

SALEM

Thursday, June 22, 2023 • (USPS 631-140) • \$1.00



OurValley.org

Salem schools getting 3 new principals



Linkenhoker

The Salem School Division announced last week that it will have three new principals for the upcoming 2023-24 school year. The Salem City School Board formally approved the appointments at the June 13 scheduled meeting, and all will officially take effect on

Kelly Linkenhoker has been named the new principal at Salem High School, Matt Coe will step into the top position at Andrew Lewis Middle School and Christina Rose will take over the reins at G.W. Carver Elementary.

"Rarely, do you have an opportunity to appoint three quality individuals like Kelly Linkenhoker, Matt Coe, and Christina Rose to leadership positions simultaneously in the same school division," said Curtis Hicks, superintendent, "All of these educators have a variety of unique experiences to draw from as they work with their administrative teams and teachers to build on our culture of providing the best educational and extracurricular opportunities possible for our students."

Kelly Linkenhoker - Salem High School Linkenhoker comes to Salem from Radford City

Public Schools where she most recently worked as an elementary school principal. In addition, she served as a high school assistant principal, an elementary principal



Coe

and the assistant superintendent for Buena Vista Public Schools. Before moving into administration, she was a classroom teacher for more than 20 years.

"Transitioning from an elementary to a high school principal in a new district is a unique challenge, but I chose education because I knew I could make a positive difference in the lives of children," Linkenhoker said. "This position will allow me to use my expertise, skills, and passion to positively impact the lives of students as they navigate their academic journey toward reaching their fullest potential and lifelong success."

Linkenhoker earned her bachelor's degree from Virginia Tech in family child and development. She has a master's degree from Radford University in administration and supervision and another master's degree from Tech in curriculum and instruction. In addition, she is in the final stage of securing her doctorate degree in educational leadership and organizational behavior from Vanderbilt University.

"I am beyond thrilled to join Salem City Schools as a Spartan and share in the mission to 'Love, Engage and Inspire' the students and families of Salem, she said. "This is a rare opportunity to become part of an innovative, forward thinking, and successful division,



COURTESY PHOTOS

and I cannot wait to jump in and learn, grow, and impact the lives of the student body at Salem High School.'

Linkenhoker replaces Scott Habeeb, who will now oversee the division's alternative education students and virtual online learners. Habeeb spent 27 years at Salem High School as a principal, assistant principal,

Matt Coe – Andrew Lewis Middle School

Coe has been with the Salem School Division as an assistant principal at Andrew Lewis since July of 2017. His experiences in the classroom and as an administrator are immense. He spent 13 years teaching at James River, Northside and William Byrd high schools and he has served as an athletic director, assistant principal and principal at Craig County High School and an assistant principal at William Byrd Middle School.

"I am honored, humbled and sincerely thankful to Dr. Hicks and the Salem City School Board for this opportunity," Coe said. "For the past six years, I have had the honor and privilege of working beside Jamie Garst, who is the best in the business. I look forward to

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Reed appointed vice president for student success, Roanoke experience at Roanoke College

aboyd@mainstreetnewspapers.

College Roanoke announced last week it has named Brian D. Reed as the inaugural vice president for student success and the Roanoke experience following what the college characterized as a "robust national search." He will begin his service on August 14.

"I am excited to begin my Roanoke College journey. What immediately sold me on Roanoke was being able to meet with students and witness firsthand their thoughtfulness, passion, and optimism," Reed said. "Similarly, Roanoke is fortunate to have a community of dedicated faculty and staff that place student success at the center of all they

Reporting to the president and serving as a member of the President's Cabinet, Reed will be responsible for shaping a "student-ready, student-first" culture at Roanoke College and providing leadership for an integrated and inclusive student-success experience at the college. The college said Reed will foster partnerships across campus to design environments and support services across the arc of the student experience. The Student



COURTESY PHOTO

Success Division will work closely with faculty in designing the Roanoke experience and supporting the foundational role they play in students' lives, learning and success at the college.

Functions within this new division include the Dean of Students Office, new-student and transition programs; identity-based programming and support; advocacy, student conduct and crisis management; housing and residence life; health and wellbeing; campus activities, student organizations and leadership development;

student success center (accessibility services, tutoring and academic coaching); campus safety; civic engagement; spiritual life; and purpose, life and career exploration.

The college described Reed as brings 20 years of experience in higher education and a passion for helping students realize their unique potential, purpose and place in the world. In his current role as associate vice provost for student success and campus life at the University of Montana, he provides leadership for the

See **Reed** page 3



PHOTO BY MEGAN O'KULY

Dr. Adam Guyer stands in front of his recently opened office located at 2860 Keagy

National Vascular Physicians unveils newest facility

Megan O'Kuly

Contributing writer

Dr. Adam Guyer's medical facility in Salem is more than just a place for healing—it is a symbol of dedication, empathy and expertise. With its focus on patient care, minimally invasive procedures and advanced imaging technology, Guyer's practice is revolutionizing patient care, one person at a time.

"What really drew me to my specialty is just the fact that I treat so many organ systems and disease processes in really every age range and patient population. I think it's exciting," Guyer said.

Because the vascular

system (blood vessels) touches so much in the body, Guyer is able to cover a broad range of patient issues through targeted technology. Most patients can go home the same day and get right back into resuming their daily activities.

The impact of this facility extends far beyond its physical walls. Patients no longer need to wait for months to receive the specialized care they need or deal with the complexity of a hospital visit. Guyer's practice has become a beacon of hope, bringing more medical possibilities to the residents in the Roanoke Valley and Salem

Guyer's compassionate care illustrates his dedication to staying at the forefront of medical advancements and inspires trust and confidence in the possibilities the new facility will bring to the local residents. In a world where healthcare can sometimes feel complex and intimidating, Guyer's practice offers a refreshing change. Patients can directly reach out to his office, eliminating the need for referrals and long wait times. The efficient and timely treatments provided ensure that individuals receive the care they need when they need it most. The success and

overwhelmingly positive

See **Guyer** page 3



4.77% 10-Month CD Special**

*Annual Percentage Yield (APY) is accurate as of 5/11/23 and is subject to change without notice. **Minimum deposit to open is \$2,500. Interest accrues daily and will be paid at maturity. There is a penalty for early withdrawal. Early withdrawal

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fees could reduce earnings. Eligible for individuals, nonprofits, and businesses

Briefly: Salem News In Brief

Patriotic Concert: Get into the Fourth of July spirit with the Salem Choral Society's free patriotic concert for all ages, "Let Freedom Ring," this Sunday, June 25, at 4 p.m. at Salem Presbyterian Church. Donations will be

Salem Fair: The Salem fair will be at the Salem Civic Center June 28-July 9. It will be open from 4-11 p.m. Monday through Friday and 12-11 p.m. Saturday and Sunday. Admission is free.

Jazz in July: "Jazz in July" is set to make its much-anticipated return to the Longwood Park Amphitheater Saturday, July 15 at 3:30 p.m. The free day of live music features an eclectic lineup that once again has been procured by local jazz aficionado Lenny Marcus. This year's lineup includes Roscoe McFadden & Friends at 3:45 p.m., Jay Ware Quintet featuring Gracelyn Hedrick at 5:20 p.m., Michael Hawkins & The Brotherhood at 6:45 p.m. and Hoppie Vaughn & The Ministers of Soul at 8:10

Movies at Longwood: "Lightyear" will be shown on July 21 at Longwood Park. The movie will begin at dusk, around 8:30 p.m., and admission is free for all ages.

Salem Gun & Knife Sale: The event will be from 9 a.m.-5 p.m. Saturday, July 15 and 10 a.m.- 5 p.m. Sunday, July 16 at the Salem Civic Center. Tickets are \$10 for adults and free for those 12 and under with a paying adult.

Jason Isbell and the 400 Unit with special guest S.G. Goodman: The event will be at the Salem Civic Center at 7:30 p.m. Wednesday, Aug. 9. Tickets are \$47.50, \$62.50, \$87.50 and \$132.50.

2023 Movies at Longwood: "Sonic 2" will be shown at Longwood Park on Aug. 11. The movie will begin at dusk, around 8:30 p.m., and admission is free

Pickin' In The Park: The annual concert will be Saturday, Aug. 19. Junior Sisk will return for this year's concert.

36th Annual Mopars In The Valley Car & Truck Show: The free event will be at the Salem Civic Center from 8 a.m.-4 p.m. Saturday, Sept. 2.
PAW Patrol Live! "The Great Pirate

Adventure": The event will be at the Salem Civic Center Tuesday, Oct. 31 at 6 p.m. and Wednesday, Nov. 1 at 6 p.m. Tickets start at \$42.

Theory of a Deadman and Skillet:

The bands will perform at the Salem Civic Center on Wednesday, Nov. 22 at 7 p.m. Tickets start at \$40.50.

Public meetings:

The Salem City Council will meet on Monday, June 26 at 6:30 p.m.

The Salem City Council will meet on Monday, July 10 at 6:30 p.m.

The Salem City School Board will meet on Tuesday, July 11 at 7 p.m. The Salem Planning Commission will

meet on Wednesday, July 12 at 7 p.m. The Salem City Council will meet on

Monday, July 24 at 6:30 p.m.

The Salem City Council will meet on Monday, Aug. 14 at 6:30 p.m.

The Salem Planning Commission will

meet on Wednesday, Aug. 16 at 7 p.m. The Salem City Council will meet on

Monday, Aug. 28 at 6:30 p.m.

PROM THE ARCHIVES

'THE CAVE' IS ONE OF **OLDEST SETTLEMENTS**

Three Thriving Store At Cave Spring When Big Lick Had Only Two Small Shops-Evidences Remain

From the 1938 centennial edition of The Times-Register Roanoke will have nothing on Cave Spring when folks get to reminiscing on the history of Roanoke County at the Centennial celebration, for there are those still living who remember a time when there were three thriving stores at Cave Spring and only two "small shops" at Big Lick.

John Eldridge Smith, advanced in years, perhaps, but still active in business as an employee of a whole-sale grocery house in Roanoke, is one of these. Talking with Mr. Smith the other day, he took evident pleasure in recalling his boyhood trips to Cave Spring with his grandfather, Isom Miles, at that time a well-known farmer on Bent Mountain. It was known as the "Dollar Farm" because they raised so many turkeys that were always heavy enough-big plump hefty gobblers-that brought a dollar each at the trading center, Cave

Attracted Attention

"The Cave" giving forth its cold, clear water, attracted folks then as now, and no doubt figured in the selection of that location as settlement and cross-roads point in the early history of the county. There was the Berry store right across road from the spring. Passing through the hands of various owners in 1911 it became the property of R. F. Wyatt who improved the residence portion of the building which had been added to the original log house. W. B. Rasnake now operates an up-to-date market and general store



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> FROM THE TIMES-REGISTER ARCHIVES

There were also the Chapman and Sublett stores on the opposite side of the road. The settlement soon developed into an important trading center, with the village blacksmith shop, close by a grist and saw mill just a little way down the Creek. Richardson, one of the older residents at "The Cave" still operates a mill at this old stand, thus providing the community with the good old-fashioned kind of slowly ground meal and prepared the crush corn and cob into a desirable old-fashioned feed.

