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# SALEM TIMES-REGISTER

Thursday, March 21, 2024 • (USPS 631-140) • \$1.00

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## Student endeavours recognized at Salem School Board meeting

**Edmee CR Hasler**  
Contributing writer

Many students were recognized during the Salem City School Board meeting on March 12. Students received plaques for their successes and endeavors, shook the hands of the board members, as well as had their photos taken.

The first to be recognized were the Spelling Bee participants. Salem City Schools has a rich history in the Scripps National Spelling Bee, engaging students from fifth to eighth grade. Students participate in grade-level and classroom bees, where all students have the chance to showcase their spelling prowess. The winners from these competitions then

advance to the school spelling bee, where a champion and alternate are chosen. Recently, these champions and alternates participated in the Salem City Schools 2024 Division Spelling Bee, held at Andrew Lewis Middle School on Thursday, Feb. 8. After an intense battle, Audrey Lee from Andrew Lewis Middle School took the crown, spelling the championship word "stomach" correctly.

Salem City School 2024 Division Spelling Bee participants recognized at the meeting are below.

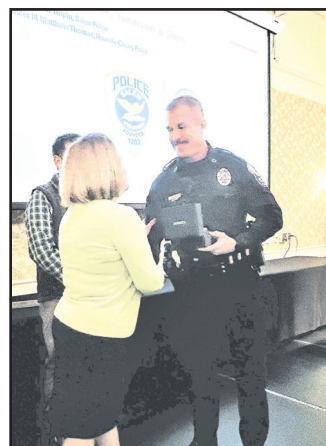
- Andrew Lewis Middle School** - Audrey Lee; 7th grade
- East Salem Elementary School** - Jayden Woods; 5th grade

See School Board, page 3



PHOTO BY EDMEE CR HASLER

The Roanoke Valley Governor's School for Science and Technology held its annual Project Forum on Feb. 3, and several Salem High School students excelled in the competition. The students were recognized at the school board meeting on March 12.



Jane Johnson presents Matthew Thomas with the County of Roanoke Officer Of The Year award.



Turpin, pictured with Ashley King, was awarded Officer Of The Year for the City of Salem.



Chamber president Allen Lawrence presents the awards at the 90th annual awards breakfast.



PHOTOS BY EDMEE CR HASLER  
HopeTree Family Services received the Non-profit Of The Year Award.

## Community excellence celebrated at 90th Annual Salem-Roanoke County Chamber of Commerce Business Awards Breakfast

**Edmee CR Hasler**  
Contributing writer

The 90th Annual Business Awards Breakfast, hosted by the Salem-Roanoke County Chamber of

Commerce, took place at the Salem Civic Center on Friday, March 15. The event commenced with a buffet breakfast and acknowledgment of program sponsors, followed by recognition of the Chamber Ambassadors. Allen Lawrence,

the president of the chamber, emphasized the vital role played by these ambassadors, highlighting their dedication in advancing the chamber's mission within the

See Chamber, page 7

## DAR Fort Lewis Chapter presents Community Service Award to John R. Hildebrand

A lifelong member of the Salem community, John R. Hildebrand has been presented with a Community Service Award by the Virginia Daughters of the American Revolution, nominated by the local Fort Lewis Chapter. He was one of the early leaders of the Save Old Salem Committee, before the existence of the Salem Museum. He was elected president of the newly founded Salem Historical Society in its formative years as they secured influence in working with the leadership in Salem to secure a permanent museum. Hildebrand is a long-term member of the historic Salem Presbyterian Church and has researched and written a comprehensive history of the building structure which continues as an active church on Main Street in Salem.

Hildebrand received the "Simpson Award" in December 2018, the highest honor the Salem Museum & Historical Society can bestow. It acknowledges a lifetime commitment to local history. He also received the Charles Brown Award which is given to a citizen of the city of Salem who contributed significantly, both professionally and civically to the city's quality of life.

He is a veteran of WWII and afterward graduated from Virginia Tech with a degree in civil engineering. He has served on the city's board of zoning appeals and is a member of the Salem Rotary Club.

In 2023, in partnership with his



Thelma Hildebrand receiving her 68-year certificate for membership in the Daughters of the American Revolution, Fort Lewis Chapter.

brother, Hildebrand donated to the Salem Historical Society and Museum a map collection of their father, James Raymond Hildebrand (1896-1980), to be of use to researchers in the Logan Research Library at the Salem Museum. Covering the southern Shenandoah Valley to eastern Tennessee, these maps include settlement maps as early as the 1700s, historical county maps, and USGS maps, many of them listing original settlers and owners.

"Hildebrand has demonstrated an unwavering commitment to the preservation of our historical heritage through his exceptional community service. His dedication to safeguarding the past has not only enriched our understanding of history but has also left an



Fort Lewis Chapter regent, Elizabeth Vincel presenting John R. Hildebrand with his Community Service Award.

indelible mark on the cultural fabric of our community. He serves as an inspiring example of how individual passion and tireless efforts can contribute significantly to the preservation of our shared heritage for generations to come. This Community Service award is a well-deserved recognition of his outstanding contributions to local historical preservation," the Fort Lewis Chapter said.

The chapter added, "The recognition of Hildebrand's accomplishments is made even more special by the acknowledgment of his wife Thelma's longstanding dedication to the Fort Lewis Chapter of the Daughters of the American Revolution. By presenting a 68-year certificate to Mrs. Hildebrand alongside the Community Service Award, the chapter honors the couple's combined legacy of service and commitment to their community."

-The Salem Times-Register

## Easter Egg Hunt set for March 27

The city of Salem's annual Easter Egg Hunt is back at the Salem Civic Center for the second straight year. Due to the ongoing construction work at the Moyer Sports Complex, this year's free event will again take place on the grounds of the Taliaferro Complex on Wednesday, March 27, from 6-8 p.m.

The egg hunts will be spread out on the fields located on the right side of the Civic Center's main entrance to ensure that all children have a fair chance to participate. The hunts will start every 15 minutes with approximately 25 kids and parents in each event.

The youngest age groups (3-4) and (5-6) will hunt for eggs on

the back fields with age groups (7-8) and (9-10) participating on the front fields. There is plenty of free parking for the event.

Kids are only allowed to hunt eggs in their respective age group.

Parents may enter the hunt area with their child, but only the children can collect the eggs.

The following vendors will be in attendance:

- Little Critters
- Petting Zoo,
- Inflatables,
- Crafts, Salem Fire & EMS, MousePro Travel Agency, Salem Rescue Squad.

The Tailgate will be offering concessions.

Organizers said the event will happen rain or shine.

-The Salem Times-Register

## Salem's Audrey Lee wins Radford University Scripps Regional Spelling Bee

RADFORD - Audrey Lee, a seventh grader from Andrew Lewis Middle School in Salem, won the Radford University regional spelling bee on Saturday and advances to the 2024 Scripps National Spelling Bee.

Lee bested 23 competitors from regional public-school districts and private schools, winning in 12 rounds. She will compete at Bee Week 2024 at the

Gaylord National Resort and Convention Center in National Harbor, Maryland. Bee Week begins with preliminary rounds on May 28 and concludes with the finals on May 30.

The regional bee was held inside the Bonnie Hurlburt Student Center on the main campus of Radford University.

-The Salem Times-Register



PHOTO COURTESY OF RADFORD UNIVERSITY

Radford Mayor David Horton, from left to right, Audrey Lee and Radford University Associate Dean of the College of Education and Human Development Debora Bays Wilbon following Lee's win at the Radford University Scripps Regional Spelling Bee on March 16.

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# Briefly: Salem News In Brief

**Bonsai and Japanese Gardening Class taught by Jackie Fujikawa:** Born and raised in Japan and came to the United States when in his youth. Being taught by his father and experienced in the Japanese culture and tradition, he has been involved in teaching and consulting the techniques of Japanese gardening and bonsai. Bonsai class will be with a focus on care and maintenance, learning all the basics of bonsai design. Select a tree, learn how to prune, transplant, landscape with rocks, and discover what the art of bonsai is all about as you create your very own bonsai to enjoy at home. Fujikawa is currently teaching Japanese at Roanoke College. The class will be Monday, March 4-April 8 from 6-7:15 p.m. at the Salem Senior Center. The cost is \$10 for the class instructor will give you a list of the things you will need to purchase and the cost for this could be anywhere from \$40 to \$100, depending on the size of pot, etc. that you purchase. All supplies can be purchased from Lowe's, Walmart, Amazon, etc. Sign up on Active Net or call 540-375-3054

**REO Speedwagon and Rick Springfield:** Classic rock and roll hitmakers REO Speedwagon and Rick Springfield are once again joining forces on the road in 2024 and bringing their tour to the Salem Civic Center on Tuesday, March 26. Tickets range in price from \$35 to \$169. Tickets can be purchased at the Salem Civic Center Box Office or online at ticketmaster.com.

**Community Easter Drama:** Riverside Evangelical Church will stage its 13th annual community Easter drama of "The Life, Ministry, Death and Resurrection of Jesus Christ" on March 28, 29 and 30 at 8 p.m. Admission is free.

**First Mondays:** The family-friendly events are held by Gary John, who manages the "Mason Creek" bluegrass group, and Vicky Sword from the center. The bluegrass/acoustic shows are free, but a tip bucket will be passed around for donations to the musicians. Cake raffles and door prizes will be offered. The event is on Monday, April 1: 7-9 p.m. - Maynard & Lee Palmer.

**Rend Collective:** Rend Collective, the popular Contemporary Christian worship band from Northern Ireland, is coming to the Salem Civic Center on Sunday, April 7, 2024, for a night of uplifting and upbeat praise music. The band is an eclectic collection of multi-instrumentalist performers who have produced two No. 1 albums on the Christian charts and produced a song of the year in "Counting Every Blessing." Tickets, which can be purchased at the Salem Civic Center Box Office or online at ticketmaster.com, start at \$28 and go up to \$48.

**Dustin Lynch:** "Kill the Cowboy" tour: Country musician Dustin Lynch will perform at the Salem Civic Center on Friday, April 12, 2024, as part of his "Killed the Cowboy" tour with special guest Skeez. Tickets start at \$35.50. Lynch first appeared in Salem in 2015 when he starred on the final day of the Blue Ridge Music Festival at Salem Stadium. He was just starting to crank out hit songs back then, but he now

has eight No. 1 songs, four top-5 albums, 10 gold and platinum certified singles, and he has tallied over 5.4 billion cumulative global streams. His sixth studio album is "Killed The Cowboy."

**First Mondays:** The family-friendly events are held by Gary John, who manages the "Mason Creek" bluegrass group, and Vicky Sword from the center. The bluegrass/acoustic shows are free, but a tip bucket will be passed around for donations to the musicians. Cake raffles and door prizes will be offered. The event is on Monday, May 6: 7 p.m. - Mike Conner and 8 p.m. - Rarely Available.

**Happy Trails Film & Television Festival:** The festival will take place at CommUNITY Church in Salem on May 17, 18 and 19. There will be panels, workshops, special programming, autographs and a banquet. The event is billed as a "nostalgia/faith media convention for the whole family."

**Lebanese Festival:** This year marks the 23rd Lebanese festival and will be held May 31 and June 1-2, 2024, at St. Elias Maronite Catholic Church, 4730 Cove Road, N.W., Roanoke, VA. The festival is open Friday and Saturday, 11 a.m. - 9 p.m., and Sunday, 11 a.m. - 8 p.m.

**First Mondays:** The family-friendly events are held by Gary John, who manages the "Mason Creek" bluegrass group, and Vicky Sword from the center. The bluegrass/acoustic shows are free, but a tip bucket will be passed around for donations to the musicians. Cake raffles and door prizes will be offered. The event is on Monday, June 3: 7-9 p.m. - Eastern Divide.

**Shane Gillis:** Shane Gillis is coming to Salem this summer to headline the arena with his standup comedy on June 21. In 2021, Gillis released his debut comedy special "Shane Gillis: Live in Austin" on YouTube. It has been viewed over 14 million times. Gillis is one-half of Patreon and Apple's top 10 podcasts Matt and Shane's Secret Podcast. Tickets start at \$42.50 and go up to \$92.50. Tickets can be purchased at the Salem Civic Center Box Office or online at www.ticketmaster.com.

**First Mondays:** The family-friendly events are held by Gary John, who manages the "Mason Creek" bluegrass group, and Vicky Sword from the center. The bluegrass/acoustic shows are free, but a tip bucket will be passed around for donations to the musicians. Cake raffles and door prizes will be offered. The event is on Monday, July 8: 7 p.m. Virginia-Carolina Band.

**First Mondays:** The family-friendly events are held by Gary John, who manages the "Mason Creek" bluegrass group, and Vicky Sword from the center. The bluegrass/acoustic shows are free, but a tip bucket will be passed around for donations to the musicians. Cake raffles and door prizes will be offered. The event is on Monday, Aug. 5: 7-9 p.m. - Maynard and Lee Palmer.

**First Mondays:** The family-friendly events are held by Gary John, who manages the "Mason Creek" bluegrass group, and Vicky Sword from the center. The bluegrass/acoustic shows are free, but a tip bucket will be passed around for donations to the musicians.

Cake raffles and door prizes will be offered. The event is on Monday, Sept. 9: 7-9 p.m. - The Guard.

**First Mondays:** The family-friendly events are held by Gary John, who manages the "Mason Creek" bluegrass group, and Vicky Sword from the center. The bluegrass/acoustic shows are free, but a tip bucket will be passed around for donations to the musicians. Cake raffles and door prizes will be offered. The event is on Monday, Oct. 7: 7-9 p.m. - Franklin Station.

**First Mondays:** The family-friendly events are held by Gary John, who manages the "Mason Creek" bluegrass group, and Vicky Sword from the center. The bluegrass/acoustic shows are free, but a tip bucket will be passed around for donations to the musicians. Cake raffles and door prizes will be offered. The event is on Monday, Nov. 4: 7-9 p.m. - Luv Buzzards.

**First Mondays:** The family-friendly events are held by Gary John, who manages the "Mason Creek" bluegrass group, and Vicky Sword from the center. The bluegrass/acoustic shows are free, but a tip bucket will be passed around for donations to the musicians. Cake raffles and door prizes will be offered. The event is on Monday, Dec. 2: 7-9 p.m. - The Bluegrass Brothers.

**Public meetings:** The School Board will meet on Thursday, March 21 at 7 p.m. (special meeting)

The Salem City Council will meet on Monday, March 25 at 6:30 p.m.

The Salem City Council will meet on Monday, April 8 at 6:30 p.m.

The School Board will meet on Tuesday, April 9 at 7 p.m.

The Salem City Planning Commission will meet on Wednesday, April 10 at 7 p.m.

The Salem City Council will meet on Monday, April 22 at 6:30 p.m.

The Salem City Council will meet on Monday, May 13 at 6:30 p.m.

