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SALEM TIMES-REGISTER

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Salem Police Department announces 2022 Officer of the Year: Chris Hayth

Hayth joined the force in 2020



Hayth

In a time when having the ability to practice proper lifesaving measures is deemed more important than ever, it is truly appropriate that Chris Hayth has been named the Salem Police Department's 2022 Officer of the Year.

"We are extremely proud of Officer Hayth," said Salem Major Derek Weeks. "He is a young man full of humility who comes to work each shift to serve our community, and his actions represent the best of our profession."

In November of last year, Hayth was dispatched to two critical calls in the city and rose to the occasion in both instances. For staying calm under pressure, applying the techniques he was taught and for showing tremendous compassion for the families who were involved, his peers voted him Police Officer of the Year.

"It's nice to know that you are appreciated in the workplace, but I am not a very prideful person, said Officer Hayth. "I just believe when you have the mindset of being humble you approach every situation knowing it's not about you, but rather about the person you are trying to help to the best of your ability."

On Nov. 8, Hayth found himself administering CPR for over 5 minutes to an elderly man before medics took over his care inside a Salem residence. Just 14 days later, he was dispatched to help a 7-month-old infant who was choking in the front yard of the family's home.

"To be honest, I wasn't 100 percent sure where the address was in the city, but I got there quickly and found the mom holding her child and crying," he said. "Understandably, she was hysterical."

Like most kids, this one was in the phase of putting everything it picked up in its mouth. In this instance, an innocent piece of a leaf was now blocking the young girl's airway.

"We could tell the child was choking and not able to breathe, so I placed her across my arm and administered infant CPR," he said. "Two taps on the back and the child started crying and breathing again. I then stayed with the mom until the medics arrived and reassured her that everything was going to be OK."

Being that reassuring voice is not always easy. Hayth relies on his own life experiences to provide true empathy and comfort to others.



COURTESY OF CITY OF SALEM

Hayth plans to make a career of serving others through law enforcement and the Salem resident is extremely appreciative of the way he and his fellow officers are treated in Salem.

"I have been through quite a bit, so I can relate to a lot of what people are going through," he said. "I try to always have an understanding and a compassion for people, especially on calls concerning family."

Hayth lost both of his parents before he reached the age of 20. He was just 17 years old and a student at William Fleming High School when his dad died in a vehicle accident, and just two years later his mother also passed away.

"At the time, I had two older brothers and two younger sisters and having to help my sisters really accelerated my maturity," he said. "I did not really get to have those teen years that most people go through, but looking back that probably benefitted me."

He graduated from Fleming in 2008 where he was in the ROTC and then joined the National Guard for six years as part of the organization's military police. In 2014, he began working private security for various entities in the Roanoke Valley and in 2020 he joined the Salem Police Department.

Each experience taught him the value of having effective communication and positive people skills.

"Literally, three words out of your mouth can dictate the outcome of any situation," he said. "What I say can alleviate a situation and often make something that initially seemed really big much smaller. You have to know how to talk to people in this line of work."

Hayth plans to make a career of serving others through law enforcement and the Salem resident is extremely appreciative of the way he and his fellow officers are treated in Salem.

"The community support for the police department and first responders is one of the main things that drew me to Salem," he said. "I think it makes it easier for me to do my job if I don't have to worry about being second guessed by citizens. That helps all of us make the right decisions."

Decisions that are often lifesaving.

"Officer Hayth has been the example of resilience during his time at the Salem Police Department," said Salem Police Chief Mike Crawley. "He has overcome various obstacles to get where he is today, and he has done so without complaining. He shows up, works hard and routinely puts forth his best effort."

-City of Salem



Krippendorf

COURTESY PHOTOS

John Krippendorf's body discovered by Salem Police Department

Salem man had been missing since Feb. 9

Aila Boyd

aboyd@mainstreetnewspapers.com

The body of John Krippendorf was discovered on the afternoon of Thursday, March 2 by the Salem Police Department, according to a city news release. He was found in the southern quadrant of the city, just off Braeburn Drive.

The 57-year-old Salem resident was reported missing by family members last month after he left LewisGale Medical Center in the early morning hours of Feb. 9.

Reports of his disappearance surfaced in mid-February and a variety of law enforcement agencies and citizen groups used various methods to locate him, according to the release.

On Thursday, the Salem Police Department was again searching the area where Krippendorf was last seen when his remains were discovered at approximately 1:50 p.m.

The medical examiner's office positively identified the person in question as Krippendorf on Thursday, but an official cause of death has not been determined.

Currently, the Salem Police Department does not believe there is any evidence of foul play.

Nelson Harris book talk and signing set for Thursday

The 1940s were tumultuous and life-changing, full of joys and sorrows, uncertainty and hope. Noted local historian Nelson Harris has collected stories of events from this fascinating decade in his most recent book, "The Roanoke Valley in the 1940s."

On Thursday, March 9 at 7 p.m., Harris will give a book talk as part of the Salem Museum's Speaker Series. Sign copies of his books will be available for purchase. The event is in-person at the Salem Museum and will also be on Zoom. The link will be posted on the museum's website, salemmuseum.org, on the morning of the talk.

In a six-year effort, Harris has meticulously documented the history of the Roanoke Valley from 1940-1949. By searching every edition of "The Roanoke Times" between Jan. 1, 1940 and January 1, 1950, Harris gleaned all things noteworthy for the decade—in sports, business, religion, entertainment, civil rights, politics, municipal projects, disasters, crime and medicine—plus an assortment of the odd and unusual.

The 650-page book is thoroughly indexed and enhanced with 300 archival photographs from the collections



COURTESY PHOTO

Harris

of local museums, colleges, municipalities, organizations and individuals. Proceeds from the sale of the book will benefit the Salem Museum.

Harris is a native and former mayor of Roanoke. He has been the pastor of Heights Community Church since 1999 and is an adjunct faculty member at Virginia Western Community College. He holds degrees from Radford University and Southeastern Baptist Theological Seminary. He is a past president of the Historical Society of Western Virginia and is the author of twelve books, including "Downtown Roanoke," "Roanoke Valley: Then and Now," "A History of Back Creek," "Aviation in Roanoke," and "Hidden History of Roanoke."

-The Salem Times-Register

Glenvar Rotarians read at East Salem



Glenvar Rotary members read to classes at East Salem Elementary on March 2, National Read Across America Day, to celebrate Dr. Seuss' birthday. From left, they are President-elect Mark Mitchell, Meg Hibbert, Will Powers, Ariane Love and John King.



COURTESY OF MEG HIBBERT

Glenvar Rotarian John King reads to East Salem Elementary students on Read Across America Day.

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†No purchase necessary. Must be 18 or older to enter/win. One entry per person, per day. Employees of Ridge View Bank are not eligible to participate. Appropriate tax reporting will be required. Salem location only. Contest ends March 15, end of business day. Drawing held on March 15, 2023.

Briefly: Salem News In Brief

Salem Gun & Knife Show: The show will be at the Salem Civic Center from 9 a.m. to 5 p.m. on Saturday, March 11 and from 10 a.m. to 5 p.m. on Sunday, March 12. Admission for adults is \$10 and free for children under 12 with a paying adult.

Salem-Roanoke County Chamber of Commerce Awards Business Awards Breakfast March: It will be on March 17 at 8 a.m. at the Salem Civic Center.

DMV2Go: DMV2Go will be at the Salem Civic Center from 9 a.m. to 4 p.m. on Monday, March 20.

51st Annual Spring Home Show: The show will be at the Salem Civic Center 2-6 p.m. Friday, March 24, 10 a.m.-5 p.m. Saturday, March 25 and 12-5 p.m. Sunday, March 26. Tickets will be sold at the door.

2023 Senior Fun & Health Fair Day: The event, which is open to the public and free, will be from 10 a.m. to 2 p.m. Wednesday, April 12 at the Salem Civic Center.

Salem Spring Holiday Market: The market will be

at the Salem Civic Center from 9 a.m. to 4 p.m. on Saturday, April 15. Admission is free.

BBB Shred & Secure Your ID Day: The day will be at the Salem Civic Center from 8-11 a.m. on Saturday, April 22.

DMV2Go: DMV2Go will be at the Salem Civic Center from 9 a.m. to 4 p.m. on Monday, April 24.

Roanoke Symphony Orchestra: The Music of John Denver: The performance will be at 7:30 p.m. on Friday, April 28 at the Salem Civic Center. Tickets are \$31, \$34 and \$45.

Roanoke Valley Holistic Expo: The expo will be at the Salem Civic Center from 10 a.m. to 5 p.m. on Saturday, April 29.

2023 Mother's Day Brunch Fundraiser: The event hosted by Salem Area Ecumenical Ministries will be on Saturday, May 13 from 11 a.m. to 2 p.m. at Hidden Valley Country Club. It will benefit ACT Packs for

Children, Student Led Food Pantry, Summer Feed & Read and Mrs. Dorsey's Clothes Closet.

Foreigner: Greatest Hits Tour: The performance will be at 8 p.m. Sunday, May 21 at the Salem Civic Center. Tickets are \$39.50, \$55, \$69.50, \$85 and \$125.

Roanoke Symphony Orchestra: Pink Floyd—Dark Side of the Moon: The performance will be at 7:30 p.m. Friday, June 16 at the Salem Civic Center. Tickets are \$31, \$34 and \$45.

Public meetings: The Salem City Council will meet on Monday, March 13 at 6:30 p.m.

The Salem City School Board will meet on Tuesday, March 14 at 7 p.m.

The Salem Planning Commission will meet on March 15 at 7 p.m.

The Salem City Council will meet on Monday, March 27 at 6:30 p.m.

FROM THE ARCHIVES

HOTEL ROANOKE ONE OF FINEST IN THE SOUTH

New Addition Will Be Ready For Occupancy In September—Constructed At Total Cost Over Million

From the 1938 centennial edition of The Times-Register

With the completion and formal opening in September of the new Hotel Roanoke, Roanoke City and County will have one of the most beautiful and modern hotels in the country. The project was started in September of last year.

The new structure is being built at a cost of \$1,055,000, exclusive of furnishings, and is the first hotel in America scientifically planned for air-conditioning. The hostelry will have 310 rooms; a new garage, which with present facilities, will accommodate 100 cars; the largest ballroom in this territory, a new dining room; an ultra-modern kitchen, laundry and other features which provide adequate facilities to efficiently handle large conventions. The hotel will be completely fireproof throughout. Radios will be installed in each room of the new building, with the latest control system.

