

Technogym Elliptical



TECHNOGYM®

No impact total body workout

Technogym Elliptical is the only compact cross-trainer offering a total body workout. Discover the power of your body with natural and comfortable movement and minimal impact on your joints.



MORE CALORIES LESS EFFORT

Get the most burn with minimal perceived exertion.

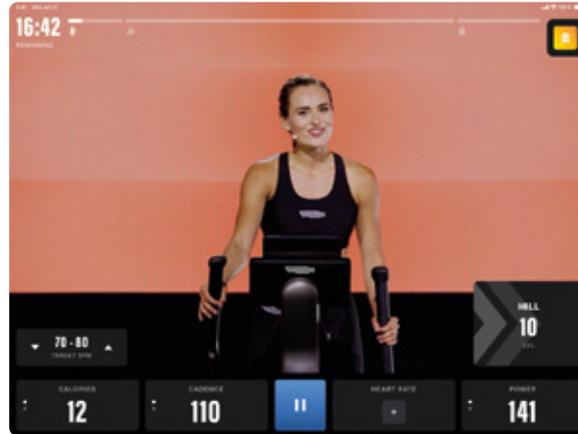
MAXIMUM GLUTES ACTIVATION

Grab onto the angled center handlebar to engage your backside.



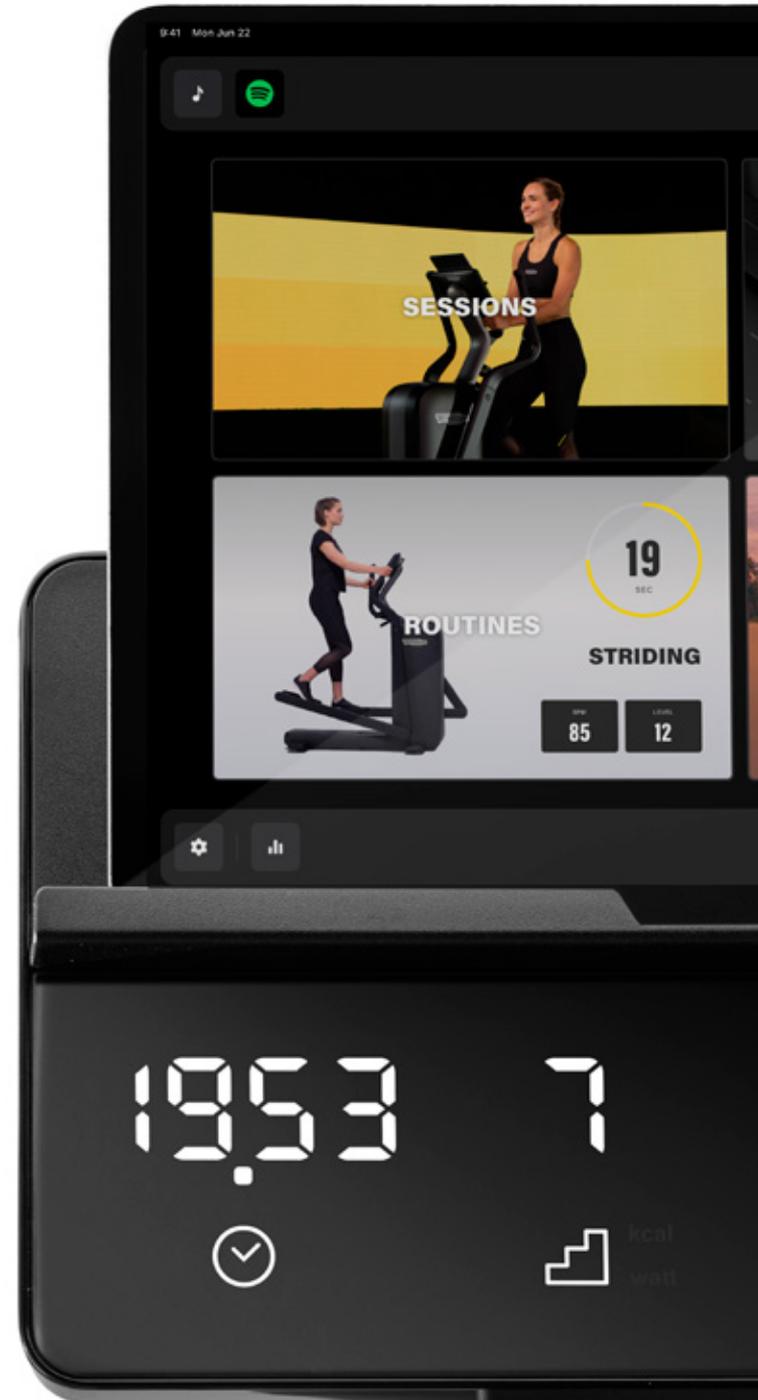
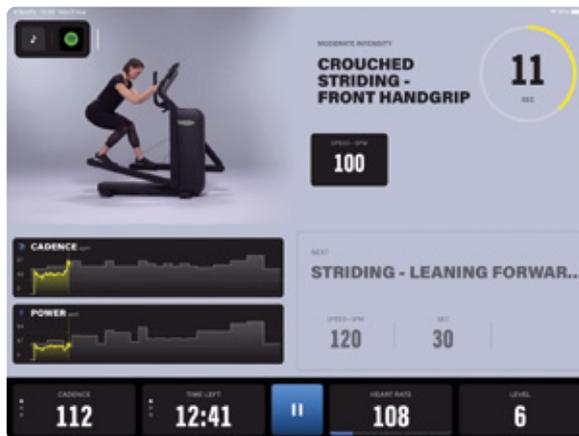
AN ONLINE TRAINER BY YOUR SIDE

