



Beautyrest

SLEEP INNOVATORS SINCE 1870



SUPPORT FOR MORE THAN JUST YOUR BODY



Get your Beautyrest®

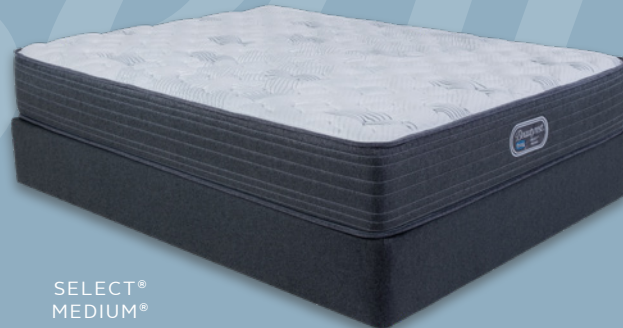
Restful sleep supports our bodies and our minds.
But with the new **Beautyrest® Harmony®**, the support doesn't stop there.
Designed with our new **Precision Support System™**, this new collection has
advanced motion isolation and consistent head-to-toe support across the entire
sleep surface so that you can sleep undisturbed throughout the night.

It also features materials made from plastic bottles reclaimed from waterways
and bound for our oceans. This is a mattress that delivers restful sleep and
contributes to cleaner oceans.

THE BEAUTYREST® HARMONY® COLLECTION



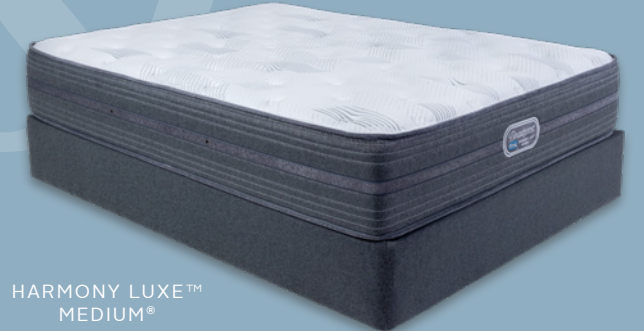
SELECT®
FIRM®



SELECT®
MEDIUM®



HARMONY LUXE™
FIRM®



HARMONY LUXE™
MEDIUM®



HARMONY LUXE™
LUXURY®



HARMONY LUXE™
MICRO-COIL®



HARMONY LUXE™
WORLD CLASS®



Beautyrest®
HARMONY COLLECTION®

THE BEAUTYREST® HARMONY® COLLECTION

For discerning consumers who want to seize the day, Beautyrest® empowers them with innovative sleep solutions that use integrated technologies, premium materials and inspired design to deliver superior sleep for a fully charged life.



Beautyrest® Pocketed Coil® Technology

Consistent, head-to-toe support across the entire mattress and advanced motion isolation for undisturbed rest.



BeautyEdge™ Beauty Foam®

Designed to enhance stability right to the edge to offer superior support.



AirCool® ComfortFoam®

Designed to enhance airflow through the mattress. Offers support and adds comfort while regulating temperature for a more comfortable sleep.



Lush Fabric

Made from recycled materials that enhances the durability and longevity of the product.

THE BEAUTYREST® PROMISE

Beautyrest® delivers the world's most
advance sleep innovations to help you
discover your greatest potential





Beautyrest.

SELECT®

FIRM | MEDIUM

Welcome to better sleep

Consistent support and advanced motion isolation

Legendary Beautyrest® Pocketed Coil® Technology :

Consistent, head-to-toe support across the entire mattress and advanced motion isolation for undisturbed rest.

Comfort

Simmons® Eco Foam Pad :

Adds a luxurious comfort layer that provides cushioning and conformability. Made from recycled and regenerated materials which are sustainable and environmentally friendly.

Simmons® BeautyEdge™ Beauty Foam® :

Designed to enhance stability right to the edge to offer superior support.

Temperature management

AirCool® Comfort Foam® :

Designed to enhance airflow through the mattress. Offers support and adds comfort while regulating temperature for a more comfortable sleep.

Sustainability

Environmentally Friendly Fabric:

Highly durable, lush sleep surface made up with plastic bottles diverted from the ocean. Breathable and hygienic.

Beautyloft Fiber :

Made from recycled materials that enhances the durability and longevity of the product.



