

Technogym Cycle



TECHNOGYM

The most comfortable cycling ever



Technogym Cycle is an exercise bike designed with a wide seat and walk-through to make it easy to improve your health and get back in shape at any age.

WIDE WALK-THROUGH

Easy on, easy off

COMPACT DESIGN

Just 0.7 sq m (7.5 sq ft)

TECHNOGYM LIVE

**Stay healthy and motivated
with personalized training**



Easy on, easy off

Technogym Cycle is barrier free with its open, walk-through design.



Everything under control

All the information you need to track your progress is clearly displayed on the console, to be used with or without a tablet.



So comfortable you won't want to get off

With an extra wide surface and multi-density padding, the seat is the most comfortable in its class. Adjust it easily with the back lever while seated, even mid ride.



**Just 0.7 sq m
(7.5 sq ft)**

At just 60 cm (23.6") wide,
Technogym Cycle is a space-saving
bike with a compact design.



Workout comfort and variety

One handlebar and two different cycling positions. Easily switch from a standard to a city bike in one single ride.

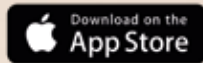
Instant adjustments

Conveniently placed on the handlebar, Fast Track Controls make it easy to change intensity on the fly.



Stay healthy and motivated with personalized training

Place your tablet on the console and start training.
The Technogym Live app is available for iPad and Android tablets.