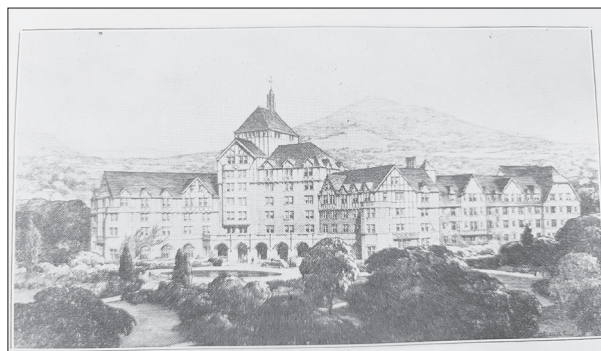
English Style
The new west wing of the hotel is designed to harmonize with the present east wing and will carry out the old English style of architecture. The new part of the hotel will include 181 new rooms, the new ballroom, main and private dining rooms, lobby, lounge rooms, roof garden, beauty parlors, barber shops, kitchen, laundry and garage.

The hotel is being built of structural steel framework with floors of reinforced concrete and hollow cinder block. Conforming with the architecture of the present building, the exterior of the hotel is face brick, paneled with stucco and half timbering, faced with Indiana limestone and native field stone. The hostelry will have a roof of slate on gypsum slabs. Plans call for rearranging and paving of the driveways with provision for adequate parking space.

During construction, guests are being housed in the east wings, beneath which are established a grill and kitchen. A temporary entrance to the building is in the east wing, in which are located the hotel offices.

The focal point of the new hotel will be Jefferson Street and Shenandoah Avenue, instead of directly south as at present. A pyramided tower will form the central motif of the structure. This will be flanked on the south and west by two octagonal towers, suggested by early English mansions. The towers will house the better suites and will have windows on three sides.

Main Entrance
The main entrance, which faces a pool and park, with an encircling driveway, is formed by five



FROM THE TIMES-REGISTER ARCHIVES

arched porticos, flanked by bowed terraces. Passing through the porticos the guest enters an English lobby, 35 by 74 feet, paneled from floor to ceiling with American walnut. To the left of the lobby is the main dining room, which has a floor space of 5,000 square feet and a seating capacity of 250. This room will be featured by a large circular bay on the north side and central dance floor.

On a higher level, to the right of the lobby, will be located an oval shaped palm room—45 feet wide by 56 feet long. Adjoining the palm room is a large assembly hall or gallery, 15 feet wide and 100 feet long, which opens into the huge ballroom and four large private dining rooms. The ballroom, 55 feet wide by 108 feet long, will be one of the largest in this territory. The ballroom and the private dining rooms will have a seating capacity of approximately 1,000. The management pointed out that these rooms, which will be treated acoustically, will form one of the largest hotel convention areas in this section of the country.

Other features of the main floor include a large lounge to be done in knotty pine, and rooms designed for afternoon teas and parties, etc.

Guest Rooms
All guest rooms will be modern in every respect, with tub and shower, ample closet space and

otherwise equipped to provide the last word in comfort and convenience. Guests can "make their own weather" during any season of the year by the simple turn of a radio-like dial, which automatically controls the temperature in each of the 181 rooms in the new wings.

Rooms on the front of the hotel will be equipped with double, double-hung windows—four sashes in each opening. This innovation, it was pointed out, will ensure the utmost quiet at all times.
The kitchen of the hotel will be one of its most unusual features, according to the architects and operators, who made an extensive study of plans for this department. Arranged for efficient and fast service, it will be fitted with every modern culinary apparatus for the preparation of dishes for which Hotel Roanoke is famous. The walls will be of glazed terra cotta tile, with floors of quarry tile and fixtures of stainless steel. Foods will be kept in refrigerating units designed along the most scientific lines. These features, plus mechanical dish washing units and other modern equipment, provide for the utmost in sanitation and cleanliness. Plans also include an adequate banquet pantry designed for handling large convention groups.

Another innovation of the hotel is a roof garden, 46x67 feet, located on the

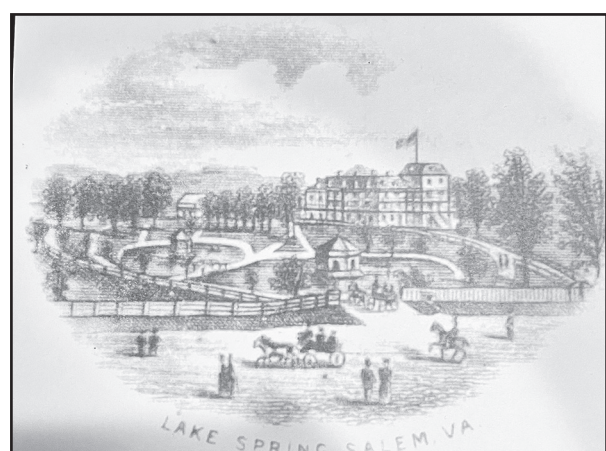
See From the Archives, page 4

SALEM MUSEUM SPOTLIGHT

Lake Spring Park is always one of the prettiest spots in Salem in the Spring, but in the late 1880s, it was even more grand. Salem's "Duck Pond" was once the site of the Lake Spring Hotel, considered by many to be one of the top vacation resorts on the East Coast due to its healthful mountain air.

The owners, Clementine and F. J. Chapman, offered a variety of entertainments: elegant dances, boating and fishing, billiards, bowling, baseball, croquet, even jousting tournaments! A fire broke out during a formal dance in 1892, and although guests in their finest attire formed a bucket brigade from the lakes to the burning building, the Hotel was destroyed.

Visitors to the Salem Museum can learn more about the Lake Spring Hotel and pull on a glove to touch and examine historic artifacts during



COURTESY OF SALEM MUSEUM

Hands On History Saturdays. This month features objects related to the Museum's upcoming exhibit, "Through Their Eyes," opening on March 25. The exhibit highlights 16 major events dating back to 1671, including the demise of the Lake Spring Hotel, that have shaped Salem and the Roanoke Valley into the community it is today. History gets personal when seen 'through the eyes' of men and women who lived

here at the time. To celebrate the exhibit's opening, the Salem Museum is hosting a Living History Day on Saturday, March 25 from 10 a.m. to 4 p.m. Admission is free. Costumed interpreters representing the 17th through the 20th centuries, including Mr. and Mrs. Chapman of the Lake Spring Hotel, will be on hand with stories and touchable artifacts to bring regional history to life.

POLICE REPORT

City of Salem Police Department



Weekly Arrest Report

Week of February 21, 2023 – February 27, 2023

Arrested On	Name	Age	Charges
02/21/2023	Clarence A. Greenway	50	Petit Larceny
02/22/2023	Eden D. Sullivan	38	Assault & Battery, Damage Property, Disorderly Conduct
02/22/2023	Frederick W. Davis	20	DUI, Illegal Possession of Alcohol
02/23/2023	Larry W. Hargrove Jr.	48	Embezzlement
02/24/2023	Henry A. Blankenship	39	Contempt of Court
02/24/2023	Daniel E. Weeks	39	Possess Forged Documents, Possession of Firearm by Felon, Obstructing Justice
02/25/2023	Taylor E. Cox-Hyler	23	Criminal Trespass
02/25/2023	Christopher L. Guillement	35	Entering Property of Another to Damage It, Criminal Trespass
02/25/2023	John L. Brodisch	21	Public Intoxication
02/26/2023	Amanda G. Underwood	35	Possession of Controlled Substance
02/26/2023	Gracie L. Yonts	20	DUI
02/26/2023	Russell E. Gordon	55	Public Intoxication

City of Salem Police Department

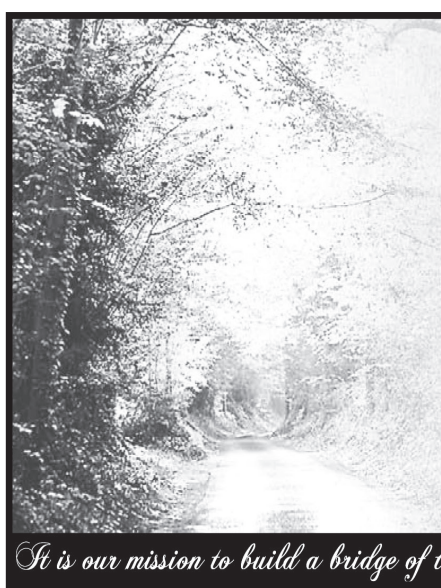


Weekly Crime Report (Felony Cases)

Week of February 21, 2023 – February 27, 2023

DATE REPORTED	LOCATION	OFFENSE REPORTED
24-FEB-2023	400 BLK Union St	Possession of Firearm by Felon

See More Police Reports, page 7



ADVANCED PREPLANNING


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As uncomfortable as it is, we all must confront the thought of our own death. The last thing we would want to do is to put more burden on our family and loved ones.

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OPINION

March to the Salem Public Library for March of the Penguins Month

March! March! March to the Salem Public Library for March of the Penguins Month! Children will receive a small prize when they check out a book about penguins. Join us at the Salem Public Library for the following children's programs in March.

Barks & Books: Read with a therapy dog. Children aged 6-11; Thursdays at 3:30 p.m. Register at salemva.libcal.com.

39 Clues Book Club: Tuesday, March 14, 3:30 p.m. 5th-8th graders. Join us as we discuss the latest book in the series. Register at www.salemva.libcal.com

Additional Upcoming events:
 Thursday, March 9: DMV Connect at Salem Library; 9 a.m.-12:30 p.m. and 1:30-4 p.m.; Walk-ins only.

Monday, March 13, 1 p.m.: Virtual Author Talk with David Epstein, NY Times bestselling author. Join a conversation about Epstein's recent book, "Range: Why Generalists Triumph in a Specialized World."

Register at www.salemlibrary.info
 Wednesday, March 15, 6:30 p.m.: Same Page Book Club, LGBTQ+ book club
 Monday, March 20, 4 p.m.: Heritage Apiary Bees:

Library Corner

Empowering individuals to
 build a stronger community
Benita VanCleave

in-person program. Learn about the amazing world of honeybees! Register at www.salemva.libcal.com

Tuesday, March 21, 4 p.m.: Virtual Author Talk with Jernard A. Wells, celebrity chef and author of "Southern Inspired: More Than 100 Delicious Dishes from My American Table to Yours." Register at www.

salemlibrary.info
 Wednesday, March 22, 2 p.m.: DIY Upcycled Book Coat Rack Craft Program; Must be age 18 or older to participate since power drills will be used. Join us as we create a Literary Coat Rack out of upcycled books. We will provide all necessary materials, however, if you own a favorite book and are willing to turn it into functional art, bring it with you! In addition, attendees are encouraged to bring a cordless drill if possible. If not, the library will supply some to share. Register at www.salemva.libcal.com

10 a.m.-12:30 p.m.; Medicaid Info & Enrollment; Provided by Bradley Free Clinic. Walk-ins only.

Mar 28, Tues; 1pm: Afternoon Book Club: "No Where Left to Go" by Benjamin Von Brackel.