The School Board will meet on Tuesday, May 14 at 7 p.m.

The Salem City Planning Commission will meet on Wednesday, May 15 at 7 p.m.

The Salem City Council will meet on Monday, May 28 at 6:30 p.m.

The Salem City Council will meet on Monday, June 10 at 6:30 p.m.

The School Board will meet on Tuesday, June 11 at 7 p.m.

The Salem City Planning Commission will meet on Wednesday, June 12 at 7 p.m.

The Salem City Council will meet on Monday, June 24 at 6:30 p.m.

The Salem City Council will meet on Monday, July 8 at 6:30 p.m.

The School Board will meet on Tuesday, July 9 at 7 p.m.

The Salem City Planning Commission will meet on Wednesday, July 10 at 7 p.m.

The Salem City Council will meet on Monday, July 22 at 6:30 p.m.

## SALEM MUSEUM SPOTLIGHT

# Salem Museum to hold Military Living History Day

On Saturday, March 23, from 10 a.m. to 4 p.m., the Salem Museum will present Military Living History Day. Admission is free.

Living historians will be on hand to share what soldiers and civilians experienced during the major military conflicts in American history, from the Revolutionary War through Operation Desert Storm. These historic interpreters will be in uniform or civilian attire and will display unique artifacts and touchable objects, including weapons and other military equipment.

Military Living History Day is sponsored by SERVPRO of Roanoke, Montgomery & Pulaski Counties.

Special talks are planned throughout the day:

**"Surgeon, Soldier, Patriot: The Life of William Fleming" at 10 a.m.**

Born and educated as a doctor in Scotland, William Fleming immigrated to Virginia and became a noted physician and statesman. He fought alongside George Washington and Andrew Lewis, served as a surgeon throughout the Commonwealth, and became the third Governor of Virginia. Learn about his storied life and surviving legacy. Talk is presented by Garrett Channell, the Salem Museum's director of



COURTESY OF SALEM MUSEUM

The event will include special talks by three historians.

education and archives, and a Revolutionary War living historian.

**"That Awful Spring: The Battles of the Wilderness and Spotsylvania Court House, May 5 - May 21, 1864" at 12 p.m.**

Union General Ulysses S. Grant's Overland Campaign set the tone for the fighting that would take place in Virginia during the end of the American Civil War. Grant's Overland Campaign would result in nearly 90,000 casualties in only 52 days of fighting. That Awful Spring overviews the first two engagements in this important

chapter of Civil War history and examines the impact they had on the soldiers who suffered through them. Talk is presented by Alex Burke, the Salem Museum's assistant director and Civil War scholar.

**"Crisis in Europe: How the World Got to World War II" at 2 p.m.**

Between the aftermath of World War I and the global effects of the Great Depression, Europe was facing harsh conditions by the end of the 1930s. Join historian John Long as he explores the causes of World War II, and how these conditions in Europe built up to the start of

the War in 1939. John Long is the director of education at the National D-Day Memorial.

On July 4, 2026, the United States will celebrate the 250th anniversary of the signing of the Declaration of Independence. In preparation for this significant anniversary, the Virginia American Revolution 250 Commission (VA250) is encouraging programming to commemorate the Revolution. Military Living History Day is a VA250 event.

-The Salem Times-Register



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## College Lutheran Church invites you to worship with us for Holy Week 2024



*Palm Sunday Service*  
March 24th 10:00 a.m.

*Maundy Thursday Service*  
March 28th 7:00 p.m.

*Good Friday Services*  
March 29th  
Noon and 7:00 p.m.

### Easter Services

*Easter Sunday Festival of the Resurrection*  
March 31st 10:00 a.m.

We gather to celebrate Jesus' defeat over death and the grave in this festive service of the resurrection.

*Easter Breakfast*  
College Lutheran Church warmly welcomes our friends and neighbors to breakfast on Easter Sunday, March 31st 8:30-9:45 in the Fellowship Hall.

College Lutheran Church  
210 South College Avenue, Salem • www.collegelutheran.org

# RECIPE OF THE WEEK

When Life is bananas, what do you do? I make banana bread. Banana bread is a quick bread that is more like a cake. Quick breads are divided into two categories; those made with dough and those made with batters. Dough quick breads include biscuits or scones, while batter quick breads include zucchini bread, cornbread, and muffins. Unlike other bread recipes, quick breads are leavened with baking powder instead of yeast. This allows them to be baked sooner than yeast risen dough. Bananas appeared in the US in the 1870s but it took a while for them to appear as ingredients in desserts. The advent of refrigeration at the turn of the 20th century made bananas a staple in the American household. Bananas were used as a garnish on cakes or puddings until baking powder was invented in 1856 by a Harvard chemistry professor. Baking powder began to be commercially produced at the start of the 1900s. The first quick banana bread recipe was published by Pillsbury in 1933.

I always have some bananas around. Betsy likes them, since in moderation; bananas are a good treat for dogs. They are high in potassium, vitamins, biotin, fiber and copper. They are low in sodium and cholesterol but because they are high in sugar, they are only a treat. This week's recipe is for banana bread, a recipe that I grew up with. My mom made it often and it changed depending on her mood. She would make a loaf and freeze it so that we could take it camping with us. Sliced and toasted over a fire, it made a great breakfast. She added chocolate chips or walnuts at times. Most bakes included frosting. She used cream cheese or peanut butter frosting the most. This bread freezes well too.



**Shelly Koon**

*Contributing Writer*

**Banana bread**

- 1 cup sugar
- 1 ¼ cups flour
- 1 teaspoon baking soda
- ½ teaspoon salt
- 2 bananas
- 2 eggs
- ½ cup solid Crisco

Mix together sugar, flour, salt and baking soda. In a blender, mix together bananas, eggs and Crisco. Add wet ingredients to the dry ingredients and mix. Pour into loaf pan and bake for 1 hour at 350°F. Remove from pan when cool and store in the refrigerator.

**Peanut butter frosting**

- 1 heaping cup of smooth peanut butter (I use Jiff)
- 1/4 cup softened butter (not melted)
- 4 tablespoons milk
- ½ teaspoon vanilla
- Dash of salt
- 3 cups powdered sugar, sifted

Beat together well the first four ingredients. Add the powdered sugar one cup at a time and mix until smooth. Beat until it is fluffy and light. This takes about four minutes; the color will lighten up as you beat it. If it is too thick, add a few more drops of milk. If it's too thin, add a tablespoon of powdered sugar one at a time. This makes a thick frosting.



PHOTOS BY SHELLY KOON

# Virginia Western Corporate Training workshops help employers provide for professionals' growth

ROANOKE — In today's employment climate, workers are increasingly vocal about their desire to be valued in their work. Organizations can invest in employees by giving them resources through corporate training – but to be effective, this training must be relevant and applicable to their daily lives. Virginia Western Community College has designed a new, high-impact workshop series tailored to workplace needs in 2024.

Topics range from how to become a leader in helping navigate organizational change, to overcoming compassion fatigue for health care professionals. Of particular note is a three-part series focusing on mental wellness in the workplace.

“These workshops are all one-day, high-engagement sessions, with tools and methods for participants to take back and immediately implement,” said Regina Cook, who is corporate training lead, workforce development specialist, and organizational development strategist at Virginia Western.

Each workshop runs from 8:30 a.m.

to 4:30 p.m. and is held at the Natural Science Center on Virginia Western's campus, near the two-acre Community Arboretum. Coffee, snack and lunch are all included, with free parking provided.

Sessions cover needs that Virginia Western's Corporate Training have worked with community partners to identify. Workshops offered this year will include:

- AI & The Workplace: Hands-On Horizons
- Balancing Act: Mental Wellness in the Workplace
- Change Makers: Change Leadership & Organizational Agility
- Compassion Fatigue: Remaining Connected to Your Patients
- Continuity of Operational Processes (COOP)
- Critical Thinking for Manufacturers
- Mental Health Matters: Mental Wellness in the Workplace
- Perspective v. Perception: Re-Engineering Workplace Communication
- The Emotionally Intelligent



COURTESY PHOTO

**Virginia Western faculty member Alexander Scott will be leading workshops on Re-engineering Communication in the Workplace and AI and the Workplace.**

Workplace: Mental Wellness in the Workplace

Cook noted that these are designed to meet a wide range of workplaces beyond the corporate world. “Government agencies and other organizations, nonprofits – all are welcome,” Cook said. “These workshops will give strategies for members of many sectors to thrive amid today's challenges.”

Participants may enroll now for

workshops that begin March 20 with “Balancing Act,” the first part of the mental wellness series. For more information about these workshops or other workforce development trainings, email Regina Cook at rcook@virginiawestern.edu, or call her at (540) 857-6243 (office) or (540) 205-4723 (cell).

*-The Salem Times-Register*

# School Board

from page 1



**The Salem School Board members formally congratulated the division's 2024 Spelling Bee Champ Audrey Lee.**

**GW Carver Elementary School** - Allison Rude; 5th grade  
**South Salem Elementary School** - Christiana Ciril; 5th grade  
**West Salem Elementary School** - Emily Wise; 5th grade

Engineering Mechanics AT-CV Walker (All Terrain Combat Vehicle)  
**Mitchell Deese** - First Place in Microbiology

The Stability of Bacillus Strains When Applied on Bare and Avicta Corn Seeds  
**Josephine Eaton** - First Place in Plant Sciences

The Effectiveness of Glycine max on Microplastic Removal from Soil  
**Emma Baldwin and Dorothy Myers**



COURTESY PHOTOS

**Derek Bush has become the second state wrestling champ in Salem history.**

Second Place in Animal Sciences  
**Vivienne Eaton and Ryan Hubbard**

The Absorption and Effect of Microplastics on C. elegans  
**Mirabel Makked**

Second Place in Animal Sciences  
**Kathryn Ha and Claire Rawlins**

Third Place in Cellular and Molecular Biology  
 Investigating the Role of SNAI2 in the Proliferation of HCT116

Cancer Cells  
**Vivienne Eaton and Ryan Hubbard**

Third Place in Plant Sciences  
**The Allelopathic Effect of S. oleracea Organs on the Germination of S. lycopersicum**

Thirdly, "Spartan Spirit," Salem High School's store, was recognized for achieving gold-level certification for the 2023-24 school year, ranking the store among the top 728 school-based enterprises nationwide. This recognition will



PHOTO BY EDMEE CR HASLER

**Allison Rude is recognized for her participation in the spelling bee.**

be honored at DECA's International Career Development Conference in Anaheim, California, from April 27-30. DECA members Kendall Joyce and Madi Martin, under the guidance of advisor Kris Harless, led the store to success in just two years.

Finally, was the recognition of freshman Derek Bush who was victorious at the VHSL Class 4A State Wrestling Championships in Virginia Beach, finishing with a remarkable 37-2

record and 21 pins at 113 lbs. Despite two losses, he beat the returning 4A state champ and the 3A state champ. Bush defeated all six state place winners during the season, showcasing exceptional skill. With a 3.9 GPA, he was named captain and led his varsity team to top 5 finishes in every tournament, where he consistently claimed individual first place. All of these earned Bush the title of 2024 VHSL Class 4A 113 lb. state wrestling champion.

Zachary Easter  
 First Place in

## ADVANCED PREPLANNING

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 Dave Vanderpool, Manager

# OPINION

# National Public Health Week 2024

During the week of April 1-7, the Roanoke City and Alleghany Health Districts will observe National Public Health Week. The national theme, "Protecting, Connecting and Thriving: We Are All Public Health," emphasizes what we know is true: the community's health improves when we work together to build safe, interconnected, healthy communities for everyone.

Every day, public health workers across our districts, the state, and the country strive to make sure that our water, air, and food are safe. In addition to efforts to assure conditions for all people to be healthy, the public health workforce is responsible for assessing the community's health; developing policies and programs to address needs; and assuring that those programs are effective, efficient, and available to all. Locally, RCAHD staff efforts have recently focused on Community Health Assessment processes in both the Roanoke Valley and Alleghany Highlands to gather input about health priorities directly from community members. These activities will allow us to both examine the complex issues that underlie community health and join partners to build a common agenda with shared resources.

Additional public health activities undertaken by RCAHD staff over the past year have included:

## Health Column

Christie Wills, Roanoke City and Alleghany Health Districts

- working with numerous community partners to respond to increases in reported cases of communicable diseases, particularly tuberculosis and syphilis. In 2023, we worked with medical providers to manage eight active cases of tuberculosis, a concerning rise over the typical baseline of one-to-two cases per year.
- monitoring an ongoing increase of invasive group A streptococcus (iGAS) cases since 2022.
- increasing outreach for sexually transmitted infections (STI) testing with community partners.
- improving lead and rabies case management workflows.
- partnering with local fire departments to provide more efficient joint inspections of mobile food

- units during temporary events.
- the completion of over 1900 food service inspections to help ensure the proper handling of food served to the public.
- providing more educational opportunities and resources for families to keep their children safe through the car seat and infant safe sleep programs.
- increasing outreach to ramp up overdose education and availability of naloxone (Narcan) to the public and increasing partnership outreach opportunities with local harm reduction and peer recovery programs.
- fulfilling over 27,000 vital records document requests, such as birth, death, marriage, and divorce certificates.

Residents can learn more about these and other public health efforts on our website, including in our most recent 2023 Annual Report. While Public Health Week celebrates the public health workforce, we recognize that no individual, organization, or initiative can change the health of our community alone. We look forward to increasing opportunities to partner with others, especially our residents, because it takes all of us working together to improve our community's health.

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### Library Corner

**Empowering individuals to build a stronger community**  
*Benita VanCleave*

Download RVL MOBILE from the Google Play Store or Apple App Store for the easiest way to see and access everything your local Roanoke Valley library has to offer. There is a link to take you to wherever you want to go. The links keep you from having to remember all the various websites to use to find what you want. For example, all four of the Roanoke Valley library localities, City of Salem, Botetourt County, Roanoke City and Roanoke County each have their own separate websites. (Ex. Salem's is www.salemlibrary.info) The Roanoke Valley Library catalog that contains all of the library's holdings has a separate web

address (www.rvl.info). There is also a separate website for the catalog for e-books and e-audiobooks.

The App makes you choose a home location geographically based on whatever library you use, but you can change the location if you want to explore the unique program offerings or databases offered by other libraries in the consortia.

1. Search the library catalog. Narrow your search to a library, item type, adult, or youth, using filters, or do a broad search library system wide to see which of the locations in the Roanoke Valley owns the item you are looking for. Go to the owning library to pick it up or request it to come to a location convenient to you. It is always a good idea to call ahead to make sure the item is there if you are going to pick it up.
2. Browse the new arrivals at the library wherever you are.
3. Visit your library's website.
4. Click a link to "Ebooks & More"

to find a link for Libby to use your library card to access e-books and E-audiobooks. The "Magzter" link gives you access to 8,000 + magazines, newspapers, and journals across 40+ categories to read on your favorite device while you are waiting at your doctor's office. There are also links for accessing the New York Times, NYT Cooking, and some NYT Games with a free subscription.

