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SALEM TIMES-REGISTER

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OurValley.org

Citizens brainstorm scores of ideas at Comprehensive Plan Community Workshop

Meg Hibbert
Contributing writer

The second Comprehensive Plan workshop Monday night produced scores of ideas of what Salem residents would like to see added to their community in the next 20 years.

Seventy-eight people spend 90 minutes in the East Salem Elementary School cafeteria brainstorming ideas that ranged from more connections to the Roanoke River Greenway, pocket parks with children's play equipment, a skate park, disk golf and possible arts center uses for the house and 1.3-acres

of the Tuttle property on Main Street between CVS and the Salem Post Office.

The workshop was sponsored by the Salem Planning Commission and Community Planning staff. Consultant Glenn Walters, a landscape architect and planner from the TownStudio firm, explained table exercises for participants to brainstorm and write ideas for "Back to Salem's Future Plan 2045".

The 12 groups sitting on little kids' stools at cafeteria tables came up with a

See **Brainstorm**, page 5



Wayne Atkins, left, and Betsy Freund talk about possible placement for more community greenspace uses at one of the workshop tables.



Glenn Walters of TownStudio consulting coordinated Monday night's community workshop.

PHOTOS BY MEG HIBBERT



COURTESY PHOTO

The Smile Virginia program recently visited South Salem Elementary.

Salem School Board updated on division's student services

Aila Boyd and Lisa King
aiboyle@mainstreetnewspapers.com

The Salem City School Board was updated on the division's student services during a work session ahead of its January meeting by Dr. Randy Jennings, director of student services, and Dr. Elizabeth Arthur, coordinator of student services.

Dr. Curtis Hicks, superintendent, said, "Meeting the mental and physical health needs of our students and staff is a top priority for our school division. The reality is that students can't learn when they are in crisis."

Dr. Arthur explained the presentation she gave when she said, "This year, 2023-24, we

have received several additional grants that are helping us put some community-based services and physical-based kind of health services into the school settings. As a part of these two grants, we have brought in additional programming, that's really what we were trying to

See **Services**, page 3

Salem Museum to hold Homeschool Days

The Salem Museum recently announced a new program for homeschool families. Homeschool Days will take place monthly for students ages five and up, giving students an opportunity to explore local history this semester.

Students will learn interesting stories from our past, and get to hold pieces of history in their hand. Each program will include an hour of hands-on history instruction, group discussions, and a scavenger hunt to encourage exploration of the Salem Museum's exhibits. The schedule, the museum said, is designed to give participants an opportunity to get to know other students.

Programs will be held on the third Wednesday of each month at 1 p.m., with a new topic each month.

The programs are as follows:

Colonial Virginia, Feb. 21

Learn about the founding of our country. Explore colonial life and our surprising local connections to the Revolutionary War.

Life 200 Years Ago, March 20

Have you ever wondered what the Roanoke Valley was like in the 1800s? Come discover how different life was long ago.

Civil War in Virginia, April 17

Join us to explore why Virginia was important during the Civil War. Learn what daily life was like for soldiers and their families back at home.

World War II and the Roanoke Valley, May 15



COURTESY IMAGE

The programs will cover Colonial Virginia, the Roanoke Valley, the Civil War and World War II.

World War II had a big impact on local families. Learn how local people influenced WWII both at home and overseas.

RSVP in advance is required. The fee is \$4 per student per session. All parents/teachers/chaperones are free. Registration for Museum members is free. Please call 540-389-6760 or email garrett@salemuseum.org to register.

-The Salem Times-Register

Shushok announces strategic planning, shared governance teams at Roanoke College

Draft of initiatives to be presented in May

Envisioning Roanoke College as an exemplar among small colleges navigating the rapidly changing higher education landscape, President Frank Shushok Jr. announced last month the establishment of a college-wide Strategic Planning Team and a Shared Governance Task Force.

Comprised of a representative cross-section of faculty, staff, administrators, students and trustees, these bodies reflect an expressed commitment by Shushok and the board of trustees for proactive and inclusive opportunities for constituents to work hand in hand to design a shared future, the college said.

"In conversations with colleagues, I'm struck by the creative ideas that they are eager to discuss, debate and test as we chart our path toward the next best version of Roanoke College," Shushok said. "We're poised to respond well to the challenges of the 21st century, and it's exciting to think about what we can dream into existence together."

The Strategic Planning Team is tasked with developing a ranked list of specific, actionable and measurable strategic initiatives for the college in each of three key areas, informed by the institution's mission, vision and five strategic goals. These areas include thriving as a focused and exemplary institution; championing student success, well-being and potential; and creating transformational learning experiences.

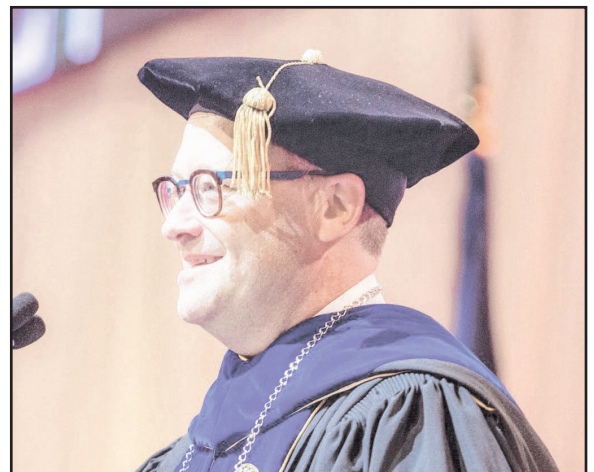
The college said that community engagement will be central to the team's work, as will reviewing community feedback and other relevant data, starting with the ideas collected during last fall's Community Day gathering for faculty and staff.

The college's previous strategic plan, "The Roanoke Difference: Live on Purpose," launched in 2017 and was completed in 2023. Much has changed in the world and in higher education since the conception of that plan, including a worldwide pandemic, the rise of artificial intelligence, substantive demographic shifts and increasing skepticism of higher education.

In his charge, Shushok called on the planning team to embrace a mindset of curiosity and experimentation and to be willing to travel in uncharted territory. "We must imagine how to fulfill our enduring mission in an ever-changing world," he said.

This charge reflects the challenge Shushok issued to the community during his inauguration last October: "As it has been for 181 years, the future of Roanoke College is ours to create and ours to become," he said. "Once again, we must bravely find the courage to imagine it together. And I mean

See **Shushok**, page 6



COURTESY PHOTO

Shushok

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Briefly: Salem News In Brief

First Mondays: The family-friendly events are held by Gary John, who manages the “Mason Creek” bluegrass group, and Vicky Sword from the center. The bluegrass/acoustic shows are free, but a tip bucket will be passed around for donations to the musicians. Cake raffles and door prizes will be offered. The event is on Monday, March 4: 7 p.m. - Mark & Karen Templeton and 8 p.m. - Seph Custer

Riley Green & Tracy Lawrence: Riley Green, the Academy of Country Music’s new male artist of the year in 2020, is set to make his first appearance at the Salem Civic Center. Green will be joined by Tracy Lawrence and opening act Ella Langley when he hits the arena’s historic stage on March 7, 2024. Tickets can be purchased at the Salem Civic Center Box Office Monday through Friday from 8 a.m. – 5 p.m. and online anytime at www.ticketmaster.com.

Raising Lazarus: The Search for Solutions with Beth Macy: The event will be on Tuesday, March 12 from 7:30-8:30 p.m. in the Olin Theater. To attend the lecture, register here: <https://www.givecampus.com/schools/RoanokeCollege/events/an-evening-with-beth-macy> James C. and S. Maynard Turk Pre-Law Program presents the Gentry Locke Lecture featuring journalist and best-selling author (Factory Man & Truevine), Beth Macy. She will discuss the unraveling of rural America, from the aftermath of globalization to the opioid crisis, the subject of her book, Dopesick.

A Dialogue on Freedom, Difference, and Civil Society with Dr. John Inazu: The event will be on Tuesday, March 15 from 7-8 p.m. in the Wortmann Ballroom in the Colket Center. Registration: <https://www.givecampus.com/schools/RoanokeCollege/events/an-evening-with-dr-john-inazu> The Henry H. Fowler Public Affairs Lecture Series hosts John Inazu, the Sally D. Danforth Distinguished Professor of Law and Religion at Washington University in St. Louis. He is the author of Liberty’s Refuge: The Forgotten Freedom of Assembly (Yale University Press, 2012) and Confident Pluralism: Surviving and Thriving Through Deep Difference (University of Chicago Press, 2016), and co-editor (with Tim Keller) of Uncommon Ground: Living Faithfully in a World of Difference (Thomas Nelson, 2020).

REO Speedwagon and Rick Springfield: Classic rock and roll hitmakers REO Speedwagon and Rick Springfield are once again joining forces on the road in 2024 and bringing their tour to the Salem Civic Center on Tuesday, March 26. Tickets range in price from \$35 to \$169. Tickets can be purchased at the Salem Civic Center Box Office or online at ticketmaster.com.

First Mondays: The family-friendly events are

held by Gary John, who manages the “Mason Creek” bluegrass group, and Vicky Sword from the center. The bluegrass/acoustic shows are free, but a tip bucket will be passed around for donations to the musicians. Cake raffles and door prizes will be offered. The event is on Monday, April 1: 7-9 p.m. – Maynard & Lee Palmer.

Rend Collective: Rend Collective, the popular Contemporary Christian worship band from Northern Ireland, is coming to the Salem Civic Center on Sunday, April 7, 2024, for a night of uplifting and upbeat praise music. The band is an eclectic collection of multi-instrumentalist performers who have produced two No. 1 albums on the Christian charts and produced a song of the year in “Counting Every Blessing.” Tickets, which can be purchased at the Salem Civic Center Box Office or online at ticketmaster.com, start at \$28 and go up to \$48.

Dustin Lynch: “Kill the Cowboy” tour: Country musician Dustin Lynch will perform at the Salem Civic Center on Friday, April 12, 2024, as part of his “Killed the Cowboy” tour with special guest Skeez. Tickets start at \$35.50. Lynch first appeared in Salem in 2015 when he starred on the final day of the Blue Ridge Music Festival at Salem Stadium. He was just starting to crank out hit songs back then, but he now has eight No. 1 songs, four top-5 albums, 10 gold and platinum certified singles, and he has tallied over 5.4 billion cumulative global streams. His sixth studio album is “Killed The Cowboy.”

First Mondays: The family-friendly events are held by Gary John, who manages the “Mason Creek” bluegrass group, and Vicky Sword from the center. The bluegrass/acoustic shows are free, but a tip bucket will be passed around for donations to the musicians. Cake raffles and door prizes will be offered. The event is on Monday, May 6: 7 p.m. – Mike Conner and 8 p.m. – Rarely Available.

Happy Trails Film & Television Festival: The festival will take place at CommUNITY Church in Salem on May 17, 18 and 19. There will be panels, workshops, special programming, autographs and a banquet. The event is billed as a “nostalgia/faith media convention for the whole family.”

First Mondays: The family-friendly events are held by Gary John, who manages the “Mason Creek” bluegrass group, and Vicky Sword from the center. The bluegrass/acoustic shows are free, but a tip bucket will be passed around for donations to the musicians. Cake raffles and door prizes will be offered. The event is on Monday, June 3: 7-9 p.m. – Eastern Divide.

First Mondays: The family-friendly events are held by Gary John, who manages the “Mason Creek” bluegrass group, and Vicky Sword from the center.

The bluegrass/acoustic shows are free, but a tip bucket will be passed around for donations to the musicians. Cake raffles and door prizes will be offered. The event is on Monday, July 8: 7 p.m. Virginia-Carolina Band.

First Mondays: The family-friendly events are held by Gary John, who manages the “Mason Creek” bluegrass group, and Vicky Sword from the center. The bluegrass/acoustic shows are free, but a tip bucket will be passed around for donations to the musicians. Cake raffles and door prizes will be offered. The event is on Monday, Aug. 5: 7-9 p.m. - Maynard and Lee Palmer.

First Mondays: The family-friendly events are held by Gary John, who manages the “Mason Creek” bluegrass group, and Vicky Sword from the center. The bluegrass/acoustic shows are free, but a tip bucket will be passed around for donations to the musicians. Cake raffles and door prizes will be offered. The event is on Monday, Sept. 9: 7-9 p.m. – The Guard.

