NorsK

Fitness Nature Made

FITNESS NATURE MADE.

Our vision is to add more movement into everyday life
and thus create a more sustainable lifestyle.

Our NorsK fitness equipment fits seamlessly into the living room
with its design in a noble wood-look and motivates to
work out regularly in a pleasant and familiar environment.

DESIGNED & ENGINEERED IN GERMANY





SUSTAINABILITY.

For us, more movement in everyday life and a responsible approach to the environment are directly linked. Through our natural wood design, we reduce the use of plastic to a minimum. Likewise, we limit the use of styrofoam in the packaging of our NorsK devices and use environmentally friendly materials such as paper & cardboard instead.

Long service life due to the use of high-quality components

Reduction of plastic to a minimum

Reduction of styrofoam & plastic in packaging

Eco-friendly floor protection mats made of natural rubber and cork

CrossPace 5.0 NorsK













CrossPace 5.0 NorsK

SKU: 11002

- Elliptical trainer in natural wood design
- Reduction of plastic to a minimum
- Innovative handle with ergonomic and versatile grip position
- Push & Turn computer with Bluetooth for fitness apps in a new design and with the simplest operation
- Including free & motivating HAMMER workouts
- Fully compatible with Kinomap, compatible with Zwift.
- LCD color technology heart rate and RPM display for a perfect overview of your training intensity
- Noiseless magnetic brake system with fully electronic resistance adjustment
- Watt-controlled resistance from 25 - 350 watts in 5 watt steps
- Digitally connected: app control & live track experience
- Maximum training variation due to 3-level incline adjustment
- Integrated hand pulse sensors on the handle & integrated bluetooth-receiver for chest strap
- Integrated tablet and smartphone holder for the best entertainment during training
- Integrated watt, heart rate and fitness programs offer maximum training variety
- 50 cm stride length and 13 cm pedal spacing for perfect ergonomics
- Top class butt and leg training
- 20 kg flywheel mass for dynamic and smooth running movement
- Transport wheels for easy moving
- Reduction of styrofoam & plastic in packaging



CrossPace 7.0 NorsK









CrossPace 7.0 NorsK

SKU: 11003

- Elliptical trainer in natural wood design
- Reduction of plastic to a minimum
- Additional manual incline adjustment for alternating stress on the muscle groups
- Multifunctional 10.1” TFT touch screen in HD quality
- Intuitive resistance adjustment via push & turn button
- Including free & motivating HAMMER workouts
- Fully compatible with Kinomap, compatible with Zwift
- Pre-installed apps such as YouTube or virtual routes
- Screen mirroring function incl. Bluetooth
- Noiseless magnetic brake system with fully electronic resistance adjustment in 32 levels
- Maximum training variation through incline adjustment in 3 levels
- Integrated tablet and smartphone holder including USB charger
- Integrated hand pulse sensors on the handle & integrated bluetooth-receiver for chest strap
- Integrated watt, heart rate and fitness programs offer maximum training variety
- Particularly generous 52 cm stride length and ergonomic 13 cm pedal spacing
- Top class butt and leg training
- 20 kg flywheel mass for a particularly dynamic and smooth running movement
- Transport wheels for easy move in space
- Reduction of styrofoam & plastic in packaging







CardioPace 5.0 NorsK





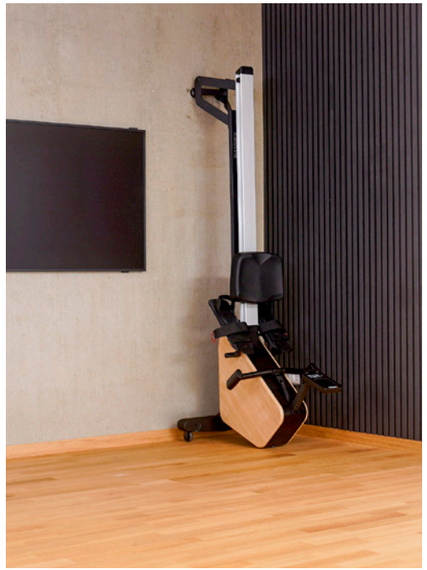
CardioPace 5.0 NorsK

SKU: 10000

- Ergometer in natural wood design
- Reduction of plastic to a minimum
- New innovative handle with ergonomic and versatile grip position
- Push & Turn computer with Bluetooth for fitness apps in a new design and extremely easy to use
- Including free & motivating HAMMER workouts
- Fully compatible with Kinomap, compatible with Zwift
- LCD color technology heart rate and RPM display for a perfect overview of your training intensity
- Silent magnetic brake system with fully electronic resistance adjustment
- Watt-controlled resistance from 25 - 350 watts in 5 watt increments
- Digitally connected: app control & live track experience
- Integrated hand pulse sensors on the handle & integrated receiver for chest strap
- Integrated tablet and smartphone holder for the best entertainment during training
- Integrated watt, heart rate and fitness programs offer maximum training variety
- Effortless and deep entry
- Super soft saddle for a comfortable sitting position
- Integrated transport wheels for easy movement in the room
- Reduction of styrofoam & plastic in packaging

RowTech NorsK











RowTech NorsK

SKU: 12001

- Natural wood design rowing machine
- Reduction of plastic to a minimum
- Comfortable 42 cm seat height
- Ergonomic footplate distance of 12 cm
- New, innovative rowing grip for different training positions & more varied muscle response
- Ball-bearing & ergonomic comfort seat
- Elegant and unique design with modern rear stand
- Extra-long aluminum rowing rail with 117 cm also suitable for tall people
- Wear-free magnetic brake system
- Clear and modern black backlight training computer with Bluetooth
- Including free & motivating rowing workouts
- Fully compatible with Kinomap
- Various training and heart rate health programs
- Competition feeling through race program against virtual opponents
- Pulse measurement via chest strap with integrated chest strap sensor
- Can be stowed away quickly and easily
- Integrated transport rollers for easy moving
- Reduction of styrofoam & plastic in packaging



