Senior Lifestyles inside this issue!



SALEM TIMES-REGISTER

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OurVallev.org

Whorley arrested, charged by Salem Police Department

Aila Boyd

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Whorley, 31 Jaquese Roanoke, was arrested and charged by the Salem Police Department on Jan. 8 with two counts of taking indecent liberties with children and two counts of use of communications system to facilitate certain offenses involving children, according to a spokesperson for the city of Salem. was subsequently placed on

The arrest stemmed from a Jan. 4 complaint by two female students who are under the age of 18. Whorley had been instructional assistant at Andrew Lewis Middle School since October 2022. Following complaint, the police department and Department of Social Service-Child Protective Services were notified. Whorley

administrative leave, with parents of the students being notified.

A day later, on Jan. 5, Whorley was terminated by Salem City Public Schools.

Following his arrest on Jan. 8, Whorley was held without bond at the Roanoke County-Salem

Officials said on Monday that the investigation is ongoing.







Amanda Livingston thanked mission partners.



Ashley King, 2023 Roanoke County Board of Directors president, presented Annie Chernault with an award for her seven years of service.

Chamber holds 90th Annual Meeting and Economic Outlook Update

Edmee CR Hasler

Contributing writer

The Salem-Roanoke County Chamber of Commerce hosted its 90th Annual Meeting and Economic Outlook Update on Jan. 19. Toni McLawhorn, board member and committee chair, welcomed dignitaries and members, recognizing local leaders from the city of Salem and the County of Roanoke, and highlighting the economic achievements of 2023.

A significant accomplishment highlighted in the LewisGale Medical Center 2024 economic update was the \$2.5 million construction of the Level II NICU. This project, with over 10 years of planning, brings critical services closer to the community, attracting businesses, investors and developers. The Level II Trauma Center, a \$5 million construction completed in 2023, further contributed to the LewisGale Medical Center's total community impact of \$270 million, while the LewisGale Regional

Health System's impact reached \$420 million.

The event also featured an Economic Outlook Panel, made up of four panelists: Landon Howard, from Visit Virginia's Blue Ridge, Megan Baker, from Roanoke County Economic Development, John Hull, with Roanoke Regional Partnership, and Tommy Miller with Salem Economic Development. It was moderated by Gene Marrano, an award-winning local journalist and the editor of Valley Business Front magazine. He is also the host of and producer of "Business Matters" on Blue Ridge PBS, and a senior reporter and anchor for WFIR News Talk radio.

The conversation highlighted initiatives such as streetscape improvements, downtown successes and the positive impact of new restaurants and retailers on Salem's quality of life and tourism appeal. When asked about the economy, Tommy Miller is optimistic of the future, "I feel really good, obviously we are in a tough financial market

with the higher interest rates, but we have a lot of unique initiatives taking place with the continuation of the streetscape improvements and the great successes downtown." New and revamped downtown restaurants like Stave and Cork, Brewed, and other retailers have upped the quality of life and the attraction to Salem as a tourism spot. Boyer Park's Spring expected Spring opening, is expected sports tourism and impact future sport activity developments and businesses.

The Greenway expansion and other investments around the city and parks are also signs of a good future. John Hull shared insights into upcoming projects, forecasting a strong year with an active project pipeline. "There are some successes on the way, the activity level is hot, so I think we're going to see a strong year," Hull said, "we developed five projects already this year".

Megan Baker echoed her fellow panelists' points and highlighted

See Chamber, page 3

Council wants to meet with Planning Commission, HopeTree reps

Meg Hibbert

Contributing writer

Salem City Council wants to meet with Planning Commission members and HopeTree representatives within the next month to learn more about HopeTree development plans.

That decision came out of the Monday night Council meeting work session before the regular Jan. 22 session. Both meetings were held at the Salem Civic Center.

Originally, Salem City Planning Commission was scheduled to hear details of HopeTree plans at the Jan. 10 meeting. At HopeTree's request, the zoning matter was postponed until Feb. 14.

Salem's Community Development office has sent a number of questions to HopeTree, Mayor Renee Turk said at the work session. After discussions about how much is not known for plans to sell half of the HopeTree acreage to developers who have a Planned Unit Development document showing up to 320 single-family homes, multi-family, apartments and commercial buildings, Councilmembers said they want to hold a joint meeting to learn

Although that meeting – possibly the first week of February – would be open to the public, citizens would not be able to speak or ask questions, the mayor pointed out.

Among the zoning items on Monday night's agenda was one to build a duplex on a vacant lot in a primarily single-family neighborhood on Carey Avenue. After 10 neighbors spoke to oppose the house based on poor sight distance on the street, traffic dangers to elderly residents and young children and possible decreased home values, Council voted to deny the request.

Sunday Fire damages structure on Starview Drive

Salem Fire & EMS Department responded structure fire on Sunday afternoon at approximately 2 p.m. on Starview Drive, according to a release from the city. The four residents who occupy the dwelling were not home when the fire started. No one was

When firefighters arrived just five minutes after receiving the 911 call, they found heavy smoke and flames coming from the rear of the structure and heavy smoke coming from the attic. Crews immediately began an interior fire attack and primary search of the building. A second water line was pulled to extinguish the flames in the attic.

Firefighters were able to bring

the fire under control within 20 minutes of arrival, but the structure did sustain significant fire, smoke

and water damage. Approximately 29 personnel from the Salem Fire & EMS Department

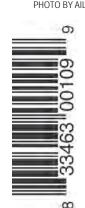
(Engine 1, Engine 2, Engine 3, Rescue 801, Medic 802, Medic 803, Battalion 1 & Fire Medic 1) and the Roanoke Fire & EMS Department (Engine 13, Ladder 5, & Battalion 2) responded to the call.

The residents were displaced by the fire, and they are being assisted by the American Red Cross. The fire remains under investigation by the Salem Fire Marshal's Office. There is no estimate of damage currently.

-The Salem Times-Register



The structure as pictured on Tuesday afternoon.





Briefly: Salem News In Brief

Propagated and Rooted by Alex Foster - Art exhibit and gallery opening: The opening reception will be Friday, Jan. 26 from 6-8 p.m. The exhibit runs Jan. 27-March 31 from 1-4 p.m. daily in the Olin Hall Galleries at Roanoke College. In Propagated and Rooting, Alex Foster presents an exploration of liminal space- the threshold between what was and what will be. Through a range of media, including naturally dyed textiles, plants, organic material and technology, viewers are invited to contemplate the interconnectedness of humans and the natural world. The exhibition is a metaphor for the process of healing and rebuilding in the face of global chaos; highlighting the ways in which we can work together to create a more sustainable and equitable future for all. Foster explores the role of natural dyes in this process and highlights their beauty and versatility as a sustainable alternative to synthetic materials. Each piece of fabric is created from a moment with nature, through their pigments the plants communicate a union of breath, sun, and soil in the effortless giving of life.

Habitation by Jennifer L. Hand - Art exhibit and gallery opening: The opening reception will be Friday, Jan. 26 from 6-8 p.m. The exhibit runs Jan. 27-March 31 from 1-4 p.m. daily in the Olin Hall Galleries at Roanoke College. Jennifer L. Hand lives in a small house, on seven acres of earth, under an expanse of sky, surrounded by trees, overlooking water. Her work acknowledges and translates the experience of sharing this habitat with what she describes as "all that was here before I arrived, all that lives here with me now, and all that will continue to live here after I am gone". Hand's process includes wandering, observing, gathering, making drawings, and sewing things together as a way to ground herself in this place and time. Hand uses "fabric-with-a-history," donated, found, and inherited, which weaves the greater human community into the work, opening it to the larger habitat that we all share.

"Winterfest Beach Bash": Salem's annual 'Winterfest Beach Bash" is coming back in February of 2024 with the legendary "Band of Oz". The 2024 version of this entertaining indoor beach party will take place on Friday, Feb. 2, at 7 p.m. inside the Salem Civic Center arena. This is the 17th straight year that the Hall of Fame band has been selected to showcase it talents for this popular wintertime party. Tickets for the group's appearance went on sale at 8 a.m. Tuesday, Dec. 12, at the Salem Parks & Recreation Department, 620 Florida Street. Admission is \$10 in advance and \$12 the day of the show or you can purchase a table of eight for just \$80. Cash, check or credit card will be accepted between the hours of 8 a.m. and 5 p.m. weekdays from Dec. 12 - Feb. 2. This event is often a complete sell-out, so those who are interested are encouraged to get their tickets early. For additional ticket information, please contact the Salem Parks and Recreation Department at 540-375-

Mac Beth: Theatre Roanoke College's production of "Mac Beth" was selected for inclusion at the Kennedy Center American College Theatre Festival. Before the theatre takes the show on the road, it will bring it back to campus for a one-night-only preview. Come out to see the play and support its cast and crew. Admission is free, but tickets can be reserved by contacting the Olin Box Office at boxoffice@roanoke.edu or 540-375-2333. All are welcome. The performance is on Saturday, Feb. 3 from 7:30-9 p.m. in the Olin Theater.

Dr. Michael Blakey on "The Blinding Light of Race: Race and Racism in Science and Society": The event will be Monday Feb. 5 from 7-8:30 p.m. in the Wortmann Ballroom at the Colket Center. Blakey is an NEH Professor of Anthropology, Africana Studies and American Studies at William & Mary. He works at the interface of human biology and culture at the articulation between human biology, racial ideology and public policy.

First Mondays: The family-friendly events are held by Gary John, who manages the "Mason Creek" bluegrass group, and Vicky Sword from the center. The bluegrass/acoustic shows are free, but a tip bucket will be passed around for donations to the musicians. Cake raffles and door prizes will be offered. The event is on Monday, Feb. 5: 7p.m. - The Brothers Young and 8 p.m. - Bubba Chandler & Mary Butterworth.

First Mondays: The family-friendly events are held by Gary John, who manages the "Mason Creek" bluegrass group, and Vicky Sword from the center. The bluegrass/acoustic shows are free, but a tip bucket will be passed around for donations to the musicians. Cake raffles and door prizes will be offered. The event is on Monday, March 4: 7 p.m. - Mark & Karen Templeton and 8 p.m. - Seph Custer

Riley Green & Tracy Lawrence: Riley Green, the Academy of Country Music's new male artist of the year in 2020, is set to make his first appearance at the Salem Civic Center. Green will be joined by Tracy Lawrence and opening act Ella Langley when he hits the arena's historic stage on March 7, 2024. Tickets can be purchased at the Salem Civic Center Box Office Monday through Friday from 8 a.m. - 5 p.m. and online anytime at www.ticketmaster.com.

Raising Lazarus: The Search for Solutions with Beth Macy: The event will be on Tuesday, March 12 from 7:30-8:30 p.m. in the Olin Theater. To attend the lecture, register here: https://www.givecampus.com/ schools/RoanokeCollege/events/an-evening-withbeth-macy James C. and S. Maynard Turk Pre-Law Program presents the Gentry Locke Lecture featuring journalist and best-selling author (Factory Man & Truevine), Beth Macy. She will discuss the unraveling of rural America, from the aftermath of globalization to the opioid crisis, the subject of her book, Dopesick.

A Dialogue on Freedom, Difference, and Civil Society with Dr. John Inazu: The event will be on Tuesday, march 15 from 7-8 p.m. in the Wortmann Ballroom in the Colket Center. Registration: https:// www.givecampus.com/schools/RoanokeCollege/ events/an-evening-with-dr-john-inazu The Henry H. Fowler Public Affairs Lecture Series hosts John Inazu, the Sally D. Danforth Distinguished Professor of Law and Religion at Washington University in St. Louis. He is the author of Liberty's Refuge: The Forgotten Freedom of Assembly (Yale University Press, 2012) Confident Pluralism: Surviving and Thriving Through Deep Difference (University of Chicago Press, 2016), and co-editor (with Tim Keller) of Uncommon Ground: Living Faithfully in a World of Difference (Thomas Nelson, 2020).

REO Speedwagon and Rick Springfield: Classic rock and roll hitmakers REO Speedwagon and Rick Springfield are once again joining forces on the road in 2024 and bringing their tour to the Salem Civic Center on Tuesday, March 26. Tickets range in price from \$35 to \$169. Tickets can be purchased at the Salem Civic Center Box Office or online at ticketmaster.com.

First Mondays: The family-friendly events are held by Gary John, who manages the "Mason Creek" bluegrass group, and Vicky Sword from the center. The bluegrass/acoustic shows are free, but a tip bucket will be passed around for donations to the musicians. Cake raffles and door prizes will be offered. The event is on Monday, April 1: 7-9 p.m. – Maynard & Lee Palmer.

Rend Collective: Rend Collective, the popular Contemporary Christian worship band from Northern Ireland, is coming to the Salem Civic Center on Sunday, April 7, 2024, for a night of uplifting and upbeat praise music. The band is an eclectic collection of multiinstrumentalist performers who have produced two No. 1 albums on the Christian charts and produced a song of the year in "Counting Every Blessing." Tickets, which can be purchased at the Salem Civic Center Box Office or online at ticketmaster.com, start at \$28 and go up to \$48.

