*For teachers of English*

**Teaching Theory : Learning Style Check List**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **5 -** almost always | **4 -** often | **3 -** sometimes | **2 -** rarely | **1 -** almost never |

\_\_\_ 1. I can remember something better if I write it down.

\_\_\_ 2. When reading, I listen to the words in my head or I read aloud.

\_\_\_ 3. I need to discuss things to understand them better.

\_\_\_ 4. I don’t like to read or listen to directions. I’d rather just start doing.

\_\_\_ 5. I am able to visualize pictures in my head.

\_\_\_ 6. I can study better when music is playing.

\_\_\_ 7. I need frequent breaks while studying.

\_\_\_ 8. I think better when I have the freedom to move around. Studying at a desk is not for me

\_\_\_ 9. I take lots of notes on what I read and hear.

\_\_\_ 10. It helps me to LOOK at a person speaking. It keeps me focused.

\_\_\_ 11. It’s hard for me to understand what a person is saying when there is background noise.

\_\_\_ 12. I prefer having someone tell me how to do something rather than having to read direc-

tions myself.

\_\_\_ 13. I prefer hearing a lecturer or tape rather than reading a book.

\_\_\_ 14. When I can’t think of a specific word, I use my hands a lot to explain.

\_\_\_ 15. I can easily follow a speaker even if my head is down or I’m staring out the window.

\_\_\_ 16. It’s easy for me to understand maps, charts and graphs.

\_\_\_ 17. I understand better by looking at a diagram than by reading a description of it.

\_\_\_ 18. When beginning an article or book, I prefer to take a peek at the ending.

\_\_\_ 19. I remember what people say better than what they look like.

\_\_\_ 20. I remember things better if I study aloud with someone.

\_\_\_ 21. I take notes but never go back and read them.

\_\_\_ 22. When I am concentrating on reading or writing, the radio bothers me.

\_\_\_ 23. It’s hard for me to picture things in my head.

\_\_\_ 24. I find it helpful to talk myself through my homework assignments.

\_\_\_ 25. My notebook and desk may look messy, but I know where things are.

\_\_\_ 26. When taking a test, I can SEE the textbook page and correct the answer on it.

\_\_\_ 27. I cannot remember a joke long enough to tell it later.

\_\_\_ 28. When learning something new, I prefer to listen to information on it, then read about

it, then do it.

\_\_\_ 29. I like to complete one task before starting another.

\_\_\_ 30. I use my fingers to count, and I move my lips when I read.

\_\_\_ 31. I dislike proofreading my work.

\_\_\_ 32. When I am trying to remember something new, for example, a telephone number, it

helps me to form a picture of it in my head.

\_\_\_ 33. For extra credit, I prefer to do a report on tape rather than write it.

\_\_\_ 34. I daydream in class.

\_\_\_ 35. For extra credit, I’d rather create a project than write a report.

\_\_\_ 36. When I get an idea, I must write it down right away, or I’ll forget it.

**Teaching Theory: How to Score the Checklist**

Transfer the number you wrote on the checklist onto each line. Then total each column.

1.\_\_\_\_ 2. \_\_\_\_ 4. \_\_\_

5. \_\_\_\_ 3. \_\_\_\_ 6. \_\_\_

9. \_\_\_\_ 12. \_\_\_ 7. \_\_\_

10. \_\_\_ 13. \_\_\_ 8. \_\_\_

11. \_\_\_ 26. \_\_\_ 15. \_\_\_ 24. \_\_\_ 14. \_\_\_ 30. \_\_\_

16. \_\_\_ 27. \_\_\_ 19. \_\_\_ 28. \_\_\_ 18. \_\_\_ 31. \_\_\_

17. \_\_\_ 32. \_\_\_ 20. \_\_\_ 29. \_\_\_ 21. \_\_\_ 34. \_\_\_

22. \_\_\_ 36. \_\_\_ 23. \_\_\_ 33. \_\_\_ 25. \_\_\_ 35. \_\_\_

\_\_\_ -- **Visual Total \_\_\_ -- Auditory Total \_\_\_ -- Kinesthetic Total**