Chestnuts Traded

One of Mr. Smith's most vivid memories seemed to be for the hundreds of bushels of chestnuts that were always traded in at the stores at Cave Spring. Alasthe blight has destroyed these valuable nut trees.

The mud roads were narrow, rough and winding, but ox-carts made it safely from over Bent Mountain and coming in from Floyd and Franklin counties. At "The Cave," wagoners stopped to rest teams and to refresh themselves,

and to hear the news of neighboring settlements.

Dr. Joseph Addington Gale, father of Dr. S. S. Gale was the country doctor who served the entire section from "The Cave" up over Bent Mountain for half a century. For a number of years his office was in a one-room frame building at the crossroads of the old Floyd and Franklin turnpikes. The building is still standing on the Archie Greenwood place. Dr. Gale built the brick house which was the fine residence of the neighborhood, and in which his successor Dr. White lived. Mrs. White and Miss Mattie now occupy this old home well kept and still the most imposing residence at "The

At that early time, when Roanoke City was not yet on the map, some of the family names so familiar here-abouts, descendants some of whom have helped to build greater Roanoke County and greater Roanoke City were-the Chapmans, the Greenwoods, the Subletts, the Hartmans, the Berrys, the Lemons, the Harrises, the Lavinders, the Van Staverns, the Turners, the Zirkles, the Sedans. These names carved on the tombstones in the several family burying grounds, still live in the hearts of a passing generation, as the pioneers that made possible the march of progress for Cave Spring District. The District by the way, got its name from this remarkable spring gushing forth from the recesses of the cave in the side of the hill.

-Prepared by Lisa King

City of Salem Police Department



Weekly Arrest Report

Week of June 13, 2023 - June 19, 2023

Arrested On	Name	Age	Charges
06/13/2023	Sandon H. Smith	32	Violation of Probation
06/13/2023	William B. Hunter	43	Domestic Assault & Battery
06/14/2023	Daniel S. Watkins	31	Violation of Probation
06/14/2023	Michael D. Reid	47	Violation of Probation
06/15/2023	William N. Webb	25	Assault & Battery, Petit Larceny, Vehicle Burglary, Damage Property, Criminal Trespass
06/15/2023	Jalyil Clinton	33	Public Intoxication
06/15/2023	Samantha L. Rabik	31	Robbery, Damage Property
06/15/2023	Richard A. Rabik Jr.	33	Robbery, Damage Property
06/18/2023	Erica J. Bostic	34	Identity Theft, Failure to Appear
06/18/2023	Alfred H. Randolph	78	Domestic Assault & Battery, Violation of Probation

Weekly Crime Report (Felony Cases)

Week of June 13, 2023 - June 19, 2023

DATE REPORTED	LOCATION	OFFENSE REPORTED		
13-JUN-2023	2700 BLK W Main St	Domestic Assault & Battery		
19-JUN-2023	1000 BLK Roanoke Blud	Grand Larceny		

While not often used for combat, many especially soldiers, officers, were issued

Pictured here is a M1840 musician or noncommissioned officer sword. These were given to musicians as a defensive weapon or to officers as a weapon of last resort. For officers they were more honorary than practical, and today this style of swords is purely used for ceremonial purposes. One of their main uses, as with any straight blade during the Civil War, was to give marching commands to soldiers in line formations.

Kids ages 6-13 can see this Civil War musician's sword

this weekend during Summer Fun at the Salem Museum!

Join the Salem June Museum on and 28 for "Civil War in Virginia." Join us to explore why Virginia was important during the Civil War. Learn what daily life was like for soldiers and their families back at home.

All programs are

Each hour-long program will be held on Saturdays and Wednesdays at 11 a.m. and again at 2 p.m. The content will be the same at both times each day. RSVP Ćall 540-Required. 389-6760 or email garrett@salemmuseum. org to register. See SalemMuseum.org for more details.



COURTESY OF SALEM **MUSEUM** Musician's

Civil War **Sword**

June 29th - July 8th • 6:00pm-11:00pm Closed Sunday - July 2nd Wristbands www.colerides.com • Advance \$20 • On Grounds \$25 **FOOD & GAMES**

Information at 540-254-1212 or www.townofbuchanan.com or Town of Buchanan Facebook Page

Enjoy Petros, Carnival Burgers, Hot Dogs & Our World Famous Fries SPECIAL RIDE NIGHT Wednesday, July 5th and Thursday, July 6th

Wristbands \$15 - 6:30pm-10:30pm Tuesday, July 4th Parade 5pm • Fireworks 10pm

Thursday, June 29th – Pleading the Fifth Friday, June 30th – Blue Connection Saturday, July 1 - Midnight Blue Sunday, July 2 – CLOSED Monday, July 3 - Glen Shelton Band

Tuesday, July 4 – Cimmaron

Wednesday, July 5 – Phlegar Hill Thursday, July 6 - Live Tandem Friday, July 7 – The Oddfellows Saturday, July 8 - Wound Tight also Rebels of Rhythm Cloggers during music breaks Get your BIG PRIZE Tickets for an opportunity to win \$2,500

In honor of 4th of July

OUR NEWSPAPER offices will be closed on Tuesday, July 4th, 2023 And will reopen on Wed., July 5th @ 8:30 a.m.

All ads for July 5th and July 6th papers need to be in our office by Friday, June 30 at 12:00 Noon.

Principals from page 1

carrying on his legacy and strengthening the tradition of excellence that has been established here at Andrew

Coe grew up in the town of Lebanon in Russell County and secured his undergraduate degree from Emory and Henry. He then earned his Master of Arts degree in history, as well as his educational leadership and educational specialist degrees from Virginia Tech. Coe replaces Garst, who is returning to the chemistry

classroom after 10 years in administration. During the just completed school year, Coe, Garst and Rose served on the same administration team at Andrew Lewis. Christina Rose - G.W. Carver Elementary School

Rose is a Pittsburgh native who joined the Salem City School Division in 2015 after spending 10 years in Northern Virginia schools. She began her Salem career at West Salem Elementary as a school counselor and became an assistant principal at South Salem in 2018. She spent the past year as an assistant principal at Andrew Lewis Middle School.

"I feel honored to be joining the G.W. Carver community as the new principal," said Rose. "I am excited to meet the students, families, and staff, and I am confident that we will continue the positive momentum that Mrs. Schmidt started during her tenure as principal.

Rose graduated from Penn State University with a bachelor's degree in education. She earned her master's in Counselor Education from Virginia Tech, and she has successfully completed the certificate program in

Educational Leadership and Administration at George Washington University.

She replaces Kristyn Schmidt who is leaving at the end of the month to work at Radford University. Schmidt joined the Salem School Division in 1998 as a special education teacher and later served as Salem's special education coordinator, an assistant principal,

"We wish our former principals the best in their new roles, and we look forward to welcoming Ms. Linkenhoker to our family and supporting Mr. Coe and Ms. Rose as they transition to their new roles in the division,' said Hicks. "Their success is our collective responsibility."

-The Salem Times-Register

Reed from page 1

university's efforts related to retention and completion, student wellness, and diversity and inclusion. Prior to this role, Reed spent nearly a decade at Dartmouth College, where he started in residence education and later moved into significant leadership roles as the assistant dean of undergraduate students and the associate dean for student academic support services.

Reed's hiring and the creation of a division for student success is the latest in a series of moves by the College to provide transformative learning experiences and support

for a new generation of college students.

"At Roanoke College, our number one strategic goal is to cultivate student success and well-being," said President Frank Shushok Jr. "We must be brave enough to challenge the structures, policies and practices that were built for previous generations. In doing so, we'll

continually redesign Roanoke College for now and tomorrow so that every student who comes to Roanoke can succeed. Brian's proven track record of building strong partnerships and initiatives for student learning and support, combined with his deeply held values regarding access and inclusion, make him an ideal leader to help us chart the future and outline what students can expect and experience at Roanoke College." Reed received his bachelor's degree from Berea College,

a small liberal arts college in Kentucky with a deep commitment to serving Appalachia. As a first-generation Pell Grant recipient, Reed has a deep appreciation for the transformational power of a college education and the role that colleges must play in fostering access, inclusion and student success.

Reed went on to earn a master's degree from

Appalachian State University and a Ph.D. from the University of Virginia. In addition to his administrative roles, he has served on the doctoral faculty in the Higher Education and Leadership Program at New England College and is actively engaged in researching and writing about student success, well-being and persistence.

"As the new vice president for student success at Roanoke College, I am thrilled to partner with students and colleagues in creating a transformative college experience for all students," Reed said. "Against the backdrop of Virginia's Blue Ridge Mountains, we will offer memorable curricular and co-curricular opportunities, empowering students to thrive holistically. I am honored to join Roanoke College and contribute to the personal and academic success of our students."

Guyer from page 1

feedback from patients and referring providers alike highlight the efficiency and quality of care delivered by Guyer and his team. The streamlined process and reduced wait times have made a significant difference in the lives of patients, relieving the anxiety of hospital visits and allowing them to pursue appropriate treatments promptly.

"Referring providers love it because they are able to get patients in and seen quickly," Guyer said. "The wait times to get a biopsy done are weeks, not months."

The facility provides options for residents looking for alternatives to many hospital procedures, covering a broad

range of issues, from artery disease treatment to cancer

"Someone who's waiting on a potential cancer diagnosis, waiting weeks or months to get a definitive answer is a long time. And it's not just them waiting on a definitive answer, it's their oncologists waiting on a definitive answer so they know what appropriate treatment to pursue. It's their surgical oncologist not being able to schedule a procedure. So, the ability to treat patients quickly is a total game changer and will ultimately result in better outcomes.

The compassionate and personalized approach of Guyer

and his team creates a warm and welcoming environment, fostering trust and strong relationships with patients. His goal is to better the community by providing residents with access to easier, simpler healthcare options.

"The feedback from the community has been fantastic. It's been humbling and overwhelming the amount of support I've gotten," Guyer said.

For more information about National Vascular Physicians as well as the services and options available for patients, view their website at https://nationalvascularphysicians. com or call (540) 861-1961.





PHOTOS BY MEGAN O'KULY

Patients can walk into a warm and welcoming office at National Vascular Physicians. Dr. Adam Guyer stands in front of some of his imaging equipment.