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First Mondays: The family-friendly events are held by Gary John, who manages the “Mason Creek” bluegrass group, and Vicky Sword from the center. The bluegrass/acoustic shows are free, but a tip bucket will be passed around for donations to the musicians. Cake raffles and door prizes will be offered. The event is on Monday, Dec. 2: 7-9 p.m. – The Bluegrass Brothers.

Public meetings: The Salem City Council will meet on Monday, Feb. 12 at 6:30 p.m.

The Salem City Planning Commission will meet on Wednesday, Feb. 14 at 7 p.m.

The Salem City Council will meet on Monday, Feb. 26 at 6:30 p.m.

The Salem City Council will meet on Monday, March 11 at 6:30 p.m.

The Salem City Planning Commission will meet on Wednesday, March 13 at 7 p.m.

The Salem City Council will meet on Monday, March 25 at 6:30 p.m.

POLICE REPORT

City of Salem Police Department



Weekly Arrest Report

Week of January 23, 2024 – January 29, 2024

DATE	NAME	ARRESTS	OFFENSES
01/23/2024	Justin R. Tackett	34	Violation of Probation
01/23/2024	Kenneth W. Knott	38	Petit Larceny, Damage Property
01/23/2024	Cole A. Plymale	25	Damage Property
01/24/2024	Candace N. Martin	40	Public Intoxication
01/24/2024	Matthew T. Whitt	36	Failure to Appear, Obstructing Justice
01/25/2024	Malcolm D. Ferguson	42	DUI
01/26/2024	Michael D. Reid	48	Criminal Trespass
01/26/2024	Shayna J. Lester	30	Criminal Trespass
01/26/2024	Preston D. Pittman	38	Shoplifting
01/26/2024	Aaron J. Lester	39	Criminal Trespass
01/28/2024	Christopher E. Stepniak	42	Contempt of Court
01/28/2024	Brian M. Walton	48	Shoplifting
01/29/2024	Dustin J. Reid	34	Assault & Battery, Damage Property, Conceal Merchandise, Possession of Ammunition by Convicted Felon
01/29/2024	Brandon S. Handy	31	DUI

City of Salem Police Department



Weekly Crime Report (Felony Cases)

Week of January 23, 2024 – January 29, 2024

DATE REPORTED	LOCATION	OFFENSE REPORTED
26-JAN-2024	1400 BLK Brushy Mountain Dr	Grand Larceny
29-JAN-2024	1800 BLK W Main St	Possession of Ammunition by Convicted Felon, Damage Property,

SALEM MUSEUM SPOTLIGHT



COURTESY PHOTO

Betsy's Little Library

Calling all readers! Betsy’s Little Library is a newcomer to the Salem Museum’s grounds. A delightful addition to the neighborhood, it was designed and built by Ray Ward, and stocked with books for all ages by Jane Ward, in memory of Betsy Vannoy. The Library is a miniature version of the Museum’s Williams-Brown House.

Betsy, an avid reader, opened The Paperback Exchange, an independent bookstore with two locations that became a Roanoke staple for over 25 years. She cherished her relationships with her employees, her customers,

and the organizations she supported through her many book donations, such as to the Roanoke Rescue Mission, to various school reading programs, and to American military units serving abroad. Betsy’s Little Library was given by her children: Susan Vannoy Garnand, Jane Vannoy Ward, Jim Vannoy, and Nancy Vannoy Totten.

Visit the Salem Museum to see Betsy’s Little Library and learn more about local history.

The Salem Museum is open Tuesday through Saturday from 10 a.m.-4 p.m. and located at 801 E. Main St.

Business REVIEW

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Quilts can be dropped off Monday through Friday between 9 a.m. and 5 p.m. at 305 Roanoke Boulevard in Salem

RECIPE OF THE WEEK

Super Bowl LVII will be played on Sunday, Feb. 11. The Super Bowl has served as the final game of every NFL season since 1966. It is watched by Americans more than anything else on television. Unlike other championships, it takes place over the course of a single game. It's easy to plan for and only takes a few hours on a Sunday in winter. When the NFL moved the game to primetime in 1978, the result was the most watched Super Bowl to date. The Super Bowl has advertisers that use a chunk of their advertising budget to advertise during the game. During the 1984 game, Apple introduced the Macintosh computer to the world; it was the first all-in-one personal computer to be a mass-market success and the commercial ran just the one time. At halftime, some of the most popular musicians take the stage to perform. While in recent years it has dropped in the ranks of popular gigs for entertainers, it still is looked forward to by millions of viewers.

Whether you watch for the football, the commercials or the half time show the Super Bowl counts as a food holiday. According to the National Chicken Council, there is National Chicken Council- Americans eat more than 100 million pounds of chicken wings on Super Bowl Sunday alone. That's more than 1.25 billion individual wings. Other game foods include pizza, queso dip, chili, chips and salsa, cocktail meatballs, sub sandwiches, burgers, and hot dogs. This week's recipes are good additions to that roundup.

Buffalo chicken meatballs

Ingredients:

- Oil spray or non-stick spray
- 1 ¼ lb ground chicken
- ¼ cup panko crumbs
- 1 large egg
- 2 scallions chopped
- 1/3 cup finely minced celery
- 1/3 cup finely minced carrot
- 1 clove garlic crushed
- Salt and pepper to taste
- 1/3 cup Franks Hot sauce
- ¼ cup blue cheese dressing, optional

Instructions:

Preheat the oven to 400°F. Lightly spray a baking sheet with oil. In a large bowl, combine the ground chicken, panko crumbs, egg, scallion, celery, carrot and garlic. Season with salt and pepper to taste. Using clean hands mix until combined. Roll the mixture (1/8 cup each) into 26 round meatballs. Place the meatballs onto prepared baking sheet and bake until cooked



Shelly Koon
Contributing
Writer

through and golden, about 16 to 18 minutes. Place the meatballs in a bowl, add buffalo sauce and gently toss to coat. Serve with blue cheese dressing, if desired.

Slow cooker Rubeen dip:

Ingredients:

- 1 jar/can (14 ounces) sauerkraut, rinsed and well drained
- 1 8 oz package cream cheese cubed
- 2 cups shredded Swiss cheese
- 1 3 oz package deli corned beef, chopped
- 3 Tablespoons prepared Thousand Island dressing
- Snack rye bread or crackers

Directions:

In a 1 ½ quart slow cooker, combine the first 5 ingredients. Cover and cook on low for 2-3 hours or until cheeses are melted. Stir to blend. Serve warm with bread or crackers. You can also heat this in the microwave on high for 1 minute intervals stirring and checking each minute until cheeses are melted.

Pizza balls:

Ingredients:

- 1 pound ground Italian sausage
- 1 16 oz package Shredded mozzarella cheese
- 2 cups baking mix
- 1 chopped green pepper
- 1 yellow onion, chopped
- 1 cup pizza sauce, divided
- 1 teaspoon garlic powder
- 1 teaspoon Italian seasoning or to taste
- Salt and black pepper to taste

Preheat oven to 375°F. Lightly grease a large baking sheet. Mix the Italian sausage, shredded mozzarella, baking mix, bell pepper, yellow onion, ½ cup pizza sauce, garlic powder, Italian seasoning, salt and pepper together in a large mixing bowl until well combined. Roll the sausage mixture into 1 inch balls, arrange on prepared baking sheet. Bake pizza balls in the oven until lightly browned, about 23-25 minutes. Serve hot with pizza sauce for dipping.



COURTESY PHOTOS

Services

from page 1



Arthur



Schuyler-Meadows



Haymaker



COURTESY PHOTOS

South Salem nurse Angie Bryant checking the temperature of a student early in the school day.

highlight to the board. We have had traditional services such as TDT (therapeutic day treatment), music therapies, amongst others. We've had those in schools. We are also able to integrate them with the additional grant funding. That's what we wanted to say to the board, we have never not had services, but those services are here, plus now we have a couple new ones because we got a couple of these grants."

The grants that are used to help support the division's efforts include School Based Mental Health Grant (\$151,000 for school year 2023 and \$195,000 projected for school year 2024), Community School Grant (\$133,000 for school year 2024), Virginia Partnership for Mental Health and Virginia Foundation for Healthy Youth—Vaping Prevention Grant (\$151,000 for school years 2025-27).

She noted that her team is focusing on school-based mental health.

"We really are focusing on our school-based mental health group. It has allowed us to purchase into a program called ParentGuidance.org, and they really focus on three things: one is parent coaching. We are recognizing that in the community, it is taking longer and longer to get into mental health services. So, while parent coaching is not a mental health service, it is a coaching service, which sometimes is just what parents need."

That program is available for the entire year. It was purchased in October of 2023 so it's good through October of 2024. The division is hoping to redo it again next year for the fiscal school year 2024-25. "We are really trying to push that program out because it is completely free to our faculty, our staff, our families. And when I say families that can include grandparents, aunts, uncles, etc. It is an amazing service that is there for our families, and again, it is completely free," Arthur said.

The website also has an opportunity for families to Ask A Therapist. There can be questions that other families have asked and the counselor on staff has some posted responses to those more common questions, but participants can also ask their own questions as well. There's also the opportunity to do some skill building, which involves a library full of different topics. They have videos that families can view and learn more about those particular skills. "Parent guidance is really what we were pushing. We really wanted the school board to know about that because we feel that is a phenomenal resource for our families, as well as our faculty and staff," said Arthur.

Arthur also talked about the Parent Workshop, which is part of the parent guidance effort. "We have done two parent workshops on Zoom and we have one more to go in March. We have also

been doing some workshops in person, face-to-face, at Andrew Lewis in the evenings. We have done two of those and our next one will be on Feb. 13," she said.

The division's student services efforts are also focusing on promoting its counselors.

"We have been able to hire some clinical counselors; we have two that are LCSWs and another that is contracted with Mainstream Mental Health. Those clinical counselors are in the school setting Monday through Friday, pretty much from 8-4, to do strictly individual work with students, one-on-one, and they also do some small group work as well," she explained. "That differs from our school-based counselors, who in the old days we called guidance counselors; they are now just referred to as counselors. They do the academic portion, the registration, the guidance, the classroom academic work plus working with the kids. But these clinical counselors do strictly clinical work with the kids in the school setting with the parents' permission."

That is intended to be a short-term service, not intended to replace out-patient services or community-based services. Typically, there are six to eight sessions for the kids that meet the eligibility for that level of care. And typically, the eligibility is that the kids are in a significant level of crisis.

"We would love to serve all 900 kids at Andrew Lewis but many of those kids have counselors on their own or aren't demonstrating the crisis level that impacts in the school setting," she said. "These clinical counselors are focusing on those kids that are really having a significant level of anxiety, maybe school phobia, refusing to come to school, or attendance issues, that type of thing."

At the beginning of the PowerPoint Arthur presented, it shows the most commonly diagnosed mental health disorders in children from 2016-19: ADHD 9.8%, Anxiety 9.4%, Behavioral problems 8.9% and Depression 4.4%. "And that was before the pandemic, before it exacerbated our mental health issues. But our mental health issues have always been there. Yes, those percentages have increased, but they were there beforehand too," Arthur explained. The challenge is that the research is showing that not too many of the students received treatment in the community from a provider and that if they could get some additional treatment then their school success should go up too.

The division also meets the physical needs of students through a number of initiatives, including dental services The Patriot Walkamolies.

"As the saying goes, 'students must be healthy to be educated and educated to be healthy,' and our Salem School Division nurses help build the bridge between healthcare and education by helping to provide access to dental care," Anna

Haymaker, the division's nurses coordinator, said.

February is National Children's Dental Health Month and cavities are the most common yet preventable disease of childhood, the division said. To combat that, Smile Virginia, an in school dental program, has been providing dental services like x-rays, cleanings, sealants, extractions and fillings at each of our schools for eligible students since the spring of 2023.

In January of this year, New Horizons Healthcare provided a successful school-wide dental screening at G. W. Carver Elementary for over 370 students. They will be at East Salem Elementary later this month doing more good work.

Haymaker added, "The Salem City School nurses find value in health promotion. We realize that for some of our families there may be barriers to receiving dental services, so we are excited to bring dental care into the school and help remove access barriers. "It is rewarding and meaningful to grow this community relationship and partner together on behalf of our students' oral health."

Additional physical health needs are being met by East Salem Elementary Nurse Angela Schuyler-Meadows, who started a small after school program, The Patriot Walkamolies, for interested fourth and fifth graders. The focus of this program is on encouraging healthy habits, walking and physical activity. The real highlight is making healthy, fun and tasty snacks. Fleet Feet of Roanoke also donated pedometers so that the students can track their steps.

