself. She scored a goal in Glenvar's Region 2C championship soccer game on Thursday night in Roanoke County before heading to JMU, where she scored in four events and just missed a fifth with a ninth place in the 400. Rhyana was also on the state championship volleyball team in the fall and was the top scorer on the basketball team in the winter.

The Glenvar boys scored 52 points in finishing third in the state. Fellow Three Rivers District member Radford won the boys' title with 66 points and Brunswick was second with 62.

Tyler Johnson was the leading scorer for the boys with runnerup finishes in both hurdle races. Avone Noel was second in the pole vault and Jackson Swanson took thirds in both the 100 and 200 meters.

Also scoring for the boys was Daniel Zearfoss, who completed an outstanding distance career at Glenvar with a fourth in the 3,200 and a fifth in the 1,600. Nick Woodson scored with an eighth in the 400, Colby Thompson was eighth in the triple jump and Glenvar's 4x400 relay was sixth and the 4x800 was seventh.

"The boys gave a good run, but came up short in the end," said coach Swanson. "Last year the boys were fourth and this year they were third. Definitely an improvement and something we can work with going into next track season."

"Overall, I'm really going to miss the Seniors. They're a special group and I'm sad to see them go, but so excited to see what their future holds."



Above, Glenvar's Tyler Johnson is out in front in the 110 meter hurdles. Tyler finished second. Below left, Avone Noel took second in the pole vault and, below right, Brooklyn Woolwine is on her way to scoring in the state meet with an eighth place finish in the long jump.

PHOTOS BY TONYA WOOLWINE



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Salem soccer girls fall in state quarterfinal at Tuscarora

The Salem High girls saw their soccer season come to an end with a 4-0 loss to Tuscarora High in Leesburg, VA Tuesday. The game was a state quar-

terfinal match, and the Huskies advance to the state semifinals in Spotsylvania on Friday.

The two teams were scoreless until just before the

half, when Tuscarora broke the ice. They made it 2-0 in the first two minutes of the second half off a corner kick and were able to keep the Spartans from scoring while adding two insurance goals the remainder of the game. Allison Kessel had 10 saves for Salem.

"Our girls played their hearts out to a talented team," said Salem coach Kayla Wood.

Salem was on the road Tuesday because the Spartans lost to Blacksburg for the fourth time in last week's Region 4D championship game, this time by a 1-0 score. The first time Salem played the Bruins they lost 5-0 but since then they lost 2-1 in the second regular season game, 2-0 in the River Ridge District tournament final and 1-0 in the region final last week in Blacksburg.

"As I have said in the past, we have chipped away each time," said Salem coach Kayla Wood. "This game was harshly interrupted by three different times having to stop and wait out the weather.

The Spartans held Blacksburg to a scoreless tie until 17:48 left in the game when the Bruins scored off a corner kick.

"I love this team and how they fight and how their play reflects their grit," said Wood. "They're an incredible team that has proved themselves over and over."

Allison Kessel had 17 saves, some spectacular. Salem had two shots on goal and one corner kick in the final two minutes of the game but the Spartans weren't able to punch one in. Salem finished the season with a 13-7-1 record and will graduate nine seniors on Friday.

"I love this team and all that they stand for and have done," said Wood.



Salem's Marie Snyder(#9) kicks the ball past a Blacksburg girl in last week's Region 4D championship game.

PHOTO BY JON FLEMING

GLENVAR SOCCER

continued from page 12

Highlanders remained undefeated with a 5-1 win.

The girls will play at 3 pm against a strong Luray team, who beat Bruton 8-1 in their quarterfinal game Tuesday. The state championship games are at Salem High Saturday with the Class 2 boys at 10 am and the girls at 12:30 pm.

On Tuesday both Glenvar teams scored convincing wins. The girls traveled to Union High as the Region 2C runner-up and jumped to a 4-0 lead over the Bears before coasting to a 7-4 win. Sophomore Giuliana Stanley had four goals for the Highlanders while Campbell Hardin had two and Rhyann Harris had a goal and two assists. Faren Wilson had two assists while Kailah Finley and Jordyn Crouch had one each as Glenvar improved to 17-4 overall.