THE WEEK

These hot days have me feeling thirsty. To counteract dehydration in hot or humid weather, regardless of your activity level you should drink water. Drinking water helps lower your body temperature and replace the fluid you lose through sweating. You should drink it before you get thirsty. The USDA explains, "Whether drunk from the tap or a bottle or eaten in foods, water has important health benefits. Insufficient consumption can lead to muscle spasm, renal dysfunction, increased risk of bladder cancer, and even death." I have always struggled with consuming enough water daily. I have multiple water bottles and I still have a hard time drinking just plain water. As my mother got older, she just did not feel thirsty, so she was often dehydrated. A friend I used to work with used fresh mint in her water. She bragged that this infusion made her drink more. Renaissance era books prove that the popularity of flavored and infused water dates back several centuries. Today, there are recommendations from all kinds of sources. The UVA Comprehensive Cancer Center recommended infused water to my mother and I during her treatment as a healthy alternative to plain water. TikTok has #watertok with 100s of influencers showing recipes to flavor water.



Shelly Koon

Contributing Writer

Yes, you can buy infused water and add ins, but these types of flavorings generally contain some calories, sugars and carbs because extra ingredients are added during manufacturing. By infusing tasty flavors, many people tend to drink more water. Infusion can thus be a way to make water more appealing. Keep a pitcher of infused water in the refrigerator so you reach for it instead of a soda or sweet sports drink. Carry a water bottle with you wherever you go. Treat yourself to a new pretty water bottle or an infused water bottle. Make pretty fruit flavored ice cubes to add to your water. Choose sparkling mineral water over carbonated sodas. Every time you finish drinking a glass of water, fill the

> glass back up. How to make fruit

infused water

Essentially all you need to do is wash and chop the produce, add it to some cold water, and let it steep in the fridge. How long does it take? This will depend on the fruits, vegetables, and herbs you are using. Some fruits, like lemons and limes, add flavor to water almost immediately. Cucumber, cantaloupe, watermelon, pineapple, and mint all infuse quickly. Other produce, like fresh berries, apples, and herbs may take quite a bit longer.

I usually leave it to infuse for at least two to three hours. Can I eat the fruit after? Absolutely! That's one of the best parts of making infused water. It's a great way to stay

hydrated and a snack. Orange rosemary infused water

Two orange slices, two lemon slices, two lime wedges, one sprig fresh rosemary for each 1.5 cups water per serving.

Place the lemon, orange, lime, and rosemary in a glass. Gently muddle. Add water and let steep for at least 30 minutes. For a pitcher or larger serving, multiply the

ingredients by four or six.

Try these add ins: Fresh fruit: Lemon, lime, orange, grapefruit, strawberries, blueberries, raspberries. blackberries, kiwi, mango, pineapple, apples, pears, grapes, peaches, plums, apricots, pomegranate or watermelon.

Fresh vegetables: Cucumbers, bell peppers, jalapeños and

Fresh herbs and spices: Basil, mint, cilantro, thyme, rosemary, ginger, turmeric, cinnamon, cardamom, or cayenne pepper.





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Ben Cline

Congressman

It was a packed, but productive week back in session. The Republican Study Committee released its FY 2024 budget proposal, which serves as a comprehensive blueprint for conservative governance. Additionally, I introduced legislation to prevent the wealthy from receiving food stamps, and secured a big win in the appropriations process for Veterans' healthcare. House Republicans also passed the single largest regulatory reform in decades, and celebrated the U.S. Army's birthday. As we head into another busy week of session, I will continue my fight to make Washington work for families in Virginia's Sixth District, and across the

Protecting America's economic security

For too long, irresponsible spending habits in Washington have made the cost-of-living more expensive for hardworking American families, and they are fed up with business-asusual. In just two years, we have seen a record \$10 trillion in new spending, resulting in historic inflation, massive interest rate hikes, and rapid acceleration toward a national

That is why this week, the Republican Study Committee (RSC) introduced its annual budget for Fiscal Year 2024, which balances in seven years by prioritizing smart, commonsense policies to empower the American worker and reduce out-of-control spending to pay for what's important. As Chairman of RSC's Budget and Spending Task Force, I'm

fighting to restore fiscal sanity to our Nation's finances, and our plan will do just that.

No Welfare for the Wealthy Act

It's no surprise that Big Government keeps finding ways to spend more of Americans' taxpayer dollars and encourage waste and fraud – even if it comes at the expense of the truly needy. The Broad-Based Categorical Eligibility loophole is a system created by federal bureaucrats that allows the wealthy to receive taxpayer-funded food stamps without checking assets such as boats and planes - costing American taxpayers nearly \$7 billion per year.

One thing I know we can all agree on: no one should be able to receive these benefits if they are ineligible. That's why I introduced the No Welfare for the Wealthy Act this week, which will prevent states from abusing this loophole.

Expanding healthcare access to our nation's heroes

In 2018, the VA Mission Act gave Veterans the freedom to seek covered healthcare services outside of the Veterans Health Administration (VHA). However, when it comes to pharmaceutical care, Veterans are still restricted to a maximum 14-day supply of medications from a local pharmacy, then they have to go to a VA facility or use mail order to get subsequent refills. For Veterans in rural areas, such as the Sixth District, this option can be of greater

Veterans have done so much for our country, and we owe it to them to find solutions that would alleviate the burdens involved with Veterans healthcare. As a member of the House Appropriations Committee, I was proud that my amendment passed out of Committee this week, which begins the process of allowing Veterans to go to their community pharmacy for their prescription needs and finishes the job of expanding healthcare access to our Nation's heroes in rural areas like ours.

Reining in the administrative state

Federal agencies continue to expand their authority by issuing rules with the force of law - even though it is the constitutional purview of Congress to legislate, not federal agencies. By allowing unelected bureaucrats at these agencies to make laws, the power of the American public to hold their government accountable is completely undermined.

To check this overreach of power, House Republicans passed the REINS Act of 2023, which restores congressional approval before federal agencies can implement "major rules" such as those that would cost at least \$100 million annually or strangle our economy with higher prices. Rest assured, we will keep fighting to limit rampant executive overreach and rein in the bloated bureaucracy across Washington, D.C.

Celebrating 248 years of the U.S. Army

In commemoration of the United States Army's 248th birthday, we recognize and honor the servicemembers, Veterans, and their families for their selfless sacrifice and service. It is because of their dedication to our great Nation that we are able to live freely, and enjoy our way of life. Today and every day, we are grateful for their patriotism and willingness to be always ready.

Defending small government

Limited government is an incredibly valuable part of our Constitution and a guiding light for how I work in Congress, so it was an honor to receive the Champion of Limited Government Award from the Institute for Legislative Analysis. I have and will continue to protect our cherished freedoms by getting Washington out of the way and cutting burdensome tape so families in Virginia's Sixth District and across the Nation can thrive.

Thank you for the opportunity to serve as your Congressman. If my office can ever be of assistance, please contact my Washington office at (202) 225-5431.

First Creative Aging Arts series of activities for ages 55+ kicks off this July

The June 16 issue of the Resilient Library Newsletter Art edition focuses on how art and creativity boost our brains and lift our mood

Articles in the newsletter:

- "Engage With the Arts to Live Happier -- and Possibly Longer" highlighting the book Your Brain on Art: How the Arts
- "The New Yorker's Adam Gopnik on the Mystery of Mastery Later in Life" that includes an interview of Adam Gopnik as

SALEM TIMES-REGISTER

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Give us your view: aboyd@mainstreetnewspapers.com The Times-Register encourages letters from our readers on

topics of general interest to the community and responses to our articles and columns. Letters must be signed and have a telephone number where you can be reached to be considered for publication. All letters will be verified before publication. The Times-Register reserves the right to deny publication of any letter and edit letters for length, content and style.

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Library Corner

Empowering individuals to build a stronger community Benita VanCleave

he talks about his book, The Real Work: On the Mystery of Mastery "Feeling down? Hit up an art gallery online for a rapid mood boost' "The Next Interesting Thing from Abigail Thomas" talking

about her latest book that "chronicles the complexities and simplicities of aging" (Book coming soon to the library) "Aging Fearlessly: Art, Creativity, and Aging" discussing the

importance of art and creativity as we age Three arts programs are being offered by the Salem Public Library

in cooperation with the Salem Senior Center for attendees ages 55+. Registration is required as space is limited. Register for one, two or all three programs at salemva.libcal.com or call the library if you do not have an email account. Paint Pouring: Wednesday, July 19, 2 p.m., to be held at the

- Salem Senior Center. In-person. Paint Pouring is a fun, fascinating fluid painting technique using acrylic paint to produce colorful marbleized results. Attendees will learn different paint pouring techniques and then produce unique canvas paintings of their own. Readers Theatre Workshop: Wednesday, Aug. 16, 2 p.m.,
- Salem Public Library Meeting Room. In-person. This fun, informal workshop is a perfect way to explore your creative side with 10-minute comedy plays. No memorization required. No prior experience Alcohol Ink Painting: Wednesday, Sept. 13, 2 p.m., to be held at the Salem Senior Center. In-person. Alcohol ink painting

is a fluid art technique. Alcohol ink is dropped directly onto the

appropriate medium to create mesmerizing effects. Attendees will

produce unique paintings on yupo paper and ceramic tile. Upcoming children's activity:

Wednesday, June 28: Garden Party 10:30 a.m.: Meet us in the Children's Garden to celebrate its 5-year anniversary! For ages 0-7. Refreshments and crafts provided.

Gardening News:

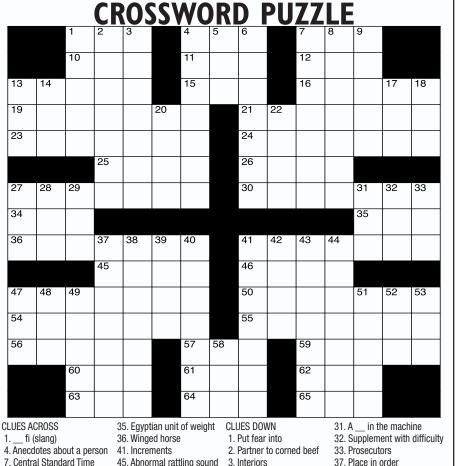
Plan your fall garden now! Fall seeds are now available in the Salem Public Library Seed Library.



SUBMITTED PHOTO

Flag Day celebrated on June 14 in Salem

Garrison Coward, Youngkin administration senior advisor for external affairs, Gary Duerk, a Boy Scout with Troop 129 and Mac McCadden are pictured in front of Salem Red Sox stadium on June 14. On June 14, the Roanoke Valley celebrated Flag Day at the Salem Red Sox baseball game. June 14 is also the 248th birthday of the United States Army, founded in 1775. The Virginia Army National Guard 29th Division Band played, and Del. Chris Head lead the singing of the National Anthem. The call ball kid was Ben Brown from Salem.



