Beindness O

Post a picture of someone who did something kind for you and tell them thank you.	Make thank you cards to give to store cashiers and workers as encouragement for their day.	Pick up trash along the sidewalk on your block.	Give a genuine compliment to everyone you see.	Draw a thank you note in chalk on the sidewalk for the postperson.
Let someone else pick the music.	Let someone win a game without them knowing.	Call someone who lives alone.	Go on a prayer walk around your neighborhood and pray for each home you pass.	Hide something fun in a window for small children to discover as they pass by your house.
Tell someone it's going to be okay because God is bigger than the virus.	Plant seeds to grow a new flower or vegetable to remind yourself that God is our Holy Creator.	Make a craft and give it away.	Write a letter for a missionary and mail it to the Missional Living ministry at our church.	Lose with grace— even when you really wanted to win.
Call someone to give them forgiveness.	Read a story to a younger brother or sister.	Gather donations of grocery supplies to drop off at church on Mondays between 11 a.m. and 1 p.m.	Video chat with someone who is far away.	Call someone and ask for their forgiveness.
Help cook and clean up after a meal.	Do something kind for your brother or sister.	Make a coupon book for extra chores you can do around the house.	Call someone just to tell them you are thinking of them and wanted to hear their voice.	Offer to pick up someone's groceries or do lawn work.

◆ ACTIVITY: KINDNESS BINGO

Read John 13:34–35. Take this as an idea board to recognize and serve with acts of kindness and love to others. Feel free to change them up with your own acts of kindness! Whether it be an unexpected glass of cool water, a freely given hug, or a word of encouragement, there are a multitude of ways to love God and love others from your home.