Dustin Lynch: "Kill the Cowboy" tour: Country musician Dustin Lynch will perform at the Salem Civic Center on Friday, April 12, 2024, as part of his "Killed the Cowboy" tour with special guest Skeez. Tickets start at \$35.50. Lynch first appeared in Salem in 2015 when he starred on the final day of the Blue Ridge Music Festival at Salem Stadium. He was just

starting to crank out hit songs back then, but he now has eight No. 1 songs, four top-5 albums, 10 gold and platinum certified singles, and he has tallied over 5.4 billion cumulative global streams. His sixth studio album is "Killed The Cowboy."

First Mondays: The family-friendly events are held by Gary John, who manages the "Mason Creek' bluegrass group, and Vicky Sword from the center. The bluegrass/acoustic shows are free, but a tip bucket will be passed around for donations to the musicians. Cake raffles and door prizes will be offered. The event is on Monday, May 6: 7 p.m. – Mike Conner and 8 p.m. -Rarely Available.

Happy Trails Film & Television Festival: The festival will take place at CommUNITY Church in Salem on May 17, 18 and 19. There will be panels, workshops, special programming, autographs and a banquet. The event is billed as a "nostalgia/faith media convention for the whole family." First Mondays: The family-friendly events are

held by Gary John, who manages the "Mason Creek" bluegrass group, and Vicky Sword from the center. The bluegrass/acoustic shows are free, but a tip bucket will be passed around for donations to the musicians. Cake raffles and door prizes will be offered. The event is on Monday, June 3: 7-9 p.m. – Eastern Divide. First Mondays: The family-friendly events are

held by Gary John, who manages the "Mason Creek" bluegrass group, and Vicky Sword from the center. The bluegrass/acoustic shows are free, but a tip bucket will be passed around for donations to the musicians. Cake raffles and door prizes will be offered. The event is on Monday, July 8: 7 p.m. Virginia-Carolina Band. First Mondays: The family-friendly events are

held by Gary John, who manages the "Mason Creek bluegrass group, and Vicky Sword from the center. The bluegrass/acoustic shows are free, but a tip bucket will be passed around for donations to the musicians. Cake raffles and door prizes will be offered. The event is on Monday, Aug. 5: 7-9 p.m. - Maynard and Lee Palmer. First Mondays: The family-friendly events are

held by Gary John, who manages the "Mason Creek' bluegrass group, and Vicky Sword from the center. The bluegrass/acoustic shows are free, but a tip bucket will be passed around for donations to the musicians. Cake raffles and door prizes will be offered. The event is on Monday, Sept. 9: 7-9 p.m. – The Guard. **First Mondays:** The family-friendly events are

held by Gary John, who manages the "Mason Creek" bluegrass group, and Vicky Sword from the center. The bluegrass/acoustic shows are free, but a tip bucket will be passed around for donations to the musicians. Cake raffles and door prizes will be offered. The event is on Monday, Oct. 7: 7-9 p.m. - Franklin Station.

First Mondays: The family-friendly events are held by Gary John, who manages the "Mason Creek' bluegrass group, and Vicky Sword from the center. The bluegrass/acoustic shows are free, but a tip bucket will be passed around for donations to the musicians. Cake raffles and door prizes will be offered. The event is on Monday, Nov. 4: 7-9 p.m. – Luv Buzzards.

First Mondays: The family-friendly events are held by Gary John, who manages the "Mason Creek" bluegrass group, and Vicky Sword from the center. The bluegrass/acoustic shows are free, but a tip bucket will be passed around for donations to the musicians. Cake raffles and door prizes will be offered. The event is on Monday, Dec. 2: 7-9 p.m. – The Bluegrass Brothers.

Public meetings:

The Salem City Council will meet on Monday, Feb. 12 at 6:30 p.m.

The Salem City Planning Commission will meet on

Wednesday, Feb. 14 at 7 p.m. The Salem City Council will meet on Monday, Feb.

26 at 6:30 p.m.

The Salem City Council will meet on Monday, March 11 at 6:30 p.m.

The Salem City Planning Commission will meet on Wednesday, March 13 at 7 p.m.

The Salem City Council will meet on Monday, March 25 at 6:30 p.m.

Virginia Western Community College unveils Historical Marker

In an event highlighting the rich history of education in Roanoke, the city of Roanoke, in collaboration with Virginia Western Community College, recently unveiled a historical marker commemorating the institution's pivotal role in the establishment of the Virginia Community College System.

Former Mayor Nelson Harris, whose dedication to preserving Roanoke's history is well known, applied for the historical marker through the Virginia Department of Historic Resources. Virginia Western Community College,

in 1966, holds the inaugurated distinction of being the first among an eventual 23 Virginia Community College System schools, charting a course that has impacted the lives of thousands of Virginia students.

Mayor Lea expressed his gratitude, stating, "I want to extend my heartfelt thanks to Former Mayor Nelson Harris for his tireless efforts in elevating Roanoke's history. It is through individuals like him that we can truly appreciate and honor significant milestones from Roanoke's past."

"Many people drive through our campus daily and do not know about Virginia Western's place in Virginia's educational history," said Dr. Robert Sandel, who has served as president of Virginia Western Community College since 2001. "The research of our faculty member and esteemed Roanoke historian Dr. Nelson Harris helps bring to light the important role Virginia Western played in the formation of the Virginia Community College System. The groundwork laid in Roanoke in the 1960s helped create a more equitable

system for all Virginians to access higher education, and this marker makes that

history known." The historical marker serves as a symbol of the educational legacy that continues to thrive within the community. It signifies Roanoke's commitment to providing accessible and quality education for all, echoing the ideals laid out by Virginia Western Community College over five decades

-The Salem Times-Register

Business

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American Flyer Train at the Salem Museum Last Chance to see the Salem

Museum's model train set! The train display has been extended through

February 3, 2024. Come visit this week to see one of the Museum's most popular displays. This will be the last year for the Burke family trains. Don't miss this classic—

imaginative—American This year, the display has expanded to three tracks, including a tiny N-scale

These vintage trains take visitors back in time to the charming village of "Plasticville," set in the 1950s and '60s. In addition to the trains and buildings of all sorts, there's an interesting cast of little characters playing in the snow. This year, sharp-eyed visitors will discover an array of new surprises. A scavenger hunt will help visitors find all of the tiny

The Salem Museum is open Tuesday through Saturday from 10 a.m.-4 p.m. and located at 801 E. Main St.

ECIPE OF THE WEEK

According to the Centers for Disease Control (CDC), millions of adults and children will come down with colds each year. The common cold is just that, common; everyone gets it at some point. Even worse, more than two hundred viruses have been implicated in causing cold symptoms, and since the cause is viral rather than bacterial, antibiotics can't do anything to help. It happens to all of us occasionally. A sore throat, stuffed up nose, stiff muscles, headaches, the flu... It isn't fun. For those sick days when you are ill and just want to stay in bed, having a few sick day foods ready to go will make it easier.

Here are some of the best things you can eat when you have a cold or a cough: Broth - It's the perfect nourishing food for when you aren't feeling well. Chicken soup is loaded with protein, veggies, and nourishing broth. I drink tons of decaf tea with honey when not feeling great. The warm liquid and honey hydrates you and feels good on a sore throat. Oatmeal is bland while still being nutritious. It's good if you have an upset stomach. Avoid the sugary varieties and keep it simple with a little sugar, honey, or salt. Of course, there are also foods you should avoid when you're under the weather. They simply don't benefit your recovery. Dairy products can increase mucus production making stuffy noses worse. Alcohol can worsen illness related dehydration. Refined sugar and junk food -a little won't hurt, but you really need nourishing foods to help you recover. Coffee and Sodas contain caffeine, sugar, and the carbonation in them can make your stomach hurt. Fried or fatty foods take longer to move through the digestive system and can make nausea worse and trigger acid reflux.

Hydration is important in feeling your best daily and when you are sick it is even more important. Your body requires extra fluids when you are sick so drink plenty. To help with this, I have a pitcher of lemonade on hand to refill my cup all day. I use a powdered mix with coconut water. Coconut water is a great source

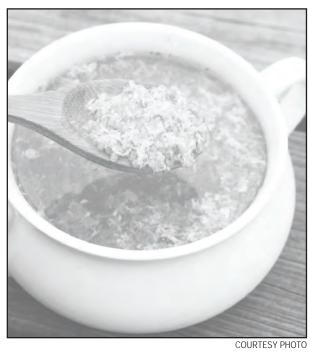


Shelly Koon Contributing Writer

of both water and naturally occurring electrolytes. It is also neutral-tasting and gentle on the stomach. Also, flavored gelatin has long been associated with hospital food and liquid diets. I use Gatorade G2, the low sugar variety or coconut water to make gelatin. An hour or two before you're ready to make your gelatin, pop a bottle of either liquid in the freezer. You don't want it frozen, but well-chilled. Slightly slushy is even better. Boil the water and mix in the gelatin powder as usual. Then instead of adding cold water, add in the same amount of cold liquid. Chill gelatin as directed. G2's flavors are light, making them gentle on upset stomachs, so they don't change the flavor much. I have mixed fruit punch with cherry gelatin and can barely tell a difference.

It can be tempting to skip out on eating sufficient calories and healthy calories when you are sick. Cold symptoms can be miserable, prompting you to forgo food or reach for comfort foods instead. Growing up my mom used the BRAT diet, Bananas, rice, applesauce, and toast, when I was sick. This diet is no longer recommended since it is such a restricted diet. Because BRAT diet foods are low in fiber, protein, and fat, the diet lacks enough nutrition to help a person's gastrointestinal tract recover. The American Academy of Pediatrics now recommends that kids resume eating a normal, well-balanced diet appropriate for their age within 24 hours of getting sick. So, a bowl of warm soup is a good option.

Feel better soup Ingredients:



- 1 (32 oz) box of low-sodium chicken broth
 - ½ cup whole wheat couscous (dry, uncooked)
- ²/₃ cup finely grated parmesan cheese
- Optional: chives
- Optional: a pinch of salt

Instructions:

In a medium pot, bring the chicken broth to a boil. Add the couscous (and the pinch of salt if using) and cook until very, very soft.

While the couscous is cooking, in a small bowl, beat together the eggs and cheese with a fork.

Once the couscous is fully cooked, turn the burner off and stir in the egg/cheese mixture one forkful at a time until all the mixture has been added. Add in some snipped chives and serve.

TROM THE ARCHIVES

DR. THORNTON WHALING TELLS OF SALEM NAME

Interesting Communication From Prominent Minister Establishes Facts Concerning Migration Of Bryan Family

From the 1938 centennial edition of The Times-Register For some time, historians in Roanoke County have been puzzled as to the origin of the name Salem, which is applied to the county seat, and is thought by many to have originated from Salem, New Jersey, through the migration of the Bryan family from that place.

Only recently a very interesting communication was received from Dr. Thornton Whaling, of Columbia, South Carolina, who is well known in this section, having been raised in Salem, and one of the ministers who have gone out from Salem Presbyterian Church, and served as Moderator of the General Assembly in 1924. Dr. Whaling is one of the South's outstanding Presbyterian ministers.

Bryan Family

Excerpts from the letter follow:

"The Bryan family emigrated in 1718 to America settling first in Pennsylvania, but soon went to Salem, New Jersey. William Bryan, who married Margaret Watson, a half-sister of Philip Freneau, of Philadelphia, came to Salem, Virginia, about 1760. His will is on record at Fincastle - which I read and copied a few years

"His grand-daughter, Margaret Bryan, married W. C. Williams, who lived for many years in Salem, Virginia. Mr. Williams had much influence in the formation of Roanoke County. His picture hangs in the Court House. Buried In Salem

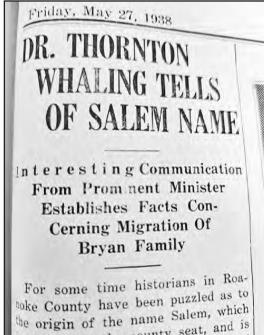
'These statements are established by assertions and statements of my grandmother with whom I lived as a youth, but also by documents and reliable histories I own. One of them is the record of the Bryan family by William L. Bryan, now president of the University of Indiana.

William Bryan, II, son of the original emigrant, and his wife Margaret Watson and William Bryan, the original emigrant, are buried in the old cemetery, which was once known as the 'Bryan Burial Ground' (East Hill), which was a part of the old Bryan farm on which my grandmother lived as a girl.

The Main Street of Salem was once a road through the original Bryan farm. They and other descendants named Salem, Virginia, as a tribute to Salem, New Jersey.

"This is true of other Salems in other States also as settled by Bryans from New Jersey."

-Prepared by Lisa King



county seat, and is FROM THE TIMES-REGISTER ARCHIVES

Chamber from page 1



Allen Lawrence, incoming president of the chamber.