Download Technogym Live app on your tablet



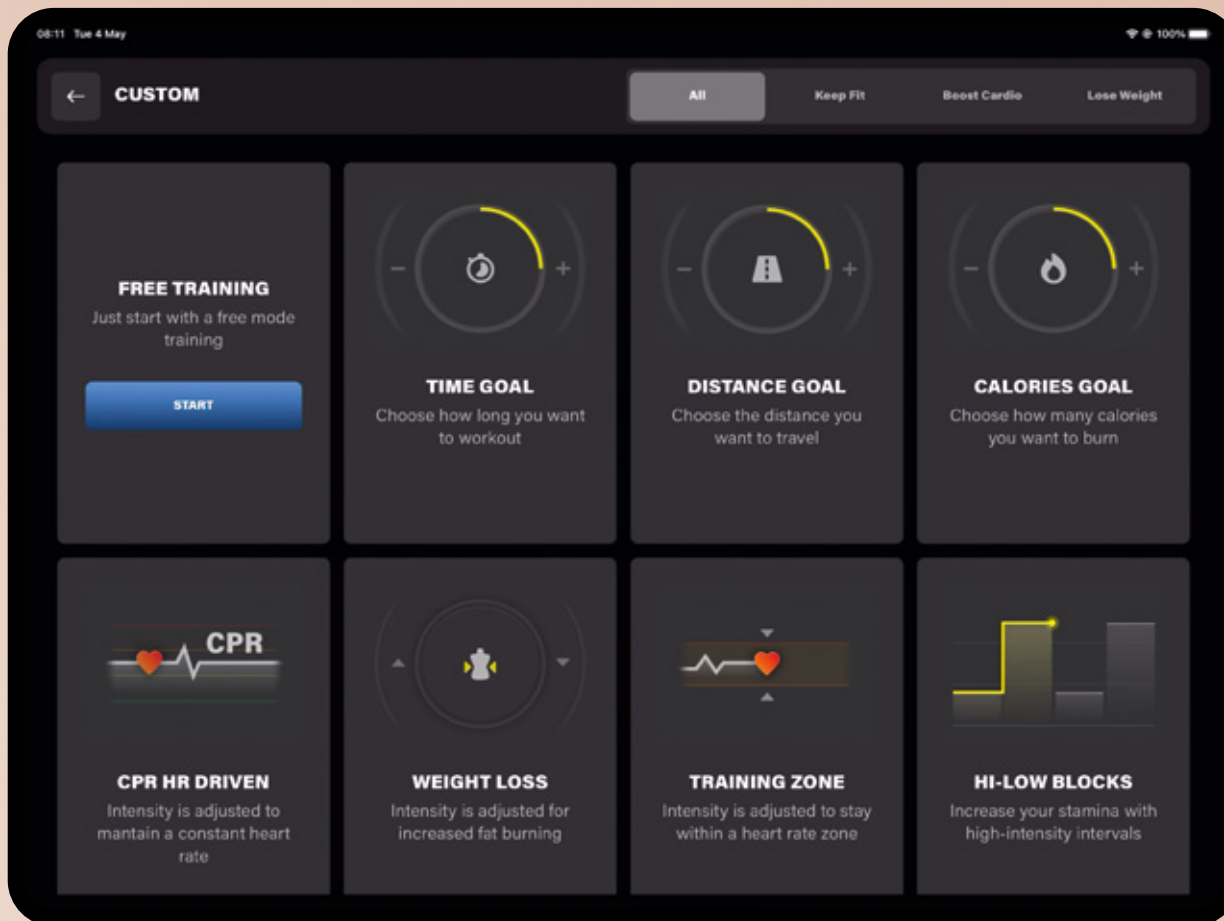


Your heartbeat sets the intensity



While you train, the CPR system (Constant Pulse Rate) monitors your heart rate and automatically adjusts speed and resistance for a safe and efficient workout. Download Technogym App for Apple Watch to use your device as heart rate sensor.

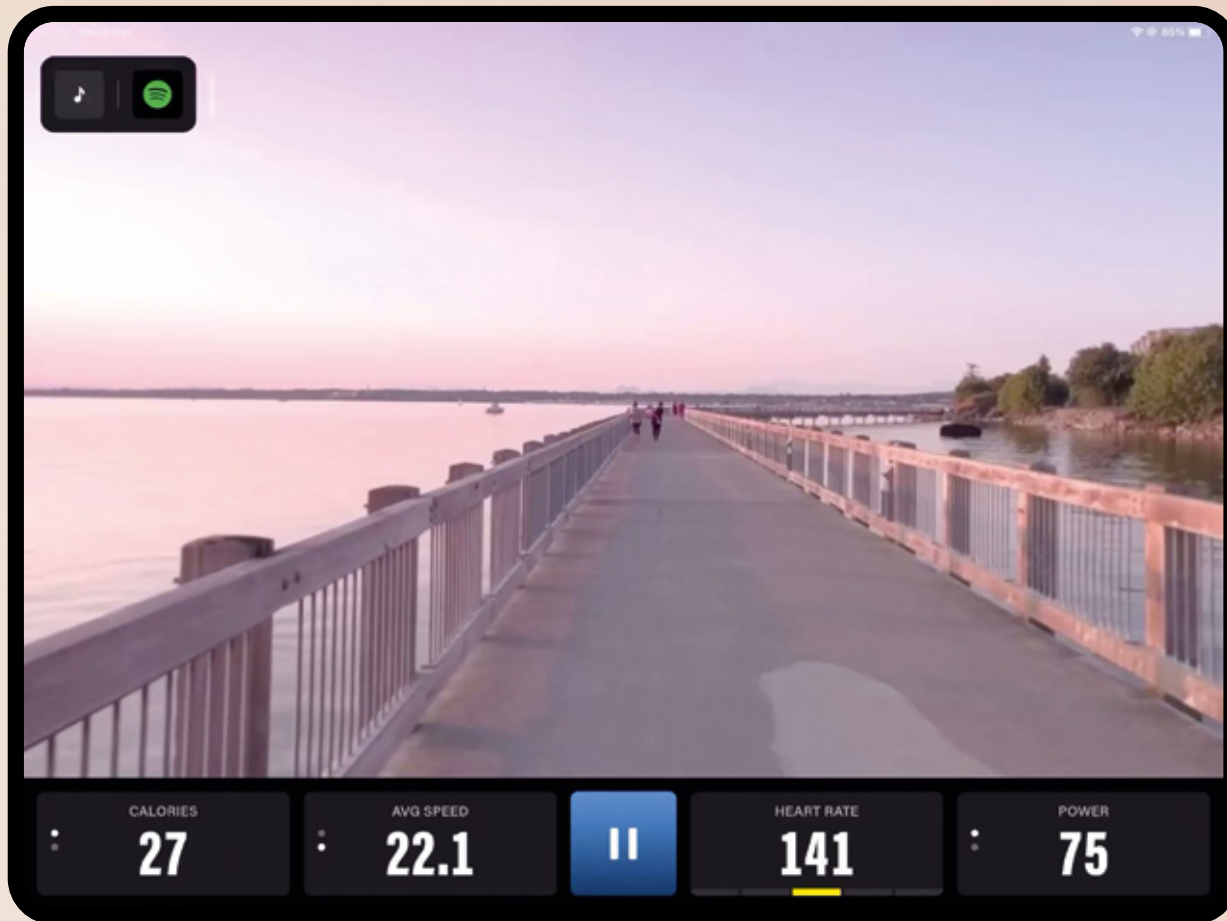
Personalized training



Choose a goal-based workout - such as time, distance, or calories - or select one of our many other options, ranging from pure cardio to HIIT sessions.