7. Central Standard Time

10. Beverage receptacle 11. Football's Newton 12. Be in debt

13. Tattles 15. Musician _ Lo 16. Arrange again

19. A binary compound of carbon with a metal 21. Brazilian futbol great 23. Feared

24. Annoy

25. Unit of heredity

26. Small freshwater fish

27. Muscular weaknesses

34. One-time EU currency

30. Fined

55. More gray

60. Grow old

61. Don't know when yet

62. College hoops tourna-

63. Japanese monetary unit

65. Antidiuretic hormone

64. Medical device

ides

ment

45. Abnormal rattling sound 46. Middle Eastern country 47. A type of greeter 50. __ inning stretch 54. Reaches

56. Football term 57. Swiss river

59. Ninth day before the

8. Garment 9. Electric car company 13. Decimal digits in binary (abbr.) 14. Gibbon

22. Old Irish alphabet

28. A team's best pitcher

27. A type of band

29. Floor covering

20. A vale

4. Agrees to a demand

5. No (Scottish) 6. __ Hess Corp. 7. Ornamental molding

17. Sun up in New York 18. __ the line

44. Barometer 47. Father 48. Of the ear 49. Thomas ___, British dramatist I652-85

37. Place in order 38. Japanese lute

39. Mongolian city 40. Perceived 41. A cloth for washing dishes 42. Chocolate cookie with

white cream filling 43. Grassy plain

51. After eighth 52. Where golfers begin 53. Time units (abbr.)

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Junior Sisk coming to Pickin' In The Park



COURTESY PHOTO

Junior Sisk Band

Bluegrass aficionado Junior Sisk is headed back to Salem's annual Pickin' In The Park concert this summer. This marks the third straight year that Sisk and his group of talented players and singers have filled the night air at the Longwood Park Amphitheater with their tight harmonies.

This year's free show takes place on Saturday, Aug. 19, and it will also feature local favorites Wound Tight and New Standard. The event has significantly grown each of the past two years thanks to Sisk's presence and performances. He and his bandmates played to huge crowds in both 2021 and 2022.

In 2021, Sisk's dad was in attendance and both of Sisk's parents have had strong influences on his musical career and are big reasons why he has stayed so true to traditional bluegrass. Sticking to his genre's roots and never getting above his raisin' paid off big time back in January of 2022. Sisk's "Load The

Wagon" album earned Album of the Year honors and his "Just Load The Wagon" single was named Song of the Year from the Society for the Preservation of Bluegrass Music of America. The album spent six months at the top of the bluegrass charts.

Now, the Ferrum resident and his bandmates have a new album out on Mountain Fever Records entitled "Lost and Alone." The nine song album features "Up There On a Hillside," "The Lonely Side of Goodbye' and the Louvin Brothers classic "Take My Ring From Your Finger."

Sisk's band features an array of musicians including Heather Berry-Mabe, who grew up near Staunton and Waynesboro in the Sherando area. She is joined by her banjo playing husband Tony Mabe, upright bass performer Curt Love and mandolin picker Jonathan Dillon.

In 2013 and 2017, Sisk was named the IBMA's

Male Vocalist of the Year, and he has been honored numerous times by the IBMA for producing the song of the year and an album of the year.

Pickin' In The Park attendees are encouraged to bring lawn chairs or a blanket and enjoy the complimentary concerts. Food trucks from Bootleg BBQ, Dale's Diner, The Tailgate, Wicked Lemon and Sweet Surrender Ice Cream will be onsite selling a variety of concessions.

Patrons are permitted to bring in outside food, but no alcohol is allowed to enter the premises from the outside. Children's games will set-up for that age group, but please remember that pets are not allowed at this event.

The annual event is presented by the Salem Parks and Recreation Department and sponsored by Pepsi and Skyline National Bank.

-The Salem Times-Register

Theory of a Deadman, Skillet coming to Salem

Deadman and Skillet announced additional dates on their co-headlining Rock Resurrection Tour, with support from Saint been nominated for a Asonia. The bands Grammy Award twice. more than 1 billion will be coming to the Its 11th full-length collective streams on Salem Civic Center on album is Dominion. Wednesday, Nov. 22, and tickets are on sale

"We are so excited to be touring with our friends from Theory again," Skillet's John Cooper said. "It's been several years since our last tour together, and this time we are also joined by our friends in Saint Asonia. We are looking forward to joining forces show. Panheads get ready."

21st century rock band. The band has

"I call it positive rebellion," Cooper said. "It's a rebellion against those internal elements such as fear and anxiety. It's a rebellion against external forces wanting you to be something you don't want to be. It's a celebration of the freedom we have in our lives. It's very antiestablishment. It's a rally call to stand up for what

a for a super-charged rock you believe in and not be silenced."

Theory of Skillet is a popular Deadman's catalog has logged two Top 10 debuts on the Billboard Top 200 and amassed Spotify alone and over 6/5 million views on their official YouTube.

'We're super stoked to be touring with our good friends in Skillet and Saint Asonia," Theory of a Deadman's front man Tyler Connolly said. "We're also really looking forward to playing new material for our fans!!"

> -The Salem Times-Register

<u> DT Roadwatch</u>

Interstate 81

WIDENING LANE CONSTRUCTION PROJECT EXIT 137 TO EXIT 141 – A \$179 million design-build project to widen both directions of I-81 between mile markers 136.6 and 141.8 from two to three lanes is set to begin. Starting in February and continuing into the early summer, work will be performed on the inside and outside shoulders along a five-mile section of both northbound and southbound Interstate 81 in Roanoke County and the city of Salem. The shoulders will be built up before barrier wall can be installed for road crews to work behind. Barrier wall will be installed along the shoulders in the spring and summer. Two lanes of I-81 traffic in each direction will remain open during the project with periodic lane closures scheduled during nighttime hours or outside of peak travel times as needed. Drivers can expect the following lane closures and upcoming impacts northbound southbound I-81:

ADDITIONAL TRAFFIC IMPACTS:

SHIFT TRAFFIC WILDWOOD ROAD: Expect a traffic shift with narrow width on Wildwood road after exiting I-81 southbound heading towards Salem. Southbound northbound I-81 exit and entrance ramp narrows possible at Route 311.

WORK SPEED: With narrow spacing in lanes due to barrier walls, lack of shoulders and lane shifts in various locations, drivers should adhere to posted 60 mph speed limits in the work zone and allow space when

following a vehicle. RAMP CLOSURES: Ramp closures are possible during nighttime

hours, 12 a.m., to 5 a.m.

Drivers should watch for

message boards dates and times the ramp will be

closed.

LANE CLOSURES: Alternating left and right lane and shoulder closures during nighttime hours between 8 p.m. and 6 a.m., Sunday through Thursday, are possible. Lane widths will be reduced to 11 feet. Nightly lane closures may be in place along the right lane with possible nightly ramp narrows as needed for guardrail and shoulder strengthening.

The project includes replacing six bridges, widening two bridges, installing approximately

miles of sound barrier walls along northbound I-81, improving the southbound exit 137 off-ramp intersection at Wildwood Road and adding interchange lighting at exits 137, 140 and 141 are also included in the project. Expected

completion in early 2026. I-81 NORTHBOUND AT EXIT 105 NEW BRIDGE REPLACEMENT MONTGOMERY COUNTY – Traffic on northbound I-81 has been switched onto the newly constructed bridge over the New River at the Montgomery/ Pulaski County line. The old bridge is being demolished. Lane and shoulder closures may be in place near exit 105. Lane closure may be in effect during the week from 8 p.m. to 7 a.m. Shoulder closures may be in effect at any time during the week. Slow rolls may be performed on I-81 in the north and

southbound lanes from

mile marker 98 to 109.

Speed limit is reduced

to 60 miles per hour in

the work zone. Shoulder

closures will remain in

ROUTE 605 – There

will be intermittent lane

closures on Route 605

by summer 2023.

place though the duration of the project. Project completion is estimated

under the bridge and will be maintained by flagging

operations. SLOW ROLLS: A slow roll operation may be in place daily, Monday through Friday, between mile marker 101 and 105 northbound and between mile marker 109 and 105 southbound, between the hours of 9 a.m. and 3 p.m. Slow rolls may be utilized periodically on both the northbound and southbound lanes from mile marker 98-109 for structural steel deliveries and setting beams.

LANE CLOSURES: Nighttime alternating lane closures will be in place on I-81 northbound between mile markers 104-106 from 7 p.m. to 6 a.m. the following

morning. ROŬTE 605: Alternating lane closures and flagging operations will be present on Route 605, located under the New River Bridge, for work overhead on the

bridge. PAVING I-81 **OPERATIONS** Weather permitting, crews will be performing paving operations along Interstate 81. Right and left lane closures may be in place along northbound and southbound lanes during nighttime hours, 7 p.m. to 6 a.m. Drivers should watch for moving vehicles and equipment. Expect possible delays.

I-81 BRIDGE DECK REPAIRS permitting, Weather crews will repair bridge decks on Interstate 81. Between mile markers 170 to 95, right and left lane closures will be in place northbound and southbound during nighttime hours, 9 p.m. to 6 a.m. the following mornin00g. Drivers should watch for signs and expect possible delays. Interstate 581

I - 5 8 1 / 2 2 0 EXPRESSWAY PAVING **OPERATIONS**

See **VDOT**, page 6

Poff, Virginia Ruth (Cruff)

Virginia Ruth (Cruff) Poff, 83, passed peacefully from this earthly life and into the arms of Jesus on Sunday, June 4, 2023.

Ruth was born July 23, 1939 in Salem, VA. She married Ralph Poff in 1957, and spent her life raising their children, and then shared her love for children with loads of kids who came and went through her at-home daycare. After Ruth retired, she enjoyed throughout traveling the US with family and friends. She loved her family, music, watching sports, playing cards, and spending time in the sun. Ruth was preceded into

death by her husband

of 51 years Ralph B.

Poff, her parents Davis

W. Cruff and Alma Toy

Cruff; brothers Raymond Cruff and Shannon Cruff, and sister Mary Will (Cruff) Booth; her



daughter Ruth Virginia (Ginger) Poff, and 3 great- grandchildren. She is survived by her sons, Ben Poff (Trisha), and David Poff (Deborah); her daughters, Sheila Ridgway (John), and Terri Meckes (Bryan); as well as 15 grandchildren and great-grandchildren. The family would like express our most heartfelt thank you to the Compassionate Care Hospice staff of Akron OH. Mom was treated with kindness and respect, and her comfort was their top priority.

Visitation will be from a.m.-12:45 p.m., and funeral services will be held at 1 p.m. on Saturday, July 8, 2023 at Lotz Funeral Chapel, 1330 East Main Street, Salem, VA. Interment following immediately at Sherwood Memorial Park in Salem. In lieu flowers, memorial donations can be made the Alzheimer's Association or your

Send community news and photos to aboyd@mainstreetnewspapers.com

visit www.salemtimes-register.com

from page 5

Weather permitting, crews will pave, patch and repair pavement on various routes. Lane closures may be in place during nighttime hours, 9 p.m. to 6 a.m. the following morning. Drivers should watch for signs and expect possible delays.

I-581/220 LANE & RAMP CLOSURES FOR PAVING AND MAINTENANCE OPERATIONS IN ROANOKE COUNTY- Weather permitting, crews will be milling and paving along Interstate 81. Right and left lane closures will be in place along northbound and southbound lanes during nighttime hours. Drivers should expect possible delays.

