



## Trafalgar Castle Summer Camp Menu 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Weeks #1,3,5,7 Lunch 11:45</b>	Chicken Nuggets Plum Dip Veggie Stix Curly Fries	Cheese Pizza  Caesar Salad	Beef Burgers Potato Chips  Tomato/Lettuce	Penne/Tomato Sauce Garlic Bread  Caesar Salad	Perogies Sour Cream  Carrot/Celery Sticks
<b>Weeks #2,4, 6,8 Lunch 11:45</b>	Chicken Nuggets Plum Dip Veggie Stix Curly Fries	Mac & Cheese  House Salad	Cheese Pizza  Caesar Salad	Grilled Cheese Sandwiches  Carrot Sticks	Beef Burgers Potato Chips  Tomato/Lettuce
<b>Vegetarian</b>	Vegetarian Protein Nuggets	Wk 1 Roasted Veggie Flatbread Wk 2 Pasta Primavera	Wk 1 Black Bean Burgers Wk 2 Roasted Veggie Flatbread	Wk 1 Penne Wk 2 Hummus Wrap	Wk 1 Gnocci Wk 2 Black Bean Bugers
<b>Dessert</b>	Cookies	Brownies	Banana Squares	Ice Cream Cups	Rice Krispie Squares
<b>10:30 Snack</b>	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
<b>1:50 Snack</b>	Freezies Popsicles Fresh Fruit	Freezies Popsicles Fresh Fruit	Freezies Popsicles Fresh Fruit	Freezies Popsicles Fresh Fruit	Freezies Popsicles Fresh Fruit

**Also available daily: Green Salad, Veggies and Sandwiches**

Week #1	<b>July 3 - 6*</b>	Week #5	July 30 - Aug 3
Week #2	July 9 - 13	Week #6	<b>August 7 - 10*</b>
Week #3	July 16 - 20	Week #7	August 13 - 17
Week #4	July 23 - 27	Week #8	August 20 - 24

**\*4 day week**