In reflecting on why she is so passionate about serving the students of Salem, Arthur explained that she's been working on these types of issues in the Roanoke-Salem area for the past 25 years. "I was an LCSW worker out in the field before I came into the school division. I recognize the true mental health needs that our kids are struggling with every single day. And the opportunity to be able to provide services that are going to build their strengths and be strength focused while being able to achieve their educational goals and to have some sort of credentials to make their lives better is of the utmost importance to me," she said.

"Elizabeth Arthur's leadership, with support from Randy Jennings and Anna Haymaker, along with resources secured through the School-Based Mental Health Grant and the Community Schools Grant, combined with additional local funding is ensuring that students and families have access to the health resources they need," Hicks said. "Dr. Arthur's new role as the Coordinator of Student Services has paid huge dividends in her first year and all of these resources and services ensure that students get the mental and physical health support they need so that they can focus on learning and growing."

OPINION

While spending and securing our Southern border were continued topics of discussion, it was great to be back in the Sixth District meeting last week with folks and listening to how Washington can better serve them. Central to their concerns was how best we can address and stop the flow of illegals into our Nation, while reign in out-of-control spending. Unfortunately, America's economic recovery was dealt a massive blow as the Biden administration bowed to liberal elites and announced a plan to freeze permits for exporting liquified gas. Additionally, we paused and reflected on the millions of lives lost on Holocaust Remembrance Day. As Congress debates these and other issues, I will continue to fight to ensure that the federal government is working for the Sixth District residents.

Attack on American Energy

On Jan. 26, Joe Biden's Department of Energy announced that they would freeze permits for liquified gas exports (LNG), further submitting to the global elites climate agenda. Once again, folks would bear the brunt of these climate change policies, potentially being forced to spend more on residential uses for natural gas, including cooking, heating homes and generating electricity. Additionally, commercial uses for natural gas include heating, generating



Ben Cline
Congressman

electricity, manufacturing products like fertilizers, paints, and medicines, and occasionally fueling commercial vehicles.

The last thing Virginians want is more burdensome regulations that puts a leftist environmental agenda ahead of the needs of the American people. Rest assured, House Republicans will continue to fight for American energy independence and demand that this decision is reversed immediately.

Record Breaking Border Crisis

President Biden and Secretary Mayorkas' border crisis has turned every city and state in this country into a border city and border state. The chaos unleashed by their policies has spread throughout the country, whether in the form of the fentanyl crisis, rising crime, or massive strain on schools and other community services. Last week, CBP reported that

there were a record 302,034 illegal migrant encounters in December, and 19 individuals arrested who were on the FBI's terrorist watchlist. This comes on the heels of illegal crossings setting records in October and November of 2023.

Secretary Mayorkas has willfully and systematically refused to follow the laws passed by Congress, and he has violated the separation of powers and acted with deliberate indifference to the clear evidence of lawlessness at the border and in our Nation's interior. Having exhausted all other options to hold him accountable, it is unmistakably clear to the American people that Congress must exercise our constitutional duty and impeach Secretary Mayorkas.

Holocaust Remembrance Day

On Jan. 27, we paused and reflected for Holocaust Remembrance Day. We will forever remember the deaths of millions of innocent Jews that were taken away during the Holocaust. We must never forget and we shall continue to fight against antisemitism wherever we find it.

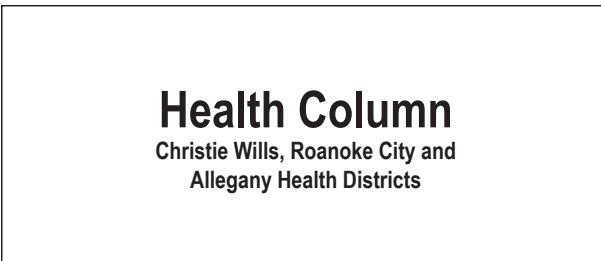
Thank you for the opportunity to serve as your Congressman. If my office can ever be of assistance, please contact my Washington office at (202) 225-5431.

American Heart Month - Cardiovascular health

Heart disease is the leading cause of death in the United States as well as in Virginia. February is American Heart Month, a time to take steps to reduce your risk of heart disease. According to the National Institutes for Health, the major risk factors for heart disease include:

- High blood pressure or high blood cholesterol
- Prediabetes or diabetes
- Smoking
- Lack of regular physical activity
- Unhealthy eating behaviors
- A family history of early heart disease, for example if your father was diagnosed before age 55, or your mother was diagnosed before age 65
- A history of preeclampsia, when blood pressure rises suddenly during pregnancy
- Age (ages 55+ for women, and 45+ for men)

Each risk factor increases your chance of developing heart disease. The more risks you have, the higher your overall risk. By taking preventive measures to change some of these risk factors, you can lower your risk of developing heart disease that could lead to a heart



Health Column
Christie Wills, Roanoke City and
Allegany Health Districts

attack.

Having a healthy lifestyle is the best way lower your chances for serious heart disease. Take steps today to improve your health- steps including quitting smoking, choosing heart-healthy foods, being physically active, getting enough good-quality sleep, aiming for a healthy weight, getting your blood pressure and cholesterol checked, and managing your blood sugar.

If you smoke or use tobacco, quit. If you don't use tobacco, don't start — and do your best to avoid secondhand smoke. Quit Now Virginia (800-QUIT-NOW) provides free telephone- and web-based tobacco cessation coaching to all Virginians over age 13 who are interesting in kicking their nicotine habit, as well as for people looking to help a loved one to quit. A range of coaching services is available for all tobacco usage: cigarettes, cigars, e-cigarettes, vaping, and smokeless tobacco products like snuff, snus, and

dip. Access to tobacco cessation medication known as "nicotine replacement therapy (NRT)" is also available, usually in the form of patches or gum.

With respect to healthy eating, when we eat highly processed foods that contain unhealthy fats, sodium, and added sugar, or consume too much alcohol, or smoke, we risk narrowing the blood flow to the heart and increase the risk of heart attacks. To make heart-healthy changes, limit your use of alcohol and add more whole foods, such as vegetables, fruits, beans, whole grains, nuts, and lean proteins. Even in winter months, Feeding Southwest Virginia has monthly mobile marketplace stops where anyone can shop for fresh vegetables in our outlying areas, such as in Covington, New Castle and Buchanan.

Getting at least 150-300 minutes of physical activity each week, and visiting your healthcare provider to know your numbers, such as your blood pressure and cholesterol levels, can also help protect your heart. Getting enough sleep helps heal and repair your heart and blood vessels. Not getting enough sleep or good-quality sleep over time can raise your risk for chronic health problems.

If you are concerned about any of your risk factors, talk to your health care provider about getting them in healthy ranges. Celebrate yourself by reducing controllable risk factors for heart disease to lower your risk of developing heart disease.

SALEM TIMES-REGISTER

*A newspaper of, by and for the people of
the City of Salem and Roanoke County.*

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Give us your view:

The Times-Register encourages letters from our readers on topics of general interest to the community and responses to our articles and columns. Letters must be signed and have a telephone number where you can be reached to be considered for publication. All letters will be verified before publication. The Times-Register reserves the right to deny publication of any letter and edit letters for length, content and style.

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For the love of reading

Kids activities:

Show the library some love and participate in the SPL Winter Reading Challenge "For the Love of Reading" and win Stickers! Prizes! Books! Totes! or Gift cards! Sign up at Salemva.Beanstack.org.

Wednesdays in Feb.: 3:15 p.m.; Barks and Books: Read with a therapy dog. Grades 1-5. Register at salemva.libcal.com.

Thursdays in Feb., 10:15 a.m.; Book Babies: Special Storytime designed especially for infants and crawlers. Register at salemva.libcal.com.

11 a.m.: Story Explorers: Children aged 0-5. Register at salemva.libcal.com.

Tuesday, Feb. 13, 3:30 p.m.: Middle School Book Club; "Percy Jackson: The Last Olympian." Register at salemva.libcal.com.

Library Corner

Empowering individuals to
build a stronger community
Benita VanCleave

Saturday, Feb. 17, 11 a.m.: Unmentionable Storytime; This Storytime is all about undies! Register at salemva.libcal.com.

Friday, Feb. 23, 3:30 p.m.: Middle School Graphic Novel Book Club. Register at salemva.libcal.com.

Adult activities:

Monday, Feb. 12, 6 p.m.: Silent Book Club. Join us with your current read!

Tuesday, Feb. 13, 6:30 p.m.: True Crime Book Club "Hell's Half-Acre" by Susan Jonusas.

Wednesday, Feb. 20, 4 p.m.:

Virtual Author Talk—Jason Mott "Exploring Identity and Being Black in America"; Register at www.salemlibrary.info to attend LIVE STREAMING in the library!

6:30 p.m.: Nonfiction Book club: "The Wager" by David Grann

Announcing The Friends of the Salem Library (FOSL) Early Spring book sale: March 1- 3

Friday, March 1: 10 a.m.-noon: Friends members Only Presale: 10 a.m.-noon

12-5 p.m.: Public sale begins.

Saturday, March 2: 10 a.m.-5 p.m.

Sunday, March 3: 1-4 p.m. (Bag Day!)

Donations made to The Friends of the Salem Library are tax deductible. Join the FOSLs to get early access to the sale. Come and participate as an active member.

CROSSWORD PUZZLE

1	2	3			4	5	6	7			
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16						17					
18				19	20						
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	34						35				
36							37				
38								39			
40								41			
42									43		

CLUES ACROSS

1. One point south of due east

4. Coagulated blood

8. Fortifying ditch

10. Devotee of Hinduism

11. Trunk of a tree

12. Bank note

13. Capital of Guam

15. Study again

16. Covered with hoarfrost

17. Opening

18. Legendary Rolling Stone

21. Stray

22. Computer storing system

23. Signal

CLUES DOWN

1. A way to board

2. Get down

3. Highly seasoned sausage

4. First day of month

5. Eurasian shrubs

6. The organ that bears the ovules of a flower

7. Small lake

9. Belief

10. Sunrooms

12. Metric weight unit

14. Vasopressin

15. Bravo! Bravo! Bravo!

17. One-time family room staple

19. Got back together

CLUES DOWN

20. Anger

23. Sang merrily

24. Sea eagle

25. Military men

26. Kilo yard (abbr.)

27. Found in the sea

28. Protects from weather

29. Type of medicine

30. City along the Rhine

31. Animal disease

32. Martini ingredients

33. Get away

34. Lack of disunity

36. One-time European Commission officer

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V DOT ROADWATCH

Interstate 81
INTERSTATE 81 LANE WIDENING CONSTRUCTION PROJECT EXIT 137 TO EXIT 141 – The \$179 million design-build project to widen both directions of I-81 between mile markers 136.6 and 141.8 from two to three lanes is underway. Work is being performed along a five-mile section of both northbound and southbound Interstate 81 in Roanoke County and the city of Salem. Barrier wall is in place along the shoulders. Two lanes of I-81 traffic in each direction are expected to remain open during the project with periodic lane closures scheduled during nighttime hours or outside of peak travel times as needed. Drivers can expect the following lane closures and upcoming traffic impacts in this area on northbound and southbound I-81:

ADDITIONAL TRAFFIC IMPACTS:
WORK ZONE SPEED: Drivers should adhere to posted 60 mph speed limits in the work zone and allow space when following a vehicle. Narrow spacing in lanes due to barrier walls, lack of shoulders and lane shifts in various locations, are present.

TRAFFIC SHIFTS ON WILDWOOD ROAD: Expect a work zone with traffic shifts and narrow width on Wildwood Road after exiting I-81 southbound on exit 137 heading towards Salem. Southbound and northbound I-81 exit and entrance ramp narrows are possible at Route 311.

TRAFFIC SHIFT ON EXIT 140: Drivers may experience a periodic quick merge into traffic onto Thompson Memorial Drive from the southbound exit ramp of exit 140. Work zone located at bottom of the ramp for work on the I-81 bridge at the underpass.

RAMP CLOSURES: Ramp closures are possible during nighttime hours, 12 a.m., to 5 a.m. Drivers should watch for message boards dates and times the ramp will be closed.