5. View and register for events at the library.
6. View and use popular library databases: Consumer Reports, Auto Repair, and many other online learning resources.
7. See the services your library offers.
8. Find the locations and hours for all the library branches in the Roanoke Valley where you can use your library card.

Also, manage holds, checkouts and more for all your household members by adding one or more library accounts to your device.



COURTESY IMAGE

## SALEM TIMES-REGISTER

*A newspaper of, by and for the people of the City of Salem and Roanoke County.*

**USPS 631-140**  
**(540) 389-9355**  
**1633 West Main Street**  
[www.ourvalley.org](http://www.ourvalley.org)

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The Times-Register encourages letters from our readers on topics of general interest to the community and responses to our articles and columns. Letters must be signed and have a telephone number where you can be reached to be considered for publication. All letters will be verified before publication. The Times-Register reserves the right to deny publication of any letter and edit letters for length, content and style.

The Times-Register (USPS 631-140) is published weekly for \$46 a year in Salem and Roanoke County, \$50 in adjoining counties and \$54 out of state by Virginia Media Inc., P.O. Box 429, Lewisburg, WV 24901. Periodical postage paid at Salem, VA. POSTMASTER: Send address changes to THE SALEM TIMES-REGISTER, P.O. Box 1125, Salem, VA 24153

## LETTER TO THE EDITOR

### Who reads a physical paper book anymore?

Who reads physical paper books anymore? The Friends of the Salem Library (FOSL) says there must be a lot of folks who do. The March sale of donated books, DVDs, and CDs contributed to over \$3000 worth of sales in just three days, March 1-3. Did you miss it? No worries. There will be another sale at "Olde Salem Days". Prices vary, but generally, they are \$2 for hardbacks, \$1.00 for paperbacks, 50 Cents for DVDs, and 25 cents for CDs all of which are donated to the Salem Public Library for sale. Please bring gently used items to the Salem Library during business hours, save space in the landfills, and bring entertainment to purchasers. President of the FOSL group, Lydia Spruhan, stated, "We are thrilled with the community's outpouring of support during our recent Spring Book Sale".

What does the Salem Public Library use the money for, you may ask? The income supports the summer reading program where children registered for the program receive a free book. The library has story times, book clubs, and many outdoor activities to get



COURTESY PHOTO

children interested in reading. Mill Mountain Theatre will put on a play and the SW Virginia Wildlife Center will provide educational materials. Art shows with art

See **McKinney**, page 7

## CROSSWORD PUZZLE

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|---|--|---|
| <p><b>CLUES ACROSS</b></p> <ol style="list-style-type: none"> <li>1. One who regrets</li> <li>5. Time zone</li> <li>8. Subway dweller</li> <li>11. Bend in a river</li> <li>13. Alias</li> <li>14. Isidor ____, American Nobel physicist</li> <li>15. Very (music)</li> <li>16. Zero</li> <li>17. Phil ____, former CIA</li> <li>18. Competitions</li> <li>20. Unwell</li> <li>21. Puts in place</li> <li>22. Gets rid of</li> <li>25. Allows light to pass through</li> <li>30. Climbed quickly</li> <li>31. We all have it</li> <li>32. There's a North &amp; South</li> <li>33. Emaciation</li> <li>38. Supervises flying</li> </ol> | <ol style="list-style-type: none"> <li>41. Very dark colors</li> <li>43. Unwanted</li> <li>45. Grants</li> <li>48. Three visited Jesus</li> <li>49. Wife of Amun</li> <li>50. Broadway actress Daisy</li> <li>55. A Spanish river</li> <li>56. I (German)</li> <li>57. French opera composer</li> <li>59. Six (Spanish)</li> <li>60. Last letter</li> <li>61. Spiritual leader of a Jewish congregation</li> <li>62. A curved shape</li> <li>63. Make a mistake</li> <li>64. Tall plant</li> </ol> | <ol style="list-style-type: none"> <li>5. Cassava</li> <li>6. Talented</li> <li>7. Capital of Estonia</li> <li>8. Finger millet</li> <li>9. In a way, assists</li> <li>10. Men's fashion accessories</li> <li>12. Misery</li> <li>14. Skin disorder</li> <li>19. Selling at specially reduced prices</li> <li>23. Good friend</li> <li>24. Stationary portion of a generator</li> <li>25. Expression of disappointment</li> <li>26. The 17th letter of the Greek alphabet</li> <li>27. Where birds fly</li> <li>28. Midway between north and northeast</li> <li>29. Chaotic states</li> </ol> |
|---|--|---|

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# V DOT ROADWATCH

## Interstate 81

**INTERSTATE 81 LANE WIDENING CONSTRUCTION PROJECT EXIT 137 TO EXIT 141** – The \$179 million design-build project to widen both directions of I-81 between mile markers 136.6 and 141.8 from two to three lanes is underway. Work is being performed along a five-mile section of both northbound and southbound Interstate 81 in Roanoke County and the city of Salem. Barrier wall is in place along the shoulders. Two lanes of I-81 traffic in each direction are expected to remain open during the project with periodic lane closures scheduled during nighttime hours or outside of peak travel times as needed. Drivers can expect the following lane closures and upcoming traffic impacts in this area on northbound and southbound I-81:

### ADDITIONAL TRAFFIC IMPACTS:

**WORK ZONE SPEED:** Drivers should adhere to posted 60 mph speed limits in the work zone and allow space when following a vehicle. Narrow spacing in lanes due to barrier walls, lack of shoulders and lane shifts in various locations, are present.

**TRAFFIC SHIFTS ON WILDWOOD ROAD:** Expect a work zone with traffic shifts and narrow width on Wildwood Road after exiting I-81 southbound on exit 137 heading towards Salem. Southbound and northbound I-81 exit and entrance ramp narrows are possible at Route 311.

**TRAFFIC SHIFT ON EXIT 140:** Drivers may experience a periodic quick merge into traffic onto Thompson Memorial Drive from the southbound exit ramp of exit 140. Work zone located at bottom of the ramp for work on the I-81 bridge at the underpass.

**RAMP CLOSURES:** Ramp closures are possible during nighttime hours, 12 a.m., to 5 a.m. Drivers should watch for message boards dates and times the ramp will be closed.

**LANE CLOSURES:** Alternating left and right lane and shoulder closures during nighttime hours between 8 p.m. and 6 a.m., Sunday through Thursday, are possible. Lane widths will be reduced to 11 feet. Nightly lane closures may be in place along the right lane with possible nightly ramp narrows as needed for guardrail and shoulder strengthening. The project also includes replacing six bridges, widening two bridges, installing approximately 2.6 miles of sound barrier walls along northbound I-81, improving the southbound exit 137 off-ramp intersection at Wildwood Road and adding interchange lighting at exits 137, 140 and 141. Expected completion in early 2026.

**I-81 NB & SB BRIDGE REHAB OVER ROUTE 100 AT EXIT 98** - Beginning late March 2024, work will begin on I-81 rehabbing the northbound and southbound bridges over Route 100 at Exit 98. Lane and shoulder may be in place on Route 100 north and on I-81 northbound and southbound, 8 p.m. – 6 a.m. Flagging operations may also be in place on Route 100 north for up to eight-minute slow rolls. Both northbound and southbound on and off ramps at exit 98 for I-81 traffic will remain fully operational for the duration of this project. Estimated completion date is summer 2024.

**I-81 NB & SB BRIDGE REHAB OVER**

**ROUTE 100 AT EXIT 98** - Beginning late March 2024, work will begin on I-81 rehabbing the northbound and southbound bridges over Route 100 at Exit 98. Lane and shoulder may be in place on Route 100 north and on I-81 northbound and southbound, 8 p.m. – 6 a.m. Flagging operations may also be in place on Route 100 north for up to eight-minute slow rolls. Both northbound and southbound on and off ramps at exit 98 for I-81 traffic will remain fully operational for the duration of this project. Estimated completion date is summer 2024.

**I-81 NORTHBOUND AT EXIT 105 NEW RIVER BRIDGE REPLACEMENT IN MONTGOMERY COUNTY** – Traffic on northbound I-81 has been switched onto the newly constructed bridge over the New River at the Montgomery/Pulaski County line. Lane and shoulder closures may be in place near exit 105. Lane closure may be in effect during the week from 8 p.m. to 7 a.m. Shoulder closures may be in effect at any time during the week. Slow rolls may be performed on I-81 in the north and southbound lanes from mile marker 98 to 109. Speed limit is reduced to 60 miles per hour in the work zone. Shoulder closures will remain in place though the duration of the project. Project completion is estimated for Summer 2024.

**LANE CLOSURES:** Nighttime alternating lane closures are possible on I-81 northbound between mile markers 104-106 from 7 p.m. to 6 a.m. the following morning.

**ROUTE 605:** Alternating lane closures and flagging operations may be present on Route 605, located under the New River Bridge, for paving operations and work overhead on the bridge.

**SLOW ROLLS:** A slow roll operation will be in place on Monday, January 22 and Tuesday, January 23 on I-81 northbound from mile marker 104 and 106 between the hours of 9 a.m. and 2 p.m. Slow rolls may be utilized periodically on both the northbound and southbound lanes from mile marker 98-109 for structural steel deliveries and setting beams.

**I-81 BRIDGE DECK REPAIRS** – Weather permitting, crews will repair bridge decks on Interstate 81. Between mile markers 170 to 89, right and left lane closures will be in place northbound and southbound during nighttime hours, 9 p.m. to 6 a.m. the following morning. Drivers should watch for signs and expect possible delays.

**Roanoke County SIDEWALK PROJECT ON SOUTHBOUND WILLIAMSON ROAD IN HOLLINS AREA** - Work is underway on a project to construct new sidewalk along the section of southbound Route 11 (Williamson Road) between Plantation Road and Peters Creek Road. Drivers in the Hollins area can expect periodic right lane closures on southbound Williamson Road between 9 a.m. and 2 p.m. As work progresses, occasional nighttime lane closures also will be scheduled. The sidewalk project is expected to be completed in summer 2024.

**APPALACHIAN TRAIL BRIDGE OVER ROUTE 311** – A new pedestrian bridge is under construction over Route 311 at McAfee Knob trailhead. The trailhead parking lot is currently closed and will remain closed during

construction. Flagging operations will be in place daily from 9 a.m. to 3 p.m. Occasional slow rolls during nighttime hours are possible to stop traffic for up to 15 minutes at a time for setting bridge beams. Alternate areas for parking and updates on the shuttle can be found on the shuttle website at [www.roanokecountyva.gov/McAfeeShuttle](http://www.roanokecountyva.gov/McAfeeShuttle).

**STARKEY ROAD AND BUCK MOUNTAIN ROAD ROUNDABOUT** – A road project to construct a single-lane roundabout at the intersection of Route 904 (Starkey Road) and Route 679 (Buck Mountain Road) is in progress. The new roundabout is now open to traffic and drivers should be aware of the new roundabout configuration. There will be occasional flagging operations in place between the 9 a.m. and 3 p.m. at the intersection of Starkey Road and Buck Mountain Road, drivers should still expect lane closures with flaggers controlling traffic for final paving, additional concrete pouring and pavement marking until the project is finished. Final completion is expected in late spring 2024.

**LANE CLOSURES WITH FLAGGING OPERATIONS:** Lane closure times of 9 a.m. to 3 p.m. have resumed due to school now being in session.

**ROUNDABOUT:** The roundabout configuration has been set up. This means drivers should continue around the circle without turning left and that drivers in the circle have the right of way.

**BLUE RIDGE PARKWAY CLOSURES IN ROANOKE AREA** - Blue Ridge Parkway will be repairing slope failures and road closures with detours may be in place. Visit their website at [www.nps.gov/blri/planyourvisit/roadclosures.htm](http://www.nps.gov/blri/planyourvisit/roadclosures.htm) for more information.

**MOUNTAIN VALLEY PIPELINE** - Mountain Valley Pipeline is expected to begin full construction again by mid-July. Temporary intermittent flagging operations will be in place in the county throughout the remainder of the project (with a tentative completion date of February 2024) to load/unload equipment at crossings and construction entrances. Scheduled completion is February 2024.

### Craig County

**MOUNTAIN VALLEY PIPELINE** – The Mountain Valley Pipeline construction project is underway. Temporary intermittent flagging operations will be in place in the county throughout the project to load/unload equipment at crossings and construction entrances. Scheduled completion is February 2024.

### Montgomery County

**WATERLINE PROJECT TO IMPACT TRAFFIC** - Intermittent lane closures are in place on Route 658 (Meadow Creek Road), Route 693 (Childress Road) between Meadow Creek Road and Route 8 (Riner Road) between Meadow Creek Road and Route 1097 (Turnberry Lane) for a water line infrastructure project. Expected completion in late 2024.

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## FROM THE ARCHIVES

# SALEM JUNIOR WOMAN'S CLUB IS IN TWELFTH YEAR OF UNSELFISH SERVICE TO THIS TERRITORY

## Miss Virginia Little First President-Numerous Projects Carried Out In Past Decade

From the 1938 centennial edition of The Times-Register

Eleven years ago, or on Tuesday evening, February 15, 1927, to be exact, an enthusiastic group of young women met in Salem High School for the purpose of planning and forming a Junior Woman's Club. These girls received much encouragement and advice from Mrs. W. F. Morehead, then president of the Virginia State Federation of Women's Clubs, and from Mrs. Henry A. Oakey, president of the Salem Women's Club.

Miss Ella Trevey, who was named temporary chairman, selected a committee to frame a constitution and by-laws, consisting of Misses Margaret Lewis Stearnes, Sadie Littrell and Mary Kelly.

A second meeting was held on Washington's birthday at which time the constitution and by-laws were adopted and a permanent organization effected with Miss Virginia Little selected as the first Salem Junior Women's Club president.

In May 1927 the club became federated in the Virginia State organization, and after a very successful year in which the club participated in many activities the period was brought to a close with a first birthday party in the form of a banquet when many state officers were present, Miss Little was selected to represent Virginia Juniors at the National meeting held in San Antonio.

In July of that year Mrs. Lily Strouse Rice was chosen as the first advisor of the club.

While it is impossible to review all of the activities of the club during the past eleven years in this article, a few of the outstanding events are mentioned under each succeeding president of the organization.

Miss Helen Lavinder was elected president to succeed Miss Little, and during 1928-1929, the club held several picnics, gave benefit card parties, took a course in parliamentary training, and conducted a "Hope Chest Project". Dad's night was inaugurated during the year.

1929-1930 saw Miss Ruby Garst as the club president and in June the organization joined the Roanoke County Federation of Women's Clubs. In November the first Charity Ball was given and the main project, a "Baby Show" proved unusually successful.

