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SALEM TIMES-REGISTER

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Yokohama celebrates 100 millionth tire made at Salem plant



A ceremony in which the history of the plant was discussed was held as part of the celebration.

Aila Boyd
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Yokohama Tire Manufacturing Virginia celebrated a milestone last Friday after its 100 millionth Yokohama tire rolled off the line at its Salem plant.

The 100th millionth tire was a GEOLANDAR A/T G015. Adam Bruce, vice president of manufacturing and plant operations, explained during a ceremony that the tire rolled off the line the day before.

"This is something we didn't do when we produced our 80 millionth tire back in 2015, so this is a nice occasion for us to celebrate," he said. "We would have never been able to accomplish this if it wasn't for all of the great people we have here."

Plant managers said they've been counting down to the 100 millionth tire since 2019. Bruce said he's looking forward to seeing the next 200 million tires produced at the plant.

"I'd like to express my sincere gratitude and congratulations to YTMV on behalf of the entire



The 100th millionth tire was a GEOLANDAR A/T G015.

company for this amazing achievement," Jeff Barna, president of Yokohama Corporation of North America, said. "The first Yokohama-branded tire was produced at YTMV in 1990 and since that time, Yokohama has grown dramatically here in the U.S. Such a feat would not have been possible without the local production from Salem, Virginia."

Officials from the City of Salem, including Mayor Renee Turk, were on hand for the celebration. She spoke briefly during the ceremony. "You guys and what you've done in remaining with this company and working with this company is the reason why they are where they are today," she said to the employees. "To Yokohama, we appreciate the partnership that we have with you as a business in our community."

Yokohama began manufacturing tires in the U.S. in 1989, when it acquired Mohawk Rubber Company's plant in Salem. It has since been renamed to YTMV



PHOTOS BY AILA BOYD

Management at Yokohama Tire Manufacturing Virginia's local plant celebrated the 100 millionth tire with city officials.

and has been renovated and expanded.

YTMV, which currently employs 632 people, produces passenger car and light truck tires, including products from Yokohama's famously rugged on- and off-road GEOLANDAR line and the fuel-efficient AVID family. Tires made exclusively at YTMV include the comfy/quiet-riding AVID Ascend LX and AVID Touring-S.

Bruce explained that all the tires produced at the plant are distributed domestically.

YTMV's Salem plant occupies 57 acres, including 1,250,000 square-feet of production facility and 39,881 square-feet of office space.

Roanoke College, Virginia Tech partner on accelerated pathways in computer science, computer engineering

The partnership gives Roanoke College students direct admission into master's degree programs

Roanoke College and Virginia Tech announced last week that they have entered a partnership aimed at benefiting students in science fields. Additionally, the hope is that the partnership will serve as an engine for economic, workforce and educational development in Virginia.

The two agreements that make up the partnership will allow Roanoke College students to pursue graduate programs at Virginia Tech and facilitate an early transition to graduate

school.

The announcement comes amid a larger investment being made by state leaders, employers and philanthropic donors to grow Virginia's workforce in high-priority tech fields. The Tech Talent Investment Program has marshaled more than \$2 billion to date to support initiatives designed to more than double the number of students statewide who are earning computer-related degrees and capitalize on major

opportunities such as the Amazon HQ2 project in Northern Virginia.

The new Direct to Tech program provides Roanoke College students direct admission into Virginia Tech Master of Engineering programs in either computer science and applications or computer engineering upon graduation from

See Accelerated Pathways, page 3



COURTESY PHOTO

The Salem High School forensics team celebrated its 17th consecutive state title over the weekend.

Salem High forensics team wins 17th consecutive state championship

Aila Boyd
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The Salem High School forensics team secured its 17th consecutive state championship on Saturday at the 2022-23 Forensics State Championships at Dominion High School in Sterling.

The final score for the state-level competition was Salem 29 and Grafton High School 18.

The following students placed at the competition: Kade Lakin and Graysn Mitchell in Serious Duo—state champion, Emma Snead in Impromptu Speaking—state champion, Ryan Long in Original Oratory—state champion, Connor Smythers in Humorous Interpretation—state

champion, Courtney Bowen in Serious Prose—State Champion, Ben Hathaway and Kyra Netting in Humorous Duo—state runner-up and Colton Easter in Prose—third place.

A number of other students placed in the top six in the state, including Zac Hathaway in Storytelling, Quinn Roudebush in Dramatic Interpretation, Lebron Parsell in Extemporaneous Speaking, Hall Blackwood in Storytelling, Tessa Yerton in Dramatic Interpretation and Lacey Stratton and Dresden Strouth in Humorous Due.

"Throughout the season Kade and I went through waves of emotions regarding if we could do this or not. Both of us had so much

going on and didn't know if we would be successful with our piece. But our team gave us confidence and comfort to keep going and I'm so glad we did," Graysn Mitchell, a Serious Duo state champion, said about her teammate Kade Lakin. "I've made so many new friendships this year with the amazing people apart of this team and I will forever cherish my high school memories made with these people."

The team was led to victory by coach Mark Ingerson. He noted the team has now had 93 individual event champions since 2004.

When the team returned to Salem, they were greeted by supporters who gathered at the Salem Farmers Market.

Council hears Roanoke Regional Partnership report

Meg Hibbert
Contributing writer

Salem City Council heard how the Roanoke Regional Partnership has helped recruit industries and new residents to the Salem area, at the March 27 Council meeting work session.

Regional Partnership Executive Director John Hull detailed accomplishments that included how the public-private partnership is responsible for raising the image and brand of the region. The membership serves eight local governments from Alleghany County, including Covington and Clifton Forge, to Franklin County.

The partnership works to promote economic growth, talent attraction, commercial real estate, livability and other aspects of a healthy region. Hull congratulated Salem Council and Mayor Renee Turk on the recent announcement about attracting STS AC North America's headquarters to

manufacture truck parts for Volvo in the former Salem GE plant.

One of the projects the partnership is working on is promoting the Woodhaven industrial park facility at the junction of I-81 and I-581. Salem has an 11.6 percent share in ownership of Woodhaven.

"A number of industries have looked at Woodhaven, from semiconductors to medical equipment," Hull told Councilmembers.

One of the ways the partnership promotes the area is with the Get2KnowNoke branding, incorporating outdoor opportunities, Hull pointed out, from things to do to dining and craft beverages.

Over the last year the economic impact for the Roanoke Valley has been \$132 million, with more than 400 new jobs and 75 companies that visited in 2022, he said.

Events such as the Foot Levelers Blue Ridge Marathon have had a \$1.2-million impact, Hull added.

Mayor Turk asked it Hull expected when the

area could expect tenants, and Hull said within a couple of years.


The Partnership has an online Job Board, Hull said, which is a comprehensive listing of all employment opportunities in the region. Currently there are 14,000 listings, including those in the City of Salem, he said.

Also at Monday night's work session, Councilmembers went over three issues that need attention, as brought up by citizens in the last three months.

The first was a request to change Council meeting times to from 6:30 to 7 p.m. so more citizens could have supper before coming to meetings. The consensus was to leave meeting times at 6:30.

Blighted areas in the city was the second issue, discussed at the City Council Retreat. The topic included cars parked in front yards. Vice Mayor Jim Wallace said, "There has been a lot of interest in taking care of that, before the Comprehensive Plan is


See Council, page 3



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Briefly: Salem News In Brief

Blue Ridge Sports Car Club: The free event will be at the Salem Civic Center Sunday, April 2 at 11 a.m. More information can be found at www.brr.scca.org.

Easter Egg Hunt: An Easter egg hunt for children ages 3-10 will be held on the Salem Civic Center Field from 6-8 p.m. on Wednesday, April 5. Hunts will be run approximately every 15 minutes with roughly 25 participants per hunt.

2023 Senior Fun & Health Fair Day: The event, which is open to the public and free, will be from 10 a.m. to 2 p.m. Wednesday, April 12 at the Salem Civic Center.

Salem Spring Holiday Market: The market will be at the Salem Civic Center from 9 a.m. to 4 p.m. on Saturday, April 15. Admission is free.

JDRF One Walk, Greater Blue Ridge: The walk will be held on April 16 at the Salem Civic Center and Salem Memorial Baseball Stadium. There will be 1, 2, and 3 mile walk routes around the Salem Baseball Stadium, Salem Civic Center and Roanoke College's Elizabeth Campus. McFadden and Friends will provide live musical entertainment. There will be a Kids Corner of activities as well as tables of information about T1D and the devices used in its treatment. The Salem Red Sox will have food and beverages available for purchase at their concession stands. Mugsie and Diesel will be available at the photo booth. Drawings will be held for some amazing prizes. People may register to be a walker or a team captain in the walk at walk.jdrf.org/greaterblueridge.

Roanoke Valley Sports Club: Roger Ayers: The event will be in the Community Room of the Salem Civic Center on Monday, April 17. Social time will be at 5:45 p.m. Dinner will be at 6:15 p.m., followed by the program at 7 p.m. The price of attendance is \$22.50 for members, \$28 for non-members and \$10 for children ages 4-12. Reservations are required: 540-353-1103.

BBB Shred & Secure Your ID Day: The day will be at the Salem Civic Center from 8-11 a.m. on Saturday, April 22.

DMV2Go: DMV2Go will be at the Salem Civic Center from 9 a.m. to 4 p.m. on Monday, April 24.

Roanoke Symphony Orchestra: The Music of John Denver: The performance will be at 7:30 p.m. on Friday, April 28 at the Salem Civic Center. Tickets are \$31, \$34 and \$45.

Roanoke Valley Holistic Expo: The expo will be at the Salem Civic Center from 10 a.m. to 5 p.m. on Saturday, April 29.

Blue Ridge Sports Car Club: The free event will be at the Salem Civic Center Saturday, April 29 and Sunday, April 30 at 11 a.m. each day. More information can be found at www.brr.scca.org.

2023 Mother's Day Brunch Fundraiser: The event hosted by Salem Area Ecumenical Ministries will be on Saturday, May 13 from 11 a.m. to 2 p.m. at Hidden Valley Country Club. It will benefit ACT Packs for Children, Student Led Food Pantry, Summer Feed & Read and Mrs. Dorsey's Clothes Closet.

Family Service of the Roanoke Valley: 3rd FSRV Bike, Car & Truck Show: The event is 10 a.m.-3 p.m. on Saturday, May 13 at the Salem Civic Center. It's free for spectators. Vehicle registration is \$25.

3rd Annual Relay for Life Car Show: The event is 2-6 p.m. on Saturday, May 20 at the Salem Civic Center. While open to the public, vehicle registration is \$20.

Foreigner: Greatest Hits Tour: The performance will be at 8 p.m. Sunday, May 21 at the Salem Civic Center. Tickets are \$39.50, \$55, \$69.50, \$85 and \$125.

3rd Annual Salem Gem, Mineral & Jewelry Show: The event is 10 a.m.-6 p.m. Friday, May 26, 10 a.m.-6 p.m. Saturday, May 27 and 11 a.m.-4 p.m. Sunday, May 28 at the Salem Civic Center. Attendance is \$8 for adults, \$3 for ages 11-17 and free for ages 10 and under with a paying adult. Tickets are good for all three days.

Roanoke Symphony Orchestra: Pink Floyd—Dark Side of the Moon: The performance will be at 7:30 p.m. Friday, June 16 at the Salem Civic Center. Tickets are \$31, \$34 and \$45.

Salem Fair: The Salem fair will be at the Salem Civic

Center June 28-July 9. It will be open from 4-11 p.m. Monday through Friday and 12-11 p.m. Saturday and Sunday. Admission is free.

Salem Gun & Knife Sale: The event will be from 9 a.m.-5 p.m. Saturday, July 15 and 10 a.m.-5 p.m. Sunday, July 16 at the Salem Civic Center. Tickets are \$10 for adults and free for those 12 and under with a paying adult.

