



May 18th, 2020

We are grateful to be able to report that as of 3:00 pm today, there have been no new cases of COVID-19 reported within the Borough of Rutherford since Friday.

Because our numbers have been consistently trending downward, beginning 6:00 am tomorrow morning, all Borough tennis courts will reopen. This is a time for cautious optimism. Rutherford has done a great job at complying with social distancing protocol. Our residents and businesses should be commended for their dedication to the health and safety of our community. If Rutherford continues to work together we can hopefully return to a more normal way of life sooner than later.

This week is recognized nationwide as “Emergency Medical Services Week”. At the last meeting of the governing body, [a resolution was introduced](#) honoring the dedicated and highly trained members of our volunteer ambulance crops, who continue to donate their time and skill to our community. Our volunteer EMT’s put themselves at great risk daily, providing service to our residents and transporting resident with COVID-19 symptoms to area hospitals. Thank you for your continued service to our community.

As part of his vision, [“The Road Back: Restoring Economic Health Through Public Health.”](#) Governor Phil Murphy today unveiled a multi-stage approach to execute a responsible and strategic economic restart to put New Jersey on the road back to recovery from COVID-19. The multi-stage blueprint, guided by the Governor’s Restart and Recovery Commission and complementary Advisory Councils, plans for a methodical and strategic reopening of businesses and activities based on level of disease transmission risk and essential classification.

An easy to read infographic of the [NJ Strategic Restart Plan](#) can be found on the Borough website.

Feeling overwhelmed during a pandemic is very normal. COVID related news and non-COVID related news can be hard to bear. During this time your mental health is equally as important as your physical health. In order to cope during this unprecedented time, consider the following steps.

- \* Stay in contact with loved ones via the multiple forms of communication available to us.
- \* Try involving yourself in a project or a hobby.
- \* If needed, contact your mental health provider. Please refer to the mental health resources on the [borough website if you need guidance](#).

The updates from the Mayor and Council will now be given on Mondays and Fridays, unless an urgent announcement is required. Thank you, Rutherford, for your cooperation throughout this pandemic.

Sincerely,  
Councilwoman Maria Begg-Roberson