Choose your favorite workout
and the trainer will guide you,
boosting your motivation.



CHOOSE YOUR GOAL AND FOLLOW ALONG

Follow the video exercises while
Technogym Elliptical automatically
adjusts resistance for a bespoke
training session.



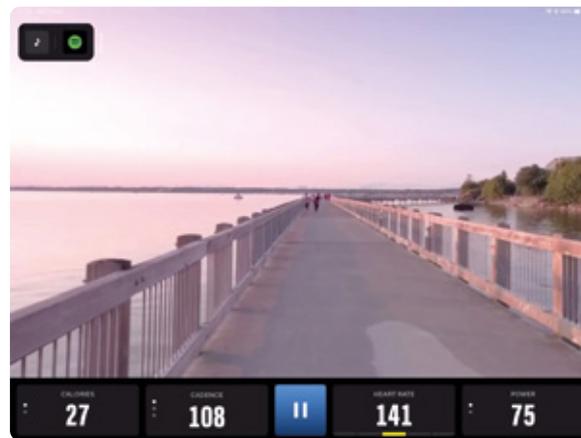


PERSONALIZED TRAINING

Choose a goal-based workout - such as time, distance, or calories or select one of our many other options, ranging from pure cardio to HIIT sessions.

TRAIN ANYWHERE IN THE WORLD

Free your mind by working out in natural landscapes and city scenes from all over the planet.



Discover all the training programs and entertainment options



The most compact elliptical ever

With its compact design, Technogym Elliptical occupies very little space: 1 sqm (10.8 sqft) when exercising and just 0.5 sqm (5.4 sqft) when folded.

Design patent



162 cm / 63.8 in

75 cm / 29.5 in



INSTANT ADJUSTMENTS
Conveniently placed on the central handle, the Fast Track Control lets you easily change intensity on the fly.

EVERYTHING UNDER CONTROL
All the information you need to track your progress is clearly displayed on the console, to be used with or without a tablet.

EASY ON, EASY OFF
With pedals only 25 cm (10 in) off the ground and a rear entry, this home elliptical is extremely comfortable to use.

SILENT AND SMOOTH
The Frictionless Design™ of Technogym Elliptical ensures a smooth, frictionless and silent stride (Patented).

EASY TO MOVE
Grab onto the handle of the lower platform, tilt the elliptical and easily move it on its front wheels (Patent pending).

LOW ENERGY CONSUMPTION
Technogym Elliptical recognizes when you step on and automatically goes into sleep mode when not in use thanks to its Wake-up Sensor.



Technical Specifications

Length (while working)	1620 mm / 63.8 in
Length (while folded)	750 mm / 29.5 in
Width	650 mm / 25.6 in
Height	1600 mm / 63 in
Ground footprint (while working)	1 sqm / 10.7 sqft
Ground footprint (when folded)	0.5 sqm / 5.4 sqft
Product weight	100 kg / 220.4 lbs
Max. user weight	130 kg / 286.6 lbs
Min. ceiling height	2600 mm / 8.53 ft
Max. resistance*	600 W
Resistance levels	1-25
Standby energy consumption	less than 0.5 W
Power requirement	230 VAC \pm 10% 50/60 Hz
Apple Watch compatibility through Technogym App	Yes
100% recyclable packaging size (LxWxH)	800 \times 650 \times 1650 mm / 31.5 \times 25.6 \times 65 in

*at 160 strides per minutes

Discover more about
Technogym Elliptical



Download Technogym App and start training

At home, the gym, a hotel or outdoors, wherever you train Technogym App adapts your workout with bodyweight exercises or the equipment available to you: free weights, treadmills, ellipticals and more.



Download Technogym App



FOR INFORMATION AND PURCHASING

Technogym products and services are only sold directly.

PHONE NUMBERS

Call us for advice on which products and services best fit your needs.

0800 3162496

(Freephone - UK only)

+971 4 3375337

(United Arab Emirates only)

800 8040952

(Toll free - US only)

0800 3322448

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+39 0547 650111

(Other countries)

WEBSITE TECHNOGYM.COM

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