7 p.m.; Virtual Author Talk with Pam Jenoff, NY Times bestseller; Historical fiction author talks about her newest book, "Code Name Sapphire." Register at www.salemlibrary.info

Lengthening days/oddities

{Frances Stebbins has been writing about Western Virginia events, especially those relating to faith communities, since 1953. She resides in Salem. Her column now appears monthly.}

When I first heard my mother and others in our church talking about observing Lent, I didn't know it had anything to do with there being more hours of light in a 24-hour period. But the simple word actually is Anglo-Saxon in origin and refers to the approach of spring.

The period includes 40 days, not counting Sundays, before Easter. That greatest of Christian holidays marking what believers site as the Crucifixion and Resurrection of Jesus, is regarded as "a moveable feast" meaning it depends on the phases of the moon.

In 2023 it will come on April 9 which is about midway in the months of March and April.

Meanwhile, Lent starts with Ash Wednesday, so-called because for well over 1,000 years those who follow the Christian tradition, the day is especially for thinking of the ending of one's life and the hope of death leading to a better existence and in some indefinable way being in the presence of God. The ashes symbolize mortality, and when they are applied to the forehead usually in the form of a cross, the

Frances Stebbins

Correspondant

words "Remember, O man (or woman) that you are dust, and unto dust you shall return."

Biblically, Lent relates to Jesus' time of temptation in the desert -what's called "the wilderness" in Scripture is hardly a wooded area of tangled undergrowth that I have associated with those words but the dryness of the Middle East now in the region of modern Israel. The hymn "Forty Days and Forty Nights" expresses the spirit of penitence.

The observant Christian reflects on how he or she could be a more loving and understanding person to other people as well as accepting God, or a Higher Power, as some prefer to call the Deity.

It is helpful to some to refrain from certain pleasurable practices during this time of penitence. That's how a common understanding of the period may be shared with the less observant. Chocolate, sweets, alcohol and any other luxury will do.

I once managed to refrain from my favorite late-night snack of peanut butter on crackers with a sweet or dill pickle.

Just what this refraining from pleasures does for the soul makes no sense at all to plenty of folk. Far more sensible, they say, to set aside some extra money for the

needy .I've done that too.

In fact, my earliest connection with Lent came in my Sunday school class where we pre-school pupils were shown "the leper pig." This little metal replica of the dirty farm animal had a slot for coins, and we were told our money would go to help people with a terrible disease called leprosy.

By Easter our small hands dropping in pennies might result in a dollar or more.

Not all Christian denominations make anything of Lent. Because it was long associated with the Roman Catholic Church and certain abuses of its power at that time in Europe, such groups as Baptists rejected any use of liturgical "seasons" which other believers see as reminders of Christ's life. Generally, the observance is most marked among Catholics, Episcopalians, Lutherans and many different groups associated with the 18th Century English clergyman, John Wesley and Methodism.

It seems odd to me, a senior-age woman, that two necessary articles, once taken for granted in households, are difficult or impossible to find in retail stores. Recently, I searched in vain for men's cotton handkerchiefs and common wood matches.

My late husband left me with a good supply of the handkerchiefs he always had in a pocket, but now 15 years after his death, I need some new ones.

And when I sought a box of long wood matches to light my Advent wreath and the large candle I like to burn on my supper table during the dark winter evenings, a clerk had to find me some at Kroger. Don't men blow their noses anymore?

SALEM TIMES-REGISTER

*A newspaper of, by and for the people of
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The Times-Register encourages letters from our readers on topics of general interest to the community and responses to our articles and columns. Letters must be signed and have a telephone number where you can be reached to be considered for publication. All letters will be verified before publication. The Times-Register reserves the right to deny publication of any letter and edit letters for length, content and style.

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FROM THE ARCHIVES FROM PAGE 3

fourth floor level. It will be appropriately appointed and decorated.

Barber shops, beauty parlors, etc., will be located beneath the main lobby. A completely equipped, modern laundry, which will handle all hotel linens and cleaning, will be located in the basement on the north side of the building.

The penthouse on the seventh floor of the tower will include a kitchenette, living room, dining room, two bedrooms and hall.

Widely known for its distinctive architecture and setting, Hotel Roanoke is one of the oldest hostleries in the city. The original Hotel Roanoke was built in 1882 by the Roanoke Land and Improvement Company when the town had a population of approximately 1,000.

The first addition to the original building was built in 1888. Since that time, the hotel has been frequently enlarged and improved, including the construction of new wings and other additions. In 1916, a three-story, 72-room addition was built on the old east wing site. The project also included construction of private dining rooms, a

ballroom and other facilities. This was followed by further alterations and betterments, such as the palm room, grill room, new lobby and modernization of the west wing.

The most important improvement within recent years was made in 1931 with the construction of a four-story addition to replace the old north wing, and a 60-car garage.

Luxuriously furnished with the most modern facilities for the comfort and convenience of the guests, the new wing was formally opened to the public on November 10, 1931, with a reception, banquet and dance.

Located in the basement of the hotel, the garage is equipped with every facility and provides complete servicing for automobiles.

During a career of more than half a century, Hotel Roanoke has played a prominent part in the civic and social life of the city. The hostelry is noted for its cuisine. Of old English architecture, and known as "A Modern Version of an Old English Inn," the hotel is set on a natural eminence in a ten-acre park, with rolling lawns, flower gardens, huge oaks and other shade trees.

-Prepared by Lisa King

CROSSWORD

1	2	3	4	5	6	7	8	9
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CLUES ACROSS

1. European Common Market	35. Prince Hirobumi, 1841-1909	66. W. states time zone	28. Impounds for lack of payment
4. Poetic go quickly	36. An easy return in a high arc	CLUES DOWN	29. Radiotelegraphic signal
7. Parts per thousand (abbr.)	37. Italian commune	1. Electronic data processing	31. MN 55731
10. Pigeon pea	38. L. Comfort's illuminator	2. Man or boy (Br.)	32. Sun in spanish
12. Sao __, city in Brazil	44. Foot digit	3. W. African nation	33. Helps little firms
14. Longest division of geological time	45. Minute tunicate genus	4. Fault's incline from vertical	34. Cease living
15. __ Alto, California city	46. Green regions of desert	5. Method of birth control	39. Fease up
16. Small terrestrial viper	48. Direct a weapon	6. City founded by Xenophanes	40. Egyptian sacred bull
17. Coming after all others	49. __ de Janeiro	7. Legumes	41. To wit
18. Penetrate with a sharp fork	50. Equestrian animals	8. Beckham's spice girl	42. Mire
20. Still-hunt	53. Acress Tomei	9. Explosive	43. Bring two objects together
22. Chinese frying pan	56. Head of the RCC	11. 1936 Nobel winner Otto	47. Filths
23. Cave-dwelling salamander	57. Twines	12. Greenbay teammate	50. Israeli dance
24. Any thick messy substance	59. Scientific workplace	13. Brass that looks like gold	51. Oil cartel
26. About the moon	61. Minerals	14. School graduates	52. A particular instance of selling
29. AKA Tao	62. Hypothetical original substances	19. Lively, merry play	53. Microelectromechanical system
30. Jet cabin requirement	63. Hit with the open hand	21. Make indistinct	54. Var. of 45 across
	64. Political action committee	24. Egyptian mythological figure associated with floods	55. Goat & camel hair fabrics
	65. Winged goddess of the dawn	25. Washing sponge	56. Soda
		27. Old name for nitrogen	58. A firm's operational head
			60. Seaport (abbr.)

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Overview of RCAHD reproductive health activities

As part of its role in community health, your local health department is committed to ensuring that all Virginians have access to reproductive health services. The Roanoke City and Alleghany Health Districts (RCAHD) offices employ a clinical team with doctors, physician assistants, nurses and skilled support staff who work together to provide a range of services to keep both adults and teens healthy.

The RCAHD Sexually Transmitted Infections (STIs) program aims to prevent the spread of sexually transmitted infections through education, outreach, and clinical services. STI clinics offer counseling, testing, treatment, and partner referral services for patients at risk of or currently experiencing STIs.

The RCAHD Family Planning program offers clinic services to provide individuals with the ability to decide if they want to have children and if so, how many and how far apart they want to space them.

A broad range of effective medical and educational services are available including:

- Access to many types of birth control methods
- Yearly sexual health exams, including breast exams and Pap smears

- Counseling
 - Education about family planning and infertility
- All services are confidential. We accept many insurance plans, and for those individuals who do not have insurance, costs for services are based on a sliding scale.

In addition to clinic services, RCAHD staff also work with the local Teen Pregnancy Prevention Collaborative to raise awareness about the importance of reducing teen pregnancies in the community. Teen pregnancies are a public health matter because adolescent mothers are more likely to drop out of school, have post-partum depression, and give birth to infants of low birth weight compared to women who have children later in life.

The goal of the Teen Pregnancy Prevention Collaborative is to support and empower teens to make the best choices for their own reproductive health. We work with partners who serve youth throughout the Roanoke Valley and Alleghany Highlands to improve communication and create systems to expand access to reproductive health services.

We need your input! To better understand the reproductive health needs and experiences of youth and

their caregivers, this spring health department staff are conducting community listening sessions. We want to hear directly from teens and caregivers of teens on what is challenging, and what resources would be helpful.

Evening and weekend listening sessions in small groups will be held through May in both the Roanoke and Alleghany Highlands areas. In exchange for about 90 minutes of your time, participants will be provided with a complimentary dinner and \$25 gift card. If you are a teen or caregiver of a teen (parent, grandparent, foster parent, or a coach, teacher, guidance counselor, etc) and would be willing to provide your input, please contact our Maternal and Child Health Coordinator at 540-759-2578.

The Virginia Department of Health's mission is to serve the community. Visit the VDH website (vdh.virginia.gov) for a variety of health information, from general advice for parents on how to have The Talk with your teen, to specifics such as how to contact your local health department office for an appointment.

-Christie Wills, Communications officer
Roanoke City & Alleghany Health Districts

Classroom grants awarded to Roanoke County, Salem teachers

Lambda Chapter of Alpha Delta Kappa annually awards classroom grants to teachers in Roanoke County and Salem City Schools. The most recent grants have been awarded to the following educators: Cave Spring Middle School special

education teacher Cathy Glebus to make a giant number line on the wall of her classroom, Cave Spring special education teacher Patricia Gentry to purchase adaptive story books for her classroom, East Salem Elementary guidance counselor Mary Gregory to purchase

Julia Cook books for her guidance library, G. W. Carver librarian Terri Vangelos to purchase plants for the library, Green Valley Elementary ESL teacher Paula Newbill to purchase a dollhouse and bilingual books for her classroom and Herman L. Horn

Pre-K teacher Monique St. Clair to purchase props for "theme play" in her classroom.

Alpha Delta Kappa is an international sorority for women educators whose purposes include promoting excellence in education, altruism, diversity and inclusion,

and world understanding. In addition to classroom grants, Lambda Chapter awards annually a \$2,000 scholarship to a senior in Roanoke County and Salem City high schools who will major in education.