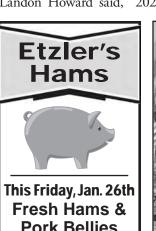
the positive collaboration between Salem and Roanoke, emphasizing the appeal that draws people to the region. Landon Howard said, "2024 is going to be another



Alan Fabian, market president for LewisGale Regional Health System, speaks at the chamber breakfast.

record year. In the last six months, we've outcompeted in every market." Landon Howard emphasized the area's popularity as a destination, "We are becoming

more and more popular as a destination, and hopefully, the more popular we become, the easier it will be to do more economic development," he said.



Pork Bellies 5448 Blacksburg Road, Troutville 540-992-2297





Ben Cline

Congressman

As the 118th Congress convenes Washington for the second year of the session, House Republicans are determined to pursue a responsible spending deal that cuts wasteful spending, secures our border, and returns money to the taxpayers. In more theater, Hunter Biden made a surprise appearance during his contempt hearing in the House Oversight Committee. As Congress prepares for the road ahead, I remain committed to fighting for our shared values in the Sixth District of Virginia.

America's Broken Border

All across the country, Americans' primary concern is the broken border that President Biden and Alejandro Mayorkas created. In the past three years, over 6.2 million encounters have been at our southern border. In December 2023, there were over 302,000 incidents of migrants attempting to cross the border. These failed policies have enabled fentanyl and other deadly drugs to pour into our communities, as well as criminal migrants, to be released into the country with a low likelihood of removal.

Last week, the House Committee on Homeland Security, led by Chairman Mark Green (R-TN), conducted their first impeachment hearing of Alejandro Mayorkas and laid out the facts for Americans. While accountability for the broken border ultimately rests with the President, we must act to remove Secretary Mayorkas for violating his oath of office and encouraging the chaos we are seeing at the border right now.

Impeaching Mayorkas is the first step, but we must continue to pressure the Senate to pass legislation such as H.R. 2, the Secure the Border Act, the strongest border security package in United States "Bidenomics"

Wrecking **American Families**

Last week, the latest Consumer Price Index (CPI), a key inflation index, reminded us that "Bidenomics" is not working for hardworking families. The report was "higher than expected" as it increased at an annual rate of 3.4%, and it is the 33rd straight month with inflation above three percent.

Despite the Biden Administration's push for "Bidenomics", the absolute truth is families have seen skyrocketing grocery and fuel bills and depletion of their savings accounts. To guarantee that hard-working taxpayers can keep more of their money, House Republicans are working daily to restore fiscal responsibility in Washington and revive our economy.

Hunter Biden Surprise Appearance on Capitol Hill

House investigators have continued to follow the facts into President Joe Biden's involvement with his family's business dealings for months. Instead of appearing for his deposition on December 13, 2023, Hunter Biden staged a media event on the Senate side of the U.S. Capitol, where he made a public statement without taking any questions. Then, this week, at the Oversight Committee's markup of his

contempt resolution, Hunter Biden pulled a publicity stunt, continued defying the orders, and appeared at his contempt hearing.

Hunter Biden believes that defying and executing publicity stunts will divert attention from the investigation into his family's shady business dealings. However, the House Oversight Committee and House Judiciary Committee remain committed to uncovering the truth for the American people. No one, including the Biden's, is above the law.

www.ourvalley.org

District Travels



For 90 years, the Salem Rescue Squad has displayed selfless sacrifice to the city of Salem as it stands as the second oldest all-volunteer rescue squad in the United States. It was an honor to present them with a commemorative plaque recognizing the squad winning the 2023 Volunteer EMS Service of the Year award at their banquet.

Thank you for the opportunity to serve as your Congressman. If my office can

ever be of assistance, please contact my Washington office at (202) 225-5431.

SALEM TIMES~REGISTER

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Fillie 3 PHE dister: encourages letters from our readers on topics of general interest to the community and responses to our articles and columns. Letters must be signed and have a telephone number where you can be reached to be considered for publication. All letters will be verified before publication. The Times-Register reserves the right to deny publication of any letter and edit letters for length, content and style.

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Salem Public Library debuts new book clubs in 2024

Library Corner

Empowering individuals to build a stronger community Benita VanCleave

Looking to read more in 2024? Participate in a book club, share your love for reading and enjoy many other benefits as well. good for your brain. It helps improve your visual comprehension, information processing, memory, vocabulary, and gain knowledge. Participating in a book club forces you to read by giving you a feeling of accountability, provides an affordable way to connect with others, broadens your horizons by reading a wider variety of books and discussing them with people with varying opinions. Reading gives you a way to escape thinking about things in your life that cause stress. People who plan to attend these book clubs

should go by the library to pick up a copy of the book. No registration is required to attend these book clubs.

Tuesday, Jan. 30, 1 p.m.: Afternoon Book

Club; Participants will discuss Demon Copperhead

by Barbara Kingsolver.

Tuesday, Feb. 13, 6:30 p.m.: It's Only a Matter of Crime Book Club, a true crime book club for crime enthusiasts and Armchair Detectives (will meet the 2nd Tuesday of the month at 6:30 p.m.) Attendees will discuss the book Hell's Half Acre by Susan Jonusas.

Tuesday, Feb. 20, 6:30 p.m.: Nonfiction Book Club (will meet the 3rd Tuesday of the month at 6:30 p.m.) Attendees will discuss the book The Wager: A Tale of Shipwreck, Mutiny and Murder by David Grann.

Wednesday, Feb. 21, 6:30 p.m.: The Same Page Book Club. A book club for our LGBTQ+ community and friends.

Thursday, Feb. 22, 6:30 p.m.: End of the World

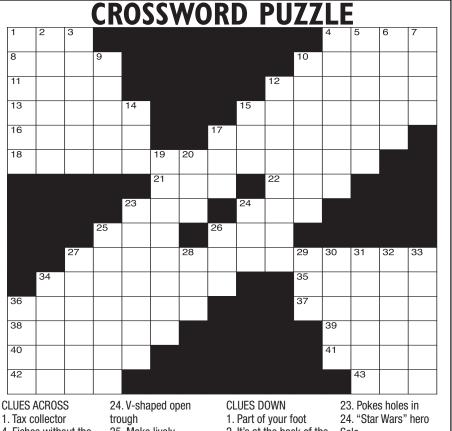
Book Club (will meet the 4th Thursday of the month at 6:30pm) Each month has a different horror/sci-fi theme. February's theme: Winter/Arctic Horror Participants may choose to read Stolen Tongues by Felix Blackwell; Misery by Stephen King; The Hunting Party, by Lucy Foley; the Terror, by Dan Simmons, or No Exit by Taylor Adams.

Tuesday, Feb. 27, 1 p.m.: Afternoon Book Club; (A continuing book club that meets the 4th Tuesday of the month at 1p.m.) Attendees will discuss the book Just Mercy by Bryan Stevenson.

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CLUES ACROSS 4. Fishes without the line touching water

8. Brooklyn hoopsters 10. Actress Lathan 11. A metric for athletes 34. One who revolves 12. Food storage loca-

13. Colossus 15. Desolations

16. Accustom to something unpleasant __ Kubrick, film-18. You might ask this at Thanksgiving

21. Arkansas city

22. Gave food to

23. Request

25. Make lively 26. It accompanies

feather 27. Blonde bombshell 35. Bluish greens

36. Charity 37. Having the shape of a cube 38. Unwind

39. Believed by some to be the supreme being 40. Checks or guides 41. Leak slowly through

42. Top-quality

43. Midway between

south and southeast

2. It's at the back of the eveball

3. Where things stand 4. Offered 5. Contains pollen 6. Boisterous get-

together 7. Asserts out loud 9. They're in the sky 10. Canonized

12. A politician's official

stances 14. It can catch fish 15. British thermal unit 17. Helps little firms 19. Where patients go

for treatment 20. Large red deer Solo

26. Scandinavian god of battle 27. Famous cat 28. __ Angeles: City of

Angels 29. Type of drug (abbr.) 30. City along the Rhine

31. Animal disease 32. Martini ingredients 33. Get away 34. Rare species of

rodent

36. Suppress

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SOIL TEST BORING ON I-81 IN ROANOKE COUNTY - SEQ Drilling will be performing soil test boring within the median of I-81 near mile marker 143.2 in Roanoke County on Tuesday, January 23 and Wednesday, January 24, from 9 a.m. to 3 p.m. There are no direct impacts to traffic for this project such as lane or shoulder closures, but traffic may be delayed due to location and onlookers.

INTERSTATE 81 CONSTRUCTION PROJECT EXIT 137 TO EXIT 141 – The \$179 million design-build project to widen both directions of I-81 between mile markers 136.6 and 141.8 from two to three lanes is underway. Work is being performed along a five-mile section of both northbound and southbound Interstate 81 in Roanoke County and the city of Salem. Barrier wall is in place along the shoulders. Two lanes of I-81 traffic in each direction are expected to remain open during the project with periodic lane closures scheduled during nighttime hours or outside of peak travel times as needed. Drivers can expect the following lane closures and upcoming traffic impacts in this area on northbound and southbound I-81:

ADDITIONAL TRAFFIC IMPACTS:

WORK ZONE SPEED: Drivers should adhere to posted 60 mph speed limits in the work zone and allow space when following a vehicle. Narrow spacing in lanes due to barrier walls, lack of shoulders and lane shifts in various locations, are present.

TRAFFIC SHIFTS ON WILDWOOD ROAD: Expect a work zone with traffic shifts and narrow width on Wildwood road after exiting I-81 southbound on exit 137 heading towards Salem. Southbound and northbound I-81 exit and entrance ramp narrows are possible at Route 311.

TRAFFIC SHIFT ON EXIT 140: Drivers may experience a periodic quick merge into traffic onto Thompson Memorial Drive from the southbound exit ramp of exit 140. Work zone located at bottom of the ramp for work on the I-81 bridge at the underpass.

RAMP CLOSURES: Ramp closures are possible during nighttime hours, 12 a.m., to 5 a.m. Drivers should watch for message boards dates and times the ramp will be closed.

LANE CLOSURES: Alternating left and right lane and shoulder closures during nighttime hours between 8 p.m. and 6 a.m., Sunday through Thursday, are possible. Lane widths will be reduced to 11 feet. Nightly lane closures may be in place along the right lane with possible nightly ramp narrows as needed for guardrail and shoulder strengthening.

The project also includes replacing six bridges, widening two bridges, installing approximately 2.6 miles of sound barrier walls along northbound I-81, improving the southbound exit 137 off-ramp intersection at Wildwood Road and adding interchange lighting at exits 137, 140 and 141. Expected completion in early 2026.

I-81 NB & SB BRIDGE REHAB OVER ROUTE 100 AT EXIT 98 - Beginning late March 2024, work will begin on I-81 rehabbing the northbound and southbound bridges over Route 100 at Exit 98. Lane and shoulder may be in place on Route 100 north and on I-81 northbound and southbound, 8 p.m. – 6 a.m. Flagging operations may also be in place on Route 100 north for up to eight-minute slow rolls. Both northbound and southbound on and off ramps at exit 98 for I-81 traffic will remain fully operational for the duration of this project. Estimated completion date is summer 2024.

I-81 NORTHBOUNDATEXIT 105 NEW RIVER BRIDGE REPLACEMENT IN MONTGOMERY COUNTY - Traffic on northbound I-81 has been switched onto the newly constructed bridge over the New River at the Montgomery/Pulaski County line. Lane and shoulder closures may be in place near exit 105. Lane closure may be in effect during the week from 8 p.m. to 7 a.m. Shoulder closures may be in effect at any time during the week. Slow rolls may be performed on I-81 in the north and southbound lanes from mile marker 98 to 109. Speed limit is reduced to 60 miles per hour in the work zone. Shoulder closures will remain in place though the duration of the project. Project completion is estimated for Summer 2024.

LANE CLOSURES: Beginning December 10, nighttime alternating lane closures are possible on I-81 northbound between mile markers 104-106 from 7 p.m. to 6 a.m. the following morning.

ROUTE 605: Alternating lane closures and flagging operations may be present on Route 605, located under the New River Bridge, for paving operations and work overhead on the bridge.

SLOW ROLLS: A slow roll operation will be in place on Monday, January 22 and Tuesday, January 23 on I-81 northbound from mile marker 104 and 106 between the hours of 9 a.m. and 2 p.m. Slow rolls may be utilized periodically on both the northbound and southbound lanes from mile marker 98-109 for structural steel deliveries and setting beams.

I-81 BRIDGE DECK REPAIRS – permitting, crews will repair bridge decks on Interstate 81. Between mile markers 170 to 89, right and left lane closures will be in place northbound and southbound during nighttime hours, 9 p.m. to 6 a.m. the following morning. Drivers should watch for signs and expect possible delays.

