***Тема: "Food.My favourite recipe. "***

**Мета**

**практична: 1) узагальнити та систематизувати знання по темі Food ;**

**2) вдосконалювати лексичні та граматичні навички,3) вдосконалювати навички аудіювання, читання, письма й усного мовлення;**

**розвиваюча: розвивати логічне мислення, мовну здогадку, мотивацію до вивчення англійської мови;**

**виховна: виховувати відповідальне ставлення до своїх обов’язків, до їжі; виховувати уявлення про здорове харчування.**

**Обладнання: підручник, робочий зошит, картки для роботи в групах і в парах, , презентація,відео**

Хід уроку:

1.Привітання.Повідомлення теми уроку.

Today we shall have a lesson according to our topic “Food.My Favourite Recipe” and we shall speak about tasty, healthy and unhealthy food. We are going to revise all the materials: cooking equipment, healthy and unhealthy food, table manners. We shall discuss different recipes. So, we are going to spend good time together.

**Learning outcomes:** by the end of the lesson pupils will:

become more aware on table manners and cooking

develop their reading, writing and speaking skills when speaking about cooking and using cutlery

SS will be able to create a Poster ‘ Food.My Favourite Recipe’

And now let’s start our work

1. **Warming up**

Let`s listen to the song and fill in the lines with the words from the box. НО1

**II. Основна частина уроку**

What diet is healthy and what is unhealthy in your opinion?

. **T:** Now we are going to begin our travelling to the land of food. We’ll stop at different stations and

**our first station** is **“Healthy and Unhealthy Food”**.

Vocabulary practice

Your task is to choose the words from the box according to your lists:

Meat, fish, eggs, beans, boiled potatoes and jacket potatoes, bread, rice, pasta, milk and dairy foods, fruit and vegetable juice, low-fat meat, fresh vegetables, frozen vegetables, cakes and biscuits, dried fruit, unsalted nuts, peanut and raisin mixes, unsalted popcorn, yoghurts, snacks such as crisps, salted nuts, onion rings and rice crackers, chocolates, ginger root, spinach, garlic and onions, chicken soup, plenty of grains, cereals, food and drinks that are high in fat and/or sugar, food that is high in fibre, bread, hamburgers.

|  |  |
| --- | --- |
| Healthy diet | Unhealthy diet |
|  |  |

2.**The second station** is `` In the kitchen.My favourite recipe``so let`s revise what can we do to cook something very delicious.

1. Write the word under the pictures. . Match them up.

Put the sentences in order to make a recipe for a vegetable pizza!.

|  |  |
| --- | --- |
|  | Mix the flour, water and oil into a dough. Put it on the table and fold it many times. |
|  | Put the slices of tomato and vegetables on top of the cheese. |
| 1 | First, mix 300g flour and a small spoon of yeast and salt in a bowl. |
|  | Cut some tomatoes, mushrooms or other vegetables into slices. |
|  | Spread tomato sauce on your pizza base. |
|  | Enjoy your pizza. Yummy! |
|  | Next, pour 200ml water into the bowl and add a big spoon of olive oil. |
|  | Roll the dough into a big circle. This is your pizza base! |
|  | Bake the pizza in the oven at 220oC for about 10 minutes. Ask an adult to help you! |
|  | Grate some cheese and put it on top of the tomato sauce |

2. Write and draw!

Did you make the pizza? Was it tasty? Draw a picture and write about it!

3.Let`s go to the **third station ``**Arranging a Party``Work in pairs.Role-play the situation Діалогічне мовлення.

You are throwing a party.

Pupil **A** is going to cook some dishes.

He / She asks pupil **B** to do some shopping.

**A** asks **B** for help and tells him / her what **A** needs.

**B** is ready to help and asks **A** questions for details.

|  |  |
| --- | --- |
| For A  I need some …  I am going to cook …  No, … is enough.  You may buy a … | For B  Do you need some …  Do you think it will be enough?  What about some … ?  Why don’t we buy a …? |

4.**The fourth station** is ``At the party``and it is very important to know the

**Table Manners.**

T: Now that we have our table with some dishes let’s say what you should do while eating and what you shouldn’t do:

* Wash your hands before eating
* Use polite words, such as*: Excuse me, Thank you, May I.*
* Take your cap/hat off at the dinner table
* You have to eat with a knife and a fork.
* Place napkin on your lap
* Talk when you have food in your mouth
* Chew with your mouth closed always
* Eat with your fingers
* Play with your food
* Speak rude about your food

5.**The last Station** today is ``Our thoughts and opinions about Food``Now let`s make a Poster about food/

Your posters are about the importance of food, healthy and unhealthy food, about your favourite recipes,table manners and other food ideas .

**III. Заключна частина**

1. Підведення підсумків
2. Домашнє завдання
3. Рефлексія

You see dear children that people like different food and dishes. But everything we eat and drink should be useful and make us healthy and strong, and should give us energy to work and study.

Remember: “ Wealth is nothing without health”