The girls were on the road Tuesday after dropping a tight game to Alleghany in the Region 2C final last week, giving them the region "runner-up" seed to open state play. Alleghany, a fellow Three Rivers District team, beat the Highlanders for the third time this season, this time by a 4-3 count at Bogle Field in Roanoke County.

Glenvar got goals by Davin Tate, Harris and Stanley. Hardin assisted on Tate's goal and Wilson assisted on the other two. The game was stopped twice by lightning delays and, after a 6 pm start, didn't finish until after 9 pm.

The boys also led early, taking a 3-0 lead by the half and adding a fourth goal midway through the second half before Virginia High scored a late one to avoid the shutout. Glenvar then put the icing on the cake for the 5-1 win.

Riley Geddes had two goals for Glenvar while Jacson Shepherd had a goal and two assists. Christian Housh and Aiden Hylton also had goals and Colin Clapper and Bryce King had assists. Marco Gustafson had a slow night in the goal as Glenvar outshot the Bearcats, 25-2.

The Highlanders won the Region 2C championship last Friday at Bogle Stadium behind Cave Spring Middle School. The game was originally scheduled for Martinsville but moved to Bogle when Glenvar and Radford were in the final, saving fans some gas. Then, on Thursday, the girls' region championship game preceded the boys and when lightning interrupted that game twice it was well after 9 pm and officials decided to play the game on Friday, when clearer skies were predicted.

It was a nice evening on Friday, but the Glenvar boys brought the thunder as they hammered Radford 7-1 for a convincing win. It was the third win of the season over their Three Rivers District rivals, including a game at Radford that went into overtime before the Highlanders prevailed.

This time there was no drama as the Highlanders raced to a 5-0 halftime lead. Maddox Fisher opened the scoring with a header off a scramble in front of the cage and from that time on it was all Glenvar. Fisher ended with two goals, Geddes and King had two each and Owen Montanez had the other. Shepherd had two assists and Geddes, King, Montanez and Kian Fisher had one each.

When the Highlanders host Nandua on Friday coach Josh Jones will have no trouble finding the field. Spartan Field was his home pitch for 18 years as coach of the Salem High girls team, leading the Spartans to a state championship in 2003 and many region and state appearances.

"It will be like a home game," said Jones. "It should be a great atmosphere for us, playing right down the road on a turf field, and hopefully we'll have a good crowd."



Above, Glenvar's Kailah Finley goes high to control the ball in last week's game with Alleghany. Below, Maddox Fisher(right in photo) heads the ball into the cage for the Highlanders first goal against Radford Friday night.

PHOTOS BY BRIAN HOFFMAN



Atlee High downs Spartans in state quarterfinal lacrosse game

The Salem High boys saw their lacrosse season come to an end in Mechanicsville Friday with a 21-11 loss to Atlee High in the state quarterfinals.

Jake Massey had five goals for the Spartans in the high scoring affair. Tanner Dallas had three goals and three assists, Landon Miles had two goals and Kaiden Garst had a goal and an assist. Trey Joyce had a dozen saves in the crease as he was peppered by a strong Raider attack.

Atlee advanced to the state semifinals while Salem ended the season with a 10-7 record under first year

head coach George Revercomb.

"I thought we really improved throughout the season," said Revercomb. "We put in a completely new offense and defense and the boys did a great job of picking it up. We had great senior leadership that led us to our first state playoff appearance and regional championship game in quite some time."

The Spartans will graduate eight players off a 34 man roster with 14 juniors set to return. Salem also fielded a jayvee team this year.

"I'm really excited about some of the youth on

the team and we should have a fantastic unit next season," said Revercomb. "We'll also have a full offseason with the players in the program to really get them up to speed. We're going to focus on getting these guys recruited and playing college lacrosse, as we have the talent to do so.

"I'm also very excited about the new sports facility, and access to our own locker room and the new weight room. That will help us to have a home base and run the program out of there all year. Really pumped about the future of Salem lacrosse."



The Salem Civic Center West field will be the site for the Dixie League baseball AAA city championship for nine and 10 year old boys. In Tuesday's semifinals the Nationals beat the Marlins, 13-2, and the Braves downed the Red Sox, 12-4, setting up a game between the Nats and Braves on Friday at the Civic Center at 6 pm. Above left, Hunter Martin of the Nationals slides safely into second as Tyler Coe of the Marlins covers the bag, and right Kam Smith pitches for the Braves.