Miss Rosalie Stevens was elected president for two successive years 1930-31 and 1931-32. Among the outstanding activities for these years were: providing playground equipment for boys at the Grammer School; hot lunches daily for two school children.

Toys for baskets at Christmas. Miss Garst was sent as a delegate to the Denver meeting of Women's Clubs. Club took an active part in the Fourth of July celebration: sponsored Salem Night each Tuesday at Lakeside. A Spanish Fiesta at the newly developed Lake Spring Park. Cooperated with the Kiwanis Club in staging a Horse Show at which time \$375 was realized. The club was responsible for planting memorial trees and a marker at Lake Spring Park. Sunrise Easter service sponsored at Lake Spring Park. Gave an entertainment program at the Elks National Home in Bedford.

The sixth year of the Junior Club's career was under the guidance of Miss Catherine Amiss and it was during this year that the new clubhouse was acquired. A Fashion Show given at the Salem Theatre proved highly successful as were square dances, vanishing teas, bridge parties, the money for which was applied on the clubhouse fund.

The formal opening of the clubhouse was held on September 17, 1932, at which time a silver tea marked the occasion.

In December the club cooperated with the town in decorating College Avenue and Main Street with colored lights and Christmas trees.

Following Miss Amiss, came Miss Emily Lorraine for 1933-34. One of the most interesting and profitable projects was the "Thrift Soap" campaign resulting in a net income for the club of \$201.43. The balance due on the clubhouse note was paid in November of that year, and the first Christmas Party for underprivileged children was held with 100 present. A very successful Glee Club was organized during the year, with Mrs. Ruth H. Jones director and Mrs. Virginia Deyerle, accompanist.

Miss Mary Morgan was also chosen for two successive terms, 1934-35 and 1935-36. In July the club held a joint meeting with the Roanoke Juniors at the home of Mrs. Annie B. Witner, and later sponsored a concert at Andrew Lewis High School. The club helped out financially to the extent of \$45 for underprivileged children.

The biggest project of the year was the "Monte Carlo Ball" in which the Juniors cooperated with the county and city clubs resulting in the organization benefiting to the extent of \$168.29. A bridge tournament brought 47.20 into the club treasury.

Special feature events were conducted such as "Hobo Party", "Christmas Party", "Beaux Night", "Mother's Night", and "Bingo Party". A marionette

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FROM THE TIMES-REGISTER ARCHIVES

was presented at the Kiwanis Carnival, and the second Monte Carlo Ball was held.

For the next two years 1936-37 and 1937-38, Miss Mildred Worley was president, during which time a number of dances were sponsored, rummage sales held, and teas given. Articles were donated to the Needle Work Guild; \$20 given to the underprivileged children. A bridge tournament was sponsored, and donations made to the Community Fund Drive, and a Baby Show was conducted. The club assisted, together with the Roanoke County Juniors, and Roanoke City Club, as hostesses for the annual state convention of the Virginia Federation of Women's Clubs.

Miss Celia Lavinder was elected president for the ensuing year.

-Prepared by Lisa King

# POLICE REPORT

City of Salem Police Department



Weekly Arrest Report

Week of March 05, 2024 – March 11, 2024

03/05/2024	Christopher A. Lindamood	62	Shoplifting, Criminal Trespass
03/06/2024	Addrine M. Puckett	42	Criminal Trespass
03/06/2024	John K. Thompson	45	Criminal Trespass
03/06/2024	David A. Crabtree	57	Burglary, Vehicle Burglary, Vehicle Theft, Damage Property, Grand Larceny, Petit Larceny
03/07/2024	Clarence R. Wilson	36	Domestic Assault & Battery
03/07/2024	Martin A. Mills	51	Domestic Assault & Battery
03/08/2024	I'tisha S. Hooper	36	Domestic Assault and Battery
03/08/2024	Tami R. Adkins	46	Criminal Trespass
03/09/2024	Evans J. Manns	32	Indecent Exposure
03/10/2024	Phillip R. Strange	45	Possession of Controlled Substance
03/11/2024	Heidi G. Bundy	43	Possession of Controlled Substance

City of Salem Police Department



Weekly Crime Report (Felony Cases)

Week of March 05, 2024 – March 11, 2024

DATE REPORTED	LOCATION	OFFENSE REPORTED
08-MAR-2024	100 BLK Electric Rd	Grand Larceny

# Roanoke Lebanese Festival returns May 31, June 1-2



COURTESY PHOTOS

This year marks the 23rd Lebanese festival and will be held May 31 and June 1-2, 2024, at St. Elias Maronite Catholic Church, 4730 Cove Road, N.W., Roanoke, VA. The festival is open Friday and Saturday, 11 a.m. - 9 p.m., and Sunday, 11 a.m. - 8 p.m.

The festival features Lebanese food, Lebanese music and traditional Lebanese folk dancers in full costume. Admission and parking are free. Visitors may purchase a wide variety of home-style Lebanese food, and children can participate in activities for an affordable fee.

Menu offerings include meat pies, vegetarian and meat grape leaves, spinach pies, spinach-feta rolls, falafel, grilled lamb and beef kabobs, beef kafta, chicken shawarma wraps, lube (Lebanese green beans), tabbouleh (Lebanese salad), cabbage rolls, kibbie, pita bread, hummus, Lebanese cheesecake, baklava, other Lebanese pastries and more.

In addition to onsite dining, takeout will be available throughout

the day and evening. Orders may be placed online.

Tours of the church will cover the rich history of Maronite Catholicism, one of the oldest rites within Catholic Christianity, including a display of stained-glass windows and icons. For more information, visit the website: www.LebaneseFestival.StEliasChurch.org or contact St. Elias Church at 540-562-0012.

-Submitted by Renee Turk



## JOB VACANCY

**Seeking a Full-time Radiologic Technologist** for a position at the Craig County Health Center in New Castle, Virginia. This position requires current Rad Tech License. At a minimum 1 year experience, experience with electronic health records, great communication skills, ability to establish a good rapport with patients and staff. Clinic hours are Monday through Friday 8am to 4:30 pm. No Weekends. Benefits include, Retirement Plan, Health Insurance, Disability Insurance, 11 Paid Holidays, Paid Time Off, Radiologic Technologist License renewal reimbursement.

Candidates should send a current resume along with a completed employment application to Monroe Health Center, Attn: Stephanie Aliff, HR Director, P. O. Box 590, Union, WV 24983. We value diversity in backgrounds and experiences. Monroe Health Center is an equal opportunity employer. Learn more about us, visit [www.monrohealthcenters.com](http://www.monrohealthcenters.com)

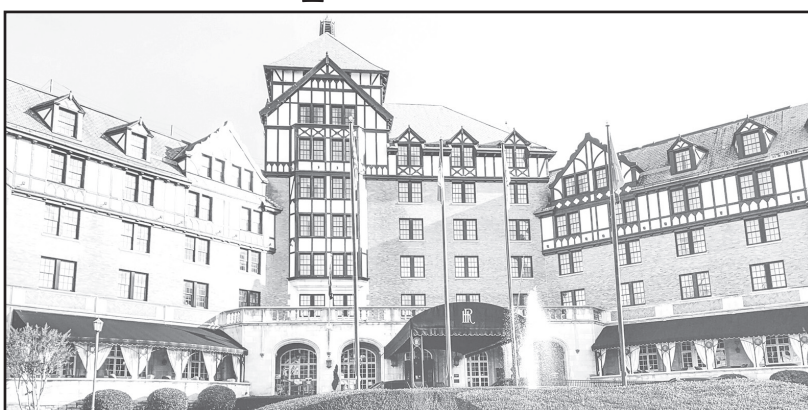
# Virginia Western event puts spotlight on administrative professionals

ROANOKE — The Virginia Western Community College Workforce Solutions Division has announced it will launch “Let Them Shine: An Administrative Professionals Celebration,” an annual event to recognize and invest in those who fill these key roles in organizations across the region.

“Let Them Shine” will take place at Hotel Roanoke from 8 a.m. to 1 p.m. on April 24. The event will provide personal and professional development, with robust guest speakers, activities and a gourmet lunch. There will also be special gifts for attendees.

“We are providing an upscale signature event to allow employers to thank their administrative professionals who fill this cornerstone,” said Regina Cook, who is corporate training lead, workforce development specialist, and organizational development strategist at Virginia Western, and emcee for the event.

Guest speakers are:



COURTESY PHOTO

### Hotel Roanoke

- Mandi Boltinghouse, QMHP: “Building Mental Resilience: The Spark Within”
- Linda Corbitt, MBA: “Using Nutrition as a Catalyst for Glowing, Effortless Energy”
- Alexander Scott, MBA, M.A.: “Ignite Positive Mindset to Cultivate Strong Relationships”

“These topics recognize the critical capacity of administrative

professionals’ roles for ongoing operations and organizational sustainability,” Cook said.

Tickets are \$149 each, with event parking included, and space is limited. To register, email Regina Cook at [rcook@virginiawestern.edu](mailto:rcook@virginiawestern.edu), or call her at (540) 857-6243 (office) or (540) 205-4723 (cell) by April 17.

-The Salem Times-Register

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# Chamber from page 1

Salem-Roanoke County area. "The operation of a small chamber such as ours requires the dedicated service by MANY volunteers on a regular basis, Lawrence said. "These individuals work tirelessly on behalf of the chamber to achieve our mission of creating, promoting, supporting, and developing quality business opportunities in the Salem-Roanoke County area," he added.

"Now it's time to celebrate the achievements of many of our fellow chamber members," said Lawrence. The awards ceremony honored various categories, including Small and Large Businesses, Regional Business, Franchise, Non-Profit Organizations, and outstanding individuals such as the Citizen of the Year, Ambassador of the Year, and the Judy Griesenbrock Volunteer of the Year. Lawrence expressed enthusiasm for celebrating the achievements of fellow chamber members.

Among the notable recognitions, Jonah Turpin was awarded the Officer of the Year for the City of Salem. Quoting Salem Police Chief Mike Crawley, Lawrence said, "In a society that has developed a 'look at me' mentality, Jonah is what I would call a throwback, an old soul who treats everyone with dignity and respect regardless of the circumstances. I know his family and upbringing have played big roles in the person he has become, and his future is incredibly bright." Turpin was on W. 4th Street running radar shortly after midnight in December 2023, when a 911 call came in regarding a male suspect who was lying in the roadway. "I was the first one on the scene and found the man lying on his back and he was barely conscious and hardly breathing," Turpin said. "I just relied on my training

and started doing CPR," he said. "I got about two reps through and gave the man a couple of rescue breaths when I heard him come around and start breathing again."

Police Officer III Matt Thomas was honored as the County of Roanoke Officer of the Year for his dedication to enhancing emergency medical services within the department.

Dee King was presented the Judy Griesenbrock Volunteer of the Year Award. This award "was created in 2001 and was established to honor those who are dedicated to making the Salem-Roanoke County Chamber successful through countless volunteer hours and support, in addition to making a difference by selflessly serving our community," explained Lawrence.

- Below are a list of other winners:
- Citizen of the Year Award, Jennifer Huffman
  - Roanoke County Fire/EMS Responder of the Year, Jason Cavagnaro, Volunteer Chief of
  - the Cave Spring Volunteer Fire Department,
  - Small Business of the year for the County of Roanoke, Veterinarians to Cats
  - Small Business of the Year, for the City of Salem, Salem Red Sox
  - Large Business of the Year, City of Salem, Mac & Bob's
  - Large Business of the Year, County of Roanoke, Bank of Botetourt
  - Regional Business of the Year, Roanoke Blacksburg Technology Council
  - Franchise of the Year, Chick-Fil-A
  - Non-profit of the Year, Hope Tree Family Services

# McKinney from page 4



COURTESY PHOTO

created by local students are always popular. All these funds raised from the sale of donated books and materials go directly towards Salem Public Library needs and programs throughout the year which includes upgrading the facility. All of this is the result of your donations and purchases during our Bi-annual book sales. Want to help? Become a FOSSL and join us in preparing

for the sale and get access to a members-only sale before the public one. Contact the Salem Public Library for details.

President Spruhan reminds the public again, "If you missed us this time, we hope to see you in September, over Olde Salem Days."

*-Cynthia "Ricki" McKinney, vice-president of Friends of the Salem Library*

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**BAPTIST (INDEPENDENT)**  
**CALVARY BAPTIST CHURCH** - 7th and Florida Streets, Salem VA. Pastor: Roger D. Counts, 540-389-3818. Sunday School 10:00 a.m., Morning Worship 11:00 a.m., Sunday Evening Service 6:30 p.m., Wednesday Night Prayer Service, 6:30 p.m.  
**LAKESIDE BAPTIST CHURCH** - 447 Dalewood Avenue, Salem, 986-0062, Pastor Carl Goodman. Coffee Bar 9:00 a.m., Connect Groups 9:30 a.m., Sunday Worship 10:30 a.m., Children & Student Ministry 5:00-6:30 p.m.; Thursday 7:00 pm Young Single Adults, Wednesday Morning Prayer Service 10:30, Lifegroups meeting throughout the week. [www.lbcva.com](http://www.lbcva.com).

**SOUTHSIDE BAPTIST CHURCH**, 2721 12 O'Clock Knob Rd., Salem, Pastor: Clay Dalton; Sundayschool, 9:45AM, Sunday morning worship, 11:00AM, Sunday evening, 6:00PM, Wednesday evening, 7:00PM.

**TEMPLE BAPTIST CHURCH** - 4339 Daugherty Road, Salem, Greg Irby, Pastor, Church: 380-3567; Home: 389-7240, Sunday School 10:00 AM, Worship Services 11:00AM & 6:00PM, Mid-week Prayer Meeting Wednesday 7:00PM, [www.templebaptch.com](http://www.templebaptch.com).

**BAPTIST (SOUTHERN)**  
**BETHEL BAPTIST** - 1601 S. Colorado St., Salem, Pastor Hilton Jeffreys, 389-2376, Sunday: Connect Groups meet at 9:30am; Worship Service starts at 10:30am. You can stream live with us at 10:30am on Facebook, YouTube, our App & Website ([www.bethelbaptistva.com](http://www.bethelbaptistva.com)). Tuesday mornings we have Adult Bible Study at 9:00am.; Wednesday evenings at 6:15pm we have TeamKid for kids 3 years old through 5th grade, Amplify Youth (6-12th grade), Band of Brothers Men's Bible Study and then our College & Young Adult Bible Study at 8:00pm. [www.bethelbaptistva.com](http://www.bethelbaptistva.com)  
**MOUNTAIN PASS BAPTIST CHURCH** - 311 Catawba Valley Dr., (Ro. Co.) Salem, VA 24153. Rev. Jack Richards, Jr., Pastor, Study 384-6720, Home 427-1508. Sundays: Sunday School 9:45 a.m.; Morning Worship 11:00 a.m., Evening 6:00 p.m. Wed: 7:00 p.m. Prayer Meeting and Bible Study.  
**RIDGEWOOD BAPTIST** - 703 Hemlock Road N.W. Roanoke, 342-6492. Roy E. Kanode, Pastor. Sunday School 9:45 a.m., Morning Worship 11 a.m., Awanas 5:15 p.m., Adult Bible Study and Youth Fellowship 6:00 p.m.; Wednesday Prayer Service 6:30p.m.; Fellowship Meal 5:45 p.m.; Praiz Kidz 6:00p.m.; Family Night Activities 6:30 p.m. website: [www.ridgewood-baptist.com](http://www.ridgewood-baptist.com).