-Submitted by Deborah Sprenger

CROSSWORD ANSWERS

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CHURCHES OF CHRIST/CHRISTIAN CHURCHES

DALE RIDGE CHURCH OF CHRIST - 7165 Cloverdale Rd., Roanoke, 24019; beside the Botetourt Athletic Club. Leave message 992-4385. Sunday Bible Study, 9:30 a.m., Worship, 10:30 a.m., Wednesday Bible Study, 6 p.m. Please come visit us in person or get to know about us first by visiting our web page: daleridgechurchofchrist.net. Updated each week with a new sermon by Mike Mazzalongo, four minutes of video showing our nearly six acres of land and our beautiful, functional inside facilities, articles, events, news from Christian sources around the world and here locally plus much, much more. See how many ways Dale Ridge is "Reaching Out There" to the Roanoke Valley with the "Good News of Jesus. By clicking on "visit us virtually" real time access to our Worship services is available via your computer, a tablet or smartphone: Just follow the instructions. We believe in the inspired Word of God which is as relevant today as it was when it was written. We believe the Holy Spirit is a gift to every Christian upon their response to the Gospel as demonstrated by the 3000 obedient souls in (Acts 2:38). We believe Jesus is the only author of our salvation. (Acts 4:12) Have you been looking for a church family that is progressive, outside the box thinkers, led by the Holy Spirit into all truth. (John 16:13). You will know we are His disciples by our love for one another. (John 13:35) Real time contact thru our website via email.

SALEM CHURCH OF CHRIST - 401 West Main Street. 540-389-2400. Minister Taylor Plott; 10:00am Sunday Bible Study; 11:00am Sunday Worship Service; Wednesday Life Groups: 5:30 -7:00pm. For more info contact the Church Office.

WESTSIDE CHURCH OF CHRIST - 1705 Starview Drive, Salem. Minister Neil Richey, 389-9139, Sunday Bible Study: 9:30 AM, Morning Worship: 10:30 AM, Evening Worship: 6:00 PM, Wednesday Bible Study, 7:00 PM.

CHURCH OF GOD/ANDERSON COVENANT COMMUNITY CHURCH - 955 Bird Lane, Salem, Va 24153, 389-5639. Pastor: Scott Hudson. Sunday School 10:00AM, Worship 11:00AM; Bible Study 6:00PM.

CHURCH OF GOD/CLEVELAND SALEM CHURCH OF GOD - 600 Craig Avenue, Todd Stiffler, Pastor, 387-2068, Sunday School 9:30 am; Worship and Kids Church 10:30 am, Wednesday Bible Study and Classes at 7:00 pm. www.salemccog.church

DISCIPLES OF CHRIST

FIRST CHRISTIAN CHURCH, 712 Front Ave. Salem, Pastor Dan Netting (540) 389-6831. www.firstchristiansalemva.com. Adult and Children Sunday School - 9:45 am, Worship - 10:45 am. Nursery Provided for both. Everyone welcome

FORT LEWIS CHRISTIAN CHURCH - 2931 West Main Street, Salem - Pastor Matthew Cox - 380-4636 - website: www.flccsalem.org. Sunday: 9:30am Adult Study Group, 10:30am Worship, Youth & Children's Church. All are welcome!

ECKANKAR

ECKANKAR, THE PATH OF SPIRITUAL FREEDOM, is a simple teaching that focuses on the Light and Sound of God to help people find more love in their life. The Roanoke Eckankar Center is located at 1420 3rd St. SW, Roanoke, VA 24016. A spiritual event is held on the 2nd Sunday of each month at 10:30 a.m. Since contracting COVID-19 may still be possible, please take the health steps that are best for you. It is appreciated that by attending you are taking responsibility for your own health. Visit www.eck-va.org, www.meetup.com/Roanoke-Spiritual-Experiences * Group* or call 540-353-5365 for other Eckankar programs and for more information about how the teachings of Eckankar can lead you to spiritual freedom.

EPISCOPAL

ST. PAUL'S EPISCOPAL CHURCH - 42 East Main Street, Salem, 389-9307. Sundays at 7:30am and 10am. Holy Communion in church and live-streamed on YouTube@StPaulSalemVa.

EVANGELICAL LUTHERAN

COLLEGE EVANGELICAL LUTHERAN CHURCH - 210 S. College Avenue, Salem VA 24153. Please visit our website www.collegelutheran.org for information on services.

FOURSQUARE

theBRIDGE SALEM CHURCH - 4335 West Main Street, Salem. 540-404-1414 | bridge.salem@icloud.com • www.salemva.church Saturday service, 6pm (Nursery & Kids Church available). Mail: PO Box 1954, Salem. Twitter/ Instagram: @thebridgesalem Joey Lyons, Senior Pastor | joey@salemva.church | 540-831-9864

INDEPENDENT

RESTORATION CHURCH - a Community on Mission Following Jesus into the World - 10:10am Sundays at the Salem YMCA - 1126 Kime Lane, Salem - 540-384-1601 - www.restorationsalem.org. Watch Live at: YouTube: Restoration Church-Salem, VA. Facebook: RestorationChurchSalem

NATIONAL BAPTIST CONVENTION, U.S.A., INC.

FIRST BAPTIST CHURCH - 226 South Broad Street, Salem. Rev. Melton Johnson, 389-9648. Sunday School 9:30 AM, Sunday Morning Worship Service 11:00 AM, Wednesday Bible Study and Prayer Meeting 7:00 PM.

SHILOH BAPTIST- 201 South Market Street, Salem, Rev. Adrian E. Dowell, H) (389-0409). Sunday School at 8:30 a.m. (All classes) each Sunday online via zoom and church conference call line. Wednesday Adult Bible Study at 7:00 p.m. via zoom and church conference call line. Children's Bible Study at 7:00 p.m. via zoom. Teen Talk Bible Study at 7:30 p.m. via zoom. Saturday Men's Bible Study at 7:00 a.m. via zoom. Saturday Intercersory Prayer Service at 8:00 a.m. via church conference call line. Sunday Women's Bible Study Class at 8:30 p.m. via zoom. In-person Worship on Sunday at 11:00 a.m. or worship with us on line via Facebook or on the church conference call line. In person worship requires CDC guidelines for mask wearing and social distancing. Ushers are available to assist with seating.

PENTECOSTAL HOLINESS

CHRISTIAN LIFE INT'L - 1 CLI Way, Salem, Ryan Linkous, Pastor, 343-3801, Sunday Worship Service 10:15 AM, (Children's Church and Nursery) Wed, MidWeek Service (Adult, Awaken Youth, Mpac Girls & Royal Rangers) 7 PM. Nursery Provided. Email: office@clchurch.org. Find us on facebook.

PRESBYTERIAN CHURCH (USA)

SALEM PRESBYTERIAN CHURCH - 41 East Main Street, Salem, VA . 389-3881. Come help us welcome our new Pastor, Rev. Chris Vogado, and worship along with him and our Associate Pastor, Rev. Janet Chisom each Sunday at 11:00 AM. In-Person Sunday School is 9:30 AM. You may still worship with us online live at www.salempres.org, or Facebook, or YouTube. During in-person worship, mask wearing for health reasons is optional.

UNITED METHODIST

FIRST UNITED METHODIST CHURCH - 125 W. Main St, Salem, VA. 540-389-5459. Pastor Alan Combs, Traditional Worship - 8:45am, Sunday School - 9:45am, Genesis Contemporary Worship 10am; Traditional Worship - 11:00am. www.fumcsalemva.org.
LOCUST GROVE UNITED METHODIST CHURCH - 3415 Locust Grove Lane, Salem, 380-4303, Pastor Logan Hollenbeck. Each Sunday Traditional Worship 9:30 a.m.

To list your church, contact Randy Thompson at 540-230-1129 or email advertise@ourvalley.org

V DOT ROADWATCH

INTERSTATE 81
INTERSTATE 81 LANE WIDENING CONSTRUCTION PROJECT EXIT 137 TO EXIT 141 – A \$179 million design-build project to widen both directions of I-81 between mile markers 136.6 and 141.8 from two to three lanes is set to begin. Starting in February and continuing into the early summer, work will be performed on the inside and outside shoulders along a five mile section of both northbound and southbound Interstate 81 in Roanoke County and the city of Salem. The shoulders will be built up before barrier wall can be installed for road crews to work behind. Barrier wall will be installed along the shoulders in the spring and summer. Two lanes of I-81 traffic in each direction will remain open during the project with periodic lane closures scheduled during nighttime hours or outside of peak travel times as needed. Drivers can expect the following lane closures and upcoming impacts on northbound and southbound I-81:

TRAFFIC SHIFT ON WILDWOOD ROAD: Expect a traffic shift with narrow width on Wildwood road after exiting I-81 southbound heading towards Salem. Southbound and northbound I-81 exit and entrance ramp narrows possible at Route 311.

WORK ZONE SPEED: With narrow spacing in lanes due to barrier walls, lack of shoulders and lane shifts in various locations, drivers should adhere to posted 60 mph speed limits in the work zone and allow space when following a vehicle.

RAMP CLOSURES: Ramp closures are possible during nighttime hours, 12 a.m., to 5 a.m. Drivers should watch for message boards dates and times the ramp will be closed.

LANE CLOSURES: Alternating left and right lane and shoulder closures during nighttime hours between 8 p.m. and 6 a.m., Sunday through Thursday, are possible. Lane widths will be reduced to 11 feet.

Northbound lane closures from I-81 mile marker 136 to 141.

Southbound Lane closures from I-81 mile marker 141 to 136.

Nightly lane closures may be in place along the right lane with possible nightly ramp narrows as needed for guardrail and shoulder strengthening.

Northbound I-81 lane closures from mile marker 138 to 142

The project also includes replacing six bridges, widening two bridges, installing approximately 2.6 miles of sound barrier walls along northbound I-81, improving the southbound exit 137 off-ramp intersection at Wildwood Road and adding interchange lighting at exits 137, 140 and 141 are also included in the project. Expected completion in early 2026.

I-81 NORTHBOUND AT EXIT 105 NEW RIVER BRIDGE REPLACEMENT IN MONTGOMERY COUNTY – Traffic on northbound I-81 has been switched onto the newly constructed bridge over the New River at the Montgomery/Pulaski County line. The old bridge is being demolished. Lane and shoulder closures may be in place near exit 105. Lane closure may be in effect during the week from 8 p.m. to 7 a.m. Shoulder closures may be in effect at any time during the week. Slow rolls may be performed on I-81 in the north and southbound lanes from mile marker 98 to 109. Speed limit is reduced to 60 miles per hour in the work zone. Shoulder closures will remain in place though the duration of the project. Project completion is estimated by summer 2023.

SLOW ROLLS: A slow roll operation may be in place daily, Monday through Friday, between mile marker 101 and 105 northbound and between mile marker 109 and 105 southbound, between the hours of 9 a.m. and 3 p.m.

LANE CLOSURES: Nighttime alternating lane closures will be in place on I-81 northbound between

mile markers 104-106 from 7 p.m. to 6 a.m. the following morning.

