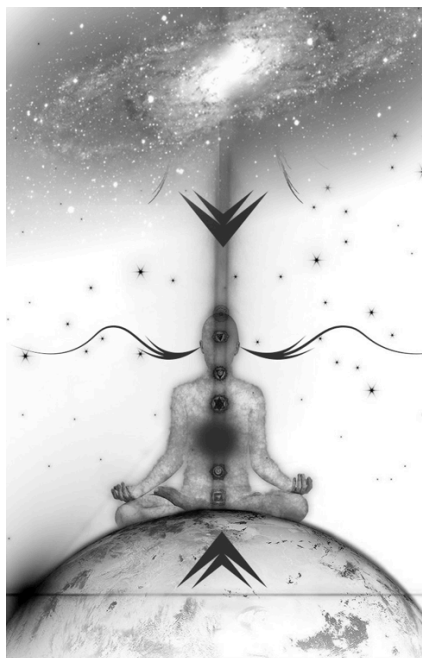


## The 48 Bhaktamar Infinity Energy Healing

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*The 48 Infinity Energy, an extensive research in reintroducing the effects of energy healing with a Jain panegyric - Bhaktamar stotra - with Sacred Geometry and Cymatics is one synergized system, of its kind.*

*Until now, Bhaktamar stotras, the classical 48 healing mantras, have been proven to have determining effects with sound alone. But sound without geometry loses the visual energy connect and would be incomplete.*

*With the formation of a complete synergized system by adding geometry to the existing effects of sound healing capabilities of Bhaktamar stotras, this research has resurfaced and redefined the performance of its energetics and its effects in healing; for everyone who understands or wills to understand the wonders of sound vibrations with geometry and infinity.*

*A derivation of Jain stotras and Kabbalah sciences combined with myriad facets of energy healing, 48 Infinity Energy is the characterisation of the effects of each verse on the consciousness and the physical realm in the form of the 48 Bhaktamar Infinity Energy cards.*

The human body, at every moment, is a full statement of being, of existence, constantly creating vibrations that affect everything and everyone around. This is an infinite exchange of energy with the ability to generate intangible dynamisms through countless mediums of resonance.

In today's materialistic world, we forget to look inwards for the strength we seek. We know we are conscious beings, but we have little idea of the real potential inherent in our consciousness. It is only when we understand the zeros and infinities, entries and exits, lows and highs, and shapes and sizes of energies in constant play, can we begin to harness and utilize our full power to live as the superhuman beings that we really are.

In our day-to-day life, we are exposed to multiple energy fields. Some affect us positively, some negatively. However, humans today are prone to physical, emotional and spiritual imbalance due to the lifestyles we lead. The energy fields that surround us and that are within



*The human body and the infinite energy exchange*

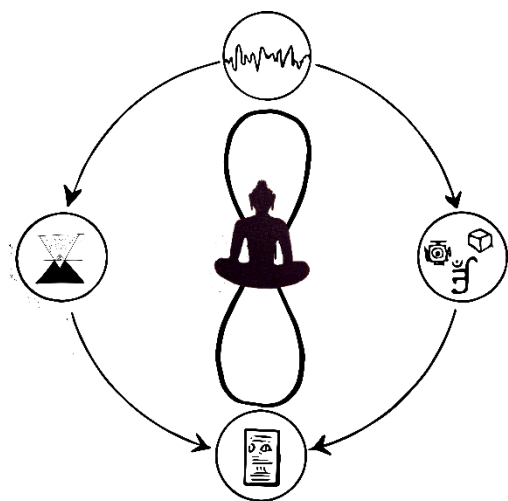
us, can be manipulated to create benefits. *Energy healing*, the term coined to describe this system of energy fields, has been practised since ages in the various parts of the world. The notion of the existence of human energy fields is found in Indian Vedas and scriptures, Chinese Medical Systems and African Runes, stemming back a thousand years.

*Jainism*, a religion that originated in the Indian subcontinent, has made significant contributions to Indian philosophy, culture, ethics, literature, cosmology, mathematics, ecology, statistics and science. It has managed to root faith in logic and demonstrated how concepts formulated in an ancient tradition can be applied to a modern quest for spirituality. Many concepts in Jainism have been scientifically proven, but the most extraordinary of them all is **Infinity**, which is the essence of Jain mathematics. Deriving from the Upanishads, Jain cosmology has stated that the universe, space and time are infinite or limitless. It states that the universe has always existed and is nothing but Infinity, and that it connects the past with the future and everything else the cosmos is made of.

These first forms of representations of energy transformations and movements have been in the form of lines, shapes, relative position of figures and the properties of space. This arrangement system of energy is geometry. We are synergized beings. Our existence is synergy. Every sound has a corresponding light (image, geometry) and vice-versa. Hence, sound energy too on its own is incomplete without geometry. But it can be said that geometry due to its basic origin, is the ultimate form in experience.

Sound (vibration) forms patterns of resonance penetrating through various other patterns. As we perceive sound and absorb it through an infinite space, it creates a direct connection to our cosmic consciousness, because we are a part of this constant energy exchange- the loop of Infinity.