Beautyrest

HARMONY LUXE™

Sleep undisturbed on a mattress that offers consistent head-to-toe support, advanced motion isolation, and a lush sleep surface made with plastic bottles diverted from the ocean





Beautyrest.
HARMONY LUXE™

FIRM | MEDIUM | LUXURY

Elevate your sleep experience

Consistent support and advanced motion isolation

Legendary Beautyrest® Pocketed Coil® Technology :

Consistent, head-to-toe support across the entire mattress and advanced motion isolation for undisturbed rest.

Comfort

High Density Simmons® Beauty Foam® :

Offers excellent surface contouring, cushioning, and conformability.

Simmons® BeautyEdge™ Beauty Foam® :

Designed to enhance stability right to the edge to offer superior support.

Pamper Pillow Top:

Engineered with multiple cushioning layers for enhanced comfort and structural integrity.

Temperature management

AirCool® Comfort Foam® :

Designed to enhance airflow through the mattress. Offers support and adds comfort while regulating temperature for a more comfortable sleep.

Air Vents :

Improved airflow for optimal temperature control.

Sustainability

Environmentally Friendly Fabric:

Highly durable, lush sleep surface made up with plastic bottles diverted from the ocean. Breathable and hygienic.

Beautyloft Fiber :

Made from recycled materials that enhances the durability and longevity of the product.

Simmons® Eco Foam Pad :

Adds a luxurious comfort layer that provides cushioning and conformability. Made from recycled and regenerated materials which are sustainable and environmentally friendly.



Beautyrest

HARMONY LUXE™ WORLD CLASS®

Every facet working in concert -
that's Beautyrest® World Class®.

From its expert craftsmanship and innovative design to its superior style, you'll love the way this mattress puts you completely at ease and gives you control of your sleep. Because Beautyrest® World Class® is both an exceptional mattress and a finely tuned sleep system.





Beautyrest
HARMONY LUXE™

MICRO-COIL | WORLD CLASS

The elegance of refined sleep

Consistent support and advanced motion isolation

Legendary Beautyrest® Pocketed Coil® Technology :

Consistent, head-to-toe support across the entire mattress and advanced motion isolation for undisturbed rest.

Comfort

High Density Simmons® Beauty Foam® :

Offers excellent surface contouring, cushioning, and conformability.

Simmons® BeautyEdge™ Beauty Foam® :

Designed to enhance stability right to the edge to offer superior support.

Visco Elastic Memory Foam®:

Relieves stress, tension, and pressure points while offering exceptional comfort.

Pamper Pillow Top:

Engineered with multiple cushioning layers for enhanced comfort and structural integrity.

Temperature management

AirCool® Comfort Foam® :

Designed to enhance airflow through the mattress. Offers support and adds comfort while regulating temperature for a more comfortable sleep.

Air Vents :

Improved airflow for optimal temperature control.

Sustainability

Environmentally Friendly Fabric:

Highly durable, lush sleep surface made up with plastic bottles diverted from the ocean. Breathable and hygienic.

Beautyloft Fiber :

Made from recycled materials that enhances the durability and longevity of the product.

Simmons® Eco Foam Pad :

Adds a luxurious comfort layer that provides cushioning and conformability. Made from recycled and regenerated materials which are sustainable and environmentally friendly.



Pamper Pillow Top with Nano coils :

Engineered with multiple cushioning layers for enhanced comfort and structural integrity.

The addition of Nano coils provides targeted support to different areas of the body, helping to maintain proper spinal alignment and reducing pressure points.

MOTION SEPARATION

Join the movement to better sleep.

You and your partner toss and turn some 40-50 times a night. So you can see why motion separation is the key to a peaceful undisturbed sleep. Here's where Pocketed Coil® springs really deliver motion separation. Unlike springs in ordinary open coil mattresses, the Pocketed Coil® springs are pre-compressed and joined in the middle. So when you move or roll, the Pocketed Coil® springs don't bounce with you. They instantly respond and envelop you, assuring an undisturbed night's sleep.

Why is undisturbed sleep so important?

While exercise is essential for stimulating circulation and the elimination of toxins, quality undisturbed sleep gives your body an opportunity to cleanse, repair, restore and rejuvenate. Could there be an easier way to nourish your body and mind? With a Beautyrest® mattress, you can do it in your sleep.





Enjoy a transformative sleep journey

Consistent support and comfort

Support & Comfort of Pure Foams :

The foam adapts to the body's shape, offering outstanding spinal support and alleviating pressure points, resulting in a more comfortable sleep experience.