ROUTE 605: Alternating lane closures and flagging operations will be present on Route 605, located under the New River Bridge, for work overhead on the bridge.

SLOW ROLLS: Slow rolls may be utilized periodically on both the northbound and southbound lanes from mile marker 98-109 for structural steel deliveries and setting beams.

I-81 BRIDGE DECK REPAIRS – Weather permitting, crews will repair bridge decks on Interstate 81. Between mile markers 170 to 95, right and left lane closures will be in place northbound and southbound during nighttime hours, 9 p.m. to 6 a.m. the following morning. Drivers should watch for signs and expect possible delays.

INTERSTATE 581
ROUTE 581 BRIDGE WORK OVER WILLIAMSON ROAD – Bridge work is underway on Route 11 (Williamson Road). Intermittent and alternating lane closures between the intersections with Rutherford Avenue and Wells Avenue are still possible. Intermittent daytime and nighttime lane closures between the intersections above may still be required utilizing flagging operations. Any impacts to I-581 will be minimal. Expected completion Spring 2023.

I-581/220 EXPRESSWAY PAVING OPERATIONS – Weather permitting, crews will pave, patch and repair pavement on various routes. Lane closures may be in place during nighttime hours, 9 p.m. to 6 a.m. the following morning. Drivers should watch for signs and expect possible delays.

I-581/220 LANE & RAMP CLOSURES FOR PAVING AND MAINTENANCE OPERATIONS IN ROANOKE COUNTY– Weather permitting, crews will be milling and paving along Interstate 81. Right and left lane closures will be in place along northbound and southbound lanes during nighttime hours. Drivers should expect possible delays.

ROANOKE CITY

13th STREET SE IMPROVEMENTS WITH DETOUR – A project to improve a portion of 13th Street SE in Roanoke is underway. Located in a residential neighborhood just east of downtown Roanoke, this project will improve traffic flow and connectivity along 13th Street SE from Tazewell Avenue to Norfolk Avenue. The project entails reconstructing about 0.2-mile of 13th Street as an improved, two-lane roadway with 10.5-foot-wide travel lane and a raised median. A new roadway will extend 13th Street to Norfolk Avenue and the intersection at 13th Street and Wise Avenue will be reconfigured to include a roundabout. Bike lanes, sidewalks, crosswalks and curb and gutter will also be added. Southbound 13th Street traffic has a detour in place using Norfolk Avenue onto 12th Street to Tazewell Avenue. This detour will be in place throughout the duration of this project. Signs will be posted to designate the detour route. Northbound 13th Street will remain open to traffic. Flaggers may be possible and the speed limit through the work zone is 25 mph. Drivers should expect intermittent flagging operations on Wise Avenue when necessary. The project is expected to be completed in summer 2023.

TRAFFIC PATTERN CHANGE: Northbound traffic is switched to the northbound lane of 13th Street. Southbound traffic will still be detoured around the work zone.

ROANOKE COUNTY

STARKEY ROAD AND BUCK MOUNTAIN ROAD ROUNDABOUT – On Monday, March 13, a road project to construct a single-lane roundabout at the intersection of Route 904 (Starkey Road) and Route 679 (Buck Mountain Road) will begin. Drivers should be aware of a new three-way stop to be implemented in the work zone at the intersection. The new roundabout is expected to be open to traffic sometime this summer. Once the roundabout is open, drivers should still expect lane closures with flaggers controlling traffic for final paving, additional concrete pouring and pavement marking until the project is finished. Final completion expected in late spring 2024.

THREE WAY STOP: Stop signs will be in place on each road approaching the intersection. This means drivers on Buck Mountain Road who do not stop currently will be required to stop while the intersection is under construction.

FLAGGING OPERATIONS: Throughout the life of the project, flaggers may control traffic between 9 a.m. and 3 p.m. daily so motorists should expect delays.

TRAFFIC SHIFTS: In addition, drivers should also be alert to traffic shifts and changing traffic patterns while the roundabout is under construction.

BLUE RIDGE PARKWAY CLOSURE – The Blue Ridge Parkway will be repairing slope failures and a culvert failure at mile marker 127.9. A 15-mile stretch of the Parkway, mile marker 121.4 to 136, will be

closed to all uses including cyclists, pedestrians and drivers. Detour signs to detour traffic around the Bent Mountain section of the Parkway will be in place. Traffic will be rerouted to Route 220 south to Route 419 north to Route 221 south. Traffic traveling north on the Parkway would be reversed. The detour is expected to be in place until 2023.

BOTETOURT COUNTY

ROUTE 43 CLOSURE DUE TO ROCKSLIDE – Route 43 in Eagle Rock is closed due to a rockslide located on Route 43 to left of bridge from Route 220 towards Clifton Forge. Route 43 is open heading towards the town of Eagle Rock and Buchanan. The area has been assessed and due to activity and upcoming weather impacts, the road will remain closed until next week. Work has been scheduled to begin on Monday, March 6, weather and activity pending.

DALEVILLE INTERSECTION PROJECT FOR FIELDSTONE DEVELOPMENT ACCESS – Lane closures northbound and southbound on Route 220 in Daleville will be in place for construction of a median with crossover, a right turn lane and a new traffic signal. This work is associated with construction of the Fieldstone Development. Lane closures will be set up on various days in early 2023.

ROUTE 11 BUCHANAN BRIDGE PROJECT – A construction project on the Route 11 Bridge in the Town of Buchanan is underway. Water Street is closed for the duration of the project and drivers should expect periodic lane closures with flagging operations to be in place during daytime hours. Message boards are present to alert and update drivers. Expected completion in summer 2023.

ROUTE 611 (GREYLEDGE ROAD) – A 1.5 mile section of Route 611 (Greyledge Road) is closed due to flooding that damaged the roadway. Extensive repairs will be needed and a detour will be in place. There is no estimated time for the road to reopen.

CARROLL COUNTY

ROUTE 645 CULVERT REPLACEMENT – Partial removal and demolition of the existing culvert on Route 645 (Stone Mountain Road) is underway. The road will be closed for removal of existing culvert and installation of a new box culvert. A detour will be in place at the intersections of Route 645 and Route 618 and Route 645 and Route 638. Estimated completion is April 2023.

ROUTE 52 UTILITY WORK – APCO will be upgrading overhead power lines adjacent to Route 52 from the Town of Hillsville traveling northbound along Route 52. Shoulder and lane closures are possible.

CRAIG COUNTY

ROUTE 626 CLOSURE – On March 13 at 8 a.m., Route 626 (Bethel Church Road) will be closed to traffic for a bridge replacement with a concrete slab. The bridge is located between Route 624 Little Mountain Road and Route 42 (Cumberland Gap Road). A detour will be in place. The bridge is scheduled to reopen by the end of the day on March 16, 2023.

ROUTE 311 BRIDGE REPLACEMENT OVER MEADOW CREEK – Temporary signals control traffic across the bridge and will be in place throughout the project. Construction will begin on the northbound side of the bridge and once completed, work will switch to the southbound side. In addition, a section of Route 646 (Allen Street) between Route 650 and Route 311 will be closed during construction and a signed detour will be in place. All traffic will be detoured to Marshall Street and Kanawha Street to access either 311 or the homes located off Allen Street. Speed limit will be reduced to 35 mph in the work zone with a width restriction of 9 feet. Drivers should expect delays and allow extra travel time through the work zone. Weather permitting, the bridge is expected to be open to traffic by the late spring 2023.

TRAFFIC SWITCH: Traffic is using the southbound lane to the northbound lane while work continues. Southbound lanes are closed. Temporary traffic signals will continue to direct traffic and message boards will notify drivers.

MONTGOMERY COUNTY

ROUTE 8 PEDESTRIAN IMPROVEMENTS – On March 10, work will begin to construct pedestrian improvements on Route 8 in Riner. The work zone will begin at the intersection with Route 669 (Union Valley Road) and will end at the current site of the Atlantic Union Bank. Drivers should expect shoulder closures to be in place and flagging operations between the hours of 9:30 a.m. to 2:30 p.m. through the start of the project until May 24, end of the school year. Once the school year is complete, lane closures will expand in hours to 9 a.m. to 4 p.m. and 6 p.m. to 9 p.m. Expected completion is summer 2023.

A single lane closure is planned for Wednesday, March 8 through Friday, March 10 between the hours of 9 a.m. and 3 p.m.

‘Shrek the Musical Jr.’ will be performed at Salem High School

Venture on into the swamp alongside some popular characters as Salem High School Drama prepares its production of the year, “Shrek the Musical Jr.” This play is based on the popular Dreamworks Animated Production of “Shrek” and the book by William Steig. Music by Jeanine Tesori, and lyrics by David Lindsay-Abaire.

Follow the adventures of the big green, angry ogre of Far-Far Away, Shrek, as he appears from the swamp to the stage. Lord Farquaad’s latest corrupt laws have sent all fairy-tale characters into the depths of Shrek’s swamp. Shrek and his new best companion Donkey take on the challenge of rescuing Princess Fiona to get Shrek’s swamp back from the rest of the fairy-tale creatures. Follow Shrek’s adventure to rescue Princess Fiona and obtain the deed to his swamp as the characters


attempt to live happily ever after.

“I am so very proud of the work and creativity that each individual has brought to this production. They work so hard to make this production the best that it could be,” Alexandra Schmitt Easterling, Salem High School theatre director, said. “I want to thank everyone involved for their enthusiasm, dedication and passion that helped to make this production very special! I am so very excited to share with the community the final product!”

Shows run from March 9-11 in the Salem High School Auditorium. There are only three showings of this production, one each day at 7 p.m. Tickets for general admission are \$10 and are sold at the door. For any more information on the production, contact Alexandra Schmitt Easterling.

-Submitted by Kris Harless

Be sure to ‘Like’ the Salem-Times Register on Facebook.
 salemtimes-register.com



Apperson Drive (Route 11) And Orchard Drive Intersection Improvements City of Salem

Find out about a project that will improve safety and reduce delays at the intersection of Apperson Drive (Route 11) and Orchard Drive in Salem.

The project entails installing a new traffic signal at the intersection and coordinating it with the nearby signal on Route 419. A new right turn lane from eastbound Apperson Drive onto southbound Orchard Drive also will be constructed. Eastbound Apperson Drive approaching its intersection with Orchard Drive will be reconfigured to provide a right turn lane, a through lane and a left turn lane.

Review the project information and National Environmental Policy Act document in the form of a Programmatic Categorical Exclusion at VDOT’s Salem District Office located at 731 Harrison Avenue in Salem, 540-387-5353 1-800-FOR-ROAD, or TTY/TDD 711. Please call ahead to ensure the availability of appropriate personnel to answer your questions.

If your concerns cannot be satisfied, VDOT is willing to hold a public hearing. You may request that a public hearing be held by sending a written request to Mr. Jesse Weitzenfeld, Virginia Department of Transportation, 731 Harrison Avenue, Salem, VA 24153, on or prior to **March 24, 2023**. If a request for a public hearing is received, notice of date, time and place of the hearing will be posted.