PHOTOS BY BRIAN HOFFMAN

Salem Dixie AAA championship games are at CC-West Friday

Salem is host for state Class 1&2

The city of Salem will be the host site for Class 1 and 2 Virginia High School League spring sports championships this week. State semifinals will be held on Friday with finals on Saturday for baseball, softball and both boys' and girls' soccer.

For baseball, semifinal games will be at 10 am and 1 pm at both Billy Sample Field and Salem Memorial Ballpark on Friday. On Saturday both the Class 1 and 2 championship games will be at Salem Memorial at 10 am and 1 pm.

All the softball games will be at the James I. Moyer Complex, with 10 am and 1 pm semifinals on Friday and championship games on Saturday at 10 am and 1 pm.

Soccer games will be held at Salem High School and Kerr Stadium on the campus of Roanoke College. Class 1 games will be at 10 am and 1 pm Friday with the championship on Saturday, and likewise the Class 2 semifinals are Friday at Salem High with the championship game on Saturday.

Times are subject to change depending on which teams are included in the tournaments, as there could be conflicts with graduation or other school functions.



Left, Salem's Peyton Lewis flexes after winning the 100 meter dash at the Class 4 state track meet at Liberty University. Right, the girls' 4x100 relay team was sixth. Left to right are Shaniya Robinson, Neelah Logan, My'la Green and Charli Wynn.



PHOTOS BY BARRY COX

Salem's Lewis is state Class 4 champ in the 100 meter run

The Salem boys took seventh and the girls came in at 33rd among 38 teams represented at the Virginia High school League state Class 4 championship track meet last weekend. The Pulaski County boys and Heritage of Newport News girls won team titles at Liberty University in Lynchburg.

Sophomore Peyton Lewis had a big day for the Spartans, winning three medals. Peyton won the 100 meters with a time of

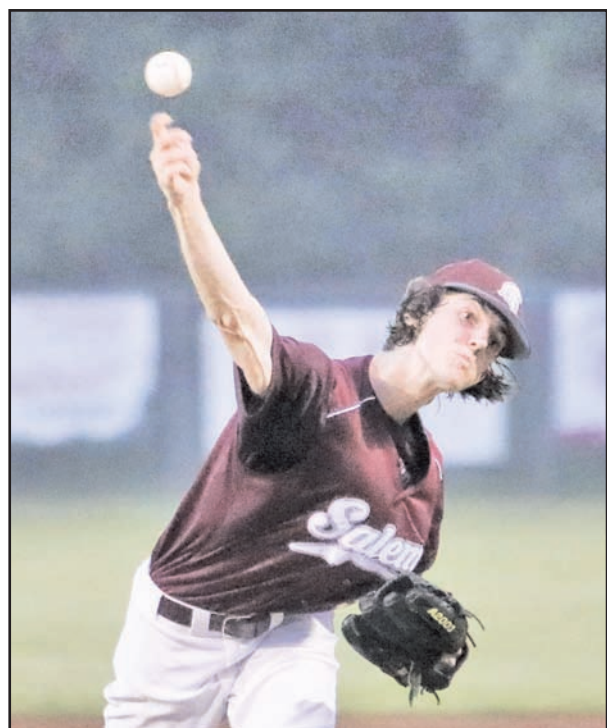
10.62 and took second in the 200 in 21.88, just .12 behind Antoine Fair of Deep Creek High School.

In the 4x100 relay Salem's Region 4D championship team of anchor leg Lewis, Josiah Persinger, DaRon Wilson and Jonathan Vernon was edged out by Pulaski County for first. The Cougar four-some ran 41.84 while Salem was six one-hundredths of a second behind at 41.90, bettering their mark of 42.75 that won the