Encased Micro Pocket Coils :

The pocket coils deliver exceptional comfort and support by moulding to the body's contours while retaining its structural integrity.

Dual Sided Comfort (Firm & Medium only) :

It allows users to choose between two comfort levels, catering to different sleep preferences or changing needs over time.

Hygienic & Durable

Moisture Resistance :

The foams are resistant to moisture, which helps prevent mould and mildew growth, enhancing hygiene and durability.

Durability :

High-density polyurethane foam is known for its resilience and longevity.

Temperature management

Open Cell Structure :

The foams feature an open-cell structure, allowing the luxurious copper-infused (Plush and Medium only) memory foam to respond effectively to temperature changes and conform to individual shapes.

Reduce Noise :

Foam mattresses are virtually silent, providing a peaceful sleeping environment.

Sustainability

Eco-Friendly:

The foams are 100% recyclable.



Nothing affects your daily performance
more than the way you sleep.

It is a simple truth: Better nights mean
better days. Simmons® strives to
help ensure you wake up refreshed,
rejuvenated and ready for the day.



Beautyrest
MOTION®

Luxury meets technology



Raising the Head

- Reducing snoring, sleep apnea and prevent acid reflux.
- Relax, check your email or watch TV.



Raising the Feet

- Relieve lower back pressure.
- Improve circulation.
- Reduce swelling.
- Raise your feet to wind-down at the end of the day.



Easy Access

- Easy Access USB ports
- Fits within most standard bedroom sets
- Wireless Remote



Zero G®

- Favours active recovery after injuries or trainings.
- Relieves pressure points for daily relaxation.



Vibration Motors

- Stimulates circulation and improves muscular recovery.
- The soft whole-body vibration prepares the body for sleep.

THE HEALTH BENEFITS OF AN ADJUSTABLE BED

recover faster, sleep better.



Reduce Snoring

Adjusting the head up will improve airflow through the nasal pathways, helping to breathe better and reduce snoring or sleep apnea.



Improve Breathing

Raising the upper body can enhance lung function, benefiting individuals with respiratory conditions such as asthma or chronic obstructive pulmonary disease (COPD).



Reduce Back Pain

Laying in Zero-G® position reduces pressure on the vertebrae, creating a proper spine alignment and helping decrease muscle tension, alleviating pain and discomfort.



Reduce Acid Reflux

Raising the head section of the bed will also help reduce acid reflux, improving sleep quality overall.



Improve Circulation

Aligning the body to the Zero-G® position reduces gravity's effects, improving venous return, minimising blood vessel pressure, and promoting overall cardiovascular health.



Reduce Swelling

Elevating the legs can improve blood circulation by reducing the risk of blood pooling in the lower extremities. This increased circulation aids nutrient and oxygen delivery to the muscles.

	Regular Beds	Simmons® Motion
Features	Limited, fixed shape	Adjustable shape to suit any body and need
Sleep Quality	Varies	Enhanced by adjustability
Health Benefits	Few	Combating sleep apnea and snoring, improving circulation and much more
Durability	Varies	High, built for long-term use
Extras	Depends on model	Zero-G position, Sleep Assist App, USB Ports



TO KEEP YOUR MATTRESS BOUNCING BACK IN PERFECT SHAPE NIGHT AFTER NIGHT FOR YEARS TO COME, HERE ARE A FEW HINTS AND GUIDELINES:

- Do not bend or roll your mattress, as this will permanently damage the spring unit and invalidate any warranty claims
- Let the mattress breathe and air when removing from its plastic packaging
- Use a washable mattress protector to protect your investment and prolong the life of the mattress
- To clean your mattress, occasionally vacuum (excessive vacuuming will damage the comfort layers)
- Do not wet your mattress, as this could affect the upholstery layers, causing them to compress and become damaged

ROTATION CYCLE

- Rotate the mattress counter-clockwise (head-to-toe)
- Realign the mattress to the foundation
- Rotate the mattress every 2 weeks for the first 3 months, thereafter once a month
- Minimize body shaped impressions with regular rotating. Impressions are a normal characteristic of settling comfort layers
- Do not attempt to rotate the mattress by yourself, as bigger sizes are heavy and could cause personal injury or damage to your mattress
- If fitted with handles, these should only be used to position the mattress, as they may pull out if used to support the full mass of the mattress



www.simmons.co.za



Forest Stewardship Council - Empowering sustainable manufacturing through FSC certification, ensuring a greener future for our planet

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