Jason Isbell and the 400 Unit with special guest S.G. Goodman: The event will be at the Salem Civic Center at 7:30 p.m. Wednesday, Aug. 9. Tickets are \$47.50, \$62.50, \$87.50 and \$132.50.

36th Annual Mopars In The Valley Car & Truck Show: The free event will be at the Salem Civic Center from 8 a.m.-4 p.m. Saturday, Sept. 2.

Public meetings:

The Salem City Council will meet on Monday, April 10 at 6:30 p.m.

The Salem City School Board will meet on Tuesday, April 11 at 7 p.m.

The Salem Planning Commission will meet on April 12 at 7 p.m.

The Salem City Council will meet on Monday, April 24 at 6:30 p.m.

The Salem City Council will meet on Monday, May 8 at 6:30 p.m.

The Salem City School Board will meet on Tuesday, May 9 at 7 p.m.

The Salem Planning Commission will meet on May 10 at 7 p.m.

The Salem City Council will meet on Monday, May 22 at 6:30 p.m.

The Salem City Council will meet on Monday, June 12 at 6:30 p.m.

The Salem City School Board will meet on Tuesday, June 13 at 7 p.m.

The Salem Planning Commission will meet on June 14 at 7 p.m.

The Salem City Council will meet on Monday, June 26 at 6:30 p.m.

SALEM MUSEUM SPOTLIGHT

Do you know what the first commercial to air on a local, Roanoke Valley station was? It was for Valleydale of course!

In 1952, WSLs went on air as the first local channel.

Their first commercial featured Salem's Valleydale meats, and set a precedent for the meatpacking company. In the 1950s they introduced the "Pigs on Parade," a series of

commercials featuring a pig marching band celebrating Valleydale. These mascots were beloved by generations, continuing to represent the brand on their packaging and merchandise, and in their commercials, until Valleydale's closure in 2006.

These Valleydale pigs stuffed animals are currently on display in the Salem Museum's new permanent exhibit "Through Their Eyes."

"Through Their Eyes" highlights sixteen major events, dating back to 1671, that have shaped Salem and the Roanoke Valley into the community it is today. History gets personal as seen 'through the eyes' of men and women who lived here at the time. The Gallery features personal narratives, pictures, maps, artifacts, hands-on elements, and augmented reality technology.

The Salem Museum is open Tuesday through Saturday from 10 a.m.-4 p.m. and located at 801 E. Main St.

FROM THE ARCHIVES

HARD-SURFACED ROADS COME TO COUNTY IN '09

Economic Survey Of County By G. R. Stevens Shows Progress Of Better Highways In County Since 1900

From the 1938 centennial edition of The Times-Register

Roanoke County received its first surfaced road in 1909, work beginning on the strip which was to extend from Roanoke to Hollins Station, a distance of 4.7 miles, in May of that year, according to an economic survey of Roanoke County published several years ago by G. R. Stevens, of the University of Virginia.

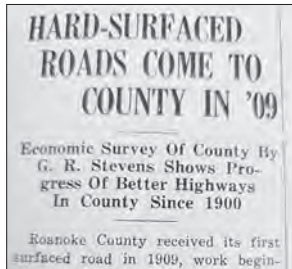
This road was twenty-two feet wide, covered with macadam fir sixteen feet of its width. Records show that in 1910 this first hard surfaced road was extended to Hollins .7 of a mile beyond Hollins Station.

The following year in 1911 another macadam road was constructed from Roanoke to Peter's Creek

School, a distance of 2.7 miles, and in 1913 the highway to Salem by way of Virginia Heights and an extension to the Williamson Road were completed.

Further progress was made in the good road drive in Roanoke County in 1915 when construction was completed on the road over Catawba Mountain, a distance of four and a half miles from Catawba Station to the Sanitorium. Yet with this advancement by 1918 there was little more than a thirty mile strip of hard surfaced highway in Roanoke County.

It remained for the advancement of the automobile for Roanoke County to connect all of its outlying points b good road, and today the main arteries



FROM THE TIMES-REGISTER ARCHIVE

of the highway system, radiating from Roanoke County to the north, south, east and west are all paved. The Lee Highway is one of the finest pieces of road construction found anywhere in the state. More than 50 miles of paved road is part of the state system, exclusive of the federal highways in the county.

-Prepared by Lisa King



COURTESY OF SALEM MUSEUM
Valleydale Stuffed Animals



Roanoke River Greenway Trail Extension Project City of Salem

Find out about a project to extend a section of the Roanoke River Greenway approximately 4,785 linear feet between Rotary Park and Apperson Drive (Route 11) in Salem. The project also entails building approximately 485 feet of retaining wall between the trail and the nearby apartment complex. A new handicapped accessible parking area with approximately five spaces would also be constructed adjacent to Apperson Drive.

Review the project information and National Environmental Policy Act document in the form of a Programmatic Categorical Exclusion at VDOT's Salem District Office located at 731 Harrison Avenue in Salem, 540-387-5353 1-800-FOR-ROAD, or TTY/TDD 711. Please call ahead to ensure the availability of appropriate personnel to answer your questions.

If your concerns cannot be satisfied, VDOT is willing to hold a public hearing. You may request that a public hearing be held by sending a written request to Mr. Chris Eggleston, Virginia Department of Transportation, 731 Harrison Avenue, Salem, VA 24153, on or prior to **April 14, 2023**. If a request for a public hearing is received, notice of date, time and place of the hearing will be posted.

VDOT ensures nondiscrimination and equal employment in all programs and activities in accordance with Title VI and Title VII of the Civil Rights Act of 1964. If you have questions or concerns about your civil rights in regards to this project or need special assistance for persons with disabilities or limited English proficiency, contact Chris Eggleston at the phone numbers listed above.

UPC: 119562
State Project: RRGW-129-257, M501, P101, R204
Federal Project: STP-5128(469)
From: Rotary Park To: Apperson Drive

Roanoke County Parks, Recreation & Tourism launches new monthly events calendar

Roanoke County—Roanoke County Parks, Recreation and Tourism is launching a new monthly EVENTS calendar next month.

By visit www.RoanokeCountyParks.com.

those who are interested can find a full list of community events, festivals, races and tournaments occurring in Roanoke County's parks, athletic fields and recreation facilities during the year.

The department hosts a variety of annual events for residents and visitors including sports tournaments and races, festivals and community-oriented activities. Some of the county's most popular events include Illuminights,

Blue Ridge Kite Festival, Touch-A-Truck and Explore Park's Adventure Saturday series.

Tournaments and races of notoriety include the Central Intercollegiate Athletic Association (CIAA) and Old Dominion Athletic Conference (ODAC) Cross Country Championships, as well as the Chance Crawford and International Softball Federation tournaments.

The department maintains 74 athletic fields within 59 park properties located throughout Roanoke County and hosts more than 69 sporting and special events each year. Given the high volume of activities throughout the county, the department said this new monthly calendar will provide convenient access to county events and promote enhanced usage in county park facilities.

The department said the new EVENTS calendar is a community outreach and marketing initiative designed to be comprehensive, user friendly and easy to access via the department website (www.RoanokeCountyParks.com/Events), social media and multiple distribution outlets located throughout the community.

-The Salem Times-Register

College Lutheran Church invites you to worship with us for Holy Week 2023

*Palm Sunday Service
April 2nd 10:00 a.m.*

*Maunder Thursday Service
April 6th 7:00 p.m.*

*Good Friday Services
April 7th
Noon and 7:00 p.m.*

Easter Services

*Easter Sunday Festival of the Resurrection
April 9th 10:00 a.m.*

We gather to celebrate Jesus' defeat over death and the grave in this festive service of the resurrection.

Easter Breakfast

College Lutheran Church warmly welcomes our friends and neighbors to breakfast on Easter Sunday, April 9th 8:30-9:45 in the Fellowship Hall.

*College Lutheran Church
210 South College Avenue, Salem • www.collegelutheran.org*

Accelerated Pathways

from page 1

Roanoke College. Direct to Tech is open to all Roanoke College seniors with a 3.0 GPA, regardless of major, who have completed certain required courses. The partnership will reduce the timeline for admission and give students an early transition into the Virginia Tech graduate programs, which are delivered from the Virginia Tech Innovation Campus in Northern Virginia. The first building of the Virginia Tech Innovation Campus, located just outside the nation's capital, opens to students in fall 2024. Students currently enrolled in Innovation Campus master's degree programs are attending classes at the university's Falls Church location.

"This program will provide students with the opportunity to take advantage of the best that Roanoke College and Virginia Tech have to offer. We're thrilled that Roanoke is the first college in Virginia to sign on to this program. The Roanoke College and Virginia Tech partnership is about access for our students and opportunities for their incredible futures," Roanoke College President Frank Shushok Jr. said.

Council

from page 1

revised and adopted."

The possibility of property tax relief when homeowners turn 80 was also discussed.

A request for more space needed for the Registrar's Office was brought up, a need that is particularly noticeable during early voting. Wallace asked if a mobile office could be set up in the parking lot could be set up from September to November.

At the regular meeting that followed, Council heard from two citizens during the citizen comment period:

"Maroons and Hokies are celebrating, and the pathways and possibilities to and from Roanoke College are even stronger. This is a tremendous arrangement and partnership for us, for Virginia Tech and for the commonwealth."

A second agreement between the two schools allows Roanoke College students to take advantage of an accelerated 4+1 undergraduate/graduate program in computer science or computer engineering at Virginia Tech. This partnership enables students to take courses that apply toward a bachelor's degree at Roanoke College and an accelerated master's degree at Virginia Tech. This means students can earn a Bachelor of Science in four years, then complete the master's with just one additional year at Virginia Tech. This program is open to any Roanoke College computer science major who has earned at least a 3.3 GPA and completed certain courses, including Calculus II, as part of their undergraduate degree.

"We are thrilled to partner with Roanoke College to launch our first Direct to Tech program and additional 4+1

opportunities," Lance Collins, vice president and executive director of the Virginia Tech Innovation Campus, said. "The Innovation Campus is dedicated to increasing opportunities for underrepresented students while expanding access to tech talent in the national capital region. We look forward to welcoming Roanoke College graduates to our Master of Engineering program."

As part of both the Direct to Tech and accelerated 4+1 agreements, Roanoke College students will not have to pay application fees or submit GRE scores to Virginia Tech. For the 4+1 program, Virginia Tech may provide significant financial support for students, particularly through state and industry funding earmarked to support women, underrepresented minorities, first-generation students and veterans.

The institutions said the Direct to Tech and 4+1 agreements are effective immediately.

-The Salem Times-Register

- John Breen asked for more opportunities for citizens to speak except at Salem Planning Commission meetings other than at public hearings. He said other jurisdictions allow speakers at those meetings. "Surely Council wants to know more of what citizens think?" Breen asked.
- Brent Caldwell, who lives on Hagan Lane off Rt. 419, asked Council to consider lowering the speed limit on 419 from 45 to 35 mph, and prohibiting "Jake Brakes". "The noise now from tractor trailers coming down the hill and hitting their Jake Brakes is really loud," Caldwell

said.

- In new business, Council held a public hearing on first reading to change zoning for 907 Florida St. from Highway Business District to Residential Single Family. No one spoke. The motion carried, 4-0. Councilman Hunter Holliday was out of town.
- Council voted 4-0 on first reading to remove the fee to maintain a law library at the courthouse, since the records are now online instead of printed. The meeting adjourned at 6:45 p.m.

Spring Home Show held over weekend



The 51st Annual Spring Home Show was held at the Salem Civic Center March 24-26.



PHOTOS BY AILA BOYD

Easter egg hunt will be at Salem Civic Center

Due to constructure work at the Moyer Sports Complex, the City of Salem will hold its annual Easter Egg Hunt at the Salem Civic Center this year.

