



A pre-built survey and question set, designed to help you *Improve Workplace Wellbeing*

“21% agreed they had called in sick to avoid work when asked how workplace stress had affected them. 14% agreed that they had resigned, and 42% had considered resigning when asked how workplace stress had affected them.” - *Mind*

## Why businesses must focus on employee wellbeing

- In today's fast-paced and “Always On” working world - stress, anxiety and burnout are commonplace.
- The principal reason for work stress according to the NHS is the lack of support and understanding from managers/leadership.
- When your people are stressed, exhausted or feel undervalued in the workplace it's detrimental to their health, happiness and performance. This will negatively affect their work and home lives and the company culture will suffer too.

## The impact of our Wellbeing Survey

- By asking your people how they feel and gathering data into their mental and physical wellbeing - you can identify and prevent wellbeing issues and position yourself as an empathetic leader who truly cares.
- Create a thriving and healthy culture where people will be motivated to come into work and help your business thrive and fulfill its goals.
- Implement meaningful action plans to combat wellbeing issues and build a happy and healthy workplace of the future.

## Insights & Reporting

### Executive Report



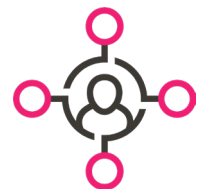
- Executive summary
- Boardroom insight
- Drive cultural strategy

### HR Report



- Holistic insight
- Locate focus areas
- Cross-company trends

### Manager Report



- Empower managers
- Focussed insight
- Team/location data