

AKASHA

newearth haven

BEVERAGE

FRESH FRUIT JUICE

610.	ORANGE	35K
611.	MANGO	45K
612.	AVOCADO	45K
613.	STRAWBERRY	45K
614.	WATERMELON	30K
615.	LIME	25K
616.	BANANA	30K
617.	PAPAYA	30K
618.	MIX YOUR OWN	45K
619.	MANGO-SOURSOP	50K

**Available in season

FROZEN SMOOTHIES

621.	LOMI LOMI	45K
	Mint leaf, ginger, honey with crushed ice	
622.	AKASHA DREAM	45K
	Frozen pineapple, frozen dragon fruit, frozen banana, tangerine zest, lime, coconut water	
623.	STRAWBERRY HIPSTER	50K
	Frozen strawberry, frozen banana, cashew	
624.	CHOCO BANANA DELIRIUM	55K
	Frozen banana, cacao, cashew, cacao nibs	
625.	FRESH MILKSHAKE	45K
	Using dairy ice cream and fresh fruit, choose mango-mint, strawberry, banana, vanilla or chocolate flavor	
626.	SMOOTHIE NAKAL	65K
	Pineapple, kale, coconut cream, coconut water	

ELECTROLYTE JUICES

641.	GINGER NOVA	40K
	Ginger, lime, lemongrass & organic flower honey, young coconut water	
642.	VIRGIN MOJITO	40K
	Mint leaf, lime, honey, young coconut water	
643.	TAMARIND BLUSH	40K
	Rosella tea, tamarind, lime & honey	
644.	WHOLE COCONUT	30K
645.	GLASS OF COCONUT	15K

PROBIOTICS

646.	ROSELLA KOMBUCHA	35K
	Homemade organic fermented rosella tea	
647.	COCOBIOTIC	35K
	Fermented coconut water	
648.	LEMON SQUASH	35K
	Cocobiotic with lime & honey	

DETOX JUICE

649.	PURE GREEN	55K
	Pure organic extract of cucumber, celery, bok choy, kale, spinach & parsley	
650.	BIO-ORGANIC ZINGER	45K
	Pure green juice, pineapple, lime & ginger	
651.	APPLE DEOXIDANT	50K
	Apple juice, pineapple juice, mint, ginger	

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MOCKTAILS

671. **AKASHA SUNRISE** 45K
Pineapple, orange, grenadine, soda water
672. **TROPICOLADA** 45K
Pineapple, coconut milk, lime, honey, coconut water
673. **STRAWBERRY DAIQIRI** 50K
Frozen strawberry, lime, coconut water
674. **STRAWBERRY MOJITO** 50K
Strawberry, lime, mint leaf, tonic water
675. **ORANGE CRUSH** 50K
Orange, strawberry, basil, brown sugar
676. **JAMU** 25K / 50K
White turmeric & turmeric extract, lime juice, tamarind, sea salt, black pepper & honey

COFFEE

701. **ESPRESSO** 25K
702. **AMERICANO** 30K
703. **MACCHIATO** 30K
704. **CAPPUCINO** 35K
705. **MOCCACINO** 40K
706. **FLAT WHITE OR LATTE** 35K
707. **LONG BLACK** 35K
708. **ICED COFFEE** 35K
709. **FRAPPUCCINO** 45K
710. **BALI COFFEE** 20K

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extra shot +15K

(dairy, cashew and coconut milk options)

TEAS & INFUSIONS

751. **GREEN PEPPERMINT** 30K
752. **FRESH MINT LEAF** 35K
753. **JAVA BLACK TEA** 20K
754. **JASMIN TEA** 20K
755. **ASHITABA** 30K
Ashitaba miracle youth tea
756. **ROSELLA SPRING** 35K
Rosella extract, sliced tangerine, sliced strawberry & honey
757. **GINGER** 20K
Fresh ginger & honey
758. **LEMONGRASS** 30K
Fresh lemongrass & honey
(available hot or iced)

HOT DRINKS

711. **MATCHA LATTTE** 35K
Matcha powder with dairy or cashew milk
712. **HOT CHOCOLATE** 50K
Using UBUD RAW cacao powder
713. **AKASHA CACAO SHOT** 50K
Our famous ceremonial cacao drink made with UBUD RAW cacao paste and spices.