The free event will take place from 6-8 p.m. Wednesday, April 5 on the fields located on the right side of the center's main entrance.

"The egg hunts will be spread out to ensure that all children have a fair chance to participate and hunts

will start every 15 minutes with approximately 25 kids and parents in each event," according to a city news release.

Age groups 3-4 and 5-6 will hunt for eggs on the back fields. Age groups 7-8 and 9-10 will hunt for eggs on the front fields. The city said children are only allowed to hunt for eggs in their respective age groups and that parents are allowed in

the hunt areas but that only children can collect the eggs.

Vendors, including Little Critters Petting Zoo, Creative Expressions Face Painting, Salem Fire & EMS and MousePro Travel Agency, will be present. There will also be inflatables, crafts and the Easter Bunny. The Tailgate will be on hand with concessions.

-The Salem Times-Register



COURTESY PHOTO

This year's Easter Egg Hunt will be at the Salem Civic Center instead of the Moyer Sports Complex.

VDOT ROADWATCH

INTERSTATE 81

INTERSTATE 81 LANE WIDENING CONSTRUCTION PROJECT EXIT 137 TO EXIT 141 – A \$179 million design-build project to widen both directions of I-81 between mile markers 136.6 and 141.8 from two to three lanes is set to begin. Starting in February and continuing into the early summer, work will be performed on the inside and outside shoulders along a five mile section of both northbound and southbound Interstate 81 in Roanoke County and the city of Salem. The shoulders will be built up before barrier wall can be installed for road crews to work behind. Barrier wall will be installed along the shoulders in the spring and summer. Two lanes of I-81 traffic in each direction will remain open during the project with periodic lane closures scheduled during nighttime hours or outside of peak travel times as needed. Drivers can expect the following lane closures and upcoming impacts on northbound and southbound I-81:

TRAFFIC SHIFT ON WILDWOOD ROAD: Expect a traffic shift with narrow width on Wildwood road after exiting I-81 southbound heading towards Salem. Southbound and northbound I-81 exit and entrance ramp narrows possible at Route 311.

WORK ZONE SPEED: With narrow spacing in lanes due to barrier walls, lack of shoulders and lane shifts in various locations, drivers should adhere to posted 60 mph speed limits in the work zone and allow space when following a vehicle.

RAMP CLOSURES: Ramp closures are possible during nighttime hours, 12 a.m., to 5 a.m. Drivers should watch for message boards dates and times the ramp will be closed.

LANE CLOSURES: Alternating right and left lane and shoulder closures during nighttime hours between 8 p.m. and 6 a.m., Sunday through Thursday, are possible. Lane widths will be reduced to 11 feet.

Northbound lane closures from I-81 mile marker 136 to 141.

Southbound Lane closures from I-81 mile marker 141 to 136.

Nightly lane closures may be in place along the right lane with possible nightly ramp narrows as needed for guardrail and shoulder strengthening.

Northbound I-81 lane closures from mile marker 138 to 142

The project also includes replacing six bridges, widening two bridges, installing approximately 2.6 miles of sound barrier walls along northbound I-81, improving the southbound exit 137 off-ramp intersection at Wildwood Road and adding interchange lighting at exits 137, 140 and 141 are also included in the project. Expected completion in early 2026.

I-81 NORTHBOUND AT EXIT 105 NEW RIVER BRIDGE REPLACEMENT IN MONTGOMERY COUNTY – Traffic on northbound I-81 has been switched onto the newly

constructed bridge over the New River at the Montgomery/Pulaski County line. The old bridge is being demolished. Lane and shoulder closures may be in place near exit 105. Lane closure may be in effect during the week from 8 p.m. to 7 a.m. Shoulder closures may be in effect at any time during the week. Slow rolls may be performed on I-81 in the north and southbound lanes from mile marker 98 to 109. Speed limit is reduced to 60 miles per hour in the work zone. Shoulder closures will remain in place though the duration of the project. Project completion is estimated by summer 2023.

SLOW ROLLS: A slow roll operation may be in place daily, Monday through Friday, between mile marker 101 and 105 northbound and between mile marker 109 and 105 southbound, between the hours of 9 a.m. and 3 p.m.

LANE CLOSURES: Nighttime alternating lane closures will be in place on I-81 northbound between mile markers 104-106 from 7 p.m. to 6 a.m. the following morning.

ROUTE 605: Alternating lane closures and flagging operations will be present on Route 605, located under the New River Bridge, for work overhead on the bridge.

SLOW ROLLS: Slow rolls may be utilized periodically on both the northbound and southbound lanes from mile marker 98-109 for structural steel deliveries and setting beams.

I-81 PAVING OPERATIONS – Weather permitting, crews will be performing paving operations along Interstate 81. Right and left lane closures may be in place along northbound and southbound lanes during nighttime hours, 7 p.m. to 6 a.m. Drivers should watch for moving vehicles and equipment. Expect possible delays.

I-81 BRIDGE DECK REPAIRS – Weather permitting, crews will repair bridge decks on Interstate 81. Between mile markers 170 to 95, right and left lane closures will be in place northbound and southbound during nighttime hours, 9 p.m. to 6 a.m. the following morning. Drivers should watch for signs and expect possible delays

INTERSTATE 581

ROUTE 581 BRIDGE WORK OVER WILLIAMSON ROAD – Bridge work is underway on Route 11 (Williamson Road).

Intermittent and alternating lane closures between the intersections with Rutherford Avenue and Wells Avenue are still possible. Intermittent daytime and nighttime lane closures between the intersections above may still be required utilizing flagging operations. Any impacts to I-581 will be minimal. Expected completion Spring 2023.

On Monday, March 27 through Thursday, March 30, nighttime left lane closures may be in place on the northbound and southbound lanes.

I-581/220 EXPRESSWAY PAVING OPERATIONS – Weather permitting, crews will pave, patch and repair pavement on various routes. Lane closures may be in place during nighttime hours, 9 p.m. to 6 a.m. the following morning. Drivers should watch for signs and expect possible delays.

I-581/220 LANE & RAMP CLOSURES FOR PAVING AND MAINTENANCE OPERATIONS IN ROANOKE COUNTY – Weather permitting, crews will be milling and paving along Interstate 81. Right and left lane closures will be in place along northbound and southbound lanes during nighttime hours. Drivers should expect possible delays.

ROANOKE CITY

13th STREET SE IMPROVEMENTS WITH DETOUR – A project to improve a portion of 13th Street SE in Roanoke is underway. Located in a residential neighborhood just east of downtown Roanoke, this project will improve traffic flow and connectivity along 13th Street SE from Tazewell Avenue to Norfolk Avenue. The project entails reconstructing about 0.2-mile of 13th Street as an improved, two-lane roadway with 10.5-foot-wide travel lane and a raised median. A new roadway will extend 13th Street to Norfolk Avenue and the intersection at 13th Street and Wise Avenue will be reconfigured to include a roundabout. Bike lanes, sidewalks, crosswalks and curb and gutter will also be added. Southbound 13th Street traffic has a detour in place using Norfolk Avenue onto 12th Street to Tazewell Avenue. This detour will be in place throughout the

See VDOT, page 5

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OPINION

Join the Birding Bingo & Reading Challenge April 1-May 31 at SPL

Learn together about birds in your backyard and in the Greater Roanoke Valley and join the Birding Bingo & Reading Challenge, for all ages, at the Salem Public Library. Pick up a Birding Bingo sheet at the Salem Public Library after April 1. Return your bingo sheet to the Salem Library when you've completed a bingo and be entered into a drawing for a prize! You could win: Birding Binoculars, Bird Guide Books or Bird-themed Coloring Books and Puzzles.

While visiting the library, ask about checking out a birding backpack, provided to local libraries by the Roanoke Valley Bird Club (www.roanokevalleybirdclub.com) The backpacks are stocked with binoculars, field guides, directions to local bird-watching hotspots in the Roanoke Valley and Botetourt County including the greenways located in the City of Salem as well as practical information for beginning birders.

Tips for Birding with Children from the Roanoke Valley Bird Club

- The easiest way to see and enjoy watching is with a bird feeder. Black oil sunflower seed attracts the widest variety of birds, and is a favorite for backyard bird feeders. Or spread

Library Corner

Benita VanCleave
Empowering individuals to
build a stronger community

peanut butter on a pine cone, roll it in wild bird seed, and hang it from a tree. See who comes to visit!

- Make it fun by letting children choose where to bird, bring a snack and wear sturdy walking shoes. Children have limited attention spans so follow your child's lead if they get restless.

- Try first thing in the morning for your birding trips. Birds are more active in the morning and kids will be more rested too.

- Binoculars can be hard for children to learn to use. Instead, focus on staying quiet and looking for the movements of birds in trees or on the ground. If your child is old enough to use binoculars, teach proper usage with an adult first holding the binoculars until they are comfortable. Inexpensive tough children's binoculars are also available in outdoor stores.

- Make it a game. Learn about 3 or 4 birds in your backyard and see how many they can spot. Have your child describe the birds they see. What colors? By itself or part of a group? Long or short tail? How big is the bird-like robin, crow, or duck? If you don't see birds, is there evidence of birds: droppings, feathers, or a nest?
- Remind children that birds are hard to see but easy to hear. Have them sit still and close their eyes and listen to bird sounds.

Come to the **Intro to Birding Class, Saturday, April 15, 10:30 a.m. at Salem Public Library** and join Robin Austin, a Roanoke Valley Bird Club Member, as she leads a birding walk around Salem. Birders of all levels are welcome. Register for the program at saalemva.libcal.com.

Mental health through the public health lens

In March we marked the third anniversary of the first confirmed case of COVID in Virginia and shared the good news that our levels of lab-confirmed cases and hospitalizations have now stabilized at low levels. As COVID is likely to continue to be with us, we will remain vigilant while using the tools of surveillance, testing, vaccination, and treatment to manage the routine aspects of living with the disease.

At this crossroads, we surveyed our newsletter readers to learn what they consider to be the most serious non-COVID public health issue that we face. While topics such as chronic disease and cancer received many votes, the issue that rose to the top of the list for most readers was mental health. The votes for mental health combined with the votes for substance use accounted for over 40% of the 1500 votes that were cast.

Poor mental health can lead to financial, emotional, and physical strain that can create and exacerbate physical illnesses. According to a 2019 study in the medical journal, *The Lancet*, mental illness can reduce life expectancy by 20 years.

In Virginia, state-funded mental health services for residents are primarily provided through community service boards and acute care psychiatric facilities. Although local health department offices do not typically receive funds to provide direct mental health services, we partner with many community-based partners and healthcare professionals to increase awareness of mental health issues, reduce stigma,

and reduce health disparities with the goal that every resident receives the treatment they deserve and need.

Stress has a direct impact on mental health. April is National Stress Awareness month, a time to reflect on the negative impact of stress. Stress can provide motivation to meet deadlines, but living with stress for a long period can cause harmful consequences such as sleeplessness, rapid heart rates, and depression. These in turn can lead to the need for more medical care, or worse, open the door to substance use as a coping mechanism.

Here are some tips that can help minimize stress and reduce its negative health impacts:

- Be aware of your emotions and how your body feels. Recognize in your mind the times when you're having excessive stress and what might be causing it. Sometimes simply acknowledging that a situation is stressful can provide relief and allow you to take steps to deal with it.

- At times the source of stress is within our control to address or will ease with time. However, if the cause of stress is long-lasting or outside our reach, some options that have been

shown to reduce stress include exercise, meditation, working on being more organized, and doing things that you enjoy, such as hobbies.

- Try to eat healthy, well-balanced meals, get plenty of sleep, avoid excessive alcohol, and eliminate any tobacco and substance use.