LANE CLOSURES: Alternating left and right lane and shoulder closures during nighttime hours between 8 p.m. and 6 a.m., Sunday through Thursday, are possible. Lane widths will be reduced to 11 feet. Nightly lane closures may be in place along the right lane with possible nightly ramp narrows as needed for guardrail and shoulder strengthening. The project also includes replacing six bridges, widening two bridges, installing approximately 2.6 miles of sound barrier walls along northbound I-81, improving the southbound exit 137 off-ramp intersection at Wildwood Road and adding interchange lighting at exits 137, 140 and 141. Expected completion in early 2026.

I-81 NB & SB BRIDGE REHAB OVER ROUTE 100 AT EXIT 98 - Beginning late March 2024, work will begin on I-81 rehabbing the northbound and southbound bridges over Route 100 at Exit 98. Lane and shoulder may be in place on Route 100 north and on I-81 northbound and southbound, 8 p.m. – 6 a.m. Flagging operations may also be in place on Route 100 north for up to eight-minute slow rolls. Both northbound and southbound on and off ramps at exit 98 for I-81 traffic will remain fully operational for the duration of this project. Estimated completion date is summer 2024.

I-81 NB & SB BRIDGE REHAB OVER ROUTE 100 AT EXIT 98 - Beginning late March 2024, work will begin on I-81 rehabbing the northbound and southbound bridges over Route 100 at Exit 98. Lane and shoulder may be in place on Route 100 north and on I-81 northbound and southbound, 8 p.m. – 6 a.m. Flagging operations may also be in place on Route 100 north for up to eight-minute slow rolls. Both northbound and southbound on and off ramps at exit 98 for I-81 traffic will remain fully operational for the duration of this project. Estimated completion date is summer 2024.

I-81 NORTHBOUND AT EXIT 105 NEW RIVER BRIDGE REPLACEMENT IN MONTGOMERY COUNTY – Traffic on northbound I-81 has been switched onto the newly constructed bridge over the New River at the Montgomery/Pulaski County line. Lane and shoulder closures may be in place near exit 105. Lane closure may be in effect during the week from 8 p.m. to 7 a.m. Shoulder closures may be in effect at any time during the week. Slow rolls may be performed on I-81 in the north and southbound lanes from mile marker 98 to 109. Speed limit is reduced to 60 miles per hour in the work zone. Shoulder closures will remain in place though the duration of the project. Project completion is estimated for Summer 2024.

LANE CLOSURES: Beginning December 10, nighttime alternating lane closures are possible on I-81 northbound between mile markers 104-106 from 7 p.m. to 6 a.m. the following morning.

ROUTE 605: Alternating lane closures and flagging operations may be present on Route 605, located under the New River Bridge, for paving operations and work overhead on the bridge.

SLOW ROLLS: A slow roll operation will be in place on Monday, January 22 and Tuesday, January 23 on I-81 northbound from mile marker 104 and 106 between the hours of 9 a.m. and 2 p.m. Slow rolls may be utilized periodically on both the northbound and southbound lanes from mile marker 98-109 for structural steel deliveries and setting beams.

I-81 BRIDGE DECK REPAIRS – Weather permitting, crews will repair bridge decks on Interstate 81. Between mile markers 170 to 89, right and left lane closures will be in place northbound and southbound during nighttime hours, 9 p.m. to 6 a.m. the following morning. Drivers should watch for signs and expect possible delays.

Roanoke County
SIDEWALK PROJECT ON SOUTHBOUND WILLIAMSON ROAD IN HOLLINS AREA - Work is underway on a project to construct new sidewalk along the section of southbound Route 11 (Williamson Road) between Plantation Road and Peters Creek Road. Drivers in the Hollins area can expect periodic right lane closures on southbound Williamson Road between 9 a.m. and 2 p.m. As work progresses, occasional nighttime lane closures also will be scheduled. The sidewalk project is expected to be completed in summer 2024.

APPALACHIAN TRAIL BRIDGE OVER ROUTE

311 – A new pedestrian bridge is under construction over Route 311 at McAfee Knob trailhead. The trailhead parking lot is currently closed and will remain closed during construction. Flagging operations will be in place daily with occasional slow rolls during nighttime hours are possible to stop traffic for up to 15 minutes at a time for setting bridge beams.

STARKEY ROAD AND BUCK MOUNTAIN ROAD ROUNDABOUT – A road project to construct a single-lane roundabout at the intersection of Route 904 (Starkey Road) and Route 679 (Buck Mountain Road) is in progress. The new roundabout is now open to traffic and drivers should be aware of the new roundabout configuration. There will be occasional flagging operations in place between the 9 a.m. and 3 p.m. at the intersection of Starkey Road and Buck Mountain Road, drivers should still expect lane closures with flaggers controlling traffic for final paving, additional concrete pouring and pavement marking until the project is finished. Final completion is expected in late spring 2024.

LANE CLOSURES WITH FLAGGING OPERATIONS: Lane closure times of 9 a.m. to 3 p.m. have resumed due to school now being in session.

ROUNDABOUT: The roundabout configuration has been set up. This means drivers should continue around the circle without turning left and that drivers in the circle have the right of way.

BLUE RIDGE PARKWAY CLOSURES IN ROANOKE AREA - Blue Ridge Parkway will be repairing slope failures and road closures with detours may be in place. Visit their website at www.nps.gov/blri/playourvisit/roadclosures.htm for more information.

MOUNTAIN VALLEY PIPELINE - Mountain Valley Pipeline is expected to begin full construction again by mid-July. Temporary intermittent flagging operations will be in place in the county throughout the remainder of the project (with a tentative completion date of February 2024) to load/unload equipment at crossings and construction entrances. Scheduled completion is February 2024.

Craig County
MOUNTAIN VALLEY PIPELINE – The Mountain Valley Pipeline construction project is underway. Temporary intermittent flagging operations will be in place in the county throughout the project to load/unload equipment at crossings and construction entrances. Scheduled completion is February 2024.

Montgomery County
WATERLINE PROJECT TO IMPACT TRAFFIC - Intermittent lane closures are in place on Route 658 (Meadow Creek Road), Route 693 (Childress Road) between Meadow Creek Road and Route 8 (Riner Road) between Meadow Creek Road and Route 1097 (Turnberry Lane) for a water line infrastructure project. Expected completion in late 2024.

MOUNTAIN VALLEY PIPELINE – The Mountain Valley Pipeline construction project is underway. Temporary intermittent flagging operations will be in place in the county throughout the project to load/unload equipment at crossings and construction entrances. Scheduled completion is February 2024.

FROM THE ARCHIVES

MACHINE WORKS FIRST OF LARGE RKE INDUSTRIES

Machine Works Employed About A Thousand Men In The Past—Now One Of Greatest In United States

From the 1938 centennial edition of The Times-Register

Fifty-seven years ago, Roanoke County's first big industry came to Big Lick—the Roanoke Machine Works, which was later to become the great Norfolk and Western Roanoke Shops. News that the Machine Works would be established in the little village was received with rejoicing by the citizens of the entire county and surrounding territory.

Described in the old days as “the greatest car and locomotive manufacturing plant in the South,” the Roanoke Machine Works was organized on November 19, 1881. Construction started in 1882, and in the following year the plant was completed. The capitol stock of the company was \$5,000,000. This “great plant, constructed for the purpose of building and repairing engines and cars of the Norfolk and Western and the Shenandoah Valley railroads, as well as doing similar contract work for other railroads of the land,” was the talk of the State.

The machine works employed about a thousand men and gave an impetus to business of every kind. A historian of the day, describing the beneficial results of the town's new industry wrote in part as follows:

Shops Started Prosperity
 “The building of these shops and the installation of their equipment placed the general business conditions of the city on a solid foundation and its progress from now on is assured.” He was right. The young town and county made tremendous strides. Dozens of new homes were built. New stores were opened. Big Lick changed its name to Roanoke and definitely established itself as the trading center for the rapidly developing Empire of Southwestern Virginia.

During the more than five years of

its existence, the Roanoke Machine Works, now Norfolk and Western shops, has grown to be one of the largest, most modern and efficiently operated railroad shops in the Untied States, employing several thousand men and spread out over an area of 145 acres. While primarily repair shops, the skilled mechanics of the gigantic plant can turn out “everything from a pin to huge, modern locomotives weighing a million pounds.”

The Roanoke Machine works as originally constructed consisted of a smith shop, machine shop, erecting shop, foundry, planning mill, lumber dryer, storehouse and car roundhouse. Within the past several decades these facilities have undergone a complete metamorphosis. Shop structures have been rebuilt and enlarged. New departments have been added. Outdated equipment has been replaced by the most modern and efficient machinery that can be bought. The working conditions of shop employees are unexcelled in any similar plant. Safety and accident prevention is the watchword of every worker.

Spent \$2,500,000 In 1923

The development of the Roanoke shops is a saga of progressive improvement, evidenced by the fact that since 1923 alone the Norfolk and Western has expanded approximately \$2,500,000 for new, modern shop machinery, and several hundred thousand dollars for new shop buildings.

The machinery in the old machine shop was belt driven from a double crank, horizontal steam engine. Light was furnished by gas jets, and candles were used on the machines by the workmen. That is the picture of the old days. During the years the railroad has made constant improvement in equipment, working conditions, and efficiency. In 1926, the N & W

expended \$655,000 for the construction of a new machine shop building, which is today considered one of the most modern machine shops in the United States.

The erecting shop and foundry have been consistently improved and enlarged. The smith shop, which was enlarged in 1902, 1910, and 1914, was replaced in 1930 with a new modern, fireproof building at a cost of \$235,000. When the new structure was erected, all the machinery was rearranged for greatly increased efficiency of operation. Two heavy forging furnaces, and a preheating furnace for burning pulverized coal, and other up-to-date facilities were installed.

Still, another great improvement in the shop plant was the construction of a new boiler shop in 1924 at an expenditure of \$173,000. Modern in every respect, this shop built the first completely electrically welded locomotive firebox in the country.

Other major construction projects and betterments made in the Roanoke Shops since 1923, include a roundhouse, \$400,000; oil house, \$65,000; storehouse, \$45,000; scrap building wharf, etc., \$36,000; and a two-story addition to the commissary building, \$46,000.

In addition to those already mentioned, the railroad has many other departments in its local shops; a tank shop, wheel and axle shop, frog shop, paint shop, passenger car shop, freight car shop, and planning mill.

While the Norfolk and Western has forged steadily ahead in a progressive program of shop betterment, it has made extensive additions to other terminal facilities, general offices, etc.

In 1931, the railroad completed a modern new office building at a cost of more than \$800,000. This structure is regarded as one of the finest office buildings in the State.

**MACHINE WORKS
 FIRST OF LARGE
 RKE. INDUSTRIES**

**Machine Works Employed
 About A Thousand Men
 In Past—Now One
 Of Greatest In
 United States**

Fifty-seven years ago, Roanoke County's first big industry came to Big Lick — the Roanoke Machine Works, which was later to become the great Norfolk and Western Roanoke Shops. News that the Machine Works would be established in the
 (Continued on page 100)

FROM THE TIMES-REGISTER ARCHIVES

During 1936 the N & W completed a new classification or storage yard and other facilities in the West End Yards at an outlay of approximately \$300,000, which greatly expedited the movement of traffic in and out of Roanoke and increased the efficiency of the terminal. The project included 1,400-foot extensions of 14 tracks in the Park Street Yard, increasing the capacity from 60 to 85 or 90 cars to each track; the construction of a classification and storage yard with nine new tracks, holding 20 cars each; and the extension of six eastward forwarding tracks 1,300 feet, increasing the capacity of each track from 70 to 100 cars.

The Norfolk and Western has in Roanoke total classification tracks with a capacity of 6,100 cars, and a total terminal mileage of 135 miles.

-Prepared by Lisa King

Brainstorm from page 1

plethora of suggestions, then shared them at the end of that night's workshop.

Participants at several tables suggested developing a walking path around the Salem Golf Course. “People already walk their dogs there,” one person said. “We might as well as make it a trail.”

In addition to a map of Salem's existing parks and open spaces stretching from city boundaries and encompassing green spaces such as the former Mowles Springs to the Salem Golf Course, Longwood Park and smaller parks, Walters provided another plat that showed the Tuttle property that runs between West Main Street and West Burwell Street.

Zoning Administrator Mary Ellen Wines explained

the city has applied for a Virginia Outdoors grant to develop the Tuttle property, which is flat and in the floodplain.

Ideas groups came up with ranged from the two-story house to be used as an art center with pottery kilns, classes and outdoor art shows, to a possible splash garden for children to play in water, and basketball goals for older children.