**FELLOWSHIP COMMUNITY CHURCH** - Salem Campus: 1226 Red Lane Extension (Salem). North Campus: 7640 Alpine Road (Roanoke). Southwest Campus: 3585 Buck Mountain Road (Roanoke). Español Campus: 1226 Red Lane Extension (Salem). Worship Times: 9:00 AM and 10:45 AM for Salem, North, and Southwest; 10:30 for Español. For more information, visit: [www.fcclife.org](http://www.fcclife.org)  
**CATHOLIC**  
**OUR LADY OF PERPETUAL HELP CATHOLIC CHURCH** - 314 Turner Rd, Salem VA. 540-387-0491. Mass Times: Saturday 5 pm and Sunday 10:30 am (nursery available). Visit our website: [olpchsalem.org](http://olpchsalem.org) for our full schedule.

**CHURCHES OF CHRIST/ CHRISTIAN CHURCHES**  
**DALE RIDGE CHURCH OF CHRIST** - 7165 Cloverdale Rd., NW Roanoke, 24019; office: 992-4385. Sunday Bible Study, 9:30 a.m., Worship, 10:30 a.m., Wednesday Bible Study, 6 p.m. Ladies class

# Salem WORSHIP DIRECTORY

- Thursdays 10:00 a.m. Visit our new web page: [daleridgechurchofchrist.net](http://daleridgechurchofchrist.net), it's updated each week from local, national and international sources with news of interest to Christians. Take a video tour of our facilities. Read articles taken from the word of God that apply to our lives today. View a new sermon each week. Dale Ridge is reaching out to the Roanoke/Botetourt area with the good news of Jesus Christ. Come join our plea to return to the Bible. We believe in the inspired Word of God which is as relevant today as it was when it was written. We believe in the Holy Spirit is a gift, given to every Christian when we respond to the Gospel as taught in the context of Acts 2 and emphasized in verse 38. We believe Jesus is the only means of our salvation. (Acts 4:12) Is this your time to make a choice? (John 16:13) Have you been looking for a church family that's led by the Holy Spirit into all truth? (John 13:35) You will know we are His disciples by our love for one another. Follow the advice of Philip when he told Nathanael about Jesus in (John 1:46) "Come and See."

**SALEM CHURCH OF CHRIST** - 401 West Main Street. 540-389-2400. Minister Taylor Plott; 10:00am Sunday Bible Study; 11:00am Sunday Worship Service; Wednesday Life Groups: 5:30 -7:00pm. For more info contact the Church Office.  
**WESTSIDE CHURCH OF CHRIST** - 1705 Starview Drive, Salem. Minister Neil Richey, 389-9139, Sunday Bible Study: 9:30 AM, Morning Worship: 10:30 AM, Evening Worship: 6:00 PM, Wednesday Bible Study, 7:00 PM.

**CHURCH OF GOD/ANDERSON COVENANT COMMUNITY CHURCH** - 955 Bird Lane, Salem, Va 24153, 389-5639. Pastor: Scott Hudson. Sunday School 10:00AM, Worship 11:00AM; Bible Study 6:00PM.

**CHURCH OF GOD/CLEVELAND SALEM CHURCH OF GOD** - 600 Craig Avenue, Todd Stiffler, Pastor, 387-2068, Sunday School 9:30 am: Worship and Kids Church 10:30 am, Wednesday Bible Study and Classes at 7:00 pm. [www.salemccg.church](http://www.salemccg.church)

**DISCIPLES OF CHRIST**  
**FIRST CHRISTIAN CHURCH**, 712 Front Ave. Salem, Pastor Dan Netting (540) 389-6831. [www.firstchristiansalemva.com](http://www.firstchristiansalemva.com). Adult and Children Sunday School - 9:30 am, Worship - 10:30 am. Nursery Provided for both. Everyone welcome  
**FORT LEWIS CHRISTIAN CHURCH** - 2931 West Main Street, Salem - Pastor Matthew Cox - 380-4636 - website: [www.flccsalem.org](http://www.flccsalem.org). Sunday: 9:30am Adult Study Group, 10:30am Worship, Youth & Children's Church. All are welcome!

**ECKANKAR**  
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**EPISCOPAL**  
**ST. PAUL'S EPISCOPAL CHURCH** - 42 East Main Street, Salem, 389-9307. Sundays at 7:30am

and 10am. Holy Communion in church and live-streamed on YouTube@StPaulSalemVa.

**EVANGELICAL LUTHERAN COLLEGE EVANGELICAL LUTHERAN CHURCH** - 210 S. College Avenue, Salem VA 24153. Please visit our website [www.collegelutheran.org](http://www.collegelutheran.org) for information on services.

**FOURSQUARE**  
**the BRIDGE SALEM CHURCH** - 4335 West Main Street, Salem. 540-404-1414 | [bridge.salem@icloud.com](mailto:bridge.salem@icloud.com) • [www.salemva.church](http://www.salemva.church) Saturday service, 6pm (Nursery & Kids Church available). Mail: PO Box 1954, Salem. Twitter/ Instagram: @thebridgesalem Joey Lyons, Senior Pastor | [joey@salemva.church](mailto:joey@salemva.church) | 540-831-9864

**INDEPENDENT**  
**RESTORATION CHURCH** - a Community on Mission Following Jesus into the World - 10:10am Sundays at the Salem YMCA - 1126 Kime Lane, Salem - 540-384-1601 - [www.restorationsalem.org](http://www.restorationsalem.org). Watch Live at: YouTube: Restoration Church-Salem, VA. Facebook: RestorationChurchSalem

**NATIONAL BAPTIST CONVENTION, U.S.A., INC.**  
**FIRST BAPTIST CHURCH** - 226 South Broad Street, Salem. Rev. Melton Johnson, 389-9648. Sunday School 9:30 AM, Sunday Morning Worship Service 11:00 AM, Wednesday Bible Study and Prayer Meeting 7:00 PM.

**SHILOH BAPTIST**- 201 South Market Street, Salem, Rev. Adrian E. Dowell, H) (389-0409). Sunday School at 8:30 a.m. (All classes) via zoom and conference call line. Wednesday Adult Bible Study at 7:00 p.m. in person for adults, children and teens. Adult class is also streamed on Facebook. Men's Bible Study Saturday at 7:00 a.m.(Zoom). Saturday Intercessory Prayer Service at 8:00 a.m. (conference call line). Sunday Women's Bible Study Class at 8:30 p.m. (Zoom). In-person Worship on Sunday at 11:00 a.m. or worship with us on line via Facebook. Church office can be contacted for additional information.

**PENTECOSTAL HOLINESS**  
**CHRISTIAN LIFE INTERNATIONAL CHURCH** - 1 CLI Way, Salem, VA, 540-343-3801 | [www.clichurch.org](http://www.clichurch.org). Sundays @ 10 am | Wednesdays @ 7 pm. Livestream on YouTube & Facebook.

**PRESBYTERIAN CHURCH (USA)**  
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**UNITED METHODIST**  
**FIRST UNITED METHODIST CHURCH** - 125 W. Main St, Salem, VA. 540-389-5459. Pastor Alan Combs, Traditional Worship - 8:45am, Sunday School - 9:45am, Genesis Contemporary Worship 10am; Traditional Worship - 11:00am. [www.fumcsalemva.org](http://www.fumcsalemva.org).

**LOCUST GROVE UNITED METHODIST CHURCH** - 3415 Locust Grove Lane, Salem, 540-315-0881, Pastor Mike Sanborn. Each Sunday Traditional Worship 9:30 a.m.

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# Golf tournament is benefit for Salem Police Officer

The 13th annual City of Salem Benefit Golf Tournament will be held on Saturday, June 1st, at the Salem Municipal Course on Academy Street. This year's tournament proceeds will go to Salem Police officer Brian Stump, who was diagnosed with throat cancer in December.

Stump has been with the Salem Police Department since December of 2000, serving the citizens of Salem in the Animal Control Division. He was appointed to the rank of Sergeant in February of 2019.

Cost of the tournament is \$40 per person or \$160 for a team of four. The 18 hole tournament (you go around twice) includes lunch at 11:30 am as

well as prizes and refreshments. Tee times will be at 8:30 am and 1:30 pm.

Entry deadline is May 25 and the registration fee must be sent with all entry forms, which are available at the course clubhouse. Make checks payable to Salem Parks & Recreation and send your entry form to Chuck Johnston at 601 Academy Street in Salem.

Businesses and individuals can also place signs at the tee boxes for \$100, and all proceeds go to Sgt. Stump. Interested persons are also urged to donate items for a raffle.

For more information or to sign up to play or be a sponsor call Chuck Johnston at 540-392-9445.



# Salem's Mark Byington, JMU is in this year's ST-R basketball contest

The NCAA basketball tournament begins this week, marking the 43rd year of our annual "Steps to the Championship" basketball contest.

This should be a great contest. We have "one of our own" in the contest as 1994 Salem High School graduate Mark Byington has his James Madison University team in the South Region. Byington, as you may recall, was an all-state player on the 1994 Salem High state championship team. He's continued his success at JMU, coaching the Dukes to a 31-3 record and the Sun Belt Conference championship. His reward for that outstanding record is a 12th seed with a first round game against fifth seeded Wisconsin on Friday night in Brooklyn. If the Dukes win they'll likely play fourth seeded Duke on Sunday.

I wouldn't count Byington out, as we've seen him work magic before. However, it's up to you to decide how far the Dukes go when you play our contest. The bracket for the NCAA Division I men's basketball championship is on the facing page, and once again first prize is a \$100 gift certificate from Mac & Bob's restaurant in Salem thanks to generous Bob Rotanz and Joe Dishaw. You also get a year's subscription to the Salem Times-Register so you won't have to buy a paper to enter next year.

The rules of the contest are simple. Simply fill in the brackets, right down to the championship winner. The person who fills in the most blanks correctly when the NCAA championship is decided on April 8th in Phoenix will be the winner.

The tie-breaker, if needed, is as follows. If two contestants are tied for the top spot, the winner is the contestant whose pick to win the championship has advanced farther. If it's still tied, then whoever had the most correct in the "Final Four" will win. If still tied, we go to the Final Eight, Final 16, etc.

Your completed entry form must be in our office at 1633 West Main Street by 5 pm this Friday. So, realize you get the Thursday games for free if you play your cards right. However, don't try to slip your entry in after the deadline on Friday because we'll be watching, and you'll be disqualified.

You can also mail your entry, but it must be postmarked by 5 pm Friday. Send it to, "Steps to the Championship," Salem Times-Register Sports, P.O. Box 1125, Salem, VA 24153.

Please note all entries must be on the official ballot, cut out of a Salem Times-Register newspaper.

-BRIAN HOFFMAN



# Sox Fest is Saturday in Salem

The annual Sox Fest will be held this Saturday, March 23rd, at Salem Memorial Ballpark, the home of the Salem Red Sox.

The event begins at 11 am and goes until 2 pm and will include food and activities for all ages

as the 2024 Carolina League season draws near. Some of the activities include a Mechanical Bull, a Speed Pitch Machine, Face Painting, and Obstacle Course, a Balloon Artist, a DJ with a Photobooth and much more.

Season ticket holder can pick up their tickets at this time, or fans can also purchase season tickets Saturday.

The Red Sox 2024 Carolina League season will open April 5 at home against the Carolina Mudcats.

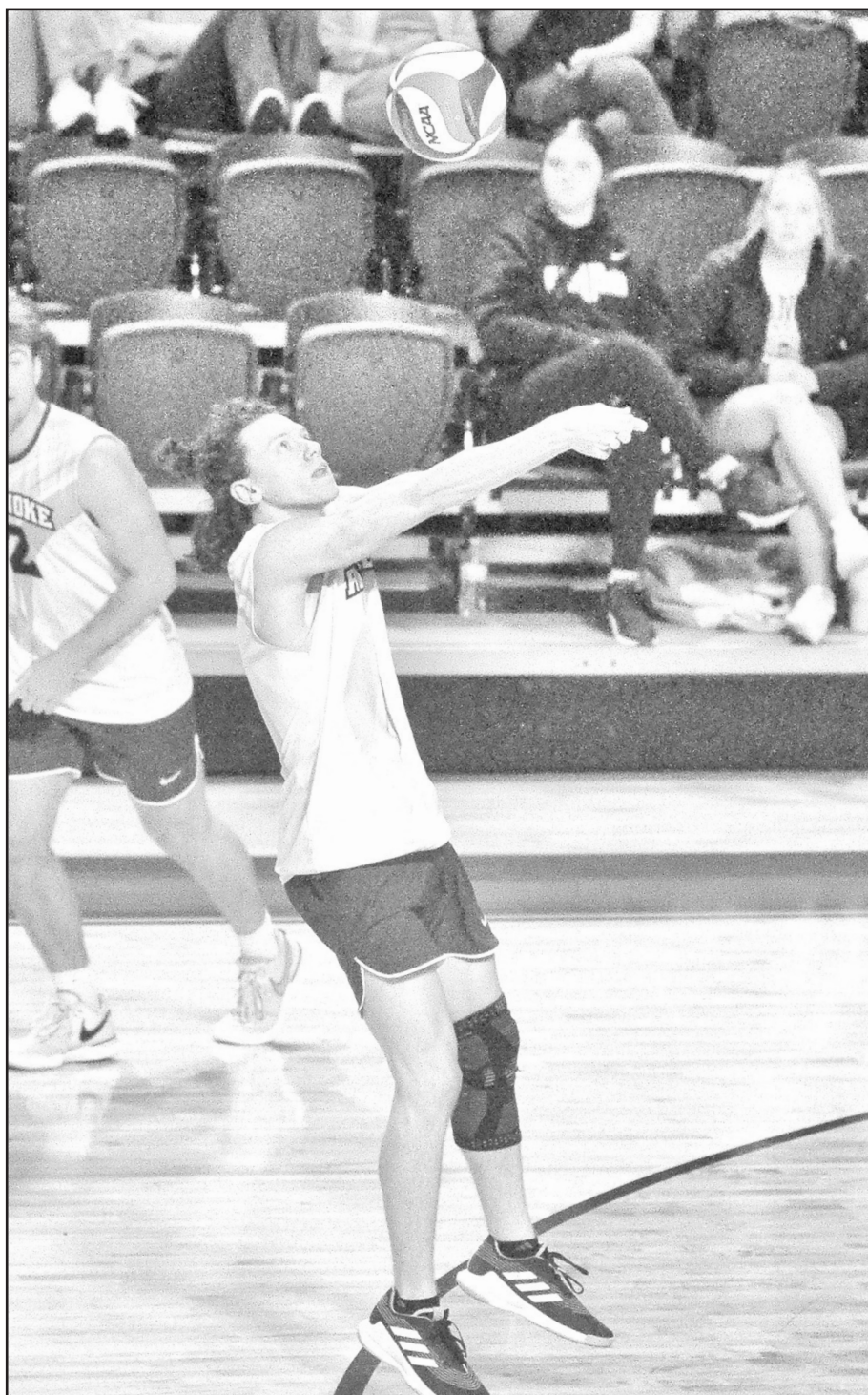


PHOTO BY BRIAN HOFFMAN

Davin Stevenson is one of two seniors who will be recognized at Friday's match.