- Ask for help. The first step is recognizing when you need more help and not being embarrassed to seek support. If you are thinking about suicide, talk to a psychologist, social worker, or professional counselor. Ready to make the call? A national helpline for treatment and referrals is available at 800-662-HELP.

RCAHD staff will continue to work with partners to address and improve policies for better community mental health through the public health lens. To learn more about public health efforts, visit our website to sign up for our newsletter at vdh.virginia.gov/Roanoke.

-Christie Willis, communications officer
Roanoke City & Alleghany Health Districts

Salem Presbyterian Church offering art walk for Holy Week

Salem Presbyterian Church is offering a contemplative "Stations of the Cross Art Walk" in its sanctuary during Holy Week.

The sanctuary doors will be open April 3, 4 and 5 from 10 a.m. to 2 p.m., and also from 5 to 7 p.m. on April 5. The public is welcome. Salem Presbyterian Church is located in downtown Salem at the corner of Main and Market Streets.

This self-guided tour leads participants along 12 stations (images) which move viewers through the events of Holy Week and lead to Easter. Each image has a QR code which offers reflections and devotions for participants as they move from station to station. The church said the tour can take as little as 20 minutes to complete, but participants are encouraged to take their time to look, read and pray their way around the sanctuary.

This art walk features the work of liturgical artist Scott Erickson, who, in his words, "creates art and moments that speak to our deepest experiences, and illustrate the mystery and wonder of the spiritual journey."

"These powerful works of art offer us a new opportunity to tangibly experience Holy Week," the Rev. Chris Vogado, pastor at Salem Presbyterian Church, said. "It's a time to process the cruelty and injustice done to Jesus on Good Friday. These striking works of art reach us in a way that can move us to consider modern injustice in our world, and invite us to enter the story of Jesus' passion in a way that goes beyond words alone. The art is not easily forgotten, but ultimately viewing these images will give Easter morning that much more light. We are delighted that Salem Presbyterian Church can offer this to our community."

-The Salem Times-Register



COURTESY PHOTO

The art walk features the work of liturgical artist Scott Erickson.

SALEM TIMES-REGISTER

A newspaper of, by and for the people of
the City of Salem and Roanoke County.

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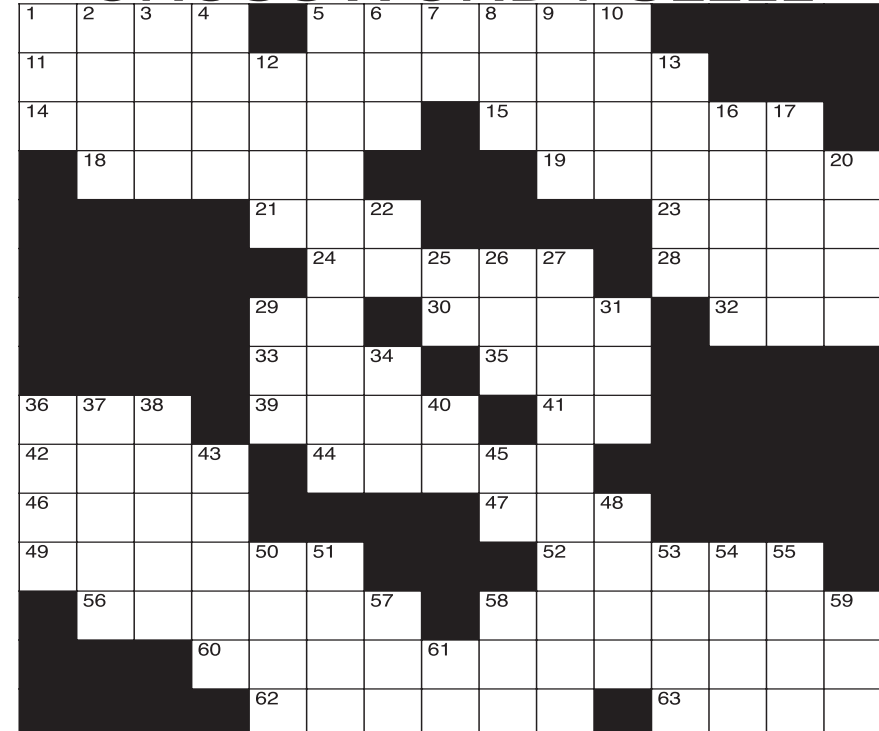
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The Times-Register encourages letters from our readers on topics of general interest to the community and responses to our articles and columns. Letters must be signed and have a telephone number where you can be reached to be considered for publication. All letters will be verified before publication. The Times-Register reserves the right to deny publication of any letter and edit letters for length, content and style.

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CROSSWORD PUZZLE



- CLUES ACROSS**
1. Millisecond
 5. Narcotic drug
 11. Accident
 14. Formal submissions
 15. Popular 70s rock band
 18. Discourage from doing
 19. More socially elite
 21. Arid
 23. A way to look
 24. Heroes
 28. A surfer rides it
 29. Potato state
 30. Insect repellent
 32. Cool!
 33. Have already done
 35. Collegiate women's fraternity
 36. To the ___ degree
 39. Gasteyer and de
- CLUES DOWN**
1. Woman (French)
 2. Province of Pakistan
 3. This (Spanish)
 4. Armas are two
 41. Blood type
 42. Looked over
 44. Language of Cameroon and Chad
 46. Species of armadillo
 47. Touch softly
 49. Part of your upper body
 52. Large, stocky lizards
 56. Lack of social or ethical standards
 58. Congressman
 60. Unofficial force
 62. As a result of this utterance
 63. A main branch of Islam
 4. Transportation device
 5. Greater in importance or priority
 6. The human foot
 7. Within 8. Consumed
 9. Respectful Malaysian term
 10. Therefore
 12. Ceased to exist
 13. Type of macaroni
 16. English composer
 17. Wooded tract
 20. Tall, slender-leaved plant
 22. 36 inches
 25. Take too much (abbr.)
 26. Allow
 27. Individually
 29. Journalist Tarbell
 31. Bar bill
 34. Hong Kong food
 - stall: ___ pai dong
 36. Not messy
 37. Species that includes reedmae
 38. Former MLB catcher Ed
 40. Northern U.S. state
 43. Wilt
 45. Commercial
 48. Bolivian river
 50. Nursemaid
 51. A car needs four
 53. Guns (slang)
 54. American state
 55. Clusters of fern fronds
 57. Body part
 58. A person's brother or sister
 59. Breed of sheep native to Sweden
 61. Of I

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VDOT from page 3

duration of this project. Signs will be posted to designate the detour route. Northbound 13th Street will remain open to traffic. Flaggers may be possible and the speed limit through the work zone is 25 mph. Drivers should expect intermittent flagging operations on Wise Avenue when necessary. The project is expected to be completed in summer 2023.

TRAFFIC PATTERN CHANGE: Northbound traffic is switched to the northbound lane of 13th Street. Southbound traffic will still be detoured around the work zone.

ROANOKE COUNTY SECTION OF STARKEY ROAD WILL CLOSE FOR RAILROAD CROSSING REPAIRS - Weather permitting, the section of Route 904 (Starkey Road) between Route 613 (Merriman Road) and Route 2017 (Knights Bridge Drive) in Roanoke County will be closed to through traffic starting March 28. This section of Starkey Road is expected to remain closed for two to three days while Norfolk Southern makes repairs to an at-grade railroad crossing. The repairs and road closure are unrelated to the nearby roundabout construction project at Buck Mountain Road. Message boards will alert drivers to seek alternate routes. Motorists can detour as follows: From Route 221, use Ranchcrest Drive to Merriman Road and then Chapparral Drive to Penn Forest Boulevard. From Route 220, take Buck Mountain Road to Starkey Road. The work is scheduled to be completed by March 31.

STARKEY ROAD AND BUCK MOUNTAIN ROAD ROUNDABOUT

On Tuesday, March 14, a road project to construct a single-lane roundabout at the intersection of Route 904 (Starkey Road) and Route 679 (Buck Mountain Road) began. Drivers should be aware of a new three-way stop to be implemented in the work zone at the intersection. The new roundabout is expected to be open to traffic sometime this summer. Once the roundabout is open, drivers should still expect lane closures with flaggers controlling traffic for final paving, additional concrete pouring and pavement marking until the project is finished. Final completion expected in late spring 2024.

THREE WAY STOP: Stop signs will be in place on each road approaching the intersection. This means drivers on Buck Mountain Road who do not stop currently will be required to stop while the intersection is under construction.

FLAGGING OPERATIONS: Throughout the life of the project, flaggers may control traffic between 9 a.m. and 3 p.m. daily so motorists should expect delays.

TRAFFIC SHIFTS: In addition, drivers should also be alert to traffic shifts and changing traffic patterns while the roundabout is

under construction.

BLUE RIDGE PARKWAY CLOSURE - The Blue Ridge Parkway will be repairing slope failures and a culvert failure at mile marker 127.9. A 15-mile stretch of the Parkway, mile marker 121.4 to 136, will be closed to all uses including cyclists, pedestrians and drivers. Detour signs to detour traffic around the Bent Mountain section of the Parkway will be in place. Traffic will be rerouted to Route 220 south to Route 419 north to Route 221 south. Traffic traveling north on the Parkway would be reversed. The detour is expected to be in place until summer 2023.

BOTETOURT COUNTY DALEVILLE INTERSECTION PROJECT FOR FIELDSTONE DEVELOPMENT ACCESS - Lane closures northbound and southbound on Route 220 in Daleville will be in place for construction of a median with crossover, a right turn lane and a new traffic signal. This work is associated with construction of the Fieldstone Development. Lane closures will be set up on various days in April 2023.

ROUTE 11 BUCHANAN BRIDGE PROJECT - A construction project on the Route 11 Bridge in the Town of Buchanan is underway. Water Street is closed for the duration of the project and drivers should expect periodic lane closures with flagging operations to be in place during daytime hours. Jacking project is underway through April 7 with work being performed during overnight hours, 9 p.m. to 4 a.m., Sunday through Thursday. Drivers should expect delays due to slow rolls being in place for up to 10 minutes at a time with lane closures periodically. Message boards are present to alert and update drivers. Expected completion in summer 2023.

PAVING OPERATIONS - Weather permitting, crews will pave, patch and repair pavement on various routes. Lane closures may be in place and flaggers may control traffic at times during daylight or nighttime hours. Drivers should watch for signs and expect possible delays.

Route 11 - Paving operations with flagging will be performed between Route 838 to 0.12 mile north of Route 1039, 9p.m. to 6 a.m.

ROUTE 611 (GREYLEDGE ROAD) - A 1.5 mile section of Route 611 (Greylegge Road) is closed due to flooding that damaged the roadway. Extensive repairs will be needed and a detour will be in place. There is no estimated time for the road to reopen.

CRAIG COUNTY ROUTE 311 BRIDGE REPLACEMENT OVER MEADOW CREEK - Temporary signals control traffic across the bridge and will be in place throughout the project. Construction will begin on the northbound side of the bridge and once completed, work will

switch to the southbound side. In addition, a section of Route 646 (Allen Street) between Route 650 and Route 311 will be closed during construction and a signed detour will be in place. All traffic will be detoured to Marshall Street and Kanawha Street to access either 311 or the homes located off Allen Street. Speed limit will be reduced to 35 mph in the work zone with a width restriction of 9 feet. Drivers should expect delays and allow extra travel time through the work zone. Weather permitting, the bridge is expected to be open to traffic by the late spring 2023.