VDOT ensures nondiscrimination and equal employment in all programs and activities in accordance with Title VI and Title VII of the Civil Rights Act of 1964. If you have questions or concerns about your civil rights in regards to this project or need special assistance for persons with disabilities or limited English proficiency, contact Jesse Weitzenfeld at the phone numbers listed above.

UPC: 119474
 State Project: 011-129-254, C501, P101, R201
 Federal Project: NHPP-5128(470)
 From: 0.057 mile west of intersection of Orchard Drive
 To: 0.057 mile east of intersection of Orchard Drive

POLICE REPORT from page 3

City of Salem Police Department



Weekly Arrest Report

Week of February 28, 2023 – March 6, 2023

Arrested On	Name	Age	Charges
02/28/2023	Alton K. Miller Jr.	63	Public Intoxication
02/28/2023	Hunter R. Lester	34	Damage Property
03/01/2023	Leonell E. Gonzalez-Ortiz	24	Public Intoxication
03/01/2023	Timothy L. Harris	33	Criminal Trespass
03/01/2023	Jerry M. Ramsey	63	Possession of Firearm by Felon
03/02/2023	Winfred J. Richardson Jr.	46	Possession of Controlled Substance
03/03/2023	Erin R. Hartberger	42	Criminal Trespass
03/03/2023	Daniel J. Hartberger	42	Criminal Trespass
03/03/2023	Alexander H. Edmonds Jr.	52	Attempt to Circumvent Ignition Interlock
03/03/2023	Benjamin F. Phillips 5 TH	51	Shooting/Throwing Missiles at Vehicle, Damage Property
03/04/2023	Kayla R. Hundley	23	Failure to Appear on Misdemeanor
03/04/2023	Tiera N. Woodson	27	Shoplifting
03/05/2023	Hope S. Robertson	31	Public Intoxication, Criminal Trespass

City of Salem Police Department



Weekly Crime Report (Felony Cases)

Week of February 28, 2023 – March 6, 2023

DATE REPORTED	LOCATION	OFFENSE REPORTED
28-FEB-2023	1100 BLK W Main St	Grand Larceny
1-MAR-2023	O BLK W Clay St	Possession of Firearm by Felon
2-MAR-2023	100 BLK Lewis Ave	Possession of Controlled Substance
5-MAR-2023	800 BLK Apperson Dr	Vehicle Theft

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Legals - City of Radford

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Legals - City of Salem

NOTICE OF PUBLIC HEARING

Notice is hereby given to all interested persons that the Board of Zoning Appeals of the City of Salem, Virginia will hold a public hearing, in accordance with the provisions of Sections 15.2-2204 and 15.2-2309 of the 1950 Code of Virginia, as amended, on March 23, 2023, at 4:00 p.m. in the Council Chambers of City Hall, 114 North Broad Street, in the City of Salem, Virginia, to consider the following applications.

Request of the City of Salem, property owner, and Roanoke County, project administrator, for a variance from Section 106-226.7 of the Code of the City of Salem, to allow construction of the greenway trail, extending from the existing trail on Salem City owned property (Tax Map # 178-4-1) near Kingsmill Drive to the Roanoke County owned property (Parcel ID # 056.01-01-17.00-0000) near Riverside Nursery. Section 106-226.7(A) states that no new construction shall be permitted, except where the effect of such development on flood heights is fully offset.

Request of the City of Salem, property owner, for a variance from Section 106-226.7 of the Code of the City of Salem, to allow the bridge widening of Apperson Drive Bridge along with incidental greenway trail work on and near the 1600 block East Riverside Drive (Tax Map # 259-2-1). Section 106-226.7(A) states that no new construction shall be permitted, except where the effect of such development on flood heights is fully offset.

At this hearing, all parties in interest will be given an opportunity to be heard, present evidence, and show cause why such requests should or should not be granted. For additional information, contact the Office of the Zoning Administrator, 21 South Bruffey Street, Salem, Virginia (Phone 3753032).

THE BOARD OF ZONING APPEALS OF THE CITY OF SALEM

BY: Mary Ellen H. Wines, CZA, CFM
Zoning Administrator

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Legals - City of Salem

Notice is hereby given to all interested persons that the City of Salem

Planning Commission, at its regular meeting on March 15, 2023, at 7:00 p.m., in the Council Chambers of City Hall, 114 N. Broad Street, in the City of Salem, Virginia, will hold a public hearing, pursuant to Sections 15.2-2204 and 15.2-2285 of the Code of Virginia, as amended, to consider approval of the following requests relative to the CODE OF THE CITY OF SALEM, VIRGINIA:

1. Consider the request of Michael O. Garst and Alan L. Garst, property owners, for rezoning the property located at 907 Florida Street (Tax Map # 185-5-9) from HBD Highway Business District to RSF Residential Single Family.
2. Consider the request of Daniel N Suggs Excavating & Grading, Inc., property owner, and AM Transportation of Roanoke, LLC, contract purchaser, for the issuance of a Special Exception Permit to allow a truck parking facility on the property located at 2730 West Main Street, (Tax Map # 174-5-1).

Copies of the proposed plans, ordinances or amendments may be examined in the Office of Community Development, 21 South Bruffey Street, Salem, Virginia. At said hearing, parties in interest and citizens shall have an opportunity to be heard relative to the said requests.

THE PLANNING COMMISSION OF THE CITY OF SALEM, VIRGINIA
BY: James E. Taliaferro, II Executive Secretary

Notice

is hereby given to all interested persons that the Council of the City of Salem, at its regular meeting on Monday, March 27, 2023, at 6:30 p.m., in the Council Chambers of City Hall, 114 N. Broad Street, in the City of Salem, Virginia, will hold a public hearing, pursuant to Sections 15.2-2204 and 15.2-2285 of the Code of Virginia, as amended, to consider approval of the following requests relative to the CODE OF THE CITY OF SALEM, VIRGINIA:

1. Consider the request of Michael O. Garst and Alan L. Garst, property owners, for rezoning the property located at 907 Florida Street (Tax Map # 185-5-9) from HBD Highway Business District to RSF Residential Single Family.
2. Consider the request of Daniel N Suggs Excavating & Grading, Inc., property owner, and AM Transportation of Roanoke, LLC, contract purchaser, for the issuance of a Special Exception Permit to allow a truck parking facility on the property located at 2730 West Main Street, (Tax Map # 174-5-1).

Copies of the proposed plans, ordinances or amendments may be examined in the Office of Community Development, 21 South Bruffey Street, Salem, Virginia. At said hearing, parties in interest and citizens shall have an opportunity to be heard relative to the said requests.

THE COUNCIL OF THE CITY OF SALEM, VIRGINIA
BY: H. Robert Light Clerk of Council

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Legals - Montgomery County

PUBLIC HEARING NOTICE

The Virginia Department of Transportation and the Board of Supervisors of Montgomery County, in accordance with Section 33.1-70.01 of the Code of Virginia, will conduct a joint public hearing in the Montgomery County Government Center, 755 Roanoke Street, Christiansburg, Virginia at 7:15 p.m. on Monday, March 13, 2023. The purpose of this public hearing is to receive public comment on the proposed Secondary Six-Year Plan for Fiscal Years 2023/2024 through 2028/29 in Montgomery County and on the Secondary System Construction Budget for Fiscal Year 2023/24. Copies of the proposed Plan and Budget may be reviewed at the Christiansburg Residency Office of the Virginia Department of Transportation, located at 105 Cambria Street, Christiansburg, Virginia or at the Montgomery County Government Center located at 755 Roanoke Street, Christiansburg, Virginia. All projects in the Secondary Six-Year Plan that are eligible for federal funds will be included in the Statewide Transportation Improvement Program (STIP), which documents how Virginia will obligate federal transportation funds. Persons requiring special assistance to attend and participate in this hearing should contact the Virginia Department of Transportation at (540) 381-7201. Persons wishing to speak at this public hearing should contact the Montgomery County Government Center at (540) 382-6954.

Legals Town of Vinton

INVITATION FOR BIDS

The Town of Vinton is accepting SEALED BIDS from interested landscaping contractors to perform mowing, general landscaping and snow removal services for the Vinton War Memorial. The term of the mowing contract shall be for one year, with the option to renew for an additional four (4) one-year term. Sealed bids must be submitted to the Vinton War Memorial, C/O Chasity Barbour, 814 E. Washington Ave, Vinton, VA 24179, on or before Monday, April 3, 2023, at 3 p.m. Bids must contain the Bidder's company name and address, and be signed by the appropriate company representative. No bids will be accepted after said time and date. Bid opening will occur after 3 p.m. at the Vinton War Memorial, 814 East Washington Ave, Vinton, VA. Bid information can be acquired by contacting the Town Manager at (540) 343-1508. The Town of Vinton reserves the right to reject any and all bids. The Town also reserves the right to award an individual or company who is not the low bidder if in its judgment, it would be in the best interest of the Town to do so.

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MIDDLE SCHOOL SPORTS

Middle School sports are now underway and both the Andrew Lewis and Glenvar teams opened their baseball, softball and soccer seasons in the past week.

BASEBALL

The Lewis baseball team split its first two games, falling 9-1 to Read Mountain but bouncing back for a 5-4 win over William Byrd on Monday.

Last Thursday at Read Mountain Kobe Hairston took the loss for Andrew Lewis on his first trip to the mound this season. Tanner Overstreet and Landin Barton each collected a hit to lead the Andrew Lewis' offense.

On Monday, also at home, Derek Bush took to the mound for his first start of the 2023 campaign. He allowed one hit, two runs, and three strikeouts in three innings pitched.

The Wolverines would come out swinging, scoring in the first inning on a double by Aiden Poff. Lewis would tack on three more runs in the third, paced by a long double by Carter Biscotte.

Byrd would try to mount a comeback, scoring three runs in the third, but a sacrifice fly by Aiden Poff would allow Overstreet to score the game winning run in the fourth inning. Ian Stump got the win on the mound as first year coach Andrew Reedy picked up his first win.

Glenvar also split their first two, losing to Cave Spring, 15-0, but coming out on the other side of a shutout with a 9-0 win over Northside Monday. Jensen Hutchison, Evan Johnson and Easton Quesenberry had two RBIs each and Cameron Feazell had 10 strikeouts and gave up no hits for the Highlanders.

SOFTBALL

Lewis opened the season with a 13-2 loss at Read Mountain last Thursday. "We left the bases loaded in the first and scored zero runs," said coach Lawrence Van Liew. "Take away one bad defensive inning, and add a run or two, and this is a totally different game."

Olivia Crosswhite pitched for Lewis and Ann Morgan Crew, Emory Coe, and Evelyn Van Liew all had hits.

On Monday in Vinton Lewis lost 11-1 to William Byrd as the Terriers broke open a close game with nine runs in the fourth inning.