# RC volleyball is home Friday

The Roanoke College men's volleyball team will try to get back on the winning side of the ledger when they host Elizabethtown Friday night at 7 pm at the Cregger Center in Salem. The Maroons are 11-11 overall after dropping two matches in Ashland last Saturday.

Roanoke lost to Randolph-Macon in three sets in an ODAC match, 25-19, 25-13 and 25-23. Then, in a non-conference match, the Maroons fell to North Park of Illinois in 25-18, 25-18, 18-25 and 25-23.

Jackson Rutkowski had a team-high eight kills while Colin Mendoza had seven and Dominic Wheaton had six against Randolph-Macon. Wheaton, Mendoza, Pierce Falcon and Connor Tyson each had eight kills against North Park.

This Friday is "Senior Night" for the Maroons. Roanoke has two seniors, Davin Stevenson and Benjamin MacLeod, both from Virginia Beach. They will be recognized in a pre-match ceremony.

# Lewis, GMS will meet in four middle school sports today

The Andrew Lewis and Glenvar Middle School sports teams will go head-to-head today in four sports. The border rivals will meet in baseball, softball and both boys' and girls' soccer.

The girls' soccer game is at Andrew Lewis at 5:30 pm, and it should be a good one. Glenvar won three games in the past week, 6-0 over Ben Franklin, 6-1 over Central Academy and 6-0 over William Byrd. In those three games goals were scored by Emily Rohrback, Cam Stevens, Addie Conner, Maudie Doolan and Gabby Barba. Lewis is 4-2 on the season after shutting out Northside, 4-0, before falling to a strong Cave Spring team Monday, 5-0.

The boys' soccer game will be played on the turf at Highlander Stadium at 6 pm today. The host Glenvar team is on a roll. The Highlanders were 5-0 after defeating Ben Franklin, 6-1, CAMS, 7-0, last week and William Byrd, 5-0 on Monday. Against the Terriers Hudson Brendel and the defense got a shut out, Noah Stevens had two goals and Kiptyn Jones scored a goal. Hudson Luton and Jaxson Kuzmich each got their first goals of the season.

Lewis beat Northside last week, 4-1, as Miles Biscotte, Croix Bowen,

Gavin Horner and Brayden Bowen scored. On Monday the Wolverines tied Cave Spring, 3-3.

Today's baseball game will be played at Green Hill Park with first pitch scheduled for 5 pm. The host Highlanders are still looking for a win after losses to Ben Franklin, 13-1, CAMS, 22-3, and William Byrd on Monday, 25-6.

Lewis lost to Northside last Thursday, 11-3. Aiden Kirby had three hits, Kelton Wheeling had two and Nate Biggar stole three bases.

Lewis fell to Cave Spring Monday, 8-3.

Lewis will host the softball game at the Salem Civic Center at 5:30 pm today. Lewis lost to Cave Spring Monday, 17-2, and lost to Northside last week, 17-7, despite out-hitting the Norsewomen, 9-3. Rosalie Botos is batting .750 for Lewis thus far and Vayda Young is hitting .615 and leads the team with eight hits.

The Glenvar girls lost to William Byrd Monday, 20-6. Paisley Hodge, Toryn Leonard, Emma McClanahan, McKenna Tice, Elena Eskridge and Kherington Jewell had one hit each for the Highlanders. Last week Glenvar fell to Ben Franklin, 14-3, and Central Academy, 8-7.

"We are a young team this year, fielding only sixth and seventh graders," said GMS coach Jackie Smyth. "We're excited to see their progression this season, as these girls have been working really hard at practice."



Aiden of Andrew Lewis holds the ball he hit over the wall at Kiwanis Park for a home run in middle school.

# Lewis opens track season

The Andrew Lewis track teams competed against Ben Franklin, Read Mountain, and Christian Heritage Middle Schools last Wednesday, March 13, at Franklin County High School.

The girls were led by top scorer Ava Shifflett, who won the 200 meter dash. Jordyn Holland won the 100 meter hurdles while Karoline Williams won the 800 meter run. Shifflett, Laila Smith, Synia Law, and Olivia Huff took first in the 400 meter relay.

The boys were led by top scorer Nick Baxley. Jayden Wood won

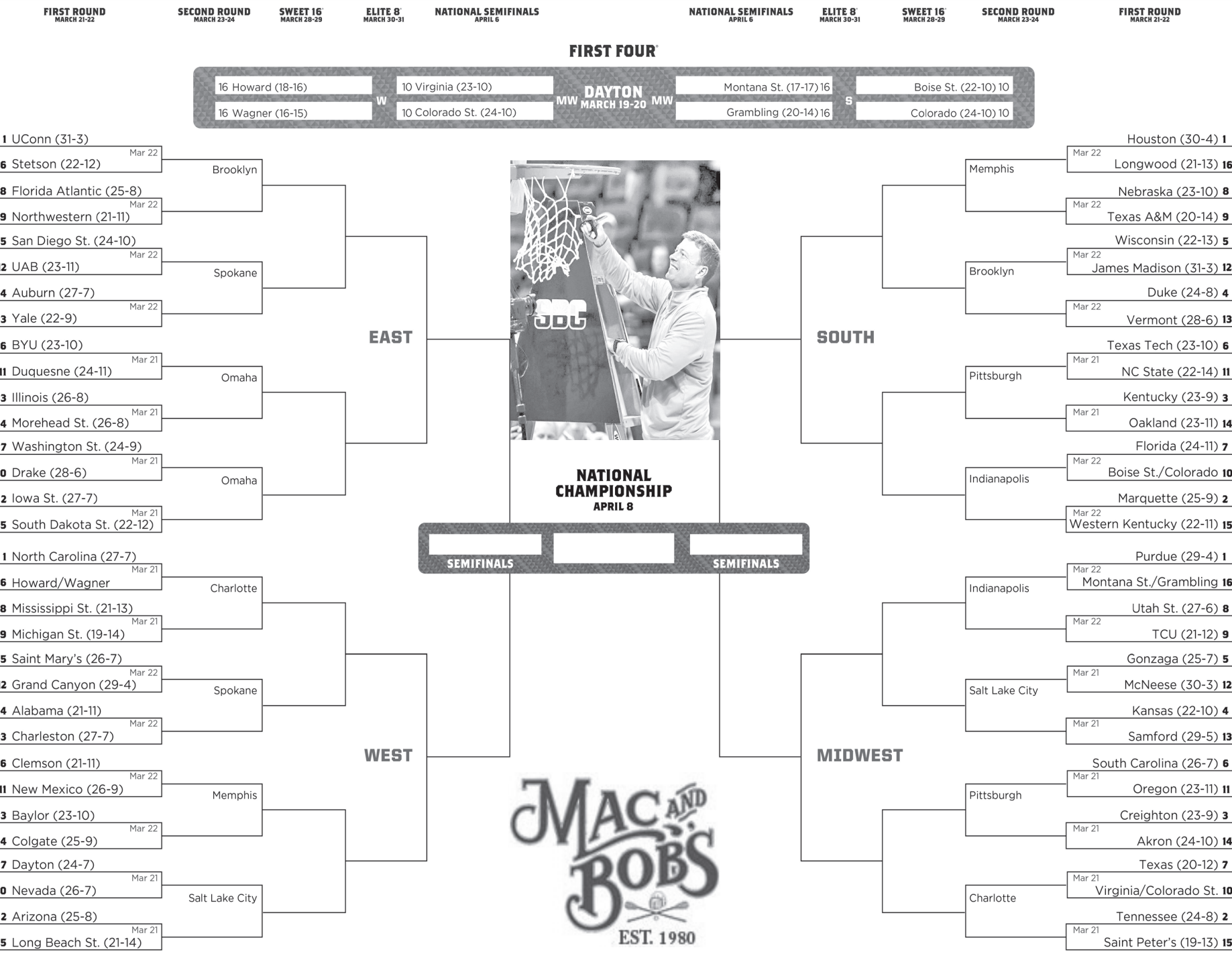
the 300 meter hurdles, while Ashton Semones took the 800 meter run. Zion Honaker won the 400 meter dash and Honaker, Tristen Noel, Keenan Helm, and Braylon Smith won the 400 meter relay.

The 3200 meter relay team of Semones, Tre Kunz, John Stovall, and Eli Wells took first place, as did the 1600 meter relay team of Honaker, Noel, Caleb Plott, and Eli Fink.

The Wolverines were scheduled to run at the Salem High School track on Wednesday afternoon but results from that meet were too late for publication.

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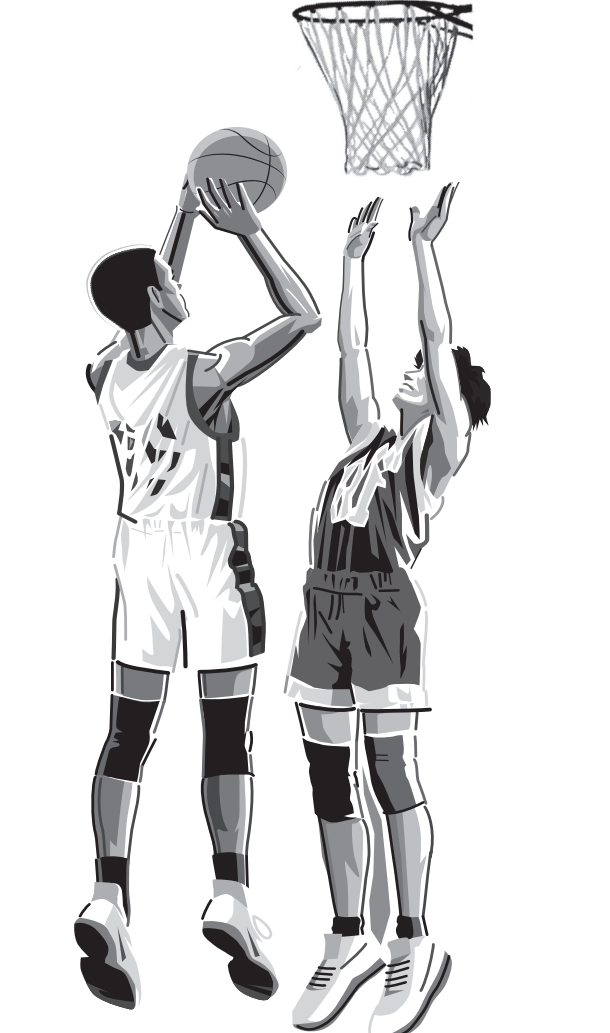
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# Salem lax boys roll to impressive victory over Western Albemarle

The Salem High lacrosse teams took on traditional rival Western Albemarle last week and split, with the boys winning at home and the girls losing in Crozet.

The boys improved to 2-0 with an impressive win over the Warriors, 18-6. Dakota Hawkins had six goals and an assist for the Spartans in a big night for him. Kaiden Garst had three goals and four assists to also record seven points. Andrew Crumpacker had three goals and two assists, Ty Hicklin and Holden Custer had two goals each and Jackson Jones and Jackson Winger had one each in the rout.

The girls didn't fare as well, dropping a 17-4 decision to a strong Warrior team. Bailey Stratton, Juli Redding, Mia Potter and Rylee McNeil all scored for Salem.

"I'm very proud of each and every

player who played hard to the last second," said Salem coach Carly Coyle.

Both teams were scheduled to play North Cross on Wednesday, with the boys at home and the girls in Roanoke County. Salem coach George Revercomb is a North Cross grad who played for coach Chris Pollock, a Salem resident and former standout player at Roanoke College.

"We try to approach it like any other game, but it is special to me since I graduated from there," said Revercomb. "Chris Pollock has been my lacrosse coach on and off since I was in elementary school, and we have a great relationship."

Results of the North Cross games were too late for publication, and they're the last ones for the Spartan teams until after next week's spring break.



PHOTO BY SCOTT GARDNER

Salem's Dakota Hawkins pushes the ball up the field in last week's win.



PHOTO BY BRIAN HOFFMAN

RC's Noah Goad fires a shot on goal in last week's win over Franklin & Marshall.

# RC men's lax edge F&M

Luke Kammerman set the program's career scoring record, and Roanoke College took control of a tight game in the fourth quarter to earn a 17-15 non-conference lacrosse victory over Franklin & Marshall at Kerr Stadium last week.

This one was close all the way. Roanoke trailed 10-9 at the break and went down 11-9 before scoring three straight goals to take a 12-11 lead. The teams then alternated scores for the rest of the third period, which ended with the score knotted at 13-13.

Wyatt Whitlow gave Roanoke the lead for good on a goal with 12:24 left in the game, and he added another to make it 15-13 with 7:42 to play. The Maroons' defense would come up with several key stops down the stretch to help preserve the win.

Kammerman posted one goal and three assists, overtaking Jon Mason for Roanoke's career points record, which had held since 2007. Kammerman has now totaled 282 points on 131 goals and 151 assists across 57 career appearances. He broke the school's career assist mark earlier this spring. Whitlow led all scorers with five goals while posting one assist.

The win lifted RC to 6-2 on the season and they were scheduled to host Centre College on Wednesday of this week.

# Sea Gulls snap women's four-game win streak

The Roanoke College women will host Shenandoah this Saturday at 1 pm in an Old Dominion Athletic Conference lacrosse game at Salem's Kerr Stadium. The Maroons are 1-0 in ODAC play to this point.

Last Saturday in Maryland Salisbury University snapped the Maroons' four-game winning streak in a non-confer-

ence matchup, 16-4. Third-quarter goals from RC's Libby Bowman and Grace Koutouzis kept the Maroons within striking distance, but another big Salisbury run – this one featuring six unanswered goals – put the game out of reach by the middle stages of the fourth period.