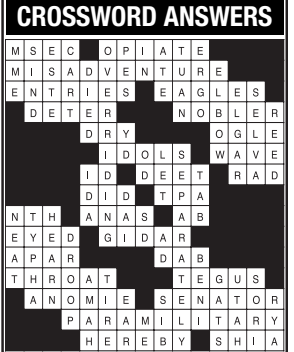
TRAFFIC SWITCH: Traffic is using the southbound lane to the northbound lane while work continues. Southbound lanes are closed. Temporary traffic signals will continue to direct traffic and message boards will notify drivers.

(PAVING OPERATIONS - Weather permitting, crews will pave, patch and repair pavement on various routes. Lane closures may be in place and flaggers may control traffic at times during daylight or nighttime hours. Drivers should watch for signs and expect possible delays.

Route 42 - Paving operations with flagging will be performed between Route 667 and Route 622.

MONTGOMERY COUNTY ROUTE 8 PEDESTRIAN IMPROVEMENTS - On March 13, work began to construct pedestrian improvements on Route 8 in Riner. The work zone will begin at the intersection with Route 669 (Union Valley Road) and will end at the current site of the Atlantic Union Bank. Drivers should expect shoulder and lane closures to be in place with flagging operations between the hours of 9:30 a.m. to 2:30 p.m. through the start of the project until May 24, end of the school year. Once the school year is complete, lane closures will expand in hours to 9 a.m. to 4 p.m. and 6 p.m. to 9 p.m. Expected completion is summer 2023.

ROUTE 813 BRIDGE REPAIRS - On March 20, work will begin to repair the bridge on Route 813 (Stones Keep Lane) that crosses over the Roanoke River. The bridge is located approximately .13 mile east from the intersection of Route 813 and Route 460E/11N. Drivers will experience daytime alternating single lane closures across the bridge with flagging operations in place. Expected completion is November 2023.



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BAPTIST (INDEPENDENT)
CALVARY BAPTIST CHURCH - 7th and Florida Streets, Salem VA. Pastor: Roger D. Counts, 540-389-3818. Sunday School 10:00 a.m., Morning Worship 11:00 a.m., Sunday Evening Service 6:30 p.m., Wednesday Night Prayer Service, 6:30 p.m.

LAKESIDE BAPTIST CHURCH - 447 Dalewood Avenue, Salem, 986-0062, Pastor Carl Goodman. Coffee Bar 9:00 a.m., Connect Groups 9:30 a.m., Sunday Worship 10:30 a.m., Children & Student Ministry 5:00-6:30 p.m.; Thursday 7:00 pm Young Single Adults, Wednesday Morning Prayer Service 10:30, Lifegroups meeting throughout the week. www.lbcva.com.

SOUTHSIDE BAPTIST CHURCH, 2721 120th Clock Knob Rd., Salem, Pastor: Tim York; Sundayschool, 9:45AM, Sunday morning worship, 11:00AM, Sunday evening, 6:00PM, Wednesdayevening, 7:00PM.

TEMPLE BAPTIST CHURCH - 4339 Daugherty Road, Salem, Greg Irby, Pastor, Church: 380-3567; Home: 389-7240, Sunday School 10:00 AM, Worship Services 11:00AM & 6:00PM, Mid-week Prayer Meeting Wednesday 7:00PM. www.templebaptch.com.

BAPTIST (SOUTHERN)
BETHEL BAPTIST - 1601 S. Colorado St., Salem, Pastor Hilton Jeffreys, 389-2376, Sunday: Connect Groups meet at 9:30am; Worship Service starts at 10:30am. You can stream live with us at 10:30am on Facebook, YouTube, our App & Website (www.bethelbaptistva.com). Tuesday mornings we have Adult Bible Study at 9:00am.; Wednesday evenings at 6:15pm we have TeamKid for kids 3 years old through 5th grade, Amplify Youth (6-12th grade), Band of Brothers Men's Bible Study and then our College & Young Adult Bible Study at 8:00pm.www.bethelbaptistva.com

MOUNTAIN PASS BAPTIST CHURCH - 311 Catawba Valley Dr., (Ro. Co.) Salem, VA 24153. Rev. Jack Richards, Jr., Pastor, Study 384-6720, Home 427-1508. Sundays: Sunday School 9:45 a.m.; Morning Worship 11:00 a.m., Evening 6:00 p.m. Wed: 7:00 p.m. Prayer Meeting and Bible Study.

RIDGEWOOD BAPTIST - 703 Hemlock Road N.W. Roanoke, 342-6492. Roy E. Kanode, Pastor. Sunday School 9:45 a.m., Morning Worship 11 a.m., Awanas 5:15 p.m., Adult Bible Study and Youth Fellowship 6:00 p.m.; Wednesday Prayer Service 6:30p.m.; Fellowship Meal 5:45 p.m.; Praiz Kidz 6:00p.m.; Family Night Activities 6:30 p.m. website: www.ridgewood-baptist.com.

FELLOWSHIP COMMUNITY CHURCH - Salem Campus: 1226 Red Lane Extension, Salem, 387-3200, Worship Times: 9:15AM & 11:00AM. North Campus: 7640 Alpine Road, Roanoke, Worship Times: 9:15AM & 11:00AM. Southwest Campus: 3585 Buck Mountain Road, Roanoke, Worship Times: 9:15AM & 11:00AM. www.fcclife.org.

CHURCHES OF CHRIST/CHRISTIAN CHURCHES
DALE RIDGE CHURCH OF CHRIST - 7165 Cloverdale Rd., Roanoke, 24019; beside the Botetourt Ath-

Salem WORSHIP DIRECTORY

letic Club. Leave message 992-4385. Sunday Bible Study, 9:30 a.m., Worship, 10:30 a.m., Wednesday Bible Study, 6 p.m. Please come visit us in person or get to know about us first by visiting our web page: daleridgechurchofchrist.net. Updated each week with a new sermon by Mike Mazzalongo, four minutes of video showing our nearly six acres of land and our beautiful, functional inside facilities, articles, events, news from Christian sources around the world and here locally plus much, much more. See how many ways Dale Ridge is "Reaching Out There" to the Roanoke Valley with the "Good News of Jesus. By clicking on "visit us virtually" real time access to our Worship services is available via your computer, a tablet or smartphone: Just follow the instructions. We believe in the inspired Word of God which is as relevant today as it was when it was written. We believe the Holy Spirit is a gift to every Christian upon their response to the Gospel as demonstrated by the 3000 obedient souls in (Acts 2:38). We believe Jesus is the only author of our salvation. (Acts 4:12) Have you been looking for a church family that is progressive, outside the box thinkers, led by the Holy Spirit into all truth. (John 16:13). You will know we are His disciples by our love for one another. (John 13:35) Real time contact thru our website via email.

SALEM CHURCH OF CHRIST - 401 West Main Street. 540-389-2400. Minister Taylor Plott; 10:00am Sunday Bible Study; 11:00am Sunday Worship Service; Wednesday Life Groups: 5:30 -7:00pm. For more info contact the Church Office.

WESTSIDE CHURCH OF CHRIST - 1705 Starview Drive, Salem. Minister Neil Richey, 389-9139, Sunday Bible Study: 9:30 AM, Morning Worship: 10:30 AM, Evening Worship: 6:00 PM, Wednesday Bible Study, 7:00 PM.

CHURCH OF GOD/ANDERSON COVENANT COMMUNITY CHURCH - 955 Bird Lane, Salem, Va 24153, 389-5639. Pastor: Scott Hudson. Sunday School 10:00AM, Worship 11:00AM; Bible Study 6:00PM.

CHURCH OF GOD/CLEVELAND SALEM CHURCH OF GOD - 600 Craig Avenue, Todd Stiffler, Pastor, 387-2068, Sunday School 9:30 am; Worship and Kids Church 10:30 am, Wednesday Bible Study and Classes at 7:00 pm. www.salemcog.church

DISCIPLES OF CHRIST FIRST CHRISTIAN CHURCH, 712 Front Ave. Salem, Pastor Dan Netting (540) 389-6831. www.firstchristiansalemva.com. Adult and Children Sunday School - 9:45 am, Worship - 10:45 am. Nursery Provided for both. Everyone welcome

FORT LEWIS CHRISTIAN CHURCH - 2931 West Main Street, Salem - Pastor Matthew Cox - 380-4636 - website: www.flccsalem.org. Sunday: 9:30am Adult Study Group, 10:30am Worship, Youth & Children's Church. All are welcome!

ECKANKAR
ECKANKAR, THE PATH OF SPIRITUAL FREEDOM, is a simple teaching that focuses on the Light and Sound of God to help people find more love in their life. The Roanoke Eckankar Center is located at 1420 3rd St. SW, Roanoke, VA 24016. A spiritual event is held on the 2nd Sunday of each month at 10:30 a.m. Since contracting COVID-19 may still be possible, please take the health steps that are best for you. It is appreciated that by attending you are taking responsibility for your own health. Visit www.eck-va.org, www.meetup.com/Roanoke-Spiritual-Experiences * Group* or call 540-353-5365 for other Eckankar programs and for more information about how the teachings of Eckankar can lead you to spiritual freedom.

EPISCOPAL
ST. PAUL'S EPISCOPAL CHURCH - 42 East Main Street, Salem, 389-9307. Sundays at 7:30am and 10am. Holy Eucharion in church and live-streamed on YouTube@StPaulSalemVa.

EVANGELICAL LUTHERAN COLLEGE EVANGELICAL LUTHERAN CHURCH - 210 S. College Avenue, Salem VA 24153. Please visit our website www.collegelutheran.org for information on services.

FOURSQUARE
the BRIDGE SALEM CHURCH - 4335 West Main Street, Salem. 540-404-1414 | bridge.salem@icloud.com • www.salemva.church Saturday service, 6pm (Nursery & Kids Church available). Mail: PO Box 1954, Salem. Twitter/ Instagram: @thebridgesalem Joey Lyons, Senior Pastor | joey@salemva.church | 540-831-9864

INDEPENDENT RESTORATION CHURCH - a Community on Mission Following Jesus into the World - 10:10am Sundays at the Salem YMCA - 1126 Kime Lane, Salem - 540-384-1601 - www.restorationsalem.org. Watch Live at: YouTube: Restoration Church-Salem, VA. Facebook: RestorationChurchSalem

NATIONAL BAPTIST CONVENTION, U.S.A., INC.
FIRST BAPTIST CHURCH - 226 South Broad Street, Salem. Rev. Melton Johnson, 389-9648. SundaySchool 9:30 AM, Sunday Morning Worship Service 11:00 AM, Wednesday Bible Study and Prayer Meeting 7:00 PM.

SHILOH BAPTIST- 201 South Market Street, Salem, Rev. Adrian E. Dowell, H) (389-0409). Sunday School at 8:30 a.m. (All classes) each Sunday online via zoom and church conference call line. Wednesday Adult Bible Study at 7:00 p.m. via zoom and church conference call line. Children's Bible Study at 7:00 p.m. via zoom. Teen Talk Bible Study at 7:30 p.m. via zoom. Saturday Men's Bible Study at 7:00 a.m. via zoom. Saturday Intercessory Prayer Service at 8:00 a.m. via church conference call line. Sunday Women's Bible Study Class at 8:30 p.m. via zoom. In-person Worship on Sunday at 11:00 a.m. or worship with us on line via Facebook or on the church conference call line. In person worship requires CDC guidelines for mask wearing and social distancing. Ushers are available to assist with seating.

PENTECOSTAL HOLINESS CHRISTIAN LIFE INT'L - 1 CLI Way, Salem, Ryan Linkous, Pastor, 343-3801, Sunday Worship Service 10:15 AM, (Children's Church and Nursery)Wed, MidWeek Service (Adult, Awaken Youth, Mpat Girls & Royal Rangers) 7 PM. Nursery Provided. Email: office@clicchurch.org. Find us on facebook.