RowFlow 5.0 NorsK





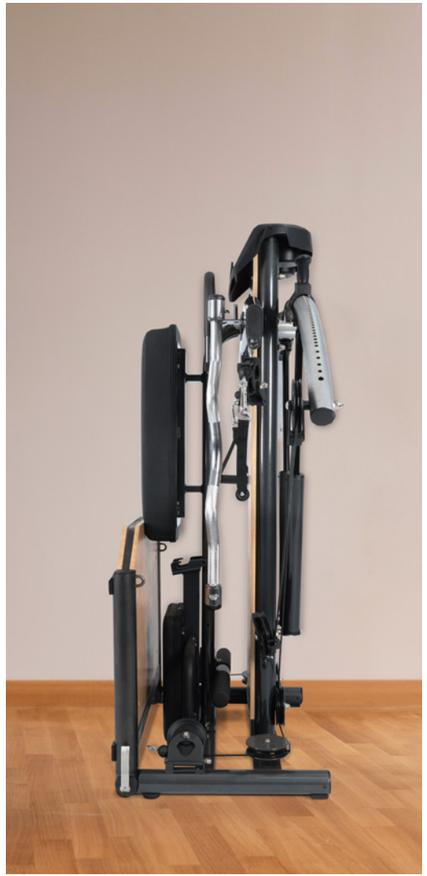




RowFlow 5.0 NorsK

SKU: 12000

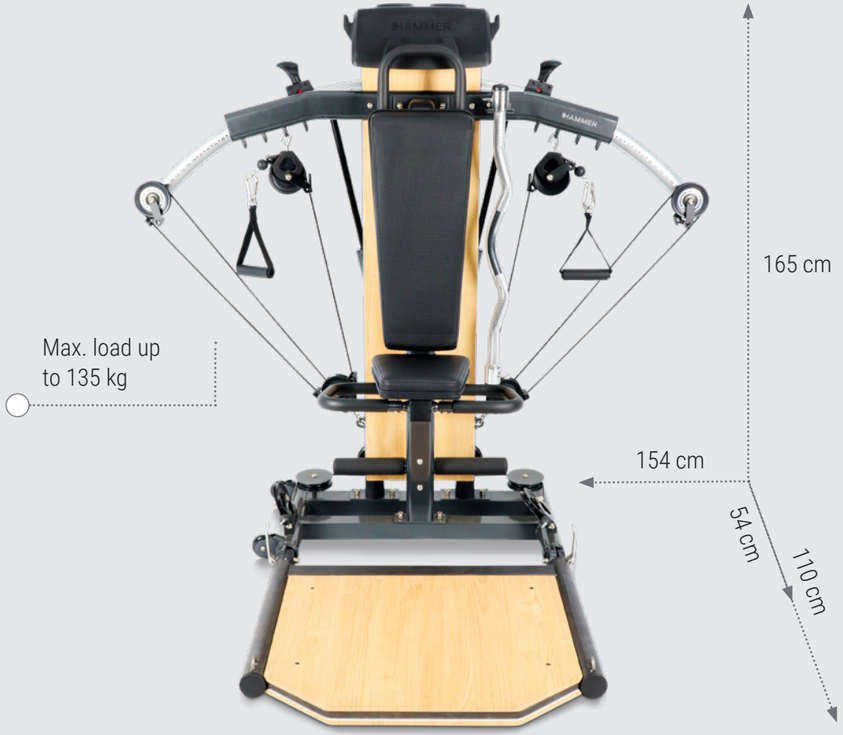
- Natural wood design rowing machine
- Reduction of plastic to a minimum
- Hip-friendly step plate distance of 10 cm
- New innovative rowing handle for different training positions
- Sports seat with ball bearings on premium aluminum double rails
- Authentic resistance setting via amount of water
- Sturdy polyester pull strap, perfect for heavy and intense rowing strokes
- Clear and modern LCD display with integrated tablet and smartphone holder
- Non-slip and high-quality, multi-adjustable footplates
- Includes free and motivating rowing workouts
- Various training and heart rate health programs
- Competition feeling through race program against virtual opponents
- Pulse measurement via chest strap with integrated chest strap sensor
- Integrated transport rollers for easy moving
- Reduction of styrofoam & plastic in packaging





BioForce MX NorsK





BioForce MX NorsK

SKU: 14002

- Probably the most compact and at the same time most effective multi-gym in the world with over 60% space savings
- Innovative and patented folding mechanism
- Modern living room design with wooden elements
- Noiseless TNT resistance technology for a particularly even resistance up to 125 kg, suitable for rental apartments
- Precise graduation and exact training control in 2.25 kg steps
- Versatile exercise options in a small space
- Design tablet and smartphone holder with integrated drinking bottle holder
- Wide range of resistance allows training at any performance level
- Perfect ergonomics for body heights of up to 2 meters
- High-quality transport rollers for easy moving









Floor protection mat NorsK

The environmentally friendly floor protection mats made of natural rubber and cork

Floor protection mat S NorsK

SKU: 18000

Dimensions (L x W x H): 70 x 30 x 0.6 cm

Floor protection mat L NorsK

SKU: 18002

Dimensions (L x W x H): 183 x 61 x 0.6 cm