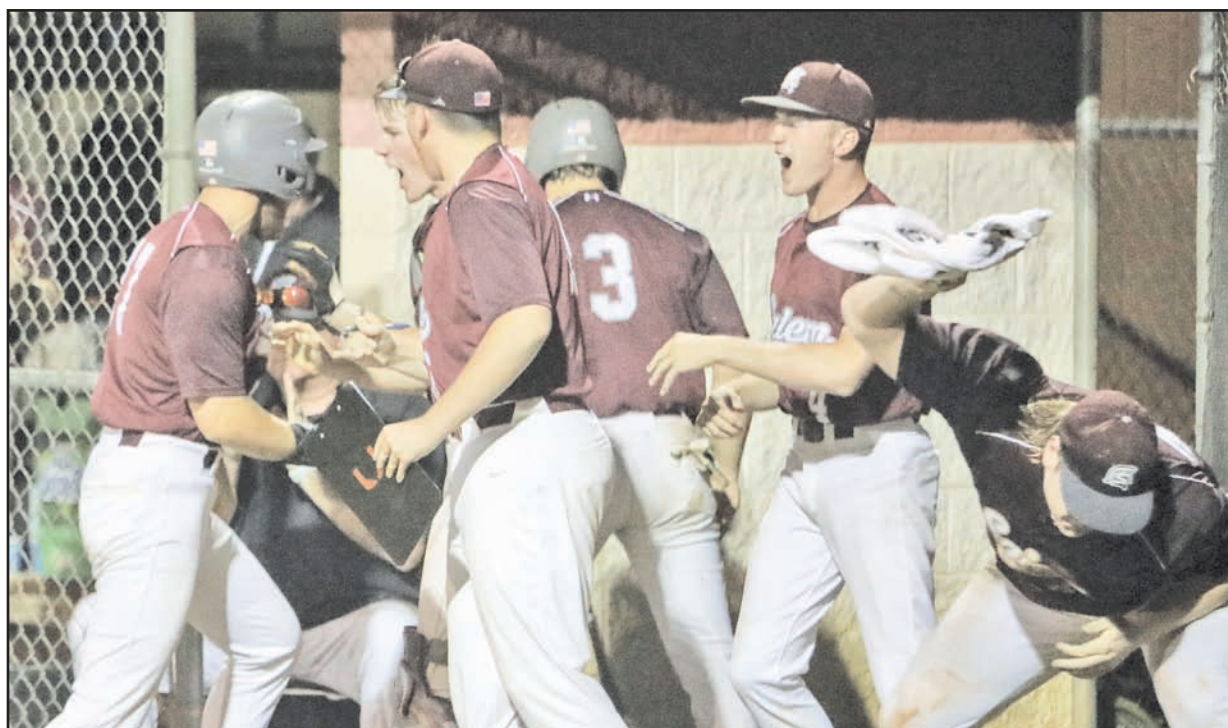
region.

Also scoring for Salem were Persinger with an eighth in the 100 and Braydon Taylor with an eighth in the 300 hurdles.

All the girls' points came from the 4x100 relay team of My'la Green, Shaniya Robinson, Neelah Logan and Charli Wynn. They ran a time of 50.57. Robinson was 10th in the 100 meters and Green was 12th in the long jump but only the top eight places scored in the state meet.



Left, Salem's Trent Judd pitches in last week's Region 4D baseball game at Jefferson Forest. Right, Salem teammates swarm Camden Hart(#17 left with helmet) after he scored the tying run in the top of the seventh inning.



PHOTOS BY BARRY COX

James Wood tops Spartans in state quarterfinal baseball

The Salem High baseball team dropped a 5-1 game to James Wood on Tuesday as their season came to an end in the state quarterfinal round. Salem finished the season with a 17-7 record and the Colonels improved to 21-5 and advance to the state Class 4 semifinals in Spotsylvania County on Friday.

"They're a good team," said Salem coach Wes McMillan. "They play small ball like us and they don't make a lot of mistakes."

Salem had just two hits in the game, a first inning single by Caleb Furmage and an RBI single by Trace Monroe in the third that plated Salem's only run. That gave the Spartans an early lead, but the Colonels tied the game in the bottom of the inning,

then put four on the board in the bottom of the sixth. Trent Judd got the start for Salem and pitched into the sixth inning before Eli Bowery relieved.

Salem went to Winchester to play James Wood as the Region 4D runner-up after falling to Jefferson Forest in the region final last week, 2-1 in Forest. The Cavaliers scored a walk-off win in the bottom of the seventh after Salem tied the game in the top of the inning.