Roanoke City

13th STREET SE IMPROVEMENTS WITH DETOUR – A project to improve a portion of 13th Street SE in Roanoke is underway. Located in a residential neighborhood just east of downtown Roanoke, this project will improve traffic flow and connectivity along 13th Street SE from Tazewell Avenue to Norfolk Avenue. The project entails reconstructing about 0.2-mile of 13th Street as an improved, two-lane roadway with 10.5-foot-wide travel lane and a raised median. A new roadway will extend 13th Street to Norfolk Avenue and the intersection at 13th Street and Wise Avenue will be reconfigured to include a roundabout. Bike lanes, sidewalks, crosswalks and curb and gutter will also be added. Southbound 13th Street traffic has a detour in place using Norfolk Avenue onto 12th Street to Tazewell Avenue. This detour will be in place throughout the duration of this project. Signs will be posted to designate the detour route. Northbound 13th Street will remain open to traffic. Flaggers may be possible and the speed limit through the work zone is 25 mph. Alternating lane closures maintained by flagging operations may be in place. The project is expected to be completed in August 2023.

ROADS CLOSED FOR PAVING: Beginning Monday, June 19 through Thursday, June 22, Wise Avenue will be closed between 12th Street and 14th Street for paving. Westbound traffic will be detoured

onto Norfolk Avenue and eastbound traffic will be detoured onto Norfolk Avenue or Campbell Avenue. 13th Street northbound will also be closed and southbound traffic will be detoured onto Campbell

Roanoke County

STARKEY ROAD AND BUCK MOUNTAIN ROAD ROUNDABOUT - On Tuesday, March 14, a road project to construct a single-lane roundabout at the intersection of Route 904 (Starkey Road) and Route 679 (Buck Mountain Road) began. Drivers should be aware of a new three-way stop to be implemented in the work zone at the intersection. The new roundabout is expected to be open to traffic sometime this summer. Once the roundabout is open, drivers should still expect lane closures with flaggers controlling traffic for final paving, additional concrete pouring and pavement marking until the project is finished. Final completion expected in late spring

LANE CLOSURES WITH FLAGGING OPERATIONS: Beginning Monday, June 12, lane closures will be in place from 8 a.m. to 4:30 p.m. for the summer. Lane closure times of 9 a.m. to 3 p.m. will resume on Monday, July 31 to allow preparation for school to begin.

THREE WAY STOP: Stop signs will be in place on each road approaching the intersection. This means drivers on Buck Mountain Road who do not stop currently will be required to stop while the intersection is under construction. TRAFFIC SHIFTS: In addition, drivers should

also be alert to traffic shifts and changing traffic patterns while the roundabout is under construction.
PAVING OPERATIONS – Weather permitting,

crews will pave, patch and repair pavement on various routes. Lane closures may be in place and flaggers may control traffic at times during daylight or nighttime hours. Drivers should watch for signs and expect possible delays. **Botetourt County**

ROUTE 615 CLOSURE FOR BRIDGE REPLACEMENT - Route 615 (Craig Creek Road) will be closed Saturday, July 15 through Sunday, July 16 to replace a bridge with a concrete slab located 1.40 from Route 743 (Draft Road) and 2.30 miles from Route 621 (Roaring Run Road).

DALEVILLE INTERSECTION PROJECT FOR FIELDSTONE DEVELOPMENT ACCESS - Lane closures northbound and southbound on Route 220 in Daleville will be in place for construction of a median with crossover, a right turn lane and a new traffic signal. This work is associated with construction of the Fieldstone Development through a permit. Lane closures will be set up on various days and noise disturbances may be in place through July 2023.

ROUTE 11 BUCHANAN BRĬDGÉ PROJECT - A construction project on the Route 11 Bridge in the Town of Buchanan is underway. Water Street is closed for the duration of the project. Work is being performed during daytime hours, 9 a.m. to 4 p.m. during the week. Drivers should expect delays due to a single lane closure across the bridge with a flagging operation. The jacking and bearing replacements have been completed. Contractors are now applying protective paint underneath the bridge and will replace expansion dams on the bridge deck. Message boards are present to alert and update drivers.

Expected completion in August 2023.
PAVING OPERATIONS – Weather permitting, crews will pave, patch and repair pavement on various routes. Lane closures may be in place and flaggers may control traffic at times during daylight or nighttime hours. Drivers should watch for signs and

expect possible delays. Craig County

PAVING OPERATIONS - Weather permitting, crews will pave, patch and repair pavement on various routes. Lane closures may be in place and flaggers may control traffic at times during daylight or nighttime hours. Drivers should watch for signs and expect possible delays.

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ANGLICAN ST. THOMAS ANGLICAN CHURCH - located at

4910 Hubert Rd, NW Roanoke, Va. Traditional Liturgical Lenten Services, Sunday at 10:30 am. Call (540) 589-1299 or visit www.sttofc.org for midweek masses and events. (In Roanoke, go E on Hershberger, L on Hubert to 4910). **BAPTIST (INDEPENDENT)**

CALVARY BAPTIST CHURCH - 7th and Florida

Streets, Salem VA. Pastor: Roger D. Counts, 540-389-3818. Sunday School 10:00 a.m., Morning Worship11:00 a.m., Sunday Evening Service 6:30 p.m., Wednesday Night Prayer Service, 6:30 p.m. LAKESIDE BAPTIST CHURCH - 447 Dalewood

Avenue, Salem, 986-0062, Pastor Carl Goodman. Coffee Bar 9:00 a.m., Connect Groups 9:30 a.m., Sunday Worship 10:30 a.m., Children & Student Ministry 5:00-6:30 p.m.; Thursday 7:00 pm Young Single Adults, Wednesday Morning Prayer Service 10:30, Lifegroups meeting throughout the week. www.lbcva.com. SOUTHSIDE BAPTIST CHURCH, 2721 120'Clock

Knob Rd., Salem, Pastor: Tim York; Sundayschool, 9:45AM, Sunday morning worship,11:00AM, Sunday evening, 6:00PM, Wednesdayevening, 7:00PM. TEMPLE BAPTIST CHURCH - 4339 Daugherty

Road, Salem, Greg Irby, Pastor, Church: 380-3567; Home: 389-7240, Sunday School 10:00 AM, Worship Services 11:00AM & 6:00PM, Mid-week PrayerMeeting Wednesday 7:00PM, www.templebaptch.com. **BAPTIST (SOUTHERN)**

BETHEL BAPTIST - 1601 S. Colorado St., Sa-

lem, Pastor Hilton Jeffreys, 389-2376, Sunday: Connect Groups meet at 9:30am; Worship Service starts at 10:30am. You can stream live with us at 10:30am on Facebook, YouTube, our App & Website (www. bethelbaptistva.com). Tuesday mornings we have Adult Bible Study at 9:00am.; Wednesday evenings at 6:15pm we have TeamKid for kids 3 years old through 5th grade, Amplify Youth (6-12th grade), Band of Brothers Men's Bible Study and then our College & Young Adult Bible Study at 8:00pm.www.bethelbaptistva.com MOUNTAIN PASS BAPTIST CHURCH - 311 Ca-

tawba Valley Dr., (Ro. Co.) Salem, VA 24153. Rev. Jack Richards, Jr., Pastor, Study 384-6720, Home 427-1508. Sundays: Sunday School 9:45 a.m.; Morning Worship 11:00 a.m., Evening 6:00 p.m. Wed:7:00 p.m. Prayer Meeting and Bible Study.

RIDGEWOOD BAPTIST - 703 Hemlock RoadN.W.

Roanoke, 342-6492. Roy E. Kanode, Pastor.Sunday School 9:45 a.m., Morning Worship 11 a.m., Awanas 5:15 p.m., Adult Bible Study and Youth Fellowship 6:00 p.m.; Wednesday Prayer Service 6:30p.m.; Fellowship Meal 5:45 p.m.; Praiz Kidz 6:00p.m.; Family Night Activities 6:30 p.m. website:www.ridgewoodbaptist.com. FELLOWSHIP COMMUNITY CHURCH - Salem

Campus: 1226 RedLane Extension, Salem, 387-3200, Worship Times: 9:15AM & 11:00AM. North Campus: 7640 AlpineRoad, Roanoke, Worship Times: 9:15AM & 11:00AM. Southwest Campus: 3585 Buck Mountain

Road, Roanoke, Worship Times: 9:15AM &11:00AM. www.fcclife.org. CHURCHES OF CHRIST/CHRISTIAN

CHURCHES DALE RIDGE CHURCH OF CHRIST - 7165 Clo-

verdale Rd., Roanoke, 24019; beside the Botetourt Ath-

Salemor

letic Club. Leave message 992-4385. Sunday Bible Study, 9:30 a.m., Worship, 10:30 a.m., Wednesday Bible Study, 6 p.m. Please come visit us in person or get to know about us first by visiting our web page: daleridgechurchofchrist.net. Updated each week with a new sermon by Mike Mazzalongo, four minutes of video showing our nearly six acres of land and our beautiful, functional inside facilities, articles, events, news from Christian sources around the world and here locally plus much, much more. See how many ways Dale Ridge is "Reaching Out There" to the Roanoke Valley with the "Good News of Jesus. By clicking on "visit us virtually" real time access to our Worship services is available via your computer, a tablet or smartphone: Just follow the instructions. We believe in the inspired Word of God which is as relevant today as it was when it was written. We believe the Holy Spirit is a gift to every Christian upon their response to the Gospel as demonstrated by the 3000 obedient souls in (Acts 2:38). We believe Jesus is the only author of our salvation. (Acts 4:12) Have you been looking for a church family that is progressive, outside the box thinkers, led by the Holy Spirit into all truth. (John 16:13). You will know we are His disciples by our love for one another. (John 13:35) Real time contact thru our website via email.

SALEM CHURCH OF CHRIST - 401 West Main Street. 540-389-2400. Minister Taylor Plott; 10:00am Sunday Bible Study; 11:00am Sunday Worship Service; Wednesday Life Groups: 5:30 -7:00pm. For more info contact the Church Office. WESTSIDE CHURCH OF CHRIST - 1705 Star-

view Drive, Salem. Minister Neil Richey, 389-9139, Sunday Bible Study: 9:30 AM, Morning Worship: 10:30 AM, Evening Worship: 6:00 PM, Wednesday Bible Study, 7:000 PM. CHURCH OF GOD/ANDERSON

COVENANT COMMUNITY CHURCH - 955

Bird Lane, Salem, Va 24153, 389-5639. Pastor: Scott Hudson. Sunday School 10:00AM, Worship 11:00AM; Bible Study 6:00PM. CHURCH OF GOD/CLEVELAND

SALEM CHURCH OF GOD - 600 Craig Avenue,

Todd Stiffler, Pastor, 387-2068, Sunday School 9:30 am: Worship and Kids Church 10:30 am, Wednesday Bible Study and Classes at 7:00 pm. www.salemcog. church DISCIPLES OF CHRIST

FIRST CHRISTIAN CHURCH, 712 Front Ave.