Roanoke County

SIDEWALK PROJECT ON SOUTHBOUND WILLIAMSON ROAD IN HOLLINS AREA -Work is underway on a project to construct new sidewalk along the section of southbound Route 11 (Williamson Road) between Plantation Road and Peters Creek Road. Drivers in the Hollins area can expect periodic right lane closures on southbound Williamson Road between 9 a.m. and 2 p.m. As work progresses, occasional nighttime lane closures also will be scheduled. The sidewalk project is expected to be

completed in summer 2024. STARKEY ROAD AND BUCK MOUNTAIN ROAD ROUNDABOUT - A road project to construct a single-lane roundabout at the intersection of Route 904 (Starkey Road) and Route 679 (Buck Mountain Road) is in progress. The new roundabout is now open to traffic and drivers should be aware of the new roundabout configuration. There will be occasional flagging operations in place between the 9 a.m. and 3 p.m. at the intersection of Starkey Road and Buck Mountain Road, drivers should still expect lane closures with flaggers controlling traffic for final paving, additional concrete pouring and pavement marking until the project is finished. Final completion

is expected in late spring 2024. LANE CLOSURES N WITH FLAGGING OPERATIONS: Lane closure times of 9 a.m. to 3 p.m. have resumed due to school now being in session.

ROUNDABOUT: The roundabout configuration has been set up. This means drivers should continue around the circle without turning left and that drivers in the circle have the right of way.

BLUE RIDGE PARKWAY CLOSURES IN ROANOKE AREA - Blue Ridge Parkway will be repairing slope failures and road closures with detours may be in place. Visit their website at www. nps.gov/blri/planyourvisit/roadclosures.htm for more

MOUNTAIN VALLEY PIPELINE - Mountain Valley Pipeline is expected to begin full construction again by mid-July. Temporary intermittent flagging operations will be in place in the county throughout the remainder of the project (with a tentative completion date of February 2024) to load/unload equipment at crossings and construction entrances. Scheduled completion is February 2024.

Craig County MOUNTAIN VALLEY The Mountain Valley Pipeline construction project is

underway. Temporary intermittent flagging operations will be in place in the county throughout the project to load/unload equipment at crossings and construction entrances. Scheduled completion is February 2024. **Montgomery County**

PROJECT TO WATERLINE TRAFFIC - Intermittent lane closures are in place on Route 658 (Meadow Creek Road), Route 693 (Childress Road) between Meadow Creek Road and Route 8 (Riner Road) between Meadow Creek Road and Route 1097 (Turnberry Lane) for a water line infrastructure project. Expected completion in late

MOUNTAIN VALLEY The Mountain Valley Pipeline construction project is underway. Temporary intermittent flagging operations will be in place in the county throughout the project to load/unload equipment at crossings and construction entrances. Scheduled completion is February 2024.

Police report

City of Salem Police Department



Weekly Arrest Report

Week of January 09, 2024 - January 15, 2024

01/09/2024	Mary Katherine Holliday	23	Contempt of Court
01/10/2024	Marcelo Trejo	30	Reckless Handling of Firearm, Discharging Firearms in City Limits, Non-Citizen Possession of Firearm, Public Intoxication
01/10/2024	Jose E. Trejo	24	Reckless Handling of Firearm, Discharging Firearms in City Limits, Non-Citizen Possession of Firearm, Public Intoxication
01/10/2024	Samuel Q. Evans	21	Urination in Public
01/11/2024	Benjamin F. Phillips 5th	52	Assault & Battery, Public Intoxication, Disorderly Conduct
01/11/2024	Justin R. Tackett	34	Violation of Probation
01/11/2024	Anthony J. Lopez	32	Fugitive From Justice
01/11/2024	Natalie D. Sams	33	Fugitive From Justice
01/12/2024	Sufyan S. Khawaja	33	Gaming Violation
01/13/2024	David W. Henson III	35	Entering Property of Another to Damage It
01/13/2024	Zachary E. Miller	29	DUI
01/15/2024	Justin M. Dye	22	DUI

City of Salem Police Department



Weekly Crime Report (Felony Cases)

Week of January 09, 2024 - January 15, 2024

DATE REPORTED	LOCATION .	OFFENSE REPORTED
09-JAN-2024	100 BLK Sheraton Dr	Non-Citizen Possession of Firearm
12-JAN-2024	1700 BLK E Main St	Gaming Violation
15-JAN-2024	1500 BLK Mason St	Vehicle Theft

Legislation calls for free school meals for all Virginia students

Nathaniel Cline

Virginia Mercury

A bill that would provide free meals for all public school students in Virginia passed the Senate Education and Health Committee

"This is about making sure that every kid who goes to school gets fed - no uestions asked," said Sen. Danica Koem, D-Manassas, the patron for Senate Bill 283, earlier this month.

The proposal would cost an estimated \$346 million over the next two years.

Some Republicans including Sen. Mark

Peake, R-Lynchburg, balked at the cost. "I just obviously do not want any child to go hungry and do not want any child who cannot afford a meal to go hungry, either breakfast or lunch, but I just think at this point, I'm not quite ready to say that the commonwealth is going to pay for breakfast and lunch for every child in the commonwealth when you got [wealthy] counties," Peake said. "I just don't see that we should take general fund dollars to pay for breakfast and lunch in some of the wealthiest counties in the commonwealth.'

Roem noted even Virginia's wealthiest counties, such as Loudoun, have schools that qualify for federal school lunch programs and have significant school meal debt. Furthermore, she said, many families fall just outside the eligibility limit for free and reduced meals.

Catherine Ford, a lobbyist representing the School Nutrition Association of Virginia, contended the state should be putting funds toward universal meals.

We believe that just like textbooks, just like school buses, just like desks, that meals should be provided to children at school," Ford said.

Proposal

If passed, all public school divisions in Virginia would be required to make meals available for free to any student unless their parent had notified the school board to not do so. The state would reimburse schools for

each meal.

Currently, only schools that qualify for the federal Community Eligibility Provision can offer all students free meals. Schools qualify

for the CEP if a certain percentage of their students are classified as low-income. Previously the federal government set that threshold at 40%, but this September the U.S. Department of Agriculture lowered it to

Roem's measure would expand free meals to even those schools that don't qualify for

The legislation would also require school

boards to adopt policies to maximize their

25%, a change it said would "give states and schools greater flexibility to offer meals to all enrolled students at no cost when financially viable."

use of federal funds for free breakfast and lunch and create a workgroup to study the potential impact of offering guaranteed school meals.

A step beyond earlier legislation

Roem said this year's proposal is an extension of a 2020 bill she successfully carried that required divisions to apply to enroll any schools in CEP that qualified for

Generally, Roem said school breakfasts in Virginia cost \$34 million per year, while lunches cost \$138 million.

During a Jan. 11 hearing on her newest proposal, Roem said that because of the 2020 legislation, 44 schools in Prince William County, which lies in her district, have zero school meal debt compared to more than 50 schools that just enrolled in the CEP this year and had together collected \$291,256 of school meal debt in the first semester of the prior year.

"Not every single student who attends a CEP school can't afford their own breakfast and lunch," Roem said. "A lot of them come from families that can, but most of the students ... have enough insecurity at home financially that they need help, and collectively, we've decided it's in our interest, it's in the student's interest and it's the parent's interest to make sure that we are taking care of everyone at the school."

Adelle Settle, founder of nonprofit Settle the Debt, which raised roughly \$250,000 last year to pay down the lunch debt for students in Prince William County, said she often hears from parents "who earn just over the threshold to receive free or reduced meals for their students, but they're still struggling and they need help to pay for those school

Meal debt, Roem also said, is "money that could've gone into other areas such as a classroom or computer lab."

"And frankly, if the federal government isn't going to do its job, as far as I'm concerned, of fully funding universal free school meals for all, then we've got to step in and take care of our student constituents," she said.

The bill now goes to the Senate Finance Appropriations Committee for consideration.

Addressing food insecurity in higher

Roem is also carrying Senate Bill 318, which would create a grant program to address food insecurity among students at public colleges or universities in Virginia.

The bill is also heading to Senate Finance and Appropriations.

"With college enrollment still lower

than it was pre-pandemic, addressing food insecurity can help students afford tuition and housing so they can stay in school and graduate on time," she said.

Under the program, public institutions could apply for grants to address food insecurity.

Greer, Malcolm Ellis

Malcolm Greer, affectionately known as "Pa", 93, of Salem, Virginia passed away January Saturday, 20, 2024.

He was an Air Force Veteran and retired in 1991 after a career with the Roanoke City Water Department. He was known for his easy going personality and love for his family. He enjoyed walking and watching sports of all kinds.

He was preceded in death by his wife 50 years, Lois



Michael Ellis Greer. Those left cherish his memory are his daughter, Julie Mann and husband

Randy; son, Greer and wife Susan; grandchildren, Ryan Katie, Cory Greer, Elena Brubaker and husband David, Tyler Mann, Seth Greer, Abbey Greer, and Chase Greer; and great grandchildren, Parker The family would

to extend special thank you to the Lewis Gale **MICU** staff and Good Samaritan Hospice. graveside

service will be held Saturday, Jan. 27, 2024 at 11 a.m. at Blue Ridge Memorial

See more at www.salemtimes -register.com

Bill to require salary ranges in job posts, bar salary history requests advances

Sarah Vogelsong

Virginia Mercury

Amid a docket of new policy proposals, a Virginia Senate panel heard a familiar one Monday when Sen. Jennifer Boysko again presented legislation to require employers to list a wage or salary range in all job postings and prohibit them from asking prospective employees for a "This is the eighth time I have

introduced this legislation," Boysko told the Senate Commerce and Labor Committee before vowing to keep reintroducing the measure until it reaches the governor's desk. Boysko has pitched Senate Bill

370 as a way to help remedy gender pay gaps by deterring employers from relying on prior salaries to craft future compensation. The idea is that because women in Virginia as a group still make less than men, basing salary offers on past wages could perpetuate

"Salary history is often a reflection of past discrimination," Emily Yen, a lobbyist for the Virginia Education Association, told lawmakers. Last April, the U.S. Bureau of Labor

Statistics reported that in Virginia, the median usual weekly earnings of women who worked full-time were 80% of what their male counterparts received. Full-time workers were considered people who usually worked 35 or more hours per week at their sole or principal job.

Women's labor advocates have also argued requiring employers to disclose wage or salary ranges provides needed transparency that can dampen inequalities by putting male and female applicants on more equal footing in compensation negotiations.

"When employers negotiate without giving salary range information to job applicants, applicants are more likely to rely on their past pay as a negotiation reference point, which perpetuates existing pay gaps," wrote the National Women's Law Center in a brief.

Boysko's legislation would prohibit prospective employees from voluntarily disclosing wage or salary history, including for the purpose of negotiating wages or salary after an initial offer of employment.' Employers who violated the

new rules would be subject to civil

penalties of between \$1,000 and \$4,000, depending on their history of violations, as well as potential The Senate committee passed Boysko's legislation on a 9-6 partyline vote after concerns from Republicans about whether the bill

offered employers a right to appeal any violation determinations by the state Commissioner of Labor and Industry. "If you're having a penalty, you should be able to appeal it to a court," said Senate Minority Leader Ryan

The bill was amended in committee to outline an appeals process. It now heads to the Senate Finance and Appropriations Committee for review.

McDougle, R-Hanover.





389-2848 • 2025 West Main St., Salem / Exit 137 off I-81

ANGLICAN ST. THOMAS ANGLICAN CHURCH - located

at 4910 Hubert Rd, NW Roanoke, Va. Traditional Liturgical Lenten Services, Sunday at 10:30 am. Call (540) 589-1299 or visit www.sttofc.org for midweek masses and events. (In Roanoke, go E on Hershberger, L on Hubert to 4910). **BAPTIST (INDEPENDENT)** CALVARY BAPTIST CHURCH - 7th and Florida

Streets, Salem VA. Pastor: Roger D. Counts, 540-389-3818. Sunday School 10:00 a.m., Morning Worship 11:00 a.m., Sunday Evening Service 6:30 p.m., Wednesday Night Prayer Service, 6:30 p.m. LAKESIDE BAPTIST CHURCH - 447 Dalewood Avenue, Salem, 986-0062, Pastor Carl Goodman.

Coffee Bar 9:00 a.m., Connect Groups 9:30 a.m., Sunday Worship 10:30 a.m., Children & Student Ministry 5:00-6:30 p.m.; Thursday 7:00 pm Young Single Adults, Wednesday Morning Prayer Service 10:30, Lifegroups meeting throughout the week. www. SOUTHSIDE BAPTIST CHURCH, 2721 12 O'Clock Knob Rd., Salem, Pastor: Clay Dalton; Sundayschool,

evening, 6:00PM, Wednesday evening, 7:00PM. **TEMPLE BAPTIST CHURCH** - 4339 Daugherty Road, Salem, Greg Irby, Pastor, Church: 380-3567; Home: 389-7240, Sunday School 10:00 AM, Worship Services 11:00AM & 6:00PM, Mid-week Prayer Meeting Wednesday 7:00PM, www.templebaptch.com.