Firepits where people could bring their own marshmallows to roast was also suggested.

Another idea was sculpture garden with chunky sculptures children could climb. Salem resident Angie Petty, who took notes for her table, showed photos of a similar sculpture garden in the Atlanta, Ga., area.

Citizens wanted more trees and landscaping in general throughout the city, widened sidewalks and a safe pedestrian bridge over the Roanoke River.

A sign noting the history of the Tuttle House was suggested. Rome Schlater Johnston Tuttle lived for 90 years in the home where she was born, until shortly before her death in 2013.

A number of Planning Commission Members attended the workshop, as did Mayor Renee Turk, Vice Mayor Jim Wallace and Councilmember Hunter Holliday, along with new City Manager Chris Dorsey and other city staff.

The next Comprehensive Plan workshop is scheduled April 9, with the location to be announced.

Roanoke College honoring Black History Month

Roanoke College is honoring Black History Month with a series of events that celebrate the intersection of the arts, community and history.

The national theme for this year's commemoration, African Americans and the Arts, spotlights the multifaceted contributions that Black Americans have made to the visual arts, music, culture and more. The following dates have been scheduled:

Feb. 6: The Office of Multicultural Affairs and the Campus Activities Board invite students to tap into their inner artist at a Paint & Sip night at 7 p.m. in Wortmann Ballroom. Bring your

friends or come ready to make new ones at this fun, creative campus community event.

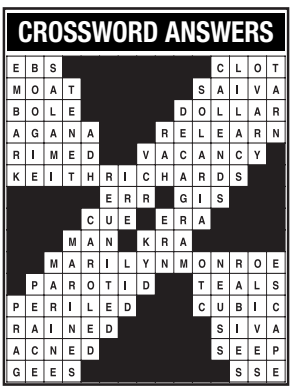
Feb. 17: Take in the awe-inspiring feats of the ZUZU Acrobats — a Tanzanian troupe whose performances draw on a history going back 2,000 years — and meet the dedicated members of the Roanoke chapter of Delta Sigma Theta, a historically African American service sorority.

Both will be spotlighted during the halftime show of this date's men's and women's basketball games. Their appearances will be followed by a campus celebration at the Bast Center gym with a food truck serving a menu designed for Black History Month.

Feb. 18: Join the Black Student Alliance for its annual candlelight vigil reflecting on the history of our campus and nation. More details for this student-led event will be available as the date nears.

Feb. 25: Celebrate with the Roanoke College Choir and Shiloh Baptist Church at a musical service honoring Black History Month. The service will begin at 11 a.m. at Shiloh Baptist, 201 S. Market St., Salem. The college is grateful to the church and trustee Ken Belton '81 for making this community partnership possible.

-The Salem Times-Register



Shushok

from page 1

big, bold ideas—even (or especially) the kind that defy convention and seem unthinkable.”

Brian Reed, vice president for student success and the Roanoke experience; Elizabeth McClenney, director of the library; Pam Cabalka, member of the board of trustees; and Matt Rearick, associate professor and chairperson for the Health and Human Performance Department, will coordinate the 19-person team with support from higher education consulting firm Credo. Shushok, Board Chair Malon Courts and Vice President for Academic Affairs Kathy Wolfe will serve as ex officio members.

The team will begin its work in February and present a draft list of strategic initiatives to the president by May 1, 2024.

Working in parallel with the Strategic Planning Team, the Shared Governance Task Force is charged with studying, designing and recommending a new structure for shared governance at Roanoke College. The task force's creation comes at the board of trustees' request with members appointed by the president, as specified in a resolution at the board's October 2023 meeting, which reaffirmed the institution's commitment to shared governance.

“Shared governance has always been foundational to the success and evolution of Roanoke College,” said Malon Courts '92, chairman of the board of trustees, following the October meeting. “With a new president and growing challenges for colleges and universities nationwide, now is the perfect time to explore ways to include more voices in shared governance at Roanoke and to find ways to strengthen collaboration and communication as we work together for the good of the College.”

The task force is designed to clarify roles and processes, strengthen trust and

communication, and expand representation across campus. The group will consider the scope of shared governance and the primary responsibilities for each constituency, along with developing inclusive processes for policy development and communication.

As part of this work, the task force will also develop recommendations for establishing a staff council to represent the needs and interests of staff in shared governance. At the recommendation of an ad hoc group of faculty, the task force will also recommend a plan for establishing a unit at the college with a focus on rapidly developing, piloting and assessing innovative program ideas.

Concurrently, the task force will work closely with faculty and administrators whom the board of trustees has tasked with undertaking a comprehensive review and revision of the Faculty Handbook by April 2025.

The group of 21 faculty, staff, students and trustees will be coordinated by Kathy Wolfe, vice president for academic affairs and dean of the College; Jennifer Berenson, professor and chair of the Religion and Philosophy Department; Ennis McCrery, executive director for administration in the President's Office; and Kirk Betts, a member of the board of trustees. Shushok, Courts and Vice President David Mowen will serve as ex officio members.

The team will begin its work in February and issue recommendations to the president by Dec. 19.

Information about each initiative, including committee charges and members, is available on the President's Office webpage. The community is encouraged to visit the page for regular updates.

-The Salem Times-Register

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BAPTIST (INDEPENDENT)

CALVARY BAPTIST CHURCH - 7th and Florida Streets, Salem VA. Pastor: Roger D. Counts, 540-389-3818. Sunday School 10:00 a.m., Morning Worship 11:00 a.m., Sunday Evening Service 6:30 p.m., Wednesday Night Prayer Service, 6:30 p.m.

LAKESIDE BAPTIST CHURCH - 447 Dalewood Avenue, Salem, 986-0062, Pastor Carl Goodman. Coffee Bar 9:00 a.m., Connect Groups 9:30 a.m., Sunday Worship 10:30 a.m., Children & Student Ministry 5:00-6:30 p.m.; Thursday 7:00 pm Young Single Adults, Wednesday Morning Prayer Service 10:30, Lifegroups meeting throughout the week. www.lbcva.com.

SOUTHSIDE BAPTIST CHURCH, 2721 12 O'Clock Knob Rd., Salem, Pastor: Clay Dalton; Sundayschool, 9:45AM, Sunday morning worship, 11:00AM, Sunday evening, 6:00PM, Wednesday evening, 7:00PM.

TEMPLE BAPTIST CHURCH - 4339 Daugherty Road, Salem, Greg Irby, Pastor, Church: 380-3567; Home: 389-7240, Sunday School 10:00 AM, Worship Services 11:00AM & 6:00PM, Mid-week Prayer Meeting Wednesday 7:00PM, www.templebaptch.com.

BAPTIST (SOUTHERN)

BETHEL BAPTIST - 1601 S. Colorado St., Salem, Pastor Hilton Jeffreys, 389-2376, Sunday: Connect Groups meet at 9:30am; Worship Service starts at 10:30am. You can stream live with us at 10:30am on Facebook, YouTube, our App & Website (www.bethelbaptistva.com). Tuesday mornings we have Adult Bible Study at 9:00am.; Wednesday evenings at 6:15pm we have TeamKid for kids 3 years old through 5th grade, Amplify Youth (6-12th grade), Band of Brothers Men's Bible Study and then our College & Young Adult Bible Study at 8:00pm. www.bethelbaptistva.com

MOUNTAIN PASS BAPTIST CHURCH - 311 Catawba Valley Dr., (Ro. Co.) Salem, VA 24153. Rev. Jack Richards, Jr., Pastor, Study 384-6720, Home 427-1508. Sundays: Sunday School 9:45 a.m.; Morning Worship 11:00 a.m., Evening 6:00 p.m. Wed:7:00 p.m. Prayer Meeting and Bible Study.

RIDGEWOOD BAPTIST - 703 Hemlock Road N.W. Roanoke, 342-6492. Roy E. Kanode, Pastor. Sunday School 9:45 a.m., Morning Worship 11 a.m., Awanas 5:15 p.m., Adult Bible Study and Youth Fellowship 6:00 p.m.; Wednesday Prayer Service 6:30p.m.; Fellowship Meal 5:45 p.m.; Praiz Kidz 6:00p.m.; Family Night Activities 6:30 p.m. website: www.ridgewood-baptist.com.

FELLOWSHIP COMMUNITY CHURCH - Salem Campus: 1226 Red Lane Extension (Salem). North Campus: 7640 Alpine Road (Roanoke). Southwest Campus: 3585 Buck Mountain Road (Roanoke). Español Campus: 1226 Red Lane Extension (Salem). Worship Times: 9:00 AM and 10:45 AM for Salem, North, and Southwest; 10:30 for Español. For more information, visit: www.fcclife.org

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DALE RIDGE CHURCH OF CHRIST - 7165 Cloverdale Rd., NW Roanoke, 24019; office: 992-4385. Sunday Bible Study, 9:30 a.m., Worship, 10:30 a.m., Wednesday Bible Study, 6 p.m. Ladies class

Salem WORSHIP DIRECTORY

- Thursdays 10:00 a.m. Visit our new web page: daleridgechurchofchrist.net, it's updated each week from local, national and international sources with news of interest to Christians. Take a video tour of our facilities. Read articles taken from the word of God that apply to our lives today. View a new sermon each week. Dale Ridge is reaching out to the Roanoke/Botetourt area with the good news of Jesus Christ. Come join our plea to return to the Bible. We believe in the inspired Word of God which is as relevant today as it was when it was written. We believe in the Holy Spirit is a gift, given to every Christian when we respond to the Gospel as taught in the context of Acts 2 and emphasized in verse 38. We believe Jesus is the only means of our salvation. (Acts 4:12) Is this your time to make a choice? (John 16:13) Have you been looking for a church family that's led by the Holy Spirit into all truth? (John 13:35) You will know we are His disciples by our love for one another. Follow the advice of Philip when he told Nathanael about Jesus in (John 1:46) "Come and See."

SALEM CHURCH OF CHRIST - 401 West Main Street. 540-389-2400. Minister Taylor Plott; 10:00am Sunday Bible Study; 11:00am Sunday Worship Service; Wednesday Life Groups: 5:30 -7:00pm. For more info contact the Church Office.

WESTSIDE CHURCH OF CHRIST - 1705 Starview Drive, Salem. Minister Neil Richey, 389-9139, Sunday Bible Study: 9:30 AM, Morning Worship: 10:30 AM, Evening Worship: 6:00 PM, Wednesday Bible Study, 7:00 PM.

CHURCH OF GOD/ANDERSON COVENANT COMMUNITY CHURCH - 955 Bird Lane, Salem, Va 24153, 389-5639. Pastor: Scott Hudson. Sunday School 10:00AM, Worship 11:00AM; Bible Study 6:00PM.

CHURCH OF GOD/CLEVELAND SALEM CHURCH OF GOD - 600 Craig Avenue, Todd Stiffler, Pastor, 387-2068, Sunday School 9:30 am: Worship and Kids Church 10:30 am, Wednesday Bible Study and Classes at 7:00 pm. www.salemcog.church

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FOURSQUARE the BRIDGE SALEM CHURCH - 4335 West Main Street, Salem. 540-404-1414 | bridge.salem@icloud.com • www.salemva.church Saturday service, 6pm (Nursery & Kids Church available). Mail: PO Box 1954, Salem. Twitter/ Instagram: @thebridgesalem Joey Lyons, Senior Pastor | joey@salemva.church | 540-831-9864

INDEPENDENT RESTORATION CHURCH - a Community on Mission Following Jesus into the World - 10:10am Sundays at the Salem YMCA - 1126 Kime Lane, Salem - 540-384-1601 - www.restorationsalem.org. Watch Live at: YouTube: Restoration Church Salem, VA. Facebook: RestorationChurchSalem

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FIRST BAPTIST CHURCH - 226 South Broad Street, Salem. Rev. Melton Johnson, 389-9648. Sunday School 9:30 AM, Sunday Morning Worship Service 11:00 AM, Wednesday Bible Study and Prayer Meeting 7:00 PM.

SHILOH BAPTIST- 201 South Market Street, Salem, Rev. Adrian E. Dowell, H) (389-0409). Sunday School at 8:30 a.m. (All classes) via zoom and conference call line. Wednesday Adult Bible Study at 7:00 p.m. in person for adults, children and teens. Adult class is also streamed on Facebook. Men's Bible Study Saturday at 7:00 a.m.(Zoom). Saturday Intercessory Prayer Service at 8:00 a.m. (conference call line). Sunday Women's Bible Study Class at 8:30 p.m. (Zoom). In-person Worship on Sunday at 11:00 a.m. or worship with us on line via Facebook. Church office can be contacted for additional information.