The Maroons are 5-2 overall.

# Roanoke baseball team splits with defending champions

The Roanoke College baseball team split a doubleheader with defending national champion Lynchburg last Saturday in Old Dominion Athletic Conference action at the University of Lynchburg. The Hornets won the first game, 8-6, but the Maroons stormed back to win the nightcap, 21-8. The Maroons had 33 hits in the two games, including 10 for extra bases and three home runs.

Roanoke led early in the opener before Lynchburg rallied to take the lead. Down two runs in the top of the ninth, the Maroons had the potential tying runs on first and second with one out before Lynchburg's Colin McGuire struck out the last two batters to end the game.

Tucker Schiavoni went 3-5 with two RBI and Hunter von Zelowitz was 2-5 with a double and three RBI for Roanoke in game one. Jonny Wall had a hit

and three walks and Nate Prince had two hits and was hit by a pitch.

In the second game Lynchburg took a 6-2 lead in the third inning before the Maroon offense exploded for 11 runs in the top of the fifth. Roanoke plated runs in every inning the rest of the way to pad the lead, including two each in the seventh and eighth and three in the ninth.

Roanoke's 1-2-3 hitters, Corey Coogan, Dylan Bonzon and Wall, combined to go 13-for-18 with 11 RBI and nine runs scored. Coogan and Wall each had a double and a home run. Hayden Giordano was 3-for-6 with a triple and three runs scored and Kyle Moshier went 2-for-4 with a double, three RBI and two walks. Cayden Freels also homered.

With the split the Maroons improved their overall record to 7-10 and 3-1 in ODAC games. They were scheduled to play against Pfeiffer in Misenheimer, NC on Tuesday and back home for a 6 pm ODAC game with Averett Wednesday. On Saturday the Maroons will travel to Hampden-Sydney for a doubleheader beginning at noon.

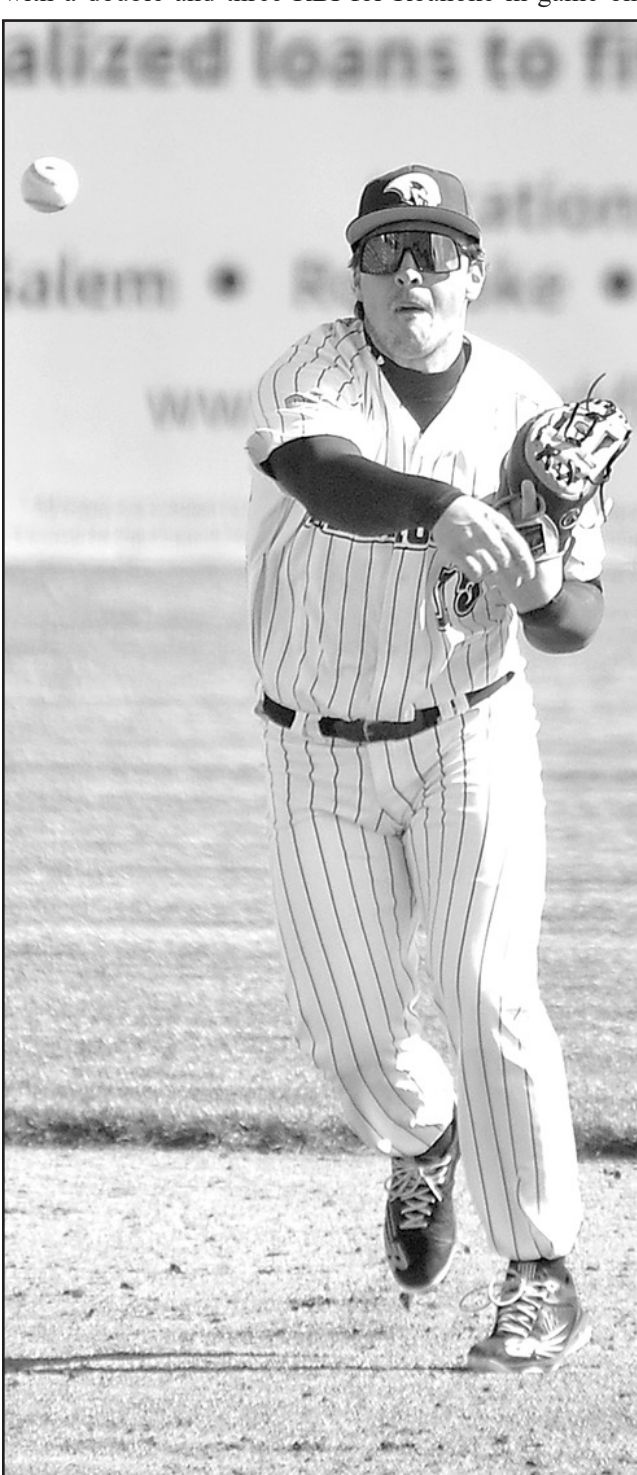


PHOTO BY BRIAN HOFFMAN

Roanoke shortstop Jonny Wall fires one to first base.



PHOTO BY BRIAN HOFFMAN

Morgan Clark of Roanoke College steals second against Greensboro Saturday.

# Maroons have four home games this weekend

The Roanoke College softball team will continue a 10-game homestand this Saturday when they host Randolph-Macon in an ODAC doubleheader. The first game will begin at 1 pm at the Botetourt Sports Complex in Troutville.

The Maroons played four games at the BSC last weekend, splitting a doubleheader with Greensboro on Saturday and sweeping William Peace on Sunday. Roanoke was shut out in Saturday's first game, 3-0, but the Maroons turned the tables on Greensboro in game two, taking an 8-0 win. Baylee Compton pitched a four-hit shutout and Erin Gorschoth had three hits and two runs batted in the win.

On Sunday Roanoke didn't give Peace a chance, sweeping the Pacers 3-1 and 7-4. Lindsay Gedro earned the win in the circle in game one, working six innings while allowing five hits, two walks with four strikeouts. Molly Epperson finished 2-for-3 at the plate.

In the second game Adriana Rivera went 3-for-3 with three runs scored and two stolen bases. Shaniya Lewis, Lauren Hoffman and Katelyn Craighead had two hits each and Compton picked up her second win in as many days on the mound. She's now 4-2.

Sunday's sweep gave RC an overall record of 7-5. This Saturday's doubleheader with the Yellowjackets will be their ODAC debut, and they'll play two more conference games at home Sunday when Virginia Wesleyan visited for a doubleheader at 1 pm.

# RC track opens outdoor season

The Roanoke College track team opened the outdoor season in Lexington last weekend with an appearance in the Washington & Lee Carnival at Washington & Lee University.

In the men's meet Dominic McCombs and Brady Fowler posted event wins, and three other Maroons landed in the top three in their events. Fresh off an All-American showing at the NCAA Division III indoor championships, Fowler won the 200m with a time of 21.65 seconds. McCombs finished first in the pole vault with a

height of 3.79m.

In the women's meet Roanoke went one-two in the 400m dash. Mikayla Hefferon won the race in 59.26 seconds, while Haylee Gamble finished second in 59.50. Gamble took first place in the 200m, notching a time of 25.59 seconds, and Rebecca Carr secured the top spot in the 100m hurdles with a mark of 14.90 seconds.

Roanoke will compete at Bridgewater's Doc Jopson Invitational next weekend.

# Salem High soccer teams will play Cave Spring tonight

The Salem High soccer teams took on Lord Botetourt with mixed success in the past week. The Salem boys took a 5-0 win over the Cavaliers last Friday but the girls dropped a 4-1 decision to LB on Monday.

The boys played at Daleville and Logan Lavinder opened the scoring in the first half with a goal assisted by Elijah Clark, and that's how it stood at the half. Salem then exploded for four after intermission, the first by Anthony Rugama, assisted by Graham Fischer. Lavinder then scored again off an assist by Fischer, and Logan completed a three-goal "hat trick" with an assist from Rugama. Rugama would get his second goal, unassisted, to put some icing on the cake.

Max Benne got the shutout in goal, needing to make just three saves.

"We had a strong strong performance by our backline, especially Keidaman Gulfan at center back," said Salem coach David Atkins.

The girls' lone score at



Left, Salem's Abigail Pham(#3) and Brooke Bowers(#1) defend in the box in Monday's soccer game with Lord Botetourt. Right, Keidaman Gulfan has been solid at center back for the Salem High boys' team.



PHOTOS BY BRIAN HOFFMAN

Spartan Field Monday came from Aly Price off an assist by Laikyn Funk. The game was knotted 1-1 at the half but LB came on strong after intermission.

Both teams will wrap up their pre-spring break schedule tonight with games against Cave Spring. The boys are home and the girls will play at Cave Spring.



PHOTO BY JIM DEVINNEY

Bryce King(#15) of Glenvar controls the ball in last week's win over Lord Botetourt in Daleville.

## GLENVAR SOCCER

continued from page 14

Glenvar outshot Magna Vista, 21-4, as Shepherd collected the shutout in the net with three saves. Defenders Williams, Mullins, Tyler Curfiss, Alan Vu and Gavin Miller locked down the back line.

"Our schedule has been challenging, playing our first three games on the road against really good competition," said coach Josh Jones. "We're really trying to use this to improve and learn about our team as we move forward. The guys have responded well so far. We have two more challenging games before spring break so hopefully we can finish this part of our schedule strong."

The Highlanders had their home opener against Patrick County on Wednesday, but results were too late for publication. On Friday Franklin County returns the trip for a 7 pm game at Highlander Stadium.

The Glenvar girls were at Patrick Wednesday and will play at Franklin County Friday in their last game before spring break. The girls are 3-0 as well after defeating Auburn and Fleming, both by shutout, in the past week.

Last Wednesday at Auburn the girls won 6-0 as Davin Tate had a three goal hat trick. On Monday at Fleming Jules Stanley had a hat trick and two assists for the Highlanders. Freshman Annie George also had a three goal hat trick and Tate, Campbell Hardin, Megan Pomerleau and Logan Meadows had one goal apiece.

## Salem boys, girls top Highlanders in tennis

The border schools went head-to-head in tennis last Thursday and Salem came out on top in both. The Salem boys defeated Glenvar, 8-1, at GHS and the Spartan girls won 9-0 on the Salem High courts.

Winning singles for the Salem boys were Drew Perez, Joren Poush, Cooper Davis, Logan Butcher, Charlie McDonald and Chance Long. Glenvar's point came from their third doubles team of Christian Hill and Adam Harvey.

"The first singles match completed was a masterful display by our top player, sophomore Drew Perez, against Alec McIwain," said Salem coach Steve Willinger. "All five of the following contests were well-played and closer than the final scores indicate."

At Salem the Spartan girls swept the singles with wins by Claire Rawlins, Lauren Baba, Caroline Loveday, Mira Maked, Elisa Nguyen and Anna Spence. Those six also played on the three winning doubles teams.

All four local teams also played on Monday of this week and all four won. Glenvar bounced back with wins over William Fleming, including a 7-1 win by the boys at GHS.

"Every player had at least one win and we saw a lot of improvement since we played them in our opener," said Glenvar coach Bob Haynie as the boys improved to 2-1.

The girls won 9-0 at Fleming and they're also 2-1. New to the team this year Ainsley Russell, Macy Pierce and Rayah Kelley, as well as sophomore veteran Karis Gillespie, were winners in doubles. Jamie Forster won her singles match, 8-0, and Natalie McMahon and Rebecca Magruder took victories in both their singles and doubles matches.

Salem's teams remained undefeated with wins over Lord Botetourt. The boys took an 8-1 win in Salem with Perez, Poush, Davis, Butcher, Jack Dixon and Alan Burr winning at singles. Salem's girls won 7-2 over LB at the Hollins University courts.

The Spartans are scheduled to play Cave Spring on Friday with the boys at home and the girls at Cave Spring. Glenvar teams were scheduled to play Patrick County opponents on Wednesday, and on Friday the Highlanders meet Northside with the boys at home and the girls at Northside.

## Streibich is ODAC tennis P-o-W

Roanoke College sophomore Lia Streibich has earned the Old Dominion Athletic Conference (ODAC) Women's Tennis Player of the Week for the week of March 18. The Moorestown, N.J. native helped the Maroons to a 3-0 record last week, all ODAC matches.

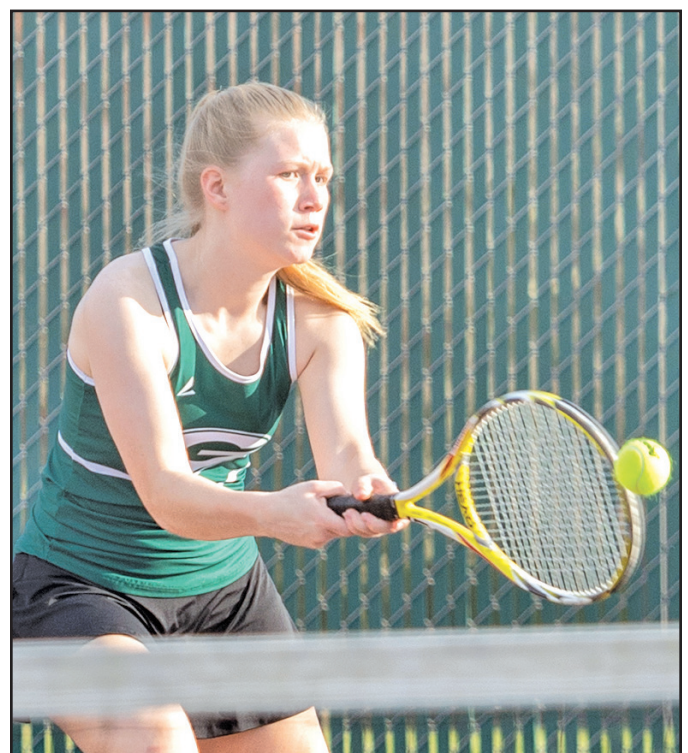
Streibich was 3-0 at #1 singles against her opponents from Bridgewater, Ferrum and Guilford. She dropped just nine games combined in the three matches and teamed with last week's ODAC Women's Tennis Player of the Week, Victoria Rios, to go 3-0 at #2 doubles. Streibich is 5-4 overall in singles and 7-2 in doubles play.

The women are now 5-5 overall and 3-1 in the ODAC while the men's team is 7-2 overall and 1-1 in the ODAC after losing to Guilford last week. This Saturday the women are at Sweet Briar for a noon match and the men will host Johnson & Wales of North Carolina on Sunday with match time of 1 pm at the Elizabeth Campus courts in Salem.



PHOTOS BY BRIAN HOFFMAN

Above left, Salem's Joren Poush goes low to hit a return in Monday's win over Lord Botetourt. Above right, Elliott McClintic of Glenvar hits a backhand shot against William Fleming Monday. Left, Salem's Lauren Baba hits a bullet over the net against Glenvar last week, and below Rebecca Magruder of Glenvar hits a return in the match with Salem.