9:45AM, Sunday morning worship,11:00AM, Sunday

BAPTIST (SOUTHERN) BETHEL BAPTIST - 1601 S. Colorado St., Salem,

Pastor Hilton Jeffreys, 389-2376, Sunday: Connect Groups meet at 9:30am; Worship Service starts at 10:30am. You can stream live with us at 10:30am on Facebook, YouTube, our App & Website (www. bethelbaptistva.com). Tuesday mornings we have Adult Bible Study at 9:00am.; Wednesday evenings at 6:15pm we have TeamKid for kids 3 years old through 5th grade, Amplify Youth (6-12th grade), Band of Brothers Men's Bible Study and then our College & Young Adult Bible Study at 8:00pm.www.bethelbaptistva.com MOUNTAIN PASS BAPTIST CHURCH -Catawba Valley Dr., (Ro. Co.) Salem, VA 24153. Rev.

Jack Richards, Jr., Pastor, Study 384-6720, Home 427-1508. Sundays: Sunday School 9:45 a.m.; Morning Worship 11:00 a.m., Evening 6:00 p.m. Wed:7:00 p.m. Prayer Meeting and Bible Study. RIDGEWOOD BAPTIST - 703 Hemlock RoadN.W. Roanoke, 342-6492. Roy E. Kanode, Pastor.Sunday School 9:45 a.m., Morning Worship 11 a.m., Awanas 5:15 p.m., Adult Bible Study and Youth Fellowship 6:00

p.m.; Wednesday Prayer Service 6:30p.m.; Fellowship Meal 5:45 p.m.; Praiz Kidz 6:00p.m.; Family Night Activities 6:30 p.m. website:www.ridgewood-baptist. FELLOWSHIP COMMUNITY CHURCH - Salem Campus: 1226 Red Lane Extension (Salem). North

Campus: 7640 Alpine Road (Roanoke). Southwest Campus: 3585 Buck Mountain Road (Roanoke). Español Campus: 1226 Red Lane Extension (Salem). Worship Times: 9:00 AM and 10:45 AM for Salem, North, and Southwest; 10:30 for Español. For more information, visit: www.fcclife.org CATHOLIC

OURLADYOFPERPETUALHELPCATHOLIC

CHURCH - 314 Turner Rd, Salem VA. 540-387-0491. Mass Times: Saturday 5 pm and Sunday 10:30 am (nursery available). Visit our website: olphsalem. org for our full schedule.

> CHURCHES OF CHRIST/ **CHRISTIANCHURCHES**

DALE RIDGE CHURCH OF CHRIST - 7165 Cloverdale Rd., NW Roanoke, 24019; office: 992-4385. Sunday Bible Study, 9:30 a.m., Worship, 10:30 a.m., Wednesday Bible Study, 6 p.m. Ladies class

Salembrech

Thursdays 10:00 a.m. Visit our new web page: daleridgechurchofchrist.net, it's updated each week from local, national and international sources with news of interest to Christians. Take a video tour of our facilities. Read articles taken from the word of God that apply to our lives today. View a new sermon each week. Dale Ridge is reaching out to the Roanoke/Botetourt area with the good news of Jesus Christ. Come join our plea to return to the Bible. We believe in the inspired Word of God which is as relevant today as it was when it was written. We believe in the Holy Spirit is a gift, given to every Christian when we respond to the Gospel as taught in the context of Acts 2 and emphasized in verse 38. We believe Jesus is the only means of our salvation. (Acts 4:12) Is this your time to make a choice? (John 16:13) Have you been looking for a church family that's led by the Holy Spirit into all truth? (John 13:35) You will know we are His disciples by our love for one another. Follow the advice of Philip when he told Nathanael about Jesus in (John 1:46) "Come and See." SALEM CHURCH OF CHRIST - 401 West

Main Street. 540-389-2400. Minister Taylor Plott; 10:00am Sunday Bible Study; 11:00am Sunday Worship Service; Wednesday Life Groups: 5:30 -7:00pm. For more info contact the Church Office. WESTSIDE CHURCH OF CHRIST - 1705 Starview Drive, Salem. Minister Neil Richey, 389-

9139, Sunday Bible Study: 9:30 AM, Morning Worship: 10:30 AM, Evening Worship: 6:00 PM, Wednesday Bible Study, 7:000 PM. CHURCH OF GOD/ANDERSON COVENANT COMMUNITY CHURCH - 955 Bird Lane, Salem, Va 24153, 389-5639. Pastor:

Scott Hudson. Sunday School 10:00AM, Worship

11:00AM; Bible Study 6:00PM.

CHURCH OF GOD/CLEVELAND **SALEM CHURCH OF GOD** - 600 Craig Avenue, Todd Stiffler, Pastor, 387-2068, Sunday School 9:30 am: Worship and Kids Church 10:30 am, Wednesday Bible Study and Classes at 7:00 pm. www.salemcog.

Ave. Salem, Pastor Dan Netting (540) 389-6831. www.firstchristiansalemva.com. Adult and Children

DISCIPLES OF CHRIST

FIRST CHRISTIAN CHURCH, 712 Front

Sunday School - 9:30 am, Worship - 10:30 am. Nursery Provided for both. Everyone welcome FORT LEWIS CHRISTIAN CHURCH - 2931 West Main Street, Salem - Pastor Matthew Cox -380-4636 - website: www.flccsalem.org. Sunday: 9:30am Adult Study Group, 10:30am Worship, Youth & Children's Church. All are welcome! **ECKANKAR**

ECKANKAR, THE PATH OF SPIRITUAL

FREEDOM, is a simple teaching that focuses on the Light and Sound of God to help people find more

love in their life. The Roanoke Eckankar Center is located at 1420 3rd St. SW, Roanoke, VA 24016. A spiritual event is held on the 2nd Sunday of each month at 10:30 a.m. Since contracting COVID-19 may still be possible, please take the health steps that are best for you. It is appreciated that by attending you are taking responsibility for your own health. Visit www.eck-va.org, www.meetup.com/Roanoke-Spiritual-Experiences * Group* or call 540-353-

information about how the teachings of Eckankar can lead you to spiritual freedom. **EPISCOPAL** ST. PAUL'S EPISCOPAL CHURCH - 42 East

Main Street, Salem, 389-9307. Sundays at 7:30am

5365 for other Eckankar programs and for more

and 10am. Holy Communion in church and livestreamed on YouTube@StPaulSalemVa. **EVANGELICAL LUTHERAN**

EVANGELICAL LUTHERAN

CHURCH - 210 S. College Avenue, Salem VA 24153. Please visit our website www.collegelutheran. org for information on services.

FOURSQUARE

theBRIDGE SALEM CHURCH - 4335 West Main Street, Salem. 540-404-1414 | bridge.salem@icloud. com • www.salemva.church Saturday service, 6pm (Nursery & Kids Church available). Mail: PO Box 1954, Salem. Twitter/ Instagram: @thebridgesalem Joey Lyons, Senior Pastor | joey@salemva.church | 540-831-9864 INDEPENDENT

RESTORATION CHURCH - a Community on

Mission Following Jesus into the World - 10:10am Sundays at the Salem YMCA - 1126 Kime Lane, Salem - 540-384-1601 - www.restorationsalem.org. Watch Live at: YouTube: Restoration Church-Salem, VA. Facebook: RestorationChurchSalem NATIONAL BAPTIST CONVENTION,

U.S.A., INC. FIRST BAPTIST CHURCH - 226 South Broad

Street, Salem. Rev. Melton Johnson, 389-9648. SundaySchool 9:30 AM, Sunday Morning Worship Service11:00 AM, Wednesday Bible Study and PrayerMeeting 7:00 PM. SHILOH BAPTIST- 201 South Market Street,

Salem, Rev. Adrian E. Dowell, H) (389-0409) Sunday School at 8:30 a.m. (All classes) via zoom and conference call line. Wednesday Adult Bible Study at 7:00 p.m. in person for adults, children and teens. Adult class is also streamed on Facebook. Men's Bible Study Saturday at 7:00 a.m.(Zoom). Saturday Intercessory Prayer Service at 8:00 a.m. (conference call line). Sunday Women's Bible Study Class at 8:30 p.m. (Zoom). In-person Worship on Sunday at 11:00 a.m. or worship with us on line via Facebook. Church office can be contacted for additional information. PENTECOSTAL HOLINESS **CHRISTIAN** LIFE INTERNATIONAL

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worship with us, Pastor, Rev. Chris Vogado, and our Associate Pastor, Rev. Janet Chisom each Sunday at 11:00 AM (10:00 AM from Memorial Day - Labor Day). In- Person Sunday School is 9:30 AM (9:00 AM Memorial Day - Labor Day). You may still

worship with us online live at www.salempres.org, or Facebook, or YouTube. During in-person worship, masking for health reasons is optional. UNITED METHODIST FIRST UNITED METHODIST CHURCH - 125 W. Main St, Salem, VA. 540-389-5459. Pastor Alan Combs, Traditional Worship - 8:45am, Sunday

School - 9:45am, Genesis Contemporary Worship 10am; Traditional Worship - 11:00am. www. fumcsalemva.org.

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Legals - Botetourt County

TRUSTEE'S SALE **OF 5716 LEE** HIGHWAY, TROUTVILLE, VA 24175

In execution of a certain Deed of Trust dated February 28, 2022, in the original principal amount of \$173,232.00 recorded in the Clerk's Office, Circuit Court for Botetourt County. Virginia as Instrument No. 220000838 . The

undersigned Substitute Trustee will offer for sale at public auction in the front of the Circuit Court building for Botetourt County, Main Street, Fincastle, VA 24090, or any such temporary alternative Circuit Court location designated by the Judges of the Circuit Court, on February 26, 2024, at 12:30 PM, the property described in said Deed of Trust, located at the above address, and more particularly described as follows: BEGINNING AT AN IRON STAKE IN THE EAST LINE OF U.S. HIGHWAY

MRS. STEVENS), THENCE WITH BROWNS S. 56° 21 45" E. 303.84 FEET TO AN IRON PIPE: THENCE LEAVING BROWN AND WITH THE CLERK TRACT S. 35° 36` 00" W. 79.90 FEET TO AN IRON PIN; THENCE N. 59° 36` 00" W. 293.05 FEET TO A POINT ON THE EASTERLY SIDE OF ROUTE 11; THENCE WITH ROUTE 11 ALONG A

NO. 11 CORNET TO

BROWN (FORMERLY

CURVE TO THE RIGHT WITH A RADIUS OF 3500.00 FEET TO A CHORD OF N. 28° 35` 24" E. 96.78 FEET AND AN ARC DISTANCE OF 96.78 FEET TO AN IRON STAKE AT THE PLACE OF

BEGINNING AND CONTAINING 0.604 ACRES, MORE OR LESS AS SET FORTH IN THAT PLAT OF SURVEY BY CHARLES R. MCMURRY, **CERTIFIED LAND** SURVEYOR, DATED AUGUST 16, 1990.

TOGETHER WITH THE RIGHT TO USE THAT **CERTAIN JOINT** DRIVEWAY SHOWN ON PLAT OF SURVEY DATED JULY 16, 1958, OF RECORD IN DEED BOOK

134, PAGE 304, AS SET FORTH IN JOINT DRIVEWAY AGREEMENT DATED DECEMBER 23, 1968, IN DEED BOOK 184, **PAGE 669**

(ERRONEOUSLY SHOWN AS PAGE 660 IN PRIOR ALL CASH, A bidder's deposit of ten percent (10%) of the sale price or ten percent (10%) of the original

principal balance of the subject Deed of Trust, whichever is lower, in the form of cash or certified funds payable to the Substitute Trustee must be present at the time of the sale. The balance of the purchase price will be due

within fifteen (15) days of sale, otherwise Purchaser's deposit may be forfeited to Trustee. Time is of the essence. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled to a return of the

deposit paid. The Purchaser may, if provided by the terms of the Trustee's Memorandum of Foreclosure Sale, be entitled to a \$50 cancellation fee from the

Substitute Trustee, but shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. A

form copy of the Trustee's memorandum of foreclosure sale and contract to purchase real property is available for viewing at www.bwwsales.com. Additional terms, if any, to be announced at the sale and the Purchaser may be given the option to execute

the contract of sale electronically. This is a communication from a debt

collector and any information obtained will be used for that purpose. The sale is subject to seller confirmation. Substitute Trustee: Equity Trustees, LLC, 8100 Three Chopt

Road, Suite 240, Richmond, VA 23229. For more information contact: BWW Law Group, LLC, attorneys for Equity Trustees, LLC, 101, Rockville, MD 20852, 301-961-6555, website: www.bwwsales.com. VA-

6003 Executive Blvd, Suite 367530-1.

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Legals - Botetourt County

NOTICE OF SPECIAL COMMISSIONER SALE OF 101 DRY BRANCH ROAD. BUCHANAN, VIRGINIA, 24066

Pursuant to a Decree of the Circuit Court of Botetourt County, Virginia, made and entered into November 29, 2023 in Case No. 23CL23-00036100, styled Janis P. Barrett (Plaintiff) v. Cherokee Rose Eubank

(Defendant), I will, on Friday, January 26, 2024 at 10:00 a.m. at the front door of the Courthouse of Botetourt County Virginia,

located in its new temporary

quarters, offer for sale to the highest bidder for cash, the following described real estate: 101 Dry Branch Road, Buchanan, Virginia, 24066, being 2.56 acres in the Buchanan Magisterial District, Tax Map #53-4, property ID#99013634. A more accurate description can be procured as shown on a plat attached to Deed Book 128 at page 123 in the Clerk's Office of the Circuit Court of Botetourt County, Virginia.

