



# Protect Me With 3+

YOUR HEALTH IS WORTH A SHOT!



## Attention Middle & High School Students

Do you like making videos and posters? This contest is for you!

The 8th annual Protect Me With 3+ poster and video contest challenges New Jersey youth in middle and high school to raise awareness about the importance of adolescent immunizations.

**Pertussis (Tdap) • Human Papillomavirus (HPV)  
Meningococcal • Flu**

|               | POSTER CONTEST  | VIDEO CONTEST   |
|---------------|---|---|
| <b>WHO</b>    | Grades 5-8, Grades 9-12   | Grades 5-8, Grades 9-12   |
| <b>WHAT</b>   | Create one 8.5x11 poster using facts about one vaccine.   | Create a 30-second video about why vaccinations are important to you.   |
| <b>WHERE</b>  | <a href="http://www.protectmewith3.com">www.protectmewith3.com</a>  | <a href="http://www.protectmewith3.com">www.protectmewith3.com</a>  |
| <b>WHEN</b>   | <p><b>EARLY BIRD</b><br/>Now through January 1, 2020</p> <p><b>OPEN REGISTRATION</b><br/>Now through January 26, 2020</p> | <p><b>EARLY BIRD</b><br/>Now through January 1, 2020</p> <p><b>OPEN REGISTRATION</b><br/>Now through January 26, 2020</p> |
| <b>PRIZES</b> | <p><b>1ST PLACE:</b> \$100 Gift Card</p> <p><b>2ND PLACE:</b> \$75 Gift Card</p> <p><b>3RD PLACE:</b> \$50 Gift Card</p>  | <p><b>1ST PLACE:</b> \$150 Gift Card</p> <p><b>2ND PLACE:</b> \$100 Gift Card</p> <p><b>3RD PLACE:</b> \$75 Gift Card</p> |

**Classroom Prize: \$75 Gift Card for the classroom with the most eligible submissions.**

Protect Me With 3+ is a collaboration between The Partnership for Maternal and Child Health of Northern New Jersey and the New Jersey Department of Health. *We think your health is worth a shot!*

**Award Ceremony April 2020**

**[protectmewith3.com](http://protectmewith3.com)**