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BREAKFAST

SERVED ALL DAY

RISE 'N SHINE

101. CHAI CHIA PORRIDGE 80K

✓ Home-made coconut chia pudding, chai spices strawberry, banana, dragonfruit, chocolate covered cashew and mint leaf

102. GREEN PANCAKE 55K

✓ Made with pandan leaf, served with banana, strawberry, coconut sugar syrup, dash of cinnamon and mint leaf

103. KITTYBEAR SMOOTHIE BOWL 75K

✓ Peanut nutella smoothie with banana, strawberry, dragonfruit, home made granola, chocolate covered cashew, served with coconut whipped cream and vegan chocolate sauce

104. DAENERYS SMOOTHIE BOWL 75K

✓ Dragonfruit smoothie, papaya, banana, pineapple, home made granola, chia porridge, served with coconut flakes and chocolate crumble

EGGS 'N MORE

151. EGGS FLORENTINE 70K

✓ Toast, spinach, mozzarella cheese, hollandaise sauce and mashed avocado
**SERVED TILL 12 NOON

152. SCRAMBLED EGGS 55K

✓ Served with mixed greens, home made garlic toast, tomatoes and feta cheese

153. VEGETABLE OMELETTE 65K

✓ Onion, tomato, mushroom, green pepper, capsicum, eggplant and mixed greens

154. BURRITO WRAP 70K

✓ Scrambled eggs, cherry tomatoes, vegetable fajitas, cilantro, spinach, flour tortilla, mozzarella cheese, feta cheese, served with home-made barbeque sauce

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STARTER

SERVED STARTING 11 AM

APPETIZERS

201. **JACKFRUIT NUGGETS** 55K
Six pieces served with a pickle salad served with special home-made barbeque sauce
202. **BRUSCHETTA** 55K
Two raw dehydrated vegetable crackers with zucchini, carrot, onion, sunflower seeds, flax-seeds italian herbs, pumpkin seed pesto, wild arugula, raw cashew, rawmezan and sundried tomato
203. **ITALIAN DELIGHT** 55K
Eggplant pesto, mozzarella cheese, sundried tomatoes and cashews
204. **FRESH SUMMER ROLL** 50K
Rice noodles, carrots, mung bean sprouts, purple cabbage, jicama, roasted sesame seed, (seasonal) mango or avocado, coriander, served with a soy dip
205. **SPRING ROLL** 45K
Assorted vegetable, served hot with peanut sauce

SALADS

281. **CAESAR** half / full
50K / 85K
Romaine & iceberg lettuce, rawmesan cheese, coconut bacon, tempe croutons, avocado and capers, served with creamy cashew dill dressing
282. **SCHWARZENEGGER** 45K / 80K
Organic mixed greens, cherry tomatoes, mung bean, sprouts, tempeh balado, sprouted seed, cucumber, nori, avocado and spirulina gomasio, served with tahini hoisin dressing
283. **ZOODLE FEST** 45K / 80K
Zucchini carrot noodle mix, organic mixed greens, fresh basil and parsley, capers, sundried tomatoes, avocado, sprouted pumpkin seed, pesto, cucumber, rawmesan and fresh lime
284. **SOMTAM** 40K / 75K
Green papaya, carrot, green & purple cabbage, chili, cherry tomatoes, coriander, garlic, served with sweet & spicy peanut and lime

SOUPS

271. **ROASTED PUMPKIN** 65K
Pureed pumpkin, potato, sprouted pumpkin seed and coriander baked pumpkin
272. **MISO SOUP PUREE** 50K
Zucchini noodle, coriander, shiitake mushroom, spring onion and roasted sesame seed
273. **LENTIL SOUP** 55K
Brown lentil, carrots, potato, tomatoes, sesame onion crisps, fresh basil and celery