Terms of Sale Cash (10% on the day of sale with the remainder at closing within 60 days). For further information,

apply to Tommy Joe Williams, Special Commissioner, 2721 Brambleton Avenue, S.W. Roanoke, Virginia, 24015, office telephone number: (540)772-7848, cell phone number: (540) 797-4065.

I, Tommy Joe Williams, hereby certify that I have given bond, with surety, as required by the Decree.

Tommy Joe Williams, Special Commissioner

I, Tommy Moore, Clerk of the Circuit Court of Botetourt County, Virginia, hereby certify that Tommy Joe Williams, Special Commissioner, has given bond, as required by the Decree with Surety approved by the Court.

Tommy Moore, Clerk **Botetourt County Circuit** Court

Legals - City of Salem

ABC NOTICE

FRANKLIN MART LLC., trading as Franklin mart LLC, 3001 Franklin Road SW, Roanoke City Roanoke, VA. 24014.

The above establishment is applying to the VIRGINIA ALCOHOLIC BEVERAGE CONTROL (ABC) AUTHORITY for a Convenience Grocery Store, Beer and Wine, OFF Premises license to sell or manufacture alcoholic beverages.

Krunal Nayak Owner

NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.



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Legals - Craig County

Public Notice -Environmental

Permit PURPOSE OF NOTICE: To seek public comment on a draft permit from the Department of **Environmental Quality that**

allows the continued release of treated wastewater into a water body in Craig County, Virginia. PUBLIC COMMENT PERIOD: January 17 to February 19, 2024

PERMIT NAME: Virginia Pollutant Discharge Elimination System Permit Wastewater issued by DEQ pursuant to applicable water laws and regulations.

APPLICANT NAME.

ADDRESS AND PERMIT

NUMBER: Craig-New Castle Public Service Authority (PSA); PO Box 128, New Castle, VA 24127; VA0064599 **FACILITY NAME AND** ADDRESS: Craig - New Castle Wastewater Treatment Plant (WWTP); 370 Commerce Ave., New Castle

PROJECT DESCRIPTION: The PSA has applied for reissuance of a permit for the WWTP in Craig County, Virginia. The applicant proposes to continue to release treated sewage wastewater at a rate of 175,000 gallons-per-day into a water body. Sludge from the treatment process will be stabilized,

dewatered, and transported to Roanoke Valley Resource Authority for ultimate disposal in a sanitary landfill. The facility proposes to release the treated wastewaters into Craig Creek in Craig County in the James River watershed. A watershed is the land area drained by a

river and its incoming streams. The permit will limit the following pollutants to amounts that protect water quality: organic matter, solids, physical & chemical properties, nutrients, inorganics, and bacteria

HOW TO COMMENT: DEQ accepts comments and requests for public hearing on the draft permit by handdelivery, e-mail, or postal mail. All comments and requests must be in writing and be received by DEQ during the comment period. DEQ must receive handdelivery and postal mail by close of business and email and fax comments by 11:59 p.m. on the last day of the

comment period. Submittals must include the names, mailing addresses or email addresses of the commenter/requester and of all persons represented by the commenter/requester. A request for public hearing must also include: 1) The reason why a public hearing

is requested. 2) A brief. informal statement regarding the nature and extent of the interest of the requester or of those represented by the requestor, including how and to what extent such interest would be directly and adversely affected by the permit. 3) Specific references, where possible, to terms and conditions of the permit with suggested revisions. A public hearing may be held, including another comment period, if public response is significant, based on

individual requests for a public hearing, and there are substantial, disputed issues relevant to the

permit. CONTACT FOR PUBLIC COMMENTS, DOCUMENT REQUESTS AND ADDITIONAL INFORMATION: Susan Edwards; Blue Ridge Regional Office, 901 Russell Drive, Salem, VA 24153; E-mail: Susan.Edwards@deq.virgin

ia.gov; Phone: 540-562-

6700.

Montgomery County BWW# VA-360283-2

Legals -

TRUSTEE'S SALE OF 105 ASTER LANE, CHRISTIANSBURG,

VA 24073. In execution of a certain Deed of Trust dated

original principal amount of \$190.000.00 recorded in the Clerk's Office, Circuit Court for Montgomery County, Virginia as Instrument No. 2007011289

public auction in the front of the Circuit Court building for Montgomery County, 55 East Main Street, Christiansburg, Virginia, or any such temporary alternative Circuit Court location designated by the Judges of the Circuit Court, on February 23, 2024, at 3:15 PM, the property described in said Deed of Trust, located at the above address, and more particularly described as follows: ALL THAT

AND BEING IN THE TOWN OF CHRISTIANSBURG. RINER MAGISTERIAL **DISTRICT OF** MONTGOMERY COUNTY, VIRGINIA, BEING **DESCRIBED AS LOT 99** PHASE V, NEW RIVER

MICHAELW. AND SHANNON M. HARDWICK OF LOT NO. 99, PHASE V, NEW RIVER VILLAGE, IN

MONTGOMERY COUNTY, percent (10%) of the sale price or ten percent (10%) of the original principal balance of the subject Deed of Trust, whichever is lower,

forfeited to Trustee. Time is of the essence. If the sale is set aside for any reason,

of Foreclosure Sale, be entitled to a \$50 cancellation fee from the

have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. A

foreclosure sale and contract to purchase real property is available for

www.bwwsales.com. Additional terms, if any, to be announced at the sale and the Purchaser may be given the option to execute the contract of sale electronically. This is a

collector and any sale is subject to seller VA 23229. For more Law Group, LLC, attorneys for Equity Trustees, LLC, 6003

360283-2.

In execution of a certain Deed of Trust dated November 26, 2005, in the original principal amount of

Legals -

County

OF 130 HELM

VA 24087.

\$77,284.21 recorded in the Clerk's Office, Circuit Court for Montgomery County Virginia as Instrument No. 2005014678 . The undersigned Substitute Trustee will offer for sale at public auction in the front of the Circuit Court building for Montgomery County, 55 East Main Street, Christiansburg, Virginia, or any such temporary alternative Circuit Court location designated by the Judges of the Circuit Court, on February 23, 2024, at 3:15 PM, the property described in said Deed of Trust, located at the above address, and more particularly described as follows: ALL THAT CERTAIN PARCEL OF LAND IN, MONTGOMERY COUNTY COMMONWEALTH OF VA.

AS MORE FULLY **DESCIRBED IN BOOK 973 PAGF 241** ID# 59-A-6-5, BEING KNOWN AND DESIGNATED AS LOT 5, MINOR SUBDIVISION FOR E AND V ENTERPRISE. FILED IN PLAT BOOK 973 AT PAGE 243, RECORDED 08/29/1997. TERMS OF SALE: ALL CASH. A bidder's deposit of

ten percent (10%) of the sale price or ten percent (10%) of the original principal balance of the subject Deed of Trust, whichever is lower, in the form of cash or certified funds payable to the Substitute Trustee must be present at the time of the sale The balance of the purchase price will be due within fifteen (15) days of sale, otherwise Purchaser's deposit may be forfeited to Trustee. Time is of the

essence. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled to a return of the deposit paid. The Purchaser may, if provided by the terms of the Trustee's Memorandum of Foreclosure Sale, be entitled to a \$50 cancellation fee from the Substitute Trustee, but shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. A form copy of the Trustee's memorandum of foreclosure sale and contract to purchase real property is available for viewing at www.bwwsales.com Additional terms, if any, to be announced at the sale and the Purchaser may be given the option to execute the contract of sale

Montgomery

TRUSTEE'S SALE confirmation. Substitute Trustee: Equity Trustees. LLC, 8100 Three Chopt DRIVE, ELLISTON, Road, Suite 240, Richmond, VA 23229. For more

information contact: BWW Law Group, LLC, attorneys for Equity Trustees, LLC, 6003 Executive Blvd, Suite 101, Rockville, MD 20852, 301-961-6555,

www.bwwsales.com. VA-362029-1.

website:

Order of Publication

Commonwealth of Virginia VA Code§§ 1-211.1; 8.01-316.20-104 Case No. CL230020118-00

MONTGOMERY COUNTY Circuit Court, 55 EAST MAIN STREET, SUITE 1, CHRISTIANSBURG, VA 24073 Commonwealth of Virginia, in re MELISSA JANE MCPHERSON v. JACOB ANDRE **MCPHERSON** A/K/A KOBI MAZUR The object of this suit is to: DIVORCE. It is ORDERED that JACOB ANDRE **MCPHERSON**

court and protect his/her interests on or before MARCH 8, 2024. JANUARY 5, 2024 K. MIKE FLEENOR, JR. JUDGE

A/K/A KOBI MAZUR

appear at the above-named

Legals - Roanoke County

TIFFANY M. COUCH,

CLERK

ABC NOTICE

DHRUVIN DESAI, JAPAN DESAI, ARCHANA PATEL, trading as GLENVAR MINUTE MARKET, 4145 WEST MAIN STREET, SALEM, ROANOKE COUNTY, VA, 24153,

The above establishment is applying to the VIRGINIA ALCOHOLIC BEVERAGE CONTROL (ABC) AUTHORITY for a Wine and Beer, OFF Premises license to sell or manufacture alcoholic beverages.

DHRUVIN DESAI, OWNER

NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required ewspaper legal notice: Objections should be registered at www.abc.virginia.gov or 800-552-3200.

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the Purchaser at the sale shall be entitled to a return of the deposit paid. The Purchaser may, if provided by the terms of the Trustee's Memorandum

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communication from a debt information obtained will be used for that purpose. The confirmation. Substitute Trustee: Equity Trustees, LLC, 8100 Three Chopt Road, Suite 240, Richmond,

information contact: BWW Executive Blvd, Suite 101, Rockville, MD 20852, 301-961-6555, website: www.bwwsales.com. VA-

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The undersigned Substitute Trustee will offer for sale at

CERTAIN TRACT OR PARCEL OF LAND, LYING VILLAGE, AS SHOWN ON A PLAT OF SURVEY ENTITLED "PLAT FOR

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form copy of the Trustee's memorandum of

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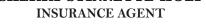


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PHOTO BY BRIAN HOFFMAN

Kate Littlejohn lays one in against Ferrum.

The Roanoke College women's basketball team will look to pick up a conference win when they host Eastern Mennonite on Saturday at the Cregger Center in Salem. Game time is scheduled for noon.

The Maroons took a 7-4 Old Dominion Athletic Conference record, and a 12-6 mark overall, to Hollins University on Wednesday. Results were too late for publication as RC looked to pick up their fifth win in the last six games.

The Maroons won two conference games last week, beginning with a 58-37 win over Ferrum on January 17. Lauren Keel led the Maroons with 13 points, hitting five of six points from the field. Rose Sande had 11 points and eight rebounds and Parker Childress had 10 points.

On Saturday in Danville the Maroons took a 76-51 win over Averett University. Roanoke scored the first six points of the game and never trailed, streaking to a 45-20 halftime advantage.

Sande and Childress had 14 points each to lead the Maroons.

Roanoke track hosts indoor meet

played host to the annual Finn Pincus Invitational last weekend at the Kerr-Cregger Fieldhouse in Salem. The Roanoke men's team posted seven topfive marks at the Maroons' first event of the calendar year.

The team of Lorenzo Camobreco, Bryson Hill, Elijah Bolich and Brady Fowler won the 4x400 relay in 3:28.09. Roanoke's "B" team of Max Cardwell, Aidan Stant, Joseph Eldridge and Aidan Spradlin came in second at 3:38.68. Fowler recorded a fourth-place run in the 60m finals, clocking a time of 6.92 seconds, while Bolich finished fourth in the 400m with a mark of 51.21 seconds. Camobreco landed in fifth at

For the women, Kaitlyn Nguyen claimed a first-place showing in the

The Roanoke College track team high jump, and the Roanoke women's track & field team totaled six top-three The 4x400 relay team of Haylee

Gamble, Eleanor Hinckley, Ophelia Ladner and Maryrose Molina-Shuman came in first, logging a time of 4:12.82. Gamble finished third in the 200m, crossing the tape in 26.27 seconds. She also placed fifth in the 400m at 1:01.51. Both of those times rank first in the ODAC during the current indoor campaign.

Becca Carr came in third in the 60m hurdles, notching a time of 9.30 seconds. Grace Fowler produced a thirdplace performance in the weight throw (15.68m) and a fourth-place showing in the shot put (11.89m).

Roanoke will run at the VMI Invitational in Lexington this week.



Brooklyn Woolwine(left) and Bekka Carr run the hurdles for Roanoke College in last weekend's Finn Pincus Invitational at the Kerr-Cregger Indoor Fieldhouse. **Woolwine is a freshman Maroon from Glenvar.**

RC women home Sat. Maroons will play top-ranked H-SC



PHOTO BY BRIAN HOFFMAN

Clayton Gaither scores Roanoke's win over W&L.