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To list your church, contact Randy Thompson at 540-230-1129 or email advertise@ourvalley.org

OBITUARIES

Henderson, Edward 'Mack' McClung

Edward (Mack) McClung Henderson, 84, a longtime resident of Dickinson, Texas, passed from this life on March 18, 2023. Mack was born to parents, Hunter Harvey Henderson and Marion Dillard Henderson on August 21, 1938 in Salem, Virginia.

Mack graduated from Virginia Polytechnical Institute (VPI) aka Virginia Tech with a BS in Aerospace Engineering. Mack was a co-op at the US Army Redstone Arsenal in Huntsville Alabama before starting a 50-year career at the NASA Johnson Space Center. Mack worked in Mission Planning and Analysis for the Gemini, Apollo and Space Shuttle Programs.

During his time in the Space Shuttle Program Mack served as the abort subsystem design manager and as a Flight Design Manager, he led the integration of shuttle design for the first Spacelab mission. Mack later headed the ascent and entry flight design group for the Shuttle Program.

Mack worked in the Flight Directors Office, where he was responsible for Space Shuttle and International Space Station Program mission operation integration. He managed the SPAN (mission control's spacecraft analysis room) for more than 50 shuttle flights. Mack moved to the Shuttle Program office in 1990. While in the program office, he helped

set up the Space Shuttle Development Office that over saw major shuttle upgrade projects, critical in keeping the Shuttle operational. Mack led a technical team on improvements for shuttle derived launch vehicles, significantly increasing performance at a reduced cost. Once NASA announced its new vision for space



exploration and the retirement of the Space Shuttle, Mack helped set up the transition team responsible for safely ending the program. Mack's final assignment was to apply Shuttle applications to reduce risks and operational cost of future NASA programs.

Thru the years, Mack received several prestigious awards including: two NASA Exceptional Service Medal (1983, 2007), AIAA Aerospace Maintenance Award (2001), AIAA Associate Fellow (2010) and the Rotary National Award

for Space Achievement (2011).

He was a faithful Christian. He was an active member of First United Methodist Church in Dickinson, where he served in several lay ministries including Stephen Ministry, Agape Sunday School for 20+ years and served several church leadership roles.

As a resident of Dickinson for 58 years, Mack was involved in numerous community events/activities such as a coach and board member for Dickinson Little League baseball. Mack helped start the first Little League Football Team in Dickinson (Vikings) where he served in several board positions. Mack was also a member of the Lions Club where he served a term as President.

Mack is preceded in death by his parents and his brother, Rick Woodson.

He leaves behind to cherish his memory, his devoted wife, Dianne Henderson; son, David Henderson and wife, Lucy; two grandsons, Hunter Henderson and Nathaniel Henderson; nieces Pam McKenzie, Jan McKenzie, Sally Woodson, Suzie Williams and nephew Steve McKenzie in addition to many friends.

A service was held on Tuesday, March 28 at Dickinson First United Methodist Church, 200 FM 517 Rd. W. in Dickinson, Texas.

Robey, George Kennerly 'Ken'

Ken was born on April 10, 1949 to Dr. Ashley Robey and Elisabeth Chadwick Robey. He grew up in Salem, VA, where he was an eagle scout in troop fifty-four at Salem Presbyterian Church. Ken enjoyed playing football at Andrew Lewis High School and graduated in 1967. He attended Virginia Tech, where he graduated with a degree in Industrial Engineering and Operations Research. While at Virginia Tech, he was a member of Pi Kappa Alpha, the Glee Club, and the Cotillion Club.

Upon graduation, Ken began his career employment for Dupont. After 35 years, he retired from DuPont but continued employment with Invista and CSC/DXC for computer security.

Ken was known by many for his warm smile, patience, compassion, and love for others. He dedicated his life to making this world a better place. Despite the demands of a full-time career, he never missed an opportunity to be near his family. As a father, he was a volunteer softball and basketball coach at WCWAA and a YMCA Guide. At Wesley Chapel Elementary, he served as PTSO President and an Odyssey of the Mind

coach. As a grandfather, he never missed a sports event or a monumental moment in his grandkids' lives. All who knew Ken instantly recognized the amazing person he was, and his legacy to impact



the world positively will continue even after death.

He was preceded in death by his parents, sister Florence Ayers, his brother-in-law Dr. Gil Ayers, and sister-in-law Barbara Robey. He is survived by and will be dearly missed by his wife of 54 years Marion and his loving children: daughter Ashley Faulk and her husband Chris Faulk and daughter Dr. Charlotte "Charlie" Hancock and her husband Steve Hancock. He is also survived by his beloved grandchildren Katelyn, Gabriel, Grayson,

RobeyAnne, Jack, and John. Additionally, he is survived by his brother Dr. William "Bill" Robey, his brother-in-law John McBryde and wife Bobbie, his brother-in-law Marshal Fitzgerald and wife Kerry, and their families.

In his last moments, he was surrounded by his family, listening to his favorite song "Awesome God" by Rich Mullins. While his stage four cancer came as a shock and many medical tragedies followed the original diagnosis, Ken never wavered in his relationship with our Lord. He glorified God until his very last breath, and we know he continues to glorify God through those impacted during his life here on Earth. He suffers no more and blesses us still with his beautiful smile that we see in the faces of his grandchildren and the glorious sunrises and sunsets painted across the daily skies. He worked hard every day to show the Lord's love to every person he encountered. His family feels truly blessed to have him as a spouse, father, Granddad, and "Deda".

Service plans will be announced at a future time. In lieu of flowers, we ask you to honor Ken's legacy by doing one act of kindness.

Seidman, Jerry Dawson

Jerry D. Seidman "UhUh Weewee," 78 of Salem, went home to be with the Lord on Thursday, March 23, 2023, from his home.

He was born on November 11, 1944, in Washington, DC, to the late Bernie and Frances L. Dawson Seidman. In addition to his parents, he was preceded in death by his stepfather, Lester Simmons.

If you knew Jerry very well at all then it is no surprise of his very creative imagination and was known to tell a few tall tales from time to time. His grandchildren were always in amazement, as small children, as to how his "magic pockets" could instantly produce the tasty oatmeal pie treat they would find as he allowed them to search. If you were ever in conversation with Jerry, he may have mentioned some of the many

adventurous experiences that he was courageously involved in. A few to mention would be a time he wrestled an alligator, or the time he came into a boxing match with a Kangaroo, or he may have even shared regarding the period of time that he was involved with "Mafia shenanigans." When he wasn't on some dangerous mission, or interacting with some dangerous animal, you may have found him having a joyful ride on his motorcycle, working on some hot rod, or simply sitting on the carport with his 4-legged friend relaxing. When at home, he was always aware



of his surroundings; always being a lookout for his neighbors as the sole member of the "Neighborhood Community Watch." He was also a proud monetary supporter of law enforcement, and at times, they would even call on him on the side of the road to summon a little money.

Before retirement, Jerry faithfully worked for 27 years as a High Voltage Technician with the GSA - Federal Poff Building, in Roanoke. He then became employed for another 10 years with the County of Roanoke before finally retiring to enjoy

his adventures. Family remaining to cherish his memory includes his loving wife of 60 years, Penny Seidman; daughters, Laurie Terry (Tony) and Joann Garland (Marty); grandchildren, Nikki Stanley (Mike), Tracy Terry (AVAILABLE!), Amber Conner (Matt), and Abby Garland (Brad); great-grandchildren Emma, Ryleigh, Jake, Addie Belle, Makaela, and Owen; sister, Linda White (Al (aka "Unk")); niece, Heather Lewis (Brian); nephew, Brian White (Rachel); and many great-nieces and nephews.

In honoring Jerry's wishes, all services will be private. Please consider donating to Good Samaritan Hospice of Roanoke, in Jerry's memory.

Online condolences may be expressed to the Seidman family by visiting www.johnmoakey.com

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GHS tennis teams are still unbeaten

The Glenvar tennis teams swept Northside last week as the girls won at home Friday and the boys won at Northside Thursday. Both teams are still undefeated as they take off this week for spring break.

The boys took a 6-3 win over the Vikings. Alec McIlwain, Blaine Bishop, Beckett Wilkinson, Elliot McClintic, and Ian Kelley all picked up wins.

The girls won 7-2. Both teams also beat Lord Botetourt last week with the girls winning 6-3 and the boys taking an 8-1 win over the Cavaliers.

Both teams will try to keep it going when they return from break next a week from today, on Thursday April 6. Both will have rematches with Northside, and this time the boys will be home and the girls will be at Northside.



Glenvar's Cara Butler hits a return.

PHOTO BY BRIAN HOFFMAN

Salem tennis will play HV Tuesday

The Salem tennis teams both played Christiansburg in their final matches before spring break Friday. The girls took a 9-0 win in Christiansburg while the boys fell to the Demons at SHS, 7-2.

Singles winners for the girls were Claire Rawlins, Lauren Baba, Caroline Loveday, Morgan Tobey, Mira Maked and Anna Spence. All six won in straight sets.

In doubles Rawlins and Baba played at number one and took an 8-3 pro set. Loveday and Tobey won at two, 8-5, and Maked and Spence won 8-3 at third doubles.

For the boys, the number one match featured Salem freshman Drew Perez against Christiansburg sophomore Lucas Bealey. They exchanged 6-3 sets before Bealey won in a tie-breaker.

"They're good friends and doubles partners in USTA sanctioned events," said Salem coach Steve Willinger. "Both players demonstrated the all-court skills that have brought them high state and regional rankings."

Aidan Poush had a hand in both Salem wins. He won at number six singles and teamed with Andrew Wilkes for an 8-7 win in doubles.

Both Salem teams will return from spring break Tuesday. The boys will be at Hidden Valley and the girls will play the Titans at Salem High.

Great Beginnings program opens Sunday for kids

Salem Ed Green, Hall of Fame coach at Roanoke College, will offer his "Great Beginnings" program for soccer, tee-ball and softball beginning this Sunday, April 2nd.

The soccer program will be held at West Salem Elementary School for five Sundays while the tee-ball and softball program will be at the Hope Tree Learning Center field, also for five Sundays.

Great Beginnings is a program for children ages 3-7 and their parents to get a head start on playing organized youth sports. Cost is \$75 per child.

To sign up, or for more information, call Ed Green at 540-387-9516.

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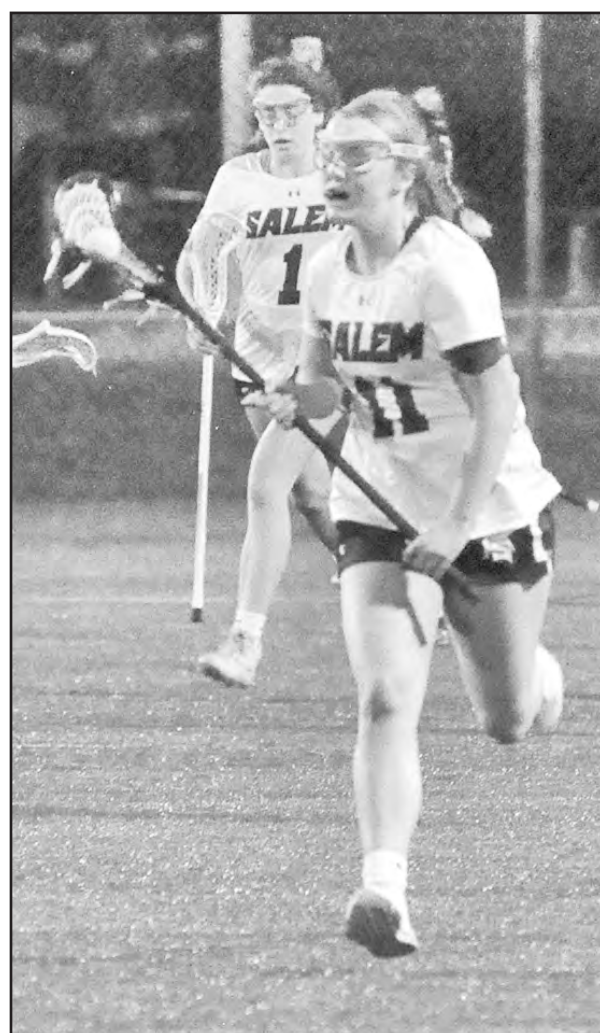
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Above, Salem's Kaidan Garst fires a shot on goal in last week's win over William Byrd. Above right, former Spartan Will Satterfield gives some instruction to a young Terrier player. Will is in his second year as head coach at Byrd. Right, Juli Redding hurries the ball down the field in Salem's 16-4 win over the Byrd girls lacrosse team.