PENTECOSTAL HOLINESS CHRISTIAN LIFE INTERNATIONAL CHURCH - 1 CLI Way, Salem, VA, 540-343-3801 | www.clchurch.org. Sundays @ 10 am | Wednesdays @ 7 pm. Livestream on YouTube & Facebook.

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LOCUST GROVE UNITED METHODIST CHURCH - 3415 Locust Grove Lane, Salem, 540-315-0881, Pastor Mike Sanborn. Each Sunday Traditional Worship 9:30 a.m.


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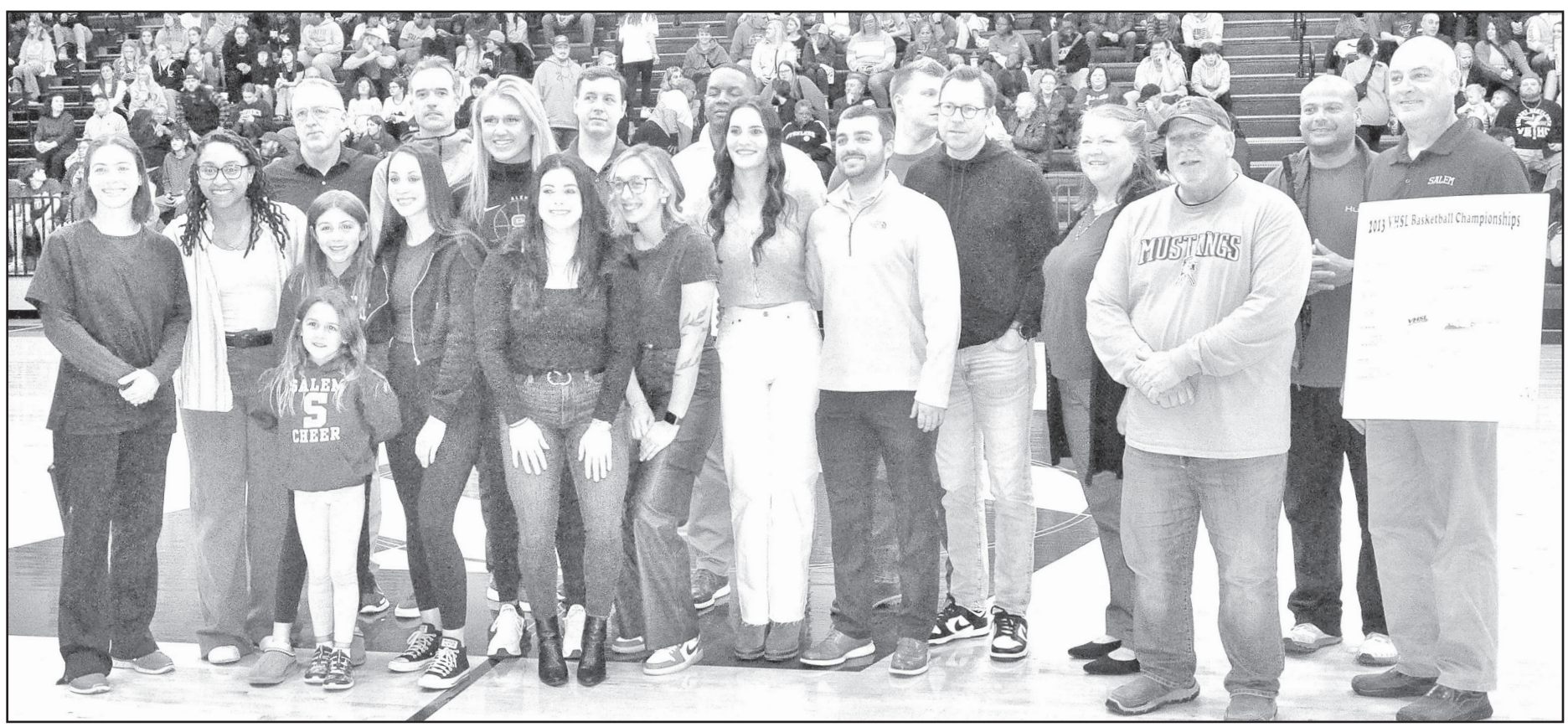


PHOTO BY BRIAN HOFFMAN

2013 CHAMPS

Members of Salem's 2013 girls and boys state basketball championship teams were recognized between games at the Adam Ward Classic Friday night. Salem won both championships at Virginia Commonwealth University in Richmond on the same day.

SALEM GIRLS HOOP

continued from page 12

eased by the visiting Highlanders, 47-8. Custer had nine points, Gabby Crawley had eight points and six steals, Aniyah Fox had six points and seven boards and Liz Smith had eight rebounds.

"Good all around effort," said Jester. "Ten different players scored, so we did a good job of sharing the basketball."

SALEM BOYS HOOP

continued from page 12

"We can take a lot of positives out of that game, playing a good team like that to overtime on the road," said Garst.

Salem had a 27-26 lead at the half and trailed by just a point, 41-40, heading into the fourth quarter. The game was tied at 48-all with time running down and PH holding for a last shot. They took a three that missed and sent the game into overtime.

After exchanging threes in the overtime the lid went on the bucket for the Spartans. PH finished with a flourish and outscored Salem 15-3 in the overtime to avert what would have been a big upset.

Kam Brown led Salem with 13 points. LeMarius Foxx had 11 points and eight rebounds while Marvin Fields had 10 points and nine boards. Tay Stanley had 25 points for the Patriots.

A night later the Spartans hosted Glenvar in the Adam Ward Classic and held off a late Highlander rally for a 61-56 win. Salem led 21-6 after the first quarter and had a 22 point lead before the Highlanders rallied back to make it a game. Glenvar outscored Salem 38-25 in the second half but came up

On Tuesday in Dublin the Spartans had a preview of Friday's game, as they played Pulaski in the last game of the regular season and took a 48-36 win. Crawley had 13 points while Custer and Rider had 11 each.

"Great defensive effort," said Jester. "We struggled to score in the first half but we kept it close. Had a big third quarter and were able to build a lead."

The Region 4D tournament will begin on February 16 and Salem will have a home game against an opponent yet to be determined.

GLENVAR

continued from page 12

host James River on Friday and travel to Patrick County next Monday for their regular season finale.

Byrd is a tough Class 3 team, but the Highlanders will be favored against 5-17 James River and 4-16 Patrick. Both teams have just one district win after splitting their two game series and losing all the others.

The Highlanders were in the "7-8" range for the region after losing five straight, but coach Cliff Bordewisch feels they can make some noise in the playoffs if they just get in.

"All year we've been close but we just can't get over the hump," he said. "It's very frustrating. We have so much potential, and if we get into the playoffs I know we can play with anyone."

Last Friday's game against Salem in the Adam Ward Classic was typical for Glenvar. After falling behind by 21 points they battled back to cut the lead to five late in the game and a layup that was halfway down and popped out could have cut the margin to three. Glenvar ended up losing 61-56 as Brody Dawyot had 24 points, Reed Hutchison had 12 and Aidan Hylton scored 10.

"We play a strong schedule," said Bordewisch. "We probably play more Class 3 teams than anyone in our region, and if you take the average scores of all our games this year the average is a 61-58 loss. We've played a lot of close games."

If Glenvar makes the playoffs their likely first round opponent would be Martinsville, Radford or Floyd. The Highlanders have beaten Radford once this year and lost to Floyd twice, by four at Floyd and by six points at Glenvar.



PHOTO BY BRIAN HOFFMAN

Salem's Mari Foxx hits a corner three against Glenvar at the Adam Ward Classic Friday night.

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PHOTO BY BRIAN HOFFMAN

Josh McClary of Roanoke College slams home two in last Saturday's win over Lynchburg.

Roanoke men among region's top seven

The Roanoke College men's basketball team was listed in the first regional rankings of the season from D3hoops.com this week, ranking among the top seven teams in Region 6.

The first public NCAA Division III regional rankings are an alphabetical listing of the teams the NCAA Division III men's basketball committee considers the top teams in each region. The first true ranking will be seen next week. There is also one final set of regional rankings, which is released after the tournament bracket is revealed.

Roanoke is 14-8 overall and 7-6 in the Old Dominion Athletic Conference (ODAC). The Maroons have won seven of their last eight games and 10 of 12, including

a 78-54 win over the University of Lynchburg at the Cregger Center in Salem last Saturday.

ODAC members claim five of the seven spots in Region 6, with conference members Guilford College, Hampden-Sydney College, Randolph-Macon College and Virginia Wesleyan University joining the Maroons.

Last Saturday against Lynchburg Joshua McClary led the Maroons with 17 points, six assists and three steals. Zach Rosenthal had 14 points and Marcus Morgan had 10 points and a dozen boards. Justin Kuthan had 11 points and eight rebounds.

The Maroons will be at Bridgewater for a 2 pm ODAC game this Saturday.

WildCats snap RC women's win streak

The Roanoke College women will have a big week when they take on two of the top teams in the Old Dominion Athletic Conference basketball standings. The Maroons were scheduled to host Guilford in Salem on Wednesday and this Saturday

they're in Winchester to meet Shenandoah in a 4:30 pm game.

The Maroons dropped to 9-5 in the ODAC and 14-7 overall with a 69-52 loss to Randolph College last Saturday in Lynchburg. Salem's Abbie Baker had six points and seven rebounds for

the WildCats while Mariah Cair led the Maroons with 14 points. Roanoke led 28-26 at the half but were outscored 43-24 after intermission.

Roanoke saw its four game winning streak come to a close with the loss.

Roanoke volleyball men split two matches

The Roanoke College men's volleyball team split a pair of matches Saturday at Marymount University in Arlington, VA. Roanoke dropped a tough five-set Continental Volleyball Conference matchup to the host school before rolling in three sets over Immaculata.

The Maroons nearly handed Marymount its first loss of the season, who improved to 7-0 after the match. Jackson Rutkowski had 11 kills and nine digs

in the opening match while Michael Cummins had nearly identical totals of 11 kills and eight digs.

Against Immaculata CJ Kingston delivered a match-high six kills with six service aces and four digs. Davin Stevenson had 10 assists and Benjamin MacLeod had six digs.

The Maroons are now off this week before traveling to Bethany College in West Virginia for two matches against the Bison on Feb. 16 and 17.



SUBMITTED PHOTO

Glenvar girls cheer for former Highlander hoop standout at E&H

Members of the Glenvar girls' basketball team recently visited former Highlander standout Rhyan Harris for a game at Emory & Henry University. Rhyan has played in 20 of 21 games for the Wasps and averages 15 minutes of playing time per game, scoring just under five points per game while shooting 50 percent from the floor and 56 percent on threes(9 of 16). She has 44 total rebounds, 24 assists and 17 steals. The Wasps were 9-12 overall before heading to Lincoln Memorial in Harrogate, TN on Wednesday of this week. Left to right in the photo are Ava Paxton, Leslie Garcia, Grace Fiedler, Zaria Smith, Zoey Smith, Logan Meadows, Rhyan Harris, Kinley Phillips, Rebecca Magruder, Audrey Moles and Navaeh Statzer. Glenvar girls' basketball coach Jeff Johnson is standing behind at the right.