Jefferson Forest scored a first inning unearned run to take the lead and after that Judd shut down the Cavaliers on three total hits, fanning four and walking none. Still, the Spartans trailed 1-0 into the seventh before Hunter Bayne singled in Camden Hart, who was pinch running.

Bowery relieved Judd in the bottom of the seventh and got just one out, on a strikeout, before the Cavs scored an unearned run on two Salem errors to win the game. Between them Judd and Bowery allowed four hits, no earned runs, no walks and struck out five.

"Trent pitched a heck of a ballgame, he should have won it," said Salem coach Wes McMillan.

Bayne's single was just the second hit of the game for Salem. Ben Bowers singled for the other hit and was caught stealing as the Spartans sent just 25 batters to the plate in seven innings, four more than the minimum possible.

"We didn't hit the ball in the last two games and that really hurt us," said McMillan.

Sox just a half game out after sweeping Fireflies

The Salem Red Sox jumped into the Carolina League North Division race with a sweep of the Columbia Fireflies at Salem Memorial Ballpark last week. The Sox put the fly lights out six games in a row to pull within a half game of Lynchburg in a tight North Division race.

The Sox won by scores of 6-2, 6-1, 4-2, 10-5, 6-2 and 7-4 in the sweep of Columbia. Sox starting pitcher Juan Daniel Encarnacion picked up two wins on the homestand, pitching five shutout innings on Memorial Day in a starting role and pitching two scoreless innings in relief Sunday for the victory. Eddinson Paulino and newcomer Darel Belen and both barreled into two-run homers in Sunday's win while Brainer Bonaci and Blaze Jordan had two hits each.

With the sweep Salem went from a game under .500 to 28-23 and tied with second place Carolina, a half game behind 28-22 Lynchburg heading into this week. Struggling Columbia, a Kansas City Royals farm team, fell to 14-37, the worst record in the 12 team Carolina League and 21 1/2 games behind Myrtle Beach in the South Division.

Salem is back on the road this week as the Sox travel to Charleston to take on the Riverdogs, a farm team of the Tampa Bay Rays. The Dogs will be a much tougher opponent as they come in with a 34-17 record and trail Myrtle Beach by just a game and a half in the South.

The Red Sox will next be home on June 17 when they open a 12 game series with six games against Delmarva, followed by six against Fredericksburg. The rare back-to-back home series' will be followed by back-to-back series' on the road as the Salem Fair takes over the Memorial Ballpark parking lot.



Above, Darel Belen(right) gets a "high helmet" salute from Karson Simas after belting his first home run for the Red Sox after recently joining the Salem team. Below, Simas makes a diving attempt at a ball in the outfield but can't quite come up with the catch.

PHOTOS BY BRIAN HOFFMAN



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The Glenvar girls' state championship track team poses with the VHSL plaque on Saturday afternoon. Left to right; Amanda Spradlin, Coach Neil Swanson, Maiah Gentry, Mahre Swanson, Rhyann Harris, Brooklyn Woolwine, Delaney Eller, Carly Wilkes, Adrianna Hall, Sydney Loder, Molly McCroskey, Joanna Kileen, Emma Pope, assistant coach Bekka Loder, and assistant coach Hannah Harris.

PHOTO BY TONYA WOOLWINE

Glenvar girls repeat as state Class 2 outdoor track champs

The Glenvar High girls won six events on their way to capturing the Virginia High School League Class 2 state outdoor track championship at James Madison University in Harrisonburg last weekend. The boys finished third in the state on a big day for Highlander athletes.

"I'm beyond ecstatic for the girls," said Glenvar coach Neil Swanson. "They've earned every step of the way to get them to, and win, the state meet. What makes this year's state championship special was that there was more contribution by all the girls that were there. The kids peaked at just the right time."

The girls have ruled the oval in the past two seasons, winning both the indoor and outdoor state championships in 2021 and 2022. Last weekend in Harrisonburg they scored 75 points to outdistance second place Strasburg, who had 63.

The meet marked the end of an amazing high school career for graduated senior Carly Wilkes, who added four more state medals to her impressive trophy case. Carly won the 800 meters with a time of 2:17, took the 1,600 meters in a new Class 2 state record time of 4:49 and ran on the winning 4x400 relay team with Rhyann Harris, Delaney Eller and Sydney Loder. They finished with a time of 4:13.