PHOTOS BY SCOTT GARDNER

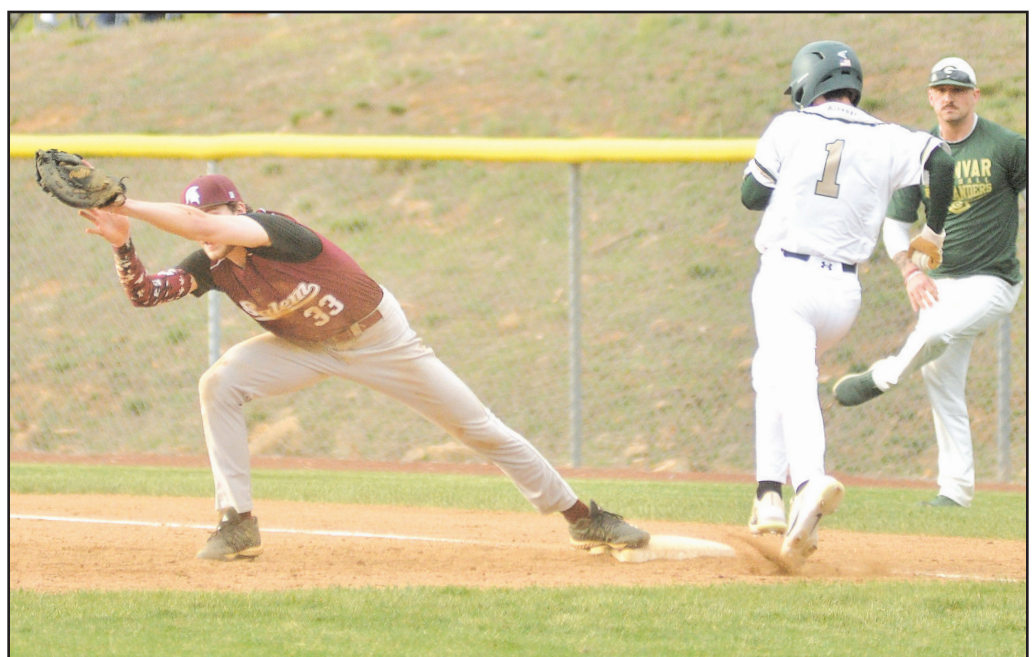
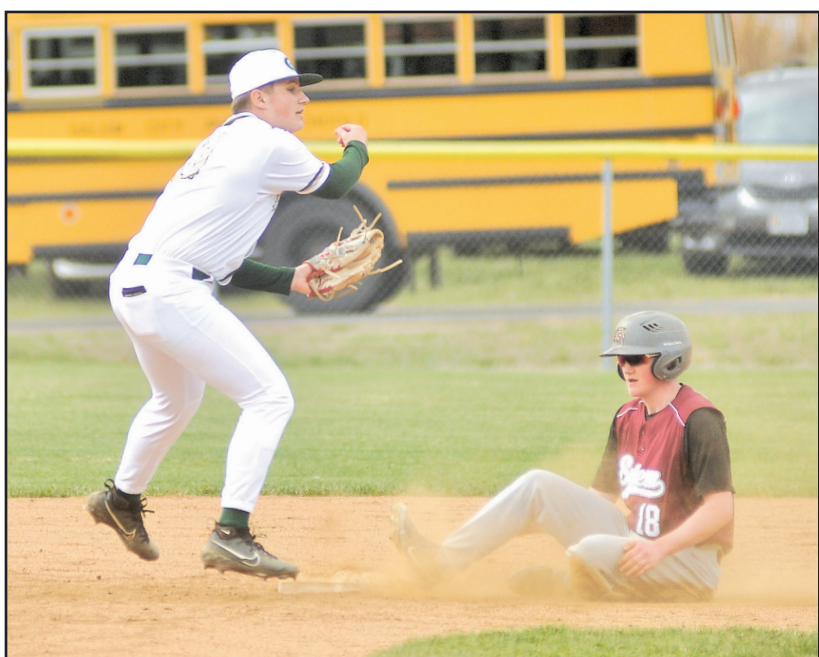
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PHOTOS BY BRIAN HOFFMAN

Left, Glenvar second baseman Cale Vaughan turns a double play at second as Salem's Owen DeWalt slides late to the bag. Right, Salem first baseman James Buckles stretches to make the out at first, nipping Glenvar's Jake Stanley.

## Spartans, Highlanders left in the dark in baseball rivalry game

It's still in the dark as to who won the Salem-Glenvar high school baseball game last Friday. . . . literally!!

The Salem-Glenvar game, played at Glenvar on a field with no lights, was suspended in the bottom of the seventh inning with the bases loaded and the score tied at 5-5. It will be completed on April 19 at Billy Sample Field prior to the regularly scheduled rematch between the two local teams on a lighted diamond.

Friday's game was a classic. Both coaches threw their aces, as junior lefty Trace Monroe took the mound for Salem and senior Ashton Meadows took the ball for Glenvar. Salem drew first blood in the top of the first after Carter Black led off with a single and Monroe doubled in the right-center field gap to score him. A sacrifice fly by Caleb Fumage plated the second run as Salem took a 2-0 lead.

Monroe struck out four and walked one over the first three innings, holding the score at 2-0. In the fourth inning, Glenvar leftfielder Peyton Deel doubled down the right field line with two outs and the bases loaded to tie the game at 2-2. Wilson Rakes relieved Monroe on the mound and got Salem out of a two-on-two-out jam by striking out Jake Stanley to end the inning.

The Spartans responded in the top of the fifth with three runs to retake the lead. Black drew a lead-off walk and three straight singles by Monroe, Fumage and Rakes plated three runs to give the Spartans a 5-2 lead after five innings.

Glenvar was scoreless in the fifth but battled back in the bottom of the sixth, moving two runners in scoring position with two outs. After a miss-played ball

at shortstop the Highlanders scored both to pull to within one at 5-4.

Cale Vaughan came on to pitch for Glenvar in the sixth and hurled two scoreless frames, keeping the Highlanders in striking distance as they came to bat in the bottom of the seventh. By this time it was getting a little dark and the Spartans needed a quick inning to avert the kind of controversy they had last year at Glenvar when darkness caused confusion as to how long the game could be played.

Glenvar would not go quickly. The Highlanders were able to load the bases with two outs and Deel at the plate. He worked Rakes to a 3-2 count with the game on the line, then drew a walk to force in the tying run. By this time the sun was down and it was very difficult to see so the umpires ended play with the potential winning run 90 feet away, and now rain was starting to fall.

Thanks to the suspension, both teams remain undefeated. Salem opened the season last Wednesday at Billy Sample Field with a 28-2 win over James River. The Spartans sent 36 batters to the plate in the first two innings and scored 25 runs on 20 hits and several James River errors.

When the dust cleared Fumage, Rakes and Ryan Coe had three hits each for Salem. Black, Monroe, James Buckles, Mason Hale and Owen DeWalt had two hits apiece. Evan Fletcher had one hit but drove in six runs while Fumage and Coe had four RBIs each. Black pitched three innings for the win with relief from Fletcher.

On Monday of this week Salem traveled to Daleville to take on Lord Botetourt and finished strong for a 20-5 win. This one was 7-5 after five



PHOTO BY BRIAN HOFFMAN

Salem's Brayden White slides home with the first of 14 first inning runs in Salem's 28-2 season-opening win over James River at Billy Sample Field last week.

innings but the Spartans exploded for 13 runs in the last two innings to win going away.

Down 7-1, Lord Botetourt mounted a comeback in the bottom of the fifth inning, plating nine batters with two outs to make it a 7-5 game. Fletcher came in to relieve Black on the mound and got the hitter to fly out to right fielder Owen Dewalt to end the threat. Black got the win and Fletcher earned a save for the Spartans. Fumage had three more hits and Monroe, Hale and Fletcher had two each.

Glenvar played Craig County in New Castle on Monday and the Highlanders also improved to 2-0 a rout of their own. They scored 10 runs in the first inning and went on to a 22-1 win over the Rockets.

Dawson Anderson was the hitting

star for Glenvar, missing the cycle by a triple. He had a single, double and home run to left while driving in six runs. Meadows and Rhett Henderson had two hits each and Reed Hutchison drove in three for the Highlanders.

Glenvar was scheduled to be back in action on Wednesday with a trip to Patrick County, the newest member of the Three Rivers District. The Cougars were Class 2 state champs last year so they'll be a good test for the Highlanders in their last game before spring break.

The Spartans will wrap up their pre-spring break part of the baseball schedule with a home game against Cave Spring on Friday. That's scheduled for 5:30 pm on Billy Sample Field at Kiwanis Park.

## Glenvar soccer teams start spring unbeaten

The Glenvar High soccer teams both remained unbeaten on the young season with shut-out wins Monday night. The boys took a 2-0 win at Magna Vista and the girls beat William Fleming, 10-0, in Roanoke.

The boys are now 3-0 after defeating three formidable foes from higher classifications. The Class 2 defending state champs beat Class 5 Franklin County in Rocky Mount last Friday, 3-1. Bryce King took a Wesley Feliciano pass and got by the defense to score the first goal 20 seconds into the game and that held up until halftime.

In the second half Glenvar added two more goals, the first coming when Zach Curfiss headed in a Cooper Mullins throw-in. King then scored again from a Griffin Geddes assist and the Eagles scored their only goal with about two minutes to play. Grayson Shepherd recorded a pair of saves in the net as Glenvar outshout Franklin County, 12-7.

On Monday the Highlanders traveled to Ridgeway to take on a talented Class 3 Magna Vista team and returned with a 2-0 shutout win. Mullins scored the first goal right before halftime off a Luke Farmer free kick and Jake Williams scored off a Zach Curfiss assist seven minutes into the second half.

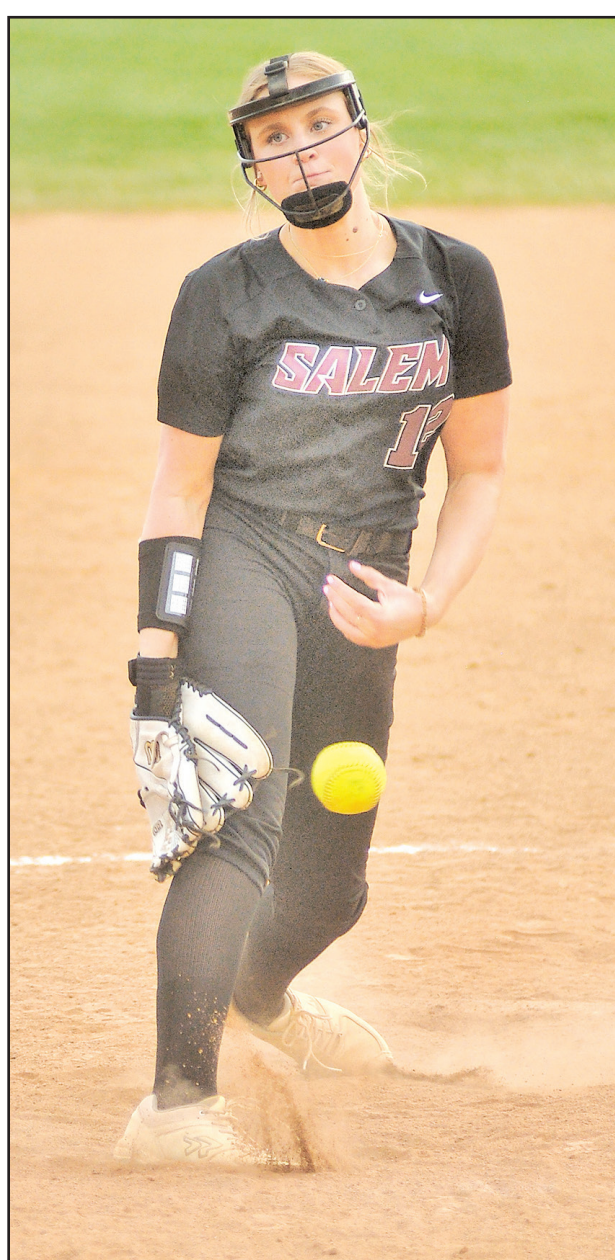


PHOTO BY BRIAN HOFFMAN

Salem's Cora Grace Sparger pitches in Saturday's win over Graham at the Botetourt Sports Complex.

## Spartans top GHS in softball, 5-1

Cora Robinson and Cora Grace Sparger combined to pitch a two-hitter as the Salem High girls defeated Glenvar in a border-battle at the Salem Civic Center field last Friday, 5-1.

Both Glenvar hits were by Abby Teubert, who also pitched for Glenvar and kept the Highlanders in the game. Glenvar's only score came when Izabella Lavoie reached on an error, then scored on Teubert's RBI single.

Like Glenvar, Salem's pitchers did most of the damage at the plate. Robinson and Sparger were both two-for-three and Sparger drove in two runs. Caitlin Wells, Sarah Tennant, Kayden Dalton and Abbi Neff all had one hit apiece.

Robinson got the win for Salem, striking out 11 in five innings. Sparger had six strikeouts in two innings of relief.

Salem was back in action a day later as the Spartans hosted the Salem Invitational at the Botetourt Sports Complex in Troutville. The Spartans split two games, downing Graham, 11-1, but falling to Liberty, 7-5.

Sparger pitched a one-hitter against Graham, fanning 10. She also had two hits, as did Tennant.

Robinson pitched all seven innings against Liberty, allowing two earned runs while striking out 12. Wells, Robinson, Sparger, Tennant and Piper Fumage all had two hits in the loss.

Now 3-1, Salem has another busy weekend. They'll play at Cave Spring Friday, then play two more at the Botetourt Sports Complex Saturday in the "James River Bash." The James River softball team will host the four-team event that will include four varsity teams and four jayvee teams.

Action begins at 10 am with two varsity games. Salem will play Riverheads and James River will meet Craig County. The two winners will play at 2 pm for the championship and the first round losers will meet at the same time for third place.

At noon two jayvee games will be held, with Salem against Riverheads and James River against Jefferson Forest. The championship and consolation games for the jayvees will be held concurrently at 4 pm.

Glenvar was scheduled to play at Patrick County on Wednesday, and this Friday the Highlanders are at Northside in their final game before spring break. The Highlanders come into the week at 2-2 after winning at Craig County Monday, 14-1.

Glenvar drew first blood in the first inning, scoring one run when Amelia Gierke singled and scored on a single by Abby Teubert. In the second inning the Highlanders scored six runs with three of those coming off a single by Teubert that cleared the bases.

In the fourth inning Glenvar added five more runs on five hits and two additional runs in the fifth inning, making the score 14-1 and ending the game by slaughter rule. Teubert led the team with three hits and four RBIs while Haley Leginus and Lavoie each had two hits and two RBIs.