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MAINS

SERVED STARTING 11 AM

MEDITERRANEAN FUSION

PIZZA

341. **JACKFRUIT BARBAROSSA** 85K
Tomato concase, BBQ jackfruit meat, red bell peppers, sweet corn, onion, mozzarella cheese, home-made BBQ sauce and coriander
342. **MARGHARITA MAMMA** 70K
Tomato concase, fresh tomatoes, mozzarella cheese and fresh basil garnish
343. **FRESH DOLCE VITA** 80K
Tomato concase, zucchini, mushroom buttons, onion, mozzarella cheese and oregano
344. **HAWAIIAN** 80K
Tomato concase, red & green bell pepper, pineapple, onion, mozzarella cheese and fresh basil garnish
345. **EGGPLANT PESTO** 85K
Pumpkin seed pesto, eggplant, sliced mushroom, spinach, onion, mozzarella cheese and fresh basil

RUSSIAN DUMPLINGS

half / full

321. **MUSHROOM CABBAGE** 35K/55K
Delicious dumplings stuffed with mushroom and cabbage, served with home-made sourcream
322. **MUSHROOM POTATOES** 40K/60K
Delicious dumplings stuffed with mushroom and potatoes, served with home-made sourcream
323. **RICOTTA SPINACH** 60K/100K
Delicious dumplings stuffed with ricotta and spinach, served with home-made sourcream

PASTA

351. **AKASHA BOLOGNESE** 75K
Tempeh tomato sauce, herbs, chili, parmesan cheese served with gluten-free brown rice pasta, parmesan cheese topping and fresh basil
352. **PASTA PESTO** 80K
Pesto sauce, grilled eggplant, zucchini, bell pepper, onion, served with gluten-free brown rice pasta and a parmesan cheese topping
353. **CREAMY MUSHROOM PASTA** 85K
Special creamy button mushroom sauce, served with gluten-free brown rice pasta, parmesan cheese topping and fresh parsley

AMERICAN FUSION

361. **BBQ JACKFRUIT TACOS** 95K
Jackfruit taco meat, corn tortillas, kidney beans, pineapple salsa, coriander, shredded lettuce, fresh guacamole and lime, served with smoked cashew chipotle sauce
362. **MUSHROOM BURGER** 85K
Bamboo charcoal bun with sesame seeds, mushroom patty, cole slaw, home-made smoked BBQ sauce and creamy cashew chipotle sauce, served with fries or potato wedges
- add egg for 10K -
363. **NACHOS** 80K
Mexican jackfruit meat, kidney beans, salsa fresca, guacamole, cashew sour cream, coriander, served with corn chips and lime

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MAINS

SERVED STARTING 11 AM

ASIAN FUSION

390. **JUNGLE CURRY** 65K

✓ Green curry paste, mushrooms, eggplant, zucchini, tomatoes, tempeh, tofu, baby potatoes, green peas, corn, carrot, coconut cream, coriander and shallot, served with red rice

391. **NASI GORENG** 55K

✓ Cabbage, carrot, green leaf, oyster mushroom, onion, garlic, stir fried with organic rice and special akasha sauce, served with fried egg, mushroom sate, celery, cucumber, tomato, fresh pickled vegetables and green lettuce

392. **MIE GORENG** 55K

✓ Cabbage, carrot, green leaf, oyster mushroom, onion, garlic, stir fried with rice noodles and special akasha sauce, served with fried egg, mushroom sate, celery, cucumber, tomato, fresh pickled vegetables and green lettuce

393. **VEGAN NASI CAMPUR** 65K

✓ Vegan version of the classic Indonesian dish, organic white rice, eggplant balado fritter, beansprout & spinach urab, mushroom sate, served with peanut saur garnish, served with sambal matah, sambal ulek and grated coconut

381. **AKASHA BOWL** 80K

✓ Organic red rice, roasted baby potatoes, organic mixed greens, organic pumpkin bake, eggplant rendang, seitan gulay and tempeh balado

382. **BUDDHA BOWL** 80K

✓ Organic red rice, purple cabbage, shredded carrot, cucumber, avocado, crispy sweet tempeh, sprouts, seaweed, sesame seed, sesame miso ginger dressing, kimchi, lime and cilantro

383. **PAD THAI** 75K

✓ Carrots, green leaf, sprouts, tomatoes, celery, oyster mushroom, rice noodle, tamarind sauce, coriander, tofu, fresh lime and egg (optional)

