

A woman with dark skin and curly hair is meditating on a beach at sunset. She has her eyes closed and her hands pressed together in a prayer position. She has white body paint or glitter on her forehead and cheeks. The background is a warm, golden sunset over the ocean.

SPIRITUAL BUSINESS BOOTCAMP: OUR BIGGEST “MISTAKES”!

Sacred Business Breakthrough Bootcamp

Healing Mastermind & Sacred Strategy with Empowerment Coaches

Abiola Abrams & Tia Johnson

H-E-L-P!
My business
is
STUCK

**Is Your
HEART-CENTERED
Business Your
PASSION?**

H-E-L-P!
I'm **SCARED**
to **LAUNCH**
my **DREAM**

**Get OUT of Your
Own WAY**
& **STOP BLOCKING** your
BUSINESS BLESSINGS...

Yes?!
HEAL Your Mindset,
SUPERCHARGE
Your Strategy, **DROP** Fear,
OPTIMIZE Your Business
for an **AMAZING 2015**

UPenn
Sunday
November 2
Only \$100

**Join us to take
your heart-centered business
to a BREAKTHROUGH level!**

*This is the sign you've
been waiting for...*



Register at TinyURL.com/SacredBizBootcamp

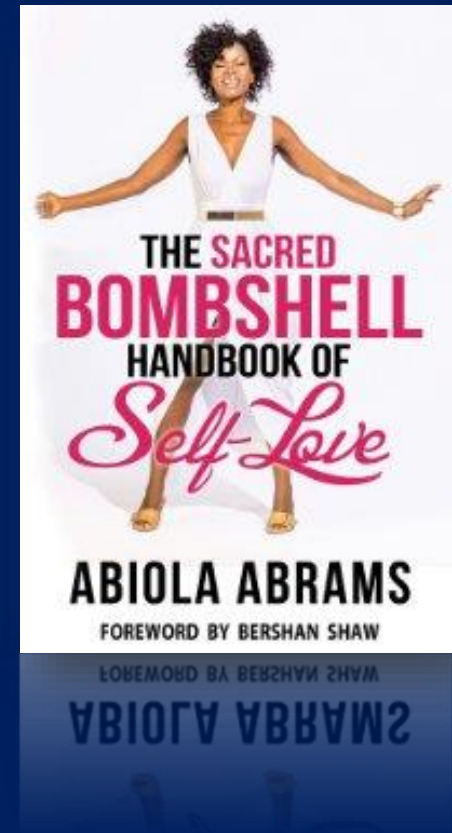
Abiola Abrams

- Self-Worth Breakthrough Coach
- Essence Love Columnist
- In Demand Empowerment Speaker
- Based in New York City
- Lifestyle expert; As Seen on TV
- Award-Winning Lifestyle Blogger



Abiola Abrams

- Received Bachelor's degree from Sarah Lawrence College
- Empowerment author of *The Sacred Bombshell Handbook of Self-Love*
- Master's Degree from Vermont College of Fine Arts.
- Received life coach certification from the American Union of Neuro-Linguistic Programming.
- www.abiolatv.com



Tia Johnson

- Founder & CEO of The Violet Sanctuary Spa, LLC
- Created in 2010 as a way to promote & coach one's inner and outer spiritual growth.
- ANGEL THERAPY PRACTITIONER®
- Certified Hibiscus Moon Crystal Healer
- Gateway Dream™ Coach
- Reiki Practitioner
- Blogger
- Based in Philadelphia, PA



Tia Johnson

- Author of *To Be Goddess: Every Woman Is A Goddess Discover Your Domain In Which You Reign Supreme*
- Several of my angel stories have been published in Doreen Virtue's books. I used the alias Tia Spanelli for two stories and Tia Johnson for the other stories!
- Received Bachelor's degree from La Salle University with a degree in Business Administration.
- Organizational Dynamics graduate student at The University of Pennsylvania
- www.violetsanctuaryspa.com



*Welcome To The Sacred Business
Breakthrough Boot camp:*

Mistakes and Missteps!

*How You Might Be Ruining
Your Own Business*

*(What We Wished We Would Have Known
Before We Started)*

*Sacred Business Breakthrough Boot camp:
What We Wished We Would Have Known
Before We Started*

- Trying to speak to everyone
- Not creating systems

*Sacred Business Breakthrough Boot camp:
What We Wished We Would Have Known
Before We Started*

- The amount of money I will be investing
- Just how much time is required to succeed

*Sacred Business Breakthrough Boot camp:
What We Wished We Would Have Known
Before We Started*

- Trying to do it all myself
- Trying to get ‘non-believers’ to greenlight me

Sacred Business Breakthrough Boot camp: What We Wished We Would Have Known Before We Started

- The juggling act of the day job and the other day job
- No nights and weekends

*Sacred Business Breakthrough Boot camp:
What We Wished We Would Have Known
Before We Started*

- Feeling intimidated to ask for my worth
- Collaboration mismatches

*Sacred Business Breakthrough Boot camp:
What We Wished We Would Have Known
Before We Started*

- The after party
- Best practices

*Sacred Business Breakthrough Boot camp:
What We Wished We Would Have Known
Before We Started*

- Trying to follow ‘the rules’
- Attempting to fit into a popular type or mold

*Sacred Business Breakthrough Boot camp:
What We Wished We Would Have Known
Before We Started*

- Behind the scenes: It's not so 'glamorous'
- Bad eating habits

*Sacred Business Breakthrough Boot camp:
What We Wished We Would Have Known
Before We Started*

- Trying to do too many things at once
- Thinking that I was in competition

*Sacred Business Breakthrough Boot camp:
What We Wished We Would Have Known
Before We Started*

- Money may or may not come fast
- Loads of research must be done

*Sacred Business Breakthrough Boot camp:
What We Wished We Would Have Known
Before We Started*

- Burning myself out

Sacred Business Breakthrough Bootcamp: *With Empowerment Coaches* *Abiola and Tia*

- ❖ Early bird special rate at \$75
- ❖ University of Pennsylvania Bookstore
- ❖ 2-5pm 2 November
- ❖ Register by visiting either websites: www.abiolatv.com or www.violetsanctuaryspa.com/events