HS region swim meets in Christiansburg this week

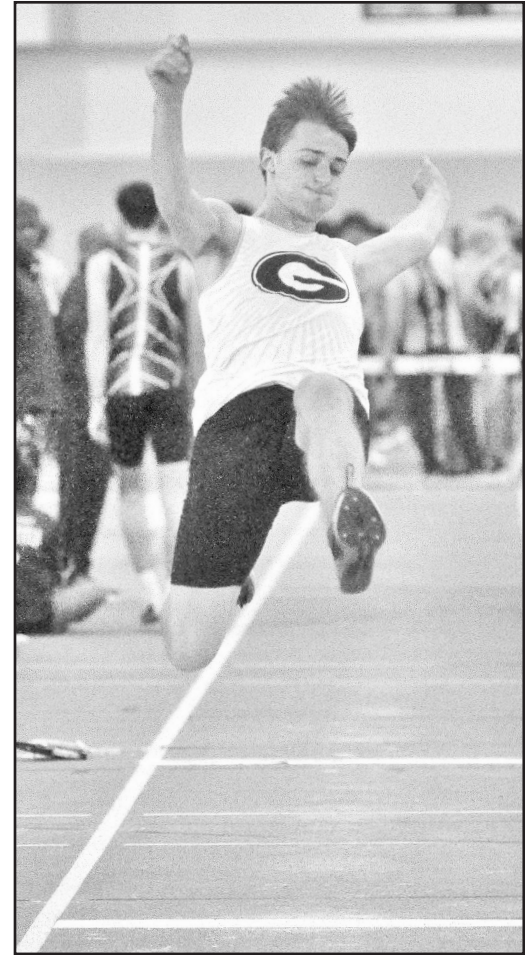
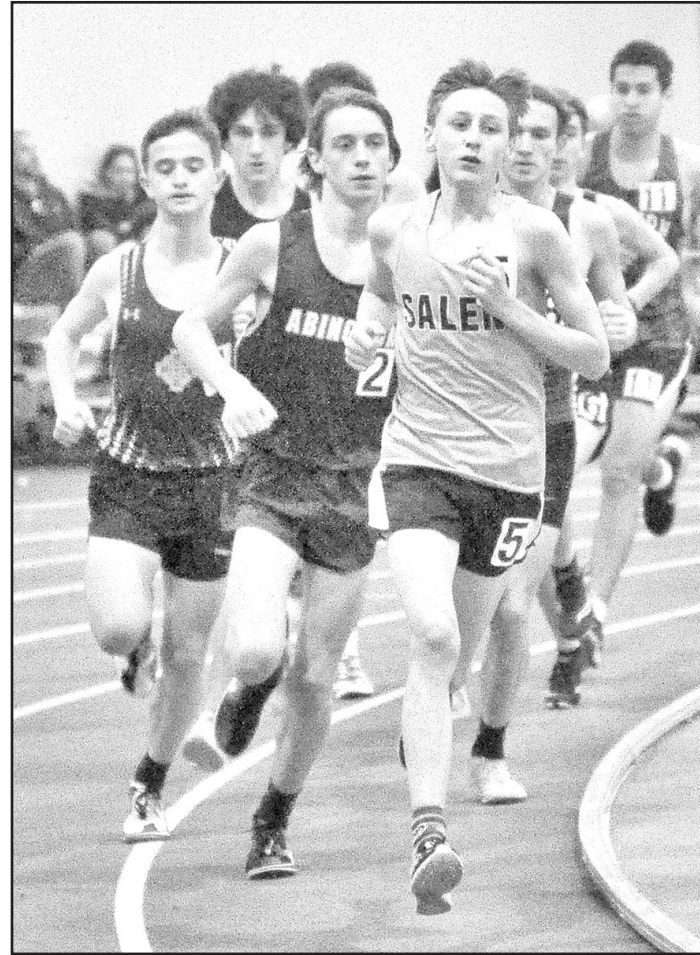
Salem and Glenvar will be participating in Virginia High School League region swimming championships this week. The Region 4D meet, including Salem, was scheduled for Tuesday and the Region 2C meet, with Glenvar, will be today, Thursday. Both are at the Christiansburg Aquatic Center, as well as the Region 3D meet, and diving for all classes was scheduled for Monday.

Salem finished up the season with a meet at the Franklin County YMCA last week. The Salem boys took first among four teams and the girls were second to Cave Spring with Altavista and host Franklin County also participating.

The Salem boys 200 Medley Relay of Zach Easter, Joren Poush, Carter Biscotte and Davis Griffith finished. Poush also won the 200 Free and Easter won the 20 IM.

For the girls, the 200 Free Relay team of Teagan Wood, Karina Rueda Alvarez, Aubrey Snead and Eliza Fleenor took first place. Fleenor was also first in the 100 Breast.

Glenvar participated in a meet in Wytheville last Friday to prepare for the Region 2C meet.



PHOTOS BY BRIAN HOFFMAN

Left, Salem's Austin Prosser leads the pack around the turn in a distance event at Roanoke College last Saturday. Right, Glenvar's Colby Thompson leaps to a fourth place finish in the long jump event.



PHOTO COURTESY GHS TRACK

Left to right, the Glenvar 4x200 relay team of Aiden Beverly, Jade Evans, Ellen Graffeo and Kailee McDonald took second at the East Coast Elite Meet and state qualified.

Good times at RC for local indoor track teams

The Roanoke College Kerr-Cregger Indoor Fieldhouse was the site of the East Coast Elite #3 indoor track meet last Saturday. A large number of schools attended, including athletes from both Salem and Glenvar.

Salem had a bunch of personal bests and some place winners in the big meet. Trenton Moyer won the 55 meter dash and Julian Morton took fourth, both with personal bests. Morton also took fifth in the 300 with his best time. In the 55 meter hurdles Mitch Taylor won the race with a personal best.

Salem had a good day in the relay events. In the 4x200 Moyer, Carter Black, Rumiell Nugent and Khamari Garner took third. The team of Taylor, Nugent, Morton and Nazeser Miller took fourth in the 4x400.

The Glenvar team had 15 personal records and three state qualifying times in their last indoor meet of the regular season. Sophomore Joey Loder ran the 55 meter hurdles for the first time this season, tak-

ing fourth overall, state qualifying and breaking the school record with a time of 8.48. Colby Thompson placed fourth in both the boys' long jump and high jump.

The Glenvar girls had a great day in the relays. The 4x200 team of Elle Graffeo, Jade Evans, Kailee McDonald and Aiden Beverly set a new PR and took second overall and state qualified. The girls 4x800 team of Anna Hall, Rayya Bryson, Val Loredocastillo and Emma Pope set a new PR while taking fourth and the 4x400 team of Hall, McDonald, Bryson and Beverly set a new PR, taking fifth overall and state qualifying.

Roanoke College will be the site of region meets for both the Glenvar and Salem teams the week of February 16 and 17. The Region 2C meet, with Glenvar, is on Friday, February 16 and the Region 4D meet, with Salem will begin at 4 pm on Saturday, February 17, following the Region 3D meet that is scheduled for the morning.



PHOTO BY BRIAN HOFFMAN

Liam Carroll will be back for a second season as Salem Red Sox manager.

Maroons name Ferrick Defensive Coordinator

Roanoke College head football coach Bryan Stinespring's coaching staff is beginning to take shape, announcing Mitch Ferrick as offensive coordinator last week.

Ferrick joins the Maroons as the offensive coordinator to begin 2024. He previously served as assistant tight ends coach at the University of Wisconsin

to that, he was the tight ends coach for the 2019 season. In 2019, he mentored all-conference tight end Tyler Guice, who led the Lions in touchdown receptions for the season.

Ferrick previously served as an offensive coach for multiple positions at Bridgewater College. He was the Eagles' wide receiver's coach in the 2018 season, where Bridgewater ranked fifth nationally in Division III in red zone offense (.943), while averaging 33.6 points per game in conference play. He transitioned to coaching the quarterbacks before leaving for Commerce. He was also Bridgewater's recruiting coordinator in 2019.

From 2016-18 Ferrick was the wide receiver's coach at his alma mater, Guilford College. He coached the ODAC Rookie of the Year in receiver Tyriek Russell in 2016 and helped the Quakers cap the longest winning streak in school history. Russell repeated as a second-team All-ODAC pick in 2017.

"My wife and I are so excited to be able to be a part of history here at Roanoke College," stated Ferrick. "Coach Stinespring and Coach Giancola are great coaches and even better people, I couldn't imagine doing this with a better group of guys. As a native Virginian and ODAC alum, this seemed like the perfect opportunity to come back closer to home and begin this journey."



Mitch Ferrick

for one season. Prior to that he served in the same capacity at the University of North Carolina, where the Tar Heels were crowned ACC Coastal champions.

"We could not be more excited to have Coach Ferrick join our program," said Stinespring. "He has a strong background in this state and in the ODAC as a player and coach. Mitch has a wide range of football knowledge from his experiences at FBS, FCS and Division III ball. He is a terrific coach, recruiter and person."

Ferrick spent three years at Division II, Texas A&M-Commerce. He was named the wide receiver coach in 2020 and served in that role for two years, where he coached a pair of all-conference players. Prior

Carroll returning to manage Red Sox

The Salem Red Sox have learned who their manager and coaching staff will be for the upcoming Carolina League baseball season, including five returning staff members. The Boston Red Sox announced the staff in the past week.

Liam Carroll will return for his second season with the Salem team. Prior to last season Carroll worked with Great Britain's national team. He was involved with Great Britain Baseball beginning in 1996 and joined the coaching staff in 2004 before being named head coach in 2008. Carroll also served on Great Britain's coaching staff for the 2023 World Baseball Classic.

"The Red Sox are excited to welcome back Liam Carroll to the Roanoke Valley ahead of an exciting 2024 season," said Salem general manager Allen Lawrence. "Liam is both a great leader on-field and a tremendous ambassador for the Salem Red Sox."

Nelson "Pepe" Paulino returns as the hitting coach for his 27th season with the Boston organization. Paulino brings extensive experience, spending seven seasons in the Roanoke Valley. Additional Red Sox MiLB stints include the Greenville Drive and former Lowell Spinners.

Juan Rivera returns for his third season with Salem as pitching coach after previously serving as the developmental coach. Rivera hopes to build upon last year when Salem finished in the top 10 in ERA, hits allowed and home runs allowed across all of Single-A baseball.

Ozzie Chavez will also return to the Salem staff as bench coach for his second season. Ozzie previously managed the Red Sox' Dominican Republic Academy from 2019-22.

New to the staff this season are Coach Kyle Schmidt and Development and Assistant

Pitching Coach Matt Wheeler. Schmidt joins the staff as the seasonal affiliate coach after a minor league playing career with the Minnesota Twins organization from 2019-23. Wheeler transitions to development/assistant pitching coach after serving as Worcester's bullpen coach last season.

Jacob Laughman is another returning staff member serving as the athletic trainer for his third season. Originally from Springfield, Massachusetts, Laughman previously served as the assistant athletic trainer for the Winston-Salem Dash, the High-A affiliate of the Chicago White Sox.

Jose Benjamin will join the staff as the strength and conditioning coach. Jose begins his first season with Salem following stints as a seasonal coach with Fort Myers and Worcester.

The Salem Red Sox will open the season on Friday, April 5th, when they host the Carolina Mudcats.



PHOTO BY BRIAN HOFFMAN

Salem-Roanoke Baseball Hall of Fame inducts Class of '24

Former Major League Baseball star Billy Wagner was the keynote speaker at the 32nd annual Salem-Roanoke Baseball Hall of Fame induction ceremony and hot stove banquet at the Salem Civic Center Sunday night. Left to right are inductees Larry Bowles II and Tommy Bayrer, Wagner, inductee Mikey O'Brien and Mike Ruth, who was presented the Wayne LaPierre, Sr. Community Service Award. Also inducted posthumously was Paul Siple.

Salem will send four to state wrestling, Callahan wins region crown at 215

The Salem High wrestlers finished sixth among 15 teams at the Region 4D tournament at Orange County High School last Saturday. The Spartans qualified four wrestlers for the state tournament in Virginia Beach on February 16 and 17.

Sherando High won the region with 220.5 points, followed by host Orange County with 198. James Wood was third with 153, John Handley had 149, Millbrook was fifth with 141 and Salem was next with 134 points. Blacksburg took seventh with 114.

"Four of the five teams ahead of us were new to the region," said Salem coach Lawrence Van Liew, as Region 4D is one of the largest in the state, stretching from the suburbs of Washington, D.C. to the Virginia-North Carolina border.

Linkin Callahan is headed back to the state tournament for the third year in a row. Linkin beat Jarell Chavies of Mecklenburg County in the 215 pound final with a 1:52 pin. Now 32-2, Linkin has won every tournament but one that he's entered this season.

Junior Jackson Bryie moved up a weight class from last year and will make his third trip to the state in the heavyweight class after finishing second in the region. Like Callahan, Bryie was just one step away from placing in the state last season. He goes to Virginia Beach with a 25-6 record.

Salem freshman Derek Bush took a second place at 113, losing to 2023 106 pound state champ Waylon Rogers of Orange County. It was just the second loss for Bush in 35 matches.

At 120 Kolynn Eastman of Salem took a fourth. A sophomore, Kolynn is 27-14 and this is his first state tournament after battling an injury as a freshman.