Salem, Pastor Dan Netting (540) 389-6831.www. firstchristiansalemva.com. Adult and Children Sunday School - 9:45 am, Worship - 10:45 am. Nursery Provided for both. Everyone welcome FORT LEWIS CHRISTIAN CHURCH - 2931

West Main Street, Salem - Pastor Matthew Cox -380-4636 - website: www.flccsalem.org. Sunday: 9:30am Adult Study Group, 10:30am Worship, Youth & Children's Church. All are welcome! **ECKANKAR**

ECKANKAR, THE PATH OF SPIRITUAL FREEDOM, is a simple teaching that focuses on the Light and Sound of God to help people find more love in their life. The Roanoke Eckankar Center is located at 1420 3rd St. SW, Roanoke, VA 24016. A spiritual event is held on the 2nd Sunday of each month at 10:30 a.m. Since contracting COVID-19 may still be possible, please take the health steps that are best for you. It is appreciated that by attending you are taking responsibility for your own health. Visit www.eck-va.org, www.meetup.com/Roanoke-Spiritual-Experiences * Group* or call 540-353-5365 for other Eckankar programs and for more information about how the teachings of Eckankar can

lead you to spiritual freedom. **EPISCOPAL** ST. PAUL'S EPISCOPAL CHURCH - 42 East Main Street, Salem, 389-9307. Sundays at 7:30am

and 10am. Holy Communion in church and live-

streamed on YouTube@StPaulSalemVa.

EVANGELICAL LUTHERAN

COLLEGE EVANGELICAL LUTHERAN CHURCH - 210 S. College Avenue, Salem VA 24153. Please visit our website www.collegelutheran.org for information on services.

FOURSQUARE

theBRIDGE SALEM CHURCH - 4335 West Main Street, Salem. 540-404-1414 | bridge.salem@icloud. com • www.salemva.church Saturday service, 6pm (Nursery & Kids Church available). Mail: PO Box 1954, Salem. Twitter/ Instagram: @thebridgesalem Joey Lyons, Senior Pastor | joey@salemva.church | 540-831-9864

INDEPENDENT

RESTORATION CHURCH - a Community on Mission Following Jesus into the World - 10:10am Sundays at the Salem YMCA - 1126 Kime Lane, Salem - 540-384-1601 - www.restorationsalem.org. Watch Live at: YouTube: Restoration Church-Salem, VA. Facebook: RestorationChurchSalem

NATIONAL BAPTIST CONVENTION,

FIRST BAPTIST CHURCH - 226 South Broad Street, Salem. Rev. Melton Johnson, 389-9648. SundaySchool 9:30 AM, Sunday Morning Worship Service11:00 AM, Wednesday Bible Study and Prayer Meeting 7:00 PM.

SHILOH BAPTIST- 201 South Market Street, Salem, Rev. Adrian E. Dowell, H) (389-0409). Sunday School at 8:30 a.m. (All classes) each Sunday online via zoom and church conference call line. Wednesday Adult Bible Study at 7:00 p.m. via zoom and church conference call line. Children's Bible Study at 7:00 p.m. via zoom. Teen Talk Bible Study at 7:30 p.m. via zoom. Saturday Men's Bible Study at 7:00 a.m. via zoom. Saturday Intercessory Prayer Service at 8:00 a.m. via church conference call line. Sunday Women's Bible Study Class at 8:30 p.m. via zoom. In-person Worship on Sunday at 11:00 a.m. or worship with us on line via Facebook or on the church conference call line. In person worship requires CDC guidelines for mask wearing and social distancing. Ushers are available to assist with seating.

PENTECOSTAL HOLINESS CHRISTIAN LIFE INT'L - 1 CLI Way, Salem,

Ryan Linkous, Pastor, 343-3801, Sunday Worship Service 10:15 AM, (Children's Church and Nursery)Wed, MidWeek Service (Adult, Awaken Youth, Mpact Girls & Royal Rangers) 7 PM. Nursery Provided.Email: office@clichurch.org. Find us on face-PRESBYTERIAN CHURCH (USA)

SALEM PRESBYTERIAN CHURCH - 41 East

Main Street, Salem, VA . 389-3881. Come help us welcome our new Pastor, Rev. Chris Vogado, and worship along with him and our Associate Pastor, Rev. Janet Chisom each Sunday at 11:00 AM. In-Person Sunday School is 9:30 AM. You may still worship with us online live at www.salempres.org, or Facebook, or YouTube. During in-person worship, mask wearing for health reasons is optional. UNITED METHODIST

FIRST UNITED METHODIST CHURCH - 125

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CHURCH - 3415 Locust Grove Lane, Salem, 380-4303, Pastor Logan Hollenbeck. Each Sunday Traditional Worship 9:30 a.m.

To list your church, contact Randy Thompson at 540-230-1129 or email advertise@ourvalley.org

Glenvar Rotary sponsors Challenger pizza party





PHOTOS BY MEG HIBBERT

Glenvar Rotary Club members held their favorite service project June 3 with a pizza party for Challenger League Baseball teams. Club members and friends provided 55 pizzas plus cookies and drinks for 200 players, friends and families. President Lewis Barker presented Challenger League President Sid Whitt with a check to pay for uniforms for the team Glenvar Rotary sponsors.

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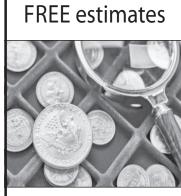
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Legals - City of

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propose to collocate wireless communications antennas at a centerline height of 25 feet on a 38foot building at the approx. vicinity of 200 Jefferson Street, Radford, City of Radford, VA 24142. Public comments regarding potential effects from this site on historic properties may be submitted within 30 days from the date of this

Belzner, k.belzner@trileaf.com, 8600 LaSalle Road Ste. 301, Towson, MD 21286, 410-853-7128.

publication to: Katelyn

Cellco Partnership and its controlled affiliates doing business as **Verizon Wireless**

(Verizon Wireless)

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Legals - City of Salem

ABC NOTICE

2nd On Main LLC, trading as 2nd On Main, 2 Main St. Salem VA 24153.

The above establishment is applying to the VIRGINIA ALCOHOLIC BEVERAGE CONTROL (ABC) AUTHORITY for a Wine and Beer OFF Premises license to sell or manufacture alcoholic beverages.

AUDRA DOYLE, OWNER

NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices Objections should be registered at www.abc.virginia.gov or 800-552-3200.

Legals -Montgomery County

TRUSTEE'S SALE **OF 204 AMBROSE** ROAD, ELLISTON, VA 24087.

In execution of a certain Deed of Trust dated January 21, 2004, in the original principal amount of \$64,647.33 recorded in the Clerk's Office. Circuit Court for Montgomery County, Virginia as Instrument No. 04000813. The undersigned Substitute Trustee will offer for sale at public auction in the front of the Circuit Court building for Montgomery County, 55 East Main Street, Christiansburg, Virginia on July 24, 2023, at 11:00 AM, the property described in said Deed of Trust, located at the above address, and more particularly described as

. follows: ALL THAT

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Legals -Montgomery County

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961-

MAIN STREET, SUITE 1, CHRISTIANSBURG, VA 24073 Commonwealth of Virginia, in re AUDREY HUMPHREYS v. **COMMONWEALTH OF** VIRGINIA The object of this suit is to: NAME CHANGE OF A

Circuit Court, 55 EAST

MINOR: ANGEL

JUANDIEGO HUMPHREYS. It is ORDERED that

MONTGOMERY COUNTY

MIGUEL JUANDIEGO GONZALEZ appear at the



Wimbledon here we come!!

Salem High tennis coaches Elisha Baba and Steve Willinger conducted a tennis camp at the Salem Civic Center last week in conjunction with the Salem Parks & Recreation Department Youth Summer Program, Here the kids take a break for a group photo.

Brian Hoffman Column

continued from page 12

that's probably a conservative estimate. At 629 diamonds per ring that would be 6,290 diamonds. And I know they're not cheap, because when I bought an engagement ring for my wife 35 years ago I had to save up for a year in advance, and it had just one diamond. Thank goodness she's not a Chiefs' fan.

Along with the diamonds each Super Bowl ring also has 35 custom cut rubies, since the Chiefs' color scheme is red. And, get this, the top of the ring comes off and inside Arrowhead Stadium is revealed with a pair of Lombardi Trophies on the field.

"Winning a Super Bowl is the crowning achievement for an NFL club, and the championship ring is the ultimate symbol of the hard work, dedication and sacrifice that it takes from everyone in the organiza-tion to reach this pinnacle," Chiefs President Mark Donovan said, via a press release.

Okay, that's great, but I'd be scared to wear the thing. It would be like standing outside the casino counting 100 dollar bills. You're just asking for someone to hit you over the head and take off with the ring.

And, in a more practical vein, how are you going to get something out of your pocket? With 664 stones, counting diamonds and rubies, that has to be a pretty good sized ring. If you feel a sneeze coming on that would be a challenge to get your handkerchief out of your pocket in time.

From what I can see, this Chiefs' ring might be the most elaborate of all-time. A couple years ago former Bucs' coach Bruce Arians was at a Virginia Tech football game and he was happy to show me his ring. It was very nice, indeed, but I doubt if it had over 600 stones.

I've been to the Pro Football Hall of Fame in Canton many times, and one of my favorite displays is the case with all the Super Bowl rings, starting with the Packers in 1967. It was a ring you might actually wear, but as the years progressed you could see them getting bigger and gaudier every season until now the Chiefs are basically wearing a jewelry store on their finger.

Shortly after reading about the new rings I was driving through Roanoke and saw a guy struggling to push a shopping cart, loaded with all his worldly

possessions, up a hill. All that money going to bling and some folks are struggling to get a bite to eat. Makes you think.

GOOD WORK IF YOU CAN GET IT

Speaking of ridiculous riches, did you see where Pat Sajak is retiring as host of the "Wheel of Fortune" TV game show? There's a good gig that will be looking for a replacement.

Sajak, now 76, was reportedly making 15 million dollars a year in 2016, so he's likely making more than that today. And, get this, he works four days a month! He shows up at 8:30 in the morning and films six shows a day for four days, and that's it for the month. Six times four is 24 shows for the month with no weekends.

There's not many jobs that pay that kind of money that I think I could do, but this is one of them. I could read off a card, make a few jokes and tell Vanna White how good she looks. That doesn't seem like a lot of work.

With that kind of money, for that kind of salary, you can see why Sajak stayed on the job for 40 some years. Who would quit that job? And, can you tell me who was the host before him?

I've been on this job for close to 50 years now, and I can assure you it's not because I make 15 million dollars and work four days a month. I'm probably too old to be considered, but if any of you readers out there think you can do it, and are at least as good looking as Pat Sajak, it might be worth a call.

And if you think Aaron Judge is way overpaid consider he's on the payroll for 162 games, plus spring training, and he can do something few can do. If Sajak could hit a Max Scherzer slider 450 feet I might feel differently about him.