"The game slipped away from us because of a few timely hits, and a few costly errors," said Van Liew.

Glenvar Middle School dropped an 11-2 game to Northside on Monday despite outpitching the Norsewomen, 4-3.

The Highlanders got things moving in the first inning. Sidney Smyth drew a walk, followed by a base hit by Zella Hayes. Grace Fielder singled to drive in Smyth. Caroline Rickman came up strong as well, driving in Fielder for the second run of the inning.

Northside tied up the game in the bottom of the first inning, then pulled away for good with five runs in the second inning.

Peyton Jones was in the circle for Glenvar, allowing three hits and striking out one. Fielder threw one inning out of the bullpen, fanning two. Audrey Moles and Emma Eskridge each added a base hit during the game for Glenvar.

BOYS' SOCCER

Andrew Lewis defeated Read Mountain, 2-0, and William Byrd, 5-0, in their first two games of the season.

The first match goals were scored by Dom D'Ambrosio and Jacob Daniel. Monday's goals were scored by Sam Villegas, Hudson Boxely, Collin Clinevell, D'Ambrosio, and Jacob Daniel. The defense posted two clean sheets, led by keeper Tyler Shannon.

Glenvar opened the season at home against Cave Spring and battled to a 0-0 tie.

GIRLS' SOCCER

The Lewis girls opened the season with two ties. They stalemated Read Mountain in Salem last Thursday, 1-1, as Emma Elder scored for the Wolverines. On Monday in Vinton it was a 2-2 tie against William Byrd Middle. Leah Johnson and Julia Crumpacker scored for Lewis.

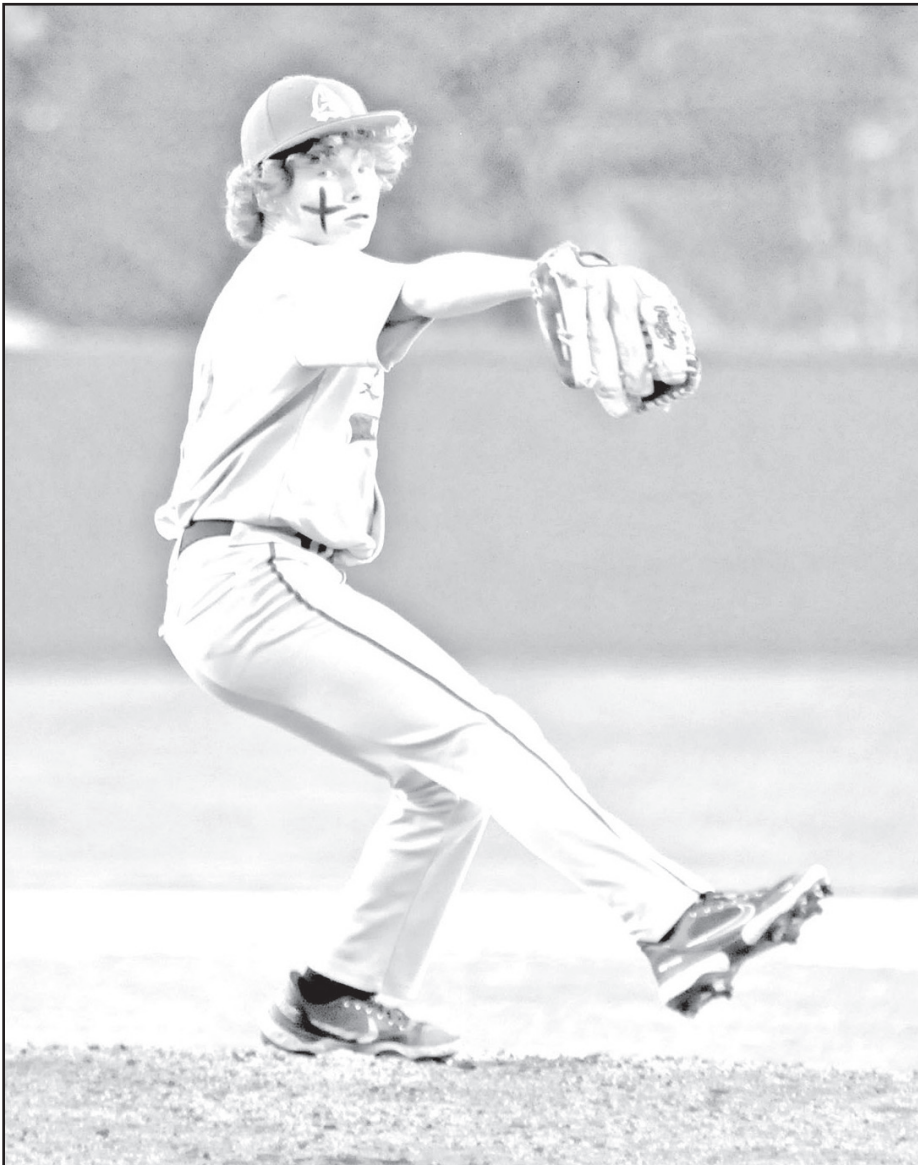
Glenvar dropped a 3-0 decision at Cave Spring in their opener. Mark Rohrback is coaching the Highlanders.

"We have several new players, including several starters, as well as returners playing new positions and even a few sixth graders in the starting rotation," he said. "All things considered I thought we did well against a very strong Cave Spring squad."

Glenvar returned to action yesterday in all four sports with baseball and softball meeting Read Mountain and the soccer teams taking on Northside. Today, Thursday, the Highlanders will host Ben Franklin Middle in softball and girls' soccer and go to Rocky Mount for baseball and boys' soccer.

Lewis is also in action today. The Wolverines will host Hidden Valley in softball and girls' soccer and go to Hidden Valley for baseball and boys' soccer.

The first track meets for both schools are March 15, with Lewis hosting at Salem High and Glenvar at Highlander Stadium.



Above, Derek Bush of Andrew Lewis pitches in Monday's win over William Byrd. Below, Langley Hart(right) of the Wolverine girls' soccer team battles for the ball in last week's opener with Read Mountain.

PHOTOS BY SUZANNE WITCHER & BRIAN HOFFMAN



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RC baseball wins 2 of 3

Will Turner of Roanoke College has been named the Old Dominion Athletic Conference baseball Pitcher of the Week after a busy weekend of action for the Maroons.

Turner, a senior from Moneta, Va., made the most of his first appearance of the year as he went the distance in leading Roanoke to an 8-1 victory over Franklin & Marshall College Saturday morning. Turner tossed all nine frames for a traditional complete game. He allowed one run and scattered six hits and did not walk a batter while fanning five.

Turner surrendered his lone run and three hits in the first inning but enjoyed several stretches of consistent success including, 10 straight outs from the fifth through the eighth innings. He rolled two double-play balls and induced 10 ground ball outs in controlling the Diplomats' offense.

Roanoke was back on the diamond at 6 pm Saturday and got another outstanding effort on the mound as Salem High grad Caleb Lingenfelter picked up his second win of the sea-

son. Lingenfelter pitched six shutout innings, allowing just three hits and one walk while striking out six in the 8-2 RC win.

Conner Butler, Tucker Schiavoni and Mason Staz had two hits each for the Maroons against Brockport and Schiavoni drove in three runs. Butler had a triple and two runs batted in.

The Maroons played their third game of the weekend on Sunday night at Salem Memorial Ballpark and dropped a 7-3 game to Marietta, the 15th ranked team in Division III.

Roanoke led 3-2 after seven innings but Marietta scored three in the eighth and two in the ninth to pull out the win. Isaac Brooks took the loss in relief for RC, giving up all three runs in the top of the eighth. Marietta pitchers scattered five hits and allowed no earned runs.

Now 6-5, the Maroons are out of town for spring break this week. They have games at Johns Hopkins on Tuesday and Wednesday, then play a doubleheader at Eastern Mennonite Saturday.



Mason Staz of Roanoke College beats the throw home in Saturday evening's win over Brockport at Salem Memorial Ballpark. PHOTO BY BRIAN HOFFMAN

Whitlow scores eight goals in Roanoke's win over Brockport

Salem High grad Wyatt Whitlow scored eight goals to lead the Roanoke College men's lacrosse team to a win over visiting John Carroll Saturday afternoon. The Maroons broke open a close game to win 20-14 at Kerr Stadium in Salem.

Roanoke trailed after 15 minutes, but a big second quarter and a continued offensive and defensive effort lifted RC to the win.

Roanoke led 11-9 at the half and the next two periods saw the Maroons outscore JCU by two in each with Luca Docking, Luke Kammerman, Whitlow, and Noah Goad each scoring at least one goal in the third to put Roanoke on top 16-12 after three quarters.

Whitlow finished the game with eight goals



Luca Docking controls the ball for Roanoke in Saturday's win over Brockport. PHOTO BY BRIAN HOFFMAN

and two assists for a 10-point game. Docking ended with five goals and one assist while Luke Kammerman also had six points with three goals and three assists.

The win lifted Roanoke to 3-2 on the

season with a Tuesday spring break game at Franklin & Marshall pending. The Maroons will host Swarthmore this Saturday at 1 pm, the first of four straight home games.

RC's Fowler will run in NCAA meet

The NCAA Division III Men's and Women's Track & Field and Cross Country Committee has announced the participants for the 2023 NCAA Division III Indoor Championships, and Roanoke College sophomore Brady Fowler has been selected to compete.

Fowler is one of 20 athletes who

will run in the 60m dash at the national championship meet, which will take place this Friday and Saturday, March 10-11, at the Birmingham CrossPlex in Birmingham, Ala. Fowler won the ODAC title in the 60m with a school-record time of 6.84 seconds at Cregger Fieldhouse in February.

GLENVAR GIRLS BASKETBALL

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girls in the paint to keep them from driving. Almost all our shots came from the outside."

With the loss Glenvar finished the season at 13-13. Johnson will lose three seniors, Rhyann Harris, Thompson and Keen.

"It will be back to the drawing board next year," he said. "I thought we had a pretty good year, making the state quarterfinals. We were 13-13 but we had to win some big games to get there, and we had a lot of close ones during the season. We could have won 18 games with a little luck, outside of Carroll and Floyd we were in every game."

Rhyann Harris(1st team) and McKenzie Harris(2nd team) both made the All-Three Rivers District team, which was dominated by defending state champion Carroll County. The Cavaliers are Class 3, so they weren't in Glenvar's region and the Highlanders put three on the All-Region 2C team, Rhyann on the first team and McKenzie and Thompson on the second. In addition, Rhyann Harris was named Region 2C Player of the Year.

"Our girls fought hard all season," said Johnson. "They took their licks but bounced right back and never quit."



