

Winter Meadowlands YMCA Pool Schedule

Schedule is subject to change – Effective January 2, 2019

Rutherford High School Pool

56 Elliott Place, Rutherford

Entrance is in rear of school on Fairview Ave.

Lanes->	MONDAY						WEDNESDAY						SATURDAY						SUNDAY					
	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6
10:00-10:30am																								
10:30-11:00																								
11:00-11:30																								
11:30-12:00																								
12:00-12:30	Family Swim			Lap Swim			Family Swim			Lap Swim			Family Swim			Lap Swim			Family Swim			Lap Swim		
12:30-1:00																								
1:00-1:30																								
1:30-2:00																								
2:00-2:30																								
2:30-3:00pm																								

Adult Lap Swim – For teens and adult members, 16 yrs and older, who are continuously swimming laps.

Adult Swim – For adults only, this space is for any kind of exercising or relaxing you like to do.

Family Swim – Children 8 yrs and younger and non-swimmers wearing life vests must have an adult, 18 yrs or older, in the water within arm's reach at all times. Children 9-12 years and younger must be accompanied by an adult in the pool area. Anyone 17 and younger will be swim tested in order to enter the deep end.

* Class or program not included in membership, additional fee is required

** Swim caps are mandatory for all swimmers with shoulder length hair or longer.