

ABOUT THE CAMP

Our football camp was originally formed in 2010 under the name "Bulldog Football Camp." The camp is designed for players entering grades 1-8 (ages 7-14). They will learn the necessary skills and fundamentals needed to be successful in football. We will focus on improving their position-specific skills along with overall speed and agility. We have an excellent staff with several years of teaching, coaching, and playing experience. **All players are fully insured and will receive a T-shirt. There will be First Aid & CPR certified coaches on staff.**

FAQ'S

- **HOW DO I REGISTER?**
 - Complete the online registration at bit.ly/3IDWkHA
 - Additionally, mail the attached health history form and check to the listed address. Once payment is received, you will receive a confirmation email from allprojrfootballcamp@gmail.com
- **WHAT SHOULD MY CHILD BRING TO CAMP?**
 - They should wear cleats and bring drinks and snacks daily. Players can also purchase snacks and drinks from the camp store. Water and sun screen will be provided.
- **WHAT HAPPENS IN THE EVENT OF INCLEMENT WEATHER?**
 - Parents will be notified if there is a cancellation. Friday, July 14th will be the rain make up date for both weeks if necessary.

2023 ALL-PRO FOOTBALL CAMP

Session 1: July 5th - 7th
Session 2: July 10th -13th
at Memorial Field (Dia. 3)



CAMP STAFF

- **Steve Dunn**
 - Camp Director / Rutherford head coach
- **Andrew Howell**
 - Camp Director / Owner
- **Rutherford Coaching Staff**
- **Rutherford players & alumni**

This camp has no affiliation with the Rutherford School District



SCHEDULE

- 8:30-9:00 Registration
- 9:00-9:20 Dynamic Warm Up
- 9:20 - 9:55 Indy Offense
- 10:00-10:35 Indy Defense
- 10:40-10:50 Snack Break
- 10:50-11:30 Skills Stations
- 11:35-12:30 Games
- 12:30-12:40 Wrap up/Dismissal

***Water breaks will be provided at least every 20 minutes**

PAYMENT

- **Session 1 (July 5-7) - \$150 per week**
- **\$135 per additional sibling**
- **Session 2 (July 10-13) - \$200 per week**
- **\$180 per additional sibling**
- **\$330 if attending both weeks**

- **Make all checks payable to:
All Pro Football Camp LLC**
- **Mail check and completed health form to:**

41 Ivy Pl. Rutherford, NJ 07070
201-232-8750
570-640-4995