Caden Wright took fifth and is an alternate at 150,

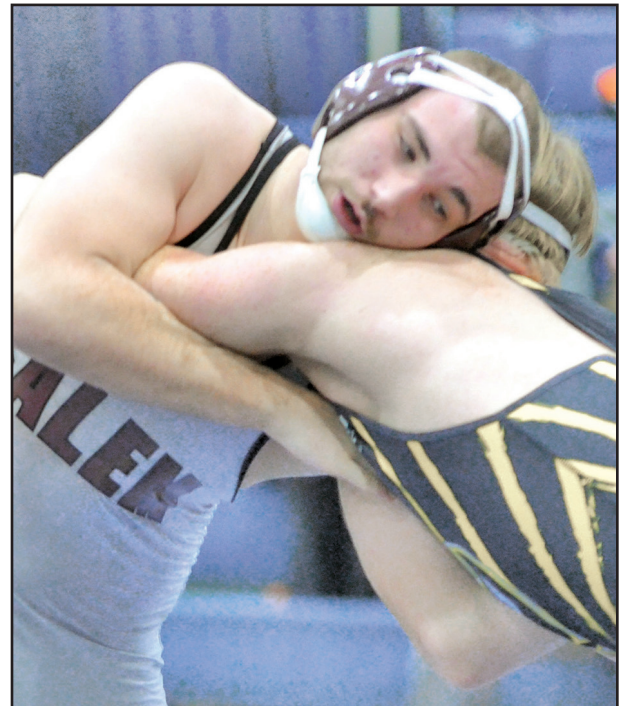


PHOTO BY SUZANNE WITCHER

Salem's Linkin Callahan is the Region 4D champ at 215 pounds.

and Tolin Saul took sixth and is an alternate at 165. Both were one match away from qualifying for the state tournament.

"We bring a lot of experience to the tournament, and I am very proud of all who wrestled for me this year," said Van Liew.

JR to host wrestling 2C region Saturday

The Region 2C wrestling tournament will be held at James River High School in Buchanan this Saturday, beginning at 10 am. A total of 11 teams are expected to compete with the top three in each weight class advancing to the state tournament at the Salem Civic Center on February 16 and 17.

James River also played host to the Three Rivers District tournament last week and Glenvar finished third among seven teams despite missing two wrestlers. Alleghany won the championship with 161 points, edging second place Patrick County with 157. Glenvar was third with 149.5 and host James River had 109. The rest of the district had Radford at 77.5, Carroll County at 54 points and Floyd County brought up the rear with 31.5.

Glenvar had three Three Rivers District champions. At 113 Alan Vu pinned Caiden Martin of James River in 33 seconds in the championship match. Alan is now 17-12.

At 175 Ethan Flowers won his finals match over

Cole Martin of Radford with a 17-2 tech fall. Ethan is now 31-3.

Chase Miller remained undefeated after 27 matches at 190. Chase had a 27 second pin in the semifinals and a 7-2 decision over Radford's Dawson Martin in the finals.

Glenvar had three other wrestlers make the championship round and finish second. At 106 Jacob Flowers is now 20-10 while Hunter Hollifield wrestled to a second place at 144 and Craig Campbell was runnerup at 215. Thirds went to Jacob Simmons at 126, Jacob Campbell at 138 and Chris Hernandez at 165.

In this Saturday's region teams can enter wrestlers in all 14 weight classes regardless of how they did in their respective district tournaments.

RC sweeps ODAC wrestling awards

Roanoke College swept the Old Dominion Athletic Conference (ODAC) wrestler of the week awards for the week of February 5. Junior Mac Cafurello earned lighter weight wrestler of the week while freshman Lorenzo Pellot took home the heavier wrestler of the week accolades.

Cafurello took down two opponents last week in Maroon dual match victories. He defeated Adrian Samano of Ferrum, who was ranked number 11 by Openmat at 125, by major decision, 15-4, on Thursday. On Saturday Cafurello started the dual off with seventh ranked Stevens University with an 8-2 decision over Akhil Vega at 125. Cafurello is ranked 13th in Division III at 125 pounds.

Pellot had a key reversal in the final 30 seconds of his bout at 197 pounds Saturday to win 6-5 and put Roanoke ahead 17-12 in a dual match upset of Stevens, as RC took a 17-16 win at the Cregger Center in Salem. He also won his only other match of the week on Thursday, besting Ethan Frago of Ferrum by major decision, 15-4, as the Maroons hammered the visiting Panthers by a 38-9 score on "Senior Night."

The Maroons travel to Averett University tonight with the ODA title on the line at 7 pm. If Roanoke wins, they take home the conference crown outright, but if the Cougars get the nod there will be tri-champions with RC, Averett and Washington & Lee.



Glenvar 106 pounder Jacob Flowers is on top and in control in last week's match in Blacksburg. Jacob was the Three Rivers District runnerup at James River last week and will be back in Buchanan Saturday for the Region 2C tourney.

PHOTO BY JON FLEMING

SPORTS

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Salem boys top Glenvar, PC, open RRD tournament Fri.

The Salem High boys have been a .500 team this season, and coach Kevin Garst is hoping that changes with the post-season arriving.

Salem is 11-11 overall and 6-6 in River Ridge District play after wrapping up the regular season with a 70-64 win over Pulaski County at Salem High Tuesday night. That will get the Spartans into the four team River Ridge District playoffs and, most likely, the Region 4D tournament as well.

The River Ridge playoffs will include four of the seven district teams and, at 6-6, Salem will be third or fourth. Patrick Henry is undefeated in the district while Cave Spring has lost twice, both to PH. They'll be the top two seeds and both will open at home Friday against either Salem or Blacksburg, depending on who ends up

third and who is fourth, with the third seed headed to PH. The district tournament championship is Tuesday at the highest remaining seed among Friday's winners.

The region tournament is a little tougher to figure. Region 4D has 16 schools spanning from just outside Washington, D.C. to the Virginia-North Carolina border. The 16 schools are split into two divisions of eight, and each division will have four teams qualify for the tournament.

Salem, in the south division, was on the bubble coming into the week. The Spartans could have helped themselves with a win over Patrick Henry last week, but the Patriots were able to pull out a 63-51 overtime win in Roanoke last Thursday.

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SHS girls finish regular season 20-2

The Salem High girls won't have to worry about Patrick Henry after the River Ridge District tournament is over, but for now they'd like one more shot at the Patriots.

Salem is 20-2 on the season and both losses have been to district rival Patrick Henry, a Class 5 team the Class 4 Spartans won't have to worry about come region time. However, the four-team district tournament will be held Friday and Tuesday and there's a good chance Salem will run into the Patriots one more time. Salem will host Pulaski County at 6 pm Friday to open the district tournament, and if Salem and PH both win semifinal games Friday they'll meet for the tournament championship at Patrick Henry next Tuesday.

After losing by 35 points to the Patriots in Roanoke on January 9 the Spartans made it a little closer last Thursday in Salem. The Spartans trailed by just nine after three quarters, 34-25, before losing 48-34.

"I thought our defense was excellent," said Salem coach Scott Jester. "We were connected and our effort was good. At the end of the day we just didn't make enough shots to beat a team on that level."

Bailey Rider led Salem with 11 points and Emme Custer had eight points and nine rebounds.

On Friday night the Spartans played Glenvar in the Adam Ward Classic and

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PHOTO BY BRIAN HOFFMAN

Glenvar's Brody Dawyot hammers one down with authority in last Friday's Adam Ward Classic game against Salem.



PHOTO BY BRIAN HOFFMAN

Salem's Ashlyn Adkins goes to the hoop as Glenvar's Rebecca Magruder defends in last Friday's Adam Ward Classic game at Salem High.

Glenvar boys battling for spot in Region 2C hoops, girls let a win slip away

The Glenvar boys' basketball team will try to play their way into the post-season this week and the girls will wrap up their season looking for a win.

This year the Three Rivers District "tournament" will include just two teams. The tournament was originally scheduled to include the top four teams but, due to postponements by bad weather, make-up games have lengthened the regular season for many 3RD teams and it was decided to include just the top two teams for one championship game.

Glenvar is not in the top two among either the girls or boys. The girls have yet to win a game as they travel to Buchanan tonight to meet James River. They finish the season with an afternoon home game against Alleghany Saturday in what has been a very challenging season in Highlander Heaven.

The girls have failed to score double digits in seven of their 19 losses this year. Last week in a home game with Radford they scored 36, 15 more than their previous high for the season, but lost 37-36. And, the way they lost was something you couldn't make up.

The Highlanders had a 36-35 lead with two seconds to go and had the ball at midcourt. After successfully throwing the ball inbounds the

Glenvar girl who received the ball shot at the wrong basket just before the horn sounded. It went for two points for Radford and the Bobcats escaped with what had to be the strangest win of the season at any level. Atalee Strausbaugh led Glenvar with nine points while Ava Paxton and Kamirah Watts had eight each.

Two nights later the Highlanders played at Salem in the Adam Ward Classic and lost 47-8, followed by a 62-10 loss at Blacksburg Monday. They travelled to Alleghany Tuesday and came up short again against a strong Class 3 Cougar team.

The top eight teams in the 12-school Region 2C make the region tournament, and obviously Glenvar's girls won't be involved. With that said they may not be the worst team in the region, as Nelson County is also winless and has been shut out twice, both by 83-0 scores, to Amherst and Chatham.

The Glenvar boys are trying to solidify their spot in the Region 2C tournament this week. The Highlanders are 6-13 on the season after losing at Alleghany Monday, 63-56, but will likely be in the top eight if they can win two of their last three games. The Highlanders were scheduled to host William Byrd on Wednesday, then

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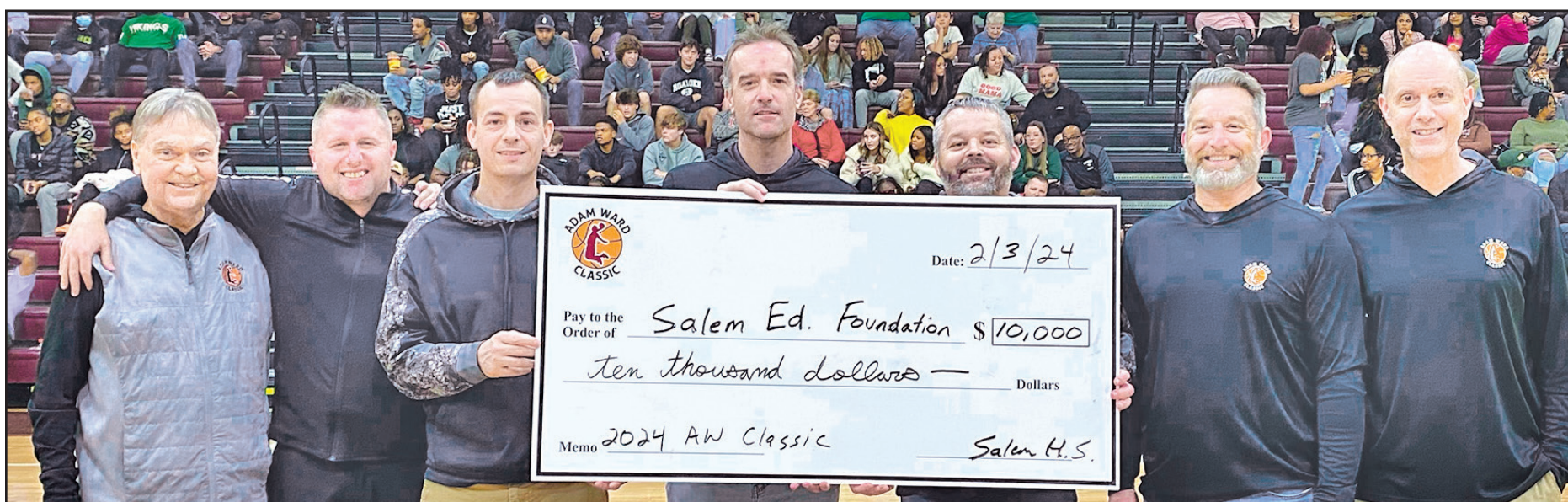


PHOTO BY DANIEL HALL

Members of the Adam Ward Classic basketball committee hold a check for ten thousand dollars made out to the Salem Education Foundation during a break in the action at Salem High Saturday evening. The 11 game event is in its eighth year and has raised over \$100,000 during that time. Left to right are Jerry Spangler, Chris Williams, Jason Murray, Hank Luton, Drew Barrett, Bryan Monroe and Grant Symthers.