In case you were wondering, Chuck Woolery was the original host of Wheel of Fortune when it debuted in 1975. He was replaced by Sajak in 1981 after a salary dispute. Woolery wanted a raise to \$10,000 a week but left when NBC wouldn't go higher than \$7,500.

Bad move, Chuck.



ALL IN THE FAMILY

The golfing Gardner family recently won the Kairos captain's choice tournament at the Hanging Rock Golf Course with a score of 14 under par. All four are former Salem High School golf team members. Left to right are Mike Gardner, Salem High Class of '81, Mike's son Warren '08, Mike's younger brother Scott Gardner '84, and Scott's son Elliott '16.

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GATORS WIN **FIRST TWO RVAA MEETS**

Salem's Stonegate Swim Club is off to another good start. The Gators defeated Hunting Hills and Ashley Plantation in their first two Monday night meets of the Roanoke Valley Aquatic Association season.

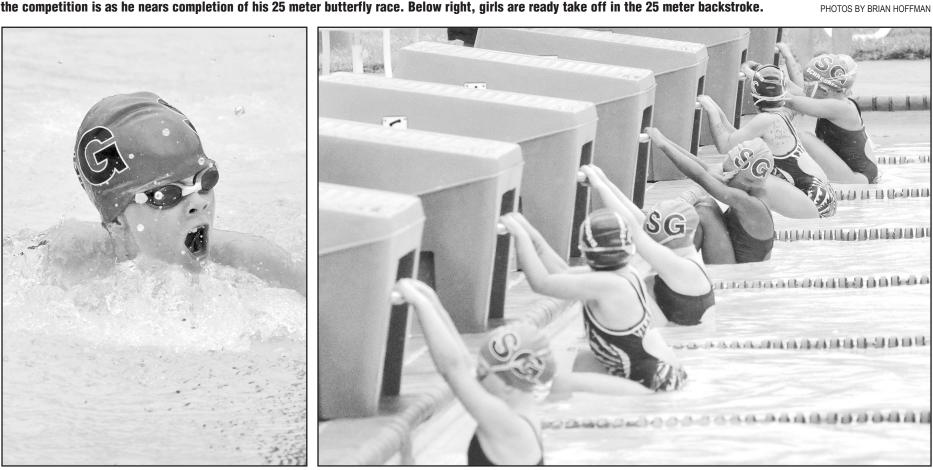
On opening night, June 12, the Gators took on arch-rival Hunting Hills and posted a 1,377-1,153 victory. This week they had their home opener and defeated Ashley Plantation, 1,217-660. Winning with gold times this

week for the Gators were Jack Lawrence, Andy Bauman, Lacy Cooper, Steve Cromer, Julie Cecere, Shae Honaker, River Whitt, Saige Supanich, Nolan Cooper, Riley Handy, Joren Poush, Morgan Griffith, Garren Snow, Anna Clare Fleenor and Chris Jones.

Next Monday the Gators are at

Above, Stonegate and Ashley Plantation swim team girls wait their turn during Monday night's meet in Salem. Below left, Logan Bauman of the Gators checks to see where





Blair, Daniel play in lacrosse Senior All-Star game in Maryland

Two Salem women participated in the Division III IWLCA lacrosse Senior All-Star game on June 3rd in Sparks, MD. Lilly Blair represented Roanoke College and Alla Daniel was a selection from the University of Lynchburg for the Division III South team.

The 2023 All-Star games included three contests, one each for Division I, II and III. Players were divided into North and South for each game on Tierney Field at the USA Lacrosse Headquarters. The North won all three games, 11-9 in Division I, 9-6 in Division II and 15-11 in Division III. Blair had two goals and Daniel had one for the D-III South team.

Blair is among four members of the Roanoke College women's lacrosse team who earned All-Region honors by the IWLCA. Blair, Sophia Chickering, and Addison Schmidt each earned First Team All Chesapeake Region honors with Natalie Mason earning Second Team All-Chesapeake Region

All four student-athletes were previously named First Team All-ODAC with Blair being named the ODAC/VA Farm Bureau Scholar-Athlete of the Year, for the second consecutive year. Blair maintains a 4.0 GPA while triple majoring in mathematics, economics, and actuarial science.

Joining Blair on First Team All-ODAC are Libby Bowman, Chickering, Mason, and Schmidt, and Daniel was also named to the All-ODAC first team. Like Blair and Daniel, Bowman is a Salem High graduate.





Above left, Lilly Blair(#2) and Alla Daniel(#14) were teammates again in the IWLCA All-Star game. Both are first team All-ODAC players and former Spartan teammate Libby Bowman, right, is a second team All-ODAC choice.

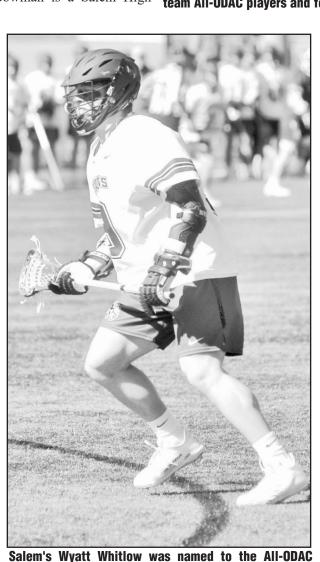
PHOTOS SUBMITTED & BY BRIAN HOFFMAN

RC's Whitlow on All-ODAC team

Roanoke Junior Luke Kammerman and freshman Weston Hammond lead Roanoke men's lacrosse players on the All-ODAC teams following the spring season. On a vote by the league's head coaches, Kammerman was named the ODAC Player of the Year with Hammond being selected as the ODAC Rookie of the Year.

In addition to these major awards, both were named First Team All-ODAC. Joining them with First Team honors were Julian Kammerman, who along with Hammond were the only two freshmen selected across the league to the First Team. Wyatt Whitlow, a

Salem High graduate, was the lone Maroon on the Second Team All-ODAC squad while both Luca Docking and Noah Goad were named to the All-ODAC Third Team.



second team in lacrosse.

PHOTO BY BRIAN HOFFMAN

Draper wins Jopson Award

Kasey Draper, a 2023 Roanoke College graduate, has been awarded the prestigious Harry G. "Doc" Jopson Award by the Old Dominion Athletic Conference Board of Directors. The Award the highest given by the Division III conference.

"In my experience, it wasn't how my athletic career impacted my academic career, it was more about how the two coincided because I cared about and prioritized them equally, so the two bounced off one another and shaped me into the person I am today," explained Draper in a written statement as part of his nomination for the Jopson Award.

Draper has experience with multi-tiered awards. The Northside High graduate was one of 10 finalists for the men's Jostens Trophy, an award developed by the Rotary Club of Salem, Va., with Jostens Inc. that honors the top men's and women's basketball scholar-athletes in Division III.

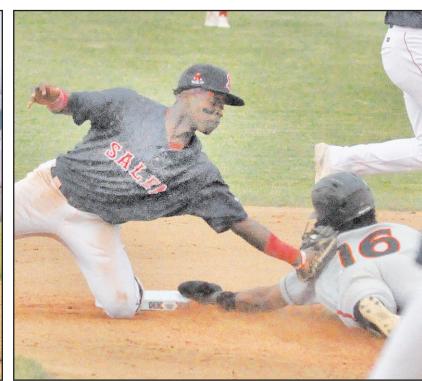
Roanoke's Class of 2023 Valedictorian earned numerous honors in his pursuit of a business administration degree with a concentration in marketing and a minor in Spanish. He received the Powell Scholarship Award for Business as well as the Dr. William A. Sandridge Leadership Award, John Todd Faw Memorial Award, and Business Advisory Board Award as major honors from Roanoke College. He is a two-time ODAC/Virginia Farm Bureau Insurance Scholar-Athlete of the Year for men's basketball in addition to two selections to the CSC Academic All-America First Team. He recently received his fourth appointment to the ODAC All-Academic Team.Draper maintained a 4.00 grade point average in his classroom work. He is a member of numerous honor societies including Omicron Delta Kappa (leadership), Alpha Lambda Delta (first-year academic excellence), Delta Mu Delta (business), Xi Theta Chi (languages, cultures, and civilizations),

and Sigma Delta Pi (Hispanic). "Kasey is the consummate student-athlete," said RC head coach Clay Nunley. "For four years, he applied himself as a person, a student, and a basketball player to the very best of his abilities. His outstanding and unique accomplishments are a testament to that. Kasey is an impactful leader and a person of uncompromising character and integrity. He was a privilege to coach and leaves Roanoke with a remarkable career of which to be proud."

Kasey will continue his basketball career as a graduate student at Assumption

University in Worcester, Massachusetts next season.





Above left, Juan Chacon of the Salem Red Sox flies through the air as he dives safely into third in action against the Delmarva Shorebirds last week. Below, Chacon's in the air again, only this time leading Luke Brock of the Glenvar A's onto the field in the team's "Field of Dreams" promotion. Above right, Sox secondbaseman Claudio Simon puts the tag on a would-be Shorebirds runner who was gunned out trying to steal.



Sox take five of seven from Shorebirds, host Down East

The Salem Red Sox will wrap up the first half of the Carolina Leagues' split season this week when the locals host the Down East Wood Ducks in a six game series. The Ducks are a farm team of the Texas Rangers.

Salem played host to the Delmarya Shorebirds for seven games last week and

Salem played host to the Delmarva Shorebirds for seven games last week and won the last four games in a row to go 5-2 for the series. The Sox don't have a shot at winning the first half of the 132 game season but they can at least finish .500 as they come into the week at 30-32. This week's opponent, Down East, needs one win to clinch the first half in the North Division.

After losing last week's series opener and splitting a doubleheader on Wednesday, the Sox won the next four games. On Thursday they broke open a tie game with three runs in the bottom of the eighth for a 7-5 win. Luis Ravelo was three for four with two runs batted in.

Friday was African-American Heritage Night and Salem made it good one with

a 10-6 win. Salem had a dozen hits and came from 5-0 behind to tie the game at 5-5 in the bottom of the fourth inning, then took the lead with three runs in the bottom of the sixth.

On Saturday three Sox pitchers combined for a three-hit shutout, 5-0. Starter Luis Perales was masterful, shutting out the Birds on one hit through six innings.

Luis Perales was masterful, shutting out the Birds on one hit through six innings to pick up his second win of the season. Perales struck out seven before Nathanael Cruz pitched a scoreless seventh and eighth and Reidis Sena kept the Birds off the scoreboard in the ninth.

On Sunday the Sox made it four in a row with a 10-4 Fathers' Day win. Trailing

4-3, Salem scored four runs in the fifth, then added some insurance with three in the bottom of the eighth. Enderso Lira hit his first home run of the season and the bullpen was flawless with four and a third scoreless innings. Railin Perez picked up his first win and Jonathan Brand closed out the final inning and a third for his third save.

This week's promotions include "Pride Night" with post-game fireworks on

Friday and "Marvel's Defenders of the Diamond Night" on Saturday. After this week the Sox won't be home for 18 straight days as the Salem Fair comes to town, followed by the All-Star break from July 10-13. Salem will be back home Friday, July 14, for a three-game weekend series with Delmarva.