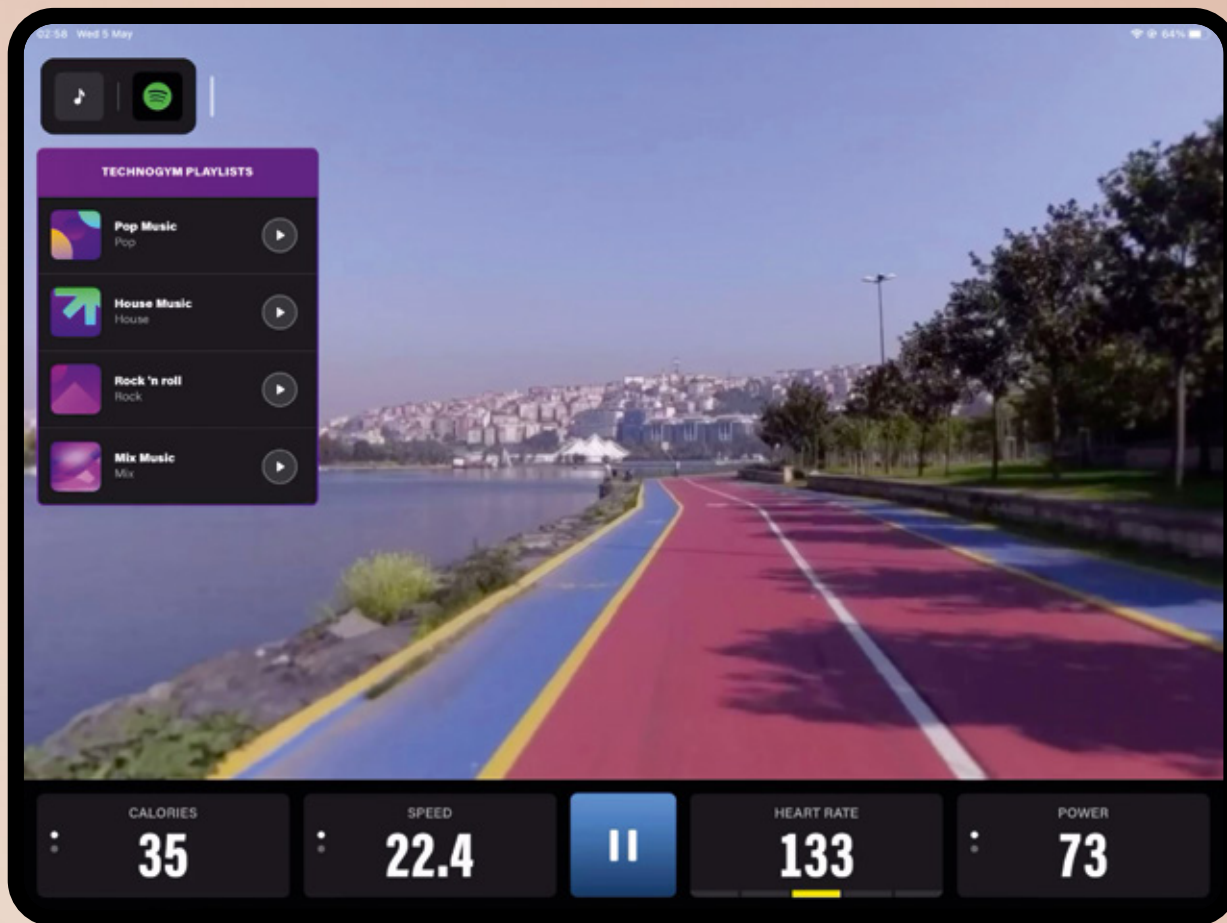
TECHNOGYM OUTDOORS

Train anywhere in the world



Free your mind riding through natural landscapes and city scenes from all over the planet.