RC V-BALL

cont/ from page 10

Cummins

respectively.

25-16.

offensive

team-best assists

The

Cregger

at 2:30 pm.

a tri-match in the

this Saturday with Illinois Tech and the Liberty University

Center

The Roanoke College men were looking for their fifth straight win when they played host to Bridgewater in basketball Wednesday. The game was the first of seven straight games against Old Dominion Athletic Conference opponents in the final stretch of the regular

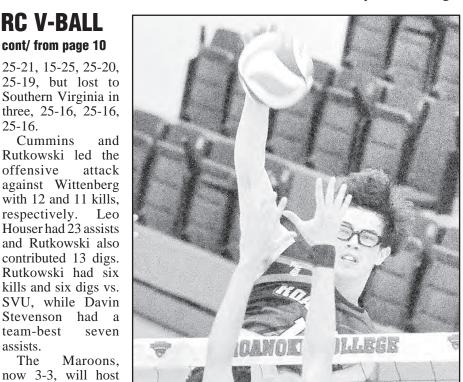
Results of Wednesday's game were too late for publication, but the Maroons have been on a roll. Last week they defeated Washington & Lee in a big ODAC game in Salem, then won a non-conference game with Regent University.

Against W&L freshman Gavin O'Malley posted career highs of 14 points and 10 rebounds in an 80-65 RC win. Roanoke scored 11 of the game's first 13 points and extended the lead to 43-28 at intermission. The Generals made it an eight-point game at 71-63 with less than two minutes to go but Roanoke didn't let W&L get any closer. Roanoke missed its first free-throw of the night but connected on all 27 the remainder of the game.

Joshua McClary had a team-high 16 points and added five rebounds, five assists and two steals for the Maroons. Marcus Morgan had 12 points and seven rebounds and Zach Rosenthal also had 12 points.

On Friday night at the Cregger Center in Salem the Maroons had no trouble with Regent, racing to a 46-16 halftime lead and winning 88-45. Marcus Morgan scored a game-high 15 points for Roanoke, and added nine rebounds, four assists and three steals. Joshua Morse had 12 points and five rebounds and Rosenthal also contributed 12 points.

With the win the Maroons improved to 11-7 overall and they're 8-1 since Christmas. They'll have their work cut out for them Saturday when they travel to Hampden-Sydney for a 2 pm ODAC game. The Tigers come into the week at 16-1 and they're the top ranked Division III team in the nation in the D3hoops.com rankings.



Club Team, starting RC's Jackson Rutkowski hits a spike in Friday's win over Lees-McRae.

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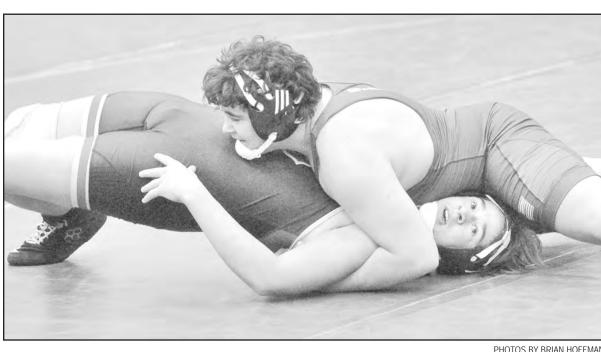
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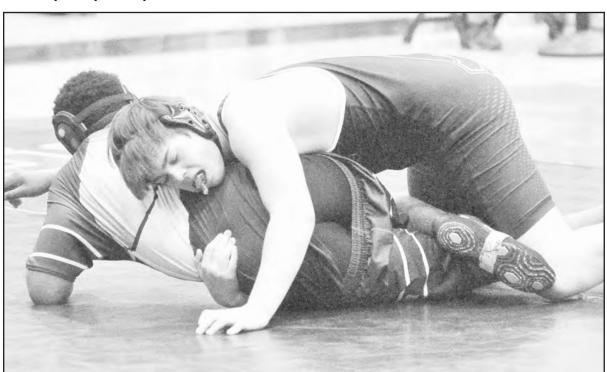
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Glenvar Middle wins Norsemen Invt. wrestling tournament



Above, Glenvar's Grayson Ferrell is on top and on his way to a second place finish in Saturday's Norsemen Invitational. Below, Aaron Gordon of Andrew Lewis leans on his opponent. Aaron pulled several upsets to win the championship at 210 pounds.



Andrew Lewis finishes fifth in big season ending event

The Glenvar Middle School wrestlers finished in first place in the annual Norseman Invitational at the Northside High School gym on Saturday. The tournament is the traditional end of the season middle school event and 13 teams competed.

Andrew Lewis also competed and took fifth. Glenvar

scored 229 points to win the tournament followed by Cave Spring with 203.5. Blacksburg was next at 182.5, Staunton River had 171.5 and Lewis was next at 159.5, 18.5 points ahead of Read Mountain and host Northside who tied for sixth at 131. Glenvar had two individual champions, Jacob

Pope and Levi Wright. Second places went to Haden Henderson, Grayson Ferrell, Ryan Harris, Jacob Long, Cam Moore and Trey Lawrence. Jack Osbourn was third and Cael Short took a fourth.

For Lewis, Keenan Helm capped off an undefeated season with a Norseman championship, his second. He finishes his ALMS career as a two time Norseman champ with a 43-1 record over two years.

"He won in dominant fashion and was a bright spot for us on the weekend," said Lewis coach Randall

Jake James also won a Norseman title at heavyweight, looking all weekend on his way to the championship. Jake completed his season undefeated as well. Aaron Gordon had a great weekend at 210 pounds,

upsetting the number four seed, the top seed and the

second seed to capture his first Norseman title. "I always knew Aaron was capable of winning, he just had to believe in himself," said Sell. "Once he

won that first match, you could see his confidence grow. I'm extremely proud of Aaron and the growth we saw from him this year." Other placers for Lewis included Sayge Herndon

with a third and Dylan Bonet, Keegan Price and Alex Regan with fourth places. 'I thought, as a team, we underperformed," said Sell. "We had some tough matchups in some weight

classes, but ultimately you have to rise to the occasion

and, unfortunately, we didn't do that in several weight Glenvar finished 10-1 in dual matches during the season, including a big win over Lewis in Salem on January 10.

"The middle school wrestling team worked really hard this season and has a very bright future at the high school level," said Glenvar coach Jeb Wright.

Maroons win first home match, beat W&L on Mill Mountain Theatre stage

The Roanoke College wrestling team had a good showing last week, winning their home opener and then defeating Washington & Lee in a special conference match at Mill Mountain Theatre.

Last Thursday at the Cregger Center the Maroons won a dual match over Southern Virginia, 40-9. Mac Cafurello, Jude Robson and Dustin Smith scored technical fall victories in the first three matches before SVU won the 149-pound bout. Ryan Foutz and David Reid won via technical fall at 157 and 165, respectively, before Matthew Wirth needed just 30 seconds to pin his opponent at 174.

On Saturday the Maroons hosted a special event at Mill Mountain Theatre and defeated ODAC rival Washington & Lee, 23-17. Cafurello, Robson, and Mark Samuel staked RC to a 15-0 lead after the first three weight classes. The Generals took the next two matches to make it 15-7 at the intermission but Reid won via major decision out of the break and Roanoke used a major decision by Vincenzo Corvetto at 184 to build a lead that W&L could not recover. "Great atmosphere," said Maroon coach Nate Yetzer of the match at

Mill Mountain. "We are doing it yearly now. We had about 275 people there and we will sell out next year." Reid earned the Old Dominion Athletic Conference Wrestler of the

Week award for the Heavier Weights for the week of January 22. Roanoke is back in action this weekend at the Pete Wilson-Wheaton

Invitational (III.) Friday and Saturday and will also be represented at the Ober Invitational (Pa.) Saturday.

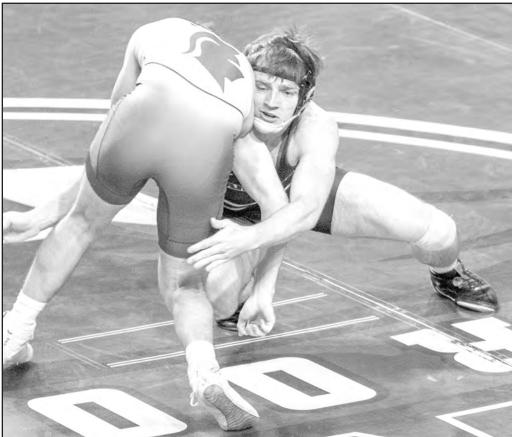


PHOTO BY REGINA DEVINNEY

Ryan Foutz of Roanoke College(right) is on his way to a win in last week's match against Southern Virginia at the Cregger Center in Salem.

Swim teams looking to big meets

The high school swimming season is nearing the season ending meets as Salem and Glenvar High complete their regular seasons. The Spartans have

two regular season meets remaining. Salem will host Roanoke Catholic at the Salem YMCA on Monday of next week and travel to Franklin County on January 31. Glenvar had a meet

with James River and Y on Tuesday, but results were too late for publication. The Highlanders will be at the Botetourt Y next Tuesday, January 30, and wrap up the reg-February 2nd at the County and Auburn sup-

at the Christiansburg the Boys 200 med-Aquatic Center last Thursday to make up a meet that was postponed McClanahan, by weather on Tuesday of Wilkes last week.

"Despite five swim- while the Girls 200 mers staying at GHS for medley relay team of the science fair we still Natalie had a very good night," Chloe Childers, Macy said Glenvar coach McMahon and Izzy Shannon Hall.



Christiansburg Aquatic Center.

individual medley for

the boys and Ashton

Wilkes won the 200

The boys won four of five duals and the girls three of five with Radford, Christiansburg, ular season on Friday, Pulaski County, Carroll Wytheville Community plying the competition. Top three finishes

The Highlanders swam for the night included ley relay team of Kees VanGerven, Smith with a

Shearer took third.

Meadows was third in the 100 butterfly. Natalie McMahon was second in the girls 100 butterfly and Tucker Henderson was third in the boys 100 freestyle. Tyler Smith was third in the boys 500 freestyle with Macy McMahon winning the event for the girls. The Boys 200 freestyle relay team of

McClanahan and Alec

McIlwain placed third.

Connor Tyler second McMahon, Magruder, Aiden Robbins, Avery

the boys 100 backstroke with Natalie McMahon second for the girls. Wilkes won the 100

VanGerven was third in

breaststroke for the boys. Connor established a new state championship qualifying time

in the that event. The boys 400 freestyle relay team of Meadows, Henderson, VanGerven and Wilkes took second and the girls team of Hannah Street,

Chloe Childers, Macy

McMahon and Natalie

McMahon closed the

meet with a third place

finish.

RC swimmers wrap up regular season

The Roanoke College swimming teams finished the 2023-24 regular season against the University of Lynchburg Saturday afternoon at Liberty University in Lynchburg. The RC women tied the Hornets, 131-131, and Lynchburg took the men's competition,

RC's Susanna Price won the women's 200 free in 2:00.38, the 200 fly in 2:13.42 and the 200 IM in 2:13.49. Carter Satterfield won the 1000 free in 10:53.89 and the 500 free in 5:20.91. Julianna Morrow swam a 1:00.18 in the 100 backstroke to finish first and also won the 200 back in 2:09.05.

Ariana Guillory won the 100 fly in 1:02.77. For the men, Ethan Brewer finished first in the 200

free in 1:44.81 and the 500 free in the 4:49.14. Peyton Meyer won the 1000 free in 9:57.44 and was second in the 200 IM and 500 free. The Maroons will enter the Old Dominion Athletic

Conference Championship Meet on Feb. 7-10 at the Greensboro (N.C.) Aquatic Center.

RC men's volleyball wins two of three in Rohrback's home coaching debut First year Roanoke College men's volleyball

coach Mark Rohrback made his home debut last week as the Maroons won two of three matches at the Bast Center in Salem. Rohrback led the Glenvar girls to three state championships prior to taking the position at RC. On Friday Roanoke defeated Lees-McRae in five

sets, 23-25, 25-22, 20-25, 25-14, 15-8. Jackson Rutkowski served out the match for Roanoke, drilling aces in the final two points. Rutkowski had a team-best 16 kills while Michael Cummins had 15.

On Saturday Roanoke beat Wittenberg in four,

continued on page 9

Spartans beat Blacksburg after overtime loss at Cave Spring





Left, Salem's Lucas Yerton shoots a jumper in Tuesday's win over Blacksburg. Right, Mari Foxx of the Spartans is open for a shot in last Friday's game at Cave Spring.

The Salem High basketball team will be home this Friday to host Hidden Valley, hoping to turn around a previous loss to the Titans and build some momentum with the post-season approaching.