PHOTOS BY BRIAN HOFFMAN



Salem lacrosse teams sweep William Byrd

The Salem High lacrosse teams swept William Byrd in their final games before spring break. The boys won 9-3 and the girls took a 16-4 win in a doubleheader at Salem's Spartan Field.

The boys improved to 3-1 with their win. They played first as the girls had to wait for officials to arrive from an earlier game the crew was officiating across town.

Byrd, coached by former Salem High player Will Satterfield, hung tough for the first quarter or so but Salem had too much talent and experience for the rebuilding Terriers. Andrew Crumpacker led the Spartans with three goals and an assist. Jackson Jones had two goals and Jackson Winger, Trey Joyce, Kaidan Garst and Dakotah Hawkins had one goal each. Garst also had five assists and Landon Miles had one. Eli Chambers won nine of 13 faceoffs for Salem while Knox Fountain had six saves in the cage.

The girls were playing with four starters out due

to a spring break trip but that didn't break their spirit as they dominated Byrd for a 16-4 win. Four girls had three goals each, Anne Craig Thomas, Mia Potter, Reese Redford, and Ella Walker. Morgan Tew, Juli Redding, Rylee McNeill, and Emme Custer all netted one each.

Reese Redford led Salem with four draw controls and Walker and Custer had three each. Bailey Redford netted seven saves in goal.

"We had a strong showing against William Byrd," said coach Maggi Pace. "Four starters were out but everyone stepped up and filled the positions seamlessly."

The boys are now 3-1 and the girls are 2-1. Both teams return from break Monday with the varsity boys playing at North Cross at 6:30 pm against a Raiders team coached by Salem's Chris Pollack. The girls are home for a jayvee-varsity doubleheader, with the varsity game to start about 7 pm at Spartan Field.

RC lacemen top VWU in ODAC

The Roanoke College men's lacrosse team won their conference home opener last Saturday over Virginia Wesleyan, 29-8. It was the third win in a row for the Maroons, boosting their season record to 6-4.

The Maroons got things started off right with four unanswered goals in the first six minutes. Ethan Caldwell, Wyatt Whitlow, Julian Kammerman and Luca Docking each found the back of the cage for Roanoke during this stretch.

The second quarter was nearly all Maroons as Roanoke scored the first six goals of the quarter in just over five minutes of play to extend their lead to 13-3. After the Marlins were able to score a goal, the Maroons scored the final four goals of the quarter with scores by Weston Hammond, Bryson Miller, Luke Kammerman and Jay



Weston Hammond of Roanoke College uncorks a shot in Saturday's win over Virginia Wesleyan at Kerr Stadium.

PHOTO BY JIM DEVINNEY

Frye to lead 17-4 at the half.

Noah Goad led the Maroons offensively with four goals while Julian Kammerman fin-

ished with two goals and four assists. Alex Feuer improved to 4-1 in the goal after playing the entire first half, making six saves.

The Maroons were scheduled to play at Guilford on Wednesday, and this Saturday Shenandoah is here for a 2 pm start.



RC goalie Kyleigh Chickering is the ODAC Defensive Player of the Week.

RC women's lacrosse ranked 18th in D-III

After helping the Roanoke College women's lacrosse team to a 14-12 ODAC opening win, Kyleigh Chickering has been named the ODAC Women's Lacrosse Defensive Player of the Week.

Kyleigh was a staple in the 18th ranked Maroons' 14-12 ODAC opening win last Saturday against Shenandoah in Winchester. She played all 60 minutes in the cage, making a dozen saves and snagging four of Roanoke's 14 ground balls on the day. With the win, she improved to 7-1 on the season, starting all eight games for the Maroons. She currently leads the ODAC in save percentage (51.9%) and goals-against average (7.41). She also ranks third in the conference in goals against (51).

With the Maroons leading the Hornets 10-8 going into the fourth quarter, Lilly Blair scored a woman-up goal and former Salem High teammate Libby Bowman added another to put the Roanoke lead to four. Shenandoah cut it back to two before Tiernan Connor scored a pair of goals, including another woman-up for the Maroons. Blair, Connor, and Bowman led the Maroons with three goals each.

Roanoke remains on the road with a visit to Virginia Beach to play Virginia Wesleyan in an ODAC tilt this Saturday, April 1.

RC baseball sweeps H-SC

The Roanoke College baseball team swept Hampden-Sydney in a doubleheader last Saturday at Salem Memorial Ballpark to run their winning streak to five games. The Maroons won 3-0 and 6-3 to improve their ODAC record to 4-1.

In the first game Will Turner pitched the first eight innings, striking out six, to earn his third win of the season. Aiden Kuhle took the mound in the ninth and picked up his second save of the season. Ty Staz finished the game with three hits and a pair of RBIs.

In the nightcap Salem product Caleb Lingenfelter improved his mound record to 5-1 with four strikeouts in six innings pitched. Isaac Brooks came on in the top of the seventh and pitched the final three innings with a strikeout to earn his second save of the season.

Corey Coogan was just a home run shy of hitting for the cycle with a single, double and triple as part of his three hits in game two. He also had an RBI and a run scored.

The Maroons were at Guilford on Tuesday for an ODAC game and this Saturday they'll be in Lexington for a doubleheader with Washington & Lee, beginning at noon. A busy schedule continues with a home game against Ferrum on Monday at 6 pm and a visit from Maryville on Tuesday at 3 pm.

The Maroons were 11-8 after sweeping Hampden-Sydney.



Lefty Anthony Sullivan pitches for the Maroons.

PHOTO BY BRIAN HOFFMAN

RC hosts volleyball tri-match Saturday

Playing one more match at the Bast Center Gym was not in the Roanoke men's volleyball team's favor as the Maroons dropped a 3-0 CVC contest with Marymount last Saturday afternoon. Roanoke fell 25-13, 25-17 and 25-21 to fall to 7-12 in the first year of men's varsity volleyball at RC.

Michael Cummins led the Maroons with five kills while Connor Tyson was right behind him with four. Davin Stevenson dished out a team-high 13 assists.

The Maroons were scheduled to host Southern Virginia in a CVC matchup on Wednesday, March 29. It was to be their first game in the Cregger Center since the floor was redone after a burst pipe caused damage during the winter.

On Saturday the Maroons will host a tri-match. RC will take on Stevenson at 1 pm, Stevenson will play Randolph-Macon at 3 pm and RC and R-MC will go at 5 pm.

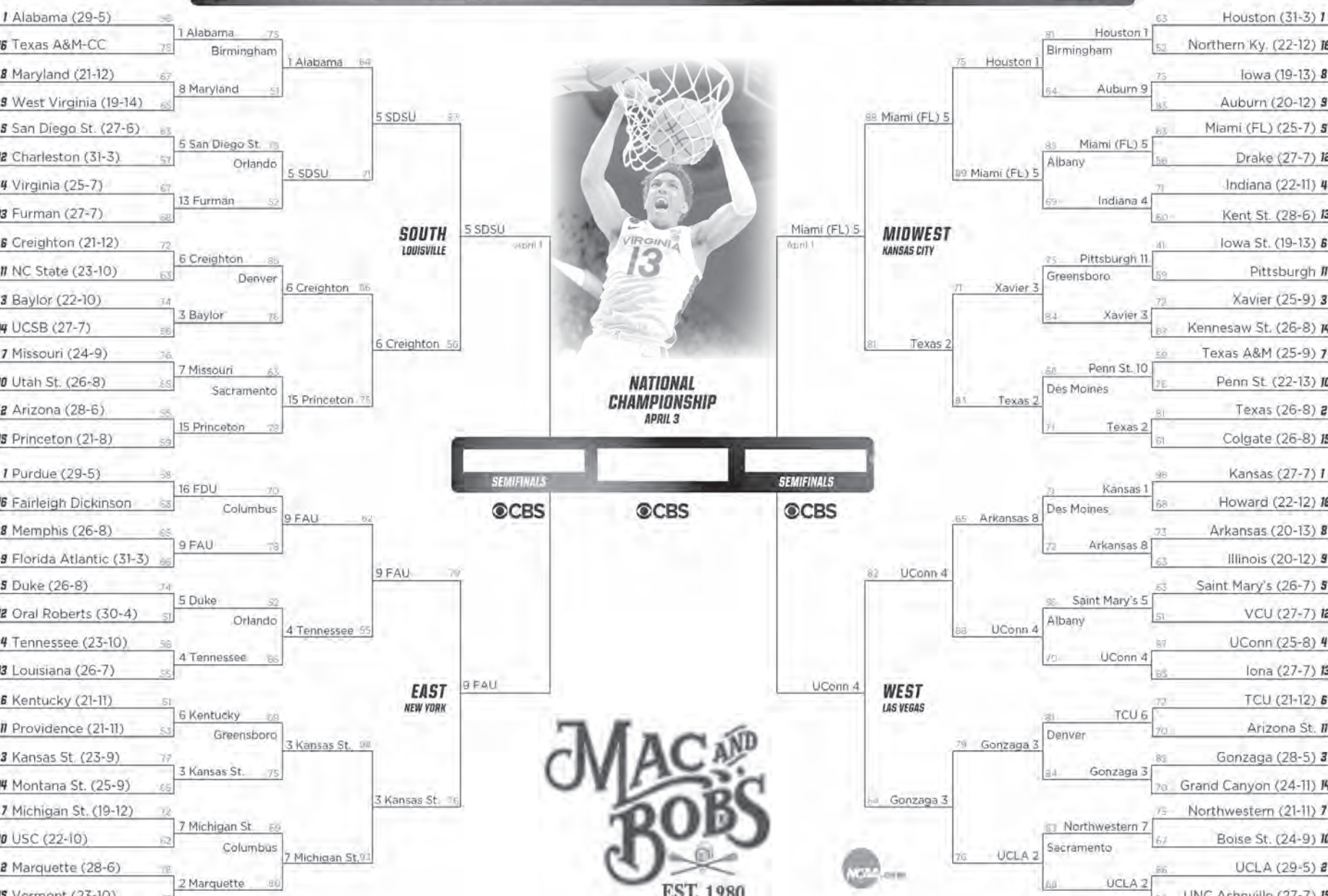
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Spartan Classic Golf Tournament is April 28th

The Spartan Classic Golf Tournament, benefiting the Salem High football team and the Salem Sports Foundation, has been scheduled for April 28th at the Hanging Rock Golf Club. Above is the turnout for one of the two flights at last year's inaugural tournament, which was a great success. The entry fee to join up for this year's event can be found on this page at the right.

Blue Demons kick Spartans

The girls were off and the boys dropped a 3-1 game to Christiansburg in Salem High soccer action last week. Brady Sparger scored Salem's only goal as the Demons pulled out the win at Spartan Field. Logan Lavinder had the assist on Sparger's goal and Max Benne had eight saves in the cage. "It was a very competitive and physical game," said Salem coach David Atkins. With the loss Salem dropped to 2-2 on the season. The girls did not play Friday and they go into the break at 0-3. Both teams will return to action Tuesday with the girls at home and the boys at Hidden Valley.