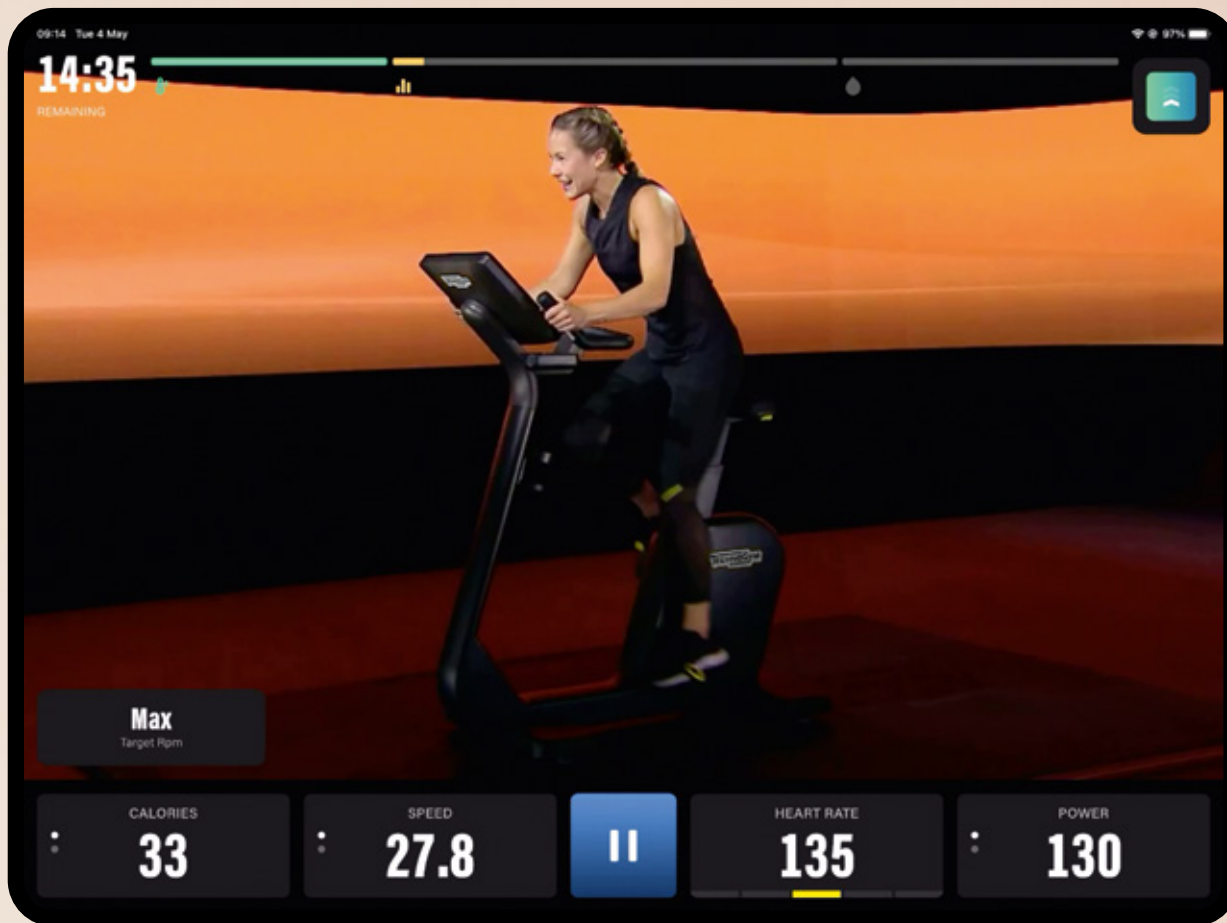
Follow the beat



Cover that extra mile with the energy of music. Choose your mood and go with the flow.