384. **VEGGIE RAMEN** 85K

✓ Veggie & rice noodles, vegetable broth, purple and white cabbage, onion, carrot, green leaf, sprouts, mushroom, seaweed, sesame seed, chilli, spring onion, seitan, coriander, tofu and egg (optional)

385. **AKASHA NORI ROLL** 80K

✓ Organic red rice, teriyaki tempeh, avocado, red bell pepper, spring onion, cucumber, roasted sesame seed, served with shoyu dip, pickled ginger & wasabi and fresh lime

SIDES & EXTRAS

351. **HOME-MADE SOUR CREAM** 20K

352. **SESAME ONION CRISPS** 20K

353. **MIXED GREENS** 15K

354. **AVOCADO** 15K

355. **SUNDRIED TOMATOES** 20K

356. **KIMCHI** 20K

357. **RAWMEZAN CHEESE** 20K

358. **TEMPEH BALADO** 15K

359. **VIRGIN OLIVE OIL PUREE** 20K

360. **GULAY SEITAN** 20K

361. **FRENCH FRIES** 25K

362. **POTATO WEDGES** 30K

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DESSERTS

VEGAN & VEGETARIAN

- | | | | |
|------|---|--------------------------------|-----|
| 501. |  | CARROT CAKE WITH COCONUT CREAM | 45K |
| 502. |  | BLACK RICE PUDDING | 40K |

RAW VEGAN

- | | | | |
|------|---|------------------------------|-----|
| 503. |  | BANANA CHOCOLATE PIE - RAW | 55K |
| 504. |  | STRAWBERRY CHEESE CAKE - RAW | 55K |
| 505. |  | NUTTY CHOCOLATE SQUARE - RAW | 40K |
| 506. |  | TAMARILLO CHIA PUDDING - RAW | 40K |

RUSSIAN DESSERT DUMPLINGS

- | | | | |
|------|---|--------------------------------|-----|
| 324. |  | COTTAGE CHEESE & STRAWBERRY | 35K |
| 325. |  | CHEESENKI SWEET COTTAGE CHEESE | 65K |
| 326. |  | VANILLA RICOTTA | 50K |

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WINE & BEER

WHITE WINE

801. **ISOLA WHITE**

A fresh mineral Italian wine, grown and produced in Bali, made from Moscato Grapes with a savory and fresh bouquet

Glass 80K / Bottle 350K

802. **CAPE DISC. SAUVIGNON BLANC**

A crisp passionfruit bouquet, made in Bali with grapes from the Margaret River

Glass 75K / Bottle 310K

810. **HOUSE WHITE** by glass 55K

815. **ISOLA ROSE**

A fresh, drinkable mineral wine with a pleasant soft aftertaste

Glass 80K / Bottle 350K

RED WINE

821. **ISOLA RED**

A pure Italian wine, grown and produced in Bali, with a pleasant, fresh and fruity drop featuring balsamic notes and mild spice

Glass 80K / Bottle 350K

822. **CAPE DISC. CABERNET MERLOT**

Vibrant plum and blackcurrant aromas, with a full, savoury bouquet made in Bali with fruit from the Margaret River

Glass 75K / Bottle 310K

830. **HOUSE RED** by glass 55K

BEER

841. **SAN MIGUEL LIGHT** 50K

A crisp refreshing lager, fresh light taste

842. **SAN MIGUEL PILSENER** 50K

A pale golden lager, with rich full bodied flavors

STARK BEER

locally brewed craft beers

843. **MANGO ALE** 55K

844. **LYCHEE ALE** 55K

Fruit flavored ale, perfect sweet refreshment

845. **INDONESIAN PALE ALE** 55K

A modern IPA, inspired by the historical Indian Pale Ale, locally brewed craft beer

846. **1945 PILSENER** 40K

847. **WHEAT BEER** 55K

The only wheat beer produced in Indonesia

BEVERAGES

601. **BALIAN STILL** 330ML 18K

603. **EQUIL SPARKLING** 330ML 18K

602. **BALIAN STILL** 750ML 35K

604. **EQUIL SPARKLING** 750ML 35K

605. **SCHWEPPES TONIC** 25K

606. **SCHWEPPES SODA** 25K