On Tuesday at home the Spartans avenged a prior loss to Blacksburg with a 72-63 win over the Bruins at Salem High. With the win Salem improved to 7-9 on the season while upping their River Ridge District record at 3-5.

Salem trailed Blacksburg 36-34 at the half Tuesday but outscored the Bruins 15-9 in third quarter with Lucas Yerton scoring eight points. The Spartans put it away down the stretch. Cam Boles, Grant Clemens and Mari Foxx all hit big threes late in the game and Foxx was seven for eight from the line to seal the deal. He was one of four Spartans in double figures with a dozen points. Yerton also had 12 while Marvin Fields led the team with 16 and Boles had 15.

The win was a needed boost for the Spartans after they lost two close games on the road last week. They played at Jefferson Forest on Wednesday after inclement weather pushed the game back a day and lost 69-61 after leading by a point at the half. The Cavaliers outscored the Spartans 23-18 in the third quarter and held off the Salemites to pick up the win.

Salem shot 53 percent for the game to 43 percent for Forest but the Spartans lost the battle of the boards, 31-21. The Cavs had 13 offensive rebounds and had 11 more shots than Salem.

Boles had 13 points to lead three Spartans in double figures, hitting five of seven shots from the field, including all three threepointers. He also led the Spartans with six rebounds. Yerton had 11 points and Fields had 10. On Friday it was a packed house at Cave Spring as the Spartans

began their second trip through the River Ridge District schedule. The fans were treated to a good one, but Salem lost in overtime, The Spartans had chances to win in regulation in this one against a

Cave Spring team that improved to 9-6 overall and 6-1 in the district. Again Salem led at the half, 26-23, but was outscored in the third quarter, this time 16-9. The Spartans couldn't connect on two free throws and a last second shot in regulation and the Knights outscored Salem 9-6 in overtime to take a hard-fought and very entertaining

Yerton led Salem with 16 points against Cave Spring while Fields had 13 and Boles had 11. Foxx had eight points and seven assists for

The Spartans had a non-district game at Rockbridge on Wednesday of this week, but results were too late for publication. After Friday's home game with Hidden Valley Salem will be back on the road next Tuesday at Christiansburg.

Glenvar boys starting to roll, girls still looking for 1st win

The Glenvar High girls and boys were off to Carroll County on Wednesday for a varsity doubleheader against the Cavaliers. The girls were scheduled to play first with the boys to follow in a pair of Three Rivers District games.

The girls are still looking for their first win after losing at home to James River last Friday. River led 26-6 at the half and never looked back.

The boys were looking for their third straight win at Carroll after defeating James River in Buchanan last Thursday and Patrick County at home on Monday, both district games. With the pair of wins the Highlanders are now 6-8 overall and 2-3 in the

At James River the Highlanders broke open a close game by outscoring River 27-11 in the fourth quarter after leading but two at the half and six after three quarters. Glenvar forced 29 turnovers and that was a big factor in the win. Brody Dawyot led Glenvar with 24 points and Aidan Hylton had 14.

On Monday it was GYB Night at Glenvar and the Highlanders gave the kids a good show with an 80-51 win. Hylton and Reed Hutchison had 16 points each.

"Complete team effort for four quarters as we were able to create turnovers, rebound well and finish in transition," said Glenvar coach Cliff

After Wednesday's trip to Carroll County both Glenvar teams are off for the rest of the week. The girls will return Monday with a game at Auburn and the boys are at Radford Tuesday.



PHOTO BY SCOTT GARDNER

Salem's Shaniya Robinson splits two defenders in Friday's win over Cave Spring.

Salem girls down Bruins; now 15-1

The Salem High girls improved to 15-1 on the season and upped their River Ridge District record to 7-1 with a 50-43 win over the Bruins in Blacksburg Tuesday.

"We didn't play our best, but we kept fighting and beat a good team on the road," said Salem High coach Scott Jester.

Bailey Rider led Salem with 19 points and Emme Custer had a dozen for the Spartans.

Salem stayed hot with two wins last week. On Wednesday at home they defeated visiting E.C. Glass, 49-35, then they hosted Cave Spring on Friday and whipped up on the Knights, 66-23.

"Really good effort," said Jester.

"We were locked in defensively for 32 minutes. Always a good night when 10 different players score."

Rider led the Spartans with 15 points while also dishing out nine assists. Gabby Crawley had 12 points and seven steals, Charli Wynne had nine points and Aniyah Fox had eight points and five rebounds.

The Spartans are at Hidden Valley on Friday for an RRD game, then they're in the Rock the Ribbon event at Rockbridge County High on Saturday. Salem will play host Rockbridge at 10 am in the all-day benefit.

Next Tuesday Salem is back home to host Christiansburg, and a week from tonight they host Patrick Henry, the only team to beat the Spartans.



PHOTO BY BRIAN HOFFMAN

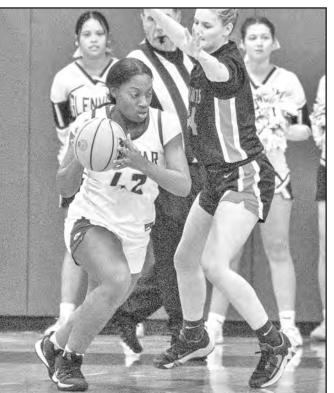


PHOTO BY REGINA DEVINNEY

Above, Glenvar's Matthew Smith (#5) blocks a shot in last week's win at James River. Left, Kamirah Watts of the Highlanders is guarded by a River girl when the two Three Rivers District teams played at Glenvar Friday night.

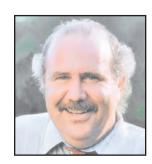


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Brian Hoffman



Former Salem High football coach Stephen Magenbauer often said Tony Spradlin had the best hands of anyone he ever coached. Now, new Roanoke College football coach Bryan Stinespring is hoping Tony turns out to be a good catch for his burgeoning program.

Spradlin has signed on to be an offensive assistant on Stinespring's growing staff. Tony officially

accepted an offer to coach and was on hand last Saturday when about two dozen potential Maroons

toured the campus for an official visit.
"I'm really excited," said Spradlin. "To forever be a part of this first Roanoke team will be really

be a part of this first Ko.

TONY SPRADLIN

nice. It's going to be a lot of fun and coach Stinespring is going to do a great job. He said we have a Division III program but we're going to run it like its Division I."

Spradlin graduated from Salem High in 2006 after an outstanding Spartan career. He was in Willis White's program his freshman and sophomore seasons, then played for Magenbauer his junior and senior years on backto-back state champion-

passes from Spartan quarterback Matt Shawver his junior year and Keith Gaines as a senior. He credits his Salem coaches for fueling his love of the game. "Coach (Jerry) Scharnus, coach (Richard) Goodpasture and coach Magenbauer really taught me

ship teams. He was a talented wide receiver, catching

a lot," he said. "Coach 'Goody' had so much energy, and I like to think I bring that same energy."

Tony went on to play at Concord University in West Virginia for a year, then transferred to

Christopher Newport University in Newport News, VA for three years. He got his degree from Concord and his Masters' from Radford University.

"I learned a lot in college that I'll use at Roanoke,"

he said. "John Caldwell was my receivers coach at Concord and he was really big into fundamentals.

Former Salem High receiver, Glenvar asst. coach joins football staff for new Roanoke College team

Then Curfew Speight was my coach at Christopher-Newport and he was also really good. I got a good base at Salem, but a lot of my philosophy comes from my college coaches. I learned that playing wide out is an art."

Spradlin coached under Jamie Harless at Lord Botetourt before coming to Glenvar with coach Kevin Clifford, where he's been since the 2019 season. Clifford put him in charge of the passing game and Tony developed a special bond with his receivers at Glenvar, a trait he hopes carries over to Roanoke College.

How Spradlin came to RC is interesting. When

the Alleghany High head coaching job opened a couple years ago he applied for the position and interviewed with Stinespring, who was the Alleghany athletic director at the time. Stinespring was impressed by Tony, but when Spradlin returned for a second interview Bryan had taken a job as an assistant football coach at VMI in the meantime and Tony didn't get the job.

Fast forward to Stinespring being named RC coach in November. Among his visits to the local schools was a stop at Glenvar where he reconnected with Spradlin.

"We talked a little bit that day, and I reached out to him about coaching at Roanoke," said Spradlin. "It turned out to be a perfect situation for me, because I always thought I'd like to coach in college and now I can still teach at Glenvar."

Spradlin teaches special education at Glenvar and is a co-teacher in History and English. He'll be able to retain that position and coach with the Maroons.

Tony becomes the fourth coach on Stinespring's staff, counting strength coach Scott Bennett. Mike Giancola was recently named the Associate Head Coach and Defensive Coordinator and Tony said he'll be working with Mitch Ferrick, who will be in charge of the offense.

The Maroons are planning on playing a jayvee schedule next fall with plans to have a full varsity schedule for the 2025 season. The Bast Center will



Tony plans to bring the enthusiasm he had at Glenvar to the Maroon gridiron.

be the home for the football program and Alumni Gym is being overhauled for what most folks call a weight room.

"They're not really calling it a weight room," said Spradlin. "It's going to be an 'Athletic Performance Center.' They're really doing this right. It's going to be a great place for kids to come to play football. Everything is going to be the best of the best. It's going to be Division III in name only."

Tony has a brother, Nick, who is an assistant coach at Glenvar and plans on returning to the Highlanders. Nick was a standout linebacker for Salem and most recently played on the Roanoke Rampage emergency services team. The Rampage play their home games at Salem Stadium, which will be the future home field of the Maroons.

Nick talked to Tony about playing for the Rampage, but he's going to be busy enough as Tony and his wife Amanda, who was a cross country coach at Glenvar up until the 2022 season, are expecting their second child. They have a young son, Dash, and the newest Spradlin is going to be a girl.

"We have a name picked out but I'm not allowed to say," said Spradlin. "The kids at school were trying to get me to say it, but she'd kill me if it got out."

You know, Roanoke College is also starting a competitive cheerleading program so there's no telling how many Spradlins are going to show up at Salem Stadium in the coming years.

Salem High wrestlers win the Big Blue, Highlanders fifth

Spartans and Glenvar will be battling on the mats again this Saturday at the Highlander Invitational

The Salem High wrestlers won the Big Blue Invitational in Christiansburg for the first time ever last weekend while Glenvar took fifth. The two local schools will be locking horns again this Saturday when Glenvar hosts the annual "Highlander Invitational" at the Glenvar High School gym.

Salem scored 220 points in the Big Blue to top runnerup Cave Spring, who had 209. Powhatan was next with 204, followed by Blacksburg with 168.5 and Glenvar was fifth with 160.5. There were nine teams that finished from an original group of about 20, but some opted not to return Saturday due to the frigid weather and ice on the roads.

"It was a great team win," said Salem coach Lawrence Van Liew.

Salem had eight wrestlers in the final and four came home with first place medals. The Spartans opened the final round by winning 106 and 113, as Patrick Patterson won 106 with a pin to improve his record to 21-10 and Derek Bush is now 27-1 after a pin in the 113 pound final. Also taking first places were Dylan Pugh at 157 and Linkin Callahan, who is now 20-1 at 215.

Four other Spartans made the final but finished second, Braden Armes at 126, Caden Wright at 150, Andrew Brooks at 190 and Jackson Bryle at 285. Robert Herndon was third at 285 and fourth places went to Charlie McDonald at 132, Tolin Saul at 165 and Tristan Pickrel at 215

Pickrel at 215.

Brooks lost to undefeated Chase Miller of Glenvar in the 190 pound final when Brooks broke his ankle. Andrew is now lost for the season with a 21-4 record while Miller is 19-0.

Also winning a championship for Glenvar was Ethan Flowers at 175. He won by Tech Fall in the final to boost his record to 20-3.

The Highlanders had three wrestlers win their conso-

lation final to take third place. Jacob Flowers took third at 106 along with Damien Williams at 150 and Josh Patsel at 157. Alan Vu was fourth at 113.

Salem also improved to 13-3 in duals last week,

defeating Northside, 43-24, Patrick County, 72-8, and William Byrd 48-28 in a quad at Northside. The Spartans improved to 13-3 in duals and were scheduled to wrestle a quad in Christiansburg Tuesday night with Blacksburg and Hidden Valley also competing.

Glenvar was scheduled to wrestle at Alleghany High on Wednesday, but results were too late for publication. Saturday's Highlander Invitational is scheduled to begin at 9 am with wrestling running right through to the finals.

There should be a good crowd of students for the Three Rivers District wrestling tournament next Tuesday at James River, as the River students can get out of class to attend. River will host the Three Rivers tournament at 1:30 pm on January 30 and the student body has been cleared to miss class and attend the wrestling event.



PHOTOS BY KYMN DAVIDSON-HAML

Above, Glenvar's Chase Miller(white singlet) battles Salem's Andrew Brooks in the Big Blue 190 pound final. Shortly after this photo was taken Brooks broke his ankle and forfeited, ending his season with a 21-4 record. Below, Salem's Dylan Pugh is on his way to a win over Caleb Terstegen of Cave Spring in the 157 pound final.