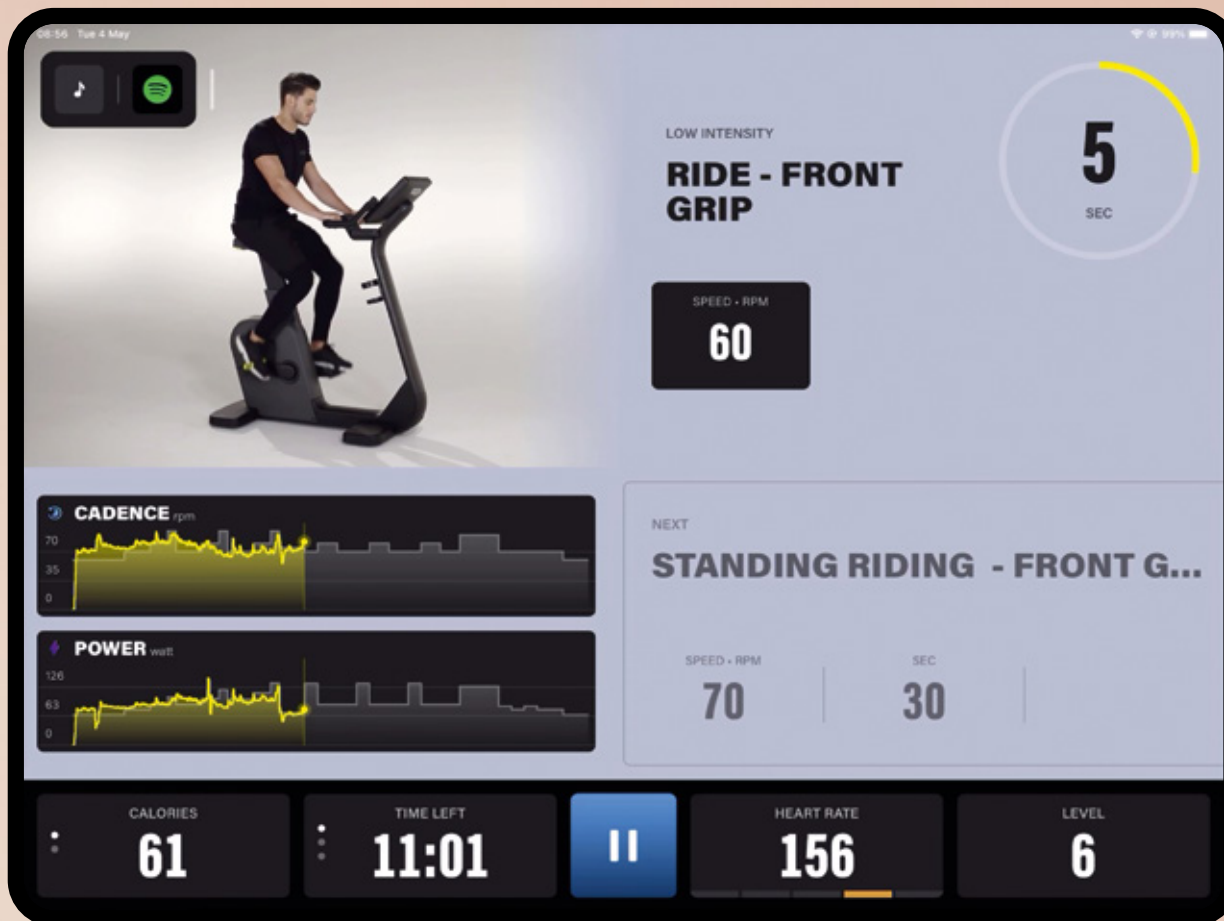
TECHNOGYM SESSIONS

An online trainer by your side



Choose your favorite workout and the trainer will guide you, boosting your motivation.

Choose your goal and follow along



Follow the video exercises while Technogym Cycle automatically adjusts speed and resistance for a bespoke training session.

Technogym Cycle

Extra stable

Technogym Cycle is stable and resistant. It is designed to support up to 180 kg (396 lbs) of weight.

Synced with your Apple Watch

Install Technogym Live Connect on your Apple Watch to sync your heart rate and workout data to Apple Health.

Your iPad firmly in place

A special magnetic holder keeps your tablet secured and safe, even during your most intense workout.

Low energy consumption

Technogym Cycle recognizes when you step on and automatically goes into sleep mode when not in use thanks to its Wake-up Sensor.

The pleasure of smooth pedalling

At just 17 cm (6.7"), the reduced distance between the pedals ensures fluid pedaling and correct body position.

Easy to move

Equipped with hidden wheels, Technogym Cycle is easy to move around.



TECHNICAL SPECIFICATIONS

Dimensions (LxWxH)	1140 x 600 x 1360 mm (44.8 x 23.6 x 53.5 in)
Weight of the product	62 kg (136.7 lb)
Maximum user weight	180 kg (396.8 lbs)
Max resistance at 160 RPM	600 W
Power requirement	100-240 Vac \pm 10% 50/60 Hz
Standby energy consumption	less than 0.5 W
Pedal crank length	172.5 mm (6.8 in)
Q factor	170 mm (6.7 in)
Fast Track Controls	Yes
USB Charger	Yes
Bluetooth 5.0	Yes
Technogym Live app	Yes
Upgrade via Technogym Live app	Yes
Apple Watch compatibility through Technogym App	Yes
Suitable for users whose height is	155-205 cm (5.1 - 6.7 ft)
100% recyclable packaging size (LxWxH)	1840 x 876 x 364 mm (72.4 x 34.5 x 14.3 in)



Discover more about
Technogym Cycle

Download Technogym App and start training

At home, the gym, a hotel or outdoors,
wherever you train Technogym App adapts
your workout with bodyweight exercises or
the equipment available to you: free weights,
treadmills, ellipticals and more.



Download Technogym App



FOR INFORMATION AND PURCHASING

Technogym products and services are only sold directly.

PHONE NUMBERS

Call us for advice on which products and services best fit your needs.

0800 3162496

(Freephone - UK only)

+971 4 3375337

(United Arab Emirates only)

800 8040952

(Toll free - US only)

0800 3322448

(Toll free - Netherlands only)

1800 615440

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+39 0547 650111

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WEBSITE TECHNOGYM.COM

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