RAYSA softball at Darrell Shell, baseball opens Sat. at Green Hill

The Roanoke Area Youth Softball Association tournaments for girls opened on a rainy night at Darrell Shell Park Monday but all the first round games were played. Salem and Glenvar had teams involved, and this weekend the baseball tournaments start at Green Hill Park.

Monday at Darrell Shell, on the grounds of Penn Forest Elementary School, Salem's 10 year old team opened with a win over North Roanoke while Glenvar's 10U team fell to South County Blue. Glenvar was scheduled to play again Wednesday in the double elimination tournament against Williamson Road. Salem was in the winners' bracket Wednesday against South County Red.

In the 13U bracket Salem dropped an opening round game to Vinton. That dropped the Salemites to the losers' bracket and they were scheduled to return to action tonight against the loser of a game between Vinton and GSA, from Roanoke City.

There is also a tournament for 17U but neither Salem nor Glenvar is included. Championship games in all three tournaments were originally scheduled for Friday but may be moved back due to inclement

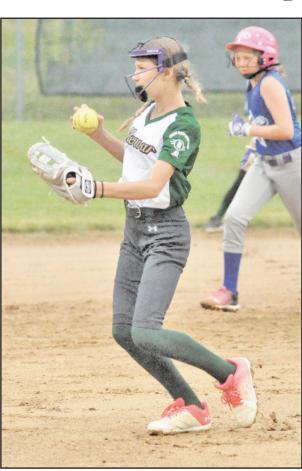
weather, as Tuesday games were all cancelled at press time.

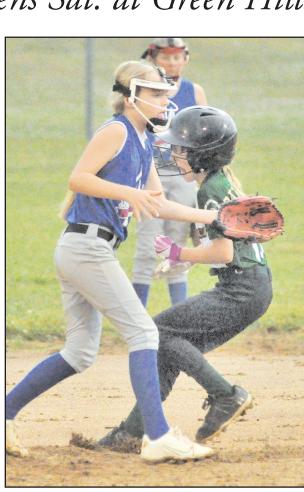
The new Roanoke Area Youth Baseball Association tournaments are scheduled to begin on Saturday at

tournaments are scheduled to begin on Saturday at Green Hill Park in Roanoke County. The "Valley Series" is an end-of-the-season all-star tournament for participating youth baseball teams.

On Saturday Salem and Glenvar will open against

On Saturday Salem and Glenvar will open against each other at 12:30 pm in the 10U tournament, with Vinton against North Roanoke to follow. In the 12U tournament Salem will play Franklin County at 1 pm, followed by North Roanoke against Vinton.

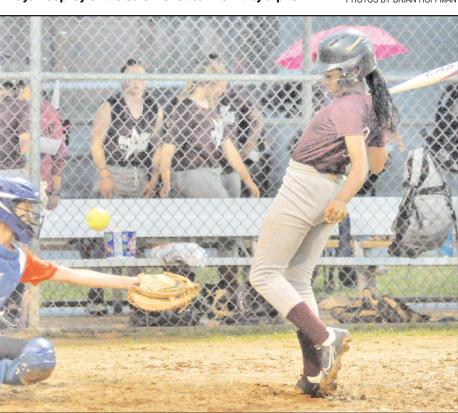




Action from Monday night's RAYSA softball games at Darrell Shell Park. Above left, Allyson McGhee of the U10 Glenvar team throws to third to cut down the lead runner, and above right Sawyer Martin of the Glenvar u10 beats the throw to second. Below left, Salem u10 catcher Dani Dowdy reaches for a throw to the plate as the runner approaches, and below right Alayah Copney of the Salem U13 team is hit by a pitch.

PHOTOS BY BRIAN HOFFMAN





SPORTS

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Highlanders put five on all-state soccer first team

Have second team VHSL all-state players in baseball, girls' soccer

To the victor goes the spoils, and Class 2 state boys' soccer champion Glenvar took top honors when the All-State teams were announced. The Highlanders had five players on the first team, including Player of the Year Colin Clapper and Coach of the Year Josh Jones.

Clapper ended the season setting a VHSL singleseason assist record and climbing to the second-most career assists in VHSL history. The senior midfielder assisted on 39 goals this season and finished with 86 career goals. Clapper's final career assist came on his corner kick in the 78th minute of the state championship game that resulted in the game's only score.

In addition to his 39 assists, Colin also contributed 13 goals this season. He finished his career with 86 assists, 26 goals and 138 points. Additionally, Clapper earned Region 2C and Three Rivers District Player of the Year honors.

""Colin would have easily traded in all his individual accomplishments and VHSL records to win a state title with his teammates," said Jones. "That tells you all you need to know about him. In the end, he ultimately just wanted to win but he ended up with both the records and the title! I'm so proud of the leader that he became for our program."

In just his third year at the helm Jones led the Glenvar boys to their first-ever state championship with a 1-0 extra-time win over defending state champions Clarke County (24-1) in the finals after finishing runner-up to the Eagles last season. Jones guided the Highlanders to a 20-1-1 season record and a 53-3-2 record in three seasons.

The state championship is the second for Jones, who led the Salem girls to a state title in 2003. In 18 seasons at Salem, he compiled a 269-73-30 record, including two state runner-up finishes in 2016 and 2017. He has a career 322-75-32 record, eight region championships and 10 district titles.

Also earning first team all-state honors for Glenvar were senior forward Jacson Shepherd, senior keeper Marco Gustafson and two sophomores, defender Jake Williams and Fernando Garcia in an "at large" position. Glenvar and Clarke County dominated the first team, with five Highlanders and six Eagles on the 16 man team.

Glenvar also had three selections on the all-state





Colin Clapper(left) was named the Class 2 boys' soccer Player of the Year and Josh Jones(right) was named state Coach of the Year.

PHOTOS BY BRIAN HOFFMAN

second team, all underclassmen. Junior Zach Curfiss was second team "at large," and two freshmen made it as well, defenders Cooper Mullins and Tyler Curfiss.

Clapper was also the Region 2C Player of the Year and first team honors also went to Shepherd, Garcia, Gustafson, Williams, Mullins, Kian Fisher and both Curfiss brothers. Wesley Feliciano was named to the second team.

Glenvar athletes received state and region recognition in addition to the state champion boys' soccer team this spring.

For girls' soccer, senior midfielder Faren Wilson was named to the all-state second team along with junior forward Giulian "Jules" Stanley and junior

defender Megan Pomerleau. State Class 2 champion Clarke County dominated the team with five first team selections, along with Player of the Year Madison Toone and Coach of the Year Ray Hawkins.

In Region 2C Wilson, Stanley, Pomerleau, Rhyan Harris, Davin Tate and Brooke Smyth all made the first team. Second team all-region went to Avery Steger, Campbell Hardin and Kennerly Nichols.

In baseball GHS senior Jimmy Blount was named to the Class 2 All-State second team at first base. Jimmy was a first team All-Region 2C selection and sophomore Adam Franklin also made the first team at third base. Junior Dawson Anderson was a second team "at large" all-region choice.

New to the state of the state o

Red Sox remember LeGrande on "Juneteenth" weekend

Mary LeGrande, wife of the late Larry LeGrande, threw out the first ball on African-American Heritage Night at the Salem Red Sox game Friday night. Larry LeGrande is a former Negro League star with local roots, and a 2002 inductee in the Salem-Roanoke Baseball Hall of Fame. For more Red Sox see page 11.

PHOTO BY JOHN WACHER

Blair is second team all-state in girls' lax, SHS has large number on All-Region teams

Salem senior Zoe Blair was named to the Virginia High School League girls' lacrosse All-State team and many Spartans in received Region 4D honors in recent weeks.

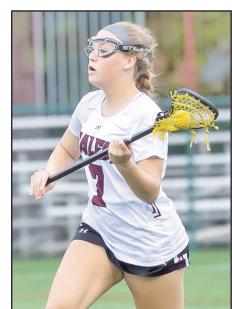
Blair was a second team all-state "at large" selection. She was also named first team All-Region 4D at midfield along with Natalie Majors, who made first team on defense. Retiring Salem coach Maggi Pace was named the Region 4D Coach of the Year.

Second team all-region selections for the lacrosse girls included Bailey Stratton, Reese Redford, Ella Walker and Myah Dent. Earning Honorable Mention were Juli Redding, Anne Craig Thomas, Mia Potter, Rylee McNeil, Annie Tolan, Mia Esworthy and Bailey

For the boys, Midfielder Andrew Crumpacker, defender Ronnie Frith and attackman Kaidan Garst were named to the All-Region 4D first team, and Crumpacker was second in voting for region Player of the Year. Second teamers were Dakota Hawkins, Landon Miles and Micah Brown.

In boys' soccer midfielder Graham Fischer and forward Logan Lavinder were named to the All-Region first team. Second teamers were TJ Fisher and Buddy Reed and two Spartans garnered Honorable Mention, Brady Sparger and Max Benne.

For the girls' soccer team forward Zada Craig and midfielder Reece Mangus were deemed first team



Salem's Zoe Blair is on the All-State lacrosse team.

PHOTO BY SCOTT GARDNER

All-Region 4D. Four others made Honorable Mention, Eliza Fleenor, Avery Mangus, Abby Pitts and Allison

In baseball Salem had three boys make Honorable Mention All-Region 4D, and sophomore Trace Monroe made it both as a pitcher and outfielder. Carter Black was named in the outfield and Caleb Furmage at catcher.

In softball Cora Grace Sparger was named second team all-region at Utility and Honorable Mention as a pitcher.

Brian Hoffman



Diamonds are a Chief's best friend

I watched the coronation of King Charles in May and was amazed at the gold and jewelry on display in the crowns, crosses and anywhere you might stick a diamond, ruby or sapphire. Then I saw the Chiefs championship ring.

The Chiefs unveiled their championship rings last week and they're a sight to behold. It seems like every year the current champion tries to out-do the previous one, and I'm pretty certain the Chiefs have accomplished that.

First off, the ring includes 609 round diamonds, 16 baguette diamonds, whatever a baguette is, and four marquise diamonds. That's 629 diamonds on one ring!! If I didn't know better I wouldn't think you could get 100 diamonds on a ring, much less 629.

I'm wondering who all gets those rings. Certainly everyone on the 45 man roster and let's say another five or six on the practice squad. Let's round it off to 50 players.

Then you have the coaches. I checked the Chiefs wed-site and they list 29 assistant coaches in addition to head coach Andy Reid, so that's another 30 rings

Of course the owner and front office personnel will be included, and a conservative guess would be another 20. So, I'm thinking about 100 of the real rings will be given out

rings will be given out.

I saw an article where over 700 rings were given after the 2020 Chiefs won the Super Bowl, but most of them were "replica" models that went to cheerleaders, support staff and the like. I guess that means



it's not solid gold and real diamonds, but it would still be cool to have.

So, let's say 100 real rings are given out, and continued on page 9