With four more state medals Carly ends her continued on page 9



Left, Carly Wilkes is on her way to a state record in the 1,600 meters.



Right, Sydney Loder glides over the hurdle in the 100 meters. Sydney swept both hurdle races in the state meet.

PHOTOS BY TONYA WOOLWINE



A LEAGUE OF THEIR OWN INDEED!!

The "Kennedy Girls" threw out the first two balls at the Salem Red Sox "Pride Night" game last Thursday at Salem Memorial Ballpark. It was a proud night for the Sox as well as they took a 4-2 win before a colorful crowd in Salem. See page 11 for more on the Red Sox.

PHOTO BY JOHN WACHER

Highlanders send both soccer teams to state semis in Salem

The Glenvar soccer teams are in the state semifinals and they won't have far to go. Both the Highlander boys and girls will play Class 2 state semifinal games on Friday at Spartan Field in front of Salem High School.

The boys will play first at 9 am against Nandua High School of Onley, VA. The Warriors are the defending Class 2 state champions and they'll come to Salem with a 15-1 record while Glenvar awaits with a 19-0-1 mark after beating Virginia High Tuesday in a regional quarterfinal game at Glenvar. The



Glenvar's Colin Clapper heads the ball toward the goal in Tuesday's state quarterfinal soccer win over Virginia High.

PHOTO BY BRIAN HOFFMAN

continued on page 10

Glenvar girls will play for state tennis team championship today

GHS girls & boys in state doubles semifinals today

Glenvar tennis players will take center stage today when the Virginia High School League Class 2 tennis championships are held on the courts at Virginia Tech in Blacksburg. Glenvar girls and boys will both be involved in state play.

The girls will take on Central High of Woodstock at 10 am for the Class 2 team championship. Then, at 3:30 pm, Glenvar's Isabella Gustafson and Avery Flynn will play in the girls' doubles semifinals while Alec McIwain and Blaine Bishop will be in the boys' state doubles semifinals.

The girls opened state team play last Thursday with a 5-4 win over John Battle High at Tech. The two split singles with Gustafson winning 6-0, 6-3 at number one, Flynn winning 6-0, 6-2 at number two and Hannah Hylton winning 6-2, 6-2 at number three.

In doubles Gustafson and Flynn breezed to a 6-1, 6-1 win at one but Battle won at number three, leaving the second doubles to decide the match. Glenvar's Cara Butler and Hylton won the first set, 6-3, but lost the second, 4-6, before pulling out a 6-3 win in the third to pull out the victory for the Highlanders.

"John Battle gave us everything they had and they made us earn every point," said Glenvar coach Blaine Mills. "Isabella, Avery, and Hannah all played great and Cara and Hannah never gave up and won the final point for the team win."

That put Glenvar into



Isabella Gustafson will be playing in the state team, doubles and singles championships this week.

the team semifinals on Monday with Central of Wise. Glenvar jumped to a 4-2 win in singles in this one as Gustafson, Flynn, Hylton and Natalie McMahon all won, with Flynn battling back to win at number two after dropping the first set. In doubles Dhruvi Patel and McMahon were the first ones off with a 6-0, 6-2 win and that was the fifth and deciding point in the match.

"The team played great from top to bottom," said Mills. "Avery showed fight and determination in her victory. I'm beyond proud of her."

Today will be the last match for Mills as head coach at Glenvar. He's stepping down from coaching both girls' tennis and golf to spend more time with the family.

"My wife and I became foster parents and we're

currently going through the process of adopting our daughter," he said. "With this, I need to be home more because I don't want to miss her sports and activities and saying goodnight. I'll be transferring to Penn Forest and not coaching for the foreseeable future."

Blaine will still be on the sidelines for a couple days as Gustafson and Flynn play the doubles semifinals this afternoon, and if they win the doubles final is Friday at Tech at 9 am. The girls will open with the pair from Randolph-Henry and the boys will play at the same time against the doubles team from Poquoson.

Gustafson will represent Glenvar in singles and take on Emily Tharpe of Randolph-Henry at noon on Friday at Tech. The singles championship is Saturday at 9 am.