

PERSONAL STYLE ASSESSMENT

LOOK #	ITEMS [Include Shoes + Accessories]	COLOURS	DESCRIBE THIS LOOK IN 5 WORDS OR LESS
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2			<hr/> <hr/> <hr/> <hr/> <hr/>
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10			<hr/> <hr/> <hr/> <hr/> <hr/>

1 | FILL IN YOUR COLOUR PALETTE

Fundamental Colours

These are the three colours you can't live without.

Core Colours

These are two additional colours you love to wear.

Accent Colours

These are a great way to add interest and switch things up.

F	F	F	A
C	C	A	A

2 | SHAPES

What are the shapes you're drawn to most?

Flowy tops? Skinny Jeans? High Waists? Midi Length?

JOT DOWN YOUR TOP 6:

3 | SILHOUETTES

What are the most common silhouettes you wear?

4 | WORD ASSOCIATION

Take a look at your descriptive words.

What were the most common ones?

What other words would you use to describe your style?

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KEEP THIS WORKBOOK HANDY AS A REFERENCE NEXT TIME YOU'RE IN A STYLE RUT OR THINKING OF ADDING SOMETHING TO YOUR CLOSET.