### **Bhaktamar Stotra:**



*The 'wholistic' energy healing*

Bhaktamar Stotras, an ageless Jain panegyric, is capable of unleashing powerful healing via each of the 48 verses. Every verse has 4 fragments and every fragment has 14 letters. The complete assortment is formed by 2688 letters. Every single letter is capable of evoking effect. However, it all depends upon one's dedication, concentration and receptiveness while chanting or listening to it to attain the desired goal.

Today, we have some revolutionary scientific concepts of Cymatics used for sound therapy healing. But ages ago, Jain Tirthankaras deftly defined the importance of sound vibrations with Bhaktamar Stotras, which is in use since ancient times, for healing via sound.

Along with practical applications – of quantum energy, bio-energetics and Lecher antenna – sound, geometry and infinity come together forming synergetic combinations.

A combined trio — the sound of Bhaktamar Stotras (*mantra*), geometry being the *yantra* (sacred geometry) and Infinity (*tantra*) being the movement of energies — has been captured in 48 Infinity energies, as one synergized amalgamation of concepts as a unique healing technique.

### Sound (*Mantra*):

The human body restores the vibrational energy generated with the transfer of sound waves. This type of energy transfer encompasses waves and frequencies that produce resonance.

There are 3 aspects of sound energy in the Bhaktamar stotra– *Mantra* (sound syllable), *Chhand* (metre) and *Avritti* (*Solfeggio frequency*).

*Mantra* is a sound or an amalgamation of sounds, utterances or syllables. The whole of existence is a union of multiple sounds or mantras. *Mantras*, when used in certain ways, open the doors to wider and higher dimensions of life and experience. When we continuously chant the *mantra*, other noises in the body and mind get drowned out. Eventually, the brain is completely engrossed in the sounds, which then reverberate in the whole body. Further, one-pointed concentration brings in a cosmic expansion of the self.



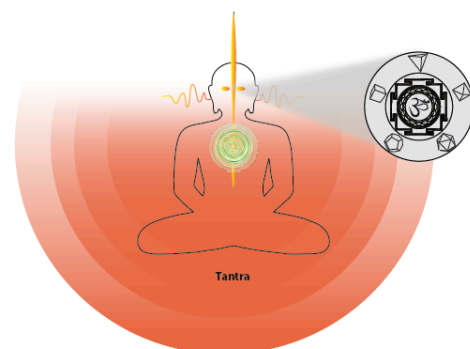
### Sacred Geometry (*Yantra*):

Each geometric design is a pattern of energy/force that can be heard in the *mantra* (sound-syllable) and each encloses its own unique power-pattern. The physical medium resonates with mantras to create a multidimensional phenomenon or energy exchange power diagrams. This is also called *sacred geometry*. Sacred Geometry is not just a spiritually significant symbolic representation but also a scientific representation of space and nature. A few facets of sacred geometry

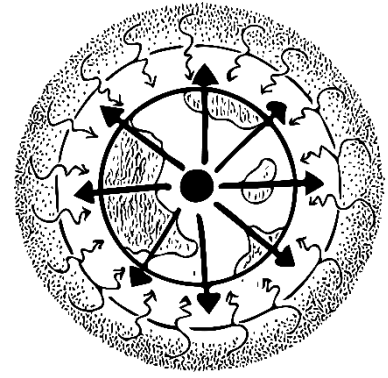
incorporated in the Bhaktamar stotra– *Yantra*(*geometry/pattern*), *Akshar* (seed alphabet), Hebrew Alphabets, Platonic solids and Glyphs.

### Energy (*Tantra*):

Weaving together concepts, aspects and forms of energy, we further explore the dynamics of energies and their effect in combination with the *Bhaktamar* energy. The dynamic movement of energies between *Mantra* and *Yantra* are hence described as *Tantra*.



*Infinity*, the fundamental ever-present concept in all forms of energy and movements followed by the similarities of *concept of Infinity* in Jainism and *Kabbalah* philosophies, described in numerous energy zones of *cosmic, global and telluric* in human bodies, and the *seven centers*- along with their applications and effects in diverse magnetic fields, with *directions* of use.



*Natural Energy zones- Cosmic, global, Telluric*

**Manifestation:**

On understanding each element explored- the 48 cards came into being. These cards are a manifestation and composition of several dynamic symbols, each representing and holding potential meanings and powers to make a difference. With varying permutations and combinations each *Bhaktamar Stotra* card offers unique healing, and Sacred Geometry doubles the impact of the healing power of the *stotra*.



*The dynamic energy manifestation with infinity energy cards*

With the whole process in place, now I had an individual, who was facing a particular direction, holding a particular card of a certain colour, engraved with specific geometry, clasped between both hands, eyes closed, listening to the corresponding *Bhaktamar Stotra* being recited, with Solfeggio frequency and experiencing the transcendental state to receive energised healing via visualizations of geometry sensed from the cards at a subconscious level.

**Instruments:**