Salem's Conner Williams(#13) and Luke Farmer(#1) battle a Christiansburg player for the ball in last Friday's game at Spartan Field. PHOTO BY SCOTT GARDNER

Maroons have six home softball games this week

The Roanoke College softball team allowed just two runs total in a doubleheader at Greensboro College on Sunday but the Maroons could muster just two runs as they dropped a pair. The Pride won two pitchers' duels, 2-1 and 2-0. The first game went nine innings before it was decided. Jada Karnes went the whole way for the Maroons before taking the tough-luck loss as her record fell to 3-2 with an 0.95 earned run average. The Maroons out-hit Greensboro 7-4 but couldn't get the key hits when they needed them. In the second game Lindsay Gedro took the loss on the mound as RC went down to defeat for the fourth straight game. Roanoke had just two hits in getting shut out, singles by Lilly Burns and Rachel Sirbaugh. Now 6-6, the Maroons will try to right the ship with six home games this weekend. They host Christopher Newport, the second ranked D-III team in the nation, on Friday in a 3:30 pm non-conference doubleheader, then take on Shenandoah on Saturday for two ODAC games at noon. Eastern Mennonite comes here on Sunday for two more conference games, with the opener set for 1 pm. All six games are at the Botetourt Sports Complex.

Spartans drop 8-inning thriller at James River

Salem and James River battled for eight innings before the host Knights took a 2-1 win in softball last Thursday in Buchanan. This was a good old fashioned pitchers' dual between Salem's Cora Grace Sparger and River ace Austyn Moran. River struck first when Lexi McCullough hit a hard grounder off of the first baseman's glove in the third inning, scoring Jenna Pugh who had tripled to lead off the inning. That gave the Knights a 1-0 lead. In the top of the fourth, Salem's Cora Robinson hit a one out double to right center field. After advancing on a wild pitch, Robinson scored on a chopper to short by Sparger, knotting the score at 1-1. Neither team scored again until the bottom of the eighth. McCullough led off the inning with a hustle double to shallow right field. After Elly Lackey sacrifice bunted McCullough to third base, Moran and Kaycee Kincaid were walked intentionally. On a 3-2 pitch, Ripley Barry singled over the drawn in outfield to plate McCullough with the walk off game winner. Moran pitched a complete game three hitter, striking out six and walking five. Sparger was equally good for the Spartans, scattering eight hits. While only striking out two, she overpowered the Knights much of the game, coaxing multiple soft grounders and pop ups.



Salem catcher Caitlin Wells is locked and loaded in last week's game at James River. PHOTO BY LEIGH DOWNEY

The Salemites played again on Friday and lost at Christiansburg, 4-2, to fall to 3-4 on the season. The Spartans are off this week for spring break and will return Tuesday, April 4, with a home game against Hidden Valley at the Salem Civic Center.

Teubert's homer is only hit for Glenvar in softball loss to Northside

The Glenvar softball team fell to 1-3 at the break with a 12-1 loss to Northside at the GHS field last Friday. Northside got the bats going early, scoring five runs in the first inning. They finished the game with 11 hits, including three home runs. Glenvar only managed one hit in the game and that was a home run by sophomore Abby Teubert. The Highlanders are off this week for spring break, returning Tuesday, April 4, with a home game against Carroll County. That will be their Three Rivers District opener.

GHS girls 1st, boys 2nd in season-opening track meet

The Glenvar track team had their first outdoor meet of the spring season last week as William Byrd hosted a four-team meet in Vinton. The Glenvar girls won the meet and the boys were second to host Byrd. Northside and Roanoke Catholic also competed. The girls had several first place finishes. Sydney Loder won the 400 and broke the school record held by Hannah (Williams) Harris. Sydney also won the 100 hurdles and the 200 meters. Rhyan Harris took first in the Shot Put and the Pole Vault while the girls 4x100 team of Mahre Swanson, Brooklyn Woolwine, Adrianna Hall and Harris took first. Woolwine also won the long jump. Other Glenvar girls to win events included JoAnna Killeen in the 1600, Sophia Hammersley in the 300 hurdles and Khana Nguyn in the 800. For the boys, Jackson Swanson won the 100 and Colby Thompson won the 400. Heath Bowker took the 800 meters and ran on the winning 4x400 relay team with Thompson, Caeden Bowker and Joey Loder. In the field events Jack Camper won the discus and Avone Noel took first in the pole vault. The Highlanders are now off until April 7th when they compete in the Lynchburg Twilight meet.

Maroons take four first places in Doc Jopson Invt. at Bridgewater

The Roanoke College women's track & field team took first in four events and placed second in two others at the Doc Jopson Invitational at Bridgewater College on Saturday. Haylee Gamble won the 400m with a time of 1:00.09 while Hannah Snodgrass finished first in the 100m hurdles in 15.18 seconds. The Maroons' 4x400 relay team produced another event win, as Kenna Fox, Taylor Poole, Snodgrass, and Eleanor Hinckley clocked in at 49.17 seconds. Roanoke held the top two spots in the shot put. Grace Fowler won the event with a throw of 11.67m, while Claire Kinney's mark of 11.42m was good enough for second place. The Maroons head to High Point, NC for the VertKlasse Meeting next weekend.



Glenvar's Tre Dawyot flies through the air in the long jump competition at William Byrd High last week. PHOTO BY BRIAN HOFFMAN

SPORTS

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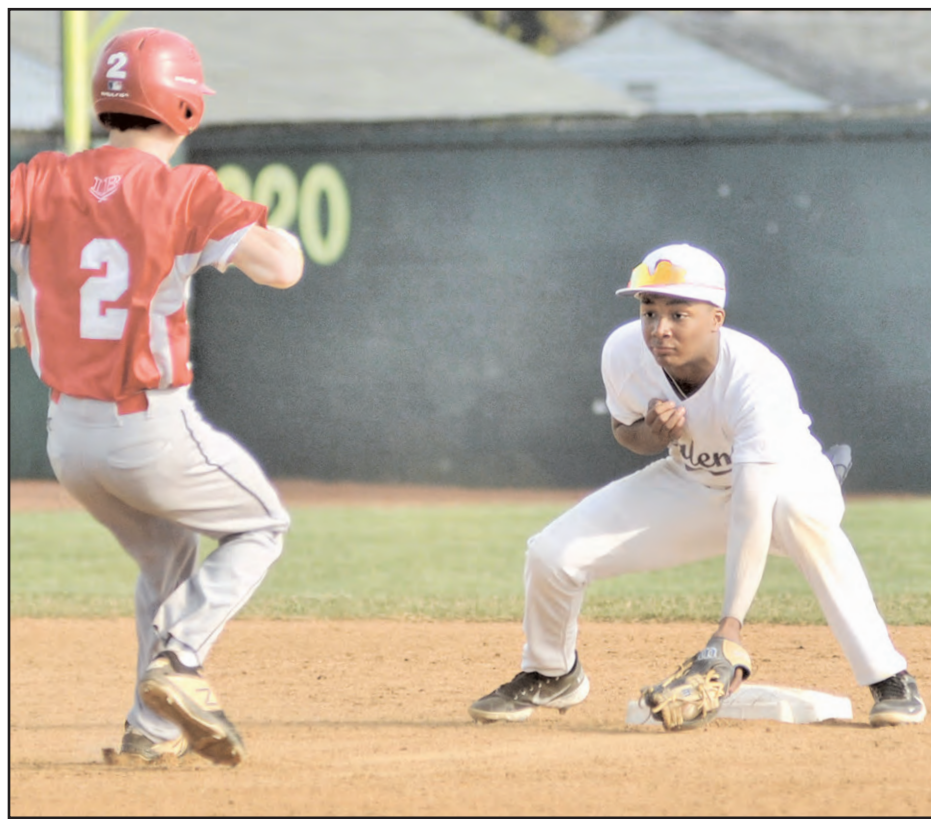
Salem High baseball is 4-1 at the break

The Salem High baseball team won their third straight game on Friday when the Spartans beat Christiansburg in their final game before spring break. Salem improved to 4-1 overall with the 7-4 win over Christiansburg at Salem's Billy Sample Field.

The Spartans trailed early, 2-0, but Wilson Rakes and Trace Monroe highlighted a second inning rally with RBI singles as the Spartans took a 4-2 lead. Salem extended the lead in the fifth on a run-scoring single by Caleb Fumage, who then scored on a hit by Carter Black.

Monroe was the winning pitcher, going six innings and allowing two earned runs while fanning four.

The win was the third in four days for the Spartans, who opened the week with a 16-6 win over Patrick Henry. On Thursday Salem hosted Lord Botetourt and avenged their only loss to date with a 4-3 win behind a solid mound outing by Rakes. Wilson went six innings and struck out seven.



Above, Salem High shortstop Brayden White is ready to put the tag on a would-be Lord Botetourt base stealer after taking the throw from catcher Caleb Fumage. Right, Fumage gets a putout as well as he grabs a foul pop just in front of the screen at Billy Sample Field last week.

PHOTOS BY BRIAN HOFFMAN



Freshman Brayden White came on to pick up a save in the seventh, getting the final three outs after LB had loaded the bases with no outs. Kolton Hedge,

Evan Fletcher and Black all had two hits and drove home a run for the Spartans.

Salem is off all this week for spring break, returning next Tuesday

for a game at Hidden Valley. A day later, on Wednesday April 5, the Spartans are at William Byrd for a 5:30 pm game in Vinton at Gary Walthall Park.

Glenvar soccer teams both undefeated in early season games

The Glenvar soccer teams both played in state championship games last spring and both are off to good starts again. The boys are 3-0 and the girls are 2-0 as they take a week off for spring break.

The Glenvar boys played host to Class 3 Lord Botetourt team last Thursday and pulled out a 1-0 win on a goal by Colin Clapper midway through the second half. Although the score was tight Glenvar controlled the action, outshooting LB 29-6.

Marco Gustafson collected the shutout in the net while Jake Williams, Tyler Curfiss, Cooper Mullins, Adam Saunders and Alan Vu played a solid game in the back to contribute to the shutout. Glenvar has allowed just one goal in the three games they've played.

"It's a good start to our season but it's just a start," said coach Josh Jones. "We have to keep working hard and improving to be the best team

we can be."

The Glenvar girls haven't allowed any goals in their first two games. They haven't played since March 21 and will return to the pitch on Monday at Auburn.

The boys will host Class 6 Franklin County on Monday at Highlander Stadium, then host Carroll County in the 3RD opener Tuesday at home. Both games are scheduled to kick off at 7 pm.



Left, Glenvar's Aiden Hylton (#21) heads the ball toward the goal after a corner kick in last week's win over Lord Botetourt at Highlander Stadium. Right, Zach Curfiss (#6) dribbles the ball despite being held by an LB defender.



PHOTOS BY BRIAN HOFFMAN

Glenvar baseball falls to Vikings

The Glenvar Highlanders finished their pre-spring break baseball schedule with a 2-3 record after losing to Northside Friday. The Highlanders had a rough night at Northside, losing 15-6 and committing nine errors in the process.

This one was never a game. Glenvar trailed 10-0 after two innings and the game ended early by the 10-run rule.

"The kids didn't give up," said coach Jeremy Cromer. "They battled back but we were just behind by too much."

Josiah Wayne and Ashton Meadows had two hits each to lead the Highlanders.

"We just made too many mental and physical mistakes, and you can't do that against a good team like Northside," said Cromer. "I don't know if they were thinking about spring break or what. Tony (assistant coach Spradlin) told them you usually can take something out of a loss, but just forget about this one."

The Highlanders are back in action next Tuesday with their Three Rivers District opener at Carroll County. The Highlanders will get a rematch with Northside, at GHS, a week from today on April 6th.



Reed Hutchison bats for Glenvar.

PHOTO BY BRIAN HOFFMAN