LOCAL GIRLS WIN TWIRLING COMPETITION

The Salem based Southernettes competition twirling team took a group to Tennessee High in Bristol last weekend and took first place. Left to right are Hidden Valley High sophomore Kayla Pfountz, Salem High sophomore Taliah Gremling, leader and former SHS twirler Paige Yates, SHS sophomore Sophie Shearer and Salem High junior Kirsten Perrin. The girls also won the CIPA(Connecting Individuals through Performance Arts) competition in February. They will perform at Patrick Henry High School in Roanoke this weekend.

PHOTO BY LORI PFOUNTZ

Maroon laxwomen win big

The 20th nationally ranked Roanoke College women's lacrosse team had no trouble staying undefeated Sunday when the Cougars of Keen College visited Salem's Kerr Stadium. Roanoke took a 17-1 win to improve to 4-0 on the season. It was all Maroons, beginning in the first quarter as Libby Bowman, Lilly Blair, Grace Koutouzis and Tiernan Connor each scored a goal for Roanoke in the first 15 minutes. Bowman then scored her second goal on a free position shot with just three seconds left to put the Maroons ahead 5-0 after one quarter.

Blair led the Maroons with five goals and two assists, also winning six draw controls. Addison Schmidt forced five caused turnovers and finished 10 on the weekend.

Roanoke hits the road for spring break this week, playing a contest against FDU-Florham at the USA Lacrosse Complex in Sparks, MD on Friday, March 10. Game time against the Devils is scheduled for 6 pm.



Close games decide recreation championships

Players from the Salem Black Widows attempt to block a shot against the Salem Crush in the 9-10 girls' recreation basketball championship game at South Salem Elementary School last Saturday morning. The Widows, coached by Chris Osborne, took an exciting 17-15 win over Debbie Bolen's Crush to win the championship. An even closer game followed as Renaldo Martin's Junior boys beat the team coached by Lee Wolfe, 43-42, to win the Junior Boys Division championship. That wrapped up the recreation basketball season in Salem and spring sports are soon to follow.

PHOTO BY BRIAN HOFFMAN

Shaner swims in state meet for Raiders

Salem's Blake Shaner, a student at North Cross School in Roanoke County, recently competed in the state private school swim meet at Liberty University in Lynchburg. Blake placed 32nd in the 50 Freestyle and 34th in the 100 Freestyle. Shaner qualified for the state meet with a strong performance at the regional meet, held at Hargrave Military Academy, where he placed second in the 50 Free and fourth overall in the 100 Free. For his regional performance he was named Player of the Week at North Cross School.





With the James I. Moyer Complex undergoing a total remake this year the Salem girls softball team will be playing their home games at the Salem Civic Center. Below, Spartans practice at the civic center as they prepare for next week's opener. PHOTOS BY BRIAN HOFFMAN

Salem, Glenvar spring sports open next week

Spring is almost here and Salem and Glenvar will spring into action next week with the official start of Virginia High School League spring sports.

The first day of spring sports is Monday and there's a full slate of games and matches. The Salem baseball team will host James River at Billy Sample Field while the softball team is at William Fleming. The boys' lacrosse team will host Rockbridge County at 7:15 pm and the girls go to Rockbridge.

Salem and Glenvar will go head-to-head on the tennis courts Monday. The Salem boys will host Glenvar and the Spartans are at GHS for a girls' match. Glenvar also has a home baseball game against Hidden Valley and the softball Highlanders will open at Hidden Valley.

No Salem sports next Tuesday but Glenvar has five events going, including season openers in soccer with the boys at Lord Botetourt and the girls' home to Auburn. Glenvar will take on LB in baseball in Daleville and the two schools will meet in tennis with the Glenvar girls at home and the boys at LB.

Next Wednesday, March 15, Salem and Lord Botetourt will meet in tennis with the SHS girls at



home and the boys away. They also meet in soccer and baseball. Salem will be at Botetourt for a baseball game and girls' soccer while the LB boys come to Spartan Field for a match.

A week from today, on Thursday March 16, the

Salem girls will host Western Albemarle in lacrosse and the boys are at Western Albemarle. Glenvar will host Staunton River in softball and girls' soccer and the boys' soccer team will take on the Eagles in Moneta.

Glenvar senior Rhyan Harris is the Region 2C girls' basketball Player of the Year.

PHOTO BY JIM DEVINNEY



Glenvar girls fall in state quarterfinal

Rhyan Harris is named Region 2C Player of the Year

The Glenvar girls saw their basketball season come to an end with a loss to Gate City in the state Class 2 quarterfinal round Friday. The Blue Devils took a 69-32 win over the Highlanders at Virginia High in Bristol.

The Highlanders had their hands full, as two senior starters were missing. Kaelon Thompson was out with a knee injury suffered in the regionals and Olivia Keen came down sick and missed the game. That left coach Jeff Johnson with seven healthy players, two who came up from the jayvee team late in the season, while Gate City brought waves off the bench.

"I think they had at least 15 girls on the

bench," said Johnson. "They kept running fresh players in there and our girls never quit, but they were worn out."

Glenvar trailed 20-5 after the first quarter and, despite a run in the second period, the Blue Devils were never threatened from that point. The Harris girls, Rhyan and McKenzie, do most of the scoring for Glenvar and they finished with 27 of Glenvar's 32 points, Rhyan with 19 and McKenzie with eight.

"They wouldn't let Rhyan breath," said Johnson. "They put their best player on her and also guarded Kenzie man-to-man, then put two

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Glenvar boys win state Class 2 track championship

Sydney Loder wins 3 championships in girls state meet

The Glenvar boys won the Virginia High School League Class 1&2 state indoor track championship last week and the girls finished fifth in a meet dominated by Three Rivers District athletes. Floyd County won the girls' championship on Wednesday and Thursday of last week at Liberty University in Lynchburg.

The Glenvar boys scored 58 points to outdistance second place Bruton, who had 49. Floyd County was fifth and Alleghany was ninth, giving the Three Rivers three schools in the top 10.

Glenvar set two new Class 1&2 state records in the relays. The team of Jackson Swanson, Zach Curfiss, Avone Noel and Heath Bowker won the 4x200 in 1:33.25, beating Martinsville by a tenth of a second. The 4x400 foursome of Caeden Bowker, Curfiss, Colby Thompson and Heath Bowker won the state championship in 3:29.88, beating second place Lancaster by a full eight seconds. Both Glenvar times are new state records.

"One of the best surprises of the meet was the boys winning the 4x200 by .10 and beating the state meet record," said Glenvar coach Bekka Loder.

Individually, Heath Bowker won a state championship with a first place finish in the 500 meters. His time of 1:08.20 beat Trajan Waddy of Lancaster at the wire, who had a runner-up time of 1:08.31. Glenvar's Thompson was fourth in the race at 1:09.35.

In the 1,600m Caeden Bowker was second at 4:36, four seconds behind the winner, and Davis Norman earned points with an eighth place finish in 4:48.

Also placing high for the state champs was Swanson with a third in the 55m in a personal best time of 6.56. Two others took sixth place medals, Caeden Bowker in the 1000m at 2:47 and Thompson in the 300m at 37.11.

The boys 4x800 team of Charlie Horrell, Tyler Davis, Alden Smith and Norman earned a point with an eighth place finish, running a time of 9:10.09. Every point counted to help the Highlanders win the state.

"After competing at our Region meet, we thought the boys would have a good chance of placing at States and possibly win," said Loder. "The boys had a 40 point lead at regionals and



Above is the Glenvar Class 2 boys' state championship track team. Seated, left to right; Aiden Woodie, Avone Noel and Jackson Swanson. Standing, left to right; Caeden Bowker, Colby Thompson, Charlie Horrell, Heath Bowker, Zach Curfiss, Davis Norman, Aldin Smith and Tyler Davis. Below are the Glenvar seniors who competed in the state meet. Left to right; Coach Madison Bourne, Davis Norman, Caeden Bowker, Avone Noel, Jackson Swanson, Heath Bowker, Brooklyn Woolwine, Sydney Loder, Molly McCroskey and Coach Bekka Loder.

PHOTOS COURTESY GHS TRACK TEAM



Sydney Loder poses for a photo with state medals and mom, Glenvar coach Bekka Loder.

we just needed to compete the same way we've done all season and they did just that.

"After the 300 we knew by looking at the 3200 and 4x400 teams competing, as long as we had a clean run the boys would win. They knew they needed to place where they were seeded to make it all come together."

For the girls, senior Sydney Loder had quite a meet. The senior standout won three individual state championships and set a new state record in the 300m with a time of 41.10, half a second better than second place. That was her second indoor state championship in the 300.

Loder also won the 55m hurdles at 8.59, her third state championship in that event. Sydney won the high jump by clearing 5'2" and took sixth in the 55m dash with a time of 7.62, a personal best.

This weekend Sydney will run again, as she will be competing in the Nike Indoor Nationals in New York City. She made it in the Championship 60m hurdles

and the Elite 200m.

While Loder scored the lions' share of the points for the Glenvar girls the 4x800 relay team also placed with a fifth place finish. The team of Rayya Bryson, Molly McCroskey, Anna Hall and Joanna Killeen ran a time of 10:47.82.

"The whole meet was amazing to watch," said coach Loder. "To see your athletes out on the track displaying how hard they've worked all season is very rewarding. I'm beyond proud of each and every athlete."

The Highlanders will now look to the outdoor season, with practice already underway. The first outdoor meet is a little over two weeks away on March 24 at E.C. Glass High School.

"I have no doubt this could be a repeat for the boys for outdoor," said Loder. "You always pick up more for the outdoor season and it looks to be a good group that will work in well with those returning from Indoor."

Spartan sprinters set records at state Class 4 track meet

The Salem High boys' indoor track team finished third in the state Class 4 meet thanks to some great performances from a group of Spartan sprinters. The Blacksburg boys and Western Albemarle girls took team titles at the meet, held at Liberty University in Lynchburg last week.

Blacksburg scored 64 points to win the boys' meet, followed by Deep Creek with 44.5 and Salem close behind with 40 points. Salem won two state championships as junior Peyton Lewis won the 55m dash and

the 4x200 relay team also finished first.

The relay team consisted of Jonathan Vernon, Josiah Persinger, DaRon Wilson and Lewis and they ran a time of 1:28.16 for a new Class 4 state record. Salem beat second place Deep Creek by over two seconds as the Hornets ran a time of 1:30.22.

Lewis, who is a junior, and sophomore Persinger finished one-two in the 55 meter dash. Peyton tied the VHSL state record with a time of 6.37 and Persinger was close behind at 6.49.

Lewis also took fourth in the 300m dash at 35.25. The Spartans took fifth and sixth in the 55m hurdles with Christopher Cole placing fourth in 7.79 and Wilson sixth in 7.87.



Right, Salem High's Peyton Lewis after winning the Class 4 state 55 meters in record tying time last week. Above is the first place 4x200 relay team that set a new Class 4 meet record. Left to right; asst coach Tra Wilson, Jonathan Vernon, Josiah Persinger, Peyton Lewis, DaRon Wilson and coach Darryl McCoy.



PHOTO COURTESY SHS TRACK